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## Impaired inter-hemispheric integration in bipolar disorder revealed using brain network analyses

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### Abstract

**Background**—This represents the first graph theory based brain network analysis study in bipolar disorder, a chronic and disabling psychiatric disorder characterized by severe mood swings. Many imaging studies have investigated white matter in bipolar disorder with results suggesting abnormal white matter structural integrity, particularly in the fronto-limbic and callosal systems. However, many inconsistencies remain in the literature, and no study to-date has conducted brain network analyses using a graph-theoretic approach.

**Methods**—We acquired 64-direction diffusion-weighted MRI on 25 euthymic bipolar I disorder subjects and 24 gender and age equivalent healthy subjects. White matter integrity measures including fractional anisotropy and mean diffusivity were compared in the whole brain. Additionally, structural connectivity matrices based on whole brain deterministic tractography were constructed followed by the computation of both global and local brain network measures. We also designed novel metrics to further probe inter-hemispheric integration.

**Results**—Network analyses revealed that the bipolar brain networks exhibited significantly longer characteristic path length, lower clustering coefficient, and lower global efficiency relative to those of controls. Further analyses revealed impaired inter-hemispheric but relatively preserved intra-hemispheric integration. These findings were supported by whole brain white matter analyses that revealed significantly lower integrity in the corpus callosum in bipolar subjects. There were also abnormalities in nodal network measures in structures within the limbic system, especially the left hippocampus, the left lateral orbito-frontal cortex, and the bilateral isthmus cingulate.

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**Conclusions**—These results suggest abnormalities in structural network organization in bipolar disorder, particularly in inter-hemispheric integration and within the limbic system.

### Keywords

bipolar disorder; DTI; brain network analysis; brain imaging; hemispheric integration; corpus callosum; limbic system

## 1. Introduction

Bipolar disorder is associated with anatomical and functional abnormalities in brain regions that mediate emotion regulation (1). Fluctuations of mood and emotion that are hallmarks of the disorder suggest dysfunctions of brain networks that maintain emotional homeostasis. There is increasing evidence suggesting that the mechanism underlying such dysfunctions may include disruptions in white matter integrity. Specifically, several studies have reported a reduction of oligodendrocytes and decreased myelin-related gene expression in bipolar disorder (1-3).

Using diffusion tensor imaging (DTI), widespread lobar microstructural abnormalities have been reported in bipolar disorder in the prefrontal, parietal, temporal, and occipital lobes (4, 5) as well as within the anterior-limbic network (6). Some of the most studied neural circuits in bipolar imaging to-date have focused on the white matter tracts that connect the prefrontal cortex and the limbic system, although other association and projection fiber tracts including internal capsule and superior longitudinal fasciculus have also been implicated (7-9).

Most studies in bipolar disorder have demonstrated some form of impaired white matter integrity; however, there have been some inconsistent results reported in the literature (10-14). For example, reduced fractional anisotropy (FA) suggesting defects in frontal lobe white matter integrity has been reported in one DTI study (11). In contrast, several studies have shown increased FA or higher numbers of reconstructed fibers in certain white matter tracts (1, 15-17). In (4), the authors also reported higher apparent diffusion coefficient (a general measure of the magnitude of local water diffusivity) in bilateral OFC in bipolar patients with no differences in FA. One region that has been extensively studied in bipolar imaging is the corpus callosum. Despite higher FA values in the midline genu reported in (14), most studies to date have demonstrated impaired integrity of the corpus callosum in bipolar disorder (12, 13, 18-20). These findings thus suggest inter-hemispheric communication abnormalities.

In this study, we employed two complementary neuro-imaging techniques to study bipolar disorder. First, we conducted whole brain white matter analyses using DTI measures (FA and MD) to investigate white matter integrity. Additionally, we used graph theory and conducted state-of-the-art brain network analyses. The results from whole brain white matter analyses informed our a priori regions for brain network analyses. As a novel high-level neuroimaging technique, network analyses probe the organizational properties of the human brain as a complex system, by mathematically representing it as a “graph”, which contains the nodes (gray matter) and the edges (white matter) connecting the nodes. Graph metrics

that characterize system properties can then be constructed; these metrics have most recently been shown to give additional insight into the human brain's network properties (21-24).

Here, we proposed and tested several *a priori* hypotheses. First, as converging lines of evidence implicate oligodendrocyte dysfunction in bipolar disorder, we hypothesized that diffusion weighted imaging may reveal signs of abnormal myelination. Thus, subjects with bipolar disorder would exhibit white matter integrity changes (lower FA and/or higher MD) in our whole brain white matter analyses. Based on previous findings implicating fronto-limbic circuitry, for brain network analyses we specifically hypothesized that the following gray matter structures may exhibit node-level abnormalities in bipolar subjects relative to controls: the orbito-frontal cortex, the cingulate, and limbic structures in the temporal lobe (amygdala, parahippocampal gyrus, hippocampus, and entorhinal cortex). Lastly, we also hypothesized abnormalities in the corpus callosum due to its role in inter-hemispheric communication.

## 2. Materials and Methods

### Subject recruitment and informed consent

The sample consisted of 25 participants with bipolar I disorder (14 male and 11 female; age: 41.6 +/- 12.7) and 24 healthy controls (13 male and 11 female; age: 41.6 +/- 10.6). All bipolar subjects received comprehensive psychiatric evaluations using the structured clinical interview for DSM disorders (SCID; <http://www.scid4.org/>) and met the DSM IV criteria for bipolar I disorder. At the time of image acquisition, all subjects were in a euthymic state, operationally defined as a score of less than 7 on both the Young Mania Rating Scale (YMRS)(25) and the Hamilton Rating Scale for Depression (HAM-D) (26) as well as an absence of any mood episodes within 30 days of the scan.

At the time of the MRI scan, 7 participants were on valproic acid, 1 on carbamazepine, 3 on lamotrigine, 14 on antipsychotic medications, 8 on SSRI antidepressant medications, 5 on other antidepressant medications, and 3 on benzodiazepine (none of the study participants was on lithium; two participants were not on any psychotropic medications either at SCID or the time of the MRI scan).

### Image acquisition

Diffusion weighted MRI data were acquired on a Siemens 3T Trio scanner. Sixty contiguous axial brain slices were collected using the following parameters: 64 diffusion-weighted ( $b=1000\text{s/mm}^2$ ) and 1 non-diffusion weighted scan; field of view (FOV) 190mm by 190mm; voxel size  $2\times 2\times 2\text{mm}$ ; TR=8400ms; TE=93ms. In addition, high-resolution structural images were acquired using T1-weighted magnetization-prepared rapid-acquisition gradient echo (MPRAGE; FOV 250mm by 250 mm; voxel size:  $1\times 1\times 1\text{mm}$ ; TR=1900ms, TE=2.26ms, flip angle=9°).

### Image Preprocessing

Figure 1 illustrates the pipeline used for image preprocessing. Briefly, for each subject, whole brain white matter was segmented into 50 regions (Table 1) based on the ICBM young

adult DTI-81 atlas (<http://www.loni.ucla.edu/ICBM/>). To this end, we first non-linearly registered atlas FA to individual subject's FA using FNIRT implemented in FSL (<http://fsl.fmrib.ox.ac.uk/fsl>) to obtain a transformation matrix, which was applied to all atlas white matter ROIs to map them onto the subject's individual space, yielding a total of 50 white matter regions. For brain network analyses, we conducted cortical/subcortical gray matter segmentation in individual subjects' MPAGE space to yield 87 gray matter regions (68 cortical and 19 subcortical) using Freesurfer (<http://surfer.nmr.mgh.harvard.edu/>).

To generate DTI measures, all images were first corrected for eddy current and simple head motions using FSL toolbox; the corresponding gradient directions were then adjusted according to the computed rotation matrix. Next, we used MedINRIA (<http://www.sop.inria.fr/asclepios/software/>) to compute diffusion tensors at each voxel. FA and MD were then averaged in each white matter ROI for later analyses.

In addition, we computed whole-brain deterministic tractography using DTIstudio (27); fiber tracts were reconstructed by seeding at every voxel inside the brain and applying the fiber assignment by continuous tracking (FACT) algorithm until either the fiber bending angle exceeded 60 degrees or FA dropped below 0.25. After skull-stripping, all subjects' MPAGE volumes, along with their Freesurfer-derived gray matter labels, were registered to the corresponding B0 images using 12-parameter affine transformations in FSL. The registered labels and reconstructed tensors were visually inspected to ensure quality by the lead author (Leow). For each pair of Freesurfer-derived 87 regions, the number of fibers connecting them determined the element in the corresponding 87-by-87 connectivity matrix. These matrices were then analyzed to yield several graph theory metrics.

### Graph-theoretical analysis

In a graph-theoretical analysis, one may use either a binary or weighted approach. In the former, metrics are computed based on binarized matrices (i.e., the existence of an edge connecting two nodes depends on whether the fiber count exceeds a pre-determined threshold). Here we adopted the weighted approach in which the weights of the connectivity matrix (i.e., the fiber counts) measure the connectivity strengths of graph edges. Basic graph theory network metrics include the degree of a node (the number of edges the node has connecting to others; the degree of a network is the mean degree of all nodes) and the density of a network (the total number of edges of a network divided by the maximum possible number of edges connecting the same number of nodes). In addition, more sophisticated measures such as network efficiency, path length, and clustering coefficient can be calculated.

In order to construct the graph distance matrix (whose entries denote shortest path lengths) a transformation on the connectivity matrix that relates the connectivity edge strength to edge "length" is needed (the "connectivity-to-length" mapping), such that higher fiber counts indicate shorter path lengths. After applying the connectivity-to-length mapping, shortest path lengths are constructed using the well-known Dijkstra's algorithm (27). Figure 2 and Figure S visualize the mean connectivity matrix for the control group and the distance matrix of a control subject. Here, we explored two different connectivity-to-length mappings: 1) as the element-wise inverse, and 2) as the element-wise inverse of the element-

wise square root of the connectivity matrix. Due to the wide range of the numbers of fibers in connectivity matrices, introducing the inverse square root operation may help non-linearly scale and compress such ranges.

Calculated by averaging the graph distances of shortest paths between all pairs of nodes, the characteristic path length (CPL) (28) is commonly used to measure network integration (node-level path length is defined similarly by averaging the shortest paths connecting this node to all other nodes in the entire network). Networks with longer CPL exhibit information flows that are “impeded” or “slower” (due to the longer distance needed to travel between nodes) compared to those with shorter CPL, and are thus less efficient. A related global metric, the global efficiency ( $E_{glob}$ ) calculates the average inverse shortest length between all pairs of nodes. Thus, both higher  $E_{glob}$  values and lower CPL values indicate more efficient networks.

Last, as a measure of network clustering or segregation, the weighted clustering coefficient (CC) (28) of a node is defined as the percentage of its neighbors that are also connected among themselves (nodes with high CC thus form locally interconnected clusters). The CC of the whole network averages CC across all nodes.

In this study, graph theory metrics were computed using Matlab functions implemented in the Brain Connectivity Toolbox (<https://sites.google.com/a/brain-connectivity-toolbox.net/bct>).

### Measuring inter-modular integration

Given any pre-defined network community structure (a set of non-overlapping modules – e.g., the cerebrum can be considered a community with two modules: the cortical versus sub-cortical regions; Table 2 lists the 68 Freesurfer-derived cortical regions), the mean participation coefficients (29) has been proposed to measure the diversity of inter-modular connections for each node. Mathematically, it measures how well any particular node integrates with nodes in other modules. Thus, if a node only directly connects with nodes within the same module, its participation coefficient is 0.

Additionally, we developed a set of four metrics to further probe modular integrations, which we term intra-/inter- modular path length and intra-/inter modular efficiency (intra-PL, inter-PL,  $E_{intra}$ , and  $E_{inter}$ ). The intra-PL ( $E_{intra}$ ) is computed using the mean within-module path length (inverse path length), averaged across all shortest paths connecting node pairs in the same module. On the other hand, Inter-PL ( $E_{inter}$ ) is numerically defined as the mean inter-modular path length (inverse path length; see Appendix for mathematical formulae of CPL,  $E_{glob}$  and the proposed metrics).

### Statistical analysis

Clinical and demographic data were analyzed using a one-way analysis of variance (ANOVA) for continuous variables and chi-squared test for categorical variables. Differences between groups on DTI measures and network metrics were determined using a one-way ANOVA with age, gender, and education as covariates.

### 3. Results

#### Demographics

The bipolar and control subjects did not differ in either gender or age. By contrast, control subjects received a significantly higher level of education than the bipolar group (education in years:  $15.63 (\pm 2.16)$  for control versus  $14.00 (\pm 1.63)$  for bipolar;  $t$ -statistic=2.98;  $df = 47$   $p=0.005$ ). In the bipolar group, the mean total duration of illness at the time of the MRI scan was  $20.80 \pm 13.96$  (number of years since first depression was  $18.50 \pm 15.46$ , and  $14.96 \pm 12.73$  since first mania). For DTI, there were no group differences in the total number of streamlines generated ( $58676 \pm 6461$  in healthy;  $55914 \pm 5612$  in bipolar;  $p=0.12$ ) or in head movement (the average head movements along  $x$ ,  $y$ , and  $z$  directions for both groups were less than 0.5mm).

#### Whole brain white matter analyses

After controlling for multiple comparisons across all regions using Bonferroni correction at 0.05, the following regions exhibited statistically significant group differences in FA: the genu of corpus callosum (FA values  $0.58 \pm 0.042$  for control versus  $0.54 \pm 0.051$  for bipolar;  $F$ -statistic=18.4;  $p < 0.001$ ), the body of corpus callosum ( $0.64 \pm 0.036$  for control versus  $0.60 \pm 0.048$  for bipolar;  $F$ -statistic=12.4;  $p=0.001$ ), and the splenium of corpus callosum ( $0.69 \pm 0.029$  for control versus  $0.67 \pm 0.018$  for bipolar;  $F$ -statistic=15.80;  $p < 0.001$ ). There was no significant group difference in MD for any white matter structure (before controlling for multiple comparisons, the genu exhibited higher MD values in the bipolar group at  $p=0.019$ ).

#### Graph-theoretical structural network analyses

Results for path length (both global and node-level) and network efficiency are similar for both connectivity-to-length mappings. We will mainly present results based on the element-wise inverse mapping, and discuss relevant differences as indicated for the element-wise inverse square root mapping (note the computation of the remaining parameters do not depend on the choice of this mapping).

#### Global brain network analysis

Table 3 summarizes the global network analysis results using the element wise inverse mapping. After controlling for gender, age and education, the bipolar group globally exhibited significantly lower clustering coefficient ( $p=0.002$ ,  $F=11.02$ ), longer characteristic path length (for both connectivity-to-length mappings;  $p=0.014$ ,  $F=6.57$  for the element-wise inverse mapping and  $p=0.006$ ,  $F=8.24$  for the element-wise inverse square root mapping), and lower global efficiency ( $p < 0.001$ ,  $F = 14.92$  for the element-wise inverse mapping;  $p=0.008$ ,  $F=7.85$  using the element-wise inverse square root mapping) relative to controls. By contrast, the two groups did not differ in network degree or density.

#### Node-level network analysis

Guided by our a priori hypotheses, we investigated node-level group differences in 20 ROIs (10 in each hemisphere) out of all 87 Freesurfer-derived regions. These ROIs are the

bilateral orbito-frontal cortex (including medial and lateral orbitofrontal cortex), the cingulate (sub-divided into caudal-anterior, rostral-anterior, posterior, and isthmus) and temporal lobe limbic structures (amygdala, parahippocampal gyrus, hippocampus, and entorhinal cortex).

After controlling for age, gender and education, node-level network analyses for these ROIs using the element-wise inverse mapping are summarized in Table 4. Results show that bipolar subjects exhibited significantly lower clustering coefficient or longer node-level path length in sub-regions within the fronto-limbic circuitry (detailed node-level path length group differences using element-wise inverse square root mapping are summarized in the supplemental table S; overall the results showed similar patterns of group differences). After controlling for multiple comparisons (Bonferroni; cut-off p value at  $0.05/20 = 0.0025$  for a total of 20 regions), group differences in the following regions remained significant with bipolar subjects exhibiting longer node-level path length: the left hippocampus, the left lateral orbito-frontal cortex, and the bilateral isthmus cingulate.

As exploratory analyses, in the bipolar group for all white matter integrity measures and graph-theoretical network measures (both global and nodal), partial correlations were computed with clinical features such as number of episodes and durations of illness controlling for age, gender, and education. None of the parameters exhibited significant correlations.

### Investigating inter-hemispheric integration

Guided by the FA findings in the corpus callosum in the bipolar group, we thus further investigated relative abnormalities in intra-hemispheric versus inter-hemispheric network integration. As the corpus callosum anatomically connects bilateral cortical regions, we created a “left-right” community structure by dividing all Freesurfer-derived cortical regions into those in the left versus right hemisphere (34 cortical regions in each hemisphere, Table 2). To measure the integration of the left and right hemispheres, we first computed and compared, between groups, the mean participation coefficients for each hemisphere (by averaging the participation coefficients of all nodes within the same hemisphere), and found no significant group difference.

Next, we computed the proposed four new metrics (intra-PL, inter-PL,  $E_{intra}$ , and  $E_{inter}$ ) to further probe inter-hemispheric integration (here, the inter-PL for example, measures the mean path length when connecting any node to another node in the contralateral hemisphere and intra-PL in the ipsilateral hemisphere).

After controlling for multiple comparisons (Bonferroni corrections; cut-off p value at  $0.05/12$  for a total of 12 tests) results showed that bipolar subjects exhibited significantly attenuated inter-hemispheric integration (lower inter-hemispheric efficiency and longer inter-hemispheric path length) relative to control subjects when the element-wise inverse-square root transform is used (inter-hemispheric efficiency:  $2.57 \pm 0.28$  in bipolar versus  $2.83 \pm 0.25$  in control,  $F=17.4$  and  $p<0.001$ ; inter-hemispheric path length:  $0.490 \pm 0.049$  in bipolar versus  $0.453 \pm 0.047$  in control,  $F=13.03$  and  $p=0.001$ ), as well as significantly lower inter-hemispheric efficiency when the element-wise inverse mapping was applied

( $23.90 \pm 4.50$  in bipolar versus  $28.52 \pm 4.37$  in control,  $F=20.86$  and  $p<0.001$ ). For intra-hemispheric path length/efficiency, significant differences were found only for  $E_{\text{intra}}$  in the right hemisphere ( $3.53 \pm 0.22$  in bipolar versus  $3.69 \pm 0.26$  in control,  $F=13.25$  and  $p=0.001$ , element-wise inverse square root mapping). These results are visualized in Figure 3.

Lastly, post-hoc analyses (table 5) were conducted to further localize corpus callosal abnormalities in inter-hemispheric integration, by separately investigating inter-PL and  $E_{\text{inter}}$  within the frontal, parietal, temporal, and occipital lobes. Results revealed widespread inter-hemispheric integration abnormalities with the most statistically significant deficit in the frontal lobe, thus suggesting prominent corpus callosal abnormality in the genu and anterior body.

#### 4. Discussion

In this study, we acquired and analyzed 64-direction diffusion-weighted MR imaging data in a sample of 25 bipolar and 24 age/gender matched subjects, and conducted whole brain white matter integrity analyses. Additionally, this represents, to our knowledge, the first brain network analysis study in euthymic bipolar subjects.

Our whole brain white matter analyses results revealed abnormal white matter integrity in the corpus callosum. These findings support the possibility that white matter integrity abnormalities in bipolar disorder may be a result of abnormal oligodendrocyte function and/or impaired integrity of the myelin sheath.

Structural brain network analyses further revealed that, on a global level, bipolar subjects exhibit longer characteristic path length, lower clustering coefficient, and lower global efficiency compared to controls, suggesting impaired global integration in bipolar disorder. Such group differences could not be explained by an overall decrease in the number of total reconstructed fibers or lower densities in the connectivity matrices of bipolar subjects, as the two groups did not significantly differ in either.

Guided by the corpus callosum findings in white matter analyses, we further devised novel metrics to probe and compare intra- versus inter-hemispheric integration. These revealed relative deficits in inter-hemispheric integration in bipolar subjects compared to healthy controls. Post-hoc analyses revealed that integration deficits were statistically most significant between the bilateral frontal lobes, although there was evidence of widespread deficits in the temporal, parietal, and occipital lobes (Table 5; also note that in the white matter integrity analyses, we found lower FA in all sub-divisions of the corpus callosum). These results thus localized most prominent inter-hemispheric integration deficits to the anterior section of the corpus callosum (i.e., genu and anterior body).

Subsequent local network analyses revealed node-level longer path length in the left hippocampus, the left lateral orbitofrontal cortex, and the bilateral isthmus cingulate. These results are consistent with previous findings of disruptions along tracts connecting orbitofrontal cortex and amygdala/hippocampus in bipolar disorder (1). An important tract connecting these regions, the left uncinate fasciculus exhibited lower FA values in the bipolar subjects in our whole brain white matter analysis, although such group differences



did not reach statistical significance. Additionally, the observed longer node-level path length in the bilateral isthmus cingulate may suggest disruptions in the Papez circuit. As an important component of this circuit, the cingulate projects (via the cingulum) to the parahippocampus, which in turn projects to the hippocampus.

Contrary to our findings of globally less efficient (longer path length) and locally less clustered brain networks in subjects with bipolar disorder, a recent study on first-episode unipolar major depressive disorder (31) using functional connectivity-based brain network analyses reported shorter path length and higher global efficiency in the depressed group (with localizations to the caudate and to default mode network regions). These divergent results strongly suggest different underlying pathophysiologies between unipolar depression and bipolar disorder (for a review of structural MRI findings in major depression versus bipolar disorder, we refer the readers to (32)).

Our results may have significant clinical implications. In this study, we found lower left-right hemispheric integration. This observed left-right dis-integration adds another layer of complexity to the possible role of brain asymmetry in the pathophysiology of mood disorders. For decades, asymmetrical effects have been observed in numerous studies of affective disorders (33, 34). Unilateral left hemispheric hypometabolism has been observed in depressed patients (35, 36). By contrast, patients with primary mania have demonstrated lower perfusion on SPECT images, in the right versus left basal temporal cortex, suggesting that the right basotemporal cortex may be involved in regulating the production of primary mania (37). Also, when applied to the left prefrontal cortex, transcranial magnetic stimulation can offer therapeutic effects in drug-resistant depression (38, 39). Additionally, pre-existing anatomical asymmetries are also thought to interact with the severity of depressive symptoms in patients with cerebral lesions (40). In another interesting but less known study assessing perceptual shifts and binocular rivalry (41), the authors suggested that in bipolar disorder hemispheric activation may be resistant to the normal process of switching. They thus offered a theory that bipolar disorder may result from a genetic propensity for slow interhemispheric switching mechanisms that become persistent in one or the other state.

Our study has several strengths. We studied a well characterized group of bipolar I subjects in the euthymic state, while several prior DTI studies have combined both bipolar I and II or have studied subjects in different mood states (9, 14, 17, 18, 42-45). These variables could confound findings and add to the heterogeneity of DTI results reported thus far.

However, this study has its limitations. Although an exciting and novel technological advance in neuroimaging, diffusion tractography has its own limitations (e.g., spurious streamlines may exist that are not supported by evidence), a full discussion of which we refer to in (46). Moreover, brain network analyses have been shown to be dependent on the streamline reconstruction technique (47), the choice of neuro-anatomical atlases (i.e., the definition of the “nodes”) (48, 49), and different matrix normalization strategies (50). Also, in this study we used 12-parameter affine transformations for realigning the MPRAGE and DTI spaces, which only incompletely corrects for B0 inhomogeneity-induced geometric distortions. More sophisticated and computationally involved treatment (e.g.,(51)) using

highly non-linear registration techniques may be better suited for the rigorous correction for any such distortions. Lastly, due to the heterogeneous medication profile of our sample and the fact that only two of our study participants were medication free at the time of the study, medication effects could not be fully explored.

The possible dependence of brain structural and functional abnormalities on mood states and medications merits additional discussion. For example, it has been speculated that FA may be increased in the euthymic state, while in depression lower FA has been more consistently observed (9, 14, 17, 18, 42-45). In the current study, mood was not a confound in that all bipolar subjects were euthymic.

Although the dependence of white matter structural integrity on medications is less investigated, one study has reported medication load-associated lower FA values in the left optic radiation and right antero-thalamic radiation in subjects with bipolar disorder (16). In addition, there is evidence of medication effects in volumetric MRI studies in bipolar disorder. For example, (52) found that the subgenual prefrontal cortex was 40% smaller in unmedicated bipolar patients than in controls. However, patients treated with lithium or valproate were not significantly different from controls, and had significantly higher subgenual prefrontal cortex volumes than unmedicated patients. In two related studies (53, 54), larger hippocampal volumes were found in subjects treated with lithium. A recent meta-analysis of 98 structural imaging studies of bipolar disorder found that lithium use was associated with significantly increased total gray matter volume across studies (55). Further supporting these findings, in other areas of neuroscience research lithium has been suggested to be neuro-protective (56) and may exert this property by regulating several cyto-protective pathways (57).

Another possible limitation of this study is the sample size. Our sample size may not have been powered to detect differences in intra-hemispheric integration, for which there was some evidence of group differences (lower level of integration in bipolar relative to control subjects).

#### 4. Conclusion

This study represents the first brain network analyses in bipolar disorder. Results revealed persistent white matter abnormalities in euthymic bipolar patients in the corpus callosum. Abnormal inter-hemispheric integration, as shown by brain network analyses, further supports the possibility that these abnormalities of the corpus callosum may contribute to disturbed brain network organization, particularly in fronto-limbic regions, in bipolar disorder.

#### Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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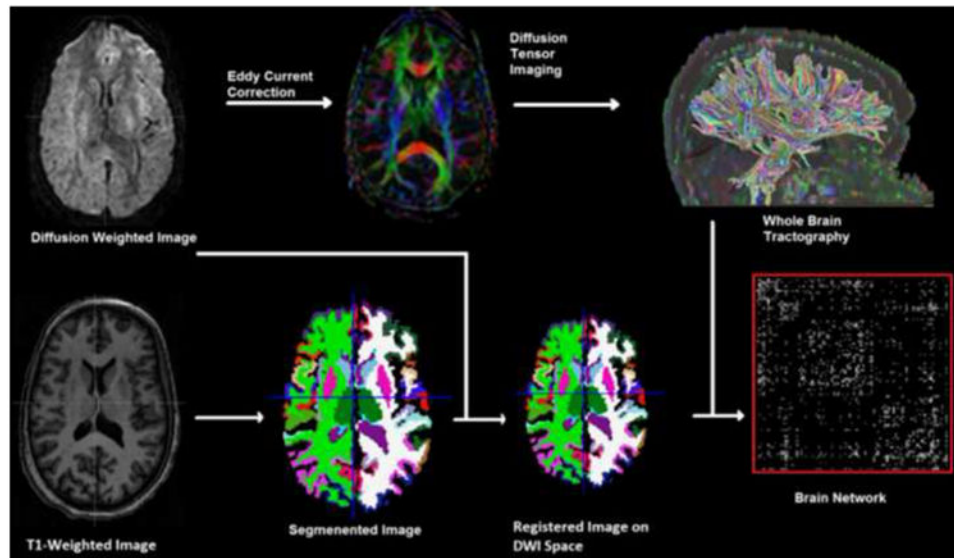
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**In this issue statement**

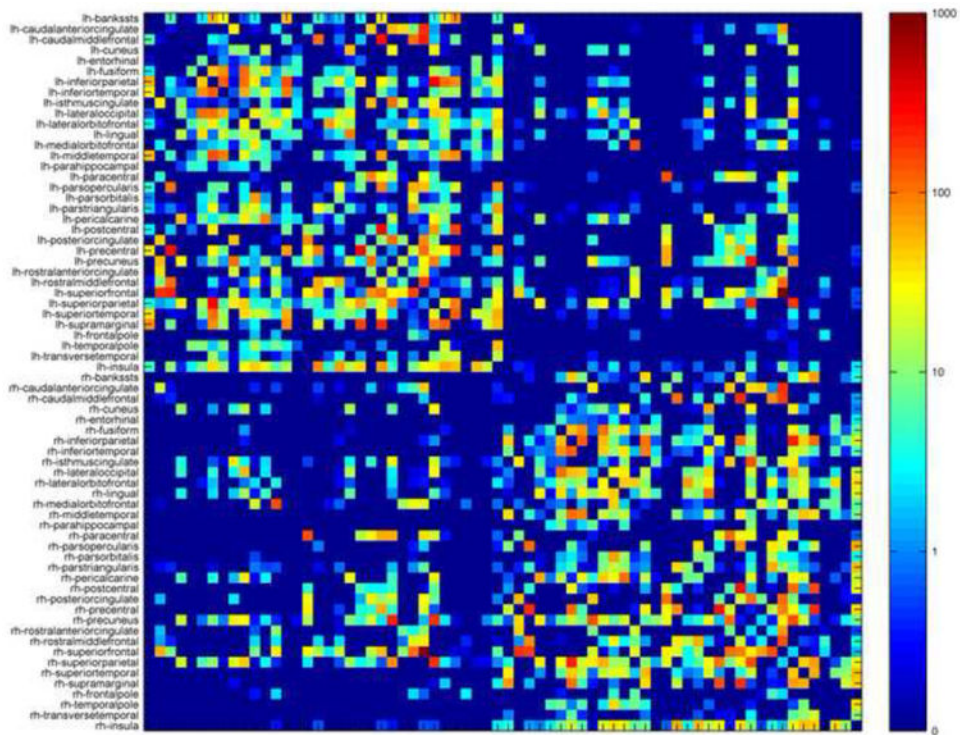
We acquired diffusion-weighted MRI on 25 bipolar I subjects and 24 gender and age equivalent healthy controls. We investigated white matter integrity in the whole brain, and conducted first ever brain network analyses in bipolar disorder using a graph-theoretical approach.

Our results revealed that bipolar brain networks exhibited lower local clustering and global efficiency relative to those of controls. Further analyses suggested significantly impaired inter-hemispheric integration in the bipolar group.



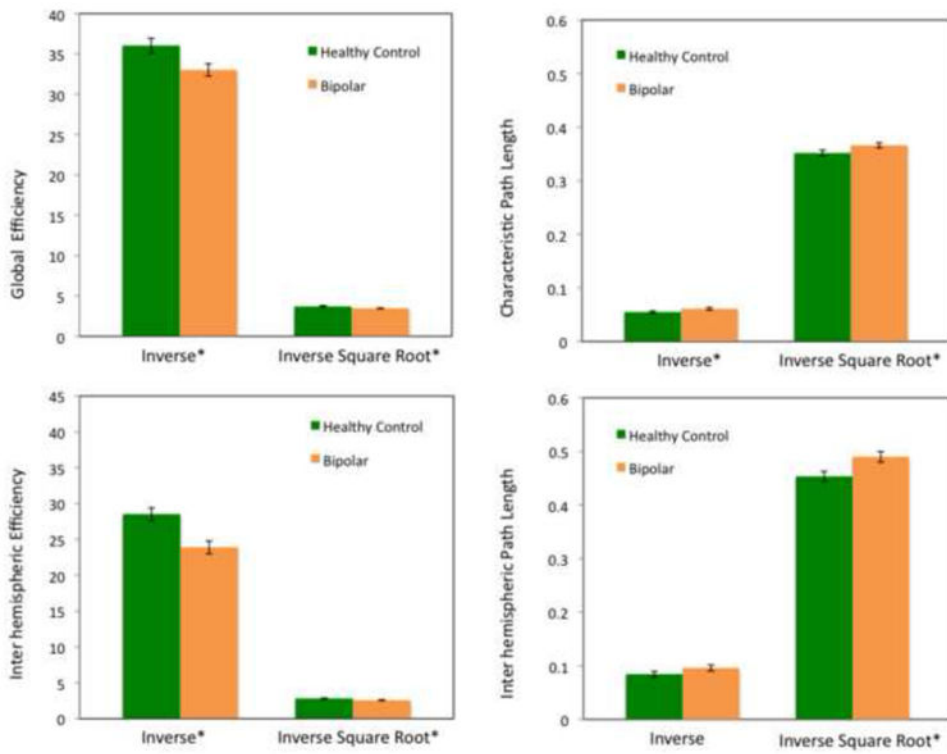
**Figure 1.**

This figure illustrates the pipeline used in this study to construct: DTI white matter integrity measures (top middle panel), whole brain tractography (top right panel), gray matter segmentation (lower middle panels), and the brain network connectivity matrix (lower right panel).



**Figure 2.** The average brain network connectivity matrix for the control group in this study. The elements of this matrix indicate the average numbers of fibers or streamlines connecting node pairs. Note that this matrix is symmetrical. The prefix lh and rh indicate nodes in the left and right hemispheres, respectively.





**Figure 3.** This figure shows group differences in global efficiency and characteristic path length (top panel), and inter-hemispheric efficiency and path length (lower panel) using both connectivity-to-length mappings.\*indicates  $p < .05$  (top row);  $p < .001$  (bottom row)

**Table 1**

Whole brain white matter parcellated into 50 white matter regions based on the ICBM young adult DTI-81 atlas.

<b>MCP</b>	<b>Middle cerebellar peduncle</b>	<b>BCC</b>	<b>Body of corpus callosum</b>
PCT	Pontine crossing tract	SCC	Splenium of corpus callosum
ICP*	Inferior cerebellar peduncle	GCC	Genu of corpus callosum
SCP*	Superior cerebellar peduncle	ACR*	Anterior corona radiata
CST*	Corticospinal tract	ML*	Medial lemniscus
PCR*	Posterior corona radiata	PTR*	Posterior thalamic radiation
SS*	Sagittal stratum	FX	Fornix
UNC*	Uncinate fasciculus	TAP*	Tapetum
CP*	Cerebral peduncle	EC*	External capsule
ALIC*	Anterior limb of internal capsule	RLIC*	Retrolenticular part of internal capsule
PLIC*	Posterior limb of internal capsule	FX/ST*	Fornix / Stria terminalis
CGH*	Cingulum (hippocampus part)	SLF*	Superior longitudinal fasciculus
IFO*	Inferior fronto-occipital fasciculus	SFO*	Superior fronto-occipital fasciculus
SCR*	Superior corona radiata	CGC*	Cingulum (cingulate gyrus part)

\* indicates tracts that are present in both left and right hemispheres

**Table 2**

Thirty-four Freesurfer-derived cortical labels per hemisphere extracted as the basis for our 68×68 cortical connectivity matrices used in the inter-hemispheric integration analysis (note that these do not include the additional 19 Freesurfer-derived subcortical gray matter regions).

1	Banks of the superior temporal sulcus	18	Pars orbitalis
2	Caudal anterior cingulate	19	Pars triangularis
3	Caudal middle frontal	20	Peri-calcarine
4	Cuneus	21	Postcentral
5	Entorhinal	22	Posterior cingulate
6	Fusiform	23	Pre-central
7	Inferior parietal	24	Precuneus
8	Inferior temporal	25	Rostral anterior cingulate
9	Isthmus of the cingulate	26	Rostral middle frontal
10	Lateral occipital	27	Superior frontal
11	Lateral orbitofrontal	28	Superior parietal
12	Lingual	29	Superior temporal
13	Medial orbitofrontal	30	Supra-marginal
14	Middle temporal	31	Frontal pole
15	Parahippocampal	32	Temporal pole
16	Paracentral	33	Transverse temporal
17	Pars opercularis	34	Insula

**Table 3**  
**Mean and standard deviation (SD) of global network metrics for the bipolar and healthy control subjects in this study (element-wise inverse mapping was used to calculate the characteristic path length and global efficiency)**

	Value	F	df	P
<b>Clustering coefficient</b>				
Bipolar	11.82±(1.100)			
Healthy controls	12.59±(1.507)	11.0 2	1,44	0.002
<b>Characteristic path Length (using element-wise inverse mapping, see text)</b>				
Bipolar	0.0 61±(0.013)			
Healthy controls	0.055±(0.011)	6.57	1,44	0.014
<b>Degree</b>				
Bipolar	18.77±(1.324)			
Healthy controls	19.07±(1.197)	1.31 6	1,44	0.258
<b>Eglobal (using element-wise inverse mapping)</b>				
Bipolar	33.03±(3.827)			
Healthy controls	36.05±(4.496)	14.9 2	1,44	<0.001

**Table 4**

Mean and standard deviation (SD) of local node-level network metrics for the 20 frontolimbic ROIs (10 in each hemisphere) proposed in our a priori hypotheses. Only regions exhibiting significant group differences at  $p=0.05$  (uncorrected) are shown (the element-wise inverse mapping was used to generate node-level path length).

		Clustering Coefficient	F	df	P
<b>Hippocampus, left</b>	Bipolar	6.37± (1.288)			
	Healthy controls	7.54± (1.885)	8.10	1,44	0.007
<b>Isthmus cingulate, right</b>	Bipolar	7.84± (2.577)			
	Healthy controls	9.26± (1.947)	5.62	1,44	0.022
		<b>Path Length</b>	<b>F</b>	<b>df</b>	<b>P</b>
<b>Hippocampus, left</b>	Bipolar	0.046± (0.008)			
	Healthy controls	0.041±(0.007)	12.5	1,44	0.001
<b>Hippocampus, right</b>	Bipolar	0.046± (0.008)			
	Healthy controls	0.042± (0.007)	7.72	1,44	0.008
<b>Caudalanterior cingulate, left</b>	Bipolar	0.042± (0.008)			
	Healthy controls	0.039± (0.007)	4.74	1,44	0.035

		Clustering Coefficient	F	df	P
<b>Isthmus cingulate, left</b>	Bipolar	0.054± (0.009)			
	Healthy controls	0.046± (0.009)	13.37	1,44	0.001
<b>Lateral orbitofrontal, left</b>	Bipolar	0.048± (0.008)			
	Healthy controls	0.043± (0.007)	10.66	1,44	0.002
<b>Medial orbitofrontal, left</b>	Bipolar	0.047± (0.008)			
	Healthy controls	0.044± (0.007)	6.12	1,44	0.017
<b>Parahippocampal, left</b>	Bipolar	0.109± (0.039)			
	Healthy controls	0.087±(0.031)	5.32	1,44	0.026
<b>Caudalanterior cingulate, right</b>	Bipolar	0.041±(0.007)			
	Healthy controls	0.038± (0.007)	4.46	1,44	0.040
<b>Isthmus cingulate, right</b>	Bipolar	0.051±(0.008)			
	Healthy controls	0.042± (0.008)	23.8	1,44	<0.001
<b>Lateral orbitofrontal, right</b>					

	Clustering Coefficient	F	df	P
Bipolar	0.049± (0.008)			
Healthy controls	0.045± (0.008)	7.51	1,44	0.009
<b>Medial orbitofrontal, right</b>				
Bipolar	0.045± (0.007)			
Healthy controls	0.042± (0.008)	5.88	1,44	0.02

**Table 5**

Post-hoc analyses of inter-hemispheric integration in the frontal, temporal, parietal, and occipital lobes. This table shows the mean and standard deviation (SD) of lobar inter-hemispheric path length and efficiency (computed using both connectivity-to-length mappings). Only group differences reaching statistical significance are shown (Bonferroni correction with a total of 16 tests; cut-off p value  $0.05/16=0.003$ )

<b>Element-wise inverse mapping</b>		<b>F</b>	<b>df</b>	<b>P</b>
Inter-hemispheric path length Occipital lobe	Bipolar	0.054±(0.014)		
	Healthy controls	0.044±(0.010)	10.64	1,44 0.0021
Inter-hemispheric efficiency Frontal lobe	Bipolar	22.9±(4.86)		
	Healthy controls	27.9±(6.26)	17.29	1,44 $1.5 \times 10^{-4}$
Inter-hemispheric efficiency Temporal lobe	Bipolar	54.6±(17.9)		
	Healthy controls	71.4±(20.3)	11.27	1,44 0.0016
Inter-hemispheric efficiency Occipital lobe	Bipolar	22.9±(4.86)		
	Healthy controls	27.9±(6.26)	10.38	1,44 0.0024
Inter-hemispheric efficiency Parietal lobe	Bipolar	54.6±(17.9)		
	Healthy controls	71.4±(20.3)	9.87	1,44 0.0030
<b>Element-wise inverse square root mapping</b>		<b>F</b>	<b>df</b>	<b>P</b>



<b>Element-wise inverse mapping</b>		<b>F</b>	<b>df</b>	<b>P</b>
<b>Inter-hemispheric path length Frontal lobe</b>				
Bipolar	0.40±(0.044)			
Healthy controls	0.37±(0.037)	12.20	1,44	0.0011
<b>Inter-hemispheric path length Occipital lobe</b>				
Bipolar	0.36±(0.055)			
Healthy controls	0.32±(0.040)	10.66	1,44	0.0021
<b>Inter-hemispheric Efficiency Frontal lobe</b>				
Bipolar	3.49±(0.46)			
Healthy controls	3.86±(0.37)	15.62	1,44	2.8×10 <sup>-4</sup>
<b>Inter-hemispheric Efficiency Temporal lobe</b>				
Bipolar	1.60±(0.17)			
Healthy controls	1.73±(0.21)	11.79	1,44	0.0013