

# Circadian Regulation of *Tshb* Gene Expression by Rev-Erb $\alpha$ (NR1D1) and Nuclear Corepressor 1 (NCOR1)\*<sup>[5]</sup>

Received for publication, April 8, 2014, and in revised form, April 28, 2014. Published, JBC Papers in Press, May 2, 2014, DOI 10.1074/jbc.M114.569723

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**Background:** Basal metabolic rate is regulated by thyroid hormone; the mechanism is unknown.

**Results:** NCOR1 and Rev-Erb $\alpha$  enrich at different sites from thyroid hormone receptor on the *Tshb* promoter.

**Conclusion:** NCOR1 and Rev-Erb $\alpha$  interact to regulate circadian expression of *Tshb* mRNA independent of thyroid hormone.

**Significance:** This novel role of Rev-Erb $\alpha$  in *Tshb* expression reveals new links between circadian rhythms and metabolism.

Thyroid hormones (TH) are critical for development, growth, and metabolism. Circulating TH levels are tightly regulated by thyroid-stimulating hormone (TSH) secretion within the hypothalamic-pituitary-thyroid axis. Although circadian TSH secretion has been well documented, the mechanism of this observation remains unclear. Recently, the nuclear corepressor, NCOR1, has been postulated to regulate TSH expression, presumably by interacting with thyroid hormone receptors (THR) bound to TSH subunit genes. We report herein the first *in vitro* study of NCOR1 regulation of TSH in a physiologically relevant cell system, the T $\alpha$ T1.1 mouse thyrotroph cell line. Knockdown of NCOR1 by shRNA adenovirus increased baseline *Tshb* mRNA levels compared with scrambled control, but surprisingly had no effect on the T<sub>3</sub>-mediated repression of this gene. Using ChIP, we show that NCOR1 enriches on the *Tshb* promoter at sites different from THR previously identified by our group. Furthermore, NCOR1 enrichment on *Tshb* is unaffected by T<sub>3</sub> treatment. Given that NCOR1 does not target THR on *Tshb*, we hypothesized that NCOR1 targeted Rev-Erb $\alpha$  (NR1D1), an orphan nuclear receptor that is a potent repressor of gene transcription and regulator of metabolism and circadian rhythms. Using a serum shock technique, we synchronized T $\alpha$ T1.1 cells to study circadian gene expression. Post-synchronization, *Tshb* and *Nr1d1* mRNA levels displayed oscillations that inversely correlated with each other. Furthermore, NR1D1 was enriched at the same locus as NCOR1 on *Tshb*. Therefore, we propose a model for *Tshb* regulation whereby NR1D1 and NCOR1 interact to regulate circadian expression of *Tshb* independent of TH negative regulation.

Thyroid hormones (THs),<sup>3</sup> T<sub>4</sub> and T<sub>3</sub>, play an integral role in development, growth, and cellular metabolism (1–3), and circulating levels of THs are maintained within a narrow range by a finely tuned negative feedback system involving the hypothalamic-pituitary-thyroid (HPT) axis (4). Thyrotropin-releasing hormone (TRH) secreted from the hypothalamus stimulates pituitary thyrotrophs to produce biologically active thyroid stimulating hormone (TSH), which stimulates the thyroid gland to synthesize and secrete THs. Importantly, T<sub>3</sub> exerts negative feedback at both the level of the pituitary and hypothalamus, thus completing the feedback loop (5). T<sub>3</sub> action is classically thought to be mediated via THR (6), which are members of the nuclear receptor superfamily and bind DNA both in the absence and presence of T<sub>3</sub> (7–9). On positively regulated genes, the THR is thought to interact with corepressors, principally NCOR1, which is released and replaced by coactivators after T<sub>3</sub> binding (10, 11). In contrast, less is known about mechanisms of genes repressed by T<sub>3</sub>. We are particularly interested in establishing mechanisms by which *Tshb* expression is regulated.

Circadian rhythms are fundamental phenomena in most living organisms whereby behavior and biological function are regulated through an autonomous clock. Control of this rhythm has been traced to a central clock in the suprachiasmatic nucleus of the hypothalamus (12). Disruptions of clock mechanisms are thought to be important in disorders of sleep, metabolism, and even cancer (13–15). The circadian cycle is triggered by a CLOCK/BMAL1 heterodimer that is regulated under a negative feedback loop mediated by the orphan nuclear receptor Rev-Erb $\alpha$  (NR1D1) (16–18). Feng *et al.* (19) mapped a NR1D1 cistrome in mouse liver, showing thousands of binding sites that have a rhythm, which correlate to the oscillating expression of NR1D1.

TSH and T<sub>3</sub> secretion are also known to follow a photoperiodic circadian rhythm, with a nadir during the day and a peak secretory activity just before sleep (20). Interestingly, TSH may

\* This work was supported, in whole or in part, by National Institutes of Health Grant R01DK49126. This work was also supported by The Johns Hopkins University-University of Maryland Diabetes Research Center Grant P60DK079637.

<sup>[5]</sup> This article contains supplemental Tables S1 and S2.

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<sup>3</sup> The abbreviations used are: TH, thyroid hormone; T<sub>3</sub>, 3,3',5-triiodo-L-thyronine; T<sub>4</sub>, thyroxine; NCOR1, nuclear corepressor 1; TSH, thyroid stimulating hormone; THR, TH receptor; TRH, thyrotropin-releasing hormone; qPCR, quantitative PCR.

induce the expression of type 2 iodothyronine deiodinase in the hypothalamus, which enzymatically converts the prohormone T<sub>4</sub> into its bioactive T<sub>3</sub> product, providing an additional mechanism for controlling the HPT axis (21, 22). Given that this diurnal rhythm of TSH is disrupted in states as diverse as depression, poorly controlled diabetes, and mostly importantly, after pharmacologic T<sub>4</sub> replacement to hypothyroid patients, further elucidation of this mechanism is warranted (23, 24).

Despite characterization of TSH diurnal rhythm in physiologic and pathologic states over many years, the upstream regulators are yet to be well characterized. We have established an appropriate and physiologically relevant mouse cell line model to study regulation of *Tshb* (25, 26). Using this model, our studies shed light on an unprecedented role of NCOR1 in repression of *Tshb* that is independent of THR action. We hypothesize that circadian regulation of TSH and T<sub>3</sub> secretion is maintained by NCOR1 interaction with NR1D1, not THR, and that circadian changes in T<sub>3</sub> levels may have a previously unrecognized role in controlling overall metabolism.

## EXPERIMENTAL PROCEDURES

**Cell Culture and Hormone Treatments**—T $\alpha$ T1.1 cells were plated in DMEM (Corning Cellgro, Manassas, VA) containing 10% FBS (Invitrogen) and 1% penicillin/streptomycin (Invitrogen). Before the cells were seeded, the plates were coated with Matrigel (BD Biosciences) to facilitate adhesion. Matrigel was diluted 30-fold with Dulbecco's PBS (Invitrogen) before coating the plates. Cells were maintained at 37 °C in an environment of 5% CO<sub>2</sub>. Treatment of cells with either T<sub>3</sub>, TRH, or SR9011 (Sigma) was performed for the indicated durations after 24-h medium replacement with DMEM containing 10% FBS stripped of thyroid hormone by treatment with AG1X-8 resin (Bio-Rad) and charcoal (Sigma).

**Adenoviral Transduction**—Adenoviruses expressing non-specific scrambled short hairpin RNA (shRNA) or shRNA against *Ncor1* mRNA were generated using a BLOCK-iT adenoviral RNAi expression system following the manufacturer's instructions (Invitrogen). shNcor1 (3910–3930) targeted the sequence 5'-CATCCAAGGCCATGTTATC-3'. T $\alpha$ T1.1 cells were transduced 24 h after the cells were seeded with adenoviruses to knock down the gene(s) of interest. The medium was changed the following day, and cells were harvested 72 h after infection. Hormone treatment with T<sub>3</sub> was done using stripped serum 8 h before harvesting. The concentration of adenoviruses was determined and all solutions had equivalent titer. Scrambled adenovirus control was used in the same concentration as the virus of interest.

**RNA Isolation and Quantitative PCR**—Total RNA from T $\alpha$ T1.1 cells was extracted by standard methodology (TRIzol reagent; Invitrogen). One microgram of total RNA was reverse transcribed using the iScript cDNA synthesis kit (Bio-Rad). Real-time PCR analyses were performed in a fluorescent temperature cycler using SYBR Green reagent according to the recommendations of the manufacturer (Bio-Rad). Primers for *Ncor1*, *Ncor2*, *Tshb*, *Cga*, *Gh*, *Nr1d1*, and *36B4* are listed in supplemental Table S1. Cycle threshold values for *36B4* were used to normalize each sample. All results are expressed as a fraction of samples treated with vehicle only.

**Western Blot Analysis**—T $\alpha$ T1.1 cells were treated with experimental conditions, after which whole cell extracts were prepared in 1 $\times$  radioimmune precipitation assay buffer (Sigma) containing protease and phosphatase inhibitors (Roche Applied Science). Extract (20  $\mu$ g of total protein) was run on 10% SDS-PAGE gels and transferred to PVDF membranes (Millipore). Membrane was probed using antibodies for the following proteins from the indicated suppliers: NCOR1 (gift from A. Hollenberg, generated against the C-terminal portion of protein), SMRT (Affinity Bio), NR1D1 (Santa Cruz Biotechnology), and  $\beta$ -actin (Chemicon).

**Chromatin Immunoprecipitation**—ChIP assays were performed on T $\alpha$ T1.1 cells at  $\sim$ 90% of confluence using ChIP-IT Express kit (Active Motif, Carlsbad, CA) following the manufacturer's instructions. Immunoprecipitation was performed at 4 °C overnight. Antibodies against the following proteins were used from the indicated suppliers: rabbit IgG (Santa Cruz Biotechnology), NCOR1 (Abcam), acetyl-H3 (Upstate Biotechnology), acetyl-H4 (Upstate), and Rev-Erb $\alpha$  (Abcam). Cross-links were reversed, and the DNA was purified using QIAquick PCR Purification Kit (Qiagen). The DNA recovered from the assay was subjected to qPCR using specific primers designed to detect enrichment in the proximal promoters of *Tshb*, *Cga*, and *Gh* (supplemental Table S2).

**Cell Synchronization**—T $\alpha$ T1.1 cells were seeded overnight in 6-cm dishes in DMEM supplemented with 10% FBS and antibiotics. Culture medium was replaced with serum-free DMEM for 4 h. Cells were then shocked with DMEM containing 50% horse serum for 2 h, after which medium was replaced with 10% stripped FBS (t = 0 h). Cells were harvested using TRIzol and stored at  $-80$  °C until analyzed for RNA.

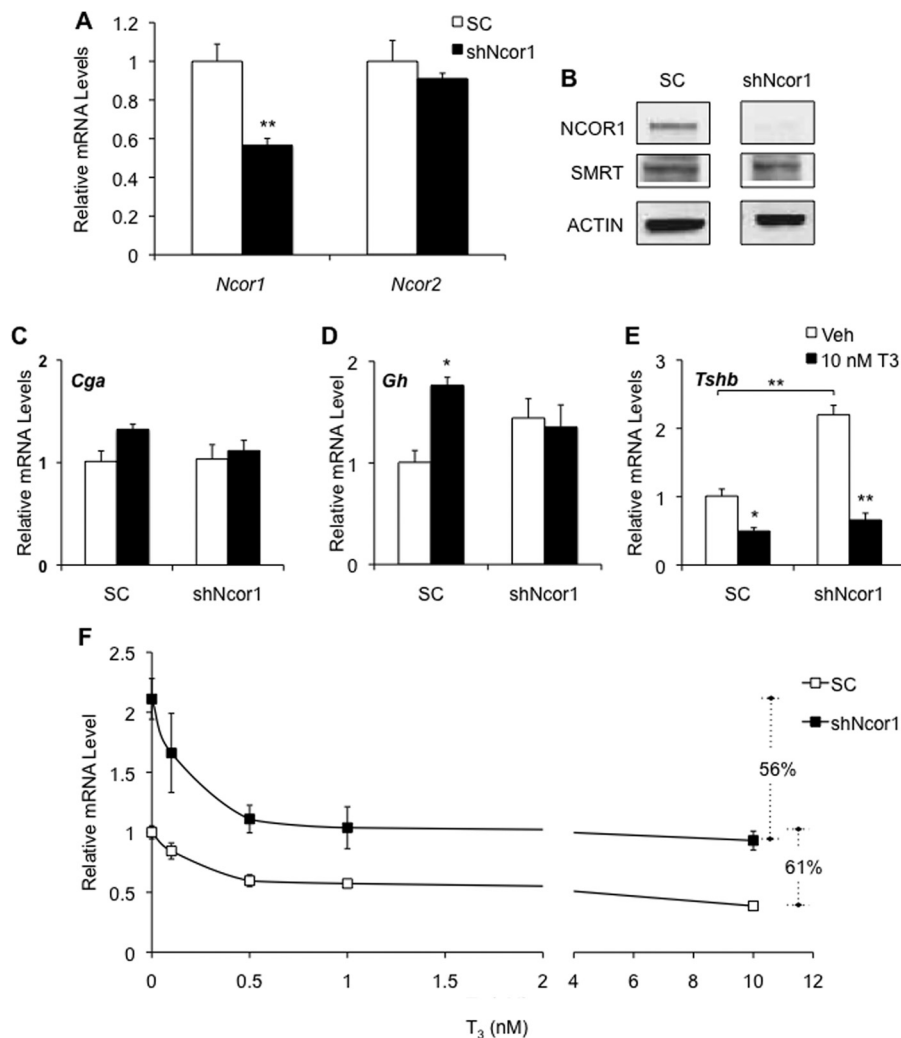
**Statistical Analysis**—Values are represented as mean  $\pm$  S.E. of at least three independent experiments, unless otherwise noted. Statistical testing was performed using an unpaired two-tailed Student's *t* test. A *p* value of  $<0.05$  was considered significant, and the respective levels of significance and group sizes are stated in respective figure legends.

## RESULTS

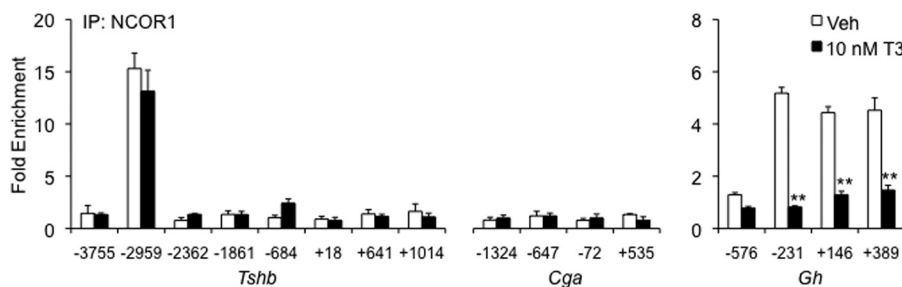
**Thyroid Hormone-responsive Genes Are Differentially Regulated by NCOR1**—Studies have shown that T<sub>3</sub> regulates thyrotropin subunit gene expression in the T $\alpha$ T1.1 thyrotroph cell line. Whereas T<sub>3</sub> reduces *Tshb* mRNA levels, it has no effect on *Cga* mRNA levels. Negative regulation of transcription by nuclear receptors is often associated with recruitment of corepressors, and NCOR1 is thought to be the key corepressor that regulates the THR. To test the importance of NCOR1 on gene expression in T $\alpha$ T1.1 cells, we treated cells with adenovirus expressing NCOR1 shRNA (shNcor1). *Ncor1* mRNA levels were reduced 45%, whereas *Ncor2* mRNA levels that encode a closely related transcription factor, SMRTs (silencing mediator of retinoid or thyroid hormone receptors), were unaffected (Fig. 1A). Western blot analysis confirmed depletion of NCOR1 protein in these cells (Fig. 1B).

*Cga* expression in T $\alpha$ T1.1 cells was not regulated by T<sub>3</sub>, and there was no change after treatment with shNcor1 (Fig. 1C). Throughout this work, we use *Cga* as a negative control. *Gh*, a gene up-regulated by T<sub>3</sub> binding to THR, is generally repressed

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**FIGURE 1. Thyroid hormone-responsive genes are differentially regulated by NCOR1.** T $\alpha$ T1.1 cells were transduced with adenovirus expressing scrambled shRNA (SC) or shRNA against NCOR1 (*shNcor1*). Cells were harvested for total RNA. *A*, RT-qPCR analysis for *Ncor1* and *Ncor2* (SMRT) mRNA was performed. *B*, Western blot analysis of NCOR1, SMRT, and actin (control) was performed. *C–E*, cells were treated with vehicle (Veh) or indicated concentrations of T<sub>3</sub> for 24 h before harvesting. RT-qPCR analysis was performed for *Cga* (*C*), *Gh* (*D*), and *Tshb* (*E* and *F*) mRNA levels. *F*, total percent suppression after treatment with 10 nM T<sub>3</sub> is indicated with dashed lines. Relative mRNA levels are expressed as fold change compared with vehicle-treated cells exposed to scrambled shRNA. \*,  $p < 0.05$  versus vehicle, SC treatment; \*\*,  $p < 0.01$ .



**FIGURE 2. NCOR1 recruitment to *Gh* promoter, but not TSH subunit genes, is decreased with T<sub>3</sub> treatment.** ChIP-qPCR was performed to scan a region surrounding the *Tshb*, *Gh*, and *Cga* in T $\alpha$ T1.1 cells treated with vehicle (Veh) or 10 nM T<sub>3</sub>. The x axis shows the location of the forward primer relative to the transcription start site. Results are expressed as relative fold enrichment  $\pm$  S.E. compared with background enrichment. \*\*,  $p < 0.01$  versus vehicle treatment.

by NCOR1 (27). T $\alpha$ T1.1 cells express *Gh* at low levels such that this gene can be used as a positive control in our experiments. Knockdown of NCOR1 not only raised basal expression but also resulted in a reduction in T<sub>3</sub>-mediated activation of *Gh* (Fig. 1*D*). Although shNcor1 did not affect T<sub>3</sub> repression of *Tshb* mRNA levels, the baseline level (vehicle treatment) did

increase significantly compared with treatment with scrambled shRNA (Fig. 1*E*).

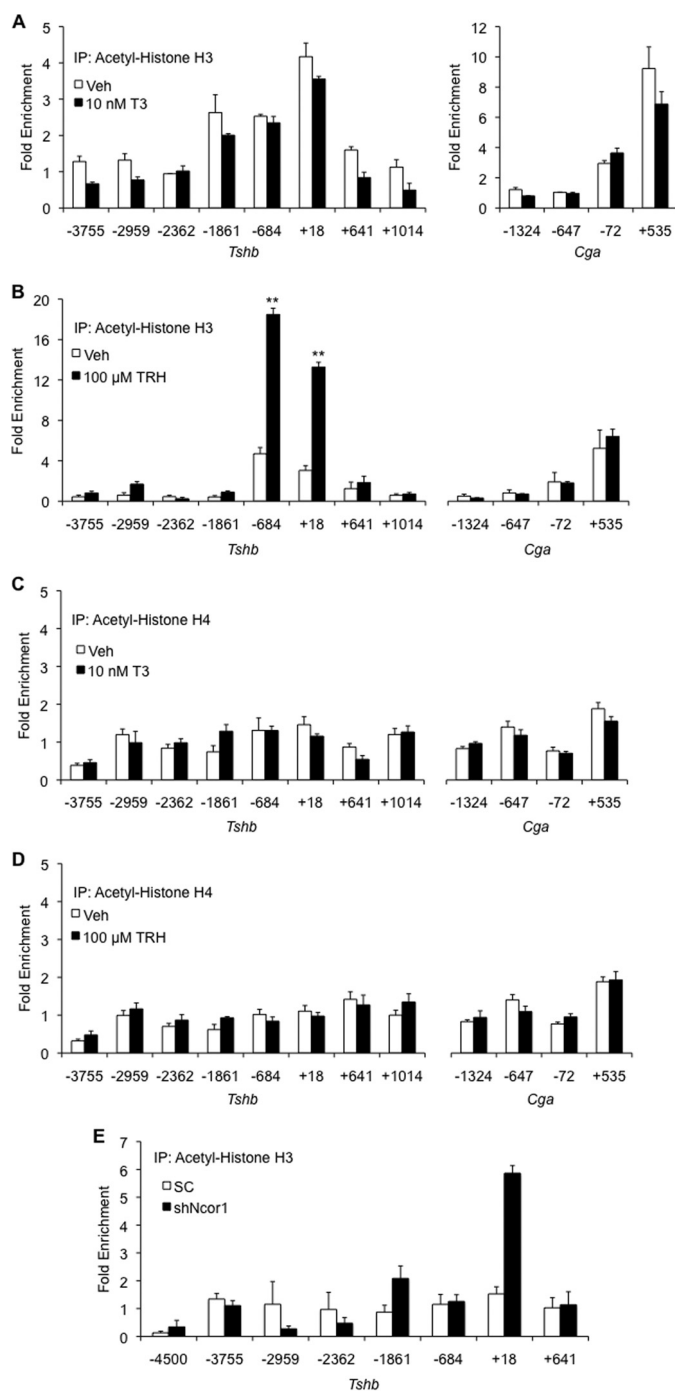
**NCOR1 Regulation of *Tshb* Is Independent of T<sub>3</sub>**—Given that knockdown of NCOR1 affects basal expression of *Tshb*, we next explored whether the T<sub>3</sub> response is altered by determining a T<sub>3</sub> concentration response after SC and shNcor1 treatment

(Fig. 1F). *Tshb* mRNA levels were maximally repressed at 10 nM  $T_3$  after either SC treatment (71%) or shNcor1 treatment (66%). When the  $T_3$ -treated *Tshb* mRNA levels for the shNcor1-treated cells were compared with shNcor1 vehicle, instead of scrambled shRNA vehicle, the dose response curves overlapped. The calculated  $EC_{50}$  for both treatments was 0.3 nM, indicating that NCOR1 does not mediate  $T_3$  regulation of *Tshb*.

Based on this novel finding that NCOR1 affects baseline *Tshb* mRNA expression, but not  $T_3$ -mediated levels, we next determined whether NCOR1 interacts directly with *Tshb*. We performed ChIP-qPCR, scanning for NCOR1 enrichment around the transcription start site of *Tshb* (Fig. 2). Our laboratory has previously published that THR $\alpha$ s enrich at sites  $-1861$  and  $+18$  bp relative to the transcription start site, regions containing several TRE half-sites (26). NCOR1, however, was found to be enriched at a different site,  $-2959$  bp, and its occupancy was unaffected by  $T_3$  treatment (Fig. 2). On the *Gh* gene, THR is bound to a  $-220$  bp site (28, 29). NCOR1 was enriched in this region and released upon  $T_3$  treatment, consistent with reports on *Gh* regulation (Fig. 2). We expected this response on *Gh* because NCOR1 recruitment is reported to be mediated through binding to THR- $\beta$  (THRB). The contrasting action on *Tshb* lead us to hypothesize that NCOR1 may be bound by a different transcription factor than THRB.

*TRH, but Not  $T_3$ , Affects Acetylation of Histone H3 on the *Tshb* Promoter*—Activation of gene expression is associated with histone acetylation, whereas repression is usually associated with deacetylation. Following this dogma, we assessed the enrichment of acetylated histones on the *Tshb* promoter. In Fig. 3A, a ChIP assay shows no significant changes in histone H3 acetylation on *Tshb* or *Cga* after treatment with 10 nM  $T_3$ . TRH is known to stimulate *Tshb* expression, and this response was confirmed by increased acetyl-H3 after hormone treatment at sites centered on  $-684$  and  $+18$  bp (Fig. 3B). The latter region corresponds to a region also enriched with THRB (26). No changes in acetylated H4 were observed in *Tshb* or *Cga* after treatment with vehicle,  $T_3$ , or TRH (Fig. 3, C and D). These findings indicate that the assembly of transcription factors that regulate *Tshb* is likely to contain both a  $T_3$ -independent mechanism that uniquely involves NCOR1 and a TRH-dependent mechanism that is associated with histone acetylation. The interplay of these pathways was evidenced after knocking down NCOR1. Treating cells with shNcor1 resulted in a marked increase in acetyl-H3 at the  $+18$  bp site (Fig. 3E). This study was performed without hormone treatment and could possibly be the explanation for the increase in baseline *Tshb* mRNA levels after shNcor1 transduction. For example, if more H3 is acetylated on *Tshb*, one would expect an increase in basal expression.

*Tshb* mRNA Expression Oscillates in a Thyrotroph Cell Line—To define further the hormone-independent mechanism of *Tshb* expression, we studied gene expression over time in  $T\alpha T1.1$  cells. Although the cyclic secretion of TSH expression may be critical to cellular homeostasis, little is known about the overall impact of this physiologic event or the mechanism mediating the rhythm. By synchronizing  $T\alpha T1.1$  cells in culture, we were able to mimic *Tshb* mRNA cycling in this pituitary cell line. According to established protocols to study circadian regulation, we synchronized  $T\alpha T1.1$  cells by incubating



**FIGURE 3. TRH, but not  $T_3$ , affects histone acetylation of TSH subunit genes.** ChIP-qPCR was performed to scan acetylation of histone H3 (A and B) or H4 (C and D) to a region surrounding the *Tshb*, *Gh*, and *Cga* promoters in  $T\alpha T1.1$  cells treated with vehicle (Veh), 10 nM  $T_3$  (A and C), or 100  $\mu$ M TRH (B and D). E, cells were treated with scrambled shRNA (SC) or *Ncor1* shRNA (shNcor1) and harvested 72 h after transduction for ChIP-qPCR analysis on the *Tshb* promoter. The x axis shows the location of the forward primer relative to the transcription start site. Results are expressed as relative fold enrichment  $\pm$  S.E. compared with background enrichment. \*\*,  $p < 0.01$  versus vehicle.

them in serum-free medium, followed by a brief period of serum shock in 50% horse serum, and then harvesting mRNA at various time points for a qPCR analysis (Fig. 4). In this model, *Tshb* mRNA levels cycled with a 36-hour period, with peaks at 18 and 54 h, and nadirs at 0 and 36 h. Because expression ampli-

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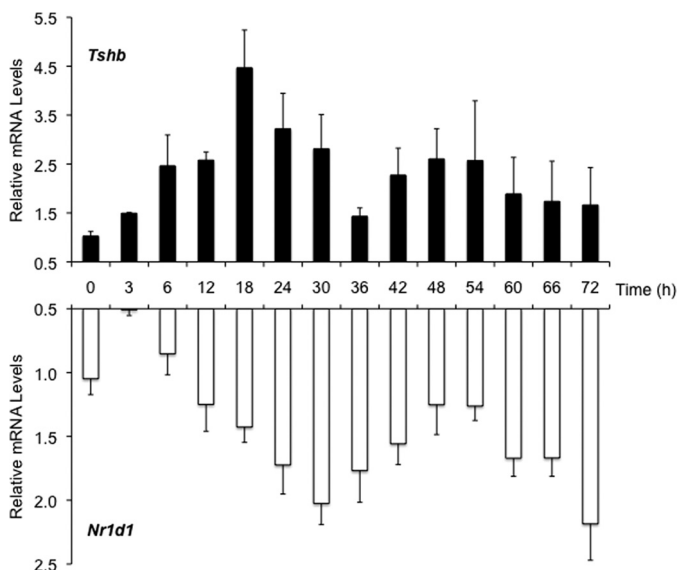


FIGURE 4. *Tshb* and *Nr1d1* mRNA levels oscillate in T $\alpha$ T1.1 cells. T $\alpha$ T1.1 cells were synchronized by serum shock and harvested at the indicated times for total RNA. RT-qPCR was performed for *Nr1d1* (Rev-Erb $\alpha$ ) and *Tshb* mRNA ( $n = 4$ ). Results are expressed as relative mRNA levels  $\pm$  S.E. compared with initial levels at time = 0 h.

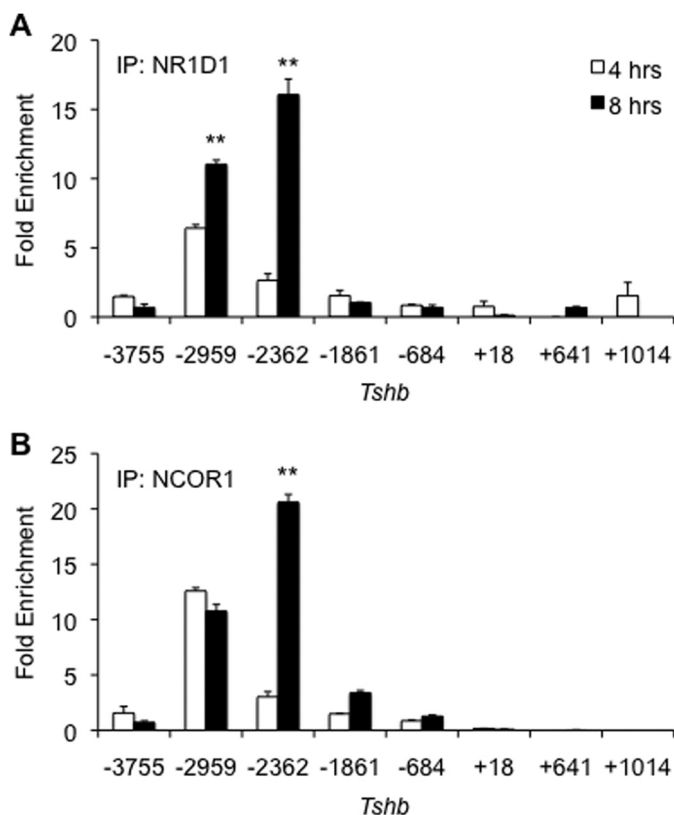


FIGURE 5. NR1D1 and NCOR1 are jointly recruited to additional sites on *Tshb*. T $\alpha$ T1.1 cells were synchronized and harvested 4 and 8 h after serum shock. ChIP-qPCR assays were performed with antibodies specific for NCOR1, NR1D1, or IgG (negative control). Results are expressed relative fold enrichment  $\pm$  S.E. compared with background enrichment. \*\*,  $p < 0.01$  versus vehicle treatment.

tude dampened with each successive cycle, *Tshb* mRNA levels were difficult to measure beyond 72 h.

NR1D1, a heme receptor transcribed on the antisense strand of *Thra*, is a potent repressor of gene transcription and a key

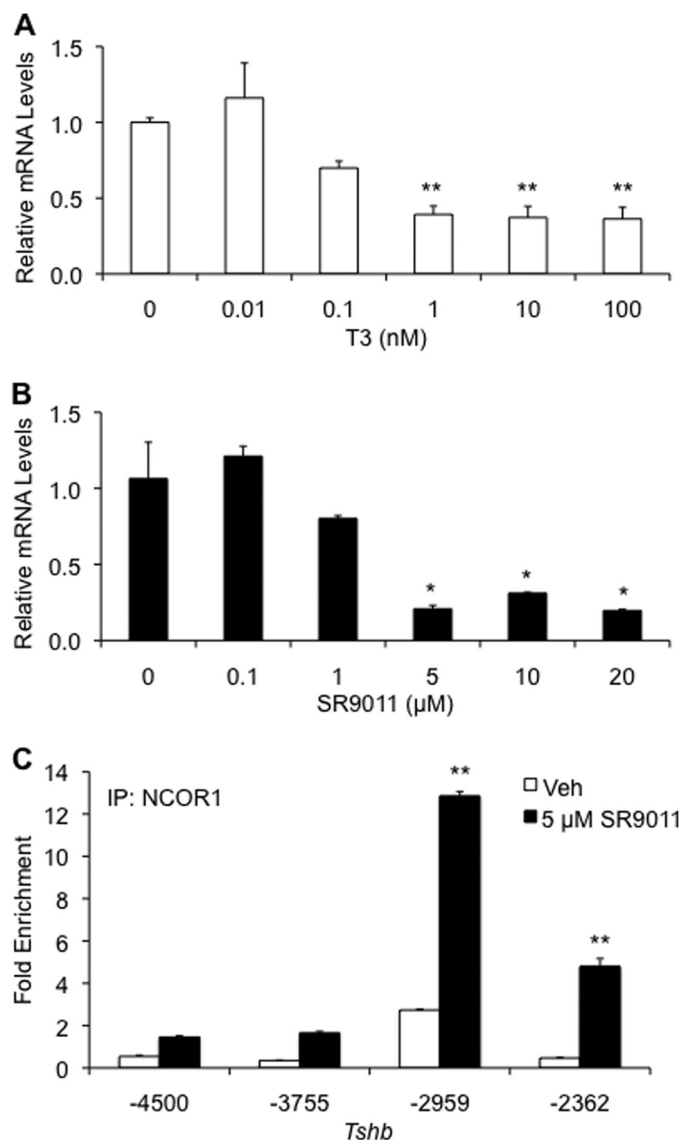


FIGURE 6. NR1D1 agonist causes a decrease in *Tshb* mRNA expression. T $\alpha$ T1.1 cells were treated with vehicle (Veh), T $_3$  (A), or NR1D1 agonist SR9011 (B and C) and harvested after 8 h for total RNA. RT-qPCR was performed to assess *Tshb* and *Cga* mRNA expression. C, T $\alpha$ T1.1 cells were treated with vehicle or 5  $\mu$ M SR9011 for 8 h. ChIP-qPCR was performed with antibody specific for NCOR1. Results are expressed as relative fold enrichment  $\pm$  S.E. compared with background enrichment. \*,  $p < 0.05$  versus vehicle treatment; \*\*,  $p < 0.01$ .

driver of circadian rhythms and metabolism. NR1D1 has also been associated with NCOR1-dependent repression of nuclear receptors, and direct binding between the two proteins has been established (11). We decided to investigate *Nr1d1* expression in our synchronized T $\alpha$ T1.1 cells and also observed a significant oscillation in expression (Fig. 4). Initial *Nr1d1* mRNA levels decreased before rising at 12 h, with peaks at 36 and 72 h, and a nadir at 54 h. NR1D1 protein levels followed a similar pattern (data not shown). When comparing these mRNA levels, *Tshb* levels began to decline after the 18-h peak, whereas the *Nr1d1* levels increased. From 30 to 54 h, *Nr1d1* levels declined, and *Tshb* mRNA levels increased. The second decline in *Tshb* mRNA levels (54 to 72 h) was again marked with an increase in *Nr1d1*. The two mRNA oscillations appeared to oppose each

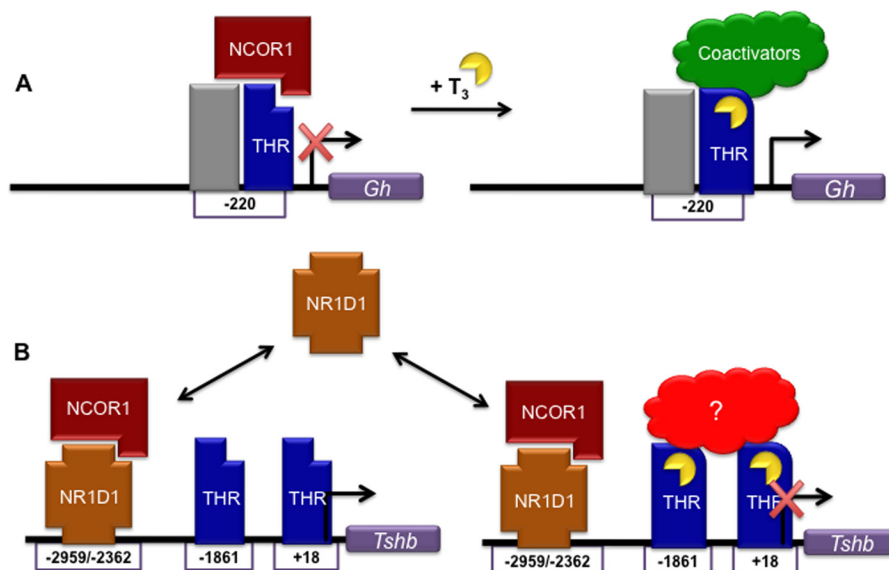


FIGURE 7. **Proposed model for NCOR1 regulation of gene expression.** A, on a THR-mediated gene such as *Gh*, NCOR1 binds THR in the absence of  $T_3$  and represses transcriptional activity. Binding of  $T_3$  induces a conformational change of the receptor that releases NCOR1 and recruits coactivators to activate transcription. B, on *Tshb*, NR1D1 cycles on and off a primary site (–2959) and an inducible site (–2362) depending on protein levels. THR enriches at different downstream sites (–1861 and +18) mediate  $T_3$ -dependent repression. The nature of the THR complex on *Tshb* has not been fully characterized.

other, suggesting that this hormone-independent circadian rhythm of *Tshb* may be controlled by *Nr1d1*.

**NR1D1 and NCOR1 Co-localize to the *Tshb* Promoter**—NR1D1 is an orphan nuclear receptor with a unique structure, in that it lacks the helix 12 motif that is typically required for coactivators to bind the receptor (30). Previously described as a DNA-binding protein that interacts with NCOR1, we hypothesize that NR1D1 regulates *Tshb* basal rhythm via recruitment of NCOR1. To study the interaction of these two proteins on DNA, we performed ChIP assays, scanning for NR1D1 and NCOR1 enrichment on the *Tshb* promoter (Fig. 5). When *Nr1d1* expression is low at 4 h, it enriches at –2959 bp, but after 8 h, when NR1D1 levels are rising, additional enrichment at –2959 bp and a new enrichment at –2362 bp are noted (Fig. 5A). NCOR1 recruitment to the *Tshb* promoter showed a similar pattern (Fig. 5B). Previously, we only observed NCOR1 enrichment at the –2959 site, but 8 h post-synchronization, NCOR1 is additionally recruited to this new –2362-bp region.

**An NR1D1 Agonist Promotes *Tshb* Repression**—Our data show that NCOR1 binds directly to the proximal promoter of *Tshb* and represses its basal mRNA expression independent of thyroid hormone regulation. NR1D1 also influences basal regulation of *Tshb* mRNA levels, likely through its recruitment of NCOR1 to the promoter. To confirm that NCOR1-based repression of *Tshb* is dependent on NR1D1, an NR1D1 agonist was employed (SR9011). SR9011 is a potent agonist of NR1D1 and demonstrates minimal cross-reactivity with other nuclear receptors (31).  $T\alpha T1.1$  cells were treated with increasing concentrations of SR9011 (or vehicle) for 8 h, and mRNA was harvested for qPCR studies. SR9011 induced a concentration-dependent decrease in *Tshb* mRNA levels (Fig. 6, A and B). One nM  $T_3$  and 5  $\mu$ M SR9011 treatments resulted in maximal inhibition of mRNA expression of 65 and 80%, respectively. High concentrations of either ligand had no significant effect on *Cga* mRNA levels in this cell line (data not shown). ChIP assays

showed that addition of 5  $\mu$ M SR9011 to  $T\alpha T1.1$  cells also promoted NCOR1 recruitment to the –2362-bp region of *Tshb* in addition to the –2959-bp site (Fig. 6C). In summary, these data confirm our hypothesis that NCOR1 is recruited to NR1D1, triggering repression of *Tshb* gene expression (Fig. 7).

## DISCUSSION

For decades, researchers have studied the role of thyroid hormone in the regulation of metabolism. On positively regulated genes,  $T_3$  binds to THR, inducing a conformational change that favors coactivator over corepressor binding. The regulation of genes repressed by thyroid hormone, however, is not a simple reversal of this process. Thyroid hormone repression is critical for regulation of the HPT axis and hence thyroid hormone synthesis. TSH is central to regulation of the HPT axis, and both subunit genes that comprise TSH are down-regulated by  $T_3$  *in vivo* (29, 32). We have previously shown that  $T_3$ -bound THR represses *Tshb* subunit gene expression by recruiting cofactors to the ligand-binding domain (33). Our current findings show that there are two pathways for *Tshb* repression: one that involves  $T_3$  and THR and one that involves NCOR1 independent of  $T_3$ . The latter pathway interested us in that it suggested a relationship between NCOR1 and NR1D1 on *Tshb* that has not been described previously.

Our first objective in establishing the role of NCOR1 on  $T_3$ -responsive genes was to knock it down using an shRNA adenoviral construct. Knockdown of NCOR1 on the thyroid hormone positively regulated *Gh* gene demonstrated that NCOR1 was dismissed from the proximal *Gh* promoter as suggested previously. In the absence of  $T_3$ , cells treated with shNcor1 displayed elevated basal *Gh* mRNA expression and eliminated any further increase after  $T_3$  treatment. On the negatively regulated *Tshb*, however, this increase in basal expression did not hinder  $T_3$  repression. In fact, comparing an extensive  $T_3$  concentration response between scrambled and

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shNcor1 treatments revealed absolutely no change in the relative T<sub>3</sub> inhibition of *Tshb* mRNA levels.

In this regard, our findings are in agreement with *in vivo* models of NCOR1 action. Although global deletion of NCOR1 is embryonic lethal, mutating the inhibitory domains of NCOR1 revealed a hypersensitivity to TH in peripheral tissues that was not seen in the HPT axis (10, 34). This is likely due to changes in basal gene expression that we also find in the current investigation using a thyrotroph cell line. Because of its critical role in controlling T<sub>3</sub>-mediated development, metabolism, and other vital processes in the body, TSH secretion requires a highly conserved and tightly regulated system of control. The T<sub>3</sub> negative feedback response seems to be protected at the level of the pituitary and is not affected by NCOR1. A T<sub>3</sub>-independent NCOR1 pathway was further confirmed when CHIP assays showed enrichment of NCOR1 binding to the *Tshb* promoter sites, which are >1000 bp upstream of reported THR binding sites (26). NCOR1 was neither released nor further enriched at these sites after treatment with T<sub>3</sub>.

Because acute repression of TSH by T<sub>3</sub> was unaffected by NCOR1 depletion, we next evaluated whether baseline *Tshb* mRNA expression was affected by NCOR1 depletion. A well known characteristic of TSH and T<sub>3</sub> secretion are their circadian secretory patterns. Metabolic processes can be affected by oscillations in hormone levels, light/dark periodicity, and feeding and are perpetuated by a core clock in the suprachiasmatic nucleus of the hypothalamus. BMAL1-CLOCK, the heterodimeric transcriptional controller of this central clock, is a direct target of NR1D1, and together, are required for the onset and continuation of each period in the cycle (16, 19). We explored the involvement of NR1D1 in our model because of its known role in circadian rhythm generation, as well as its direct interaction with NCOR1.

When the T $\alpha$ T1.1 thyrotroph cell line was synchronized, we were able to mimic a circadian cycle of *Tshb* mRNA levels in these cells. The mRNA expression of *Tshb* and *Nr1d1* displayed opposing cycles, with peaks for one matching the nadir for the other, and vice versa. If NR1D1 were truly a mediator of NCOR1-driven *Tshb* repression, we would need to demonstrate its direct binding to *Tshb*, as well as interaction with NCOR1. NR1D1 did show enrichment to *Tshb* at the same locus as NCOR1. In addition, at a time when NR1D1 protein expression was increasing, it was enriched at a second site not described previously. Using the NR1D1 agonist SR9011, we showed that activation of NR1D1 was sufficient to elicit NCOR1 binding at the two sites we identified and lead to a reduction in *Tshb* mRNA levels.

Acute control of TSH secretion is tightly regulated through thyroid hormone negative feedback. We believe that basal regulation of *Tshb* is regulated by NR1D1, which recruits NCOR1 and leads to transcriptional repression. Recent studies have revealed a dynamic balance and highly protected role of NR1D1 in circadian and metabolic regulation (17). Conserving its activity on multiple levels demonstrates its vital importance and necessity in not just maintaining, but also driving, the core clock. Given that NR1D1 also drives circadian regulation of *Tshb* expression by binding to the promoter and recruiting NCOR1, it may provide a previously unknown way for metab-

olism to be regulated in a circadian rhythm by T<sub>3</sub>. Our work opens a new line of investigation linking NR1D1, circadian TSH and T<sub>3</sub> secretion, and metabolism.

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*Acknowledgment*—We thank Leticia A. Santiago for constructing the *shRNA adenovirus against Ncor1*.

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