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Carbon Monoxide, Hydrogen Sulfide, and Nitric Oxide as Signaling Molecules in the Gastrointestinal Tract

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Abstract

Carbon monoxide (CO) and hydrogen sulfide (H₂S) used to be thought of simply as lethal and (for H₂S) smelly gaseous molecules; now they are known to have important signaling functions in the gastrointestinal tract. CO and H₂S, which are produced in the gastrointestinal tract by different enzymes, regulate smooth muscle membrane potential and tone, transmit signals from enteric nerves and can regulate the immune system. The pathways that produce nitric oxide (NO) H₂S and CO interact—each can inhibit and potentiate the level and activity of the other. However, there are significant differences between these molecules, such as in half-lives; CO is more stable and therefore able to have effects distal to the site of production, whereas NO and H₂S are short lived and act only close to sites of production. We review their signaling functions in the luminal gastrointestinal tract and discuss how their pathways interact. We also describe other physiologic functions of CO and H₂S and how they might be used as therapeutic agents.

Keywords

Signal transduction; gastrointestinal motility; gases; neurotransmission; smooth muscle

The discovery that mammalian cells synthesize nitric oxide (NO), carbon monoxide (CO), and hydrogen sulfide (H₂S) caused a paradigm shift that led to a large amount of research over the past 20 years into the roles of these molecules in human physiology and disease. Early studies focused on NO, which was soon found to be a signaling molecule that regulates a large number of biologic processes, including blood flow, neurotransmission, immune reactions, and smooth muscle contraction. NO is an inhibitory neurotransmitter in the human small intestine.^{1, 2} CO has also emerged as an important signaling molecule.

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Under physiologic conditions, endogenously produced CO functions as a neurochemical signaling molecule in the brain,^{3–6} as a messenger molecule in the gastrointestinal tract,^{7–13} and as a paracrine messenger molecule that causes hyperpolarization of circular smooth muscle cells.^{7, 8, 13} CO also has anti-inflammatory and anti-apoptotic effects.¹⁴ For hundreds of years, H₂S was thought of as only a toxic gas that smelled like rotten eggs, but it is now known to be an important signaling molecule in bacteria, plants, and animals including mammals.^{15, 16} H₂S is ubiquitous in the mammalian body and has been reported to serve as a messenger molecule in the central and peripheral nervous, immune, endocrine, reproductive, and gastrointestinal systems.^{17, 18, 19, 20}

There are fundamental differences between the mechanism of action of CO, NO, and H₂S. At physiological pH, H₂S exists in whole blood for approximately 15 sec in fish, 51 sec in cows, 130 sec in rats, and 76 sec in pigs.²¹ Unlike H₂S and NO, CO is stable, is not a radical, and does not alternate between different oxidative species. NO is highly reactive, existing as a radical (NO[•]), as a nitroxyl anion (NO⁻), and as a nitrosonium cation (NO⁺). H₂S and HS⁻ are each detected in animal cells.

The biological stability of CO means that, unlike NO and H₂S, CO is able to have effects that are distant from the site of production. Most of the action of CO is exerted through the binding of CO to Fe²⁺ and other metals present in various proteins, including heme proteins, that may be far from the site of production or from the lungs where CO is inhaled. CO was thought to cross cell membranes by dissolving into and diffusing across the lipid membrane. There is now evidence that ion channels, particularly aquaporins, can transfer CO across lipid membranes.^{22–24} Preliminary studies have linked levels of heme oxygenase with those of aquaporin.²⁵ NO and H₂S have been assumed to enter and leave cells via free diffusion through lipid membranes. However, in recent experiments aquaporin 1 (AQP1) channels were found to facilitate NO efflux from endothelial cells into aortic vascular smooth muscle cells.^{22, 26} Rhesus proteins facilitate diffusion of CO₂ and NH₃ in xenopus oocytes.²⁷ AQP1 and rhesus protein channels are also called gas channels.²⁷

CO

Most biologically relevant CO is produced by the action of heme oxygenase (gene symbol HMOX) catabolizing heme into CO, biliverdin and free iron.²⁸ While each product of heme breakdown has separate effects on cellular function, our focus in this review is solely on CO which appears to be the predominant mediator of the effects of HO induction.²⁹

Three mammalian isoforms of HMOX have been described, although only HMOX1 and HMOX2 have been shown to be biologically active. HMOX3 may be a pseudogene in some species. HMOX1 and HMOX2 have separate and different functions which are reflected in how CO is generated as a result of the action of these isoforms. Heme oxygenase 1 is usually expressed at very low levels in the luminal gastrointestinal tract but can be markedly induced to high levels within hours by a large variety of molecules including cellular stressors.^{30–34} For example, in the stomach muscle wall, reactive oxygen species will markedly induce expression of heme oxygenase 1 in macrophages and in the mucosa.³⁵ Heme oxygenase 1 is therefore referred to as the inducible form of heme oxygenase. The net

result is that CO can be produced on demand by the actions of heme oxygenase 1. In contrast, heme oxygenase 2 is referred to as the constitutive form of heme oxygenase. It is constitutively expressed in the luminal gastrointestinal tract, in enteric nerves and interstitial cells of Cajal (ICC);^{36, 37} its levels are relatively stable and few inducers have been found. A major exception comes from glucocorticoids which act by binding to the promoter of *HMOX2*.³⁸ Others include Ca^{2+} influx, activation of protein kinase C (PKC), CK2^{39, 40} and tyrosine kinases.⁴¹ The net result is that cells that express heme oxygenase 2 stably produce CO, although when CO functions as a messenger molecule, pulsatile release is also possible. Although heme synthesis is usually associated with hematopoietic cells, heme synthesis can and does take place in most mammalian cells, which enables local production of CO wherever heme oxygenase 1 is induced or heme oxygenase is constitutively present. The exact local concentration of CO in different organs is not known. The best estimates come from the brain, where extracellular CO can be measured in cerebrospinal fluid.⁴² Concentrations of up to 1 μM have been reported, indicating that intracellular concentrations under stimulation could be higher.

CO is often characterized as an anti-inflammatory, anti-proliferative, and anti-apoptotic molecule,¹⁴ but this view is too simplistic. Given that HMOX1 is rapidly inducible, CO can have different effects on the same cell type, based physiological and pathophysiological states. For example, inhalation of very low levels of CO (100 ppm) in by non-obese diabetic (NOD) mice has no effect on gastric emptying or cellular oxidative stress levels. Inhalation of CO by diabetic NOD mice reduces oxidative stress without changing gastric emptying, whereas inhalation of CO in diabetic NOD mice with delayed gastric emptying reduces oxidative stress and normalizes gastric emptying.²⁹ These diverse effects are likely due to the actions of heme oxygenase 1/CO on the macrophage-ICC-enteric nerve-smooth muscle syncytium. There is little heme oxygenase 1 in non diabetic NOD mice and high levels of heme oxygenase 1 in M2 macrophages in diabetic NOD mice. CO converts the cellular profile of M1 non heme oxygenase 1 expressing macrophages to M2 macrophages.⁴³

A Smooth Muscle Hyperpolarizing Factor

One of the main mechanisms of action of CO is to activate guanylyl cyclase resulting in production of cGMP.^{44, 45} cGMP activates several types of K^+ channels leading to hyperpolarization.^{46, 47} CO also can directly activate K^+ channels.⁴⁸ All animal species studied so far have a smooth muscle membrane potential gradient across the circular muscle layer. In the stomach and small bowel, smooth muscle closer to the myenteric plexus region is hyperpolarized compared to circular smooth muscle cells closer to the submucosa.⁴⁹⁻⁵¹ The gradient varies from species to species but is in the order of 10 mV. In the colon, the same gradient is present but in the opposite direction, that is the region of circular muscle that is more hyperpolarized is closest to the submucosa and the region most depolarized closest to the myenteric plexus.⁷ This membrane potential gradient is highly CO-dependent and appears to be due to CO produced from heme oxygenase 2 constitutively expressed in myenteric ICC from the stomach and small intestine and from heme oxygenase 2 constitutively expressed in submucosal ganglion neurons from the colon.^{10, 11, 52} The transwall gradient enables the circular muscle layer to produce weak contractions that involve only a portion of the circular muscle layer, strong propulsive contractions that

involve the entire circular muscle layer to gradations in strength between these two extremes.⁵³ The transwall gradient may be considered to function as a biological rheostat regulating how much of the circular muscle layer contacts with each electrical slow wave.¹¹

As a Neurotransmitter

There is debate over whether NO is a neurotransmitter in the gastrointestinal tract. For a molecule to be called a neurotransmitter, it must be synthesized and present presynaptically, released from the synapse in response to specific signals (usually following Ca²⁺-dependent depolarization), and interact with post-synaptic receptors. If NO and CO are to be considered neurotransmitters, these criteria need to be relaxed. How NO is stored and released has not been fully worked out and the receptor for NO is intracellular. Even with relaxed criteria, it is still unclear if CO is a neurotransmitter. The strongest evidence comes from studies of the internal anal sphincter. HO2 is constitutively expressed in the internal anal sphincter⁵⁴ and neuronal stimulation results in activation of HO2 via a PKC-CK2 dependent pathway.³⁹ Non-adrenergic, non-cholinergic neurotransmission is markedly decreased in the upper gastrointestinal tract of *Hmox2* knockout mice, but can be restored by addition of exogenous CO.⁵⁵ NO produced by neuronal nitric oxide synthase 1 (NOS1) is an important inhibitory neurotransmission in several species.⁵⁵ The full actions of NO appear to require CO. Although non-adrenergic, noncholinergic neurotransmission is reduced in *Hmox2* knockout mice, it is also greatly decreased in *Nos1* knockout mice and completely lost from *Hmox2/Nos1* double-knockout mice.⁵⁵ These findings, along with those from studies outside of the gastrointestinal tract, indicate that CO and NO function together in neurons. Until proven otherwise, it is best to refer to CO as a messenger molecule.

Mechanisms

The best known target of CO is soluble guanylyl cyclase. CO binds to guanylyl cyclase, resulting in increased levels of cGMP. The amount of endogenous cGMP generated through this mechanism is controversial because the potency of soluble guanylyl cyclase activation by CO is several fold lower than that of NO. The argument has been made that when NO is present, only a small amount of cGMP is produced via CO interaction with guanylyl cyclase. However, there is also evidence that endogenous substances, such as YC1, increase the sensitivity of soluble guanylate cyclase to CO.⁵⁶ YC1 greatly enhances binding of CO to heterodimeric soluble guanylate cyclase (K_d ~1 μM) likely by binding near the heme domain, inducing a heme pocket conformation with a high affinity for CO.

CO also modulates ion channels. One example is the activation of the large conductance calcium-activated potassium channel (BK channel).⁵⁷ CO may bind directly to the alpha subunit of BK resulting in activation of the channel and leading to membrane hyperpolarization. This mechanism is proposed for the vasodilatory effects of CO.⁵⁸ Other mechanisms of action of CO include binding to other ion channels such as the L-type Ca²⁺ channel, redox regulation and oxygen transport, signaling molecule synthesis including of NO, prostaglandins and cytokines, activation of second messenger cascades including MAPK and Phosphatidylinositol 3 kinase, and activation of transcription factors (HIF1α, ACOT7, and NPAS2).⁵⁹⁻⁶¹

A Modulator of Immune Function

CO has many effects on the adaptive immune system, such as inhibiting mast cell activation through polymorphonuclear cells, inhibiting activation and proliferation of T effector cells, and inhibiting basophil histamine release.⁶² CO also inhibits migration of polymorphonuclear cells and downregulates inflammatory pathways mediated by activated macrophages and dendritic cells.⁶² These actions of CO are thought to be central to how CO reduces ischemia reperfusion injury and post operative ileus and modulates the immune response to infection. Release of CO from macrophages is thought to be the main mechanism for protection against gastroparesis in diabetes.

Heme oxygenase 1 is expressed by Kupffer cells, but little heme oxygenase 1 is expressed in hepatocytes under normal circumstances. Inducers of heme oxygenase 1 result in robust upregulation of heme oxygenase 1 in both cell types. Deficiency of heme oxygenase 1 results in a hepatic phenotype including iron overload and hepatitis.⁶³ In contrast, overexpression of heme oxygenase 1 protects against ethanol-induced injury, ischemia and reperfusion injury, and rejection of liver transplants by reducing production of cytokines, infiltration of CD4⁺ and CD8⁺ cells, and increased numbers of T regulatory cells.⁶⁴

In Gastrointestinal Diseases and Therapy

Heme oxygenase 1 is highly inducible and protects against inflammation. CO and biliverdin are thought to mediate this protective effect of heme oxygenase 1; with most evidence for the role of CO. In animal models, CO reverses delayed gastric emptying associated with diabetes, reduces post-operative ileus, increases survival of grafts, increases survival from sepsis. CO also reduces intestinal inflammation in animal models of human inflammatory bowel disease model.^{59, 62} The data from human studies is severely limited. The best studied disorders are diabetic gastroparesis and post-operative ileus. Post-operative ileus animal models have shown that post-operative ileus is characterized by release of inflammatory mediators from activated macrophages. Early studies showed that a 24 hour exposure to 250 ppm of inhaled CO reduced the expression of inflammatory mediators and normalized muscle function.⁶⁵ A subsequent study found that exposure of rats to even a very low dose of CO (75 ppm) for 3 hours before surgery (or pigs to 250 ppm for 3 hours) increased gastrointestinal transit and contractility, producing average carboxyhemoglobin levels of 5.8%—significantly lower than the upper limit set by the US Food and Drug Administration (FDA).⁶⁶ In a mouse model of diabetic gastroparesis, loss of upregulation of heme oxygenase 1 by macrophages resulted in damage to ICC and nerves; upregulation of heme oxygenase 1 reversed the delay in gastric emptying and the cellular damage. These effects appear to be mediated by a decrease in reactive oxygen species and can be replicated with inhalation of CO.²⁹ Upregulation of heme oxygenase 1 by type 2 alternatively activated macrophages is required for its protective effects. Loss of these macrophages, accompanied by activation of type 1 activated macrophages, results in release of injurious mediators that disrupt ICC and neural networks.⁶⁷ CO therefore appears to have significant promise as a therapeutic agent.

However, although several studies have shown that the amount of inhaled CO required to have a therapeutic effect is far below toxic levels, and despite the FDA statement that levels

of carboxyhemoglobin below 12% are acceptable, there have been few clinical studies of inhaled CO. Reasons for this include the cumbersome equipment required to deliver precise, fixed amount of gas and the public perception of the toxicity of CO. There are currently only 2 active studies listed in clinicaltrials.gov testing the effects of inhaled CO. One study is investigating inhaled CO (range of 150 ppm for 3 hours once weekly to 150 ppm for 3 hours three times weekly) for treatment of pulmonary arterial hypertension. Another is assessing the ability of CO, inhaled 1 hour before and 1 hour after colon resection, to determine its utility to prevent or reduce post-operative ileus.

The real and perceived difficulties in administering inhaled CO have led to the development of transition metal compounds that covalently bind and deliver CO (CORMs). Initial compounds were lipid soluble, whereas the more recently developed are water soluble.⁶⁸ Although these compounds have shown efficacy in animal models of disease, including post-operative ileus, chronic colitis, necrotizing enterocolitis, and acute liver failure (see Table 1 of Gibbons et al.),⁵⁹ none have tested in humans, because their safety for human use has not been resolved. More recently, products have been studied that use pegylated carboxyhemoglobin to deliver CO. One such product is being tested in a phase 1b study, in patients with sickle cell disease (NCT01848925). Safety analyses have shown good tolerability, despite the potential for binding and removal of NO.

H₂S

H₂S has been labeled as a gasotransmitter.^{69, 70} Feelisch and Olson⁷¹ stated that it is not accurate to label H₂S, CO, or NO “gasotransmitters”, because “they do not move about and signal in the form of tiny gas puffs.” Instead, they are dissolved gases. The term gasotransmitter is a misnomer also because there is no definitive evidence that H₂S functions as a transmitter in the classical meaning.¹⁸ Endogenous H₂S has many regulatory functions throughout the gastrointestinal tract, but, there is no evidence that its production is regulated.¹⁸ Although exogenous H₂S has several well-defined physiological effects, a receptor for H₂S has not been identified.¹⁸ For these and other reasons outlined by Linden et al.,¹⁸ we refer to H₂S as a signaling molecule or as a messenger molecule. The molecular entity that accounts for the biological effect is not known. At physiologic pH, nearly two thirds of H₂S exists as hydrosulfide anion (HS⁻), a powerful nucleophile, rather than the acid (H₂S).¹⁵ This is important because HS⁻ is similar in size to Cl⁻ and might be involved in Cl⁻-mediated processes.⁷² In this review, no distinction will be made, H₂S can refer to HS⁻ or H₂S.

H₂S is endogenously generated by the trans-sulfuration enzymes cystathionine β synthase (CBS) and cystathionine γ lyase (CTH).⁷³ Both enzymes use L-cysteine as a substrate and depend on pyridoxal phosphate, NADPH, and calcium and calmodulin.^{18, 73, 74} CBS and CTH have each been detected in the cytoplasm and the mitochondria.^{73, 75}

Endogenous Production and Catabolism

H₂S is synthesized by human cells, from head to foot. The rate of generation of H₂S in the presence of non-physiologic concentrations of its substrate, L-cysteine (10 mM), has been reported to be 20 nM min⁻¹ g protein⁻¹ in brain tissue,^{76, 77} 3.6 to 8.7 nM min⁻¹ g tissue⁻¹

in blood vessels,⁷⁸ 0.45 pmol/min/mg tissue in intact muscle layers of the mouse colon,^{18, 79} and 15.6 nmol/min/g tissue in rat colon muscle.⁸⁰ In the absence of endogenous substrate, H₂S production in the rat gastrointestinal tract was approximately 75 nmol/g/hr¹⁷ In the presence of 2 mM L-cysteine, the rate of production and release in the rat stomach, jejunum, and ileum was 750 nmol/g/hr, 590 nmol/g/hr, and 250 nmol/g/hr, respectively.¹⁷ According to these production rates, tissues that produce H₂S appear to be exposed to endogenous concentrations close to the effective concentration range of exogenous H₂S.

Perhaps the watershed discovery of the physiologic effects of endogenous H₂S came when Abe and Kimura,⁷⁶ who found that H₂S functioned as an intracellular messenger during induction of long-term potentiation in the hippocampus. The discovery of the physiological role of H₂S in the peripheral vasculature came when it was shown in mice that deletion of *Cth*, significantly decreased the endogenous level of H₂S in the vasculature, and markedly altered vasorelaxation and resting blood pressure.⁸¹ *Cth* knockout mice were also found to have delayed gastric emptying of liquids, indicating a role for endogenous H₂S in the regulation of gastrointestinal motility.⁸² In mice with wild-type *Cth*, endogenous H₂S modulates gastric emptying of liquids through activation of K_{ATP} channels and TRPV1 receptors on gastric primary afferent nerves.⁸² Researchers recently reported a significant increase in colonic intraluminal pressure in conscious *Cth* knockout mice⁸³ The physiological effects of endogenously generated H₂S is summarized in Figure 2.

A specific catabolic pathway of signal transduction and termination is required to link the endogenous production of H₂S with specific cells and protein targets. Few messenger molecules rely on passive diffusion for signal termination and inactivation. Enzymatic degradation and reuptake mechanisms by the releasing cell are used throughout the body. There is no evidence that any of these mechanisms terminate H₂S signaling. The mitochondrial enzyme sulphide quinone reductase (SQR) contributes to catabolism in peripheral tissue, including the muscularis externa of mouse colon.⁷⁹ The oxidation of H₂S to thiosulphate and sulfate by SQR terminates H₂S signaling.^{79, 84} Because of the low SQR threshold of 16 nM and half inhibition of the enzyme at 20 μM, the overall tissue concentrations of H₂S are maintained at low levels, preventing inhibition of cytochrome C and thereby preventing H₂S-induction of cytotoxicity. This catabolic pathway can be inhibited by stigmatellin, a mycobacteria-derived antibiotic.⁸⁵ Stigmatellin significantly reduces H₂S consumption in colonic musculature and potentiates fast nicotinic synaptic transmission in peripheral sympathetic ganglion.⁸³ A second mechanism by which H₂S-mediated signaling can be terminated is by binding of H₂S to sulphane-sulfur pools and bound sulfate pools.^{86, 87} Ishigami et al.⁸⁶ applied exogenous H₂S to homogenates of mouse brain, liver, and heart and detected bound sulfur, rather than acid-labile sulfur.

The physiologic signal that leads to endogenous production and release of H₂S is not known. H₂S could be released immediately after its biogenesis, by enzymatic activity. Alternatively, it could be released from bound sulphane sulfur^{86, 87} and/or from acid labile sulfur pools located mainly in mitochondria pools.⁸⁶ H₂S is released from bound pools in neurons and astrocytes in mouse brain.⁸⁶ The potential importance of release of bound H₂S as a signaling mechanism in gastrointestinal tissue has not been determined. However, the

release from acidlabile pools in the mitochondria occurs only when the pH falls below 5.5, which is unlikely because the mitochondrial pH is approximately 8.0.

Actions of Sodium hydrosulfide (NaHS)

NaHS is commonly used in in vivo and in vitro experiments as a source of H₂S to study the possible physiologic functions of endogenous H₂S. NaHS immediately dissociates and forms the hydrosulfide anion HS⁻, which then reacts with H⁺ to form H₂S. The general construct is that NaHS mimics the physiologic environment of H₂S-producing and/or targeted cells. As our emphasis is on the effect of H₂S on gastrointestinal enteric system, we will discuss only briefly the potential role H₂S has on mucosal function. For further information, the reader is referred to the following review articles.^{69, 73, 88–91}

Effects on Smooth Muscle

The effect of exogenous NaHS on motility is site specific and species dependent. In the mouse gastric fundus, NaHS relaxes the muscle—an effect that is not blocked by K-channel blockers.⁹² In muscle strips of the guinea pig antrum, high concentrations of NaHS (0.3 to 1.0 mM) suppress the amplitude of spontaneous contractions, by opening K_{ATP} channels. Low concentrations (0.1 to 0.3 mM) increase basal tension—an effect mediated by the inhibition of voltage-gated K-channels.⁹³ Likewise in muscle strips of the stomach, low concentrations (<100 μM) of NaHS increase basal tension and the amplitude of contraction of muscle strips, and depolarize the resting membrane potential.⁹⁴ This excitatory effect is mediated by inhibition of current carried through the potassium delayed rectifier channel. Inhibition of CBS, but not CTH, increases potassium current, indicating that release of endogenous H₂S acts as an excitatory messenger molecule. H₂S donors accelerate gastric emptying of liquids in conscious mice.⁸² These findings indicate that H₂S relaxes antral smooth muscle and decreases antral-duodenal resistance, via activation of K_{ATP} channels, although the exact mechanisms of these processes are not known.⁸² The effect also involves TRPV1 receptors located on afferent nerves.⁸² In mouse stomach, endogenous H₂S acts on K_{DR}, K_{ATP} channels and TRPV1 receptors co-expressed on primary gastric afferents. The target sites for NaHS that have been identified are listed in Figure 3.

With few exceptions, NaHS inhibits smooth muscle contraction and motility (in the small intestine and colon of mice, rats, and guinea pigs)^{80, 95, 96} and inhibits field-stimulated and acetylcholine-induced contractions.⁹⁷ The direct inhibitory effect on smooth muscle is largely mediated through an action on multiple potassium channels, particularly apamin-sensitive small conductance and glibenclamide-sensitive K_{ATP} channels.^{88, 98} In contrast to the involvement of TRPV1 receptors in the mouse stomach, where H₂S-donor molecules accelerates gastric emptying,⁸² the inhibition of the peristaltic reflex in the mouse ileum and colon is preserved in *Trpv1* knockout mice.⁹⁶ In the rat colon, the constitutive endogenous production of H₂S by CTH maintains the membrane potential in circular smooth muscle cells.⁸⁰ The CO-dependent transwall gradient of resting membrane potential that exists across the circular muscle layer in the mouse colon is modulated by the ongoing release of H₂S.⁸³ There is therefore sufficient data to support the hypothesis that ongoing, endogenously generated H₂S in the circular smooth muscle layer maintains the resting membrane potential in the hyperpolarizing range.

Effects on Visceral Nociceptors

In the mouse, H₂S acts as a pro-nociceptor via CaV₃ channels⁹⁹ whereas in the rat it acts as an anti-nociceptive molecule—an effect mediated by K_{ATP} channels.¹⁰⁰ NaHS increases the frequency of action potentials in gut afferent neurons and in dorsal root ganglion neurons.^{101, 102} The effect is reduced by capsazepine, so TRPV1 has been implicated. NaHS and H₂S donor molecules reduce pain-related behaviors in healthy rats and rats with colitis—an effect mediated by the opening of K_{ATP} channels.¹⁰⁰ In mice, luminal release of H₂S is nociceptive, involving CaV₃ calcium channels.⁹⁹ Intraluminal administration caused visceral pain-like behavior and abdominal hyperalgesia.⁹⁹ The differences in the effects of NaHS on visceral nociceptors might be species related; in the rat, NaHS has anti-nociceptive effects, whereas in the mouse it has nociceptive effects. Development of chronic visceral hyperalgesia by 0.5% acetic acid increased expression of CBS in dorsal root ganglion neurons,¹⁰² and perfusion of dorsal root ganglion neurons with 25 μmol/L NaHS increased the number of action potentials¹⁰² in isolated colonic afferent neurons.¹⁰²

Effects on Colonic Secretion

In the human and guinea pig colon, NaHS promotes secretion, acting through TRPV1 on colonic afferents, which causes the release of SP, which acts on tachykinin receptors (TACR1–3) to activate cholinergic secretomotor neurons.¹⁰³ In the rat colon, NaHS increases secretion of chloride from the apical membrane of epithelial cells and secretion of potassium from the basolateral membrane.¹⁰⁴ These secretory effects are mediated by nerves and via direct actions on calcium storage organelles in epithelial cells, through ryanodine receptors.¹⁰⁴

Effects on ICC

ICC are another putative target for endogenous H₂S. NaHS inhibits spontaneous intracellular Ca oscillations in cultured mouse ICC and inhibits pacemaker amplitude current and pacemaker frequency, and increases resting membrane currents in an outward direction—most likely through changes in oscillation of internal calcium.¹⁰⁵ If endogenous H₂S acts on ICC in mice, the source of H₂S would have to be from surrounding cells, because *CBS* and *CTH* transcripts have not been detected in ICC.¹⁰⁵

Mechanisms of H₂S

H₂S activates K_{ATP} channels; inhibits and activates Ca_{v1.2} calcium channels in different tissues; and activates CaV₃ calcium channels, TRPV1 and TRPA1 channels, and Na_{v1.5}. For reviews, please see.^{18, 88, 90, 91} The mechanism by which H₂S mediates these functions in gastrointestinal tissue is receiving increasing attention. One mechanism involves post-translational modification of protein cysteine residues (a process referred to as sulfhydration). The development of the modified biotin-switch technique¹⁰⁶ and maleimide procedure¹⁰⁷ has provided direct evidence that many proteins are sulfhydrated during basal and physiological contractions.^{107, 108} Sulfhydration, which adds an -SSH moiety to proteins, has been shown to increase activity,¹⁰⁶ in contrast to NO-nitrosylation, which reduces activity.¹⁰⁹ The EC₅₀ of H₂S required for S-sulfhydration in vascular tissue is within the range of levels detected in mouse tissues.¹⁰⁶

In inflamed colons of rats, NaHS (100 μM) allosterically modulated K_{ATP} channels through sulfhydration of the SUR2B subunit,⁹⁸ in contrast to the sulfhydration of the Kir6.1 subunit in vascular smooth muscle,¹⁰⁶ resulting in activation of the channel. This activation alters motility under inflammatory conditions.⁹⁸ These studies, which used tissues from inflamed colons, were performed using patch clamp recordings of isolated circular smooth muscle cells and from heterogeneously transfected cells.⁹⁸ This was the first study to show that H_2S had a specific effect on the SUR2B subunit. In a recent study investigating the potential role of H_2S and K_{ATP} channels, placing rats in a water avoidance stress test, which increased colonic motility, was found to increase expression of the pore-forming Kir6.1 and SUR2B subunits.¹¹⁰ Although K_{ATP} channels appear to be regulated by H_2S during mucosal secretion and in smooth muscle and visceral afferents, it is not clear whether sulfhydration is a form of cell signaling or a reversible process.

A number of questions need to be answered before we can understand the physiologic significance and importance of H_2S as a messenger or signaling molecule in the enteric system. First and perhaps foremost is the molecular identity that confers biologic activity. Is H_2S or HS^- the ligand, or are both? Although a number of proteins are post-translationally modified by H_2S and HS^- , can these be considered to be receptors for these molecules? There is no evidence for the reversibility of the interactions between H_2S or HS^- and proteins. What is the effective concentration range for H_2S and can this be supplied by NaHS? Although we have not reviewed the effects of inhibitors of CTH and CBS, all of which are non-specific, it is important to consider their pharmacologic effects in evaluating the physiological functions of endogenous H_2S . There are relatively few studies of the phenotypic characterization and functional effects of targeted deletion of CTH and CBS on gastrointestinal motility and enteric function. Lastly, the relative physiological roles of H_2S and CO in gastrointestinal motility require side-by-side comparisons of *Cth* vs *Cbs* and *Hmox1* vs *Hmox2* knockout mice, and integration of the findings with those from *Nos1* knockout mice.

Crosstalk

In the past few years, CO, H_2S , and NO have been reported to interact (Figure 3). The actions of CO and H_2S require consideration not only as molecules with specific targets but also as a network of messenger molecules that interact to produce diverse effects, through convergent signaling pathways, depending on the cellular state.⁶² A number of mechanisms have been identified. For example, CO inhibits the trans-sulfuration pathway.¹¹¹ The heme prosthetic groups on the N-terminus of CBS can bind NO and CO. Since CBS binds CO approximately 200-fold more tightly than it does NO, CO has the potential to inhibit CBS activity and therefore the generation of H_2S .¹¹² CBS has been proposed to be a specific sensor for CO. The ligand of the 5th coordinate position of CBS is a thiolated anion. The binding of the thiolated anion to heme is weak and when CO binds to the heme moiety of CBS the thiolate anion ligand is displaced which results in a change in the enzymatic activity of CBS.¹¹³ The K_i for CO binding to CBS is approximately 5 μM , compared with approximately 320 μM for NO, indicating its higher specificity for CO.¹¹⁴ Binding of CO to CBS inhibits its activity. The physiological significance of this finding has been shown in the brain, where hypoxia inhibits heme oxygenase 1 and more H_2S is produced, resulting in

vasodilation countering hypoxia. CO also has been shown to inhibit NOS activity in vitro as well as directly stimulate NO formation.^{115, 116} CO derived from heme oxygenase 1 acts as a tonic regulator of NO-dependent vasodilation in the rat brain.¹¹⁷ H₂S can regulate generation of NO,^{102, 118} facilitate release of NO in vascular tissue,¹¹⁹ and regulate generation of NO in the mouse colon.¹³ H₂S also regulates the availability of NO by increasing its release from nitrosothiols.¹²⁰ Heme oxygenase 1 and NOS each require NADPH as a cofactor, so substrate competition can limit enzymatic activity of one or both of these enzymes. NO and H₂S compete for site recognition of cysteine residues for nitrosylation and sulfhydration, respectively. Sometimes, H₂S and NO are both required for certain physiological actions.¹²¹

Finally, interaction can take place at the level of transcription. NaHS induces the nuclear localization of the transcription factor NRF2 (nuclear factor, erythroid 2-like 2) in hearts of rats during myocardial ischemia.¹²² NRF2, a nuclear basic leucine zipper transcription factor, controls expression of a number of genes that encode protective enzymes, including HOMX1 and thioredoxin1. Increased expression of these proteins is thought to limit tissue (cardiac) damage.

Conclusions

CO and H₂S have been established as signaling molecules that have important physiologic roles in the gastrointestinal tract. CO and H₂S signal through distinct pathways, but their functions overlap and each can influence the production and regulation of the other. To translate what is known about CO and H₂S into therapeutic strategies, it is necessary to better understand how the enzymes that produce them are regulated, what are the most relevant biological functions of CO and H₂S, and how we might accurately deliver the right concentration to a specific cell or tissue. Perhaps the key questions are ones that have yet to be identified.

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Abbreviations

CO	carbon monoxide
H₂S	hydrogen sulfide
AQP	aquaporin channels
CO₂	carbon dioxide
NH₃	ammonia
HOMX	heme oxygenase gene
ICC	interstitial cells of Cajal

PKC	protein kinase C
NOD	non-obese diabetic
cGMP	cyclic guanylyl cyclase
CORM	CO releasing molecule
CBS	cystathionine β synthase
CTH	cystathionine γ lyase
3MST	3-mercaptopyruvate sulfurtransferase
SQR	sulphide quinone reductase
NaHS	sodium hydrosulfide
Nrf2	nuclear factor erythroid-related factor

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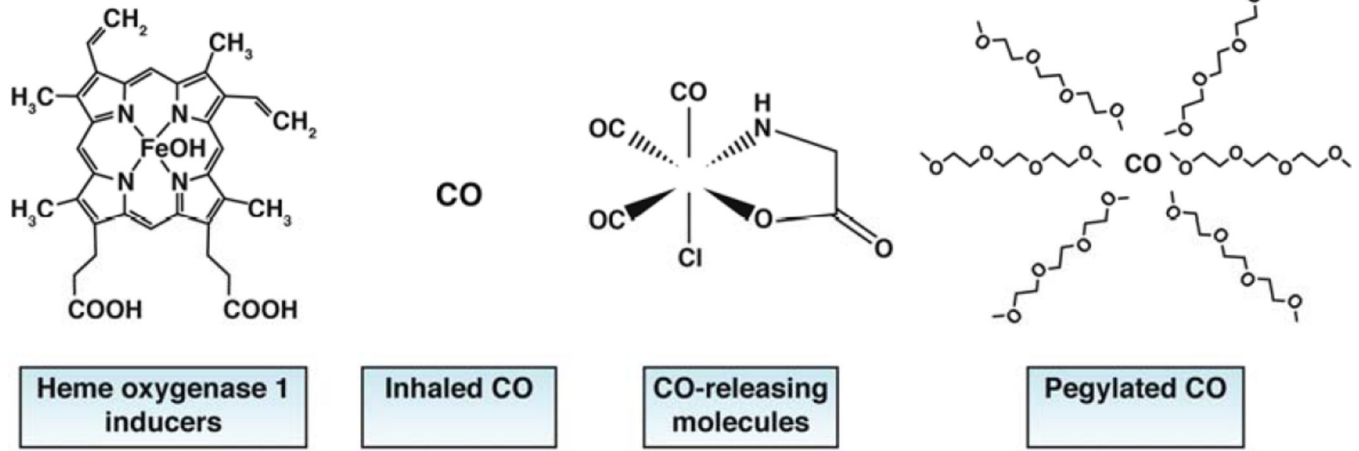


Figure 1.
Delivery forms for CO

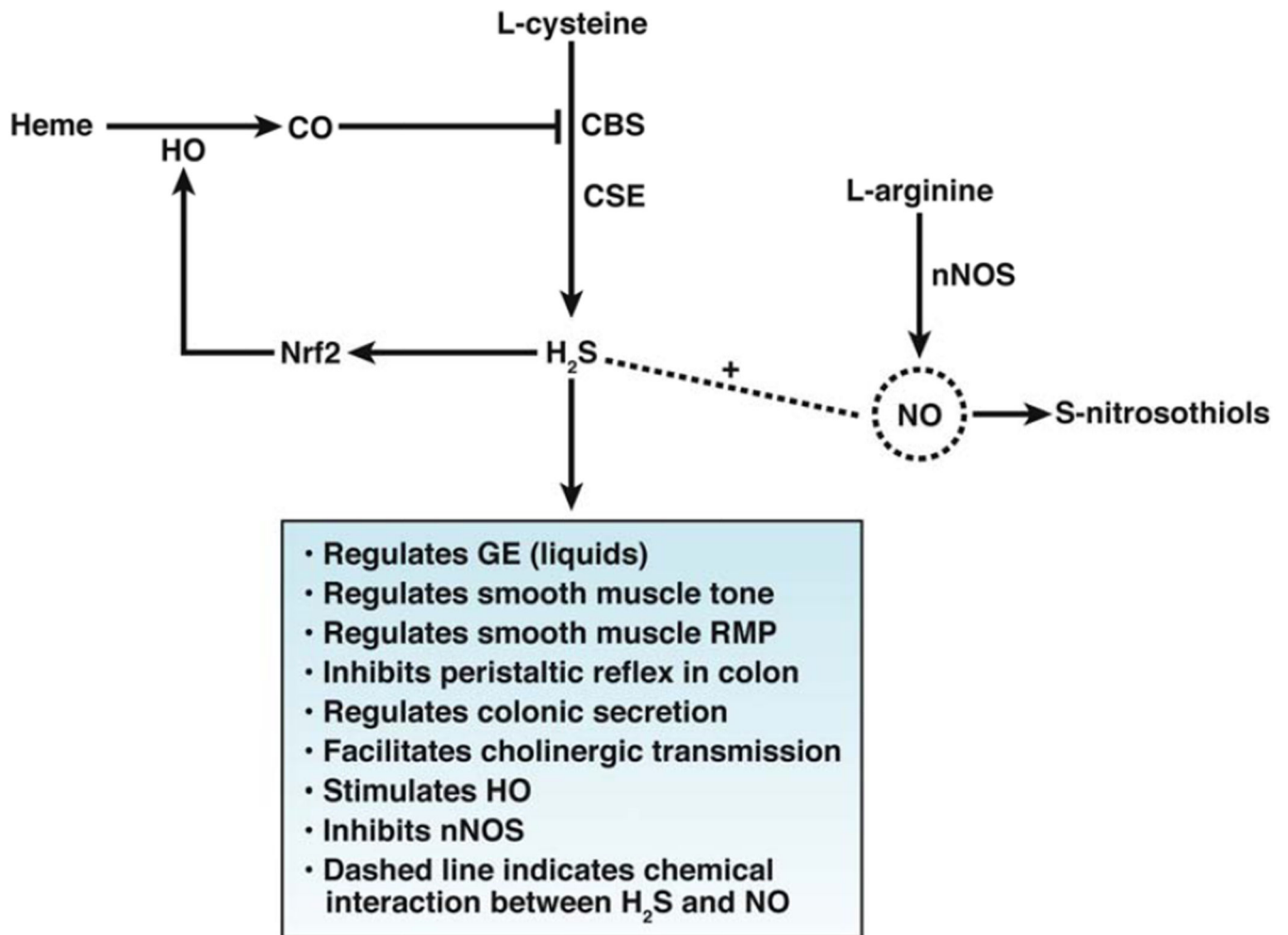


Figure 2.
Physiological effects of endogenously generated H₂S

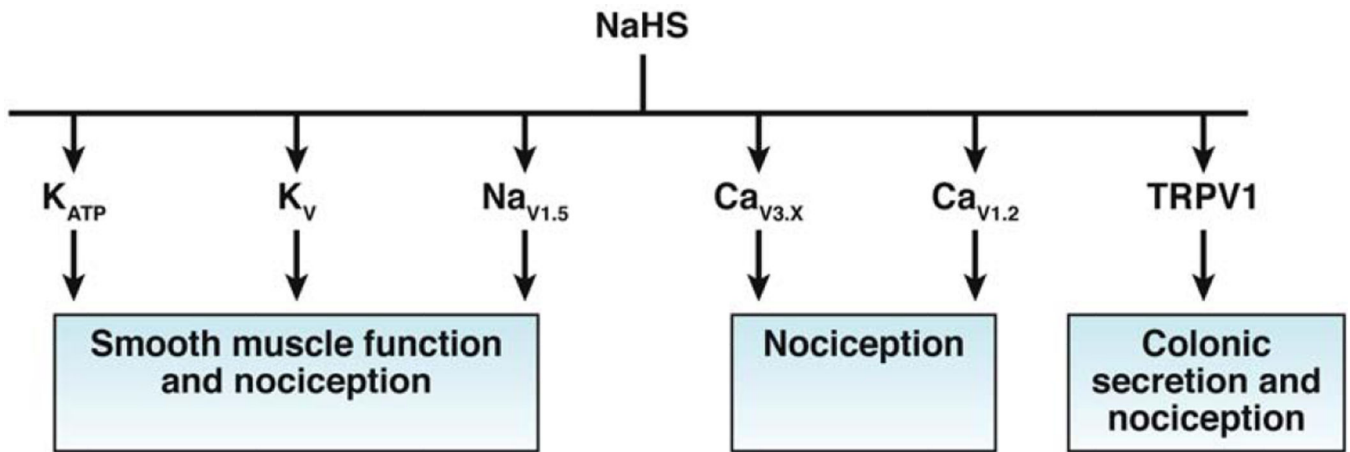


Figure 3.
Ion channel targets for exogenous NaHS