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Determinants and Implications of mRNA Poly(A) Tail Size - Does this Protein Make My Tail Look Big?

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Abstract

While the phenomenon of polyadenylation has been well-studied, the dynamics of poly(A) tail size and its impact on transcript function and cell biology are less well-appreciated. The goal of this review is to encourage readers to view the $poly(A)$ tail as a dynamic, changeable aspect of a transcript rather than a simple static entity that marks the 3′ end of an mRNA. This could open up new angles of regulation in the post-transcriptional control of gene expression throughout development, differentiation and cancer.

Keywords

polyadenylation; poly(A) tail; deadenylation; hyperadenylation; mRNA 3′ end processing

Introduction

Poly(A) tails are added to the majority of mRNAs during $3'$ end processing stages in a cotranscriptional fashion [1]. Despite their simple sequence composition, 3′ terminal polyadenosine tracts have critical roles in multiple aspects of a transcript's life cycle. For one, the poly(A) tail is important for mediating the translocation of a completely processed mRNA to the cytoplasm [2]. In addition, poly(A) tails can play key regulatory roles in enhancing translation efficiency [3–8], particularly in certain developmental stages [9]. Finally, poly(A) tails are vital for regulating the efficiency of mRNA quality control and degradation [10,11]. When an mRNA is no longer being used for translation, poly(A) tail shortening is one of the key steps initiating decay of the body of the message [12]. Thus a full appreciation of the polyadenylation process and the $poly(A)$ tail as a regulatory entity is crucial for understanding numerous aspects of gene expression.

While it is generally believed that most mRNAs have 150-250 nt poly(A) tails [13], several recent global analyses provide evidence that a significant population of mRNAs lack or have

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shortened $poly(A)$ tails $[14-17]$. This phenomenon has been well-described in oocytes and embryonic cells as a means of regulating translation, but the functions of and mechanisms to generate short $poly(A)$ tails in adult cells remain elusive. The $poly(A)$ tail is not simply a static entity at the end of mRNAs waiting to be removed as its final act. Clearly, the hypothesis that poly(A) tail length is a potentially important aspect of post-transcriptional control of gene expression is worth evaluating [18]. In this article, we will review the data assessing the short poly(A) tail-containing transcript population, the sequences and proteins critical for regulating poly(A) tail length, and the potential functions of shortened poly(A) tails.

Does size matter?

Does it truly matter to a transcript whether its poly(A) tail is 15 or 150 or 250 nucleotides in length? There are indeed observations arguing that poly(A) length might have a dramatic impact on cell biology and thus may be an understudied aspect of gene expression regulation. The poly(A) tail lengths of hundreds of mouse liver mRNAs change in a rhythmic fashion along with the circadian rhythm of a cell [19]. Furthermore, a correlation was observed between longer poly(A) tails and increased protein expression at specific times in the circadian cycle. In a recent extensive global analysis of poly(A) lengths in multiple eukaryotic organisms, housekeeping genes tended to have shorter poly(A) tails [9]. Still, this study could not identify any significant correlation between poly(A) tail length and translational efficiency beyond the embryonic stages. This recent work from the Bartel laboratory provides further support for the well-documented evidence that changes in poly(A) tail length dictate translational activity on an mRNA in early development [20]. However, it is somewhat at odds with the circadian rhythm study as well as the association between $poly(A)$ tail length and translation that have been observed in neurons [21]. Thus additional work is undoubtedly needed to sort out the tantalizing connections between the variations in poly(A) tail length and mRNA translational efficiency.

As noted above, recent global analyses have demonstrated that the $poly(A)$ tail of many mRNAs may actually be much shorter (50-100 nts) than originally believed (150-250 nts) [14–17]. Therefore small variations of 10-20 nucleotides in poly(A) tail size could have a substantial impact on the poly (A) tail size (e.g. increase it by 40%) and its subsequent function. A rich diversity in poly(A) binding protein types and dynamics has recently been appreciated, which can perhaps exploit these seemingly minor tail differences for biologically relevant purposes [22]. Furthermore, the addition of short tracts of A-residues to RNAs by the TRAMP complex [23] serves as a likely landing pad for exonucleases [24]. Could increasing the poly(A) tail size by a few residues provide a similar landing pad for the exonucleases at the end of mRNAs devoid of poly(A) binding proteins and daunting secondary structures? There is evidence that terminal uridylation of certain transcripts can serve as such a mark for Dis3L2-mediated degradation [25]. To fully uncover such possibilities, changes in poly(A) tail size need to be carefully assessed through cellular development, differentiation and stages of the cell cycle.

Poly(A) tail size appears to play a major role in mRNA quality control as dramatic changes to the status quo of the poly(A) tail can serve as a signal to degrade mRNAs. Small oligo-

adenylate tails provide binding sites for the LSm complex [26] and target RNAs for degradation [27]. Likewise, hyperadenylation of mRNAs is also associated with rapid decay of mRNAs in the nucleus $[10,11,28,29]$. Interestingly, not all small poly (A) tails signal decay as several ncRNAs contain terminal triple helix structures that use these short oligo(A) tails to provide stability [30–32]. Could triple helices also play a role with longer poly(A) tails? Curiously, A-A-U triple helices in solution depend on the size of the poly(A) strand. If the A strand is too short or too long, they do not form efficiently [33], and the size of the poly(A) strand that forms these duplexes (28-150 nts) is approximately the physiological length of the mRNA tail. Thus poly(A) length dependent triple helices/RNA structures involving the 3′ UTR or other sequences could conceivably play a broader role in RNA biology.

How does the poly(A) tail measure up?

As discussed above, there is accumulating evidence that the length of a poly(A) tail may be much more than a nuance in mRNA characterization. Instead, it may play major roles in cell biology that are yet to be defined. In order to determine if fluctuations in $poly(A)$ tail length matter in the life of a transcript, there needs to be methods to accurately measure $poly(A)$ tail size. In theory, this task should be relatively straightforward; however, in practice it is far from trivial. All of the available methods, whether they target one or multiple genes, share two main components. First, they can specifically identify the transcripts of interesting transcript-specific hybridization probes PCR primers, or target-specific sequence tags. Second, they all employ some method to determine the number of nucleotides in the $poly(A)$ tail. This is where the real challenge of accurately assessing poly(A) tail dynamics begins. Thus, numerous approaches have been developed in the attempt of measuring poly(A) tail length. These include, but are not limited to, RNaseH/Oligo(dT) northern blot analysis, various iterations of the poly(A) test or PAT assay, oligo(dT) selection, and next-generation sequencing protocols. Depending on the experimental goals and required resolution, each of these approaches is capable of measuring $poly(A)$ tail length to some degree. However, each method has its own set of limitations and drawbacks as well. In this section we will discuss several of these methods, including their advantages and disadvantages as appropriate.

The RNase H/Oligo(dT) northern blot is a gel-based method for direct assessment of poly(A) tail length by comparing mRNA treated with RNase H in the presence and absence of oligo(dT) [34–36]. Oligo(dT) hybridizes with the poly(A) tail, forming an RNA/DNA duplex. RNase H then specifically degrades RNA/DNA hybrid strands. The resolution of this assay can be improved by adding a second, transcript-specific oligo, which will allow RNase H to cleave the transcript in two locations, leaving a shorter RNA product. Both reactions (plus and minus $\text{oligo}(dT)$) are visualized by electrophoresis and northern blot using a probe specific for the gene of interest. The difference in product size gives a measure of $poly(A)$ tail length for that transcript. The disadvantages of this technique are that it is labor intensive, requires large amounts of RNA, and works best on highly abundant transcripts. In addition, the results can be confounded by poly(A) tracks within the transcripts [35]. Because it does not rely on amplification of the RNA and provides a "direct" measure of polyadenylation, RNase H/Oligo(dT) analysis has the advantage of

avoiding the biases inherent to PCR and can often be used when the PCR-based approaches for measuring polyadenylation (described below) fail or generate ambiguous results [36].

A number of PCR-based methods have been developed for assessing poly(A) tail length. Advantageously, these techniques are straightforward (in concept) and fast, while also allowing the investigation of transcripts with low abundances. Without optimization of the PCR reaction conditions, these techniques are susceptible to bias introduced by amplification artifacts and reaction efficiencies weighted towards shorter products. The PCR-based 'PAT' assays include RACE-PAT (also call the poly(A) length assay), ligationmediated or LM-PAT, and extension or ePAT [35–38]. The basic principle of these methods is the same, but they differ in how poly(A) tail length is captured and measured. RACE-PAT uses an oligo(dT) primer with a G/C-rich 5′ anchor sequence for cDNA synthesis in combination with a target specific primer for PCR [35,36]. The oligo(dT) primer ideally binds anywhere along the length of the poly(A) tail, though the presence of the anchor sequence should encourage primer annealing at the 3′ end of the transcript, and prevent shortening of the tail during PCR amplification [35]. The PCR products are then visualized by standard gel electrophoresis. In the LM-PAT assay, high concentrations of the oligo(dT) primer containing a 5′ phosphate are used to saturate the entire poly(A) tail [35,36]. Then an anchored oligo(dT) primer-adapter is added to specifically ligate to the 5′ phosphorylated oligo(dT) primer at the 3′-most end of the poly(A) tail. The ligated oligos serve as a primer for the cDNA reaction. Then PCR is used withthe anchor sequence and a transcript-specific primer to determine tail length. The ePAT assay relies on an anchored oligo(dT) primer to target the $3'$ end of the poly (A) tail and then Klenow polymerase extends the transcript in a template-dependent manner [37]. The reverse transcription reaction is performed at an elevated temperature to ensure that only transcripts primed at the 3′ end then extended are converted to cDNA. As with the other PAT assays, the anchor sequence is combined with a transcript-specific primer and PCR is used to assess tail length. A recent variation of this protocol uses yeast poly(A) polymerase to add guanosine and inosine (G and I) to the transcript's 3′ end to provide a specific template for a PCR reaction [38]. The addition of fluorescent dyes to the 5′ ends of the primers targeting the anchor sequences enables analysis of the PCR products by capillary electrophoresis, which can yield more accurate measurements of poly(A) length [38]. As mentioned earlier, the main limitations of these techniques can be a bias towards shorter PCR products and difficulty in accurately quantifying the sizes of longer poly(A) tails.

A full assessment of poly(A) tail dynamics on a cellular level requires global analysis of poly(A) tail length, but such measurements are fraught with technical challenges. Rather than attempting to specifically measure the lengths of many poly(A) tails at once, conventional genome-wide analyses have focused on differences in polyadenylation status. This categorization is generally accomplished by transcript fractionation using oligo(dT) magnetic beads to first bind $poly(A)$ tails. Then, different elution conditions are used to collect transcripts with long or short tails [15,16,39]. These transcripts can also be compared with the population of mRNA which does not bind to oligo(dT) during the fractionation and presumably have no, orvery short, $poly(A)$ tails [15,16] As with the PAT assays, multiple variations of this general approach have been developed. Polyadenylation state array (PASTA) analysis [40] enhances the ability to detect differences in poly(A) tail length by

increasing the number of different fractions collected and analyzed. An alternative approach for determining polyadenylation state is to isolate the mRNA using an antibody against the 5′ cap binding protein eIF4E and comparing this population of transcripts with the population isolated by the more traditional methods selecting for the poly(A) tail [14]. These genome-wide techniques are able to give insight into the general trends of polyadenylation state; however, they are limited in their ability to resolve small differences or changes in tail length and have a general bias towards longer poly(A) sequences.

More recently, novel next-generation sequencing-based methods, including TAIL-seq and PAL-seq, have been developed which improve our capacity to accurately measure $poly(A)$ tail length on a global scale. Sample preparation in both techniques is similar and both share a particular emphasis on avoiding the use of oligo(dT) for transcript selection. The differences between them relate to how the $poly(A)$ tail is characterized. The TAIL-seq protocol [17] uses an unbalanced paired-end sequencing approach. The first read of the pair specifically identifies individual transcripts, while the second read of the pair is used to directly sequence the poly(A) tail. The TAIL-seq approach relies on a novel solution to the challenge of sequencing through a long homopolymer by looking for an inflection in the fluorescent signal intensities to help identify the true start of the poly (A) sequence at the end of the 3′UTR. The primary limitation of this approach is that it cannot accurately measure poly(A) tails longer than 231 nucleotides or shorter than 8 nucleotides. This technique does offer the advantage of being able to identify uridine and guanosine stretches, which sometimes tail poly(A) sequences on transcripts and may have important roles in regulation. In contrast to TAIL-seq, PAL-seq [9] is based on a single-end read approach which is analyzed in two directions. PAL-seq does not rely on directly sequencing the poly(A) tail. After transcript sequences are captured on the flow cell and sequence clusters are generated, transcript sequences are primed at the 3′ end immediately adjacent to the poly(A) tail. The first half of the PAL-seq reaction uses the $poly(A)$ tail as a template to extended the primer sequence from the 5′ end meanwhile incorporating biotin-labeled dUTP into the reaction product. The second step uses the same primer for standard Illumina sequencing of 36 nucleotides for transcript identification. In the final step, the incorporated biotin is conjugated with a fluorescent dye. Fluorescent signal intensity is directly related to tail length through the incorporation of the biotin-labeled nucleotides. In theory, the PAL-seq approach could be used to measure poly(A) tails of any length, but this method could also be limited by the efficiency of biotin-labeled nucleotide incorporation during the primer extension step.

Sequences that control poly(A) tail length

Rather than a simple static entity that marks the 3' end of an mRNA, some evidence suggests that the $poly(A)$ tail is a dynamic entity whose length can have a major impact on the biological fate of a transcript. The length of poly(A) tail added to an mRNA can be determined at the time of its initial synthesis or by remodeling post synthesis through the concerted action of deadenylases and poly(A) polymerases [42]. Individual mRNAs contain a series of signals that collectively influence the length of the poly(A) tail at a given time in cellular growth, differentiation and/or development. These sequence elements are outlined in Figure 1 and described below.

The process of cleavage/polyadenylation is regulated by specific sequences in the 3′ end of unprocessed transcripts that direct the actions of various proteins and protein complexes This process has been extensively reviewed previously [43]. Briefly, the canonical poly (A) signal (PAS) is an AAUAAA hexamer located 10-30 nt upstream of the poly(A) cleavage site [44]. An approximately 5 base U-rich or GU-rich element (DSE) located 15-30 bases downstream of the cleavage site works in concert with the PAS to determine the precise site of cleavage [45] . Upstream or downstream auxiliary elements can further enhance polyadenylation and 3′ end processing [46,47]. While the majority of poly(A) sites contain a canonical PAS hexamer (AAUAAA, AU/GUAAA or UAUAAA) multiple large-scale sequencing analyses have revealed that an estimated 8 to 18% do not, indicating the possibility of uncharacterized signal sequences [48–50]. For some genes, the presence of an A-rich sequence upstream of a robust DSE is sufficient for inducing polyadenylation [51]. Identifying variations of polyadenylation signal sequences that influence 3′ end processing efficiency has become increasingly important in recent years as the large extent and dramatic regulation of poly(A) site choice in most mRNAs has been realized [52,53].

Interestingly, there is in fact evidence for sequence elements that specify $poly(A)$ tail length to favor the formation of short poly(A) tails on nascent mRNAs. The first evidence of a *cis*acting element that limits poly(A) tail length was described in albumin mRNA from *Xenopus*. In contrast to most eukaryotic mRNAs, *Xenopus* albumin has a mere 17 nt poly(A) tail. Despite its minimal $poly(A)$ tail length, the mRNA stability and translation efficiency of the albumin transcript are not significantly altered compared to typical mRNAs [54]. Additionally, the albumin mRNA poly (A) tail is not shortened simply as a result of cytoplasmic deadenylation; the albumin pre-mRNA receives a short poly(A) tail during transcriptional 3′ end processing [55].

Two poly(A)-limiting elements (PLE A and PLE B) regulate the albumin mRNA short poly(A) tail. The PLE is composed of a pyrimidine-rich region followed by an AG dinucleotide located in the last exon. To determine if PLEs are specific to albumin, the Schoenberg laboratory analyzed transferrin mRNA, another highly abundant liver transcript with a short poly(A) tail. Transferrin mRNA contains a sequence similar to the albumin PLE B located in the terminal exon that specifies a short $poly(A)$ tail. Using PLE B as a query sequence, analysis of ESTs from multiple species uncovered putative PLEs in numerous other transcripts, including those encoding zinc finger transcription factor genes. Further analysis of the HIV-EB/Schnurri-2 zinc finger mRNA uncovered a functional PLE that confers a short poly (A) tail during nuclear processing in Jurkat cells [56]. In addition, the PLE was found to interact with the U2 snRNP auxiliary factor (U2AF), a nuclear protein involved in splicing [57]. To our knowledge, the PLE is thus far the only sequence attributed to specifically regulating short poly (A) tail length during nuclear $3'$ end processing. There are likely numerous other transcripts with short $poly(A)$ tails that have not specifically been shown to contain a pyrimidine-rich PLE-type sequence element. Notably, terminal uridylation may help stabilize these short $poly(A)$ tails on mRNAs [58]. Further investigation to uncover specific *cis*-acting elements that produce transcripts with short poly(A) tails could provide key information on how such sequences affect polyadenylation dynamics.

As mentioned previously, the poly (A) tail is not static, but can undergo remodeling in the cytoplasm as is the case for oocytes, embryonic cells, and neurons [20]. The cytoplasmic polyadenylation element (CPE) is the *cis*-acting element that directs cytoplasmic polyadenylation in conjunction with the poly(A) signal. The CPE has been best characterized in *Xenopus* oocytes and can be a UA-rich sequence (UUUUA1-3U) that directs polyadenylation during the maturation of oocytes or a U-rich sequence of up to 18 Uresidues that leads post-fertilization poly(A) tail elongation [59,60]. Analogous to the multiple sequences governing nuclear polyadenylation, an additional C-rich element has also been identified in *Xenopus* oocytes that acts in conjunction with the UA-rich CPE to regulate cytoplasmic polyadenylation [61]. Other *cis*-elements that direct cytoplasmic polyadenylation include the MSI-binding element (MBE), which interacts with Musashi (MSI1) [62], and the translation control sequence (TCS) [63]. As with the CPE, the MBE and the TCS also require the PAS to induce polyadenylation in the cytoplasm. Both the MSE and the TCS interact with proteins to prevent translation until oocyte maturation [20]. Cytoplasmic polyadenylation is a critical mechanism for regulating translation in cells that are no longer transcriptionally active, such as oocytes, or to induce the localized translation seen at neuronal synapses [64]. As of yet there is no concrete evidence suggesting that cytoplasmic polyadenylation is widely used in somatic cells as a means of posttranscriptional regulation of gene expression; however, improvements in the technology to detect and measure changes in $poly(A)$ tail status on a global scale may reveal otherwise.

While there are clearly multiple *cis*-acting elements that control polyadenylation, numerous other sequences are important for directing the removal of the $poly(A)$ tail, generally to induce mRNA degradation. The 3′ UTRs of numerous mRNAs contain adenine-uridine rich elements (AREs) (composed of a multiple AUUUA pentamers within a U-rich region or overlapping UUAUUUA $(U/A)(U/A)$ nonamers [65,66] and guanosine-uridine rich elements (GREs) [67]. AREs and GREs have been demonstrated to induce rapid deadenylation and subsequent decay of mRNAs, which may be mediated by recruitment of the exosome [68] or 5′-3′ decay machinery [27]. The two classes of 3′ UTR elements serve as binding sites for a multitude of AU-binding proteins (AUBPs) or GU-binding proteins, which can enhance or prevent mRNA decay, in some cases specifically via interaction with the poly(A) tail [65,69,70].

MicroRNA binding sites are also 3′UTR sequences involved in post-transcriptional regulation and have been extensively reviewed elsewhere [71]. The translational silencing that occurs when miRNAs bind to their target transcripts is generally attributed to induction of deadenylation-mediated decay [72]. It is interesting to note that miRNAs can also interact with AUBPs to have complementary or antagonistic effects on mRNA repression [73,74].

Finally, C-rich elements (CREs) are additional well-characterized sequences in the 3′UTRs of mRNAs that recruit poly-C binding proteins (PCBPs) and have myriad of functions including inducing mRNA stability and activating or silencing translation [75,76]. Members of the PCBP family can also interact with poly(A) tail-associated factors to exert their effects on mRNAs with CREs [76,77].

In summary, the multitude of sequences involved in determining how, when, where and to what extent polyadenylation occurs suggest that $poly(A)$ tail is more than just a string of Aresidues added to nearly every transcript during 3′ end processing. Considering the obvious homogeneity of the sequence of the tail itself, altering length would seem to be the only way to utilize the poly(A) tail as a regulatory element. Therefore, the presence of specific sequence elements (and associated *trans*-acting factors) in an mRNA could be critical for carefully governing perhaps the most dynamic and remarkable aspect of the $poly(A)$ tail its size.

Nuclear factors that regulate the poly(A) tail

Proteins are integral to all aspects of polyadenylation, beginning with the addition of the poly(A) tail in the nucleus during transcription. The PAS directs binding and assembly of the cleavage and polyadenylation specificity factor (CPSF), the cleavage stimulation factor (CstF), and other cleavage factors, which clip the 3′ end of the unprocessed transcript at the polyadenylation site [42,46]. The polyadenylate polymerases (PAPs) are also part of the cleavage machinery and slowly add the A-residues to form the initial poly(A) tail. The nuclear $poly(A)$ -binding protein (PABPN1) binds to the newly formed $poly(A)$ tail and to allow rapid addition of A-residues until the tail is about 200-250 nt in length [42]. Importantly, PABPN1 and CPSF are involved in controlling the number of A-residues added as demonstrated by siRNA-induced knockdown of PABPN1, which leads to shortened poly(A) tails [78,79]. PABPN1 and PAP can also stimulate hyperadenylation to signal nuclear mRNA decay by the exosome [10].

Once the poly(A) tail reaches its critical length (about 250 nt), the poly(A) protein complex is disrupted, eliminating the interaction between CPSF and the PAPs, and thus ending processive polyadenylation [80]. Two additional factors may be involved in determining the initial length of the poly (A) tail. First, during the termination steps of polyadenylation, nucleophosmin (NPM1 or B23) is deposited on the 3′UTR of the transcript near the PAS [81]. NPM1 interacts with the core CPSF complex in an RNA-independent fashion [82]. Interestingly, NPM1 deposition appears to play a significant role in regulating proper poly(A) tail length, as knocking down NPM1 leads to hyperadenylation and nuclear accumulation of mRNAs [82]. Thus NPM1 has been postulated to serve as a mark for transcripts that have been properly polyadenylated. Second, the Nab2 yeast protein and its human counterpart ZC3H14 are Cys₃His-type zinc finger proteins that interact with multiple factors of the polyadenylation machinery to strictly regulate the poly(A) tail length. One model suggests that Nab2/ZC3H14 restricts PAP activity and that it may also recruit ribonucleases to trim excess A-residues [83]. Nab2/ZC3H14 , NPM1 and PABPN1 remain bound at or near the poly (A) tail and assist in the translocation of mRNAs from the nucleus to cytoplasm where transcripts interact with multiple other factors to become primed for translation [79,82,84].

U2AF is the *trans*-acting factor shown to have a key role in regulating the addition of short poly(A) tails to nascent transcripts containing the poly(A)-limiting element [57]. U2AF is a nuclear protein composed of 65 and 35 kDa subunits that is involved in modulating 3' end formation via its interaction with PAP [85]. Notably, U2AF was also found to bind mRNAs

containing the poly(A)-limiting element [57]. Overexpression of U2AF65 leads to a dominant negative effect on the ability of the PLE to limit $poly(A)$ tail length, but has no effect on the heterogeneous $poly(A)$ tails of the control lacking the PLE. Mutations in the U2AF site that interacts with PAP did not affect poly(A) tail length in PLE-containing transcripts. In addition, when U2AF with a dysfunctional RNA-binding domain was overexpressed, it did not have an effect on PLE regulation of poly(A) tail length as compared to the wild-type, suggesting that U2AF competes with another PLE-binding protein. A C14G mutation in U2AF that enhances its binding to the 3′ splice site caused a mild increase in $poly(A)$ tail length of PLE mRNAs, but monomeric U2AF65 and the PAPinteracting domain mutant version returned short poly(A). The C12G mutation therefore may increase U2AF's binding affinity to the PLE, thereby preventing the unknown $poly(A)$ regulatory protein from binding. The current hypothesis is that in the context of the PLE,

U2AF may recruit another yet unknown protein responsible for limiting $poly(A)$ tail length [57].

While ARE-binding proteins are involved in multiple aspects of cytoplasmic regulation of mRNAs and have been reviewed extensively [65,66,86,87], some AUBPs also contribute to restricting $poly(A)$ tail length in the nucleus. Tristetraprolin (TTP) is notorious for promoting cytoplasmic decay of mRNAs containing AREs, but in the nucleus it can directly interact with PABN1 and PAP to inhibit polyadenylation, potentially contributing to a decrease in nuclear export of mRNAs [70,88]. The Hu proteins, which stabilize mRNAs in the cytoplasm, interact with CstF and CPSF during transcriptional 3′ end processing to prevent polyadenylation at $poly(A)$ sites containing U-rich sequences [89]. There are undoubtedly additional RNA-protein interactions that influence polyadenylation that remain to be characterized.

Cytoplasmic factors that regulate the poly(A) tail

In the cytoplasm, another series of factors interacts with the $poly(A)$ tail to regulate its length, which can have effects on translation and deadenylation-mediated mRNA decay. The cytoplasmic poly(A)-binding protein (PABPC1) binds to the poly(A) tail and forms a complex with translation initiation factor eIF4G and the cap-binding protein eIF4E. This mRNA-protein complex forms a circular structure, which facilitates recruitment of the 40S ribosomal subunit and initiates translation [80,90]. Translation terminates when eRF1 recognizes the stop codon and mediates the ribosomal release of the polypeptide chain while eRF3 utilizes GTP to catalyze the termination reaction [91]. Deadenylation can also be coupled to translation termination via competitive binding of eRF3 and the PAN3 deadenylase to the C-terminal domain of PABCP1. After eRF3 is released from PABPC1, the PAN2-PAN3 deadenylase is able to bind and recruit the CAF1-CCR4-NOT deadenylation complex leading to removal of the poly(A) tail, which stimulates 3′-to-5′ mRNA decay by the exosome [24,92] or decapping and 5′-to-3′ decay [27].

Multiple other *trans*-acting factors can augment or impede poly(A) tail shortening through interactions with specific sequence elements and/or the protein components of the decay machinery. Briefly, AUBPs regulate mRNAs that contain AREs within their 3′UTRs by either enhancing decay or increasing stability of targeted transcripts [65]. The RNA-binding

protein HuR (ELAV1) generally stabilizes ARE-containing mRNAs [87]. HuR and other ELAV-like proteins can concurrently bind ARE sites and poly(A) tails >70 nt long on target mRNAs [93]. Unexpectedly, HuR binding to poly(A) tails does not appear to prevent removal of the poly (A) tail, but it does delay mRNA decay [94]. TTP and the related zinc finger protein Brf-1 bind to ARE sites and recruit the enzymes responsible for decapping, deadenylation and exonucleolytic activity, leading to mRNA decay [86]. A possible explanation of how TTP family proteins contribute to shortening of the $poly(A)$ tails on ARE-containing mRNAs is through their ability to stimulate PARN in cell-free systems to enhance deadenylation [95] or by interacting with CCR4-NOT [96]. Multiple short-lived mRNAs contain GU-rich elements in their 3′ UTRs, which serve as docking sites for CUGbinding protein 1 (CUGBP1 or CELF1), a member of the CELF RNA-binding protein family. CUGBP-1/CELF1 can specifically target mRNAs containing GREs to mediate poly(A) tail shortening via recruitment of PARN and mRNA decay [97,98].

MicroRNAs are small endogenous RNAs that target mRNAs containing specific miRNA seed sequences and leading to gene silencing, generally by inducing mRNA decay, previously reviewed in [71]. Once bound to the target transcripts, miRNAs recruit the RNAinduced silencing complex (RISC). Argonaute, one of the RISC proteins, can induce endonucleolytic cleavage to cause degradation, but this pathway is not commonly utilized in animal cells [99]. Instead, miRNAs in animal cells are associated with rapid deadenylation of their target mRNAs through the CAF1-CCR4-NOT1 complex, thus triggering mRNA decay [100,101]. Other components of RISC, the GW182 proteins (called TNRC proteins in mammalian cells), directly interact with PAN3 of the PAN2-PAN3 deadenylation complex and NOT1 to induce poly(A) tail shortening of miRNA targets [102]. The GW182 proteins also appear to cause PABP to dissociate from mRNA targets to disrupt the translation complex and enhance deadenylation [103]. These results indicate that deadenylation is not a side-effect of miRNA binding, but that members of the RISC complex actually recruit factors involved in removal of the poly (A) tail [99]. Notably, miRNAs can also induce gene silencing independent of a poly(A) tail and the eIF4E/eIF4G/PABP translation complex, which would suggest that miRNAs could also repress mRNAs with shortened (A) tails or alternative 3′ end modifications [101,103].

The poly-C binding proteins (PCBPs) are *trans*-acting factors that stabilize mRNAs in the cytoplasm through the poly(A) tail. Two representatives of this group of proteins are αCP1 and αCP2, which contribute to a ribonucleoprotein complex that enhances the stability of αglobin mRNA. The removal of the αCP ribonucleoprotein complex from α-globin mRNA enhanced deadenylation and mRNA decay. In addition, the αCPs are associated with PABP, which may account for the prevention of deadenylation and the increased mRNA stability [76].

In oocytes, embryonic cells, and neurons, a long $poly(A)$ tail is initially added to mRNAs during 3′ end processing, but is removed from mRNAs in the cytoplasm as a means of controlling translation [64]. The cytoplasmic polyadenylation element binding protein (CPEB) is the main factor involved in the various stages polyadenylation regulated translation in the cytoplasm. The CPEB is a zinc-finger containing protein with an RNA recognition motif (RRM) that binds to the CPE consensus sequence in the 3′UTR. Once

bound to its target mRNA, CPEB forms a complex with symplekin, CPSF, the poly(A) ribonuclease (PARN) deadenylase, and germ-line development factor 2 (Gld2), a poly(A) polymerase. PARN removes the A-residues added by Gld2 to maintain the short (A) tail, until the activation of a cell-signaling pathway that phosphorylates CPEB leading to release of PARN from the complex. Without PARN, Gld2 is able to elongate the poly(A) tail, thereby stimulating translation [104]. Interestingly, CPEB has recently been implicated as a major factor in cancer, senescence, and neuronal functions.

PABPC4 is a minor cytoplasmic poly(A)-binding protein isoform that has dissimilar binding specificity and function than the far more prevalent PABPC1. Reduction of PABPC4 levels in mouse eythroleukemia (MEL) cells, used as a model of erythroid differentiation, altered the steady-state expression of mRNAs that contain an AU-rich region within the 3′UTR. Affected transcripts included those involved in cell growth, metabolism and erythroid differentiation. In addition, PABPC4 depletion by shRNA altered the ratio of long to short poly(A) tails, leading to a decreased abundance of mRNAs with tails having fewer than 30 A-residues. These results suggest that PABPC4 may protect mRNAs with critically short tails from mRNA decay [105].

In summary, *trans*-acting factors, including proteins and microRNAs, are critical in regulating the poly(A) tail and its role in the mRNA life cycle. While there are numerous proteins involved in polyadenylation, deadenylation and the regulatory steps in between that have already been described, more *trans*-acting factors that interact with the poly(A) tail will undoubtedly be uncovered. As with the sequences, the number and complexity of the *transacting factors that regulate the poly(A) tail suggest that it is a key aspect of post*transcriptional regulation. The poly(A) tail is seemingly subject to major and minor changes in length that may ultimately have significant effects on post-transcriptional regulation of gene expression.

Some Final Thoughts on the Dynamics of Poly(A) Tail Size

Interestingly, if PABPN1 is knocked down in myoblasts, poly(A) tails are shortened and proliferation and differentiation are decreased in these cells [78]. A key point in understanding poly(A) tail dynamics, however, is that bigger is not always better. Hyperadenylation, as seen in viral infection or NPM-1 depletion, leads to nuclear retention of mRNAs, which would reduce the ability of these mRNAs to be translated and could have other negative effects on nuclear activity [10,11,78,82]. Hyperadenylation is also associated with increased mRNA turnover rates [10]. Curiously, increased PAP activity has been noted in multiple tumor types and can be associated with a worse prognosis in certain cancers [106]. This implies that longer poly(A) tails could result from increased enzymatic activity and will dysregulate normal cellular functions.

A second key point is that reduction of poly(A) tail length can have beneficial and very significant functions in cell biology. In embryos, short poly(A) tails are necessary to repress translation until the appropriate stage of development is reached [9]. In addition, short $poly(A)$ tails appear to denote mRNAs that are critical for early development, and may be a way to regulate translation in a dose and time-dependent manner [107]. Thus poly(A) tail

length control and development go hand in hand. Interestingly, cordycepin and other inhibitors of PAP activity can reduce the induction of inflammatory genes, presumably by decreasing polyadenylation efficiency [108]. Polyadenylation inhibitors can also decrease cell proliferation and increase apoptosis in cancer cells [109,110]. Clearly, proper regulation of $poly(A)$ tail length is important for maintaining appropriate biological behavior in cells, but whether tails need to be shorter or longer appears to be transcript-specific.

Based on the findings from multiple genome wide sequencing analyses, a significant population of mRNAs (other than those encoding histones) have very short or absent poly(A) tails, and not merely as a result of deadenylation. Thus a third key point is that we need a clearer understanding of the sequence elements that coordinate poly(A) tail length. While there is evidence of sequence and protein-mediated generation of mRNA populations with short poly(A) tails, there are still many unknowns as to how and why some mRNAs avoid typical nuclear polyadenylation. The PLE has been found in several transcripts with short poly(A) tails and continued searching could reveal its presence in many other mRNAs. It is also entirely possible that there are other regulatory sequence elements that act in coordination with or in place of the PLE. Protection from decay could be a motivation for an mRNA to maintain a short poly(A) tail. Perhaps cytoplasmic transcripts with short enough (A) tails are not detected by the deadenylases and thus completely avoid deadenylationmediated decay. In addition, RNA-binding proteins that are recruited by a PLE-like sequence may protect the transcript from mRNA decay [56,57]. There could also be structural features of the mRNA that resist exonucleases, such as circularization or secondary folding structures in the 5' or 3' UTRs. Terminal uridylation, for example, has recently been implicated in stabilizing short poly(A) tails [58]. Finally, perhaps the short poly(A) tail specifies transport to a particular subcellular localization where these mRNAs are essentially in limbo and are protected from degradation and are not undergoing translation.

Lastly, from a functional standpoint, the length of the poly(A) tail could identify a portion of specific mRNAs that may not be used to encode proteins, but rather these transcripts could have an alternate function in the cell. As long as their 3' ends were stabilized in some fashion (triple helices, terminal uridylation, etc), such mRNAs would not necessarily need a poly(A) tail of significant size to carry out their regulatory functions. For example, competing endogenous RNAs (ceRNAs) can act as microRNA sponges to prevent miRNAmediation post-transcriptional regulation [111,112]. Specific mRNAs destined to serve as primary-miRNA precursors in the nucleus that are subject to DROSHA processing also may not necessarily need a significant poly(A) tail. Other possible functions of mRNAs with short poly(A) tails include acting as RNA scaffolds, targeting other transcripts for transregulation by staufen-mediated decay [113] and other processes [114] and by behaving as RNA-based protein sponges [115]. Clearly there may be a large potential for novel insights into gene regulation by additional experimentation in the area of poly(A) tail dynamics.

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Highlights

• mRNA poly(A) tails naturally occur in a variety of lengths

- **•** Accurately defining poly(A) lengths for individual mRNAs has been challenging
- **•** Numerous sequence elements and factors determine poly(A) size in mammalian cells
- **•** Poly(A) length dynamics may play a key role in several aspects of cell biology

Figure 1. Numerous sequence elements in the 3'UTR of mRNAs influence poly(A) tail length Sequence elements that result in increased poly(A) tail length are indicated in green. Those that generally result in shorter or shortening of the poly(A) tail are indicated in red. ARE, Au-rich element; GRE, GU-rich element; CPE, cytoplasmic polyadenylation element; PLE,

poly(A) limiting element; PAS, poly(A) signal (AAUAAA).