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Acute Effects of Alcohol on Stimulus-Induced Gamma Oscillations in Human Primary Visual and Motor Cortices

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Alcohol is a rich drug affecting both the γ -amino butyric acid (GABA) and glutamatergic neurotransmitter systems. Recent findings from both modeling and pharmacological manipulation have indicated a link between GABAergic activity and oscillations measured in the gamma frequency range (30–80 Hz), but there are no previous reports of alcohol's modulation of gamma-band activity measured by magnetoencephalography (MEG) or electroencephalography (EEG). In this single-blind, placebo-controlled crossover study, I 6 participants completed two study days, on one day of which they consumed a dose of 0.8 g/kg alcohol, and on the other day a placebo. MEG recordings of brain activity were taken before and after beverage consumption, using visual grating and finger abduction paradigms known to induce gamma-band activity in the visual and motor cortices respectively. Time–frequency analyses of beamformer source reconstructions in the visual cortex showed that alcohol increased peak gamma amplitude and decreased peak frequency. For the motor task, alcohol increased gamma amplitude in the motor cortex. These data support the notion that gamma oscillations are dependent, in part, on the balance between excitation and inhibition. Disruption of this balance by alcohol, by increasing GABAergic inhibition at GABA_A receptors and decreasing glutamatergic excitation at *N*-methyl-D-aspartic acid receptors, alters both the amplitude and frequency of gamma oscillations. The findings provide further insight into the neuropharmacological action of alcohol.

Neuropsychopharmacology (2014) 39, 2104–2113; doi:10.1038/npp.2014.58; published online 2 April 2014

INTRODUCTION

Alcohol affects many neurotransmitter systems via the disruption of receptor functioning. The two most universal effects are blockade of glutamatergic N-methyl-D-aspartic acid (NMDA) receptors to induce brain-wide decrease in excitation (Grant and Lovinger, 1995; Valenzuela, 1997), and enhancement of γ -amino butyric acid (GABA) type A receptors to increase post-synaptic chloride ion flux and hyperpolarization (see Weiner and Valenzuela, 2006 for a comprehensive review). Thus, in vitro, ethanol is known to increase the amplitude and duration of evoked GABAA inhibitory post-synaptic potentials (IPSPs) and inhibitory post-synaptic current (IPSC) in a slice of the rat central amygdala nucleus (Roberto et al, 2003; Wan et al, 1996). Such alterations are likely to disrupt the fine balance between excitation and inhibition throughout the brain, but the effect of alcohol on dynamic cortical circuits in vivo in humans is not well understood.

Evidence from modeling, multimodal imaging, and pharmacological intervention suggests that changes to synchronous oscillations in the gamma frequency band (30–80 Hz), although they do not directly measure neuronal firing, can be an indicator of disruption to the excitation/ inhibition balance, as gamma oscillations are thought to be underpinned by reciprocally connected networks of inhibitory GABAergic interneurons and excitatory glutamatergic pyramidal cells (Buzsáki and Wang, 2012). At a microcircuit level, active GABAergic synapses transiently decrease the probability of pyramidal cell firing, following which synchronized firing of spikes and local field potential oscillations occur (Gonzalez-Burgos and Lewis, 2008). Since alcohol is expected to produce an increase in IPSC decay time, it would lengthen the return time from inhibition and therefore lower the oscillatory frequency. Consistent with this, pharmacological manipulation of GABAergic function in vitro by the barbiturate thiopental reduced the frequency of both fast gamma (>70 Hz) and slow gamma (30-70 Hz) oscillations in rat visual cortex (Oke et al, 2010).

A further prediction is that lower frequencies could facilitate recruitment of pyramidal cells into the network, which would increase oscillatory power (Gonzalez-Burgos and Lewis, 2008). Although this prediction is counter to the intuition that enhancing inhibition should reduce power, it is supported by evidence that benzodiazepines acting at the GABA_A receptor increase resting gamma power in occipital and pre-frontal areas (diazepam, Hall *et al*, 2010), in addition to decreasing alpha power in the visual cortex (lorazepam, Ahveninen *et al*, 2007) and increasing beta power, and decrease beta frequency in sensori-motor cortex (Jensen *et al*, 2005).

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Very few articles have studied alcohol intoxication using MEG/EEG (eg Kovacevic et al, 2012; Marinkovic et al, 2012; Nikulin et al, 2005), and these have focused on changes to beta-, alpha-, and theta-band oscillations. As such alcohol's effects on gamma activity are incompletely known. Moreover, previous evidence from pharmacological interventions is mixed. Cortical responses to visual stimuli consist of both phase-locked evoked responses and non-phase-locked induced responses. GABA transporter-1 (GAT-1) blockade by tiagabine decreased only evoked responses, whereas no changes in induced gamma power and frequency were detected across placebo and drug conditions (Muthukumaraswamy et al, 2013a). Sedation by propofol (a GABA_A agonist) significantly increased induced sustained gamma amplitudes and simultaneously decreased the evoked response (Saxena et al, 2013). Both benzodiazepines and propofol are positive allosteric modulators of the GABA_A receptor, which increase chloride ion flux and induce hyperpolarization of the post-synaptic neuron. Tiagabine, on the other hand, acts to increase endogenous GABA levels via GAT-1 blockade. It is possible that these differences in mechanism are responsible for the differences in influence on the gamma response, but exactly how is still unknown.

In motor cortex, simple digit movements induce transient gamma-band frequency oscillations (movement-related gamma synchronization, MRGS; Cheyne *et al*, 2008), as well as post-movement beta-rebound (PMBR) and beta event-related desynchronization (beta-ERD) in sensorimotor areas (Jurkiewicz *et al*, 2006). It is likely that each component is generated by anatomically separate cortical circuits (Pfurtscheller and Lopes da Silva, 1999). Benzodiazepines and tiagabine have both been reported to enhance movement induced beta-ERD activity, and tiagabine also reduced PMBR. Surprisingly, neither drug appeared to modulate MRGS (Hall *et al*, 2010; Jensen *et al*, 2005; Muthukumaraswamy *et al*, 2013b).

The current study employed two tasks: a gamma-inducing visual grating paradigm and a simple motor task known to induce gamma- and beta-band activity. These were completed in both pre- and post-drink MEG recording sessions. A simple saccadic eye-movement task was also included to measure sedation.

MATERIALS AND METHODS

Participants and Screening

Sixteen volunteers (eight male, mean age 25.9 years, SD 3.8, mean body weight 75.7 kg, SD 12.7) were recruited after informed consent (procedures approved by Cardiff University School of Psychology Ethics Committee). Participants had no known allergy to alcohol and were taking no medication that was affected by alcohol consumption. All participants abstained from alcohol for 12 h before participation and gave a breath alcohol concentration (BrAC) of $0 \mu g/100 \text{ ml}$ on arrival. Reported mean consumption was moderate, males: 23.9 (9.7), females: 16.5 (5.1) UK units per week (1 unit = 8 g ethanol; therefore mean male consumption = 191.2 g, females = 132 g per week). Participants were screened for alcohol dependence using the Alcohol Use Disorders Identification Test (AUDIT; Babor

et al, 2001) and the Severity of Alcohol Dependence Questionnaire (SADQ; Stockwell et al, 1983); scores were reasonably low (AUDIT 8.4 (2.8); SADQ 6.1 (3.9)) and below the alcohol dependence threshold (≥ 16). None of the participants reported depression or anxiety symptoms in the Hospital Anxiety and Depression Scale (HADS; Zigmond and Snaith, 1983) at the time of testing (anxiety mean = 4.1 (2.2), depression mean = 1.7 (3.0)). For saccadic eve movements and the motor task only 14 full data sets were acquired, due to technical difficulties. After screening of data quality by an observer blind to condition (poor data quality defined as low-amplitude gamma response with no clear peak in at least one of the four conditions (pre/post, placebo/alcohol)), four participants were excluded from statistical analyses of visual gamma. For transient visual responses, data from an additional participant were removed using the same criteria. Individual participant fits and excluded participants can be seen in Supplementary Figures S1A-F.

Alcohol Dose and Administration

Participants attended two testing days separated by atleast 24 h. On one testing day, after the initial scanning session, participants were given a dose of alcohol in the form of 40% alcohol by volume vodka; males received 0.8 g/kg of body weight, while females were given 90% of this dose due to differences in body water content (Sutker et al, 1983; Brumback et al, 2007)). This was made up to a 500 ml solution with a carbonated citrus juice drink (Orangina) and divided into 10 equal aliquots of 50 ml each. Participants consumed one aliquot every 3 min and then waited for 15 min to allow absorption of the alcohol. In the placebo condition, participants were given 10×50 ml aliquots of Orangina with the rim of the glass sprayed with alcohol and a few drops of alcohol floated on top of the drink (Rose and Duka, 2008). Experimenters were not blind to the experimental intervention.

Procedure

On each testing day participants completed a breathalyzer measurement, were weighed, ate a small sandwich (filling depended upon dietary restrictions, mode calorie content: 427 kcal, range: 359–473 kcal; mode fat content: 23.4 g, range: 22.9–26.6 g) and completed the AUDIT, SADQ, miniinternational neuropsychiatric interview (MINI; non-alcohol substance abuse section) and HADS questionnaires. They were then fitted with MEG coils and electrodes, which they kept on for the remainder of the session. Participants then completed a 'pre-drink' MEG recording. Following this, participants completed the drink challenge as described above. After providing a breathalyzer measurement at 15 min from the last drink, participants completed the 'post-drink' MEG recording, after which a further breathalyzer measurement was taken at 1 h from the last drink, as well as psychological measures of the Biphasic Alcohol Effects Scale (BAES; Martin et al, 1993) and Subjective High Assessment Scale (SHAS; Schuckit, 1980).

Visual task. Participants were presented with a vertical, stationary, maximum contrast, three cycles per degree,

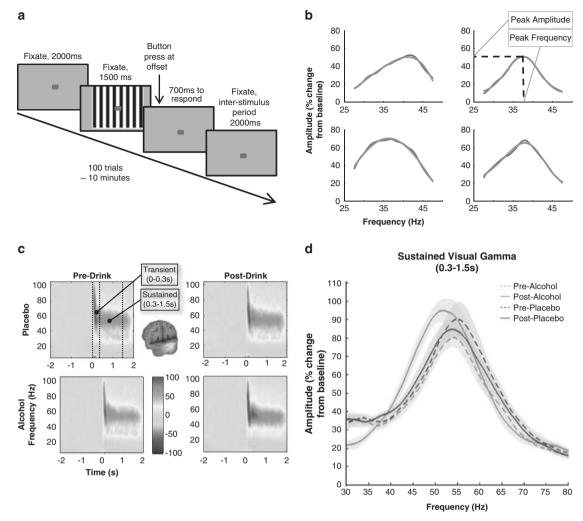


Figure I (a) Paradigm for visual task. (b) An example of skewed Gaussian function fitting to visual data (red) from one participant. Peak amplitude and corresponding frequency are taken from the fitted function (gray). (c) Time–frequency spectrograms of visual task responses. The location of transient responses, thought to be generated from long-ranging bottom-up connections from the thalamus upward to the cortex (Castelo-Branco et *al*, 1998), and sustained responses, most likely generated by intracortical mechanisms reflecting local cortical circuit activity (Castelo-Branco et *al*, 1998). Grand-averaged source activity is presented on a 3D-rendered MNI template brain, indicating the stimulus-induced increase in gamma power is located in the primary visual cortex. (d) Grand-averaged amplitude by frequency plots of raw, non-fitted sustained visual gamma responses for each condition. Shaded areas represent ± 1 within-subject standard error.

square-wave grating (8° visual angle) presented on a mean luminance background with a central fixation point (Muthukumaraswamy and Singh, 2013). The screen was positioned centrally at eye level. For 100 trials the stimulus was presented for 1500 ms and a button-press response was given at its offset with right-hand index finger to maintain concentration. Participants were given 750 ms to respond and warned when no or late responses were given. This response period was followed by a 2000-ms inter-stimulusinterval (ISI) (see Figure 1a).

Motor task. Participants performed 100 trials of a cued finger movement task, similar to that described in Muthukumaraswamy (2010) and Muthukumaraswamy *et al* (2013b). The participants were required to perform ballistic abductions of the right-hand index finger at the onset of

an auditory tone pip (same volume for all participants) played through insert headphones (4.5 s ISI) placed by the participant. All participants confirmed that they could hear the tone before the experiment began. The participants' right index finger slightly rested against a small piece of plastic that was attached to an optical displacement system. After the auditory pip (1.5s), the participants received on-screen feedback with a 'virtual ruler' for 1 s, indicating how far they had moved relative to a target movement criterion (10 mm).

The visual and motor tasks were presented on a Mitsubishi Diamond Pro 2070 monitor controlled by the Psychophysics Toolbox (Brainard, 1997; Pelli, 1997). The screen size was 1024 by 768 pixels and the monitor frame rate was 100 Hz. The monitor was outside the magnetically shielded room and viewed at 2.15 m through a cut-away portal in the shield.

Saccadic eye movement (SEM). As an objective measure of sedation, we measured the velocity of 50 saccadic eye movements (Lehtinen et al, 1979), based on a task by Ball et al (1991). Electrooculography (EOG) measurements were used to quantify this velocity. Participants fixated on a red square that alternated from left to right every 1500 ms, prompting 30° saccades along the horizontal mid-point. Stimuli were projected onto a screen at 80 cm viewing distance.

MEG Acquisition

Whole-head MEG recordings were made using a CTF 275-channel radial gradiometer system sampled at 1200 Hz (0-300 Hz bandpass). An additional 29 reference channels were recorded for noise cancellation purposes and the primary sensors were analyzed as synthetic third-order gradiometers (Vrba and Robinson, 2001). Three of the 275 channels were turned off due to excessive sensor noise. Participants were fitted with three electromagnetic head coils (naison and pre-auriculars), which were localized relative to the MEG system immediately before and after the recording session for each task. Participants were also fitted with EOG electrodes, above and below the pupil of the right eye, and 1 cm lateral to the outer canthus of each eye. For the motor task, a bipolar electromyogram was recorded from right dorsal interosseus. EOG and EMG recordings were sampled simultaneously with the MEG recordings. All participants had completed a 1-mm isotropic T₁-weighted FSPGR image on the same 3-T full-body GE MRI scanner prior to participation, as part of a different study, to be used for MEG/MRI co-registration. Fiduciary markers were placed on the MR image corresponding to the positions of the electromagnetic head coils as ascertained through photographs of the participants on the day of testing.

Data Analysis

Visual task data were epoched from -2 s before to 2 s after the stimulus onset. For the motor task, data pre-processing was similar to our previous work (Hamandi et al, 2011; Muthukumaraswamy, 2010). In short, EMG onsets were marked using an automated algorithm that marked increases in the rectified EMG signal by 3SDs above the noise floor (Cheyne et al, 2008), subject to the constraint that they occurred within 750 ms of the tone pip. Data were then epoched from 1.5s before to 3.0s after the EMG markers. For both tasks each trial was visually inspected and discarded if there were excessive MEG signal artifacts (eg head movements/jaw clenches, blinks); motor trials were further inspected for irregular movement displacements (eg double movements) or irregular EMG activity. Mean number of trials analyzed-visual task: pre-alcohol 82.6 (SD = 17.8), post-alcohol 85 (SD = 11.2), pre-placebo 82.4 (SD = 14.5), post-placebo 77.2 (SD = 16.1); motor task: pre-alcohol 83.9 (SD = 6.4), post-alcohol 86.3 (SD = 10.9), pre-placebo 85.9 (SD = 9.1), post-placebo 83.5 (SD = 10.3).

Synthetic aperture magnetometry (SAM; Robinson and Vrba, 1999) was used for source localization in the gamma frequency band (visual task: 30–80 Hz, Gaetz *et al*, 2012; motor task: 60–90 Hz, Muthukumaraswamy *et al*, 2013b). Additional SAM source localization was conducted in the

beta-band (15–30 Hz, Muthukumaraswamy *et al*, 2013b). Global covariance matrices were generated for each bandpass-filtered data set and beamformer weights were calculated for the whole brain at a 4-mm isotropic voxel resolution using the beamformer algorithm (Robinson and Vrba, 1999).

For the visual data Student t-images of source power changes were calculated using a baseline period of -1.5to 0s and an active period of 0 to 1.5s. The voxel with the largest power increase in the gamma frequency band was located in the occipital lobe for each recording for each participant. In order to generate a time-frequency representation of the stimulus response, the virtual sensor at this voxel was repeatedly band-pass filtered between 1 and 100 Hz at 0.5 Hz frequency step intervals with an 8-Hz bandwidth (third-order Butterworth filter, Van Quyen et al, 2001) and at each frequency step the amplitude envelope was calculated from the analytic signal using the Hilbert transform. A similar analysis was performed on the motor data but using the following times (as used in Muthukumaraswamy et al, 2013b): baseline MRGS = -1.3 to -1 s, active MRGS = 0 to 0.3 s, baseline beta-ERD = -1.25 to -0.5 s, active beta-ERD = -0.25 to 0.5 s, baseline PMBR = -1.25 to 0.5 s, active PMBR = 1 to 1.75 s. Time-frequency spectra were computed as a percentage change from the pre-stimulus baselines by frequency band. MEG auditory responses to the tone pip were not analyzed as they are known to not contaminate gammaband responses in the motor cortex (Muthukumaraswamy, 2010).

For the production of grand-average SAM maps, individual SAM images were first spatially normalized onto the MNI (T_1) average brain using FMRIB's Linear Affine Registration Tool (Jenkinson and Smith, 2001). This was done by first obtaining a set of warping parameters by registering the participant's anatomical MRI with the average brain and then applying these parameters to the SAM source power maps.

Visual time-frequency spectra were split into two epochs: transient responses (0.0-0.3 s from stimulus onset) and sustained responses (0.3-1.5 s), as typical for this kind of stimulus (Swettenham *et al*, 2009). The amplitude spectrum for each of these epochs was calculated by averaging the time-frequency maps over these respective time ranges and skewed Gaussian functions were fit to a 20-Hz window centered on the average peak frequency across conditions for each participant, in order to remove noise in the estimation of peak frequencies (Figure 1b and Supplementary Figures S1A-F for individual participant fits). For each visual time-frequency were taken from the fitted functions. For the motor MRGS response, peak frequency and amplitude were taken from the fitted functions.

Source-level evoked responses were calculated from visual virtual sensor data. A low-pass filter of 40 Hz and a baseline period of -0.2 to 0 s were applied. For group-level analysis, to ensure all virtual sensors had the same polarity, data were assigned polarity based on the 80-ms component direction.

For motor beta values, mean power collapsed across 15–30 Hz for the respective active and baseline periods for each participant were calculated.

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All statistical analyses were performed using 2 (drug: placebo/alcohol) by 2 (time: pre-drink/post-drink) withinsubjects ANOVAs, with the interaction term being of most interest. Within-subject standard errors are used to express variance throughout.

RESULTS

Confirmation of Intoxication

Participants reached a mean peak BrAC of 36.4 µg/100 ml $(SD = 6.2 \,\mu g/100 \,\text{ml})$. Saccadic eye movements could be analyzed for 14 participants, and as expected there was an alcohol-induced slowing of eye-movement velocity compared to placebo (significant drug*time interaction: F(1,13) = 15.92, p = 0.002). In the subjective questionnaires, 13 full data sets were analyzed, and three were incomplete. Significant differences were observed between the placebo and alcohol conditions for both sedative (F(1,12) = 35.32), p < 0.001) and stimulant feelings (F(1,12) = 6.28, p = 0.028) measured by the BAES. A significant difference was also observed between placebo and alcohol for the SHAS (F(1,12) = 27.66, p < 0.001). Reaction time to the offset of visual stimuli was also slower following intoxication, while it was faster following placebo (drug*time interaction F(1,15) = 5.70, p = 0.031). No significant drug*time interactions were observed from behavioral motor data for both peak movement displacement (F(1,13) = 0.114, p = 0.741) and the latency at which peak displacement was reached (F(1,13) < 0.000, p = 0.993). Descriptive statistics for these effects can be found in Supplementary Table S1C.

Visual Gamma

As indicated in Figure 1d, significant drug*time interactions were found for both peak amplitude (F(1,11) = 5.317, p = 0.042) and frequency (F(1,11) = 13.31, p = 0.004) of sustained visual gamma responses, such that alcohol increases visual gamma peak amplitude and decreases mean peak frequency. Grand-averaged time-frequency spectrograms for peak gamma-band locations for each condition are presented in Figure 1c. The increase in amplitude can be observed in the spectrogram for the postalcohol condition as a darker red color.

The spectrograms also show that preceding the narrowband sustained gamma response there is an initial broadband transient gamma response, which is typically present for this type of visual stimulus, though less reliable (Swettenham *et al*, 2009). As for the sustained data, the mean transient peak frequency decreased with alcohol (F(1,10) = 5.50, p = 0.041, Figure 2a), but the drug*time interaction for amplitude, though in the same direction, failed to reach significance (F(1,10) = 3.99, p = 0.074).

Activity within the pre-stimulus baseline period showed a possible elevation of alpha power in the post-alcohol condition (F(1,11) = 3.904, p = 0.074) and no differences in the gamma-band (F(1,11) = 1.04, p = 0.331; see Figure 2b, descriptive statistics in Supplementary Tables S1A and B). Analysis of evoked responses found no differences between pre- and post-drink recordings for both alcohol and placebo, see Figure 2c.

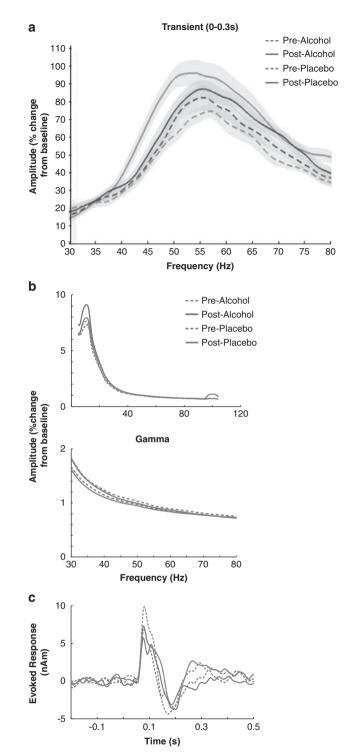


Figure 2 (a) Grand-averaged amplitude by frequency plots of raw, nonfitted transient visual gamma responses for each condition. Shaded areas represent ± I within-subject standard error. (b) Amplitude by frequency plots of pre-stimulus baseline period activity. The bottom figure indicates only gamma-band activity. (c) Visual evoked responses.

Motor Gamma

A significant drug*time interaction was found for peak MRGS amplitude (F(1,13) = 9.46, p = 0.009) but no significant

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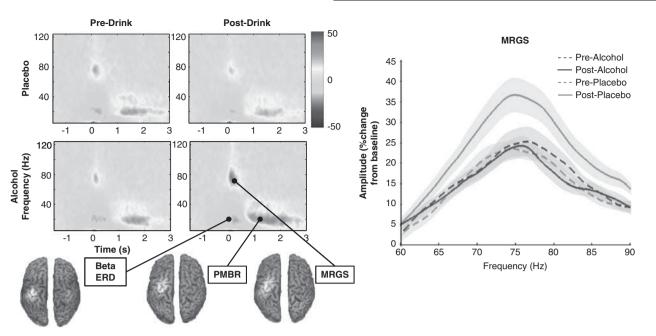


Figure 3 Grand-averaged time-frequency spectrograms of motor responses for each condition and a map of grand-averaged source activity across all conditions shown on MNI template brains. For MRGS responses a power by frequency plot of average non-fitted data is presented with shaded within-subject error. There is a clear alcohol-induced increase in amplitude.

interaction was observed for frequency (F(1,13) = 2.02, p = 0.179) (Figure 3). Peak gamma amplitude increased under the influence of alcohol.

Grand-averaged time-frequency spectrograms for the activity recorded during the motor task are shown in Figure 3. The spectrograms display a typical response: a transient gamma response (MRGS) in the 60-90 Hz range at 0-0.3 s, beta-ERD evident at -0.25 to 0.5 s and the sustained PMBR at 1 to 1.75 s, both in the 15-30 Hz range. Grand-averaged SAM maps indicate the pattern of activity of the MRGS, PMBR, and beta-ERD responses (Figure 3).

No significant differences in mean-gamma amplitude during the baseline period were anticipated; therefore, gamma amplitude was calculated as a percentage change from baseline. However, a near-significant drug*time interaction was observed for baseline gamma (F(1,13) = 4.41, p = 0.056), non-baselined analyses were conducted, which still revealed a significant drug*time interaction for residual, active-baseline period gamma amplitude (F(1,13) = 6.42, p = 0.025).

For beta-ERD and PMBR both baselined and nonbaselined time-frequency analyses were conducted and revealed that there were differences in baseline period beta power following alcohol ingestion (Figure 4). Using nonbaselined data, for both the peak beta-ERD contralateral location and PMBR location there were no significant drug*time interactions for the baseline period (beta-ERD F(1,13) = 0.067, p = 0.800; PMBR F(1,13) = 0.112, p = 0.743), the active period (beta-ERD F(1,13) = 0.341, p = 0.570; PMBR F(1,13) = 0.282, p = 0.604) or the residual strength, i.e. active—baseline (beta-ERD F(1,13) = 0.497, p = 0.492; PMBR F(1,13) = 0.065, p = 0.802).

Exploratory correlational analyses indicated significant correlations between the absolute change in visual gamma frequency from baseline to post-alcohol with BrAC, r = -0.605, n = 12, p = 0.037. Full correlational matrices can be found in the Supplementary Tables S2A and B.

DISCUSSION

The present experiment examined the effect of a moderate dose of alcohol on temporally organized synchronous neuronal oscillations in human participants. An alcoholinduced increase in peak gamma amplitude was observed for both visual and motor stimulus responses, and a decrease in peak frequency for visual gamma was observed. Since responses were analyzed at posterior sensors, these findings are not likely to be confounded by any alcoholinduced changes in eye movements (Carl et al, 2012). Also, checks for eye-movement-related activity on grand-averaged SAM spatial maps found no evidence of gamma-band activity in areas near extra-ocular muscles. Similar findings to ours are echoed in the in vitro animal literature. For example, under the administration of the barbiturate thiopental, Oke et al (2010) observed an increase in gamma amplitude and a slowing of gamma frequency in rat visual cortex slices.

Positive allosteric modulation of $GABA_A$ receptors may be the key driver of changes to synchronous gamma oscillations. Alcohol is known to increase the duration of IPSCs and the amplitude of IPSPs (Roberto *et al*, 2003; Wan *et al*, 1996), which in turn is expected to decrease the oscillation frequency of the network (Gonzalez-Burgos and Lewis, 2008), as we observed for visual gamma. The increases in gamma amplitude that we also observed are broadly consistent with the further prediction that there could be greater pyramidal cell recruitment (Gonzalez-Burgos and Lewis, 2008), and also match a previous report that visual gamma amplitude is increased during propofol administration



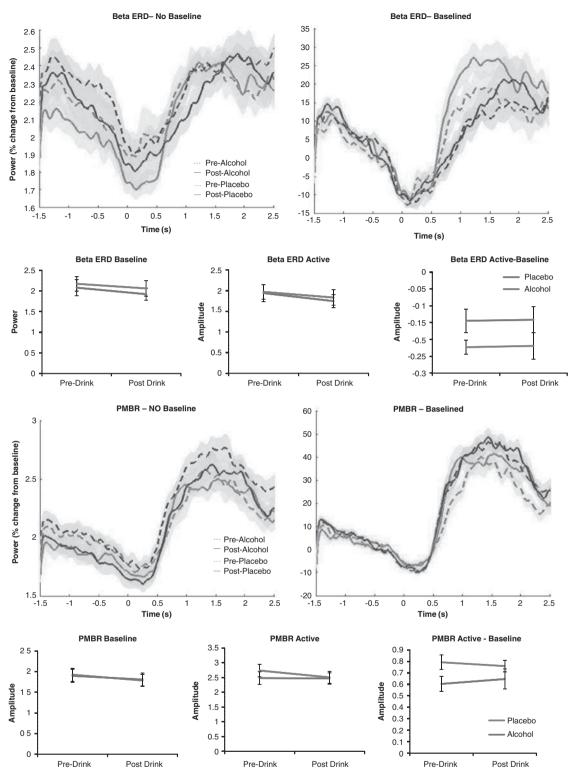


Figure 4 Beta event-related desynchronisation (beta-ERD; top) and post-movement beta rebound (PMBR; bottom) data from the motor task. Time by amplitude plots indicate the mean time course of the amplitude of beta activity throughout a trial. Non-baselined plots indicate a discrepancy between conditions in the baseline pre-stimulus period. Plots of mean amplitude across the baseline and active periods and the difference between the two periods indicate no significant interactions between drug and time. Shaded areas and error bars indicate ± I within-subject standard error.

(Saxena et al, 2013). Propofol, like alcohol, is a positive allosteric modulator of the GABAA receptor that similarly alters the IPSCs and IPSPs (Orser et al, 1994). However, with propofol an influence on frequency was not detected, possibly due to two methodological differences. Our experiment used a more optimal visual stimulus, filling a larger proportion of the visual field eliciting a greater amplitude response (Muthukumaraswamy and Singh, 2013). Secondly, we used a fitting procedure, whereas Saxena et al (2013) extracted peak frequency directly from the data, possibly allowing any decrease in frequency to be masked by noise.

Our findings are also in broad concordance with previously observed positive correlations between visual gamma frequency and GABA concentration in the visual cortex measured by magnetic resonance spectroscopy (MRS) (Muthukumaraswamy et al, 2009). During alcohol intoxication MRS has indicated a decrease in GABA concentration (Gomez et al, 2012). Therefore, a decrease in gamma frequency by alcohol fits this trend. However, it is unknown how this pattern should be related to another finding that tiagabine had no detectable effect on amplitude or frequency of visual gamma responses; rather, a reduction of visual evoked responses was detected (Muthukumaraswamy et al, 2013a). Tiagabine acts via the blockade of GAT-1 to increase endogenous GABA levels (Borden et al, 1994). It remains unclear why this should have a different effect on direct enhancement of GABA at GABA_A receptors, or on naturally occurring individual differences in GABA levels as measured by MRS. One possibility is that increased concentrations of extracellular GABA may translate to decreased availability for release and/or greater baseline receptor activity could affect network timing or synchrony due to fewer available binding sites for the next release.

For motor gamma responses, pharmaco-MEG investigations using diazepam (Hall et al, 2010) and tiagabine (Muthukumaraswamy et al, 2013b) have found no modulation of the amplitude or frequency of the gamma response. Propofol has not been studied in the context of motor gamma, but, like alcohol, diazepam is a positive allosteric modulator of GABA at GABA_A receptors, and thus the apparent lack of any effect contrasts with the clear effect of alcohol on motor gamma amplitude found here. Further, in contrast to the visual-gamma findings, our motor gamma did not show an alcohol-induced alteration to frequency. A possible explanation for this could be the different physiological mechanisms underlying the visual- and motor-gamma responses. Motor-gamma oscillations are thought to be driven subcortically by the subthalamic nucleus (Litvak et al, 2012). This subthalamic drive may make pharmacological manipulations of local circuits in motor area M1 less likely to affect the frequency.

Above we have focussed on the role of GABA, but the action of alcohol on glutamatergic NMDA receptors may also have a critical role. As already mentioned, increases in gamma amplitude may reflect recruitment of additional pyramidal cells in the post-inhibition excitation phase. Alcohol inhibits the excitatory post-synaptic currents (EPSCs) and potentials (EPSPs) induced by NMDA receptors (Lovinger *et al*, 1989, 1990), further reducing excitation. Counter-intuitively, this could in turn lead to the recruitment of further pyramidal cells, increasing gamma amplitude (Pfurtscheller and Lopes da Silva, 1999; Singer, 1993).

A limitation of our findings is the method for administering alcohol and placebo. Anecdotally, a number of participants reported knowledge of the drink condition they had been assigned on each day, which is impossible to avoid given that participants are familiar with the symptoms of mild alcohol doses. This may have altered their attention during experimental tasks affecting their gamma-band response (Kahlbrock *et al*, 2012). However, unlike broadband visual gamma, the narrow-band response studied here has previously been shown to be insensitive to attentional manipulation (Koelewijn *et al*, 2013), suggesting it is purely a bottom-up driven stimulus response. The method of administration was selected because it has been successfully used by a number of studies administering alcohol (Nutt *et al*, 2007; Rose and Duka, 2008).

FUNDING AND DISCLOSURE

The authors declare no conflict of interest.

ACKNOWLEDGEMENTS

Special thanks to all who assisted with the running of the study, especially Alex Shaw, Jenny Brealy, and Kacper Wieczorek for assisting with data collection, Anne Lingford-Hughes and Angela Attwood for advice on alcohol administration and breathalyzers, and Geoffrey Mégardon and Brice Dassy for their contribution to developing the Gaussian function fits. Anne Campbell receives a student-ship funded by Alcohol Research UK and Cardiff University School of Psychology. This study was supported by CUBRIC and the School of Psychology at Cardiff University, together with the MRC/EPSRC funded UK MEG Partnership Grant (MR/K005464/1).

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Supplementary Information accompanies the paper on the Neuropsychopharmacology website (http://www.nature.com/npp)