# Cerebral gray and white matter changes and clinical course in metachromatic leukodystrophy

### **ABSTRACT**

**Objective:** Metachromatic leukodystrophy (MLD) is a rare metabolic disorder leading to demyelination and rapid neurologic deterioration. As therapeutic options evolve, it seems essential to understand and quantify progression of the natural disease. The aim of this study was to assess cerebral volumetric changes in children with MLD in comparison to normal controls and in relation to disease course.

**Method:** Eighteen patients with late-infantile MLD and 42 typically developing children in the same age range (20–59 months) were analyzed in a cross-sectional study. Patients underwent detailed genetic, biochemical, electrophysiologic, and clinical characterization. Cerebral gray matter (GM) and white matter (WM) volumes were assessed by multispectral segmentation of T1 and T2-weighted MRI. In addition, the demyelinated WM (demyelination load) was automatically quantified in T2-weighted images of the patients, and analyzed in relation to the clinical course.

**Results:** WM volumes of patients did not differ from controls, although their growth curves were slightly different. GM volumes of patients, however, were on average 10.7% (confidence interval 6.0%-14.9%,  $p < 0.001$ ) below those of normally developing children. The demyelination load (corrected for total WM volume) increased with disease duration (*p* 0.003) and motor deterioration ( $p < 0.001$ ).

**Conclusion:** GM volume in patients with MLD is reduced when compared with healthy controls, already at young age. This supports the notion that, beside demyelination, neuronal dysfunction caused by neuronal storage plays an additional role in the disease process. The demyelination load may be a useful noninvasive imaging marker for disease progression and may serve as reference for therapeutic intervention. *Neurology*® **2012;79:1662–1670**

#### **GLOSSARY**

**ASA** = arylsulfatase A; **CI** = confidence interval; **GM** = gray matter; **GMFC-MLD** = Gross Motor Function Classification system for metachromatic leukodystrophy; **ICC** = intraclass correlation coefficient; **MLD** = metachromatic leukodystrophy; **NCV** = nerve conduction velocity; **SPM** = statistical parametric mapping; **WM** = white matter.

Metachromatic leukodystrophy (MLD), a rare lysosomal storage disorder,<sup>1</sup> is characterized in its most common late-infantile form by a disease onset during the first years of life and a rapid neurologic deterioration.2 Death occurs within the first decade as no causal therapy is yet available.<sup>2–4</sup> New therapeutic approaches are currently emerging, including gene therapy, hematopoietic stem cell transplantation, and enzyme replacement therapy.1 However, due to its status as an "orphan disease" (1 per 100,000 live births<sup>3</sup>), systematic investigations on the natural disease course and standardized tools are scarce.

Leukodystrophy can sensitively be detected as signal hyperintensities on brain MRI.<sup>5</sup> Recently, we applied a visual rating scale in a nationwide cohort to describe the natural course of brain changes in MLD. $6,7$  Advantages are the applicability to images acquired on different scanners using different acquisition modes and sequences, making it a robust tool for multi-

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center studies. However, this visual assessment is not sensitive enough to measure gradual white matter (WM) changes in order to evaluate disease progression or therapeutic effects in an individual patient. Moreover, gray matter (GM) changes are not captured by the scoring system.

The aim of this study was to quantify cerebral GM and WM in patients with MLD compared to typically developing children, and to quantify the volume of demyelinated WM in a group of clinically, biochemically, and genetically well-characterized children with late-infantile MLD. We related these imaging features to the disease course and deterioration of gross motor function, the clinical key feature.<sup>8</sup>

**METHODS Standard protocol approvals, registrations, and patient consents.** Patient data for this crosssectional study were collected as part of a natural history study of the German leukodystrophy network LEUKONET,<sup>2</sup> ( $n = 8$ ) and from a therapeutic phase I/II trial investigating enzyme replacement<sup>9</sup> in Copenhagen, Denmark ( $n = 13$ ); 3 patients belonged to both groups. The trial registration number from the Danish study is EudraCT 2006 – 005341–11, and the Clinical-Trials.gov identifier is NCT00418561. For the purpose of this study, only baseline data were used from the latter trial, i.e., before the initiation of treatment. The study was approved by the ethical committees of the University of Tübingen, Germany, and Copenhagen, Denmark, respectively. Written informed consent was given by the parents.

Patients. Demographic, clinical, biochemical, and genetic details are listed in the table. Patients showed very low arylsulfatase A (ASA) activity in leukocytes and abnormally high sulfatide excretion in urine. In addition, detailed sequencing analyses of the *ARSA* gene (NM\_000487) were performed in all patients (table).

MLD was defined as deficiency of ASA together with an increase of urinary sulfatide level or pathogenic mutations in the MLD gene. Late-infantile MLD was defined as onset of first symptoms at age 30 months and younger.<sup>2</sup> In our cohort, age at onset was between 10 and 30 months (mean  $16.95 \pm 5.986$ months). Gross motor function was assessed using the Gross Motor Function Classification system for MLD (GMFC-MLD), which consists of 7 levels characterizing gross motor function, 0 meaning normal for age and 6 characterizing loss of all gross motor function.8 Patients' age at MRI was between 20 and 59 months (mean  $35.9 \pm 9.92$  months). At the time of MRI, all patients were symptomatic. Nerve conduction velocity (NCV) was determined in 13 patients at the time of the MRI examination by stimulating motor fibers of the right median nerve, revealing clearly abnormal values (indicative of a peripheral neuropathy) in all but 2 patients (patients 7 and 8).

**Controls.** Control MRI data of typically developing children used in this study were obtained from the Pediatric MRI Data Repository created by the NIH MRI Study of Normal Brain Development.10,11 Anatomic MRI from 42 children were selected

who had the same age range and gender distribution as the patients (mean  $38.95 \pm 11.16$  months, minimum 20 months, maximum 59 months, 23 female).

**MRI data.** MRI sequences of patients were acquired on 1.5 T Siemens scanners and consisted of conventional clinical routine images with a high-resolution T1-weighted (magnetizationprepared rapid gradient echo sequence with echo time/repetition time =  $11.4/4.4$  msec and voxel size typically  $1 \times 1 \times 1$  mm, in 5 patients the voxel size was higher and varied between 0.39 –  $0.86 \times 0.39 - 0.86 \times 1 - 1.4$  mm) and a T2-weighted axial sequence (typically a spin echo sequence with echo time/repetition time =  $99/5,940$  msec, voxel size  $0.78 \times 0.78 \times 4$  mm, in 5 patients the in-plane resolution was higher with  $0.39-0.78 \times$ 0.39 – 0.78 mm and the slice thickness varied between 3.3 and 7.2 mm).

MRI of controls were acquired using 1.5 T General Electric or Siemens scanners. Sequences consisted of T1-weighted images (spatial resolution of  $1.3 \times 1 \times 1$  mm,  $1 \times 1 \times 1$  mm, or  $1 \times 1 \times$ 3 mm), T2-weighted images ( $1 \times 1 \times 2$  or  $1 \times 1 \times 3$  mm), and proton density–weighted images ( $1 \times 1 \times 2$  or  $1 \times 1 \times 3$  mm). All images used in this study passed the quality control test for image artifacts (for details of sequences see Brain Development Cooperative Group<sup>10</sup>).

**MRI data analysis.** Images were first denoised using a spatially adaptive nonlocal means filter as implemented in the voxelbased morphometry 8 toolbox [\(http://dbm.neuro.uni-jena.de/](http%3A//dbm.neuro.uni-jena.de/vbm) [vbm\)](http%3A//dbm.neuro.uni-jena.de/vbm). T2 images (and proton density–weighted images for tissue prior creation) were then spatially coregistered and resliced to the accompanying high-resolution T1 image using the routines implemented in the statistical parametric mapping (SPM8) software package (Wellcome Trust Centre for Neuroimaging, London, UK; www.fil.ion.ucl.ac.uk/spm), using a seventh degree b-splines interpolation algorithm.

In order to create representative (age-appropriate) tissue priors for the segmentation of this data, 156 anatomic MRI from 108 healthy children between 1 and 6 years of age were selected from the above mentioned NIH database (mean age 4.1 years, SD 1.62, 1.7– 6.6 years, 76 female, 80 male). To this effect, T1-, T2-, and proton density–weighted images were segmented using a multispectral segmentation algorithm implemented in SPM8. The segmented images (in the individual native space) were affinely registered to template (Montreal Neurological Institute) space. From the registered images a common (new) set of 6 custom image priors was created using the template-O-matic toolbox as implemented in SPM8.12 As this approach estimates regression parameters, older and younger children were included in order to stabilize these calculations.

Preprocessed T1- and T2-weighted images of patients and controls were segmented using the multispectral image segmentation algorithm, now using the customized priors (figure 1). This segmentation algorithm is implemented as "New Segmentation" in SPM8 and is an extension of the "Unified Segmentation" model.13 This segmentation uses both prior tissue information and tissue intensities in a modified mixture model. The intensity distribution of the different tissue types is modeled by a mixture of Gaussians to account for partial volume effects within one tissue type. It thus allows 2 different tissue classes within the WM, which is important for the classification of both demyelinated and normal-appearing WM into one tissue type, i.e., the total WM. The volume of the resulting GM and WM tissue maps was calculated by summing over all voxels' probability values, taking into account voxel sizes. GM and WM volumes of patients and controls were statistically compared using Stu-



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The protein is probably not generated due to nonsense-mediated mRNA decay.

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<sup>d</sup> Homozygous genotypes. Homozygous genotypes.

<sup>e</sup> The most common mutation for late-infantile MLD. The most common mutation for late-infantile MLD.

 $^{\text{\tiny{\textsf{I}}}}$  In combination with rs743616.

 Nerve conduction velocity of median nerve in ms (normal 45–55 ms). Units for ASA activity: nmol/h/mg (normal 20–110 nmol/h/mg).

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**Figure 1 Summary of the methodologic approach for segmentation**



In a first step, multispectral image segmentation results in gray matter (GM) and white matter (WM) image volumes. In a

second step, the WM segment is applied to the T2-weighted image and an automated intensity threshold within the WM of the T2-weighted image is calculated in order to separate normal-appearing and demyelinated WM (demyelination load).

dent *t* tests. As this comprised a cross-sectional analysis, only one MRI per subject was analyzed (most recent scan).

In additional analyses, total GM was subdivided into subcortical (basal ganglia and thalamus), infratentorial, and the remaining (supratentorial cortical) GM volume. As there is no standard anatomic atlas available for this age range, cerebellar and subcortical GM was defined manually on the customized GM prior map from this cohort (see above). These masks were smoothed with a 3-mm isotropic kernel and binarized using a relative intensity threshold of 0.3 in order to account for the interindividual variability. These anatomic masks were then applied to the individual modulated GM image segments in stereotactic space<sup>14</sup> in order to calculate the GM volumes in these regions; these were compared between patients and controls as described above.

**Demyelination load.** As the T2-weighted sequence shows improved contrast of WM hyperintensities (compared to T1), only the T2-weighted image was used for determining demyelinated WM, termed demyelination load. Demyelination load was defined as the volume of hyperintense areas within cerebral WM on T2-weighted images (including cerebellar WM).

Within the WM segment of the T2-weighted image (obtained by multiplying the total WM segment with the T2 weighted image) it was assumed that 2 tissue classes were present in the WM, demyelinated and normal-appearing WM. Therefore, a mixture of 2 Gaussians was applied to the image histogram. In order to improve the fit of the Gaussians and to sensitize the model to higher image intensities, the histogram was smoothed and scaled between 0 and 1,000 using a quadratic function. The threshold distinguishing normal from hyperintense white matter was defined as the intercept of the 2 Gauss-

ians. As demyelination was expected to be in larger clusters rather than single voxels, the resulting thresholded image was homogenized using a Markov Random Field approach to integrate neighborhood intensities.

To account for total WM volume of a patient (which changes substantially as a function of normal brain development<sup>15</sup>), demyelination load is provided as a fraction of the individual total WM volume. It was correlated with disease duration in order to assess disease progression, and nerve conduction velocity in order to relate central to peripheral demyelination (Pearson correlation coefficient), and with gross motor function as described by the GMFC-MLD (Spearman rank correlation coefficient).

Validation was done by manually segmenting the demyelination load, considered the gold standard in MRI volumetry, by 2 experienced raters (S.G. and P.C.), using ITK-Snap.16 Agreement was tested by using the dice coefficient for spatial overlap<sup>17</sup> and the intraclass correlation coefficient (ICC) for volume measurements.<sup>18</sup>

**RESULTS GM and WM volume.** Regression analysis of the cross-sectional data showed an increase of GM and WM volumes over the observed age range for the healthy controls (figure 2). Patients had lower GM volumes (mean  $0.601 \pm 0.041$  L) than controls (mean  $0.673 \pm 0.057$  L,  $p \le 0.001$ ). This amounts to an average decrease in GM volume of 10.7% (95% confidence interval [CI] 6.0%–14.9%) in patients with MLD compared to controls. WM vol-



GM (A) and WM (B) volumes of controls (mean of linear regression line and its 95% confidence interval) and patients (single dots) showing less GM volume in patients, whereas WM volume was not different between patients and controls.

ume, comprising normal and affected WM, was not different between patients and controls (0.419  $\pm$  $0.034$  L vs  $0.416 \pm 0.041$  L,  $p = 0.746$ ).

When analyzing regional volumes, we found that subcortical GM volume did not differ between patients and controls (mean  $0.0152 \pm 0.0017$  L vs  $0.0155 \pm 0.0017$  L,  $p = 0.537$ ). However, both the cerebellar (0.0759  $\pm$  0.0105 L vs 0.1016  $\pm$  0.0095 L) as well as the supratentorial  $(0.5384 \pm 0.0420 \text{ L})$ vs  $0.6061 \pm 0.0522$  L) GM volume differed between patients and controls ( $p < 0.001$ ). Results are also shown in figure e-1 on the *Neurology®* Web site at www.neurology.org.

**Demyelination load.** Demyelination load showed a rapid increase during the first months after disease onset (figure 3). There was a clear correlation with disease duration (correlation coefficient 0.65,  $p =$ 

0.003). Uncorrected demyelination load (not as fraction per WM volume) also increased with disease duration (correlation coefficient  $0.62$ ,  $p = 0.04$ , data not shown). Increasing demyelination load was associated with gross motor deterioration as indicated by the GMFC-MLD ( $\rho = 0.66$ ,  $p < 0.006$ ) (figure 3). Demyelination load, however, did not correlate with NCV (correlation coefficient  $-0.165$ ,  $p = 0.589$ ). It is noteworthy that 2 patients did have normal NCV at the time of MRI examination (see table), when there was already clear cerebral demyelination and severely reduced gross motor function (GMFC-MLD level 2 and 5).

Validating the automatically determined demyelination load with the manually determined values revealed good agreement as given by an ICC of 0.987 (95% CI 0.967– 0.995). The spatial overlap of the



Demyelination load as a fraction of the total white matter (WM) volume in relation to time from disease onset (A) and to motor deterioration assessed with the Gross Motor Function Classification system for metachromatic leukodystrophy (GMFC-MLD) (B).

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demyelination load measured by the 2 approaches showed a median dice coefficient of 0.78 and a mean of 0.67 ( $\pm$ 0.266, minimum 0.09, maximum 0.88). The unequal distribution of the data was explained by outliers within the extremely low range of the demyelination load. When only comparing subjects with a demyelination volume  $>15$  mL, the mean dice coefficient was  $0.80$  ( $\pm 0.042$ , minimum 0.74, maximum 0.88).

The inter-rater test of the manual measurements revealed similarly good agreement between the 2 raters. The agreement of the volume values was demonstrated as an ICC of 0.997 (95% CI 0.991– 0.999), the dice coefficient of spatial overlap was 0.81  $(\pm 0.101, \text{minimum } 0.59, \text{maximum } 0.89).$ 

**DISCUSSION** As therapeutic options for MLD are currently being investigated, it seems essential to investigate the normal disease course and implement tools to describe it. This study successfully quantified volumes of GM, WM, and demyelinated WM (demyelination load) in patients with late-infantile MLD. The demyelination load increased with disease duration and deterioration of gross motor function. Thus, the demyelination load seems to be a clinically useful and pathologically relevant parameter to quantify MRI changes in MLD, qualifying it as a potential noninvasive surrogate parameter for monitoring therapeutic intervention.

It is interesting to note that the WM volume of patients with MLD was not different from the control group. This is in line with histopathology where the prominent aspect of demyelination and sulfatide accumulation in the WM leads to a "firmer"19 or "hard in consistency" aspect,<sup>20</sup> probably due to astrocytosis and gliosis. This might be the reason for its preserved volumes in the earlier stages of the disease, followed by atrophy of the WM only very late in the disease course.

In contrast, this study provides compelling evidence that GM development is altered in children with late-infantile MLD. Compared with typically developing children of the same age, children with MLD had less global GM volume. When investigating this further, the effect was present in cortical and cerebellar, but not in deep GM structures (although it must be borne in mind that the thalamus, for example, also contains white matter, potentially weakening the effect in this region). This new observation is surprising as MLD is classically considered a WM disorder. There may be several explanations for this GM involvement. Considering the close neuron-oligodendrocyte interaction during development,<sup>21</sup> disruption of myelin might also disturb neuronal growth in the developing brain. In fact, it has been demonstrated that formation of a normal myelin sheath is required for normal neuronal maturation and growth.22,23 This explanation seems to not be sufficient, however, as reduced GM volumes could already be seen early during the disease, when demyelination, as judged from MRI, was not yet as far progressed. Therefore, it is interesting to note that sulfatide storage in MLD is not restricted to glial cells but neurons are also affected.<sup>24</sup> Neuronal accumulation of metachromatic material is well-described already in early cases of MLD.19,20,25 It was speculated that at least initial symptoms in humans could be a consequence of neuronal dysfunction caused by neuronal storage, while demyelination may dominate the phenotype only later in the disease.<sup>1</sup> A recent magnetic resonance spectroscopy study further underlines the neuronal involvement by showing decreased *N*-acetylaspartate levels,<sup>9</sup> generally interpreted as a marker of neuroaxonal integrity. Our findings suggest that the role of GM damage in MLD should be investigated more closely.

MLD of late-infantile onset has been shown to follow a very uniform and relentlessly downhill course.2 It has been suggested that patients with this early-onset form must be expected to show no residual ASA activity. The mutation most commonly reported in late-infantile MLD,  $459 + 1$  G $>A$ ,<sup>26</sup> is predicted to be a null allele. It was also the most common mutation in our series, found homozygous in 17% of patients and as compound heterozygous with another mutation in 33%. Our patients showed several different genotypes; all of them resulted in almost no residual ASA activity, consistent with this prediction and likely the reason for the uniform clinical course that characterizes this subtype. Our data suggest that while different genotypes cause the lateinfantile form of MLD, they all lead to very similar phenotypes. Moreover, there was no correlation between nerve conduction velocity and demyelination load, indicating that central and peripheral nervous system affection do not necessarily develop in parallel. Indeed, the positive correlation between gross motor deterioration and demyelination load indicates that it is the central, rather than the peripheral, demyelination which causes gross motor deterioration in late-infantile MLD.

In this study we applied and adapted a widely established segmentation-normalization framework,<sup>13</sup> recently enhanced to use T1- and T2weighted images, to the specific pathology of patients with MLD. High-resolution T1-weighted images have a better image-contrast between GM and WM and a higher spatial resolution compared to routine T2-weighted sequences, which makes fully automated segmentation approaches feasible.<sup>27</sup> Con-

versely, T2-weighted images provide a better image contrast between normal and abnormal WM and therefore aid in tissue classification in patients with MLD. Combining both advantages and using routine clinical sequences (high-resolution T1, lowresolution T2) makes this method feasible for multicenter studies while not requiring longer acquisition times, which is especially helpful in children. Patients with the late-infantile form of MLD were expected to present with different brain morphology due to their young age and possible atrophy. Therefore, appropriate prior probability images for this study were created from a normal cohort of children with the same age range. This correctly identifies GM and WM, which, using an additional step of modeling 2 Gaussians, can then be subdivided into unaffected and affected WM. Validation yielded good agreement of this method with manual segmentation. However, although volume agreement was very high, the spatial overlap of small volumes was lower. This suggests that the automated method, although with sufficient sensitivity, might not be of high specificity in demyelination volumes below 15 mL. One of the reasons might be that early signs of demyelination are only very "faint"6 in signal intensity, without a clear border to the normal-appearing WM. Overlap measures around 0.8 are in general referred to as "good agreement" in MRI volumetry.<sup>28</sup> Still, agreement between 2 manual raters was higher than between manual and automated segmentation. While a human expert inherently uses additional information about texture and location of the supposedly abnormal tissue within the WM, the automated thresholding algorithm is guided only by the information about the signal intensity. Therefore partial volume effects of GM or CSF might influence the variability when measuring the demyelination load. While a semiautomated approach might introduce expert knowledge into automated measurements,<sup>29</sup> a fully automated approach is preferable for studies with larger datasets and in therapeutic trials, where maximum objectivity is required.

It should be noted that the present study is crosssectional. Changes over time in a given individual can only be found in a longitudinal study; however, a group study such as this one, including patients at different timepoints after disease onset, allows us to assess typical patterns evolving as a function of time. Naturally, the here-reported volume increases or decreases should be replicated in such a longitudinal study, but it must be borne in mind that, in a rapidly progressing and ultimately fatal disorder, repeated investigations are difficult to justify.

The results provide evidence for a new aspect of the disease, not previously reported, namely lower cortical GM volume in patients compared to controls, already at young age. With a newly introduced morphometric measure, the demyelination load, we could confirm that WM changes steadily increase with disease duration and with deterioration of gross motor function. These data may contribute to a better understanding of disease pathomechanisms and may serve as reference for family counseling and especially for evaluating the effect of therapeutic interventions.

#### **AUTHOR CONTRIBUTIONS**

Samuel Groeschel drafted the manuscript and undertook MRI analysis and interpretation. Christine í Dali contributed patient data and was involved in revision of the manuscript and interpretation of the data. Philipp Clas was involved in establishing MRI analysis procedure, in validating the data, and in revision of the manuscript. Judith Böhringer performed part of the genetic analysis and was involved in manuscript revision and interpretation of the data. Morten Dunoe performed part of the genetic analysis and was involved in manuscript revision and interpretation of the data. Christian Krarup performed the neurophysiologic analysis and was involved in manuscript revision and interpretation of the data. Christiane Kehrer contributed patient data and was involved in manuscript revision and interpretation of the data. Marko Wilke was involved in study concept, establishing methodology, manuscript revision, and interpretation of the data. Ingeborg Krägeloh-Mann was involved in study concept, manuscript revision, and interpretation of the data.

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#### **DISCLOSURE**

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