

Rapamycin promotes Schwann cell migration and nerve growth factor secretion

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doi:10.4103/1673-5374.130101

http://www.nrronline.org/

Accepted: 2014-02-22

Abstract

Rapamycin, similar to FK506, can promote neural regeneration *in vitro*. We assumed that the mechanisms of action of rapamycin and FK506 in promoting peripheral nerve regeneration were similar. This study compared the effects of different concentrations of rapamycin and FK506 on Schwann cells and investigated effects and mechanisms of rapamycin on improving peripheral nerve regeneration. Results demonstrated that the lowest rapamycin concentration (1.53 nmol/L) more significantly promoted Schwann cell migration than the highest FK506 concentration (100 μ mol/L). Rapamycin promoted the secretion of nerve growth factors and upregulated growth-associated protein 43 expression in Schwann cells, but did not significantly affect Schwann cell proliferation. Therefore, rapamycin has potential application in peripheral nerve regeneration therapy.

Key Words: nerve regeneration; peripheral nerve injury; rapamycin; FK506; Schwann cell; cell migration; nerve growth factor; growth-associated protein 43; NSFC grant; neural regeneration

Funding: This work was supported by the Major State Basic Research Development Program of China (973 Program), No. 2011CB606205; the National Natural Science Foundation of China, No. 51172171 and 51103112; the Key Project of Chinese Ministry of Education, No. 313041; the Natural Science Foundation of Hubei Province, No. 2013CFB354; the Fundamental Research Funds for the Central Universities, No. WUT: 2013-IV-099.

Liu F, Zhang HW, Zhang KM, Wang XY, Li SP, Yin YX. Rapamycin promotes Schwann cell migration and nerve growth factor secretion. *Neural Regen Res.* 2014;9(6):602-609.

Introduction

The repair of peripheral nerve injuries is still a challenging task in neurosurgery. In the distal injured nerve, Schwann cells deprived of axonal contact proliferate, upregulate the synthesis and release of a variety of neurotrophic factors and basal lamina components that create an appropriate micro-environment for regenerating axons^[1-2]. Autologous nerve grafting is considered a gold standard for repairing large lesions in the peripheral nervous system^[3-5]. However, the donor site is partially degenerated and nerve grafting only restores limited function. Multiple surgeries are also required. Allografts have the same disadvantages as autografts, but they are also sometimes marked by tissue rejection following an immune response^[6].

The FKBP-12-binding ligand, FK506, has been successfully used to stimulate nerve regeneration and prevent the rejection of peripheral nerve allografts^[7-8]. FK506 possesses a well-studied neuroregenerative effect, stimulating neurite extension in the presence of nerve growth factor *in vitro*^[9], and enhancing nerve regeneration following nerve crush injury^[10] and isografting^[11]. However, the use of FK506 to stimulate nerve regeneration is limited because of the risk of renal failure^[12] and hypertension^[13], and its considerable cost. With long-term allografts, FK506 alone or combined

with other drugs reportedly cause life-threatening infections^[14-16].

Like FK506, rapamycin is an immunosuppressant and FKBP-12-binding ligand, and has a neuroregenerative effect *in vitro*^[17-20]. Rapamycin has been used in clinical trials to prevent allograft rejection and is approved by the US Food and Drug Administration^[13]. Rapamycin has lower nephrotoxicity, lower risk of hypertension, and less neoplastic potential than FK506^[21-22]. Rapamycin also plays an important role in composite tissue transplants^[23-24]. Rapamycin inhibits the mammalian target of rapamycin, induces autophagy, and reduces the toxicity of polyglutamine expansion in fly and mouse models of Huntington's disease^[25-26]. Rapamycin is neuroprotective in multiple models of Parkinson's disease, prevents cognitive deficits and reduces amyloid- β levels. Treatment with 25 nmol/L rapamycin protects neurons from degeneration in neuropathic mouse models by improving peripheral myelin protein 22 processing and increasing the number and length of myelin internodes as well as myelin expression^[27-28]. Lagoda et al.^[29] found that rapamycin has a neuroprotective effect in rat models of cavernous nerve injury. However, the neuroprotective effects of rapamycin and its other actions have not been comprehensively investigated.

Schwann cells are directly involved in peripheral nerve

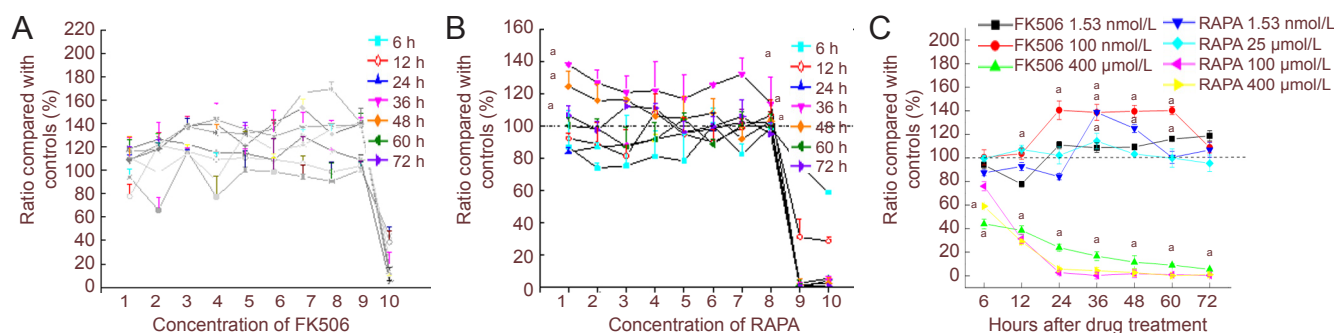


Figure 1 Effects of different concentrations of FK506 and rapamycin (RAPA) on Schwann cell growth at different time points in a 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay.

Effects of different concentrations of FK506 (A) and RAPA (B) on the growth of Schwann cells at different time points. 1–10 at X-axis: 1.53, 6.10, 24.4, 97.6, 390 nmol/L, 1.56, 6.25, 25, 100, 400 $\mu\text{mol/L}$; h: hours. (C) Comparison of the effects of FK506 and RAPA on Schwann cell growth. Data are expressed as mean \pm SEM from three separate experiments and are compared by one-way analysis of variance and Fisher's *post hoc* test. ^a $P < 0.05$, vs. control.

regeneration^[30-31]. Therefore, we used Schwann cells as a model to investigate a drug for improving the efficiency of peripheral nerve regeneration. This study investigated the comparative effects of different concentrations of rapamycin and FK506 on Schwann cells and the possible mechanisms of action of rapamycin.

Results

Effect of different concentrations of rapamycin/FK506 on Schwann cell growth

3-(4,5-Dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) results showed that the viability of Schwann cells in the 1.53 nmol/L–100 $\mu\text{mol/L}$ FK506 group increased from 12 to 60 hours. The viability of Schwann cells in the 400 $\mu\text{mol/L}$ FK506 group decreased with time, suggesting that 400 $\mu\text{mol/L}$ of FK506 was toxic to Schwann cells (Figure 1A). After treatment with different concentrations of rapamycin (from 1.53 nmol/L to 100 $\mu\text{mol/L}$), cell viability increased (by more than 100% compared with that of the control) after only 36 hours. After 36-hour treatment, rapamycin at 1.53 nmol/L optimally promoted cell viability ($P < 0.05$), but the effect was independent of dose (Figure 1B). Cell viability under 100 and 400 $\mu\text{mol/L}$ rapamycin decreased with time (lower than 100%, control used as 100%; $P < 0.05$, vs. control), which indicated that 100 and 400 $\mu\text{mol/L}$ rapamycin was cytotoxic (Figure 1C).

Effect of FK506 and rapamycin on the cell cycle of Schwann cells

Fluorescence-activated cell sorting analysis revealed that no significant difference in cell cycle distribution ratio and proliferation index of Schwann cells was found among different drug-dose groups ($P > 0.05$; Figure 2, Table 1).

Effect of FK506 and rapamycin on migration of Schwann cells

The different doses of FK506 and rapamycin improved Schwann cell migration speed compared with control ($P < 0.05$). Rapamycin optimally promoted Schwann cell migration at 1.53 nmol/L compared with the other groups ($P < 0.05$) and compared with control ($P < 0.01$; Figure 3).

Effects of FK506/rapamycin on nerve growth factor secretion from Schwann cells

Enzyme linked immunosorbent assay (ELISA) showed that the supernatant of Schwann cells treated with 1.53 nmol/L rapamycin had the highest nerve growth factor concentrations, followed by those treated with 100 $\mu\text{mol/L}$ FK506 (Figure 4).

Effects of FK506/rapamycin on extracellular signal-regulated kinase 1/2, phosphorylated extracellular signal-regulated kinase 1/2, and growth-associated protein 43 expression

Western blot results showed the expression of extracellular signal-regulated kinases and phosphorylated extracellular signal-regulated kinases did not differ significantly between groups ($P > 0.05$). The expression of growth-associated protein 43 was significantly downregulated by FK506 (100 $\mu\text{mol/L}$) and rapamycin (1.53 nmol/L and 25 $\mu\text{mol/L}$). Rapamycin at 1.53 nmol/L, the lowest dosage among all groups, maximally upregulated growth-associated protein 43 expression (Figure 5).

Discussion

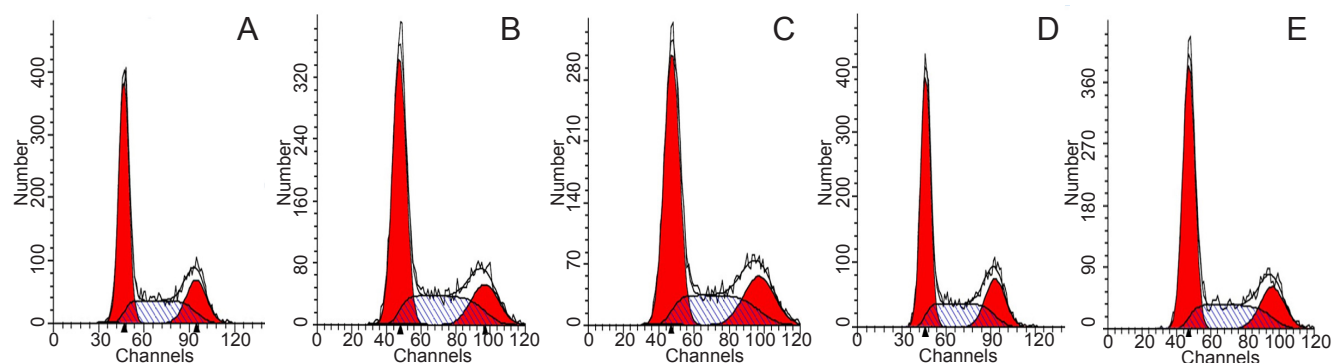
After peripheral nerve injury, Schwann cells migrate and secrete nerve growth factor and extracellular matrix, which prevents the death of damaged neurons and provides a crucial environment for axonal regeneration. The molecular mechanisms underlying the stimulating effects of FK506 on peripheral nerve regeneration have been reported^[32-33]. FKBP-12 binding and calcineurin inhibition can increase the phosphorylation of several substrates, such as growth-associated protein 43, which significantly affects neural plasticity and is highly expressed in regenerative growth cones^[34]. Non-immunosuppressant derivatives of FK506 do not inhibit calcineurin, but accelerate nerve regeneration. FK506 and rapamycin, similarly structured immunosuppressants with the same binding proteins, are different and their mechanisms of action are unclear^[35]. This study compared the effects of rapamycin and FK506 on Schwann cells and analyzed their possible mechanisms at the cellular level.

Based on literature and preliminary drug screening, we chose drug concentrations ranging from 1.53 nmol/L to

Table 1 Flow cytometry to determine the effects of FK506 and rapamycin on the cell cycle of Schwann cells

Group	Cell cycle distribution ratio (%)			
	G ₀ /G ₁	S	G ₂ /M	Proliferation index (%)
Control	52.40±1.26	27.44±2.01	20.16±0.94	65.61±2.03
FK506 1.53 nmol/L	55.41±1.32	26.91±1.21	17.68±0.18	61.01±3.97
FK506 100 μmol/L	53.96±1.23	29.39±1.12	16.65±0.12	65.21±2.29
Rapamycin 1.53 nmol/L	50.72±2.05	33.43±0.57	15.85±0.91	74.03±2.46
Rapamycin 25 μmol/L	52.77±0.86	28.17±1.03	19.07±0.07	65.75±3.39

Data are expressed as mean ± SEM and compared by one-way analysis of variance and Fisher's post *hoc test*. Each experiment was performed in triplicate.

**Figure 2** Effect of FK506 and rapamycin on cell cycle (flow cytometry).

(A) Control group; (B, C) FK506 1.53 nmol/L, 100 μmol/L groups; (D, E) rapamycin 25 μmol/L, 1.53 nmol/L groups.

400 μmol/L^[11, 14, 19]. FK506 improved Schwann cell viability within a certain concentration range (24–60 hours), and the effects were not dose-dependent. The optimal FK506 treatment doses were 6.25 and 25 μmol/L. Rapamycin did not reduce the proliferation and migration of fibroblasts^[36]. The influence of rapamycin on Schwann cell proliferation and migration remains unknown.

Low-dose rapamycin (1.53 nmol/L) promoted Schwann cell migration at least as much as 100 μmol/L (high-dose) FK506. ELISA indicated that 1.53 nmol/L rapamycin induced Schwann cells to secrete nerve growth factor more significantly than 100 μmol/L FK506. Western blot assay showed that 1.53 nmol/L rapamycin upregulated growth-associated protein 43 expression in Schwann cells more significantly compared with 100 μmol/L FK506. However, this rapamycin concentration did not significantly affect the expression of extracellular signal-regulated kinase 1/2 and phosphorylated extracellular signal-regulated kinase 1/2, which mediated neural cell proliferation and differentiation^[37]. Growth-associated protein 43 is a crucial component of axonal and pre-synaptic terminals and a major phosphoprotein. Growth-associated protein 43 was designated as a GAP, because its synthesis is upregulated during axonal regeneration^[38-39].

In damaged facial and sciatic nerves, regeneration is associated with an increase in growth-associated protein 43 mRNA levels in both spinal motor neurons and dorsal root ganglion neurons^[40]. It has been suggested that growth-associated protein 43 probably plays a key role in FK-506-induced neuroregeneration, since this drug massively increases the phosphorylation of this major neuronal phosphoprotein

implicated in neuronal growth^[41-42]. Rapamycin promotes autophagy by inhibiting mammalian target of rapamycin^[43]. Rapamycin-sensitive mammalian target of rapamycin activation mediates nerve growth factor-induced cell migration, with the latter being important for nerve regeneration and recovery^[44]. Nerve growth factor promotes Schwann cell migration^[45-48]. Growth-associated protein 43 downregulation significantly reduces cell migration^[49]. However, whether nerve growth factor secretion promotes cell migration by upregulating growth-associated protein 43 expression still warrants further investigation^[50]. The most important form of growth-associated protein 43 for elongation of growth cones is the growth-associated protein phosphorylated by environmental stimuli. Growth-associated protein 43 synthesis in sensory neurons appears to be regulated by nerve growth factor under normal conditions or immediately after axonal injury^[51]. Nerve growth factor also changes the intracellular localization of growth-associated protein 43^[52-53].

Few animal experiments have demonstrated that rapamycin activates autophagy and improves myelination in explant cultures from neuropathic mice and that it has a neuroprotective effect in a rat model of cavernous nerve injury. Thus, more *in vivo* tests, especially animal tests on peripheral nerve injury, are warranted to investigate further how rapamycin promotes nerve regeneration.

Low-dose rapamycin (1.53 nmol/L) promotes Schwann cell migration better than high-dose (100 μmol/L) FK506, because rapamycin induces Schwann cells to secrete nerve growth factor and express growth-associated protein 43. Thus, low-dose rapamycin is a potential therapeutic agent, because rapamycin

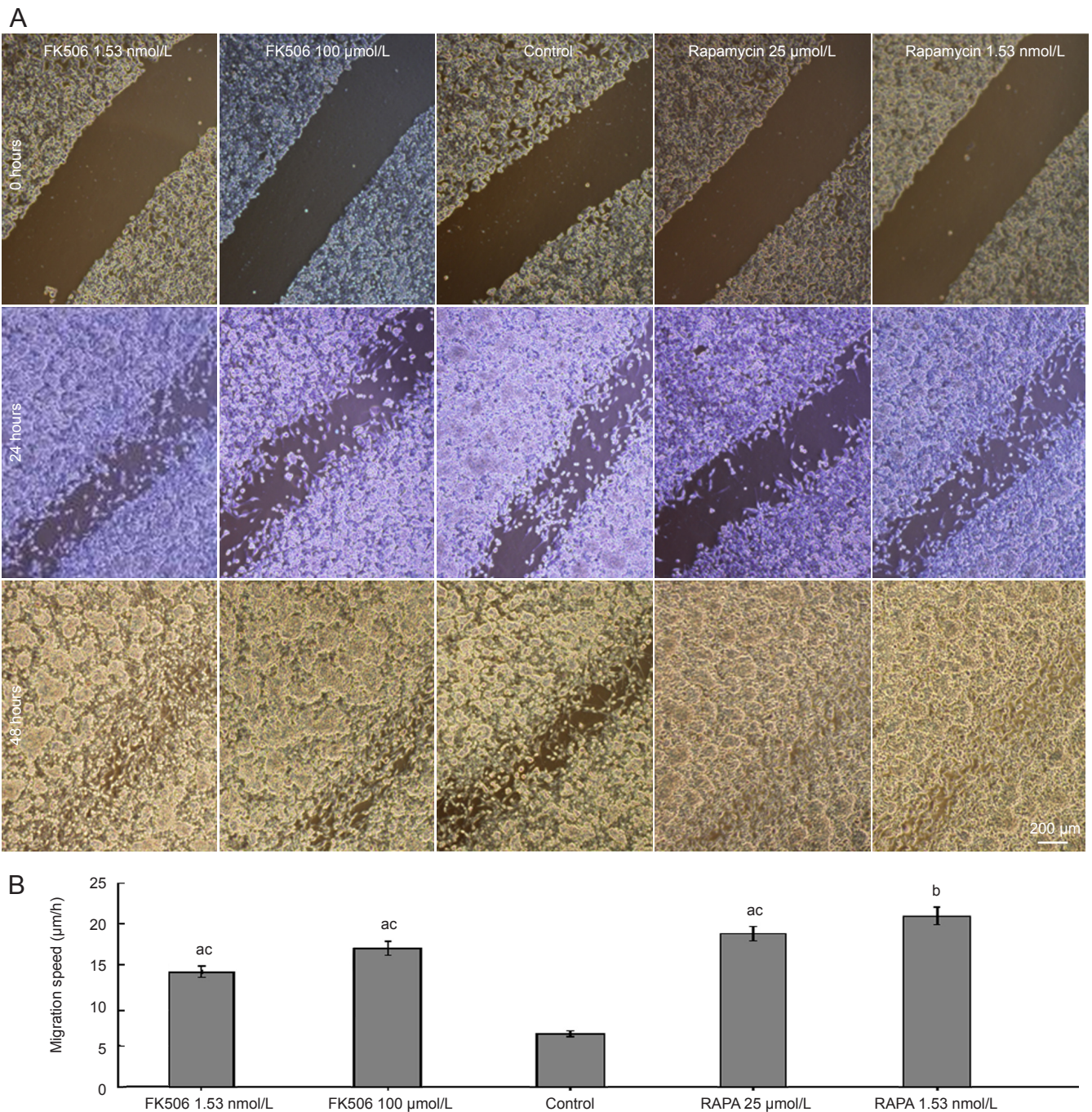


Figure 3 Effect of FK506 or rapamycin (RAPA) on the migration of Schwann cells. (A) Cell migration assay to determine the effect of ouabain on Schwann cell migration. Bar: 200 μm. (B) The summarized migration speed measured by the wound healing assay. Each column represents mean ± SEM and data were compared by one-way analysis of variance and Fisher's *post hoc* test. Each experiment was performed in triplicate. ^a*P* < 0.05, ^b*P* < 0.01, vs. control group; ^c*P* < 0.05, vs. RAPA 1.53 nmol/L group.

has a lower cost and fewer toxic side effects and rapamycin effectively promotes Schwann cell migration and nerve growth factor secretion. This study demonstrates for the first time a comparison between the effect of rapamycin and FK506 on Schwann cell proliferation, migration and cell cycle, as well as the mechanism by which this effect occurs. Although further clinical trials are necessary to define the risks and benefits of such treatment, particularly in peripheral nerve injury, rapamycin may be an effective and well-tolerated therapeutic op-

tion for regenerating peripheral nerves.

Materials and Methods

Design

A controlled cytological study.

Time and setting

Experiments were performed in the State Key Laboratory of Advanced Technology for Materials Synthesis and Pro-

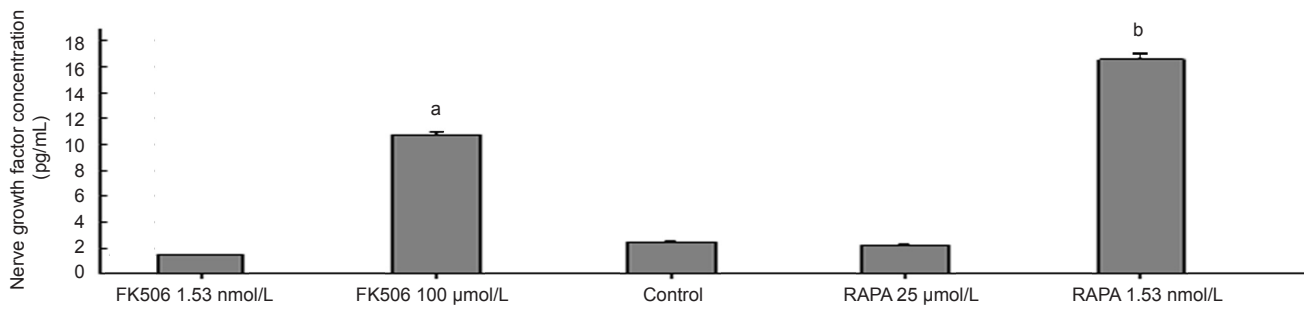


Figure 4 Effects of FK506 or rapamycin (RAPA) on nerve growth factor secretion of Schwann cells according to enzyme linked immunosorbent assay.

Data are expressed as mean \pm SEM and are compared by one-way analysis of variance and Fisher's *post hoc* test. Each experiment was performed in triplicate. ^a $P < 0.05$, ^b $P < 0.01$, vs. control, FK506 1.53 nmol/L and RAPA 25 μmol/L groups.

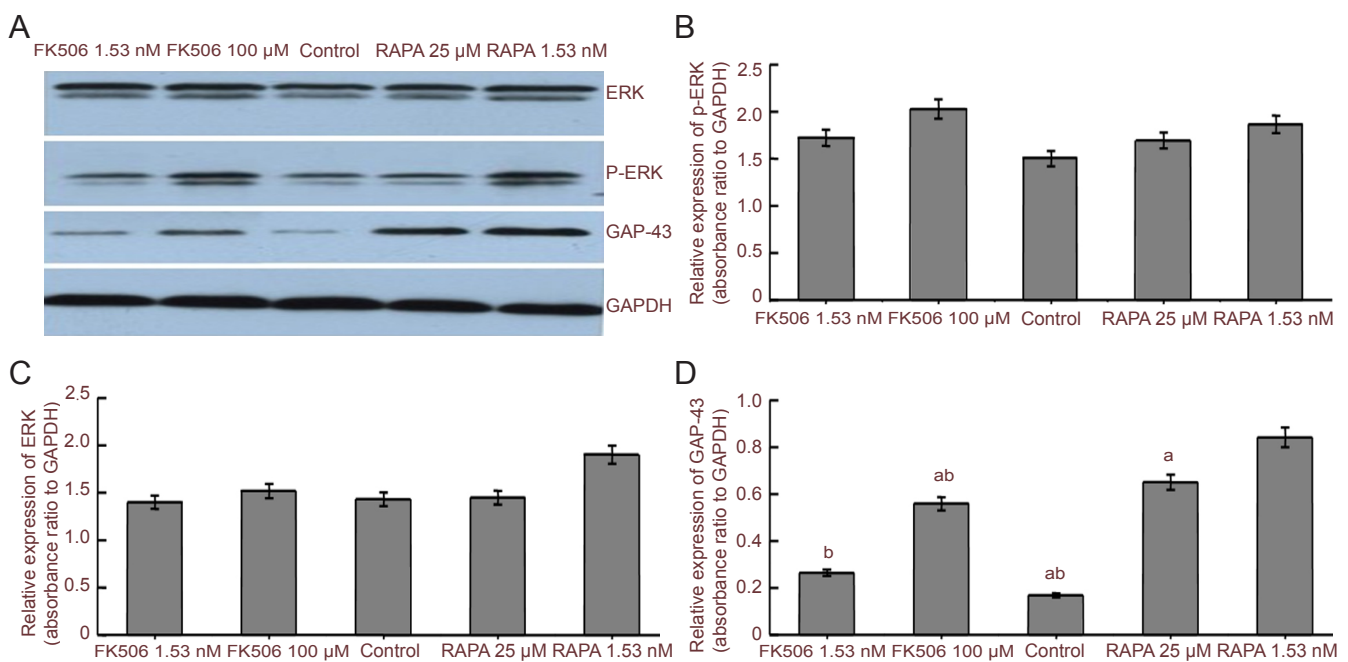


Figure 5 Effect of ERK1/2, P-ERK1/2 and GAP-43 expression in Schwann cells after treatment with FK506/RAPA.

(A) Western blot assay of ERK, p-ERK and GAP-43 in Schwann cells treated by FK506 (1.53 nM, 100 μM) and RAPA (25 μM, 1.53 nM). GAPDH was used as a loading control. (B–D) ERK, p-ERK and GAP-43 expression in Schwann cells treated with FK506 and RAPA. Data are expressed as mean \pm SEM and are compared by one-way analysis of variance and Fisher's *post hoc* test. Each experiment was performed in triplicate. ^a $P < 0.05$, vs. control group; ^b $P < 0.05$, vs. RAPA 1.53 nM group. M: mol/L; ERK: extracellular signal-regulated kinase; p-ERK: phosphorylated ERK; GAP-43: growth-associated protein 43; RAPA: rapamycin.

cessing, and Biomedical Materials and Engineering Center, Wuhan University of Technology, China from March 2012 to April 2013.

Materials

Cells

The RSC96 cell line was obtained from the American Type Culture Collection.

Drugs

FK506 and rapamycin were purchased from Sigma-Aldrich (St. Louis, MO, USA) and diluted in a mixture of 90% Dulbecco's modified Eagle's medium (DMEM; Hyclone, Logan, UT, USA) and 10% dimethyl sulfoxide (Sigma-Aldrich) to make a stock solution. Aliquots were stored at -20°C until use.

Methods

Schwann cell culture

The RSC96 cell line was grown separately in 75 cm² flasks containing 10 mL of DMEM (Hyclone) supplemented with 10% fetal bovine serum (GIBCO-Invitrogen, Grand Island, NY, USA), 1% penicillin, and 1% streptomycin (Hyclone) at 37°C in a fully humidified 5% CO₂ atmosphere. Before drug treatments, cells were starved for 24 hours in DMEM containing 1% fetal bovine serum.

Schwann cell proliferation detected by MTT assay

Schwann cell proliferation was evaluated *via* an MTT assay using 3×10^4 cells in 100 μL of medium per well in a 96-well plate, incubated at 37°C under 5% CO₂. Different concentrations of FK506 (1.53, 6.1, 24.4, 97.6, 390 nmol/L and 1.56, 6.25,

25, 100, 400 $\mu\text{mol/L}$) and of rapamycin (1.53, 6.1, 24.4, 97.6, 390 nmol/L and 1.56, 6.25, 25, 100, 400 $\mu\text{mol/L}$); Sigma-Aldrich were added to the wells and incubated for 6, 12, 24, 36, 48, 60, and 72 hours. MTT solution (at a final concentration of 5 mg/mL ; Sigma-Aldrich) was added to all the wells and incubated at 37°C for 4 hours. The control group was treated with DMEM supplemented with 10% dimethyl sulfoxide and saline. Then, 150 μL of dimethyl sulfoxide was added into each well to dissolve the formazan (MTT metabolic product), and the absorbance of the mixture was read at 570 and 690 nm using a 96-plate reader (Multiskan Spectrum, Thermo Labsystems, Vantaa, Finland). Data were collected from four independent experiments, and each experiment was conducted six times.

Analysis of the Schwann cell cycle using flow cytometry

Schwann cells ($1 \times 10^6/\text{mL}$, 3 mL per well) were seeded in six-well plates. We chose the minimum and maximum doses that improved viability: 1.53 nmol/L and 100 $\mu\text{mol/L}$ for FK506 and 1.53 nmol/L and 25 $\mu\text{mol/L}$ for rapamycin. FK506 or rapamycin (300 μL) was introduced into each well at 1.53 nmol/L and 100 $\mu\text{mol/L}$. The control group was placed in 300 μL of DMEM supplemented with 10% dimethyl sulfoxide. The plates were then placed in a 5% CO_2 incubator at 37°C for 48 hours to observe the cells in the logarithmic phase of growth. Following treatment, the cells were collected by trypsinization and centrifugation, washed with PBS, and fixed with 70% ethanol. The cells were labeled with propidium iodide solution (0.05 mg/mL propidium iodide, 2.00 mg/mL RNase A, 0.01% Triton X-100 in PBS) and incubated for 30 minutes at room temperature in the dark. The cell cycle was closely related to the amount of DNA as DNA content changes with cell cycle change. The cell proliferation index is the total DNA content during the S and G_2 phases compared with the total DNA content during the S, G_2 , and G_1 phases. It is one of the most important indexes for cell proliferation. An increase in the percentage of cells in the S phase indicates increased DNA synthesis and cell proliferation^[54-55]. The cell cycle (DNA content) was analyzed with a BD flow cytometer (BD Biosciences, San Jose, CA, USA). The results of the cell cycle were analyzed with ModFit 3.0 software (Verity Software House, Topsham, MA, USA).

Schwann cell migration

Schwann cells ($5 \times 10^4/\text{mL}$, 3 mL per well) were seeded in six-well culture plates until a confluent monolayer was obtained. The monolayer was scratched with a pipette tip to create a wound according to a previously described method^[56-57]. Each well was then gently washed three times with PBS to remove detached cells, and the cells were cultured in medium containing 2% fetal bovine serum and 1.53 nmol/L to 100 $\mu\text{mol/L}$ FK506 or rapamycin. DMEM supplemented with 10% dimethyl sulfoxide was used as the control. Each experiment was performed with three replicates. Phase contrast images captured the initial distance of the wound created by the pipette tip for each condition. Phase contrast images were taken again after 6, 12, and 24 hours. We counted

the cells that invaded the wound in at least seven areas. Each experiment was conducted in triplicate. The influence of the drugs on Schwann cell migration was analyzed in terms of migration speed. Photographs were acquired through a microscope (Olympus IX71, Tokyo, Japan). Briefly, as previously described^[58-59], the images acquired for each sample could be further analyzed quantitatively by using computing software. For each image, distances between one side of the scratch and the other could be measured at certain intervals using Image Pro-Plus software (Media Cybernetics, Silver Spring, MD, USA). By comparing the images from time 0 to the last time point (6, 12, 24 hours), the distance of each scratch closure was obtained on the basis of the distances that were measured by software to determine the migration of cells.

Nerve growth factor secreted by Schwann cells was detected using ELISA

Schwann cells ($5 \times 10^4/\text{mL}$, 3 mL per well) were seeded into six-well plates and cultured overnight. FK506 or rapamycin (300 μL) was added to each group in triplicate at final concentrations of 1.53 nmol/L to 100 $\mu\text{mol/L}$. DMEM supplemented with 10% dimethyl sulfoxide (300 μL) was used as the control. After incubating Schwann cells at 37°C for 48 hours in 5% CO_2 , the cell supernatant was collected and quantified for the amount of bound nerve growth factor using rabbit anti-nerve growth factor- β monoclonal antibodies (1:1,000; R&D Systems, Minneapolis, MN, USA), with primary antibody-diluted medium according to the manufacturer's instructions. Plates were coated with the "capture" antibodies and maintained overnight at room temperature. Nonspecific binding sites were blocked with 1% bovine serum albumin in PBS. The samples were added at room temperature for 2 hours with gentle agitation. Plates were washed three times, and "detection" antibodies were used to probe the 96-well plates for presence of nerve growth factor. Goat-anti-rabbit IgG labeled with streptavidin-horseradish peroxidase diluted 1:200 in 1% bovine serum albumin-PBS was incubated in the wells for 20 minutes at room temperature. 3,3',5,5'-Tetramethylbenzidine substrate (Boster, Wuhan, Hubei Province, China) was added to the wells, which were left to stand for 20 minutes at room temperature. Absorbance values were read at 450 nm with 690 nm correction using a microplate reader (Multiskan Spectrum, Thermo Labsystems, Vantaa, Finland).

Extracellular signal-regulated kinase 1/2, phosphorylated extracellular signal-regulated kinase 1/2, and growth-associated protein 43 expression in Schwann cells as determined by western blot assay

Schwann cells ($5 \times 10^4/\text{mL}$, 3 mL per well) were seeded into six-well plates until about 60% confluent. FK506 or rapamycin (300 μL) was added at final concentrations ranging from 1.53 nmol/L to 100 $\mu\text{mol/L}$. The control group was added to 300 μL of DMEM supplemented with 10% dimethyl sulfoxide. After 48 hours of incubation at 37°C under 5% CO_2 , the treated Schwann cells were collected, and subjected to western blotting to analyze specific proteins in the cells. All

protein samples from the cells were denatured, loaded onto sodium dodecyl sulfate-polyacrylamide gradient (4–20%) gels (Bio-Rad, Hercules, CA, USA), resolved by electrophoresis, and electroblotted onto membranes. The blots were incubated with rabbit anti-extracellular signal-regulated kinase 1/2, phosphorylated extracellular signal-regulated kinase 1/2, and growth-associated protein 43 IgG (R&D Systems) diluted 1:2,000 in 1% bovine serum albumin-PBS for 2 hours at room temperature. Subsequently, blots were incubated with anti-rabbit secondary antibody labeled with alkaline horseradish peroxidase-conjugated goat-anti-rabbit IgG (R&D Systems) diluted 1:3,000 in 1% bovine serum albumin-PBS for 45 minutes at room temperature. Specific protein bands on the blots were detected *via* horseradish peroxidase/H₂O₂-catalyzed luminol oxidation under alkaline conditions using an enhanced chemiluminescence system (Beyotime Institute of Biotechnology, Jiangsu Province, China) and then by autoradiography. The autoradiograms were scanned on an Epson Perfection V300 Photo Scanner (Epson, Nagano-ken, Japan) using Adobe Photoshop (Adobe Systems, Seattle, WA, USA). Absorbance of each band was determined using Alpha Image software (Alpha Innotech, San Leandro, CA, USA).

Statistical analysis

Data were analyzed with SPSS 15.0 software (SPSS, Chicago, IL, USA) and expressed as mean \pm SEM of separate experiments ($n > 3$). The results were compared by one-way analysis of variance and Fisher's *post hoc* test. A value of $P < 0.05$ was considered statistically significant.

Author contributions: Liu F and Li SP designed the study. Zhang HW and Yin YX performed experiments. Yin YX wrote the manuscript. All authors participated in data collection and were responsible for quantitative real-time PCR experiments. Zhang KM was responsible for western blot experiments and data analysis. All authors approved the final version of the paper.

Conflicts of interest: None declared.

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