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Mapping brain function in freely moving subjects

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Abstract

Expression of many fundamental mammalian behaviors such as, for example, aggression, mating, foraging or social behaviors, depend on locomotor activity. A central dilemma in the functional neuroimaging of these behaviors has been the fact that conventional neuroimaging techniques generally rely on immobilization of the subject, which extinguishes all but the simplest activity. Ideally, imaging could occur in freely moving subjects, while presenting minimal interference with the subject's natural behavior. Here we provide an overview of several approaches that have been undertaken in the past to achieve this aim in both tethered and freely moving animals, as well as in nonrestrained human subjects. Applications of specific radiotracers to single photon emission computed tomography and positron emission tomography are discussed in which brain activation is imaged after completion of the behavioral task and capture of the tracer. Potential applications to clinical neuropsychiatry are discussed, as well as challenges inherent to constraint-free functional neuroimaging. Future applications of these methods promise to increase our understanding of the neural circuits underlying mammalian behavior in health and disease.

Keywords

Brain mapping; Nontethered; Freely moving; Positron emission tomography; Single photon emission computed tomography; Behavior; Tc^{99m}-HMPAO; Tc^{99m}-bicisate; Cu⁶⁴-PTSM

1. Introduction

Functional neuroimaging represents an essential technology toward understanding the complex relationship between behavior and underlying brain function. A central dilemma, however, in conventional neuroimaging protocols is that immobilization of the subject, necessary to avoid movement artifact, extinguishes all but the simplest behaviors. The result is that brain function remains poorly understood of such core mammalian behaviors as, for

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example, aggression, mating, foraging, and social interaction—all behaviors dependent on freedom of movement.

In human subjects, the need to largely immobilize subjects during imaging has restricted its application to paradigms that can be performed readily within the scanner. Usually these have involved presentation of sensory stimuli or cognitive tasks presented from a computer screen. However, the situation of the subject's exposure while supine inside the scanner may not be transferable to an unencumbered, natural experience. Reconstruction of a mental state, for instance, during presentation of an emotionally laden photograph is likely to be partial, at best. Motor tasks, when undertaken, have been simple (e.g. finger tapping, ankle flexion and extension) so that immobilization of the subject's head can be maintained.

In animal studies the problem is similar. Immobilization in awake animals during imaging limits the behaviors that can be examined, and introduces the additional variables of restraint stress which can alter the scan, for example, through resultant acid-base imbalances [1] or through muscle artifact [2]. Acclimation of animals to physical restraint is partial at best. For example, biochemical studies measuring norepinephrine, epinephrine, and corticosterone levels have indicated that it may be difficult to adapt rats to daily episodes of immobilization stress, even after 2 weeks of daily exposure [3,4]. Furthermore, the use of even low doses of an anesthetic or neurosedative agents for stress relief in animals inside the scanner may confound meaningful interpretation of the results [5–9]. Ideally, functional neuroimaging of mammalian behaviors could occur in freely moving subjects, while presenting minimal interference with the subject's natural behavior. This review provides a brief overview of different approaches that have been undertaken in the past to begin to achieve this aim in tethered and freely moving animals, as well as in nonrestrained human subjects. Applications of specific radiotracers to single photon emission computed tomography (SPECT) and positron emission tomography (PET) are described in which brain activation is imaged after completion of the behavioral task and capture of the tracer. Potential applications to clinical neuropsychiatry are discussed, as well as challenges inherent to constraint-free functional neuroimaging.

2. Past studies

2.1. Studies during partial immobilization

A large number of studies have examined functional brain activation in partially immobilized subjects. Generally such studies involve free movement of a limb, while the subject's head remains immobilized to avoid motion artifact during brain imaging. Thus, for instance, brain activation in human subjects has been studied with SPECT during supine exercise [10,11] and cycling [12], in which the head remained immobilized inside the scanner. Likewise, PET has been applied to the brain imaging of manual tool use in monkeys, while these animals have their head and torso restrained in a chair [13], and other similar examples could be cited. While many such paradigms may be appropriate for the study of the neural circuitry underlying isolated limb movement, their application to complex behaviors and emotional processes is restricted by the physical constraints and stress of the scanner environment.

2.2. Studies in tethered animals

Several research groups have described the measurement of regional cerebral blood flow (rCBF) in ambulatory animals by injection of radiotracers [14] or radiolabeled microspheres [15–18] through catheters, attached via an implanted body port to an external swivel arm and motor-driven infusion pump. Also applied to the measurement of CBF in ambulatory, tethered animals has been the hydrogen-gas clearance method, in which hydrogen wash-out curves are calculated after H₂-gas is applied by inhalation [19,20]. The extent to which tethering reshapes 'normal' behavior in these paradigms is likely substantial. Though, perhaps less stressful than direct handling of the animal [21], tethering results in abnormal responses including decreased exploratory activity, increased stereotypies, aggression and immobility, as well as an altered stress hormone response [22–26]. Furthermore, tethering is practical only in the study of behaviors of animals in isolation and is limited to a subset of behaviors, which present a low risk of entanglement of the animal with its cable. Thus, for instance, behaviors such as social encounters, mating and aggression are difficult to study in tethered subjects.

Other techniques requiring tethers, as well as head-mounted imaging probes include the assessment of local changes in brain perfusion by transcranial Doppler ultrasound [27], or the assessment of neuronal activity in living tissues using optical dyes by optical imaging two-photon microscopy [28]. These techniques provide a detailed assessment of regional changes in brain function. However, only a limited number of regions in surface areas of the brain can be examined. Artifacts due to motion of the brain relative to the skull have also presented challenges here for the spatial resolution using optical imaging.

2.3. Studies in freely moving animals

Several investigators have reported functional brain activation in nontethered, freely moving animals. Brain electrical recordings using radiotelemetry offer the advantage of detailed information regarding the temporal and spatial synchronization of mental processes, however, only limited cortical and subcortical areas can be mapped electrophysiologically in a single subject [29-34]. Brain functional activation in animals has also been explored using measurement of the early response genes [35,36]. Early response genes, such as c-fos, are rapidly induced in response to a variety of extracellular stimuli. Assessment of c-fos mRNA or protein levels can then be used as markers of cellular activation. In such studies, animals have been exposed, for instance, to an acoustic challenge [37] and changes in the early gene response have been subsequently assessed using autoradiographic detection of changes in the expression of the c-fos gene. Unlike brain electrical recording, the c-fos technique offers the possibility of comprehensive brain maps in cortical, as well as subcortical regions. However, in order to elicit robust c-fos expression, a continuous single exposure or intermittent, repeated exposure to the stimulus is required, typically for extended cumulative periods of 0.5-3 h. Indeed, most studies have required prolonged direct electrical brain stimulation, rather than behavioral activation, to elicit changes in the early gene response. Furthermore, discrepancies between the distribution of c-fos and metabolic studies using 2deoxyglucose uptake have been reported, and it is now believed that c-fos may be a good marker of long term functional changes in neurons (or subpopulations of neurons), rather than acute increases in neuronal activity [38].

Another histologic approach to visualizing long-term functional changes in neurons with resolution at the cellular and subcellular level is the assessment of cytochrome oxidase activity. Cytochrome oxidase (CO) is a mitochondrial enzyme, which is rate-limiting for oxidative energy metabolism of ATP. Because the metabolic capacity of neurons is determined by their ability to use ATP for the high energy-requiring membrane potentials involved in synaptic transmission, a sustained increase in the energy demand of the cell requires increased production of the CO enzyme [39]. Assessment of CO enzymatic activity in the brain has mainly been used to investigate relatively large metabolic changes in neuronal activity such as those elicited after eye enucleation [40,41], disruption of blood circulation or hypoxia [42,43], ageing [44], and electroconvulsive treatment [45], though more subtle applications to learning [46-48] and chronic exercise [49] have also been undertaken. Unlike other types of metabolic mapping such as 2-deoxyglucose, whose uptake is determined by neuronal activity during experimental periods of 25–45 min, CO mapping reveals neuronal activity as it occurs over long periods (hours to weeks), with changes that persist after cessation of the specific behavior. This may be advantageous if one wishes to study average brain activity throughout the full cycle of normal daily activities. Thus, for instance, rats exposed to 6 months of regular exercise demonstrated selected increases in neuronal activity in motor cortex (18%) and dorsolateral caudate-putamen (17%), despite the fact that they engaged also in other non-exercise related behaviors during this time [49]. Rats exposed to classical conditioning in an auditory paradigm showed increases in CO activity at upper auditory structures (medial geniculate nucleus and secondary auditory cortices), despite the fact that training occurred over several days, and was interspersed with a number of routine animal behaviors during this time period [47].

2.4. Constraint-free brain mapping studies using radiolabeled 2-deoxyglucose

The problem of behavioral restraint can be solved if radiotracers are administered by nonagitating means, and regional brain activation is imaged after completion of the behavioral task and capture of the tracer. One method, which lends itself to this, is the quantitative measurement of glucose metabolism. Glucose is the primary fuel for the central nervous system. Since glucose itself is metabolized too rapidly for adequate study, use of radiolabeled glucose analogues, e.g. [¹⁴C]-2-deoxyglucose ([¹⁴C]-2-DG) [50] or [¹⁸F]fluoro-2-deoxyglucose ([¹⁸F]-FDG) [51], allow measurement of brain metabolism. 2-Deoxyglucose (2-DG) crosses the blood-brain barrier and is phosphorylated by the hexokinase system to DG-6-phosphate, similarly to glucose. However, in contrast to glucose-6-phosphate, which further metabolizes to carbon dioxide and water, DG-6phosphate remains trapped in the tissue for an extended period of time. This unique metabolic behavior allows radiolabeled 2-DG to be used as a proxy to track glucose utilization. Since imaging of brain metabolism typically takes place after tracer uptake is complete and relatively imperturbable, this method is suitable for neuroimaging in nontethered, ambulatory subjects. Using PET, this approach has been applied to functional brain mapping in human subjects during treadmill walking, in which ¹⁸F-FDG was administered intravenously during exercise, and imaging was performed 40 min thereafter [52, 53]. Similar PET studies have been applied to the mapping of visual recognition memory in the behaving baboon [54]. Using autoradiography and radiolabeled 2-DG brain function has been mapped also in rats during performance of the Morris Water Maze [55],

during drinking behavior [56], during a forelimb grasping task [57], during treadmill walking [58], during self-administration of phencyclidine [59], metamphetamine [60] or ethanol [61], as well as during the two stages of the activity-rest cycle [62].

The primary drawback of radiolabeled 2-DG is that the duration of the uptake and capture of the tracer is around 25–45 min [63], which is suboptimal given the fact that many behaviors are more short-lived. In principle, delivery of a radiotracer that reaches a cerebral equilibrium in a shorter time frame than 2-DG, would allow imaging of behaviors with a greater temporal resolution. Tracers with the shortest half-lives, however, may not necessarily be the most suitable for capturing brain activation in freely moving subjects. For instance, $H_2^{15}O$, the classic cerebral blood flow tracer for PET studies, while providing excellent temporal resolution for the capture of short-lived behaviors, is not suitable because its brief radioactive half-life ($t_{1/2} = 2.05$ min) allows insufficient time for tracer injection in the freely moving subject, followed by positioning of the subject and completion of a scan. Furthermore, because it is a diffusible tracer, the distribution of $H_2^{15}O$ would continue to change in response to any manipulation of the experimental subject, even after the behavioral exposure. Even the half-life of a tracer such as ¹³N-ammonia ($t_{1/2} = 10.0$ min), which undergoes intracellular metabolic trapping as ¹³N-glutamine, may not allow a sufficient time frame [64]. In animals, injection of micro-spheres labeled with a short-lived generator-produced positron emitter like Ga⁶⁸ ($t_{1/2}$ = 67.6 min) might be feasible, but would require arterial infusion [65,66].

3. Alternative radiotracers for constraint-free brain mapping with improved temporal resolution

The ideal tracer for constraint-free functional neuroimaging would have the following properties: (a) in vitro chemical stability prior to administration, (b) nontoxic and suitable for injection, (c) a high lipid solubility or substrate of a blood barrier transporter (e.g. glucose), with ready passage of the tracer across the blood-brain barrier, (d) a high extraction by the brain, with microsphere-like retention after a single passage, with a distribution in the brain that is proportional to rCBF. This is important since extractible tracers, compared to diffusible tracers, do not directly measure of rCBF but rather are surrogate measures of perfusion, (e) a prolonged retention in brain tissue with a fixed distribution that is independent of rCBF variations occurring after the fixation time, (f) inability of radiolabeled metabolites to cross the blood-brain barrier and/or rapid clearance of these metabolites from blood, (g) a trapping mechanism which is unaltered in pathology, (h) a radioactive half-life sufficiently long to allow time for administration of the tracer during occurrence of the behavior and subsequent positioning of the subject inside the scanner for data acquisition, (i) a radioactive half-life sufficiently short to allow decay within a few hours to days to minimize radiation exposure, and allow for rescanning of the subject as his own control, (j) a photon energy compatible with currently used instrumentation.

3.1. SPECT

For functional neuroimaging using SPECT, several tracers have been used that meet several of the above-mentioned requirements. Technetium-99m-hexamethyl-proyleneamine oxime (Tc^{99m}-D,L-HMPAO or exametazime; CeretecTM, radioactive $t_{1/2} = 6.03$ h, Nycomed-Amersham, Little Chalfont, UK), a commercially available tracer, has been used to study brain activation in freely-moving human subjects during walking [67], during cycling on a stationary bicycle [68], and in nonrestrained subjects during performance of the Wisconsin Card Sorting Test [69]. The ^{99m}Tc complex of HMPAO (but not HMPAO itself) readily passes the intact blood-brain barrier, and brain uptake of Tc^{99m}-D,L-HMPAO closely reflects regional CBF [70]. Brain uptake is around 2-3% of the injected dose and is reached within 1 min after injection. The single-pass extraction is about 70-80% with normal blood flows of 50 ml/100 g/min. Thereafter, the tracer is retained in brain tissue, probably due to intracellular conversion of reduced glutathione, converting it to a meso isomer that is trapped inside the brain. In rats, evidence suggests there may also be conversion to a hydrophilic product, ^{99m}Tc-pertechnetate, and binding to intracellular components. Up to 15% of the cerebral activity washes out of the brain within 15 min post injection. This initial backdiffusion is more prominent in high blood flow regions, and explains why Tc^{99m}-D,L-HMPAO tends to slightly underestimate higher regional CBF [71,72]. After this initial backdiffusion of the tracer from brain to blood, there is little loss of activity for the following 24 h, except by physical decay of the isotope. This stability of distribution within the brain is essential during image acquisition, and is one reason why earlier perfusion agents such as ¹²³I-labeled iodoamphetamine (IMP, Spectamine, Medi-Physics, Inc., Emeryville, CA) have fallen into disuse. IMP, while demonstrating a high first-pass extraction fraction (85–95%), shows substantial washout and redistribution, such that perfusion patterns at an hour post-administration no longer represent perfusion at the time of injection [73–76]. By comparison, imaging with HMPAO can take place from 2 min to 4 h post injection. In the past, the major problem with HMPAO had been the instability of this agent in vitro after reconstitution, requiring that it be injected less than 30 min after preparation. Stabilized forms of Tc^{99m}-D,L-HMPAO using either methylene blue or cobalt chloride have recently become available, and can extend stability to 4–6 h [77]. However, blood clearance of labeled metabolites is not rapid, limiting the dosimetry in humans. Consequently, other agents using Tc^{99m} complexes have been explored as alternate cerebral blood flow tracers.

One such agent is ethylcysteinate dimer $[Tc^{99m}-L,L-ECD]$ bicisate, which has been commercially available (Tc^{99m} -ECD, Neurolite, Dupont-Pharma, Stevenage, UK). ECD has been applied to functional neuroimaging paradigms in which administration of the tracer occurs outside of the scanner environment. In these studies, subjects were seated at a table, and were presented with a spatial working memory task [78], a verbal fluency task [79], or a Stroop interference task [80] following administration of ECD, and prior to scanning. ECD has in vitro stability up to at least 4 h; it is a small lipophilic molecule without significant protein binding that rapidly crosses the blood–brain barrier, reaching its maximum within 5 min (4–7% uptake of the injected dose in brain). There is a 70% first-pass extraction in brain. Intracellular retention of the radioactive material is thought to be caused by enzymatic trapping when the L-diester is hydrolyzed to a polar monoacid–monoester complex [81,82].

These polar metabolites cannot diffuse back through the blood-brain barrier [83]. The distribution of radioactivity for Tc^{99m}-ECD brain SPECT reflects that of blood flow in most clinical situations; however, regional differences in enzymatic activity may cause regional differences in the retention efficiency of Tc^{99m}-ECD. The occipital lobe has shown relatively high accumulation [84], which may be caused by high enzymatic activity in the area. Kinetic analysis has demonstrated a small amount of back-diffusion of ECD compared with that of HMPAO. Washout is slow and estimated at 6% per hour for the first 6 h. There is no relationship between the back-diffusion rate and rCBF [82]. Imaging can take place from 2 min to 2 h post injection. Elimination of ECD from the blood and lungs is rapid, resulting in less than 5% of the injected dose remaining in the blood by 1-h post administration. The rapid urinary excretion allows administration of higher doses of ECD. ECD images of the head show significantly less background facial uptake and retention when compared to HMPAO images [85]. These factors, together with the higher graymatter-to-white-matter ratio, contribute to the better image quality obtained with ECD in comparison with HMPAO (gray-matter-to-white-matter ratio 2-3:1 for HMPAO versus 4:1 for ECD) [86]. Differences in the gray-matter-to-white-matter ratios of HMPAO and ECD underscore the differences underlying the chemical reactions required for tissue retention of these tracers, as well as how closely these tracers may approximate true cerebral perfusion, as compared to that measured using $\mathrm{H_2^{15}O}$ PET. Unlike earlier tracers such as the $^{123}\mathrm{I-}$ labeled amines [74,75], neither ECD nor HMPAO redistributes in the brain.

Although both HMPAO and ECD are distributed proportionally to regional CBF, their retention is not completely linear with rCBF because of an initial back-diffusion. High blood flow may be underestimated and low blood flow may be overestimated with both tracers [87,88]. Furthermore, a discrepancy between blood flow and accumulation has been documented during the subacute phase of cerebral infarction. SPECT with Tc^{99m}-ECD (unlike HMPAO) commonly reveals the infarcted region as a hypoactive area, even in the presence of postischemic hyperperfusion. This finding indicates reduced retention efficiency in infarcted brain tissue, which may be attributable to an impaired enzymatic system [89–91]. It is important to realize that all SPECT methods, with the exception of Xe¹³³-SPECT —not mentioned in this review because it requires positioning in the scanner during tracer administration—do not give quantitative information in blood flow units, and are limited to detection of CBF 'patterns'.

3.2. PET

The gold standard for PET CBF measurements is H_2^{15} O PET with detection of the arterial input function by arterial blood sampling or imaging of a suitable large artery. However, this methodology does not adapt to constraint-free neuroimaging because it requires a dynamic data acquisition, with the subject inside the scanner at the time of tracer administration. For PET applications there are few currently available commercial tracers that meet the requirements necessary for constraint-free neuroimaging. A tracer which has been proposed as a single-pass flow tracer for PET applications is the copper(II) complex of pyruvaldehyde bis(N⁴-methylthiosemicarbazone), Cu-PTSM [92]. Copper-PTSM, has been used to assess cerebral and myocardial perfusion in humans and animals [92–96], and has been used to map somatosensory brain function in the immobilized baboon [97]. When labeled with ⁶¹Cu

Page 8

 $(t_{1/2} = 3.3 \text{ h})$, ⁶⁴Cu $(t_{1/2} = 12.7 \text{ h})$, or ⁶⁷Cu $(t_{1/2} = 58.5 \text{ h})$, Cu-PTSM might be appropriate for neuroimaging in freely moving subjects, whereas the shorter lived isotopes of copper $(Cu^{60} t_{1/2} = 23.7 \text{ min}, Cu^{62} t_{1/2} = 9.7 \text{ min})$ might be more appropriate for imaging in immobilized subjects. These copper labeled complexes show high lipophilicity and are extracted into the brain with a high efficiency (Extraction fraction 0.90-0.76 for cerebral blood flows of 36-89 ml/min/100 g) [92,96,98]. While this extraction rate is lower than that of [¹²³I]-*N*-isopropyl-*p*-iodo-amphetamine (IMP), it is higher than the metal-labeled SPECT radiopharmaceuticals that have been proposed as cerebral blood flow agents (e.g. 99mTc-HMPAO, -ECD) [72,99]. Correlation in rats between regional uptake of copper and relative regional CBF measured by [125 I]-iodoantipyrine shows a good correlation (r = 0.98) [95]. Data suggests a microsphere-like retention of Cu-PTSM, with absence of washout and a clearance half-life in brain of 140 min. The retention mechanism of Cu-PTSM is reported to rely on the irreversible binding of copper to intracellular thiols (predominantly glutathione/ metallothionein), with a concomitant reduction of copper (II) to copper (I) [100]. After ~1 min, all of the radioactivity in blood is due to metabolites, and these do not penetrate the blood-brain barrier [92]. PET images obtained in baboon brain with the use of ⁶⁴Cu-PTSM and $H_2^{15}O$ are qualitatively and quantitatively very similar, despite the different principles underlying the imaging of CBF with these tracers, with gray to white matter uptake ratios of 2.67 for Cu-PTSM and 2.42 for H_2^{15} O [92]. No redistribution of ⁶⁴Cu is observed in baboon brain during 2 h of imaging [92]. Presence in some species of the binding of ⁶²Cu-PTSM to albumin has been reported [101], resulting in a correction factor being necessary for assessment of the arterial input function needed for accurate quantification of regional CBF [102]. However, for nonquantitative studies, such as would typically be most practical for constraint-free imaging, the relative distribution of Cu-PTSM correlates well with regional CBF obtained by ¹⁵O-water PET [96]. Recent work from our laboratory has used ⁶⁴Cu-PTSM to map functional brain activation during treadmill walking in rats (Fig. 1).

4. Mode of administration of the radiotracer

A critical issue to the success of imaging in freely moving subjects is the mode of administration of the radiotracer. Ideally administration would occur with minimal interference with the subject's natural behavior. This is the case, not only because the physical act of injection may itself terminate the behavior, but also because it is well known that stress associated with an injection may substantially modify a subject's behavior. In animals, even minor routine handling procedures can induce a marked stress, although the animal has been trained to this procedure and looks quiet [21]. Furthermore, it has been suggested that the mode of administration of a drug—either by manual injection or self-administration—may result in different effects on brain metabolism [59].

One low-stress approach to administration of radiotracers in monkeys has been to train them to self-administer an oral dose of ¹⁸F-FDG prior to a behavioral challenge, followed thereafter by anesthesia and PET scanning [103]. Oral administration studies, however, are complicated by the problem of delayed, often unpredictable, absorption of the radiotracer from the gastrointestinal tract. Such delayed absorption results in a prolonged and poorly defined temporal 'window' for capturing behavioral brain activation during which neuronal

uptake of the radiotracer is most active. In addition, training animal subjects to predictably self-administer the entire aliquot of the oral radiotracer suspension and not spit out all or parts of the solution, presents a substantial challenge [103].

A device which would allow radiotracer administration by remote control would solve the problem of behavioral restraint confounding measures of brain metabolism or blood flow, and should have applications for functional neuroimaging in freely-moving subjects. In principle, a portable pump, implanted or worn outside the body, could be used to administer the tracer. Programmable, portable infusion pumps with weights as low as 65 g are commercially available [104]. However, none of these infusion devices offer rates of drug delivery above approximately 10 μ /s, which may make delivery of a discrete bolus of a radiotracer difficult. For veterinary applications, the Pegasus® pump (Instech Laboratories, Inc., Plymouth Meeting, PA), a pump worn externally in a vest, offers programmability and remote activation at a maximum infusion rate of 28 μ /s. Its weight, at 180 g, makes it appropriate for use in animals weighing greater than ~ 2 kg. However, for brain mapping studies in small species (e.g. rats, mice), no commercial device currently exists which offers the portability, minimal invasiveness, high flow rates and remote activation needed to facilitate constraint-free imaging. Small, implantable, slow-release, osmotic pumps, elastomeric pumps or vapor pressure pumps are commercially available, however, allow only examination of chronic drug effects (days to weeks) and cannot be used for purposes of functional neuroimaging. Furthermore, these pumps do not have the ability to be controlled by remote activation.

To address the problem of immobilization and tethering, as well as the need for rapid assessment in neuroimaging studies in small animals, we have recently developed a selfcontained, fully implantable miniature infusion pump that allows injection by remote activation of a bolus radiotracer at an average flow rate of ~140 µl/s [105]. Use of this pump has been validated as a tool for functional neuroimaging in rats in three separate behavioral tasks: treadmill walking, auditory perception and acute footshock [106–108]. In these studies, we used the cerebral perfusion tracer $[^{14}C]$ -iodoantipyrine, which unlike the previously discussed extraction tracers, is diffusible. In order to avoid nonspecific diffusion, rapid euthanasia is required, with rapid removal and flash freezing of the brain in preparation for autoradiographic analysis of the regional distribution of tissue radioactivity. Our mapping studies have demonstrated the following points: (a) The pump allows the capture of 'snapshots' of cerebral activity, with an estimated temporal resolution of ~ 10 s, while autoradiographic analysis of the images offers a spatial resolution of 100 µm; (b) Brain maps show exquisite functional detail. For example, the largest increase in cerebral perfusion in our brain mapping study of an auditory challenge (a 1000 Hz/8000 Hz alternating tone) was noted in the caudal portions of auditory cortex [106]. This area has been shown by others using microelectrode tonotopic mapping techniques, to represent sound frequencies in the lower four octaves (from 0.5 to 8 kHz) [109]; (c) Brain maps obtained with the pump demonstrate the functional complexity characteristic of multimodal tasks. Thus, consistent with the complex nature of a locomotor treadmill task, brain activation was demonstrated not only in neural circuits dedicated to motor functions, but also in those engaging sensory and visual functions [107,108]. These results support the

utility of portable infusion pumps as adjunct tools for studying cerebral activation during behavioral challenges in non-tethered, nonrestrained subjects.

5. Mapping brain function during behavioral challenge tests

Brain mapping of behaviors in freely behaving subjects is of interest, not only because it allows access to a set of fundamental behaviors involving extensive motor movement, but also because such activated brain states may serve to accentuate differences that only manifest partially while a subject is in the resting state. In immobilized human subjects, the utility of cognitive 'stress tests' to highlight neuronal deficits during functional neuroimaging is well known [110–113]. Similarly, brain mapping performed in ambulatory subjects promises to unmask underlying differences between normal and pathological neural circuits.

In human neuropsychiatric patients such behavioral challenge tests might, for example, include the examination of brain activation during stereotypic movements (e.g. akasthesia, tardive dyskinesia, chorea), cataplexy in narcolepsy, compulsions (e.g. hand washing) in obsessive compulsive disorder, or the study of brain activation during motor activity in deficits syndromes such as Parkinson's disease [114-116]. In addition, more multidimensional behavioral challenges could be studied, such as brain activation during social encounters in subjects with different subtypes of schizophrenia or autism, procedural memory in subtypes of dementia, maternal-infant bonding, or structured versus unstructured play activity in subjects with attention deficit disorder. Some behavioral challenges, such as public speaking in social phobia [117,118], snake exposure in snake phobia [119] or drug craving induced by environmental cues [120–122], though it has been feasible to study these in immobilized subjects, may be more robustly delineated in a natural setting. Furthermore, constraint-free functional neuroimaging may find applications in studying the effects of gender or specific genotypes have on functional brain activation. In addition, functional brain maps obtained at different developmental stages might prove useful in the study of the ontogeny of behavior. This may provide a useful window into understanding childhood mental disorders.

6. Challenges for study design

A critical challenge in functional neuroimaging in freely moving subjects is the definition of the control condition. Brain mapping during complex behaviors requires integration of neural circuits subserving motor, sensory, cognitive and emotional functions. Thus, a control condition for complex behaviors will likely not be represented by a 'rest as baseline' condition, but rather by a baseline, which includes a control task. In a standard categorical study design, brain activity during two conditions is compared by subtraction, permitting study of the difference between the full behavioral set and a subset [123]. This requires great attention to the matching of the environmental exposure during the control and test condition, which, given the complexity of the behavior, may in some cases may represent a formidable challenge. Alternatively, one might separate a complex task into several simpler components. The assumption underlying both the subtraction or addition of different conditions in the study of brain activation is that single components of behavior can be

removed or added without interaction. Such an assumption may not always be valid because brain activity and behavior may be characterized by the interaction of their components [124].

In a parametric study design at least two conditions are correlated with a graded behavioral measure, the assumption being that brain activity varies monotonically and systematically with the degree of processing in the dedicated network. Parametric designs, however, typically include more than two test conditions and multiple tracer injections. Hence their application with longer-lived tracers, as is required for functional imaging in freely moving subjects, may become impractical because of accumulating background activity and the possibility with certain tracers of nonhomogeneous washout between the first and second scan.

In a factorial study design, two or more experimental variables (factors) are modulated and the interaction of these factors is assessed. Such an approach has been successfully applied in PET studies that combine both psychological and pharmacological activation. In such studies an interaction of psychological and pharmacological effects on rCBF is taken as evidence of an association between the functional system and neurotransmitter systems(s) affected by the drug. For example, attenuation by buspirone (a 5-HT_{1A} receptor partial agonist) of increases in rCBF associated with a word recall task, may represent a direct neuromodulatory effect of this drug, whereas nonspecific effects on rCBF during the control condition may represent a non-modulatory action unrelated to memory [125]. Such an approach may also be usefully applied to functional neuroimaging in freely moving subjects, in which activations noted during specific behavioral challenges are interpreted in the context of their responsiveness to pharmacological intervention.

Having experimental subjects act as their own control, rather than comparing separate control and test groups, allows for a reduction of the intersubject variance. However, additional error may be introduced, including repositioning errors of the subject's head within the scanner, as well as the potential day-to-day biologic variation in baseline states for studies made on 2 different days. While software for three-dimensional realignment may aid in minimizing repositioning errors, detailed reference test-retest studies would be needed to recognize the percentage variation between two studies on the same subject under the same baseline conditions.

In studying cerebral activation in which subjects serve as their own controls, it is frequently useful to utilize a split-dose technique, whereby two doses of the tracer are administered on a single day 1–2 h apart, with the scan following the first administration acting as a control for the scan following the second administration, which is made with the subject in an activated state. The consequences of using tracers with relatively longer half-lives is that, within the time-frame of a typical brain SPECT or PET activation experiment, the second image is substantially contaminated with the remaining activity of the previous injection. In practice, this limits the number of image acquisitions in most activations to two. The possible presence of washout of the tracer between the first and second scan would not be expected to constitute a problem, if such washout occurred homogenously throughout the brain. In this case, only minor changes would result in the normalized images. However, for

radiotracers in which neuronal washout is not homogeneous, the application of split-dose studies may be limited. This may be the case for ECD [126], though others have disputed this [127]. Here the effect of nonhomogeneous tracer washout could be minimized by spacing out the time between the first and second study by several days [126].

7. Future perspective

In recent years, several groups have demonstrated the application of in vivo neuroreceptor binding techniques to the measurement of acute fluctuations in the concentration of the endogenous transmitters in the vicinity of radio-labeled receptors [128]. This new application of neuroreceptor imaging allows direct measurement of synaptic transmission in specific neurotransmitter systems in the brain, and correlation of these measurements with behaviors and symptoms. In principle, a similar approach might be applicable to the study of dynamic neurotransmission in freely moving subjects.

Imaging of neurotransmitter release has been extensively developed for the study of dopamine transmission at D₂ receptors. The principle underlying this technique is competition between radiotracers and transmitters for binding to neuroreceptors. The original proposition based on a simple occupancy model was that low-affinity radio-tracers bind more 'loosely' to D₂ receptors, and, therefore, are more vulnerable to dopamine competition [129]. Recent work, however, suggests that the affinity of the radiotracer will affect its vulnerability to endogenous dopamine only if dopamine is administered as a pulse, but not if neuro-transmitter levels are maintained constant [128]. Such findings have strong implications for the choice of radio-tracers in potential future applications of the study of dynamic neurotransmission in freely moving subjects. As changes in dopaminergic transmission associated with any acute neurobehavioral challenge are likely to occur with a short onset and offset, affinity of the radiotracer to its receptor will remain a crucial variable. Some authors using simulation studies on the kinetic characteristics of D_2 ligands have suggested that a completely irreversible tracer gives maximum response to a dopamine pulse [130], whereas others have contended that this may be true only if the control and stimulus condition have identical input functions [131]. It is becoming increasingly clear that factors other than changes in neurotransmitter occupancy play a role in the modulation of receptor availability following changes in synaptic neurotransmitter concentration. Clarification of such issues will be necessary before studies of dynamic neurotransmission can be undertaken in freely moving subjects.

The promise of novel experimental approaches outlined above need to be placed in the context of technological and physiological studies which remain to be undertaken to answer some fundamental questions in the field of functional neuroimaging. Although, the existence of a flow/metabolism coupling at rest is well accepted, the exact relationship between neuronal activity, rCBF and metabolism during cerebral activation remains a question of debate. Recent excellent reviews on this topic [132–134] outline a number of pivotal issues that remain to be clarified. These include an improved understanding of (a) why behavioral performance or mental effort shows correlations with rCBF in some, but not other brain regions; (b) the relationship between rCBF measured at the macronetwork level and neuronal activity at the micronetwork level; (c) the role of field potentials compared to

action potentials in altering blood flow changes; (d) the role of excitatory compared to inhibitory neurotransmitters in altering brain perfusion and metabolism; (e) the limits of proxy measures such as rCBF or glucose/oxygen consumption in detecting changes in spatial and temporal neural processing, in which the overall energy demands may remain unchanged; (f) the mechanisms of flow/metabolism uncoupling that have been reported in

pathological states or during pharmacological manipulations.

8. Conclusions

Functional neuroimaging in freely moving subjects has been undertaken by a number of investigators in the past using a variety of approaches. Overall, however, it has remained an underutilized approach to studying mammalian behaviors that depend on locomotor activity. Future applications of these methods, as well as the more widespread use of newer radiotracers better suited for constraint-free neuroimaging, promises to increase our understanding of the basic building blocks of normal behavior. Such knowledge may provide the basis of an improved integration of a functional brain anatomy in the context of mental disorders [135].

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Fig. 1.

Changes in cerebral blood flow-related tissue radioactivity elicited during treadmill walking in the rat compared to a quiescent control. In the locomotor paradigm, the tracer was injected while the rat was walking for 5 min on a RotaRod treadmill. Injection during the control condition occurred while the animal was resting quietly in a transport cage placed next to the RotaRod. Row 1: Coronal autoradiographs of the distribution of [¹⁴C]-iodoantipyrine tissue radioactivity show activation of (a) primary motor cortex, (b) dorsolateral striatum, as well as (c) midline cerebellum in the exercising animal [108]. Row 2: Coronal section in a rat obtained using a micro-PET R4 Rodent scanner (Concorde Microsystems, Inc., Knoxville, TN) after administration of [⁶⁴Cu]-PTSM (1.25 mCi/kg), show a similar activation pattern to that obtained with [¹⁴C]-iodoantipyrine. Increased CBF tissue radioactivity is depicted in warmer colors. Brightness was normalized between the two rat PET studies based on a defined region within the piriform cortex, which did not display any significant change in response to the treadmill paradigm. Enhanced resolution of the PET images was obtained using maximum-a-posteriori (MAP) reconstruction [136,137].