

Published in final edited form as:

Dev Psychopathol. 2011 February; 23(1): 253–266. doi:10.1017/S0954579410000775.

# Individual differences in the development of early peer aggression: Integrating contributions of self-regulation, theory of mind, and parenting

SHERYL L. OLSON<sup>a</sup>, NESTOR LOPEZ-DURAN<sup>a</sup>, ERIKA S. LUNKENHEIMER<sup>b</sup>, HYEIN CHANGa, and ARNOLD J. SAMEROFFa

<sup>a</sup>University of Michigan

<sup>b</sup>Colorado State University

### Abstract

This prospective longitudinal study focused on self-regulatory, social-cognitive, and parenting precursors of individual differences in children's peer-directed aggression at early school age. Participants were 1993-year-old boys and girls who were reassessed following the transition to kindergarten (5.5-6 years). Peer aggression was assessed in preschool and school settings using naturalistic observations and teacher reports. Children's self-regulation abilities and theory of mind understanding were assessed during a laboratory visit, and parenting risk (corporal punishment and low warmth/responsiveness) was assessed using interview-based and questionnaire measures. Individual differences in children's peer aggression were moderately stable across the preschool to school transition. Preschool-age children who manifested high levels of aggressive peer interactions also showed lower levels of self-regulation and theory of mind understanding, and experienced higher levels of adverse parenting than others. Our main finding was that early corporal punishment was associated with increased levels of peer aggression across the transition from preschool to school, as was the interaction between low maternal emotional support and children's early delays in theory of mind understanding. These data highlight the need for family-directed preventive efforts during the early preschool years.

> Aggressive peer interaction is thought to play an important role in the development of stable patterns of childhood disruptive behavior (Haselager, Cillessen, Van Lieshout, Riksen-Walraven, & Hartup, 2002; Laird, Jordan, Dodge, Pettit, & Bates, 2001). Although most studies have focused on school-age or adolescent populations, there is evidence that disruptive preschool-age children experience conflicted and coercive relationships with peers (Hughes, White, Sharpen, & Dunn, 2000; Keown & Woodward, 2006; Miller & Olson, 2000; Olson, 1992). Thus, early peer aggression may represent an important and understudied pathway to the pervasive patterns of social maladjustment that characterize aggressive/disruptive school-age children (Melnick & Hinshaw, 2000).

<sup>©</sup> Cambridge University Press 2011

The consequences of early peer aggression must be understood in the context of rapid developmental changes that unfold across the preschool period. Learning to regulate affective and behavioral impulses is a core adaptive "task" in early childhood (Bradley, 2000; Shonkoff & Phillips, 2000). Thus, it is common for young children to struggle with control of aggressive impulses (Tremblay, 2000), and these difficulties tend to resolve over time as children develop more advanced self-regulation. For example, most children show acts of aggression by the second year life, which peak in the third year; by the time children enter kindergarten, aggressive behaviors are largely inhibited (Hay, Payne, & Chadwick, 2004). However, a sizable subgroup of children will continue to show problem behavior across the transition from preschool to school (NICHD Early Child Care Research Network, 2004; Shaw, Gilliom, Ingoldsby, & Nagin, 2003). It is important that high levels of disruptive/aggressive behavior in kindergarten are warning signs of later more serious problems (Broidy et al., 2003; Tremblay, Pihl, Vitaro, & Dobkin, 1994). To understand the origins of chronic aggression, we must identify developmental factors and mechanisms in early childhood that are associated with persistent versus self-limiting patterns of problem behavior.

What characteristics place young children at elevated risk for aggressive/disruptive peer relationships in the school-age years? In largely separate literatures, three broad categories of risk factors have been linked to high levels of early peer aggression: disturbances in children's self-regulation, delays in children's social cognitive understanding, and exposure to adverse parenting. Our major research objective was to examine the *conjoint* influences of these factors to illuminate mechanisms underlying the development of peer aggression across the preschool to school transition. We now briefly review prior work relating these individual risk domains to the development of peer aggression.

# **Disturbances in Self-Regulation**

Early-onset externalizing problems reflect deficits in multiple emotion systems, particularly underregulation of negative emotions (e.g., Calkins & Fox, 2002; Keenan, 2000). For example, young children who show angry responses to frustration also manifest higher levels of aggressive/disruptive peer interactions (Hughes, Cutting, & Dunn, 2001) as well as generalized externalizing problems (Calkins & Dedmon, 2000; Cole, Zahn-Waxler, Fox, Usher, & Welsh, 1996). These findings suggest that children's ability to modulate negative emotional responses to frustrating situations may play a critical role in early peer aggression.

Another key issue concerns the role of executive processes in early peer aggression. A growing body of research indicates that childhood externalizing problems may reflect inadequate regulation of attention and impulses (e.g., Barkley, 1997; Moffitt, 2003). The construct of effortful control is thought to be central here (effortful control; Rothbart, 1989; Rothbart & Bates, 2006). According to Rothbart, effortful control is a temperament trait that emerges during the latter half of the first year of life, in concert with maturation of the anterior attention network, and functions to regulate more "reactive" aspects of temperament such as fear and anger (Rothbart, Derryberry, & Posner, 1994). Externalizing problems in the toddler and preschool years have been associated with low effortful control (Murray & Kochanska, 2002; Olson, Sameroff, Kerr, Lopez, & Wellman, 2005) and with related

constructs such as impulsivity (Calkins & Dedmon, 2000; Hughes, Dunn, & White, 1998) and attentional disorganization (Olson, Bates, Sandy, & Schilling, 2002). Moreover, children's effortful control skills have been found to interact with negative emotion (anger) to predict externalizing psychopathology in school-age children, in that children with the highest levels of anger and lowest levels of regulation manifested more serious problem behavior than others (Eisenberg et al., 2001). However, in prior research with young preschool-age children, we found that effortful control and negative emotion made additive, not interactive, contributions to parent's and teacher's ratings of children's externalizing behavior (Olson et al., 2005). Thus, in the case of early-onset aggressive behavior, the specific nature of linkages between children's effortful regulation skills and negative emotionality is unclear.

# **Delayed Social Cognitive Understanding**

Delays in social understanding also have been posited to play a major role in the development of early onset and later childhood aggression (Lemerise & Arsenio, 2000). As with the development of self-regulation, children's understanding of themselves and others changes rapidly across early childhood and individual differences become quite salient (Dunn, Brown, & Maguire, 1995; Wellman, Cross & Watson, 2001). In the current study, we highlighted individual differences in children's emerging theory of mind understanding as potential contributors to behavioral interactions with peers. During the preschool period, children develop an increased awareness that mental states are internal, subjective experiences distinct from behaviors and contexts associated with them (Wellman et al., 2001). Moreover, individual differences can be reliably measured as early as 3 years of age (e.g., Wellman, Harris, Banerjee, & Sinclair, 1995). High levels of social understanding have been associated with positive peer interaction in young children (Watson, Nixon, Wilson, & Capage, 1999). Conversely, even with verbal IQ controlled, aggressive, disruptive toddlers and preschoolers have been found to show delays in theory of mind (Hughes et al., 1998; Hughes & Ensor, 2006).

# **Adverse Parenting Behaviors**

A growing literature has revealed links between parenting behavior and social information processing and aggression in school-age children (Criss, Shaw, & Ingoldsby, 2003; Heidgerken, Hughes, Cavell, & Wilson, 2004; Scarmella & Leve, 2004). Two categories of parenting risk have been related to early externalizing problems: frequent and harsh parental discipline, of which corporal punishment is one important component, and low levels of emotional support.

#### **Corporal punishment**

Although associations between harsh parental discipline and child problem behavior may be negligible or weak in cultural groups where physical punishment is widely considered a typical child rearing practice (Deater-Deckard & Dodge, 1997; Lansford et al., 2005), parents' frequent use of corporal punishment has been related to impaired child self-regulation and high levels of aggression (e.g., see meta-analysis by Gershoff, 2002).

#### Low warmth

In other reports, children who manifest high levels of early disruptive behavior have been found to experience lower levels of warm, responsive parenting (Gardner, 1994; Olson, Bates, Sandy, & Lanthier, 2000; Pettit, Bates, & Dodge, 1997; Shaw et al., 1998). Even though they have been found to be negatively correlated (Olson et al., 2005), corporal punishment and warmth typically have not been analyzed simultaneously. Thus, it is plausible that they also may contribute *interactively* to peer aggression, that is, children who experience both low parental warmth and frequent corporal punishment may be at heightened risk.

# **Goals of the Current Study**

In summary, deficits in children's self-regulation, social cognition, and parenting experiences have been implicated as key risk factors in the development of early peer aggression. Typically, these factors have been related to child aggression in separate studies. Thus, there are major gaps in our understanding of how these risk factors work together in the genesis and development of early peer aggression. Current conceptualizations underscore the need for simultaneous assessments of these factors, so that the nature of their combined contributions to children's aggressive behavior can be better understood (Arsenio & Lemerise, 2004; Crick & Dodge, 1994; Izard, Fine, Mostow, Trentacosta, & Campbell, 2002). For example, deficits in regulation and social cognition could make independent (additive), interactive, or hierarchical contributions to children's early peer aggression. Supporting a case for hierarchical influences, Hughes et al. (2000) found that difficulties in inhibitory control and attentional regulation explained substantial variance in high levels of peer aggression among disruptive preschoolers, whereas measures of affective perspective taking and theory of mind did not. Especially in young children, it is plausible that adequate levels of social understanding could be overridden by poor regulation of affect and impulses. Similarly, there are important questions concerning how children's early self-regulative and social-cognitive vulnerabilities combine with adverse caregiving experiences to accelerate risk for persistent peer aggression. Developmental pathways to children's behavior problem outcomes are widely believed to be multifactorial, reflecting processes of continuous dynamic interplay between qualities children bring to their social interactions and characteristics of the immediate caregiving environment and its social-ecological context (Sameroff, 2009). For example, harsh parenting has been found to moderate relations between temperament vulnerabilities and externalizing behavior in young children (e.g., Bates, Pettit, Dodge, & Ridge, 1998; Bates, Goodnight, Fite, & Staples, 2009). Likewise, Hughes & Ensor (2006) found that associations between harsh parenting and externalizing problems were strongest in toddlers with poor theory of mind skills.

In the current prospective longitudinal study, individual differences in peer aggression were assessed during the early preschool period, and reassessed following children's transition to kindergarten. From many perspectives, this was an opportune time to examine children's emerging levels of peer adjustment. The vast majority of prior studies have focused on the school-age period, when children's difficulties with peers are already present. Adjustment to the preschool setting, often the first social context outside the home, represents a significant

> challenge for young children who must learn to adapt to new routines, share attention and resources with peers, and modulate emotional and behavioral responses in ways that permit harmonious social exchanges. By examining children who were just beginning to meet these challenges, our central aim was to identify risk markers and processes that antecede heightened peer aggression at early school age. Specific aims were as follows:

- 1. Our initial goal was to test individual, within-domain models featuring children's self-regulation, theory of mind understanding, and parenting experiences as predictors of children's concurrent and school-age levels of peer aggression. We expected that all three models would make significant contributions to our understanding of early peer aggression. We also examined two subhypotheses concerning associations between specific risk factors within each domain of influence:
  - a. Do individual differences in children's effortful control and proneness to negative emotional reactivity combine additively or interactively in the prediction of peer aggression?
  - **b.** Do the parenting behavior factors corporal punishment and warm responsiveness combine additively or interactively in the prediction of peer aggression?
- 2. Our primary aim was to identify preschool-age predictors of children's peer aggression following the transition to school. We hypothesized that measures of early child self-regulation, theory of mind understanding, and adverse parenting behaviors would predict individual differences in peer aggression following the transition to school, either alone or in combination with one another. Given the expected continuity in children's peer aggression across the preschool period, we also questioned whether preschool-age risk factors would predict changes in peer aggression across this important transition period, after controlling for initial levels of peer aggression.
- 3. Our final aim was to examine potential sex differences in early peer aggression and patterns of associated risk factors. Limited attention has been given to examining early antecedents of aggressive, disruptive behavior in girls compared with boys. Most available data on girls has been drawn from later childhood or early adolescence, when they already manifest problem behavior (Cote, Zoccolillo, Tremblay, Nagan, & Vitaro, 2001). However, child sex has been shown to be a powerful moderator of the development of externalizing problem behavior in young children (Keenan & Shaw, 1997; Moffitt, Caspi, Rutter, & Silva, 2001). Moreover, preschoolage girls tend to show more mature self-regulatory and socialcognitive skills than boys (e.g., Hay et al., 2004). In a previous report on the same sample, preschool-age girls were found to have more advanced effortful control skills than boys (Olson et al., 2005). In the current study, we expected that preschool-age girls also would show more advancedlevelsofsocialcognitive maturity than boys. Especially in light of these

important, early appearing sex differences, we questioned whether associations

between developmental and social predictors of children's peer aggression would be moderated by child sex.

### Method

### **Participants**

Participants (N = 199) were drawn from a sample of 240 3-year-old children (118 girls; age range = 32-45 months, M = 41.40 months, SD = 2.09 months) who were enrolled in an ongoing longitudinal study of young children at risk for school-age conduct problems (Olson et al., 2005). Children represented the full range of externalizing symptom severity on the Child Behavior Checklist/2-3 (Achenbach, 1992), with an oversampling of toddlers in the medium high to high range of the Externalizing Problems Scale (T > 60; 44%). The remaining sample was split relatively evenly between children whose externalizing problems T scores exceeded 50 but were below 60, and those whose T scores were below 50. Most families (95%) were recruited from newspaper announcements and fliers sent to day care centers and preschools; others were referred by preschool teachers and pediatricians. In order to recruit children with a range of behavioral adjustment levels, two different ads were periodically placed in local and regional newspapers and child care centers, one focusing on hard to manage toddlers, and the other on normally developing toddlers. The child's attendance in a formal preschool program was not an absolute requirement for family enrollment. Once a parent indicated interest, a screening questionnaire and brief follow-up telephone interview were used to determine the family's appropriateness for participation and willingness to engage in a longitudinal study. Children with serious chronic health problems, mental retardation, and/or pervasive developmental disorders were not included the current study. Families were paid for their participation.

Most children (91%) were of European American heritage. Others were of African American (5.5%), Hispanic American (2.5%), and Asian American (1%) racial or ethnic backgrounds. The majority (87.9%) resided in two-parent families; of the remaining households, 5.3% of parents identified themselves as single (never married), and 6.8% as divorced. Fifty-five percent of mothers worked outside the home on a full-time basis. Nineteen percent of mothers and 24% of fathers had achieved high school educations, 46% of mothers and 34% of fathers had completed 4 years of college, and 35% of mothers and 42% of fathers had completed additional graduate or professional training. The median annual family income was \$52,000 (range = \$20,000 to >\$100,000).

Of the 240 families assessed initially, we have retained 210 (88%) who participated in all aspects of data collection and 96% who have provided partial data. Twenty families moved out of state but continue to provide questionnaire data. Of the 10 families no longer in the study only 2 have refused participation (too busy). The other 8 withdrew because of family or child illness. Attrition was not selective based on our comparisons of major sociodemographic or study characteristics.

#### Overview of procedures

**Age 3**—Children participated in a Saturday morning laboratory session scheduled at a local preschool. Following 20–30 min of rapport building, measures of effortful control, social—cognitive maturity, and cognitive competence were individually administered. Children received small gifts for their participation.

Mothers were interviewed in their homes by a female social worker. Family demographic information was obtained; in addition, mothers responded to questions concerning their child's behavioral adjustment. Subsequent to the home visit, mothers completed questionnaires concerning the child's behavioral adjustment and temperament.

The majority of the children in our study (86%) were enrolled in preschool or daycare programs outside the home. Preschool teachers were asked to contribute ratings of children's behavioral adjustment, and 95% agreed and were given gift certificates for their participation. As described below, children's peer interactions were videotaped in preschool settings.

**Age 6**—Kindergarten teachers were asked to provide follow-up measures of child adjustment, and were given gift certificates for their participation. At follow-up, approximately 9% (20) of the children exceeded clinical cutoffs on the Externalizing Problems Scale of the Teachers Report Form (Achenbach & Rescorla, 2001). Observations of peer aggression were carried out in classroom and playground settings using hand-held computers.

#### Assessment of effortful control

Individual differences in effortful control were assessed using behavioral tasks and maternal ratings.

Behavioral battery—During a laboratory visit children were administered six tasks from Kochanska, Murray, Jacques, Koenig, and Vandegeest's (1996) toddler-age behavioral battery: turtle and rabbit, tower task, snack delay, whisper task, tongue task, and lab gift, which were administered in that order. Each behavioral task was designed to tap Rothbart's (1989) general construct of effortful control (suppressing a dominant response and initiating a subdominant response according to varying task demands). All tasks were introduced as "games," and children were reminded of the rules midway through each task. In order to provide a check on accuracy of recording, 15 test administrations were videotaped and independently scored. Reliability was excellent ( $\kappa = 0.95$ ). Individual tasks have been described in detail elsewhere (Kochanska et al., 1996; Olson et al., 2005). As recommended by Kochanska et al. (1996), a total behavioral score was computed by summing individual subtest scores (standardized  $\alpha = 0.70$ ).

**Maternal rating**—An abbreviated version of Rothbart's Child Behavior Questionnaire (CBQ; Ahadi, Rothbart, & Ye, 1993) was used to assess individual differences in maternal perceptions of child temperament. An effortful control index was created by summing children's scores on inhibitory control ( $\alpha = 0.77$ ) and attentional focusing ( $\alpha = 0.85$ ), the

two most theoretically and empirically salient components of the construct (e.g., Posner & Rothbart, 2000).

**Total effortful control score**—Previously we reported that the maternal rating index and laboratory behavioral composite index of effortful control were significantly intercorrelated. Thus, a summary index was created by aggregating children's standardized scores on these measures (Olson et al., 2005).

## Assessment of negative emotional reactivity

Individual differences in children's proneness to negative emotional reactivity were assessed using behavioral tasks and maternal ratings.

**Disappointment task**—Individual differences in children's negative emotional reactivity were assessed using an adapted version of the disappointment paradigm developed by Cole, Zahn-Waxler, and Smith (1994). Children were seated at a small table and shown an array of four small objects, some desirable (small toys or stickers) and some undesirable (broken pencils or bottle caps). The child was asked to rank order his/her most versus least preferred toys, and was told that another person would bring his/her most highly desired choice. A second assistant entered the room, presented the child's least desired choice, and sat at the table completing paperwork for 60 s. The assistant left the child alone for 60 s. Finally, the first assistant reentered and interviewed the child to determine self-reported emotional responses to disappointment. Next, the examiner told the child that there was a mistake and gave the child his/her first choice. The second assistant returned briefly and apologized for the mistake. The task was videotaped.

The presence of three affective states (happiness, sadness, anger) was coded every 10 s. Reliability was based on 30 paired observations independently analyzed by two coders ( $\kappa$  = 0.83, range = 0.71–0.94). The indexes of *reactive anger and sadness* were extracted for use in the current study and aggregated into a composite index, negative emotion. The internal consistency of this composite was good ( $\alpha$  = 0.80). These measures were created by subtracting expressed negative affect in response to receiving a disappointing toy from basal levels of negative affect (assessed before the toy was presented). Voice and facial cues for *anger/hostility* included harsh insistent tone, increase in pitch and volume, tightened or narrowed eyelids, tightened or pressed lips, clenched teeth, and mouth or jaw set. Voice and facial cues for *sadness* included soft voice tone decreases in volume and/or drops off, lip corners turned down, depressed lower lip, eyelids drooped, and tearfulness (Cole et al., 1994).

**Maternal report scales**—The child's dispositional proneness to anger also was assessed using maternal reports on the Anger/Frustration Scale of the CBQ (our  $\alpha = 0.77$ ).

**Data reduction**—Attempts to combine behavioral and rating measures of child negative emotion were unsuccessful, given that these two variables were uncorrelated. Therefore, negative emotion and anger/frustration were retained as separate variables.

### Assessment of theory of mind understanding

Children's theory of mind abilities were assessed using the False Belief Prediction and Explanation Tasks—Revised (Bartsch & Wellman, 1989). These tasks index the child's ability to predict and explain action choices of hypothetical children who have erroneous information about the location of everyday stimulus objects. Children were given a total of four different prediction and explanation tasks presented in an alternating order/fashion. In the prediction tasks, the child must predict where a doll character will look for a desired object based on what that character believes about that object's location. For example, in one false belief prediction task, the experimenter shows the child a crayon box and a plain box. The experimenter then suggests that they play a "trick" on the story character and then proceeds to take the crayons out of the crayon box and put them in the plain box, emphasizing to the child that the story character cannot see them play this trick. The child is then asked to predict where the story character will look for the crayons. The explanation tasks follow the same format where the desired objects are moved in order to "trick" the story character. For example, raisins are moved from a raisin box to a plain box. The explanation tasks differ in that the experimenter then proceeds to have the story character look for the desired object in the original location (raisin box). The child is then asked to explain why the story character looked for the raisins in that location. In order to respond correctly, the subject's answer must refer to the story character's mental state, such as "he thinks the raisins are in the raisin box." If the child does not spontaneously provide this sort of explanation, he/she is explicitly asked, "What does (the character) think?"

Children received a score of 2 if they correctly answered the control question (i.e., "where are the crayons really?") and spontaneously provided a mental state explanation (false-belief or ignorance explanation) for the story characters' search behavior (e.g., "because he *thinks* there are crayons in there"). They received a score of 1 for any false-belief explanation item if they correctly answered the control question and only provided a mental state explanation for the story characters' behavior in response to the explicit prompt, "what does he/she think?" Children received a score of 2 on any false belief prediction item if they correctly answered the control question and correctly predicted where the story character would search for the item (based on that character's false belief). All other responses for the false-belief prediction items received a score of 0. The reliability of scoring (based on random sample of 15 subjects) was 97%. Disagreements were settled through consultation with the team leader, an expert in the assessment of early theory of mind.

A total score was calculated by summing each child's total score on the theory of mind tasks (correct responses to the prediction and explanatory belief-desire tasks) divided by 16 (the total possible correct score). Total scores on each task were summed across trials and composited into one index (higher scores indicated more advanced perspective-taking skills), which was the theory of mind ( $\alpha = 0.71$ ).

#### Assessment of peer aggression

**Preschool observations**—Target children were videotaped during free play activities in their preschool classrooms. There were two 30-min observation sessions scheduled 2–3 weeks apart. The observer was unknown to the target child and was introduced as "a visitor

to our classroom who's taking pictures of our preschool." A 10- to 15-min warm-up period occurred during which the observer videotaped multiple targets in the classroom so that children could adapt to the observer's presence. Following the warm-up, the observer videotaped the target child for 30 min continuously, moving the camera away only when the child looked directly at it. Subsequently, videotapes were written to CD. Aggressive interactions between the target and his/her peers were coded sequentially, with the presence or absence of the following behaviors recorded at 15-s intervals (adapted from Olson, 1992): verbal aggression (taunts, threatens physical harm, insults), object aggression (smashes or bangs peer's toys or possessions), and physical aggression (hits, kicks, bites, scratches, pinches, spits on, and/or pulls hair of peer). Reliability was established based on 40 paired observations independently analyzed ( $\kappa = 0.89$ , range = 0.79–0.97). For the purposes of the present study, a total peer-directed aggression score was derived, based on a composite of verbal aggression, physical aggression, and object aggression directed toward peers. Because different observations varied slightly in length, proportional scores were used.

Kindergarten observations—There were two 1-hr visits to the child's kindergarten classroom and playground settings. Visits were scheduled 1–2 weeks apart. Observers used hand-held computers (Noldus Observer) to record aggressive interactions between study children and their peers. The presence of child Verbal Aggression and Physical Aggression directed to peers was entered every 15 s (same criterion behaviors as above). Two independent coders achieved good reliability (20% of the observations; mean  $\kappa = 0.84$ ). The final composite scores represented the *proportion* of times each child showed aggressive behavior toward peers (sum of verbal and physical aggression/number of minutes observed).

**Teacher ratings**—At age 3 years, preschool teachers completed the Caregiver/Teacher Report Form, Ages 2–5 (Achenbach, 1997). The aggressive behavior subscale, a measure of aggressive, destructive behavior in preschool settings, was extracted for use in the current study. At age 6 years, kindergarten teachers completed the Inventory of Peer Relations (Dodge & Coie, 1987). This 20-item scale provides measures of reactive ("when teased, strikes back") and proactive ("bullies others") peer aggression. The scale has high internal consistency and moderate construct validity (Dodge & Coie, 1987).

Composite measures of peer aggression—Observational and teacher rating measures of children's peer aggression were significantly intercorrelated (rs = .29 and .30, ps, < .01, at ages 3 and 6 years, respectively). Composite variables integrating the teacher report and observational measures of child aggression were created. Both teachers' ratings and the observational indexes of child aggression were found to be highly skewed; in addition, the observational indexes contained many cases with scores of zero. The following steps were taken to derive statistically sound weighted composite measures of child aggression at each age point. Given that teachers' ratings of children's aggression can be considered more reliable than discrete observations over a limited time period, the observation scores were treated as upward adjustments to the teacher rating scales. The observation scores were weighted 0.5 in relation to the "1" values assigned the teacher scores. Next, the resulting Z-score composite was corrected for skewness using procedures described in Afifi, Kotlerman, Ettner, and Cowan, (2007): a constant was added, and a

logarithmic transformation of the new variable was created. These procedures yielded robust, normally distributed measures of peer aggression at ages 3 (skewness = 0.12, SE = 0.17) and 6 (skewness = -0.62, SE = 0.17) years.

#### Measures of parental warm responsiveness and harsh discipline

Mothers completed the Parenting Dimensions Inventory (Power, 1993). The nurturance and responsiveness subscales, which are theoretically related as dimensions of parental warmth, were averaged to form a total score, warm responsiveness ( $\alpha = 0.73$ ). During the home interview, mothers reported how frequently they and their husbands had physically disciplined their child (e.g. spank, grab, shake) during the last 3 months (Dodge, Pettit, & Bates, 1994). Possible answers included never (0), once/month (1), once/week (2), daily (3), and several times daily (4). We adapted this measure by creating a summary scale based on the frequency with which the mother reported that her child received physical punishment from either parent (Kerr, Lopez, Olson & Sameroff, 2004). The lowest score was assigned to children who received no physical punishment from either their mother or father. Children assigned the next lowest score received no physical punishment from one parent, but were physically punished once per month by the other parent, and so on. Children who experienced physical punishment several times daily from both parents received the highest score. These procedures yielded a total score, corporal punishment. Approximately 73% of parents endorsed occasional use of physical punishment, 39% stated that they used corporal punishment at least once per month, and at the mot extreme end of the continuum, 8% physically punished their child one or more times each day.

#### Results

#### Overview

In preliminary analyses, we examined descriptive properties of measures, mean-level sex differences, bivariate associations between study variables and multivariate associations spotlighting concurrent predictors of peer aggression. In subsequent analyses, we evaluated single- and cross-domain models of preschool-age precursors of children's peer aggression at early school age, and whether child gender moderated the nature of these associations. Analyses were conducted using a sample consisting of children who had observational and teacher rating data on peer aggression behaviors at both time periods (n = 199). Pairwise deletion of missing data was used in all analyses. The total numbers fluctuated somewhat across specific analyses, as shown in the tables.

#### Preliminary analyses

**Descriptive statistics and sex differences**—Means, standard deviations, and mean-level sex differences for all study variables are shown in Table 1. Normality was assessed comparing the skewness statistic with zero using the Z distribution. The behavioral indexes of children's negative emotion and theory of mind understanding and parents' reports of corporal punishment were found to be skewed. As with the peer aggression measures, these variables were corrected using a logarithmic transformation: theory of mind, skewness 0.59 (SE = 0.16); negative emotionality, skewness = 0.35 (SE = 0.17); and corporal punishment,

skewness = 0.19 (SE = 0.15). The transformed variables met the normality assumption and were used in all further analyses.

At ages 3 and 6 years, boys displayed significantly higher levels of peer aggression than girls. Previously we reported that boys achieved lower scores on behavioral and maternal rating measures of effortful control, whereas boys and girls did not differ significantly on maternal ratings of anger/frustration (Olson et al., 2005). As shown in Table 1, current analyses revealed that preschool-age boys also received higher levels of parental corporal punishment and achieved lower levels of theory of mind understanding than girls. Mean scores on children's negative emotional reactivity to disappointment and experience of maternal warm responsiveness did not differ significantly between boys and girls.

**Bivariate correlations between study variables**—Bivariate correlations between all study variables are shown in Table 2. As expected, individual differences in children's peer aggression were moderately stable between ages 3 and 6 years. On the whole, measures of child self-regulation, child theory of mind understanding, child aggression and parenting behavior tended to be significantly intercorrelated, supporting the need for complex multivariate analyses across different risk domains. However, the laboratory index child negative emotion did not correlate with other measures of child self-regulation, or with measures of parenting and child aggression.

# Concurrent predictors of preschool-age peer aggression

**Contributions of child self-regulation**—Contributions of children's early self-regulatory functioning to preschool peer aggression were examined using multiple linear regression. Preschool measures of child negative emotion (negative emotion; anger/frustration) and effortful control were entered simultaneously as predictors of preschool-age peer aggression. The overall model was significant,  $R^2 = .09$ , F(3, 158) = 4.92, p < .01. However, only effortful control made a significant individual contribution ( $\beta = 20.28$ , p < .001).

To test the subhypothesis that interactions between negative emotional reactivity and effortful control predict children's peer aggression, the following two-way interaction terms were created: Effortful Control×Negative Emotion and Effortful Control×CBQ Anger/ Frustration. Following recommendations of Aiken and West (1991), all variables were centered before entry into regression analyses. The interaction between effortful control and negative emotion was entered in Steps 2 and 3 of the equations described above, after controlling for main effects. These interaction terms did not make a significant contribution to children's peer aggression. However, the interaction between effortful control and anger/ frustration made a significant contribution to preschool-age peer aggression,  $R^2 = .03$ , F(3, 167) = 7.67, p < .01.

The nature of the interaction between child effortful control and anger/frustration was examined. The significance of the simple slopes was tested by creating new control variables for each level of the moderating variable (mean, 1 *SD* below the mean, and 1 *SD* above the mean; Aiken & West, 1991). Results indicated that effortful control predicted concurrent levels of peer aggression in children who manifested medium and high levels of

anger ( $\beta$ s = -0.29 and -0.28, ps, < .01), but not in children who manifested low levels ( $\beta$  = 0.11, ns).

**Contributions of child theory of mind**—Contributions of early theory of mind understanding to children's preschool peer aggression were examined using multiple linear regression analyses. The theory of mind understanding made a significant contribution to the concurrent measure of peer aggression,  $R^2 = .04$ , F(1, 187) = 7.69, p < 01. Results were in the predicted direction: children with relatively poor theory of mind understanding tended to manifest higher levels of peer aggression than others.

Contributions of parenting behavior—Contributions of early parenting behavior to children's preschool-age peer aggression were examined using multiple linear regression analyses. Preschool-age measures of maternal warm responsiveness and parental corporal punishment, entered simultaneously, made a significant contribution to concurrent levels of peer aggression,  $R^2 = .03$ , F(2, 194) = 3.29, p < .05. However, only corporal punishment made a significant individual contribution to children's peer aggression ( $\beta = 0.15$ , p < .05).

Potential interactive contributions of warm responsiveness and corporal punishment to the explanation of children's peer aggression were examined. Their two-way interaction term, entered on the second step of the equation described above, did not make a significant incremental contribution to children's peer aggression.

Combined contributions of effortful control and theory of mind—Having shown that effortful control and theory of mind made significant individual contributions to children's peer aggression, we evaluated the nature of their combined contributions using hierarchical multiple regression analyses. The dependent variable was the preschool-age measure of children's peer aggression. Effortful control was entered on the first step of the equation, theory of mind understanding on the second step, and their two-way interaction term on the third. As shown in Table 3, effortful control made a highly significant contribution to the variance in preschool-age peer aggression. However, controlling for the effects of effortful control, theory of mind no longer made a significant contribution to preschool peer aggression. The interaction between effortful control and theory of mind did not contribute significantly to the explanation of children's concurrent peer aggression.

Although measures of children's proneness to negative emotionality did not make significant individual contributions to peer aggression, we questioned whether negative emotionality might *interact* with theory of mind in the prediction of peer aggression. Terms expressing the two-way interactions between child negative emotionality and theory of mind understanding (Negative Emotion×Theory of Mind; CBQ Anger/Frustration×Theory of Mind) were created using methods described above. These terms were added on the third step of each equation, after controlling for individual contributions of each predictor variable. However, interactions between children's theory of mind and negative emotionality did not contribute significantly to individual differences in peer aggression.

**Combined contributions of intrachild and parenting risk**—Finally, we tested models focused on interactive contributions of parenting and intrachild risk factors to

children's peer aggression. In the first block of equations, we evaluated interactive contributions of preschool intrachild risk factors with parental corporal punishment to children's peer aggression at age 3. Corporal punishment was entered on Step 1 of the equation, measures of child self-regulation and theory of mind were entered on Step 2, and the following two-way interaction terms were entered on Steps 3–6: Effortful Control×Corporal Punishment, Theory of Mind×Corporal Punishment, Negative Emotion×Corporal Punishment and Anger/Frustration×Corporal Punishment. As shown in Table 4, after controlling for the significant individual contributions of corporal punishment and intrachild risk factors, only the interaction between corporal punishment and child negative emotion made a significant incremental contribution to children's preschool peer aggression.

These steps were repeated using warm responsiveness as the focal parenting behavior variable. As shown in Table 4, none of the interactions between warm responsiveness and developmental risk factors contributed significantly to the concurrent index of children's peer aggression.

The nature of the interaction between corporal punishment and child negative emotion was examined. The significance of the simple slopes was tested by creating new control variables for each level of the moderating variable (mean, 1 *SD* below the mean, and 1 *SD* above the mean; Aiken & West, 1991). However, none of these interaction terms reached significance.

#### Interactive contributions of child gender

Does child gender moderate associations between early risk variables and children's concurrent and later peer aggression? Two-way interactions between child gender and each risk variable were constructed using methods described above. Six equations were analyzed; each individual risk variable was entered on the first step, followed by its two-way interaction with gender. However, none of the models reached significance, demonstrating that child gender did not interact with preschool risk factors to predict concurrent or later levels of peer aggression.

#### Preschool predictors of peer aggression at early school age

Our primary research objective was to identify preschool-age predictors of children's peer aggression following the transition to school. In what follows, we examine predictive associations between preschool measures of self-regulation, theory of mind understanding, and adverse parenting behavior and individual differences in children's peer aggression at early school age. Finally, we examine the nature of combined contributions of early intrachild and parenting risk factors to later peer aggression, controlling for initial levels of peer aggression.

**Contributions of early child self-regulation**—In the first block of equations, kindergarten-age peer aggression was the dependent variable and measures of preschool-age child self-regulation were simultaneously entered as predictors. The model was marginally significant,  $R^2 = .03$ , F(3,191) = 1.94, p = .12. Only effortful control made a significant

individual contribution to the variance in children's later peer aggression ( $\beta = -0.21$ , p < .05). Next, the autoregressive association between early and later aggressive behavior was accounted for by entering preschool-age peer aggression on the first step of the equation. After controlling for continuity in children's peer aggression, early effortful control no longer predicted school-age peer aggression ( $\beta = -0.07$ , ns).

We also explored the possibility that measures of effortful control and child negative emotion may combine interactively to predict heightened peer aggression. However, interactions between measures of child effortful control and negative emotion did not predict children's peer aggression at early school age.

**Contributions of early child theory of mind**—In the second block of analyses, schoolage peer aggression was the dependent variable and children's preschool-age theory of mind understanding was the predictor variable. The model failed to reach significance.

Contributions of early parenting—In the third block of analyses, measures of preschool-age parenting behavior were entered as predictors of children's peer aggression at early school age. Preschool-age measures of parenting were significant predictors of children's school-age peer aggression ( $R^2 = .06$ , F = 6.13, p < .01). Corporal punishment was the only significant individual predictor ( $\beta = 0.23$ , p < .01). When the autoregressive association between children's early and later aggressive behavior was controlled by entering preschool-age peer aggression on the first step, the association between corporal punishment and later peer aggression remained significant ( $\beta = 0.19$ , p < .05). Interactions between corporal punishment and warm responsiveness did not make a significant incremental contribution.

#### Combined contributions of intrachild and parenting to later peer aggression—

Hierarchical multiple regression analyses were used to examine how early child and parenting factors combined to predict school-age peer aggression, controlling for preschool levels of peer aggression. Preschool-age peer aggression was entered on the first step of the equation, followed by corporal punishment on the second step, preschool measures of child self-regulation and theory of mind on the third step, and the four two-way interaction terms (Corporal Punishment×Each Intrachild Factor) on Steps 4–6. As shown in Table 5, even after controlling for the robust contribution of preschool levels of peer aggression, corporal punishment made a significant incremental contribution to the variance in peer aggression at school entry. However, none of the interaction terms contributed significantly to the explanation of changes in children's peer aggression across the transition to school.

These steps were repeated using maternal warm responsiveness as the focal parent behavior variable. As shown in Table 5, controlling for levels of preschool peer aggression, only the interaction between theory of mind and maternal warm responsiveness made a significant contribution to children's school-age peer aggression.

The nature of the interaction between maternal warm responsiveness and child theory of mind understanding was examined. The significance of the simple slopes was tested by creating new control variables for each level of the moderating variable (mean, 1 *SD* below

the mean, and 1 SD above the mean; Aiken & West, 1991). As shown in Table 6, low warm responsiveness was the best predictor of later peer aggression in children who also manifested low levels of theory of mind understanding.

#### **Discussion**

In this prospective longitudinal study, individual differences in peer aggression were assessed during the early preschool period, and reassessed following children's transition to kindergarten. Most prior studies of children's peer aggression have focused on the school age period, when difficulties with peers are already present. However, adjustment to the preschool setting represents a significant challenge for young children who must learn to adapt to new routines, share attention and resources with peers, and modulate emotional and behavioral responses in ways that permit harmonious social exchanges. By examining children who were just beginning to meet these challenges, our central aim was to identify risk markers and processes that antecede adjustment to another major developmental transition, school entry. Adjustment to kindergarten is an important turning point in children's development, requiring accelerated social and self-regulatory skills. Children who show elevated rates of peer aggression in kindergarten are at risk for cascading social and academic problems across the school-age years (e.g., Dodge et al., 2008).

Individual differences in children's peer aggression at 3 years, which were assessed using teacher reports and behavioral observations, were good predictors of heightened peer aggression following the transition to school. The moderate level of association is consistent with other research (e.g., Campbell, Shaw, & Gilliom, 2000) and is impressive given that children were assessed in the beginning of the preschool period, a time of rapid developmental change, and were evaluated nearly 3 years later by different teacher and observers. We now discuss concurrent risk factors associated with children's early peer aggression and then move to our main research question: which patterns of early developmental and parenting risk best predict children's peer aggression following the transition to kindergarten?

### Concurrent correlates of children's peer aggression at age 3 years

Preliminary findings provided further support for the salience of self-regulation deficits as contributors to early aggression, and helped clarify our understanding of how different types of regulatory difficulties work together in young children who experience frequent aggressive interactions with peers. Controlling for shared variance between different measures of regulation, only effortful control made a significant individual contribution to children's peer aggression. Previously we reported that deficits in effortful control were robust predictors of parents' and teachers' ratings of child externalizing problems at age 3 years (Olson et al., 2005). The current findings show that associations between poor effortful control and child problem behavior generalized to the domain of early peer aggression.

Our findings also provided insight into how different types of self-regulation deficits combined in children with high levels of peer aggression (e.g., Olson, Sameroff, Lunkenheimer, & Kerr, 2009). Children's proneness to negative emotionality, assessed

using responses to a laboratory "challenge" task and maternal ratings, did not make an individual contribution to the explanation of peer aggression once levels of effortful control were controlled. However, supporting an interactive model of risk (Eisenberg et al., 2001), effortful control was the strongest predictor of peer aggression in children who manifested medium to high levels of anger in the home setting. These early patterns of aggressive behavior may be precursors of the reactive form of peer aggression that has been well documented in school-age children (e.g., Dodge, 2003).

To a modest degree, our findings also supported the hypothesis that delays in children's emerging understanding of others' mental states contribute to early aggressive peer interactions. Consistent with some recent findings (e.g., Hughes & Ensor, 2006), preschoolage children with relatively poor theory of mind understanding were at elevated risk for aggressive interactions with their preschool peers. Because measures of effortful control and theory of mind were positively intercorrelated (see also Carlson & Moses, 2001), integrative models were needed to clarify how these vulnerabilities worked in concert to elevate children's risk status. Controlling for the effects of effortful control, the predictive association between theory of mind and peer aggression became negligible. Thus, these data affirmed an hierarchical model wherein children's poor effortful control skills were primary contributors to early problem behavior (Hughes et al., 2000).

Finally, young children who experienced high levels of corporal punishment tended to manifest frequent aggressive peer interactions in preschool. These findings affirmed a large body of prior work showing that corporal punishment is robustly associated with children's aggressive behavior during the school-age years (e.g., Gershoff, 2002). Contrary to expectation, low levels of maternal warmth and responsiveness were not associated with children's peer aggression, nor did they interact with harsh discipline to place children at heightened risk.

As expected, deficits in children's self-regulation and social cognition also were significantly associated with heightened levels of corporal punishment and low levels of warm responsiveness. Integrative analyses showed that frequent corporal punishment made an incremental contribution to the explanation of early peer aggression. Thus, both intrachild regulatory deficits and adverse parenting should be considered fundamental components of heightened peer aggression in preschool-age children. Given that children's regulatory problems often elicit harsh parental control, the nature of these associations is thought to be highly reciprocal (Olson & Lunkenheimer, 2009).

## Preschool-age predictors of children's peer aggression at early school age

Our primary research goal was to identify early preschool predictors of children's peer aggression at early school age, particularly preschool precursors of changes in peer aggression across this important transition period. As a whole, intrachild deficits in self-regulation and theory of mind understanding made few direct contributions to children's later peer aggression. A notable exception was the significant association between children's early effortful control skills and later peer aggression, extending prior concurrent associations to a longitudinal time frame (Olson et al., 2005). However, when children's preschool levels of peer aggression were controlled, associations between early effortful

control and later peer aggression became negligible. We conclude that young children with poor effortful control skills are at elevated risk for aggressive interactions with peers, and that this key developmental vulnerability was linked with later peer aggression through individual continuity in aggressive behavior.

In contrast to the weak pattern of associations between early measures of self-regulation and theory of mind and children's later peer aggression, measures of early parenting risk were significant predictors of children's peer aggression following the transition to school. Given the substantial continuity in peer aggression across early childhood, by controlling for preschool levels of peer aggression we were able to predict change in peer aggression across this important transition period. A single domain of risk appeared to be most critical in understanding why children's peer aggression may accelerate across the transition to school: parental corporal punishment contributed significantly and uniquely to the explanation of changes in peer aggression across the transition to school. These data strongly affirmed a large body of research linking corporal punishment to increased aggressive responding in children (e.g., Berlin et al., 2009; Gershoff, 2002; Snyder, Cramer, Afrank, & Patterson, 2005). Our findings extended prior research by showing that corporal punishment in the early preschool period predicted *changes* in children's peer aggression across a significant developmental transition.

Other categories of early risk operated differently in the prediction of changes in peer aggression. Neither low levels of maternal warmth nor delays in children's theory of mind understanding made significant individual contributions to children's later peer aggression. However, low levels of warm responsiveness predicted increased peer aggression in children who also had low levels of theory of mind understanding. Thus, the interactive contribution of maternal warmth and children's theory of mind deficits was important to our understanding of early risk for peer aggression following the transition to school.

In sum, it was fascinating that different patterns of risk factors were associated with individual differences in children's concurrent versus later peer aggression. During the early preschool period, deficits in children's self-regulatory and social cognitive skills were salient contributors to high levels of peer aggression, as was frequent corporal punishment. Generally, however, deficits in children's early developmental skills did not predict changes in peer aggression across the transition to school, whereas frequent corporal punishment predicted heightened aggressive responding. This was not surprising given that children's self-regulatory and social cognitive skills undergo rapid developmental changes across the preschool period (Olson et al., 2009). We speculate that these early skills deficits play a key role in the origins of children's aggressive responding. Once aggressive behaviors begin to stabilize, however, environmental risk factors become the primary predictors of children's later risk status, most likely reflecting complex child—environment transformational processes (e.g., Sameroff, 2009).

#### The role of child gender

Finally, our findings highlighted the salience of sex differences in the development of peer aggression. Boys showed higher levels of peer aggression than girls at both ages. Moreover, preschool boys had significantly lower levels of effortful control, mental state (theory of

mind) understanding, and control of angry reactivity than girls. These findings converge with those of other studies showing that boys are at elevated risk for preschool onset aggression, and that multiple developmental vulnerabilities contribute to boys' risk status (Keenan & Shaw, 2003; Moffitt et al., 2001). However, gender did not moderate *associations* between preschool risk variables and peer aggression. Thus, our findings support Moffitt's (2003) argument that boys are at elevated risk for early aggression because they experience higher levels of developmental and social risk.

# Strengths and Limitations

The noteworthy strengths of our study included prospective longitudinal assessments of children's peer aggression across an important developmental transition; assessments of early developmental risk that spanned multiple constructs, three different settings, and multiple informants; use of both observational and rating measures of children's peer aggression; the participation of relatively equal numbers of boys and girls; and consideration of interrelations between intrachild and parenting risk factors.

We also highlight features of this study that may limit the generalizability of our findings. First, most children in the study were from intact, two-parent middle-class families. Therefore, our findings may not generalize to children growing up in other family constellations, or to those whose families experience severe economic hardship. Similarly, reflecting the local population, children and parents in our study primarily were from European American backgrounds. Thus, our findings may have limited generalizability to racially and ethnically diverse groups of young children.

Another potential limitation concerned our measurement of a key parenting construct, corporal punishment. Our interview based assessment focused on the frequency of parents' use of physical punishment. We did not directly address the broader construct of punitive discipline that also includes harsh emotional behaviors such as screaming, yelling, and/or derogating the child. Given the importance of frequent corporal punishment as a correlate of child aggression, in future studies it would be worthwhile to include broader constructs of punitive discipline that encompass a full range of harsh practices.

Finally, children in our constrained community sample represented the full range of the externalizing problems spectrum with a disproportionate number in the medium—high to high range. However, relatively few had externalizing scores in the extreme range, limiting generalizability to clinically referred populations of young children.

#### Conclusion

Difficulties in children's early self-regulation, theory of mind understanding and parenting experiences have been related to children's early aggressive behavior in previous reports (e.g., Gilliom, Shaw, Beck, Schonberg, & Lukon, 2002; Hughes & Ensor, 2006; Olson et al., 2005; Snyder, Prichard, Schrepferman, Patrick, & Stoolmiller, 2004). In the current study, measures in each risk domain were associated with concurrent measures of early peer aggression, and any of these associations could have been the foundation for a concise "story." However, most of these risk factors were intercorrelated, obscuring unique

contributions and complex transactions between child and environment that underlie the acceleration of children's early risk potential (Sameroff, 2009). Our main finding was that preschool-age measures of adverse parenting predicted children's peer aggression at early school age, even after initial levels of aggression were controlled. These data clearly show that adverse parenting behaviors, particularly frequent corporal punishment, are important contributors to the growth of peer aggression in young children. High levels of aggressive behavior in kindergarten have been linked with chronic, cascading social and academic difficulties that include peer victimization (e.g., Morrow, Hubbard, McAuliffe, Rubin, & Dearing, 2006), use of illicit substances (Dodge et al., 2009), and poor educational attainment in early adulthood (Vitaro, Brendgen, Larose, & Tremblay, 2005). Thus, our data highlight the need for family intervention during the early preschool years.

# Acknowledgments

This research was supported by Grant RO1MH57489 from the National Institute of Mental Health (to S.O. and A.J.S.). We are very grateful to the children, parents, and teachers who generously shared their time with us and to the many individuals who helped with data collection and coding, especially Gail Benninghoff, Meribeth Gandy, Lisa Alvarez, Sara Miceli, and Felicia Kleinberg. We also thank the administrators of the University of Michigan Children's Center for their invaluable assistance.

#### References

- Achenbach, TM. Manual for the Child Behavior Checklist/2–3 and 1992 profile. University of Vermont, Department of Psychiatry; Burlington, VT: 1992.
- Achenbach, TM. Teacher/Caregiver Report Form for Ages 2–5. University of Vermont, Department of Psychiatry; Burlington, VT: 1997.
- Achenbach, TM.; Rescorla, LA. Manual for ASEBA School-Age Forms & Profiles. University of Vermont, Research Center for Children, Youth, & Families; Burlington, VT: 2001.
- Aiken, LS.; West, SG. Multiple regression: Testing and interpreting interactions. Sage; Newbury Park, CA: 1991.
- Affifi AA, Kotlerman JB, Ettner SL, Cowan M. Methods for improving regression analysis for skewed continuous or counted responses. Annual Review of Public Health. 2007; 28:95–111.
- Ahadi SA, Rothbart MK, Ye RM. Child temperament in the U.S. and China: Similarities and differences. European Journal of Personality. 1993; 7:359–378.
- Arsenio WF, Lemerise EA. Aggression and moral development: Integrating social information processing and moral domain models. Child Development. 2004; 75:987–1002. [PubMed: 15260859]
- Barkley RA. Behavioral inhibition, sustained attention, and executive functions: Constructing a unifying theory of ADHD. Psychological Bulletin. 1997; 121:65–94. [PubMed: 9000892]
- Bartsch K, Wellman HM. Young children's attribution of action to beliefs and desires. Child Development. 1989; 60:946–964. [PubMed: 2758888]
- Bates, JE.; Goodnight, JA.; Fite, JE.; Staples, AD. Behavioral regulation as a product of temperament and environment. In: Olson, SL.; Sameroff, AJ., editors. Regulatory processes in the development of behavior problems: Biological, behavioral, and social—ecological interactions. Cambridge University Press; New York: 2009.
- Bates JE, Pettit GS, Dodge KA, Ridge B. Interaction of temperamental resistance to control and restrictive parenting in the development of externalizing behavior. Developmental Psychology. 1998; 34:982–995. [PubMed: 9779744]
- Berlin LJ, Ispa JM, Fine MA, Malone PS, Brooks-Gunn J, Brady-Smith C, et al. Correlates and consequences of spanking and verbal punishment for low-income white, African-American, and Mexican American toddlers. Child Development. 2009; 80:1403–1420. [PubMed: 19765008]

Bradley, SJ. Affect regulation and the development of psychopathology. Guilford Press; New York: 2000.

- Broidy LM, Nagin DS, Tremblay RE, Bates JE, Brame B, Dodge K, et al. Developmental trajectories of childhood disruptive behaviors and adolescent delinquency: A six site, cross-national study. Developmental Psychology. 2003; 39:222–245. [PubMed: 12661883]
- Calkins SD, Dedmon SE. Physiological and behavioral regulation in two-year-old children with aggressive/destructive behavior problems. Journal of Abnormal Child Psychology. 2000; 28:103–118. [PubMed: 10834764]
- Calkins SD, Fox NA. Self-regulatory processes in early personality development: A multilevel approach to the study of childhood social withdrawal and aggression. Development and Psychopathology. 2002; 14:477–498. [PubMed: 12349870]
- Campbell SB, Shaw DS, Gilliom M. Early externalizing behavior problems: Toddlers and preschoolers at risk for later maladjustment. Development and Psychopathology. 2000; 12:467–488. [PubMed: 11014748]
- Carlson SM, Moses LJ. Individual differences in inhibitory control and children's theory of mind. Child Development. 2001; 72:1032–1053. [PubMed: 11480933]
- Cole PM, Zahn-Waxler C, Fox NA, Usher BA, Welsh JD. Individual differences in emotion regulation and behavioral problems in preschool children. Journal of Abnormal Psychology. 1996; 105:518–529. [PubMed: 8952185]
- Cole PM, Zahn-Waxler C, Smith KD. Expressive control during a disappointment: Variations related to preschoolers' behavior problems. Developmental Psychology. 1994; 30:835–846.
- Cote S, Zoccolillo M, Tremblay RE, Nagin DS, Vitaro F. Predicting girls' conduct disorder in adolescence from childhood trajectories of disruptive behaviors. Journal of the American Academy of Child & Adolescent Psychiatry. 2001; 40:678–688. [PubMed: 11392346]
- Crick NR, Dodge KA. A review and reformulation of social information processing mechanisms in children's social adjustment. Journal of the American Academy of Child & Adolescent Psychiatry. 1994; 40:678–688.
- Criss MM, Shaw DS, Ingoldsby EM. Mother–son positive synchrony in middle childhood: Relation to antisocial behavior. Social Development. 2003; 12:379–400.
- Deater-Deckard K, Dodge KA. Externalizing behavior problems and discipline revisited: Nonlinear effects and variation by culture, context, and gender. Psychological Inquiry. 1997; 8:161–175.
- Dodge, KA. Do social-information processing patterns mediate aggressive behavior?. In: Lahey, BB.; Moffitt, TE.; Caspi, A., editors. Causes of conduct disorder and juvenile delinquency. Guilford Press; New York: 2003. p. 254-276.
- Dodge KA, Coie JD. Social information processing factors in reactive and proactive aggression in children's peer groups. Journal of Personality and Social Psychology. 1987; 53:1146–1158. [PubMed: 3694454]
- Dodge KA, Greenberg MT, Malone PS, The Conduct Problems Prevention Research Group. Testing an idealized dynamic cascade model of the development of serious violence in adolescence. Child Development. 2008; 79:1907–1927. [PubMed: 19037957]
- Dodge KA, Malone PS, Lansford JE, Miller S, Pettit GS, Bates JE. A dynamic cascade model of the development of substance use onset. Monographs of the Society for Research in Child Development. 2009; 74(3) Serial No. 294.
- Dodge KA, Pettit GS, Bates JE. Socialization mediators of the relation between socioeconomic status and child conduct problems. Child Development. 1994; 65:649–665. [PubMed: 8013245]
- Dunn JF, Brown JR, Maguire M. The development of children's moral sensibility: Individual differences and emotion understanding. Developmental Psychology. 1995; 31:649–659.
- Eisenberg N, Cumberland A, Spinrad TL, Fabes RA, Shepard S, Reiser M, et al. The relations of regulation and emotionality to children's externalizing and internalizing problem behavior. Development and Psychopathology. 2001; 72:1112–1134.
- Gardner FEM. The quality of joint activity between mothers and their children with behaviour problems. Journal of Child Psychology and Psychiatry. 1994; 35:935–948. [PubMed: 7962249]
- Gershoff ET. Corporal punishment by parents and associated child behaviors and experiences: A meta-analytic and theoretical review. Psychological Bulletin. 2002; 128:539–579. [PubMed: 12081081]

Gilliom M, Shaw DS, Beck JE, Schonberg MA, Lukon JL. Anger regulation in disadvantaged preschool boys: Strategies, antecedents, and the development of self-control. Developmental Psychology. 2002; 38:222–235. [PubMed: 11881758]

- Haselager GJT, Cillessen AHN, Van Lieshout CFM, Riksen-Walraven JMA, Hartup WW. Heterogeneity among peer-rejected boys across middle childhood: Developmental pathways of social behavior. Developmental Psychology. 2002; 38:446–456. [PubMed: 12005387]
- Hay DF, Payne A, Chadwick A. Peer relations in childhood. Journal of Child Psychology and Psychiatry. 2004; 45:84–108. [PubMed: 14959804]
- Heidgerken AD, Hughes JN, Cavell TA, Wilson VL. Direct and indirect effects of parenting and children's goals on child aggression. Journal of Clinical Child and Adolescent Psychology. 2004; 33:684–693. [PubMed: 15498736]
- Hughes C, Cutting AL, Dunn J. Acting nasty in the face of failure? Longitudinal observations of "hard-to-manage" children playing a rigged competitive game with a friend. Journal of Abnormal Child Psychology. 2001; 29:403–416. [PubMed: 11695542]
- Hughes C, Dunn J, White A. Trick or treat? Uneven understanding of mind and emotion and executive dysfunction in "hard-to-manage" preschoolers. Journal of Child Psychology and Psychiatry. 1998; 39:981–994. [PubMed: 9804031]
- Hughes C, Ensor R. Behavioural problems in 2-year olds: Links with individual differences in theory of mind, executive function, and harsh parenting. Journal of Child Psychology and Psychiatry. 2006; 47:488–487. [PubMed: 16671932]
- Hughes C, White A, Sharpen J, Dunn J. Antisocial, angry, and unsympathetic: "Hard-to-manage" preschoolers' peer problems and possible cognitive influences. Journal of Child Psychology and Psychiatry. 2000; 41:169–179. [PubMed: 10750543]
- Izard CE, Fine S, Mostow A, Trentacosta C, Campbell J. Emotion processes in normal and abnormal development and preventive intervention. Development and Psychopathology. 2002; 14:761–787. [PubMed: 12549703]
- Keenan K. Emotion dysregulation as a risk factor for child psychopathology. Clinical Psychology: Science and Practice. 2000; 7:418–434.
- Keenan K, Shaw D. Developmental and social influences on young girls' early problem behavior. Psychological Bulletin. 1997; 121:95–113. [PubMed: 9000893]
- Keenan, K.; Shaw, DS. Starting at the beginning: Identifying etiological factors for antisocial behavior in the first years of life. In: Lahey, BB.; Moffitt, TE.; Caspi, A., editors. The causes of conduct disorder and serious delinquency. Guilford Press; New York: 2003. p. 153-181.
- Keown LJ, Woodward LJ. Preschool boys with pervasive hyperactivity: Early peer functioning and mother–child relationship influences. Social Development. 2006; 15:23–45.
- Kerr DCR, Lopez NL, Olson SL, Sameroff AJ. Parental discipline and externalizing behavior problems in early childhood: The roles of moral regulation and child gender. Journal of Abnormal Child Psychology. 2004; 32:369–383. [PubMed: 15305543]
- Kochanska G, Murray K, Jacques TY, Koenig AL, Vandegeest K. Inhibitory control in young children and its role in emerging internalization. Child Development. 1996; 67:490–507. [PubMed: 8625724]
- Laird RD, Jordan KY, Dodge KA, Pettit GS, Bates JE. Peer rejection in childhood, involvement with antisocial peers in early adolescence, and the development of externalizing behavior problems. Development and Psychopathology. 2001; 13:337–354. [PubMed: 11393650]
- Lansford JE, Chang L, Dodge KA, Malone PS, Oburu P, Palmerus K, et al. Physical discipline and children's adjustment: Cultural normativeness as moderator. Child Development. 2005; 76:1234–1246. [PubMed: 16274437]
- Lemerise EA, Arsenio WF. An integrated model of emotion processes and cognition in social information processing. Child Development. 2000; 71:107–118. [PubMed: 10836564]
- Melnick SM, Hinshaw SP. Emotion regulation and parenting in AD/HD and comparison boys: Linkages with social behaviors and peer preference. Journal of Abnormal Child Psychology. 2000; 28:73–86. [PubMed: 10772351]

Miller AL, Olson SL. Emotional expressiveness during peer conflicts: A predictor of social maladjustment among high-risk preschoolers. Journal of Abnormal Child Psychology. 2000; 28:339–352. [PubMed: 10949959]

- Moffitt, TE. Life-course-persistent and adolescence-limited antisocial behavior: A 10-year research review and a research agenda. In: Lahey, BB.; Moffitt, TE.; Caspi, A., editors. Causes of conduct disorder and juvenile delinquency. Guilford Press; New York: 2003. p. 49-75.
- Moffitt, TE.; Caspi, A.; Rutter, M.; Silva, P. Sex differences in antisocial behaviour: Conduct disorder, delinquency, and violence in the Dunedin Longitudinal Study. Cambridge University Press; New York: 2001.
- Morrow MT, Hubbard JA, McAuliffe MD, Rubin RM, Dearing KF. Childhood aggression, depressive symptoms, and peer rejection: The mediation model revisited. International Journal of Behavioral Development. 2006; 30:240–248.
- Murray KT, Kochanska G. Effortful control: Factor structure and relation to externalizing and internalizing behaviors. Journal of Abnormal Child Psychology. 2002; 30:503–514. [PubMed: 12403153]
- NICHD Early Child Care Research Network. Trajectories of physical aggression from toddlerhood to middle childhood. Monographs of the Society for Research in Child Development. 2004; 69(4) Serial No. 278.
- Olson SL. Development of conduct problems and peer rejection in preschool children: A social systems analysis. Journal of Abnormal Child Psychology. 1992; 20:327–350. [PubMed: 1619137]
- Olson SL, Bates JE, Sandy JM, Lanthier R. Early developmental precursors of externalizing behavior in middle childhood and adolescence. Journal of Abnormal Child Psychology. 2000; 28:119–133. [PubMed: 10834765]
- Olson SL, Bates JE, Sandy JM, Schilling EM. Early developmental precursors of impulsive and inattentive behavior: From infancy to middle childhood. Journal of Child Psychology and Psychiatry. 2002; 43:435–447. [PubMed: 12030590]
- Olson, SL.; Lunkenheimer, ES. Expanding concepts of self-regulation to social relationships: Transactional processes in the development of early behavioral adjustment. In: Sameroff, AJ., editor. Transactional processes in development: How children and contexts shape each other. American Psychological Association; Washington, DC: 2009.
- Olson SL, Sameroff AJ, Kerr DCR, Lopez NL, Wellman HM. Developmental foundations of externalizing problems in young children: The role of effortful control. Development and Psychopathology. 2005; 17:25–45. [PubMed: 15971758]
- Olson, SL.; Sameroff, AJ.; Lunkenheimer, EL.; Kerr, DCR. Self-regulatory processes in the development of disruptive behavior problems: The preschool-to-school transition. In: Olson, SL.; Sameroff, AJ., editors. Biopsychosocial regulatory process in the development of childhood behavior problems. Cambridge University Press; New York: 2009.
- Pettit GS, Bates JE, Dodge KA. Supportive parenting, ecological context, and children's adjustment: A seven-year longitudinal study. Child Development. 1997; 68:908–212.
- Posner MI, Rothbart MK. Developing mechanisms of self-regulation. Development and Psychopathology. 2000; 12:427–441. [PubMed: 11014746]
- Power, T. Parenting Dimensions Inventory (PDI): A research manual. University of Houston, Department of Psychology; 1993. Unpublished manuscript
- Rothbart, MK. Temperament and development. In: Kohnstamm, GA.; Bates, JE.; Rothbart, MK., editors. Temperament in childhood. Wiley; New York: 1989. p. 187-247.
- Rothbart, MK.; Bates, JE. Temperament. In: Damon, W.; Eisenberg, N., editors. Handbook of child psychology: Vol. 3. Social, emotional, and personality development. 6th ed.. Wiley; Hoboken, NJ: 2006.
- Rothbart, MK.; Derryberry, D.; Posner, MI. A psychobiological approach to the development of temperament. In: Bates, JE.; Wachs, TD., editors. Temperament: Individual differences at the interface of biology and behavior. American Psychological Association; Washington, DC: 1994. p. 83-116.

Sameroff, AJ. Conceptual issues in studying the development of self-regulation. In: Olson, SL.; Sameroff, AJ., editors. Biopsychosocial regulatory process in the development of childhood behavior problems. Cambridge University Press; New York: 2009.

- Scaramella LV, Leve LD. Clarifying parent–child reciprocities during early childhood: The early coercion model. Clinical Child and Family Review. 2004; 7:89–107.
- Shaw DS, Gilliom M, Ingoldsby EM, Nagin DS. Trajectories leading to school-age conduct problems. Developmental Psychology. 2003; 39:189–200. [PubMed: 12661881]
- Shaw DS, Winslow EB, Owens EB, Vondra JI, Cohn JF, Bell RQ. The development of early externalizing problems among children from low-income families: A transformational perspective. Journal of Abnormal Child Psychology. 1998; 26:95–107. [PubMed: 9634132]
- Shonkoff, JP.; Phillips, DA. From neurons to neighborhoods: The science of early childhood development. National Academy Press; Washington, DC: 2000.
- Snyder J, Prichard J, Schrepferman L, Patrick MR, Stoolmiller M. Child impulsiveness-inattention, early peer experiences, and the development of early onset conduct problems. Journal of Abnormal Child Psychology. 2004; 32:579–594. [PubMed: 15648526]
- Snyder JJ, Cramer A, Afrank J, Patterson GR. The contributions of ineffective discipline and parental hostile attributions of child misbehavior to the development of conduct problems at home and school. Developmental Psychology. 2005; 41:30–41. [PubMed: 15656735]
- Tremblay RE. The development of aggressive behavior during childhood: What have we learned in the past century? International Journal of Behavioral Development. 2000; 24:129–141.
- Tremblay RE, Pihl RO, Vitaro F, Dobkin PL. Predicting early onset of male antisocial behavior from preschool behavior. Archives of General Psychiatry. 1994; 51:732–739. [PubMed: 8080350]
- Vitaro F, Brendgen M, Larose S, Tremblay RE. Kindergarten disruptive behaviors, protective factors, and educational achievement by early adulthood. Journal of Educational Psychology. 2005; 97:617–629.
- Watson AC, Nixon CL, Wilson A, Capage L. Social interaction skills and theory of mind in young children. Developmental Psychology. 1999; 35:386–391. [PubMed: 10082009]
- Wellman HM, Cross D, Watson J. Meta-analysis of theory-of-mind development: The truth about false belief. Child Development. 2001; 72:655–684. [PubMed: 11405571]
- Wellman HM, Harris PL, Banerjee M, Sinclair A. Early understanding of emotion: Evidence from natural language. Cognition & Emotion. 1995; 9:117–149.

Table 1 Means, standard deviations, and sex differences

	Boys		Giı	rls	
Variable	M	SD	M	SD	Sign. Diff.
Effortful control	4.37	1.02	4.80	1.01	p < .01
Anger/frustration (CBQ)	4.58	0.76	4.56	0.73	ns
Theory of mind	0.24	0.28	0.34	0.35	p < .05
Negative emotion	0.98	0.50	0.96	0.49	ns
Warm responsiveness	-0.11	1.8	0.15	1.59	ns
Harsh discipline	0.72	0.45	0.60	0.44	<i>p</i> < .05
Peer aggression					
Age 3	-0.50	0.83	-0.80	0.93	<i>p</i> < .05
Age 6	-0.23	0.49	-0.36	0.43	p < .05

Note: CBQ, Child Behavior Questionnaire.

Table 2 Bivariate correlations between study variables

Variable	1	2	3	4	5	6	7	8
Age 3 years								
1. Effortful control	1.00	.37***	29**	00	.24**	32**	29**	18*
2. Theory of mind		1.00	10	.02	.13*	22*	20 <sup>*</sup>	09
3. Anger/frustration			1.00	.04	15*	.25*	.11	.09
4. Negative emotion				1.00	.01	.02	03	.00
5. Warm responsiveness					1.00	20*	11	08
6. Corporal punishment						1.00	.16*	.24*
7. Peer aggression							1.00	.34**
Age 6 years								1.00
8. Peer aggression								

<sup>\*</sup> p < .05.

p < .01.

Table 3 Hierarchical multiple regression analyses: Effortful control and theory of mind predicting children's peer aggression

Dependent Variable	R 2	F	df	p
1. Peer aggression: age 3 years				
Effortful control	.08	16.65	1, 185	<.001
Theory of mind	.01	2.01	1, 184	ns
$\begin{array}{c} Effortful\ Control \times Theory\\ of\ Mind \end{array}$	.00	0.01	1, 183	ns

Table 4
Hierarchical multiple regression analyses: Interactions between parenting and developmental risk factors as predictors of children's concurrent peer aggression

Variable and Step	$R^2$	F	df	p
1. Interactions with CP				
CP	.03	4.29	1, 160	<.05
EC, NE, anger, ToM	.07	3.13	1, 156	<.01
$CP \times EC$	.00	0.01	1, 155	ns
$\text{CP} \times \text{ToM}$	.01	0.13	1, 154	ns
$CP \times NE$	.03	4.34	1, 153	<.05
$CP \times Anger/Frustration$	.00	0.77	1, 152	ns
2. Interactions with WR				
WR	.01	2.08	1, 157	ns
EC, NE, anger, ToM	.08	3.54	1, 153	<.01
$WR \times EC$	.00	0.03	1, 152	ns
$WR \times ToM \\$	.01	0.68	1, 151	ns
$WR \times NE$	.01	0.82	1, 150	ns
WR × Anger/Frustration	.00	0.01	1, 149	ns

Note: CP, corporal punishment; EC, effortful control; NE, negative emotion; WR, warm responsiveness; ToM, theory of mind.

Table 5
Hierarchical multiple regression analyses: Interactions between parenting and developmental risk factors as predictors of children's peer aggression at early school age, controlling for preschool aggression

Variable and Step	R 2	F	df	p
1. Interactions with CP				
Preschool-age peer aggression	.11	20.41	1, 160	<.001
CP	.05	6.61	1, 159	<.01
EC, NE, anger, ToM	.00	0.07	4, 155	ns
$\mathbf{CP} \times \mathbf{EC}$	.00	0.99	1, 154	ns
$CP \times ToM$	.00	0.95	1, 153	ns
$\text{CP} \times \text{NE}$	.00	0.08	1, 152	ns
$CP \times Anger/Frustration$	.00	0.62	1, 151	ns
2. Interactions with WR				
Preschool-age peer aggression	.11	20.03	1, 157	<.001
WR	.00	0.42	1, 156	ns
EC, NE, anger, ToM	.01	0.32	4, 152	ns
$WR \times EC$	.02	2.75	1, 155	ns
$WR \times ToM \\$	.03	4.49	1, 154	<.05
$WR \times NE$	.00	0.03	1, 154	ns
WR × Anger/Frustration	.01	1.47	1, 153	ns

Note: CP, corporal punishment; EC, effortful control; NE, negative emotion; ToM, theory of mind; WR, warm responsiveness.

Table 6

Standardized regression coefficients: Preschool maternal warm responsiveness predicting school-age peer aggression, estimated at high, medium, and low levels of child theory of mind understanding

Theory of Mind Understanding						
β	-1 <i>SD</i>	0 <i>SD</i>	+ 1 SD			
Warm responsiveness	-0.22*	0.04	0.16			

<sup>\*</sup> p < .05.