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Advances in Stem Cell Mobilization

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Abstract

Use of granulocyte colony stimulating factor (G-CSF)–mobilized peripheral blood hematopoietic progenitor cells (HPC) has largely replaced bone marrow (BM) as a source of stem cells for both autologous and allogeneic cell transplantation. With G-CSF alone, up to 35% of patients are unable to mobilize sufficient numbers of CD34 cells/kg to ensure successful and consistent multi-lineage engraftment and sustained hematopoietic recovery. To this end, research is ongoing to identify new agents or combinations which will lead to the most effective and efficient stem cell mobilization strategies, especially in those patients who are at risk for mobilization failure. We describe both established agents and novel strategies at various stages of development. The latter include but are not limited to drugs that target the SDF-1/CXCR4 axis, S1P agonists, VCAM/ VLA-4 inhibitors, parathyroid hormone, proteosome inhibitors, Groß, and agents that stabilize HIF. While none of the novel agents have yet gained an established role in HPC mobilization in clinical practice, many early studies exploring these new pathways show promising results and warrant further investigation.

Keywords

Stem cell mobilization; G-CSF; Plerixafor; SDF-1; Parathyroid hormone

Introduction

Hematopoietic cell transplantation is an important and often life-saving treatment for many hematological malignancies and select solid tumors as means of reconstitution of blood cells following high dose chemotherapy.¹⁻⁵ Use of granulocyte colony stimulating factor (G-CSF)-mobilized peripheral blood stem cells (PBSC) has largely replaced bone marrow (BM) as a source of stem cells for both autologous and allogeneic cell transplantation. In spite of the increased number of CD34+ stem cells obtained after G-CSF mobilization compared to

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BM harvests, one still needs to obtain a minimum number of CD34/kg (~ 2×10^6) to ensure successful and consistent multi-lineage engraftment and sustained hematopoietic recovery.

The dose of CD34+ cells infused is an important predictor of both neutrophil and platelet engraftment. For autologous stem cell transplantation (ASCT), an optimal CD34+ cell dose which leads to rapid and sustained recovery is thought to be $>5 \times 10^6$ /kg.^{6,7} On the other hand, 2×10^6 CD34+ cells/kg is accepted as the minimum threshold below which consistent and rapid multilineage engraftment, especially of platelets, may not take place.

For allogeneic stem cell transplants (AlloSCT), a CD34+ cell dose $4.2 - 4.5 \times 10^{6}$ /kg is associated with improved overall survival in the matched unrelated donor setting, without increased risk of acute or chronic graft vs. host disease (GVHD), while higher doses (>8-14 $\times 10^{6}$ cells/kg) have been associated with increased risk of GVHD.^{8,9} Likewise, higher CD34+ cell doses (>9.1 $\times 10^{6}$) have also been associated with increased risk of chronic GVHD after reduced intensity AlloSCT from HLA-matched siblings. ¹⁰

The success of stem cell mobilization is also dependent on both the total dose and the type of chemotherapy as well as radiation administered prior to autologous stem cell collection (Table 1). Studies have identified multiple chemotherapeutic agents which increase the risk of poor stem cell mobilization, including melphalan,¹¹ Lenalidomide,^{12,13} Fludarabine,^{14,15} Chlorambucil, ¹⁶ Carmustine,¹⁷ Hyper-CVAD ¹⁸ and DHAP.¹⁹

A limited BM reserve as indicated by a low platelet count prior to mobilization,²⁰⁻²³ low bone marrow cellularity,²⁰ baseline low peripheral blood CD34+ numbers,²⁴ and age ²⁵ are other risk factors for poor PBSC mobilization. Diabetes mellitus and impaired glucose tolerance have recently been identified as independent risk factors for poor mobilization.²⁶⁻²⁸ The mechanisms underlying these observations remain enigmatic but are thought to be related to a baseline low peripheral CD34+ cell count in these patients ²⁷ and direct alteration of the hematopoietic niche via a sympathetic denervation syndrome associated with diabetes mellitus.²⁸

Bone Marrow Niche

The BM niche is a highly organized microenvironment which anchors HSCs and regulates their self-renewal, proliferation and trafficking (Figure 1). Structurally, the niche is formed by supporting cells that engage in direct cell-cell interaction with stem cells and provide chemical signals that support their survival. ^{29,30}

The niche has been subdivided into vascular and endosteal compartments. Within the vascular niche, sinusoidal endothelial cells and nestin⁺ mesenchymal stem cells (MSC) express adhesion molecules such as vascular cellular adhesion molecule 1 (VCAM-1), which binds to HSC receptor $\alpha 4\beta 1$, and stem cell factor (SCF), which binds c-kit on HSC surface. Depletion of nestin⁺ MSCs increases mobilization of bone marrow HSC toward extramedullary sites and decreases homing of the PBSC to the BM.³¹ Nestin+ MSCs within the vascular niche associate closely with the adrenergic fibers of the sympathetic nervous system (SNS). Release of SNS neurotransmitters induces metalloproteinase MT1-MMP

expression and MMP-2 activity,³² which then mediate the cleavage of important tethers (CXCR4, VLA4, VCAM-1, SCF) holding the HSC in the BM niche, thus promoting HSC egress from the bone marrow.³³⁻³⁵

In addition to these interactions, the binding of stromal derived factor-1 (SDF-1, also known as CXCL-12) to its receptor (CXCR4) on HSC plays a key role in the HSC retention within the bone marrow.³⁶ SDF-1 is produced predominantly by reticular cells termed CXCL-12 abundant reticular cells (CAR) ³⁷ but also by nestin⁺ MSCs and osteoblasts.³⁸

The endosteal niche is located closer to the trabecular or cortical bone and is composed of osteoblasts and osteoclasts. Osteoblasts produce several factors, including angiopoetin 1 (Ang-1), which promotes tight adhesion of HSCs to the niche,³⁹ and thrombopoietin (TPO), which has been shown to mediate HSC quiescence.⁴⁰ Recent studies have also described the importance of niche macrophages in the expression of various HSC retention factors, including CXCL-12.⁴¹⁻⁴³

HSC maintenance, proliferation, differentiation, and egress is a balanced process achieved through tight homeostatic neural and hormonal regulation. The release of progenitor cells from the bone marrow to the peripheral blood occurs constitutively at a very low level ⁴⁴ but is amplified at times of stress.⁴⁵

Standard Approach to Hematopoietic Stem Cell Mobilization (Table 2)

Granulocyte Colony Stimulating Factor

G-CSF remains the most commonly-used agent for HSC mobilization in the clinic. Several mechanisms have been proposed to explain how this cytokine affects functional changes within the bone marrow, resulting in stem cell mobilization. These include the promotion of granulocyte expansion and both protease-dependent and independent attenuation of adhesion molecules and disruption of the SDF-1/CXCR4 axis.^{33,34,46-49} Levesque et al described release of proteolytic enzymes, neutrophil elastase (NE) and cathepsin G (CG), in mice following administration of G-CSF. These enzymes have been shown to cleave various molecules responsible for HSC retention in the bone marrow, including VCAM-1, ^{34,47} SDF-1 and CXCR4 ^{35,46} and c-Kit.⁵⁰ G-CSF has also been shown to reduce SDF-1 mRNA expression and inhibit osteoblast activity, leading to a decrease in the SDF-1 levels. ⁵¹

Several studies in the mid 1990's established the role of G-CSF in HSC mobilization for autologous stem cell rescue. These studies found that when compared with transplantation of BM HSCs, transplantation with G-CSF-mobilized PB HSCs resulted in greater stem cell yields, reduced time to platelet and neutrophil recovery, reduced requirements of post-transplant platelet transfusions,^{52,53} and slight reduction in the length of hospitalization.⁵³ Similar to mobilization of autologous HSC, mobilization of allogeneic HSC with G-CSF resulted in faster neutrophil and platelet engraftment ⁵⁴⁻⁵⁷ which translated to modest reduction in the overall costs in some reports.⁵⁵

The most commonly used dose of G-CSF is 10 μ g/kg/day given by subcutaneous injection, with leukapheresis starting on day 5. Both G-CSF and stem cell collection are continued daily until an adequate HSC count is collected. In patients with plasma cell myeloma and

non-Hodgkin lymphoma (NHL) who tend to be a heavily pretreated group, mobilization with G-CSF alone has been reported to result in a mobilization failure rate (defined as $<2\times10^6$ cells/kg after 3-5 days of apheresis) of up to 23%. In order to improve the stem cell yield and reduce the number of apheresis sessions required, both the novel agents and chemotherapy have been combined with G-CSF in heavily pre-treated patients. Some of this data will be discussed below.

Granulocyte- Macrophage Colony Stimulating Factor (GM-CSF)

GM-CSF (sargramostim, Leukine, Bayer Healthcare Pharmaceuticals, Seattle, WA, USA) plays a very limited role in HSC mobilization today. GM-CSF mobilized significantly fewer CD34+ cells than G-CSF in healthy subjects.⁵⁸ Moreover, in patients with NHL, mobilization with GM-CSF resulted in a lower CD34+ cell yield than mobilization with G-CSF.⁵⁹ GM-CSF mobilization yields smaller numbers of CD34+ cells but a higher percentage of CD14+ monocytes, dendritic cells and CD4+ CD25+ regulatory T cells,⁶⁰ which modulate the immune system and have the potential to lower the rates of acute GVHD. However, only limited evidence is available suggesting the correlation between GM-CSF and lower rates of acute GVHD in patients.⁶¹

Plerixafor

SDF-1/CXCR4 interaction plays a key role in HSC quiescence and retention within the bone marrow.^{62,63} Plerixafor (Mozobil, AMD3100) is a bicyclam molecule which reversibly inhibits SDF-1 binding to CXCR4, promoting HSC mobilization. Plerixafor is approved to be used in combination with G-CSF for stem cell mobilization in patients with myeloma and lymphoma.

In a phase I study, Devine et al showed that a single subcutaneous injection of Plerixafor resulted in a 6-fold increase in the circulating CD34+ cells in patients with NHL and myeloma.⁶⁴ The first phase II study of Plerixafor compared safety and efficacy of mobilization with Plerixafor and G-CSF to G-CSF alone.⁶⁵ G-CSF was administered at 10 μ g/kg for 5 days followed by apheresis on day 5. Plerixafor was administered subcutaneously at 160-240 μ g/kg on days 4 or 5, 6 hours prior to apheresis. The study demonstrated the superiority of the combination regimen, which mobilized up to 50% more CD34+ cells and reduced the number of apheresis procedures required to reach the minimum and optimal doses of CD34+ cells compared to G-CSF alone.

Several additional phase II studies established the efficacy of plerixafor in heavily pretreated patients with NHL, Hodgkin lymphoma (HL) and myeloma.⁶⁶⁻⁶⁹ In one such study,⁶⁶ 22 transplant-eligible patients with HL underwent mobilization with a combination of G-CSF 10 µg/kg daily and plerixafor 240 µg/kg subcutaneously, 10-11 hours prior to apheresis. Fifteen patients (68%) collected 5×10^6 CD34+ cells/kg while 21 patients (95%) achieved the minimum threshold of 2×10^6 CD34+ cells in a median of 2 apheresis sessions. These results were superior to those of 98 consecutive historical controls with HL at the investigating institution, 22% of whom had failed to achieve a minimum collection of 2×10^6 CD34+ cells in fewer than 5 apheresis procedures and only 15% of whom had collected $>5 \times 10^6$ CD34+ cells/kg. In another study, a combination of G-CSF and Plerixafor led to

Two phase III, multicenter, randomized, double-blinded, placebo-controlled studies established the superiority of plerixafor plus G-CSF over G-CSF alone in patients with NHL and myeloma.^{70,71} In the NHL trial,⁷⁰ the primary endpoint of 5×10^6 CD34+ cells was reached in 59% of patients in the combination arm compared with 20% in the G-CSF plus placebo arm. Likewise, 130/150 (87%) patients in the combination arm achieved the secondary end-point of 2×10^6 CD34+ cell compared with only 70/148 (47%) in the G-CSF plus placebo arm (p < 0.001). Median time to engraftment was similar in both groups and the combination was well tolerated. In the myeloma trial,⁷¹ 71.6% (106/148) of patients in the plerixafor plus G-CSF group met the primary endpoint of collecting 6×10^6 CD34+ cells/kg in 2 aphereses. Primary endpoint was met in only 34.4% (53/154) of patients in the G-CSF-alone group.

Allogeneic Stem Cell Transplantation—Plerixafor was also tested in healthy sibling donors in the setting of allogeneic stem cell transplantation.⁷² A single injection of Plerixafor 240 μ g/kg subcutaneously followed by leukapheresis 4 hours later. yielded a minimum goal of 2 × 10⁶ CD34+ cells/kg of recipient body weight in 66% (17/25) after a single 20 liter apheresis. The goal number of CD34+ cells was collected in 91% (22/24) of donors after 2 leukapheresis sessions. Engraftment was multilineage and stable without any episodes of primary or late graft failure. Actuarial rates of acute and chronic GVHD were also acceptable and slightly lower but not statistically lower than matched sibs receiving G-CSF-mobilized allografts. Several recent trials have been initiated at Washington University and through the Center for International Blood and Marrow Transplant Research (CIBMTR) to assess the toxicities and efficacy of intravenous Plerixafor for mobilization of normal donors for allogeneic stem cell transplantation. The results of the trial at Washington University were recently presented and suggest similar kinetics and magnitude of stem cell mobilization by intravenous vs. subcutaneous Plerixafor.⁷³

Timing of Apheresis with Plerixafor—Initial pharmacokinetic studies in healthy volunteers demonstrated peak PB CD34+ counts 9 hours following subcutaneous Plerixafor 240 μ g/kg.^{74,75} Peak effect of Plerixafor occurred at 10 hours when administered in combination with G-CSF in healthy volunteers.⁷⁶ Further studies in patients with lymphoma and myeloma revealed similar results when plerixafor was combined with G-CSF.⁷⁷ A recent study examined the optimal timing of leukapheresis in patients who had failed at least two prior HSC mobilizations without Plerixafor. These patients were treated with daily G-CSF 10 μ g/kg/day for 5 days, followed by a single subcutaneous injection of plerixafor 240 μ g/kg on day 5. Serial PB CD34+ cell counts were obtained every 3 hours, and apheresis was initiated when the CD34+ cell count reached 10 × 10⁶ CD34+ cells/kg. The goal number of PB CD34+ cells was reached as early as at 3 hours following Plerixafor dose and began to decline at 8-12 hours, suggesting the need for earlier monitoring of PB CD34+ cells in poor mobilizers.⁷⁸

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Cost—High cost associated with plerixafor has restricted its universal use. Several institutions have developed risk-adapted algorithms for optimal utilization of the drug, in which plerixafor is administered only to those patients who are at high risk for mobilization failure.⁷⁹⁻⁸⁴ The latter has been defined by a predetermined PB CD34+ count threshold, below which continuation of G-CSF-only mobilization is unlikely to yield adequate CD34+ cell numbers. In general, PB CD34+ count of <10-15 × 10⁶/L of blood following at least 4-5 days of mobilization with G-CSF alone has been used.

Maziarz and colleagues performed a post hoc retrospective analysis of the landmark phase III study which established superiority of mobilization with Plerixafor and G-CSF over G-CSF alone in patients with NHL.⁷⁰ They examined mobilization outcomes in the two treatment arms in patients stratified by PB CD34+ cell count (<5, 5-9, 10-14, 15-19 or 20 CD34+ cells/ μ L) as measured following 4 days of mobilization with G-CSF alone. The probability of transplantation without a rescue mobilization in plerixafor-treated patients was the greatest in groups with PB CD34+ cell counts of <5, 5-9, and 10-14.⁸⁴

Such just-in-time approaches have been shown to increase minimum and optimal CD34+ yield, decrease mobilization failures and the number of apheresis days and limit costs associated with repeat mobilizations. In addition, such strategies enhance engraftment and decrease transfusions in poor mobilizers.

Stem Cell Factor

Stem cell factor is a hematopoietic growth factor also known as c-kit ligand (KITL), which is produced by endothelial cells and perivascular stromal cells in the bone marrow niche. Differential splicing of SCF leads to the soluble and membrane-bound forms of the protein, the latter of which is important in HSC maintenance.⁸⁵ Membrane-bound SCF exerts its action by binding to c-kit, a tyrosine kinase receptor expressed on normal hematopoietic cells.⁸⁶ This interaction activates multiple downstream signals, including VLA-4-mediated BM HSC adhesion in humans.⁸⁷ C-Kit receptor may be proteolytically cleaved from the surface of hematopoietic cells and circulate as s-Kit in normal human plasma. Binding of circulating s-Kit to SCF on HSC surface blocks c-Kit/SCF interaction,⁸⁸ which may be exploited in stem cell mobilization.

A recombinant human SCF (Ancestim: Stemgen, Amgen INC, Thousand Oaks, CA, USA) used in combination with G-CSF has been shown to increase stem cell yield in poor mobilizers.⁸⁹⁻⁹⁷ More recently, a retrospective analysis from France examined a cohort of 550 patients who had failed prior mobilization with G-CSF or a combination of G-CSF and chemotherapy. The group consisted of myeloma, non-Hodgkin and Hodgkin lymphoma, refractory chronic lymphocytic leukemia and select solid tumor patients. Ancestim administered in combination with G-CSF with or without chemotherapy led to reaching a target threshold of $>2 \times 10^6$ CD34+ cells/kg in 31% of patients.⁹⁸ Injection site reactions due to Ancestim have been observed in vast majority of patients across studies. More severe reactions resulting from widespread mast cell degranulation are rare but have limited the use of this agent. Acestim is approved for use in Canada and New Zealand but is not currently available in the United States.

Chemotherapy

Chemotherapy is commonly used for stem cell mobilization in autologous stem cell transplantation. Specific agents chosen are generally disease-specific, used to both reduce the tumor burden and enhance mobilization.

Cyclophosphamide (CY) is the most commonly used chemotherapeutic agent and has been tested at various doses. In myeloma patients treated with conventional chemotherapy, mobilization with high dose CY (7 g/m²) led to greater toxicity without clear evidence of superiority when compared with intermediate (3-4 g/m²) and low doses (1-2 g/m²). ^{99,100} Comparison of low and intermediate doses has yielded conflicting results. In one study, these two regimens produced a similar PB HSC yield when combined with G-CSF, but the intermediate dose was associated with higher toxicity.¹⁰¹ However, in patients in whom tandem transplantation was planned, intermediate dose CY mobilized more effectively and in fewer apheresis sessions than the low dose.¹⁰² One retrospective analysis comparing the two regimens in patients treated with novel induction therapies (immunomodulatory agents and proteasome inhibitors) found more mobilization failures with the low-dose regimen.¹⁰³

In lymphoma, combination chemotherapy is commonly used for stem cell mobilization in autologous stem cell transplantation setting. Regimens include DHAP,¹⁰⁴ ESHAP,¹⁰⁵⁻¹⁰⁷ combination of CY, G-CSF, and etoposide ¹⁰⁸ and a combination of ifosphamide, epirubicin and etoposide,¹⁰⁹ among others.

Novel or Experimental Agents (Table 3)

Alternative drugs that target the SDF-1/CXCR4 axis

As reviewed by Rettig et al, alternative drugs that modulate the SDF-1/CXCR4 axis have shown promising results in early human studies.¹¹⁰ POL6326 (Polyphor, Allschwil, Switzerland) is a synthetic cyclic peptide which reversibly inhibits CXCR4. In a phase I study in healthy volunteers, this agent was well-tolerated and effective. Early results of an ongoing phase II study in newly diagnosed myeloma patients indicate sufficient stem cell mobilization in 66% of patients in 1 or 2 apheresis sessions. The drug was well tolerated at all doses tested, up to 1200 μ g/kg delivered over 2 hours, with adverse events limited to minor infusion site reactions.¹¹¹ This drug is also being tested to mobilize normal donors for allogeneic stem cell transplant in the United States.

BKT 140 (4F-benzoyl-TN14003; Biokine Therapeutics, Rehovit, Israel) (T-140) is a highly selective CXCR4 antagonist, originally designed to inhibit binding of the human immunodeficiency virus (HIV) to CXCR4. In mice, this agent induced up to a 10-fold increase in PB progenitor cells, which peaked at 1-2 hours following the administration of the dose. BKT 140 synergized with G-CSF, leading to a 78-fold increase in PB progenitor cells over controls, higher than seen with a combination of Plerixafor and G-CSF,¹¹² In a phase I/IIA dose-escalation trial in myeloma patients, BTK 140 was well-tolerated and resulted in a dose-dependent increase in the mean absolute PB CD34+ cells. The highest dose tested (900 μ g/kg) resulted in a mean PB CD34+ count of 20.6 × 10⁶/kg, reducing the number of apheresis sessions required from 2.25 with lower doses to 1.¹¹³

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In a phase I study, TG-0054 (Taigen Biotechnology, Taipei, Taiwan) resulted in a 3-14 fold increase in the PB CD34+ cell counts starting at 2 hours and peaking 4-6 hours following administration of the agent, followed by a gradual decline to baseline at 24 hours. Maximum tolerated dose was not reached (MTD) although a plateau in CD34+ mobilization was observed with the higher doses.¹¹⁴ A Phase II study evaluating safety, pharmacokinetics, and hematopoietic stem cell mobilization in patients with myeloma, NHL and HL was completed in October 2011.

NOX-A12 (NOXXON Pharma, Berlin, Germany) binds to SDF-1, inhibiting its binding to CXCR4. In a mouse model, this agent induced reversible mobilization of HSCs and synergized with G-CSF to yield long-term repopulating HSC that successfully engrafted primary and secondary lethally-irradiated recipients.¹¹⁵ A single center dose escalation study of NOX-A12 in 48 healthy subjects was completed in May 2010. A phase I study of NOX-A12 alone and in combination of G-CSF was also completed in January 2011. NOX-A12 is currently being studied for its role in sensitizing malignant cells to chemotherapy in chronic lymphocytic leukemia (CLL).¹¹⁶⁻¹¹⁸ It's effect in inhibiting myeloma cell dissemination to distant BM niches in early plasma cell dyscrasias is also being explored.¹¹⁹

Sphingosine-1-phosphate (S1P) agonists

Sphingosine-1-phosphate is a bioactive phospholipid stored and released into peripheral blood mainly by erythrocytes, 120,121 S1P acts as a ligand to five G-protein-coupled receptors (S1PR₁–S1PR₅)¹²² and plays a key role in immune surveillance and differentiation. While plasma S1P levels remain high, most tissue S1P is quickly degraded and dephosphorylated by tissue-resident enzymes, 123 resulting in a gradient which is important in lymphocyte egress from lymphoid organs. 124 HSCs also express S1P receptors, signaling through which has been shown to enhance their mobilization from non-lymphoid peripheral tissues to draining lymphatics. 125 Steady level of S1P in the plasma creates a gradient which continuously attracts BM HSCs and is counteracted by HSC interactions within the BM niche. It has been proposed that mechanisms that either weaken the effect of the niche on HSC retention or those that increase HSC attraction to the plasma will lead to HSC mobilization into the peripheral blood. 126

Increasing evidence shows the importance of the complement cascade in HSC mobilization. Specifically, Lee et al described C5-mediated increase in bone marrow proteolysis, leading to HSC egress into the peripheral blood.¹²⁷ In addition, it has been proposed that membrane-attack complex (MAC) generated during the terminal steps of the complement cascade leads to erythrocyte lysis and subsequent increase in plasma S1P levels, which enhances HSC egress from the bone marrow.¹²⁶

Recently, Mierzejewska and colleagues found that phenylhydrazine-induced hemolysis in mice together with AMD3100 was able to mobilize twice as many HSC as AMD3100 alone. They attributed this difference in part to an elevated plasma S1P level resulting from hemolysis, which acts as a critical chemoattractant to the bone marrow HSCs. In addition, they report direct correlation between mobilization of HSCs and the level of complement activation (measured by MAC level), which is thought to counteract CXCR4-related bone marrow HSC retention.¹²⁸

Juarez and colleagues demonstrated that while an elevation in the plasma S1P level was not required for mobilization, administration of a SIP₁ agonist SEW2871 one hour before AMD3100 resulted in dose-dependent mobilization of HSCs, which was further enhanced by co-administration of G-CSF. Mobilization did not increase significantly with SEW2871 alone or in combination with G-CSF, in the absence of AMD3100.¹²⁹

VCAM/VLA4 inhibitors

Integrins are a structurally and functionally diverse family of transmembrane glycoproteins that mediate cell-cell and cell-matrix interactions in a wide range of biological contexts. Eighteen different α and eight different β subunits exist in vertebrates, giving rise to 24 different non-covalently-bound $\alpha\beta$ heterodimers ^{130,131} which are able to bind a wide variety of ligands.¹³² One such heterodimer expressed in hematopoietic stem cells, $\alpha_4\beta_1$, termed very late antigen 4(VLA-4), mediates HSC adhesion to vascular cell adhesion molecule-1 (VCAM-1) within the bone marrow stroma.¹³³ In preclinical studies, administration of anti-VLA-4 antibodies resulted in mobilization of HSC progenitors into the bloodstream.^{134,135}

Natalizumab, a recombinant humanized monoclonal antibody against α_4 subunit of VLA-4, approved for treatment of multiple sclerosis (MS) and Crohn's disease, has been found to increase peripheral blood CD34+ cells in patients with relapsing-remitting MS.¹³⁶⁻¹³⁸ Zohen et al showed a gradual increase in the circulating CD34+ cells in MS patients, with a maximal concentration of 10.4 CD34+ cells/µL 72 hours following administration of Natalizumab.¹³⁷ Jing et al demonstrated a 7-fold increase in PB CD34+ cells and a 7-fold, dose-dependent increase in BM CD34+ cells in patients with MS treated with Natalizumab, with a maximum absolute count reached on day 4 following treatment.¹³⁶ Moreover, concurrent VLA-4 and CXCR4 blockade has been shown to have a greater than an additive effect in stem cell mobilization in primates, when compared with either agent alone.¹³⁹ Unfortunately, Natalizumab-induced elevation in PB CD34+ cells persists at least 1 month following administration of the drug, which limits its use in healthy donors.¹³⁶⁻¹³⁸

BIO5192, small molecule inhibitor of VLA-4, resulted in a rapid 30-fold increase in PB HSC in mice, which peaked within 30-60 minutes of the BIO5192 dose. Additive effect on PB HSC mobilization was noted when BIO5192 was combined with plerixafor or plerixafor plus G-CSF.¹⁴⁰ This molecule has not been studied in humans but warrants further investigation.

As reviewed by Rettig et al, several other small molecule inhibitors of VLA-4 are being studied in clinical trials for their efficacy in diseases such as MS, asthma, and inflammatory bowel disease.¹¹⁰ While no data has been published on the effect of these drugs on stem cell mobilization, further studies may reveal benefit.

Parathyroid hormone (PTH)

Over the past several decades, studies have shown the important regulatory effects of PTH on bone. Brunner et al demonstrated a positive correlation between PTH levels in patients with pituitary adenomas and a number of circulating HSCs, which decreased to a normal

level following resection of the adenoma.¹⁴¹ In subsequent studies, Brunner et al compared the effects of PTH and G-CSF on HSC mobilization in mice. Stimulation with PTH showed a 1.5-9.8 fold increase in PB HSC, compatible with that produced by G-CSF. However, unlike G-CSF, PTH resulted in a constant level of CD34+ stem cells.¹⁴² In a Phase I study, patients who had failed one or two mobilization attempts for autologous stem cell transplantation were treated with escalating doses of PTH over 14 days, followed by filgrastim 10µg/kg on days 10-14. PTH was well-tolerated and resulted in adequate mobilization in 47% of patients who had failed 1 prior mobilization and 40% of patients who had failed 2 prior mobilization attempts.¹⁴³ Further studies are necessary to establish the role of PTH in stem cell mobilization.

Proteosome inhibitors

Proteosome inhibitors have emerged as leading agents in the treatment of plasma cell myeloma. One of these agents, Bortezomib, has also been noted to have efficacy in stem cell mobilization. In one study, bortezomib resulted in a 6.8-fold increase in the peripheral blood CFU-Cs in mice, which was significantly higher than 0.8-fold increase seen with placebo. However, no statistically significant difference was seen in the number of mobilized HSPC with bortezomib vs. placebo when the same experiment was carried out in VLA-4 knockout mice. This led the authors to conclude that bortezomib mobilization probably involves the VLA-4/VCAM-1 axis. The study also showed that combining bortezomib with G-CSF or AMD3100 in mice resulted in the mobilization of significantly higher number of CFU-Cs than produced by G-CSF or AMD3100 alone.¹⁴⁴

A recent phase II study evaluated the role of bortezomib induction and stem cell mobilization in 38 myeloma patients who had an incomplete response to or relapse following previous immunomodulatory drug-based induction. The study unexpectedly found enhanced CD34+ stem cell yield with the addition of bortezomib to cyclophosphamide and filgrastim. Twenty-three of the 27 (85%) patients treated with a bortezomib-based induction regimen were able to collect a median of 23.2×10^6 cells/kg (range 6.8×10^6 to 294×10^6) within a median of 1 collection day (range 1-5).¹⁴⁵

Groβ

Groβ is a member of CXC chemokine family which stimulates chemotaxis and activation of neutrophils by binding to the CXCR2 receptor.¹⁴⁶ In preclinical studies, SB-251353, recombinant N-terminal 4–amino acid truncated form of the human chemokine Groβ, mobilized HSC within 15 minutes following administration. Moreover, one day of G-CSF treatment followed by a single dose of SB-251353 resulted in PB HSC numbers equal to that produced by 4 days of G-CSF treatment. When compared with transplantation with HSCs mobilized by G-CSF, SB-251353-mobilized HSCs resulted in faster neutrophil and platelet recovery in mice.¹⁴⁷ Fukuda et al showed that PB HSCs mobilized by SB-251353 alone or in combination with G-CSF contained significantly more primitive hematopoietic cells with enhanced engraftment and repopulation activity. These cells adhered better to VCAM-1⁺ endothelial cells and homed more efficiently to the marrow in vivo.¹⁴⁸ Further research is necessary to determine the efficacy and potential toxicities of this agent in humans.

Stabilization of Hypoxia-inducible Factor (HIF)

In addition to stromal cells and their chemical signals which support HSCs within the bone marrow niche, hypoxia is emerging as an important factor for BM HSC quiescence and self-renewal. HSCs with long-term reconstitution ability have been reported to reside in the poorly-perfused, most hypoxic areas of the bone marrow,^{149,150} where their quiescence is supported by the expression of hypoxia-inducible factor. HIF is a heterodimeric transcription factor composed of an O2-labile α subunit and stable β subunit.¹⁵¹ In HSCs, HIF-1 α subunit is expressed in hypoxic conditions and associates with the β subunit, forming a heterodimer, which then translocates to the nucleus and activates transcription of many important genes. When the O2 concentration rises above 2%, the HIF-1 α subunit is quickly degraded by ubiquitination, preventing the formation of an active transcription factor.^{152,153}

HIF has been noted to play a key role in neutrophil function 154 and induction of expression of SDF-1 155 and VEGF-A. $^{156-158}$ HSC mobilization with G-CSF and cyclophosphamide in mice has been noted to promote expansion of hypoxia within the BM microenvironment, which leads to stabilization of HIF-1 α . HIF-1 α in turn induces expression of vascular endothelial growth factor (VEGF) A in the BM sinusoids, leading to vasodilation and enhancement in HSC mobilization. 156 A recent study found that stabilization of HIF-1 α with FG-4497, when combined with G-CSF and Plerixafor, led to a 6-fold increase in mobilization of HSCs in mice when compared with a combination of G-CSF and Plerixafor alone. FG-4497 inhibits propyl hydroxylases (PHD) which usually hydroxylate HIF-1 α in normoxic conditions, leading to its ubiquitination and eventually degradation. 159 Therefore, PHD inhibitors may represent a novel therapeutic strategy to increase HSC yield in poor mobilizers.

Conclusion

Use of G-CSF-mobilized PBSC has largely replaced BM as a source of stem cells for both autologous and allogeneic stem cell transplantation. Research is ongoing to identify new agents or combinations which will lead to the most effective and efficient stem cell mobilization strategies, especially in those patients who are at risk for mobilization failure. G-CSF remains the most commonly-used agent for HSC mobilization in the clinic, with Plerixafor added to G-CSF in patients who are at high risk for poor mobilization. This review describes several novel pathways and therapeutic agents in HSC mobilization which are currently being explored in animal and early human studies. These include but are not limited to alternative drugs that target the SDF-1/CXCR4 axis, S1P agonists, VCAM/VLA-4 inhibitors, parathyroid hormone, proteosome inhibitors, Groβ, and agents that stabilize HIF. While none of the novel agents described above have yet gained an established role in stem cell mobilization in clinical practice, many early studies exploring these new pathways show promising results and warrant further investigation.

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Figure 1. Bone Marrow Niche

Abbreviations: CAR: CXCL12 abundant reticular cells; HSC: hematopoietic stem cell; MSC: menenchymal stem cell; SCF: stem cell factor; SNS: sympathetic nervous system; V-CAM1: vascular cellular adhesion molecule 1; VLA-4: very late antigen-4.

Table 1

Clinical Factors that Hinder Stem Cell Mobilization

Risk Factor Postulated Mechanism		Reference
Increasing age	Age-related reduced HSC reserve	[20, 25]
Low BM cellularity	Reflects low HSC reserve	[20]
Low baseline platelet count	Reflects low HSC reserve	[20-23]
Prior chemotherapy	Direct toxicity to HSCs and BM niche	[12-19]
Prior radiation therapy	Direct toxicity to HSCs and BM niche	[11]
Diabetes mellitus/Impaired glucose tolerancePossible direct alteration of the hematopoietic niche via sympathetic denervation; Baseline low peripheral CD34+ cell count.		[26-28]

Abbreviations: HSC, hematopoietic stem cell; BM, bone marrow.

Table 2

Approved Agents for Hematopoietic Progenitor Cell Mobilization

Drugs	Mechanism of Action	Name	Side Effects	Clinical Trial Status
G-CSF	Down regulation of CXCL12 in BM osteoblasts; release of proteases	Filgrastim	Bone pain, fever, elevation in alk phos, nausea	Approved for HPC mobilization
GM-CSF	Possible alterations in adhesion molecules on HPC surface	Sargramostim	Fever, hypertension, headache, rash, malaise, diarrhea, nausea	Approved for HPC mobilization
Plerixafor	Reversible inhibition of CXCR4		Injection site reactions, diarrhea, nausea, fatigue, headache, muscle/joint pain	Approved for HPC mobilization in combination with G-CSF in NHL and myeloma
SCF	Down-regulation of c-kit on HPC surface	Ancestim	Injection site reactions, diffuse erythema, bone pain, flu-like symptoms, rare mast-cell mediated systemic toxicity	Approved for use in Canada and New Zealand but not currently available in the United States

Abbreviations: G-CSF, granulocyte colony stimulating factor; BM, bone marrow; Alk phos, alkaline phosphatase; GM-CSF, Granulocyte-Macrophage Colony Stimulating Factor; HPC, hematopietic progenitor cell; NHL, non-Hodgkin Lymphoma; SCF, Stem Cell Factor.

Table 3

Novel Agents Currently Being Tested for Hematopoietic Progenitor Cell Mobilization

Drugs/Pathways	Mechanism of Action	Specific Agents	Clinical Trial Status in HPC Mobilization
CXCL12/CXCR4 modulators	CXCR4 antagonists	POL6326	Phase I, II in progress
		BKT-140	Phase I/IIA completed
		TG-0054	Phase II in progress
	Neutralization of CXCL12	NOX-A12	Phase II in progress
S1P Agonists	Alteration of S1P gradient between PB and BM, which may counteract HSC retention in the BM	SEW2871	Animal Studies
VCAM/VLA-4 Inhibitors	Inhibition of VLA-4 mediated HSC adhesion to VCAM-1 within the bone marrow stroma	BIO 5192	Animal studies
Parathyroid Hormone	Stimulation of niche osteoblasts which in turn release endogenous G-CSF		Phase I completed
Proteosome Inhibitors	Possible alteration of the VLA-4/VCAM-1 pathway	Bortezomib	Phase III in progress
Groβ	Release of proteases that alter HSC adhesion to the BM niche	SB-251353	Animal Studies
Stabilization of HIF	Expression of VEGF A in the BM sinusoids, leading to vasodilatation	FG-4497	Animal Studies

Abbreviations: S1P, Sphingosine-1-phosphate; PB, peripheral blood; VCAM/VLA-4, vascular cell adhesion molecule-1/Very Late Antigen 4; MS, multiple sclerosis; HIF, hypoxia inducible factor.