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Physician social networks and variation in rates of complications following prostatectomy

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Abstract

Objectives—Variation in care within and across geographic areas remains poorly understood. The goal of this paper is to examine whether physician social networks—as defined by shared patients—are associated with rates of complications following radical prostatectomy.

Methods—In five cities, we constructed networks of physicians based on their shared patients in 2004–2005 SEER-Medicare data. From these networks, we identified subgroups of urologists who most frequently shared patients with one another. Among men with localized prostate cancer who underwent radical prostatectomy, we used multilevel analysis with generalized linear mixed effect models to examine whether physician network structure—along with specific characteristics of the network subgroups—was associated with rates of 30-day and late urinary complications, and long term incontinence after accounting for patient-level sociodemographic, clinical factors, and urologist patient volume.

Results—Networks included 2677 men in 5 cities who underwent radical prostatectomy. The unadjusted rate of 30-day surgical complications varied across network subgroups from an 18.8 percentage point difference in the rate of complications across network subgroups in City 1 to 26.9 percentage point difference in City 5. Large differences in unadjusted rates of late urinary complications and long term incontinence across subgroups were similarly found. Network

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subgroup characteristics—average urologist centrality and patient racial composition—were significantly associated with rates of surgical complications.

Conclusions—Analysis of physician networks of SEER-Medicare data provides insight into observed variation in rates of complications for localized prostate cancer. If validated, such approaches may be used to target future quality improvement interventions.

Keywords

cancer; claims data; health services; outcomes research

INTRODUCTION

While variation in care across different geographic areas has been widely described since the 1970s,¹ there has been increased recognition of variation within particular locales.² The potential mechanisms underlying this variation between and across areas remain poorly understood. Physician networks based on shared patients may be one tool to help better delineate variation in care. In patient-sharing networks, physicians are considered connected to one another if they provide care to the same patient.³ Patient-sharing networks signal connections between physicians such as those due to practice structure and hospital affiliation. $4-6$ Importantly, they also represent informal connections between physicians including referral patterns and advice seeking.³ By reflecting both formal and informal connections that may shape clinical practice, physician patient-sharing networks may provide insight into variation in care.

Physician patient-sharing networks have been associated with the costs and intensity of medical care within geographic areas.⁷ In the setting of prostate cancer, physician patientsharing networks have been associated with the likelihood of receiving a radical prostatectomy for localized disease within 3 cities.⁶ We seek to extend previous work by exploring whether physician patient-sharing networks are associated with variation in complications following radical prostatectomy for prostate cancer.

Complications following radical prostatectomy are an important case study. In the US, an estimated 238,590 men will receive a diagnosis of prostate cancer in 2013.⁸ The decision to undergo radical prostatectomy—a common treatment modality for men with localized disease9—is preference-sensitive. The surgery is associated with surgical complications in the month after surgery as well as longer term urinary incontinence and erectile dysfunction.^{10–12} Though research has demonstrated that men who undergo radical prostatectomy by high volume surgeons and at high volume institutions are less likely to have complications, $13-15$ relatively little is known about the reasons underlying variations in the rates of complications.16,17

Within five cities, we construct patient-sharing networks comprised of urologists, primary care providers, and radiation oncologists who care for prostate cancer patients. We then examine whether the network structure is associated with different rates of complications following radical prostatectomy. Our underlying hypothesis is that patients seen by

providers who more frequently share patients with one another may have similar rates of complications, after adjusting for patient clinical and sociodemographic characteristics.

We further explore whether particular characteristics of these network subgroups are associated with differences in rates of complications. We focus on two network characteristics—the average importance (centrality) of the doctors and the proportion of minority patients in the network subgroups. Doctors who are important in the network structure may have achieved their prestige by providing higher quality of care and may play an important role in shaping local norms and behaviors.¹⁸ We hypothesized that patients treated by network subgroups with higher levels of importance would have lower likelihood of complications. The disparities literature has shown that health care providers¹⁹ and institutions20,21 who treat a disproportionate share of minority patients may have greater difficulty providing high quality care. Thus, patients treated by network subgroups with a high proportion of minority patients were hypothesized to have lower quality of care.

METHODS

Study Design

The study was a retrospective, observational cohort study using registry and administrative claims data from the Surveillance, Epidemiology and End Results (SEER)-Medicare database. The study was approved by the institutional review boards at the University of Pennsylvania and Johns Hopkins University School of Medicine.

Data Sources

The SEER-Medicare database links patient demographic and tumor-specific data collected by SEER cancer registries to longitudinal health care claims for Medicare enrollees.²² Data on physicians' specialties was available from the Medicare Physician Identification and Eligibility Registry (MPIER file) linked through Unique Provider Identification Numbers (UPINs).

Study Population

We identified men age 65 years or older living in five cities with prostate cancer diagnosed between January 1, 2004 and December 31, 2005 in SEER with follow up through December 31, 2006 in Medicare. Two years of data were analyzed to allow for adequate connectivity of the networks based on our preliminary analyses. Cities were defined based on US Census definitions of Combined Statistical Areas (CSAs), which refer to cities and the surrounding areas that are linked by economic and social activity ([http://](http://www.census.gov/population/www/metroareas/metrodef.html) [www.census.gov/population/www/metroareas/metrodef.html\)](http://www.census.gov/population/www/metroareas/metrodef.html). CSAs represent a larger geographic region than health referral regions (HRRs), as preliminary analyses revealed that urologists cared for high numbers of patients from multiple, adjacent HRRs. Cities were included if they had at least 200 patients who underwent prostatectomy across the two years and SEER-Medicare included the great majority of the geographic area. We do not present city names to ensure patient and doctor confidentiality.

Data on patients with incomplete Medicare records (i.e. those enrolled in health maintenance organizations or not enrolled in fee-for-service Medicare program) were excluded. For the construction of the patient-sharing networks and definition of network subgroups (see below), we included all men without metastatic disease $(N=13,465)$. We then used these network subgroups in analyses that examined prostatectomy complications for a more homogeneous patient cohort. Specifically, we limited the sample to men with AJCC 6th edition stage 2 and 3 disease who underwent radical prostatectomy (N=2,974). Prostatectomy was identified from Medicare inpatient, outpatient, and physician/supplier component files as described previously.23 We excluded those with node positive disease $(N=59)$, unknown Gleason grade $(N=13)$, men who could not be matched to their surgical urologist ($N=225$), and, due to their small sample size, men with stage 1 disease ($N=107$). The final analytic sample size was 2,677.

Definition of Variables

Complications—Complications were defined according to the work of Begg and colleagues using ICD-9 diagnosis and procedural codes.13 Thirty-day surgical complications included cardiac, respiratory, vascular, wound, genitourinary, miscellaneous medical, miscellaneous surgical, and blood transfusion complications. Late urinary complications were defined as occurring from 31 to 365 days following surgery and included bladder neck obstruction, uretheral stricture, intestinal fistula, lymphocele, cystitis/bleeding, and definitive incontinence repair. Long term incontinence was defined as occurring 18 months or more after the surgery.²⁴

Explanatory variables—Gleason grade was categorized as <7, 7, and 8 to 10. PSA at the time of diagnosis was classified as $4 \text{ ng/ml or less}, >4$ to < 10 , 10 or greater, or unknown. Patient comorbidities were identified by classifying all available inpatient and outpatient Medicare claims for the 90 day interval preceding prostate cancer diagnosis into 46 categories,²⁵ and, for clarity, reported as $0, 1,$ or 2 . Race was classified from both SEER and Medicare sources, and individuals were classified as white if they did not have a classification of black, Hispanic, or Asian in either data file; or non-white. Area-level U.S. Census information was used as a proxy for individual measures of socioeconomic status. Men were linked to their Census tract and, when not available, ZIP Code to determine median income, which was categorized into quartiles based on the sample distribution in each city. Urologist surgical volume was defined as the number of radical prostatectomies performed over the two year period, with high volume defined as the top quartile in a given city (cut-point for high volume ranged from 16 to 41).¹³

Network creation—We created networks for each city in which doctors were connected to one another via shared patients. From each network, we then sought to identify subgroups of doctors who frequently share patients with one another (as defined below).

Provider definitions—We focused on following doctors who are most likely to be involved in the patients' prostate cancer care and thus most likely to directly or indirectly interact. These include the surgical urologist (defined as the urologist who billed for the prostatectomy), diagnosing urologist (defined as the urologist who billed for a claim on or

closest to the date of the patient's diagnosis), primary care provider, 26 plurality provider (the doctor, regardless of specialty, who billed for the greatest number of claims in the 12 months prior to diagnosis),26 and radiation oncologist (among men who underwent external beam or brachytherapy, the provider who performed the clinical planning and simulation). Primary care providers were included in the network structure based on their role in prostate cancer screening (typically through prostate specific antigen testing) and referral for diagnosis which may help shape the network structure.

Network construction—Networks were constructed using data from all patients without metastatic disease and all of their providers as described above. In these networks, providers (represented by vertices or nodes) were linked to one another by shared patients (termed edges). The strength of connection between doctors (called edge weight) was the number of shared patients. Based on our preliminary analyses and published data, 3 we required that providers be connected by at least 2 shared patients. Network construction was performed in R version 2.12.0 using the igraph software package.²⁷

Network subgroup definition—From these networks, we identified network subgroups. Subgroups define doctors who are more densely connected with one another via shared patients than to doctors outside the subgroup. Specifically, we used the Girvan-Newman algorithm to define network subgroups (also called 'community-structures').28 In this approach, a betweenness score for each edge was calculated. The betweenness score was proportional to the number of shortest paths that ran along each edge, where the shortest path represented the most direct route between a pair of providers and accounted for edge weight. The algorithm then removed the edge with the highest betweenness, thereby separating the network into 2 smaller subgroups. Betweenness scores were then recalculated and the process continued iteratively until a goodness-of-fit test (modularity) was optimized.29 Each doctor was assigned to a single, mutually exclusive subgroup. Patients, however, may have doctors that were assigned to multiple subgroups. For our analyses, patients were assigned to the network subgroup of the urologist who performed their prostatectomy. We focused our investigation on network subgroups with at least 20 patients in order to highlight the potential importance of larger subgroups. Patients in network subgroups with fewer than 20 patients were retained in the analyses in a dummy category.

Network subgroup characteristics—For each network subgroup, we averaged the degree of the treating urologists where degree is defined as the number of other physicians with whom he/she shares patients. This measure was dichotomized for interpretability with network subgroups defined as having a high average degree if they were in the top 75% of the distribution in each city. The proportion of non-white patients was calculated for each network subgroup. Network subgroups were classified as having a high percentage of nonwhite patients if the percentage was greater than the average percent of non-white patients in the city.

Hospital assignment—Patients were assigned to the hospital where they received their radical prostatectomy.

Statistical analyses

After presenting univavariate analyses, we determined whether network subgroup was associated with complications in multivariable analyses. To account for the correlation structure of patients being nested within urologists and urologists being nested within network subgroups, we used generalized linear mixed effect models for binary outcomes, 30 where complication was the dependent variable and the network subgroups was an independent variable. We included fixed effects for patient-level covariates (age, comorbidity, Gleason grade, tumor stage, PSA, area-level median income, race classified as either white or non-white), for the urologist-level covariate (provider volume), and for subgroups, and random effects for urologists. Analyses were performed separately for each city and for each type of complication. To facilitate interpretation of these models, we generated the predicted probability and 95% confidence interval for each complication and in each subgroup. We used the Bonferroni correction to adjust for multiple testing in the five cities; thus tests were considered statistical significant at P< 0.01. To examine the percent of variation explained by subgroups, we estimated the intra-subgroup correlation coefficients (ICC) based on the logit scale of the complication rate.³⁰

In the second series of analyses, we examined whether network subgroup characteristics were associated with odds of complications. For each complication, all cities were included in a single model, and we used a generalized linear mixed effects model with fixed effects for patient-level covariates, the urologist-level covariate, network subgroup characteristics, and cities and random effects for urologists and network subgroups. The subgroup level predictors of interest were high average degree of urologists in the subgroup and a high percent of non-white patients.

In sensitivity analyses we sought to determine whether network subgroups were significantly associated with complications after accounting for hospital assignment. In these models, we considered hospital as a random effect. Data analysis was performed using SAS (version 9.3, Cary, NC).

RESULTS

There were 2677 men in 5 cities with localized prostate cancer that underwent radical prostatectomy in the analyses. The sample in each city ranged in size from 271 to 12224 men. The sociodemographic characteristics of the sample are presented in Table 1. Across the cities, we observed 30-day surgical complications in 23.4% of men; 43.8% had late urinary complications, and 8.3% had long-term urinary incontinence. Figure 1 presents an example of a network formed by doctors who share patients with one another.

In each city, subgroups of doctors who were densely connected to one another were identified (Table 2). Cities had from 4 to 17 large network subgroups (with large defined as at least 20 patients). The mean number of patients per large network subgroup ranged from 34 in City 4 to 68 patients in City 2. The mean number of urologists per network subgroup ranged from 3.8 urologists in City 3 to 10.5 in City 2. On average, there were between 2.8 (City 3) to 6.8 (City 2) hospitals represented in each network subgroup.

Table 3 presents the results of the unadjusted rates of complications across network subgroups. The unadjusted rate of 30-day surgical complications varied across network subgroups and by city from a 20.7 percentage point difference in the rate of complications across network subgroups in City 4 to 31.2 percentage point difference in City 5. Differences in the rates of late urinary complications ranged from 32.1 to 72.5 percentage points across network subgroups within cities, and differences in the rates of long term incontinence ranged from 6.7 to 36.8 percentage points. These reached statistical significance for 30-day surgical complications in City 3, for late urinary complications in Cities 2, 3, and 5, and for long-term incontinence in City 2.

Figure 2 presents the estimated mean complication rates for men receiving their prostatectomy from urologists in the different network subgroups, controlling for patientlevel characteristics and provider volumes. The results show varying rates of complications across network subgroups within each city, though with overlapping confidence intervals. From the regression models, the overall network subgroup term was significant (P<0.001) for 30-day surgical complications in Cities 2 and 3; there were significant differences in rates of late urinary complications among network subgroups in Cities 2, 3 and 5; and for long term incontinence, there were significant differences among network subgroups in Cities 1, 2, 4, and 5 (ICC of 14.7, 13.3, and 0 and 0%, respectively). The ICCs indicate that network subgroups explained up to 13.5% in 30-day complications (City 3), 31.3% in late urinary complications (City 3), and 14.7% of long term incontinence (City 1).

In models that examined characteristics of network subgroups, average urologist degree was significantly associated with 30-day surgical complications and long term incontinence (pvalues for overall subgroup term 0.010 and <0.0001 respectively), and the proportion of non-white patients in a network subgroup was significantly associated with long term incontinence (p-value <0.001). Not all associations with network characteristics, however, were in the same directions. For example, average urologist degree was associated with significantly lower 30-day complications in City 3 but higher long term incontinence in City 4 (Appendix Table 1 in Supplemental Materials at: XXX).

In analyses where we adjusted for clustering by hospital, we continued to observe significant associations between network subgroups and complications. In these models, hospitals accounted for up to 11.2% of variations in 30-day surgical complications (City 3), 13.8% for late urinary complications (City 3), and 12.3% for long-term incontinence (City 2).

DISCUSSION

Within each city, it is possible to use network analytic techniques to identify subgroups of doctors who are more likely to share patients with one another. These network subgroups may explain a portion of the observed variation in surgical complications following radical prostatectomy, and, despite the small sample sizes, comparisons among some subgroups remained significant after accounting for patient-level characteristics and adjusting for clustering by urologist. The findings, although exploratory in nature, raise a number of important questions.

First, what might network subgroups represent in terms of health care delivery? Prior work on quality of cancer care has tended to focus on the individual provider (e.g. provider volume)^{13–15} or on features of the hospital system (e.g. percent minority patients,³¹ status as a National Cancer Institute designated cancer center, $32,33$ and hospital volume¹⁴). In contrast, network subgroups are defined by doctors who are tightly 'connected' to one another through shared patients and may represent doctors who are formally connected to one (e.g. through practice structure, hospital affiliation) as well as informally (e.g. by referral patterns and advice seeking).3,6

Although associated with practice structure, network subgroups typically encompass doctors from multiple practices.⁶ SEER-Medicare data remove tax identification numbers which are sometimes used to group physicians into practices, $2⁶$ thus having alternative techniques to group providers may be useful. Similarly, we find that while patients who received their surgery at the same hospital tended to be in the same subgroup, subgroups often encompass patients seen at multiple hospitals. Moreover, with a large proportion of cancer care occurring in the outpatient setting, it may be challenging to group providers into hospitalbased networks.34 The current strategy may represent a promising approach to delineating naturally occurring networks of physicians, reflecting the ways that health care is delivered in practice.⁴ As discussed further in the limitation section, however, the optimal approach to constructing patient sharing networks has not been determined; the approach may vary across cancer types, datasets and outcomes, meriting future validation.

Second, why might network subgroups be associated with rates of surgical complications? One explanation may be that doctors of higher or lower quality tend to be connected to one another.35 Prior work has suggested that 'high status' doctors may be most likely to refer to one another.³⁶ Thus, high quality doctors may be more likely to share patients with other high quality doctors and be placed in the same subgroup.

An overlapping explanation is that the practice style of one physician in a network subgroup may impact (either positively or negatively) the style of another physician in the subgroup.³⁷ Literature on the diffusion of innovation suggests that doctors who are important in the network structure may have a large impact on medical adoption.^{38,39} This diffusion may occur through direct care of a particular patient or through informal consultations.40 It is plausible that these may affect technical aspects of care and specific surgical techniques that are employed. We would expect this effect to be most pronounced for urologists who are directly connected to one another. Urologists who are connected through PCPs or other providers, however, may also induce behavior change through cooperation (e.g., through institutional structures) or competition (e.g. for referrals from PCPs).

A related explanation is, to the extent that network subgroups reflect practice structure and hospital affiliation, rates of complications may stem from the underlying context of differing institutional resources and practices. The context of network subgroups may further be shaped by participation in different insurance networks and by other area-level factors.

Selection effects may occur at multiple levels and help explain the observed associations between network subgroups and complications. Patients may select physicians (and network

subgroups) with varying propensities to screen for prostate cancer, diagnose the disease, and operate on surgical candidates.⁶ A large portion of patients with prostate cancer who undergo radical prostatectomy have a different diagnosing and treating urologist;⁴¹ it is uncertain the extent to which this represents patient choice, provider referrals patterns, and/or other factors.

Third, why were rates of complications not consistent among the subgroups? Within each city, specific subgroups did not invariably have high rates of complications across the three complications, and the proportion of variance explained by subgroups was relatively modest. The results suggest that the importance of subgroups in explaining radical prostatectomy complications may be one of many factors (e.g. technical skill of the surgeon), and the potential mechanisms through which networks are associated with health may vary depending on the particular type of complication. The findings were not consistent across the cities, potentially indicating that other aspects of the local health care delivery and/or network structure may help shape these associations.

Fourth, what characteristics of specific subgroups are associated with quality of care? We found some evidence that average urologist degree, a marker of importance, was associated with complications as was the subgroup racial composition; however, within cities, not all associations were in the expected directions. The reasons for these divergent findings are uncertain and suggest the need for additional research into the characteristics of physician patient-sharing networks. Examining the association between physician-specific measures of his/her network position and complications may also be a promising line of research.

Finally, how might this type of approach be deployed when trying to improve quality? If validated, the ability to identify subgroups may help target interventions to groups of physicians with the highest rates of specific types of complications. As noted above, these subgroups may be related to albeit distinct from approaches that target specific practices or hospitals.⁴ Within each subgroup, quality improvement initiatives may be facilitated by working with specific providers within the network structure.³⁷ This builds on and complements the tradition of identifying key opinion leaders from surveys to promote the adoption of best practices. $42,43$ Interventions may focus on doctors that are central in a subgroup to facilitate the spread of norms and quality standards or, alternatively on doctors on the periphery who may be early adopters of new technology.39,44,45

This work has several limitations. The optimal approach to constructing physician patientsharing networks and identifying network subgroups has not been developed. By limiting our analyses to specific cities, we create a "boundary specification problem" in which patients nearby the city's boundaries may alter the network structure.⁴⁶ We considered providers to be connected to one another if they shared two patients. Network structure and associations with complications were largely consistent when lowering the threshold to one patient; increasing the threshold to 3 patients resulted in many fewer physicians being connected to one another (Appendix Table 2 in Supplemental Materials at: XXX). Adding more years of data to test the stability and evolution of networks over time and including patients who do not have cancer but are nonetheless shared by providers may prove useful in generating more robust depictions of health care delivery.

Additional limitations stem from the use of claims data. First, Medicare claims have been shown to have a high sensitivity and specificity for surgical $47,48$ and late urinary complications.13 In contrast, ascertainment of incontinence has a 39% sensitivity compared to self-report but high specificity (92%) .¹³ Although we substantially underestimate the incidence of long-term incontinence, our goal was not to determine the complication rate, but to assess how the rate of complications differs according to subgroup. There is no evidence that the ascertainment of complications would be differential between subgroups. Second, we were unable to include patients younger than 65, those without a diagnosis of prostate cancer, and men enrolled in HMOs in our construction of patient-sharing networks. Though Medicare urologist volume is highly correlated with total patient volume,13 the exclusion of these patients may alter the network structure by reducing the number of shared patients between doctors. Third, we were unable to match all patients to their diagnosing urologist. Patients who did not match were similar to those who did on observable characteristics; however, the proportion of patients who did not match ranged from 3.9 to 9.5% across the cities. The impact of this on our network structure remains uncertain. Fourth, though we adjust for surgical volume, incomplete adjustment for surgical technique and surgeon's experience may bias our findings. Fifth, though we test models that include hospital structure, we recognize that the models are unable to account for practice structure which may be an important determinant of complication rates. Sixth, this observational analysis is unable to determine causality, and, as noted above, selection effects may be an important contributor our findings. Finally, the small sample sizes in some network subgroups may have led to unstable estimates in some instances and limited our ability to detect clinically meaningful differences.

In summary, physician networks based on shared patients are associated with variation in rates of complications following radical prostatectomy for prostate cancer. Physician patient-sharing networks may be useful tools to better understand cancer care variation within and across geographic regions.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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FIGURE 1.

An example patient-sharing network for City 1. The 1904 physicians are represented by circles; they are connected by shared patients represented by lines and including all patients without metastatic cancer regardless of whether or not they received surgery. Network subgroups are shaded different colors. The location of physicians is determined by social distance using the Fruchterman-Reingold layout.

FIGURE 2.

Estimated mean rates of complications with 95% confidence intervals by network subgroup across 5 cities. The subgroups are ordered by size (number of patients) from biggest to smallest. Subgroup number 99 in each city represents patients who were assigned to subgroups with less than 20 patients; these patients were retained as a dummy category. Marginal probabilities were estimated based on the population-average model⁴⁹ given the following covariates: age=65–69 yrs, comorbidity=2+, Gleason grade=7, tumor stage =2, PSA =4.1–9.9, median area income=second lowest quartile, white race, marital status=married, and provider surgical volume=low.

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*** Cell sizes masked due to small sample sizes and SEER-Medicare restrictions regarding confidentiality. Racial and income composition of subgroups not shown in table due to confidentiality restrictions

Table 2

 $*$ Large network subgroups are defined as having at least 20 patients. Large network subgroups are defined as having at least 20 patients.

Table 3

Average rates of complications and chi-squared test for variation across network subgroups within cities, 2004-2005 Average rates of complications and chi-squared test for variation across network subgroups within cities, 2004–2005

Indicates range across subgroups, P<0.01 is considered significant after correcting for 5 different cities. Indicates range across subgroups, P<0.01 is considered significant after correcting for 5 different cities.