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DHA, G-protein coupled receptors and melanoma: Is GPR40 a potential therapeutic target?

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Abstract

Purpose—To determine the effect of docosahexaenoic acid (DHA) on the growth of human melanoma *in vitro* and *in vivo* and to better understand the potential role of the G-protein coupled receptors in mediating this effect.

Materials and Methods—For *in vitro* studies, human melanoma and control fibroblast cells were treated with DHA and TAK-875 (selective GPR40 agonist) and a cell viability assay was performed to determine cell counts.

A murine subcutaneous xenograft model of human melanoma was used to test the effect of dietary treatment with an omega-3 fatty acid (FA) rich diet compared to an omega-6 FA rich diet on the growth of human melanoma *in vivo*. A similar animal model was used to test the effect of oral TAK-875 on the growth of established melanoma tumors *in vivo*.

Results—DHA has an inhibitory effect on the growth of human melanoma both *in vitro* and *in vivo*. Tumors from animals on the omega-3 FA rich diet were 69% smaller in weight (P=0.005) and 76% smaller in volume compared to tumors from animals on the omega-6 FA rich diet.

CONFLICT OF INTEREST DISCLOSURE:

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Mark Puder: conception and design, analysis and interpretation, data collection, critical revision of the article and obtaining funding.

A provisional patent application has been submitted on behalf of Dr. Deepika Nehra, Dr. Brian Kalish and Dr. Mark Puder on the use of omega-3 fatty acids and TAK-875 in the treatment of human melanoma.

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Conclusion—DHA and TAK-875 have a profound and selective inhibitory effect on the growth of human melanoma both *in vitro* and *in vivo*.

Keywords

melanoma; omega-3 fatty acid; omega-3 polyunsaturated fatty acid; docosahexaenoic acid; G-protein coupled receptor; GPR40; GPR120

1. INTRODUCTION

Melanoma is the most deadly form of skin cancer (1). The annual incidence has been steadily increasing, with a greater than 60% increase over the last 30 years. This rate equates with the fastest rate of rise in the incidence of any cancer worldwide, and can not be explained by currently known risk factors such as sun exposure (2, 3). Current treatment strategies for advanced melanoma are limited to high-dose chemotherapy and recent antibody mediated treatments, both unfortunately associated with very significant, and oftentimes treatment-limiting, side effects (4-6). The partial clinical successes with these treatments, observed responses in only a subset of patients, and eventual development of drug resistance and disease progression emphasizes the ongoing need for effective and safe treatment strategies for this highly aggressive disease.

Changes in the dietary patterns of humans over time may provide insight into novel approaches to the treatment of human melanoma. Anthropological and nutritional studies document a remarkable change in the human diet over the last 100 years, most notably with regard to the type and amount of fat consumed (7-12). These changes are manifested by both an absolute and a relative change in the omega-6 and omega-3 fatty acid (FA) consumption. Today, the Western diet provides an omega-6 to omega-3 FA ratio of as high as 25:1, which is in stark contrast to the 1:1 ratio historically consumed by humans (10), creating a nutritional environment that is very different from our ancestors. This change is particularly relevant in light of the growing body of data indicating that dietary fats influence the development and progression of many malignancies, suggesting that the increase in omega-6 FA consumption over the last 100 years may be partially responsible to the upward trend in incidence of melanoma (2, 3).

The beneficial effects of omega-3 FAs were first elucidated by studies that showed that Greenland Eskimos, who consume a high seafood diet with a 1:1 ratio of omega-6:omega-3 FAs, have very low rates of coronary artery disease, asthma and diabetes mellitus (9). Since these early observations, the beneficial health effects of omega-3 FAs have been extended to include several malignancies (9, 13-18). The mechanism via which omega-3 FAs exert their potential effects in melanoma, and in general, remain largely unknown, although a recent report by Oh and colleagues did for the first time suggest that these fats exert many of their metabolic effects through specific G-protein coupled receptors (19).

The primary purpose of this study is to determine the effect of the omega-3 FA, docosahexaenoic acid (DHA; 22:6 n-3), on the growth of human melanoma both *in vitro* and *in vivo*. Herein, we demonstrate that DHA has a profound inhibitory effect on human melanoma, both *in vitro* and in an *in vivo* subcutaneous murine model of human melanoma. With this knowledge, we then sought to better understand the mechanism via which DHA inhibits the growth of human melanoma. Given the recent data suggesting that omega-3 fatty acids may mediate their effects through specific G-protein coupled receptors, we focused our effects on these receptors. We were able to identify the G-protein coupled receptor 40 (GPR40) as a cell membrane protein that may mediate the inhibitory effects of DHA on human melanoma. Our data implicates GPR 40 as a potential relevant target for the design of new nutritional and therapeutic strategies for human melanoma.

2. MATERIALS AND METHODS

2.1 Cell Lines and Cultures

Human foreskin fibroblast (Hs27) and human melanoma (A2058, A375, SK-Mel 3) cell lines were purchased (ATCC, Manassas VA). Cells were plated in 48-well plates at a concentration of 7.5×10^3 cells/well in either DMEM (Hs27, A2058, A375; Invitrogen/ GIBCO, Grand Island NY) or McCoy's 5a Medium (SK-Mel 3; Invitrogen/GIBCO) supplemented with 10% FBS (Invitrogen/GIBCO) and incubated at 37°C in a humid ified atmosphere with 5% CO2. After 24 hours the medium was replaced with either DMEM (Hs27, A2058, A375) or McCoy's 5a Medium (SK-Mel 3) containing 1% heat inactivated-FBS (Invitrogen/GIBCO) and 0.1% FA-free BSA (Invitrogen/GIBCO) with various concentrations of either DHA (Martek, Columbia MD), GW9508 (Cayman Chemical, Ann Arbor MI) or TAK-875 (Selleck Chemicals, Houston TX) prepared in 4µL of ETOH. DHA was provided at 25-250µM, GW9508 at 25-150µM and TAK-875 at 0-0.4µM. Controls were treated with 4µL of ETOH. All concentrations were tested in quadruplicate.

Following either 144 (DHA) or 72 hours of treatment (GW9508, TAK-875) cells were trypsinized (Trypsin-EDTA; Invitrogen/GIBCO) and viable cells were counted using an absorbance-based cell viability assay (Cell Titer Blue Cell Viability Assay; Promega, Madison WI). During the treatment, medium was changed at 72 hours for the DHA studies. Cell counts are reported as a percent of the control cell count.

2.2 Real-time Quantitative Polymerase Chain Reaction (RT-qPCR)

Total RNA was extracted from purified human fibroblast (Hs27), human melanoma (A2058, A237, SK-Mel3), human neuroblastoma (SKNSH, IMR32, SKNAS; ATCC) and human breast cancer (MCF7; ATCC) cells, suspended in PBS (Invitrogen/GIBCO) using a commercially available kit (Allprep DNA/RNA/Protein Mini Kit; QIAGEN, Valencia CA). RNA concentration and quality was analyzed in a Nanodrop ND-1000 spectrophotometer (Nanodrop Technologies, Wilmington DE). Real-time quantitative PCR was performed on an Applied Biosystems 7000 Real-Time PCR System using RNA at 10ng/mL, a Taqman probe for human GPR40 (Hs03045166_s1; Applied Biosystems, Grand Island NY), human GPR120 (Hs00699184_m1; Applied Biosystems) and human GAPDH (Hs02758991_g1;

Applied Biosystems) as an endogenous control and Taqman reagents under default conditions. All assays were performed in duplicate.

2.3 Animals and Housing

All animal husbandry and experimental procedures were reviewed and approved by the institutional animal care and use committee of Boston Children's Hospital. Six-week old SCID mice (Massachusetts General Hospital, Boston MA) were housed on paper chip bedding in a barrier room with regulated temperature $(21^{\circ}C\pm 1.6^{\circ}C)$, humidity $(45\%\pm 10\%)$, and an alternating 12-hour light and dark cycle with *ad libitum* access to water and diet. All animals were allowed to acclimate to their environment for 72 hours prior to initiation of experimental treatments.

2.4 Diets

For dietary treatment studies, animals were randomized to one of three different diet groups (N=19/group) each containing 10% of total calories as fat provided as: soybean oil (SOY; #110990, Dyets Inc., Bethlehem PA, USA), hydrogenated coconut oil (HCO; #102328, Dyets Inc.) or a 20:1 ratio of DHA:AA (DHA; #102536, Dyets Inc.) (Table 1). The diets were provided for three weeks prior to tumor cell inoculation and continued throughout the study period. Drug treatment animals were fed a standard rodent chow.

2.5 Drug (TAK-875)

Animals with established tumors were randomized to treatment with once daily oral TAK-875 at 100mg/kg (in 0.2mL of 50% DMSO) or vehicle (0.2mL of 50% DMSO) via oral gavage (N=7/group). Treatment was initiated once tumors reached ~200mm³ and was continued for 14 days.

2.6 Tumor implantation and Experimental Treatment

For tumor implantation, 1×10^{6} human melanoma tumor cells (A2058) in 0.2µL of PBS (Invitrogen/GIBCO) were subcutaneously injected into the left flank. Animal weights and tumor dimensions were measured every 48 hours. Tumor volume was calculated (volume=length*width²*0.52).

Animals in the dietary treatment arm of the study were pre-treated with their respective diet for three weeks prior to tumor cell inoculation. The diets were continued for four weeks following tumor implantation.

Animals in the drug treatment arm of the study were fed a standard rodent chow and were started on drug treatment (TAK-875 versus vehicle) once the tumors reached ~200mm³. Drug treatment was continued for 14 days.

2.7 Euthanasia

All animals were euthanized with Avertin (Sigma-Aldrich, St. Louis MO). At euthanasia, animal weight, tumor volume and tumor weight were measured and serum and tumor samples were collected and stored at -80°C for FA analysis.

2.8 FA Analysis

Total FA were extracted per the modified Folch method (20). FA analysis was performed on a Hewlett-Packard 6890N gas chromatograph (GMI Inc., Ramsey MN) coupled to an HP-5975B mass spectrometer equipped with Supelcowax SP-10 capillary column (GMI Inc.). FA concentrations were calculated by proportional comparison of peak areas to the area of the 17:0 internal standard.

2.9 Statistical Analysis

All continuous variables presented as mean \pm standard deviation (SD) except for animal weight, tumor weight/volume and change in tumor volume which are presented as mean \pm standard error of the mean (SEM). Continuous variables were analyzed with the Student's *t*-test or the Mann-Whitney *U test* as appropriate. Continuous variables from more than three independent groups were analyzed with the Kruskal-Wallis ANOVA. Significance was assessed using a two-sided 5% alpha level. All statistical analysis was performed with GraphPad Prism software (version 5.0; San Diego CA).

3. RESULTS

3.1 DHA Treatment

DHA had a profound, selective inhibitory effect on the growth of all three human melanoma cell lines tested in culture but was not toxic to control fibroblast cells (Figure 1A).

To test the effect of dietary treatment with DHA on the growth of human melanoma *in vivo*, a murine subcutaneous xenograft model of human melanoma was used. An omega-3 FA rich diet (DHA) was designed to mimic the FA composition of cold water fish (21, 22), with an omega-3 to omega-6 FA ratio of 20:1 provided as DHA and arachidonic acid (AA; 20:4n-6; omega-6 FA). In contrast an omega-6 FA rich diet (SOY) was designed to mimic the standard western diet, with fat provided as soybean oil and thus containing an omega-6 to omega-3 FA ratio of ~8:1 provided as linoleic acid (LA; 18:2n-6; omega-6 FA) and alpha-linolenic acid (ALA; 18:3n-3; omega-3 FA). A third diet in which all fat was provided as hydrogenated coconut oil (EFAD), which is deficient in essential FAs, was used as a control for essential fatty acid deficiency (EFAD). Although animals in each of the dietary treatment groups (N=19/group) had similar body weights (Figure 1B), tumors were 69% smaller in weight (P=0.005; Figure 1C) and 76% smaller in volume (P=0.001; Figure 1D) in the DHA compared to the SOY group.

No animals in either the SOY or the DHA diet groups had any evidence of biochemical EFAD (serum triene:tetraene ratio >0.2). In contrast, all animals on the EFAD diet had evidence of biochemical EFAD (Figure 2A; Table 2). The dietary treatments did significantly change the serum FA profiles resulting in a lower omega-6/omega-3 ratio in the DHA compared to the SOY and EFAD groups (Figure 2B-D). Interestingly, the serum omega-6/omega-3 ratio in the SOY group (4.64 ± 1.00) was very similar to the ratio reported for humans consuming a typical Western diet (4.72 ± 0.19) (23). The tumor FA profiles reflected the serum FA profiles (Figure 2E-H, Table 3).

3.2 G-protein Coupled Receptor Agonist Treatment

The effect of two different G-protein coupled receptor agonists was tested on the growth of human melanoma cells *in vitro*. GW9508, the non-selective G-protein coupled receptor agonist that stimulates GPR120 and GPR40 (24), had a profound inhibitory effect on the growth of all three human melanoma cell lines but was not toxic to the growth of the control fibroblast cells (Figure 3A). The expression of GPR120 by human melanoma and control fibroblast cells was negligible (*not shown*). In contrast, the expression of GPR40 was significantly higher in all three human melanoma cell lines while being negligible in the control fibroblast cell line (Figure 3B). The expression of GPR40 in other malignancies was evaluated and was found to be overall lower in both neuroblastoma and breast cancer cells as compared to human melanoma. Given the high expression of GPR40 and the negligible expression of GPR120 by human melanoma cells we focused our attention on GPR 40 by using the selective GPR40 agonist, TAK-875. TAK-875 had a profound selective inhibitory effect on the growth of all three human melanoma cell lines while again not being toxic to the control fibroblast or human breast cancer cells (Figure 3C).

A murine subcutaneous xenograft model of human melanoma was used to test the effect of once daily oral TAK-875 on the growth of established melanoma tumors *in vivo*. Animal weights were not significantly different between the placebo and TAK-875 groups (N=7/ group; Figure 3D), however, tumors were 46% smaller in weight (P=0.07, Figure 3E) and 62% smaller in volume (P=0.03, Figure 3F) in the TAK-875 group. Most importantly the change in tumor volume from start of drug treatment to completion of 14 days of treatment, was 77% lower in the TAK-875 group compared to placebo (P=0.04, Figure 3G).

4. DISCUSSION

Armed with the knowledge that the shift in human dietary habits over the last 100 years toward a very high omega-6 to omega-3 FA ratio is accompanied by a rising incidence of malignant melanoma, we sought to determine the impact of a diet rich in omega-3 FAs on the growth of human melanoma. We demonstrate that DHA has a profound inhibitory effect on the growth of human melanoma cells *in vitro* and for the first time demonstrate that the growth of human melanoma *in vivo* is also inhibited by a diet rich in DHA. Given recent data suggesting that omega-3 fatty acids may exert their effects through specific G-protein coupled receptors (19), we chose to study the potential role of G-protein coupled receptors in mediating the inhibitory effect of DHA on human melanoma. We found that a specific G-protein coupled receptor, GPR40, is expressed at high levels in several human melanoma cell lines while being expressed at very low to negligible levels in a control fibroblast cell line in addition to several human neuroblastoma and breast cancer cell lines. Moreover, we found that stimulating GPR40 has a profound inhibitory effect on the growth of human melanoma cells both *in vitro* and on established human melanoma tumors *in vivo*. Thus, we propose that the GPR40 as a new therapeutic target for the treatment of human melanoma.

The field of omega-3 FA research may be in its infancy, but it is becoming increasingly clear that these fats have certain beneficial effects on human health. It is unfortunate that parallel with our improved understanding of the beneficial health effects of omega-3 FAs there has been an increasing trend towards the consumption of a diet rich in omega-6 FAs

and relatively deplete in omega-3 FAs (10). This change is particularly relevant to melanoma given that the shift in dietary habits over the last 100 years is accompanied by an upward trend in incidence of melanoma, with this rate now equating to the fastest rate of rise in the incidence of any cancer worldwide (2, 3).

The majority of the data associating omega-3 FAs with beneficial effects of malignancies relates to favorable in vitro and in vivo results that have been obtained for breast cancer (7-9), colon cancer (5,10), liver tumors (4) and leukemia (11). With regards to melanoma, there have been some studies primarily in vitro that have indicated that omega-3 FAs may inhibit the growth of this malignancy. Albino et al, demonstrated for the first time that longchain omega-3 FAs inhibit the proliferation of a majority of cell lines derived from human metastatic melanoma and that this inhibition involves the pRb pathway (25). Given the mounting evidence at the time that COX-2 may play a role in the development and progression of malignant epithelial tumors (26-29), several researchers sought to further investigate the relationship between COX-2, omega-3 FAs and malignant melanoma. Ciu and Ooi demonstrated that NSAIDS and DHA have synergistic effects on the growth of the human melanoma cell line A-375 (30) and, Denkins et al demonstrated that incubation of human melanoma cells with omega-3 FAs downregulated COX-2 expression indicating that these FAs regulate COX-2-mediated invasion in brain metastatic melanoma (31). A few in vivo studies have also been performed, but only with murine melanoma cell lines, and these studies do suggest that dietary omega-3 FAs slow the growth and progression of metastatic murine melanoma (32-34). To the best of our knowledge this is the first study to evaluate the effect of dietary omega-3 FAs on the growth of a human melanoma cell line in vivo.

Although the data on the beneficial health effects of omega-3 FAs is mounting, our understanding of the mechanisms via which these molecules exert their effects remains relatively undeveloped. Various molecular mechanisms have been proposed with different levels of evidence, including alterations in AA oxidative metabolism and metabolic conversion of omega-3 FAs to bioreactive derivatives, modification of oxidative stress and changes in membrane fluidity and structure (35). The recent implication of GPR120 for the first time described a receptor via which these effects may be mediated (19). Herein, we have shown that GPR40 is expressed at a higher level by human melanoma cells compared to control fibroblast cells and other malignancies. Most powerful is the data demonstrating that just once daily treatment with the orally bioavailable GPR40 receptor specific agonist, TAK-875, significantly inhibits the growth of established human melanoma tumors *in vivo*.

The fact that TAK-875 has been shown to be safe and well tolerated at very high doses by rats and healthy human subjects without significant side-effects makes the potential of using this drug in the treatment of metastatic melanoma especially exciting. Previous reports demonstrate that this receptor is not expressed in the vast majority of normal tissues (36) thus, stimulating this receptor, would in theory, not have any detrimental effects on these normal tissues. In addition, two Phase II clinical trials for type II diabetes and demonstrate that the drug is well tolerated even at high doses with a very favorable safety profile (37-39). The dose used in the current study is the mouse equivalent of the dose previously used and reported to be safe in rat studies (40).

In summary, we demonstrate that DHA has a profound and selective inhibitory effect on the growth of human melanoma cells *in vitro* and for the first time use a murine model of human melanoma to demonstrate that dietary DHA inhibits the growth of human melanoma *in vivo*. In addition, we identify the GPR40 as being expressed at relatively high levels in human melanoma and demonstrate that stimulating this receptor with the selective agonist, TAK-875, inhibits the growth of human melanoma cells *in vivo*. Given the oral bioavailability and the already confirmed favorable safety profile of TAK-875, we identify GPR40 as a novel, safe and potentially effective therapeutic target for the treatment of human melanoma.

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Abbreviations

AA	arachidonic acid
DHA	docosahexaenoic acid
EFAD	essential fatty acid deficiency
FA	fatty acids
GPR40	G-protein coupled receptor 40
GRP120	G-protein coupled receptor 120
RT-qPCR	real time quantitative polymerase chain reaction

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Figure 1. The effect of DHA on the growth of human melanoma

(A) DHA has an inhibitory effect on the growth of all three different human melanoma cell lines (A2058, A375, SK-Mel 3) while there is no toxic effect on the growth of the control fibroblast cell line even at very high concentrations of DHA. (B-D) A murine subcutaneous xenograft model of human melanoma (A2058) was used to evaluate the effect of a diet rich in DHA on the growth of human melanoma (n=19/group). Animal weights did not differ between the three different diet groups (B) however tumor weights (C) and volumes (D) were significantly lower in the DHA group as compared to the SOY group.



Figure 2. Serum and Tumor Fatty acid Profiles

Serum FA profiles (A-D) following dietary treatment demonstrate biochemical EFAD, defined as a triene:tetraene ratio >0.2, in the EFAD group only (A) although omega-6 FA content was significantly lower and omega-3 FA content was significantly higher in the DHA group compared to the SOY group (B-D). Tumor FA profiles (E-H) following dietary treatment also demonstrated EFAD only in tumors from animals on the EFAD diet (E). The tumors from animals on the DHA diet had omega-6 and omega-3 FA contents very similar to those seen in the serum (F-H).



Figure 3. The effect of GPR agonists on the growth of human melanoma

(A) The non-selective GPR120 and GPR40 agonist GW9508 has an inhibitory effect on the growth of all three different human melanoma cells lines (A2058, A375, SK-Mel 3) while there is no toxic effect on the growth of the control fibroblast cell line. (B) GPR40 expression determined by RT-qPCR is higher in human melanoma cells compared to the control fibroblast cell line and also compared to the human neuroblastoma and breast cancer cells tested. (C) The selective GPR40 agonist TAK-875 also has a selective inhibitory effect on the growth of all three human melanoma cell lines tested without negatively effecting the growth of the control fibroblast or human breast cancer cell lines even at very high concentrations. (D-G) TAK-875 administered at 100mg/kg via once daily orogastric gavage inhibits the growth of established human melanoma tumors in a murine subcutaneous xenograft model of human melanoma. Animal weights were not significantly different between placebo and treatment groups (N=7/group) (D) although tumors weights (E), tumors volumes (F) and change in tumor volume over the 14 day treatment period (G) were lower with TAK-875 treatment compared to placebo.

Composition of Experimental Diets

	нсо	SOY	DHA
Casein	501.2	501.2	501.2
L-Cystine	7.2	7.2	7.2
Sucrose	400	400	400
Cornstarch	1676.5	1676.5	1676.3
Dyetrose	589	589	589
Mineral Mix #210050	29.4	29.4	29.4
Vitamin Mix #310025	38.7	38.7	38.7
Hydrogenated Coconut Oil	360	0	284.4
Soybean Oil	0	360	0
Docosahexaenoic Acid (DHA)	0	0	72
Arachidonic Acid (AA)	0	0	3.6
Total	3602.0	3602.0	3601.8

All values reported as kcal/kg diet.

Table 2

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Fatty acid Saturated Fats Tetradecanoic (myristic) acid, 14:0	SOY (N=5)	EFAD (N=5)		ŗ	
Saturated Fats Tetradecanoic (myristic) acid, 14:0			DHA (N=5)	P_{ANOVA}	$P_{SOY vs DHA}$
Tetradecanoic (myristic) acid, 14:0					
	0.769 ± 0.332	3.042 ± 0.816	2.197 ± 0.841	0.006	0.017
Hexadecanoic (palmitic) acid, 16:0	19.576±1.674	19.341 ± 0.632	20.585 ± 0.715	0.145	0.270
Octadecanoic (stearic) acid, 18:0	12.289±2.611	12.049 ± 1.107	10.890 ± 0.382	0.395	0.691
Monounsaturated Fats					
Hexadecenoic (palmitoleic) acid, 16:1 ω 7	3.122 ± 0.918	5.495 ± 1.003	4.245 ± 0.627	0.006	0.058
Octadecenoic (vaccenic) acid, 18:107	1.891 ± 0.733	3.158 ± 0.520	1.795 ± 0.386	0.019	0.805
Octadecenoic (oleic) acid, 18:109	14.041 ± 1.968	18.521 ± 0.811	13.825±0.997	0.009	0.835
Polyunsaturated Fats					
Octadecatrienoic (alpha-linolenic) acid, 18:303	1.366 ± 0.584	0.098 ± 0.042	0.081 ± 0.031	0.009	0.008
Eicosapentaenoic (trimnodonic)acid, 20:503	0.553 ± 0.104	0.161 ± 0.046	5.049 ± 1.545	0.002	0.008
Docosapentaenoic (clupanodonic) acid, 22:503	0.489 ± 0.159	0.093 ± 0.028	1.044 ± 0.150	0.002	0.001
Docosahexaenoic acid, 22:603	5.911 ± 0.730	3.430 ± 0.339	19.284 ± 3.101	0.002	0.008
Octadecadienoic (linoleic) acid, 18:206	20.754 ± 2.426	10.432 ± 0.755	8.028 ± 1.569	0.003	<0.001
Octadecatrienoic (gamma-linolenic) acid, 18:306	0.309 ± 0.130	0.181 ± 0.044	0.041 ± 0.017	0.005	0.008
Eicosatrienoic (dihomo-gamma-linolenic) acid, 20:306	1.540 ± 0.259	1.613 ± 0.266	$0.460{\pm}0.159$	0.009	<0.001
Eicosatetraenoic (arachidonic) acid, 20:406	14.313 ± 2.248	10.902 ± 2.288	7.477±0.436	0.005	0.008
Eicosatrienoic (mead) acid, 20:309	1.164 ± 0.066	3.732 ± 0.919	1.129 ± 0.037	0.008	0.354
Totals					
Total 003	8.318 ± 1.214	3.782 ± 0.314	25.459±4.486	0.002	0.008
Total ω6 3	37.742 ± 4.109	23.727 ± 2.909	16.133 ± 1.778	0.002	<0.001
Total ω9 1	14.916 ± 2.028	23.274 ± 0.938	14.534 ± 1.103	0.009	0.724
Total 00-7	2.234 ± 0.819	3.333 ± 0.531	1.884 ± 0.417	0.032	0.433
Total saturated FA	33.385 ± 1.780	38.715±2.519	37.722 ± 2.306	0.012	0.013
Total monounsaturated FA	20.108 ± 3.260	28.371 ± 1.502	20.541 ± 1.808	0.009	0.804
Total polyunsaturated FA	46.507 ± 3.860	32.915 ± 3.186	41.736±3.373	0.005	0.076

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Fatty acid	SOY (N=5)	EFAD (N=5)	DHA (N=5)	P_{ANOVA}	$P_{SOY vs DHA}$
Ratios					
Triene:Tetraene ratio	0.012 ± 0.006	0.357 ± 0.130	0.017 ± 0.004	0.005	0.135
ω6/ω3 ratio	4.636 ± 0.999	6.289 ± 0.711	0.653 ± 0.151	0.003	0.008
All values represent percent \pm SD.					

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Table 3

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Fatty acid	SOY (N=4)	EFAD (N=5)	DHA (N=5)	P_{ANOVA}	P _{SOY vs} DHA
Saturated Fats					
Tetradecanoic (myristic) acid, 14:0	2.391 ± 0.729	3.557 ± 0.582	2.858 ± 0.470	0.040	0.330
Hexadecanoic (palmitic) acid, 16:0	22.064±3.647	22.428 ± 0.855	23.862 ± 1.500	0.243	0.423
Octadecanoic (stearic) acid, 18:0	13.860 ± 1.522	12.979 ± 0.780	13.772±0.818	0.325	0.922
Monounsaturated Fats					
Hexadecenoic (palmitoleic) acid, $16:107$	4.820 ± 2.189	8.663 ± 1.508	6.853 ± 1.209	0.050	0.171
Octadecenoic (vaccenic) acid, 18:1007	4.298 ± 1.559	6.654 ± 0.776	5.233 ± 0.585	0.018	0.338
Octadecenoic (oleic) acid, 18:109	20.888 ± 2.708	22.425 ± 2.600	19.470 ± 2.497	0.221	0.450
Polyunsaturated Fats					
Octadecatrienoic (alpha-linolenic) acid, 18:303	0.468 ± 0.376	0	0	0.002	NA
Eicosapentaenoic (trimnodonic)acid, 20:5003	0.009 ± 0.0123	0	1.305 ± 0.316	0.004	0.020
Docosapentaenoic (clupanodonic) acid, $22:5\omega3$	0.529 ± 0.071	0.094 ± 0.086	2.172 ± 0.415	0.003	0.016
Docosahexaenoic acid, 22:603	4.894 ± 1.037	3.455 ± 0.666	14.646 ± 2.350	0.003	<0.001
Octadecadienoic (linoleic) acid, 18:206	13.850 ± 3.206	5.289 ± 0.750	4.177 ± 0.693	0.008	0.0016
Octadecatrienoic (gamma-linolenic) acid, 18:3006	0	0	0	NA	NA
Eicosatrienoic (dihomo-gamma-linolenic) acid, 20:300	0.351 ± 0.237	1.583 ± 2.276	0.126 ± 0.082	0.022	0.166
Eicosatetraenoic (arachidonic) acid, 20:406	5.289 ± 0.995	4.763 ± 0.543	2.718 ± 0.490	0.010	0.009
Eicosatrienoic (mead) acid, $20:3\omega 9$	0.020 ± 0.039	1.880 ± 0.602	0	0.004	NA
Totals					
Total 0.3	6.008 ± 1.105	$3.548{\pm}0.688$	18.124 ± 3.050	0.003	<0.001
Total $\omega 6$	22.836 ± 1.626	13.215±2.776	7.511±0.915	0.003	<0.001
Total $\omega 9$	22.378±2.939	26.250 ± 2.195	20.603 ± 2.553	0.026	0.377
Total ω -7	4.554 ± 1.557	7.325±0.974	5.557 ± 0.613	0.020	0.311
Total saturated FA	38.984 ± 4.270	40.175 ± 1.854	41.325±2.007	0.566	0.369
Total monounsaturated FA	31.732 ± 2.860	40.349 ± 2.960	33.040 ± 3.794	0.015	0.577
Total polyunsaturated FA	29.283 ± 1.486	19.466±3.787	25.634±3.290	0.014	0.078

Fatty acid	SOY (N=4)	EFAD (N=5)	DHA (N=5)	P_{ANOVA}	$P_{SOY vs DHA}$
Ratios					
Triene:Tetraene ratio	0.005 ± 0.010	0.394 ± 0.113	0	0.004	NA
ratio @6/@3 ratio	3.916 ± 0.863	3.756 ± 0.606	0.422 ± 0.080	0.011	0.016
All values represent percent \pm SD.					

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