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# Accelerated White Matter Aging in Schizophrenia: Role of White Matter Blood Perfusion

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# Abstract

Elevated rate of age-related decline in white matter integrity, indexed by fractional anisotropy (FA) from diffusion tensor imaging, was reported in patients with schizophrenia. Its etiology is unknown. We hypothesized that a decline of blood perfusion to the white matter may underlie the accelerated age-related reduction in FA in schizophrenia. Resting white matter perfusion and FA were collected using pseudo-continuous arterial spin labeling and high-angular-resolution diffusion tensor imaging, respectively, in 50 schizophrenia patients and 70 controls (age=18-63 years). Main outcome measures were the diagnosis-by-age interaction on whole-brain white matter perfusion, and FA. Significant age-related decline in brain white matter perfusion and FA were present in both groups. Age-by-diagnosis interaction for FA values remained significant even after accounting for age-related decline in perfusion. Therefore, we replicated the finding of an increased rate of age-related white matter FA decline in schizophrenia, and observed a significant age-related decline in schizophrenia, and observed a significant age-related decline in FA. The results suggest that factors other than reduced perfusion account for the accelerated age-related decline in white matter integrity in schizophrenia.

#### Keywords

ASL; perfusion; aging; white matter; schizophrenia

# Introduction

An increased rate of age-related decline in white matter (WM) integrity has been demonstrated in schizophrenia patients in several (Friedman *et al* 2008; Kochunov *et al* 

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2012b; Mori *et al* 2007) but not all studies (Chiapponi *et al* 2013). The accelerated rate of WM change coincides with schizophrenia patients' increased rates in somatic diseases such as cardiovascular illnesses, hypertension and diabetes (Hennekens *et al* 2005), all of which are known to increase in occurrence with normal aging. Schizophrenia patients also have an increased mortality rate and shorter (by as much as twenty years) average lifespan, even after accounting for suicide (Brown 1997; Kirkpatrick *et al* 2008; Saha *et al* 2007; Tsuang and Woolson 1978). The finding of accelerated decline in WM integrity was one of the first evidence of the abnormally higher rate of the aging process in the brain structure of schizophrenia patients. Its biological basis is obscure.

Declining cerebrovascular health is a risk factor for WM integrity during normal aging (He W. *et al* 2006; Kennedy and Raz 2009; Kochunov *et al* 2011; Maclullich *et al* 2009; Nitkunan *et al* 2008) and schizophrenia is associated with an increased rate of cardiovascular illnesses (Hennekens *et al* 2005). Cerebral WM is perfused via long penetrating arterioles that originate at the surface of the brain (Brown and Thore 2011). This renders WM more vulnerable than gray matter (GM) for small vessel disorders (Kochunov *et al* 2011; Kochunov *et al* 2012a; Wardlaw *et al* 2013). Associative WM tracts, which show the highest rate of accelerated aging in schizophrenia (Kochunov *et al* 2012b), are especially susceptible to declining vascular health due to their location in the watershed areas (Minkner *et al* 2005). In addition, oligodendrocytes of the associative frontal WM are among the most metabolically active neural cells, which contribute to the high vulnerability to hypoperfusion in these WM areas (Bartzokis *et al* 2004). Therefore, an increased rate of age-related decline in WM perfusion, if found in schizophrenia, may impact oligodendrocytes and WM integrity in schizophrenia patients.

Perfusion refers to microcirculation of blood to supply tissues with nutrients and remove metabolic waste, and when measured during resting state, is thought to be coupled with basal glucose utilization and metabolism (Biagi *et al* 2007). Findings of cerebral blood flow (CBF) in schizophrenia concentrated on the reports of cortical differences between patients and controls and relationship between CBF and symptom severity (Andreasen *et al* 1996; Pinkham *et al* 2011; Scheef *et al* 2010; Vita *et al* 1995). We hypothesized that reduced CBF will detrimentally impact WM more than GM, due to less compensatory blood supply. The reduced WM CBF may contribute to the reduced WM integrity, as assessed with DTI, in participants with schizophrenia and drive its accelerated decline with age. Therefore, we tested if WM perfusion contributes to the accelerated age-related decline of WM integrity observed in schizophrenia.

Previously, we compared cerebral WM FA aging trends in schizophrenia and normal control cohorts, and found that the age-related decline in the whole-brain FA values was approximately twice as fast in patients compared with controls (Kochunov *et al* 2012b). The current study pursued two aims to follow-up this finding. The primary aim was to test if accelerated age-related decline in WM integrity in participants with schizophrenia, compared with controls, is associated with an increased rate of age-related decline in WM blood perfusion. The secondary aim was to re-examine and replicate the finding of

accelerated aging of the cerebral WM in schizophrenia in an independent cohort using a more modern DTI sequence.

# Methods

#### **Participants**

Fifty (age= $36.9\pm13.4$  years) individuals with schizophrenia and seventy (age= $38.9\pm13.7$  years) healthy controls participated in the study. All participants gave written informed consent approved by the University of Maryland Internal Review Board. All participants were evaluated using the Structured Clinical Interview for the DSM-IV. Patients were individuals with an Axis I diagnosis of schizophrenia or schizoaffective disorder, recruited through the Maryland Psychiatric Research and neighboring mental health clinics. Controls were participants without Axis I psychiatric diagnosis. Controls were recruited through media advertisements. Additional clinical and epidemiological information is provided in Table 1. Individuals who participated in the previous study of DTI and accelerated aging (Kochunov *et al* 2012b) were excluded. The exclusion criteria included hypertension, hyperlipidemia, type 2 diabetes, heart disorders, and major neurological events, such as stroke or transient ischemic attack. Illicit substance and alcohol abuse and dependence were exclusion criteria. Except for seven medication-free participants, schizophrenia patients were on antipsychotic medications: ten were on first-generation antipsychotics and the rest were on either second-generation or combined first- and second-generation antipsychotics.

# **Diffusion Tensor Imaging (DTI)**

All imaging was performed at the University of Maryland Center for Brain Imaging Research using a Siemens 3T TRIO MRI (Erlangen, Germany) system equipped with a 32channel phase array head coil. The high-angular resolution diffusion imaging (HARDI) DTI data were collected using a single-shot, echo-planar, single refocusing spin-echo, T2weighted sequence with a spatial resolution of  $1.7 \times 1.7 \times 3.0$  mm. The sequence parameters were: TE/TR=87/8000ms, FOV=200mm, axial slice orientation with 50 slices and no gaps, five b=0 images and 64 isotropically distributed diffusion weighted directions with b= 700 s/mm<sup>2</sup>. These parameters maximized the contrast to noise ratio for FA measurements (Kochunov et al 2012b). A tract-based spatial statistics (TBSS) method, distributed as a part of FMRIB Software Library (FSL) package, was used for tract-based analysis of diffusion anisotropy (Smith et al 2006). First, fractional anisotropy (FA) images were created by fitting the diffusion tensor to the motion and eddy current diffusion data. RMSDIFF (Smith et al 2004) was used to estimate the root mean square (RMS) movement distance between diffusion sensitized and b=0 images. All data passed QA control of <3mm accumulated motion during the scan. There were no difference in the average motion per TR between patients and controls  $(0.42\pm0.21 \text{ vs. } 0.43\pm0.20, \text{ for patients and controls, respectively})$ . In the next step, all FA images were globally spatially normalized to the Johns Hopkins University (JHU) atlas that is distributed with the FSL package, version 5.0.1 (Wakana et al 2004) and then nonlinearly aligned to a group-wise, minimal-deformation target (MDT) brain as detailed elsewhere (Jahanshad et al 2013). The global spatial normalization was performed using a method distributed with FSL package (FLIRT) (Smith et al 2006) with 12 degrees of freedom. This step was performed to reduce the global intersubject variability in

brain volumes prior to non-linear alignment. The group's MDT brain was identified by warping all individual brain images in the group to each other (Kochunov et al 2001). The MDT was selected as the image that minimizes the amount of the required deformation from other images in the group. Next, individual FA images were averaged to produce a groupaverage anisotropy image. This image was used to create a group-wise skeleton of WM tracts. The skeletonization procedure was a morphological operation, which extracts the medial axis of an object. This procedure was used to encode the medial trajectory of the WM fiber-tracts with one-voxel thin sheaths. Finally, FA images were thresholded at FA=0.20 level to eliminate non-WM voxels and FA values were projected onto the groupwise skeleton of WM structures. This step accounts for residual misalignment among individual WM tracts. FA values were assigned to each point along a skeleton using the peak value found within a designated range perpendicular to the skeleton. The FA values vary rapidly perpendicular to the tract direction but vary slowly along the tract direction. By assigning the peak value to the skeleton, this procedure effectively maps the center of individual WM tracts onto the skeleton. This processing was performed under two constraints. First, a distance map was used to establish search borders for individual tracts. The borders were created by equally dividing the distance between two nearby tracts. Secondly, a multiplicative 20mm full width at half-max Gaussian weighting was applied during the search to limit maximum projection distance from the skeleton.

#### Pseudo-continuous arterial spin labeling imaging (pCASL)

Detection of WM perfusion using ASL techniques was challenging in the past due to reduced volume coverage, low spatial resolution and low signal to noise ratio (van Gelderen et al 2008). However, recent technical developments in pulse sequence design and more sensitive phase-array coils have greatly improved the usefulness of this technique in clinical research (Wang et al 2005; Wang and Licht 2006). Here we used a state-of-the-art pCASL sequence that provided full brain coverage with high spatial resolution and excellent WM SNR ratio (SNR>15). Specifically, we used a pCASL EPI with TE/TR = 16/4000 ms, labeling duration = 2100 ms, 24 contiguous slices with 5 mm thickness, matrix =  $64 \times 64$ ,  $3.4 \times 3.4 \times 5$  mm resolution (FOV = 220mm) labeling gradient of 0.6 G/cm, bandwidth=1594 Hz/pixel, 136 measurements, labeling offset = 90 mm, labeling duration of 1.85 s, post labeling delay of 0.93s. A total of 68 alternating labeled and unlabeled image pairs were collected. Equilibrium magnetization (M0) images were collected using a long TR=10s protocol. T1-weighted images were collected using a protocol optimized to resolve the cortical ribbon using isotropic spatial sampling of 0.8mm, voxel size =0.5mm<sup>3</sup>. T1weighted contrast was achieved using a magnetization prepared sequence with an adiabatic inversion contrast-forming pulse (scan parameters: TE/TR/TI=3.04/2100/785 ms, flip angle=11 degrees). ASL data were processed using the pipeline described elsewhere (http:// www.mccauslandcenter.sc.edu/CRNL/tools/asl). In short, labeled and unlabeled ASL images were independently motion-corrected and a combined mean image was computed and co-registered to the spatially normalized T1-weighted anatomical image. T1-weighted image was tissue classified to produce the gray and WM tissue map. Perfusion weighted images were calculated by voxel-wise subtractions of unlabeled and labeled images resulting in a mean perfusion weighted image.

Absolute WM perfusion or WM cerebral blood flow (CBF<sub>WM</sub>) (blood flow and perfusion are interchangeable terms here) quantification was calculated in native space from the mean perfusion images. Voxel-wise perfusion, in mL per 100 g per minute, was calculated under the assumption that the post label delay was longer than average transfer time (Wang *et al* 2002) where labeling efficiency was set at 0.99, the mean transit time set to 0.7s based on empirical data (Wey *et al* 2012).

#### **Regional FA and ASL WM measurement**

DTI data was processed using a tract-based spatial statistics (TBSS) method and the population-based, 3D, DTI cerebral WM tract atlas developed at Johns Hopkins University (JHU) and distributed with the FSL package was used to calculate population average FA values along the spatial course of twelve major WM tracts (Glahn et al 2011; Kochunov et al 2012c; Wakana et al 2004). The average perfusion maps were registered to the common FSL space using their corresponding T1-weighted images. A GM perfusion map was calculated by multiplying the average perfusion mask by the participant's binary GM tissue map. The WM perfusion map was calculated by applying a participant's binary WM tissue map that was eroded with a 10-mm spherical kernel to reduce contamination of WM CBF due to partial voxel averaging to the average perfusion map (Mutsaerts et al 2013). Tractwise ROIs from the JHU atlas were used to calculate average CBF<sub>WM</sub> and FA values along the spatial course of the twelve major WM tracts. Per-tract average values were then calculated by averaging the values along the tracts in both hemispheres. The whole-brain WM average FA value was calculated by averaging across the entire skeleton. The wholebrain WM average CBF value was calculated by averaging across the entire eroded WM map.

#### Statistical analysis

All imaging data were processed blind to group information. We used the same statistical approach in an effort to replicate the previously reported study diagnosis-by-age interaction on the age-related FA trends (Kochunov *et al* 2012b). Given the known nonlinear age-related trajectory of FA, we examined both linear (eq. 1) and quadratic (eq. 2) effects of age on WM perfusion (CBF<sub>WM</sub>) and FA measurements(Kochunov *et al* 2012b). CBF<sub>WM</sub> and FA values were separately modeled where diagnosis and age were the predictors. The age × diagnosis interaction term examined the presence of disease-specific aging effect on CBF<sub>WM</sub> or FA.

$$CBF_{WM} \text{ or } FA = A + \beta_{aqe} age + \beta_{dx} dx + \beta_{aqe} age \cdot dx$$
 (1)

$$CBF_{_{WM}} ~or~FA \!\!=\!\! \mathrm{A} \!+\! oldsymbol{eta}_{aae^2} age^2 \!+\! eta_{dx} dx \!+\! oldsymbol{eta}_{aa^2e\cdot dx} age^2 \cdot dx$$
 (2)

Where dx is the diagnosis, A is the constant  $CBF_{WM}$  (or FA) term and  $\beta$  is the standardized regression coefficient for each of the predictors.

Next, we expanded models 1 and 2 by adding CBF<sub>WM</sub> to the predictors (models 3 and 4).

$$FA = A + eta_{_{CBFum}} CBF_{_{WM}} + eta_{aqe} age + eta_{dx} dx + eta_{aqedx} age \cdot dx$$
 (3)

$$FA = A + eta_{CBFwm} CBF_{WM} + eta_{age^2} age^2 + eta_{dx} dx + eta_{age^2 \cdot dx} age^2 \cdot dx$$
 (4)

These analyses re-examined the age and age  $\times$  diagnosis effect on FA after accounting for the effect of CBF<sub>WM</sub>. The modeling was performed with the R package (R-Development-Core-Team 2009) using the general linear model library and the maximum likelihood estimation algorithm. All modeling was performed on age-centered data by subtracting the mean for the both groups (38.13 years old) from the age of the participants. The statistics of the age-by-diagnosis interaction terms from each model tested the primary hypothesis of accelerated aging effect in schizophrenia.

### Results

#### Patient-control differences in FA and perfusion

Group comparisons of the whole-brain average WM FA and CBF were performed using two-tailed t-tests. Patients showed significantly reduced average WM FA (p=0.01) but no significant differences in the whole brain average CBF values (p=0.40) (Figure 1). Likewise, there were also no group differences in whole-brain (WM+GM) or GM perfusion (p=0.61 and 0.32, respectively). The FA values were significantly correlated with WM perfusion in the combined sample (n=120, r=0.29, p=0.005), with no significant differences in the correlations between patients and controls (p=0.35) (Figure 2). FA values were not significantly correlated with either the whole-brain perfusion or GM perfusion in the combined sample (r=0.08 and 0.05, respectively; all p>0.5) or either of the groups (all p>0.4).

#### Age and diagnosis effects for the average WM FA and perfusion

Linear and quadratic models (eq. 1 and 2) were highly significant for the WM FA values  $(p=2.63 \times 10^{-9} \text{ and } 6.7 \times 10^{-10}, \text{ respectively})$  (Table 2). The linear and quadratic effects of age-by-diagnosis interactions were both highly significant (p=0.001 and 0.0008, respectively) and rendered diagnostic status to be a non-significant covariate (Table 2 and Figure 3). The magnitude of the diagnosis-by-age coefficients indicated that the rate of age-related decline in patients was about twice the aging rate in the controls.

Linear and quadratic models (eq. 1 and 2) were significant for whole brain WM perfusion ( $p=7.07 \times 10^{-5}$  and  $2.4 \times 10^{-4}$ , respectively). A significant age effect was present. However, the diagnosis-by-age interactions were not significant (Table 2 and Figure 3). An exploration of the whole-brain (GM+WM) and GM perfusion also showed significant aging but no significant diagnosis or age-by-diagnosis effects (all p>0.4).

Testing of models 3 and 4 (eq. 3 and 4) that included WM perfusion as a predictor also supported that WM perfusion did not account for accelerated age-related decline of the average FA in schizophrenia, because age × diagnosis and  $age^2$  × diagnosis interactions remained significant (p=0.002 and 0.001, respectively) (Table 3).

#### Age and diagnosis effects for regional WM FA and perfusion

We also explored tract-specific FA effects using the same linear and quadratic models (eq. 1 and 2). Significant effects were determined by correcting for multiple (N=12 tracts) comparisons. All models were highly significant for regional FA measurements (all p<0.0042). Age-by-diagnosis interactions were significant (p<0.0042) for FA in three WM tracts, the body of corpus callosum (p= $9.97 \times 10^{-5}$ ), cingulum (p= $2.95 \times 10^{-4}$ ), corona radiata (p=0.001); in these tracts there were also significant age<sup>2</sup>-by-diagnosis interactions (all three p<0.0042). In comparison, no significant age-by-diagnosis tract-specific perfusion effect was found using linear or quadratic models (all p>0.01). Testing of models 3 and 4 (eq. 3 and 4) demonstrated that even when perfusion from the same region was included, the FA diagnosis-by-age and diagnosis-by-age<sup>2</sup> interactions in the body of corpus callosum, cingulum, and corona radiata remained significant (all p<0.0042).

# Discussion

With an independent sample, an improved DTI sequence and a different scanner, this study replicated the finding of an accelerated age-related decline in the WM integrity in participants with schizophrenia. Age-related declines in WM perfusion were similarly present in both groups, with no evidence of accelerated rate of decline in one group. Further evaluation of the data showed that a significantly faster decline in DTI-FA in participants with schizophrenia remained even after regressing out the effect of perfusion. Exploration of tract-specific differences also replicated previously reported patterns of schizophrenia-related accelerated aging in FA values. Age  $\times$  diagnosis interactions were significant for three WM tracts. Perfusion of specific tracts, while showing pronounced decline with age, was similar in both groups and did not contribute to accelerated FA decline in schizophrenia. Overall, we have to reject the hypothesis that accelerated aging-related decline in FA values in patients is secondary to accelerated age-related decline in the resting state WM perfusion.

In agreement with prior studies (Friedman *et al* 2008; Kochunov *et al* 2012b; Mori *et al* 2007), participants with schizophrenia begin to show lower FA in the third decade of life due to higher slopes of aging-related decline in FA. In the current study, this replication was performed in an independent sample using a more advanced HARDI protocol. The age × diagnosis interaction in this study was more robust (p 0.001) compared with that in the initial report (p=0.04) (Kochunov *et al* 2012b), possibly due to improved signal-to-noise ratio of the imaging techniques yielding a more precise detection of the aging trends. The age at which participants with schizophrenia began to show evidence for accelerated decline (24.4±10.9 years of age) was earlier but not significantly different (p=0.3) from what was reported in our prior study group (32.4±11.9) and that reported by Mori and colleagues (27 years of age) (Mori *et al* 2007). In addition, all three studies reported a similar rate (twice) of accelerated decline (ratio of the  $\beta_{age}$  coefficients) in schizophrenia participants compared with controls.

Several previous studies used PET, SPECT and ASL imaging and showed CBF hypoperfusion (most studies focused on GM) in schizophrenia (Andreasen *et al* 1996; Erkwoh *et al* 1999a; Erkwoh *et al* 1999b; Scheef *et al* 2010; Vita *et al* 1995) although findings of no change or increased perfusion were also reported (Gonul *et al* 2003). Our

results are similar to these reported by a recent study by Pinkham and colleagues who reported on voxel-wise difference in CBF in a small (30/24, patients/controls) group of participants (Pinkham et al 2011). Pinkham and colleagues observed only small regional differences in subcortical perfusion between patients and controls, including evidence for reduced CBF in the parietal lobe and elevated CBF in the caudate regions. Likewise, we observed that the average resting WM perfusion was slightly lower in patients, but that this difference was not significant. We observed a significant decline in WM perfusion with age, which is in agreement with prior findings (Chen et al 2011; Gupta et al 2012; Hartkamp et al 2013; Liu et al 2012; Stoquart-ElSankari et al 2007; Wagner et al 2012). The age-related decline in perfusion had been attributed to multifactorial age-related vascular degeneration etiologies including endothelial dysfunction, calcium deposition, oxidative stress, and pulsation-induced trauma (Gupta et al 2012; Kochunov et al 2010; Kochunov et al 2011; Kochunov et al 2012a). We found that only WM perfusion (Figure 2), not GM perfusion or whole brain perfusion, was significantly associated with WM integrity, an effect that was observed in two independent (patients and controls) samples. Therefore, WM perfusion was significantly related to WM FA. However, we detected no evidence for accelerated agerelated decline in WM perfusion in schizophrenia participants compared to controls. Therefore, while WM perfusion was clearly affected by aging, this process affected both groups equally. In other words, WM perfusion appeared to age "normally" in schizophrenia while the aging of WM integrity, as measured by DTI-FA, was accelerated. We believe that this evidence suggests that resting state cerebrovascular perfusion of the WM is unlikely to be the primary culprit of the increased rate of age-related decline in WM FA.

The biological basis of the accelerated decline in FA values in schizophrenia therefore likely reflects neuropathology other than that of vascular nature. Potential causes of accelerated decline in FA values may include loss of axonal myelination and/or loss of glial cell density that are caused by etiology other than hypoperfusion (Abe *et al* 2002; Gao *et al* 2009; Roussos *et al* 2012). Post-mortem studies in schizophrenia lend support by demonstrating a reduced expression of key oligodendrocyte/myelination genes (Davis *et al* 2003; Mitkus *et al* 2008) and reductions in the density of oligodendrocytes, specifically in the associative fiber tracts that connect prefrontal cortices (Hof *et al* 2003; Uranova *et al* 2004). Specifically, the accelerated aging of the WM in this disorder could be the product of gene × diagnosis × age interaction. For instance, mutation a candidate gene for schizophrenia TP53 (Lung *et al* 2009; Ni *et al* 2005), is also central to reduced ability of DNA repair, oligodendrocyte senescence and apoptosis (Molina *et al* 2011).

This report is our second attempt to evaluate evidence for accelerated brain aging in schizophrenia, and also to initiate mechanistic inquiry into the possible etiology. Using cross-sectional studies to infer longitudinal changes have significant limitations (Kraemer *et al* 2000). Although a replicated finding supports the validity of our observation, confirmation of the finding requires a longitudinal study design (Thompson *et al* 2011). We cannot fully rule out effects from chronic antipsychotic exposure in schizophrenia. However, the correlation between whole brain FA and current antipsychotic medication daily dose, as calculated by daily chlorpromazine equivalent (CPZ: mean $\pm$ s.d.= 629  $\pm$  653 mg/day), was not significant (r=0.02; p=0.9). The correlation between WM perfusion and CPZ was also

not significant (r=-0.02; p=0.9). However, CPZ is likely an overly simplified approach to

assess antipsychotic medication exposure. A lack of relationship with CPZ should not be viewed as proof of the lack of impact of antipsychotic medication exposure on these imaging measures. Smoking is also a potential confound in neuroimaging studies. To estimate potential influence from smoking, we re-analyzed the data in non-smoker schizophrenia patients vs. non-smoker controls, and found that patients still had twice the rate of age-related decline of controls in FA ( $\beta_{age*dx}$ : t = -2.61, p=0.011) but not in perfusion ( $\beta_{age*dx}$ : t = -0.42, p=0.67). Another potential limitation in interpreting the finding is the exclusion of medical conditions such as hypertension, heart disorders, and diabetes. They were excluded in order to examine the relationship between white matter FA and white matter perfusion without the overt influence from these diseases. However, these co-morbid conditions are known to be more common in patients with schizophrenia and may contribute to small vessel disease and changes in blood perfusion. Therefore, the exclusion of participants with these conditions may limit the generalizability of our findings.

Our understanding of the role of WM in the pathophysiology of schizophrenia is rapidly evolving, supported by imaging techniques including DTI but also increasingly new techniques that probe the underlying pathology (Cronenwett and Csernansky 2013; Du *et al* 2013; Kochunov *et al* 2013). Replicating our previous finding of WM FA accelerated aging in schizophrenia with an independent participant sample, using a different scanner and a higher resolution DTI protocol, lends strong support to the importance of this observation. Ruling out the direct perfusion effect is critical in our first attempt to investigate its etiology and provides motivations to seek alternative explanations to account for the accelerated WM integrity decline in schizophrenia.

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#### Figure 1.

Comparisons of whole brain white matter fractional anisotropy (FA) versus white matter cerebral blood flow (WM-CBF) or perfusion in schizophrenia compared with controls; error bars are standard error.



#### Figure 2.

Correlation of whole brain white matter FA values versus whole-brain white matter perfusion values in schizophrenia and controls.



# Figure 3.

Age effect on whole brain white matter FA and perfusion values in schizophrenia compared with controls. The top plots are based on the quadratic models. The bottom plots chart the z-normalized residual values so that the regression line across age (x-axis) is horizontal for the controls, for easy visual comparison. Note the age of intersection (bottom left) for FA values at around 23 years of age.

#### Table 1

Demographic and clinical characteristics. BMI: body mass index.

	Sex (female:male)	Age (years)	Age of onset (years)	Duration (years)	BMI	Current Smokers
Patients	19/31	36.9±13.4	19.1±8.1	19.1±12.9	30.0±6.2	34%
Controls	29/41	38.9±13.7	N/A	N/A	29.9±5.3	23%
Group difference, p-	0.55	0.45			0.42	0.18

#### Table 2

Linear (model 1) and quadratic (model 2) modeling of the effect of age, diagnosis, and age  $\times$  diagnosis interaction on whole-brain white matter FA and perfusion, based on Eq1 and Eq2, respectively. Statistically significant (p<0.05) age effects or age  $\times$  diagnosis effects are in bold font. The primary measure for hypothesis testing is the age-by-diagnosis effect in the linear and quadratic models.

Model 1	Intercept	$\begin{array}{c} \beta_{age}\pm sd \\ (p) \end{array}$	$ \begin{array}{c} \beta_{dx} \pm sd \\ (p) \end{array} $	$\beta_{age^*dx^{\pm}}sd \\ (p)$	r <sup>2</sup> /F <sub>3,116</sub> (p)
White matter FA	0.47±0.001	$-2.8{\pm}1.3{\times}10^{-4}$ (0.04)	$-0.02\pm0.01$ (0.10)	-8.8±2.1×10 <sup>-5</sup> (0.001)	0.29/17.3 (2.63 ×10 <sup>-9</sup> )
White matter CBF	9.21±0.59	-0.05±0.01 ( <b>0.001</b> )	-0.31±0.99 (0.76)	-0.01±0.02 (0.46)	0.17/8.0 (7.07 ×10 <sup>-5</sup> )
Model 2	Intercept	$\begin{array}{c} \beta_{age} 2\pm sd \\ (p) \end{array}$	$\beta_{dx} \pm sd$ (p)	$\begin{array}{c} \beta_{age^{2*}dx^{\pm}}sd \\ (p) \end{array}$	r <sup>2</sup> /F <sub>3,116</sub> (p)
White matter FA	0.047±0.003	$-4.1 \pm 1.9 \times 10^{-6} \\ \textbf{(0.03)}$	$\begin{array}{c} -2.5 \pm \! 5.9 \times \! 10^{-3} \\ (0.71) \end{array}$	-1.1 ±0.3 ×10 <sup>-5</sup> (0.0008)	0.30/18.5 (6.7 ×10 <sup>-10</sup> )
White matter CBF	8.14±0.37	-6.3±2.1×10 <sup>-4</sup> ( <b>0.003</b> )	$-0.03\pm0.62$ (0.96)	$-2.7 \pm 3.4 \times 10^{-4} \\ (0.41)$	0.15/6.9 (2.4 ×10 <sup>-4</sup> )

#### Table 3

After accounting for white matter perfusion, linear (model 3) and quadratic (model 4) modeling of the whole brain white matter FA values using general linear model (Eq 3 and 4) still showed significant age  $\times$  diagnosis effects (in bold font), further suggesting no contribution of white matter perfusion to the accelerated FA decline in schizophrenia.

Model 3	Intercept	$\begin{array}{c} \beta_{CBF} \pm sd \\ (p) \end{array}$	$\begin{array}{c} \beta_{age} \pm sd \\ (p) \end{array}$	$\begin{array}{c} \beta_{dx} \pm sd \\ (p) \end{array}$	$\begin{array}{c} \beta_{age^{*}dx} \pm sd \\ (p) \end{array}$	r <sup>2</sup> /F <sub>4,115</sub> (p)
White matter FA	0.47±0.01	$\begin{array}{c} 4.6{\pm}8.42{\times}10^{-4}\\(0.57)\end{array}$	$^{-2.9\pm1.6\times10^{-4}}_{(0.06)}$	0.01±0.01 (0.14)	-7.8±2.4×10 <sup>-5</sup> ( <b>0.002</b> )	0.32/13.6 (4.5×10 <sup>-9</sup> )
Model 4	Intercept	$\beta_{CBF} \pm sd$ (p)	$ \begin{array}{c} \beta_{age^{2_{\pm}}sd} \\ (p) \end{array} $	$ \substack{ \beta_{dx\pm  sd} \\ (p) } $	$\begin{array}{c} \beta_{age^{2*}dx^{\pm}}sd \\ (p) \end{array}$	r <sup>2</sup> /F <sub>4,31</sub> (p)
White matter FA	0.46±0.03	$\begin{array}{c} 4.9{\pm}8.7{\times}10^{-4}\\(0.56)\end{array}$	$-4.2 \pm 1.9 \times 10^{-6} \\ \textbf{(0.03)}$	$\begin{array}{c} 1.3 \pm \!$	-9.9±3.1×10 <sup>-6</sup> ( <b>0.001</b> )	0.34/14.6 (1.66×10 <sup>-9</sup> )