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# **A genetic association study of D-dimer levels with 50K SNPs from a candidate gene chip in four ethnic groups**

**Lu-Chen Weng**1, **Weihong Tang**\*,1, **Stephen S. Rich**2, **Nicholas L. Smith**3, **Susan Redline**4, **Christopher J. O'Donnell**5, **Saonli Basu**6, **Alexander P. Reiner**3, **Joseph A. Delaney**3, **Russell P. Tracy**7, **Cameron D. Palmer**8, **Taylor Young**8, **Qiong Yang**9, **Aaron R. Folsom**1, and **Mary Cushman**<sup>10</sup>

<sup>1</sup>Division of Epidemiology and Community Health, School of Public Health, University of Minnesota, Minneapolis, MN, USA

<sup>2</sup>Department of Public Health Sciences and the Center for Public Health Genomics, University of Virginia, Charlottesville, VA, USA

<sup>3</sup>Department of Epidemiology, School of Public Health, University of Washington, Seattle, WA, USA; also: Group Health Research Institute, Group Health Cooperative, Seattle WA; Seattle Epidemiologic Research and Information Center, Department of Veterans Affairs Office of Research and Development, Seattle WA

<sup>4</sup>Division of Sleep Medicine, Department of Medicine, Brigham and Women's Hospital and Beth Israel Deaconess Medical Center, Harvard Medical School. Boston, MA, USA

<sup>5</sup>National Heart, Lung and Blood Institute, National Institutes of Health, Bethesda, MD, USA

<sup>6</sup>Division of Biostatistics, School of Public Health, University of Minnesota, Minneapolis, MN

<sup>7</sup>Departments of Pathology and Biochemistry, University of Vermont, Burlington, VT, USA

<sup>8</sup>Broad Institute of Harvard and Massachusetts Institute of Technology (MIT), Cambridge, MA, USA

<sup>9</sup>The NHLBI's Framingham Heart Study, Framingham, MA, USA; Department of Biostatistics, School of Public Health, Boston University, Boston, MA,USA

<sup>10</sup>Departments of Medicine and Pathology, University of Vermont, Burlington, VT, USA

# **Abstract**

Authorship Contributions and Disclosure of Conflict-of-interest

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<sup>\*</sup>Corresponding author: Division of Epidemiology and Community Health University of Minnesota 1300 South Second Street, WBOB 300 Minneapolis, MN 55454 tang0097@umn.edu Phone (612) 626-9140 Fax (612) 624-0315.

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**Introduction—**D-dimer, a fibrin degradation product, is related to risk of cardiovascular disease and venous thromboembolism. Genetic determinants of D-dimer are not well characterized; notably, few data have been reported for African American (AA), Asian, and Hispanic populations.

**Materials and Methods—**We conducted a large-scale candidate gene association study to identify variants in genes associated with D-dimer levels in multi-ethnic populations. Four cohorts, comprising 6,848 European Americans (EAs), 2,192 AAs, 670 Asians, and 1,286 Hispanics in the NHLBI Candidate Gene Association Resource (CARe) consortium, were assembled. Approximately 50,000 genotyped SNPs in 2,000 cardiovascular disease gene loci were analyzed by linear regression, adjusting for age, sex, study site, and principal components in each cohort and ethnic group. Results across studies were combined within each ethnic group by metaanalysis.

**Results—**Twelve SNPs in coagulation factor V (*F5*) and 3 SNPs in the fibrinogen alpha chain (*FGA*) were significantly associated with D-dimer level in EAs with  $p < 2.0 \times 10^{-6}$ . The signal for the most associated SNP in  $F5$  (rs6025,  $F5$  Leiden) was replicated in Hispanics ( $p = 0.023$ ), while that for the top functional SNP in  $FGA$  (rs6050) was replicated in AAs ( $p = 0.006$ ). No additional SNPs were significantly associated with D-dimer.

**Conclusions—**Our study replicated previously reported associations of D-dimer with SNPs in *F5* (*F5*-Leiden) and *FGA* in EAs; we demonstrated replication of the association of D-dimer with *FGA* rs6050 in AAs and the *F5*-Leiden variant in Hispanics.

#### **Keywords**

D-dimer; genetic association study; CARe consortium; single nucleotide polymorphisms

D-dimer is a plasma fibrin degradation product and a biomarker of thrombosis. It is generated through fibrinolysis during which fibrin polymers are cleaved by circulating enzyme plasmin. Therefore, D-dimer level may be influenced by coagulation, fibrinolysis, or regulatory factors of these processes. In previous studies, higher plasma D-dimer concentration correlated with higher levels of coagulation and inflammatory markers, such as fibrinogen, factor VIII coagulant activity, C-reactive protein, interleukin-6, and with carriage of the factor V (*F5*) Leiden polymorphism [1-3]. Also, D-dimer has been shown to be associated with the risk of several diseases in prospective studies, including cardiovascular disease and first/recurrent venous thromboembolism [3-5].

A study focusing on an elderly population showed that single nucleotide polymorphisms (SNPs) in the fibrinogen gamma chain (*FGG*), fibrinogen alpha chain (*FGA*), urokinase-type plasminogen activator (*PLAU*), and serpin peptidase inhibitor, clade E (nexin, plasminogen activator inhibitor type 1), member 1 (*SERPINE1*) genes were significantly associated with D-dimer levels in European Americans (EAs), but no SNPs were associated in African Americans (AAs) [6]. A genome-wide association study (GWAS) of 13 European ancestry cohorts from the Cohorts for Heart and Aging Research in Genomic Epidemiology (CHARGE) Consortium identified significant evidences of associations with D-dimer concentration near genes coding for coagulation factor III (*F3*), *F5*, *FGG*, and *FGA* [7]. Populations of other ethnicities were not included in the GWAS. Mean D-dimer levels

differed between EAs and other ethnic populations (*e.g*., AAs and Asians) [8], and the percentage of European ancestry was associated with lower D-dimer in AAs [6]. However, genetic determinants of D-dimer in AAs, Hispanics, and Asians have not been well understood.

The ITMAT-Broad-Candidate Gene Association Resource (CARe) (IBC) genotyping array is a customized SNP genotyping platform [9]. This platform includes about 50,000 SNPs covering  $\sim$  2,000 cardiovascular disease (CVD) gene loci. We analyzed the associations between D-dimer levels and SNPs on the IBC candidate gene array in multi-ethnic populations from the NHLBI CARe consortium; EA and AA samples were obtained from the Multi-Ethnic Study of Atherosclerosis (MESA), Cardiovascular Health Study (CHS), Framingham Heart Study (FHS), and Cleveland Family Study (CFS); Hispanic and Asian participants in the MESA study were analyzed for replication of significant SNP associations detected in the EA and AA populations.

#### **Materials and Methods**

#### **Study population**

The NHLBI CARe consortium was initiated to study genetic variations in cardiovascular, pulmonary, hematologic, and sleep-related traits in over 40,000 participants from 9 community-based cohorts [10] of four ethnic groups: EAs, AAs, Hispanic-, and Asian-Americans. Four cohorts (CFS, CHS, FHS, and MESA) measured D-dimer concentrations and thus contributed to the analyses. D-dimer levels were measured for the entire population at baseline in MESA [8] and for the FHS Offspring cohort without prior cardiovascular disease at exam 5 [11]. In CFS, D-dimer levels were measured in 735 participants who attended the visit 5 exam [12]. In CHS, plasma D-dimer levels were measured in a subpopulation of  $\sim$ 1,800 EAs and  $\sim$ 300 AAs as part of a nested case-control study for cardiovascular disease [13]. All participating institutions in this study received approval from their institutional review boards, and informed consents were obtained from all participants. Details of each participating cohort are described in Supplemental Methods.

#### **Phenotype measurement**

In CFS and MESA, fasting blood samples were centrifuged and then stored at −80 °C until assayed at the University of Vermont using the STa-R analyzer, an immunoturbidimetric assay (Liatest D-DI; Diagnostica Stago) [8, 12]. The analytic coefficients of variation (CV) were 1% for CFS and 8% for MESA [12, 14]. D-dimer concentration in CHS and FHS were measured with an enzyme-linked immunosorbent assay (ELISA, Biopool AB) [6, 15-17]. The CVs for D-dimer measurements were 7% for CHS and 11.7% for FHS. Participants who were taking warfarin or had D-dimer concentrations more than 6 standard deviations from the mean were excluded from analysis.

#### **Genotyping and imputation**

A total of 49,320 SNPs in ~2,000 candidate gene loci are included on the IBC genotyping array, including at least 17% of SNPs that were not in HapMap at the time of construction [18]. The genes on the array were selected to represent candidates for a range of

cardiovascular, sleep, lung, metabolic and inflammatory pathways and syndromes [9]. The SNPs in the selected genes were chosen to capture the linkage disequilibrium (LD) for European- and African-ancestry populations using a cosmopolitan tagging approach, based on data in HapMap, SeattleSNPs, and Environmental Genome Projects. Additional SNPs were included if they had putative functional significance in genes. Details on SNP selection strategy can be found in Supplemental Methods.

Imputation of non-genotyped SNPs in the ~2,000 gene loci was performed separately in each race group using MACH 1.0.16 [19] based on the HapMap 2 reference panels. The CEU panel was used as the reference for EAs and the JPT+CHB panel was used for Asians; a combined CEU and YRI panel with 1:1 ratio was created as the reference for imputation in AAs. In Hispanics, a combination of CEU, YRI, and JPT+CHB with 1:1:1 ratio was created as reference panel for imputation. All imputed SNPs were represented as "dosage" based on the expected number of copies of the reference allele. Details of genotyping, imputation, and quality control are provided in Supplemental Methods.

#### **Statistical Analysis**

D-dimer level was regressed on age, sex, and study site (if applicable) in a general linear model to calculate the inverse normal transformed residuals in SAS (SAS version 9.2). In CHS, the regression included additional adjustment for case-control status as well as subgroup status of controls, based on the nested case-control design of the original study [13]. The residuals were calculated by study and ethnic group and used in the genetic analysis. Linear associations between genetic variants and the inverse normal transformed residuals of D-dimer were analyzed in each study and ethnic group. Ten principal components calculated by EIGENSTRAT were included as covariates in all genetic analyses (within each ethnic group) to control for population stratification [20]. For cohorts of unrelated individuals, linear regression analyses were performed using PLINK version 1.0.7 [21-22]. For family cohorts, a linear mixed effects model (LME) was used to adjust for correlations between individuals of the same families [23]. METAL was used to metaanalyze the genetic associations across studies within the same ethnic groups using the inverse-variance weighted approach [24]. Linear associations between the top SNPs and raw D-dimer value (i.e., untransformed) were also performed to obtain clinically meaningful estimate of SNP effect. SNPs with minor allele count (minor allele frequency  $\times$  sample size) less than 10 or imputed SNPs with imputation quality score (RSQ) (Squared correlation between imputed and true genotypes) 0.6 were excluded from the meta-analysis. The threshold for statistical significance was set at  $p < 2 \times 10^{-6}$  to account for multiple testing and correlation among SNPs.

When multiple significant SNPs occurred in the same region, conditional analyses were performed to examine the independence of those SNPs from the most associated SNP. The LD statistics,  $r^2$ , was used to represent the correlation between SNPs within a region. The  $r^2$ calculated from the HapMap 3 CEU was used to represent the LD for CARe EAs, and the  $r^2$ calculated based on the HapMap 3 African and African American data were used for the CARe AAs. For Asians, the  $r^2$  was calculated based on CHB+JPT from the HapMap 3.

# **Results**

A total of 6,848 EA, 2,192 AA, 670 Asian, and 1,286 Hispanic participants were included in these analyses. As shown in Table 1, the mean age for these 4 studies ranged from 38 to 73 years, and 39-50% of participants were male. Within each study, AA participants had higher D-dimer levels than EAs; Asians had the lowest levels. The quantile-quantile (Q-Q) plots of genetic associations in EAs and AAs are shown in Supplemental Figure S1-S2. The inflation factors for the analyses of EAs and AAs were 0.98 and 1.0, respectively, suggesting minimal influence of population admixture.

In EAs, 15 SNPs were significantly ( $p < 2 \times 10^{-6}$ ) associated with D-dimer (Supplemental Table 1), located in the genes *F5* on chromosome 1q23 (12 SNPs) and *FGA* on chromosome 4q28 (3 SNPs). Table 2 presents the most significantly associated SNPs for D-dimer in EAs and the corresponding results in AAs, Asian and Hispanic Americans. The most associated SNP in *F5* was rs6025 (the Factor V Leiden, Arg506Gln,  $p = 7.41 \times 10^{-16}$ ). Each one copy of the rs6025 A allele was associated with 0.46 higher level of inverse normal transformed residual of D-dimer. After conditioning on rs6025, none of the remaining 11 SNPs at the F5 region attained significance. Notably, the association between rs6025 and D-dimer was replicated in Hispanic Americans (Table 2).

Three SNPs in or close to the *FGA* were significantly associated with D-dimer in EAs rs13109457 (3 kb from *FGA*,  $p = 7.52 \times 10^{-7}$ ), rs6050 (coding-nonsynonymous, Thr331Ala,  $p = 1.24 \times 10^{-6}$ ), and rs6825454 (3.1 kb from FGA,  $p = 1.67 \times 10^{-6}$ ) (Table 2 and Supplemental Table 1). Each one copy of the rs6050 A allele was associated with 0.1 lower level of inverse normal transformed residual of D-dimer. These three SNPs were highly correlated with each other in EAs  $(r^2=0.91-0.96)$ , so that in the conditional analysis adjusting for rs6050, the association of the remaining two SNPs no longer attained statistical significance. The association of D-dimer level with rs6050 was replicated in AAs (Table 2).

Regional association plots for the *F5* locus on chromosome 1 and *FGA* locus on chromosome 4 are presented in Supplemental Figures S3 and S4. No other SNPs were significantly associated with D-dimer levels in AA, Asian, or Hispanic populations.

We also conducted a look-up of seven variants in *F3*, *F5*, *FGG*, *FGA*, *PLAU*, and *SERPINE1* that were previously reported for association with D-dimer from the literature [6-7]. Of the seven variants, rs12029080 in *F3* was not available in this study and the following variants reached nominal significance: rs6687813 ( $F5$ ) in EAs (p=1.71×10<sup>-05</sup>) and Hispanics (p=0.007), rs2066865 (*FGG)* in EAs (p=8.81×10−06) and AAs (p=0.002), rs2070006 (*FGA)* in EAs (p=0.001) and AAs (p=0.018), rs2070011 (*FGA)* in EAs (p=0.004) (Supplemental Table 2). In addition, we did not observe any significant signals at chromosome 2q, 5p, 5q and 14q loci reported in the previous linkage studies [25-26] (data not shown).

# **Discussion**

This study, based on 49,320 tagging and functional SNPs in ~2,000 CVD-related gene loci in the cohorts of the NHLBI CARe consortium, identified significant associations between

D-dimer levels and SNPs in the *F5* and *FGA* genes in 6,848 EAs. The association of Ddimer with the *F5*-Leiden variant and the *FGA* rs6050 was replicated at nominal significance in Hispanic Americans and AAs, respectively. No significant genetic associations for D-dimer level were observed in Asian Americans. To the best of our knowledge, this is the first report of candidate gene variants for D-dimer level in Hispanic-Americans and also the second but the largest study of this association in AAs.

The SNP with the smallest p-value in this analysis was rs6025, which is located in the *F5* gene and is recognized as *F5*-Leiden. The *F5*-Leiden variant is present in 4-6% of the U.S. population, delays the inactivation of Factor Va by activated protein C [27], and increases risk of venous thrombosis [27]. A previous GWAS in EAs reported that rs6687813, a weak proxy for rs6025 ( $r^2$ =0.32), was significantly associated with D-dimer [7]. Our finding directly demonstrated a significant association between D-dimer level and rs6025 (*F5* Leiden). Our study is the first we aware of that demonstrates an association between Ddimer and rs6025 in Hispanic Americans.

The top two signals in *FGA*, rs6050 and rs13109457, were in strong LD ( $r^2$ =0.91 in EA), with rs6050 being a coding-nonsynonymous variant. The Ala allele of rs6050 increases FXIIIa-dependent fibrinogen alpha chain cross-linking and formation of thicker fibrin fibers, resulting in stiffer clots [28]. Several case-control studies have found a positive association between the Ala allele of rs6050 and risk of venous thromboembolism [29-31]. A GWAS and a small candidate gene association study in populations of European ancestry further demonstrated a positive association between the Ala allele of rs6050 and D-dimer levels [6-7]. This small candidate gene study also included 327 elderly AAs, in which no significant associations were detected between the *FGA* SNPs and D-dimer level [6]. Our study extended the significant associations for *FGA* SNPs to AAs. Notably, minor alleles for all of the 3 significant *FGA* SNPs were positively associated with D-dimer level in both EAs and AAs; however, the strength of associations between EAs and AAs was less comparable for rs13109457 (beta=0.1 for EAs and beta=0.035 for AAs) than for rs6050 (beta=-0.1 for EAs and beta=-0.09 for AAs), and this larger discrepancy for rs13109457 was likely due to different LD at the *FGA* gene between EAs and AAs  $(r^2$  between  $rs13109457$  and  $rs6050 =$ 0.91 for EAs and 0.47 for AAs). Taken together, our data suggest that the functional variant rs6050 is likely the causal variant for the clustering of signals at the *FGA* region.

D-dimer level is 23-65% heritable [25, 32]. Genetic linkage studies for D-dimer level have reported putative quantitative trait loci on chromosome 5p [25], 2q [25], 5q [26], and 14q [26], while no loci were detected in either association or linkage analyses in the FHS cohort [11]. A candidate gene study [6] and a GWAS in populations of European ancestry [7] both showed that identified gene variants together explained  $\sim$ 2% of the total variance in Ddimer. Agreeing with these studies, across our EA populations, the *F5*-Leiden variant and *FGA* SNPs explained 0.6%-2% and 0.01%-1% of the total variance in D-dimer levels, respectively. Further studies using other methods, such as next-generation sequencing, are required to search for the missing heritability.

In our look-up of the previously reported variants (Supplemental Table 2), we did not identify any variants in *PLAU*, *SERPINE1*, or *F3* genes associated with plasma D-dimer

level in any ethnic group with p-value exceeding nominal significant threshold of  $p<0.05$ . Small p-values were observed for rs2066865 in *FGG* in both EAs and AAs (p=8.81×10<sup>-06</sup>) for EAs and p=0.002 for AAs); however, they did not exceed our array-wide p-value threshold. Interestingly, the effect size of rs2066865 was similar to that of rs6050 (rs2066865: beta=0.09 for EAs and 0.1 for AAs; rs6050: beta=-0.1 for EAs and -0.09 in AAs), and these two SNPs are in high LD in EAs  $(r^2=0.88)$  and moderate LD in AAs  $(r^2=0.40)$ . The signal of rs2066865 was attenuated after adjusting for rs6050 in EAs (beta=-0.032, p=0.62).

Identification of genetic determinants for D-dimer levels might aid risk prediction and stratification in clinical practice, and the minor alleles in *F5* and *FGA* are associated with increased risk of venous thromboembolism [33-34]. However, based on our current understanding of D-dimer genetics, it is not practical to simply measure SNPs identified for D-dimer levels to predict new and recurrent venous thromboembolism, because all of the SNPs identified in this and the other studies explained at most 2% of total variance in Ddimer levels. Improved utility of D-dimer genetic variants in venous thromboembolism risk prediction might await identification of more variants that can explain a substantial percentage of variance in D-dimer levels.

According to this and previous [8] studies, D-dimer levels were higher in AAs and lower in Asians. Further different patterns of genetic associations for D-dimer were observed between race groups in linkage studies [11, 25-26] and in the present study. However, only 2% of the total variance in plasma D-dimer level can be explained by genetic variants, suggesting that cultural or environmental factors may contribute to D-dimer variation in different ethnic groups. Lower alcohol, including wine, consumption [35], poor sleep [36], smoking [37], and leisure inactivity [37] were associated with higher D-dimer levels in other studies. Systolic blood pressure was also associated with higher level of D-dimer [37]. Future studies are needed to evaluate whether these factors contribute to the race-related differences in D-dimer levels.

# **Limitations**

First, our study focused on SNPs of candidate genes. This approach may miss genes/SNPs that were not selected or regulatory elements that are not located in the selected genes. Also, these analyses focused on the main effect of SNPs in the candidate genes, and it is possible that evaluating gene-gene or gene-environment interactions may be able to identify additional genetic factors for D-dimer levels. Second, additional effects of less common and rare variants on D-dimer levels may be missed because this study focused on common variants. Third, while it is of concern that many of the EA participants in our study were also included in the CHARGE GWAS study [7], only EA participants in CHS and FHS were included in that study. CFS (270 EAs and 340 AAs) and MESA (2264 EAs, 1583 AAs, 670 Asians, and 1286 Hispanics) were added in this study. Furthermore, our study aimed to identify the genetic associations for D-dimer in multi-ethnic populations, in contrast to the CHARGE GWAS study which only focused on populations of European ancestry. The CARe IBC chip is comprised of functional SNPs in the candidate genes, which enables this study to gain additional information than standard GWAS. Therefore, our study

complements the CHARGE GWAS report by including additional information for different populations, ethnicities, and genetic variants. Fourth, two laboratory assays were used in the study populations, which might reduce the comparability of D-dimer measurements from different studies. However, D-dimer measurements in each study were carefully quality controlled to reduce measurement error and the assays correlate quite well (correlation coefficient  $= 0.69$  provided by Dr. Mary Cushman). In addition, we ran a sensitivity analysis of the top variants by using a sample size-weighted meta-analysis, which used p-value from individual studies. This approach converts the individual p-value and the direction of effect for each cohort to a cohort-specific Z-score and then meta-analyzes them to a summarized Z-score. This method allows us to combine effect sizes in different units as p-value is determined by relative rank of an individual by genotype and phenotype, not the absolute unit of phenotype measurement. We obtained similar results in this sensitivity analysis (data not shown). Therefore, different laboratory assays across studies likely had little influence in our association analysis. Lastly, the sample sizes for the AA, Asian- and Hispanic-American populations studied here were relatively small. This, in combination with smaller effect sizes for rs13109457 and rs6050 in Hispanics and Asians, and the rarer frequencies of rs6025 in AAs and Asians, contributed to the lack of replication for these variants in the non-EA populations. For example, the minimum sample sizes to have 80% power for detecting the associations of corresponding magnitudes between rs6050 and D-dimer at p<0.05 were 5,625 for Asians and 6,141 for Hispanics, and an even larger sample would be required for rs13109457 (n=16,749 for AAs, 5,646 for Asians, and 12,357 for Hispanics). Therefore, larger studies are needed to clarify these un-replicated genetic associations for D-dimer in non-EA populations.

## **Summary**

Among 6,848 EAs from four population-based studies, SNPs in the *F5* and *FGA* genes were significantly associated with D-dimer levels, replicating results from a previously published GWAS in EA. The genetic signals in *F5* (rs6025, *F5*-Leiden) and *FGA* (rs6050) were replicated in Hispanic-American and AA populations, respectively. A lack of replications for these signals in the other non-EA populations may be due to rarer allele frequencies, smaller effect sizes, and/or limited sample sizes. Given the important relationships of Ddimer with risk of venous and arterial thrombosis, and the small fraction of D-dimer variance explained by the genetic variants in our (and others') results, future work is needed to further understand the genetic underpinnings of D-dimer variability.

# **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

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**Cardiovascular Health Study (CHS)**: University of Washington (N01-HC-85079), Wake Forest University (N01- HC-85080), Johns Hopkins University (N01-HC-85081), University of Pittsburgh (N01-HC-85082), University of California, Davis (N01-HC-85083), University of California, Irvine (N01-HC-85084), New England Medical Center (N01-HC-85085), University of Vermont (N01-HC-85086), Georgetown University (N01-HC-35129), Johns Hopkins University (N01 HC-15103), University of Wisconsin (N01-HC-75150), Geisinger Clinic (N01- HC-45133), University of Washington (N01 HC-55222, U01 HL080295);

**Cleveland Family Study (CFS)**: Case Western Reserve University (RO1 HL46380-01-16);

**Framingham Heart Study (FHS)**: Boston University (N01-HC-25195);

**Multi-Ethnic Study of Atherosclerosis (MESA)**: University of Washington (N01-HC-95159), Regents of the University of California (N01-HC-95160), Columbia University (N01-HC-95161), Johns Hopkins University (N01- HC-95162), University of Minnesota (N01-HC-95163), Northwestern University (N01-HC-95164), Wake Forest University (N01-HC-95165), University of Vermont (N01-HC-95166), New England Medical Center (N01- HC-95167), Johns Hopkins University (N01-HC-95168),Harbor-UCLA Research and Education Institute (N01- HC-95169);

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# **Abbreviations**





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**Table 1**

Characteristics of the study participants Characteristics of the study participants



Data are stated as mean ± SD or percentage, unless otherwise stated. Data are stated as mean ± SD or percentage, unless otherwise stated.

CHS indicates Cardiovascular Health Study, CFS, Cleveland Family Study; FHS, Framingham Heart Study; MESA, Multi-Ethnic Study of Atherosclerosis; IQR, interquartile range. CHS indicates Cardiovascular Health Study, CFS, Cleveland Family Study; FHS, Framingham Heart Study; MESA, Multi-Ethnic Study of Atherosclerosis; IQR, interquartile range.

Top SNPs associated with D-dimer in European Americans and replication in the other ethnic groups Top SNPs associated with D-dimer in European Americans and replication in the other ethnic groups



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*\**r

*†*A1: coded allele, A2=non-coded allele;

 $^{\dagger}$  A1: coded allele, A2=non-coded allele;

 $2$  between rs13109457 and rs6050 in EA, AA, and Asian are 0.91, 0.47, and 1.00, respectively, r

 $2$  is not available in Hispanics;

 ${}^{\tau}$ Beta: regression coefficient refers to the change in inverse normal transformed residuals of D-dimer level per 1-allele increase in the A1 allele for each race group; Beta\_raw: regression coefficient refers *‡*Beta: regression coefficient refers to the change in inverse normal transformed residuals of D-dimer level per 1-allele increase in the A1 allele for each race group; Beta\_raw: regression coefficient refers to the change in raw D-dimer level (i.e., untransformed, ng/mL) per 1-allele increase in the A1 allele for each race group to the change in raw D-dimer level (i.e., untransformed, ng/mL) per 1-allele increase in the A1 allele for each race group

 $\sqrt[8]{\text{ery}}$  rare or monomorphic. *§*Very rare or monomorphic.