

# Human papillomavirus type 16 viral load measurement as a predictor of infection clearance

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Viral load measurements may predict whether human papillomavirus (HPV) type 16 infections may become persistent and eventually lead to cervical lesions. Today, multiple PCR methods exist to estimate viral load. We tested three protocols to investigate viral load as a predictor of HPV clearance. We measured viral load in 418 HPV16-positive cervical smears from 224 women participating in the Ludwig–McGill Cohort Study by low-stringency PCR (LS-PCR) using consensus L1 primers targeting over 40 known HPV types, and quantitative real-time PCR (qRT-PCR) targeting the HPV16 E6 and L1 genes. HPV16 clearance was determined by MY09/11 and PGM1 PCR testing on repeated smears collected over 5 years. Correlation between viral load measurements by qRT-PCR (E6 versus L1) was excellent (Spearman's rank correlation,  $\rho=0.88$ ), but decreased for L1 qRT-PCR versus LS-PCR ( $\rho=0.61$ ). Viral load by LS-PCR was higher for HPV16 and related types independently of other concurrent HPV infections. Median duration of infection was longer for smears with high copy number by all three PCR protocols (log rank  $P<0.05$ ). Viral load is inversely related to HPV16 clearance independently of concurrent HPV infections and PCR protocol.

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## INTRODUCTION

Cervical cancer is the second most frequent malignancy among women worldwide. Persistent human papillomavirus (HPV) infection with oncogenic HPV types is now well established as the biological intermediate for the development of cervical cancer (Ylitalo *et al.*, 2000; Schlecht *et al.*, 2001b; Wentzensen *et al.*, 2009). Previous studies have demonstrated increased HPV viral load to be a surrogate indicator for persistence and a significant predictor of risk of squamous intraepithelial lesions (SIL) (Schlecht *et al.*, 2001a, 2003; zur Hausen 2002; Gravitt

*et al.*, 2007). Moreover, HPV type 16 (HPV16) infections have been shown to last longer than other oncogenic HPV types (Trottier *et al.*, 2008).

There are several PCR assays for measuring HPV viral load (Bavin *et al.*, 1993; Farthing *et al.*, 1994; Caballero *et al.*, 1995; Jacobs *et al.*, 1999; Ylitalo *et al.*, 2000; Iftner & Villa, 2003). We previously published results using a (GP5/6) consensus low-stringency PCR (LS-PCR) method for HPV viral load quantification (Caballero *et al.*, 1995) that amplifies over 40 known HPV types including HPV16 (Schlecht *et al.*, 2003). Recent studies employing methods based on quantitative real-time PCR (qRT-PCR) that target HPV16 E6 and L1 genes, however, have shown mixed results with respect to the association between mean

One supplementary table is available with the online version of this paper.

viral burden and grade of SIL of the cervix (Gravitt *et al.*, 2007; Fontaine *et al.*, 2005).

This study sought to conduct a direct comparison for viral load quantification by LS-PCR (Caballero *et al.*, 1995) and qRT-PCR protocols for HPV16 targeting HPV16 E6 (Gravitt *et al.*, 2003) and L1 genes, and the resulting associations with duration of cervical HPV infection in a cohort of Brazilian women. Cervical smears were collected at repeated intervals over 5 years from women enrolled in a large natural history study of HPV infection and cervical neoplasia.

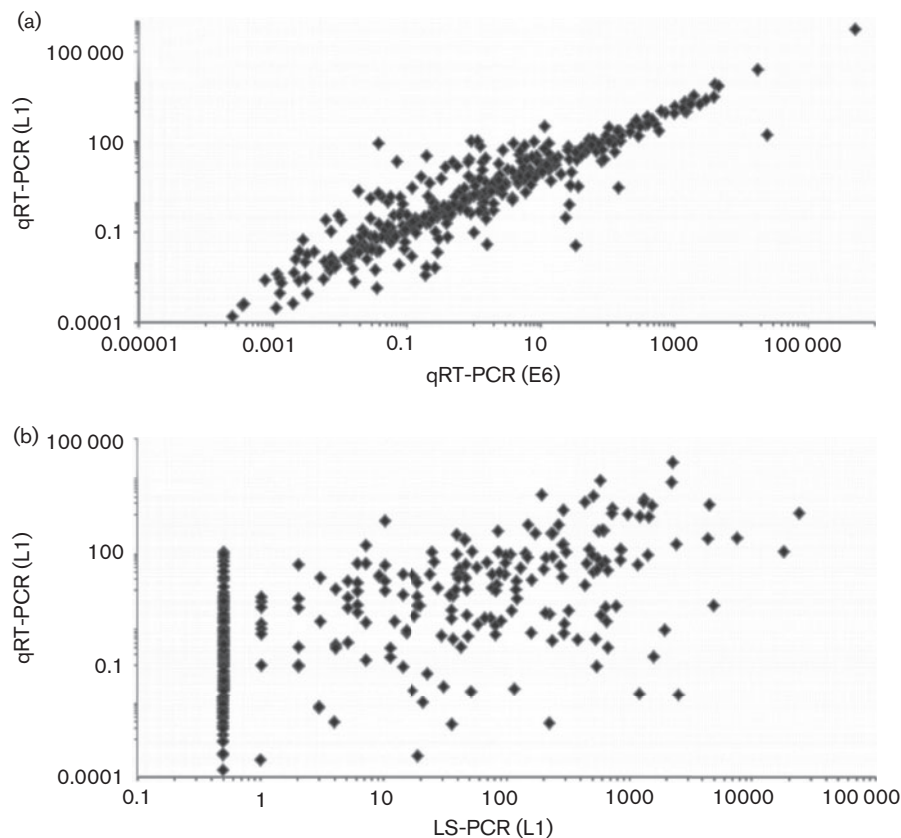
## RESULTS

The present analysis includes 418 cervical specimens positive for HPV16 DNA from 224 women. We retested all cervical specimens originally positive by (MY09/11) PCR with quantitative LS-PCR and qRT-PCR protocols to measure viral burden.

There was a strong correlation between viral load assessed by qRT-PCR targeting two different genes, E6 and L1,

within the HPV genome (Spearman's rank correlation,  $\rho=0.88$ ), although measurements based on L1 tended to be higher than those based on E6 (Wilcoxon signed-rank test,  $z=5.224$ ;  $P<0.0001$ ), particularly in specimens with low copy number (Fig. 1a). In contrast, the correlation between viral load measurements by qRT-PCR and LS-PCR, with both targeting L1 was considerably less strong ( $\rho=0.61$ ; Fig. 1b). L1-based viral load was consistently higher with qRT-PCR than with LS-PCR, whether based on samples with HPV16 only ( $P<0.0001$ ,  $n=286$ ), HPV16 plus other related (alpha 9) HPV types ( $P=0.003$ ,  $n=35$ ) and HPV16 plus other unrelated types ( $P=0.0004$ ,  $n=97$ ).

In order to assess the relative contribution of known HPV types to viral burden measured by our consensus PCR method (LS-PCR), we estimated the mean change (in copies per cell) whenever a given HPV type was present in the specimen. Separate models were derived for all HPV-positive specimens ( $n=3409$ ) and for HPV16-positive specimens ( $n=552$ ), age and adjusting for all other concurrent types (Table 1). By grouping HPV types by phylogenetic relatedness, we found mean counts to be



**Fig. 1.** Correlation between HPV16 viral loads measured by two different protocols (axes show copies per cell on  $\log_{10}$ -transformed scale). (a) qRT-PCR targeting E6 (*x*-axis) and L1 genes (*y*-axis);  $n=418$ ; Spearman's rank correlation  $\rho=0.88$ ;  $P=0.0001$ . Thirty-one observations were excluded from this graph due to measurement values below the threshold of detection by either assay. (b) LS-PCR (*x*-axis) and qRT-PCR (*y*-axis) targeting L1 gene;  $n=418$ ;  $\rho=0.61$ ;  $P=0.0001$ . Forty-eight observations were excluded from the graph due to measurement values below the threshold of detection by either assay. The vertical line is a result of all the values being below the detectable threshold (0.5 copies per cell).

**Table 1.** Mean change in viral load (copies per cell) measured by LS-PCR as a function of the presence of HPV types detected in the cervical specimen

Change in mean viral load [with 95% confidence intervals (CI) shown in parentheses] is presented based on  $\log_e$ -transformed data. Models were mutually adjusted for all concurrent HPV types detected (see Methods).

Alpha papillomavirus species	Infection with HPV type	Mean change in viral load relative to			
		All HPV-positive specimens (n=3409)		HPV16-positive specimens (n=552)	
9	HPV16	2.7	(2.0, 3.5)	–	(referent)
	HPV31	3.1	(2.1, 4.7)	–1.2	(–5.9, 3.9)
	HPV33	3.2	(1.8, 5.8)	1.6	(–3.7, 9.1)
	HPV35	7.5	(4.7, 11.9)	3.2	(–1.4, 14.7)
	HPV52	1.9	(1.3, 2.9)	1.1	(–10.0, 12.8)
	HPV58	3.7	(2.5, 5.4)	3.9	(1.1, 13.6)
7	HPV18	1.7	(1.0, 2.6)	1.6	(–3.3, 7.8)
3	HPV72	2.7	(1.1, 6.6)	NA*	–
	HPV81	4.4	(2.3, 8.6)	1.67	(–213.4, 598.3)
	HPV83	1.4	(–1.3, 2.5)	43.5	(5.1, 369.1)
5	HPV51	1.1	(–1.3, 1.5)	4.8	(1.5, 15.9)
6	HPV53	–1.0	(–1.4, 1.4)	4.2	(1.4, 12.3)
	HPV56	4.2	(2.5, 7.1)	3.4	(–2.6, 30.0)
	HPV66	2.2	(1.3, 3.8)	3.1	(–1.6, 15.3)
8	HPV40	7.2	(3.6, 14.4)	–182.2	(–158850, 4.8)†
10	HPV6/11	1.8	(1.2, 2.8)	1.7	(–2.8, 7.8)
	HPV44	1.4	(–1.1, 2.2)	16.8	(1.9, 148.5)
13	HPV54	1.8	(1.1, 2.9)	–1.1	(–5.8, 4.8)

\*HPV67, -70, -32, -62, -72, -89, -57, -69 and -34 were dropped from the model due to collinearity.

†Although adjusted for in the model, HPV types with viral count estimates that included the null or that fell beyond the predictable range for LS-PCR in both models are not shown. The complete information for all HPV types is shown in Table S1, available in JGV Online.

consistently higher whenever HPV16 and related types from alpha species 9 (i.e. HPV 31, 33, 35, 52, 58 and 67) were present. Higher relative viral burdens were also seen for oncogenic HPV types 18 and 56 and non-oncogenic types 6/11, 40, 54, 66, 72 and 81. Among HPV16-positive subjects, a relative increase in viral load was observed for specimens co-infected with related HPV types (HPV33, -35, -52 and -58), although this was only significant for HPV58.

Kaplan–Meier analyses were used to assess time to clearance of incident and prevalent HPV16 infections by viral load (Fig. 2). Stratifying on the tertile cut-off in viral load, we found that women with a higher viral burden (third tertile) took significantly longer to clear their infections than women with a lower viral load (first tertile) for all three viral load assays. Corresponding tertile cut-off points were  $\leq 0.50$ , 0.51–21 and  $> 21$  copies per cell for LS-PCR (Fig. 2a),  $< 8$ , 8–825 and  $> 825$  for L1 qRT-PCR (Fig. 2b), and  $< 7$ , 7–675 and  $> 675$  for E6 qRT-PCR (Fig. 2c).

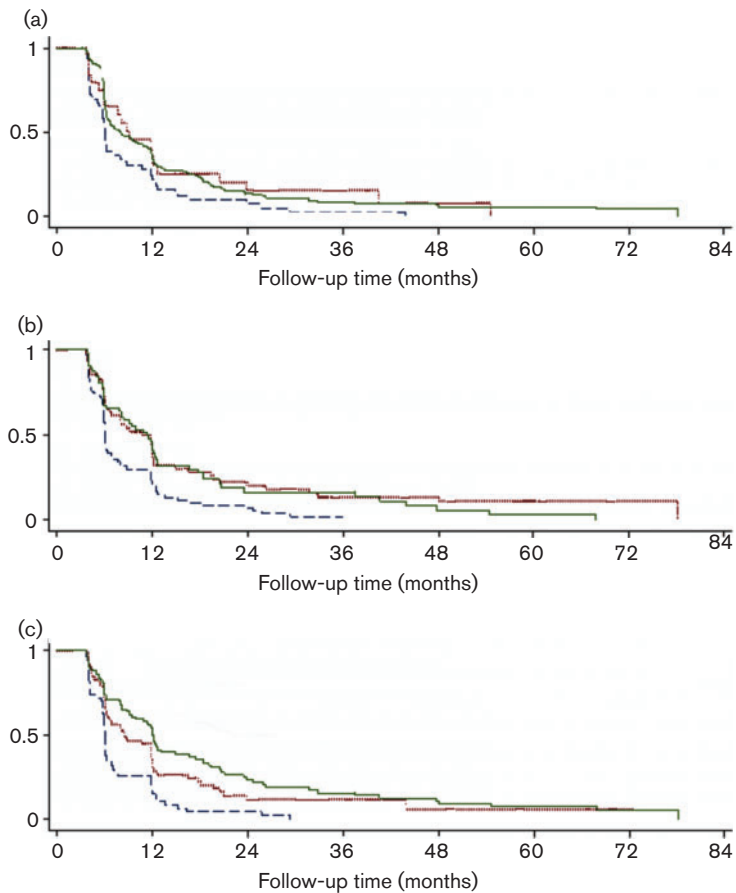
To further investigate clearance rates by viral load in more absolute terms, we compared the clearance rates of HPV16 infections in specimens with multiple copies per cell to those with less than one copy (Table 2). Median durations of infection measured by all three protocols ranged from 8 to 12 months for infections with 1–100 and  $> 100$  copies

per cell, while infections with  $< 1$  copy per cell cleared within 7 months. A monotonic increase in median duration of HPV DNA detection by viral level was only observed with the two qRT-PCR assays.

## DISCUSSION

A number of studies have shown viral load measurements for oncogenic HPV types (including HPV16) in cervical specimens to be a suitable indicator of persistent infection and risk of SIL incidence (Schlecht *et al.*, 2001b, 2003; zur Hausen, 2002). However, introduction of methods based on qRT-PCR that target HPV16 E6 and L1 genes have shown a discrepancy in results for viral burden and grade of SIL (Fontaine *et al.*, 2005; Gravitt *et al.*, 2007). To address this, we tested three established PCR-based protocols to investigate whether viral load is a predictor of HPV16 clearance.

In this study, we found women with high viral burden took significantly longer to clear their infections than women with low viral load for all three assays we used. Although infections with  $< 1$  copy per cell cleared within 7 months, the median duration of more productive infections ranged from 8 to 12 months. This was in line with our previously published data that showed the mean duration of single



**Fig. 2.** Clearance of HPV 16 positivity by viral load tertile (copies per cell) based on three different assays. (a) LS-PCR: first tertile  $\leq 0.50$ ; second tertile 0.51–21; and third tertile  $>21$  ( $P=0.0146$ ) ( $P$  trend=0.0083). (b) qRT-PCR L1: first tertile  $<8$ ; second tertile 8–825; and third tertile  $>825$  ( $P=0.0009$ ) ( $P$  trend=0.0053). (c) qRT-PCR E6: first tertile  $<7$ ; second tertile 7–675; and third tertile  $>675$  ( $P=0.0000$ ) ( $P$  trend=0.0000). The lower (first) tertile group is shown in blue (dashed), middle (second) tertile in red (dotted) and upper (third) tertile in green (solid).

HPV16 infection to be about 11 months (Trottier *et al.*, 2008). These findings are also consistent with results from a large population-based cervical cancer screening study in The Netherlands (Bulkman *et al.*, 2007).

We previously observed that viral load measured by LS-PCR increased with cytologic grade (from normal to low-grade SIL with koilocytosis) but then decreases in high-grade SIL (HSIL) (Schlecht *et al.*, 2001a). Consistent findings were observed by Gravitt *et al.* (2003) analysing HPV18 in a population-based study conducted in Guanacaste, Costa Rica.

While our study is one of the largest to evaluate viral load in cervical specimens by multiple methods (Bavin *et al.*, 1993; Farthing *et al.*, 1994; Jacobs *et al.*, 1999; Ylitalo *et al.*, 2000; Wentzensen *et al.*, 2012) we recognize that its design has some limitations.

Misclassification in HPV detection is one such limitation since our results were based, in part, on MY09/11 PCR. We opted for selective retesting by the more sensitive PGMV protocol where possible to reduce the potential for false negatives.

Although the LS-PCR is labour intensive, both protocols (LS-PCR and qRT-PCR), allow for direct measurement of viral DNA against the quantity of host DNA permitting the

calculation of true viral load in terms of copies per cell, thus eliminating the confounding effect of variation in cell content among specimens. However, it is possible that abnormal cells found in high-grade lesions could have been sampled more readily than normal cells as these express fewer intercellular adhesion molecules than normal cells (Klein *et al.*, 1994). Given the higher likelihood for HPV16 and other oncogenic types to develop into HSIL, our viral load association therefore may reflect underlying cytologic changes in the sample. We attempted to reduce this by excluding all prevalent cytologically high-grade specimens.

Quantification (in copies per cell) for our LS-PCR results was performed using standards prepared with pre-selected amounts of a reference plasmid containing HPV16. While this allowed for more stable viral load measurements and comparison with other HPV16-based assays, it may also explain in part why we observed higher viral counts for specimens infected with related types from the alpha 9 species (HPV33, -35 and -58), either alone or concurrently with HPV16. However, this was not specific only to alpha 9 types as higher viral levels were also observed for unrelated types (HPV6/11, -44, -18, -51, -56, -66 and -81). Despite the non-specific nature of the LS-PCR assay (which is based on broad detection of all mucosotropic HPV types), the relative associations between HPV16 viral load and

**Table 2.** Mean and median duration and clearance rate of HPV16 infection according to viral load in copies per cell measured by different assays

Assay	Viral load category (n)	Clearance rate (per 1000 women-months) (95% CI)	Duration in months	
			Mean (95% CI)	Median (95% CI)
qRT-PCR E6	<1 (n=97)	102.2 (74.0–142.2)	9.4 (6.9–12.0)	6.0 (5.7–7.7)
	1–100 (n=91)	58.3 (45.4–76.1)	17.1 (12.0–22.2)	8.4 (6.2–11.9)
	>100 (n=17)	61.5 (49.2–76.2)	16.3 (12.5–20.0)	11.3 (8.1–12.2)
qRT-PCR L1	<1 (n=108)	104.1 (78.3–138.1)	9.43 (7.3–11.3)	6.1 (5.7–7.9)
	1–100 (n=84)	55.2 (40.4–75.4)	18.8 (11.9–25.7)	8.4 (5.9–11.9)
	>100 (n=13)	58.1 (47.1–72.5)	16.7 (13.2–20.1)	11.8 (8.2–12.2)
LS-PCR L1	<1 (n=88)	78.3 (64.4–93.0)	13.1 (12.3–15.9)	6.7 (6.1–8.7)
	1–100 (n=41)	78.4 (61.4–99.4)	12.7 (9.7–15.7)	8.2 (6.1–9.9)
	>100 (n=91)	60.5 (44.2–81.6)	16.5 (10.9–22.2)	7.4 (6.1–13.1)

clearance were consistent irrespective of assay platform. Nonetheless, qRT-PCR estimates appear to be more precise and show a stronger dose-dependent association with clearance, particularly with the HPV16 E6 gene.

The choice of region used for PCR has implications for HPV screening strategies in the clinical diagnosis and management of cervical cancer (Morris, 2005). The advantage of targeting the L1 region is that this has the potential to detect several HPV types. On the other hand, PCR primers that target the L1 region can be unreliable and may miss more advanced disease when compared with those directed at the E6 region, which encode an oncogenic product. The L1 region has the disadvantage of being lost during integration of viral DNA into host genomic DNA, a process that can represent an integral component of progression from infection to tumorigenesis. It is rare for this to happen with the E6 region. Furthermore, the E6 nucleotide sequence exhibits less nucleotide variation (Morris, 2005).

The difference between both reactions (L1- and E6-based qRT-PCR) can be statistically demonstrated. The slope of the standard curve generated in a qRT-PCR can be translated into an efficiency value by the formula:  $E = 10^{(-1/\text{slope})} - 1$ . According to the equipment manufacturer, the PCR efficiency should be between 90 and 100% ( $-3.6 \geq \text{slope} \geq -3.3$ ). If it is 100%, the slope is  $-3.32$ . If the slope is below  $-3.6$ , then the PCR has poor efficiency. This can partially explain the discrepancies observed for viral load measured by L1- and E6-based qRT-PCR. In general, the slope of the  $\beta$ -globin reaction and the E6-based qRT-PCR assay ranged from  $-3.6$  to  $-3.2$ . The L1-based qRT-PCR was shown to be an unreliable protocol due to a greater slope variation between different tests. Sometimes the L1-based assay was more efficient than the  $\beta$ -globin assay. Therefore, we have a clear example showing that even small differences in efficiency can lead to a dramatic effect on the final yield after several cycles (Morris, 2005).

We recognize that other methods for viral copy quantification exist that may have produced different results

from those tested in this study. Such methods include assays based on end-point PCR (Bavin *et al.*, 1993), quantitative competitive PCR (Jacobs *et al.*, 1999) and hybrid capture (HC) (Farthing *et al.*, 1994). Compared with qRT-PCR, these methods are laborious and require controlled sample conditions (Gravitt *et al.*, 2003). Some, like HC, a widely used method for clinical detection of oncogenic HPV types, do not provide direct quantitative measures. We therefore opted to test the most common qRT-PCR method currently used in epidemiological studies to compare it with our previously demonstrated method based on LS-PCR.

Testing under a wide range of conditions has shown that the PCR-based techniques used to measure viral load in this study were in general reproducible and adaptable to large-scale testing in epidemiological studies. The viral load estimates by PCR methods, especially the E6-based qRT-PCR may be used as an important tool to identify women at increased risk of developing persistent infections and cervical lesions, particularly due to HPV16.

## METHODS

**Study sample.** There are 2462 women enrolled in the Ludwig-McGill Cohort Study and half of them were diagnosed with HPV infection at least once during the follow-up. Out of 575 HPV16-positive samples from 284 women, 418 cervical specimens were assayed for qRT-PCR viral load (224 women) and all of the samples were also assayed for LS-PCR viral load. Subjects were followed up over an average of 5 years at scheduled returns every 4 months in the first year and once every 6 months thereafter. Subjects completed an interviewer-administered structured questionnaire and provided cervical smears for HPV DNA testing and Pap cytology at each visit. Additional details about the study design and methods of the Ludwig-McGill Cohort Study have been described elsewhere (Franco *et al.*, 1999). The ethical review boards of all participating institutions approved this investigation.

**Cervical cell specimens.** An Accelon biosampler (Medscand) was used to collect a sample of ectocervical and endocervical cells at each visit. After preparation of the Pap smear, the sampler with remaining exfoliated cells was immersed in Tris/EDTA buffer at pH 7.4, stored

at 4 °C at the clinic for at most 5 days, and then frozen until testing. Cervical smears were blindly graded for HPV results using the Bethesda system.

**HPV detection and typing.** Cervical specimen DNA was extracted and purified following standard techniques. In brief, samples collected prior to 1999 were digested with 100 µg proteinase K ml<sup>-1</sup> for 3–18 h at 55 °C and the DNA purified by spin-column chromatography. After 1999, DNA isolation was performed using a GFX Genomic Blood DNA Purification kit (Amersham Pharmacia Biotech). Specimens were tested for the presence of HPV DNA by a previously described PCR protocol amplifying a highly conserved 450 bp segment of the L1 viral gene flanked by MY09/11 or PGMY09/11 primers (Manos *et al.*, 1989; Gravitt *et al.*, 2000). Typing of the amplified products was performed by hybridization with individual oligonucleotide probes specific for 27 HPV genital types, including HPV16 (Bauer *et al.*, 1991; Hildesheim *et al.*, 1994). Amplified products hybridizing to the generic probe but not to any of the type-specific probes were further tested by RFLP analysis (Bernard *et al.*, 1994) extending the range of identifiable HPV to over 40 genital types. Testing for host DNA was performed using GH20 and PCO4 primers, which amplify a 268 bp region of the human  $\beta$ -globin gene (Saiki *et al.*, 1988).

**Viral load by LS-PCR.** Briefly, a consensus primer pair targeting the L1 gene regions of several HPV types (van den Brule *et al.*, 1990) was employed under low-stringency conditions so that, in addition to the specific HPV DNA product, a series of host DNA fragments were also amplified. We selected a 192 bp DNA product homologous to a small region of the human chromosome X to serve as internal control for the reaction (Caballero *et al.*, 1995). The ratio of the (140 bp) HPV band to that of the host genome internal band was then measured by densitometry and quantified (in copies per cell) by linear interpolation using a standard curve (Trottier *et al.*, 2008). This standard was prepared with pre-selected amounts of a reference plasmid containing the entire HPV16 genome (kindly provided by E. M. de Villiers, Deutsches Krebsforschungszentrum, Heidelberg, Germany) against a constant background of human DNA extracted from human breast tissue (van den Brule *et al.*, 1990; Caballero *et al.*, 1995). All samples, controls and standards were analysed in duplicate and viral load derived from the mean values.

**Viral load by qRT-PCR.** We quantified the HPV DNA in cervical specimens by real-time PCR using a 5'-exonuclease fluorescence (TaqMan) assay ABI Prism 7700 Sequence Detector System (Applied Biosystems) with primers and hybridization probes specific to the HPV16 L1 (Bryan *et al.*, 2006; Iftner *et al.*, 2009) and E6 genes and the human  $\beta$ -globin gene (van den Brule *et al.*, 1990). Reactions for HPV16 L1 and human  $\beta$ -globin were performed using the 2 × Universal Master Mix (Applied Biosystems) with 0.06 µM each primer and 0.09 µM probe for human  $\beta$ -globin and with 0.1 µM each primer and 0.05 µM probe for HPV16 L1 in a final volume of 50 µl. The thermal cycler conditions for the HPV16 L1 reaction were 50 °C/2 min and 95 °C/10 min, followed by 55 cycles of 94 °C/15 s and 60 °C/1 min. We used similar thermal conditions and fewer cycles for the globin reaction: 45 cycles of 94 °C/15 s and 60 °C/1 min. The thermal cycler conditions for the HPV16 E6 are described elsewhere (Gravitt *et al.*, 2003). The sequence of primers and probes and respective protocols for L1 and human  $\beta$ -globin genes were kindly provided by F. Taddeo (Merck). Equal input amounts (2 µl) of each DNA control and amplified sample were added to 2 µl of MilliQ water corresponding to the DNA standards volume below. Viral load quantification (in copies µl<sup>-1</sup>) was achieved by comparing the threshold cycle ( $C_t$ ) number for the cervical sample with the  $C_t$  numbers for samples with known starting viral copy numbers. Transformation into copies per cell was then obtained by linear

interpolation using a standard curve constructed with the results of the DNA mixtures containing known amounts of HPV DNA.

DNA standards were prepared with pre-selected amounts of a reference plasmid containing the entire HPV16 genome (10<sup>5</sup> copies µl<sup>-1</sup> for HPV16 L1 and E6 reactions) added to a constant background of *Escherichia coli* strain B DNA (Sigma-Aldrich) (2.5 µg ml<sup>-1</sup>) to final concentrations of 20 000 and 6000 copies of HPV16 µl<sup>-1</sup>. Solutions were then serially diluted tenfold to prepare standards containing 20 000, 6000, 2000, 600, 200, 60, 20, six and two copies HPV16 µl<sup>-1</sup>. Standards for the globin reaction were prepared using the same strategy above with pre-selected amounts of a reference plasmid, kindly provided by F. Taddeo (Merck), containing the 254 bp of the human  $\beta$ -globin gene (10<sup>6</sup> copies µl<sup>-1</sup>) to generate standards containing 250 000, 25 000, 2500, 250, 25 and 2.5 copies µl<sup>-1</sup>. The input amount of each standard amplified in all experiments was 4 µl. The conversion from copies per microlitre to copies per cell was done by calculating the ratio of HPV copy number to half the globin gene copy number in each sample.

**Cervical carcinoma cell lines.** DNA extracted from HPV16-positive cervical carcinoma cell lines, SiHa (one to two copies per cell) and CaSki (400–600 copies per cell) (Yee *et al.*, 1985; Mincheva *et al.*, 1987) were used as controls to assess the precision and reproducibility of the standard curves to estimate HPV viral load in cervical smears. Geometric means were estimated for each control sample. DNA extracted from the human cervical carcinoma cell line C33A was used as a negative control for viral load determination (Yee *et al.*, 1985). DNA extraction was performed as described elsewhere (Wright & Manos 1990) with minor modifications.

Mean viral load based on the E6 was 2.95 copies per cell (95 % CI: 2.94–2.96) in SiHa cells (expected: one to two copies) and 395 copies per cell (95 % CI: 350–447) in CaSki (expected: 400–600 copies), whereas the L1 load in SiHa and CaSki was 15 (95 % CI: 12–19) and 7318 (95 % CI: 5801–9235) copies per cell, respectively.

**Statistical analyses.** To assess the correlation between viral load protocols, we computed Spearman's rank ( $\rho$ ) correlation coefficients between pairs of viral load data measured at HPV16-positive visits using log-transformed viral counts. Comparison of viral load measurements between assays on the same specimen was done by Wilcoxon signed-rank test. To estimate the contribution of co-infections with additional HPV types, we modelled the mean change in viral load measured using LS-PCR, first using all HPV-positive specimens and then restricting the analysis to specimens that were HPV16 positive, either alone or concurrently with other HPV types. We used multivariate, random-effects, generalized least-squares regression for repeated data. Observations were restricted to cases with no evidence of high-grade disease to avoid potential confounding effects. Kaplan–Meier analyses and log-rank tests were used to evaluate HPV16 clearance rates by viral load level, defined by tertile-based and predetermined cut-offs (<1, 1–100 and 100+ copies per cell), at the first HPV16 positivity for each protocol. Duration of infection was determined from date of first incident or prevalent (at baseline) HPV16 DNA detection episode to date of first negative result by PCR (i.e. clearance).

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