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Calcium-stimulated insulin secretion in diffuse and focal forms of congenital hyperinsulinism

Robert J. Ferry Jr, MD, **Andrea Kelly, MD**, **Adda Grimberg, MD**, **Samantha Koo-McCoy, BS**, **Marcelle J. Shapiro, MD**, **Kenneth E. Fellows, MD**, **Benjamin Glaser, MD**, **Lydia Aguilar-Bryan, MD, PhD**, **Diane E. J. Stafford, MD**, and **Charles A. Stanley, MD** Division of Endocrinology & Diabetes, Department of Pediatrics and Department of Radiology, The Children's Hospital of Philadelphia, Philadelphia, Pennsylvania; the Division of Endocrinology, Hadassah Medical Center, Hebrew University, Jerusalem, Israel; the Department of Medicine, Baylor College of Medicine, Houston, Texas; and the Division of Endocrinology, Boston Children's Hospital, Boston, Massachusetts.

Abstract

Objectives—To identify infants with hyperinsulinism caused by defects of the β-cell adenosine triphosphate-dependent potassium channel complex and to distinguish focal and diffuse forms of hyperinsulinism caused by these mutations.

Study design—The acute insulin response to intravenous calcium stimulation (CaAIR) was determined in 9 patients <20 years with diffuse hyperinsulinism caused by defective β-cell sulfonylurea receptor (*SUR1−/−*), 3 patients with focal congenital hyperinsulinism (6 weeks to 18 months), a 10-year-old with insulinoma, 5 with hyperinsulinism/hyperammonemia syndrome caused by defective glutamate dehydrogenase (6 months to 28 years), 4 *SUR1+/−* heterozygotes with no symptoms, and 9 normal adults. Three infants with congenital focal disease, 1 with diffuse hyperinsulinism, and the child with insulinoma underwent selective pancreatic intra-arterial calcium stimulation with hepatic venous sampling.

Results—Children with diffuse *SUR1−/−* disease and infants with congenital focal hyperinsulinism responded to CaAIR, whereas the normal control group, patients with hyperinsulinism/hyperammonemia syndrome, and *SUR1+/−* carriers did not. Selective arterial calcium stimulation of the pancreas with hepatic venous sampling revealed selective, significant step-ups in insulin secretion that correlated anatomically with the location of solitary lesions confirmed surgically in 2 of 3 infants with congenital focal disease and in the child with insulinoma. Selective arterial calcium stimulation of the pancreas with hepatic venous sampling demonstrated markedly elevated baseline insulin levels throughout the pancreas of the infant with diffuse hyperinsulinism.

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Reprint requests: Charles A. Stanley, MD, Division of Endocrinology & Diabetes, The Children's Hospital of Philadelphia, Abramson Pediatric Research Center, Room 410, 3615 Civic Center Blvd, Philadelphia, PA 19104-4318..

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Conclusions—The intravenous CaAIR is a safe and simple test for identifying infants with diffuse *SUR1−/−* hyperinsulinism or with focal congenital hyperinsulinism. Preoperative selective arterial calcium stimulation of the pancreas with hepatic venous sampling can localize focal lesions causing hyperinsulinism in children. The combination of these calcium stimulation tests may help distinguish focal lesions suitable for cure by local surgical resection.

> Congenital hyperinsulinism, the most common cause of persistent hypoglycemia in infants beyond the first few days of life,¹ can result from genetic defects of the pancreatic β-cell including autosomal recessive mutations of the sulfonylurea receptor gene² or inwardrectifying 6.2-kDa potassium channel, $3,4$ which together compose the β-cell adenosine triphosphate-de-pendent potassium channel complex. Other defects that can cause congenital hyperinsulinism are autosomal dominant mutations of islet glucokinase⁵ or glutamate dehydrogenase, the latter causing the hyperinsulinism/hyperammonemia syndrome.⁶ Recessive SUR mutations (*SUR1^{-/-}*) compose the most common and most severe form of congenital hyperinsulinism.7,8 Affected infants are usually large for gestational age and have hypoglycemia in the first few postnatal days.¹ Children with *SUR1^{-/−}* hyperinsulinism usually fail to respond to treatment with diazoxide, a drug that acts on the SUR to suppress insulin secretion⁹ and may require near total pancreatectomy to control hypoglycemia.¹⁰

More than a third of patients with congenital hyperinsulinism requiring surgery have focal adenomatous hyperplasia of islet cells.^{10–12} Surrounded by normal pancreas, these cells express a paternally derived *SUR1* mutation in association with specific loss of imprinted maternal alleles of chromosome 11p, the region that includes *SUR1*. 13–15 The focal loss of maternally imprinted 11p tumor suppressor genes may be responsible for proliferation of islet cells, which are disomic for a paternally derived *SUR1* mutation (*SUR1p–*).11,13 It is important to distinguish infants with diffuse *SUR1−/−* and those with focal *SUR1p–* lesions before surgery, because the latter are potentially curable with local resection.^{16,17}

The K_{ATP} complex is a major pathway for coupling extracellular glucose concentration to insulin secretion. The increase in intracellular adenosine triphosphate concentration after glycolysis leads to adenosine triphosphate binding to SUR1, inducing closure of Kir6.2, which results in membrane depolarization and opens voltage-dependent (L-type) calcium channels. The resultant rise in intracellular ionized calcium concentration induces insulin secretion.¹⁸ The acute insulin response to rapid peripheral intravenous infusion of calcium has been used to diagnose insulinomas in adults,¹⁹ and selective arterial calcium stimulation of the pancreas with hepatic venous sampling has been used in adults to localize insulinomas.20,21 We hypothesized that children with hyperinsulinism caused by *SUR1* defects would also hyper-respond to calcium because of constitutive activation of β-cell Ltype calcium channels. The purpose of this study was to determine whether children with focal and diffuse forms of *SUR1* hyperinsulinism would respond to calcium and whether calcium ASVS could be used to localize congenital focal (*SUR1p–*) lesions.

Subjects and Methods

The diagnosis of hyperinsulinism was based on demonstrating fasting hypoglycemia with inadequate suppression of insulin secretion and evidence of increased insulin action such as increased rates of glucose use, inappropriately suppressed plasma free fatty acid and βhydroxybutyrate concentrations, and inappropriate glycemic response to glucagon stimulation.22,23

The first group (patients with *SUR1−/−*) ranged in age from 15 months to 20 years (Table I). All had persistent hypoglycemia including 7 of the 9 who had previously undergone 95% to 98% pancreatectomy. The second group consisted of three children with focal congenital hyperinsulinism. The third group with congenital hyperinsulinism consisted of 5 patients with the HI/HA syndrome. The fourth group contained 1 child with new onset of hyperinsulinism caused by an insulinoma.

Four parents of patients with *SUR1−/−*, each an *SUR1+/−* heterozygous carrier with no symptoms and no history of hypoglycemia, and 9 normal adults served as the control group. The *SUR1+/–* carriers (1 female, 3 male) were between the ages of 29 and 40 years. The members of the normal adult control group were not obese and ranged in age from 19 to 49 years (5 female, 4 male).

Peripheral Intravenous CaAIR and ASVS

The CaAIR test was performed after an overnight fast by giving 0.1 mEq calcium/1 kg body weight (= 2 mg elemental Ca^{2+}/kg) intravenously within 60 seconds (with 10% calcium gluconate stock diluted to 2% with 4 parts isotonic saline solution). Plasma glucose, serum calcium, and plasma insulin samples were obtained from a contralateral vein at −600, −300, $0, +60, +180, +300,$ and $+600$ seconds relative to the start of the calcium infusion. Medications were discontinued before these studies were begun. In children with unstable hypoglycemia, intravenous dextrose was infused continuously as needed to maintain plasma glucose levels between 3.3 to 5.0 mmol/L (60 to 90 mg/dL) before and throughout the study. The CaAIR was calculated as the change in insulin levels between the mean of the baseline values and the mean of the acutely stimulated values at $+60$ and $+180$ seconds. The rise in serum calcium was calculated in the same way.

Five children with hyperinsulinism underwent ASVS. ASVS was performed with the patients under general endotracheal anesthesia after an overnight fast with the method of Doppman et al²⁰ and Brown et al.²¹ In brief, under fluoroscopic visualization by the right internal jugular vein, a diagnostic vascular catheter was advanced selectively into the right hepatic vein for venous blood sampling. Thereafter, by way of retrograde catheterization of the right common femoral artery, another catheter was superselectively negotiated into the right hepatic artery (as a negative control), gastroduodenal artery, superior mesenteric artery, and splenic artery. Contrast was injected solely to confirm catheter placements. Immediately before each intra-arterial Ca^{2+} stimulation was performed, 50 µg nitroglycerin was infused through the artery under study to prevent vasospasm. A rapid bolus of 0.025 mEq $Ca^{2+}/1$ kg body weight was infused into each artery over a 15- to 25-second period. Samples of 0.5 mL for plasma insulin were obtained from the right hepatic vein immediately before and then at

+30, +60, +90, and +120 seconds after the intra-arterial Ca^{2+} infusion was completed. We waited a minimum of 10 minutes between selective intra-arterial injections. Intravenous dextrose was infused continuously as required to maintain plasma glucose levels between 3.3 and 5.0 mmol/L (60 to 90 mg/dL) before and throughout the study. A positive ASVS response for focal disease was defined as ≥2-fold rise in right hepatic vein insulin levels within 60 seconds after Ca^{2+} stimulation.^{20,21}

Assays and Analysis

Plasma glucose was measured with the glucose oxidase method (Yellow Springs Instrument Co, Glucose Analyzer; Yellow Springs, OH). Plasma insulin levels were quantified by a solid phase 2-site enzyme immunoassay with 2 monoclonal antibodies directed against separate antigenic determinants on the human insulin molecule (Insulin ELISA; ALPCO, Windham, NH). The detection limit of this insulin assay is $\langle 1 \mu U/mL$. Data were analyzed by unpaired, 2-tailed, Mann-Whitney U tests (InStat program for Macintosh, version 2.00; GraphPad Software Inc, San Diego, CA). All clinical and biochemical studies were carried out in the General Clinical Research Center at The Children's Hospital of Philadelphia. This research was approved by the Institutional Review Board at The Children's Hospital of Philadelphia. Written informed consent was obtained from all subjects >18 years and from parents of children <18 years. Assent was obtained from children >8 years old.

Results

Peripheral Intravenous CaAIR

All groups demonstrated similar rises in serum calcium (Table II). The mean $\,$ Ca for the 3 groups with congenital hyperinsulinism was 1.47 ± 0.11 mg/dL ($SURI^{-/-}$; n = 8); 0.98 \pm 0.19 mg/dL (congenital focal; $n = 3$); and 1.20 ± 0.17 mg/dL (HI/HA; $n = 5$). Excluding patient 9, who had diffuse disease and markedly elevated baseline insulin levels $(>145 \mu U/m)$ mL), baseline insulin levels were also similar among all groups studied: $10.5 \pm 1.3 \mu U/mL$ (*SUR1−/−*); 9.6 ± 1.8 µU/mL (congenital focal); and 11.2 ± 1.9 µU/mL (HI/HA).

CaAIRs in the 2 adult control groups were minimal, ranging from -1.90 to $+3.88 \mu$ U/mL for *SUR1+/−* carriers and –2.00 to +4.20 µU/mL for normal adults. The 95% CI for the CaAIR of the combined control group ($n = 13$) was -0.6 to +2.1 µU/mL. The CaAIR for patients with HI/HA ranged from -8.40 to $+1.28 \mu$ U/mL. The mean CaAIR in patients with HI/HA was significantly lower than the mean CaAIR in the normal adult control group ($P < .05$), *SUR1+/–* carriers (*P* < .04), diffuse *SUR1−/−* hyperinsulinism (*P* < .002), and congenital focal hyperinsulinism $(P < .04)$.

The mean CaAIR for the 9 patients with diffuse *SUR1−/−* hyperinsulinism was 22.3 ± 4.6 μ U/mL, significantly higher than the mean CaAIR in the normal adult control group ($P <$. 0001), SUR1+/– carriers ($P < .003$), and patients with HI/HA ($P < .002$). The mean CaAIR for the 3 infants with focal congenital hyperinsulinism was 9.5 ± 0.5 μ U/mL, significantly higher than the mean CaAIR of the normal control group ($P < .01$) and patients with HI/HA (*P* < .04). All CaAIRs in the patients with diffuse *SUR1−/−* or congenital focal disease were above the 95% CI for combined adults (n = 13). CaAIRs of patients with diffuse *SUR1−/−*

 $(6.8-52.5 \,\mu\text{U/mL})$ or congenital focal disease $(8.9-10.5 \,\mu\text{U/mL})$ did not overlap with CaAIRS of $SURI^{+/-}$ carriers (-1.90 to +3.88) or those of patients with HI/HA (-8.40 to $+1.28 \mu U/mL$. Ca did not correlate to CaAIR magnitude in any group. As shown in Fig 1, the positive CaAIR in patient 11, who had a congenital focal lesion, normalized after surgical resection of her focal adenomatosis was performed. Fig 1 also shows that the Castimulated insulin level returns to baseline by the 300-second time point, which was true for all CaAIRs performed in these patients.

ASVS

Five of the children (patients 9, 10, 11, 12, and 18) underwent ASVS in an attempt to delineate a focal, potentially resectable lesion. Limited contrast injections during catheter placements revealed no lesion in these patients.

In patient 18, magnetic resonance imaging and 111_{In-oct} consider scan did not show the lesion (an insulinoma) before surgery. The lesion was suspected on spiral computed tomography and was located at surgery in the uncinate process of his pancreas. In response to ASVS, a 52-fold step-up in insulin level was noted in the region supplied by the SMA (Fig 2, *A*); no other vessel demonstrated a rise greater than 2-fold. A postoperative fasting study confirmed that his hyperinsulinism was cured.

In patient 12, an 18-month-old girl thought to have congenital focal hyperinsulinism because she carried only a paternally derived *SUR1* mutation, ASVS demonstrated a selective 5.6 fold insulin step-up at the gastroduodenal artery, consistent with focal disease in the head of the pancreas (Fig 2, *B*). Although she had a 2.7-fold rise at the right hepatic artery, this was due to retrograde filling of the gastroduodenal artery as was seen with contrast injection. Partial (30%) pancreatectomy in the region of the pancreatic head and biopsies throughout the entire pancreas revealed only normal pancreatic tissue, consistent with a focal lesion being present in the remaining pancreatic head. She remained hypoglycemic after surgery, and her parents declined further surgery.

In patient 10, a 6-week-old boy, ASVS demonstrated a selective 2.3-fold rise in insulin after selective injection into the SMA was performed (Fig 2, *C*). Baseline insulin values before SPL injection were high but followed SMA injection and thus may have been due to a second-pass effect (insufficient pause between SMA and SPL injections) or reflux of Ca resulting from over-rapid injection of his small vessels. Stimulation of the SPL showed no step-up. At surgery an area of focal adenomatosis was found encasing his pancreatic duct in the pancreatic head. Two additional partial pancreatectomies (totaling 95%) failed to remove all of the lesion. The rest of the pancreas showed normal histologic characteristics, consistent with focal adenomatosis. He continues to have hypoglycemia that requires treatment with continuous subcutaneous octreotide infusion and frequent feedings. His parents refused further surgery (Whipple pancreaticoduodenectomy).

In patient 11, ASVS at 5 months of age revealed a 2.4-fold step-up (by 90 seconds after Ca) at the SPL, which supplied the distal body/proximal tail of the pancreas, probably by way of the dorsal pancreatic artery²⁴ (Fig 2, D). Subtotal pancreatectomy disclosed a small focal adenomatosis lesion of her pancreatic tail but an otherwise normal pancreas. Cure was

subsequently confirmed by fasting without hypoglycemia for >16 hours and the loss of sensitivity to intravenous calcium (Fig 1).

Patient 9, an 18-month-old girl, had diffuse islet hyperplasia demonstrated at 99% pancreatectomy. As seen during her CaAIR and ASVS tests (Fig 2, *E*), her baseline insulin levels were extraordinarily high (195 to 347 μ U/mL), and there was no significant rise after intra-arterial calcium stimulation.

Discussion

These studies demonstrate that children with diffuse *SUR1−/−* and focal *SUR1p–* forms of congenital hyperinsulinism hyper-respond to intravenous calcium stimulation. The smallest CaAIR observed in these 2 groups of patients (6.8 µU/mL for patient 6) exceeded the range (–1.90 to +4.2 µU/mL) of the combined control group of normal adults and *SUR1+/–* carriers. The abnormal responsiveness to intravenous calcium persisted in children with diffuse *SUR1−/−* disease who had previously been treated with subtotal pancreatectomy. Patients with HI/HA did not have abnormal hyper-responsiveness to calcium, suggesting that calcium responsiveness may be specific to hyperinsulinism caused by defects of the βcell KATP complex (SUR1 or Kir6.2).

SUR1-mediated insulin exocytosis requires a rise in cytoplasmic $Ca²⁺$ within the β-cell.²⁵ Mice lacking β-cell potassium channel activity (*Kir6.2−/−*) demonstrate elevated basal intracellular calcium concentration.26 Islets isolated from a 14-month-old girl with congenital diffuse hyperinsulinism showed similar elevations of intracellular calcium concentration in vitro both at baseline and after an extracellular Ca^{2+} load.²⁷ A rise in total serum calcium as low as 0.7 mg/dL was sufficient to induce a positive CaAIR in our *SUR1* defective patients (with either focal or diffuse disease). Thus our in vivo data support recent in vitro evidence that the *SUR1*-defective β-cell vigorously secretes insulin in response to a rise in extracellular calcium concentration, because its L-type Ca^{2+} channels remain constitutively open irrespective of ambient glucose concentration.²⁷

All the patients with *SUR1−/−* studied here (except patient 9, whose genotype remains unknown) carried the same 3992-9 mutation of the in-tron 32 splice site. We expect more severe mutations, which further reduce *SUR1* activity, will yield larger CaAIRs. All mutations that generate truncated *SUR1* protein that fails to migrate to the cell surface²⁸ would be expected to yield CaAIR results similar to those reported here.

CaAIRs of infants with congenital focal disease overlap those of patients with diffuse *SUR1−/−* disease. The 95% CI for CaAIR in our patients with congenital focal disease (8.9 to 10.5 µU/mL) was more restricted than the interval in patients with diffuse *SUR1−/−* disease (6.8 to 52.5 µU/mL). Our data suggest that a child with congenital hyperinsulinism who has a CaAIR >5 μU/mL should be suspected of having focal or diffuse β-cell K_{ATP} disease. Patients with a CaAIR >15 µU/mL may be unlikely to benefit from ASVS. Nevertheless, until the CaAIR test has been evaluated in more patients with congenital focal hyperinsulinism, the decision to proceed with ASVS in patients responsive to peripheral

calcium is best made on their response to intravenous tolbutamide stimulation rather than the magnitude of their CaAIR.²⁹

Blind 95% to 99% pancreatectomy carries significant morbidity, 10 so it is crucial to identify focal lesions causing hyperinsulinism before surgery. Focal pancreatic lesions causing hyperinsulinism in children are usually below the lower limit of resolution for ultrasonography, 30 magnetic resonance imaging, computed tomography, and contrast angiography.31 Because *SUR1+/–* carriers had normal CaAIRs, the CaAIR test cannot be used to identify $SURI^{+/-}$ carrier states. Gaeke et al³² first observed in 1975 that adults with insulinomas secrete insulin in response to a continuous infusion of calcium. Their method was improved by Brunt et al, ¹⁹ who first reported a large acute insulin response to rapid intravenous infusion of calcium in adults with insulinoma. Doppman^{20,21,33} and others have shown that intra-arterial calcium stimulates insulin secretion from insulinomas in adult patients.

Reports in adults suggest that ASVS is both simpler and superior to transhepatic portal venous sampling for localizing insulinomas.34 Transhepatic portal venous sampling has been used successfully in children³⁵; however, it is technically difficult, requires the maintenance of hypoglycemia to suppress insulin release from normal pancreas, and consumes large volumes of blood because of the frequent monitoring of central and peripheral levels of insulin and glucose. By contrast, none of our subjects became hypoglycemic (defined as blood glucose <50 mg/dL) during CaAIR or ASVS testing. Among the 33 CaAIR and 5 ASVS tests in 31 subjects, no subject required extra dextrose infusion during the critical sampling (baseline through +180 seconds for CaAIR or +120 seconds for ASVS), and no subject had adverse side effects. Moreover, the CaAIR and ASVS tests required minimal phlebotomy volumes: <15 mL of blood for both tests per patient (line flushes were returned to the patient). Although performed in our study for improved scientific rigor, CaAIR samples drawn beyond +180 seconds are not necessary for informative studies.

ASVS accurately localized the focal lesion in 2 infants whose lesions were confirmed surgically (patients 10 and 11). ASVS also gave results consistent with diffuse disease in patient 9 and consistent with the lack of diffuse disease in patient 12. In 1 older child with an acquired insulinoma (patient 18), the ASVS response successfully localized the tumor. The ASVS response in this child resembled that seen with insulinoma in adults. Despite his large insulin response to ASVS, he had a minimal response to peripheral intravenous calcium on 2 separate tests. This anomaly may be due to a lack of local factors affecting the response of the tumor to intravenous calcium. Perhaps the environment of an insulinoma formed within mature pancreas is different (lacks neuroendocrine factors, for example) than that of a congenital focal lesion that develops simultaneously within developing pancreas. Current ASVS technique performed on adults uses proximal and mid-splenic injections to distinguish lesions from the body and tail. Localization is more precise, although accuracy is not increased.20 If laparoscopic surgery is contemplated for older children with insulinoma, such precise localization can be significant.

In contrast to *SUR1*-defective patients, children with HI/HA had no acute insulin response to calcium. On clinical evaluation HI/HA is a milder disease than *SUR1p–* or *SUR1−/−* hyperinsulinism, suggesting that β-cells in patients with HI/HA have fewer calcium channels constitutively open to respond to calcium stimulation. The lack of the positive CaAIR together with their high plasma ammonium concentrations helps to distinguish patients with HI/HA from those with *SUR1* mutations. It is not known how insulinomas can respond to calcium, whereas glutamate dehydrogenase–defective β-cells do not. We speculate that this phenotypic difference arises from as yet unappreciated defective potassium channel function in insulinomas.

In conclusion, the peripheral venous CaAIR test effectively identifies children with diffuse and focal forms of hyperinsulinism caused by defective β-cell SUR1. It is likely that infants with HI caused by *Kir6.2* mutations would respond in a similar manner. The CaAIR distinguishes patients with hyperinsulinism caused by defective *SUR1* from patients with HI/HA caused by glutamate dehydrogenase gene defects and from *SUR1+/–* carriers. ASVS appears to be a promising method for identifying focal lesions in infants with hyperinsulinism. Whether other genetic defects causing hyperinsulinism such as glucokinase mutations will confer calcium responsiveness remains to be studied.

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Glossary

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Ferry et al. Page 11

Fig 1.

Preoperative (*dashed line*) and postoperative (*solid line*) CaAIRs in patient 11, 5-month-old girl with focal adenomatosis of her proximal pancreatic tail. She was cured after local resection of this congenital focal lesion was performed.

Fig 2.

ASVS results. **A**, Patient 18 with insulinoma; **B**, patient 12 with paternal only (*SUR1p–*) mutation; **C**, patient 10 with focal adenomatosis of pancreatic head; **D**, patient 11 with focal adenomatosis of proximal tail; **E**, patient 9 with diffuse disease unresponsive to diazoxide and octreotide. During infusion of Ca at right hepatic artery for patient 12 **(B)**, small backwash into gastroduodenal artery by collateral vessel was noted. Right hepatic artery,

open circle; gastroduodenal artery, *solid circle*; SMA, *crossed box*; SpA, *open cross SMA*, Superior mesenteric artery; *SpA*, splenic artery.

Table I

Characteristics of children with different forms of hyperinsulinism

Table II

Acute insulin responses to peripheral venous Ca stimulation (CaAIR)

NA, Not available.