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## Hyperlipidemia, Tissue Factor, Coagulation and Simvastatin

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### Abstract

Hyperlipidemia affects millions of people worldwide and is a major risk factor for cardiovascular disease. People with hyperlipidemia have elevated levels of serum cholesterol and an increased risk of thrombosis. Studies have suggested that oxidized lipoproteins, such as oxidized low-density lipoprotein (oxLDL), contribute to the development of a pro-thrombotic state. In this review, we discuss our recent studies demonstrating a role for hematopoietic cell-derived tissue factor (TF) expression in the activation of coagulation and increased thrombosis associated with hyperlipidemia. In addition, we investigated the effect of simvastatin on TF expression and coagulation. We found that simvastatin reduced leukocyte TF expression, TF<sup>+</sup> microparticles and coagulation. These results and earlier studies suggest that the anti-coagulant activity of statins is due, in part, to their ability to reduce monocyte TF expression in patients with cardiovascular disease.

### Introduction

Lipids are transported in blood within lipoprotein particles. Hyperlipidemia describes a condition in which there are elevated levels of serum lipids. In the United States it is estimated that ~33.5% of the adult population has elevated serum cholesterol levels ( > 240 mg/dL) (Go, Mozaffarian et al. 2013). Hyperlipidemia is a risk factor for the development of atherosclerosis because the excess lipids in the blood accumulate in the walls of arteries. Oxidation of low-density lipoprotein (LDL) results in the generation of oxidized (ox)LDL, which is a heterogeneous mixture of oxidized lipids and proteins (Levitan, Volkov et al. 2010). One bioactive oxidized lipid within oxLDL is oxidized 1-palmitoyl-2-arachidonoyl-*sn*-glycero-3-phosphoryl-choline (oxPAPC). OxLDL binds a variety of cellular receptors on macrophages, monocytes, vascular smooth muscle cells (VSMCs) and endothelial cells (ECs). These receptors include the scavenger receptors SRAI/II, SRBI/II, CD36 and the immune receptor toll-like receptor 4 (TLR4) (Boullier, Bird et al. 2001, Kunjathoor, Febbraio et al. 2002). A recent study found that oxLDL activation of mouse macrophages and a human monocytic cell line called THP-1 is mediated by a CD36/TLR4/TLR6

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heterotrimeric receptor complex (Stewart, Stuart et al. 2010). OxLDL also increases TLR4 expression in macrophages, and hyperlipidemia is associated with increased TLR4 expression on circulating monocytes (Xu, Shah et al. 2001, Methe, Kim et al. 2005).

TF is a transmembrane receptor that binds factor VII/VIIa and activates the clotting cascade (Mackman 2009). It plays an essential role in hemostasis since inactivation of the TF gene in mice is associated with embryonic lethality. Exposure of monocytes to bacterial LPS induces TF expression (Mackman, Brand et al. 1991). It is thought that TF expression by monocytes is part of the host response to infection and helps prevent dissemination of the infection. However, monocyte TF expression can also contribute to thrombosis.

Hyperlipidemia is associated with a pro-thrombotic state (Eitzman, Westrick et al. 2000, Podrez, Byzova et al. 2007, Diaz, Ballard-Lipka et al. 2012). Recent studies have demonstrated that hyperlipidemia and oxLDL activates platelets via CD36 (Podrez, Byzova et al. 2007). Studies have demonstrated that circulating monocytes from hyperlipidemic individuals have higher levels of tissue factor (TF) compared with healthy controls (Ferro, Basili et al. 1997, Puccetti, Bruni et al. 2000). In addition, acute coronary syndrome patients have elevated levels of both circulating monocyte-derived microparticles (MPs) as well as TF<sup>+</sup> MPs (Matsumoto, Nomura et al. 2004, Morel, Pereira et al. 2009, Owens and Mackman 2011). MPs are small membrane vesicles released from activated and apoptotic cells and elevated levels are observed in the circulation in various pathological conditions (Owens and Mackman 2011). Finally, injection of oxidized lipids also increased TF expression in blood cells in mice (Kadl, Huber et al. 2002).

Rupture of atherosclerotic plaques induces the formation of intravascular thrombi that may occlude blood flow and lead to myocardial infarction and stroke. Atherosclerotic plaques contain high levels of TF (Wilcox, Smith et al. 1989). In addition, atherosclerotic plaques contain high levels of monocyte-derived TF<sup>+</sup> MPs (Leroyer, Isobe et al. 2007). Platelets are activated by the exposed collagen whereas the clotting cascade is activated by TF within the plaque (Owens and Mackman 2012). In vitro studies have shown that oxLDL induces TF expression in monocyte-derived macrophages, ECs and VSMCs (Drake, Hannani et al. 1991, Cui, Penn et al. 1999, Ross 1999, Levitan, Volkov et al. 2010, Meisel, Xu et al. 2011). Additionally, oxPAPC induces TF expression in human endothelial cells in a TLR2 and Egr-1-dependent manner (Bochkov, Mechtcheriakova et al. 2002).

The statin family of drugs is the most widely prescribed medication class in the world. Statins lower cholesterol levels in hyperlipidemic patients by inhibiting the rate limiting enzyme in cholesterol synthesis 3-hydroxy-3-methylglutaryl co-enzyme A reductase (HMG-CoA reductase) that is present in the liver. However, statins also have additional activities independent of their lipid lowering activity, including anti-oxidant, anti-inflammatory, and anti-thrombotic activities (Di Garbo, Bono et al. 2000, Albert, Danielson et al. 2001, Liao and Laufs 2005). Statins also reduce TLR4 expression in human monocytes both in vitro and in vivo (Methe, Kim et al. 2005). Recent studies have found that statins also decrease venous thrombosis in a mouse model and in humans (Glynn, Danielson et al. 2009, Patterson, Zhang et al. 2013).

Statins have been found to reduce TF expression in atherosclerotic plaques in hyperlipidemic mice, rabbits, pigs and monkeys without affecting lipid levels (Aikawa, Rabkin et al. 2001, Sukhova, Williams et al. 2002, Bea, Blessing et al. 2003, Casani, Sanchez-Gomez et al. 2005, Monetti, Canavesi et al. 2007). Moreover, simvastatin reduced monocyte TF expression in hypercholesterolemic patients (Ferro, Basili et al. 1997). In the Jupiter study the authors speculated that the decrease in venous thrombosis may be due to rosuvastatin inhibition of monocyte TF expression. In vitro studies demonstrated that statins can directly inhibit inducible TF expression in various cells types, including monocytes and macrophages (Colli, Eligini et al. 1997, Ferro, Basili et al. 1997, Ferro, Basili et al. 2000, Aikawa, Rabkin et al. 2001).

This review will focus on our recent study examining the role of TF in the activation of coagulation in animal models of hyperlipidemia and the effect of administration of simvastatin (Owens, Passam et al. 2012).

### **OxLDL induces TF expression in monocytic cells and human monocytes in vitro**

We found that oxLDL, but not LDL, increased TF expression in both human THP-1 monocytic cells and human monocytes (Owens, Passam et al. 2012). OxLDL also increased the number TF<sup>+</sup> MPs present in the culture medium. Inhibition of TLR4 reduced oxLDL induction of monocytic TF expression and TF<sup>+</sup> MPs (Owens, Passam et al. 2012). We are currently investigating the intracellular signaling pathways and transcription factors that mediate oxLDL induction of TF gene expression in monocytic cells. Next, we examined the effect of simvastatin on oxLDL induction of TF expression in THP-1 cells and human monocytes. Pretreatment of THP-1 cells and human monocytes with simvastatin significantly reduced oxLDL induction of both cellular and MP TF activity (Owens, Passam et al. 2012) (Figure 1). Previous studies have proposed that statins reduce TF expression by inhibiting geranylgeranyl pyrophosphate (GGPP)-dependent prenylation of Rho A (Eto, Kozai et al. 2002, Nagata, Ishibashi et al. 2002). An alternative possibility is that simvastatin activates the phosphatidylinositol Akt pathway that has been shown to negatively regulate LPS induction of TF gene expression in monocytic cells (Guha and Mackman 2002). We are currently investigating the mechanism by which simvastatin reduces oxLDL induction of TF gene expression in monocytic cells.

### **Hyperlipidemic induction of leukocyte TF expression produces a prothrombotic state in animal models**

We hypothesized that the pro-thrombotic state associated with hyperlipidemia is due to oxLDL induction of monocyte TF expression (Owens, Passam et al. 2012). We measured levels of TF<sup>+</sup> MPs as a biomarker of monocyte activation. Consistent with our hypothesis, we found that patients with familial hyperlipidemia had an elevated level of circulating oxLDL and this correlated with levels of MP TF activity and activation of coagulation (Owens, Passam et al. 2012). A high fat diet led to time-dependent increases in plasma oxLDL, white blood cell TF activity, MP TF activity, and activation of coagulation in

LDLr<sup>-/-</sup> mice and monkeys. Importantly, inhibition of TF in hyperlipidemic LDLr<sup>-/-</sup> mice reduced the activation of coagulation. Furthermore, hyperlipidemic LDLr<sup>-/-</sup> mice with a deficiency of TF in hematopoietic cells had significantly less MP TF activity and the activation of coagulation. We also found that LDLr<sup>-/-</sup> mice deficient in either TLR4 or TLR6 had a significantly reduced level of MP TF activity and activation of coagulation compared with LDLr<sup>-/-</sup> mice with wild-type levels of TLR4 and TLR6. Interestingly, hyperlipidemia also led to increased CD36, TLR4, and TLR6 mRNA expression in circulating monocytes (Owens, Passam et al. 2012). These results suggest that monocyte TF drives the activation of coagulation in hyperlipidemic animal models and in humans.

## Simvastatin, TF expression and activation of coagulation in hyperlipidemic animal models

We examined the effect of administration of simvastatin to hyperlipidemic LDLr<sup>-/-</sup> mice and monkeys on circulating TF expression and the activation of coagulation (Owens, Passam et al. 2012). Simvastatin reduced levels of oxLDL, leukocyte TF expression, MP TF activity, and the activation of coagulation without affecting lipid levels (Figure 1). Moreover, we also found that simvastatin reduced the inflammatory markers IL-6 and C-reactive protein in hyperlipidemic LDLr<sup>-/-</sup> mice and hypercholesterolemic monkeys, respectively. The observed reduction in oxLDL may be due to the inhibition of oxidative modification of LDL or enhanced clearance of the oxidized phospholipids (Rosenson 2004, Tsimikas, Witztum et al. 2004). We also found simvastatin reduced the expression of TLR4, TLR6, and CD36 mRNA in peripheral monocytes in hypercholesterolemic monkeys (Owens, Passam et al. 2012).

## Conclusions

Hyperlipidemia produces a pro-thrombotic state in animal models by increasing TF expression on circulating monocytes and via the release of highly pro-coagulant TF<sup>+</sup> MPs. This “circulating TF” may also contribute to the formation of an occlusive thrombus after plaque rupture. We propose that circulating TF<sup>+</sup> MPs may be a useful biomarker to identify patients that are at high risk for both arterial and venous thrombosis. In addition, they may be useful in monitoring the effectiveness of various interventional therapies, such as statin therapy, on reducing monocyte activation. More studies are needed to better understand how statins reduce the levels of oxLDL, the CD36/TLR4/TLR6 receptor complex and monocyte TF expression so that a new generation of anti-coagulant drugs can be developed for patients with hyperlipidemia. Targeting the inducible, pathologic TF expression without affecting the constitutive, hemostatic TF should be a safer strategy to reduce thrombosis in patients with cardiovascular disease.

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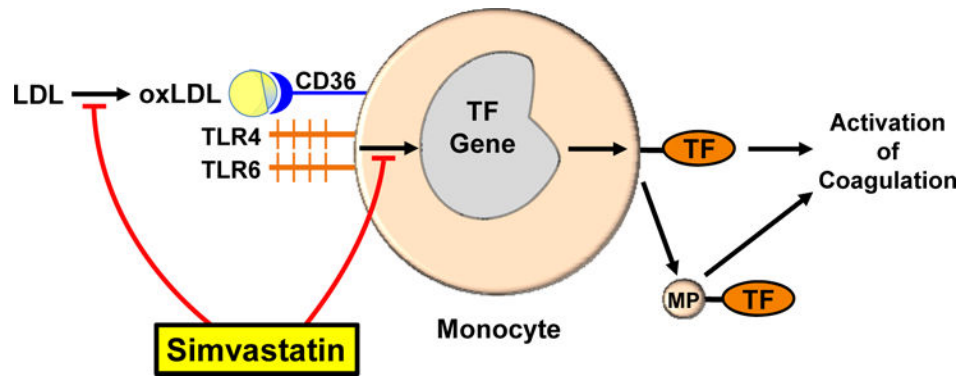
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**Figure 1.**

Proposed sites of simvastatin inhibition of monocytic TF expression. LDL is converted to oxLDL which binds to a CD36/TLR4/TLR6 heterotrimeric complex on the surface of circulating monocyte that activates various intracellular signaling pathways and transcription factors required for TF gene expression. This results in increased TF protein expression on the surface of the monocyte, increased CD36/TLR4/TLR6 expression, and release of TF<sup>+</sup> MPs. Simvastatin reduces the levels of oxLDL, levels of the CD36/TLR4/TLR6 complex and TF expression.