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Non-viral nanocarriers for siRNA delivery in breast cancer

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Abstract

Breast cancer is the most frequently diagnosed malignancy in American women. While significant progress has been made in development of modern diagnostic tools and surgical treatments, only marginal improvements have been achieved with relapsed metastatic breast cancer. Small interfering RNAs (siRNAs) mediate gene silencing of a target protein by disrupting messenger RNAs in an efficient and sequence-specific manner. One application of this technology is the knockdown of genes responsible for tumorigenesis, including those driving oncogenesis, survival, proliferation and death of cells, angiogenesis, invasion and metastasis, and resistance to treatment. Non-viral nanocarriers have attracted attention based on their potential for targeted delivery of siRNA and efficient gene silencing without toxicity. Here, we review promising, non-viral delivery strategies employing liposomes, nanoparticles and inorganic materials in breast cancer.

Keywords

Breast cancer; Small interfering RNAs (siRNAs); Target genes; Non-viral nanocarriers

1. Introduction

1.1 Challenges in breast cancer treatment

Breast cancer is the most commonly diagnosed malignancy in American women with an estimated 39510 fatalities per year, accounting for 14 % of all cancer deaths [1]. Most of these fatalities can be attributed to metastatic spread of aggressive forms of breast cancer. Frequent sites of distant breast cancer relapse include the livers, pleural membranes, lungs, lymph nodes and brain with a median time of survival of 2.2 to 0.5 years, depending on subtype [2].

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Anthracyclines and taxanes have shown promising results against breast cancer. Shortcomings of conventional chemotherapy include (1) severe side effects due to lack of targeting. For example, combined treatment with adriamycin, cyclophosphamide and paclitaxel (ACP group) frequently induces peripheral neuropathy [3]. Paclitaxel kills without distinguishing carcinoma cells from normal cells; (2) conventional chemotherapy relies on excipients to solubilize the drugs, failing to promote specific accumulation of drugs within the tumor to enhance bioavailability. Trastuzumab (Herceptin®), approved in 1998 for the treatment of human epidermal growth factor receptor 2 (HER2)-positive breast cancer, opened the door to the application of specific targeting molecules to improve the effectiveness of treatment [4,5]. The discovery of candidate molecular, therapeutic targets led to a focus on RNA interference via small interfering RNA (siRNA) and small non-coding microRNA. This paper will focus only on siRNA (for a microRNA review see [6]).

1.2 Therapeutic potential of gene silencing by siRNA

siRNAs are double-stranded RNA molecules with each strand composed of 21–23 nucleotides, 7.5 nm long and 2 nm in diameter [7]. siRNA is synthesized and incorporated into an RNA-induced silencing complex (RISC) and then cleaved into a single sense strand and an antisense strand within the RISC. The activated RISC hybridizes specifically with its complementary mRNA target and triggers its degradation by Argonaute 2, depleting the cell of the gene product and its biological functions. Since the first report of its ability to induce homology-dependent mRNA degradation [8] and award of the 2006 Nobel Prize, it has aroused great interest in the potential to knock out expression of disease-causing genes. Advantages of siRNA over other small molecule drugs include its high degree of specificity, capacity to inhibit nearly any target of interest, and simple and rapid design, synthesis and purification [9].

siRNA has shown promising results as a therapeutic agent for brain injury, infection, cancer, HIV, diabetes and neurodegenerative disorders [10–12]. For example, a single intracerebroventricular injection of a new type of naked siRNA, Accell siRNA, leads to neuron-specific protein knockdown in the adult rat brain [13]. After *in vivo* delivery, Accell siRNA can be targeted with 97 % efficiency to inhibit the expression of two well-known reference proteins, glyceraldehyde 3-phosphate dehydrogenase and cyclophilin-B. A number of nanoparticle formulations have also been reported to deliver siRNAs suitable for treatment of neurodegenerative conditions. Low toxicity/high biocompatibility layered double hydroxide nanoparticles internalized by clathrin-dependent endocytosis in neuron cell bodies and dendrites have been used to deliver siRNA to silence neuronal gene expression for the treatment of Huntington's disease [14].

siRNA-based therapies have been effectively applied in the treatment of cancer. Kobayashi et al. used siRNAs to target galectin-3, a multifunctional member of the β -galactoside-binding protein family, to reduce cellular migration and invasion in an effort to improve pancreatic cancer prognosis and response to chemotherapy. [15]. Specifically, siRNA targeting the forkhead box protein M1 (FoxM1) [16], glioma-associated oncogene 1 (Gli1) [17], transforming growth factor beta (TGF β) and retinoic acid-inducible gene I (RIG-I) [18] were able to induce growth inhibition, epithelial-mesenchymal transition (EMT), and break

tumor-induced immunosuppression. The potential of siRNA-based therapy in the treatment of other cancers has been demonstrated [19–23].

Challenges remain in the delivery of siRNA for biomedical applications. Unintended reduction of “off-target” genes [24] may require chemical modification and rational siRNA design [25,26]. Another challenge is that siRNAs can potentially induce an unwanted innate immune response. Unless RNA-induced immunostimulation is controlled, genetic manipulation and immune activation can be confused [27]. Delivery of siRNA will also require versatile drug carriers to overcome multiple biological barriers [28]: (1) protect siRNA from degradation in the physiological milieu and evade elimination from the reticuloendothelial system (RES, liver sinusoids, the spleen and the alveolar beds of the lung). Carrier size and surface charge strongly influence clearance. Nanoparticles smaller than 100 nm in diameter are readily targeted to and retained within the tumor. Highly charged particles trigger complement activation, while near neutral particles exhibit reduced phagocytic uptake [29]; (2) allow the siRNA to cross the blood vessel wall. This will require the enhanced permeability and retention (EPR) effect and strategies to overcome unfavorable interstitial pressure within the tumor; (3) allow siRNA to be internalized by tumor cells. High molecular weight (around 13 kDa), negative charge and hydrophilic properties prevent siRNA from entering cells by passive diffusion [30]. The promising choice to promote cell entry of siRNA is to package it into cationic carriers. A number of targeting moieties, such as small molecules, single-chain monoclonal antibodies and receptors could also be used to mediate endocytosis [31]; (4) allow release siRNA into the cytoplasm. Several strategies have been explored to facilitate cargo escape from the endosomes to reach the cytoplasm. Destabilizing endosomal membranes, induced endosomal swelling and lysis by the proton sponge effect and use of lipid-substituted cationic polymers are possible strategies [32]. Overall, delivery systems are needed to efficiently introduce siRNA into the cytoplasm of specific target cells while avoiding off-target gene silencing.

This review (1) briefly summarizes the current status of siRNA in the treatment of breast cancer and (2) highlights recent development of liposome, nanoparticle and inorganic materials-based non-viral nanocarriers for siRNA delivery as a means to circumvent the biological barriers to siRNA delivery described above.

2. siRNA for breast cancer therapy

siRNA has advantages over small molecule drugs based on its specificity to inhibit target gene expression in the cytoplasm with low toxicity [33], providing an efficient way to silence the expression of many oncogenes.

Molecular alterations involved in oncogenesis, survival, proliferation and death of cells, angiogenesis, invasion and metastasis, and resistance to treatment have been characterized in breast cancer. The detail of genes involved is beyond the scope of this review and selective examples are discussed here (Table 1).

2.1 Oncogenesis

About 80 genetic mutations can be found in an individual breast tumor, among which a dozen are thought to be actively driving oncogenesis. Key genes have been identified by screening siRNA/small hairpin RNA libraries [67,68]. The oncogene usually mentioned in literature of breast cancer like v-myc myelocytomatosis viral oncogene homolog (c-Myc), murine double minute clone 2 (MDM2) and FoxM1 [69,70]. CCNE2 and MTDH are reported to be associated with metastatic recurrence and poor prognosis [71]. There is a unique spectrum of gene mutations for each patient; therefore the pool of mutant genes is extremely large. The specific targeting capability of siRNA makes personalized treatment for each patient a realistic possibility based on a profile of individual genetic and epigenetic changes [28].

2.2 Cell cycle and proliferation

Silencing of specific genes involved in cell cycle regulation can arrest cell division. E2F3 is a transcriptional activator which promotes cell cycle progression due to its overexpression in many bladder, lung and prostate cancers [72, reference for RT-PCR and westerns]. siRNA against E2F3 has been shown to block its expression significantly and is a potential therapeutic target in the treatment of breast cancer [38].

Akt1, 2 and 3 each exhibit a specific pattern of subcellular localization (the cytoplasm, mitochondria and nucleus, respectively). Akt2-specific siRNA has been used in MDA-MB-231 breast cancer cells to show that Akt2 specifically activates the p70S6K signaling pathway. siRNA silencing of Akt2 expression resulted in cell cycle arrest in G0/G1 due to cyclin-dependent kinase 2 (Cdk2) and cyclin D downregulation. When combined with peroxisome proliferator-activated receptor c coactivator-1 α (PGC-1 α) upregulation, ablation of Akt2 expression results in an increase in mitochondrial volume [39].

2.3 Cell death and survival

Cell death and survival pathways play an important role in cancer progression [4]. Inhibitor of apoptosis proteins (IAP³) can directly bind to caspases and block apoptosis. One family member, survivin, has multiple functions including cytoprotection, cell death inhibition, and cell cycle regulation, all of which favor cancer cell survival. Therefore, survivin may be a potential target for anticancer therapy due to its higher levels of expression in carcinoma cells, inhibition of a default apoptotic cascade initiated in mitosis [73] and its relation to angiogenesis [52].

Most drugs become less effective in advanced cancer due to development of drug resistance [74]. MDA435 and MDA231 cells made resistant by chronic exposure to doxorubicin have upregulated expression of Bcl-2, survivin, NF κ B and Mcl-1. Treatment of tumor-bearing animals with siRNA against Mcl-1 reduces tumor volume significantly. When siRNA for silencing Ribosomal Protein S6 Kinase was co-delivered, the anti-tumor effect was enhanced in the absence of chemotherapy at the low injection dose of 1.5 μ g per mouse for intratumoral delivery and 10 μ g per mouse for intraperitoneal injections [49].

2.4 Angiogenesis

New blood vessels are essential to support tumor growth beyond a minimal size. An angiogenic switch is thought to be controlled by a balance between pro- and antiangiogenic molecules in the solid tumor microenvironment [75]. When the switch favors angiogenesis, the tumor adopts a phenotype that facilitates the development of mature vessels. Neovascularization is required to supply oxygen and nutrients, remove waste metabolites and is also involved in tumor metastasis. As early as 1971, it was reported that targeting the tumor blood supply by inhibiting angiogenesis led to growth arrest at a diameter of only 2 mm [76,77]. Vascular endothelial growth factor (VEGF), platelet-derived growth factor (PDGF) and transforming growth factor- α (TGF- α) are upregulated in many tumors. Intratumor injection of chitosan/siRNA nanoplexes (siVEGF-A, siVEGFR-1, siVEGFR-2) along with NRP-1 into breast-tumor-bearing rats results in reduction in tumor volumes of up to 97 % [78].

2.5 Resistance to chemotherapy

ATP-binding cassette (ABC) transporters are the key component of the energy-dependent efflux system involved in the multidrug-resistant cancer phenotype [79]. The overexpression in breast cancer of an ABC transporter, P-glycoprotein, is a common mechanism behind a poor chemotherapy response. Silencing of the P-gp encoding gene leads to almost complete restoration of intracellular accumulation of doxorubicin [80,81]. A second type of ABC transporter is ABCG2 [82], reported to play an important role in resistance to many drugs, such as leflunomide and teriflunomide [83] and methotrexate and its metabolite [84]. Depending on the different characterization of polymers polyethyleneimine, the delivery of siRNA to down-regulate ABCG2 expression was different. This down-regulation was reported to sensitize the drug-resistant cells to the cytotoxic effects of mitoxantrone by 14-fold and the effect persisted for 14 days [85].

2.6 Invasion and metastasis

Metastasis causes most cancer deaths and can be described by two phases: (1) the physical translocation of a cancer cell to a distant organ; (2) the development of cancer cells into a secondary tumor at that distant site [86]. Stat3 is usually expressed at high levels in human breast cancers and can correlate with poor prognosis. An activated ErbB2 breast cancer animal model was used to study the role of Stat3 in tumor progression. Stat3 dramatically affected metastatic progression without altering tumor initiation [87].

Epithelial-mesenchymal transition (EMT) is a highly conserved and fundamental morphogenic process in multicellular organisms and is relevant to the first step in metastasis mentioned above. EMT is characterized by loss of an epithelial phenotype and acquisition of mesenchymal properties. ErbB3 is a member of the epidermal growth factor receptor (EGFR) family and is involved in cell differentiation, migration, proliferation and survival. Knockdown of ErbB3 and Smad2 by siRNA transfection in SK-BR-3 and MCF-7 cells inhibits EMT biomarker expression induced by HRG- β 1 [63].

3. Recent advances in non-viral delivery vectors for siRNA in the development of breast cancer therapy

Viral and non-viral delivery systems are used to deliver nucleic acid-based therapies. Viral vector features high gene transfer efficiency but safety concerns have limited their application. For this reason, effort has been focused on the development of non-viral vectors with improved safety and efficacy profiles. Liposome, nanoparticle, and inorganic materials-based vectors have been considered and studied for gene silencing applications.

3.1 Liposome based siRNA delivery

Liposomes and other commercially available transfection reagents like Lipofectamine® and Oligofectamine® have been used extensively for siRNA delivery. Liposomes, composed of an aqueous core enclosed within a phospholipid bilayer, are ideal for the loading of drugs with differing solubilities. Lipophilic agents would localize to the bilayer membrane while hydrophilic agents like genes and siRNA would be entrapped in the core. Long circulation lifetime and high levels of tumor cell uptake can be achieved by modulating the lipid composition, particle size and surface charge of liposomes. Incorporating a poly-(ethylene glycol) (PEG)-lipid conjugate within the lipid bilayer extends retention in circulation and reduces uptake by the mononuclear phagocyte system [88,89]. Specific ligands and antibodies can be conjugated to the lipid to enhance the specificity of targeted delivery [90,91]. Examples of liposomal siRNA delivery systems applied in breast cancer therapy are listed in Table 2.

3.1.1 Cationic liposomes—Cationic liposomes are extensively used for siRNA delivery as a means of protecting siRNA against enzymatic degradation, facilitating tumor cell uptake, and promoting escape from the endosomal compartment, resulting in effective cytoplasmic delivery. In fact, the most challenging part in siRNA delivery is how to get the siRNA out of the endosomes intactly, which requires both endosomes escape and sufficient de-assembling of the formulation. The overall endosome escape mechanism for liposomes delivery is shown in Fig. 1.

COX-2-specific siRNA has been encapsulated into DOTAP/DOPE/DOPE-PEG2000 (3:0.95:0.05 molar ratio) cationic liposomes along with MR contrast agents. These liposomes were internalized within 0.5 h and were detectable within the tumor for at least 24 h post-injection [64].

PEGylation stabilizes liposomes and prolongs their plasma circulation time [106]. Preparation of a cationic liposomal drug delivery system (DC-chol/DSPC/DSPE-PEG2000) features two PEGylation steps: pre- and post-siRNA insertion. The second PEGylation step significantly increased siRNA circulation by two fold compared with the single PEGylation step. This formulation could be used to downregulate luciferase mRNA expression by more than 50 % [97].

The well-established LPD (liposome-polycation-DNA complex) delivers siRNA efficiently to tumor cells with specific targeting ligands [94]. Optimized LPD was conjugated with anti-EGFR Fab' as the tumor specific antibody. The resulting targeted LPD possessed a small

size of about 150 nm and enhanced binding affinity, which led to improved gene silencing activity.

Specific peptides are potentially able to target liposomes to breast cancer tumors. The F3 peptide is specifically internalized by cancer cells and endothelial cells of the tumor vasculature. Sterically stabilized liposomes composed of DODAP/DSPC were modified by F3 peptide and were found to encapsulate, protect and effectively deliver siRNA to breast cancer cells and the tumor microenvironment [99].

Cationic liposomes have had only modest success as a delivery vehicle for siRNA, primarily due to issues with toxicity. Cationic liposomes interact with negatively-charged cellular components (opsonins, serum protein and enzymes) resulting in hemolysis [107]. Cationic lipids also activate the complement system and undergo rapid clearance by the MPS as in the case of DOTAP, taken up preferentially by the spleen and liver [108]. Hepatotoxicity and weight loss have also been observed in mice after systemic administration of cationic siRNA nanoparticles [109].

3.1.2 Anionic liposomes—Besides using any cationic lipids or polymers [110,111], divalent cations, such as calcium, have been used to prepare anionic lipid-siRNA complexes. The formulation composed of 4: 6 DOPG/DOPE, $1\mu\text{g}\cdot\text{mL}^{-1}$ lipid, 2.4 mM Ca^{2+} and 10 nM siRNA exhibited up to 70 % protein knockdown without cytotoxicity *in vitro*. DOPE facilitated endosomal escape of cargo while the positively charged calcium ions promoted complex formation between the anionic liposomes and negatively charged siRNA [102].

3.1.3 Neutral liposomes—Neutral liposomes have been developed with lower toxicity, longer circulation time, and reduced interaction with proteins in mind [112]. DOPC-based liposomes developed for PELP1 siRNA delivery have been shown to effectively downregulate target genes and reduce tumor size of estrogen receptor-positive xenograft-based breast tumors by 58.6 % [101].

3.2 Nanoparticle based siRNA delivery

Nanoparticles are solid particles with a diameter in the range of 10–1000 nm. They can improve the pharmacokinetic, pharmacodynamic, biodistribution and targeting of therapeutics. Particle size is the most important factor in nanoparticle delivery of siRNA. Diameters larger than 100 nm are preferentially recognized by the RES, leading to short half-life in circulation. 20–40 nm nanoparticles are better suited for siRNA delivery [113,114].

Like with liposome based delivery systems, cationic lipids are promising for their therapeutic potential as a transfection vector. Cationic ethylphosphatidylcholines (ePCs) are slowly metabolized and exhibit low toxicity. Dimyristoleoyl-ePC (C14) nanoparticles were complexed with GFP siRNA in MCF-7 cells and exhibited an efficacy exceeding that of Lipofectamine® RNAiMAX [115]. Another cationic lipid dimethyldioctadecylammonium (DDAB) was used to prepare cationic nanoparticles with heat-activated human serum albumin (HSA) as a coating material and D- α -tocopheryl polyethylene glycol 1000 succinate (TPGS) as a hydrophilic surfactant to increase transfection efficiency [116].

Cationic biodegradable and biocompatible polymers have been used for their ability to complex with negatively charged siRNA to form nanoparticles by electrostatic interaction. Polyethylenimine (PEI) is one of the most extensively used cationic polymers for siRNA delivery. It can be synthesized with different molecular weights, be linear or branched, and be substituted with various functionalized groups. By the “proton sponge effect”, PEIs have a buffering capability in the low pH environment of the endosome and finally release cargo into cytoplasm [117]. The higher the density of positively charged amino groups in PEI, the stronger the interaction with negatively charged phosphate groups of RNA and the stronger the protection of siRNA from degradation. However, PEI has been reported to induce necrosis or apoptosis. The toxicity of PEI tends to increase with higher molecular weight and increased branching [118]. Therefore, low molecular weight PEIs (<5 kDa) are supposed to have a more acceptable toxicity profile when compared with high molecular weight PEIs (>25 kDa). For more effective siRNA delivery, PEIs with low molecular weight were designed to be substituted with a range of fatty acids with varying chain length (from C8-C18). The resulting lipopolymers showed a significant capability for cellular delivery of BCRP-specific siRNA. The levels of siRNA uptake and protein down-regulation were generally higher with a higher level of lipid substitution [85]. The lipid-substituted polymer can also be used to co-deliver siRNA simultaneously, and the resulting nanoparticles showed a more potent response in drug-resistant breast cancer models ($p < 0.05$ vs. scrambled siRNA) [49].

Aside from lipid-substitution, the transfection problem with low molecular PEI can be addressed by conjugation between PEI and the neutral lipid DOPE. The resulting small micelle-like nanoparticles also had improved biocompatibility properties. This hybrid preparation carrying P-gp siRNA led to a twofold increase in doxorubicin uptake and an improvement in the therapeutic effects of doxorubicin on resistant cells [119,120].

A biodegradable triblock copolymer poly(ethylene glycol)-b-poly(ϵ -caprolactone)-b-poly(2-aminoethyl ethylene phosphate) (mPEG-b-PCL-b-PPEEA) were designed to self-assemble into micellar nanoparticles, with PCL as the hydrophobic core, PPEEA as the cationic shell and PEG as the hydrophilic corona. This micelleplex can simultaneously deliver Plk1 specific siRNA and paclitaxel into the same tumor cells both *in vitro* and *in vivo* and exhibited synergistic tumor suppression effect following systemic administration [34].

Lipid-polymer hybrid nanoparticles were also studied with chemoresistant breast cancer cells. Hydrophobic, hexadecylated PEI was complexed with siRNA and the complexes were then encapsulated by lipid components (tripalmitin, cholesterol, DSPE, DSPE-PEG) and coated with apolipoprotein. The resulting nanoparticles can efficiently serve as a megalin-targeting device for enhanced siRNA delivery [58].

Another class of nanoparticles based on biodegradable chitosan was developed for siRNA delivery [78]. Chitosan and its derivatives have been considered as a promising siRNA transporter with low toxicity, good biodegradability and biocompatibility. Low molecular weight chitosan condensed siRNA has the highest cell permeability in comparison with medium molecular weight chitosan and Lipofectamine®. Conjugating a phosphorylatable

short peptide with chitosan can promote intracellular siRNA unpacking in the cytoplasm and improve target gene silencing.

Fluorescent quantum dots (QDs) have been used to study the internalization behavior of nanoparticles. Chitosan nanoparticles with encapsulated quantum dots were synthesized for delivering HER2/neu siRNA. The presence of fluorescent quantum dots showed that the delivery of siRNA to SK-BR-3 breast cancer cells is specific with chitosan/QD nanoparticles [121].

Nanocapsules are also used as a non-viral nanoparticle-based delivery system. They are similar in construction and function to liposomes, which are self-assembled structures formed from amphiphilic block copolymers in aqueous solution, such as diblock polymer poly(1,2-butadiene)-b-poly(ethyleneoxide) (PB-PEO) [122], PEG- ϵ -caprolactone-malic acid (PEG-PCL/MA) [123].

An alternative strategy for *in vivo* siRNA delivery is direct conjugation of siRNA with specific targeting molecules for cellular delivery. In some studies, siRNA delivery was enhanced at the cellular level when siRNAs were administered as covalent conjugates with cell penetrating peptides (CPPs) [118]. CPPs are composed of short amino acid sequences that can complex with nucleic acids into nanoparticles and achieve efficient cellular uptake. The major CPPs studied include: penetratin, transportan, TAT, poly-arginine and amphipathic peptide [124,125]. A TAT-derived cell-penetrating peptide arginine-9 (R9) was chosen to carry siRNA against the connective tissue growth factor (CTGF) for breast cancer treatment [126]. PR39 can also deliver siRNA into cell cytoplasm by penetrating cell membranes rapidly for its proline and arginine rich composition [61].

3.3 Inorganic materials

3.3.1 Metallic oxide nanoparticles—Magnetic nanovectors for effective intracellular delivery of siRNA provide a safe alternative to the highly cationic vectors of PEI or PAMAM by using a penetrating peptide, poly-arginine (pArg), as a coating material. Amine terminated PEG-coated iron oxide nanoparticles with 12 nm core diameter were coated with PEI, pArg and polylysine (pLys). For MCF7/GFP⁺ cells, the pArg coating nanoparticles were the most efficient and least toxic when compared with the other two coating polymers [127].

Recently, hollow manganese oxide nanoparticles have been used as MRI contrast agents because of their suitable characteristics for cellular and molecular imaging application. Biomedical application, however, requires the surface of these nanoparticles to be modified in order to achieve good pharmacological properties. PEI-coated hollow manganese oxide nanoparticles were developed for HER2-overexpressing human breast cancer to target VEGF expression with siRNA. DOPA was utilized as a robust anchor for surface immobilization of PEI on the particles, and the particles were still functionalized by Herceptin. Herceptin-mediated targeting greatly increased intracellular delivery and the therapeutic effects of VEGF siRNA against the cancer cells [128].

3.3.2 Gold nanoparticles—Gold nanoparticles are ideal for cell imaging due to ease of preparation and bioconjugation, high contrast, large absorption coefficients and non-cytotoxicity. They can be tailored to a specific size and shape and can be modified with thiolated molecules to become gene carriers [129,130]. There are concerns that gold nanoparticles would exert concentration-dependent cytotoxicity and upregulation of mRNA expression of p53, caspase-3 and so on in human breast epithelial MCF-7 cells [131].

To construct siRNA delivery systems, poly(allylamine hydrochloride) (PAH), PEI and poly(diallyl dimethyl ammonium chloride) (PDDA), and siRNA were assembled on the surface of gold nanoparticles, respectively, by the ionic layer-by-layer method. After stabilization by denatured bovine serum albumin, the EGFR siRNA delivered by PAH-modified gold nanoparticles exhibited an improved silencing effect when compared to Lipofectamine 2000® [132].

3.3.3 Silica nanoparticles—Silica nanoparticles have been explored as a tumor-targeting delivery system. Aside from low immunogenicity and ability to be endocytosed by cells, silica nanoparticles can also control loading efficiency and release profile by adjusting surface area, pore volume and structure [133]. Porous silica nanoparticles, especially, possess a range of mesoporous structures. Well-functionalized silica nanoparticles have been harnessed as a potential biocompatible drug/gene delivery vehicle [134]. They have been functionalized with Herceptin®, targeting HER2, which is overexpressed in breast cancer [135]. To overcome chemotherapy resistance in breast cancer, 50 nm mesoporous silica nanoparticles have been functionalized with PEI-PEG copolymers to provide protected delivery of attached doxorubicin and P-gp siRNA to the tumor site. Up to 8 % of the injected dose was retained in the tumor and dual delivery by this particle could achieve synergistic inhibition of tumor growth [136]. The multistage vector (MSV) based on silicon particle is also developed comprising of nanoporous silicon microparticles (first-stage particles) loaded with drug-incorporated nanoparticles (second-stage particles). For example, liposomal-encapsulated, gene-specific ATM siRNA was loaded into porous silicon. Biweekly treatment of MSV/ATM suppressed ATM expression in tumor tissues, and consequently inhibited growth of MDA-MB-231 orthotopic tumor in nude mice [45].

3.3.4 Carbonate apatite nanoparticles—pH-sensitive carbonate apatite nanoparticles are getting attention because of their biodegradability and resemblance to body hard tissue components. Because of their high affinity interactions with siRNA and desirable size for endocytosis, carbonate apatite nanoparticles efficiently deliver siRNA into cells. With a fast dissolution profile in the acidic endosomal environment for efficient cargo release, carbonate apatite appears to be a promising tool for therapeutic delivery [137–139]. Carbonate apatite-mediated delivery of the siRNAs targeting ABCG2 and ABCB1 gene transcripts resulted in a robust increase in chemosensitivity of therapy resistant breast cancer cells [140]. Carbonate apatite also facilitates the intracellular delivery of c-ROS1 siRNA to sensitize MCF-7 breast cancer cells to cisplatin and paclitaxel, resulting in increased cell killing in comparison to chemotherapy drugs used alone [141].

3.3.5 Carbon nanotubes—Carbon nanotubes (CNTs) are cylindrical molecules composed of carbon atoms organized in thin graphite sheets of condensed benzene rings

rolled up into a seamless, hollow cylinder. CNTs are considered as potential nano drug delivery vectors due to prolonged circulation time, ease of crossing cell membranes, and translocation directly into the cytoplasm of target cells by an endocytosis-independent mechanism without inducing cell death [142,143]. Their distinctive length-to-diameter ratio and surface properties make them promising candidates as molecular transport systems [144]. CNTs are divided into four categories according to their diameter, length and presence of walls: (1) single-walled carbon nanotubes (SWCNTs), (2) double-walled carbon nanotubes, (3) triple-walled carbon nanotubes and (4) multi-walled carbon nanotubes. For many applications, it is necessary to tailor the outer surface of CNTs to take advantage of their unique properties. SWNTs with suitable size are potential anticancer drug carriers after being properly functionalized [145]. A novel strategy for chemically functionalized SWNTs involves nanotubes with a diameter of 0.8–1.2 nm and length of 100–1000 nm functionalized with DSPE-PEG-Amine and connected to MDM2 siRNA by disulfide bonds. These can be successfully introduced into breast carcinoma cells and inhibit proliferation by 44 % and induce apoptosis in 30 % of the tumor cells [69].

4. Future perspectives

Since siRNA offers advantages over traditional pharmaceutical drugs, breast cancer therapy will continue to benefit from the discovery of novel molecular targets. However, siRNA delivery remains a challenge, partly due to the instability of siRNA and its inability to cross cellular membranes. To realize the possible delivery siRNA based therapies, further research must focus on (1) specific target genes involved in tumorigenesis and progression of breast cancer plus rules governing siRNA effectiveness and selectivity; (2) Various non-viral nanocarriers have been reported to provide promising application in siRNA delivery *in vitro* and *in vivo*, such as liposomes, nanoparticles and inorganic materials. Although significant advancement has been made in the field of siRNA delivery, there is still a need to explore alternative effective strategies. The delivery system should be nontoxic, non-immunogenic, and sufficient for siRNA protection, to reach the target cell and facilitate cell uptake, to release siRNA into the cytoplasm to achieve gene silencing; (3) after injection of siRNA, pharmacokinetic profile and siRNA distribution in organs and tumors are not well investigated in many studies. Florescence and inorganic materials like gold, QDs and metallic oxide are used for *in situ* distribution analysis. The siRNA in the organ cells, tumor cells and stroma cells are not known. A suitable analytical method should be developed for detailed and accurate evaluation of siRNA delivery at varying time points and in different tissues.

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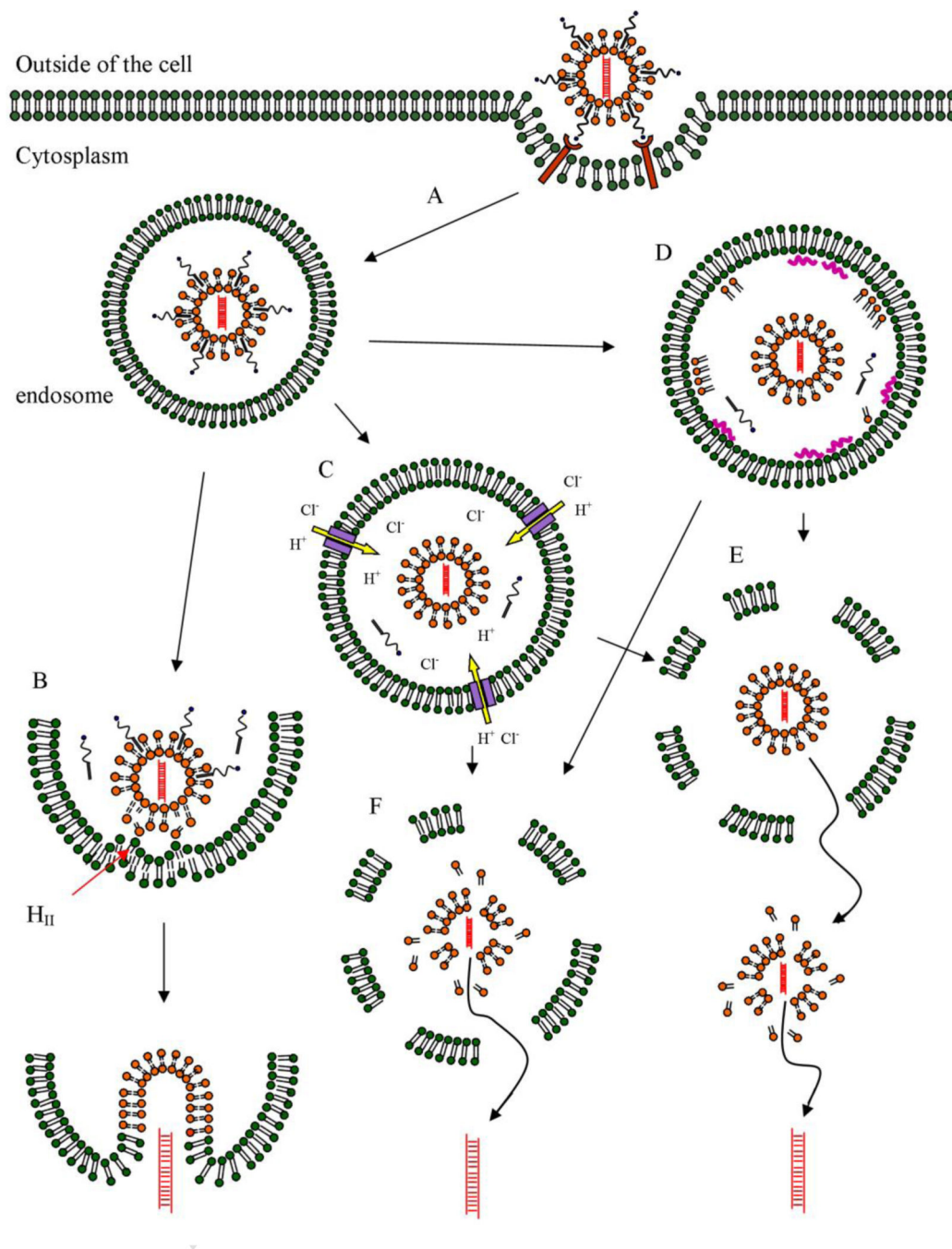


Fig. 1. Endosome escape in liposomes mediated siRNA delivery. A. Liposomes containing siRNA (shown as orange lipid bilayer and red siRNA) with PEG and targeting ligand on the tip (shown as blue circle) are taken up by target cell via receptor mediated endocytosis. B. The cationic lipid of the liposomes forms ion pairs with the anionic endosomal lipid (PEG molecules may leave the liposomes spontaneously or under appropriate design) and can further form the inverted hexagonal phase (H_{II}). This leads to the fusion of the liposomes with endosomal membrane and release the siRNA into cytoplasm. C. Liposomes containing

molecules having buffer capacity in endosomal pH range can trigger proton sponge effect that causes the influx of Cl^- and swelling of the endosome. D. Free highly positive charged molecules (shown with orange colored cationic lipid and purple colored PEI or oligo-arginine) can interact with anionic endosomal membrane and destabilize it by excluding water. E. Intact liposomes may escape from the ruptured endosome and de-assemble in the cytoplasm and release siRNA if the particle is not too large for the “holes” of the ruptured endosome. F. Liposomes may also de-assemble inside the endosome and directly release siRNA out of the ruptured endosome. Reproduced with permission from [105].

siRNA for breast cancer therapy in non-viral carriers

Table 1

Function	Selected target protein(s)	In vitro study	Tumor model	Total dose per mouse	# of inject	Other effects	Ref
Cell cycle and proliferation	Plk1	MDA-MB-435s	s.c.	3.791 mg·kg ⁻¹ (i.v.)	17	Induce apoptosis and inhibit proliferation	[34]
		MDA-MB-435s	orthotopic	140 µg (i.v.)	7	/	[35]
	ERα	MCF-7	orthotopic	1.32 mg·kg ⁻¹ (i.v.)	8	/	[36,37]
	E2F3	BT20, LY-2, <i>et al</i>	/	/	/	/	[38]
	Akt2	MDA-MB231	/	/	/	Increase the mitochondrial volume	[39]
	AAT	MDA-MB-231	/	/	/	/	[40]
	DNMTs	BT474	orthotopic	20 mg·kg ⁻¹ (i.v.)	10	Restore tumor suppressor gene expression	[41]
	RhoA/RhoC	MDA-MB-231	s.c.	595 nM (i.v.)	7	Cell metastasis	[42,43]
	Orai3	MCF-7	/	/	/	Cell survival and Ca ²⁺ entry	[44]
	ATM	MDA-MB-231	orthotopic	30 µg (i.v.)	2	Regulate DNA repair and cell cycle checkpoints	[45]
Cell death and survival	OPN	MDA-MB-231	s.c.	150 µg (intratumoral)	10	Inhibit angiogenesis	[46]
	HER2/neu	SK-BR-3, BT-474, MCF-7, and MDA-MB-468	/	/	/	/	[47]
	hPRLR	MCF-7	/	/	/	Down regulation of cyclin D1	[48]
	Mcl-1	MDA435WT MDA435R	s.c.	0.18 mg·kg ⁻¹ (intratumoral)	3	Reduce tumor volume co-delivered with RPS6KA5	[49]
	Bcl-2	N202.1A	/	/	/	/	[50]
	Survivin	MDA-MB-231	/	/	/	Block angiogenesis	[51,52]
	BORIS	MDA-MB-231	/	/	/	/	[53]
	VEGF	SK-BR-3	/	/	/	/	[54]
	ARNT2	MCF-7	/	/	/	Affect HIF-1-regulated metabolism	[55]
	53BP1	MCF-7, MDA-MB-231	/	/	/	Inhibit the invasion and metastasis	[56]
Chemosenitization	P-gp	MCF7/A	s.c.	8 mg·kg ⁻¹ (i.v.)	4	Efflux transporter	[57]
	Clusterin	MCF-7	/	/	/	/	[58]
	RPN2	MCF7-ADR	/	/	/	Reduce glycosylation of P-gp and decrease membrane localization	[59]
Tumor invasion and metastasis	PAI-1	MDA-MB-231	/	/	/	Play a role in Extracellular matrix remodeling and angiogenesis	[60]

Function	Selected target protein(s)	In vitro study	Tumor model	Total dose per mouse	# of inject	Other effects	Ref
	Stat3	4T1	/	/	/	cell proliferation, survival, tumor angiogenesis	[61]
	AnxA1	BLBC cells	/	/	/	EMT	[62]
	Smad2	SK-BR-3 and MCF7	/	/	/	EMT	[63]
	COX-2	MDA-MB-231	/	/	/	In vivo imaging	[64]
	Integrin $\alpha_5\beta_3$	MDA-MB-231	/	/	/	Increase cellular stiffness and cytoskeletal remodeling; Increase radiosensitivity	[65,66]

Abbreviations: Pk1: polo-like kinase 1; ER α : estrogen receptor alpha; E2F3: E2F transcription factor 3; Akt: serine/threonine-protein kinase; AAT: aspartate aminotransferase; DNMTs: DNA methyltransferases; RhoA/RhoC: Ras homologous A/Ras homologous C; Orai3: ORAI calcium release-activated calcium modulator 3; ATM: ataxia-telangiectasia mutated protein; OPN: Osteopontin; HER2/neu: human epidermal growth factor receptor 2; hPRLR: hormone/cytokines human prolactin receptor; Mcl-1: myeloid cell leukemia sequence 1; Bcl-2: B-cell lymphoma 2; BORIS: brother of the regulator of imprinted sites; VEGF: vascular endothelial growth factor; ARNT2: aryl hydrocarbon receptor nuclear translocator 2; 53BP1: p53-binding protein-1; P-gp: P-glycoprotein; RPN2: ribophorin II; PAL-1: Plasmidogen activator inhibitor type I; Stat3: signal transducer and activator of transcription-3; AnxA1: Annexin A1; Smad2: Sma and Mad related protein 2; COX-2: Cyclooxygenase-2; RPS6KA5: ribosomal protein S6 kinase; HIF: hypoxia-inducible factor; BLBC: basal-like breast cancer. s.c.: subcutaneous; i.v.: intravenous.

Table 2

Examples of lipids used in liposomal siRNA delivery systems for breast cancer therapy.

Type of lipid	Name of lipid	Targeting ligand	Target factor	Size (nm)	Animal model	Efficacy	Reference
Cationic lipids	CCLA	/	c-raf	110–120	MDA-MB-231 human breast xenograft tumors	73 % of tumor growth suppression	[92]
	DOTAP	phage protein pVIII cell-targeting peptide DMPGTVLP	PRDM14	105.9	/	44 % PRDM14 downregulation	[93]
	DOTMA	anti-EGFR Fab'	luciferase	150	MDA-MB-231 human breast xenograft tumors	20 % luciferase expression silencing	[94]
	DC-Chol	/	p53	/	a malignant human breast cancer cell line containing a p53 mutation xenograft tumors	>60 % tumor growth inhibition	[95]
	DOGS	/	HER2	130–150	/	1:1 molar ratio of DC-Chol/DOPE	[96]
	DODAP	F3 peptide	luciferase	/	MDA-MB435/LCC6 W-GFP/ luciferase cells xenograft tumor	>50 % luciferase mRNA downregulation	[97]
Neutral Lipids	DSPE-PEG2000	anti-HER2 Fab'	cyclin D1	120	/	/	[98]
	DOPC	/	PAI-1	248	/	91 % inhibition of expression of PAI-1	[60]
	DOPG/DOPE	/	eGFP	194.7–254.4	/	Downregulation of eGFP at the protein and mRNA levels	[99]
	DOPG/DOPE	/	HER1	130–150	/	85 % mRNA expression downregulation and 79.5 % cell invasion inhibition	[100]
	DOPG/DOPE	/	PELPI	/	xenograft tumor	58.6 % tumor growth inhibition	[101]
	DOPG/DOPE	/	eGFP	324	/	/	[102–104]

Abbreviation: CCLA: cationic cardiolipin analogue; DOTAP: 1,2-bis(oleoyloxy)-3-(trimethylammonio)propane; DOTMA: N-[1-(2,3-dioleoyloxy)propyl]-N,N,N-trimethylammonium chloride; DC-Chol: 3β-[N-(N',N'-dimethylaminoethane)-carbamoyl]cholesterol; DOGS: dioctadecylamidoglycylspermidine; DODAP: 1,2-dioleoyl-3-dimethylammonium-propane; DSPE-PEG2000: 1,2-distearoyl-sn-glycero-3-phosphoethanolamine [methoxy(polyethylene glyco)-2000]; DOPC: dioleoyl phosphatidylcholine; DOPG: dioleoyl phosphatidylglycerol; DOPE: 1,2-dioleoyl phosphatidylethanolamine; HER1: human epidermal growth factor receptor 1; anti-EGFR: anti-epidermal growth factor receptor; PRDM: proline rich domain proteins; PELPI: proline, glutamate and leucine rich protein 1; eGFP: enhanced green fluorescent protein.