COLORECTAL CANCER



Rosiglitazone enhances fluorouracil-induced apoptosis of HT-29 cells by activating peroxisome proliferator-activated receptor γ

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Abstract

AIM: To examine whether and how rosiglitazone enhances apoptosis induced by fluorouracil in human colon cancer (HT-29) cells.

METHODS: Human colon cancer HT-29 cells were cultured *in vitro* and treated with fluorouracil and/or rosiglitazone. Proliferation and growth of HT-29 cells were evaluated by MTT assay and trypan blue exclusion methods, respectively. The apoptosis of HT-29 cells was determined by acridine orange/ethidium bromide staining and flow cytometry using PI fluorescence staining. The expressions of peroxisome proliferator-activated receptor γ (PPAR γ), Bcl-2 and Bax in HT-29 cells were analyzed by Western blot.

RESULTS: Although rosiglitazone at the concentration below 30 µmol/L for 72 h exerted almost no inhibitory effect on proliferation and growth of HT-29 cells, it could significantly enhance fluorouracil-induced HT-29 cell proliferation and growth inhibition. Furthermore, 10 µmol/L rosilitazone did not induce apoptosis of HT-29 cells but dramatically enhanced fluorouracil-induced apoptosis of HT-29 cells. However, rosiglitazone did not improve apoptosis induced by fluorouracil in HT-29 cells pretreated with GW9662, a PPAR γ antagonist. Meanwhile, the expression of Bax and PPAR_{γ} was upregulated, while the expression of Bcl-2 was down regulated in HT-29 cells treated with rosiglitazone in a time-dependent manner. However, the effect of rosiglitazone on Bcl-2 and Bax was blocked or diminished in the presence of GW9662.

CONCLUSION: Rosiglitazone enhances fluorouracilinduced apoptosis of HT-29 cells by activating PPARγ. © 2007 The WJG Press. All rights reserved.

Key words: Colon cancer; Rosiglitazone; Fluorouracil; Apoptosis

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INTRODUCTION

Colon cancer is a leading cause of cancer-related death in developed countries^[1]. Fluorouracil (5-Fu) is one of the most widely used chemotherapeutic drugs in the treatment of advanced colorectal cancer patients^[2]. However, the patient response to this single anticancer agent is 10%-30%^[2]. Several mechanisms are responsible for resistance of tumor cells to fluorouracil. On the other hand, the dose increments of systemic administration of 5-Fu would generate unacceptable levels of toxicity to the normal cells of bone marrow and gastrointestinal tract^[3]. Therefore, many attempts have been made to enhance its therapeutic effectiveness and reduce its toxicity^[4,5]. As we known, the common strategies are to develop and validate new chemopreventive and therapeutic approaches to colon cancer by making use of chemosensitizers or combination of drugs.

It was recently reported that rosiglitazone (Ros), a wellestablished oral antidiabetic agent, can protect against myelotoxicity produced by fluorouracil^[6]. Sik Lee also reported that rosiglitazone attenuates cisplatin-induced renal damage^[7].

Rosiglitazone is a member of the thiaolidinediones (TZDs) and a synthetic ligand of the peroxisome proliferator-activated receptor γ (PPAR γ)^[8]. Members of thiazolidenediones such as troglitazone and ciglitazone exhibit anti-tumor effects on various types of cancer cells, including colon cancer cells expressing high levels of PPAR $\gamma^{[9]}$. However, low bioavailability of rosiglitazone^[10] limits its application in clinical cancer therapy. We thus investigated the effect of rosiglitazone in combination with fluorouracil on human colon cancer cells.

PPARy has been implicated in metabolic diseases^[11,12]

and is associated with cell proliferation, differentiation and apoptosis^[13]. However, the role of PPAR γ in fluorouracil-induced apoptosis of HT-29 cells is unknown.

It was reported that ciglitizone induces significant apoptosis of HT-29 cells and reduces Bcl-2 expression by activating PPAR $\gamma^{[14]}$. On the other hand, Bcl-2 exerts its functions by heterodimerizing with Bax, a protein that accelerates apoptosis. Deficient expression of Bax is also associated with apoptosis resistance. We thus analyzed the effect of rosiglitazone on the expression of Bax and Bcl-2 in HT-29 cells to understand the underlying mechanisms of 5-Fu-induced apoptosis.

In the present study, we investigated whether and how rosiglitazone enhances fluorouracil-induced apoptosis of HT-29 cells. The results demonstrate that rosiglitazone at low concentration has no inhibitory effect on HT-29 cell growth and proliferation, but enhances apoptosis of HT-29 cells induced by fluorouracil. The mechanism of rosiglitazone underlying the improvement of fluorouracilinduced apoptosis may be associated with Bax and Bcl-2 depending on PPAR γ .

MATERIALS AND METHODS

Reagents

Propidium iodide (PI), acridine orange (AO), ethidium bromide (EB) were purchased from Sigma Chemical Company (St. Louis, MO, USA). RPMI-1640 medium and newborn calf serum were supplied by Giboco BRL (Grand Island, NY, USA). Methyl thiazolyl tetrazolium (MTT) and dimethyl sulfoxide (DMSO) were bought from Sigma. Polyclonal antibodies against PPAR γ , Bcl-2 and Bax were purchased from Santa Cruz Biotech Co. Horseradish peroxidase-conjugated goat antimouse IgG and goat antirabbit IgG were purchased from Santa Cruz biotechnology, Inc.

Cell lines and cell culture

Human colon cancer HT-29 cells were obtained from the China Center for Type Culture Collection (Wuhan, China). HT-29 cells were cultured in RPMI-1640 medium supplemented with 10% newborn calf serum, 80 U/mL penicillin and 100 U/mL streptomycin in humidified atmosphere (90% relative humidity) with 5% CO₂ at 37°C. The culture media were changed every two days.

MTT assay for proliferation

HT-29 cells were plated onto 96-well plates at approximately 1.0×10^4 cells per well and incubated for 12 h. The cells were treated with rosiglitazone or fluorouracil or both at various concentrations for 72 h. Then 20 µL of 5 g/mL MTT in phosphate-buffered saline (PBS) was added. The plates were incubated for 4 h and formosan was dissolved in 100 µL DMSO. The absorbance at 570 nm was recorded using an enzyme-linked immunosorbent assay reader. The proliferation inhibition rate (IR) was calculated according to the following formula: IR% = [1-absorbance of drug treatment group/absorbance of vehicle control group] × 100%^[15]. The IR was analyzed using Calcusyn program to determine the IC₅₀ of each drug. The combination index

(CI)-isobologram by Chou and Talalay^[16] was used to analyze the drug combination: $CI = IC_{50(AB)}/(IC_{50(A)} + IC_{50(B)})$ (A, B represent different drugs).

CI > 1, CI = 1 and CI < 1 indicate antagonism, additive effect, or synergism, respectively.

Cell growth assessment by trypan blue exclusion method

HT-29 cells were plated onto 24-well plates at approximately 1.0×10^4 cells per well and incubated for 12 h. The cells were treated with rosiglitazone or fluorouracil or both at various concentrations. On d 1, 2, 3, 4 and 5, the cells were harvested by trypsinization and counted under microscope after trypan blue staining. Three independent experiments were carried out based on the following formula: cell viability% = number of cells in drug treatment group/ number of cells in control group $\times 100\%^{[17]}$. Population doubling time was calculated as follows: TD = $t^{\log_2/\log_{N/r}\log_N\theta}$, where TD is population doubling time, *t* is cell culture time, N_{\theta} and N_t are the number of cells at initiation and *t* time, respectively).

Cell morphological observation by AO/EB staining

Cells were treated with rosiglitazone or fluorouracil or both for 72 h, then harvested with 0.25% trypsin and resuspended in PBS. After staining for 10 min with 10 μ L of 100 mg/mL acridine orange/ethidium bromide (AO/ EB) mixture, cells were visualized immediately under a fluorescence microscope (TE2000-S, Nikon, USA)^[18].

Apoptosis assay by FCM using PI staining

Cells were treated with rosiglitazone or fluorouracil or both for 72 h, then harvested with 0.25% trypsin and washed with PBS. Cells at a density of 1×10^6 were fixed in 70% ice-cold ethos/PBS and stored at 4°C overnight, then washed with PBS and incubated in PI solution (69 mom PI, 388 mom sodium citrate, 100 go/mL Raze A) for 15 min at 37°C. Cells were immediately analyzed with a FAC scan flow cytometer (Becton Dichinson, San Jose, USA)^[17].

Western blot analysis of PPAR γ , NF-KB, Bcl-2 and Bax expression

Cells were lysed in a lysis buffer containing 0.1 mol/L Nacl, 0.01 mol/L Tris-Cl, 0.001 mol/L EDTA, 1 µmol/L aprotinin, and 100 µmol/L phenylmethylsulfonyl fluoride (PMSF) at 4°C with sonication. The lysates were centrifuged at $15000 \times g$ for 15 min and the concentration of protein was determined with a bicinchoninic acid protein assay kit (Pierce Chemicals), using bovine serum albumin as a standard. Loading buffer (42 mmol/L Tris-Cl, 10% glycerol, 2.3% SDS, 5% 2-mercaptoethanol and 0.02% bromophenol blue) was then added to each lysate, which was subsequently boiled for 5 min and electrophoresed on a SDS-polyacrylamide gel. Proteins were transferred onto a polyvinylidene difluoride membrane (PVDF), and incubated separately with antibodies against PPARy, Bcl-2, Bax and β -actin, and then labled with horseradish peroxidase-conjugated secondary antibodies. The reactions were visualized using an enhanced chemiluminescence reagent (Santa Cruz). The results were approved by



Figure 1 Effect of rosiglitazone and/or 5-Fu on proliferation and growth of HT-29 cells exposed to rosiglitazone or 5-Fu (**A**), 5-Fu with or without 10 μ mol/L rosiglitazone (**B**), and treated with rosiglitazone and 5-Fu (**C**) at the indicated concentration for 72 h. ^a*P* < 0.05 vs control group, ^b*P* < 0.01 vs rosiglitazone group.

repeating the reaction 3 times using different samples^[19].

Statistical analysis

Data were expressed as mean \pm SD. ANOVA was used to assess the statistical significance of differences. P < 0.05was considered statistically significant.

RESULTS

Effect of rosiglitazone on fluorouracil-induced proliferation and growth inhibition of HT-29 cells

To examine the effect of rosiglitazone on fluorouracilinduced proliferation inhibition of HT-29 cells, the proliferation inhibition rate of HT-29 cells treated with fluorouracil in the presence or absence of rosiglitazone was calculated by MTT method. Rosiglitazone exerted almost no inhibitory effect at the concentration below 30 μ mol/L (IR < 20%) for 72 h on HT-29 cells. The IR value for fluorouracil at 30 μ mol/L and 100 μ mol/L was 30.20% and 64.9%, respectively (Figure 1A). Since the IR value for rosiglitazone at 10 μ mol/L was 12.01%, we coadministered 10 μ mol/L rosiglitazone with 3, 10, 30, 100 μ mol/L of fluorouracil respectively to HT-29 cells. As shown in Figure 1B, fluorouracil inhibited proliferation of HT-29 cells in a dose-dependent manner and rosiglitazone significantly enhanced the proliferation inhibition of HT-29 cells induced by fluorouracil (P < 0.05).

The IC₅₀ of rosiglitazone, fluorouracil or both was 140.4 \pm 21.23 μ mol/L, 56.9 \pm 6.21 μ mol/L, 10.5 \pm 0.14 μ mol/L respectively and the CI value for rosiglitazone and fluorouracil was 0.257, indicating the synergistic effect of combined drugs.

Trypan blue exclusion assay showed that rosiglitazone potently enhanced the susceptibility of HT-29 cells to fluorouracil. Although 10 μ mol/L rosiglitazone was not cytotoxic to HT-29 cells, it could dramatically enhance growth inhibition of HT-29 cells stimulated by 100 μ mol/L fluorouracil (Figure 1C). When treated with 100 μ mol/L 5-Fu, the doubling time of HT-29 cells was 2.5 d, whereas it was 3.4 d in the presence of 10 μ mol/L rosiglitazone.

Effect of rosiglitazone on fluorouracil-induced apoptosis of HT-29 cells by AO/EB staining

Apoptotic cells were detected by morphological observation using AO/EB staining. As shown in Figure 2A, the normal cells (Figure 2A.a) and cells treated with 10 μ mol/L rosiglitazone (Figure 2A.b) exhibited uniformly dispersed chromatin and intact cell membrane. Typical morphological changes were found in apoptotic HT-29 cells exposed to 100 μ mol/L fluorouracil for 72 h, including apoptotic nuclear condensation (Figure 2A.c). However, the number of cells with nuclear condensation was significantly increased in cells cotreated with 100 μ mol/L fluorouracil and 10 μ mol/L rosiglitazone for 72 h (Figure 2A.d), revealing that rosiglitazone could enhance fluorouracil-induced apoptosis.

Effect of rosiglitazone on fluorouracil–induced apoptosis of HT-29 cells by FCM using PI staining

To quantify and assess the apoptotic rate of HT-29 cells induced by rosiglitazone in combination with fluorouracil, the proportion of cells that had a DNA content of less than 2N was analyzed by FCM using PI staining (Figure 2B). The apoptosis rate for HT-29 cells treated with 10 μ mol/L rosiglitazone for 72 h was 2.1% ± 0.26, which was similar to that for the untreated control group (1.8% ± 0.21). In the presence of 10 μ mol/L rosiglitazone, the apoptotic rate for HT-29 cells induced by 10, 30, 100 μ mol/L fluorouracil for 72 h was increased from 20.7% ± 0.46%, 23.7% ± 0.43%, and 30.3% ± 0.97 to 28.1% ± 0.70%, 32.7% ± 0.45%, and 40.3% ± 0.73% respectively, indicating that rosiglitazone dramatically promoted apoptosis of HT-29 cells induced by fluorouracil.

Effect of PPARγ antagonist on fluorouracil–induced apoptosis of HT-29 cells induced by rosigliatzone

To confirm that rosiglitazone enhances fluorouracilinduced apoptosis of HT-29 cells depending on PPAR γ , the effect of GW9662 on fluorouracil-induced apoptosis



Figure 2 Apoptosis of HT-29 cells induced by AO/EB staining (A) and flow cytometrical analysis (B). HT-29 cells were treated with rosigliatzone and/or 5-Fu at the indicated concentration for 72 h, then harvested and stained with AO/EB. Results are representative of three experiments.

induced by rosigliatzone was investigated. As shown in Figure 3A, the apoptosis rate of HT-29 cells pretreated with GW9662 30 min before exposed to rosiglitazone and 5-Fu was $33.1\% \pm 0.81\%$, lower than that of HT-29 cells not pretreated with GW9662 (40.3% $\pm 0.73\%$).

Effect of rosiglitazone on expression of PPAR γ , Bax, Bcl-2 in HT-29 cells

As shown in Figure 3B, the expression of PPAR γ and Bax increased in a time-dependent manner, while the expression of Bcl-2 decreased in a time-dependent manner in HT-29 cells treated with 10 μ mol/L rosiglitazone for 0, 4, 8, 12 h, respectively.

Effect of PPAR γ antagonist on Bax and Bcl-2 expression induced by rosigliatzone

To confirm the relationship between the expressions of Bcl-2/Bax and PPAR γ in HT-29 cells induced by rosiglitazone, HT-29 cells were pretreated with GW9662, a PPAR γ antagonist, 30 min before treatment with 10 µmol/L or 30 µmol/L rosiglitazone for 12 h. We found that the expression of Bcl-2 and Bax in HT-29 cells induced by rosiglitazone was blocked by GW9662 (Figure 3C).

DISCUSSION

A previous study suggested that rosiglitazone inhibits proliferation of the human adrenocortical cancer cell line H295R in a dose-dependent manner with the maximal effect (about 50% inhibition) obtained at 20 μ mol/L^[20]. Another study also demonstrated that rosiglitazone only at high concentration (> 10 μ mol/L) inhibits growth and viability of cancer cells^[21]. However, the plasma concentration of rosiglitazone in typical diabetes patients is 1.67 μ mol/L^[14]. Thus rosiglitazone should not be used as a single anticancer agent.

In this study, rosiglitazone at a low concentration (< 30 μ mol/L) did not inhibit HT-29 cell growth *in vitro*. Importantly 10 μ mol/L rosiglitazone promoted fluorouracil-induced proliferation and growth suppression of HT-29 cells. The mechanism may be associated with the low concentration of rosiglitazone promoting fluorouracil-induced apoptosis. When a combination of 10 μ mol/L rosiglitazone with various concentrations of 5-Fu was used, the apoptotic rate of HT-29 cells improved compared with 5-Fu alone.

Although rosiglitazone is the most potent and selective synthetic ligand of PPAR γ , it suppresses cancer cell



Figure 3 Effect of rosiglitazone on 5-Fu induced apoptosis (A), time-dependent expression of PPARγ, Bax and Bcl-2 (B), and PPARγ-dependent expression of Bax, Bcl-2 and β-actin (C). ^aP < 0.05, ^bP < 0.01.

growth through PPAR γ -dependent and independent^[22] signal path ways, because different cellular models may be, at least in part, responsible for the discrepancies. In the present study, rosiglitazone increased PPAR γ expression in a time-dependent manner. More importantly, the effect of fluorouracil-induced apoptosis induced by rosiglitazone was blocked by GW9662, suggesting that fluorouracil-induced apoptosis induced by rosiglitazone depends on PPAR γ .

Fluorouracil has been known to cause cell injury by inhibiting thymidylate synthesis or by incorporating itself into DNA or RNA^[23]. High level expression of thymidylate increases the activity of deoxyuridine triphosphatase^[23], methylation of the MLH1 gene, and over expression of Bcl-2, Bcl-XL^[24,25]. It was reported that Mcl-1 proteins lead to resistance to $5\text{-Fu}^{[26]}$, suggesting that multiple factors contribute to 5-Fu resistance. It was reported that that ovarian tumors over-expressing Bcl-2 may not respond well to E1A gene therapy, but treatment with a combination of E1A and Bcl-2-ASO may overcome it^[27]. Zhu *et al*^[28] found that colon cancer cells resistant to tumor necrosis factorrelated apoptosis-inducing ligand (TRAIL) can be resensitized by a combination therapy of TRAIL and 5-Fu. In our study, rosiglitazone decreased Bcl-2 expression in HT-29 cells, suggesting that fluorouracil-induced apoptosis may reduce HT-29 cell resistance by down regulating Bcl-2 in a time- and dose- dependent manner.

Bcl-2 family can positively and negatively regulate apoptosis^[29]. Bcl-2 and Bax are two members of the Bcl-2 family, and play a different role in programmed cell

death^[30]. When Bax is over-expressed in cells, apoptosis in response to death signals is accelerated, leading to its designation as a death agonist^[31]. When Bcl-2 is overexpressed it heterodimerized with Bax and death is repressed^[31]. Therefore, the ratio of Bcl-2 to Bax is important in determining susceptibility to apoptosis^[30]. In our study, rosiglitazone increased Bax expression in HT-29 cells in a time- and dose- dependent manner, suggesting that rosiglitazone-induced apoptosis may also reduce HT-29 cell resistance by up-regulating Bax expression.

On the other hand, the effect of rosiglitazone on decreasing Bcl-2 level and increasing Bax level in HT-29 cells was blocked by GW9662, suggesting that the enhancing effect of rosiglitazone on apoptosis of HT-29 cells is associated with decreasing Bcl-2/Bax expression by activating PPARy.

In conclusion, a combination of rosiglitazone and fluorouracil induces strong inhibition of HT-29 cell proliferation and growth. However, the *in vivo* effect needs further study.

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