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# A high throughput flow cytometric assay platform targeting transporter inhibition

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#### Abstract

This review highlights the concepts, recent applications and limitations of High Throughput Screening (HTS) flow cytometry-based efflux inhibitory assays. This platform has been employed in mammalian and yeast efflux systems leading to the identification of small molecules with transporter inhibitory capabilities. This technology offers the possibility of substrate multiplexing and may promote novel strategies targeting microbial efflux systems. This platform can generate a comprehensive data set that may support efforts to map the interface between chemistry and transporter biology in a variety of pathogenic systems.

#### Keywords

transporter; multidrug resistance; high throughput flow cytometry; multiplexing; transporterligand interactome

#### Introduction

Inhibition of multidrug efflux systems has been a fundamental therapeutic challenge both in cancer and infectious diseases. There are three generations of inhibitors in mammalian systems with modest success in the clinic[1] and virtually no evidence for successful clinical validation of efflux inhibitors in prokaryotes[2].

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One major contributor to resistance for many classes of chemotherapeutic and antimicrobial agents is multidrug efflux. Efflux occurs due to the activity of membrane transport systems which also perform essential roles in cellular metabolism and exhibit activity in a wide range of organisms. They differ in membrane topology, energy coupling mechanisms, and most importantly in substrate specificities [3-5]. Based on their sequence similarity and structural homology, efflux systems are classified into six super-families [3]: ATP-binding cassettes (ABC), major facilitators, resistance-nodulation cell division, small multidrug resistance family, multi-antimicrobial extrusion protein family, and multidrug endosomal transporters (MET). The first five families are found in microorganisms while the MET family appears restricted to higher eukaryotes. Representatives of all groups are expressed in mammalian cells [6]. The ABC superfamily is the largest, comprising seven subfamilies designated A to G [3,4]. ABC transporters play important roles in normal biology and therapeutic response to medications in mammalian cells. The highly conserved ATP-binding domains of ABC transporters provide the nucleotide-dependent engine that drives transport [3,5]. 48 proteins, members of the ABC super-family have been identified corresponding to approximately 42-44 transporters whereas 4 ABC proteins (subfamilies E and F) are translation factors. The ABCB, ABCC, and ABCG subfamilies are linked to human multidrug resistance (MDR) and are expressed in many human tumors. Specifically, ABCB1 (MDR1/Pgp), ABCC1 (MRP1), and ABCG2 (Breast Cancer Resistance Protein, BCRP) are known to influence the efficacy of drugs and have unambiguously been shown to contribute to cancer multidrug resistance [7,8]. ABCB1, ABCC1, and ABCG2 are highly expressed in the gut, liver, and kidneys and may restrict the oral bioavailability of administered drugs. ABCB1 and ABCG2 are also expressed in the epithelia of the brain and placenta and also in stem cells, where they perform a barrier function [9,10].

The discovery efforts for efflux inhibitors have raised key questions for drug development, including the most suitable *in vitro* methods for studying transporter-drug interactions, the clinical importance of transporters in drug absorption and disposition, the selection criteria, and the appropriate follow-up clinical studies required for transporter inhibition [11]. These are active fields of investigation and have triggered the discussion for different approaches to study transporter mediated drug-drug interactions [12], but most importantly have generated the need for sophisticated and current inhibition strategies.

#### The Transporter Inhibition Strategy

Dual treatment with efflux pump inhibitors (EPIs) in conjunction with chemotherapeutics is a common but disputed treatment strategy to circumvent MDR in cancer [13]. The concept of enhancing the utility of antimicrobials by employing EPIs appears appealing although there are a number of conceptual and methodological challenges in translating the information for generating EPIs into clinical implementation [14-16]. A number of assays to identify efflux substrates and inhibitors have been developed in the last 10 years, but their polyspecificity and overlapping roles in cell physiology makes the majority of the EPIdiscovery efforts an evolving and ongoing "work in progress".

Identifying natural substrates and inhibitors of efflux systems is an active and expanding topic. A number of structurally and functionally diverse compounds act as substrates or

modulators of efflux systems. However, only a few are appropriate candidates for clinical use as MDR reversing agents [17,18].

The major focus of ABC efflux transporter inhibition has been on ABCB1. First generation chemosensitizers were formulated from existing drug compounds to include the calcium channel blocker verapamil, the immunosuppressant cyclosporin A, and the steroid progesterone. Challenges with dose-related toxicity and solubility have prevented progress into the clinic. Second and third generation inhibitors were predominantly sourced from derivatizing first-generation molecules and ABCB1 directed combinatorial chemistry efforts. Examples include: the cyclosporin A derivative valspodar; Vertex Pharmaceuticals' biricodar; anthranilamide-based modulators tariquidar, XR9051, XR9577 and WK-X-34; the acridone carboxamide derivative elacridar; the heteroaryloxypropanolamines zosuquidar, dofequidar, and laniquidar; and the diarylimidazole ontogeny [13,19]. The fourth generation inhibitors, for example, CBT-1 [20], tend to be more potent and less toxic than the first generation compounds; however, clinical trials to demonstrate efficacy, are still in progress.

#### **Tools for Inhibitor Discovery**

The use of classic and non-functional methods (Northern blotting, RNase protection, RNA *in situ* hybridization, RT-PCR and immunostaining) to detect a transporter's activity is not trivial and accuracy can be questionable. Transporter protein expression is not always correlated with mRNA levels, as transcripts are often present below the detection threshold, since relatively few active transporter molecules can cause major alterations in drug transport. Both functional and cell viability assay activities, that may employ strains that lack or overexpress efflux systems, are usually robust with reproducible results. These have been used extensively in low and middle throughput screening campaigns, and are amenable to miniaturization. Computational approaches have also been used, but those efforts were not entirely independent of experiments as an assay from either of the first two categories was typically coupled to provide proof of principle experimental information.

A functional efflux assay is a measure of the transporter's ability to move compounds against the concentration gradient and across the cell membrane. Upon loading cells with a lipophilic dye capable of diffusing across cell membranes, the resulting fluorescence intensity of the cell reflects the activity of the ABC transporter. Cells with highly active transporters will exhibit lower fluorescence intensity values because of the increased efflux of the dye/substrate. In the presence of an active EPI, these substrates accumulate in the cell so they will exhibit higher fluorescence intensity values (Fig 1b). A transporter's function can be measured by cellular uptake or efflux of fluorescent substrates over time.

When evaluating cells for efflux phenotypes, it is necessary to distinguish between accumulation and retention. Two subcategories of functional transporter are commonly employed: 1) the accumulation assay which measures dye uptake with or without model or under-investigation inhibitors; and 2) the retention assay where the cells are pre-loaded with the substrate in the absence of any modulator and washed, then incubated again but without dye, but in the presence of reversing agents. Both assay types potentially supply high throughput, output the increase in fluorescence intensity, and are readily automated. As the

Rhodamines (6G, and 123), calcein, 2',7'-Bis(2-carboxyethyl)-5(6)-carboxyfluorescein (BCECF), CellTrace and Red Orange [21,22] have been extensively used to report mammalian ABC-efflux activity. Most fluorophores in ABC transporter activity assays have been associated with limitations arising from protein binding, dye sequestration, or changes in dye fluorescence intensity due to intracellular parameters such as pH or free calcium levels. To combat such problems it is common to use hydrophobic ester derivatives, such as acetoxymethyl (AM) esters of the fluorescent dyes such as calcein acetoxymethyl ester (calcein-AM) [23]. The cell permeable derivatives of fluorescent dyes may be actively exported from cells by efflux proteins. However, when these ester derivatives reach the cytosol, intracellular esterases cleave the ester groups and allow the resulting free dye to be transported as well. Beyond the use of fluorescently labeled, known substrates (i.e. BODIPY® FL Verapamil etc.) the need for a new generation of dyes for transporter explorations prompted ENZO Life Sciences, Inc. to evaluate eFluxx-ID® Green or Gold probes. These xanthene-based small molecules are sensitive and specific fluorescent dyes developed for the detection of MDR activity in living cells for the three major types of mammalian ABC transporters [24].

A fundamental problem in efflux assays stems from interference with other constitutively expressed proteins and transporter background signals. Although short hairpin RNA (shRNA) and other technologies have been routinely used to silence background signals, the following example is indicative of an alternative pathway to bypass this obstacle. A permeability assay was developed that employs a modified low efflux Madin–Darby canine kidney cell line (MDCKII-LE) and an iterative fluorescence-activated cell sorting technique with calcein-AM was used as an efflux substrate. MDCKII-LE cells are a subpopulation of MDCKII cells with over 200-fold lower canine P-glycoprotein (ABCB1) mRNA level and fivefold lower protein level than MDCKII-WT. Canine MDCKII-LE cells offered clear advantages over the MDCKII-WT by providing lower efflux transporter background signals and minimizing interference from canine ABCB1 [25].

Efflux assays are also potentially useful to distinguish cell populations with special features. For example the "Side Population" discrimination assay is a flow cytometric method used to detect stem cells based on the dye efflux properties of ABC transporters [26]. An image-based high-content screening system was used to specifically identify and analyze the high drug efflux cancer cell (HDECC) population in lung cancer cells. The assay was based on a combination of fluorescent imaging and flow cytometry using Hoechst 33342 as a substrate. This system was used to screen 1,280 pharmacologically active compounds and identified 12 potent HDECC inhibitors. These inhibitors were able to overcome multidrug resistance and sensitize HDECCs to chemotherapeutic drugs, or directly reduce the tumorigenicity of lung cancer cells possibly by affecting stem-like cancer cells [27]. An alternate approach involved the synthesis and characterization of a BODIPY conjugate of the BCR-ABL kinase inhibitor Tasigna (nilotinib). The efflux of tyrosine kinase inhibitors by ABC transporters has been linked to the development of drug resistance in chronic myelogenous leukemia

patients. The fluorescent derivative of Tasigna, (BODIPY FL Tasigna), inhibited BCR-ABL kinase activity in K562 cells and was also effluxed by ABCB1- and ABCG2-expressing cells in both cultured cells and rat brain capillaries expressing ABCB1 and ABCG2 [28].

Utilizing computational methodologies to identify efflux substrates and inhibitors remains a substantial challenge in part because the crystal structure for most integral membrane proteins has not been described. Another obstacle is polyspecificity, where the same compound can be a substrate for multiple transporters from the same family and a single transporter is able to recognize and pump different substrates. We describe some current computational tools that address these issues. The first example is a computational model of human ABCC2 that was able to distinguish inhibitors from non-inhibitors based on molecular structure. The success rate was 86% for the training set and 72% for the test set which consisted of 191 registered oral drugs and drug-like compounds [29].

In a second computational example, a support vector machine (SVM) method was developed to predict ABCB1 substrates based on data collected from the literature. This SVM model exhibited a prediction accuracy of 80% in an independent external validation dataset. Bikadi *et al.* built a homology model of human ABCB1 based on the mouse ABCB1 X-ray crystal structure and provided a predictive model for the transporter-substrate binding [30]. The models have not yet been experimentally validated and predictions may be subject to the high error rate usually associated with non-validated models. Virtual ligand screening was employed in the search for novel inhibitors of ABCC5. Eleven compounds were identified and tested in vitro against the known inhibitor sildenafil. Seven of the eleven predicted compounds were more potent than the control [31]. An induced fit docking model of mouse ABCB1a was developed which takes into account flexibility and non-substrate drugs was used to validate the model with good results. However, blind testing on a set of known ABCB1 substrates showed very weak correlation between efflux ratios and docking score. Therefore, the predictions of this model may only be used in qualitative terms.

A method for discriminating ABCB1 substrates from non-substrates was based on calculated molecular descriptors and multivariate analysis. Fifty-three compounds were previously described as ABCB1 substrates or non-substrates. The molecular descriptors, calculated, were correlated to experimental classes using partial least squares discriminant analysis. The model correctly predicted the behavior of 72% of 272 compounds. Thirty of the 53 previously mentioned drugs were also evaluated for ABCB1 inhibition. The model was able to discriminate between substrates and inhibitors with an average accuracy of 82% [33]. Experimental studies show that the distinction between inhibitor and substrate is often artificial as an inhibitor can also be a substrate. For example, the interaction of tariquidar in vivo with ABCG2 is concentration dependent: it behaves at low concentration as an ABCG2 substrate whereas at high concentration it behaves as an ABCG2 inhibitor [34]. This example demonstrates that compound quantity is experimentally crucial to define the relation with the transporter while unfortunately these models can predict only a qualitative role.

Classification of substrates vs non-substrates and inhibitors vs non-inhibitors using several machine learning approaches and molecular descriptors reveals the most common pitfall encountered by research in the field: scarcity of public data and incomplete datasets [35]. The authors make the case for low predictive ability of the proposed models due to the biased training sets available. However, simple association rules albeit too general in some cases provide clues to functional moieties correlated with substrates and inhibitors, which along with molecular properties like solubility and logP can indicate with a degree a certainty the ability of a compound to be a substrate or an inhibitor. Given the concentration dependent nature of the interaction of drugs with ABC efflux systems, concentration dependent models could potentially provide more accurate future predictions.

The Biopharmaceutics Drug Disposition Classification System (BDDCS) was successfully employed to predict drug-drug interactions (DDIs) with respect to drug metabolizing enzymes, drug transporters and their interplay in a collection of over 900 marketed drugs. A model was proposed that, based on a computational procedure for predicting BDDCS class, could anticipate disposition and potential DDIs of new molecular entities. The model was trained on a set of 300 oral drugs and validated on an external set of 379 oral drugs. The BDDCS prediction model was also applied to a set 30,000+ medicinal chemistry compounds. Based on this application, it was suggested that solubility, and not permeability, is the major difference between new molecular entities (NMEs) and drugs [36].

#### HTS flow cytometry for efflux inhibition

The National Institutes of Health Molecular Libraries Probe Production Centers Network is tasked with finding small molecule probe compounds for academic investigators. The University Of New Mexico Center for Molecular Discovery (UNMCMD) has pioneered the development of cell suspension HTS transporter inhibitor assays for discovery utilizing a sensitive multiplex flow cytometry platform. The HyperCyt<sup>®</sup> HT flow cytometry platform, developed at UNMCMD [37], interfaces a flow cytometer and autosampler in which a peristaltic pump sequentially aspirates sample particle suspensions from each well. Between wells, the pump draws a bubble of air into the sample line generating a tandem series of bubbles separated samples for delivery to the flow cytometer (Fig. 1). Accurate measurements have been demonstrated in endpoint assays at rates of 20 to 40 samples/min over a 4-decade range of fluorescence intensity. Multi-parameter fluorescence based analysis is common in flow cytometric experimentation. When coupled with a high throughput front end sampling technology such as HyperCyt®, it becomes possible to analyze mixed cell populations, rapidly comparing multiple efflux pump systems. Multiplexing is typically accomplished for transporter targets by displaying highly expressed transporters in individual cell lines, then color coding those cell lines with fluorescence markers that distinguish the cells in the presence of fluorescent substrates. Fig. 1 shows an example of such a protocol in the form of a duplex.

The approach incorporates profiling libraries such as the Prestwick Chemical Library (PCL) which consists of 1200 off-patent drugs and known biologically active compounds along with the diverse Molecular Libraries Small Molecule Repository (MLSMR, http://mlsmr.glpg.com/MLSMR\_HomePage/) library of greater than 350,000 compounds. We set

Using the fluorescent probe JC-1, and cells overexpressing ABCB1 an efflux assay based on HTS flow cytometry was developed at UNMCMD [39]. Testing the PCL revealed mometasone furoate as an ABCB1 modulator of daunorubicin DNR-mediated drug resistance. The screening campaign was expanded to include ABCG2 and ABCC1 using the MLSMR and a duplex approach in which the cells expressing individual pumps were color-coded for flow cytometric detection. This pilot study was extended into profiling the entire MLSMR library against an ABCB1 and ABCG2 duplex. Along with data uploaded to PubChem (http://pubchem.ncbi.nlm.nih.gov/), an ABCG2 efflux inhibition probe (ML230) was found with 36 fold selectivity over ABCB1 [42]. The probe reversed chemoresistance in a mouse model of ovarian cancer [43].

An HTS campaign was employed with Nile red as the fluorescent reporter substrate in a phenotypic (meaning non-differentially stained) triplex of heterologously expressed C. albicans transporters in a S. cerevisiae system where endogenous efflux systems have been disabled [40]. In this case, individual yeast strains overexpressed individual Candida transporters. The high level of transporter overexpression had two effects: 1) although the transporters interfered with dyes used for color-coding the cells, 2) each strain exhibited hundred fold fluorescence differences between the presence of the fluorescence substrate and the level when the substrate was pumped out. This made it possible to mix the three strains as a phenotypic multiplex and detect weak inhibition of pump activities of one or more strains by test inhibitors. The PCL HTS campaign revealed that the monoamine oxidase A inhibitor clorgyline is a broad-spectrum inhibitor of fungal ABC and MFS efflux pump activities which reverses the azole resistance of C. albicans and Candida glabrata. [41] The MLSMR primary screening and dose response data are available in Pubchem (http://pubchem.ncbi.nlm.nih.gov/assay/assay.cgi?aid=485335). One of the lessons learned from studies with new fluorescent probes involves the potential of multiple sites and/or modes of binding of probes, inhibitors and substrates with transporters. Thus the correspondence between inhibition and probe efflux and transporter activity needs to be validated in secondary assays such as viability or potentiation assays as indicated in Table 2.

In a complementary approach, a target-based functional flow cytometry assay that measures vacuolar pH-dependent fluorescence changes in response to V-ATPase function was developed. The experimental strategy uses the pH-sensitive fluorophore BCECF-AM specific for the yeast vacuole and a potent and highly specific V-ATPase inhibitor, concanamycin A. The assay approach was also extended by using pHluorin, a ratiometric pH-sensitive GFP derivative that is used to monitor cytosolic pH [44].

This approach has been developed into a Center Driven Initiative with the ultimate goal of establishing the Transporter-Ligand Interactome as a UNMCMD predictive tool. This tool is

comprised of a database and a visualization component that incorporates data from HTS flow cytometry campaigns with genomics, proteomics, structural informatics and knowledge mining using yeast and mammalian model systems for chemical probe discovery (Fig. 2).

#### Conclusions

From the features and analysis described it is apparent that an efflux system assay has promise but cannot be employed independently to report transporter substrates and inhibitors. While HTS flow cytometry is a powerful discovery tool, the capabilities of colorcoded chemical or genetic multiplexing strategies are far from being fully exploited. For ABC transporters there remains a need for combinations of general and sensitive non-toxic fluorescent probes that allow detection of multiple modes of binding and accurate reporting of inhibitors at the primary screening stage. Furthermore, flow cytometric assays and screening campaigns other than the mammalian and yeast efflux systems are in their early stages. It remains challenging to develop and deploy similar explorations targeting the efflux systems of multidrug-resistant and pandrug-resistant Gram-negative bacteria. These pathogens pose a grave threat of truly untreatable infections. [45,46]. Finally, it should be noted that although HTS flow cytometry for transporter inhibition provides an unparalleled throughput when compared with other conventional efflux assays (Table 2) it remains largely a unique primary screening tool. Thus, secondary transporter assays that measure, for example, ATPase stimulation or chemotherapeutic potentiation with a significantly lower throughput can provide additional insight as the correspondence between these primary and secondary assays is imprecise. Exploring the alignment between primary transporter screens with secondary validation as well as remains a top priority and unmet challenge.

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#### Glossary

ATP-Binding	A large family of transmembrane proteins that use ATP to move			
Cassette	substrates across the cell membrane.			
transporters				
Efflux Substrate	A molecule that is translocated by a transporter across a membrane			

Efflux Inhibitor	A blocker (modulator) of the efflux transporter action through direct protein inhibition, competition for substrate binding or indirect interaction.
High Throughput Screening (HTS)	a drug discovery process by which large numbers of compounds (currently 100,000+) can be rapidly tested to identify modulatory activity with a defined assay for specific cell targets. Hit compounds undergo extensive biological characterization.
Multiplex Assay (in chemical biology)	a method that allows analysis of individual binding ligands against multiple targets in the same analytical sample. The quality and quantity of data, combined with significant reductions in analysis time and reagent consumption, provide notable advantages over other standard screening methods.
Multidrug Resistance (MDR)	Resistance to many structurally unrelated chemotherapy agents in cells that have developed natural resistance to a single cytotoxic compound. Resistance can be attributed to the efflux action of transporter proteins that lower the concentration of multiple therapeutic drugs in the cell.
Transporter- Ligand Interactome Tool	is comprised of a database and a visualization component that incorporates data from HTS flow cytometry campaigns with genomics, proteomics, structural informatics and knowledge mining using yeast and mammalian model systems for chemical probe discovery.

#### Abbreviations

cmpds	compounds		
LC/MS/MS	liquid chromatography with tandem mass spectrometry		
BA	Basolateral to Apical		
AB	Apical to Basolateral		
ER	Efflux Ratio		
Caco-2	Human colon carcinoma cell line		
LLC-PK1-MDR1	Transfected porcine kidney cell line with low transporter background		
MDCK-MDR1	Transfected canine kidney cell line		

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#### Highlights

- ☐ The description of a high throughput flow cytometric discovery platform for multidrug efflux inhibition.
- ☐ The combination of high throughput flow cytometry campaigns for chemical probe and lead discovery with genomics, proteomics, structural informatics and knowledge mining comprises a powerful tool for discovery.
- ☐ This discovery platform may enhance therapeutic countermeasures in challenging clinical conditions both in cancer and infectious diseases



#### Figure 1.

Schematic illustration for: the duplex assay concept and format for identification of ABCB1 and ABCG2 Inhibitors upper panel (1); the elements of the HyperCyt® HT flow cytometry platform middle (2); Flow cytometric resolution for stained ABCB1 and ABCG2 cells (lower left) and visualization of HT results (lower right)





 Table 1

 Transporter Targets and HTS flow cytometry

Transporter	Reporter	Assay type	Reference
ABCB1/ABCG2	JC-1	Duplex, functional	[39]
ABCB6(mammalian)	Porphyrins	Functional	[47]
V-ATPase (yeast)	BCECF-AM, pHluorin	pH-sensitive	[44,48]
CDR1/CDR2/MDR Triplex C. albicans	Nile Red, R6G	Triplex, functional	[40,41]

## Table 2 Representative Summary of Efflux Assays

	Monolayer Efflux <sup>a</sup>	Cytometry	ATPase	Potentiation
Activity measured	Transport	Efflux	ATPase stimulation	Viability
Analytical endpoint	LC/MS/MS	fluorescence	absorbance	Variable <sup>b</sup>
Throughput, cmpds/week	12	100,000	150	15-40
Criteria for (+) activity	BA/AB ratio >2.0	ER >0.5	ATPase ratio >2.0	Viability reduction
Nonconfident zone	BA/AB ratio 1.5-2.0	ER < 0.5	ATPase ratio 1.5-2.0	Variable

<sup>*a*</sup>Cell monolayers (Caco-2, LLC-PK1-MDR1, MDCK-MDR1) grown on filters and placed in cluster plates, filters are typically PET or PC membranes with 0.4-1 μm pores, transport is measured in two directions: i) Apical (A) to Basolateral (B), i.e. test compound added to apical side ii) Basolateral (B) to Apical (A), i.e. test compound added to basolateral side

<sup>b</sup>absorbance, luminescence