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Multifunction Co-culture Model for Evaluating Cell–Cell Interactions

Danielle R. Bogdanowicz and **Helen H. Lu**

Abstract

Interactions within the same cell population (homotypic) and between different cell types (heterotypic) are essential for tissue development, repair, and homeostasis. To elucidate the underlying mechanisms of these cellular interactions, co-culture models have been used extensively to investigate the role of cell–cell physical contact, autocrine and/or paracrine interactions on cell function, as well as stem cell differentiation. Specifically, the mixed co-culture model is often optimal for interpreting the effects of cell–cell contact on cellular behavior in vitro, while indirect co-culture can be used to study the effects of paracrine signaling on cell reactions. Additionally, cell–cell contact can be controlled by establishing physical barriers, which are used to regulate spatial and temporal cell distribution patterns in co-culture. In this chapter, we describe a method for forming a removable permeable divider for temporally and spatially controlling cellular interactions. This model can be used to study the impact of both cell–cell contact and paracrine signaling on the behavior of the mixed population as a whole and on the response of each subpopulation of cells in co-culture.

Keywords

Co-culture; Stem cells; Live cell tracking; Hydrogel divider; In vitro

1 Introduction

The maintenance, remodeling, and repair of biological tissue rely on the interaction of cells with other cell types and with their surrounding environment $(1, 2)$. Specific to regenerative medicine, there is a growing interest in the nature and ramifications of the interactions between mesenchymal stem cells and resident cell populations in a given tissue or at the repair site, as stem cells represent a clinically feasible cell source for tissue engineering and regenerative medicine because of their trophic capabilities, as well as their potential to differentiate toward a number of mesenchymal lineages (3–5). The mechanisms behind the interactions between these cell types are, however, not well understood (6). For this reason, the development of in vitro model systems capable of modulating these interactions, which allow researchers to investigate the role of cellular communication in tissue formation and regeneration, is much needed.

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To date, the majority of current co-culture models can be categorized into two types: those which examine the effects of direct cell–cell contact on co-cultured cell populations $(7-12)$ and those which focus on paracrine signaling and response to soluble signaling factors (13– 17). These studies can be conducted at relatively macro- (18, 20, 21) or microscales (22–25). The simplest model for examining the effects of cell–cell contact involves the mixing of two cell types and subsequently seeding a monolayer of this mixed population. This model allows for control over the extent of heterotypic and homotypic interactions through alteration of the seeding densities of each cell type and relative seeding ratio of the subpopulations (26). However, it is difficult to directly determine the relative contributions of each cell type to any observed effects of co-culture; thus, these studies are often accompanied in parallel by conditioned media experiments. In studies in which the effects of paracrine signaling are of interest, a segregated co-culture system can be utilized. This is done by first growing individual cell populations separately, followed by culturing both cell types in the same environment, in the absence of direct cell contact. This can be achieved either through the use of conditioned media studies or by forming a physical barrier or membrane between cell types that permits the exchange of soluble factors, while still preventing cell–cell contact. One advantage of this system is that the analysis of the individual response of each subpopulation of cells due to co-culture can be readily determined (26).

In the methods outlined below we describe a model which allows for the study of the effects of both cell–cell contact and paracrine signaling on subpopulations of cells in co-culture. Moreover, this model exerts spatial and temporal control over heterotypic cellular interactions through the development of a removable permeable hydrogel barrier. This in vitro model system permits the live tracking of populations throughout in vitro culture and allows for the study of individual cell subpopulation response to co-culture (20).

2 Materials

2.1 Hydrogel Divider Components

Phosphate-buffered saline (PBS, Sigma Chemical, St. Louis, MO, USA): One packet PBS powder into 1,000 mL deionized water (*see* **Note 1**).

Low gelling temperature agarose (Sigma Chemical, St. Louis, MO, USA).

Hydrogel solution: 4 % weight per volume (w/v) low gelling temperature agarose powder in 1× sterile PBS.

2.2 Live Cell Tracker Reagent Components

Fully supplemented (F/S) culture media: Dulbecco's modified essential medium (DMEM) with 10 % fetal bovine serum, 1 % nonessential amino acids, 1 % antibiotics (*see* **Notes 2** and **3**).

¹PBS should be sterile filtered on the same day it is going to be used.

²Antibiotics used should include, at minimum, penicillin– streptomycin. The addition of other antibiotics is optional.

³Culture media should be stored at 4 °C when not in use. It can be stored for up to 1 month prior to use.

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Vybrant™ DiO cell-labeling solution (Molecular Probes, Eugene, OR, USA) (*see* Note 4).

Vybrant™ DiD cell-labeling solution (Molecular Probes, Eugene, OR, USA).

3 Methods

Carry out all procedures at room temperature under sterile conditions unless otherwise specified.

3.1 Hydrogel Divider Formation and Placement

- **1.** Sterile filter 1× PBS into a sterile container (*see* **Notes 5** and **6**).
- **2.** Mix agarose powder into 1× PBS to achieve a final agarose concentration of 4 % w/v.
- **3.** Autoclave for 25 min using a liquid cycle to sterilize.
- **4.** Cast agarose gel by pipetting $2 \text{ mL of agarose solution}$ into a 3.8 cm^2 tissue culture plastic well and allow cooling (*see* **Note 7**).
- **5.** Create a 5 mm hydrogel divider by cutting a 5 mm-wide strip along the center of the well using a scalpel. Slide the blade along the outer boundary of the well afterwards to separate the strip from the well.
- **6.** Gently remove the 5 mm strip from the well and transfer to a new well plate.
- **7.** Coat the bottom surface and sides of the divider with unsolidified agarose solution, using a sterile spatula or a pipette tip.
- **8.** Place the coated divider into a new 3.8 cm^2 well, and allow the agarose glue to dry and the divider to adhere to the sides and bottom of the tissue culture plastic surface (Fig. 1).
- **9.** Parafilm seal the well plate containing the divider using parafilm and store at 37 °C until cell seeding to prevent gel dehydration.
- **10.** Repeat steps 1–10 for each sample.

3.2 Cell Membrane Staining

All solutions used should be warmed to 37 °C before use.

- **1.** Remove stem cell (Cell Type A) culture plates from cell culture incubator (*see* **Note 8**).
- **2.** Establish a cell suspension via traditional trypsinization methods.

⁴Vybrant™ Cell-Labeling Solutions should be stored at 4 °C upon arrival and should be stored in the dark.

⁵Filter PBS using a sterile filter with 0.22 μm pores.

⁶Sterile-filtered PBS can be stored at room temperature in a glass container following filtering for up to 6 months.

⁷Allow agarose solution to cool/gel for 10–20 min at room temperature. Be sure to examine gel every 5 min, and begin step 5 as soon as the gel is formed, in order to avoid gel dehydration.
⁸For co-culture, the primary cells used are typically between passage 2 and passage 5.

- **3.** Remove cell suspension from the tissue culture plate and transfer the suspension into a sterile polypropylene centrifuge tube.
- **4.** Centrifuge cells at 1,500 rpm for 12 min at room temperature to form a cell pellet.
- **5.** Remove supernatant (*see* **Note 9**).
- **6.** Resuspend cell pellet in a minimum volume of F/S culture media.
- **7.** Count cells and assess viability (*see* **Note 10**).
- **8.** Centrifuge cells at 1,500 rpm for 10 min at room temperature.
- **9.** Resuspend cells in serum-free culture media at a density of 1×10^{6} /mL. Steps 15– 20 should be performed in the dark, preferably (Fig. 2).
- **10.** Add 5 μL DiD Vybrant™ Cell-Labeling Solution (1 mM in solvent) per mL of cell suspension. Mix well by gently pipetting up and down.
- **11.** Incubate the cell suspension for 20 min in the dark at 37 °C (*see* **Notes 11** and **12**).
- **12.** Centrifuge the cell suspension at 1,500 rpm for 5 min, preferably at 37 °C.
- **13.** Remove supernatant, and gently resuspend cells in warm serum-free culture media.
- **14.** Repeat steps 17 and 18 two more times.
- **15.** Resuspend cells in F/S culture media at a density of 1×10^5 /mL.
- **16.** Incubate in the dark at 37 °C until ready for seeding (*see* **Note 13**).
- 17. Repeat steps 1–16 for second cell type (Cell Type B), using DiO Vybrant™ Cell-Labeling Solution (1 mM in solvent) instead of DiD Vybrant™ Cell-Labeling Solution in step 10.

3.3 Cell Seeding

All steps should be performed in the dark, preferably.

- **1.** For hydrogel divider samples:
	- **a.** Pipette 0.5 mL of Cell Type A cell suspension $(5 \times 10^4 \text{ total cells})$ directly onto the tissue culture plastic surface on the left side of the well, to the left of the divider (Fig. 3).
	- **b.** Pipette 0.5 mL of Cell Type B cell suspension $(5 \times 10^4 \text{ total cells})$ onto the tissue culture plastic surface on the right side of the well (Fig. 3).
	- **c.** Incubate for 30 min to allow for cell settling and attachment.

 9 Tilt cell pellet upwards and aspirate slowly from the bottom side of the conical tube to avoid disturbing the pellet.

¹⁰For accuracy, count cells at least three times, and take the average cell number over the three counts.

¹¹Molecular Probes has published a short list of optimized cell staining incubation times for specific cell lines that are less than 20 min. Check this list before proceeding with a 20-min incubation period.
¹²Start by incubating cells in labeling solution for 20 min and subsequently optimize if uniform labeling is not achieved after 20 min

of incubation.
¹³Be sure to resuspend cells in solution periodically to prevent cell clumping.

- **d.** Slowly add enough F/S culture media to completely cover the hydrogel divider.
- **e.** To allow for temporally controlled cell–cell contact, the hydrogel divider can later be removed by sliding a scalpel blade along the circumference of the well, severing the gel from the plastic well. Discard the hydrogel.
- **2.** For analysis of the behavior of individual subpopulations following culture:
	- **a.** Pipette a 10 μL droplet of Cell Type A cell suspension onto a Thermanox coverslip.
	- **b.** Pipette a 10 μL droplet of Cell Type B cell suspension onto a second cover slip.
	- **c.** Incubate cover slips at 37 °C for 30 min to allow cells to attach.
	- **d.** Place the cover slip with Cell Type A on the right side of the well, to the right of the hydrogel divider.
	- **e.** Place the cover slip with Cell Type B onto the left side of the well, to the left of the hydrogel divider.
	- **f.** Add enough F/S culture media to the well to cover the hydrogel divider.
- **3.** For monoculture control group samples:
	- **a.** Pipette 1 mL of Cell Type A or Cell Type B $(1 \times 10^5 \text{ total cells})$ into each 3.8 cm^2 tissue culture plastic well.
	- **b.** Add 1 mL F/S culture media to each well.
- **4.** For direct co-culture control samples:
	- **a.** In the dark, combine 50 % Cell Type A cell suspension and 50 % Cell Type B cell suspension in a sterile centrifuge tube.
	- **b.** Pipette 1 mL of mixed suspension $(1 \times 10^5 \text{ total cells})$ into a 3.8 cm² tissue culture plastic well.
	- **c.** Add 1 mL F/S media to each well.

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Fig. 2.

Schematic of membrane staining using Vybrant™ Cell-Labeling Solutions (Molecular Probes, Eugene, OR, USA) to track both stem cells (*red*, DiD) and a second cell type (*green*, DiO). Cells are suspended at a concentration of 1×10^6 /mL in serum-free media with 5 µL cell-labeling solution/mL

Seeding of Cell Types A and B into a 3.2 cm^2 tissue culture plastic well with hydrogel divider in place