

Residue Histidine 50 Plays a Key Role in Protecting α -Synuclein from Aggregation at Physiological pH*

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Ying-Chih Chi[‡], Geoffrey S. Armstrong[§], David N. M. Jones^{¶1}, Elan Z. Eisenmesser^{‡2}, and Chang-Wei Liu^{‡3}

From the [‡]Department of Biochemistry and Molecular Genetics and [¶]Department of Pharmacology, University of Colorado School of Medicine, Aurora, Colorado 80045 and [§]Department of Chemistry and Biochemistry, University of Colorado, Boulder, Colorado 80309

Background: Mutations of α -synuclein (α Syn) can cause early-onset familial Parkinson disease (PD).

Results: The H50Q, H50D, or H50A substitution promotes, whereas the H50R substitution inhibits, α Syn aggregation *in vitro*.

Conclusion: The recently identified PD-causing α Syn mutant, α Syn(H50Q), accelerates α Syn aggregation.

Significance: The partial positive charge of His-50 at physiological pH likely plays a role in suppressing α Syn aggregation.

α -Synuclein (α Syn) aggregation is involved in the pathogenesis of Parkinson disease (PD). Recently, substitution of histidine 50 in α Syn with a glutamine, H50Q, was identified as a new familial PD mutant. Here, nuclear magnetic resonance (NMR) studies revealed that the H50Q substitution causes an increase of the flexibility of the C-terminal region. This finding provides direct evidence that this PD-causing mutant can mediate long range effects on the sampling of α Syn conformations. *In vitro* aggregation assays showed that substitution of His-50 with Gln, Asp, or Ala promotes α Syn aggregation, whereas substitution with the positively charged Arg suppresses α Syn aggregation. Histidine carries a partial positive charge at neutral pH, and so our result suggests that positively charged His-50 plays a role in protecting α Syn from aggregation under physiological conditions.

Formation of punctate cytoplasmic protein aggregates, known as Lewy bodies in dopaminergic neurons, is a pathological hallmark of PD⁴ (1, 2). α Syn is a major component of Lewy bodies in which α Syn deposits as β -sheet-rich fibrils (1). Genetically, α Syn gene duplication (3, 4), triplication (5), and missense mutations (6–8) were found to cause early-onset familial PD, which provide a direct genetic link between the α Syn gene and PD pathogenesis. Studies have found that the PD-causing α Syn mutations that lead to single amino acid substitution as A30P, E46K, and A53T accelerate α Syn aggregation into either oligomers or fibrils *in vitro* (9–13). Moreover, when α Syn or PD-causing α Syn mutants were overexpressed in mice or *Drosophila*, formation of α Syn aggregates was observed, and the time of α Syn inclusion formation correlates with the progression of PD-like

symptoms (14–17). Together, these studies have shown that α Syn aggregation plays a critical role in PD pathogenesis.

α Syn is a 140-amino acid protein that is predominately expressed in the brain (18). α Syn consists of an N-terminal amphipathic domain (amino acids 1–60), a hydrophobic non-A β component domain (amino acids 61–95), and an acidic C-terminal region (amino acids 95–140) (19). Aggregation of soluble α Syn monomers into insoluble fibrils can be recapitulated *in vitro*, in which α Syn aggregation is nucleation and concentration-dependent (20). Analysis of α Syn fibrils revealed that the region encompassing amino acids 32–102 is involved in the formation of the fibril core (21). Although the C-terminal acidic region is not part of the α Syn fibril core, deletion of the C-terminal region significantly promotes α Syn aggregation *in vitro* and in mice (22–26). Therefore, the C-terminal region plays a role in regulating α Syn aggregation. In support of this, results from several NMR studies have found that the C terminus of α Syn interacts with the N-terminal domain and the non-A β component region (27–29). Despite the importance of these long range interactions, their effect on α Syn aggregation had not been defined.

Recently, the H50Q substitution in α Syn was identified as a familial PD-causing mutant by two different groups (30, 31). In the current study NMR experiments demonstrate that the H50Q substitution, but not other examined substitutions, increased the flexibility of the α Syn C-terminal region. Substitution of His-50 with Glu, Asp, or Ala promoted α Syn aggregation *in vitro*. In striking contrast, the H50R substitution suppressed α Syn aggregation. These results suggest that under physiological pH, a partial positive charge carried by His-50 plays an important role in protecting α Syn from aggregation.

EXPERIMENTAL PROCEDURES

Plasmids—The cDNA of the human *SNCA* was subcloned into the pET28(a) vector using the NcoI and XhoI sites. All α Syn mutations were generated by site-directed mutagenesis based on the pET28(a)- α Syn plasmid. All plasmids were confirmed by DNA sequencing.

Purification of α Syn—BL21(DE3)-RIPL cells harboring a corresponding α Syn-expressing plasmid were grown at 37 °C in

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¹ To whom correspondence may be addressed. E-mail: david.jones@ucdenver.edu.

² To whom correspondence may be addressed. E-mail: elan.eisenmesser@ucdenver.edu.

³ To whom correspondence may be addressed. E-mail: changwei.liu@ucdenver.edu.

⁴ The abbreviations used are: PD, Parkinson disease; α Syn, α -synuclein; HSQC, heteronuclear single-quantum correlation.

the presence of 40 $\mu\text{g/ml}$ kanamycin and 34 $\mu\text{g/ml}$ chloramphenicol. At $A_{600} = 0.3$, cells were cooled to 25 °C. At $A_{600} = 0.6$, 0.45 mM isopropyl 1-thio- β -D-galactopyranoside was added into the culture, and protein expression was induced at 25 °C for 16 h. Cells were harvested and resuspended in the cell lysis buffer (20 mM Tris, 100 mM NaCl, and 10% glycerol) supplemented with 1 mM PMSF and 10 μM leupeptin. After sonication the lysate was cleared by centrifugation at 30,000 $\times g$ for 30 min at 4 °C. Next, ammonium sulfate powder was slowly added to the supernatant to a final concentration of 1 M. 2 ml of phenyl-Sepharose resins (GE Healthcare) were then added, and the mixtures were rocked at 4 °C for 2 h. The mixtures were then loaded onto a gravity column (46 \times 200 mm), and the α Syn-containing flow-through was dialyzed against the cell lysis buffer at 4 °C overnight. The dialyzed mixtures were then applied to a 30-ml Q-Sepharose column on an AKTA FPLC system (GE Healthcare). α Syn eluted between 0.20 and 0.35 M NaCl. The α Syn-containing fractions were pooled and dialyzed against the cell lysis buffer and then applied to a 5-ml Mono Q column (GE Healthcare) on an AKTA FPLC system. α Syn eluted between 0.20 and 0.28 M NaCl. The α Syn-containing fractions were collected, and the final α Syn or α Syn mutant protein purity was >95% based on Coomassie-stained SDS-PAGE analysis. To purify ^{15}N -labeled or ^{13}C - and ^{15}N -labeled α Syn or α Syn mutants, BL21(DE3)-RIPL cells harboring a corresponding α Syn-expressing plasmid were grown in M9 minimal medium containing 1 g/liter [^{15}N]ammonium chloride or 1 g/liter [^{15}N]ammonium chloride with 2 g/liter [^{13}C]glucose, respectively. α Syn and α Syn mutants were purified as described above.

All α Syn proteins were dialyzed into 20 mM NH_4HCO_3 followed by lyophilization and stored as dry powders. To make α Syn samples for NMR or *in vitro* aggregation experiments, α Syn powders were dissolved in an appropriate buffer at ~ 5 mg/ml and then dialyzed against 2 liters of the experimental buffer. α Syn concentration was determined by using an extinction coefficient of 5120 $\text{M}^{-1} \text{cm}^{-1}$ at 280 nm, except α Syn(DYE/A), which has an extinction coefficient of 3840 $\text{M}^{-1} \text{cm}^{-1}$ at 280 nm.

NMR Spectroscopy—All NMR data were recorded with a Varian 900 MHz NMR spectrometer (Rocky Mountain Regional 900 MHz NMR Facility at University of Colorado Denver Anschutz Medical Campus) at 10 °C in a buffer containing 10 mM sodium phosphate, pH 7.4, 100 mM NaCl, and 6.7% D_2O . NMR data were processed by NMRpipe software package (32) and analyzed using CCPNmr (33). Backbone amide assignments of wild type α Syn were completed by using two-dimensional ^1H , ^{15}N HSQC and three-dimensional HNCACB, CBCA-(CO)NH, and NOE experiments together with previously published data (34). Chemical shift changes ($\Delta\delta$) were processed by using the formula $\Delta\delta = [(1/5\Delta\delta_{\text{N}})^2 + (\Delta\delta_{\text{H}})^2]^{1/2}$, where δ_{N} and δ_{H} represent the difference in nitrogen and proton chemical shifts, respectively. NMR R1 relaxation rate measurements employed relaxation delay times of 10, 100, 200, 300, 400, 500, 600, 700, 800, 900, 1000, and 1100 ms. For determination of R1 (spin-lattice) relaxation rates, resonance amplitudes were extracted and fit as a function of the relaxation delay time.

Thioflavin T Binding Assay— α Syn and α Syn mutants were passed through a YM-100 spin column (Pall Corp.) by centrifugation to remove any potential oligomers or insoluble aggregates before being used for the aggregation assays. The mixtures in the thioflavin T binding assays contained 100 μM α Syn or α Syn mutants, 0.05% NaN_3 , and 20 μM thioflavin T in PBS, pH 7.4. Quadruple samples were set up for each protein. All samples were kept in a 96-well round-bottom white plate and sealed with an optical adhesive cover (Applied Biosystems). During data acquisition samples were maintained at 37 °C with constant shaking in a Synergy HT microplate reader (BioTek). Shaking was stopped for 1 min for every 15 min because of data acquisition. Thioflavin T fluorescence was recorded using emission/excitation filters at 440/30 and 485/20 nm, respectively. In a kinetic mode the instrument allows 300 maximal readings, and the maximal shaking time is 1000 s before each stop for data acquisition. So we chose to shake the plate for 15 min before each data acquisition in a 72-h kinetic mode. Also, the maximal reading is 100,000 units. With these limitations, some of the aggregation reactions had not completely reached plateaus yet, and the readings for some of the aggregation reactions exceeded the detection limit.

Circular Dichroism (CD) Spectroscopy—Far-UV CD measurements of α Syn proteins were collected using a J815 spectrometer (Jasco). All α Syn samples were prepared at 20 μM in PBS, pH 7.4, and kept in a quartz cuvette with 0.1-cm path length for CD measurements. CD spectra were monitored from 260 to 190 nm with scan speed of 50 nm/min. Six scans were collected for every sample, and average data were shown in the figures. The spectrum of the buffer alone was subtracted as background.

Protease K Digestion Assay— α Syn and α Syn(H50Q) fibrils (3 mg/ml) in 20 mM Tris, pH 7.4, 1 mM EGTA were incubated with proteinase K (3 $\mu\text{g/ml}$) at 37 °C for 1, 5, 15, and 60 min. At the end of each time point, aliquoted samples were mixed with 5 \times SDS sample buffer and heated to 90 °C for 10 min to stop the reaction. Proteins were then separated on SDS-PAGE and stained with Coomassie.

RESULTS

α Syn(H50Q) Is a Native Unfolded Protein in Aqueous Buffers—Although α Syn has long been considered as a native unfolded protein in aqueous buffers (35, 36), two recent studies have suggested that α Syn existed as a homotetramer with an α -helical conformation when it was purified using non-denaturing methods (37, 38). In this study recombinant α Syn and α Syn mutants were purified by a non-denaturing method as described under “Experimental Procedures.” The purity of all proteins was >95% as determined by Coomassie-stained SDS-PAGE (data not shown). The secondary structures of α Syn and α Syn(H50Q) were determined by far-UV CD spectroscopy. In PBS buffer both proteins had similar minima at 198 nm (Fig. 1A), which is a characteristic trait of unstructured proteins. Consistent with this result, NMR ^1H , ^{15}N HSQC spectra of α Syn and α Syn(H50Q) exhibited relatively narrow dispersions in the proton dimension (Fig. 2A), indicative of relatively unstructured proteins as well (39). Together, these results indicate that

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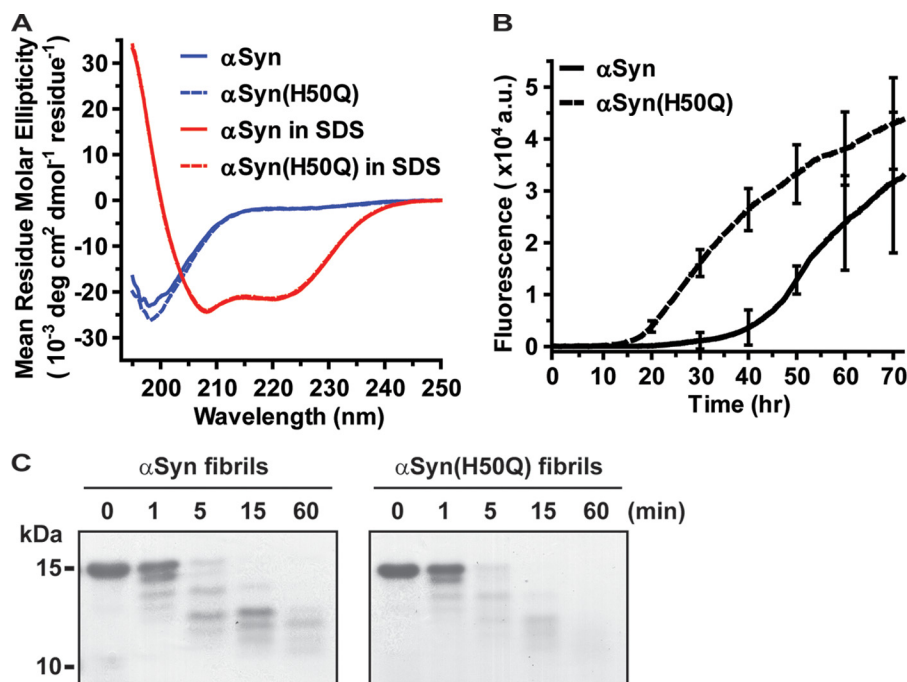


FIGURE 1. The H50Q substitution promotes α Syn aggregation *in vitro*. *A*, far-UV CD spectrum of 20 μM α Syn (blue solid line) or α Syn(H50Q) (blue dashed line) in pH 7.4 PBS; α Syn (red solid line) or α Syn(H50Q) (red dashed line) in PBS containing 2 mM SDS. *B*, thioflavin T binding assays for monitoring 100 μM α Syn (solid line) or α Syn(H50Q) (dashed line) aggregation in pH 7.4 PBS containing 0.05% NaN_3 and 20 μM thioflavin T. The data were collected at every 15 min using a microplate reader. Representative error bars at every 10-h time point represent mean \pm S.D. of four assays. *a.u.*, arbitrary units. *C*, α Syn and α Syn(H50Q) fibrils (3 mg/ml) in 20 mM Tris, pH 7.4, 1 mM EGTA were incubated with proteinase K (3 $\mu\text{g}/\text{ml}$) at 37 $^\circ\text{C}$. At each time point, aliquoted samples were mixed with 5 \times SDS sample buffer and heated at 90 $^\circ\text{C}$ for 10 min. Proteins were then separated on SDS-PAGE and stained with Coomassie.

recombinant α Syn and α Syn(H50Q) are primarily unfolded proteins in aqueous buffers.

The N-terminal region of α Syn (amino acid 1–95) can bind to the surface of vesicles or micelles and form an α -helical structure (40, 41). As shown in Fig. 1A, the far-UV CD spectra of α Syn and α Syn(H50Q) in 2 mM SDS micelles had very similar minima at 208 and 222 nm, indicating that both are predominantly α -helical when binding to SDS micelles. Thus, the H50Q substitution does not alter α Syn conformations in aqueous buffer and SDS micelles.

α Syn(H50Q) Aggregates More Rapidly Than α Syn *in Vitro*—Thioflavin T is a fluorescent dye whose fluorescence increases significantly when binding to β -sheet-rich fibrils, and it has been used widely to monitor protein fibrillization *in vitro* (24, 38, 42, 43). In a typical time-course thioflavin T-based fibrillization assay, the lag phase reflects the nucleation process and shows no change in thioflavin T fluorescence. In the polymerization phase, thioflavin T fluorescence increases significantly, indicative of the formation of β -sheet-rich α Syn fibrils. When α Syn monomer is consumed in the reaction, the thioflavin T fluorescence reaches a plateau, which initiates the final phase of a typical aggregation curve. As shown in Fig. 1B, α Syn(H50Q) exhibited a much shorter lag phase than wild type α Syn in the thioflavin T binding assays, indicating that the H50Q substitution enhances the nucleation process and thus promotes α Syn aggregation *in vitro*.

To determine whether the H50Q substitution could change the composition of the fibril core, α Syn or α Syn(H50Q) was incubated at 37 $^\circ\text{C}$ with constant shaking for 7 days to produce mature fibrils. The resulting fibrils were then subjected to pro-

teinase K digestion. Both α Syn and α Syn(H50Q) fibrils exhibited similar cleavage kinetics and produced similar cleavage products in the proteinase K digestion assays (Fig. 1C), indicating that the structural cores of α Syn and α Syn(H50Q) fibrils are similar.

The H50Q Substitution Increases the Flexibility of the α Syn C-terminal Region—The NMR HSQC experiment is a sensitive tool for probing changes of the microenvironment of backbone amides in proteins and is, therefore, suitable for determining conformational changes that occur as a result of amino acid substitutions. We have recorded the ^1H , ^{15}N HSQC spectrum of α Syn or α Syn(H50Q). The backbone amides of α Syn were assigned by using two-dimensional ^1H , ^{15}N HSQC, three-dimensional HNCACB, CBCA(CO)NH, and NOE experiments together with published data (34). Nearly all of the non-proline backbone amides of α Syn in the HSQC experiment were assigned except Asp-2. The chemical shifts of most residues between α Syn and α Syn(H50Q) were unperturbed (Fig. 2A). As expected, chemical shift differences for residues surrounding His-50 were observed as a direct result of the altered local chemical environment from the H50Q substitution (Fig. 2B). Of utmost interest, there were significant chemical shift changes observed for residues at the extreme C terminus of α Syn including Asp-135, Tyr-136, Glu-137, Glu-139, and Ala-140 (Fig. 2, B and C). The new chemical shifts of these residues in the α Syn(H50Q) HSQC spectrum were assigned using an three-dimensional HNCACB experiment with ^{13}C , ^{15}N -labeled α Syn(H50Q). By plotting the relative chemical shift change of each residue in α Syn and α Syn(H50Q) HSQC spectra, it is apparent that the H50Q substitution caused chemical shift

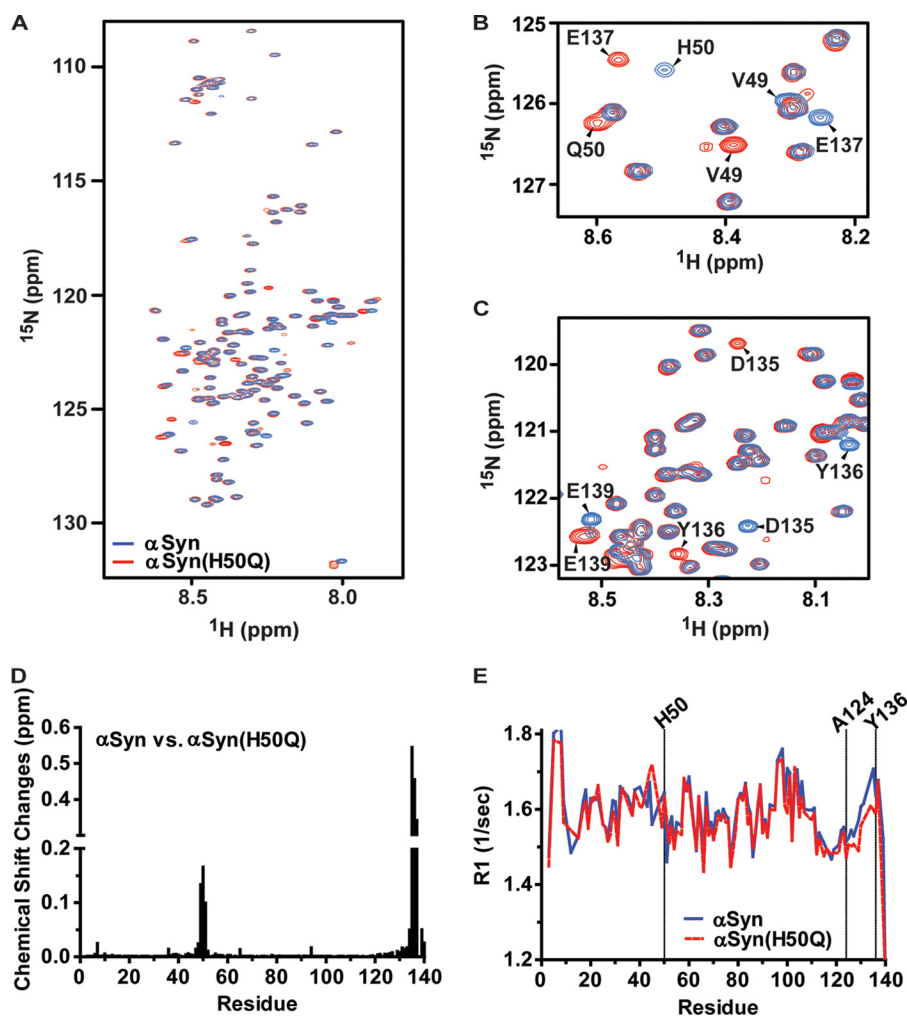


FIGURE 2. **The H50Q substitution increases the flexibility of the α Syn C-terminal region.** *A*, overlapped ^1H , ^{15}N HSQC spectrum of $100\ \mu\text{M}$ α Syn (blue) with that of α Syn(H50Q) (red). *B* and *C*, zoom-in view of HSQC regions that have significant chemical shift changes between α Syn (blue) and α Syn(H50Q) (red). Residues that have chemical shift changes were labeled. *D*, relative chemical shift changes of α Syn versus α Syn(H50Q) based on the HSQC spectra in Fig. 2*A*. *E*, R1 relaxation rates of α Syn (blue) and α Syn(H50Q) (red).

changes for residues surrounding His-50 but also for residues in the extreme C-terminal region (Fig. 2*D*).

To determine whether the H50Q substitution alters α Syn conformation, we chose to use amide R1 relaxation rate to monitor α Syn backbone dynamics. Amide R1 relaxation rates are a direct measure of the flexibility of a given amide and thereby can be utilized to monitor the backbone dynamics of proteins. Due to the fact that α Syn is primarily an unfolded protein, its backbone relaxation rates are in the extreme narrowing limit (very fast motion and very short correlation time). In such a regime a higher R1 relaxation rate indicates a less flexible structural conformation. As shown in Fig. 2*E*, the H50Q substitution caused a substantial decrease of the R1 values for residues from 124–136 in comparison to those in α Syn. Thus, the C-terminal region of α Syn(H50Q) is more flexible than that of α Syn.

We then asked whether other PD-causing α Syn mutants including α Syn(A30P), α Syn(E46K), and α Syn(A53T) affected the conformation of the C-terminal region in the same way as the H50Q substitution. It is somewhat surprising that none of these three α Syn mutants caused significant chemical shifts

of the C-terminal residues (data not shown). A previous study has also shown that α Syn(A30P) and α Syn(A53T) did not result in any change in the R1 and R2 relaxation rates in the C-terminal region (44). These results indicate that PD-causing α Syn mutants have different effects on α Syn conformations.

The H50Q Substitution Accelerates α Syn(DYE/A) Aggregation—To examine whether mutating the C-terminal residues that experienced the largest chemical shift changes induced by the H50Q substitution could disrupt H50Q-induced conformational changes, we produced a α Syn mutant in which Asp-135, Tyr-136, and Glu-137 were all mutated to an alanine, referred to as α Syn(DYE/A). In addition, we had also made α Syn(DYE/A) bearing the H50Q substitution, referred to as α Syn(H50Q, DYE/A). Both proteins predominantly adopted a random coil conformation in PBS as demonstrated by far-UV CD spectroscopic analyses (Fig. 3*A*). Comparing HSQC spectra of α Syn(DYE/A) and α Syn(H50Q, DYE/A) revealed that the H50Q substitution did not cause chemical shift changes of the C-terminal residues in α Syn(H50Q, DYE/A) (Fig. 3*B*). Thus, amino acids 135–137 are important for H50Q-induced chemical shift perturbations in the C-terminal region.

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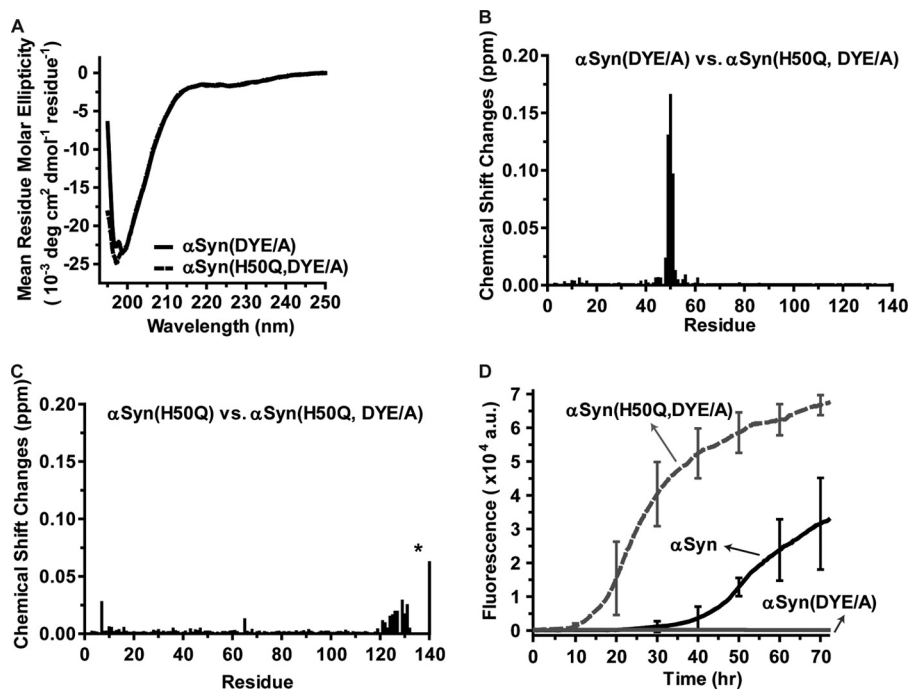


FIGURE 3. **The H50Q substitution promotes aggregation of the α Syn(DYE/A) mutant.** A, far-UV CD spectrum of 20 μ M α Syn(DYE/A) (solid line) or α Syn(H50Q, DYE/A) (dashed line) in pH 7.4 PBS buffer. B, relative chemical shift changes of α Syn(DYE/A) versus α Syn(H50Q, DYE/A) based on the ^1H , ^{15}N HSQC spectrum of each protein (spectra not shown). C, relative chemical shift changes of α Syn(H50Q) versus α Syn(H50Q, DYE/A) based on the ^1H , ^{15}N HSQC spectrum of each protein (spectra not shown). D, thioflavin T binding assays for monitoring α Syn, α Syn(DYE/A), or α Syn(H50Q, DYE/A) aggregation. Representative error bars at every 10-h time point represent mean \pm S.D. of four assays. a.u., arbitrary units.

Because the H50Q substitution caused significant chemical shift changes of Asp-135, Tyr-136, and Glu-137 (Fig. 2D), we then examined if mutating these residues alters the chemical environment of Gln-50 by comparing the HSQC spectra of α Syn(Gln-50) and α Syn(Gln-50, DYE/A). As shown in Fig. 3C, the DYE/A substitutions did not induce obvious chemical shift change of Gln-50, indicating that the DYE/A substitutions have no effect on the chemical environment of Gln-50.

We next examined the aggregation propensity of these mutants using the *in vitro* thioflavin T binding assay. α Syn(DYE/A) significantly inhibited α Syn aggregation (Fig. 3D), similar to previous studies in which the Y136A substitution was found to inhibit α Syn aggregation *in vitro* (45, 46). Interestingly, the H50Q substitution was able to promote aggregation of α Syn(DYE/A) (Fig. 3D), indicating that the H50Q substitution plays a dominant role in promoting α Syn aggregation.

The H50R Substitution Suppresses α Syn Aggregation—His-50 is the only histidine residue in α Syn. Free histidine has a pK_a of ~ 6.0 , and it carries a partial positive charge at neutral pH. We wondered whether the partial positive charge carried by His-50 has an influence on the structure and aggregation of α Syn. To investigate this we substituted His-50 with Ala, Asp, or Arg in addition to the examined Gln. Far-UV CD spectra show that these three substitutions had a minimal absorption at 198 nm (Fig. 4A), indicating that these proteins primarily adopt a random coil conformation in PBS buffer. We next purified ^{15}N -labeled proteins for HSQC experiments. Unlike the H50Q substitution (Fig. 2D), none of these three mutants caused chemical shift perturbations in the C-terminal region compared with wild type α Syn (Fig. 4, B–D). Together, the C-terminal conformational changes are likely unique to the H50Q substitution.

We next evaluated the effect of these His-50 substitutions on α Syn aggregation using the *in vitro* thioflavin T binding assay. Both the H50A and H50D substitutions accelerated α Syn aggregation as their aggregation curves had much shorter lag phases than that of α Syn. In striking contrast, the H50R substitution greatly suppressed α Syn aggregation (Fig. 4E). Thus, substitution of His-50 with a positively charged arginine inhibits α Syn aggregation.

DISCUSSION

In this report we characterized the newly identified PD-causing α Syn mutant bearing the H50Q substitution. Our results show that the H50Q substitution significantly accelerated α Syn aggregation as monitored by *in vitro* thioflavin T binding assays. Using NMR HSQC experiments, we found that the H50Q substitution caused conformational changes on the extreme C terminus of α Syn and increased the flexibility of this region. In contrast, none of the other examined substitutions on His-50 including H50A, H50D, and H50R or other PD-causing α Syn mutants including A30P, E46K, or A53T had detectable conformational changes on the C-terminal region in HSQC experiments. Because all of these α Syn mutants adopted a random coil conformation in aqueous buffer, our results suggest that the H50Q substitution causes long range tertiary interactions with the C-terminal region. Using NMR paramagnetic relaxation enhancement experiments, several studies have suggested that α Syn has tertiary structures mediated by long range interactions between the C-terminal region and the N-terminal and the non- β component regions (27–29). Although features of these long range tertiary interactions have not been defined, PD-causing α Syn mutants A30P and A53T

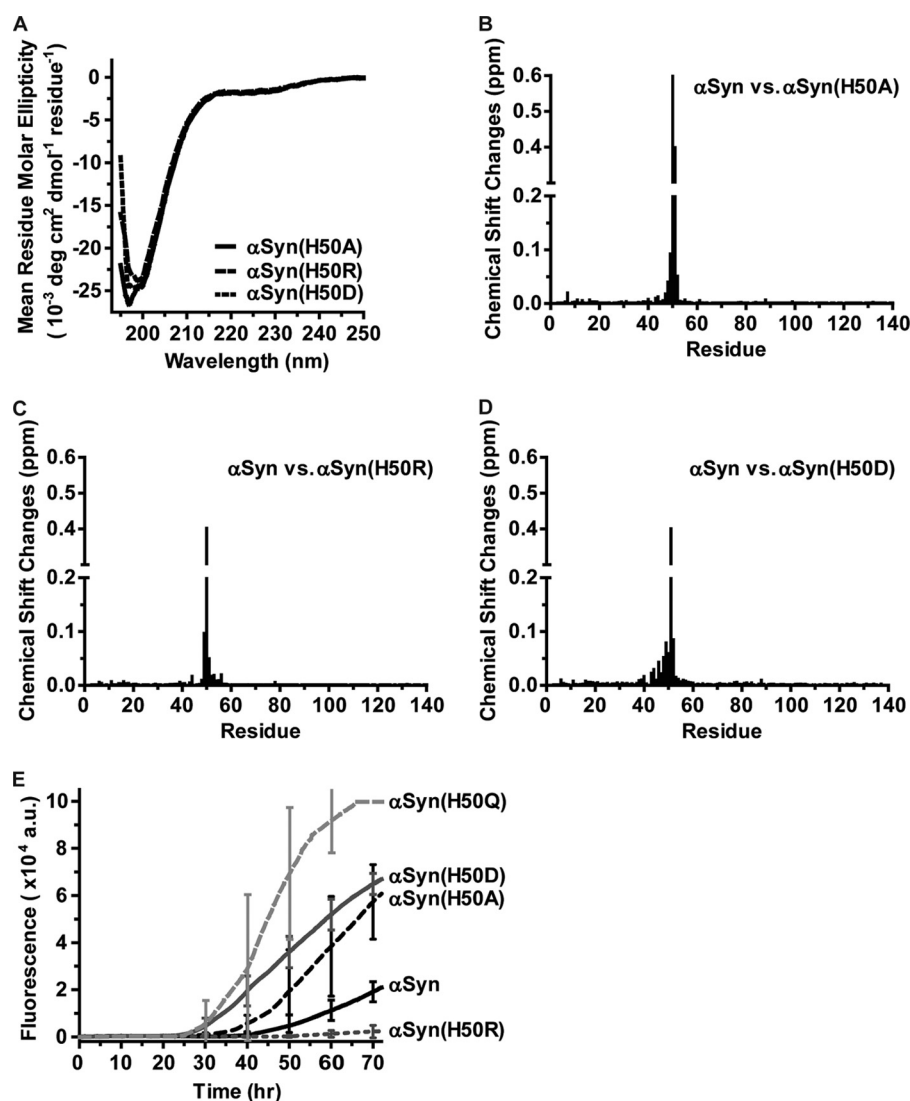


FIGURE 4. **The H50R substitution suppresses α Syn aggregation *in vitro*.** A, far-UV CD spectrum of 20 μ M α Syn(H50A) (solid line), α Syn(H50R) (long dashed line), or α Syn(H50D) (short dashed line) in pH 7.4 PBS buffer. B–D, chemical shift changes of α Syn versus α Syn(H50A) (B), α Syn versus α Syn(H50R) (C), or α Syn versus α Syn(H50D) (D) based on the ^1H , ^{15}N HSQC spectrum of each protein (spectra not shown). E, thioflavin T binding assays for monitoring α Syn, α Syn(H50Q), α Syn(H50A), α Syn(H50R), or α Syn(H50D) aggregation. Representative error bars at every 10-h time point represent the mean \pm S.D. of four assays. a.u., arbitrary units.

reduce, whereas E46K enhances these interactions (36, 47). Our results show that the H50Q substitution can directly induce a conformational change on the C-terminal region and increase the flexibility of this region.

While our manuscript was under preparation, Maji and co-workers (48) reported their study of α Syn(H50Q). They also found that the H50Q substitution promotes α Syn aggregation. In contrast to our finding that the H50Q substitution caused significant C-terminal conformational changes, Maji and co-workers (48) observed small chemical shift changes of the C-terminal residues using HSQC experiments. The discrepancy is likely caused by buffer pH. The C-terminal chemical shift changes observed in our HSQC experiments were recorded in pH 7.4 phosphate buffer, whereas in pH 5.8 phosphate buffer, similar to the pH 6.0 buffer used by Maji and co-workers (48), the chemical shift changes of the C-terminal residues induced by the H50Q substitution were completely diminished (data not shown). α Syn is a highly charged protein,

and its C-terminal region contains 15 negatively charged amino acids. Compared with neutral pH, a mild acidic pH could cause a profound effect on the physicochemical properties of α Syn, which might diminish the H50Q substitution-induced conformational changes on the C-terminal region.

It is unknown whether Gln-50 directly interacts with the C-terminal residues. In HSQC experiments, substituting Asp-135, Tyr-136, and Glu-137 with alanine abolished the C-terminal conformational changes induced by the H50Q substitution (Fig. 3B). However, mutating these three residues did not cause a substantial chemical shift of Gln-50 (Fig. 3C). One potential interpretation is that Gln-50 does not directly interact with the C-terminal residues. Another possibility is that the C-terminal mutations do not alter the sampling of the folded conformations to the same degree as the H50Q substitution. Elaborating, because α Syn has been shown to exchange rapidly between a primarily unfolded state to a partially folded state (27), the observed chemical shifts are a weighted average between these

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two states ($d = \text{Pu}\delta u + \text{Pf}\delta f$, where Pu, Pf and δu , δf represent the populations and chemical shifts of the unfolded and folded states, respectively). Thus, α Syn(H50Q) likely induces a larger detectable change than α Syn(DYE/A). Moreover, based on the increased C-terminal flexibility of α Syn(H50Q), as identified via the R1 relaxation studies above, we can predict that the folded state is significantly diminished. Further investigations are necessary to elucidate how the H50Q substitution causes conformational changes on the C-terminal region.

Interestingly, the DYE/A substitutions significantly inhibited α Syn aggregation *in vitro*. However, the H50Q substitution was still able to accelerate the aggregation of α Syn(DYE/A) despite not being able to induce the C-terminal conformational changes. Taking into account the H50A and H50D substitutions, neither of them caused C-terminal conformational changes in HSQC experiments, yet they promoted α Syn aggregation. Presumably, the C-terminal conformational changes detected in HSQC experiments are not necessary for the H50Q substitution-induced acceleration of α Syn aggregation.

In contrast to the aggregation-promoting effect of the H50A, H50Q, or H50D substitution, the H50R substitution inhibited α Syn aggregation *in vitro*. These results suggest that a partially positively charged His-50 at physiological pH protects α Syn from aggregation. Certainly, this implication can be strengthened by investigating if the H50K substitution inhibits α Syn aggregation *in vitro* as well and, more importantly, by determining if the H50R substitution suppresses α Syn aggregation and PD-like symptom-development in animal models when compared with overexpression of wild type α Syn or PD-causing α Syn mutants. How a positively charged His-50 plays a role in suppressing α Syn aggregation is unknown. A potential mechanism is that a positively charged His-50 can enhance the intramolecular interactions between the C-terminal acidic region and the middle region, which could shield the hydrophobic non- β component region to prevent aggregation (27).

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