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Markers of Antigen Presentation and Activation on Eosinophils and T Cells in the Esophageal Tissue of Patients With Eosinophilic Esophagitis

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Abstract

Objectives—Evidence suggests eosinophils may be acting as antigen-presenting cells (APCs) by presenting antigen to T cells. We investigated the surface proteins of eosinophils and T cells in the esophageal biopsies of patients with eosinophilic esophagitis (EoE), patients with gastroesophageal reflux disease (GERD), and healthy controls (HCs).

Methods—Subjects were categorized as EoE, GERD, or HC. In esophageal tissue, EG2+ eosinophils were stained for the APC markers, CD40 or CD80, via immunohistochemistry. CD3+ T cells were stained for costimulatory markers, CD40L or CD28, and for activation markers, CD69 or CD134, via immunofluorescence or immunohistochemistry.

Results—Eosinophils stained with CD40 and CD80. The number of EG2+ CD40+ cells was increased in EoE (mean 19.1 \pm 14.8 cells/high-power field [HPF], n = 11), compared with GERD (mean 0.13 \pm 0.19 cells/HPF, n = 5, *P* < 0.01) and HC (mean 0.3 \pm 0.7 cells/HPF, n = 5, *P* < 0.01). There was an elevation in EG2+CD80+ cells in EoE (mean 18.1 \pm 16.2 cells/HPF, n = 5, *P* < 0.01). There was an elevation in EG2+CD80+ cells in EoE (mean 0.8 \pm 1.3 cells/HPF, n = 6, *P* < 0.01). CD3+ T cells stained with CD40L (not quantified). CD3+ T cells stained with CD28 at elevated levels in EoE (mean 14 \pm 8.7 cells/HPF, n = 7, *P* < 0.01). The number of CD3+CD69+ cells was highest in EoE (mean 14.8 \pm 7.5 cells/HPF, n = 6) versus GERD (mean 0.8 \pm 0.9 cells/HPF, n = 6, *P* < 0.001) or HC (mean 2.7 \pm 2.5 cells/HPF, n = 6, *P* < 0.001).

The authors report no conflicts of interest.

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See "Antigen Presentation by Eosinophils in Eosinophilic Esophagitis?" by Davis and Rothenberg on page 242.

Conclusions—We show that esophageal eosinophils express CD40 and CD80, and T cells with CD40L, CD28, and CD69. The number of double-stained cells was higher in EoE in comparison to control groups. These data support the hypothesis that eosinophils in EoE may act as APCs, activating T cells.

Keywords

antigen-presenting cells; eosinophilic esophagitis; eosinophils; T-cell activation

Eosinophilic esophagitis (EoE) is an emerging clinicopathologic disease characterized by the abnormal infiltration of eosinophils into the esophageal mucosa. EoE typically presents with nonspecific upper gastrointestinal symptoms such as emesis, poor feeding, and epigastric pain, and can clinically be indistinguishable from gastroesophageal reflux disease (GERD). As supported by the high association with other atopic conditions such as asthma and food allergies, EoE is believed to be triggered by food and environmental allergens, implying an interaction between adaptive immunity, that is the T cells, and eosinophils. The underlying pathogenesis of EoE is not well characterized; specifically, how eosinophils interact with T cells remains unknown (1,2).

Previous work from our laboratory and other supports T-cell involvement in the disease pathogenesis of EoE (3). Increased levels of CD3+FoxP3+ cells were found in the esophageal biopsies of patients with EoE, compared with healthy controls (HCs) and patients with GERD. Additionally, performing real-time quantitative polymerase chain reaction assays on the RNA purified from esophageal biopsies revealed 1.5-fold higher FoxP3 mRNA expression in EoE in comparison with control groups (4).

Additional studies on esophageal biopsies investigate the role of eosinophils in local inflammation. Recent data suggest that eosinophils in several allergic conditions may be acting as antigen-presenting cells (APCs) by presenting processed antigen to T cells and initiating the inflammatory cascade (Fig. 1) (5–10). Previous work from our laboratory found major histocompatibility complex (MHC) class II molecules or human leukocyte antigen, HLA-DR, expressed on eosinophils. Moreover, the proportion of HLA-DR expression was found to be higher in EoE than in either HC or GERD groups, suggesting eosinophils may be playing a role in antigen presentation (11).

In the present study, we hypothesized that eosinophils may act at APCs and activate T cells. To test this, we studied whether costimulatory markers CD28 and CD40L (typical of T cells), and CD80 and CD40 (typical of APCs), were present on eosinophils and T cells, respectively, from subjects with EoE. In the same samples, we also investigated several markers of T-cell activation including CD 69, the earliest inducible marker of activation, and CD134, an acute marker that occurs within days. Studies were performed on esophageal biopsies of subjects with EoE and compared with those of patients with GERD and HCs.

Methods

Patient Selection

Pediatric and adult patients undergoing upper endoscopy for upper gastrointestinal symptoms at Lucile Packard Children's Hospital or California Pacific Medical Center were eligible to participate in the present study (Table 1). Patients willing to participate were consented before the endoscopy. Subjects who had no pathological basis for symptoms and who had a negative pH probe were considered HCs. Patients were excluded from the study if they were diagnosed as having eosinophilic gastroenteritis or colitis, inflammatory bowel disease, infection, autoimmune disease, celiac disease, or oncologic process. Systemic steroid use also precluded participate. Information regarding medication use, allergies, and diet restrictions was collected when possible. The study was performed under the Stanford University institutional review board protocols according to the Declaration of Helsinki guidelines.

According to EoE general clinical guidelines, we used the histologic criteria of 15 eosinophils/high-power field (HPF) in conjunction with the presentation of upper gastrointestinal symptoms to define the EoE group (1). HCs were considered those who had no clinicopathological basis for their upper gastrointestinal symptoms. Patients who presented with upper gastrointestinal symptoms and/or had a positive pH probe study, as well as <15 eosinophils/HPF, were diagnosed as having GERD. Clinical pathologist in the Stanford University's Department of Pathology made the histologic diagnosis using hematoxylin and eosin, according to standard of care.

Sample Collection

Proximal and distal esophageal biopsies were collected from subjects during endoscopy. Samples were immediately placed in formalin after collection and later, were paraffin embedded by the Stanford University's Department of Pathology. Separate sample sets were used for histologic diagnosis by the pathologist, and investigation in our study.

Immunohistochemistry

We used a random combination of both proximal and distal esophageal biopsies throughout our study. Paraffin-embedded esophageal tissues were placed in xylene, then sequentially in 100%, 95%, and 70% ethanol to remove the paraffin wax. To unmask antigen, slides were placed in a pressure cooker to 120°C in Diva Decloaking buffer (Biocare Medical, Concord, CA), and then cooled. To block endogenous peroxidase and non-specific binding, H₂O₂ and protein blocks were applied. Tissue was exposed to antihuman primary antibodies for 2 hours or overnight at varying concentrations: mouse EG2 (1:150, kind gifts from Dr Reinhard Raggam and Phadia, Uppsala, Sweden), rabbit CD40 (1:150, Abcam, Cambridge, MA), mouse CD28 (1:250, BD Biosciences, San Jose, CA), rabbit CD3 (1:150, Vector Labs, Burlingame, CA), mouse CD134 (1:50, Biolegend, San Diego, CA), and mouse CD69 (1:50, Abcam). Following washes, secondary antibodies or MACH 2 Double Stain (mouse horseradish peroxidase and rabbit alkaline phosphatase, BioCare, Concord, CA) was incubated for 30 minutes. Slides were developed with 3,3'-diaminobenzidine and ferengi

blue, and then mounted for visualization. Cells were then counted under HPF (\times 400) at 3 different areas of highest eosinophil infiltration in the tissue.

Immunohistochemistry With Biotin-Strepavidin

Similar to immunohistochemistry (IHC), slides underwent the same procedure for paraffin wax removal and antigen unmasking. H_2O_2 and goat serum (5%, Jackson ImmunoResearch, West Grove, PA) were used to block endogenous peroxidase and non-specific binding, respectively. Tissue was exposed to anti-human primary antibody rabbit CD80 (1:500, Epitomics, Burlingame, CA) for 2 hours or overnight. Following washes with phosphate-buffered saline Tween-20 (Abcam), biotin-SP-conjugated goat anti-rabbit was applied for 30 minutes (1:2000, Jackson ImmunoResearch). Slides were washed and then incubated with strepavidin conjugated with alkaline phosphatase (2 µg/mL, Jackson ImmunoResearch) and MACH 2 mouse horseradish peroxidase (BioCare) for 30 minutes. Following another set of washes, samples were then developed and mounted as above.

Immunofluorescence

Similar to IHC, slides underwent the same procedure for paraffin wax removal and antigen unmasking. H_2O_2 and donkey serum (5%, Abcam) were used to block endogenous peroxidase and nonspecific binding, respectively. Tissue was exposed to anti-human primary antibodies for 2 hours or overnight: mouse EG2 (1:150, kind gifts from Dr Reinhard Raggam and Phadia), rabbit CD40 (1:150, Abcam), mouse CD40L (1:50, Santa Cruz Biotech, Santa Cruz, CA), rat HLA-DR (1:75, Biolegend) and rabbit CD3 (1:150, Vector Labs). Following washes, donkey anti-mouse Alexa Fluor 594, donkey anti-rabbit Alexa Fluor 350, and donkey anti-rat Alexa Fluor 488 (1:500, all Invitrogen, Grand Island, NY) were applied. Slides were then mounted for visualization.

Statistics

We used the GraphPad Prism software (GraphPad Software, La Jolla, CA) for statistical analysis. To determine stastical significance, we used the 1-way analysis of variance nonparametric Kruskal-Wallis test and Dunn posttest with a *P* value of <0.05 used as the threshold for significance.

Results

Eosinophil Staining

To identify eosinophils, we used a monoclonal EG2 antibody, which has been established to reliably identify eosinophils (12,13). Esophageal tissue was double stained with EG2 and APC cell surface proteins, CD40 receptor or CD80 ligand. Using IHC, we found the majority of all eosinophils (78%) in the patients with EoE were costained with CD40 (n = 11) (Fig. 2) versus (0%–8%) in the HC tissue. The percentage of the few eosinophils that also double stained for CD40 was 66% in GERD (n = 5), and 100% in HC (n = 5). The number of EG2+CD40+ cells was significantly elevated in the EoE group (mean 19.1 ± 14.8 cells/HPF) in comparison with the control groups, GERD (mean 0.13 ± 0.19 cells/HPF, *P* < 0.01), and HC (mean 0.3 ± 0.7 cells/HPF, *P* < 0.01) (Fig. 3A). CD40+ staining was observed in cells other than eosinophils. The number of these unidentified EG2–CD40+ showed great

variability among the samples with EoE (mean 99.3 \pm 25.1 cells/HPF), GERD (mean 53.7 \pm 26.4 cells/HPF, *P* < 0.05), and HC (mean 63.7 \pm 49.2 cells/HPF, *P* > 0.05). Similar findings occurred in immunofluorescence, in which EG2+ cells costained with CD40, as well as HLA-DR (quantification was not possible given the absence of a nuclear stain to identify individual cells) (Fig. 2). Approximately, 64% of EG2+ eosinophils were CD80+ in the patients with EoE (n = 10). The percentage of eosinophils that were CD80+ in GERD and HC was 87% (n = 6) and 100% (n = 6), respectively (Fig. 2). The number of double-stained EG2+CD80+ cells was highest in EoE (mean 18.1 \pm 16.2 cells/HPF) versus GERD (mean 1.7 \pm 2.8 cells/HPF, *P* < 0.01) or HC (mean 0.8 \pm 1.3 cells/HPF, *P* < 0.01) (Fig. 3B). We also observed EG2 – cells that stained with CD80. The number of EG2–CD80+ cells was highest in EoE (mean 158.2 \pm 63.1 cells/HPF) in comparison to GERD (mean 96.8 \pm 32.1 cells/HPF, *P* < 0.05) or HC (mean 81.2 \pm 24.8 cells/HPF, *P* < 0.05).

T-Cell Staining

T cells were identified by activation marker CD3. In IHC, the number of CD3+ T cells in patients with EoE (mean 19.6 \pm 20.3 cells/HPF, n = 9) was compared with HC (mean 5.2 \pm 4.0 cells/HPF, n = 10, *P* < 0.05) and GERD (mean 6.8 \pm 3.5 cells/HPF, n = 8, *P* > 0.05). We also found CD3+ T cells costained with CD40L using immunofluorescence (cells not quantified). We did not observe any CD3+CD40L+ cells staining for HLA-DR (Fig. 4). T-cell receptor, CD28, was present in 64% of T cells in EoE (n = 9), 67% GERD (n = 6), and 69% HC (n = 7) (Fig. 4). The number of CD3+CD28+ cells was significantly elevated in EoE (mean 14 \pm 8.7 cells/HPF, n = 9) patients versus GERD (mean 3.3 \pm 1.2 cells/HPF, n = 6, *P* < 0.05) or HC (mean 3.0 \pm 3.2 cells/HPF, n = 7, *P* < 0.01) (Fig. 3C). Lastly, in IHC, we found CD3+ T cells costained with CD69 and CD134 (Fig. 5). The proportion of CD3+ cells that were also CD69+ was 75%, 12%, and 33% in EoE (n = 6), GERD (n = 6), and HC (n = 6), respectively. Also, the mean number of CD3+CD69+ cells was highest in EoE (mean 14.8 \pm 7.5 cells/HPF) versus either GERD (mean 0.8 \pm 0.9 cells/HPF, *P* < 0.001) or HC (mean 2.7 \pm 2.5 cells/HPF, *P* < 0.001) (Fig. 3D). Preliminary data on CD134 showed that some patients with EoE had elevated CD3+CD134+ cells (Fig. 5).

Discussion

The hallmark of EoE is marked eosinophilic infiltration in the esophageal mucosa; however, the role these eosinophils play in the underlying pathogenesis is not well characterized. It is unclear whether eosinophils are simple bystanders of disease or active participants driving the inflammatory process.

Recent evidence in mice models and in vitro suggests eosinophils may play a central role as APC, processing and presenting antigen to T cells (5,6,9). In asthmatics, airway eosinophils have been shown to express MHC class II protein, HLA-DR (8). Additionally, following exposure to allergen, eosinophils in the airway of allergic patients were found to process antigen and promote lymphocytic proliferation (7). Previous work from our laboratory was the first to suggest that eosinophils in EoE may also be acting as APC by demonstrating esophageal eosinophils express HLA-DR (11).

The present study investigates several costimulatory proteins that are integral for APC and T-cell communication. Following TCR and MHC class II binding, costimulatory proteins CD40, CD80 (B7.1), and CD86 (B7.2) are upregulated by the APC. T-cell activation occurs following binding of CD40 with CD40L (CD154), and CD80 or CD86 with CD28, on APC and T cells, respectively. In esophageal biopsies, we found that EG2+ eosinophils costain with CD40 and CD80, and that the number of double-stained cells was significantly elevated in EoE in comparison to either GERD or HC tissue. Such findings support the hypothesis that eosinophils in EoE may play an active role as APC, driving inflammation and tissue remodeling in esophageal mucosa. Of note, we found cells other than eosinophils expressed both CD40 and CD80—not surprising findings as both proteins are known to be present on B cells, dendritic cells, and macrophages. Additionally, CD80 has been found on epithelial cells (14). The role these cells play in the disease pathways of EoE is under investigation (15).

Moreover, studies support T_H2-cell signaling in EoE pathogenesis, which is crucial in mediating allergic responses. T cells, unlike B cells, are required for trafficking of eosinophils into the esophagus (16). We found elevated levels of CD3+ T cells in esophageal tissue of EoE when compared with HC (17,18). Interleukins (IL) produced by T cells such as IL-13 and IL-5 are critical to eosinophil recruitment and activity (19–21). Upon allergen stimulation, T cells produce IL-13, which in turn leads to over-expression of eotaxin-3 and eosinophil attraction (22,23). IL-5 mediates eosinophilic-induced collagen deposition and tissue remodeling. Clinical trials show IL-5 antibodies decrease esophageal eosinophilic infiltration in patients with EoE (24).

The results from our study presented here provide insights into the role of T cells in EoE. We found that CD3+ T cells stain positive for both CD28 and CD40L. The number of CD3+CD28+ and CD3+CD40L cells was elevated in EoE in comparison with controls providing additional support that antigen presentation may play an important role in disease. We also investigated nonconstitutive markers (unlike CD28) involved in T-cell activation, CD69 and CD134. CD69, the earliest inducible protein following lymphocyte activation, has been found to be upregulated in allergic airway in chronic inflammatory conditions (25). CD134 (OX40), a tumor necrosis factor receptor, has been shown to have a role in allergic conditions of the esophagus and airway. CD134 is also believed to be a marker of acute not chronic inflammation, appearing within several days of activation (26,27). We found CD3+ T cells stain for CD69, and elevated levels in CD3+CD69+ cells in EoE versus HC or GERD. For some but not all patients with EoE, we found elevated levels of CD3+CD134+ cells. This subset of patients was observed to have other untreated atopic conditions (eg, food allergies, asthma). Because this was a cross-sectional study, we have not been able to investigate the initial steps of immune activation during EOE. We hypothesize that eosinophils and T cells interact in a circular pathway to promote the pathology of EOE; however, to date we have not yet determined whether eosinophils are first recruited to the site of inflammation and then stimulate antigen-specific T cells. Alternatively, T cells could be activated by other resident or infiltrating professional APCs (eg, macrophages, dendritic cells).

In summary, the present study provides initial data to help determine how eosinophils and T cells may interact during EoE pathogenesis. We demonstrate that proteins involved in antigen presentation are present on both eosinophils (CD40 and CD80) and T cells (CD40L and CD28). Moreover, we found acute markers of T-cell activation elevated in EoE. These data add additional support to the hypothesis that eosinophils in EoE are processing and presenting allergen to T cells, and could be involved in T-cell activation, inflammation, and tissue remodeling.

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Figure 1.

Schematic of T-cell and antigen-presenting cell (APC) interaction. TCR = T-cell receptor, CD28 and CD40L, and MHC II = major histocompatibility complex, CD80 and CD40 on T cells and APC, respectively.



Figure 2.

Representative eosinophil staining, (400×). Left column: EG2+(brown), CD40+(blue), (IHC). Middle column: EG2+(red), HLA-DR+(green), CD40+(blue), (IF). Right column: EG2+(brown), CD80+(blue), (IHC). EG2 = eosinophil cationic protein-clone EG2; EoE = eosinophilic esophagitis; GERD = gastroesophageal reflux disease; HC = healthy control; HLA-DR = human leukocyte antigen-DR; IF = immunofluorescence; IHC = immunohistochemistry.



Figure 3.

Comparison of double-stained cells. A, Number of tissue EG2+ eosinophils that demonstrated double staining with CD40+ among patients with EoE, GERD, and HC. B, Same for EG2+ eosinophils and CD80+ double staining among all groups. C, Number of CD3+ T cells that demonstrated double staining for CD28+ among all groups. D, Same for CD3+ T cells and CD69+ among all groups. EoE = eosinophilic esophagitis; GERD = gastroesophageal reflux; HC = healthy control.



Figure 4.

Representative T-cell staining (original magnification \times 400). Left column: CD3+(blue), CD28+(brown), (IHC). Right column: CD3+(blue), CD40L+(red), HLA-DR+(green), (IF). EoE = eosinophilic esophagitis; GERD = gastroesophageal reflux disease; HC = healthy control; IF = immunofluorescence; IHC = immunohistochemistry.



Figure 5.

Representative T-cell activation staining, (original magnification \times 400). Left column: CD3+ (blue), CD69+ (brown), (IHC). Right column: CD3+ (blue), CD134/OX40+ (brown) (IHC). EoE = eosinophilic esophagitis; GERD = gastroesophageal reflux disease; HC = healthy control; IHC = immunohistochemistry.

Table 1

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Patient no.	Diagnosis	Age	Sex	Allergies	Therapy	Antibodies
1	EoE	4 y	Μ	Food allergies	Diet elimination	CD28, CD40 (IHC, IF), CD40L, CD69, CD80
2	EoE	8 y	Μ	Multiple food allergies		CD28, CD40 (IHC), CD40L, CD69, CD80, CD134
3	EoE	18 y	М	None		CD28, CD40 (IHC, IF), CD69
4	EoE	17 y	Μ	None		CD28, CD40 (IHC), CD40L, CD80
5	EoE	15 y	М	None	PPI, viscous budesonide	CD28, CD40 (IHC, IF), CD40L, CD80, CD134
9	EoE	9 y	Μ	None		CD28, CD40 (IHC), CD40L, CD69, CD80, CD134
7	EoE	19 y	Μ	Multiple food allergies	PPI, swallowed fluticasone	CD28, CD40 (IHC, IF), CD40L, CD80, CD134
8	EoE	16 y	Ц	Food allergy	Idd	CD28, CD40 (IHC, IF), CD40L, CD69, CD80
6	EoE	3 y	М	Multiple food allergies	H2-blocker	CD28, CD40 (IHC, IF), CD40L, CD69, CD80
10	EoE	4 y	М	Food allergy		CD40 (IHC, IF), CD40L, CD80, CD134
11	EoE	11 y	Μ	Food allergy		CD80, CD134
12	EoE	2 y	Ц	None		CD40 (IHC, IF), CD40L
13	EoE	13 y	М	Food and environmental allergies	Diet elimination, swallowed fluticasone	CD134
14	EoE	17 y	М	Multiple food allergies		CD134
15	GERD	15 y	М			CD28, CD40 (IHC, IF), CD40L, CD69, CD80,
16	GERD	15 mo	М	Food allergies		CD28, CD40 (IHC), CD69
17	GERD	18 y	М		Idd	CD28, CD80
18	GERD	12 y	Ц			CD28, CD69, CD80
19	GERD	10 y	Ц			CD28, CD40 (IHC), CD40L, CD69, CD80, CD134
20	GERD	2 mo	М			CD28, CD40 (IHC, IF), CD69, CD80
21	GERD	6 y	Ц		Idd	CD40 (IHC), CD69
22	GERD	16 y	М	Food and environmental allergies		CD80, CD134
23	НС	4 y	Μ			CD28, CD40 (IHC), CD69, CD80,
24	НС	2 y	ц			CD28
25	НС	11 y	ц			CD28, CD40L, CD69, CD80
26	НС	2 y	Μ	Food allergy		CD28, CD40 (IHC), CD80
27	НС	2 y	М			CD28, CD40 (IHC), CD80
28	HC	4 y	ц			CD28, CD40 (IHC, IF), CD69, CD80

Patient no.	Diagnosis	Age	Sex	Allergies T	herapy	Antibodies
29	НС	6 y	Ц			CD28, CD40 (IHC), CD69, CD80
30	HC	4 y	Μ	Many food allergies, asthma		CD134
31	HC	10 y	ц	Food and environmental allergies D	biet elimination	CD134
32	HC	6 y	ц			CD40L, CD69
33	HC	18 y	Ц			CD69

EoE = eosinophilic esophagitis; GERD = gastroesophageal reflux disease; H2-blocker = H2-receptor antagonist; HC = healthy control; IF = immunofluorescence; IHC = immunohistochemistry; PPI = proton pump inhibitor.