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## Förster Resonance Energy Transfer - An approach to visualize the spatiotemporal regulation of macromolecular complex formation and compartmentalized cell signaling

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### Abstract

**Background**—Signaling messengers and effector proteins provide an orchestrated molecular machinery to relay extracellular signals to the inside of cells and thereby facilitate distinct cellular behaviors. Formations of intracellular macromolecular complexes and segregation of signaling cascades dynamically regulate the flow of a biological process.

**Scope of Review**—In this review, we provide an overview of the development and application of FRET technology in monitoring cyclic nucleotide-dependent signalings and protein complexes associated with these signalings in real time and space with brief mention of other important signaling messengers and effector proteins involved in compartmentalized signaling.

**Major Conclusion**—The preciseness, rapidity and specificity of cellular responses indicate restricted alterations of signaling messengers, particularly in subcellular compartments rather than globally. Not only the physical confinement and selective depletion, but also the intra- and inter-molecular interactions of signaling effectors modulate the direction of signal transduction in a compartmentalized fashion. To understand the finer details of various intracellular signaling cascades and crosstalk between proteins and other effectors, it is important to visualize these processes in live cells. Förster Resonance Energy Transfer (FRET) has been established as a useful tool to do this, even with its inherent limitations.

**General Significance**—FRET technology remains as an effective tool for unraveling the complex organization and distribution of various endogenous signaling proteins, as well as the

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spatiotemporal dynamics of second messengers inside a single cell to distinguish the heterogeneity of cell signaling under normal physiological conditions and during pathological events.

## Keywords

Förster Resonance Energy Transfer (FRET); Compartmentalized cell signaling; Macromolecular complex

## 1. Introduction

Cell signaling is a multifaceted process involving numerous signaling messengers and effector proteins [1]. To understand overall cellular behavior, it is important to concentrate on the pattern, duration and preciseness of a signaling cascade in response to cues [2]. Small, yet elegant molecules such as cAMP and cGMP play critical roles as second messengers in carrying out a precise signaling cascade with the right specificity [3–5]. The spatiotemporal regulation of the intracellular dynamics of these cyclic nucleotides can determine the duration and localization of cellular responses and segregates the global network of cell-signaling systems into separate cellular compartments. To understand the localized modulation of cyclic nucleotides, there is a need to focus on the mechanisms by which a cell maintains different cyclic nucleotide environments at different subcellular regions. Together with synthesis and catabolism by different isoforms of phosphodiesterases, nucleotide transporters such as multidrug resistance protein 4 and 5 (MRP4/5) are responsible for determining intracellular concentrations of cAMP and cGMP and the subsequent regulation of different cyclic nucleotide-dependent signalings [2, 6–13]. Cyclic nucleotide-dependent and -independent kinases, such as protein kinases A, G and C, facilitate compartmentalized signaling by restricted activation of specific substrate populations in distinct cellular compartments [14–18]. Other important signaling proteins, including the Ras superfamily of small guanosine triphosphatases (GTPase), also are dynamically regulated in time and space in order to generate discrete and localized cellular effects. The cycles of activation by guanine nucleotide exchange factor (GEF) and inactivation by GTPase-activating protein (GAP) finely control segregated interactions of GTPase with downstream effectors [19–21]. Precise measurement of free cytosolic and organellar  $\text{Ca}^{2+}$  is important to understand the highly localized  $\text{Ca}^{2+}$  signaling required for allosteric regulation of a myriad of signaling proteins, and cells provide a collection of components for managing the wide range of  $\text{Ca}^{2+}$ -dependent spatial and temporal signals [22]. Nevertheless, the interactions of receptors either between themselves or with their downstream targets are both indispensable for initiating a signaling cascade and an early hallmark step for a cell response to external cues [23, 24].

The regulation of signaling machineries occur in a highly compartmentalized fashion, and a fine-tuned localized modulation near the target effector rather than a global signaling wave directs the specific signaling flow [2, 25]. For example, although a macromolecular complex containing CFTR and MRP4 at the apical membrane regulates the secretory properties of gut epithelia, this interaction plays an important role for  $\beta$ -adrenergic-stimulated contraction in cardiac myocytes, and both of these occur via the compartmentalized alteration of cAMP dynamics [26, 27]. In the past few decades, efforts have been made to better understand

compartmentalized cell signaling and FRET technology, which is a quantum mechanical phenomenon that relies on spectral overlap between donor and acceptor molecules, provides a method to do so [28–30]. After being first theorized by Dr. Theodor Förster in 1948, it was more than 50 years before FRET was used in the field of cell biology for direct visualization and quantification of biological function [29, 31–34]. The spatial and temporal resolution of a signaling flow via modulation of secondary messengers or through the formation of macromolecular complexes provides more-vivid information about complex cell-signaling phenomena in real time. The focus of this review is a comprehensive exploration of FRET technology used to understand compartmentalized cell signaling.

## 2. Ratiometric and Direct/Sensitized FRET

FRET is the transfer of excitation energy of an electronically excited donor fluorophore to a nearby acceptor chromophore through a long-range dipole-dipole interaction and without the emission of photons [35, 36]. The spectral overlap and the dipole orientations of the donor and acceptor molecules, together with the distance between chromophores, determine the efficiency of FRET and it is inversely proportional to the sixth power of the distance between chromophores [37]. The distance dependency (<10nm) of FRET signal makes it a useful tool for measuring proximity and conformational changes of biological molecules as a spectroscopic ruler with a higher spatial resolution compared to conventional optical microscopy [37–39]. Typically, fluorescence signals are measured for cells expressing donor or acceptor or both molecules, and FRET efficiencies are calculated [40]. Two types of FRET signals can be monitored for this purpose; i) Ratiometric FRET, where the ratio between the intensity of donor and acceptor or FRET and donor signal were measured, and ii) Direct/Sensitized FRET, where the acceptor emission was measured upon the excitation of the donor. Ratiometric FRET is the most-convenient readout when the donor and acceptor are stoichiometrically fixed and fused in a single polypeptide chain. For Ratiometric FRET, the Ratio Numerator and Ratio Denominator determine the channel specificity [26, 41, 42], whereas for Direct/Sensitized FRET, the FRET channel must use a donor exciter and acceptor emitter [43–45]. An alternate intensity-based assay measuring donor dequenching after acceptor bleaching provides specific and accurate static information about FRET efficiency, but this assay is limited to single measurement due to its destructive nature. The nondestructive and fluorescence-decay kinetics-based methods, such as detection of change in the excited-state lifetime of the donor molecule, still need further development [29, 38]. For example using the fluorescence lifetime imaging microscopy (FLIM) technique, the decay kinetics of a chromophore are measured in a nanosecond timeframe. Though this technique can spatially resolve various physiological parameters in live cells independent of the chromophore concentration, temporal resolution still remains as a major limitation associated with FLIM [46, 47].

## 3. FRET to study compartmentalized cyclic-nucleotide signaling

In recent years, Ratiometric FRET technology has been successfully exploited to monitor the spatially restricted dynamics of a variety of cellular messengers, such as cAMP, cGMP and Ca<sup>++</sup>, and to visualize the flow of a signaling cascade in real time [48–51]. In this review, we emphasize the development and application of FRET-based sensors to resolve

the spatiotemporal dynamics of cyclic nucleotides and cyclic nucleotide-dependent signaling in healthy and diseased cells. In cells, cAMP and cGMP are synthesized by adenylyl cyclase (AC) and guanylate cyclase (GC), respectively, and both cytosolic and membrane-bound forms of these two enzymes have been identified [18, 52, 53]. After synthesis, these cyclic nucleotides either degrade to their corresponding monophosphates by the action of different isoforms of phosphodiesterases (PDEs) or efflux out of the cell by the action of endogenous membrane transporters, such as MRP4/5 [2, 11, 13]. Among the eleven isoforms of PDEs, PDE 4, 7 and 8 are cAMP specific and PDE 5, 6 and 9 are cGMP specific, whereas other isoforms exhibit dual specificity [13, 54]. The distinct localizations and specificities of the enzymes maintain the discrete microdomains of cyclic nucleotides in response to different intrinsic and extrinsic signals. The spatial organization of different effector molecules by the scaffolding proteins also assists the establishment of the specific compartments where MRP4/5, together with several isoforms of PDEs, play pivotal roles in maintaining the localized restricted diffusion of these second messengers, instead of a rapid and global modulation, to induce a more-specific response [2].

In biology, the most-commonly used fluorophore, green fluorescence protein (GFP), has inherent limitations, such as slow rotation and spatially-restricted behavior, that make it unsuitable for use as a FRET indicator in bioimaging [55, 56]. However, spectral mutants of GFP, cyan (CFP) and yellow (YFP), form the best pair of FRET fluorophores [29, 57]. To visualize the spatiotemporal dynamics of cAMP, fluorophores have been attached to the cAMP-dependent protein kinase A (PKA) subunit. Unlike the bimolecular  $\text{Ca}^{++}$  indicator 'Cameleon' that consists of CFP-calmodulin and calmodulin-binding peptide M13-YFP and gives a larger FRET signal upon  $\text{Ca}^{++}$  binding [49, 58, 59], binding of cAMP to the PKA-regulatory subunit induces the release of catalytic subunits and therefore disrupts the FRET signal, followed by an increase in the donor-to-FRET ratio [51, 60]. Using the PKA-based FRET indicator, it has been determined that migrating cells have polarized accumulation of cAMP at the leading edge [61], and recently we have shown that inhibition of MRP4 augments the polarized cAMP concentration at the leading edge of a migrating fibroblast and thus facilitates cell migration [41]. To overcome the variability in expression of different subunits and endogenous unlabeled-molecules-mediated error in FRET detection, the need for a unimolecular fluorescent indicator arises. The cAMP-dependent conformational change in Exchange protein directly activated by cAMP (EPAC) makes it a readily targetable FRET-based sensor for cAMP by fusing the N terminus of EPAC with CFP and the C terminus with the YFP analogue [62]. Upon cAMP binding, EPAC undergoes a conformational change to liberate the catalytic domain, which moves CFP and YFP apart from each other to cause a reduced FRET signal [26, 27, 41]. Considering the relatively larger conformational change induced by cGMP and an almost 100-fold higher selectivity for cGMP compared to cAMP, cGMP-dependent protein kinase (PKG) has been modified and flanked by CFP and an improved pH-insensitive YFP variant. Thus, an efficient genetically encoded FRET-based cGMP sensor called Cygnet 2.1 has been developed to visualize cGMP regulation in real time. Cygnet 2.1 undergoes a 1.4- to 1.5-fold increase in cyan-to-yellow emission upon saturation, and this dynamic range is comparable to the cAMP sensor [50, 63]. The mechanism of FRET sensors specific for cAMP and cGMP is illustrated in Figure 1. These fluorescent sensors not only resolve the precise

augmentation of intracellular cAMP and cGMP dynamics, but also provide useful tools to determine the functional efficacy of various PDE and MRP4/5 inhibitors through the real-time monitoring of the competitive inhibition of cyclic nucleotides catabolism and efflux, respectively.

Our laboratory has successfully determined the spatiotemporal alteration of cyclic nucleotides at or near the plasma membrane by the effect of cilostazol (PDE3 inhibitor), zaprinast (PDE5 inhibitor) and MK571 (MRP4 inhibitor) in various cell types [26, 41, 43]. Unlike conventional cell population-based assays, the fluorescent single-cell imaging method also is capable of potentially discriminating cell-to-cell heterogeneity in particular signaling processes [64, 65].

Signaling involving membrane proteins is expected to be more profound at or near the membrane. A further modification of the FRET sensors by inserting a myristoylation-palmitoylation site into the N-terminus of the backbone sequence, anchored the protein in the plasma membrane [66]. These membrane-bound sensors can allow the resolution between global and membrane-restricted alterations of signaling messengers and provide a better understanding of the spatiotemporal regulation of various signaling cascades. Similarly, the insertions of other targeting motifs (e.g., specific for mitochondria or the nucleus) into the FRET sensor will allow a direct sensing of cyclic nucleotide dynamics at different subcellular regions inside the cell and the differential regulation of cellular targets [66–68].

#### 4. FRET in protein-protein interactions

Recent advancements in fluorescent-protein biology, imaging methods and analyzing technologies enable the visualization of not only protein concentration, localization and trafficking, but also the mobility and interactions crucial for the function and regulation of a particular protein [69–73]. Interactions between proteins have been well studied and found to be responsible for a defined yet segregated functional and structural regulation of the interacting partners in a highly compartmentalized fashion. Regular biochemical approaches such as co-immunoprecipitation and yeast-two-hybrid screens are unable to map the specific association of various proteins in real time in living cells. FRET has added breadth to this by detecting the proximity of donor and acceptor fluorophore-fused interacting partners [72, 74–76]. Using this instantaneous and reversible method [77], both association and dissociation of the interacting proteins can be monitored under physiological conditions, which is impossible to obtain by the conventional techniques. FRET microscopy does not require the protein partners to touch each other and contributes no attraction or repulsion by itself, but typically measures the emission of both donor and acceptor after excitation of only the donor molecule [36]. For example, the most popular donor-acceptor pair, CFP/YFP, is only able to produce FRET when located closer to each other than 100Å, although they cannot come closer than 30Å to each other after being buried 15Å into the target proteins [30]. Figure 2 illustrates the induction of FRET signals by interaction of two donor and acceptor fluorophore-conjugated proteins. Recent development of DsRed protein, with increased tissue penetration and better spectral separation from cellular auto-fluorescence [78], can provide another useful FRET pair with GFP [79, 80]. In fixed cells, FRET also can

be measured by immunofluorescence techniques using fluorescently tagged proteins or by microinjection of dye. FRET cannot be measured by ratio of donor and acceptor emission when donor and acceptor are two separate molecules, due to the difference in expression levels and involvement of mixed complexes between fluorescent and endogenous proteins [35]. The mathematical processing of three images with necessary correction for Direct/Sensitized FRET is required for visualization and quantification of energy transfer. In order to perform direct FRET, specific filters for either three channels (donor, acceptor and FRET) or two channels (donor or acceptor and FRET) should be configured with respective excitation and emission. Subsequent corrections are necessary to minimize the effect of background and crosstalk between channels [43, 44].

FRET allows the visualization of receptor dimerization and signaling protein interactions associated with various signaling cascades in real time [69, 70]. In our laboratory, we have detected significant FRET signal using YFP-CFTR as acceptor and CFP-PDE3A as donor molecules with a high spatiotemporal resolution, which allowed direct visualization of CFTR-containing macromolecular complexes at or near the plasma membrane and modulation of interaction sensitivity by the cyclic nucleotides levels in the vicinity [43]. In addition, the membrane surface density of the membrane-localized proteins, depending on their interactive properties and state of oligomerization in membrane bilayer surface, also can be resolved by FRET technology [81]. Both inter- and intra-molecular interactions that mediate stabilization of the multi-domain signaling protein PKC $\alpha$  also were studied using FRET to understand the auto-inhibition and activation of the kinase and subsequent nodal regulation of cell signaling by PKC $\alpha$  [16]. Not only protein-protein interactions, but also protein-nucleotide interactions can be visualized by FRET imaging. Altered interaction between RNA-binding proteins and RNA has been implicated in a number of disorders including myotonic dystrophy. Recently, acceptor photo-bleaching FRET techniques revealed important RNA motifs and RNA-binding domains that are involved in RNA toxicity [82]. Similarly, interactions between proteins and DNA are important for regulation of gene expression. The interaction between DNA and transcriptional activator or repressor proteins can be detected by FRET and thus, epigenetic regulation and other transcription modulations can be explored in real time and space [83]. With the development of drug delivery, efforts have been made to develop protein-conjugated formulations for targeted drug therapy. The efficacy of drug-protein conjugation, as well as proper intracellular targeting of drug molecules, can be evaluated by measuring the FRET signal between the drug core and the protein shell or the delivered formulation and targeted receptors in live cells [84].

However, false-negative and false-positive detection are sometimes associated with this intermolecular FRET system. Although the weak affinity of GFP variants mainly for membrane-anchored proteins is responsible for false-positive FRET to some extent, the development of new mutated monomerized GFPs eliminates this defect [35, 77]. Improper orientation of the fluorescent donor and acceptor molecules sometimes distances them from each other and thus abrogates the FRET signal, even though the fusion partners are interacting. Therefore, obtaining higher spatiotemporal resolution of an already known interaction may be a better use of the FRET technique than screening the proteomes of unknown interacting partners.

## 5. Signaling effectors and FRET

In addition to cyclic nucleotides, myriads of effector molecules play important roles in compartmentalized signaling. Various FRET sensors have been used extensively to study signaling effectors in real time and space. Unimolecular FRET-based biosensor for  $\text{Ca}^{2+}$  has been developed for real-time monitoring of highly localized  $\text{Ca}^{2+}$  signals in live cells. This improved Cameleon indicator consists of a tandem fusion of CFP, calmodulin, calmodulin-binding peptide M13 and YFP. Upon  $\text{Ca}^{2+}$  binding, calmodulin mingles with M13 and gives a higher FRET signal [49]. Further modifications of the acceptor and donor fluorophores improved the pH sensitivity of the sensor [48]. With the development of Troponin C (TnC)-based FRET that possesses higher sensitivity, better ion selectivity and complete inertness toward the host-cell biochemistry, the *in vivo*  $\text{Ca}^{2+}$  imaging gained improved response kinetics, signal size, stability, and temporal resolution [85]. Using specifically targeted unimolecular FRET sensors comprised of the  $\epsilon$  subunit of bacterial  $\text{F}_0\text{F}_1$ -ATP synthase, Imamura, *et al.* monitored real-time dynamics of ATP, the major energy currency of cells, at different subcellular compartments and found a direct correlation between glycolysis and ATP generation specifically in the mitochondria [86]. Protease activities also have been monitored in real time using various protease substrates containing FRET sensors that get cleaved by specific proteases causing a disruption in FRET signal [87]. In cells, cyclic nucleotides execute their function primarily via the activation of their effector kinase (e.g., PKA and PKG), and FRET can be used as a powerful tool for visualization of the kinase activities [88, 89] by using the specific phosphorylation substrate peptide flanked by CFP and YFP as sensors [90–93]. The improved, membrane-targeted, forkhead-associated domain 1 (FHA1) and the PKA substrate sequence LRRATLVD containing sensor (pmAKAR<sub>3</sub>) has been used for monitoring the polarized PKA activation in the leading edge, which is an essential early hallmark step for directional cell migration [61, 94]. The use of FRET-based kinase sensors may significantly contribute to the identification of downstream effector kinases that mediate regulation of various signaling processes and detection of the correlation between cyclic nucleotide dynamics and kinase activity in real time and space. Both PKA and PKG have been shown to dichotomously regulate various complex and integrated biological processes in a Rac GTPase-dependent manner and also via involvement of other signaling molecules [14, 17, 18, 95, 96]. Rac activation in membrane ruffling at the leading edge of a migrating cell has been observed by FRET technology using p21-activated kinase (PAK1)-based sensors that specifically bind to activated Rac [21]. Similarly, growth factor-induced activation of Ras at the plasma membrane was unraveled using a unimolecular FRET sensor consisting of H-Ras and the Ras-binding domain of Raf (called Raichu-Ras), whereas a simultaneous activation of Rap1 in the perinuclear region was detected using an identical Raichu-Rap sensor [20, 28].

## 6. Future prospects

Considering the complexity of different endogenous signaling molecules, currently available and yet-to-be-developed specific FRET-based sensors can be used as a direct indicator of protein function with high spatiotemporal resolution in live cells. For the successful development of new sensors, overlap of the excitation and emission spectra for donor and acceptor need to be minimized rather than maximizing the overlap between the donor

emission and acceptor excitation spectra [40]. With advanced FRET technology, it is no more impossible to visualize whether, together with the uneven expression levels, the differential protein activities at different subcellular localization and in various macromolecular environments in the vicinity are responsible for the precise regulation of specific cellular events. Using FRET-based methods, the contribution of protein-protein interactions in restricted cellular compartments can be monitored in real time, and the heterogeneity of signaling cascades at different locations under the influence of a unique cue can be revealed and interpreted. To some extent, our group and others have tried to use FRET as a novel approach to identify the spatial regulation of various protein interactomes and define the repertoire of signaling events. Thus, beyond the extensively studied whole-cell signaling mediated by effector molecules, an emphasis has been continually imparted on the spatiotemporal regulation of various physiological and pathological signaling phenomena. However, the scope of FRET technology with perpetual improvements is yet to be explored for resolving the complexity of biological processes. With the commercial availability of high-content microscopy [97, 98], we await a new era with FRET indicators available for rapid and instantaneous optical imaging of biochemical and physiological functions as well as for high-throughput screening of inhibitor, potentiator and interacting partners of specific protein molecules. In addition, nucleotide-interacting and -modulating proteins can be identified using FRET-based methods that can provide attractive strategies for development of genetic and epigenetic therapies. Even for the evaluation of targeted drug delivery, FRET technology has been implicated to be important. Development of fluorescent reporters with more sensitivity for the subtle conformational changes associated with some interesting intracellular events will provide visualization of activation and localization of endogenous biomolecules involved in diverse signaling cascades. Advanced single-molecule spectroscopy holds great promise in revealing the lateral mobility, trafficking and interaction patterns of a single protein molecule in live cells [43, 99]. Altogether, taking the advantages from live cell fluorescent markers in conjunction with advanced FRET-based imaging technology, researchers will continue to assess and understand the functional outcomes associated with the heterogeneous and multilayered cell signaling processes.

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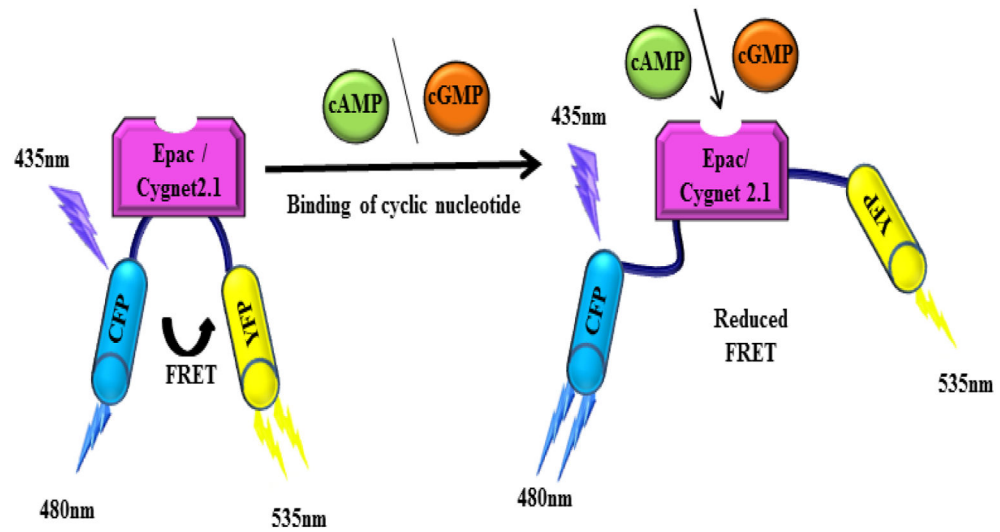
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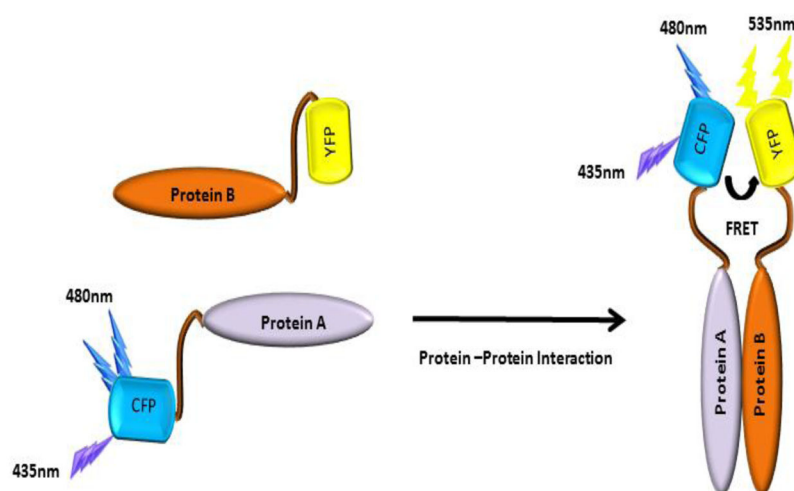
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### High Lights

1. FRET is the transfer of energy from an excited fluorophore to a nearby chromophore.
2. Compartmentalized signaling regulates the preciseness of cell behaviors.
3. Spatio-temporal regulation of cellular events can be monitored by FRET in live cells.
4. We explored application of FRET in understanding the compartmentalized cell signaling.



**Figure 1.** Mechanism of FRET based sensors specific for cyclic nucleotides. Binding of cAMP and cGMP to the Epac and Cygnet 2.1 sensor respectively induces a conformation change to the corresponding sensors. The change in conformation takes the donor and acceptor fluorophores apart from each other which leads to a reduced FRET signal.



**Figure 2.** Induction of FRET signal by protein-protein interaction. Two proteins conjugated with donor and acceptor fluorophores respectively, can induce FRET signal when they interact with each other and are located closer than 100Å.