



Published in final edited form as:

*Wiley Interdiscip Rev Nanomed Nanobiotechnol.* 2014 September ; 6(5): 496–505. doi:10.1002/wnan.1274.

## Stimulating antitumor immunity with nanoparticles

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### Abstract

A variety of strategies, have been applied to cancer treatment and the most recent one to become prominent is immunotherapy. This interest has been fostered by the demonstration that the immune system does recognize and often eliminate small tumors but tumors that become clinical problems block antitumor immune responses with immunosuppression orchestrated by the tumor cells. Methods to reverse this tumor-mediated immunosuppression will improve cancer immunotherapy outcomes. The immunostimulatory potential of nanoparticles (NPs), holds promise for cancer treatment. Phagocytes of various types are an important component of both immunosuppression and immunostimulation and phagocytes actively take up nanoparticles of various sorts, so NPs are a natural system to manipulate these key immune regulatory cells. NPs can be engineered with multiple useful therapeutic features, such as various payloads such as antigens and/or immunomodulatory agents including cytokines, ligands for immunostimulatory receptors or antagonists for immunosuppressive receptors. As more is learned about how tumors suppress antitumor immune responses the payload options expand further. Here we review multiple approaches to NP-based cancer therapies to modify the tumor microenvironment and stimulate innate and adaptive immune systems to obtain effective anti-tumor immune responses.

### Introduction

This review discusses the confluence of two rapidly developing areas of cancer therapy, nanoparticles (NPs) and tumor immunology. The ability to produce NPs in the range of large proteins or protein complexes and combine multiple entities into these NPs has opened

extensive new therapeutic possibilities for a variety of diseases, perhaps none more so than cancer. Currently, most clinically developed approaches depend on packaging clinically utilized chemotherapeutic agents in NPs and demonstrating improved efficacy in relation to toxicity<sup>1-3</sup>. While these reformulations of existing drugs for improved delivery are the first NP cancer therapies to have an impact in the clinic, they will likely be followed in the coming years by much more complex and regulatable drug delivery systems.

The second area of cancer therapy that is rapidly progressing is immunotherapy, encompassing approaches to manipulate the patient's immune system to attack the cancer. While this general approach is not new, the current sophisticated understanding of the immune system and the ability to assay immune changes in great detail has propelled this area into the forefront of current thinking about cancer therapy. Impressive clinical results on late stage patients that have failed prior therapies ensure the focus will remain on immunotherapy into the future. It is now clear that the immune system almost always can recognize and potentially attack tumors, despite their being so very similar to normal "self", but in clinically identified cancer the tumor develops immunosuppressive systems that manipulate the immune system and protect it against anti-tumor immunity<sup>4-6</sup>. The key to current immunotherapy strategies is modifying the tumor microenvironment such that the tumor-mediated immunosuppression is reduced, immune recognition of the tumor is supported and the immune system effectively attacks the tumor. There are many different immunotherapy strategies being developed and tested in preclinical and clinical models. It is quite likely that as the field matures the clinical approaches will combine multiple immunotherapy approaches, along with the current standard therapies of surgery, chemotherapy and radiation, in complex strategies to overcome the complex challenges of cancer treatment. One ingredient in the mix of immunotherapies will be NPs-based approaches. This review is designed to provide the nonimmunologist with the basic concepts and strategies in NP-based immunotherapy and an understanding of the current status of this field and its future potential.

## General Aspects of Nanoparticles

NPs are broadly defined as particles with a diameter of 10–200 nm and this scale entity has unique biological interaction potential. For scale appreciation, an immunoglobulin molecule is roughly 12 nm; the size of NPs ranges from individual proteins to large multiprotein complexes. The definition of NPs generally does not include individual proteins like immunoglobulins but rather focuses on artificially constructed multicomponent devices. Depending on a variety of NP and cell parameters, NPs can enter<sup>7</sup> and interact with cells in multiple ways<sup>8</sup>. NP uptake by cells and NP-cell interactions are affected by parameters such as particle size and shape, surface charge, surface modification, and hydrophobicity/hydrophilicity<sup>9-12</sup>. NPs can be engineered with a wide range of functional surface properties for utilization in a variety of biological tasks, including targeting immune cells to elicit innate and/or adaptive immune responses. This has led to the use of NPs in a variety of medical applications such as diagnostic devices, contrast agents, analytical tools, and drug delivery vehicles.

NPs utilized for therapeutic applications are composed of bioactive entities, such as small-molecule drugs, peptides, proteins, and nucleic acids, and the structural components (Fig. 1), such as lipids, polymers, metal, and carbon-based materials that serve as a variable platform. Together the “platform” and the “payload” formulate a nanocarrier delivery system. Additionally, surface-bound molecules can serve to help target the NPs to the desired cells (Fig. 1). NPs whose surfaces are not modified to prevent absorption of opsonins are generally ingested by phagocytic cells; thus, interaction with phagocytes is an inherent aspect of NP biology that must be considered for *in vivo* application and can be exploited in a variety of immunologically relevant ways. As noted, NPs are based on various inherently modifiable platforms and, therefore, can be tailored to manipulate specific biology, including immune biology. Immunostimulatory properties of NPs include stimulation of antigenicity, adjuvant activity, and inflammatory response.

The development of a variety of NPs over the last decade has led to developmental research in cancer therapeutics. Multiple nanotechnology approaches to treat cancer by awakening and strengthening the immune system are being intensively researched in preclinical models and clinical trials, and a limited number are already FDA-approved for some cancers. Applications of nanomaterials for immune-mediated cancer therapy are still generally preclinical, but the progress is substantial and serves as the basis for this review.

## **Nanoparticles loaded with tumor antigens can augment tumor-specific immune response**

The immune responses elicited by tumor antigens are often weak, both because the tumor antigens are in effect modified self antigens, and because the tumors mediate local immunosuppression. Tumors that become a clinical issue have invariably developed systems to suppress anti-tumor responses of the immune system, for example, by recruitment of immunosuppressive leukocytes. The “payload” of NPs can include tumor antigens and, since NPs are efficiently taken up by phagocytes that can present antigen to T cells, this can be an effective delivery system for tumor antigens in anti-tumor vaccines. If done properly, the NP can both deliver the tumor antigen and stimulate phagocytic cells to become activated and switch from an immunosuppressive cell, with poor antigen presentation, to an immunostimulatory antigen-presenting cell (APC). Support for this idea comes from reports that NPs can improve antigenicity/immunogenicity of conjugated weak antigens to augment immune responses toward such antigens<sup>13</sup>. Importantly NPs can stimulate responses by T cells, the central cell type in many anti-tumor immune responses (Fig. 2). For example, human mature dendritic cells (DCs) loaded with poly DL-lactide-co-glycolide NPs (PLGA-NPs) encapsulating “melanoma antigen recognized by T cells 1” (MART-1) generated greater cytotoxic activity of the tumor antigen-specific cytotoxic T lymphocytes (CTLs) than that induced by human DCs pulsed with free MART-1 peptide<sup>14</sup>. Also, liposomes loaded with the melanoma antigens gp100 and TRP-2 were taken up by dendritic cells in B16 melanoma-challenged mice and resulted in increased immunostimulatory cytokines, IFN- $\gamma$  and TNF- $\alpha$  in the tumor microenvironment, as well as increased CTL activity against B16 tumors<sup>15</sup>. This approach has been used in breast cancer as well, in which uptake of

Her-2/neu-decorated liposomes by APCs protected mice from challenge with Her-2/neu positive tumors<sup>16</sup>.

## Nanoparticles with adjuvant activity enhance antigen presentation

Effective anti-tumor immune response requires the activation of adaptive immunity and, in most vaccines, this is done by addition of an adjuvant. APCs, such as dendritic cells (DCs), are required for the activation of adaptive immune responses by presenting antigens to T cells. However, unless given a clear “danger” signal to mature and activate the APCs, tumor antigen presentation by APCs is ineffective and tumor-resident APCs mediate immunosuppression rather than immunostimulation<sup>17</sup>. A productive strategy is using NPs to modulate immunosuppressive APCs into immunostimulatory phenotypes in the tumor microenvironment by including adjuvants in the payload. Such an approach has the advantage that phagocytic APCs tend to ingest NPs preferentially as compared to other cells<sup>18</sup>. APCs express a broad variety of receptors that recognize pathogen-associated constituents, such as toll-like receptors (TLRs), and activation of such receptors are crucial for activating APCs and stimulating an effective adaptive immune response<sup>19</sup>. Signaling through TLRs activates APCs into cells that more efficiently process and present the antigens they carry and better stimulate antigen specific T cells, by expression of cytokines and costimulatory molecules (Fig. 3). Substances that activate TLRs or other “danger” signal receptors are used in vaccines as adjuvants to stimulate an innate immune response through which a more effective adaptive immune response is generated.

Some lipids used to generate NPs are directly immunostimulatory. Polyethylenimine (PEI) is a positively charged polymer that has been widely used to form liposome nanoparticles, and recent reports indicate that this cationic polymer has significant anti-tumor immune activity triggered by adjuvant activity due to activation of TLRs<sup>13,20,21</sup>. PEI is one of a family of organic polycations used as nucleic acid complexing/condensation reagents *in vitro* and *in vivo*, most of which have not been analyzed for TLR interaction. PEI by itself triggered robust TLR5 activation and encapsulation of immunostimulatory siRNA further stimulated APCs within the tumor microenvironment<sup>21</sup>. Administration of siRNA-PEI NPs to deliver siRNA targeting the immunosuppressive cell surface receptor PD-L1 induced knockdown of PD-L1 and changed the immunosuppressive phenotype of human and mouse ovarian cancer-associated DCs to an immunostimulatory phenotype that resulted in enhanced antigen presentation and increased numbers of tumor-reactive CD8<sup>+</sup> T cells in the tumor microenvironment, as well as improved survival in mouse models<sup>21</sup>. PEI-based NPs encapsulating antisense RNA against miR-155 effectively modified immunosuppressive cancer-associated DCs into immunostimulatory cells via reduced miR-155 and TLR5 activation, thus boosting anti-tumor immune responses<sup>22</sup>. PEI-complexed delivery of siRNA against essential oncogenes pleiotrophin (PTN) and HER-2/neu resulted in significant reduction of tumor growth in glioblastoma xenografts<sup>23</sup> and breast cancer models<sup>24</sup>. PEI is not the only NP generating polymer that stimulates TLRs. Use of polymethyl vinyl ether-co-maleic anhydride (PVMA)-coated NPs as an adjuvant also has been demonstrated to activate DCs through TLR2/4 stimulation<sup>25</sup>.

NP containing agonists that stimulate TLRs are effective in functional maturation of DCs and their ability to prime T cells<sup>19,26</sup>. Inclusion of TLR ligands on the surface of NPs gives pathogen-like properties to these particles that enable recognition by conventional pathogen-specific routes<sup>27</sup>. Such recognition stimulates pro-inflammatory signaling pathways<sup>28–30</sup>, which boosts response to antigens. TLR agonist-loaded NPs containing tumor antigens, consequently can induce stronger antigen-specific immune responses than similar amount of soluble antigens with or without adjuvants. For example, DCs exposed to PLGA-NPs containing antigens and TLR4 or TLR9 ligands induced greater immune response in comparison to DCs that were treated with soluble antigen alone or antigen and TLR ligands<sup>31</sup>.

These findings indicate that NPs engineered to include adjuvant activity have considerable potential for cancer immunotherapy. The adjuvant activity of NPs is thought to extend beyond direct stimulation of TLR or other pathogen receptors and to have contributions from repetitive antigen display, like the surface of a pathogen, a “depot effect” that is created by controlled, slow release of the antigen from the NPs, and antigen stabilization in the *in vivo* environment provided by insoluble NPs<sup>32–34</sup>. However, the contribution of these multiple mechanisms and potential of NP-mediated adjuvant activity in cancer immunotherapy are just being explored.

### Virus-like nanoparticles as a cancer immunotherapy platform

Viruses are essentially natural nanoparticles since they are in the proper size range and have a repetitive multicomponent nature. Virus-like particles (VLPs), a type of biological NPs, are self-assembling particles composed of one or several viral structural proteins but are non-infectious by lacking the viral genome. There are VLP vaccines that have already been approved by the FDA to prevent infection by viruses that cause cancer, such as VLP vaccines against human papilloma virus (HPV) that causes human cervical cancer, and a VLP vaccine that protects against hepatitis B virus (HBV) infection, which can lead to liver cancer. There is growing interest in using VLPs in vaccine technology against infectious disease or tumors since the VLPs not only can carry a “payload” but appear to be recognizable by the immune system as a pathogen and can activate APCs<sup>35</sup>. Like other NPs, VLPs also can be engineered to incorporate exogenous molecules, such as antigens, giving them potential value for immunotherapy, and as vaccines for a range of cancers and other diseases. For example, single dose vaccination with murine polyomavirus virus-like particles (MPyV-VLPs) containing VP2 and Her-2/neu stimulated anti-tumor immunity that inhibited the growth of a Her-2/neu-expressing tumor line in Balb/c mice<sup>36</sup>. Immunization with a VLP delivering murine Trop2, a cell surface glycoprotein overexpressed in pancreatic cancer, increased activation and tumor infiltration of T cells and significantly reduced tumor growth in a mouse pancreatic cancer model<sup>37</sup>. Taken together, these results support significant potential of VLPs for cancer immunotherapy, but as with many NP-mediated therapies, VLP technology for cancer treatment still needs to be validated and adopted clinically.

## Nanoparticles may induce immunostimulatory cytokine production

Clearly, each NP used in therapy must be evaluated for safety and there are significant concerns about potential safety problems with NP usage in humans. One issue with NPs for clinical use is that some NPs can trigger immunostimulatory responses mediated by the production of inflammatory cytokines (Fig. 2). Secretion of inflammatory cytokines has been shown for a variety of nanomaterials themselves including gold colloids, dendrimers, polymers, and lipid NPs, <sup>34,38–42</sup>. Nanoparticle size, surface charge and composition have been demonstrated to be important for immunostimulatory activity. For example, smaller NPs ranging from <40 to 50 nm have been shown to be very effective in stimulating both humoral immunity and MHC-I restricted CD8<sup>+</sup> T cell immunity <sup>38–40</sup>. Cationic liposomes have also been reported to better facilitate secretion of inflammatory cytokines such as TNF- $\alpha$ , IL-12, and IFN- $\gamma$ , and increase the expression of CD80/CD86 activation markers on the surface of DCs than anionic or neutral NPs <sup>9,43,44</sup>.

For most uses inflammation induction would be a negative side effect but that is not clear for tumor immunotherapy where it may be what is desired and has to be managed. Although inflammation induced by immunostimulatory NPs can cause tissue damage and other potential toxic effects, the immunostimulatory properties of NPs still support their potential application in cancer immunotherapy. For example, poly DL-lactic acid (PLA)-biodegradable NPs conjugated with anti-Neu/anti-CD40 antibodies mediated increased recognition of Neu-expressing tumor cells by APCs but not Neu<sup>-</sup> tumor cells <sup>45</sup>. Intratumoral injection of PLA-NPs conjugated with the anti-neu/anti-CD40 in subcutaneous Her2/neu<sup>+</sup> TUBO mammary tumor model also induced a strong pro-inflammatory response including significantly elevated levels of IL-6, IL-12, INF- $\gamma$ , and TNF- $\alpha$  and rejected the primary tumor or significantly delayed tumor growth. Mice that rejected the primary tumors also had protection against tumor rechallenge <sup>45</sup>. While immune-mediated toxicity is a potential side effect of any cancer immunotherapy, there is no reason to expect that such toxicity mediated by NP-based therapies will be worse or more difficult to control than similar challenges with other immunotherapies. Virtually every cancer therapy employed has to balance damage to tumors with damage to the normal tissues, so this is not a unique problem.

## Nanoparticles can serve as a platform for delivering cytokines or other immune mediators

NPs can provide a useful and multifunctional platform for delivering many therapeutic molecules for cancer treatment (Fig. 2). NP-mediated delivery of immune effector molecules, such as cytokines can extend circulatory half-life of molecules which in turn enables the use of reduced concentrations with less toxicities. IL-2 is systemically administered for treating some tumors, but has considerable toxicity <sup>46,47</sup>. Combination delivery of TGF- $\beta$  inhibitor and IL-2 encapsulated in a liposome, either intratumorally or intravenously, increased activation of CD8<sup>+</sup> T cells and natural killer (NK) cells and significantly delayed tumor growth without the adverse side effects observed generally in systemic IL-2 administration <sup>46</sup>. Delivery of IL-2 by liposome nanocomplex significantly enhanced therapeutic effect of IL-2 in a variety of other tumor models, including liver



cancer<sup>48</sup>, melanoma<sup>49</sup>, and lung cancer<sup>50</sup>. In all cases, liposomal NP-mediated IL-2 delivery increased half-life of IL-2 in circulation and reduced systemic toxicity by using lower doses than that of free IL-2, and resulted in significant reduction in tumor growth<sup>48–50</sup>. Liposomal IL-2 nanocomplexes also lead to increased infiltration of Gr-1<sup>+</sup> inflammatory cells and increased influx of CD3<sup>+</sup> T cells within the tumors<sup>49,50</sup>.

Utilizing NPs as a vehicle for delivery of immunostimulatory cytokines has been demonstrated with other NPs and cytokines, as well. Irradiated B16 melanoma cells supplemented with liposomal IFN- $\gamma$  induced protection against B16 challenge mediated by increased tumor-specific CTLs activity<sup>51</sup>. There are clinical trials ongoing whereby patients with metastatic melanoma and colon adenocarcinoma are infused with recombinant human TNF- $\alpha$  bound to colloidal gold NPs. Clinical use of TNF- $\alpha$ -gold NPs provided greater TNF- $\alpha$  accumulation in patient tumors as assessed by biopsy 24 hours post-infusion and resulted in massive vascular leakage in tumors<sup>52</sup>.

## Nanoparticle-mediated hyperthermia activates the immune system

Another area of interest for immune-mediated anti-tumor nanotechnology is the use of NPs that are dormant by themselves but can be activated using external energy sources. Metallic particles, such as iron-, silver-, and gold-based NPs, can be excited by external energy sources, such as an alternating magnetic field, infrared light, or radiofrequency electromagnetic field, and can produce heat *in vivo*<sup>53–55</sup>. Carbon nanotubes, which are non-metallic polymer-based NPs with good thermal properties can also generate heat following absorption of infrared radiation<sup>56,57</sup>. Direct administration of heatable NPs into the tumors and/or application of external energy sources specifically in tumors can induce nanoparticle-mediated local hyperthermia.

Properly applied hyperthermia is immunogenic. Cancer cells experiencing stress from hyperthermia induce heat shock proteins (HSPs) as a part of the defense mechanisms. HSPs released after heat-induced necrosis are immunostimulatory<sup>58</sup>. HSPs are known to activate APCs through TLR signaling pathways. For example, HSP70 bound to TLR2 and TLR4 on DCs resulted in increased production of inflammatory cytokines, such as TNF- $\alpha$ , IL-1 $\beta$ , and IL-12<sup>59,60</sup>. Several reports demonstrated that HSPs induced cross-presentation of cancer antigen to prime cytotoxic CD8<sup>+</sup> T cells and resulted in improved adaptive anti-tumor immune response<sup>61–64</sup>. Heat and HSPs can also effectively improve the immunogenicity of cancer cells. For example, HSP70 stimulated by hyperthermia (43°C for 1 hour) increased the expression of MHC class I antigen on rat T-9 glioma cells resulting in enhanced tumor recognition by CTLs<sup>65</sup>. Fever-range thermal stress (39.5°C for 6 hours) has also been demonstrated to increase tumor cell susceptibility to NK cells via increased expression of NK target molecule like MICA that is reported to have heat shock response elements in the promoter<sup>66</sup>. These results suggest that developing novel cancer treatment based on NP-mediated hyperthermia in combination with immunotherapy has potential to enhance anti-tumor immunity.

## Conclusion

The positive impact the immune system can have on treating cancer has not been fully developed and immunotherapy is not yet applied as a frontline strategy for treatment of most cancers (current exceptions are certain types of bladder cancer and kidney cancer). As doctors and scientists have learned about the role of the immune system in controlling cancer, immunotherapy has become an important part of cancer treatment research. NP-based cancer immunotherapy can contribute to cancer immunotherapy by providing useful features such as large payloads, accommodation of multiple targeting ligands, co-delivery of antigens and immunomodulatory agents, inherent adjuvant activity, preferential targeting of phagocytic immune cells, stability *in vitro* and *in vivo*, and sustained release of the therapeutic payload. Clinical results in cancer patients and reports in animal cancer models described in this review provide proof that NPs can have enhanced anti-cancer effects with reduced side effects owing to more specifically targeted localization in tumors via improved pharmacokinetics and pharmacodynamics and effective immunostimulation. However, current NP technologies require optimization before they may be utilized for broad use clinically. The success of NPs for cancer immunotherapy largely depends on the development of new and better targeting modalities to support preferential accumulation of NPs in tumors rather than other tissues.<sup>67</sup> Further challenges involve the obvious need to combine multiple therapies in the clinic and the complexities of determining optimal combinatorial strategies. Yet the application of NPs to treat cancer is actively being investigated and is producing exciting results. The work is still in progress and so far the clinical impact of nanotechnology on cancer immunotherapy remains in the exploratory stage. While our understanding of NPs therapeutic effects on the immune system improves, and emerging research holds great promise for cancer treatment, further mechanistic investigations of NP-mediated immunostimulatory effects are required to develop its true therapeutic potential.

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**Sidebar**

**Basic modes of nanoparticle mediated immune modulation**

**Preferred uptake by phagocytic antigen presenting cells**

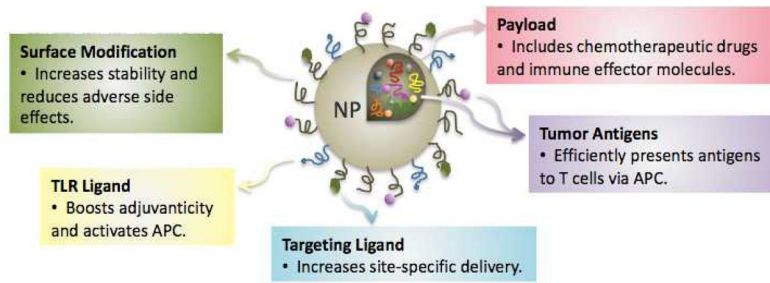
**Tumor antigen delivery and depots**

**NP platforms with Inherent immunostimulatory adjuvant activity**

**Viral-like particles**

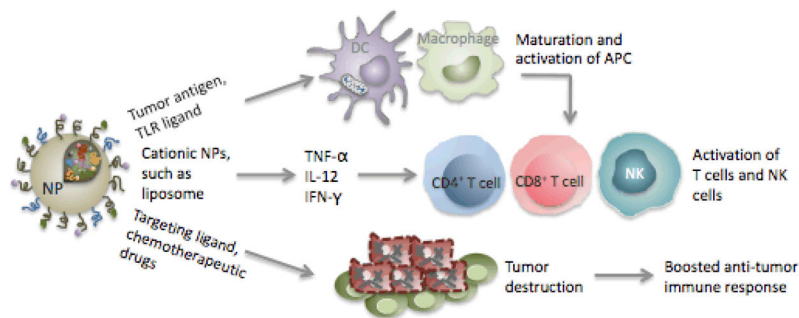
**Delivery of cytokines or chemokines**

**Targeted generation of local hyperthermia**



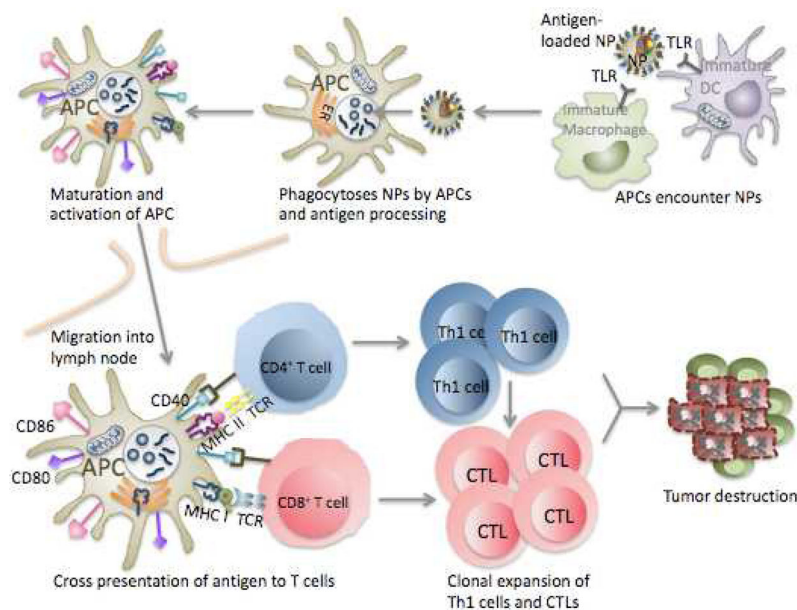
**Figure 1.** Schematic diagram of structure of nanoparticle platforms for therapeutic applications including surface modification, TLR ligands, targeting ligands, tumor antigen load, and payload composed of therapeutic entities. NP, nanoparticle; TLR, toll-like receptor





**Figure 2.**

Advantages of nanoparticles used as therapeutic regimens for cancer therapy. Use of NPs with potent adjuvant activity or TLR ligand-encapsulated NPs as a platform to efficiently deliver tumor antigen to APCs can generate optimal delivery of tumor antigen and full activation of APCs that result in an effective adaptive immune response. The immunostimulatory activity of NPs is capable of inducing secretion of inflammatory cytokines, such as TNF- $\alpha$ , IL-12, and IFN- $\gamma$ , which are crucial for stimulation of T cells and recruitment of NK cells. Inclusion of targeting ligands on the surface of NPs can cause selective destruction of tumor cells. NP-mediated delivery of chemotherapeutic drugs can offer effective drug delivery and controlled release, leading to enhanced safety and improved chemotherapy efficacy for tumor treatment. NP, nanoparticle; DC, dendritic cell; APC, antigen-presenting cell; NK, natural killer.



**Figure 3.**

Schematic overview of the immune response elicited by a therapeutic nanoparticle. NP uptake by immature APCs after encounter with NPs or TLR ligand-conjugated NPs entrapped with tumor antigens induces efficient delivery of antigen to APCs. Maturation and upregulation of co-stimulatory molecules CD80, CD86, and CD40 following antigen uptake and processing within APCs promotes their migration to lymph nodes where they can activate T cells. Cross presentation of tumor antigens through MHC class I and class II on APCs to CD8<sup>+</sup> or CD4<sup>+</sup> T cells, respectively, stimulates T cells. CD8<sup>+</sup> T cells undergo proliferation and differentiate into CTLs whereas CD4<sup>+</sup> T cells differentiate into T-helper 1 (Th1) cells that can enhance anti-tumor CTL immune response at the tumor site. CTLs can cause tumor destruction by direct lysis of tumor cells. NP, nanoparticle; APC, antigen-presenting cell; TLR, toll-like receptor; DC, dendritic cell; ER, endoplasmic reticulum; MHC, major histocompatibility complex; TCR, T cell receptor; CTL, cytotoxic T lymphocyte; Th1, T-helper 1.