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# Fluoxetine versus other types of pharmacotherapy for depression

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#### **Abstract**

**Background**—Depression is common in primary care and it is associated with marked personal, social and economic morbidity, and creates significant demands on service providers in terms of workload. Treatment is predominantly pharmaceutical or psychological. Fluoxetine, the first of a group of antidepressant (AD) agents known as selective serotonin reuptake inhibitors (SSRIs), has been studied in many randomised controlled trials (RCTs) in comparison with tricyclic (TCA), heterocyclic and related ADs, and other SSRIs. These comparative studies provided contrasting findings. In addition, systematic reviews of RCTs have always considered the SSRIs as a group, and evidence applicable to this group of drugs might not be applicable to fluoxetine alone. The present systematic review assessed the efficacy and tolerability profile of fluoxetine in comparison with TCAs, SSRIs and newer agents.

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TAF has received fees for speaking and also several research grants from pharmaceutical companies that market antidepressants (paroxetine, fluvoxamine, milnacipran, trazodone, mianserin), antipsychotics (risperidone, olanzapine, quetiapine), nootropics (donepezil) and anxiolytics (loflazepate).

JG has received research funding and support from Sanofi-Aventis and GlaxoSmithKline and is currently in discussion with several other companies that manufacture SSRIs about collaboration on planned independent trials and systematic reviews.

**NOTES** The searches for this review were repeated using the updated CCDANCTR-Studies register just prior to publication. These additional searches identified a number of new references that the authors had not yet included. These references have been placed in the Awaiting Assessment section and, if appropriate, will be included in a review update to be published in Issue 2, 2008.

**Objectives**—To determine the efficacy of fluoxetine, compared with other ADs, in alleviating the acute symptoms of depression, and to review its acceptability.

**Search methods**—Relevant studies were located by searching the Cochrane Collaboration Depression, Anxiety and Neurosis Controlled Trials Register (CCDANCTR), the Cochrane Central Register of Controlled Trials (CENTRAL), Medline (1966-2004) and Embase (1974-2004). Non-English language articles were included.

**Selection criteria**—Only RCTs were included. For trials which have a crossover design only results from the first randomisation period were considered.

Data were independently extracted by two reviewers using a standard form. Responders to treatment were calculated on an intention-to-treat basis: drop-outs were always included in this analysis. When data on drop-outs were carried forward and included in the efficacy evaluation, they were analysed according to the primary studies; when dropouts were excluded from any assessment in the primary studies, they were considered as treatment failures. Scores from continuous outcomes were analysed including patients with a final assessment or with the last observation carried forward. Tolerability data were analysed by calculating the proportion of patients who failed to complete the study and who experienced adverse reactions out of the total number of randomised patients. The primary analyses used a fixed effects approach, and presented Peto Odds Ratio (Peto OR) and Standardised Mean Difference (SMD).

**Main results**—On a dichotomous outcome fluoxetine was less effective than dothiepin (Peto OR: 2.09, 95% CI 1.08 to 4.05), sertraline (Peto OR: 1.40, 95% CI 1.11 to 1.76), mirtazapine (Peto OR: 1.64, 95% CI 1.01 to 2.65) and venlafaxine (Peto OR: 1.40, 95% CI 1.15 to 1.70). On a continuous outcome, fluoxetine was more effective than ABT-200 (Standardised Mean Difference (SMD) random effects: - 1.85, 95% CI - 2.25 to - 1.45) and milnacipran (SMD random effects: - 0.38, 95% CI - 0.71 to - 0.06); conversely, it was less effective than venlafaxine (SMD random effect: 0.11, 95% CI 0.00 to 0.23), however these figures were of borderline statistical significance.

Fluoxetine was better tolerated than TCAs considered as a group (Peto OR: 0.78, 95% CI 0.68 to 0.89), and was better tolerated in comparison with individual ADs, in particular than amitriptyline (Peto OR: 0.64, 95% CI 0.47 to 0.85) and imipramine (Peto OR: 0.79, 95% CI 0.63 to 0.99), and among newer ADs than ABT-200 (Peto OR: 0.21, 95% CI 0.10 to 0.41), pramipexole (Peto OR: 0.20, 95% CI 0.08 to 0.47) and reboxetine (Peto OR: 0.61, 95% CI 0.40 to 0.94).

**Authors' conclusions**—There are statistically significant differences in terms of efficacy and tolerability between fluoxetine and certain ADs, but the clinical meaning of these differences is uncertain, and no definitive implications for clinical practice can be drawn. From a clinical point of view the analysis of antidepressants' safety profile (adverse effect and suicide risk) remains of crucial importance and more reliable data about these outcomes are needed. Waiting for more robust evidence, treatment decisions should be based on considerations of clinical history, drug toxicity, patient acceptability, and cost. We need for large, pragmatic trials, enrolling heterogeneous populations of patients with depression to generate clinically relevant information on the benefits and harms of competitive pharmacological options. A meta-analysis of individual patient data from the randomised trials is clearly necessary.

#### **Medical Subject Headings (MeSH)**

Antidepressive Agents [therapeutic use]; Antidepressive Agents, Second-Generation [\*therapeutic use]; Antidepressive Agents, Tricyclic [therapeutic use]; Depression [\*drug therapy]; Fluoxetine [\*therapeutic use]; Randomized Controlled Trials as Topic; Serotonin Uptake Inhibitors [\*therapeutic use]

| MeSH check words |  |  |  |
|------------------|--|--|--|
| Humans           |  |  |  |

#### **BACKGROUND**

Depression is a relevant problem in primary care; it is associated with marked personal, social and economic morbidity, and creates significant demands on service providers in terms of workload. Treatment is predominantly pharmaceutical or psychological. Fluoxetine is the first of a group of antidepressant (AD) agents known as selective serotonin reuptake inhibitors (SSRIs). It was first used more than ten years ago, and soon after its introduction it became the most prescribed agent for depression in many countries. Fluoxetine became a culturally fashionable treatment, acquired popularity in the lay news and media, and sociologists described it as a 'socio-psychopharmaceutical' phenomenon, the 'Prozac boom' (Slingsby 2002).

The phenomenal success of fluoxetine raised some concern because results from randomised clinical trials (RCTs) did not clearly indicate substantial benefits over conventional agents. There are many published RCTs of fluoxetine in comparison with tricyclic (TCA), heterocyclic and related ADs, as well as head-to-head comparisons between fluoxetine and other SSRIs. However, contrasting findings emerged. Bech and colleagues (Bech 2000), who systematically reviewed published and unpublished RCTs comparing fluoxetine with TCA, found a trend in favour of fluoxetine in studies conducted in the USA, and a trend favouring TCA in studies conducted outside the USA. Anderson (Anderson 2000), who pooled efficacy and tolerability data from 102 RCTs comparing SSRIs and TCAs, showed no overall difference in efficacy between SSRIs and TCAs. However, the SSRIs were better tolerated, with significantly low rates of treatment discontinuation. According to this analysis, a physician need to treat 26 patients with one of the SSRIs to see the advantage over TCAs in one subject. This advantage was similar for each individual SSRI except for fluvoxamine which did not differ from TCAs. Freemantle and Mason provided similar findings, suggesting that SSRIs are associated with an absolute reduction in dropouts of about 4% (Freemantle 2000), and Geddes and colleagues, who conducted a Cochrane review, concluded that there are no clinically significant differences in effectiveness between SSRIs and TCAs, and treatment decisions need to be based on considerations of relative patient acceptability, toxicity and cost (Geddes 2000). Head-to-head comparisons of new drugs have been recently summarised by Anderson (Anderson 2001). This review showed superior efficacy of serotonin and noradrenaline reuptake inhibitors (SNRIs) over SSRIs and, in terms of side-effects, better tolerability of sertraline than other SSRIs, and greater frequency of agitation on fluoxetine than other SSRIs (Anderson 2001). Another

systematic review of head-to-head comparisons showed no difference in efficacy between individual SSRIs, and highlighted some differences in terms of tolerability: fluoxetine was associated with more agitation, weight loss and dermatological reactions than the other SSRIs (Edwards 1999). No increased risk of suicidal acts or ideation in fluoxetine treated subjects was shown. In older people Katona and Livingstone (Katona 2002), who systematically reviewed available experimental studies in late life depression, showed significant superiority for paroxetine over fluoxetine. Although these studies provided important information on the efficacy and tolerability profile of fluoxetine over control ADs, conclusive data are still lacking, and debate persists on the proper place of fluoxetine in the pharmacological treatment of depression (Freemantle 2000).

A major problem with some of these systematic reviews is that they analysed the SSRIs as a group, and evidence applicable to this group of drugs might not be entirely applicable to fluoxetine alone. In fact, pharmacological considerations suggest the SSRIs are an heterogeneous class. These agents exert a selective and potent inhibition of serotonin reuptake, which is thought to be relevant for their antidepressant action, but the potency of this serotonin inhibition is different between individual compounds. Similarly, there are differences in their secondary pharmacological actions, such as blockade of norepinephrine and dopamine reuptake, serotonin 2C agonist action, muscarinic cholinergic antagonist action, interaction with the sigma receptor, inhibition of the enzyme nitric oxide synthetase and inhibition of the cytochrome P450 enzymes (Wong 1995). These pharmacological properties highlight the relevance of studying individual SSRIs in comparison with the rest. The Bech and colleagues meta-analysis (Bech 2000), which included RCTs comparing fluoxetine and TCAs, considered only RCTs from the fluoxetine manufacturer's (Eli Lilly) database, and did not include head-to-head comparisons with other SSRIs or studies comparing fluoxetine with newer agents. The present systematic review assessed the evidence for the efficacy and tolerability of fluoxetine in comparison with TCAs, SSRIs and newer agents.

#### **OBJECTIVES**

- (1) To determine the efficacy of fluoxetine compared to control agents in alleviating the acute symptoms of depression.
- (2) To review acceptability of treatment with fluoxetine compared with control agents.
- (3) To investigate the adverse effects of fluoxetine treatment.
- (4) To determine overall suicide rates on fluoxetine treatment.
- (5) To determine whether fluoxetine dose and RCT quality are associated with treatment outcome.

#### **METHODS**

#### Criteria for considering studies for this review

**Types of studies**—Only randomised controlled trials were included. For trials which have a crossover design only results from the first randomisation period were considered.

**Types of participants**—Study participants were of either sex and any age with a primary diagnosis of depression. Studies adopting any criteria to define patients suffering from depression were included. Most recent studies used DSM-IV or ICD 10 criteria. Older studies used ICD9, DSM III / DSM III R or other diagnostic systems. In addition, a concurrent diagnosis of another psychiatric disorder was not considered an exclusion criteria. AD trials in depressive patients with a concomitant medical illness were excluded.

**Types of interventions**—Included trials compared fluoxetine with tricyclic/heterocyclic ADs or with one of the SSRIs (fluoxetine, fluvoxamine, sertraline, paroxetine, citalopram) or newer agents. Clinical trials comparing fluoxetine with herbal products (i.e. Hypericum) were included as well.

**Types of outcome measures**—Efficacy was evaluated using the following outcome measures:

- 1. Number of patients who responded to treatment showing a reduction of at least 50% at the HDRS out of the total number of randomised patients (intention-to-treat analysis);
- **2.** Group mean scores at the end of the trial on Hamilton Depression Scale (HDRS), or Montgomery-Asberg Depression Scale (MADRS), or any depression scale.

Tolerability was evaluated using the following outcome measures:

- 1. Number of patients who dropped out during the trial as a proportion of the total number of randomised patients Total drop out rate
- 2. Number of patients who dropped out during the trial as a proportion of the total number of randomised patients Due to inefficacy
- **3.** Number of patients who dropped out during the trial as a proportion of the total number of randomised patients Due to side effects

#### Search methods for identification of studies

- 1. Relevant studies were located by searching the Cochrane Collaboration Depression, Anxiety and Neurosis Controlled Trials Register (CCDANCTR) and the Cochrane Central Register of Controlled Trials (CENTRAL). The following terms were used: FLUOXETIN\* OR adofen or docutrix or erocap or uctin or uctine or uoxeren or fontex or ladose or lorien or lovan or mutan or prozac or prozyn or reneuron or sanzur or saurat or zactin.
- 2. Medline (1966-2004) and Embase (1974-2004) were searched using the search term \fluoxetine" and \randomised controlled trial" or \random allocation" or \double-blind method". Non-English language articles were included.

3. Reference lists of relevant papers and previous systematic reviews were handsearched for published reports and citations of unpublished research.

#### Data collection and analysis

**Duplicate studies**—Considerable care was taken to exclude duplicate publications.

**Data extraction**—Data were independently extracted by two reviewers (AC and PB) using a standard form.

**Study quality**—The main quality criteria noted was reporting of the concealment of random allocation, which has been found to be related to study effect (Schulz 1995). Studies were given a quality rating ranging from C (poorest quality) to A (best quality). C = inadequately concealed (e.g. via alternation or reference to an open random number table). B = no adequate details about how the randomisation procedure was carried out were given a rating of B. A= trials that were reported to have taken adequate measures to conceal allocation (e.g. serially numbered, opaque, sealed envelopes; numbered or coded bottles or containers).

**Dichotomous outcomes**—The number of patients undergoing the randomisation procedure, the number of patients who failed to complete the study - because of side effects, inefficacy and any cause - were recorded. The number of patients showing a reduction of at least 50% at the HDRS was extracted.

**Continuous outcomes**—The mean scores at endpoint, the standard deviation (SD) or standard error (SE) of these values, and the number of patients included in these analyses, were extracted. Data were extracted from the HDRS or MADRS or any depression scale. When only the SE was reported, it was converted into SD according to Altman (Altman 1996).

Statistical analysis—Responders to treatment were calculated on an intention-to-treat (ITT) basis: drop-outs were always included in this analysis. When data on drop-outs were carried forward and included in the efficacy evaluation (Last Observation Carried Forward, LOCF), they were analysed according to the primary studies; when dropouts were excluded from any assessment in the primary studies, they were considered as drug failures. Scores from continuous outcomes were analysed including patients with a final assessment or with a LOCF to the final assessment. Tolerability data were analysed by calculating the proportion of patients who failed to complete the study and who experienced adverse reactions out of the total number of randomised patients. The primary analysis used a fixed effect approach, the Peto Odds Ratio (Peto OR). In addition, a random effects estimate, which takes accounts of any additional between-study variation, was calculated using a moment estimator of the between-study variance (DerSimonian 1986) as a sensitivity check on the fixed effect estimate. A standardised weighed mean difference (SMD) was used for continuous outcomes. This measure provided the effect size of the intervention in units of standard deviations. Scores from different outcome scales can be summarized in an overall SMD. Heterogeneity of treatment effect between studies was formally tested using the Chi

Square statistic. Sub-group analyses were performed to assess the possibility of differences in the efficacy and tolerability of fluoxetine according to control AD class, study quality and fluoxetine dose. Stratification by each control agent was performed to ascertain whether there are treatment differences between fluoxetine and AD drugs belonging to the same pharmacological class.

#### **RESULTS**

#### **Description of studies**

See: Characteristics of included studies; Characteristics of excluded studies.

The original searches yielded 883 studies: after reading abstracts, 364 papers were considered potentially relevant for this review. Of these, 219 were excluded because of multiple publications or not randomised trials. The remaining 145 were retrieved for more detailed evaluation and 132 RCTs meeting the inclusion criteria were included.

During the period that the review was being undertaken, the CCDAN Controlled Trials Register (CCDANCTR) was considerably updated and the indexing improved. To ensure that no important studies had been missed following the original searches, another search of the new CCDANCTR-Studies register was undertaken just prior to publication. These additional searches yielded 125 new references that the authors had not yet assessed. The authors reviewed this list and identified which studies might be included. Of these 125 references, 37 were poster presentations, 15 were excluded on the basis of the design, 14 were excluded on the basis of the diagnosis, eight were excluded due to the comparison used, seven either had no data or reported secondary analyses of existing data, and 25 were additional publications of trials already included. Of the remaining 19 references, on the basis of the information available, the authors deemed eight to be likely to meet the inclusion criteria and were uncertain about another 11 references. These references have been placed in the Awaiting Assessment section and, if they meet the inclusion criteria, will be included in a review update to be published in Issue 1, 2006.

Of the 132 included studies, 113 contributed usable data for the tolerability analysis and 114 for the efficacy analysis. The majority of the studies (69 RCTs) recruited less than 100 participants, and almost all (130 RCTs) were reported to be double-blind. The mean length of follow-up was 8 weeks (SD 5.1). Twelve trials enrolled in-patients, 24 both in- and outpatients, while the remaining studies were conducted in out-patients facilities. The majority of studies (74%) enrolled patients suffering from DSM-III-R, DSM-IV or ICD 10 criteria for major depression. Elderly subjects (over 65 years old) were included in 58 studies. There were 58 studies comparing fluoxetine with TCAs, 9 studies with heterocyclics, 22 with SSRIs and 44 studies comparing fluoxetine with other newer ADs. Comparator ADs were amitriptyline (20), clomipramine (5), desipramine (3), dothiepin (6), doxepin (4), imipramine (14), lofepramine (1), nomifensine (1), nortriptyline (3) and trimipramine (1) among TCAs; maprotiline (6) and mianserin (3) among heterocyclics; citalopram (2), fluvoxamine (1), paroxetine (8), sertraline (9) and both paroxetine and sertraline (2) among SSRIs; amineptine (2), ABT-200 (1), amisulpride (1), buproprion (1), duloxetine (1), hypericum (3), milnacipran (2), mirtazepine (2), moclobemide (7), nefazodone (3),

phenelzine (1), pramipexole (1), reboxetine (2), tianeptine (4), trazodone (3) and venlafaxine (10) among other newer ADs.

The great majority of studies (123) used the HDRS as primary or secondary outcome measure, while a minority of studies used the MADRS and Clinical Global Impression scale (CGI). Around an half of included trials (73) reported the total number of patients experiencing any side effects, while the remaining studies reported the number of patients experiencing individual side effects only. Only 27 studies adopted interview-based scales to detect side effects.

#### Risk of bias in included studies

Description of concealment of allocation was rated as B in all studies.

#### **Effects of interventions**

Peto ORs lower than one, and negative SMDs (falling to the left of the midline) indicate a difference in favour of fluoxetine. Funnel plots did not suggest evidence of publication bias.

**Comparative efficacy**—Analysis of efficacy was based upon 4494 patients treated with fluoxetine and 4817 with an alternative AD.

TCAs: Defining as response the number of patients showing a reduction of at least 50% at the HDRS, we found no statistically significant difference in terms of efficacy between fluoxetine and TCAs as a class (Peto OR: 0.95, 95% CI 0.80 to 1.14). In head-to-head comparisons, only dothiepin was found to be significantly more effective than fluoxetine (Peto OR: 2.09, 95% CI 1.08 to 4.05). Similarly, no statistically significant differences between fluoxetine and TCAs, and between fluoxetine and individual comparator ADs were found on continuous outcome (overall SMD random effects: 0.07, 95% CI - 0.06 to 0.20).

<u>Heterocyclics</u>: Defining as response the number of patients showing a reduction of at least 50% at the HDRS, we found no statistically significant difference in terms of efficacy between fluoxetine and mianserin and an advantage in terms of efficacy, although not statistically significant, in favour of maprotiline over fluoxetine (Peto OR: 1.92, 95% CI 0.92 to 3.98). However, considering continuous outcome, no statistically significant difference between fluoxetine and any heterocyclic AD was found.

<u>SSRIs:</u> There was a statistically significant difference in terms of efficacy in favour of sertraline over fluoxetine, both on a dichotomous (Peto OR: 1.40, 95% CI 1.11 to 1.76) and continuous outcome (SMD random effect: 0.22, 95% CI 0.00 to 0.44). Paroxetine had an advantage in terms of efficacy, although this was not statistically significant, on a dichotomous outcome only (Peto OR: 1.25, 95% CI 0.96 to 1.63).

Newer ADs: Venlafaxine was significantly more effective than fluoxetine, both on a dichotomous (Peto OR: 1.40, 95% CI 1.15 to 1.70) and continuous outcome (SMD random effect: 0.11, 95% CI 0.00 to 0.23). Mirtazepine was significantly more effective than fluoxetine only on a dichotomous outcome (Peto OR: 1.64, 95% CI 1.01 to 2.65). For dichotomous outcome, a non-statistically significant advantage favouring hypericum (Peto

OR: 1.34, 95% CI 0.93 to 1.94) and moclobemide (Peto OR: 1.27, 95% CI 0.94 to 1.71) over fluoxetine was found. Conversely, a non-statistically significant advantage favouring fluoxetine over amineptine (Peto OR: 0.38, 95% CI 0.14 to 1.04) was found. A statistically significant difference in favour of fluoxetine over ABT-200 (SMD random effects: - 1.85, 95% CI - 2.25 to - 1.45) and milnacipran (SMD random effects: - 0.38, 95% CI - 0.71 to - 0.06) was found on a continuous outcome.

**Comparative tolerability**—Analysis of safety was based upon 7034 patients treated with fluoxetine and 7357 with an alternative AD.

TCAs: In terms of patients who dropped out during the trial for any cause, fluoxetine was better tolerated than TCAs (Peto OR: 0.78, 95% CI 0.68 to 0.89). In particular, fluoxetine was better tolerated than amitriptyline (Peto OR: 0.64, 95% CI 0.47 to 0.85) and imipramine (Peto OR: 0.79, 95% CI 0.63 to 0.99). An advantage in terms of tolerability, although not statistically significant, was found in favour of fluoxetine over lofepramine (Peto OR: 0.51, 95% CI 0.25 to 1.03) and nortriptyline (Peto OR: 0.68, 95% CI 0.45 to 1.03); by contrast, dothiepin was better tolerated than fluoxetine (Peto OR: 1.44, 95% CI 0.98 to 2.12).

In terms of patients who dropped out during the trial due to inefficacy, TCAs as a group (Peto OR: 1.28, 95% CI 0.96 to 1.69) and imipramine specifically (Peto OR: 1.34, 95% CI 0.94 to 1.93) had an advantage over fluoxetine, although this was not statistically significant.

The analysis of dropouts due to side effects revealed that amitripty-line (Peto OR: 0.40, 95% CI 0.27 to 0.61), clomipramine (Peto OR: 0.34, 95% CI 0.15 to 0.78), desipramine (Peto OR: 0.25, 95% CI 0.07 to 0.92), imipramine (Peto OR: 0.44, 95% CI 0.33 to 0.58) and overall TCAs (Peto OR: 0.54, 95% CI 0.45 to 0.64) were significantly less effective than fluoxetine. Only dothiepin showed a different pattern (Peto OR: 1.58, 95% CI 0.90 to 2.78).

<u>Heterocyclics</u>: Considering the total number of patients who dropped out during the trial no statistically significant difference was found between fluoxetine and each heterocyclic AD. Only an advantage in terms of dropouts due to any reason was found favouring maprotiline over fluoxetine (Peto OR: 1.75, 95% CI 0.93 to 3.30).

**SSRIs:** In terms of patients who dropped out during the trial for any reason, no statistically significant difference was found between fluoxetine and each SSRIs, with the exception of possible advantage of sertraline over fluoxetine (Peto OR: 1.23, 95% CI 0.98 to 1.55). Although not statistically significant, a tendency in favour of fluoxetine over citalopram was found in terms of number of dropouts due to side effects (Peto OR: 0.57, 95% CI 0.30 to 1.09).

Newer ADs: ABT-200 and pramipexole were less well tolerated than fluoxetine in terms of failure to complete the trial for any reason (Peto OR: 0.21, 95% CI 0.10 to 0.41 and Peto OR: 0.20, 95% CI 0.08 to 0.47, respectively) and in terms of dropouts due to side effects (Peto OR: 0.14, 95% CI 0.06 to 0.31 and Peto OR: 0.19, 95% CI 0.07 to 0.51, respectively). Fluoxetine was less well tolerated than reboxetine in terms of total dropouts (Peto OR: 0.61, 95% CI 0.40 to 0.94). Furthermore a not significant advantage in terms of dropouts due to

side effects was found in favours of fluoxetine over venlafaxine (Peto OR: 0.76, 95% CI 0.57 to 1.03).

Adverse effects—Of the 132 included RCTs, 71 (54%) reported the total number of patients experiencing any side effects, while the remaining studies reported the number of patients experiencing individual side effects only. Only a minority of included studies (20%) adopted interview-based scales to detect side effects. Analysis of full side-effect profile of fluoxetine in comparison with other antidepressants has been published elsewhere (Brambilla 2004). Data from this review showed higher occurrence of activating and gastrointestinal side effects with fluoxetine than TCAs and increased rates of cholinergic adverse events with TCAs. Agitation and insomnia were significantly increased in fluoxetine-treated depressed patients compared to TCA-ones. Robust evidence suggesting differences between fluoxetine and other SSRIs was not found. The only significant differences were sweating, more common in fluoxetine-than paroxetine-treated patients, and nausea, more common in fluoxetine- than fluvoxamine-treated patients. As a class, the SSRIs induced less weight loss than fluoxetine. Dry mouth, dizziness, sweating and nausea were significantly decreased in fluoxetine-treated depressed patients compared with some new antidepressants-ones (venlafaxine, reboxetine, phenelzine, nefazodone), but not with others (amisulpride, hypericum and tianeptine).

**Suicide**—In terms of suicide rate, no differences emerged between fluoxetine and control AD. Suicide is a rare event, and this might have reduced the power of highlighting significant differences. However, although this topic is an important issue and still under debate (Cipriani 2005), only 4 studies reported completed suicide as an outcome, and only 16 studies mentioned the occurrence of any deliberate self harm during trial duration.

**Fluoxetine dose**—Data about dose were extensively analysed elsewhere (Barbui 2004). To determine whether fluoxetine dose was associated with treatment outcome, a metaregression analysis was carried out Having adjusted for possible confounders, fluoxetine dose (continuous outcome) was not associated with a statistically significant advantage for fluoxetine RCTs.

#### DISCUSSION

This systematic review detected differences between fluoxetine and some comparator AD. On a dichotomous outcome, fluoxetine was less effective than dothiepin, sertraline, mirtazapine, venlafaxine. On continuous outcome fluoxetine was more effective than ABT-200 and milnacipran, and less effective than sertraline and venlafaxine. However, it is uncertain how these differences translate into clinically meaningful measures. Despite the large number of comparative trials included in this systematic review, the total number of randomised patients was under 15,000. Studies were short - usually 8 weeks or less - and the mean size of each trial was around 110 participants, indicating that they were generally underpowered for demonstrating clinically meaningful differences.

Continuous outcome measures were more often employed in trials comparing fluoxetine with TCAs than in trials comparing fluoxetine with other SSRIs or newer ADs, where

measures were frequently dichotomised to calculate the proportion of participants who experienced an arbitrary percentage reduction in symptoms, usually a 50% reduction in the total Hamilton score. Apart from being arbitrary and of uncertain clinical relevance, this approach sacrifices statistical power. Given that small differences are expected between ADs, ideally more powerful method of analysis should have been employed, in order to increase the likelihood of detecting such differences. Comparing scores on continuous outcome measures, however, has the disadvantage of providing findings difficult to be translated into clinically sound figures, such as absolute differences and NNTs. Another approach, sometimes used in AD trials, is to calculate the proportion of patients with a score below a predefined cut-off (for example less than 7 at the Hamilton) and to consider these patients as 'recovered' (Frank 1991). This approach may be more useful because it is based on a clinical definition of recovery. In the present systematic review, differences in results obtained using dichotomous and continuous outcome measures should be interpreted bearing in mind these considerations. In addition, in studies reporting mean scores but failing to report the corresponding SDs we averaged the mean SD values reported in other studies belonging to the same group (Furukawa 2005).

In this systematic review each individual AD was compared with fluoxetine. Fluoxetine was chosen as the reference SSRI because it has been a market leader since its introduction almost 20 years ago, and also because it has frequently been used both as a new drug, compared with reference TCAs in early clinical trials, and as a reference compound, compared with other SSRIs and newer ADs in recent studies. This might have somewhat influenced the overall comparisons, since recent data showed that fluoxetine dose was higher in trials where the aim was to demonstrate its efficacy in comparison with older ADs, and lower in trials where the aim was to demonstrate a new drug's efficacy against fluoxetine. This difference affected fluoxetine response rate and dropouts, which were higher in trials where fluoxetine was used as the experimental compound (Barbui 2004). From a clinical point of view the analysis of antidepressants' safety profile (adverse effect and suicide risk) remains of crucial importance. Considering how difficult it is to determine significant differences in terms of effectiveness, nowadays the choice of antidepressants is mainly based on knowledge about associated side effects. More reliable data is required about the adverse effects associated with different drugs. To further address this, trial authors and the pharmaceutical industry will be asked to provide raw data (published and unpublished) of randomized trials. Taking into account of any new information, an update of this review is scheduled by April 2006 to better inform clinical practice.

A limitation of this analysis is that studies with different designs were pooled together. By making multiple comparisons we might have committed type 1 error - that is reporting a spurious association. Pooling together trials with different designs might have limited the external validity of findings (Zimmermann 2002). We run a post hoc sensitivity analysis excluding studies with a follow up duration less than 6 weeks or longer than 16 weeks. We found that results didn't differ materially. In terms of failure to complete for any reason, the comparison between fluoxetine and imipramine became not statistically significant (Peto OR 0.81, 95% CI 0.64 to 1.02). By contrast, a slightly more favourable profile favouring TCAs over fluoxetine was found in terms of dropouts due to inefficacy (Peto OR 1.37, 95% CI 1.03 to 1.83). Another limitation is that publication bias cannot be completely excluded,

even though funnel plots did not show any evidence of publication bias. Funnel plots work on the assumption that researchers are less likely to leave unpublished the results of large trials, than they are with small trials. For the meta-analyses of TCAs and SSRIs the funnel plots have generally been symmetrical, suggesting publication bias is absent. However, recent evidence showing non-publication of large industry sponsored trials on children and adolescents with major depression suggests that publication bias may remain a very serious limitation to the entire literature comparing SSRIs and TCAs (Parker 2003; Hotopf 2005). If important information are concealed, the funnel plot (and other formal statistical tests which work on the same principle) will not be able to detect publication bias under these circumstance.

#### **AUTHORS' CONCLUSIONS**

#### Implications for practice

The main finding of the present study is that there are statistically significant differences in terms of efficacy and tolerability between fluoxetine and certain ADs, but the clinical meaning of these differences is uncertain, and no definitive implications for clinical practice can be drawn. The better efficacy profile of sertraline and venlafaxine (and possibly other ADs) over fluoxetine seemed clinically meaningful, but this needs further investigation. It is possible that differences would emerge in controlled trials of longer duration. Waiting for more robust evidence, treatment decisions are to be based on considerations of drug toxicity, patient acceptability, and cost.

#### Implications for research

Trials comparing two or more active treatments need to be much larger and of better quality than the studies that we identified for this review. More clinically meaningful outcome measures in trials of antidepressants, such as ability to work or admission to hospital, are needed. For a comprehensive analysis of the different antidepressants' safety profile, more reliable data is needed. Regarding available evidence, a meta-analysis of individual patient data from the randomised trials is clearly necessary but has not been done. An analytical approach with head-to-head comparison might in addition be seen as a methodological contribution in the evaluation of treatment effectiveness.

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#### **External sources**

· No sources of support supplied

## **CHARACTERISTICS OF STUDIES**

## Characteristics of included studies [ordered by study ID]

#### Aguglia 1993

| Methods                 | Eight-week double-blind, multicentre study.  |             |
|-------------------------|--|-------------|
| Participants            | Outpatients suffering from a major depressive episode according to DSM-III-R, with a baseline score on HDRS-17 of at least 18, recruited from nine separated psychiatric clinics. Age range: 18 years or more.  Exclusion criteria: depression secondary to other conditions, concomitant illness of renal, cardiac or hepatic origin; hypersensitivity to other antidepressants, likelihood of poor compliance, risk of suicide, peptic ulcer history, an improvement of greater than 25% in the HDRS score during a pre-treatment placebo washout period |             |
| Interventions           | Fluoxetine: 56 participants.  Sertraline: 52 participants.  Fluoxetine dose range: 20-60 mg/day.  Sertraline dose range: 50-150 mg/day.  Benzodiazepines were allowed for hypnotic use and as maintenance treatment for pre- existing anxiety  |             |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS) and for Anxiety (HAM-A), Montgomery and Asberg Scale for Depression (MADRS), Zung Self-Rating Scale for Anxiety, Leeds Sleep Evaluation Questionnaire, Clinical Global Impression Scale, including severity (CGI-S) and improvement (CGI-I)  |             |
| Notes                   | 75% of the patients were women. Higher percentage of patients with a family history of psychiatric illness in the fluoxetine group. Higher percentage of patients with severe depression in the fluoxetine group (30.4%) than in the sertraline group (13.7%). Funding: unclear  |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |
|                         |  | ·           |

#### Akhondzadeh 2003

| Methods                 | Six-week double-blind, randomised study.   |             |
|-------------------------|--|-------------|
| Participants            | Outpatients meeting DSM-IV diagnostic criteria for major depression, with a minimum baseline score of 20 on the HDRS-17.  Age range: 19-54 years old.  Exclusion criteria: any other psychiatric primary disease, current or past history of bipolar disorder, use of anxiolitic or MAOI or tryptophan, organic mental disorder, epilepsy, suicidal tendencies, any severe general disease, pregnancy, lactation |             |
| Interventions           | Fluoxetine: 24 participants. Nortriptyline: 24 participants. Fluoxetine dose: 60 mg/day. Nortriptyline dose: 150 mg/day.   |             |
| Outcomes                | Primary outcome: Hamilton Rating Scale for Depression (HDRS-17)  |             |
| Notes                   | Funding: unclear   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

## **Alby 1993**

| Methods                 | Twelve-week double-blind study   |             |
|-------------------------|--|-------------|
| Participants            | Outpatients suffering from a major depressive episode, recurrent depression or disthymia according to DSM-III-R, with a score of at least 25 on the HARD and on the FARD scales. Age range: 25-65 years. Exclusion criteria: not reported. |             |
| Interventions           | Fluoxetine: 104 participants. Tianeptine: 102 participants. Fluoxetine dose: 20 mg/day. Tianeptine dose: 37.5 mg/day. Benzodiazepines were allowed only if severe anxiety or sleep disorders   |             |
| Outcomes                | HARD (humeur, angoisse, ralentissement, danger), FARD (Ferreri anxiety rating diagram), HSCL (Hopkins Symptom check-list)  |             |
| Notes                   | Funding: by Academy  |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

#### Altamura 1989

| Methods                 | Five-week double-blind randomised study  |             |
|-------------------------|--|-------------|
| Participants            | Inpatients fulfilling DSM-III criteria for major depressive episode and scoring at least 18 on HDRS-17.  Age range: more than 65 years old.  Exclusion criteria: not reported. |             |
| Interventions           | Fluoxetine: 13 participants. Amitriptyline: 15 participants. Fluoxetine dose: 20 mg/day. Amitriptyline dose: 75 mg/day.  |             |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS)  |             |
| Notes                   | Elderly only.<br>Funding: unclear  |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |
|                         |  |             |

## **Alves 1999**

| Methods       | Twelve-week double-blind randomised multicentre study  |
|---------------|--|
| Participants  | Outpatients meeting DSM-IV diagnostic criteria for major depression, with a minimum baseline score of 20 on the 21-item HDRS, recruited from three clinical sites.  Age range: 18-65 years.  Exclusion criteria: known sensitivity to venlafaxine or fluoxetine, a history of any clinically significant cardiac, hepatic or renal disease or abnormalities on a screening physical examination, ECG or laboratory tests, with any mental or neurologic disorder and breast-feeding women; used of any investigational drug, antipsychotic drug, electroconvulsive therapy or sumatriptan within 30 days of baseline, fluoxetine within 21 days and MAO-I within 14 days |
| Interventions | Fluoxetine: 47 participants. Venlafaxine: 40 participants.   |

| Allocation concealment? | Unclear   | B - Unclear |
|-------------------------|---|-------------|
| Item                    | Authors' judgement  | Description |
| Risk of bias            |   |             |
| Notes                   | Patients in the fluoxetine group had more chronic histories of depression at baseline. Predominance of females in the whole study. Funding: by industry |             |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-21), Montgomery and Asberg Scale for Depression (MADRS), Clinical Global Impression Scale                    |             |
|                         | Fluoxetine dose range: 20-40 mg/day.<br>Venlafaxine dose range: 75-150 mg/day.  |             |

#### Andreoli 2002

| Methods                 | Eight-week double-blind, randomised multicentre study.  |             |
|-------------------------|---|-------------|
| Participants            | In- and outpatients meeting DSM-III-R diagnostic criteria for major depression, with a minimum baseline score of 22 on the 21-item HDRS, recruited from 33 clinical sites. Age range: 18-65 years.  Exclusion criteria: history of unresponsiveness to antidepressant treament, association with endocrine disorders, substance abuse, drug hypersensitivity, chronic respiratory insufficiency, or gastro-intestinal, hepatic or renal disease, ECT within 6 months of baseline, high risk of suicide, pregnancy or absence of adequate contraception measures |             |
| Interventions           | Fluoxetine: 127 participants. Reboxetine: 126 participants. Placebo: 128. Fluoxetine dose range: 20-40 mg/day. Reboxetine dose range: 8-10 mg/day. Chloral hydrate (0.5-1 g) was allowed as hypnotic.   |             |
| Outcomes                | Primary outcome: absolute change in the HDRS-21 total score.<br>Secondary outcomes: GCI Severity, CGI Improvement, MADRS, SASS, PGI, Quality of Sleep questionnaire   |             |
| Notes                   | Response: decrease of at least 50% in the HAM-D total score. Remission: total score less than 10. Funding: unclear  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

#### Ansseau 1994

| Methods       | Six-week double-blind, randomised multicentre study.   |
|---------------|--|
| Participants  | Outpatients fulfilling DSM-III-R criteria for major depressive episode, with a score of at least 25 on MADRS and of at least 4 on CGI-S.  Age range: 19-68 years.  Exclusion criteria: serious or uncontrolled medical illness, major anxiety, agitation, suicide risk, resistance during the current episode to at least two antidepressants, substance abuse or dependence, concomitant therapy with lithium, MAO-I, long-acting neuroleptic |
| Interventions | Fluoxetine: 93 participants. Milnacipram: 97 participants. Fluoxetine dose: 20 mg/day. Milnacipram dose: 100 mg/day.   |
| Outcomes      | Hamilton Rating Scale for Depression (HDRS-24), Montgomery and Asberg Scale for Depression (MADRS), Clinical Global Impression Scale   |

| Notes        | Funding: by industry |             |
|--------------|----------------------|-------------|
| Risk of bias |                      |             |
|              |                      |             |
| Item         | Authors' judgement   | Description |

## Beasley 1993a

| Methods                 | Six-week double-blind, randomised study.  |             |
|-------------------------|---|-------------|
| Participants            | Inpatients fulfilling DSM-III-R criteria for major depressive episode, with a score of at least 20 on the HDRS-21.  Age range: 18-70 years.  Exclusion criteria: psychosis, organic mental disorder, substance abuse active within 1 year |             |
| Interventions           | Fluoxetine: 56 participants. Imipramine: 62 participants. Fluoxetine dose range: 40-80 mg/day. Imipramine dose range: 150-300 mg/day. Chloral hydrate (max 1 g) and flurazepam (max 30 mg) were allowed as hypnotic                       |             |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-21), Raskin, Covi, Clinical Global Impression Severity and Improvement Scales  |             |
| Notes                   | Response: decrease of at least 50% in the HAM-D total score. Remission: total score less than 7. One patient on fluoxetine committed suicide. Funding: by industry  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

#### Behnke 2002

| Methods                 | Six-week double-blind, randomised multicentre study.  |             |
|-------------------------|---|-------------|
| Participants            | Patients with ICD-10 depression, with a score between 16 and 24 points on HDRS. Age range: 18-73 years old.  Exclusion criteria: participation in a clinical study less than 4 week, pregnancy and lactation, insufficient contraception, suicide risk, dementia, or othe severe intellectual impairment, chronic alcohol or drug abuse or dependence, severe cardiac, liver, kidney or respiratory insufficiency, neoplasia, Parkinson's or Alzheimer's disease, hypersensitivity to an ingredient of the Hypericum perforatum, febrile illness, anemia, thyroid or parathyroid disease, pituitary insufficiency |             |
| Interventions           | Fluoxetine: 35 participants. Hypericum: 35. Fluoxetine dose: 40 mg/day. Hypericum dose: 300 mg/day.   |             |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-17), von Zerssen Depression Scale, Clinical Global Impression Scale  |             |
| Notes                   | Funding: by industry  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

#### Bennie 1995

| Methods                 | Six-week double-blind, randomised multicentre study.  |             |
|-------------------------|---|-------------|
| Participants            | Outpatients with a diagnosis of major depression or bipolar disorder, depressed, according to DSM-III-R, scoring at least 18 on the HDRS-17 and with a higher on the Raskin Depression Scale than on the Covi Anxiety Scale.  Age range: over 18 years old.  Exclusion criteria: pregnant or lactating women, women of childbearing potential not practicing a reliable method of contraception, patients whit previous treatment with sertraline or fluoxetine, treated with MAOI within two weeks or other antidepressants medication within one week of double-blind therapy, treated with reserpine or methyl-dopa, likely to require additional treatments with psychoactive medication, ECT or intensive psychotherapy during the study.; failure to respond to previous antidepressant therapy at clinically appropriate dosages, use of ECT to treat a previous episode of depression, a history of severe allergies or multiple adverse events associated with pharmacotherapy, the presence of significant medical disease; psychioatric history including another Axis I disorder and significant suicide risk |             |
| Interventions           | Fluoxetine: 144 participants. Sertraline: 142 participants. Fluoxetine dose range: 20-40 mg/day. Sertraline dose range: 50-100 mg/day. Chloral hydrate (max 1 g) and temazepam (max 20 mg) were allowed as hypnotic   |             |
| Outcomes                | Primary outcome: Hamilton Rating Scale for Depression (HDRS-17), Clinical Global Impression Severity and Improvement Scales. Secondary outcomes: Hamilton Rating Scale for Anxiety, the Raskin Depression Scale and Covi Anxiety Scale, self-rated Leeds Sleep Questionnaire  |             |
| Notes                   | Patients with concomitant medical condiztions were allowed to participate in the study provided that the conditions were clearly not associated with the illness of the study and that any required medications were not psychoactive agents. One attempted suicide in the fluoxetine group.  Funding: by industry  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

#### Berlanga 1997

| Methods       | Eight-week double-blind, randomised two-centre study.  |
|---------------|--|
| Participants  | Outpatients with a diagnosis of moderate to severe major depressive episode without psychotic features or bipolar disorder of the depressed type according to DSM-III-R, with a total score of least 18 points on HDRS-17 at baseline.  Age range: over 18 years old.  Exclusion criteria: concomitant organic mental disorder, psychoactive substance abuse disorder, schizophrenia or other psychotic disorder or any medical condition that controindicated treatment with antidepressants; pregnancy or lactating; women of childbearing popotential not practicing a reliable method of contraception |
| Interventions | Fluoxetine: 37 participants. Nefazodone: 37 participants. Fluoxetine dose range: 20-40 mg/day. Nefazodone: 400-500 mg/day. Concomitant psychotropic medication was prohibited, but occasionally use of benzodiazepines for severe anxiety or insomnia  |
| Outcomes      | Hamilton Rating Scale for Depression, Hamilton Rating Scale for Anxiety, Clinical Global Impression, Patient Global Assessment   |
| Notes         | One attempted suicide in the fluoxetine group. Funding: by industry  |
| Risk of bias  |  |

| Item                    | Authors' judgement | Description |
|-------------------------|--------------------|-------------|
| Allocation concealment? | Unclear            | B - Unclear |

#### Besancon 1993

| Methods                 | Eight-week double-blind, randomised study.   |             |
|-------------------------|--|-------------|
| Participants            | Outpatients with a diagnosis of depressive episode less than 2 months duration, according to DSM-III criteria, with a minimum score of 25 on the MADRS. Age range: 18-65 yeras old. Exclusion criteria: absence of resistance to mianserin or fluoxetine, absence of associated psychotropic treatment, with the exception of prazepam (40 mg/day) |             |
| Interventions           | Fluoxetine: 33 participants. Mianserin: 32 participants. Fluoxetine dose range: 20-40 mg/day. Mianserin dose range: 60-90 mg/day.  |             |
| Outcomes                | Hamilton Rating Scale for Depression, Hamilton Rating Scale for Anxiety, Montgomery and Asberg Scale for Depression (MADRS)  |             |
| Notes                   | Funding: by industry   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

## Bougerol 1997a

| Methods                 | Eight-week double-blind, multicentre study.  |             |
|-------------------------|--|-------------|
| Participants            | In- and outpatients fulfilling DSM-III-R criteria for a major depressive disorder or bipolar disorder. The severity of depression should be 25 or more on the MADRS. Age range: 18-65 years old. pregnancy, lactation, failure to use a safetable contraceptive method, alcohol or drug abuse within the last year, patients with severe somatic, neurologica or psychiatric disease, treatment with MAOI within 2 weeks prior to entry the trial, hypersensitivity to study drugs, suicide risk |             |
| Interventions           | Fluoxetine: 158 participants. Citalopram: 158 participants. Fluoxetine dose: 20 mg. Citalopram dose range: 20-40 mg/day. Concomitant psychotropic medication was prohibited, but use of benzodiazepines for insomnia   |             |
| Outcomes                | Primary outcome: Montgomery and Asberg Scale for Depression.<br>Secondary outcomes: Hamilton Rating Scale for Depression (HDRS-17), Clinical Global Impression   |             |
| Notes                   | Funding: by industry   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

#### Bougerol 1997b

| Methods                 | Eight-week double-blind, multicentre study.  |             |
|-------------------------|--|-------------|
| Participants            | Outpatients (primary care) fulfilling DSM-III-R criteria for a major depressive disorder. The severity of depression should be 22 or more on the MADRS. Age range: 18-70 years.  Pregnancy, lactation, failure to use a safetable contraceptive method, alcohol or drug abuse within the last year, patients with severe somatic, neurologica or psychiatric disease, treatment with MAOI within 2 weeks prior to entry the trial, hypersensitivity to study drugs, suicide risk |             |
| Interventions           | Fluoxetine: 184 participants. Citalopram: 173 participants. Fluoxetine dose: 20 mg. Citalopram dose: 20 mg/day. Concomitant psychotropic medication was prohibited, but use of benzodiazepines for insomnia  |             |
| Outcomes                | Primary outcome: Montgomery and Asberg Scale for Depression.<br>Secondary outcomes: Hamilton Rating Scale for Depression (HDRS-17), Clinical Global Impression   |             |
| Notes                   | Funding: by industry   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

#### Bowden 1993

| Item          | Authors' judgement   | Description |
|---------------|--|-------------|
| Risk of bias  |  |             |
| Notes         | Funding: by industry   |             |
| Outcomes      | Hamilton Rating Scale for Depression (HDRS-21), Clinical Global Impression, Patient self-rated Global Improvement  |             |
| Interventions | Fluoxetine: 28 participants. Desipramine: 30 participants. Fluoxetine dose range: 20-60 mg. Desipramine dose range: 150-250 mg/day.  |             |
| Participants  | In- and outpatients fulfilling DSM-III-R criteria for major depressive disorder, with a total score of at least 20 on HDRS-21.  Age range: 18-60 years.  Exclusion criteria: use of heterocyclics antidepressant drugs within 7 days or MAOI within 14 days of starting active treatment; patients with other significant medical disoders |             |
| Methods       | Six-week double-blind, randomised, multicentre study.  |             |

## **Boyer 1998**

| Methods      | Twenty-six-week double-blind, randomised, multicentre study.  |
|--------------|---|
| Participants | Outpatients (primary care) fulfilling DSM-IV criteria for major depressive disorder, with a MADRS score of at least 20.  Age range: 18-65 years.  Exclusion criteria: Pregnancy, lactation, failure to use a safetable contraceptive method; concurrent major psychiatric disorders, such as anxiety disorder, dementia, somatoform disorders, agoraphobia, social phobia, any history of schizophrenia, psychosis or personality |

|                         | disorder; severe concurrent medical illness; alcohol or drug dependence; serious adverse reactions related to medicines; pprevious treatment with antidepressant for less than 3 week; major suicide risk |             |
|-------------------------|---|-------------|
| Interventions           | Fluoxetine: 120 participants. Sertraline: 122 participants. Fluoxetine dose range: 20-60 mg/day. Sertraline dose range: 50-150 mg/day.  |             |
| Outcomes                | Montgomery and Asberg Scale for Depression and Clinical Global Impression   |             |
| Notes                   | Response: decrease of at least 50% in the MADRS total score.<br>Funding: by industry  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |
|                         |   |             |

#### Bremner 1984

| Methods                 | Five-week double-blind, randomised, study.   |             |
|-------------------------|--|-------------|
| Participants            | Outpatients fulfilling Research Diagnostic Criteria (RDC) criteria for major depressive disorder, with a score of at least 20 on HDRS, of 8 on Raskin.  Age range: 23-69 years.  Exclusion criteria: suicide risk, history of schizophrenia or other psychotic state likely to be aggravated by imipramine, organic brain disease, history of seizures; glaucoma, chronic urinary retention or serious cardiovascular disease; history of multiple adverse reaction to drugs, drug or alcohol abuse, pregnancy |             |
| Interventions           | Fluoxetine: 20 participants. Imipramine: 20 participants. Fluoxetine dose range: 60-80 mg/day. Imipramine dose range: 125-300 mg/day.  |             |
| Outcomes                | Hamilton Rating Scale for Depression, Raskin and Covi; Patient Global Impressions,<br>Clinical Global Impressions  |             |
| Notes                   | Patients over 65 years old in the imipramine group only.<br>Funding: by Academy  |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

#### Bressa 1989

| Methods       | Five-week, double-blind, randomised study.  |
|---------------|---|
| Participants  | Outpatients fulfilling DSM-III criteria for major depression, with a score of at least 20 on HDRS. Age range: not stated.  Exclusion criteria: suicidal ideas, psychosis, seizure disorders, serious cardiac, renal or hepatic disease, alcoholism or drug abuse, use of antidepressant drug with the preceeding 14 days, concurrent medication potentially interacting |
| Interventions | Total sample: 30 (fluoxetine 18 and imipramine 12?) Fluoxetine dose range: 20-60 mg/day. imipramine dose range: 75-175 mg/day.  |
| Outcomes      | Hamilton Rating Scale for Depression, Clinical Global Impression  |
| Notes         | Funding: unclear  |

#### Risk of bias

| Item                    | Authors' judgement | Description |
|-------------------------|--------------------|-------------|
| Allocation concealment? | Unclear            | B - Unclear |

## Byerley 1988

| Methods                 | Six-week double-blind, randomised, multicentre study.   |             |  |
|-------------------------|---|-------------|--|
| Participants            | Outpatients fulfilling DSM-III criteria for major depression (duration of at least 1 month) with a score of at least 20 on HDRS.  Age range: not stated.  Exclusion criteria: psychotic symptoms bipolar illness, schizophrenia, active drug or alcohol abuse, significant medical illness, |             |  |
| Interventions           | Fluoxetine: 32 participants. Imipramine: 34 participants. Placebo: 29 participants. Fluoxetine dose range: 40-80 mg/day. Imipramine dose range: 150-300 mg/day. Intermittent administration of flurazepam for insomnia (15-30 mg)   |             |  |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-21), Clinical Global Improvement   |             |  |
| Notes                   | Funding: by industry  |             |  |
| Risk of bias            |   |             |  |
| Item                    | Authors' judgement  | Description |  |
| Allocation concealment? | Unclear   | B - Unclear |  |

#### Cassano 2002

| Methods                 | Fifty-two-week double-blind, randomised, multicentre study.  |             |
|-------------------------|--|-------------|
| Participants            | Outpatients fulfilling ICD-10 criteria for major depression, with a Mini Mental State Examination score of at least 22, HDRS score of at least 18.  Age range: over 65 years old.  Exclusion criteria: concurrent major medical disorders, dementia, any history of schizophrenia, psychosis; alcohol or drug dependence; major suicide risk; use of longacting neuroleptic drugs within 6 months or oral neuroleptics within 2 weeks before the study entry; ECT; daily use of benzodiazepines within 8 weeks or SSRI within 4 weeks, MAOI within 3 weeks, TCA within 1 week before the study entry |             |
| Interventions           | Fluoxetine: 119 participants. Paroxetine: 123 participants. Fluoxetine dose range: 20-60 mg/day. Paroxetine dose range: 20-40 mg/day.  |             |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-21), Clinical Anxiety Scale, BSRT, BIMT, CLAS, CTT, WPW, MMSE and Clinical Global Impression  |             |
| Notes                   | Depression response: total score less than 10 on the HDRS. Anxiety response: total score less than 8 on the CAS. Funding: by industry  |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

#### **Chouinard 1985**

| Methods                 | Five-week double-blind, randomised study.  |             |
|-------------------------|--|-------------|
| Participants            | Outpatients fulfilling Research Diagnostic Criteria (RDC) criteria for major depressive disorder, with a score of at least 21 on HDRS and of at least 8 on the Raskin scale. Age range: 21-70 years.  Exclusion criteria: physical illness, schizophrenia, schizoaffective illness, chronic or acute organic brain syndrome, mental deficiency, alcoholism, epilepsy, drug addiction |             |
| Interventions           | Fluoxetine: 23 participants. Amitriptyline: 28 participants. Fluoxetine dose range: 40-80 mg/day. Amitriptyline dose range: 100-300 mg/day. benzodiazepines were allowed for agitation and insomnia.   |             |
| Outcomes                | Primary outcome: Hamilton Rating Scale for Depression (HDRS-17), Clinical Global Impression, Efficacy Index-Side Effects rating. Secondary outcomes: HAM-D factors and Zung Depression Scale   |             |
| Notes                   | One attempted suicide in the fluoxetine group.<br>Funding: unclear   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

#### **Chouinard 1999**

| Methods                 | Twelve-week double-blind, randomised, multicentre study.  |             |
|-------------------------|---|-------------|
| Participants            | Patients fulfilling DSM-III criteria for major depressive disorder, with a score of at least 20 on HDRS-21.  Age range: not stated.  Exclusion criteria: significant concurrent illness including renal, hepatic, cardiovascular or neurological disease, non-stabilised diabetes, other current Axis I psychiatric diagnosis; organic brain syndrome, past or present abuse of alcohol or drugs; pregnancy or lactating; ECT; continuous lithium therapy in preceeding 2 months, use of important psychotropic drug, current therapy with an anticoagulant or type 1 antiarrhytmic |             |
| Interventions           | Fluoxetine: 101 participants. Paroxetine: 102 participants. Fluoxetine dose range: 20-80 mg/day. Paroxetine dose range: 20-50 mg/day. Chloral hydrate was allowed just during the first two weeks of the study  |             |
| Outcomes                | Primary outcome: Hamilton Rating Scale for Depression (HDRS-21), Clinical Global Impression.  Secondary outcomes: HAM- anxiety and somatisation scores.   |             |
| Notes                   | Response: decrease of at least 50% in the HAM-D total score and/or a total score less than 10.  Two participants dropped out (1 in the fluoxetineand 1 in the paroxetine group) due to attempted suicide.  Funding: by industry   |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

## **Clerc 1994**

| Methods                 | Six-week double-blind, randomised, multicentre study.   |             |
|-------------------------|---|-------------|
| Participants            | Inpatients fulfilling DSM-III-R criteria for major depressive disorder, with melancholia, with a score of at least 25 on the MADRS.  Age range: over 18 years.  Exclusion criteria: medical illness, psychotherapy or ECT during the study duration |             |
| Interventions           | Fluoxetine: 34 participants. Venlafaxine: 34 participants. Fluoxetine dose: 40 mg/day. Venlafaxine dose: 200 mg/day.  |             |
| Outcomes                | Primary outcome: Hamilton Rating Scale for Depression (HDRS-21), Montgomery and Asberg Scale for Depression (MADRS), Clinical Global Impression Scale   |             |
| Notes                   | Response: decrease of at least 50% in the HAM-D or in the MADRS total score, or a CGI score of 1 or 2. Funding: by industry   |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

## Cohn 1985

| Methods                 | Six-week double-blind, randomised study.   |             |
|-------------------------|--|-------------|
| Participants            | Outpatients fulfilling DSM-III criteria for major depressive illness, with a score of at least 20 on the HDRS.  Age range: 20-64 years.  Exclusion criteria: concomitant physical condition or history of conditions that could interfere with therapy |             |
| Interventions           | Fluoxetine: 54 participants. Imipramine: 54 participants. Placebo: 57 participants. Fluoxetine dose range: 20-80 Imipramine dose range: 75-300.  |             |
| Outcomes                | Hamilton Rating Scale for Depression, Raskin Depression Scale, Covi Anxiety Scale, CGI-Severity, CGI-Global Improvement, PGI   |             |
| Notes                   | One attempted suicide in the fluoxetine group.<br>Funding: unclear   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

#### Cohn 1989

| Methods       | Six-week double-blind, randomised study.  |
|---------------|---|
| Participants  | Outpatients satisfying the DSM criteria for bipolar disorder, fulfilling DSM-III criteria for major depressive disorder, with a score of at least 20 on the HDRS-21 and at least 8 on the Raskin Scale.  Age range: 18-70 years.  Exclusion criteria: serious physocal illness, chronic or acute organic brain symptoms, epilepsy, alcoholism, drug addiction |
| Interventions | Fluoxetine: 30 participants.  |

| Allocation concealment? | Unclear   | B - Unclear |
|-------------------------|---|-------------|
| Item                    | Authors' judgement  | Description |
| Risk of bias            |   | ·           |
| Notes                   | Response: decrease of at least 50% in the HAM-D. Funding: by industry   |             |
| Outcomes                | Hamilton Rating Scale for Depression, Raskin Depression Scale, Covi Anxiety Scale, CGI-Severity, CGI-Global Improvement, PGI  |             |
|                         | Imipramine: 30 participants. Placebo: 29 participants. Fluoxetine dose range: 20-80 Imipramine dose range: 75-300. The only allowed concomitant psychotropic drugs were lithium and chloral hydrate (max 1 g) |             |

#### **Corne 1989**

| Methods                 | Six-week double-blind, randomised study.   |             |
|-------------------------|--|-------------|
| Participants            | Outpatients (general practice) fulfilling Research Diagnostic Criteria (RDC) criteria for primary uniopolar major depressive disorder, with a score of at least 17 on the HDRS-17. Age range: 18-70.  Exclusion criteria: physical illness, use of other antidepressant medication, pregnancy, potential childbearing, lactation |             |
| Interventions           | Fluoxetine: 49 participants. Dothiepin: 51 participants. Fluoxetine dose range: 20-60 Dothiepine dose range: 50-100.   |             |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-17).  |             |
| Notes                   | Funding: by industry   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

## Corrigan 2000

| Methods       | Eight-week double-blind, randomised study.   |
|---------------|--|
| Participants  | Patients fulfilling DSM-III-R criteria for major depression (single or recurrent episode, with or without melancholia and without psychotic features).  Age range: 18-65  Exclusion criteria: clinically relevant disease, clinically significant changes on the ECG, lifetime history of hypomania/mania, psychotic disorder, dementia, borderline or antisocial personality disorders, history of a serious suicidal attemptin the past 12 months, pragnancy or lactation, non-responders to at least two trials of antidepressant treatment in the past, use of fluoxetine in the past 6 months or use of another investigational drug within one month prior to the baseline visit |
| Interventions | Fluoxetine: 35 participants. Pramipexole 1 mg: 35 participants. Pramipexole 5 mg: 33 participants. Placebo: 35 participants. Fluoxetine dose: 20.  |
| Outcomes      | Primary outcomes: Hamilton Rating Scale for Depression (HDRS-17), Montgomery and Asberg Scale for Depression (MADRS), CGI-Severity of Illness. Secondary outcomes: Beck Depression Inventory, CGI-Global Improvement   |

| Notes        | Funding: by industry |             |
|--------------|----------------------|-------------|
| Risk of bias |                      |             |
|              |                      |             |
| Item         | Authors' judgement   | Description |

## Costa e Silva 1998

| Methods                 | Eight-week double-blind, randomised, multicentre study.  |             |
|-------------------------|--|-------------|
| Participants            | Outpatients fulfilling DSM-III-R criteria for major depression, with a score of at least 20 on the HDRS-21 and depressive symptoms for at least 1 month before study entry. Age range: 18-60.  Exclusion criteria: pregnancy, absence of methods of contraception, known sensitivity to fluoxetine or venlafaxine, history of significant cardiac, renal or hepatic disease, clinically significant abnormalities on a screening examination, ECG, laboratory tests, acute suicide tendency, seizures, history or presence of any psychotic disorder not associated with depression, drug or alcohol dependence within the past year, psychotherapy, use of fluoxetine, antipsychotic drugs, ECT, MAOI within the past 14 days, any other antidepressant, anxiolitics, sedative-hypnotic drugs (but zopiclone) within 7 days before baseline |             |
| Interventions           | Fluoxetine: 186 participants. Venlafaxine: 196 participants. Fluoxetine dose range: 20-40. Venlafaxine dose range: 75-125.   |             |
| Outcomes                | Primary outcomes: Hamilton Rating Scale for Depression (HDRS-21), Montgomery and Asberg Scale for Depression (MADRS), CGI-Severity of Illness and Improvement  |             |
| Notes                   | Response: decrease of at least 50% in the HAM-D or in the MADRS, or a CGI-I score of 1 or 2. Funding: by industry  |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

## Dalery 1997

| Methods       | Twelve-week double-blind, randomised, multicentre study.   |   |
|---------------|--|---|
| Participants  | Patients fulfilling DSM-III-R criteria of at least 20 on the MADRS. Age range: 18-70. Exclusion criteria: not stated.  | or major depression (single or recurrent), with a score |
| Interventions | Fluoxetine: 82 participants. Amineptine: 87 participants. Fluoxetine dose: 20. Amineptine dose: 200. Anxiolitics and non-barbiturate hypnotics were allowed. |   |
| Outcomes      | Montgomery and Asberg Scale for Depression (MADRS), CGI, Mood Anxiety Retardation and Danger (MARD)  |   |
| Notes         | Funding: unclear   |   |
| Risk of bias  |  |   |
| Item          | Authors' judgement   | Description   |

| Allocation concealment? | Unclear | B - Unclear |
|-------------------------|---------|-------------|
|                         |         |             |

## Dalery 2003

| Six-week double-blind, randomised study.  |  |
|---|--|
| Outpatients fulfilling DSM-III-R criteria for major depression, with a score of at least 17 on the HDRS-17.  Age range: 18-70 years old.  Exclusion criteria: acute suicidal ideation, dementia, history of epilepsy, alcoholism in the previous 6 months, other psychoactive substance, pregnancy, lactation, absence of contraception, hepatic, renal, pulmonary, endocrine, cardiac disease, previous failure with SSRI therapy, concomitant use of lithium, warfarin, carbamazepine, teofilline, insulin, hypoglicaemic agents, MAOI or ECT in the previous 2 weeks |  |
| Fluoxetine: 94 participants.  Maprotiline: 90 participants. Fluoxetine dose: 20 mg/day. Fluvoxamine dose: 100 mg/day.   |  |
| Primary outcome: area under the curve of the change in HDRS-17 total score from baseline. Secondary outcomes: numbers of HDRS-17 responders, CGI-S and global improvement, Clinical Anxiety Scale (CAS), Irritability Depression and Anxiety Scale (IDAS) total score and sub-scores, Beck Scale for Suicide Ideation (SSI), Sleep Evaluation and the HDRS-17 total and subtotal scores   |  |
| Funding: by industry  |  |
|   |  |
| Authors' judgement  | Description  |
| Unclear   | B - Unclear  |
|   | Outpatients fulfilling DSM-III-R criteria for major the HDRS-17.  Age range: 18-70 years old.  Exclusion criteria: acute suicidal ideation, dementi previous 6 months, other psychoactive substance, pcontraception, hepatic, renal, pulmonary, endocrin SSRI therapy, concomitant use of lithium, warfarin hypoglicaemic agents, MAOI or ECT in the previous of hypoglicaemic agents, MAOI or ECT in the previous of hypoglicaemic agents.  Fluoxetine: 94 participants.  Fluoxetine: 99 participants.  Fluoxetine dose: 20 mg/day.  Fluvoxamine dose: 100 mg/day.  Primary outcome: area under the curve of the chan Secondary outcomes: numbers of HDRS-17 responching Clinical Anxiety Scale (CAS), Irritability Depressi and sub-scores, Beck Scale for Suicide Ideation (Stotal and subtotal scores)  Funding: by industry |

## De Jonghe 1991

| Methods                 | Six-week double-blind, randomised, two-site study.   |             |
|-------------------------|--|-------------|
| Participants            | Inpatients fulfilling DSM-III-R criteria for major depressive disorder without psychotic features, with a score of at least 18 on the HDRS-17.  Age range: 18-70 years.  Exclusion criteria: high suicide risk, other psychiatric diagnosis, somatic disease which could controindicate treatment with fluoxetine or maprotiline, history of hypersensitivity, severe allergies, multiple severe reactions to drugs, lactation, pregnancy or pregnancy wish, MAOI use within 2 weeks before starting the trial |             |
| Interventions           | Fluoxetine: 30 participants.  Maprotiline: 35 participants. Fluoxetine dose range: 40-80.  Maprotiline dose range: 50-150.  Only oxazepam was allowed as hypnotic or anxiolitic, if absolutely required  |             |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-17), Raskin Depression Scale, Covi Anxiety Scale, CGI Severity and Improvement,   |             |
| Notes                   | Funding: by industry   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

## De Nayer 2002

| Methods                 | Twelve-week double-blind, randomised, multicentre study.   |             |
|-------------------------|--|-------------|
| Participants            | Outpatients with a score between 18 and 25 on the HDRS-21 and minimum baseline of 8 on the Covi Anxiety Scale, and considered by the investigator to be moderately depressed. Age range: 18-70.  Exclusion criteria: pregnancy, chilbearing potential, absence of contraceptive method, psychiatric disease or personality disorder, known clinically significant laboratory abnormalities, use of antipsychotic drug or ECT within 30 days of baseline, use of fluoxetine within 21 and MAOI within 14 of baseline; patients who previously failed to respond to venlafaxine or fluoxetine, high suicide risk |             |
| Interventions           | Fluoxetine: 73 participants.  Venlafaxine: 73 participants.  Fluoxetine dose range: 20-40 mg/day.  Venlafaxine dose range: 75-150 mg/day.  Lormetazepam was allowed (2 mg) as hypnotic.  |             |
| Outcomes                | Primary outcomes: Hamilton Rating Scale for Depression (HDRS-21), Montgomery and Asberg Scale for Depression (MADRS), CGI-Severity of Illness. Secondary outcome: Covi Anxiety Scale.  |             |
| Notes                   | Response: decrease of at least 50% in the HAM-D or in the MADRS total score. Remission: total score less than 8 on the HDRS-21. Funding: by industry   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

#### De Ronchi 1998

| Methods                 | Ten-week double-blind, randomised, multicentre study.  |             |
|-------------------------|--|-------------|
| Participants            | In- and outpatients fulfilling DSM-III-R criteria for major depressive disorder, with a score of at least 16 on the HDRS-17.  Age range: over 60 years old.  Exclusion criteria: mental organic disorder, MMSE less than 24, high suicide risk, history of alcohol or drug abuse, severe physical illness, epilepsy, schizophrenia |             |
| Interventions           | Fluoxetine: 32 participants. Amitriptyline: 33 participants. Fluoxetine dose: 20 mg/day. Amitriptyline dose range: 50-100 mg/day. Patients taking lorazepam 5 mg/day for at least 6 months before enrollment were allowed to continue; triazolam was allowed (0.25 mg/day) during the first 2 weeks for insomnia                   |             |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-17), Montgomery and Asberg Scale for Depression (MADRS), Covi Anxiety Scale, CGI-Severity and Improvement, PGI, LSEQ  |             |
| Notes                   | Response: decrease of at least 50% in the HAM-D total score or a total score less than 10. Funding: unclear  |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

#### De Wilde 1993

| Methods | Six-week double-blind, randomised, study. |  |
|---------|---|--|
|---------|---|--|

| Allocation concealment? | Unclear  | B - Unclear |
|-------------------------|--|-------------|
| Item                    | Authors' judgement   | Description |
| Risk of bias            |  |             |
| Notes                   | Funding: by industry   |             |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-21), Montgomery and Asberg Scale for Depression (MADRS), Hopkins Symptoms Check List, CGI-impression  |             |
| Interventions           | Fluoxetine: 41 participants. Paroxetine: 37 participants. Fluoxetine dose range: 20-60 mg/day. Paroxetine dose range: 20-40 mg/day. Temazepam or other short-acting benzodiazepines were permitted as hypnotic   |             |
| Participants            | Patients fulfilling DSM-III criteria for major depression, with a score of at least 18 on the HDRS-21.  Age range: 18-65.  Exclusion criteria: pregnancy, lactation, severe concomitant disease, schizophrenia, abuse of alcohol or drugs, severe risk of suicide, ECT in the previous 3 months, MAOI or oral neuroleptics in the previous 14 days, depot neuroleptics in the previous 4 weeks, patients receiving lithium |             |

#### **Debus 1988**

| Methods                 | Six-week double-blind, randomised, study.   |             |
|-------------------------|---|-------------|
| Participants            | Outpatients fulfilling DSM-III-R criteria for major depression, with a score of at least 20 on the HDRS-21.  Age range: over 18 years old.  Exclusion criteria: pregancy, lactation, absence of contraception, history of glaucoma, suicidal risk, history serious medical conditions, seizures, history of severe allergies, multiple adverse medication reactions or known allergy, other DSM-III diagnosis including substance abuse, bipolar disorder, schizophrenia, schizoaffective disorder, paranoid disorder, organic mental disorder, other psychotropic medications, with the exception of some hypnotics, use of fluoxetine or MAOI within the past 4 weeks |             |
| Interventions           | Fluoxetine: 22 participants. Trazodone: 21 participants. Fluoxetine dose range: 20-60 mg/day. Trazodone dose range: 50-400 mg/day.  |             |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-21), Inventory for Depressive Symptomatology - Clinician Version (IDS-C)   |             |
| Notes                   | Funding: by industry  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

#### Demyttenaere 1998

| Methods       | Nine-week double-blind study.   |
|---------------|---|
| Participants  | Outpatients fulfilling DSM-III-R criteria for major depression, with a score of at least 15 on the HDRS-21.  Age range: 18-60 years.  Exclusion criteria: not stated. |
| Interventions | Fluoxetine: 35 participants. Amitriptyline: 31 participants. Fluoxetine dose:20 mg/day.   |

| Allocation concealment? | Unclear  | B - Unclear |
|-------------------------|--|-------------|
| Item                    | Authors' judgement   | Description |
| Risk of bias            |  |             |
| Notes                   | Response: decrease of at least 50% in the HAM-D total score. Funding: by industry. |             |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-21), Clinical Global Impression         |             |
|                         | Amitriptyline dose: 150 mg/day.  |             |

#### Diaz Martinez 1998

| Methods                 | Eight-week randomised, multicentre study.   |   |
|-------------------------|---|---|
| Participants            | Outpatients fulfilling DSM-III-R criteria for major the HDRS-21.  Age range: 18-55 years.  Exclusion criteria: lactation, childbearing potenti fluoxetine, history of clinically significant medical laboratory tests, acute suicidal tendencies, history disorder, bipolar disorder, history of any psychot current use of investigational drugs, antipsychotic or MAOI or paroxetine within the previous 14 dadrugs, but zopiclone (7.5 mg), history of drug or | al, previous treatment with venlafaxine or al disease, abnormalities on ECG or of seizure disorder, organic mental ic disorder not associated with depression, c drugs, ECT within the previous 30 days ys, use of antidepressant or hypnotic |
| Interventions           | Fluoxetine: 75 participants.  Venlafaxine: 70 participants.  Fluoxetine dose range: 20-40 mg/day.  Venlafaxine dose range: 75-150 mg/day.  Only zopiclone was allowed for insomnia.   |   |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-21), Montgomery and Asberg Scale for Depression (MADRS), Clinical Global Impression, SCL-61  |   |
| Notes                   | Funding: by industry  |   |
| Risk of bias            |   |   |
| Item                    | Authors' judgement  | Description   |
| Allocation concealment? | Unclear   | B - Unclear   |

## Dierick 1996

| Methods       | Eight-week randomised, double-blind, multicentre study.   |
|---------------|---|
| Participants  | Outpatients fulfilling DSM-III-R criteria for major depression, with a score of at least 20 on the HDRS-21.  Age range: 18-83.  Exclusion criteria: history of clinically significant disease, abnormalities on ECG or laboratory tests, acute suicidal tendencies, history of seizure disorder, organic mental disorder, bipolar disorder or personality disorder, history of any psychotic disorder not associated with depression, venlafaxine or fluoxetine hypersensitivity or use within 2 months of baseline, current use of investigational drugs, antipsychotic drugs, ECT or MAOI within the previous 14 days, use of antidepressant drug within 7 days, use of any anxiolitic that could not be withdrawn at baseline, drug or alcolhol abuse within 2 years of the start of the study |
| Interventions | Fluoxetine: 161 participants. Venlafaxine: 153 participants. Fluoxetine dose: 20 mg/day. Venlafaxine dose range: 75-150 mg/day.   |

| Allocation concealment? | Unclear  | B - Unclear |
|-------------------------|--|-------------|
| Item                    | Authors' judgement   | Description |
| Risk of bias            |  |             |
| Notes                   | Response: decrease of at least 50% in the HAM-D or MADRS total score, or a score of 1 or 2 on the CGI. Funding: by industry      |             |
| Outcomes                | Primary outcomes: Hamilton Rating Scale for Depression (HDRS-21), Montgomery and Asberg Scale for Depression (MADRS), CGI scales |             |

## Dowling 1990

| Methods                 | Six-week double-blind, randomised study.  |             |
|-------------------------|---|-------------|
| Participants            | Outpatients fulfilling DSM-III criteria for major depression (unipolar), with a score of at least 17 on the HDRS.  Age range: 18-75 years.  Exclusion criteria: significant pohysiacl illness, lactation, pregnancy, history of schizophrenia or drug or alcohol abuse, current use of antidepressant |             |
| Interventions           | Fluoxetine: 30 participants. Dothiepin: 30 participants. Fluoxetine dose range: 20-40 Dothiepine dose range: 100-200. Benzodiazepines were allowed for sedation at the discretion of the doctor   |             |
| Outcomes                | Hamilton Rating Scale for Depression, Montgomery and Asberg Scale for Depression (MADRS), CGI Severity and Improvement, PGI   |             |
| Notes                   | Funding: by industry  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

## Duarte 1996

| Methods                 | Six-week randomised, double-blind study.  |             |
|-------------------------|---|-------------|
| Participants            | Outpatients fulfilling DSM-III-R criteria for double depression (disthimia and major depression), with a score of at least 16 on the HDRS. Age range: 18-65 years. Exclusion criteria: suicidal tendencies, delusional depression, severe organic disease, alcoholism, drug abuse, ongoin ECT or structured psychotherapy |             |
| Interventions           | Fluoxetine: 21 participants. Moclobemide: 21 participants. Fluoxetine dose: 20. Moclobemide dose: 300. Use of single benzodiazepines was allowed at discretion of the doctor  |             |
| Outcomes                | Primary outcomes: percentage of responders defined as decrease of at least 50% in the HDRS.  Secondary outcomes: endpoint score on HDRS, percentage of end of treatment CGI very good and good responses  |             |
| Notes                   | Funding: by industry  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |



#### **Fabre 1991**

| Methods                 | Five-week randomised, double-blind, multicentre study.  |             |
|-------------------------|---|-------------|
| Participants            | Outpatients fulfilling DSM-III-R criteria for major depression (single episode or recurrent). Age range: 18-65 years.  Exclusion criteria: concurrent diagnosis of bipolar disorder or schizophrenia, hyperactivity or agitation, presence of hyper thyroidism or a clinically unstable medical condition, history of narrow angle glaucoma, urinary retention, seizures or substance abuse, MAOI use within 14 days of baseline, pregnancy, lactation, potential childbearing, history of allergy to the study drugs |             |
| Interventions           | Fluoxetine: 103 participants. Nortriptyline: 102 participants. Fluoxetine dose range: 20-40 nortriptyline dose range: 50-100.   |             |
| Outcomes                | Hamilton Rating Scale for Depression, Zung Depression Scale, CGI Impression   |             |
| Notes                   | Funding: unclear  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

#### Fairweather 1999

| Methods                 | Six-week randomised, double-blind study.   |             |
|-------------------------|--|-------------|
| Participants            | Outpatients (general practice) fulfilling DSM-III-R criteria for major depression. Age range: 18-70 years.  Exclusion criteria: concurrent illness, concomitant use of psychotropic medication, long-term treatment with benzodiazepines |             |
| Interventions           | Fluoxetine: 42 (?) participants.<br>Dothiepin: 42 (?) participants.<br>Fluoxetine dose: 20<br>Dothiepine dose range: 75-150.   |             |
| Outcomes                | Hamilton Rating Scale for Depression, LSEQ.  |             |
| Notes                   | Funding: by industry   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

#### Falk 1989

| Methods       | Six-week randomised, double-blind study.  |
|---------------|---|
| Participants  | Outpatients fulfilling DSM-III criteria for unipolar major depression (single or recurrent), with the present episode lasting 4 weeks or more and with a score of at least 20 on the HDRS-21. Age range: over 62 years old.  Exclusion criteria: serious medical illness, unstable cardiac arrythmias, seizure disorders, history of allergy to either drug, severe psychosis, suicidal symptoms or DSM-II diagnosis of schizophrenia, bipolar disorder, organic mental disorder, substance abuse disorder within the past year or paranoid disorders, use of either drugs within 1 month preceeding study entry, MAOI in the prior 14 days or other antidepressants at the time of entry |
| Interventions | Fluoxetine: 14 participants.  |

|                         | Trazodone: 13 participants. Fluoxetine dose range: 20-60 mg/day. Trazodone dose range: 50-400 mg/day. Only use of benzodiazepines and chloral hydrate for sleep were allowed |              |
|-------------------------|--|--------------|
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-21)   | , CGI, TESS. |
| Notes                   | Funding: by industry   |              |
| Risk of bias            |  |              |
| Item                    | Authors' judgement   | Description  |
| Allocation concealment? | Unclear  | B - Unclear  |

#### Fava 1998

| Methods                 | Twelve-week randomised, double-blind, multicentre study.   |             |
|-------------------------|--|-------------|
| Participants            | Outpatients fulfilling DSM-III-R criteria for moderate to moderately severe major depression without a history of mania or hypomania, with a score of at least 18 on the HDRS-17, of at least 8 on the Raskin Depression Scale (and grater than Covi score).  Mean age: 41.3 years.  Exclusion criteria: schizophrenia, adjustment disorder, bipolar disorder, panic disorder, social phobia, obsessive complusive disorder, psychotic depression, atypical depression, serious concomitant medical illness, significant abnormal laboratory values, history of seizure disorder, high suicidal risk, recent history of alcohol or drug abuse, use other psychotropic drug within 14 days of baseline, ECT within 3 months of baseline, any investigational drug within 30 days of baseline, previous treatment with paroxetine, pregnancy, childbearing potential without contraceptive |             |
| Interventions           | Fluoxetine: 54 participants. Paroxetine: 55 participants. Placebo: 19 participants. Fluoxetine dose range: 20-80 mg/day. Paroxetine dose range: 20-50 mg/day.  |             |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-21), Covi Anxiety Scale, Raskin Depression Scale  |             |
| Notes                   | Response: decrease of at least 50% in the HDRS-21 total. score. Funding: by industry   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

#### Fava 2000a

| Methods | Ten- to sixteen-week randomised, double-blind, multicentre study |
|---------|--|
| Methods | Ten- to sixteen-week randomised, double-bind, municentre study   |

| Outpatients fulfilling DSM-IV criteria for major depression or atypical major depression, with a baseline score of at least 16 on the first 17 items of the HDRS-28.  Mean age: 40.3 in the fluoxetine group, 44.1 in the sertraline one, 41.4 in the paroxetine one.  Exclusion criteria: pregnancy, lactation, suicide risk, serious medical illness, seizurfe disorders, presence of any of the following diagnosis: organic mental disorder, substance use disorder, schizophrenia, delusional disorder, psychotic disorders not elsewhere classified, biopolar disorder, antisocial personality disorder, mood congruent or modd incongruent features, history of multiple adverse drug reations, concomitant use of any antidepressants, anxiolitic or other psychotropic medication witin 7 days prior study entry, with the exception of chloral hydrate, hyper- or hypothyroidism, use of MAOI within 2 weeks of active therapy, lack of response to the treatment of a current major depressive episode by any SSRI |  |
|---|--|
| Fluoxetine: 35 participants. Sertraline: 43 participants. Paroxetine: 30 participants. Fluoxetine dose range: 20-60 mg/day. Sertraline dose range: 50-200 mg/day. Paroxetine dose range: 20-60 mg/day.  |  |
| Primary outcome: total score on the Hamilton Rating Scale for Depression (HDRS-17), Hamilton Anxiety/Somatisation Factor  |  |
| Patients recruited had major depression and a high level of anxiety. Response: decrease of at least 50% in the HDRS-17 total.  Remission: total score of maximum 7 on the HDRS-17 at the endpoint.  Funding: by industry  |  |
|   |  |
| Authors' judgement  | Description  |
| Unclear   | B - Unclear  |
|   | with a baseline score of at least Mean age: 40.3 in the fluoxetine one. Exclusion criteria: pregnancy, la disorders, presence of any of the use disorder, schizophrenia, delt classified, biopolar disorder, and incongruent features, history of antidepressants, anxiolitic or oth with the exception of chloral hyweeks of active therapy, lack of episode by any SSRI  Fluoxetine: 35 participants. Sertraline: 43 participants. Paroxetine: 30 participants. Fluoxetine dose range: 20-60 mg Sertraline dose range: 20-60 mg Primary outcome: total score on Hamilton Anxiety/Somatisation  Patients recruited had major dep at least 50% in the HDRS-17 tot Remission: total score of maxim Funding: by industry  Authors' judgement |

## Fava 2002

| Methods       | Ten-week randomised, double-blind, multicentre study.   |
|---------------|---|
| Participants  | Outpatients fulfilling DSM-IV criteria for major depression or atypical major depression, with a baseline score of at least 16 on the first 17 items of the HDRS-28.  Age range: over 18 years old.  Exclusion criteria: pregnancy, lactation, suicide risk, serious medical illness, seizure disorders, presence of any of the following diagnosis: organic mental disorder, substance use disorder, schizophrenia, delusional disorder, psychotic disorders not elsewhere classified, bipolar disorder, antisocial personality disorder, mood congruent or modd incongruent features, history of multiple adverse drug reations, concomitant use of any antidepressants, anxiolitic or other psychotropic medication witin 7 days prior study entry, with the exception of chloral hydrate, hyper- or hypothyroidism, use of MAOI within 2 weeks of active therapy, lack of response to the treatment of a current major depressive episode by any SSRI |
| Interventions | Fluoxetine: 92 participants. Sertraline: 96 participants. Paroxetine: 96 participants. Fluoxetine dose range: 20-60 mg/day. Sertraline dose range: 50-200 mg/day. Paroxetine dose range: 20-60 mg/day.  |
| Outcomes      | Primary outcome: total score on the Hamilton Rating Scale for Depression (HDRS-17). Secondary outcome: improvement on the CGI Severity scale and HAM-D sleep disturbance, A/S, R, cognitive disturbance (COG) factors   |
| Notes         | Response: decrease of at least 50% in the HDRS-17 total. Remission: total score of maximum 7 on the HDRS-17 at the endpoint. Funding: by industry   |
| Risk of bias  |   |
| Item          | Authors' judgement Description  |

| Allocation concealment? | Unclear | B - Unclear |
|-------------------------|---------|-------------|
|                         |         |             |

#### Fawcett 1989

| Methods                 | Six-week randomised, double-blind study.  |                      |
|-------------------------|---|----------------------|
| Participants            | Outpatients fulfilling DSM-III criteria for unipolar 20 on the HDRS-21.  Mean age: 39.9 in the fluoxetine group, 44.5 in the Exclusion criteria: significant medical illness, cone psychiatric side effect, psychotic features, any other unipolar major depression | e amitriptyline one. |
| Interventions           | Fluoxetine: 20 participants. Amitriptyline: 20 participants. Fluoxetine dose range: 20-60 mg/day. Amitriptyline dose range: 50-200 mg/day.  |                      |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-21), CGI for Severity and Improvement, PGI   |                      |
| Notes                   | Improvement: a decrease of at least 50% on the total HDRS score. Funding: by industry   |                      |
| Risk of bias            |   |                      |
| Item                    | Authors' judgement  | Description          |
| Allocation concealment? | Unclear   | B - Unclear          |

## Feighner 1985a

| Methods                 | Six-week randomised, double-blind study.  |             |
|-------------------------|---|-------------|
| Participants            | Outpatients fulfilling DSM-III criteria for unipolar major depression (single or recurrent episode), with a score of at least 20 on the HDRS and Raskin Depression Scale score of at least 8 and equal or greater to the Covi Anxiety score.  Age range: over 64 years old.  Exclusion criteria: history of or current conditions that might put them at risk or that precluded evaluation of the results |             |
| Interventions           | Fluoxetine: 78 participants. Doxepine: 79 participants. Fluoxetine dose range: 20-80 mg/day. Doxepine dose range: 50-250 mg/day.  |             |
| Outcomes                | CGI for Severity, Hamilton Rating Scale for Depression, Raskin Depression Scale, Covi<br>Anxiety Scale, SCL-58  |             |
| Notes                   | Funding: by industry  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

## Feighner 1985b

| Methods Five-week randomised, double-blind study. | Methods |  |  |
|---|---------|--|--|
|---|---------|--|--|

| Participants            | Outpatients fulfilling Research Diagnostic Criteria criteria for unipolar major depression, with a score of at least 20 on the HDRS and Raskin Depression Scale score of at least 8. Age range: 19-69 years.  Exclusion criteria: serious illness or condition th <at amitriptilyne="" controindicated="" could="" for="" make="" of="" or="" patients="" study<="" th="" that="" the="" unsuitable="" use=""></at> |   |
|-------------------------|---|---|
| Interventions           | Fluoxetine: 22 participants. Amitriptyline: 22 participants. Fluoxetine dose range: 20-80 mg/day. Amitriptyline dose range: 75-300 mg/day. Only chloral hydrate (max 1 g) was allowed for sleep and one benzodizepine for agitation   |   |
| Outcomes                | Hamilton Rating Scale for Depression, Raskin De   | pression Scale, Covi Anxiety Scale, CGI |
| Notes                   | Funding: unclear  |   |
| Risk of bias            |   |   |
| Item                    | Authors' judgement  | Description                             |
| Allocation concealment? | Unclear   | B - Unclear                             |

## Feighner 1989

| Methods                 | Six-week randomised, double-blind study.  |             |
|-------------------------|---|-------------|
| Participants            | Outpatients fulfilling DSM-III criteria for unipolar major depression, with a score of at least 20 on the HDRS and Raskin Depression Scale score of at least 8 and equal or greater to the Covi Anxiety score.  Age range: 18-70.  Exclusion criteria: pregnancy, non-contrception, serious suicide risk, organic brain syndrome, schizophrenia, seizures, drug or alcohol abuse within the past year, controindication to imipramine |             |
| Interventions           | Fluoxetine: 61 participants. Imipramine: 58 participants. Placebo: 59 participants. Fluoxetine dose range: not stated Imipramine dose range: not stated.  |             |
| Outcomes                | Hamilton Rating Scale for Depression, Raskin Depression Scale, Covi Anxiety Scale, CGI, SCL-58, PGI   |             |
| Notes                   | Improvement: a moderately or markedly improved on the CGI or a decrease of at least 50% on the total HDRS score. Funding: by industry   |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

## Feighner 1991

| Methods       | Six-week randomised, double-blind two-centre study.   |
|---------------|---|
| Participants  | Outpatients fulfilling DSM-III-R criteria for non-psychotic major depressive episode, lasting between 4 weeks to 2 years, single or recurrent, which was not secondary to another pre-existing psychiatric or medical condition, with a score of at least 20 on the HDRS-21. Age range: over 18 years old.  Exclusion criteria: seizures, current diagnosis or history of hepatic or renal disfunction, anorexia or bulimia, other unstable medical disorder, pregnancy, lactation, childbearing potential, alcohol or substance abuse within the past year, use of psychoactive drug within 1 week of baseline, previous treatment with buproprion or fluoxetine, high suicidal risk |
| Interventions | Fluoxetine: 62 participants.  |

|                         | Bupropion: 61 participants. Fluoxetine dose range: 20-80 mg/day. Bupropion dose range: 225-450 mg/day.          |             |
|-------------------------|---|-------------|
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-21), CGI Severity and Improvement, Hamilton Rating Scale for Anxiety |             |
| Notes                   | Funding: by industry  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

#### Ferreri 1989

| Methods                 | Six-week randomised, double-blind study.  |             |
|-------------------------|---|-------------|
| Participants            | Outpatients fulfilling DSM-III criteria for major depression, with a score between 18 and 25 on the HDRS-21.  Age range: 18-65 years old.  Exclusion criteria: organic brain disease, seizures, other serious illness, hyperthyrodism, allergy, drug or alcohol abuse, use of MAOI within 2 week, serious suicidal risk, pregancy and lactation |             |
| Interventions           | Fluoxetine: 31 participants. Amineptine: 32 participants. Fluoxetine dose: 20 mg/day. Amineptine dose: 200 mg/day.  |             |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-21), Montgomery and Asberg Scale for Depression (MADRS), CGI for Severity  |             |
| Notes                   | Funding: unclear  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

## Finkel 1999

| Methods       | Twelve-week randomised, double-blind, multicentre study.  |
|---------------|---|
| Participants  | Outpatients fulfilling DSM-III-R criteria for major depressive disorder, with a score of at least 18 on the HDRS-24.  Age range: over 70 years old.  Exclusion criteria: any significant medical problem, criteria for any other Axis I psychiatric or neurological disorder, any cognitive impairment, suicidal risk, drug abuse or dependence, any medical controindication to study medications, history of failure to respond to either ECT or adequate trials with two or more antidepressants |
| Interventions | Fluoxetine: 33 participants. Sertraline: 42 participants. Fluoxetine dose range: 20-40 mg/day. Sertraline dose range: 50-100 mg/day.  |
| Outcomes      | Hamilton Rating Scale for Depression (HDRS-24), Hamilton Rating Scale for Anxiety, CGI Severity and Improvement, POMS, Q-LES-Q  |
| Notes         | Response: decrease of at least 50% in the HDRS-24 total.<br>Remission: total score of maximum 7 on the HDRS-24 at the week 10 and 12.<br>Funding: by industry   |
| Risk of bias  |   |

| Item                    | Authors' judgement | Description |
|-------------------------|--------------------|-------------|
| Allocation concealment? | Unclear            | B - Unclear |

## Gagiano 1993

| Methods                 | Six-week randomised, double-blind study.  |             |
|-------------------------|---|-------------|
| Participants            | Outpatients fulfilling DSM-III-R criteria for major depressive episode, with a score of at least 18 on the HDRS-21.  Age range: 18-65 years old.  Exclusion criteria: pregnancy, lactation, hepatic, renal, neurological, gastrointestinal, or severe cardiovascular disease, schizophrenia, organic brain syndrome, unstable diabetes, recent treatment with MAOI, neuroleptics, lithium therapy, ECTin the previous 3 months, alcohol or drug abuse, severe risk of suicide |             |
| Interventions           | Fluoxetine: 45 participants. Paroxetine: 45 participants. Fluoxetine dose range: 20-60 mg/day. Paroxetine dose range: 20-40 mg/day.   |             |
| Outcomes                | Hamilton Rating Scale for Depression, Montgomery and Asberg Scale for Depression (MADRS), Hamilton Rating Scale for Anxiety   |             |
| Notes                   | Funding: unclear  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

### Gattaz 1995

| Methods                 | Four-week randomised, double-blind, two-centre study.  |             |
|-------------------------|--|-------------|
| Participants            | Inpatients fulfilling DSM-III-R criteria for major depression, with a score of at least 18 on the HDRS-17.  Age range: 18-65 years old.  Exclusion criteria: seroious allergise, drug and alcohol abuse, resistance to a previous treatment with an antidepressant prescribed at an effective dosae during at leaast 3 weeks, and theraphy with MAOI in the last 14 days, or with fluoxetine in the last 5 weeks |             |
| Interventions           | Fluoxetine: 34 participants. Moclobemide: 36 participants. Fluoxetine dose range: 20-40 mg/day. Moclobemide dose range: 300-600 mg/day. Chloral hydratwe and low dose of diazepam as hypnotic or/and anxiolitic were allowed   |             |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-17), CGI.   |             |
| Notes                   | Response: decrease of at least 50% in the HDRS-17 total.<br>Funding: unclear   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

### Geerts 1994

| Methods                 | Six-week randomised, double-blind study.  |             |
|-------------------------|---|-------------|
| Participants            | In- and out-patients fulfilling DSM-III-R criteria for major depression without psychotic features, with a score of at least 17 on the HDRS-17.  Age range: 18-70 years.  Exclusion criteria: suicidal intent, any other psychiatric illness, severe organic disease, alcoholism and drug abuse, use of MAOI in the preceeding 2 week, use of an antudepressant drug in the previous 4 days, or any investigational drug in the preceding 4 weeks, patients who ever received fluoxetine or moclobemide |             |
| Interventions           | Fluoxetine: 25 participants. Moclobemide: 24 participants. Fluoxetine dose range: 20-40 mg/day. Moclobemide dose range: 300-600 mg/day. Only lithium and bromazepam were allowed.   |             |
| Outcomes                | Primary outcomes: final score of less than 10 or a decrease of at least 50% from baseline on the Hamilton Rating Scale for Depression (HDRS-17), CGI  |             |
| Notes                   | Funding: by industry  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

### **Gillin 1997**

| Methods                 | Eight-week randomised, double-blind multicentre study.  |             |
|-------------------------|---|-------------|
| Participants            | Outpatients fulfilling DSM-III-R criteria for non-psychotic, moderate to severe major depressive disorder, with a score of at least 18 on the HDRS-17.  Age range: 21-55 years old.  Exclusion criteria: patients engaged in shiftwork and with a primary sleep disorder indipendent of affective disturbance, current general medical condition, history of psychoactive substance use disorder within 12 months prior to study entry, current DSM-III Axis I disorder (organic mental syndrome, bipolar disorder-depressive, and schizophrenia, delusional disorder, psychotic disorder NOS, pregnancy, lactation, not use of contraception |             |
| Interventions           | Fluoxetine: 20 participants. Nefazodone: 24 participants. Fluoxetine dose range: 20-60 mg/day. Nefazodone dose range: 200-500 mg/day.   |             |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-17), IDS-C, IDS-SR   |             |
| Notes                   | Funding: by industry  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

## Ginestet 1989

| Methods      | Eight-week randomised, double-blind study.   |  |
|--------------|--|--|
| Participants | Inpatients fulfilling DSM-III-R criteria for major depression with melancholia, with a score of at least 20 on the HDRS-21.  Age range: 18-70 years old.  Exclusion criteria: known hypersensitivity to clomipramine, narrow angle glaucoma, risk of chronic urinary retention, no improvement or lack of efficacy with previous treatment with clomipramine at least 200 mg/day during 6 weeks, organic brain disease, history of |  |

|                         | seizures, serious illness including cardiovascular, hepatic, renal, respiratory, hematologic disease, hyperthyroidism, history of severe allergy or multiple adverse drug reaction, recent history of drug or alcohol abuse, concurrent administration of other psychotropic drug except some benzodiazepines, use of MAOI, pregnancy, lactation |             |
|-------------------------|--|-------------|
| Interventions           | Fluoxetine: 28 (?) participants. Clomipramine: 26 (?) participants. Fluoxetine dose range: 20-80 mg/day. Clomipramine dose range: 50-200 mg/day. Only oxazepam (50-300 mg/day) as hypnotic or anxiolitic was allowed   |             |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-21), Montgomery and Asberg Scale for Depression (MADRS), Covi Anxiety Scale   |             |
| Notes                   | Funding: unclear   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |
|                         |  |             |

#### Goldstein 2002

| Methods                 | Eight-week randomised, double-blind, multicentre study.   |             |
|-------------------------|---|-------------|
| Participants            | Outpatients fulfilling DSM-IV criteria for non-psychotic major depressive disorder, with a score of at least 15 on the HDRS-17 and at least 4 on the CGI-Severity of Illness. Age range: 18-65 years old.  Exclusion criteria: any primary DSM-IV Axis I diagnosis other than major depressive disorderr or any anxiety disorder as a primary diagnosis within the past year with the exception of specific phobias, history of substance abuse or dependence within the past year or a positive urine drug screen at study entry, failure of 2 or more adequate courses of antidepressant therapy during the present episode |             |
| Interventions           | Fluoxetine: 33 participants. Duloxetine: 70 participants. Placebo: 70 participants. Fluoxetine dose: 20 mg/day. Duloxetine dose: 40-120 mg/day.   |             |
| Outcomes                | Primary outcomes: Hamilton Rating Scale for Depression (HDRS-17).<br>Secondary outcomes: Montgomery and Asberg Scale for Depression (MADRS), CGI, PGI, Hamilton Rating Scale for Anxiety  |             |
| Notes                   | Funding: by industry  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

## Guelfi 1998

| Methods      | Twelve-week randomised, double-blind, multicentre study.  |  |
|--------------|---|--|
| Participants | Inpatients fulfilling DSM-III-R criteria for major depression for less than 3 months, with a score of at least 22 on the HDRS-17.  Age range: 18-70 years old.  Exclusion criteria: serious or uncontrolled medical illness, no remission between episodes, depression with psychotic features, dysthymia, personality disorder, lack of response to antidepressants, ECT or neuroleptics, major risk of suicide, schizophrenia and dependence of psychoactive substances (DSM-III-R) during the previous six months, use of MAOI in the previous 2 weeks, fluoxetine in the previous 4 weeks, long-acting neuleptics or ECT in the previous 3 months, pregnancy, lactation, not use of contraception |  |

| Interventions           | Fluoxetine: 100 participants. Milnacipram (100 mg group): 100 participants. Milnacipram (200 mg group): 100 participants. Fluoxetine dose: 20 mg/day. Only oxazepam (max 50 mg/day) or chloral hydrate (max 2 g/day) as hypnotic or anxiolitic were allowed |             |
|-------------------------|---|-------------|
| Outcomes                | Primary outcomes: change in the total score on the Hamilton Rating Scale for Depression (HDRS-17).  Secondary outcomes: change in the total score Montgomery and Asberg Scale for Depression (MADRS), CGI   |             |
| Notes                   | Response: decrease of at least 50% in the MADRS and HDRS-17 total. Funding: by industry   |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |
|                         |   |             |

## Guelfi 1999

| Methods                 | Twelve-week randomised, double-blind, multicentre study.   |             |
|-------------------------|--|-------------|
| Participants            | Outpatients (general practice) fulfilling DSM-III-R criteria for major depressive episode, with a score of at least 25 on the MADRS and a MMSE of at least 24.  Age range: over 65 years old.  Exclusion criteria:   |             |
| Interventions           | Fluoxetine: 122 participants. Tianeptine: 115 participants. Fluoxetine dose: 20 mg/day. Duloxetine dose range: 20-37.5 mg/day.   |             |
| Outcomes                | Primary outcomes: change in the total score on the Montgomery and Asberg Scale for Depression (MADRS). Secondary outcomes: total number of responders at endpoint, total number of remissions at endpoint, measn variation on the Geriatric Depression Scale |             |
| Notes                   | Response: decrease of at least 50% in the MADRS total score. Remission: total score less than 10 on the MADRS. Funding: by industry  |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |
|                         |  |             |

### Harrer 1999

| Methods   | Six-week randomised, double-blind study.   |  |
|---|--|--|
| Participants  | Outpatients (general practice) fulfilling ICD-10 criteria for mild depressive episode, with MMSE of at least 25.  Age range: 60-80 years old.  Exclusion criteria: not stated. |  |
| Interventions   | ns Fluoxetine: 79 participants. Hypericum: 70 participants. Fluoxetine dose: 20 mg/day. Hypericum dose: 800 mg/day.  |  |
| Outcomes Primary outcomes: change in the total score on the Hamilton Rating Scale for Depr<br>(HDRS-17) |  |  |
| Notes   | Response: decrease of at least 50% in the HDRS total score or a total score of less than 10.   |  |

#### Funding: by industry

| Risk of bias            |                    |             |
|-------------------------|--------------------|-------------|
| Item                    | Authors' judgement | Description |
| Allocation concealment? | Unclear            | B - Unclear |

## **Hong 2003**

| Methods                 | Six-week double-blind, randomised, study.   |             |
|-------------------------|---|-------------|
| Participants            | Outpatients fulfilling DSM-IV criteria for major depressive episode (lasting between 1 week and 1 year), with a score of at least 15 on the HDRS-17.  Age range: 18-75 years.  Exclusion criteria: pregnancy, lactation, actual suicide risk, history of current diagnosis of bipolar disorder, schizophrenia, psychotic symptoms, organic mental disorder, current diagnosis on DSM-IV of anxiety or eating disorder, epilepsy, alcohol or substance abuse in the perevious 6 months, serious medical diseases |             |
| Interventions           | Fluoxetine: 66 participants. Mirtazapine: 66 participants. Fluoxetine dose range: 20-40 mg/day. Mirtazapine dose range: 30-45 mg/day.   |             |
| Outcomes                | Hamilton Rating Scale for Depression, CGI.  |             |
| Notes                   | Funding: unclear  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

## Jakovijevic 1996

| Methods                 | Six-week randomised, double-blind, multicentre study.   |             |
|-------------------------|---|-------------|
| Participants            | In- and outpatients fulfilling DSM-IV criteria for major depressive episode without psychotic features, with a score between 18 and 26 on the HDRS-17.  Age range: 40-65 years.  Exclusion criteria: past histrory of hypersensitivity, to fluoxetine or maprotiline, history or presence of gastrointestinal, liver or kidney disease, pregnancy, lactation, history of seizures or serious brain damage, current evidence of clinically important cardiovascular or hematopoietic disease, urinary retention or glaucoma with closed angle, abnormal findings in physical examination, laboratory tests and ECG at admission, evidence of substance use disorder within the past 6 months or currently, use of MAOI within 2 weeks before the study |             |
| Interventions           | Fluoxetine: 50 participants.  Maprotiline: 48 participants. Fluoxetine dose range: 20-40 mg/day.  Maprotiline dose range: 75-150 mg/day.  |             |
| Outcomes                | Hamilton Rating Scale for Depression, CGI   |             |
| Notes                   | Funding: by industry  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

## **Joyce 2002**

| Methods                 | Six-week randomised, not blind study.   |             |
|-------------------------|---|-------------|
| Participants            | Outpatients fulfilling DSM-III-R criteria for major depressive disorder (the SCID had been extended to include all DSM-III-R and DSM-IV melancholic and atypical criteria of depression).  Mean age: 31.6 years old.  Exclusion criteria: current moderate to severe alcohol or drug dependence, history of mania (hypomanic patients were included), schizophrenia or severe antisocial personality disorder, major physical illness, use of drugs within 2 weeks of study entry (with the exception of oral contraceptive or occasional hypnotic drugs for sleep) |             |
| Interventions           | Fluoxetine: 100 participants.  Nortriptyline: 95 participants.  Fluoxetine dose range: 10-80 mg/day.  Nortriptyline dose range: 50-175 mg/day.  |             |
| Outcomes                | Primary outcomes: improvement greater than 60% from baseline on the MADRS (response) and 2 months sustained improvement (recovery).  Secondary outcomes: Hamilton Rating Scale for Depression (HDRS-27), SCL-90   |             |
| Notes                   | Funding: by industry  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

### Judd 1993

| Methods                 | Six-week randomised, double-blind, multicentre study.   |             |
|-------------------------|---|-------------|
| Participants            | In- and outpatients fulfilling DSM-III-R criteria for major depressive disorder (1 month minimum duration of episode), with a score of at least 17 on the HDRS-17.  Age range: 21-63.  Exclusion criteria: organic mental disorder, substance use disorder, schizophrenia or schizoaffective disorder, paranoid or other psychotic disorder, bipolar disorder, significant physical illness, history of seizures, drug allergy, glaucoma or urinary retention, use of other psychotropic medication (including lithium), pregnancy, lactation |             |
| Interventions           | Fluoxetine: 30 participants. Amitriptyline: 28 participants. Fluoxetine dose: 20 mg/day. Amitriptyline dose range: 50-200 mg/day. Only temazepam or chloral hydrate were allowed.   |             |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-17).   |             |
| Notes                   | Funding: by industry  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

### Keegan 1991

| Methods      | Six-week randomised, double-blind study.   |
|--------------|--|
| Participants | Outpatients fulfilling DSM-III-R or DIS criteria for unipolar major depression, with a score of at least 20 on the HDRS-21.  Age range: 18-70 years old.                       |
|              | Exclusion criteria: any serious psychiatric disorder other than depression, such as schizophrenia, bipolar disorder, panic or obsessive disorder, alcohol or drug abuse within |

|                         | the past six months, serious medical disorders, use of psychoactive drugs that could affect mood  |             |
|-------------------------|---|-------------|
| Interventions           | Fluoxetine: 20 participants.  Amitriptyline: 22 participants.  Fluoxetine dose range: 20-80 mg/day.  Amitriptyline dose range: 100-250 mg/day.  Only small amounts of benzodiazepines or chloral hydrate for sleep and anxiety were allowed |             |
| Outcomes                | Diagnostic Interview Schedule, Hamilton Rating Scale for Depression, Beck Depression Inventory, Raskin Depression Scale, Covi Anxiety Scale, SCL-58   |             |
| Notes                   | Funding: by industry  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

#### Kerkhofs 1990

| Methods                 | Six-week randomised, double-blind study.  |             |
|-------------------------|---|-------------|
| Participants            | Inpatients fulfilling Research Diagnostic Criteria for major depressive disorder, with a score of at least 17 on the HDRS.  Age range: 18-64 years old.  Exclusion criteria: concurrent medical disorder. |             |
| Interventions           | Fluoxetine: 16 participants.  Amitriptyline: 18 participants.  Fluoxetine dose range: 40-60 mg/day.  Amitriptyline dose range: 100-150 mg/day.  Only oxazepam (max 100 mg/day) was allowed.               |             |
| Outcomes                | Hamilton Rating Scale for Depression, Montgomery and Asberg Scale for Depression (MADRS), CGI Severity and Improvement, PGI,  |             |
| Notes                   | Funding: by industry  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |
|                         |   |             |

### Kuha 1991

| Methods       | Five-week randomised, double-blind, multicentre study.  |
|---------------|---|
| Participants  | In- and outpatients fulfilling Research Diagnostic Criteria for unipolar major depressive episode, with a score of at least 17 on the HDRS-17 and 8 on the Raskin.  Age range: 18-65 years.  Exclusion criteria: serious non-stabilised somatic illness, drug or alcohol abuse, evidence of dementia, depressive schizophrenic, serious suicide risk, concurrent administration of other psychotropic drug (with the exclusion of benzodiazepines or chloral hydrate for insomnia or anxiety) |
| Interventions | Fluoxetine: 24 participants. Maprotiline: 22 participants. Fluoxetine dose range: 20-60 mg/day. Maprotiline dose range: 50-150 mg/day.  |
| Outcomes      | Hamilton Rating Scale for Depression, Raskin Depression Scale, Covi Axxiety Scale, PGI, CGI   |

| Notes        | Funding: unclear   |             |
|--------------|--------------------|-------------|
| Risk of bias |                    |             |
|              |                    |             |
| Item         | Authors' judgement | Description |

### La Pia 1992

| Methods                 | Six-week randomised, double-blind study.   |             |
|-------------------------|--|-------------|
| Participants            | In- and outpatients fulfilling DSM-III-R criteria for major depressive disorder, with a score of at least 18 on the HDRS-21 and 20 on the MMSE.  Age range: 60-80 years old.  Exclusion criteria: history of serious allergies or alcohol and drug abuse in the last year, diagnosis of schizophrenia, dementia, glaucoma, prostatic hypertrophia, recent stroke, serious internal disease, and/or surgical conditions that could interfere with study drugs |             |
| Interventions           | Fluoxetine: 20 participants. Mianserin: 20 participants. Fluoxetine dose: 20 mg/day. Mianserin dose: 40 mg/day.  |             |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS), Geriatric Depression Scale (GDS),<br>Geriatric Rating Scale (GRS)   |             |
| Notes                   | Funding: unclear   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

#### Laakman 1988

| Methods                 | Five-week randomised, double-blind study.  |             |
|-------------------------|--|-------------|
| Participants            | Outpatients with depressive syndrome with a score of at least 17 on the HDRS and 8 on the Raskin.  Age range: 19-74 years old.  Exclusion criteria: severe organic illness, evidence of psychosis, psychopathic disorder, addictive illness, suicide tendencies, a period of less than 4 weeks since the last treatment with amitriptyline or neuroleptics |             |
| Interventions           | Fluoxetine: 63 participants.  Amitriptyline: 65 participants.  Fluoxetine dose range: 20-60 mg/day.  Amitriptyline dose range: 50-150 mg/day.  Chloral derivative was allowed (eventually changed in flurazepam or nitrazepam only if its effects was inadequate)  |             |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS), CGI, Raskin Depression Scale, Covi<br>Anxiety Scale, PGI  |             |
| Notes                   | Funding: unclear   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

### Lapierre 1997

| Methods                 | Six-week randomised, double-bline   | d, multicentre study.   |
|-------------------------|---|---|
| Participants            | Outpatients fulfilling DSM-III-R criteria for major depressive disorder, with a score of at least 18 on the first 17 items of the HDRS-21.  Age range: 18-64 years old.  Exclusion criteria: marked suicide risk, major depressive episode associated with mooincongruent psychotic features, bipolar disorder, acute confusional state, epileptic or seizure disorder, mental retardation, history of unstable diabetes or clinically significant physical disease, known sensitivity to moclobemide, MAOI, fluoxetine or other SSRIs, history of alcohol or subtance abuse within the last 6 months, treatment with MAOI within the past 2 weeks, fluoxetine within the past 5 weeks, try- or heterocyclics antidepressants or lithium or daytime benzodiazepines within the past week, ECT within the past 3 months, concomitant use of medication known to affect the action of moclobemide or fluoxetine, use of any investigational drug within the past 3 months, pregnancy, lactation, absence of contraception |   |
| Interventions           | Fluoxetine: 62 participants.  Moclobemide: 66 participants. Fluoxetine dose range: 20-40 mg/day.  Moclobemide dose range: 200-600 mg/day.   |   |
| Outcomes                |   | ng Scale for Depression (HDRS-21).  r and Asberg Scale for Depression (MADRS), CGI, |
| Notes                   | Response: decrease of at least 50% 10. Funding: by industry   | in the MADRS total score and a total score of less than                             |
| Risk of bias            |   |   |
| Item                    | Authors' judgement  | Description   |
| Allocation concealment? | Unclear   | B - Unclear   |

#### Levine 1989

| Six-week randomised, double-blind, two-centre study.  |   |
|---|---|
| In- and outpatients fulfilling Research Diagnostic Criteria for major depressive disorder, with a score of at least 17 on the HDRS.  Mean age: 46.1 (fluoxetine) and 45.4 (imipramine) years.  Exclusion criteria: significant physical illness, history of drug abuse, schizophrenia, duration of illness more than 1 year |   |
| Fluoxetine: 30 participants. Imipramine: 30 participants. Fluoxetine dose range: 40-60 mg/day. Imipramine dose range: 75-150 mg/day. Only temazepam was allowed for night sedation.   |   |
| Hamilton Rating Scale for Depressio   | n, Montgomery and Asberg Scale for Depression, LPD  |
| Funding: unclear  |   |
|   |   |
| Authors' judgement  | Description   |
| Unclear   | B - Unclear   |
|   | In- and outpatients fulfilling Research with a score of at least 17 on the HDI Mean age: 46.1 (fluoxetine) and 45.4 Exclusion criteria: significant physical duration of illness more than 1 year Fluoxetine: 30 participants. Imipramine: 30 participants. Fluoxetine dose range: 40-60 mg/day Imipramine dose range: 75-150 mg/d Only temazepam was allowed for nig Hamilton Rating Scale for Depression Funding: unclear |

### Levkovitz 2002

| Methods | Six-week randomised, double-blind study. |
|---------|--|

| Participants            | Outpatients fulfilling DSM-III-R criteria for non-<br>than 5 months), with a score of at least 21 on the I<br>antidepressive drugs given for the current episode<br>first assessment.<br>Age range: 25-50 years old.<br>Exclusion criteria: psychotic state, significant past<br>of physical illness, history of drug addiction or alc<br>risk, or suicide attempt in the last year | HDRS and no more than 2 previous and no medication for 3-5 days before head injury, severe neurological disease |
|-------------------------|---|---|
| Interventions           | Fluoxetine: 8 participants. Desipramine: 9 participants. Fluoxetine dose: 20 mg/day. Desipramine dose range: 125-200 mg/day.  |   |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-17)  | , CGI.  |
| Notes                   | Funding: unclear  |   |
| Risk of bias            |   |   |
| Item                    | Authors' judgement  | Description   |
| Allocation concealment? | Unclear   | B - Unclear   |

### Loeb 1989

| Methods                 | Five-week randomised, double-blind study.  |             |
|-------------------------|--|-------------|
| Participants            | Patients fulfilling DSM-III criteria for major depressive episode, with a score of at least 18 on the first 17 items of the HDRS.  Age range: 18-65 years old.  Exclusion criteria: pregnancy, serious vascular disease, hyperthyroidism, glaucoma, urinary retention, hepatic, respiratory or renal marked failure, hematological disease, organic brain disease, seizures, alcohol and/or drug abuse |             |
| Interventions           | Fluoxetine: 15 participants.<br>Imipramine: 15 participants.<br>Fluoxetine dose: 20 mg/day.<br>Imipramine dose range: 100-150 mg/day.  |             |
| Outcomes                | Hamilton Rating Scale for Depression, CGI.   |             |
| Notes                   | Funding: unclear   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

# Lonnqvist 1994

| Methods       | Six-week randomised, double-blind, multicentre study.   |
|---------------|---|
| Participants  | In- and outpatients fulfilling DSM-III-R criteria for predominantly major depressive disorder, with a score of at least 16 on the first 17 items of HDRS. Age range: over 18 years old. Exclusion criteria: not stated. |
| Interventions | Fluoxetine: 107 participants.  Moclobemide: 102 participants. Fluoxetine dose range: 20-40 mg/day. Moclobemide dose range: 300-450 mg/day. Benzodiazepines were permitted only if strongly indicated.                   |

| Outcomes                | Hamilton Rating Scale for Depression (HDRS-17), CGI, Montgomery and Asberg Scale for Depression |             |
|-------------------------|---|-------------|
| Notes                   | Funding: by industry  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

# Loo 1999

| Methods                 | Six-week randomised, double-blind, multicentre st   | tudy.                                  |
|-------------------------|---|--|
| Participants            | In- and outpatients fulfilling ICD-10 criteria for depressive episode, recurrent depressive disorder, or bipolar affective disorder (depressive), with a score of at least 25 on the MADRS, requiring an antidepressant treatment.  Age range: 18-65 years old.  Exclusion criteria: severe risk of suicide, acute or chronic psychosis, failure to respond to 2 antidepressants for the current depressive episode, previous history of drug abuse or dependence, severe somatic diseases in evolution, current treatment with barbiturate, buspirone, anti-epilectic drugs, use of diazepam, lorazepam and alprazolam |  |
| Interventions           | Fluoxetine: 196 participants. Tianeptine: 191 participants. Fluoxetine dose: 20 mg/day. Tianeptine dose: 37.5 mg/day.   |  |
| Outcomes                | Primary outcome: MADRS global score.<br>Secondary outcome: decrease of at least 50% in M<br>and CGI scores  | ADRS global score (responder patients) |
| Notes                   | Funding: unclear  |  |
| Risk of bias            |   |  |
| Item                    | Authors' judgement  | Description                            |
| Allocation concealment? | Unclear   | B - Unclear                            |

## **Manna 1989**

| Methods                 | Five-week randomised, double-blind study.  |             |
|-------------------------|--|-------------|
| Participants            | Inpatients fulfilling DSM-III-R criteria for major depressive disorder, with a score of at least 18 on the first 17 items of HDRS.  Mean age: 48 years old.  Exclusion criteria: not stated. |             |
| Interventions           | Fluoxetine: 15 participants. Clomipramine: 15 participants. Fluoxetine dose: 20 mg/day. Clomipramine dose: 75 mg/day.  |             |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-17)<br>Depression, CGI, Global Improvement, Zung Self   |             |
| Notes                   | Funding: unclear   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

#### Marchesi 1998

| Methods                 | Ten-week randomised, double-blind, multicentre study.   |                                      |
|-------------------------|---|--------------------------------------|
| Participants            | Outpatients fulfilling DSM-III-R criteria for major depression, with a score of at least 16 on the HDRS-17 and a summary score of the Hamilton items (agitation, psychic anxiety and somatic anxiety) higher than 5 or the score of at least one of the above items higher than 3. Mean age: 44.1 (females) and 42.1 (males) years old. Exclusion criteria: serious suicide risk, schizophrenia, epilepsy, organic brain disease, chronic disease such as cardiovascular, renal, hepatic, respiratory, endocine-metabolic, urinary disease, glaucoma, use of antidepressants the week before enrollment, use of fluoxetine during the previous month, use of lithium during the previous 6 months |                                      |
| Interventions           | Fluoxetine: 67 participants. Amitriptyline: 75 participants. Fluoxetine dose: 20 mg/day. Amitriptyline dose range: 75-225 mg/day. Bromazepam (max 6 mg) was allowed.  |                                      |
| Outcomes                | Primary outcomes: change in HDRS total score, in response rate  | n agitation/anxiety score and in the |
| Notes                   | Response: decrease of at least 50% in the HDRS t Funding: by industry   | otal score.                          |
| Risk of bias            |   |                                      |
| Item                    | Authors' judgement  | Description                          |
| Allocation concealment? | Unclear   | B - Unclear                          |

### Martenyi 2001

| Six-week randomised, double-blind, four-centre st  | udy.   |
|--|--|
| Inpatients fulfilling DSM-III-R criteria for non-psychotic major depression, with a score of at least 18 on the HDRS-17.  Age range: 18-65 years old.  Exclusion criteria: history of any psychoatic disorder, bipolar mood disorder, substance abuse disorder, somatic disorder, glaucoma, urinary retention and/or prostatic disease and known allergy to maprotiline, pregnancy, absence of contrception, use of MAOI within 2 weeks and depot neuroleptics within 4 weeks of study entry, concomitant psychotropic active medication, with the exception of midazolam, max 15 mg, or medazepam, max 5 mg, for insomnia |  |
| Fluoxetine: 59 participants. Maprotiline: 46 participants. Fluoxetine dose: 20 mg/day. Maprotiline dose range: 100-200 mg/day.   |  |
| Hamilton Rating Scale for Depression (HDRS-17)   | , CGI-Severity   |
| Funding: by industry   |  |
|  |  |
| Authors' judgement   | Description  |
| Unclear  | B - Unclear  |
|  | at least 18 on the HDRS-17.  Age range: 18-65 years old.  Exclusion criteria: history of any psychoatic disord abuse disorder, somatic disorder, glaucoma, urinar known allergy to maprotiline, pregnancy, absence weeks and depot neuroleptics within 4 weeks of st active medication, with the exception of midazolar for insomnia  Fluoxetine: 59 participants.  Maprotiline: 46 participants. Fluoxetine dose: 20 mg/day.  Maprotiline dose range: 100-200 mg/day.  Hamilton Rating Scale for Depression (HDRS-17)  Funding: by industry |

#### Masco 1985

| Methods | Six-week randomised, double-blind study. |
|---------|--|
|         |  |

| Participants            | Outpatients fulfilling DSM-III-R criteria for major depressive illness, with a score of at least 20 on the HDRS, a score of at least 8 on the Raskin and greater than the Covi Anxiety Scale score.  Mean age: 51 years old in both groups.  Exclusion criteria: not stated. |             |
|-------------------------|--|-------------|
| Interventions           | Fluoxetine: 20 participants. Amitriptyline: 21 participants. Fluoxetine dose range: 40-80 mg/day. Amitriptyline dose range: 150-300 mg/day.  |             |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-17), Raskin Depression Scale, Covi Anxiety Scale, CGI-Improvement and Severity, PGI   |             |
| Notes                   | Funding: by industry   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

### Massana 1999

| Methods                 | Six-week randomised, double-blind, multicentre study.  |             |
|-------------------------|--|-------------|
| Participants            | In- and outpatients fulfilling DSM-III-R criteria for depressive episode (lasting between 1 to 8 months), without psychotic features, with a score of at least 22 on the HDRS. Age range: 18-65 years old.  Exclusion criteria: pregnancy, absence of contraception, dysthymia/cyclothymia, substance abuse disorder, high risk of suicide, resistance to antidepressant treatment, history of major depressive disorder associated with endocrine disorder and/or drug hypersensitivity, chronic respiratory insufficiency, a history of seizures or brain injury, a history or current evidence of any other important clinical condition or use of electroconvulsive therapy in the previous 6 months |             |
| Interventions           | Fluoxetine: 89 participants. Reboxetine: 79 participants. Fluoxetine dose range: 20-40 mg/day. Reboxetine dose range: 8-10 mg/day. Chloral hydrate (0.5-1 mg) for sleep.   |             |
| Outcomes                | Primary outcome: change in the HDRS total score, number of patients showing response (decrease of at least 50% in HDRS total score) and remission (a final score of 10 or less). Seconday outcomes: CGI Severity, Montgomery and Asberg Scale for Depression, PGI  |             |
| Notes                   | Funding: unclear   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

## McGrath 2000

| Methods      | Ten-week randomised, double-blind, multicentre study.  |
|--------------|--|
| Participants | Patients fulfilling DSM-IV criteria for major depressive episode, lasting for at least 1 month and having Columbia criteria for atypical depression.  Age range: 18-65 years old.  Exclusion criteria: significant suicidal risk, pregnancy, lactation, absence of contraception, unstable and serious physical illness, history of seizures, psychosis or organic mental syndrome, substance use disorder within 6 months, history of mania, antisocial personality disorder, history of non-response to an adequate trial of fluoxetine or imipramine, history of no response to any other SSRIs, hypothyroidism |

| Interventions           | Fluoxetine: 49 participants. Imipramine: 53 participants. Placebo: 52 participants. Fluoxetine dose range: 20-60 mg/day. Imipramine dose range: 50-300 mg/day. |             |
|-------------------------|--|-------------|
| Outcomes                | Hamilton Rating Scale for Depression, CGI.   |             |
| Notes                   | Funding: by industry   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

# Muijen 1988

| Methods                 | Six-week randomised, double-blind study.   |             |
|-------------------------|--|-------------|
| Participants            | Outpatients fulfilling Research Diagnostic Criteria for major depressive disorder or bipolar illness, with a score of at least 17 on the HDRS-17.  Age range: 18-65 years old.  Exclusion criteria: serious somatic illness, alcohol or drug abuse, pregnancy, severe depression with indication for hospital admission or ECT, or TCA, neuroleptics in the previous 4 weeks, MAOI in the previous 2 weeks |             |
| Interventions           | Fluoxetine: 26 participants. Mianserin: 27 participants. Placebo: 28 participants. Pluoxetine dose range: 20-80 mg/day. Mianserin dose range: 20-80 mg/day. Only temazepam (max 20 mg) nightly for the shortest possible period  |             |
| Outcomes                | Hamilton Rating Scale for Depression, CGI, Montgomery and Asberg Scale for Depression, PGI   |             |
| Notes                   | Funding: unclear   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

### Newhouse 2000

| Methods       | Twelve-week randomised, double-blind study.  |
|---------------|--|
| Participants  | Outpatients fulfilling DSM-III-R criteria for major depressive episode (single or recurrent), without psychotic features, with a score of at least 18 on the HDRS-24. Age range: over 60 years old.  Exclusion criteria: DSM-III-R criteria for any other psychiatric disorder, significant cognitive impairment (MMSE less than 24), any medical controindication to any antidepressant theraphy, endocrine, cardiovascular, gastrointestinal, renal disease, failure to responde to ECT in a prior depressive episode or to adequate trials (6 weeks) of 2 or more antidepressants |
| Interventions | Fluoxetine: 119 participants. Sertraline: 117 participants. Fluoxetine dose range: 20-40 mg/day. Sertraline dose range: 50-100 mg/day. Temazepam and chloral hydrate were allowed for sleep.   |
| Outcomes      | Primary outcome: Hamilton Rating Scale for Depression (HDRS-24) (total and factor scores), CGI-S, CGI-I, CGI-Efficay iIndex rating.  |

Secondary outcomes: Montgomery and Asberg Scale for Depression, Hamilton Rating Scale for Anxiety, POMS, Beck Depression Inventory, Q-LES-Q

| Notes        | Funding: by industry |             |
|--------------|----------------------|-------------|
| Risk of bias |                      |             |
| Item         | Authors' judgement   | Description |
| item         | Authors judgement    | Description |

### Nielsen 1993

| Methods                 | Eight-week double-blind, randomised study.   |             |
|-------------------------|--|-------------|
| Participants            | Outpatients fulfilling DSM-III and Bech-Rafaelsen Melancholia Scale criteria for major depressive disorder, with a score of at least 18 on the HDRS-21.  Age range: 18-70 years old.  Exclusion criteria: suicide risk, history of schizophrenia or organic brain disfunction, history of severe allergies or serious physical illness, recent period of alcohol or alcohol abuse, pregnancy |             |
| Interventions           | Fluoxetine: 29 participants. Imipramine: 30 participants. Fluoxetine dose: 20 mg/day. Imipramine dose range: 75-150 mg/day.  |             |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-21), Bech-Rafaelsen Melancholia Scale, CGI, PGI   |             |
| Notes                   | Funding: by industry   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

### Noguera 1991

| Methods                 | Six-week randomised, double-blind study.   |             |
|-------------------------|--|-------------|
| Participants            | Patients fulfilling DSM-III criteria for major depressive disorder, with a score of at least 17 on the first 17 items of the HDRS, a score of at least 8 on the Raskin, greater than Covi. Age range: 18-65 years old.  Exclusion criteria: history of manic episode, pregnancy, lactation, absence of contraception, glaucoma, chronic urinary retention, brain or other significant organic illness, schizophrenia, other mental illness or severe suicidal risk, recent history (less than 1 year) of alcohol or drug abuse, concurrent treatment with other psychotropic drug including lithium, use of MAOI less of 2 weeks prior the study entry |             |
| Interventions           | Fluoxetine: 60 participants. Clomipramine: 60 participants. Fluoxetine dose range: 20-40 mg/day. Clomipramine dose: 100 mg/day. Chloralzepate (10 mg) for insomnia was allowed.  |             |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-21), Raskin Depression Scale, Covi Anxiety Scale, PGI, CGI  |             |
| Notes                   | Funding: by industry   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

## Novotny 2002

| Methods                 | Six-week randomised, double-blind multicentre study.   |             |
|-------------------------|--|-------------|
| Participants            | In- and outpatients fulfilling DSM-IV criteria for major depressive disorder, (single or recurrent), without psychotic features, with or without melancholia, or bipolar II disordr, current episode depressed, moderate or severe without psychotic features with or without melancholia, with a score of at least 25 on the MADRS.  Age range: 18-65 years old.  Exclusion criteria: dysthymia, cyclothymia, double-depression, psychotic disorder, drug or alcohol abuse or dependence, serious risk of suicide, treatment resistant depression, recurrent ECT, non-response to previous treatment with fluoxetine or tianeptine, severe hepatic, cardiovascular, neurological, metabolic disease, cancer or allergy, pregnancy, previous treatment with neuroleptics in the previous 2 months, MAOI, fluoxetine lithium, valpromide or carbamazepine within 1 month of baseline, other antidepressants, diazepam, lorazepam, alprazepam, bromazepam, barbiturates, buspirone the week before recruitment |             |
| Interventions           | Fluoxetine: 91 participants. Tianeptine: 87 participants. Fluoxetine dose: 20 mg/day. Tianeptine dose: 37.5 mg/day. Chloralzepate (max 30 mg), oxazepam (max 60 mg) for anxiety and nitrazepam (1 mg) or lorazepam (1 mg) for insomnia. For patients who were usually taking benzodiazepines for at least 1 month before baseline continuation during the trial was allowed  |             |
| Outcomes                | Primary outcome: Montgomery and Asberg Scale for Depression  |             |
| Notes                   | Response: decrease of at least 50% in the MADRS total score. Funding: by industry  |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |
|                         | -  |             |

#### **Ontiveros 1997**

| Methods                 | Six-week randomised, double-blind two-centre study.  |             |
|-------------------------|--|-------------|
| Participants            | Outpatients fulfilling DSM-III-R criteria for major depressive episode, with a score of at least 18 on the HDRS-21.  Age range: 18-75 years old.  Exclusion criteria: pregnancy, lactation, severe coexisting disease, unstable diabetes, organic brain syndrome, history of alcohol or drug abuse, schizophrenia or psychosis, severe risk of suicide |             |
| Interventions           | Fluoxetine: 61 participants. Paroxetine: 60 participants. Fluoxetine dose: 20 mg/day. Paroxetine dose: 20 mg/day.  |             |
| Outcomes                | Primary outcome: change from baseline on the HDRS total score at endpoint. Secondary outcomes: change from baseline in the Hamilton sub-factor scores (anxiety, retardation, sleep disturbance, melancholia, recognition), proportion of patients responding to treatment, change from baseline on the CGI-S and CGI-I                                 |             |
| Notes                   | Response: decrease of at least 50% in the HDRS total score.<br>Funding: by industry  |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

#### OntiverosSanchez1998

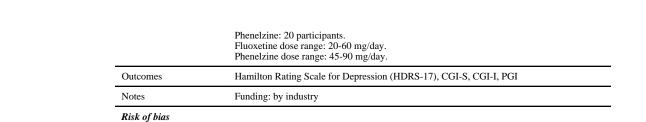
| Methods                 | Six-week randomised, double-blind study.  |             |
|-------------------------|---|-------------|
| Participants            | Outpatients fulfilling DSM-III-R criteria for major depressive episode, with a score of at least 18 on the HDRS-21.  Age range: 18-65 years old.  Exclusion criteria: pregnancy, lactation, absence of contraception, severe suicide risk, severe medical illness, history of psychosis or of substance abuse in the previous 1 years, hypersensitivity to fluoxetine or amitriptyline, psychotherapy or use of psychotropic drugs (benzodiazepines, too) |             |
| Interventions           | Fluoxetine: 21 participants. Amitriptyline: 21 participants. Fluoxetine dose range: 40-80 mg/day. Amitriptyline dose range: 150-250 mg/day.   |             |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-21), Hamilton Rating Scale for Anxiety, CGI-I, CGI-S, Raskin Depression Scale, Covi Anxiety Scale, SCL-90  |             |
| Notes                   | Funding: by industry  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

#### Pakesch 1991

| Methods                 | Four-week randomised, double-blind study.   |             |
|-------------------------|---|-------------|
| Participants            | Outpatients fulfilling Kielholz/Poeldinger scheme for depression, with a score of at least 11 on the HDRS-14.  Age range: 19-79 years old.  Exclusion criteria: organic disease, endogenous depression, organic psychosis, schizophrenia, alcohol or substance abuse, previous treatment with clomipramine, use of neuroleptics |             |
| Interventions           | Fluoxetine: 46 participants. Clomipramine: 48 participants. Fluoxetine dose: 40 mg/day. Clomipramine dose: 50 mg/day. Oxazepam (maw 15 mg) or chloral hydrate (max 0.25g) were allowed  |             |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-14), CGI.  |             |
| Notes                   | Funding: by industry  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

## **Pande 1996**

| Methods       | Six-week randomised, double-blind study.  |
|---------------|---|
| Participants  | Outpatients fulfilling DSM-III-R criteria for major depressive disorder or dysthymic disorder or depressive disorder NOS and Columbia criteria for atypical depression, with a score of at least 10 on the HDRS-17.  Mean age: 32.8 (fluoxetine) and 34.3 (phenelzine) years old.  Exclusion criteria: pregnancy, serious medical illness, comorbid psychiatric illness, alcohol or drug abuse, partecipation to a clinical trial in the previous month |
| Interventions | Fluoxetine: 20 participants.  |



Authors' judgement

Unclear

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#### **Perry 1989**

Allocation concealment?

Item

Cipriani et al.

| Methods                 | Six-week randomised, double-blind study.  |             |
|-------------------------|---|-------------|
| Participants            | Outpatients fulfilling DSM-III criteria for major depression (lasting more than 1 month), with a score of at least 20 on the HDRS.  Age range: over 18 years old.  Exclusion criteria: pregnancy, lactation, absence of contraception, serious suicide risk, glaucoma, presence of cardiovascular arrythmias, hypertension, serious medical illness, including hepatic, renal, respiratory, hematologic disease, histiory of seizure, severe allergies or multiple drug reaction, psychotic patients and patients with DSM-III diagnosis of organic mental disorder, substance abuse disorder within the past year, schizophrenia, paraniod disorder, bipolar disorder, use of MAOI in the past 14 days, lithium or any other psychotropic drug, use of trazodone or fluoxetine within 4 weeks of study entry |             |
| Interventions           | Fluoxetine: 21 participants. Trazodone: 19 participants. Fluoxetine dose range: 20-60 mg/day. Trazodone dose range: 50-400 mg/day.  |             |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-17), CGI.  |             |
| Notes                   | Funding: unclear  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

Description

B - Unclear

#### Peters 1990

| Methods       | Five-week randomised, double-blind study.  |
|---------------|--|
| Participants  | Outpatients fulfilling ICD 9 criteria for major unipolar or bipolar depression, with a score of at least 17 on the HDRS, a score of at least 8 on the Raskin, greater than Covi.  Age range: 25-63 years old.  Exclusion criteria: history of psychosis, suicide risk, severe mental diseses, controindication to amitriptyline, severe organic disease, known drug allergy, use of amitrièptyline within 4 weeks of baseline, use of neuroleptics within 2 weeks of study entry |
| Interventions | Fluoxetine: 51 participants. Amitriptyline: 51 participants. Fluoxetine dose: 20 mg/day. Amitriptyline dose: 100 mg/day. Chloral hydrate or benzodiazepines for insomnia were allowed  |
| Outcomes      | Hamilton Rating Scale for Depression (HDRS-17), CGI, Raskin Depression Scale, Covi<br>Anxiety Scale  |
| Notes         | Funding: unclear   |
| Risk of bias  |  |

| Item                    | Authors' judgement | Description |
|-------------------------|--------------------|-------------|
| Allocation concealment? | Unclear            | B - Unclear |

## Poelinger 1989

| Methods                 | Four-week randomised, double-blind study.  |             |
|-------------------------|--|-------------|
| Participants            | Outpatients fulfilling Kielholz/Poeldinger scheme for depression, with a score of at least 14 on the HDRS-14.  Age range: 21-67 years old.  Exclusion criteria: not stated.      |             |
| Interventions           | Fluoxetine: 73 participants. Maprotiline: 69 participants. Fluoxetine dose: 40 mg/day. Maprotiline dose: 75 mg/day. Only chloral hydrate and oxazepam were allowed for insomnia. |             |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-14), CGI-I.   |             |
| Notes                   | Funding: unclear   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

### Preskorn 1991

| Methods                 | Six-week randomised, double-blind study.  |             |
|-------------------------|---|-------------|
| Participants            | Outpatients fulfilling DSM-III criteria for major depression (lasting more than 1 month), with a score of at least 20 on the HDRS.  Age range: over 18 years old.  Exclusion criteria: pregnancy, lactation, absence of contraception, controindication to amitriptyline, medical illness, history of seizures, glaucoma, severe allergies, multiple adverse drug reaction, known allergy to study medication, use of MAOI within 2 weeks, use of other investigational drugs in past 2 weeks, suicidal risk, DSM-III diagnosis such as substance abuse in the past year, schizophrenia, schizoaffective disorder, bipolar or paranoid disorder |             |
| Interventions           | Fluoxetine: 30 participants. Amitriptyline: 31 participants. Fluoxetine dose range: 20-60 mg/day. Amitriptyline dose range: 50-200 mg/day. Only chloral hydrate was allowed for sleep.  |             |
| Outcomes                | Hamilton Rating Scale for Depression, Clinical Global Severity, CGI, Patient Clinical Global Improvement  |             |
| Notes                   | Funding: by industry  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

## Rapaport 1996

| Methods                 | Seven-week randomised, double-blind multicentre study.  |             |
|-------------------------|---|-------------|
| Participants            | Outpatients fulfilling DSM-III-R criteria for current major depressive episode, with a score of at least 20 on the HDRS-21 and with a minimum score of 2 on the depressive mood item. Age range: 18-65 years old.  Exclusion criteria: unstable medical condition other Axis 1 diagnosis, acute suicidality, history of substance dependence within 6 months of the baseline, history of seizure disorder |             |
| Interventions           | Fluoxetine: 49 participants. Fluoxamine: 51 participants. Fluoxetine dose range: 20-80 mg/day. Fluoxamine dose range: 100-150 mg/day. Only chloral hydrate (max 1 g) was allowed for sleep.   |             |
| Outcomes                | Hamilton Rating Scale for Depression, CGI, Hamilton Rating Scale for Anxiety, Raskin Depression Scale, Covi Anxiety Scale, SCL-56   |             |
| Notes                   | Funding: by industry  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

## Remick 1989

| Methods                 | Six-week randomised, double-blind study.   |             |
|-------------------------|--|-------------|
| Participants            | In- and outpatients fulfilling DSM-III criteria for current major depressive episode, with a score of at least 20 on the HDRS-21.  Measn age: 43 years old.  Exclusion criteria: psychosis, bipolar disorder, concurrent use of any sychoactive medication |             |
| Interventions           | Fluoxetine: 38 participants. Doxepine: 37 participants. Fluoxetine dose range: 20-60 mg/day. Doxepine dose range: 100-200 mg/day.  |             |
| Outcomes                | Hamilton Rating Scale for Depression, CGI, Raskin Depression Scale, Covi Anxiety Scale, PGI  |             |
| Notes                   | Funding: by industry   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

## Remick 1993

| Methods      | Six-week randomised, double-blind study.  |
|--------------|---|
| Participants | In- and outpatients fulfilling DSM-III-R criteria for major depressive disorder (lasting 1 month or more), with a score of at least 20 on the HDRS-21.  Age range: 18-65 years old.  Exclusion criteria: any abnormalities on laboratory examination, presence of psychosis, bipolar disorder, conscurrent use of any psychoactive medication, pregnancy, lactation |

Cipriani et al.



|                         | Desipramine: 20 participants.<br>Fluoxetine dose range: 20-60 mg/day.<br>Desipramine dose range: 150-300 mg/day. |             |
|-------------------------|--|-------------|
| Outcomes                | Hamilton Rating Scale for Depression, CGI, PGI.  |             |
| Notes                   | Funding: by industry   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

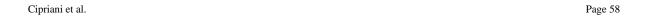
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# Reynaert 1995

| Methods                 | Six-week randomised, double-blind study.   |             |
|-------------------------|--|-------------|
| Participants            | In- and outpatients fulfilling DSM-III-R criteria for major depressive disorder, with a score of at least 16 on the HDRS-17.  Mean age: 47 years old.  Exclusion criteria: suicide risk, any other psychiatric illness, severe organic disease, alcoholism and drug abuse, use of MAOI in the previous 2 weeks amd antidepressants in the previous 4 days or any investigational drugs in the previous 4 weeks, use in the past of fluoxetine or moclobemide |             |
| Interventions           | Fluoxetine: 50 participants. Moclobemide: 51 participants. Fluoxetine dose range: 20-40 mg/day. Moclobemide dose range: 300-600 mg/day. Lithium and one benzodiazepine were permitted.   |             |
| Outcomes                | Primary outcomes: Hamilton Rating Scale for Depression (HDRS-17), CGI  |             |
| Notes                   | Response: decrease of at least 50% in the total score or a score of maximum 10 on the HDRS. Funding: by industry   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

#### Robertson 1994

| Methods       | Six-week randomised, double-blind study.   |
|---------------|--|
| Participants  | In- and outpatients fulfilling DSM-III-R criteria for major depressive disorder or bipolar disorder (currently depressive), with a score of at least 17 on the HDRS-17.  Age range: 18-70 years old.  Exclusion criteria: previous use of fluoxetine or lofepramine prior entry to study or during present episode, use of psychoactive drugs (a part from short acting benzodiazepines within 7 days prior entry), use of MAOI within 14 days and depot neuroleptics within 6 months, ECT, serious suicide risk, pregnancy, lactation, absence of contraception, histrory of glaucoma, cardiovascular disease or urinary retention, significant other medical illness, history of severe allergies or multiple adverse drug reaction, concurrent use of diuretics |
| Interventions | Fluoxetine: 90 participants. Lofepramine: 93 participants. Fluoxetine dose: 20 mg/day. Lofepramine dose range: 140-210 mg/day.   |
| Outcomes      | Hamilton Rating Scale for Depression, Montgomery and Asberg Scale for Depression   |



| Notes        | Funding: by industry |             |
|--------------|----------------------|-------------|
| Risk of bias |                      |             |
|              |                      |             |
| Item         | Authors' judgement   | Description |

## Ropert 1989

| Methods                 | Six-week randomised, double-blind study.  |             |
|-------------------------|---|-------------|
| Participants            | Outpatients fulfilling DSM-III criteria for current major depressive disorder, with a score between 18 and 25 on the HDRS-21.  Age range: 18-65 years old.  Exclusion criteria: organic brain disease, history of seizures, serious illness, including cardiovascular, hepatic, renal, respiratory, hematologic, hyperthyroidism, history of severe allergy or multiple drug reaction, history (less than 1 year) of drug and alcolhol abuse, concurrent administration of psychotropic drugs (a part from benzodiazepines), MAOI within 2 weeks, serious suicidal risk, pregnancy, lactation |             |
| Interventions           | Fluoxetine: 71 participants. Clomipramine: 72 participants. Fluoxetine dose: 20 mg/day. Clomipramine dose: 75 mg/day.   |             |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-21)  |             |
| Notes                   | Funding: unclear  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

## Rudolph 1999

| Methods       | Eight-week randomised, double-blind multicentre study.   |  |
|---------------|--|--|
| Participants  | Outpatients fulfilling DSM-IV criteria for current major depressive disorder, with a score of at least 20 on the HDRS-21.  Age range: over 18 years old.  Exclusion criteria: recent treatment within 6 months or known hypersensitivity to either study drugs, serious medical conditions, bipolar mood disorder, psychotic disorder not associated with depression, history of drug or alcohol dependence within 1 years of study entry, suicidal patients, pregnancy, lactation |  |
| Interventions | Fluoxetine: 103 participants.  Venlafaxine: 100 participants.  Venlafaxine: 100 participants.  Placebo: 98 participants.  Fluoxetine dose range: 20-60 mg/day.  Venlafaxine dose range: 75-250 mg/day.  Chloral hydrate was allowed as hypnotic.   |  |
| Outcomes      | Primary outcomes: Hamilton Rating Scale for Depression (HDRS-21) total score and depressed mood items, MADRS total score, CGI. Secondary outcome: Hamilton Rating Scale for Anxiety.   |  |
| Notes         | Response: decrease of at least 50% in the total score from baseline on HDRS and MDRS or a CGi score of 1 or 2. Funding: by industry  |  |
| Risk of bias  |  |  |

| Item                    | Authors' judgement | Description |
|-------------------------|--------------------|-------------|
| Allocation concealment? | Unclear            | B - Unclear |

### **Rush 1998**

| Methods                 | Eight-week randomised, double-blind multicentre study.   |             |
|-------------------------|--|-------------|
| Participants            | Outpatients fulfilling DSM-III criteria for moderate to severe major depressive disorder, non psychotic, with a score of at least 18 on the first 17 items of the HDRS-17.  Age range: 19-55 years old.  Exclusion criteria: engaged in a shiftwork, independent sleep/wake disorders, significant concurrent general medical conditions, DSM-III criteria for psychoactive use disorder within 1 year prior to study, other major lifetime Axis I disorders (organic mental syndrome, bipolar, any psychotic, any eating, panic or obsessive-compulsive disorder), pregnancy, lactation, absence of contraception |             |
| Interventions           | Fluoxetine: 61 participants. Nefazodone: 64 participants. Fluoxetine dose range: 20-40 mg/day. Nefazodone dose range: 200-500 mg/day.  |             |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-17) total score, IDS-C, IDS-SR, CGI<br>Improvement<br>Notes Funding: by industry  |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

## Sandor 1998

| Methods                 | Six-week randomised, double-blind study.   |             |
|-------------------------|--|-------------|
| Participants            | Outpatients fulfilling DSM-III criteria for major depressive disorder, with a score of at least 18 on the HDRS-17.  Age range: 18-75 years old.  Exclusion criteria: serious medical disease, suicidal patients, history of alcohol or substance abuse, treatment resistant depression, bipolar mood disorder, use of antidepressants in the previous 2 weeks and fluoxetine in the previous 6 weeks |             |
| Interventions           | Fluoxetine: 20 participants. Doxepine: 20 participants. Fluoxetine dose range: 20-60 mg/day. Doxepine dose range: 75-225 mg/day.   |             |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-17)   |             |
| Notes                   | Funding: by industry   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

### Schoene 1993

| Methods     | Six-week randomised, double-blind study |
|-------------|---|
| 11104110415 | Shi week randomised, dodere emid stady. |

| Participants            | Outpatients fulfilling DSM-III-R criteria for major depressive disorder, with a score of at least 18 on the first 17 items of the HDRS-21.  Age range: 65-85 years old.  Exclusion criteria: severe physical illness, senile dementia, schizophrenia, organic brain syndrome, alcohol abuse, ECT during the previous 3 months, MAOI in the previous 2 weeks, depot neuroleptics in the previous 4 weeks, oral neuroleptics in the previous 2 weeks |             |
|-------------------------|--|-------------|
| Interventions           | Fluoxetine: 52 participants. Paroxetine: 54 participants. Fluoxetine dose range: 20-60 mg/day. Paroxetine dose range: 20-40 mg/day. Temazepam (15-30 mg) was allowed for sleep.  |             |
| Outcomes                | Hamilton Rating Scale for Depression (HDRS-21), MADRS, CGI, MMSE, SCAG   |             |
| Notes                   | Funding: by industry   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |
|                         |  |             |

### Schrader 2000

| Methods                 | Six-week randomised, double-blind multicentre study.  |             |
|-------------------------|---|-------------|
| Participants            | Outpatients fulfilling ICD 10 criteria for mild to moderate depression, with a score between 16 and 24 on the HDRS-21.  Mean age: 46.5 years.  Exclusion criteria: history of alcohol and substance abuse, dementia, history of seizures, glaucoma, pituitary deficience, suicidal ideation, thyrod or parathyrod pathology, Parkinson's disease, pregnancy, any serious concomitant medical conditions, MAOI in the previous 2 weeks, SSRI in the previous 5 weeks |             |
| Interventions           | Fluoxetine: 114 participants. Hypericum: 126 participants. Fluoxetine dose: 20 mg/day. Hypericum dose: 500 mg/day.  |             |
| Outcomes                | Primary outcomes: change from baseline to endpoint on the Hamilton Rating Scale for Depression (HDRS-21).  Secondary outcomes: changes in depression and anxiety/somatisation subscores of the HDRS-21, CGI items 1-3, responder rates  |             |
| Notes                   | Response: decrease of at least 50% in the total score or a score of maximum 10 on the HDRS-21. Funding: by industry   |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

### Sechter 1999

| Methods      | Twenty-four-week randomised, double-blind multicentre study.   |  |
|--------------|--|--|
| Participants | Outpatients fulfilling DSM-III-R criteria for major depressive disorder, with a score of at least 20 on the HDRS-17.  Age range: 18-65 years old.  Exclusion criteria: pregnancy, absence of contraception, use of anticoagulants, serotoninergic drugs, MAOI or lithium, antihypertensive, epilepsy, organic brain disease, malignancy, severe disease or surgical intervention in the pervious 4 weeks, dermatological, hematological, endocrine, respiratory, cardiovascular, renal, hepatic, neurologic diseases, severe allergies or known fluoxetine allergy, previous treatment with sertraline, failure to |  |

|                         | respond to three or more prious antidepressant treaments, history of alcohol or drug dependence, psychosis, personality disorders, significant suicide risk        |             |
|-------------------------|--|-------------|
| Interventions           | Fluoxetine: 120 participants. Sertraline: 118 participants. Fluoxetine dose range: 20-60 mg/day. Sertraline dose range: 50-150 mg/day.                             |             |
| Outcomes                | Change from baseline to endpoint on the Hamilton Rating Scale for Depression (HDRS-17) and CGI-S and CGI-I, Covi Anxiety Scale, Hamilton ARating Scale for Anxiety |             |
| Notes                   | Response: decrease of at least 50% in the total score on the HDRS. Funding: by industry  |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |
|                         |  |             |

### Silverstone 1999

| Methods                 | Twelve-week randomised, double-blind multicentre study.   |             |
|-------------------------|---|-------------|
| Participants            | Outpatients fulfilling DSM-IV criteria for major depressive disorder, with a score of at least 20 on the first 17 items on the HDRS-21 and a score of at least 8 on the Covi Scale and symptoms of depression for at least 1 month before study entry.  Age range: over 18 years old.  Exclusion criteria: pregnancy, lactation, absence of contraception, history of clinically significant medical disease, clinically significant abnormalities on a physical examination, ECG or laboratory tests, suicide risk, history of seizure disorder, organic mental disorder, bipolar disorder, history of mania or any psychoatic disorder not associated with depression, use of any investigational drug, ECT within 30 days, fluoxetine within 28 days, MAOI or paroxetine within 14 days, any other antidepressant, antipsychotic, anxiolitic, sedative-hypnotic drug or psychotropic or substance within 7 days of the start of the study, history of drug abuse within 6 months |             |
| Interventions           | Fluoxetine: 119 participants. Venlafaxine: 122 participants. Placebo: 118 participants. Fluoxetine dose range: 20-60 mg/day. Venlafaxine dose range: 75-225 mg/day. Chloral hydrate (max 1 g) or zopliclone (max 7.5 mg) for sleep  |             |
| Outcomes                | Primary outcomes: final scores for the HDRS-21, HAM-A total score and CGI-<br>Improvement.<br>Secondary outcomes: Covi, HDRS mood items, Hospital Anxiety and Depression Scale,<br>CGI-Severity, HDRS and Hamilton Anxiety response rate  |             |
| Notes                   | Response: decrease of at least 50% in the total score on the HDRS and HAM-A, or a score of 1 on the CGI-Improvement. Funding: by industry   |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

### Smeraldi 1998

| Methods      | Twelve-week randomised, double-blind multicentre study.  |
|--------------|--|
| Participants | Outpatients fulfilling DSM-III-R criteria for dysthymia or a single episode of major depression partial remission, with a score between 14 and 26 on the MDRS. Age range: 18-70 years old. |

| Outcomes            | Amisulpride dose: 50 mg/day.  Primary outcomes: a reduction of at least 50% on the MADRS total score. Secondary outcomes: change at endpoint on MADRS, HAM-A, ERD, Sheean Disability Scale |             |
|---------------------|--|-------------|
| Notes  Risk of bias | Funding: by industry   |             |
| Risk of ours        |  |             |
| Item                | Authors' judgement   | Description |

### SouthWalesGroup 1988

| Methods                 | Six-week randomised, double-blind multicentre study.   |   |
|-------------------------|--|---|
| Participants            | In- and outpatients fulfilling DSM-III-R criteria for major depressive disorder, with a score of at least 17 on the HDRS-17.  Age range: 16-70 years old.  Exclusion criteria: pregnancy, absence of contraception, ECT, use of adequate doses of tricyclics in the previous 4 weeks, use of MAOI in the previous 10 days, history of sensitivity to drugs |   |
| Interventions           | Fluoxetine: 31 participants. Dothiepin: 28 participants. Fluoxetine dose range: 60-80 mg/day. Dothiepine dose range: 150-225 mg/day. Temazepam for night sedation was allowed.   |   |
| Outcomes                | Global assessment of severity, Hamilton Rating Sc<br>Mania Scale, MADRS  | rale for Depression, Beck and Rafaelsen |
| Notes                   | Funding: by industry   |   |
| Risk of bias            |  |   |
| Item                    | Authors' judgement   | Description                             |
| Allocation concealment? | Unclear  | B - Unclear                             |

### Sramek 1995

| Methods      | Twenty-week randomised, double-blind study.   |  |
|--------------|---|--|
| Participants | Outpatients fulfilling DSM-III-R criteria for major depressive disorder, without melancholia, with a score of at least 21 on the HDRS-24 and a score of at least 2 on the item 1 of HRDS and a score of maximum 18 on the HAM-A, a score of at least 8 on the Raskin Depression Scale and a total Covi-Anxiety less than Raskin.  Age range: 18-65 years old.  Exclusion criteria: any clinically significant hematological, endocrine, cardiological, renal, gastrointestinal, neurological disorder, seizure disorder, significant suicidal risk, other Axis I disorders besides dysthymia, Axis 2 diagnosis of antisocial or borderline disorder, history of substance or alcohol abuse within 6 months, ECT in the previous 6 months, use of MAOI or fluoxetine within 3 weeks, any other antidepressant within the last week, use of |  |

|                         | benzopines within the last 2 weeks, being in any type of psychotherapy since less than 3 months, or having ended such therapy within 1 month prior the study |             |
|-------------------------|--|-------------|
| Interventions           | Fluoxetine: 72 participants. ABT-200: 72 participants. Fluoxetine dose: 20 mg/day. ABT-200 dose: 20 mg/day.  |             |
| Outcomes                | Hamilton Rating Scale for Depression-21, MADRS, CGI, HAM-A.  |             |
| Notes                   | Funding: by industry   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

### **Stark 1985**

| Methods                 | Six-week randomised, double-blind multicentre study.  |   |
|-------------------------|---|---|
| Participants            | Outpatients fulfilling DSM-III criteria for major depressive disorder (with a duration of illness of at least 4 weeks), with a score of at least 20 on the HDRS-21 and a score of at least 8 on the Raskin.  Age range: 18-70 years old.  Exclusion criteria: not stated. |   |
| Interventions           | Fluoxetine: 185 participants. Imipramine: 186 participants. Placebo: 169 participants. Fluoxetine dose range: 20-80 mg/day. Imipramine dose range: 75-300 mg/day.   |   |
| Outcomes                | Hamilton Rating Scale for Depression, Raskin D and CGI-S  | Pepression Scale, Covi Anxiety Scale, CGI-I |
| Notes                   | Funding: by industry  |   |
| Risk of bias            |   |   |
| Item                    | Authors' judgement  | Description                                 |
| Allocation concealment? | Unclear   | B - Unclear                                 |

### Stephenson 2000

| Methods       | Six-week randomised, double-blind study.   |
|---------------|--|
| Participants  | Patients fulfilling DSM-III-R criteria for major depression, with a score of at least 22 on the MADRS.  Age range: 18-70 years old.  Exclusion criteria: concurrent treatment for depressive illness, use of other drugs with psychopharmacological effect, serious risk of suicide, significant cardiac, renal or hepatic disease, pregnancy, lactation, absence of contraception |
| Interventions | Fluoxetine: 51 participants. Dothiepin: 56 participants. Fluoxetine dose: 20 mg/day. Dothiepine dose range: 75-150 mg/day.   |
| Outcomes      | Hamilton Rating Scale for Depression, Montgomery and Asberg Scale for Depression, BPRS, CGI  |
| Notes         | Funding: by industry   |
| Risk of bias  |  |

| Item                    | Authors' judgement | Description |
|-------------------------|--------------------|-------------|
| Allocation concealment? | Unclear            | B - Unclear |

### Stratta 1991

| Methods                 | Six-week randomised, double-blind multicentre study.   |             |
|-------------------------|--|-------------|
| Participants            | Patients with atypical depression according to Quitkin et al. (1988).<br>Mean age: 35 years old.<br>Exclusion criteria: not stated.  |             |
| Interventions           | Fluoxetine: 14 participants.<br>Imipramine: 14 participants.<br>Fluoxetine dose: 20 mg/day.<br>Imipramine dose range: 75-125 mg/day. |             |
| Outcomes                | Hamilton Rating Scale for Depression, CGI, Covi Anxiety, ADDS-C  |             |
| Notes                   | Funding: unclear   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |
|                         |  |             |

### Suleman 1997

| Methods                 | Six-week randomised, single-blind multicentre study.   |             |
|-------------------------|--|-------------|
| Participants            | Outpatients fulfilling DSM-IV criteria for major depressive disorder, with a score of at least 17 on the HDRS-17.  Age range: 18-65 years old.  Exclusion criteria: any physical illness or psychiatric diagnosis beside depressive disorder, drug or alcohol abuse, organic mental disorder, pregnancy or lactation, use of any medication except incidental anagesic and current psychotherapy |             |
| Interventions           | Fluoxetine: 15 participants.  Moclobemide: 15 participants.  Amitriptyline: 15 participants. Fluoxetine dose: 20 mg/day. Moclobemide dose: 240 mg/day.  Amitriptyline dose: 100 mg/day.  |             |
| Outcomes                | Hamilton Rating Scale for Depression, CO   | GI.         |
| Notes                   | Funding: by industry   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

#### **Suri 2000**

| Methods      | Six-week randomised, double-blind multicentre study.   |
|--------------|--|
| Participants | Outpatients fulfilling DSM-IV criteria for unipolar major depressive disorder, with a score of at least 14 on the HDRS-21. |

|                         | Age range: 18-62 years old.  Exclusion criteria: diagnosis of amood disorder to a secondary general medical condition, bipolar disorder, substance abuse, history of prior treatment with sertraline or fluoxetine. For patients with a history of substance abuse a period of 30 days of sobriety was required prior to study entry |             |
|-------------------------|--|-------------|
| Interventions           | Fluoxetine: 18 participants. Sertraline (50 mg): 17 participants. Sertraline (100 mg): 17 participants. Fluoxetine dose: 20 mg/day. Lorazepam (0.5 mg) was allowed.  |             |
| Outcomes                | Primary outcome: a HDRS score of maximum 7 or a CGI score of maximum 2 at endpoint (remission)   |             |
| Notes                   | Funding: by industry   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |
|                         |  |             |

#### Tamminen 1989

| depress score of (fluoxet adminis  Interventions Fluoxet Doxepi | sive disorder with a score of at least 17 on the f at least 8 and equal to or higher than the C   | ne first 17 items of the HAM-D and a |
|---|---|--------------------------------------|
| Doxepi  | In- and outpatients fulfilling RDC (Research Diagnostic Criteria) for unipolar major depressive disorder with a score of at least 17 on the first 17 items of the HAM-D and a score of at least 8 and equal to or higher than the Covi Anxiety Scale score. Age mean: 40.7 (fluoxetine); 42.7 (doxepin). Exclusion criteria: history of drug abuse, concurrent administration of other psychotropic drugs including lithium |                                      |
| Doxepi  | Fluoxetine: 26 participants. Doxepine: 25 participants. Fluoxetine dose range: 40-80 mg/day. Doxepine dose range: 50-150 mg/day. Chloral hydrate and oxaxepam were allowed.   |                                      |
|   | Hamilton Rating Scale for Depression, CGI, Raskin Depression Scale, Covi Anxiety Scale, SCL-58  |                                      |
| Notes Funding   | Funding: unclear  |                                      |
| Risk of bias  |   |                                      |
| Item Author   | rs' judgement   | Description                          |
| Allocation concealment? Unclear                                 |   |                                      |

### Taneri 1989

| Methods       | Five-week randomised double-blind study.   |
|---------------|--|
| Participants  | Outpatients with diagnosis of neurotic or reaction depressive disorder on the ICD, with a score of at least 17 on the HDRS.  Age range: 18-65 years old.  Exclusion criteria: suicidality, severe organic disease, diabetes mellitus, glaucoma, hyperthyroidsm, pregnancy, hypersensitivity to drug, abnormal liver values, organic psychosis, schizophrenia, psychopathy, addiction to alcohol or drugs, seizures |
| Interventions | Fluoxetine: 20 participants. Nomifensine: 20 participants. Fluoxetine dose: 40 mg/day. Nomifensine dose: 150 mg/day. Chloral hydrate or benzodiazepines for sleep were allowed.  |

| Outcomes                | Hamilton Rating Scale for Depression, CGI, Symptom Check List of Taneri, PGI, Zung Depression Scale |             |
|-------------------------|---|-------------|
| Notes                   | Funding: unclear  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

# Thompson 2000

| Methods                 | Twelve-week randomised, double-blind multicentre study.   |             |
|-------------------------|---|-------------|
| Participants            | Outpatients (general practice) DSM-III-R criteria for major unipolar depression, with a score of at least 12 on the HDRS.  Age range: 18-70 years old.  Exclusion criteris: suicidal ideation, history of treatment resistan depression, bipolar disorder, organic brain disease, substance use disorder, use of antidepressants within the last 6 months, partecipation to another study within 3 months, medical controindication to either drug, pregnancy, lactation, absence of contraception, administration of any other psychotropic medication |             |
| Interventions           | Fluoxetine: 76 participants. Dothiepin: 76 participants. Fluoxetine dose: 20 mg/day. Dothiepine dose range: 75-150 mg/day. Concomitant use of benzodiazepines was allowed for insomnia.   |             |
| Outcomes                | Primary outcomes (all were dichotomised as above or below 80% of full compliance): pill count, patient completed questionnaire, Medication Event Monitoring System.  Secondary outcomes: Hamilton Rating Scale for Depression, Short-Form Health Survey Questionnaire 36  |             |
| Notes                   | Funding: by industry  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

## Tignol 1993

| Methods       | Six-week randomised, double-blind multicentre study.   |  |
|---------------|--|--|
| Participants  | Inpatients fulfilling DSM-III-R criteria for major depression, with a score of at least 24 on the MADRS.  Age range: 18-65 years old.  Exclusion criteria: pregnancy or nursing, severe concomitant physical disease, severe risk of suicide, abuse of alcohol or illecit drugs, schizophrenia or psychosis, organic brain syndrome, hystory of serious allergic drug reaction, treatment with any investigational compound during the previous 6 months, lithium or ECT in the previous 3 months, depot neuroleptics in th previous month, MAOI or oral neuroleptics in the previous 2 weeks, present use of oral anticoagulant or psychotropic drug (except chloral hydrate: 500 mg for sleep) |  |
| Interventions | Fluoxetine: 87 participants. Paroxetine: 89 participants. Fluoxetine dose: 20 mg/day. Paroxetine dose: 20 mg/day.  |  |
| Outcomes      | Montgomery and Asberg Scale for Depression (10 items), HAM-A (14 items), Hospital Anxiety and Depression (14 items), CGI-S   |  |

| Notes        | Funding: by industry |             |
|--------------|----------------------|-------------|
| Risk of bias |                      |             |
|              |                      |             |
| Item         | Authors' judgement   | Description |

### Tollefson 1994

| Methods                 | Eight-week randomised, double-blind multicentre study.  |             |
|-------------------------|---|-------------|
| Participants            | Outpatients fulfilling DSM-III-R criteria for major depressive unipolar disorder for at least 1 month, nonpsychotic, and subtype as agitated according Research Diagnostic Criteria, with a score of at least 14 on the HDRS-17 and a score of 2 or more on at least 2 items of the Agitation Rating Scale.  Age range: 18-65 years old.  Exclusion criteria: pregnancy, breast feeding, absence of contraception, serious suicidal risk, controindication to use study drug, concurrent DSM diagnosis such as organic mental disorder, substance use disorder, schizophrenia and related psychotic disorders, bipolar disorder, severe allergies, drug reactions, use of other psychotropic drugs within 4 weeks |             |
| Interventions           | Fluoxetine: 62 participants. Imipramine: 62 participants. Fluoxetine dose range: 20-80 mg/day. Imipramine dose range: 150-300 mg/day.   |             |
| Outcomes                | Primary outcome: change on Hamilton Rating Scale for Depression from baseline to endpoint.  Secondary outcomes: percentages of responders, remitters and weekly change from baseline, CGI-S, HAM-A, ARS, HAM-D item 3, HAM-D item 9, ASIQ score, CGI-I, PGI-I   |             |
| Notes                   | Response: decrease of at least 50% in the total score on the HDRS-17 during at least 4 weeks of treatment.  Remission: endpoint score of maximum 7 on the HDRS-17.  Funding: by industry  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

# **Tylee 1997**

| Methods       | Twelve-week randomised, double-blind multicentre study.   |  |
|---------------|---|--|
| Participants  | Outpatients (general practice) fulfilling DSM-IV criteria for major depressive disorder, with a score of at least 19 on the MADRS.  Age range: over 18 years old.  Exclusion criteria: use of study drugs within 1 month of entry, psychosis, organic mental disorder, bipolar depression, acute suicidal risk, use of psychoactive drug or ECT within 1 month of entry, drug or alcohol dependence, history of clinically significant physical disorder, clinically significant abnormalities (ECG, laboratory test), pregnancy, lactation |  |
| Interventions | Fluoxetine: 170 participants. Venlafaxine: 171 participants. Fluoxetine dose: 20 mg/day. Venlafaxine dose: 75 mg/day.   |  |
| Outcomes      | Primary outcome: endpoint score on MADRS and CGI, and Hamilton Rating Scale for Depression. Secondary outcomes: Hospital Anxiety and Depression Scale   |  |
| Notes         | Response: decrease of at least 50% in the total score on the HDRS or MADRS and a CGI improvement of 1 or 2.   |  |



#### Funding: by industry

| Risk of bias                        |         |             |
|-------------------------------------|---------|-------------|
| Item Authors' judgement Description |         | Description |
| Allocation concealment?             | Unclear | B - Unclear |

#### Tzanakaki 2000

| Methods                 | Six-week randomised, double-blind multicentre study.   |             |
|-------------------------|--|-------------|
| Participants            | Inpatients fulfilling DSM-IV criteria for major depression, with melancholia and symptoms lasting at least 1 month before study entry, with a score of at least 25 on the MADRS. Age range: 18-64 years old.  Exclusion criteria: pregnancy, absence of contraception, known sensitivity to venlafaxine or fluoxetine, history of uncontrolled heart failure within the last 6 months, hepatic or renal disease, clinicallyu significant abnormality (ECG, laboratory tests), acute suicide tendencies, history of seizure disorders, any psychotic disorder not associated with depression, history of alcohol or drug dependence within the past year, use of any investigational drug, antipsychotic drug or ECT within 30 days, fluoxetine within 14 days, MAOI or benzodiazepines within 7 days |             |
| Interventions           | Fluoxetine: 54 participants. Venlafaxine: 55 participants. Fluoxetine dose: 60 mg/day. Venlafaxine dose: 225 mg/day. Temazepam and oxazepam were allowed for sleep   |             |
| Outcomes                | Primary outcomes: HDRS, MADRS, CGI-S and CGI-I scores at each assessment   |             |
| Notes                   | Response: decrease of at least 50% in the total score on the HDRS or MADRS and a CGI improvement of 1 or 2. Funding: by industry   |             |
| Risk of bias            |  |             |
| Item                    | Authors' judgement   | Description |
| Allocation concealment? | Unclear  | B - Unclear |

### Upward 1988

| Methods                 | Four-week randomised, double-blind study.   |             |
|-------------------------|---|-------------|
| Participants            | Depressed outpatients.<br>Age range: 24-63 years old.<br>Exclusion criteria: not stated.  |             |
| Interventions           | Fluoxetine: 11 participants. Amitriptyline: 12 participants. Fluoxetine dose range: 60-80 mg/day. Amitriptyline dose range: 150-200 mg/day. Temazepam (10-20 mg) was allowed for sleep. |             |
| Outcomes                | Efficacy data not reported. Only drop-out rate.   |             |
| Notes                   | Funding: by industry  |             |
| Risk of bias            |   |             |
| Item                    | Authors' judgement  | Description |
| Allocation concealment? | Unclear   | B - Unclear |

### Van Moffaert 1995

| Methods                 | Eight-week randomised, double-blind multicentre study.  |             |  |
|-------------------------|---|-------------|--|
| Participants            | In- and outpatients fulfilling DSM-III-R criteria for moderate to severe major depressio with a score of at least 18 on the first 17 items of HDRS and a score of at least 3 on the CGI.  Age range: 18-80 years old.  Exclusion criteria: MADRS score more than 40, suicidal ideation, history of mania, hypomania or psychosis, comorbid severe psychiatric disorder, organic mood disorder, psychotropic drug dependence, pregnancy, lactation, clinically significant renal, hepatic cardiovascular, respiratory, cerebrovascular disease, use of concomitant serotonergic dr (including lithium and carbamazepine) |             |  |
| Interventions           | Fluoxetine: 82 participants. Sertraline: 83 participants. Fluoxetine dose range: 20-40 mg/day. Sertraline dose range: 50-100 mg/day. Chloral hydrate and short acting benzodiazepines as hypnotics Outcomes Hamilton Rating Scale for Depression, Montgomery and Asberg Scale for Depression, CGI-I, CGI-S  |             |  |
| Notes                   | Response: decrease of at least 50% in the total score on the HDRS or MADRS, or a score less than 10 on the HDRS. Funding: by industry   |             |  |
| Risk of bias            |   |             |  |
| Item                    | Authors' judgement  | Description |  |
| Allocation concealment? | Unclear   | B - Unclear |  |

## Versiani 1999

| Methods                 | Eight-week randomised, double-blind multicentre study.   |             |  |
|-------------------------|--|-------------|--|
| Participants            | Inpatients fulfilling DSM-IV criteria for major depression, with a score of at least 18 on the first 17 items on the HDRS-21 and a score of at least 18 on the HAM-A. Age range: over 18 years old.  Exclusion criteria: pregnancy, lactation, absence of contraception, suicidal risk, medical disease, history of allergy to study drugs, previous participation to any antidepressant trial, history of unresponsiveness to fluoxretine or amitriptyline, organic mental disorder, substance abuse, bipolar disorder, melancholic disorder, panic or obsessive compulsive disorder, concomitant medication with psychotropic effect |             |  |
| Interventions           | Fluoxetine: 77 participants. Amitriptyline: 80 participants. Fluoxetine dose: 20 mg/day. Amitriptyline dose range: 50-250 mg/day.  |             |  |
| Outcomes                | Hamilton Rating Scale for Depression, HAM-A, Raskin Depression Scale, Covi Anxiety Scale, CGI-I, PGI   |             |  |
| Notes                   | Response: decrease of at least 50% in the total score on the HDRS and a decrease of at least 25% in the total score on the HAM-A. Funding: by industry   |             |  |
| Risk of bias            |  |             |  |
| Item                    | Authors' judgement   | Description |  |
| Allocation concealment? | Unclear  | B - Unclear |  |

### Wheatley 1998

| Methods | Six-week randomised, double-blind multicentre study. |
|---------|--|
|         |  |

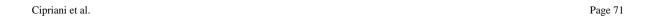
| Participants            | In- and outpatients fulfilling DSM-III-R criteria for major depressive episode, with a score of at least 21 on the HDRS-17 and a score of at least 2 on the HDRS item 1. Age range: 18-75 years old. Exclusion criteria: bipolar disorder, depressive disorder NOS, anxiety disorder within the last 2 years, schizophrenia, adjustment disorder, schizotypal or borderline personality disorder, eating disorder within the last 2 years, epilepsy, treatment with anticonvulsive medication for seizures, alcohol or substance abuse in the previous year, post-partum depression within 1 year after delivery, high risk of suicide, unstable medical conditions, non-responders to antidepressant treatments, use of MAOI within 2 weeks, previous use of fluoxetine for the current episode of depression, ECT within 3 months, continuous use of benzodiazepines, pregnancy, lactation, absence of contraception |                           |
|-------------------------|--|---------------------------|
| Interventions           | Fluoxetine: 67 participants.<br>Mirtazapine: 66 participants.<br>Fluoxetine dose range: 20-40 mg/day.<br>Mirtazapine dose range: 15-60 mg/day.<br>Temazepam (20 mg) oxazepam (15 mg) and nitra   | zepam (5 mg) were allowed |
| Outcomes                | Hamilton Rating Scale for Depression, CGI-S, VAMRS, QLESQ.   |                           |
| Notes                   | Funding: by industry   |                           |
| Risk of bias            |  |                           |
| Item                    | Authors' judgement   | Description               |
| Allocation concealment? | Unclear  | B - Unclear               |
|                         | •  | ·                         |

### Williams 1993

| Methods                 | Six-week randomised, double-blind multicentre study.   |                                  |  |
|-------------------------|--|----------------------------------|--|
| Participants            | In- and outpatients fulfilling DSM-III criteria for major depressive episode, with a score of at least 17 on the HDRS-21.  Age range: 20-86 years old.  Exclusion criteria: suicide risk, other psychiatric disorder, alcohol abuse, use of MAOI in the previous 2 weeks, use of other antidepressants in the previous week, pregnancy, lactation, known allergy to trial medication |                                  |  |
| Interventions           | Fluoxetine: 60 participants. Moclobemide: 62 participants. Fluoxetine dose range: 20-40 mg/day. Moclobemide dose range: 300-600 mg/day.  |                                  |  |
| Outcomes                | Primary outcome: Hamilton Rating Scale for Dep   | pression. Secondary outcome: CGI |  |
| Notes                   | Funding: unclear   |                                  |  |
| Risk of bias            |  |                                  |  |
| Item                    | Authors' judgement   | Description                      |  |
| Allocation concealment? | Unclear  | B - Unclear                      |  |

# Wolf 2001

| Methods       | Five-week randomised, double-blind two-centre study.  |  |  |
|---------------|---|--|--|
| Participants  | In- and outpatients fulfilling DSM-III-R criteria for major depression, with a score of at least 16 on the HDRS-17.  Age range: over 60 years old.  Exclusion criteria: serious suicidal risk, glaucoma, chronic urinary retention, prostatic hypertrofy, significant organic illness, severe organic brain disease, history of seizures, schizophrenia, hypo- or hyperthyroidism, history of severe allergy, known allergy to imipramine, history of less than 1 year of alcohol or drug abuse |  |  |
| Interventions | Fluoxetine: 10 participants.  |  |  |



|                         | Trimipramine: 9 participants.<br>Fluoxetine dose: 20 mg/day.<br>Trimipramine dose: 150 mg/day. |                                    |  |
|-------------------------|--|------------------------------------|--|
| Outcomes                | Hamilton Rating Scale for Depression, Montgome   | ry and Asberg Scale for Depression |  |
| Notes                   | This study focuses on sleep related problems. Funding: by industry                             |                                    |  |
| Risk of bias            |  |                                    |  |
| Item                    | Authors' judgement   | Description                        |  |
| Allocation concealment? | Unclear  | B - Unclear                        |  |
|                         |  |                                    |  |

# **Young 1987**

| Methods                 | Six-week randomised, double-blind multicentre study.   |                                 |  |
|-------------------------|--|---------------------------------|--|
| Participants            | Outpatients fulfilling RDC criteria for moderate-severe major depression, with a score of at least 18 on the HDRS.  Age range: 20-65 years old.  Exclusion criteria: schizophrenia, organic features, use of antidepressant drugs or ECT during the 4 weeks before |                                 |  |
| Interventions           | Fluoxetine: 25 participants.<br>Amitriptyline: 25 participants.<br>Fluoxetine dose range: 40-80 mg/day.<br>Amitriptyline dose range: 50-150 mg/day.  |                                 |  |
| Outcomes                | Hamilton Rating Scale for Depression, HAM-A, E   | Beck Depression Inventory Scale |  |
| Notes                   | Most patients taking sedatives during study. Funding: unclear  |                                 |  |
| Risk of bias            |  |                                 |  |
| Item                    | Authors' judgement   | Description                     |  |
| Allocation concealment? | Unclear  | B - Unclear                     |  |

## Yu 1997

| Methods                 | Six-week randomised, double-blind study.   |             |  |
|-------------------------|--|-------------|--|
| Participants            | Patients with serious depressive disorder.<br>Mean age: 51 years old.<br>Exclusion criteria: not stated.               |             |  |
| Interventions           | Fluoxetine: 8 participants. Amitriptyline: 8 participants. Fluoxetine dose: 20 mg/day. Amitriptyline dose: 150 mg/day. |             |  |
| Outcomes                | Hamilton Rating Scale for Depression, HAM-A, SDS TESS.   |             |  |
| Notes                   | Funding: unclear   |             |  |
| Risk of bias            |  |             |  |
| Item                    | Authors' judgement   | Description |  |
| Allocation concealment? | Unclear  | B - Unclear |  |

# Characteristics of excluded studies [ordered by study ID]

| Study               | Reason for exclusion  |
|---------------------|---|
| Armitage 1997       | No outcome data available   |
| Beasley 1991        | No outcome data available   |
| Beasley 1993b       | No outcome data available   |
| Brasseur 1989       | Not RCT   |
| De la Barquera 1998 | No outcome data available   |
| Demyttenaere 2001   | No outcome data available   |
| Dubini 1997         | No outcome data available   |
| Fairweather 1993    | No outcome data available   |
| Fava 2000b          | Secondary publication of Fava 2000a                                       |
| Flament 1999        | Secondary publication of Bennie 1995                                      |
| Flament 2001        | Secondary publication of Bennie 1995                                      |
| Friede 2001         | Secondary publication of Schrader 2000                                    |
| Fudge 1990          | No outcome data available   |
| Geretsegger 1994    | Sub-group (elderly) publication of Bennie 1995                            |
| Goodnick 1987       | No outcome data available   |
| Kaufeler 2001       | Overview. Not RCT   |
| Kroenke 2001        | No outcome data available   |
| Massana 1998        | Overview. Not RCT   |
| Patris 1996         | Secondary publication of Bougerol 1997                                    |
| Roose 1994          |   |
| Schmidt 1999        | Long-term treatment of depression   |
| Silverstone 2001    | Comorbidity of major depressive disorder and generalized anxiety disorder |
| Simon 1996          | Not meeting inclusion criteria  |
| Simon 1998          | Not meeting inclusion criteria  |
| Simon 1999          | Not meeting inclusion criteria  |
| Strik 1998          | No outcome data available   |
| Thase 2001          | Pooled analysis of eight studies.   |
| Tollefson 1996      | Sub-group analysis of Tollefson 1994                                      |

## **DATA AND ANALYSES**

#### Comparison 1

### Fluoxetine vs TCAs

| Outcome or subgroup title             | No. of studies | No. of participants | Statistical method                    | Effect size       |
|---------------------------------------|----------------|---------------------|---------------------------------------|-------------------|
| 1 Failure to respond -<br>HDRS (-50%) | 21             | 2040                | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.95 [0.80, 1.14] |
| 1.1 Fluoxetine vs                     | 9              | 700                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.02 [0.74, 1.38] |

| Outcome or subgroup title           | No. of studies | No. of participants | Statistical method                           | Effect size         |
|-------------------------------------|----------------|---------------------|--|---------------------|
| 1.2 Fluoxetine vs<br>Clomipramine   | 1              | 94                  | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.64 [0.28, 1.44]   |
| 1.3 Fluoxetine vs<br>Desipramine    | 1              | 58                  | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.11 [0.38, 3.25]   |
| 1.4 Fluoxetine vs<br>Dothiepine     | 2              | 144                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 2.09 [1.08, 4.05]   |
| 1.5 Fluoxetine vs<br>Doxepine       | 1              | 40                  | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.0 [0.29, 3.49]    |
| 1.6 Fluoxetine vs<br>Imipramine     | 6              | 821                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.80 [0.61, 1.06]   |
| 1.7 Fluoxetine vs<br>Lofepramine    | 1              | 183                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.99 [0.55, 1.77]   |
| 2 End-point score on HDRS           | 46             | 3224                | Std. Mean Difference (IV,<br>Random, 95% CI) | 0.07 [-0.06, 0.20]  |
| 2.1 Fluoxetine vs<br>Amiptriptyline | 17             | 958                 | Std. Mean Difference (IV,<br>Random, 95% CI) | 0.12 [-0.07, 0.31]  |
| 2.2 Fluoxetine vs<br>Clomipramine   | 5              | 372                 | Std. Mean Difference (IV,<br>Random, 95% CI) | -0.10 [-0.31, 0.10] |
| 2.3 Fluoxetine vs<br>Desipramine    | 3              | 121                 | Std. Mean Difference (IV,<br>Random, 95% CI) | 1.25 [-1.28, 3.78]  |
| 2.4 Fluoxetine vs<br>Dothiepine     | 4              | 266                 | Std. Mean Difference (IV,<br>Random, 95% CI) | 0.16 [-0.27, 0.59]  |
| 2.5 Fluoxetine vs<br>Imipramine     | 13             | 1123                | Std. Mean Difference (IV,<br>Random, 95% CI) | -0.03 [-0.23, 0.16] |
| 2.6 Fluoxetine vs<br>Lofepramine    | 1              | 183                 | Std. Mean Difference (IV,<br>Random, 95% CI) | 0.13 [-0.16, 0.42]  |
| 2.7 Fluoxetine vs<br>Nomifensine    | 1              | 28                  | Std. Mean Difference (IV,<br>Random, 95% CI) | -0.37 [-1.12, 0.38] |
| 2.8 Fluoxetine vs<br>Nortriptyline  | 1              | 154                 | Std. Mean Difference (IV,<br>Random, 95% CI) | -0.12 [-0.44, 0.20] |
| 2.9 Fluoxetine vs<br>Trimipramine   | 1              | 19                  | Std. Mean Difference (IV,<br>Random, 95% CI) | 0.47 [-0.44, 1.39]  |
| 3 Failure to complete -<br>Total    | 47             | 4136                | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.78 [0.68, 0.89]   |
| 3.1 Fluoxetine vs<br>Amitriptyline  | 16             | 1012                | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.64 [0.47, 0.85]   |
| 3.2 Fluoxetine vs<br>Clomipramine   | 2              | 263                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.66 [0.38, 1.14]   |
| 3.3 Fluoxetine vs<br>Desipramine    | 2              | 104                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.45 [0.17, 1.19]   |
| 3.4 Fluoxetine vs<br>Dothiepine     | 5              | 478                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.44 [0.98, 2.12]   |
| 3.5 Fluoxetine vs<br>Doxepine       | 4              | 323                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.81 [0.50, 1.31]   |
| 3.6 Fluoxetine vs<br>Imipramine     | 13             | 1285                | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.79 [0.63, 0.99]   |
| 3.7 Fluoxetine vs<br>Lofepramine    | 1              | 183                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.51 [0.25, 1.03]   |
| 3.8 Fluoxetine vs<br>Nomifensine    | 1              | 40                  | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 4.62 [0.83, 25.62]  |
| 3.9 Fluoxetine vs<br>Nortriptyline  | 3              | 448                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.68 [0.45, 1.03]   |
| * *                                 |                |                     | •  |                     |

| Outcome or subgroup title             | No. of studies | No. of participants | Statistical method                    | Effect size        |
|---------------------------------------|----------------|---------------------|---------------------------------------|--------------------|
| 4 Failure to complete -<br>Inefficacy | 32             | 2894                | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.28 [0.96, 1.69]  |
| 4.1 Fluoxetine vs<br>Amitriptyline    | 11             | 758                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.99 [0.49, 2.02]  |
| 4.2 Fluoxetine vs<br>Clomipramine     | 1              | 120                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 7.65 [0.78, 74.93] |
| 4.3 Fluoxetine vs<br>Desipramine      | 2              | 104                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.02 [0.19, 5.30]  |
| 4.4 Fluoxetine vs<br>Dothiepine       | 3              | 271                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.35 [0.52, 3.49]  |
| 4.5 Fluoxetine vs<br>Doxepine         | 3              | 283                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.70 [0.62, 4.67]  |
| 4.6 Fluoxetine vs<br>Imipramine       | 11             | 1153                | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.34 [0.94, 1.93]  |
| 4.7 Fluoxetine vs<br>Nortriptyline    | 1              | 205                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.41 [0.09, 1.84]  |
| 5 Failure to complete - Side Effects  | 39             | 3630                | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.54 [0.45, 0.64]  |
| 5.1 Fluoxetine vs<br>Amitriptyline    | 14             | 961                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.40 [0.27, 0.61]  |
| 5.2 Fluoxetine vs<br>Clomipramine     | 2              | 263                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.34 [0.15, 0.78]  |
| 5.3 Fluoxetine vs<br>Desipramine      | 2              | 104                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.25 [0.07, 0.92]  |
| 5.4 Fluoxetine vs<br>Dothiepine       | 5              | 478                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.58 [0.90, 2.78]  |
| 5.5 Fluoxetine vs<br>Doxepine         | 3              | 283                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.80 [0.47, 1.37]  |
| 5.6 Fluoxetine vs<br>Imipramine       | 11             | 153                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.44 [0.33, 0.58]  |
| 5.7 Fluoxetine vs<br>Lofepramine      | 1              | 183                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.24 [0.05, 1.07]  |
| 5.8 Fluoxetine vs<br>Nortriptyline    | 1              | 205                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.86 [0.42, 1.77]  |

#### Comparison 2

#### Fluoxetine vs Heterocyclics

| Outcome or subgroup title             | No. of studies | No. of participants | Statistical method                           | Effect size        |
|---------------------------------------|----------------|---------------------|--|--------------------|
| 1 Failure to respond -<br>HDRS (-50%) | 3              |                     | Peto Odds Ratio (Peto, Fixed, 95% CI)        | Subtotals only     |
| 1.1 Fluoxetine vs<br>Maprotiline      | 2              | 163                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.92 [0.92, 3.98]  |
| 1.2 Fluoxetine vs<br>Mianserin        | 1              | 53                  | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.81 [0.27, 2.36]  |
| 2 End-point score on HDRS             | 8              |                     | Std. Mean Difference (IV,<br>Random, 95% CI) | Subtotals only     |
| 2.6 Fluoxetine vs<br>Maprotiline      | 5              | 433                 | Std. Mean Difference (IV,<br>Random, 95% CI) | 0.04 [-0.15, 0.23] |

| Outcome or subgroup title            | No. of studies | No. of participants | Statistical method                           | Effect size        |
|--------------------------------------|----------------|---------------------|--|--------------------|
| 2.7 Fluoxetine vs<br>Mianserin       | 3              | 128                 | Std. Mean Difference (IV,<br>Random, 95% CI) | 0.43 [-0.38, 1.23] |
| 3 Failure to complete - Total        | 6              |                     | Peto Odds Ratio (Peto, Fixed, 95% CI)        | Subtotals only     |
| 3.1 Fluoxetine vs<br>Maprotiline     | 4              | 351                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.75 [0.93, 3.30]  |
| 3.2 Fluoxetine vs<br>Mianserin       | 2              | 93                  | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.67 [0.27, 1.70]  |
| 4 Failure to complete - Inefficacy   | 4              |                     | Peto Odds Ratio (Peto, Fixed, 95% CI)        | Subtotals only     |
| 4.1 Fluoxetine vs<br>Maprotiline     | 3              | 209                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 3.01 [0.73, 12.41] |
| 4.2 Fluoxetine vs<br>Mianserin       | 1              | 53                  | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 2.18 [0.40, 11.74] |
| 5 Failure to complete - Side Effects | 4              |                     | Peto Odds Ratio (Peto, Fixed, 95% CI)        | Subtotals only     |
| 5.1 Fluoxetine vs<br>Maprotiline     | 3              | 209                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.54 [0.16, 1.83]  |
| 5.2 Fluoxetine vs<br>Mianserin       | 1              | 53                  | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.04 [0.24, 4.64]  |

#### Comparison 3

#### Fluoxetine vs other SSRIs

| Outcome or subgroup title             | No. of studies | No. of participants | Statistical method                           | Effect size         |
|---------------------------------------|----------------|---------------------|--|---------------------|
| 1 Failure to respond -<br>HDRS (-50%) | 14             |                     | Peto Odds Ratio (Peto, Fixed, 95% CI)        | Subtotals only      |
| 1.1 Fluoxetine vs<br>Fluvoxamine      | 1              | 177                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.95 [0.52, 1.74]   |
| 1.2 Fluoxetine vs<br>Paroxetine       | 8              | 960                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.25 [0.96, 1.63]   |
| 1.3 Fluoxetine vs<br>Sertraline       | 7              | 1266                | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.40 [1.11, 1.76]   |
| 2 End-point score on HDRS             | 17             |                     | Std. Mean Difference (IV,<br>Random, 95% CI) | Subtotals only      |
| 2.1 Fluoxetine vs<br>Citalopram       | 2              | 610                 | Std. Mean Difference (IV,<br>Random, 95% CI) | 0.05 [-0.10, 0.21]  |
| 2.2 Fluoxetine vs<br>Paroxetine       | 9              | 1162                | Std. Mean Difference (IV,<br>Random, 95% CI) | -0.01 [-0.36, 0.35] |
| 2.3 Fluoxetine vs<br>Sertraline       | 8              | 1238                | Std. Mean Difference (IV,<br>Random, 95% CI) | 0.10 [-0.01, 0.21]  |
| 3 Failure to complete - Total         | 20             |                     | Peto Odds Ratio (Peto, Fixed, 95% CI)        | Subtotals only      |
| 3.1 Fluoxetine vs<br>Citalopram       | 2              | 673                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.87 [0.59, 1.27]   |
| 3.2 Fluoxetine vs<br>Fluvoxamine      | 2              | 284                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.71 [0.37, 1.36]   |
| 3.3 Fluoxetine vs<br>Paroxetine       | 8              | 1096                | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.96 [0.74, 1.25]   |

| Outcome or subgroup title            | No. of studies | No. of participants | Statistical method                    | Effect size       |
|--------------------------------------|----------------|---------------------|---------------------------------------|-------------------|
| 3.4 Fluoxetine vs<br>Sertraline      | 10             | 1669                | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.23 [0.98, 1.55] |
| 4 Failure to complete - Inefficacy   | 8              |                     | Peto Odds Ratio (Peto, Fixed, 95% CI) | Subtotals only    |
| 4.1 Fluoxetine vs<br>Citalopram      | 2              | 673                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.90 [0.49, 1.65] |
| 4.2 Fluoxetine vs<br>Paroxetine      | 2              | 253                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.85 [0.25, 2.84] |
| 4.3 Fluoxetine vs<br>Sertraline      | 6              | 1134                | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.07 [0.67, 1.70] |
| 5 Failure to complete - Side Effects | 18             |                     | Peto Odds Ratio (Peto, Fixed, 95% CI) | Subtotals only    |
| 5.1 Fluoxetine vs<br>Citalopram      | 2              | 673                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.57 [0.30, 1.09] |
| 5.2 Fluoxetine vs<br>Fluvoxamine     | 1              | 100                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.04 [0.14, 7.63] |
| 5.3 Fluoxetine vs<br>Paroxetine      | 7              | 757                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.83 [0.52, 1.34] |
| 5.4 Fluoxetine vs<br>Sertraline      | 10             | 1669                | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.23 [0.91, 1.66] |

#### Comparison 4

#### Fluoxetine vs newer ADs

| Outcome or subgroup title             | No. of studies | No. of participants | Statistical method                    | Effect size       |
|---------------------------------------|----------------|---------------------|---------------------------------------|-------------------|
| 1 Failure to respond -<br>HDRS (-50%) | 33             |                     | Peto Odds Ratio (Peto, Fixed, 95% CI) | Subtotals only    |
| 1.1 Fluoxetine vs<br>Amineptine       | 1              | 63                  | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.38 [0.14, 1.04] |
| 1.2 Fluoxetine vs<br>Bupropion        | 1              | 123                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.19 [0.58, 2.43] |
| 1.3 Fluoxetine vs<br>Duloxetine       | 1              | 103                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.41 [0.61, 3.24] |
| 1.4 Fluoxetine vs<br>Hypericum        | 3              | 469                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.34 [0.93, 1.94] |
| 1.5 Fluoxetine vs<br>Milnacipram      | 1              | 300                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.15 [0.71, 1.86] |
| 1.6 Fluoxetine vs<br>Mirtazapine      | 2              | 265                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.64 [1.01, 2.65] |
| 1.7 Fluoxetine vs<br>Moclobemide      | 7              | 721                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.27 [0.94, 1.71] |
| 1.8 Fluoxetine vs<br>Phenelzine       | 1              | 40                  | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.40 [0.28, 7.02] |
| 1.9 Fluoxetine vs<br>Pramipexole      | 1              | 105                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.55 [0.24, 1.26] |
| 1.10 Fluoxetine vs<br>Reboxetine      | 2              | 421                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.93 [0.63, 1.37] |
| 1.11 Fluoxetine vs<br>Tianeptine      | 1              | 387                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.12 [0.75, 1.66] |

| Outcome or subgroup title         | No. of studies | No. of participants | Statistical method                           | Effect size          |
|-----------------------------------|----------------|---------------------|--|----------------------|
| 1.12 Fluoxetine vs<br>Trazodone   | 3              | 110                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.55 [0.26, 1.16]    |
| 1.13 Fluoxetine vs<br>Venlafaxine | 9              | 1891                | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.40 [1.15, 1.70]    |
| 2 End-point score on HDRS         | 33             |                     | Std. Mean Difference (IV,<br>Random, 95% CI) | Subtotals only       |
| 2.1 Fluoxetine vs<br>ABT-200      | 1              | 141                 | Std. Mean Difference (IV,<br>Random, 95% CI) | -1.85 [-2.25, -1.45] |
| 2.2 Fluoxetine vs<br>Amisulpride  | 1              | 268                 | Std. Mean Difference (IV,<br>Random, 95% CI) | 0.17 [-0.07, 0.41]   |
| 2.3 Fluoxetine vs<br>Hypericum    | 3              | 448                 | Std. Mean Difference (IV,<br>Random, 95% CI) | 0.11 [-0.08, 0.29]   |
| 2.4 Fluoxetine vs<br>Milnacipram  | 1              | 149                 | Std. Mean Difference (IV,<br>Random, 95% CI) | -0.38 [-0.71, -0.06] |
| 2.5 Fluoxetine vs<br>Moclobemide  | 6              | 540                 | Std. Mean Difference (IV,<br>Random, 95% CI) | 0.13 [-0.04, 0.30]   |
| 2.6 Fluoxetine vs<br>Nefazodone   | 3              | 238                 | Std. Mean Difference (IV,<br>Random, 95% CI) | -0.06 [-0.32, 0.19]  |
| 2.7 Fluoxetine vs<br>Phenelzine   | 1              | 40                  | Std. Mean Difference (IV,<br>Random, 95% CI) | -0.05 [-0.67, 0.57]  |
| 2.8 Fluoxetine vs<br>Reboxetine   | 1              | 168                 | Std. Mean Difference (IV,<br>Random, 95% CI) | 0.15 [-0.16, 0.45]   |
| 2.9 Fluoxetine vs<br>Tianeptine   | 3              | 730                 | Std. Mean Difference (IV,<br>Random, 95% CI) | -0.15 [-0.40, 0.10]  |
| 2.10 Fluoxetine vs<br>Trazodone   | 3              | 90                  | Std. Mean Difference (IV,<br>Random, 95% CI) | -0.06 [-0.65, 0.53]  |
| 2.11 Fluoxetine vs<br>Venlafaxine | 10             | 1831                | Std. Mean Difference (IV,<br>Random, 95% CI) | 0.11 [0.00, 0.23]    |
| 3 Failure to complete - Total     | 42             |                     | Peto Odds Ratio (Peto, Fixed, 95% CI)        | Subtotals only       |
| 3.1 Fluoxetine vs<br>ABT-200      | 1              | 144                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.21 [0.10, 0.41]    |
| 3.2 Fluoxetine vs<br>Amineptine   | 2              | 232                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.71 [0.37, 1.38]    |
| 3.3 Fluoxetine vs<br>Amisulpride  | 1              | 281                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.39 [0.81, 2.37]    |
| 3.4 Fluoxetine vs<br>Bupropion    | 1              | 123                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.15 [0.52, 2.52]    |
| 3.5 Fluoxetine vs<br>Duloxetine   | 1              | 103                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.09 [0.46, 2.60]    |
| 3.6 Fluoxetine vs<br>Hypericum    | 3              | 471                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.40 [0.68, 2.89]    |
| 3.7 Fluoxetine vs<br>Milnacipram  | 2              | 490                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.93 [0.63, 1.38]    |
| 3.8 Fluoxetine vs<br>Mirtazapine  | 2              | 265                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.86 [0.52, 1.44]    |
| 3.9 Fluoxetine vs<br>Moclobemide  | 7              | 721                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.01 [0.70, 1.45]    |
| 3.10 Fluoxetine vs<br>Nefazodone  | 2              | 118                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.39 [0.14, 1.06]    |
| 3.11 Fluoxetine vs<br>Phenelzine  | 1              | 40                  | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.13 [0.01, 2.13]    |
|                                   |                |                     |  |                      |

| Outcome or subgroup title            | No. of studies | No. of participants | Statistical method                    | Effect size         |
|--------------------------------------|----------------|---------------------|---------------------------------------|---------------------|
| 3.12 Fluoxetine vs<br>Pramipexole    | 1              | 105                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.20 [0.08, 0.47]   |
| 3.13 Fluoxetine vs<br>Reboxetine     | 2              | 421                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.61 [0.40, 0.94]   |
| 3.14 Fluoxetine vs<br>Tianeptine     | 3              | 830                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.96 [0.69, 1.33]   |
| 3.15 Fluoxetine vs<br>Trazodone      | 3              | 110                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.46 [0.21, 1.03]   |
| 3.16 Fluoxetine vs<br>Venlafaxine    | 10             | 2036                | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.94 [0.76, 1.15]   |
| 4 Failure to complete - Inefficacy   | 38             |                     | Peto Odds Ratio (Peto, Fixed, 95% CI) | Subtotals only      |
| 4.1 Fluoxetine vs<br>ABT-200         | 1              | 144                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.29 [0.05, 1.72]   |
| 4.2 Fluoxetine vs<br>Amineptine      | 1              | 63                  | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.04 [0.20, 5.49]   |
| 4.3 Fluoxetine vs<br>Amisulpride     | 1              | 281                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.16 [0.44, 3.09]   |
| 4.4 Fluoxetine vs<br>Bupropion       | 1              | 123                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 2.74 [0.38, 19.95]  |
| 4.5 Fluoxetine vs<br>Duloxetine      | 1              | 103                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 3.81 [0.56, 25.87]  |
| 4.6 Fluoxetine vs<br>Hypericum       | 2              | 401                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 6.88 [0.43, 111.26] |
| 4.7 Fluoxetine vs<br>Milnacipram     | 2              | 490                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.19 [0.69, 2.02]   |
| 4.8 Fluoxetine vs<br>Mirtazapine     | 2              | 265                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 2.28 [0.64, 8.10]   |
| 4.9 Fluoxetine vs<br>Moclobemide     | 6              | 679                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.69 [0.35, 1.37]   |
| 4.10 Fluoxetine vs<br>Nefazodone     | 2              | 118                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.13 [0.01, 2.15]   |
| 4.11 Fluoxetine vs<br>Phenelzine     | 1              | 40                  | Peto Odds Ratio (Peto, Fixed, 95% CI) | Not estimable       |
| 4.12 Fluoxetine vs<br>Pramipexole    | 1              | 105                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.54 [0.08, 3.57]   |
| 4.13 Fluoxetine vs<br>Reboxetine     | 2              | 421                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.96 [0.49, 1.87]   |
| 4.14 Fluoxetine vs<br>Tianeptine     | 3              | 830                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.81 [0.41, 1.60]   |
| 4.15 Fluoxetine vs<br>Trazodone      | 2              | 70                  | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.23 [0.04, 1.19]   |
| 4.16 Fluoxetine vs<br>Venlafaxine    | 10             | 2036                | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.32 [0.87, 1.99]   |
| 5 Failure to complete - Side Effects | 42             |                     | Peto Odds Ratio (Peto, Fixed, 95% CI) | Subtotals only      |
| 5.1 Fluoxetine vs<br>ABT-200         | 1              | 144                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.14 [0.06, 0.31]   |
| 5.2 Fluoxetine vs<br>Amineptine      | 2              | 232                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.61 [0.22, 1.69]   |
| 5.3 Fluoxetine vs<br>Amisulpride     | 1              | 281                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.77 [0.33, 1.81]   |
|                                      |                |                     |                                       |                     |

| Outcome or subgroup title         | No. of studies | No. of participants | Statistical method                    | Effect size       |
|-----------------------------------|----------------|---------------------|---------------------------------------|-------------------|
| 5.4 Fluoxetine vs<br>Bupropion    | 1              | 123                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.64 [0.18, 2.31] |
| 5.5 Fluoxetine vs<br>Duloxetine   | 1              | 103                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.38 [0.08, 1.78] |
| 5.6 Fluoxetine vs<br>Hypericum    | 3              | 471                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.32 [0.52, 3.35] |
| 5.7 Fluoxetine vs<br>Milnacipram  | 2              | 490                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.46 [0.75, 2.84] |
| 5.8 Fluoxetine vs<br>Mirtazapine  | 2              | 265                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.82 [0.41, 1.65] |
| 5.9 Fluoxetine vs<br>Moclobemide  | 7              | 721                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.07 [0.64, 1.80] |
| 5.10 Fluoxetine vs<br>Nefazodone  | 3              | 243                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.73 [0.30, 1.76] |
| 5.11 Fluoxetine vs<br>Phenelzine  | 1              | 40                  | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.14 [0.00, 6.82] |
| 5.12 Fluoxetine vs<br>Pramipexole | 1              | 105                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.19 [0.07, 0.51] |
| 5.13 Fluoxetine vs<br>Reboxetine  | 1              | 168                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.57 [0.20, 1.63] |
| 5.14 Fluoxetine vs<br>Tianeptine  | 3              | 830                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.13 [0.71, 1.80] |
| 5.15 Fluoxetine vs<br>Trazodone   | 3              | 110                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.65 [0.21, 2.03] |
| 5.16 Fluoxetine vs<br>Venlafaxine | 10             | 2036                | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.76 [0.57, 1.03] |

#### Comparison 5

#### Sensitivity analysis - Fluoxetine vs TCAs

| Outcome or subgroup title             | No. of studies | No. of participants | Statistical method                           | Effect size        |
|---------------------------------------|----------------|---------------------|--|--------------------|
| 1 Failure to respond -<br>HDRS (-50%) | 17             | 1760                | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.98 [0.81, 1.18]  |
| 1.1 Fluoxetine vs<br>Amitriptyline    | 7              | 554                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.07 [0.75, 1.52]  |
| 1.2 Fluoxetine vs<br>Clomipramine     | 0              | 0                   | Peto Odds Ratio (Peto, Fixed, 95% CI)        | Not estimable      |
| 1.3 Fluoxetine vs<br>Desipramine      | 1              | 58                  | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.11 [0.38, 3.25]  |
| 1.4 Fluoxetine vs<br>Dothiepine       | 2              | 144                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 2.09 [1.08, 4.05]  |
| 1.5 Fluoxetine vs<br>Doxepine         | 1              | 40                  | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.0 [0.29, 3.49]   |
| 1.6 Fluoxetine vs<br>Imipramine       | 5              | 781                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.79 [0.59, 1.05]  |
| 1.7 Fluoxetine vs<br>Lofepramine      | 1              | 183                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.99 [0.55, 1.77]  |
| 2 End-point score on HDRS             | 35             | 2748                | Std. Mean Difference (IV,<br>Random, 95% CI) | 0.06 [-0.08, 0.21] |

| Outcome or subgroup title  | No. of studies | No. of participants | Statistical method  | Effect size   |
|--|----------------|---------------------|---|---|
| 2.1 Fluoxetine vs<br>Amiptriptyline  | 12             | 717                 | Std. Mean Difference (IV,<br>Random, 95% CI)  | 0.08 [-0.06, 0.23]                                    |
| 2.2 Fluoxetine vs<br>Clomipramine  | 3              | 248                 | Std. Mean Difference (IV,<br>Random, 95% CI)  | -0.15 [-0.40, 0.10]                                   |
| 2.3 Fluoxetine vs<br>Desipramine   | 3              | 121                 | Std. Mean Difference (IV,<br>Random, 95% CI)  | 1.25 [-1.28, 3.78]                                    |
| 2.4 Fluoxetine vs<br>Dothiepine  | 4              | 266                 | Std. Mean Difference (IV,<br>Random, 95% CI)  | 0.16 [-0.27, 0.59]                                    |
| 2.5 Fluoxetine vs<br>Imipramine  | 10             | 1040                | Std. Mean Difference (IV,<br>Random, 95% CI)  | -0.03 [-0.23, 0.16]                                   |
| 2.6 Fluoxetine vs<br>Lofepramine   | 1              | 183                 | Std. Mean Difference (IV,<br>Random, 95% CI)  | 0.13 [-0.16, 0.42]                                    |
| 2.7 Fluoxetine vs<br>Nomifensine   | 0              | 0                   | Std. Mean Difference (IV,<br>Random, 95% CI)  | Not estimable   |
| 2.8 Fluoxetine vs<br>Nortriptyline   | 1              | 154                 | Std. Mean Difference (IV,<br>Random, 95% CI)  | -0.12 [-0.44, 0.20]                                   |
| 2.9 Fluoxetine vs<br>Trimipramine  | 1              | 19                  | Std. Mean Difference (IV,<br>Random, 95% CI)  | 0.47 [-0.44, 1.39]                                    |
| 3 Failure to complete - Total  | 36             | 3494                | Peto Odds Ratio (Peto, Fixed, 95% CI)   | 0.78 [0.67, 0.91]                                     |
| 3.1 Fluoxetine vs<br>Amitriptyline   | 11             | 764                 | Peto Odds Ratio (Peto, Fixed, 95% CI)   | 0.63 [0.45, 0.89]                                     |
| 3.2 Fluoxetine vs<br>Clomipramine  | 2              | 263                 | Peto Odds Ratio (Peto, Fixed, 95% CI)   | 0.66 [0.38, 1.14]                                     |
| 3.3 Fluoxetine vs<br>Desipramine   | 2              | 104                 | Peto Odds Ratio (Peto, Fixed, 95% CI)   | 0.45 [0.17, 1.19]                                     |
| 3.4 Fluoxetine vs<br>Dothiepine  | 5              | 478                 | Peto Odds Ratio (Peto, Fixed, 95% CI)   | 1.44 [0.98, 2.12]                                     |
| 3.5 Fluoxetine vs<br>Doxepine  | 3              | 272                 | Peto Odds Ratio (Peto, Fixed, 95% CI)   | 0.76 [0.45, 1.28]                                     |
| 3.6 Fluoxetine vs<br>Imipramine  | 10             | 1187                | Peto Odds Ratio (Peto, Fixed, 95% CI)   | 0.81 [0.64, 1.02]                                     |
| 3.7 Fluoxetine vs<br>Lofepramine   | 1              | 183                 | Peto Odds Ratio (Peto, Fixed, 95% CI)   | 0.51 [0.25, 1.03]                                     |
| 3.8 Fluoxetine vs<br>Nomifensine   | 0              | 0                   | Peto Odds Ratio (Peto, Fixed, 95% CI)   | Not estimable   |
| 3.9 Fluoxetine vs<br>Nortriptyline   | 2              | 243                 | Peto Odds Ratio (Peto, Fixed, 95% CI)   | 0.58 [0.32, 1.08]                                     |
| 4 Failure to complete - Inefficacy   | 27             | 2526                | Peto Odds Ratio (Peto, Fixed, 95% CI)   | 1.37 [1.03, 1.83]                                     |
| 4.1 Fluoxetine vs<br>Amitriptyline   | 10             | 714                 | Peto Odds Ratio (Peto, Fixed, 95% CI)   | 1.15 [0.54, 2.46]                                     |
| 4.2 Fluoxetine vs<br>Clomipramine  | 1              | 120                 | Peto Odds Ratio (Peto, Fixed, 95% CI)   | 7.65 [0.78, 74.93]                                    |
| 4.3 Fluoxetine vs<br>Desipramine   | 2              | 104                 | Peto Odds Ratio (Peto, Fixed, 95% CI)   | 1.02 [0.19, 5.30]                                     |
| 4.4 Fluoxetine vs<br>Dothiepine  | 3              | 271                 | Peto Odds Ratio (Peto, Fixed, 95% CI)   | 1.35 [0.52, 3.49]                                     |
| 4.5 Fluoxetine vs<br>Doxepine  | 2              | 232                 | Peto Odds Ratio (Peto, Fixed, 95% CI)   | 1.70 [0.62, 4.67]                                     |
| 4.6 Fluoxetine vs<br>Imipramine  | 9              | 1085                | Peto Odds Ratio (Peto, Fixed, 95% CI)   | 1.35 [0.94, 1.94]                                     |
| Clomipramine 4.3 Fluoxetine vs Desipramine 4.4 Fluoxetine vs Dothiepine 4.5 Fluoxetine vs Doxepine 4.6 Fluoxetine vs | 2<br>3<br>2    | 104<br>271<br>232   | 95% CI)  Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.02 [0.19, 5.3<br>1.35 [0.52, 3.4<br>1.70 [0.62, 4.6 |

| Outcome or subgroup title               | No. of studies | No. of participants | Statistical method                    | Effect size       |
|---|----------------|---------------------|---------------------------------------|-------------------|
| 4.7 Fluoxetine vs<br>Nortriptyline      | 0              | 0                   | Peto Odds Ratio (Peto, Fixed, 95% CI) | Not estimable     |
| 5 Failure to complete -<br>Side Effects | 32             | 3109                | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.52 [0.43, 0.64] |
| 5.1 Fluoxetine vs<br>Amitriptyline      | 11             | 764                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.32 [0.20, 0.52] |
| 5.2 Fluoxetine vs<br>Clomipramine       | 2              | 263                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.34 [0.15, 0.78] |
| 5.3 Fluoxetine vs<br>Desipramine        | 2              | 104                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.25 [0.07, 0.92] |
| 5.4 Fluoxetine vs<br>Dothiepine         | 5              | 478                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.58 [0.90, 2.78] |
| 5.5 Fluoxetine vs<br>Doxepine           | 2              | 232                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.73 [0.42, 1.27] |
| 5.6 Fluoxetine vs<br>Imipramine         | 9              | 1085                | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.48 [0.36, 0.64] |
| 5.7 Fluoxetine vs<br>Lofepramine        | 1              | 183                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.24 [0.05, 1.07] |
| 5.8 Fluoxetine vs<br>Nortriptyline      | 0              | 0                   | Peto Odds Ratio (Peto, Fixed, 95% CI) | Not estimable     |

Comparison 6

Sensitivity analysis - Fluoxetine vs Heterocyclics

| Outcome or subgroup title             | No. of studies | No. of participants | Statistical method                           | Effect size        |
|---------------------------------------|----------------|---------------------|--|--------------------|
| 1 Failure to respond -<br>HDRS (-50%) | 3              |                     | Peto Odds Ratio (Peto, Fixed, 95% CI)        | Subtotals only     |
| 1.1 Fluoxetine vs<br>Maprotiline      | 2              | 163                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.92 [0.92, 3.98]  |
| 1.2 Fluoxetine vs<br>Mianserin        | 1              | 53                  | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.81 [0.27, 2.36]  |
| 2 End-point score on HDRS             | 6              |                     | Std. Mean Difference (IV,<br>Random, 95% CI) | Subtotals only     |
| 2.6 Fluoxetine vs<br>Maprotiline      | 3              | 252                 | Std. Mean Difference (IV,<br>Random, 95% CI) | 0.05 [-0.20, 0.30] |
| 2.7 Fluoxetine vs<br>Mianserin        | 3              | 128                 | Std. Mean Difference (IV,<br>Random, 95% CI) | 0.43 [-0.38, 1.23] |
| 3 Failure to complete - Total         | 4              |                     | Peto Odds Ratio (Peto, Fixed, 95% CI)        | Subtotals only     |
| 3.1 Fluoxetine vs<br>Maprotiline      | 2              | 163                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 2.05 [0.81, 5.21]  |
| 3.2 Fluoxetine vs<br>Mianserin        | 2              | 93                  | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.67 [0.27, 1.70]  |
| 4 Failure to complete - Inefficacy    | 3              |                     | Peto Odds Ratio (Peto, Fixed, 95% CI)        | Subtotals only     |
| 4.1 Fluoxetine vs<br>Maprotiline      | 2              | 163                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 3.01 [0.73, 12.41] |
| 4.2 Fluoxetine vs<br>Mianserin        | 1              | 53                  | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 2.18 [0.40, 11.74] |

| Outcome or subgroup title            | No. of studies | No. of participants | Statistical method                    | Effect size       |
|--------------------------------------|----------------|---------------------|---------------------------------------|-------------------|
| 5 Failure to complete - Side Effects | 3              |                     | Peto Odds Ratio (Peto, Fixed, 95% CI) | Subtotals only    |
| 5.1 Fluoxetine vs<br>Maprotiline     | 2              | 163                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.69 [0.12, 4.06] |
| 5.2 Fluoxetine vs<br>Mianserin       | 1              | 53                  | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.04 [0.24, 4.64] |

#### Comparison 7

Sensitivity analysis - Fluoxetine vs other SSRIs

| Outcome or subgroup title             | No. of studies | No. of participants | Statistical method                           | Effect size         |
|---------------------------------------|----------------|---------------------|--|---------------------|
| 1 Failure to respond -<br>HDRS (-50%) | 13             |                     | Peto Odds Ratio (Peto, Fixed, 95% CI)        | Subtotals only      |
| 1.1 Fluoxetine vs<br>Fluvoxamine      | 1              | 177                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.95 [0.52, 1.74]   |
| 1.2 Fluoxetine vs<br>Paroxetine       | 8              | 960                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.25 [0.96, 1.63]   |
| 1.3 Fluoxetine vs<br>Sertraline       | 6              | 1028                | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.34 [1.04, 1.73]   |
| 2 End-point score on HDRS             | 15             |                     | Std. Mean Difference (IV,<br>Random, 95% CI) | Subtotals only      |
| 2.1 Fluoxetine vs<br>Citalopram       | 2              | 610                 | Std. Mean Difference (IV,<br>Random, 95% CI) | 0.05 [-0.10, 0.21]  |
| 2.2 Fluoxetine vs<br>Paroxetine       | 8              | 920                 | Std. Mean Difference (IV,<br>Random, 95% CI) | -0.04 [-0.45, 0.37] |
| 2.3 Fluoxetine vs<br>Sertraline       | 7              | 1070                | Std. Mean Difference (IV,<br>Random, 95% CI) | 0.08 [-0.04, 0.20]  |
| 3 Failure to complete - Total         | 17             |                     | Peto Odds Ratio (Peto, Fixed, 95% CI)        | Subtotals only      |
| 3.1 Fluoxetine vs<br>Citalopram       | 2              | 673                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.87 [0.59, 1.27]   |
| 3.2 Fluoxetine vs<br>Fluvoxamine      | 2              | 284                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.71 [0.37, 1.36]   |
| 3.3 Fluoxetine vs<br>Paroxetine       | 7              | 854                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.98 [0.72, 1.34]   |
| 3.4 Fluoxetine vs<br>Sertraline       | 8              | 1189                | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.20 [0.92, 1.56]   |
| 4 Failure to complete - Inefficacy    | 7              |                     | Peto Odds Ratio (Peto, Fixed, 95% CI)        | Subtotals only      |
| 4.1 Fluoxetine vs<br>Citalopram       | 2              | 673                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.90 [0.49, 1.65]   |
| 4.2 Fluoxetine vs<br>Paroxetine       | 2              | 253                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.85 [0.25, 2.84]   |
| 4.3 Fluoxetine vs<br>Sertraline       | 5              | 896                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.13 [0.62, 2.05]   |
| 5 Failure to complete - Side Effects  | 16             |                     | Peto Odds Ratio (Peto, Fixed, 95% CI)        | Subtotals only      |
| 5.1 Fluoxetine vs<br>Citalopram       | 2              | 673                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.57 [0.30, 1.09]   |

| Outcome or subgroup title        | No. of studies | No. of participants | Statistical method                    | Effect size       |
|----------------------------------|----------------|---------------------|---------------------------------------|-------------------|
| 5.2 Fluoxetine vs<br>Fluvoxamine | 1              | 100                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.04 [0.14, 7.63] |
| 5.3 Fluoxetine vs<br>Paroxetine  | 7              | 757                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.83 [0.52, 1.34] |
| 5.4 Fluoxetine vs<br>Sertraline  | 8              | 1189                | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.19 [0.85, 1.66  |

#### Comparison 8

Sensitivity analysis - Fluoxetine vs newer ADs

| Outcome or subgroup title             | No. of studies | No. of participants | Statistical method                           | Effect size          |
|---------------------------------------|----------------|---------------------|--|----------------------|
| 1 Failure to respond -<br>HDRS (-50%) | 32             |                     | Peto Odds Ratio (Peto, Fixed, 95% CI)        | Subtotals only       |
| 1.1 Fluoxetine vs<br>Amineptine       | 1              | 63                  | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.38 [0.14, 1.04]    |
| 1.2 Fluoxetine vs<br>Bupropion        | 1              | 123                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.19 [0.58, 2.43]    |
| 1.3 Fluoxetine vs<br>Duloxetine       | 1              | 103                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.41 [0.61, 3.24]    |
| 1.4 Fluoxetine vs<br>Hypericum        | 3              | 469                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.34 [0.93, 1.94]    |
| 1.5 Fluoxetine vs<br>Milnacipram      | 1              | 300                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.15 [0.71, 1.86]    |
| 1.6 Fluoxetine vs<br>Mirtazapine      | 2              | 265                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.64 [1.01, 2.65]    |
| 1.7 Fluoxetine vs<br>Moclobemide      | 6              | 651                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.30 [0.95, 1.78]    |
| 1.8 Fluoxetine vs<br>Phenelzine       | 1              | 40                  | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.40 [0.28, 7.02]    |
| 1.9 Fluoxetine vs<br>Pramipexole      | 1              | 105                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.55 [0.24, 1.26]    |
| 1.10 Fluoxetine vs<br>Reboxetine      | 2              | 421                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.93 [0.63, 1.37]    |
| 1.11 Fluoxetine vs<br>Tianeptine      | 1              | 387                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.12 [0.75, 1.66]    |
| 1.12 Fluoxetine vs<br>Trazodone       | 3              | 110                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.55 [0.26, 1.16]    |
| 1.13 Fluoxetine vs<br>Venlafaxine     | 9              | 1891                | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.40 [1.15, 1.70]    |
| 2 End-point score on HDRS             | 32             |                     | Std. Mean Difference (IV,<br>Random, 95% CI) | Subtotals only       |
| 2.1 Fluoxetine vs<br>ABT-200          | 1              | 141                 | Std. Mean Difference (IV,<br>Random, 95% CI) | -1.85 [-2.25, -1.45] |
| 2.2 Fluoxetine vs<br>Amisulpride      | 1              | 268                 | Std. Mean Difference (IV,<br>Random, 95% CI) | 0.17 [-0.07, 0.41]   |
| 2.3 Fluoxetine vs<br>Hypericum        | 3              | 448                 | Std. Mean Difference (IV,<br>Random, 95% CI) | 0.11 [-0.08, 0.29]   |
| 2.4 Fluoxetine vs<br>Milnacipram      | 1              | 149                 | Std. Mean Difference (IV,<br>Random, 95% CI) | -0.38 [-0.71, -0.06] |

| Outcome or subgroup title          | No. of studies | No. of participants | Statistical method                           | Effect size         |
|------------------------------------|----------------|---------------------|--|---------------------|
| 2.5 Fluoxetine vs<br>Moclobemide   | 5              | 487                 | Std. Mean Difference (IV,<br>Random, 95% CI) | 0.16 [-0.02, 0.33]  |
| 2.6 Fluoxetine vs<br>Nefazodone    | 3              | 238                 | Std. Mean Difference (IV,<br>Random, 95% CI) | -0.06 [-0.32, 0.19] |
| 2.7 Fluoxetine vs<br>Phenelzine    | 1              | 40                  | Std. Mean Difference (IV,<br>Random, 95% CI) | -0.05 [-0.67, 0.57] |
| 2.8 Fluoxetine vs<br>Reboxetine    | 1              | 168                 | Std. Mean Difference (IV,<br>Random, 95% CI) | 0.15 [-0.16, 0.45]  |
| 2.9 Fluoxetine vs<br>Tianeptine    | 3              | 730                 | Std. Mean Difference (IV,<br>Random, 95% CI) | -0.15 [-0.40, 0.10] |
| 2.10 Fluoxetine vs<br>Trazodone    | 3              | 90                  | Std. Mean Difference (IV,<br>Random, 95% CI) | -0.06 [-0.65, 0.53] |
| 2.11 Fluoxetine vs<br>Venlafaxine  | 10             | 1831                | Std. Mean Difference (IV,<br>Random, 95% CI) | 0.11 [0.00, 0.23]   |
| 3 Failure to complete - Total      | 41             |                     | Peto Odds Ratio (Peto, Fixed, 95% CI)        | Subtotals only      |
| 3.1 Fluoxetine vs<br>ABT-200       | 1              | 144                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.21 [0.10, 0.41]   |
| 3.2 Fluoxetine vs<br>Amineptine    | 2              | 232                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.71 [0.37, 1.38]   |
| 3.3 Fluoxetine vs<br>Amisulpride   | 1              | 281                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.39 [0.81, 2.37]   |
| 3.4 Fluoxetine vs<br>Bupropion     | 1              | 123                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.15 [0.52, 2.52]   |
| 3.5 Fluoxetine vs<br>Duloxetine    | 1              | 103                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.09 [0.46, 2.60]   |
| 3.6 Fluoxetine vs<br>Hypericum     | 3              | 471                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.40 [0.68, 2.89]   |
| 3.7 Fluoxetine vs<br>Milnacipram   | 2              | 490                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.93 [0.63, 1.38]   |
| 3.8 Fluoxetine vs<br>Mirtazapine   | 2              | 265                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.86 [0.52, 1.44]   |
| 3.9 Fluoxetine vs<br>Moclobemide   | 6              | 651                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 1.02 [0.69, 1.50]   |
| 3.10 Fluoxetine vs<br>Nefazodone   | 2              | 118                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.39 [0.14, 1.06]   |
| 3.11 Fluoxetine vs<br>Phenelzine   | 1              | 40                  | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.13 [0.01, 2.13]   |
| 3.12 Fluoxetine vs<br>Pramipexole  | 1              | 105                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.20 [0.08, 0.47]   |
| 3.13 Fluoxetine vs<br>Reboxetine   | 2              | 421                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.61 [0.40, 0.94]   |
| 3.14 Fluoxetine vs<br>Tianeptine   | 3              | 830                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.96 [0.69, 1.33]   |
| 3.15 Fluoxetine vs<br>Trazodone    | 3              | 110                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.46 [0.21, 1.03]   |
| 3.16 Fluoxetine vs<br>Venlafaxine  | 10             | 2036                | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.94 [0.76, 1.15]   |
| 4 Failure to complete - Inefficacy | 37             |                     | Peto Odds Ratio (Peto, Fixed, 95% CI)        | Subtotals only      |
| 4.1 Fluoxetine vs<br>ABT-200       | 1              | 144                 | Peto Odds Ratio (Peto, Fixed, 95% CI)        | 0.29 [0.05, 1.72]   |
|                                    |                |                     |  |                     |

| Outcome or subgroup title            | No. of studies | No. of participants | Statistical method                    | Effect size         |
|--------------------------------------|----------------|---------------------|---------------------------------------|---------------------|
| 4.2 Fluoxetine vs<br>Amineptine      | 1              | 63                  | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.04 [0.20, 5.49]   |
| 4.3 Fluoxetine vs<br>Amisulpride     | 1              | 281                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.16 [0.44, 3.09]   |
| 4.4 Fluoxetine vs<br>Bupropion       | 1              | 123                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 2.74 [0.38, 19.95]  |
| 4.5 Fluoxetine vs<br>Duloxetine      | 1              | 103                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 3.81 [0.56, 25.87]  |
| 4.6 Fluoxetine vs<br>Hypericum       | 2              | 401                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 6.88 [0.43, 111.26] |
| 4.7 Fluoxetine vs<br>Milnacipram     | 2              | 490                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.19 [0.69, 2.02]   |
| 4.8 Fluoxetine vs<br>Mirtazapine     | 2              | 265                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 2.28 [0.64, 8.10]   |
| 4.9 Fluoxetine vs<br>Moclobemide     | 5              | 609                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.64 [0.30, 1.34]   |
| 4.10 Fluoxetine vs<br>Nefazodone     | 2              | 118                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.13 [0.01, 2.15]   |
| 4.11 Fluoxetine vs<br>Phenelzine     | 1              | 40                  | Peto Odds Ratio (Peto, Fixed, 95% CI) | Not estimable       |
| 4.12 Fluoxetine vs<br>Pramipexole    | 1              | 105                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.54 [0.08, 3.57]   |
| 4.13 Fluoxetine vs<br>Reboxetine     | 2              | 421                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.96 [0.49, 1.87]   |
| 4.14 Fluoxetine vs<br>Tianeptine     | 3              | 830                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.81 [0.41, 1.60]   |
| 4.15 Fluoxetine vs<br>Trazodone      | 2              | 70                  | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.23 [0.04, 1.19]   |
| 4.16 Fluoxetine vs<br>Venlafaxine    | 10             | 2036                | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.32 [0.87, 1.99]   |
| 5 Failure to complete - Side Effects | 41             |                     | Peto Odds Ratio (Peto, Fixed, 95% CI) | Subtotals only      |
| 5.1 Fluoxetine vs<br>ABT-200         | 1              | 144                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.14 [0.06, 0.31]   |
| 5.2 Fluoxetine vs<br>Amineptine      | 2              | 232                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.61 [0.22, 1.69]   |
| 5.3 Fluoxetine vs<br>Amisulpride     | 1              | 281                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.77 [0.33, 1.81]   |
| 5.4 Fluoxetine vs<br>Bupropion       | 1              | 123                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.64 [0.18, 2.31]   |
| 5.5 Fluoxetine vs<br>Duloxetine      | 1              | 103                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.38 [0.08, 1.78]   |
| 5.6 Fluoxetine vs<br>Hypericum       | 3              | 471                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.32 [0.52, 3.35]   |
| 5.7 Fluoxetine vs<br>Milnacipram     | 2              | 490                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.46 [0.75, 2.84]   |
| 5.8 Fluoxetine vs<br>Mirtazapine     | 2              | 265                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.82 [0.41, 1.65]   |
| 5.9 Fluoxetine vs<br>Moclobemide     | 6              | 651                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.07 [0.64, 1.80]   |
| 5.10 Fluoxetine vs<br>Nefazodone     | 3              | 243                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.73 [0.30, 1.76]   |
|                                      |                |                     |                                       |                     |

| Outcome or subgroup title         | No. of studies | No. of participants | Statistical method                    | Effect size       |
|-----------------------------------|----------------|---------------------|---------------------------------------|-------------------|
| 5.11 Fluoxetine vs<br>Phenelzine  | 1              | 40                  | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.14 [0.00, 6.82] |
| 5.12 Fluoxetine vs<br>Pramipexole | 1              | 105                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.19 [0.07, 0.51] |
| 5.13 Fluoxetine vs<br>Reboxetine  | 1              | 168                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.57 [0.20, 1.63] |
| 5.14 Fluoxetine vs<br>Tianeptine  | 3              | 830                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 1.13 [0.71, 1.80] |
| 5.15 Fluoxetine vs<br>Trazodone   | 3              | 110                 | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.65 [0.21, 2.03] |
| 5.16 Fluoxetine vs<br>Venlafaxine | 10             | 2036                | Peto Odds Ratio (Peto, Fixed, 95% CI) | 0.76 [0.57, 1.03] |

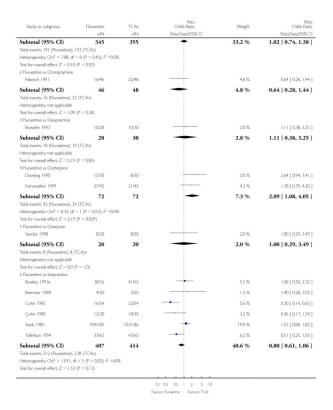
## Analysis 1.1. Comparison 1 Fluoxetine vs TCAs, Outcome 1 Failure to respond - HDRS (-50%).

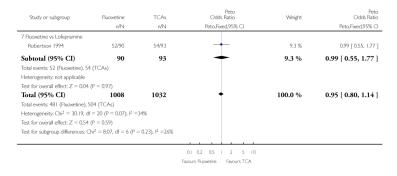
Review: Fluoxetine versus other types of pharmacotherapy for depression

Comparison: 1 Fluoxetine vs TCAs

Outcome: 1 Failure to respond - HDRS (-50%)

| tic | Pet<br>Odds Rati<br>Peto,Fixed,95% ( | Weight | Peto<br>Odds Ratio<br>Peto,Fixed,95% CI | TCAs<br>n/N | Fluoxetine<br>n/N | Study or subgroup             |
|-----|--------------------------------------|--------|---|-------------|-------------------|-------------------------------|
|     |                                      |        |   |             |                   | I Fluoxetine vs Amitriptyline |
| 4   | 1.20 [ 0.46, 3.14                    | 3.4 %  |   | 15/33       | 16/32             | De Ronchi 1998                |
| 9]  | 0.82 [ 0.31, 2.19                    | 3.3 %  |   | 13/31       | 13/35             | Demyttenaere 1998             |
| 2]  | 0.67 [ 0.19, 2.32                    | 2.0 %  |   | 13/20       | 11/20             | Fawcett 1989                  |
| 9 : | 0.27 [ 0.08, 0.89                    | 2.2 %  | •                                       | 17/22       | 10/22             | Feighner 1985b                |
| 2   | 1.75 [ 0.49, 6.22                    | 2.0 %  |   | 6/22        | 8/20              | Keegan 1991                   |
| 4   | 1.43 [ 0.72, 2.84                    | 6.8 %  | -                                       | 24/75       | 27/67             | Marchesi 1998                 |
| 3 ] | 0.80 [ 0.22, 2.93                    | 1.9 %  |   | 15/21       | 14/21             | OntiverosSanchez1998          |
| 6]  | 1.39 [ 0.63, 3.06                    | 5.1 %  | -                                       | 18/51       | 22/51             | Peters 1990                   |
| 7   | 0.93 [ 0.46, 1.87                    | 6.4 %  | +                                       | 22/80       | 20/77             | Versiani 1999                 |





#### Analysis 1.2. Comparison 1 Fluoxetine vs TCAs, Outcome 2 End-point score on HDRS

Review: Fluoxetine versus other types of pharmacotherapy for depression

Comparison: 1 Fluoxetine vs TCAs

Outcome: 2 End-point score on HDRS

| M<br>Differe        | Weight | Mean<br>Difference |             | TCAs         |                   | Fluoxetine          | Study or subgroup                         |
|---------------------|--------|--------------------|-------------|--------------|-------------------|---------------------|---|
| IV,Random,95%       |        | IV,Random,95% CI   | Mean(SD)    | N            | Mean(SD)          | N                   |   |
|                     |        |                    | 10.40       |              | 12.60             |                     | I Fluoxetine vs Amiptriptyline            |
| 1.83 [ 0.80, 2.8    | 1.1 %  |                    | 10 (1)      | Ш            | 13 (2)            | 11                  | Altamura 1989                             |
| 0.83 [ 0.21, 1.4    | 2.0 %  | -                  | 10.6 (5.45) | 24           | 15.5 (6.21)       | 20                  | Chouinard 1985                            |
| 0.03 [ -0.46, 0.5   | 2.4 %  | †                  | 13.94 (9.4) | 33           | 14.22 (8.31)      | 32                  | De Ronchi 1998                            |
| 0.48 [ -0.01, 0.9   | 2.4 %  | +                  | 7.2 (4.5)   | 31           | 9.9 (6.3)         | 35                  | Demyttenaere 1998                         |
| -0.24 [ -0.88, 0.3  | 1.9 %  | +                  | 14.6 (7.9)  | 19           | 12.8 (6.5)        | 19                  | Fawcett 1989                              |
| -0.67 [ -1.28, -0.0 | 2.0 %  |                    | 19 (5.45)   | 22           | 15 (6.21)         | 22                  | Feighner 1985b                            |
| -0.32 [ -0.90, 0.2  | 2.1 %  | +                  | 11.6 (6)    | 23           | 9.6 (6.2)         | 23                  | Judd 1993                                 |
| 0.18 [ -0.47, 0.8   | 1.9 %  | +                  | 7 (3)       | 18           | 7.5 (2.5)         | 19                  | Keegan 1991                               |
| -0.24 [ -1.14, 0.6  | 1.3 %  | +                  | 9.8 (4.6)   | 10           | 8.44 (6.2)        | 9                   | Kerkhofs 1990                             |
| 0.22 [ -0.34, 0.7   | 2.2 %  | +                  | 7 (5.2)     | 28           | 8.5 (8)           | 22                  | Laakman 1988                              |
| 0.12 [ -0.21, 0.4   | 2.9 %  | +                  | 8.15 (6.9)  | 75           | 8.96 (6.6)        | 67                  | Marchesi 1998                             |
| 0.34 [ -0.27, 0.9   | 2.0 %  | +-                 | 5.8 (5.45)  | 21           | 7.8 (6.21)        | 21                  | OntiverosSanchez1998                      |
| 0.13 [ -0.31, 0.5   | 2.6 %  | +                  | 10 (6)      | 41           | 11 (9)            | 40                  | Peters 1990                               |
| -0.27 [ -0.78, 0.2  | 2.3 %  | +                  | 15.6 (6.1)  | 31           | 13.7 (7.8)        | 29                  | Preskom 1991                              |
| 0.08 [ -0.64, 0.7   | 1.7 %  | +                  | 7 (2.6)     | 15           | 7.2 (2.5)         | 15                  | Suleman 1997                              |
| 0.22 [ -0.10, 0.5   | 3.0 %  | +                  | 8.7 (7.7)   | 79           | 10.5 (8.9)        | 77                  | Versiani 1999                             |
| -0.19 [ -1.17, 0.7  | 1.2 %  | +                  | 11 (10)     | 8            | 9 (10)            | 8                   | Yu 1997                                   |
| 0.12 [ -0.07, 0.3]  | 35.1 % | •                  |             | 489          |                   | 469                 | Subtotal (95% CI)                         |
|                     |        |                    |             | $I^2 = 50\%$ | f = 16 (P = 0.01) | $Chi^2 = 32.06$ , d | Heterogeneity: Tau <sup>2</sup> = 0.08; ( |
|                     |        |                    |             |              |                   |                     | Test for overall effect: $Z = 1.1$        |
|                     |        |                    |             |              |                   |                     | 2 Fluoxetine vs Clomipramine              |
| -0.01 [ -0.54, 0.5  | 2.3 %  | T                  | 10.5 (12)   | 26           | 10.4 (7.2)        | 28                  | Ginestet 1989                             |
| -0.32 [ -1.05, 0.4  | 1.7 %  | †                  | 10 (4.5)    | 15           | 8.5 (4.5)         | 15                  | Manna 1989                                |
| -0.09 [ -0.51, 0.3  | 2.7 %  | †                  | 6.66 (4.93) | 44           | 6.21 (4.57)       | 47                  | Noguera 1991                              |
| 0.10 [ -0.31, 0.5   | 2.7 %  | †                  | 7.7 (6.68)  | 48           | 8.3 (5.19)        | 46                  | Pakesch 1991                              |

| Study or subgroup  | Fluoxetine  |   | TCAs   |   | Std.<br>Mean<br>Difference | Weight   | Sto<br>Mear<br>Difference   |
|--|---|---|--|---|----------------------------|--|---|
| study of subgroup  | N   | Mean(SD)  | N  | Mean(SD)  | N,Random,95% CI            | AACIBII  | IV.Random,95% (   |
| Ropert 1989  | 55  | 8.2 (4.5)   | 48   | 9.6 (5.3)   |                            | 2.7 %  | -0.28 [ -0.67, 0.10   |
| Subtotal (95% CI)  | 191   |   | 181  |   |                            | 12.0 %   | -0.10 [ -0.31, 0.10   |
| Heterogeneity: Tau <sup>2</sup> = 0.0; C   | $2hi^2 = 2.27$ , df =   | 4 (P = 0.69); I <sup>2</sup>  | =0.0%  |   |                            |  |   |
| Test for overall effect: $Z = 0$ .   |   |   |  |   |                            |  |   |
| 3 Fluoxetine vs Desipramine  |   | 12 (12)   | 20   | 12.41.0   |                            | 220  |   |
| Bowden 1993  | 28  | 13 (1.3)  | 30   | 13 (1.5)  | Ī                          | 2.3 %  | 0.0 [ -0.52, 0.52   |
| Levkovitz 2002   | 8   | 9.7 (1.3)   | 9  | 10.4 (1.5)  | #                          | 1.2 %  | -0.47 [ -1.44, 0.50   |
| Remick 1993  | 26  | 13 (1.3)  | 20   | 6.9 (1.5)   | -                          | 1.0 %  | 4.31 [ 3.22, 5.40   |
| Subtotal (95% CI)  | 62  |   | 59   |   | -                          | 4.5 %  | 1.25 [ -1.28, 3.78  |
| Heterogeneity: $Tau^2 = 4.79$ ;  |   | ff = 2 (P<0.0000  | I); I <sup>2</sup> =969                                  | 5   |                            |  |   |
| Test for overall effect: Z = 0.  | .97 (P = 0.33)  |   |  |   |                            |  |   |
| 4 Fluoxetine vs Dothiepine<br>Come 1989  | 34  | 11.7 (6.9)  | 44   | 9.7 (5.8)   |                            | 2.5 %  | 0.31 [ -0.14, 0.76  |
| Dowling 1990   | 30  | 13.5 (7.26)   | 30   | 8.9 (5.7)   | -                          | 2.3 %  | 0.70 [ 0.17, 1.22   |
| SouthWalesGroup 1988   | 77  | 9.7 (7.8)   | 25   | 10 (5)  | _                          | 2.2 %  | -0.04 [ -0.59, 0.50   |
| Stephenson 2000  | 37  | 9.2 (7.1)   | 39   | 11.3 (6.3)  | 1                          | 2.5 %  | -0.31 [ -0.76, 0.14   |
|  | 37  | 7.L (7.1)   | 37   | 113 (03)  |                            | 20.70  | 10.01 [ -0.70, 0.11   |
| Heterogeneity: Tau <sup>2</sup> = 0.13;  |   | = 3 (P = 0.03); F   | 138<br>=67%  |   | •                          | 9.5 %  | 0.16 [ -0.27, 0.59  |
| Subtotal (95% CI)<br>Heterogeneity: $Tau^2 = 0.13$ ;<br>Test for overall effect: $Z = 0$ .   | $Chi^2 = 9.17$ , df   | = 3 (P = 0.03); F   |  |   |                            | 9.5 %  | 0.16 [ -0.27, 0.59  |
| Heterogeneity: $Tau^2 = 0.13$ ;<br>Test for overall effect: $Z = 0$ .<br>5 Fluoxetine vs Imipramine  | Chi <sup>2</sup> = 9.17, df<br>.72 (P = 0.47)   |   | 2 =67%   | 101.07  | İ                          |  |   |
| Heterogeneity: Tau <sup>2</sup> = 0.13;<br>Test for overall effect: Z = 0.<br>5 Fluoxetine vs Imipramine<br>Beasley 1993a  | Chi <sup>2</sup> = 9.17, df<br>.72 (P = 0.47)   | 10.5 (7.61)   | <sup>2</sup> =67%  | 10.5 (8.7)  | -                          | 2.1 %  | 0.0 [ -0.59, 0.59   |
| Heterogeneity: $Tau^2 = 0.13$ ;<br>Test for overall effect: $Z = 0$ .<br>5 Fluoxetine vs Imipramine  | Chi <sup>2</sup> = 9.17, df<br>.72 (P = 0.47)   |   | 2 =67%   | 10.5 (8.7)  | •<br>-<br>-                |  | 0.0 [ -0.59, 0.59   |
| Heterogeneity: Tau <sup>2</sup> = 0.13;<br>Test for overall effect: Z = 0.<br>5 Fluoxetine vs Imipramine<br>Beasley 1993a  | Chi <sup>2</sup> = 9.17, df<br>.72 (P = 0.47)   | 10.5 (7.61)   | <sup>2</sup> =67%  |   | -<br>-<br>-                | 2.1 %  | 0.0 [ -0.59, 0.59<br>0.60 [ -0.14, 1.35   |
| Heterogeneity: Tau <sup>2</sup> = 0.13;<br>Test for overall effect: Z = 0<br>5 Fluoxetine vs Imipramine<br>Beasley 1993a<br>Bressa 1989  | Chi <sup>2</sup> = 9.17, df<br>.72 (P = 0.47)<br>22<br>18   | 10.5 (7.61)<br>15.3 (7.61)  | 2 =67%<br>22<br>12                                       | 10.3 (8.7)  | -                          | 2.1 %  | 0.0 [ -0.59, 0.59<br>0.60 [ -0.14, 1.35<br>-0.11 [ -0.70, 0.49  |
| Heterogeneity: Tau <sup>2</sup> = 0.13;<br>Test for overall effect: Z = 0.<br>5 Fluoxetine vs Imipramine<br>Beasley 1993a<br>Bressa 1989<br>Byerley 1988   | Chi <sup>2</sup> = 9.17, df<br>.72 (P = 0.47)<br>22<br>18<br>20   | 10.5 (7.61)<br>15.3 (7.61)<br>12.8 (7.7)  | 22<br>12<br>24   | 10.3 (8.7)  | -                          | 2.1 %<br>1.6 %<br>2.1 %                                      | 0.0 [ -0.59, 0.59<br>0.60 [ -0.14, 1.35<br>-0.11 [ -0.70, 0.49<br>-0.68 [ -1.07, -0.29  |
| Heterogeneity: Tau <sup>2</sup> = 0.13;<br>Test for overall effect: Z = 0<br>5 Fluovetine vs Imipramine<br>Beasley 1993a<br>Bressa 1989<br>Byerley 1988<br>Cohn 1985   | Chi <sup>2</sup> = 9.17, df<br>.72 (P = 0.47)<br>22<br>18<br>20<br>54                                     | 10.5 (7.61)<br>15.3 (7.61)<br>12.8 (7.7)<br>11.49 (7.61)  | 22<br>12<br>24<br>54                                     | 10.3 (8.7)<br>13.7 (8.5)<br>17.1 (8.7)  | -<br>-<br>-<br>-<br>-      | 2.1 %<br>1.6 %<br>2.1 %<br>2.7 %                             | 0.0 [-0.59, 0.59<br>0.60 [-0.14, 1.35<br>-0.11 [-0.70, 0.49<br>-0.68 [-1.07, -0.29<br>-0.30 [-0.81, 0.21  |
| Heterogeneity, Tau <sup>1</sup> = 0.13;<br>Test for overall effect; Z = 0.5 Fluovetine vs Imipramine<br>Besaley 1993a<br>Bressa 1989<br>Byerley 1988<br>Cohn 1985<br>Cohn 1989   | Chi <sup>2</sup> = 9.17, df<br>772 (P = 0.47)<br>22<br>18<br>20<br>54                                     | 10.5 (7.61)<br>15.3 (7.61)<br>12.8 (7.7)<br>11.49 (7.61)<br>13.8 (7.61)   | 22<br>12<br>24<br>54<br>30                               | 10.3 (8.7)<br>13.7 (8.5)<br>17.1 (8.7)<br>16.3 (8.7)  |                            | 2.1 %<br>1.6 %<br>2.1 %<br>2.7 %<br>2.3 %                    | 0.0 [-0.59, 0.59<br>0.60 [-0.14, 1.35<br>-0.11 [-0.70, 0.49<br>-0.68 [-1.07, -0.29<br>-0.30 [-0.81, 0.21<br>0.17 [-0.23, 0.57   |
| Heterogeneity, Tau <sup>2</sup> = 0.13;<br>Test for overall effect. Z = 0.5 Fluozetine vs. Injuramine<br>Beasley 1993a<br>Bressa 1989<br>Byerley 1988<br>Cohn 1985<br>Cohn 1989<br>Feighner 1989   | Chi <sup>2</sup> = 9.17, df<br>72 (P = 0.47)<br>22<br>18<br>20<br>54<br>30<br>52                          | 10.5 (7.61)<br>15.3 (7.61)<br>12.8 (7.7)<br>11.49 (7.61)<br>13.8 (7.61)<br>17.69 (9.91)   | 22<br>12<br>24<br>54<br>30<br>45                         | 10.3 (8.7)<br>13.7 (8.5)<br>17.1 (8.7)<br>16.3 (8.7)<br>16.04 (9.21)  | -                          | 2.1 %<br>1.6 %<br>2.1 %<br>2.7 %<br>2.3 %<br>2.7 %           | 0.0 [-0.59, 0.59<br>0.60 [-0.14, 1.35<br>-0.11 [-0.70, 0.49<br>-0.68 [-1.07, -0.29<br>-0.30 [-0.81, 0.21<br>0.17 [-0.23, 0.57<br>0.41 [-0.16, 0.97  |
| Heterogeneity, Tau <sup>2</sup> = 0.13; Test for overall effect. Z = 0.5 Fluozetine is Niproamine Beasley 1993a Bressa 1989 Byerley 1988 Cohn 1985 Cohn 1989 Feighner 1989 Levine 1989   | Chi <sup>2</sup> = 9.17, df<br>.72 (P = 0.47)<br>22<br>18<br>20<br>54<br>30<br>52<br>22                   | 10.5 (7.61)<br>15.3 (7.61)<br>12.8 (7.7)<br>11.49 (7.61)<br>13.8 (7.61)<br>17.69 (9.91)<br>9.8 (7.61)   | 22<br>12<br>24<br>54<br>30<br>45                         | 10.3 (8.7)<br>13.7 (8.5)<br>17.1 (8.7)<br>16.3 (8.7)<br>16.04 (9.21)<br>6.4 (8.7)   |                            | 2.1 %<br>1.6 %<br>2.1 %<br>2.7 %<br>2.3 %<br>2.7 %<br>2.2 %  | 0.0 [ -0.59, 0.59<br>0.60 [ -0.14, 1.35<br>-0.11 [ -0.70, 0.49<br>-0.88 [ -1.07, -0.29<br>-0.30 [ -0.81, 0.21<br>0.17 [ -0.23, 0.57<br>0.41 [ -0.16, 0.97<br>-0.69 [ -1.43, 0.05  |
| Heterogeneity, Tau <sup>2</sup> = 0.13;<br>Test for overall effect: Z = 0.16<br>Fluozetine vs. Income of the control of the con | Chi <sup>2</sup> = 9.17, df<br>.72 (P = 0.47)<br>22<br>18<br>20<br>54<br>30<br>52<br>22                   | 10.5 (7.61)<br>15.3 (7.61)<br>12.8 (7.7)<br>11.49 (7.61)<br>13.8 (7.61)<br>17.69 (9.91)<br>9.8 (7.61)<br>7.44 (7.61)  | 22<br>12<br>24<br>54<br>30<br>45<br>28                   | 10.3 (8.7)<br>13.7 (8.5)<br>17.1 (8.7)<br>16.3 (8.7)<br>16.04 (9.21)<br>6.4 (8.7)<br>13.23 (8.7)  |                            | 2.1 %<br>1.6 %<br>2.1 %<br>2.7 %<br>2.3 %<br>2.7 %<br>2.2 %  | 00 [ .059, 0.59<br>0.60 [ .0.14, 1.35<br>-0.11 [ .0.70, 0.49<br>0.68 [ .1.07, -0.29<br>-0.30 [ .681, 0.21<br>0.17 [ .0.23, 0.57<br>0.41 [ .0.16, 0.97<br>-0.69 [ -1.43, 0.05<br>0.36 [ .0.0, 0.75   |
| Heterogeneity Tau* = 0.13;<br>Test for overall effect Z = 0.6<br>Housetine vs Impramine<br>Beauley 1993a.<br>Bressa 1989<br>Byerley 1988<br>Cohn 1989<br>Cohn 1989<br>Levine 1989<br>Levine 1989<br>Levine 1989  | Chi <sup>2</sup> = 9.17, df<br>7/2 (P = 0.47)<br>22<br>18<br>20<br>54<br>30<br>52<br>22<br>15             | 10.5 (7.61)<br>15.3 (7.61)<br>12.8 (7.7)<br>11.49 (7.61)<br>13.8 (7.61)<br>17.69 (9.91)<br>9.8 (7.61)<br>7.44 (7.61)<br>7.7 (5.6)                             | 22<br>12<br>24<br>54<br>30<br>45<br>28<br>15             | 10.3 (8.7)<br>13.7 (8.5)<br>17.1 (8.7)<br>16.3 (8.7)<br>16.04 (9.21)<br>6.4 (8.7)<br>13.23 (8.7)<br>5.8 (4.8)                             |                            | 21%<br>1.6%<br>21%<br>27%<br>23%<br>27%<br>22%<br>1.7%       | 0.16 { -0.27, 0.59<br>0.0 [ -0.59, 0.59<br>0.60 [ -0.14, 1.35<br>-0.11 [ -0.70, 0.49<br>-0.68 [ -1.07, -0.29<br>-0.30 [ -0.81, 0.21<br>0.17 [ -0.32, 0.57<br>0.41 [ -0.16, 0.97<br>-0.69 [ -1.43, 0.05<br>-0.36 [ -0.31, 0.75<br>-0.12 [ -0.72, 0.48<br>-0.31 [ -0.72, 0.48 |
| Heterogeneity Tau" = 0.13;<br>Test for overall effect. Z = 0.5 Fluoreties vs Impramine<br>Beasley 1933a<br>Bressa 1989<br>Byertey 1988<br>Cohn 1985<br>Cohn 1985<br>Cohn 1989<br>Levine 1989<br>Levine 1989<br>Levine 1989<br>McGrath 2000<br>Nielsen 1993   | Chi <sup>2</sup> = 9.17, df<br>772 (P = 0.47)<br>22<br>18<br>20<br>54<br>30<br>52<br>22<br>15<br>49<br>21 | 10.5 (7.61)<br>15.3 (7.61)<br>12.8 (7.7)<br>11.49 (7.61)<br>13.8 (7.61)<br>17.69 (9.91)<br>9.8 (7.61)<br>7.44 (7.61)<br>7.7 (5.6)                             | 22<br>12<br>24<br>54<br>30<br>45<br>28<br>15<br>53       | 10.3 (8.7)<br>13.7 (8.5)<br>17.1 (8.7)<br>16.3 (8.7)<br>16.04 (9.21)<br>6.4 (8.7)<br>13.23 (8.7)<br>5.8 (4.8)<br>8.2 (8.7)                |                            | 21 %<br>16 %<br>21 %<br>27 %<br>23 %<br>22 %<br>17 %<br>21 % | 00 (-059, 0.59) 0.60 (-0.14, 1.35) -0.61 (-1.07, 0.29) -0.68 (-1.07, 0.29) -0.30 (-0.81, 0.21) -0.17 (-0.23, 0.57) -0.49 (-1.43, 0.05) -0.31 (-0.15, 0.72) -0.49 (-1.43, 0.05) -0.12 (-0.72, 0.46) -0.03 (-0.17, 0.23)  |
| Heterogeneity Tau" = 0.13.<br>Test for overall effect. Z = 0.15.<br>Thousetine vi Impramine<br>Beauley 1973a<br>Bressa 1989<br>Beyrdey 1988<br>Cohn 1989<br>Cohn 1989<br>Levine 1989<br>Levine 1989<br>Levine 1989<br>McGrath 2000<br>Nieben 1993<br>Stark 1985  | Chi <sup>2</sup> = 9.17, df<br>772 (P = 0.47)<br>22<br>18<br>20<br>54<br>30<br>52<br>22<br>15<br>49<br>21 | 10.5 (7.61)<br>15.3 (7.61)<br>12.8 (7.7)<br>11.49 (7.61)<br>13.8 (7.61)<br>17.69 (9.91)<br>9.8 (7.61)<br>7.4 (7.61)<br>7.7 (5.6)<br>7.2 (7.61)<br>16.5 (10.1) | 22<br>12<br>24<br>54<br>30<br>45<br>28<br>15<br>53<br>22 | 10.3 (8.7)<br>13.7 (8.5)<br>17.1 (8.7)<br>16.3 (8.7)<br>16.04 (9.21)<br>6.4 (8.7)<br>13.23 (8.7)<br>5.8 (4.8)<br>8.2 (8.7)<br>16.2 (10.1) |                            | 21 % 21 % 21 % 27 % 22 % 27 % 22 % 27 % 22 % 33 % 21 % 33 %  | 00 (- 0.59, 0.59) 0.60 (- 0.14, 1.35) -0.11 (- 0.70, 0.49) -0.68 (- 1.07, - 0.29) -0.30 (- 0.81, 0.21) -0.17 (- 0.21, 0.75) -0.41 (- 0.16, 0.97) -0.45 (- 1.43, 0.05) -0.36 (- 0.03, 0.75) -0.12 (- 0.72, 0.48)   |

| Study or subgroup                  | Fluoxetine    |                   | TCAs                  |             | Std.<br>Mean<br>Difference | Weight  | Std.<br>Mean<br>Difference |
|------------------------------------|---------------|-------------------|-----------------------|-------------|----------------------------|---------|----------------------------|
|                                    | N             | Mean(SD)          | Ν                     | Mean(SD)    | IV,Random,95% CI           |         | IV,Random,95% CI           |
| Heterogeneity: $Tau^2 = 0.06$ ;    |               | = 12 (P = 0.01)   | ; I <sup>2</sup> =53% |             |                            |         |                            |
| Test for overall effect: $Z = 0$ . | 36 (P = 0.72) |                   |                       |             |                            |         |                            |
| 6 Fluoxetine vs Lofepramine        |               |                   |                       |             |                            |         |                            |
| Robertson 1994                     | 90            | 14.1 (7.2)        | 93                    | 13.2 (6.8)  | Ī                          | 3.1 %   | 0.13 [ -0.16, 0.42 ]       |
| Subtotal (95% CI)                  | 90            |                   | 93                    |             | <b>†</b>                   | 3.1 %   | 0.13 [ -0.16, 0.42 ]       |
| Heterogeneity: not applicable      |               |                   |                       |             |                            |         |                            |
| Test for overall effect: $Z = 0.5$ | B7 (P = 0.39) |                   |                       |             |                            |         |                            |
| 7 Fluoxetine vs Nomifensine        |               |                   |                       |             |                            |         |                            |
| Taneri 1989                        | 15            | 10.7 (7.4)        | 13                    | 13.2 (5.3)  | +                          | 1.6 %   | -0.37 [ -1.12, 0.38 ]      |
| Subtotal (95% CI)                  | 15            |                   | 13                    |             | +                          | 1.6 %   | -0.37 [ -1.12, 0.38 ]      |
| Heterogeneity: not applicable      | 2             |                   |                       |             |                            |         |                            |
| Test for overall effect: $Z = 0$ . | 97 (P = 0.33) |                   |                       |             |                            |         |                            |
| 8 Fluoxetine vs Nortriptyline      |               |                   |                       |             |                            |         |                            |
| Joyce 2002                         | 86            | 12.1 (10.3)       | 68                    | 13.4 (11.3) | †                          | 3.0 %   | -0.12 [ -0.44, 0.20 ]      |
| Subtotal (95% CI)                  | 86            |                   | 68                    |             | +                          | 3.0 %   | -0.12 [ -0.44, 0.20 ]      |
| Heterogeneity: not applicable      | 2             |                   |                       |             |                            |         |                            |
| Test for overall effect: $Z = 0$ . | 74 (P = 0.46) |                   |                       |             |                            |         |                            |
| 9 Fluoxetine vs Trimipramine       |               |                   |                       |             |                            |         |                            |
| Wolf 2001                          | 10            | 13.7 (8.7)        | 9                     | 9.3 (9.1)   | +                          | 1.3 %   | 0.47 [ -0.44, 1.39 ]       |
| Subtotal (95% CI)                  | 10            |                   | 9                     |             | •                          | 1.3 %   | 0.47 [ -0.44, 1.39 ]       |
| Heterogeneity: not applicable      | 2             |                   |                       |             |                            |         |                            |
| Test for overall effect: $Z = 1$ . | OI (P = 0.31) |                   |                       |             |                            |         |                            |
| Total (95% CI)                     | 1615          |                   | 1609                  |             | •                          | 100.0 % | 0.07 [ -0.06, 0.20 ]       |
| Heterogeneity: $Tau^2 = 0.12$ ;    |               | f = 45  (P<0.000) | 101); 12 =6           | 7%          |                            |         |                            |
| Test for overall effect: $Z = 1$   | 08 (P = 0.28) |                   |                       |             |                            |         |                            |
|                                    |               |                   |                       |             |                            |         |                            |
|                                    |               |                   |                       | -10         | ) -5 0 5 1                 | 0       |                            |
|                                    |               |                   |                       | Favour      | s fluoxetine Favours TC/   | Α,      |                            |

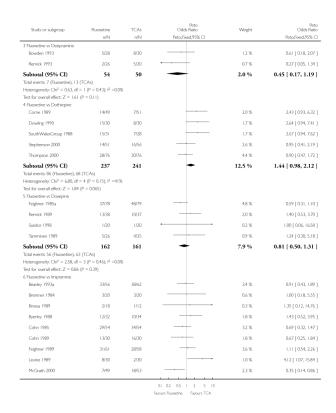
# Analysis 1.3. Comparison 1 Fluoxetine vs TCAs, Outcome 3 Failure to complete - Total

Review: Fluoxetine versus other types of pharmacotherapy for depression

Comparison: 1 Fluoxetine vs TCAs

Outcome: 3 Failure to complete - Total

| Study or subgroup   | Fluoxetine<br>n/N                          | TCAs<br>n/N | Peto<br>Odds Ratio<br>Peto,Fixed,95% CI | Weight | Pet<br>Odds Rati<br>Peto,Fixed,95% ( |
|---|--|-------------|---|--------|--------------------------------------|
| I Fluoxetine vs Amitriptyline   |  |             |   |        |                                      |
| Altamura 1989   | 2/13                                       | 4/15        | •                                       | 0.6 %  | 0.52 [ 0.09, 3.10                    |
| Chouinard 1985  | 2/23                                       | 6/28        | •                                       | 0.8 %  | 0.39 [ 0.09, 1.75                    |
| De Ronchi 1998  | 9/32                                       | 11/33       |   | 1.7 %  | 0.79 [ 0.28, 2.24                    |
| Demyttenaere 1998   | 6/35                                       | 14/31       |   | 1.7 %  | 0.27 [ 0.10, 0.77                    |
| Fawcett 1989  | 8/20                                       | 11/20       | <del></del>                             | 1.2 %  | 0.56 [ 0.16, 1.89                    |
| Feighner 1985b  | 5/22                                       | 13/22       | •                                       | 1.3 %  | 0.23 [ 0.07, 0.75                    |
| Judd 1993   | 7/30                                       | 3/28        |   | 1.0 %  | 2.38 [ 0.62, 9.21                    |
| Keegan 1991   | 2/20                                       | 3/22        |   | 0.5 %  | 0.71 [ 0.11, 4.52                    |
| Marchesi 1998   | 7/67                                       | 10/75       |   | 1.8 %  | 0.76 [ 0.28, 2.09                    |
| Masco 1985  | 1/20                                       | 5/21        | •                                       | 0.6 %  | 0.23 [ 0.04, 1.27                    |
| OntiverosSanchez1998  | 7/21                                       | 10/21       |   | 1.3 %  | 0.56 [ 0.17, 1.89                    |
| Peters 1990   | 14/51                                      | 11/51       |   | 2.3 %  | 1.37 [ 0.56, 3.36                    |
| Preskom 1991  | 8/30                                       | 16/31       |   | 1.8 %  | 0.36 [ 0.13, 0.99                    |
| Upward 1988   | 2/11                                       | 2/12        |   | 0.4 %  | 1.11 [ 0.13, 9.13                    |
| Versiani 1999   | 12/77                                      | 15/80       |   | 2.7 %  | 0.80 [ 0.35, 1.83                    |
| Young 1987  | 7/25                                       | 7/25        |   | 1.2 %  | 1.00 [ 0.29, 3.39                    |
| Subtotal (95% CI)   | 497  | 515         | •                                       | 21.1 % | 0.64 [ 0.47, 0.85                    |
| Total events: 99 (Fluoxetine), 141<br>Heterogeneity: $Chi^2 = 16.38$ , df =<br>Test for overall effect: $Z = 3.00$ (P | : 15 (P = 0.36); I <sup>2</sup> =:         |             |   |        |                                      |
| 2 Fluoxetine vs Clomipramine<br>Noguera 1991  | 13/60                                      | 16/60       |   | 2.7 %  | 0.76 [ 0.33, 1.75                    |
| Ropert 1989   | 16/71                                      | 24/72       |   | 3.5 %  | 0.59 [ 0.28, 1.22                    |
| Subtotal (95% CI)   | 131  | 132         | •                                       | 6.2 %  | 0.66 [ 0.38, 1.14                    |
| Total events: 29 (Fluoxetine), 40 ( Heterogeneity: Chi <sup>2</sup> = 0.22, df = Test for overall effect: Z = 1.50 (F | TCAs)<br>I (P = 0.64); I <sup>2</sup> =0.0 |             |   | 0.2 70 | 0.00 [ 0.50, 1.14                    |



| Pi<br>Odds Ra      | Weight  | Peto<br>Odds Ratio | TCAs   | Fluoxetine   | Study or subgroup   |
|--------------------|---------|--------------------|--------|--|---|
| Peto,Fixed,95%     |         | Peto,Fixed,95% CI  | n/N    | n/N  |   |
| 1.05 [ 0.34, 3.2   | 1.4 %   |                    | 8/30   | 8/29   | Nielsen 1993  |
| 1.01 [ 0.67, 1.5   | 11.2 %  | +                  | 87/186 | 87/185   | Stark 1985  |
| 0.10 [ 0.01, 0.6   | 0.5 %   |                    | 5/14   | 0/14   | Stratta 1991  |
| 0.24 [ 0.12, 0.4   | 3.6 %   |                    | 34/62  | 13/62  | Tollefson 1994  |
| 0.79 [ 0.63, 0.99  | 35.0 %  | •                  | 645    | 640  | Subtotal (95% CI)   |
|                    |         |                    | =58%   | = 12 (P = 0.005); I <sup>2</sup> :                 | Total events: 246 (Fluoxetine), 28<br>Heterogeneity: $Chi^2 = 28.58$ , df :<br>Test for overall effect: $Z = 2.01$ (I   |
| 0.51 [ 0.25, 1.0   | 3.7 %   |                    | 25/93  | 14/90  | 7 Fluoxetine vs Lofepramine<br>Robertson 1994   |
| 0.51 [ 0.25, 1.0   | 3.7 %   | -                  | 93     | 90   | Subtotal (95% CI)   |
|                    |         |                    |        | P = 0.062)   | Total events: 14 (Fluoxetine), 25<br>Heterogeneity: not applicable<br>Test for overall effect: Z = 1.87 (I<br>8 Fluoxetine vs Nomifensine                         |
| 4.62 [ 0.83, 25.6  | 0.6 %   |                    | 1/20   | 5/20   | Taneri 1989   |
| 4.62 [ 0.83, 25.62 | 0.6 %   |                    | 20     |  | Subtotal (95% CI) Total events: 5 (Fluoxetine), 1 (TO Heterogeneity: not applicable Test for overall effect: Z = 1.75 (I) 9 Fluoxetine vs Nortriptyline           |
| 2.00 [ 0.53, 7.5   | 1.0 %   |                    | 4/24   | 7/24   | Akhondzadeh 2003  |
| 0.77 [ 0.44, 1.3   | 6.0 %   |                    | 45/102 | 39/103   | Fabre 1991  |
| 0.42 [ 0.21, 0.8   | 3.9 %   |                    | 27/95  | 14/100   | Joyce 2002  |
| 0.68 [ 0.45, 1.0   | 11.0 %  | •                  | 221    | 227  | Subtotal (95% CI)   |
|                    |         |                    | %      | 2 (P = 0.10); I <sup>2</sup> =56                   | Total events: 60 (Fluoxetine), 76<br>Heterogeneity: Chi <sup>2</sup> = 4.58, df =<br>Test for overall effect: Z = 1.83 (I   |
| 0.78 [ 0.68, 0.89  | 100.0 % | •                  | 2078   | 2058   | Total (95% CI)  |
|                    |         |                    |        | = 46 (P = 0.002); I <sup>2</sup> :<br>P = 0.00034) | Total events: 602 (Fluoxetine), 7 l<br>Heterogeneity: Chi <sup>2</sup> = 78.79, df :<br>Test for overall effect: Z = 3.58 (I<br>Test for subgroup differences: Ch |

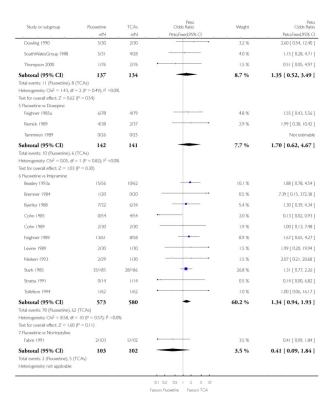
# Analysis 1.4. Comparison 1 Fluoxetine vs TCAs, Outcome 4 Failure to complete - Inefficacy

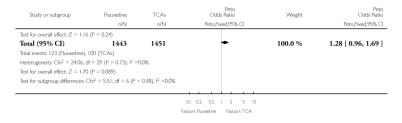
Review: Fluoxetine versus other types of pharmacotherapy for depression

Comparison: 1 Fluoxetine vs TCAs

Outcome: 4 Failure to complete - Inefficacy

| Study or subgroup   | Fluoxetine<br>n/N                        | TCAs<br>n/N | Peto<br>Odds Ratio<br>Peto,Fixed,95% CI | Weight       | Peto<br>Odds Ratio<br>Peto,Fixed,95% C |
|---|--|-------------|---|--------------|--|
| I Fluoxetine vs Amitriptyline   |  |             |   |              |  |
| De Ronchi 1998  | 1/32                                     | 2/33        | •                                       | 1.5 %        | 0.52 [ 0.05, 5.17                      |
| Demyttenaere 1998   | 4/35                                     | 3/31        |   | 3.2 %        | 1.20 [ 0.25, 5.70                      |
| Fawcett 1989  | 2/20                                     | 0/20        |   | 1.0 %        | 7.79 [ 0.47, 129.11 ]                  |
| Feighner 1985b  | 1/22                                     | 3/22        | •                                       | 1.9 %        | 0.34 [ 0.04, 2.60                      |
| Judd 1993   | 1/30                                     | 1/28        | •                                       | 1.0 %        | 0.93 [ 0.06, 15.30 ]                   |
| Keegan 1991   | 1/20                                     | 0/22        |   | 0.5 %        | 8.17 [ 0.16, 413.39 ]                  |
| Marchesi 1998   | 1/67                                     | 2/75        |   | 1.5 %        | 0.57 [ 0.06, 5.58                      |
| Masco 1985  | 0/20                                     | 0/21        |   |              | Not estimable                          |
| OntiverosSanchez1998  | 1/21                                     | 1/21        |   | 1.0 %        | 1.00 [ 0.06, 16.55 ]                   |
| Preskom 1991  | 3/30                                     | 1/31        |   | 1.9 %        | 2.97 [ 0.40, 22.17 ]                   |
| Versiani 1999   | 1/77                                     | 3/80        | •——                                     | 2.0 %        | 0.37 [ 0.05, 2.71                      |
| Subtotal (95% CI)   | 374                                      | 384         | -                                       | 15.6 %       | 0.99 [ 0.49, 2.02 ]                    |
| Heterogeneity: $Chi^2 = 6.90$ , $df =$<br>Test for overall effect: $Z = 0.02$ (<br>2 Fluoxetine vs Clomipramine   | ° = 0.99)                                |             |   |              | 744.6070 7400                          |
| Noguera 1991  | 3/60                                     | 0/60        |   | 1.5 %        | 7.65 [ 0.78, 74.93 ]                   |
| Subtotal (95% CI) Total events: 3 (Fluoxetine), 0 (Tu Heterogeneity: not applicable Test for overall effect: Z = 1.75 ( 3 Fluoxetine vs Desipramine Bowden 1993 |  | 2/30        |   | <b>1.5 %</b> | 7.65 [ 0.78, 74.93 ]                   |
| Remick 1993   | 0/26                                     | 1/20        |   | 0.5 %        | 0.10 [ 0.00, 5.23 ]                    |
| Subtotal (95% CI)   | 54                                       | 50          |   | 2.9 %        | 1.02 [ 0.19, 5.30                      |
| Total events: 3 (Fluoxetine), 3 (Ti<br>Heterogeneity: Chi <sup>2</sup> = 1.60, df =<br>Test for overall effect: Z = 0.02 (<br>4 Fluoxetine vs Dothiepine        | CAs)<br>I (P = 0.21); I <sup>2</sup> =37 |             |   | 2.5 70       | 1.02 [ 0.12, 5.50 ]                    |





## Analysis 1.5. Comparison 1 Fluoxetine vs TCAs, Outcome 5 Failure to complete - Side Effects

Review: Fluoxetine versus other types of pharmacotherapy for depression

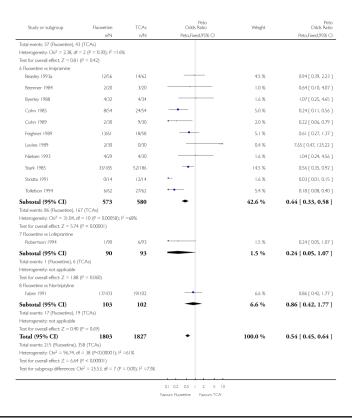
Comparison: 1 Fluoxetine vs TCAs

Outcome: 5 Failure to complete - Side Effects

| Pet<br>Odds Rati<br>Peto,Fixed,95% C | Weight | Peto<br>Odds Ratio<br>Peto,Fixed,95% CI | TCAs<br>n/N | Fluoxetine<br>n/N | Study or subgroup             |
|--------------------------------------|--------|---|-------------|-------------------|-------------------------------|
|                                      |        |   |             |                   | I Fluoxetine vs Amitriptyline |
| 0.33 [ 0.05, 2.08                    | 1.0 %  | •——                                     | 4/28        | 1/23              | Chouinard 1985                |
| 0.40 [ 0.08, 1.90                    | 1.4 %  |   | 5/33        | 2/32              | De Ronchi 1998                |
| 0.16 [ 0.05, 0.52                    | 2.3 %  | •                                       | 11/31       | 2/35              | Demyttenaere 1998             |
| 0.28 [ 0.08, 1.00                    | 2.1 %  | •                                       | 10/20       | 4/20              | Fawcett 1989                  |
| 0.30 [ 0.07, 1.38                    | 1.5 %  | •                                       | 6/22        | 2/22              | Feighner 1985b                |
| 6.91 [ 0.14, 349.18                  | 0.2 %  |   | 0/28        | 1/30              | Judd 1993                     |
| 0.13 [ 0.01, 1.37                    | 0.6 %  | **                                      | 3/22        | 0/20              | Keegan 1991                   |
| 1.70 [ 0.29, 10.08                   | 1.1 %  |   | 2/75        | 3/67              | Marchesi 1998                 |
| 0.13 [ 0.01, 1.31                    | 0.6 %  | •                                       | 3/21        | 0/20              | Masco 1985                    |
| 0.25 [ 0.06, 1.08                    | 1.6 %  | •                                       | 7/21        | 2/21              | OntiverosSanchez1998          |

0.1 0.2 0.5 1 2 5 10 Favours Fluoxetine Favours TCA

| Subtotal (95% CI)  | 142                                | 141   | 01 02 05 1 2 5 10  | 11.9 % | 0.60 [ 0.4/, 1.3/   |
|--|------------------------------------|-------|--------------------|--------|---------------------|
| Subtotal (95% CI)  | 142                                | 141   |                    | 11.9 % | 0.80 [ 0.47, 1.37   |
| Tamminen 1989  | 3/26                               | 1/25  |                    | 0.8 %  | 2.78 [ 0.37, 21.00  |
| Remick 1989  | 9/38                               | 8/37  |                    | 2.9 %  | 1.12 [ 0.38, 3.29   |
| Feighner 1985a   | 25/78                              | 34/79 |                    | 8.2 %  | 0.63 [ 0.33, 1.20   |
| Fluoxetine vs Doxepine   | r - 0.11)                          |       |                    |        |                     |
| Heterogeneity: $Chi^2 = 13.25$ , df<br>Test for overall effect: $Z = 1.59$ ( |                                    | 76    |                    |        |                     |
| Total events: 33 (Fluoxetine), 22  |                                    | 0/    |                    |        |                     |
| Subtotal (95% CI)  | 237                                | 241   | -                  | 10.6 % | 1.58 [ 0.90, 2.78   |
| Thompson 2000  | 11/76                              | 15/76 |                    | 4.8 %  | 0.69 [ 0.30, 1.60   |
| Stephenson 2000  |                                    |       |                    |        | 0.55 [ 0.11, 2.82   |
|  | 2/51                               | 4/56  |                    | 1.3%   |                     |
| SouthWalesGroup 1988   | 8/31                               | 0/28  |                    | 1.5 %  | 8.71 [ 1.98, 38.26  |
| Dowling 1990   | 6/30                               | 1/30  |                    | 1.4 %  | 4.91 [ 1.03, 23.42  |
| Come 1989  | 6/49                               | 2/51  |                    | 1.6 %  | 3.06 [ 0.73, 12.90  |
| Test for overall effect: Z = 2.09 (<br>4 Fluoxetine vs Dothiepine            | r = 0.037)                         |       |                    |        |                     |
| Heterogeneity: Chi <sup>2</sup> = 1.80, df =                                 |                                    | 6     |                    |        |                     |
| Total events: 2 (Fluoxetine), 8 (T   |                                    |       |                    |        |                     |
| Subtotal (95% CI)  | 54                                 | 50    | _                  | 2.0 %  | 0.25 [ 0.07, 0.92 ] |
| Remick 1993  | 0/26                               | 4/20  | •                  | 0.8 %  | 0.09 [ 0.01, 0.66   |
| Bowden 1993  | 2/28                               | 4/30  |                    | 1.2 %  | 0.52 [ 0.10, 2.77   |
| 3 Fluoxetine vs Desipramine  |                                    |       |                    |        |                     |
| Test for overall effect: $Z = 2.54$ (  | P = 0.011)                         |       |                    |        |                     |
| Heterogeneity: $Chi^2 = 0.00$ , $df =$                                       | I (P = 0.96); 1 <sup>2</sup> =0.05 | 6     |                    |        |                     |
| Total events: 6 (Fluoxetine), 18 (   | TCAs)                              |       |                    |        |                     |
| Subtotal (95% CI)  | 131                                | 132   | -                  | 4.8 %  | 0.34 [ 0.15, 0.78   |
| Ropert 1989  | 4/71                               | 12/72 |                    | 3.2 %  | 0.33 [ 0.12, 0.94   |
| Noguera 1991   | 2/60                               | 6/60  |                    | 1.7 %  | 0.35 [ 0.08, 1.44   |
| 2 Fluoxetine vs Clomipramine   |                                    |       |                    |        |                     |
| Test for overall effect: Z = 4.34 (  |                                    |       |                    |        |                     |
| Heterogeneity: Chi <sup>2</sup> = 22.74, df                                  |                                    | 396   |                    |        |                     |
| Subtotal (95% CI) Total events: 33 (Fluoxetine), 75                          |                                    | 488   | ~                  | 19.9 % | 0.40 [ 0.27, 0.61   |
|  | 473                                | 488   | _                  | 19.9 % |                     |
| Young 1987   | 2/25                               | 0/25  |                    | 0.4 %  | 7.70 [ 0.47, 126.75 |
| Versiani 1999  | 3/77                               | 7/80  |                    | 2.1 %  | 0.45 [ 0.12, 1.60   |
| Preskom 1991   | 3/30                               | 13/31 |                    | 2.6 %  | 0.20 [ 0.06, 0.61   |
| Peters 1990  | 8/51                               | 4/51  |                    | 2.4 %  | 2.11 [ 0.64, 7.01   |
|  | n/N                                | n/N   | Peto,Fixed,95% CI  |        | Peto,Fixed,95% C    |
| Study or subgroup  | Fluoxetine                         | TCAs  | Peto<br>Odds Ratio | Weight | Pet<br>Odds Rati    |

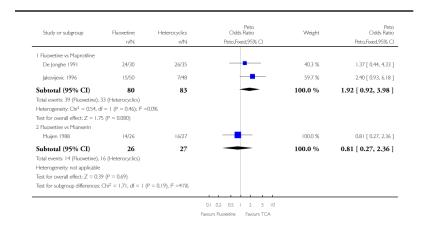


### Analysis 2.1. Comparison 2 Fluoxetine vs Heterocyclics, Outcome 1 Failure to respond - HDRS (-50%)

Review: Fluoxetine versus other types of pharmacotherapy for depression

Comparison: 2 Fluoxetine vs Heterocyclics

Outcome: 1 Failure to respond - HDRS (-50%)



#### Analysis 2.2. Comparison 2 Fluoxetine vs Heterocyclics, Outcome 2 Endpoint score on HDRS

Review: Fluoxetine versus other types of pharmacotherapy for depression

Comparison: 2 Fluoxetine vs Heterocyclics

Outcome: 2 End-point score on HDRS

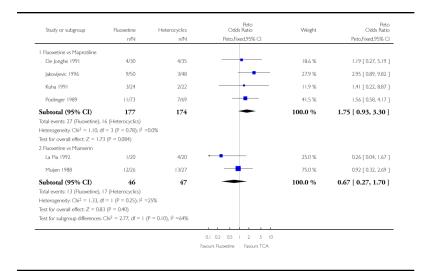
| Study or subgroup                      | Fluoxetine           |                      | Heterocyclics |              | Std.<br>Mean<br>Difference | Weight  | Sto<br>Mea<br>Differenc |
|--|----------------------|----------------------|---------------|--------------|----------------------------|---------|-------------------------|
|  | N                    | Mean(SD)             | N             | Mean(SD)     | IV,Random,95% CI           |         | IV,Random,95% C         |
| 6 Fluoxetine vs Maprotiline            | :                    |                      |               |              |                            |         |                         |
| De Jonghe 1991                         | 28                   | 19 (8.34)            | 34            | 16.38 (7.6)  | •                          | 18.2 %  | 0.33 [ -0.18, 0.83      |
| Jakovijevic 1996                       | 40                   | 6.5 (4.77)           | 45            | 6.49 (4.98)  | +                          | 20.8 %  | 0.00 [ -0.42, 0.43      |
| Kuha 1991                              | 21                   | 12.56 (6.57)         | 18            | 10.15 (6.14) | -                          | 14.4 %  | 0.37 [ -0.27, 1.01      |
| Martenyi 2001                          | 59                   | 9.2 (6.7)            | 46            | 9.6 (5.5)    | •                          | 22.3 %  | -0.06 [ -0.45, 0.32     |
| Poelinger 1989                         | 73                   | 10 (6.5)             | 69            | 10.5 (6.5)   | +                          | 24.4 %  | -0.08 [ -0.41, 0.25     |
| Subtotal (95% CI)                      | 221                  |                      | 212           |              |                            | 100.0 % | 0.04 [ -0.15, 0.23      |
| Heterogeneity: Tau <sup>2</sup> = 0.0; | $Chi^2 = 3.07,$      | df = 4 (P = 0.55); I | 2 =0.0%       |              |                            |         |                         |
| Test for overall effect: $Z =$         | 0.40 (P = 0.69       | 9)                   |               |              |                            |         |                         |
| 7 Fluoxetine vs Mianserin              |                      |                      |               |              |                            |         |                         |
| Besancon 1993                          | 33                   | 13 (5)               | 32            | 10.5 (4.5)   | •                          | 43.5 %  | 0.52 [ 0.02, 1.01       |
| La Pia 1992                            | 19                   | 14.5 (6.25)          | 16            | 6.4 (7.35)   | -                          | 28.9 %  | 1.17 [ 0.44, 1.89       |
| Muijen 1988                            | 14                   | 10.5 (7.5)           | 14            | 14.5 (10.2)  | +                          | 27.7 %  | -0.43 [ -1.18, 0.32     |
| Subtotal (95% CI)                      | 66                   |                      | 62            |              | •                          | 100.0 % | 0.43 [ -0.38, 1.23      |
| Heterogeneity: Tau <sup>2</sup> = 0.35 | $9$ ; $Chi^2 = 9.16$ | df = 2 (P = 0.01);   | 12 =78%       |              |                            |         |                         |
| Test for overall effect: $Z =$         | 1.04 (P = 0.3)       | 0)                   |               |              |                            |         |                         |
|  |                      |                      |               | -10          | ) -5 0 5                   | 10      |                         |
|  |                      |                      |               |              | s fluoxetine Favours TC    |         |                         |

#### Analysis 2.3. Comparison 2 Fluoxetine vs Heterocyclics, Outcome 3 Failure to complete - Total

Review: Fluoxetine versus other types of pharmacotherapy for depression

Comparison: 2 Fluoxetine vs Heterocyclics

Outcome: 3 Failure to complete - Total

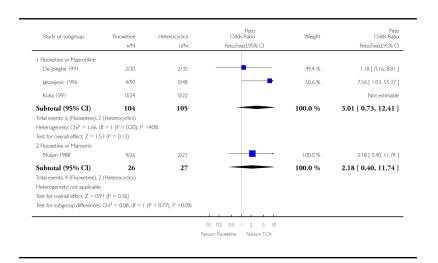


### Analysis 2.4. Comparison 2 Fluoxetine vs Heterocyclics, Outcome 4 Failure to complete - Inefficacy

Review: Fluoxetine versus other types of pharmacotherapy for depression

Comparison: 2 Fluoxetine vs Heterocyclics

Outcome: 4 Failure to complete - Inefficacy

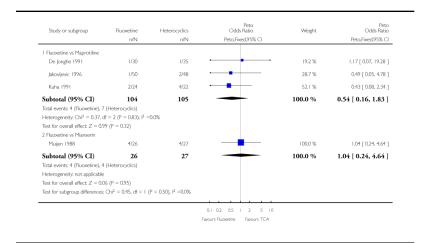


### Analysis 2.5. Comparison 2 Fluoxetine vs Heterocyclics, Outcome 5 Failure to complete - Side Effects

Review: Fluoxetine versus other types of pharmacotherapy for depression

Comparison: 2 Fluoxetine vs Heterocyclics

Outcome: 5 Failure to complete - Side Effects

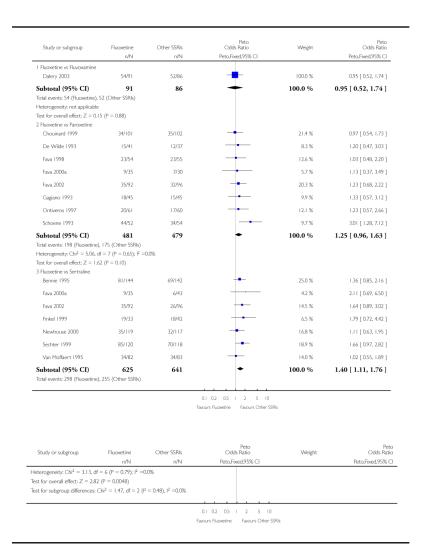


# Analysis 3.1. Comparison 3 Fluoxetine vs other SSRIs, Outcome 1 Failure to respond - HDRS (-50%)

Review: Fluoxetine versus other types of pharmacotherapy for depression

Comparison: 3 Fluoxetine vs other SSRIs

Outcome: 1 Failure to respond - HDRS (-50%)



### Analysis 3.2. Comparison 3 Fluoxetine vs other SSRIs, Outcome 2 Endpoint score on HDRS

Review: Fluoxetine versus other types of pharmacotherapy for depression

Comparison: 3 Fluoxetine vs other SSRIs

Outcome: 2 End-point score on HDRS

| Me<br>Differen      | Weight  | Mean<br>Difference |             | Other SSRIs   |                  | Fluoxetine           | Study or subgroup                     |
|---------------------|---------|--------------------|-------------|---------------|------------------|----------------------|---------------------------------------|
| IV,Random,95%       |         | IV,Random,95% CI   | Mean(SD)    | N             | Mean(SD)         | N                    |                                       |
|                     |         |                    |             |               |                  | n                    | I Fluoxetine vs Citalopran            |
| 0.13 [ -0.10, 0.3   | 50.2 %  | •                  | 9 (8.65)    | 153           | 10.1 (8.75)      | 161                  | Bougerol 1997a                        |
| -0.02 [ -0.25, 0.2  | 49.8 %  | •                  | 11.5 (9.69) | 147           | 11.3 (9.64)      | 149                  | Bougerol 1997b                        |
| 0.05 [ -0.10, 0.2   | 100.0 % | •                  |             | 300           |                  | 310                  | Subtotal (95% CI)                     |
|                     |         |                    |             | $I^2 = 0.0\%$ | f = I (P = 0.37) | ; $Chi^2 = 0.82$ , c | Heterogeneity: Tau <sup>2</sup> = 0.0 |
|                     |         |                    |             |               | )                | 0.68 (P = 0.50       | Test for overall effect; Z =          |
|                     |         |                    |             |               |                  | 1                    | 2 Fluoxetine vs Paroxetine            |
| 0.24 [ -0.01, 0.4   | 13.2 %  | •                  | 7.8 (6.85)  | 123           | 9.5 (7.2)        | 119                  | Cassano 2002                          |
| -1.20 [ -1.50, -0.8 | 12.3 %  | •                  | 11.99 (1.1) | 100           | 10.67 (1.1)      | 98                   | Chouinard 1999                        |
| 0.35 [ -0.10, 0.8   | 9.9 %   | •                  | 9.7 (9.5)   | 37            | 13.2 (10.3)      | 41                   | De Wilde 1993                         |
| 0.10 [ -0.28, 0.4   | 11.1 %  | •                  | 12.1 (10)   | 55            | 13.1 (10.3)      | 54                   | Fava 1998                             |
| -0.07 [ -0.56, 0.4  | 9.3 %   | +                  | 9.5 (6.85)  | 30            | 9 (7.2)          | 35                   | Fava 2000a                            |
| 0.06 [ -0.23, 0.3   | 12.5 %  | +                  | 8.3 (6.8)   | 93            | 8.73 (7.1)       | 88                   | Fava 2002                             |
| -0.07 [ -0.53, 0.3  | 9.7 %   | +                  | 9.3 (6.85)  | 38            | 8.8 (7.2)        | 35                   | Gagiano 1993                          |

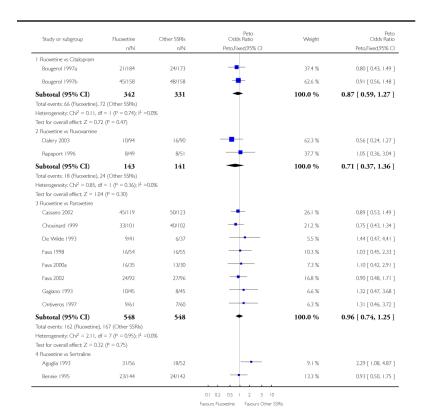
| Study or subgroup Fluo                                 | xetine    |                           | Other SSRIs   |             | Std.<br>Mean<br>Difference | Weight   | Sto<br>Mea<br>Differeno |
|--|-----------|---------------------------|---------------|-------------|----------------------------|----------|-------------------------|
|  | Ν         | Mean(SD)                  | N             | Mean(SD)    | IV,Random,95% CI           |          | IV,Random,95% (         |
| Ontiveros 1997   | 52        | 10.7 (7.2)                | 58            | 9.8 (6.85)  | •                          | 11.1 %   | 0.13 [ -0.25, 0.50      |
| Schoene 1993   | 52        | 23 (7.2)                  | 54            | 20 (6.85)   | •                          | 10.9 %   | 0.42 [ 0.04, 0.81       |
| ibtotal (95% CI)                                       | 574       |                           | 588           |             | •                          | 100.0 %  | -0.01 [ -0.36, 0.35     |
| terogeneity: Tau <sup>2</sup> = 0.26; Chi <sup>2</sup> | 2 = 70.89 | $P_{r}$ , df = 8 (P<0.00) | 001); 12 =89% |             |                            |          |                         |
| it for overall effect: $Z = 0.05$ (                    | P = 0.96  | )                         |               |             |                            |          |                         |
| luoxetine vs Sertraline                                |           |                           |               |             |                            |          |                         |
| Aguglia 1993   | 40        | 10.6 (5.4)                | 48            | 9.2 (5.5)   | Ť                          | 11.1 %   | 0.25 [ -0.17, 0.68      |
| Bennie 1995  | 124       | 12.6 (6.25)               | 124           | 11.93 (6.3) | +                          | 14.2 %   | 0.11 [ -0.14, 0.36      |
| Fava 2000a   | 35        | 9 (6.25)                  | 43            | 7 (6.3)     | •                          | 10.6 %   | 0.32 [ -0.13, 0.76      |
| Fava 2002  | 88        | 8.73 (7.1)                | 96            | 8.11 (7.1)  | +                          | 13.5 %   | 0.09 [ -0.20, 0.38      |
| Finkel 1999  | 33        | 11 (6.25)                 | 41            | 9 (6.3)     | •                          | 10.4 %   | 0.32 [ -0.15, 0.78      |
| Newhouse 2000  | 118       | 13.7 (6.25)               | 116           | 13.8 (6.3)  | +                          | 14.1 %   | -0.02 [ -0.27, 0.24     |
| Sechter 1999   | 79        | 10.3 (6.25)               | 89            | 8.9 (6.3)   |                            | 13.2 %   | 0.22 [ -0.08, 0.53      |
| Van Moffaert 1995                                      | 82        | 12.9 (6.25)               | 82            | 13.7 (6.3)  | +                          | 13.2 %   | -0.13 [ -0.43, 0.18     |
| btotal (95% CI)  | 599       |                           | 639           |             | ,                          | 100.0 %  | 0.10 [ -0.01, 0.21      |
| terogeneity: Tau <sup>2</sup> = 0.0; Chi <sup>2</sup>  |           | ff = 7 (P = 0.57):        |               |             |                            | 10010 /0 | 0110 [ 0101, 0121       |
| t for overall effect: Z = 1.76 (                       |           |                           |               |             |                            |          |                         |
|  |           | -,                        |               |             |                            |          |                         |

# Analysis 3.3. Comparison 3 Fluoxetine vs other SSRIs, Outcome 3 Failure to complete - Total

Review: Fluoxetine versus other types of pharmacotherapy for depression

Comparison: 3 Fluoxetine vs other SSRIs

Outcome: 3 Failure to complete - Total



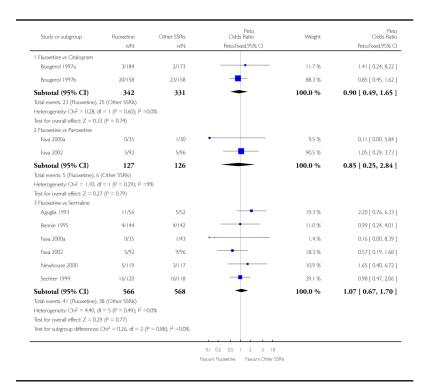
| Study or subgroup                         | Fluoxetine                  | Other SSRIs                    | Peto<br>Odds Ratio                   | Weight  | Peto<br>Odds Ratio  |
|---|-----------------------------|--------------------------------|--------------------------------------|---------|---------------------|
|   | n/N                         | n/N                            | Peto,Fixed,95% CI                    |         | Peto,Fixed,95% CI   |
| Boyer 1998                                | 15/120                      | 15/122                         | _                                    | 8.9 %   | 1.02 [ 0.48, 2.19 ] |
| Fava 2000a                                | 16/35                       | 10/43                          |                                      | 5.8 %   | 2.71 [ 1.06, 6.95 ] |
| Fava 2002                                 | 24/92                       | 26/96                          | -                                    | 12.4 %  | 0.95 [ 0.50, 1.81 ] |
| Finkel 1999                               | 13/33                       | 15/42                          |                                      | 5.9 %   | 1.17 [ 0.46, 2.98 ] |
| Newhouse 2000                             | 39/119                      | 37/117                         | -                                    | 17.4 %  | 1.05 [ 0.61, 1.82 ] |
| Sechter 1999                              | 40/120                      | 29/118                         |                                      | 16.6 %  | 1.53 [ 0.87, 2.67 ] |
| Suri 2000                                 | 2/18                        | 7/35                           |                                      | 2.3 %   | 0.54 [ 0.12, 2.41 ] |
| Van Moffaert 1995                         | 16/82                       | 14/83                          |                                      | 8.3 %   | 1.19 [ 0.54, 2.63 ] |
| Subtotal (95% CI)                         | 819                         | 850                            | •                                    | 100.0 % | 1.23 [ 0.98, 1.55 ] |
| Total events: 219 (Fluoxetine)            | , 195 (Other SSRIs)         |                                |                                      |         |                     |
| Heterogeneity: Chi <sup>2</sup> = 8.98, c | $f = 9 (P = 0.44); I^2 =$   | 0.0%                           |                                      |         |                     |
| Test for overall effect: $Z = 1.8$        | 00 (P = 0.072)              |                                |                                      |         |                     |
| Test for subgroup differences:            | $Chi^2 = 4.71$ , $df = 3$ ( | P = 0.19), I <sup>2</sup> =36% |                                      |         |                     |
|   |                             |                                |                                      |         |                     |
|   |                             |                                | 0.1 0.2 0.5 1 2 5 10                 |         |                     |
|   |                             |                                | Favours Fluoxetine Favours Other SSF | Us      |                     |

# Analysis 3.4. Comparison 3 Fluoxetine vs other SSRIs, Outcome 4 Failure to complete - Inefficacy

Review: Fluoxetine versus other types of pharmacotherapy for depression

Comparison: 3 Fluoxetine vs other SSRIs

Outcome: 4 Failure to complete - Inefficacy

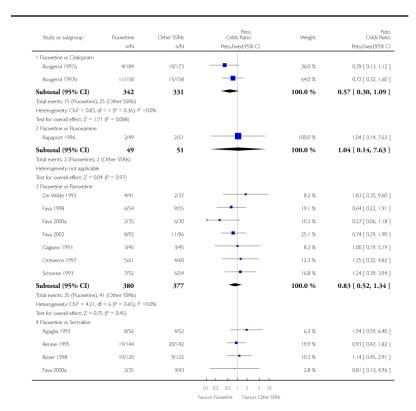


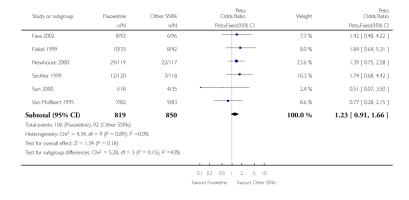
### Analysis 3.5. Comparison 3 Fluoxetine vs other SSRIs, Outcome 5 Failure to complete - Side Effects

Review: Fluoxetine versus other types of pharmacotherapy for depression

Comparison: 3 Fluoxetine vs other SSRIs

Outcome: 5 Failure to complete - Side Effects



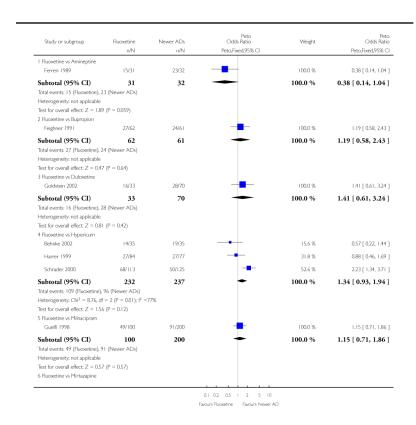


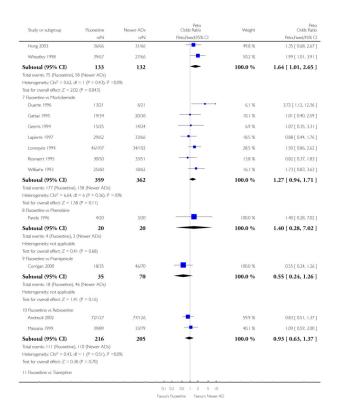
# Analysis 4.1. Comparison 4 Fluoxetine vs newer ADs, Outcome 1 Failure to respond - HDRS (-50%)

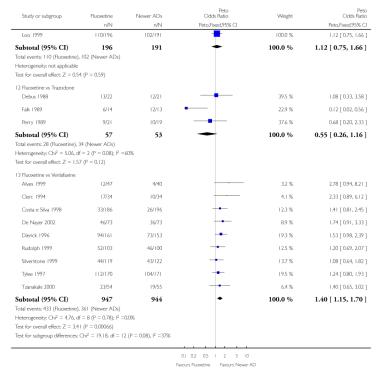
Review: Fluoxetine versus other types of pharmacotherapy for depression

Comparison: 4 Fluoxetine vs newer ADs

Outcome: 1 Failure to respond - HDRS (-50%)







## Analysis 4.2. Comparison 4 Fluoxetine vs newer ADs, Outcome 2 End-point score on HDRS

Review: Fluoxetine versus other types of pharmacotherapy for depression

Comparison: 4 Fluoxetine vs newer ADs

Outcome: 2 End-point score on HDRS

| Me<br>fferer | 1              | Weight  | Mean<br>Difference |             | Newer AD |                    | Fluoxetine         | Study or subgroup                      |
|--------------|----------------|---------|--------------------|-------------|----------|--------------------|--------------------|--|
|              | IV,Rando       | , rogin | IV,Random,95% CI   | Mean(SD)    | N        | Mean(SD)           | N                  |  |
|              |                |         |                    |             |          |                    |                    | I Fluoxetine vs ABT-200                |
| , -1.4       | -1.85 [ -2.2   | 100.0 % |                    | 22.7 (5.6)  | 69       | 11.6 (6.3)         | 72                 | Sramek 1995                            |
| 1.45         | -1.85 [ -2.25, | 100.0 % | •                  |             | 69       |                    | 72                 | Subtotal (95% CI)                      |
|              |                |         |                    |             |          |                    | ole                | Heterogeneity: not applical            |
|              |                |         |                    |             |          | 001)               | 9.15 (P < 0.00     | Test for overall effect: $Z =$         |
|              |                |         |                    |             |          |                    |                    | 2 Fluoxetine vs Amisulpride            |
| 7, 0.4       | 0.17 [ -0.     | 100.0 % | •                  | 8.1 (7.1)   | 139      | 9.5 (9.1)          | 129                | Smeraldi 1998                          |
| 0.41         | 0.17 [ -0.07   | 100.0 % | •                  |             | 139      |                    | 129                | Subtotal (95% CI)                      |
|              |                |         |                    |             |          |                    | xle                | Heterogeneity: not applical            |
|              |                |         |                    |             |          | )                  | 1.40 (P = 0.16     | Test for overall effect: $Z =$         |
|              |                |         |                    |             |          |                    |                    | 3 Fluoxetine vs Hypericum              |
| 9, 0.8       | 0.31 [ -0.     | 26.3 %  | •                  | 10 (5.8)    | 29       | 12 (6.8)           | 32                 | Behnke 2002                            |
| 9, 0.3       | 0.03 [ -0.     | 35.2 %  | •                  | 7.91 (5.8)  | 70       | 8.11 (6.8)         | 79                 | Harrer 1999                            |
| 5, 0.3       | 0.10 [ -0.     | 38.5 %  | •                  | 11.54 (5.8) | 125      | 12.2 (6.8)         | 113                | Schrader 2000                          |
| 0.29         | 0.11 [ -0.08   | 100.0 % | •                  |             | 224      |                    | 224                | Subtotal (95% CI)                      |
|              |                |         |                    |             | 2 =0.0%  | ff = 2 (P = 0.66); | $Chi^2 = 0.84$ , c | Heterogeneity: Tau <sup>2</sup> = 0.0; |
|              |                |         |                    |             |          | )                  | 1.14 (P = 0.25     | Test for overall effect; Z =           |
|              |                |         |                    |             |          |                    | 1                  | 4 Fluoxetine vs Milnacipran            |
| , -0.0       | -0.38 [ -0.7   | 100.0 % | •                  | 2.61 (1.47) | 74       | 2 (1.68)           | 75                 | Ansseau 1994                           |
| 0.06         | -0.38 [ -0.71, | 100.0 % | •                  |             | 74       |                    | 75                 | Subtotal (95% CI)                      |
|              |                |         |                    |             |          |                    | xle                | Heterogeneity: not applical            |
|              |                |         |                    |             |          | 0)                 | ,                  | Test for overall effect; $Z =$         |
|              |                |         |                    |             |          |                    |                    | 5 Fluoxetine vs Moclobemi              |
| 2, 1.1       | 0.50 [ -0.     | 13.2 %  | Ť                  | 9.84 (7.28) | 21       | 13.44 (6.84)       | 21                 | Duarte 1996                            |
| 6, 0.4       | -0.12 [ -0.    | 15.0 %  | •                  | 13 (9)      | 27       | 12 (7)             | 26                 | Gattaz 1995                            |
| 4, 0.8       | 0.10 [ -0.     | 10.6 %  | +                  | 9.1 (7.3)   | 15       | 9.8 (6.2)          | 13                 | Geerts 1994                            |
| 7, 0.4.      | 0.08 [ -0.     | 20.5 %  | +                  | 10.5 (7)    | 66       | 11 (6)             | 62                 | Lapierre 1997                          |
| 0, 0.4       | 0.17 [ -0.     | 22.8 %  | +                  | 9.6 (5.5)   | 102      | 10.6 (6)           | 107                | Lonnqvist 1994                         |
| 6, 0.5       | 0.08 [ -0.     | 17.8 %  | +                  | 12.2 (7.6)  | 38       | 12.9 (9)           | 42                 | Reynaert 1995                          |
| 0.20         | 0.13 [ -0.04   | 100.0 % | ,                  |             | 269      |                    | 271                | Subtotal (95% CI)                      |

| Study or subgroup   | Fluoxetine            |                  | Newer AD                 |               | Std.<br>Mean<br>Difference | Weight  | Std.<br>Mean<br>Difference |
|---|-----------------------|------------------|--------------------------|---------------|----------------------------|---------|----------------------------|
|   | N                     | Mean(SD)         | N                        | Mean(SD)      | IV,Random,95% CI           |         | IV,Random,95% CI           |
| Heterogeneity: Tau <sup>2</sup> = 0.0                                 | ); $Chi^2 = 2.47$ ,   | df = 5 (P = 0.78 | ); I <sup>2</sup> =0.0%  |               |                            |         |                            |
| Test for overall effect: Z =  |                       | f)               |                          |               |                            |         |                            |
| 6 Fluoxetine vs Nefazodo  |                       |                  |                          |               |                            |         |                            |
| Berlanga 1997   | 37                    | 11.3 (6.06)      | 36                       | 12.8 (6.7)    | 1                          | 33.7 %  | -0.23 [ -0.69, 0.23 ]      |
| Gillin 1997   | 20                    | 12.9 (6.03)      | 23                       | 11.4 (6.9)    | •                          | 26.5 %  | 0.23 [ -0.38, 0.83 ]       |
| Rush 1998   | 60                    | 11.1 (6.1)       | 62                       | 11.5 (6.5)    | •                          | 39.8 %  | -0.06 [ -0.42, 0.29 ]      |
| Subtotal (95% CI)   | 117                   |                  | 121                      |               | +                          | 100.0 % | -0.06 [ -0.32, 0.19 ]      |
| Heterogeneity: $Tau^2 = 0.0$  | ); $Chi^2 = 1.41$ ,   | df = 2 (P = 0.49 | ); I <sup>2</sup> =0.0%  |               |                            |         |                            |
| Test for overall effect: Z =  | 0.48 (P = 0.6)        | 3)               |                          |               |                            |         |                            |
| 7 Fluoxetine vs Phenelzin   | e                     |                  |                          |               |                            |         |                            |
| Pande 1996  | 20                    | 3.7 (4.18)       | 20                       | 3.9 (3.21)    | •                          | 100.0 % | -0.05 [ -0.67, 0.57 ]      |
| Subtotal (95% CI)   | 20                    |                  | 20                       |               | +                          | 100.0 % | -0.05 [ -0.67, 0.57 ]      |
| Heterogeneity: not applic   | able                  |                  |                          |               |                            |         |                            |
| Test for overall effect; Z =  | 0.17 (P = 0.8)        | 7)               |                          |               |                            |         |                            |
| 8 Fluoxetine vs Reboxetir   | ie                    |                  |                          |               |                            |         |                            |
| Massana 1999  | 89                    | 10.6 (8.7)       | 79                       | 9.4 (7.3)     | •                          | 100.0 % | 0.15 [ -0.16, 0.45 ]       |
| Subtotal (95% CI)   | 89                    |                  | 79                       |               | •                          | 100.0 % | 0.15 [ -0.16, 0.45 ]       |
| Heterogeneity: not applic   | able                  |                  |                          |               |                            |         |                            |
| Test for overall effect; Z =  | 0.96 (P = 0.3         | <b>f</b> )       |                          |               |                            |         |                            |
| 9 Fluoxetine vs Tianeptine  | 9                     |                  |                          |               |                            |         |                            |
| Alby 1993   | 61                    | 8.9 (7)          | 58                       | 9.5 (6.8)     | •                          | 29.6 %  | -0.09 [ -0.45, 0.27 ]      |
| Guelfi 1999   | 118                   | 12.1 (7.5)       | 112                      | 15.2 (8.8)    | •                          | 34.0 %  | -0.38 [ -0.64, -0.12 ]     |
| Loo 1999  | 194                   | 15.77 (11.19)    | 187                      | 15.69 (10.85) | •                          | 36.4 %  | 0.01 [ -0.19, 0.21 ]       |
| Subtotal (95% CI)   | 373                   |                  | 357                      |               | +                          | 100.0 % | -0.15 [ -0.40, 0.10 ]      |
| Heterogeneity: Tau <sup>2</sup> = 0.0<br>Test for overall effect: Z = | 1.16 (P = 0.2)        |                  | 17); I <sup>2</sup> =63% |               |                            |         |                            |
| 10 Fluoxetine vs Trazodor<br>Debus 1988                               | ne<br>I4              | 11.5 (8.28)      | 11                       | 10 (6.81)     | 1                          | 30.4 %  | 0.19 [ -0.60, 0.98 ]       |
| Falk 1989   | 13                    | 10.08 (7.57)     | 12                       | 16.08 (8.53)  | _                          | 29.3 %  | -0.72 [ -1.54, 0.09 ]      |
| Perry 1989  | 21                    | 8.4 (9)          | 19                       | 6.5 (5.1)     | _                          | 40.3 %  | 0.25 [ -0.37, 0.87 ]       |
|   |                       | 0.7 (2)          |                          | 6.5 (3.1)     | Γ                          |         |                            |
| Subtotal (95% CI)<br>Heterogeneity: $Tau^2 = 0$ .                     | 48<br>13: Chi² = 3.84 | .df = 2 (P = 0.1 | 42<br>5): f² =48%        |               | Ť                          | 100.0 % | -0.06 [ -0.65, 0.53 ]      |
| Test for overall effect; Z =  |                       |                  |                          |               |                            |         |                            |
| I I Ruoxetine vs Venlafax   | ine                   |                  |                          |               |                            |         |                            |
| Alves 1999  | 38                    | 10.5 (9.7)       | 30                       | 8.5 (9.26)    | +                          | 7.9 %   | 0.21 [ -0.27, 0.69 ]       |
| Clerc 1994  | 34                    | 17.4 (11.6)      | 33                       | 11 (10.3)     | •                          | 7.8 %   | 0.58 [ 0.09, 1.07 ]        |
| Costa e Silva 1998  | 186                   | 10.2 (9.7)       | 196                      | 9.8 (9.26)    | +                          | 11.8 %  | 0.04 [ -0.16, 0.24 ]       |

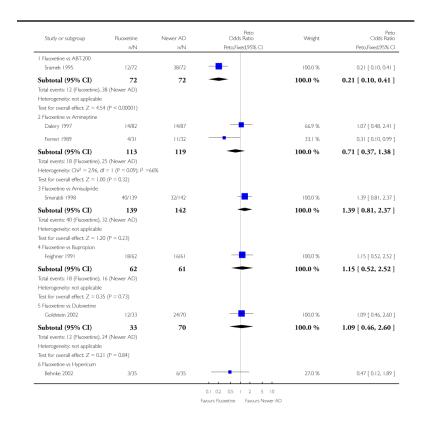
| uoxetine                            |  |   |                  | Std.<br>Mean<br>Difference   | Weight   | Std.<br>Mean<br>Difference  |
|-------------------------------------|--|---|------------------|--|--|---|
| N                                   | Mean(SD)                                   | N   | Mean(SD)         | IV,Random,95% CI   |  | IV,Random,95% CI  |
| 44                                  | 12.7 (8.6)                                 | 49  | 8.6 (7.6)        | •  | 8.8 %  | 0.50 [ 0.09, 0.92 ]   |
| 55                                  | 8.2 (9.7)                                  | 55  | 8.7 (9.26)       | †  | 9.4 %  | -0.05 [ -0.43, 0.32 ]   |
| 161                                 | 12.4 (8.9)                                 | 153   | 10.79 (9.9)      | •  | 11.6 %   | 0.17 [ -0.05, 0.39 ]  |
| 103                                 | 14.2 (9.7)                                 | 95  | 12.5 (9.26)      | •  | 10.8 %   | 0.18 [ -0.10, 0.46 ]  |
| 119                                 | 12 (9.7)                                   | 122   | 11.3 (9.26)      | •  | 11.2 %   | 0.07 [ -0.18, 0.33 ]  |
| 124                                 | 7.77 (9.7)                                 | 125   | 8.99 (9.26)      | +  | 11.2 %   | -0.13 [ -0.38, 0.12 ]   |
| 54                                  | 13 (9.7)                                   | 55  | 12.5 (9.26)      | +  | 9.4 %  | 0.05 [ -0.32, 0.43 ]  |
| 918                                 |  | 913   |                  |  | 100.0 %  | 0.11 [ 0.00, 0.23 ]   |
| $hi^2 = 12.46$                      | df = 9 (P = 0.19)                          | ); I <sup>2</sup> =28%  |                  |  |  |   |
| B (P = 0.04)                        | 8)   |   |                  |  |  |   |
|                                     |  |   |                  |  |  |   |
|                                     |  |   | -10              | -5 0 5   | 10   |   |
| Favours fluoxetine Favours newer AD |  |   |                  |  |  |   |
|                                     | N 44 55 161 103 119 124 54 918 hi² = 12.46 | N Mean(SD)  44 12.7 (8.6)  55 8.2 (9.7)  161 12.4 (8.9)  103 14.2 (9.7)  119 12 (9.7)  124 7.77 (9.7)  54 13 (9.7)  918 | N   Mean(SD)   N | N Mean(SD) N Mean(SD)  44 12.7 (8.6) 49 8.6 (7.6)  55 8.2 (9.7) 55 8.7 (9.26)  161 12.4 (8.9) 153 10.79 (9.9)  103 14.2 (9.7) 95 12.5 (9.26)  119 12 (9.7) 122 11.3 (9.26)  124 7.77 (9.7) 125 8.99 (9.26)  54 13 (9.7) 55 12.5 (9.26)  918 913  hi² = 12.46, df = 9 (P = 0.19); l² = 28%  (P = 0.048) | N Mean(SD) N Mean(SD) MRandom,95% CI  44 127 (8.6) 49 8.6 (7.6)  55 8.2 (9.7) 55 8.7 (9.26)  161 12.4 (8.9) 153 10.79 (9.9)  103 14.2 (9.7) 95 12.5 (9.26)  119 12 (9.7) 122 11.3 (9.26)  124 7.77 (9.7) 125 8.99 (9.26)  54 13 (9.7) 55 12.5 (9.26)  918 913  hi² = 12.46, df = 9 (P = 0.19); i² = 28%  (P = 0.048) | N Mean(SD) N Mean(SD) N/Sandom/95% CI  44 127 (8.6) 49 8.6 (7.6) 88%  55 8.2 (9.7) 55 87 (9.26) 9,4%  161 12.4 (8.9) 153 10.79 (9.9) 11.6 %  103 14.2 (9.7) 95 12.5 (9.26) 10.8 %  119 12 (9.7) 122 11.3 (9.26) 11.2 %  54 13 (9.7) 55 899 (9.26) 9,4%  918 913  100.0 %  100.0 % |

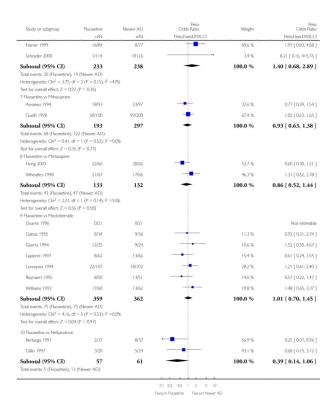
## Analysis 4.3. Comparison 4 Fluoxetine vs newer ADs, Outcome 3 Failure to complete - Total

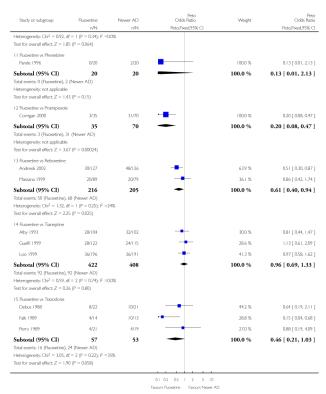
Review: Fluoxetine versus other types of pharmacotherapy for depression

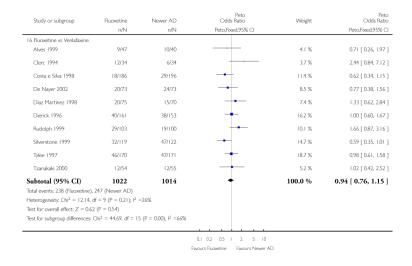
Comparison: 4 Fluoxetine vs newer ADs

Outcome: 3 Failure to complete - Total







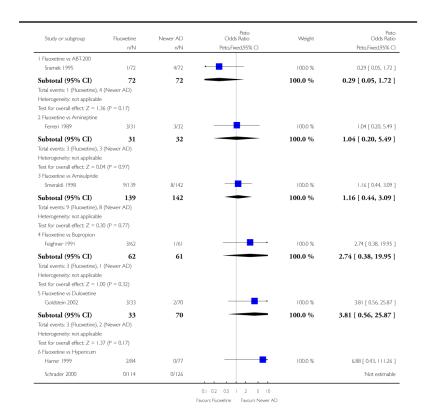


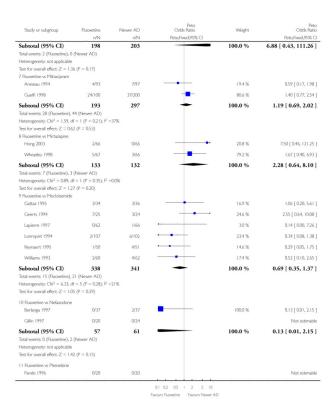
### Analysis 4.4. Comparison 4 Fluoxetine vs newer ADs, Outcome 4 Failure to complete - Inefficacy

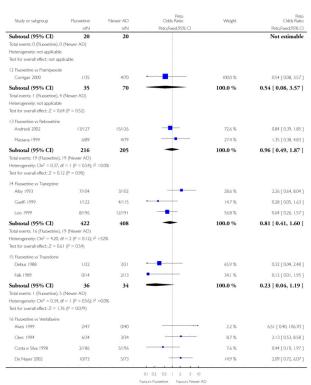
Review: Fluoxetine versus other types of pharmacotherapy for depression

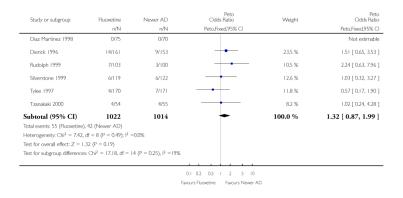
Comparison: 4 Fluoxetine vs newer ADs

Outcome: 4 Failure to complete - Inefficacy







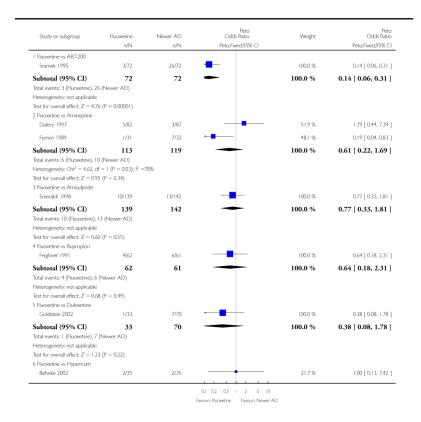


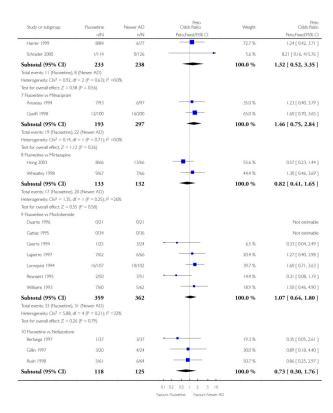
# Analysis 4.5. Comparison 4 Fluoxetine vs newer ADs, Outcome 5 Failure to complete - Side Effects

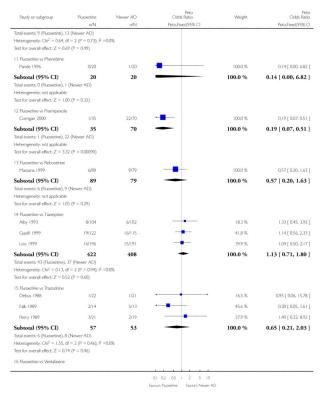
Review: Fluoxetine versus other types of pharmacotherapy for depression

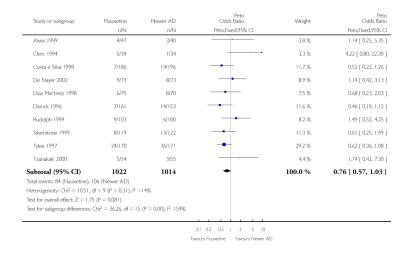
Comparison: 4 Fluoxetine vs newer ADs

Outcome: 5 Failure to complete - Side Effects







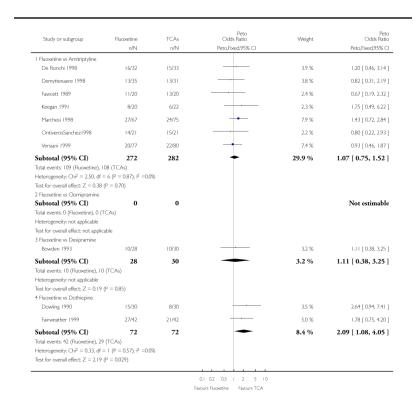


# Analysis 5.1. Comparison 5 Sensitivity analysis - Fluoxetine vs TCAs, Outcome 1 Failure to respond - HDRS (-50%)

Review: Fluoxetine versus other types of pharmacotherapy for depression

Comparison: 5 Sensitivity analysis - Fluoxetine vs TCAs

Outcome: 1 Failure to respond - HDRS (-50%)



| Study or subgroup                          | Fluoxetine                   | TCAs                         | Peto<br>Odds Ratio            | Weight  | Pete<br>Odds Ratio |
|--|------------------------------|------------------------------|-------------------------------|---------|--------------------|
|  | n/N                          | n/N                          | Peto,Fixed,95% CI             |         | Peto,Fixed,95% C   |
| 5 Fluoxetine vs Doxepine                   |                              |                              |                               |         |                    |
| Sandor 1998                                | 8/20                         | 8/20                         |                               | 2.4 %   | 1.00 [ 0.29, 3.49  |
| Subtotal (95% CI)                          | 20                           | 20                           | _                             | 2.4 %   | 1.00 [ 0.29, 3.49  |
| Total events: 8 (Fluoxetine), 8 (          | TCAs)                        |                              |                               |         |                    |
| Heterogeneity: not applicable              |                              |                              |                               |         |                    |
| Test for overall effect: $Z = 0.0$         | (P = 1.0)                    |                              |                               |         |                    |
| 6 Fluoxetine vs Imipramine                 |                              |                              |                               |         |                    |
| Beasley 1993a                              | 38/56                        | 41/62                        |                               | 6.3 %   | 1.08 [ 0.50, 2.32  |
| Cohn 1985                                  | 16/54                        | 32/54                        |                               | 6.4 %   | 0.30 [ 0.14, 0.65  |
| Cohn 1989                                  | 12/30                        | 18/30                        |                               | 3.7 %   | 0.46 [ 0.17, 1.24  |
| Stark 1985                                 | 109/185                      | 101/186                      | -                             | 21.9 %  | 1.21 [ 0.80, 1.82  |
| Tollefson 1994                             | 33/62                        | 43/62                        |                               | 7.1 %   | 0.51 [ 0.25, 1.05  |
| Subtotal (95% CI)                          | 387                          | 394                          | •                             | 45.4 %  | 0.79 [ 0.59, 1.05  |
| Total events: 208 (Fluoxetine),            | 235 (TCAs)                   |                              |                               |         | ,, (,,,,           |
| Heterogeneity: Chi <sup>2</sup> = 13.43, d | $f = 4 (P = 0.01); I^2 = 1$  | 70%                          |                               |         |                    |
| Test for overall effect: Z = 1.63          | (P = 0.10)                   |                              |                               |         |                    |
| 7 Fluoxetine vs Lofepramine                |                              |                              |                               |         |                    |
| Robertson 1994                             | 52/90                        | 54/93                        | -                             | 10.7 %  | 0.99 [ 0.55, 1.77  |
| Subtotal (95% CI)                          | 90                           | 93                           | -                             | 10.7 %  | 0.99 [ 0.55, 1.77  |
| Total events: 52 (Fluoxetine), 5           | 4 (TCAs)                     |                              |                               |         |                    |
| Heterogeneity: not applicable              |                              |                              |                               |         |                    |
| Test for overall effect: $Z = 0.04$        | (P = 0.97)                   |                              |                               |         |                    |
| Total (95% CI)                             | 869                          | 891                          | <b>+</b>                      | 100.0 % | 0.98 [ 0.81, 1.18  |
| Total events: 429 (Fluoxetine),            | 444 (TCAs)                   |                              |                               |         |                    |
| Heterogeneity: $Chi^2 = 23.84$ , d         | $H = 16 (P = 0.09); I^2 =$   | 33%                          |                               |         |                    |
| Test for overall effect: $Z = 0.23$        | (P = 0.82)                   |                              |                               |         |                    |
| Test for subgroup differences: (           | $Chi^2 = 7.58$ , $df = 5$ (P | = 0.18), I <sup>2</sup> =34% |                               |         |                    |
|  |                              |                              |                               |         |                    |
|  |                              |                              | 0.1 0.2 0.5 1 2 5 10          |         |                    |
|  |                              | F                            | avours Fluoxetine Favours TCA |         |                    |

# Analysis 5.2. Comparison 5 Sensitivity analysis - Fluoxetine vs TCAs, Outcome 2 End-point score on HDRS

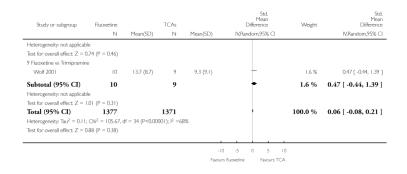
Review: Fluoxetine versus other types of pharmacotherapy for depression

Comparison: 5 Sensitivity analysis - Fluoxetine vs TCAs

Outcome: 2 End-point score on HDRS

| Study or subgroup                        | Fluoxetine                   |                                | TCAs    |             | Mean<br>Difference | Weight | Mear<br>Difference    |
|--|------------------------------|--------------------------------|---------|-------------|--------------------|--------|-----------------------|
|  | N                            | Mean(SD)                       | N       | Mean(SD)    | IV,Random,95% CI   |        | IV,Random,95% C       |
| I Fluoxetine vs Amiptriptylin            | e                            |                                |         |             |                    |        |                       |
| De Ronchi 1998                           | 32                           | 14.22 (8.31)                   | 33      | 13.94 (9.4) | †                  | 3.0 %  | 0.03 [ -0.46, 0.52    |
| Demyttenaere 1998                        | 35                           | 9.9 (6.3)                      | 31      | 7.2 (4.5)   | +                  | 3.0 %  | 0.48 [ -0.01, 0.97    |
| Fawcett 1989                             | 19                           | 12.8 (6.5)                     | 19      | 14.6 (7.9)  | +                  | 2.4 %  | -0.24 [ -0.88, 0.39   |
| Judd 1993                                | 23                           | 9.6 (6.2)                      | 23      | 11.6 (6)    | +                  | 2.6 %  | -0.32 [ -0.90, 0.26   |
| Keegan 1991                              | 19                           | 7.5 (2.5)                      | 18      | 7 (3)       | +                  | 2.4 %  | 0.18 [ -0.47, 0.82    |
| Kerkhofs 1990                            | 9                            | 8.44 (6.2)                     | 10      | 9.8 (4.6)   | +                  | 1.6 %  | -0.24 [ -1.14, 0.66   |
| Marchesi 1998                            | 67                           | 8.96 (6.6)                     | 75      | 8.15 (6.9)  | +                  | 3.7 %  | 0.12 [ -0.21, 0.45    |
| OntiverosSanchez1998                     | 21                           | 7.8 (6.21)                     | 21      | 5.8 (5.45)  | +                  | 2.5 %  | 0.34 [ -0.27, 0.95    |
| Preskom 1991                             | 29                           | 13.7 (7.8)                     | 31      | 15.6 (6.1)  | +                  | 2.9 %  | -0.27 [ -0.78, 0.24   |
| Suleman 1997                             | 15                           | 7.2 (2.5)                      | 15      | 7 (2.6)     | +                  | 2.1 %  | 0.08 [ -0.64, 0.79    |
| Versiani 1999                            | 77                           | 10.5 (8.9)                     | 79      | 8.7 (7.7)   | +                  | 3.8 %  | 0.22 [ -0.10, 0.53    |
| Yu 1997                                  | 8                            | 9 (10)                         | 8       | 11 (10)     | +                  | 1.4 %  | -0.19 [ -1.17, 0.79   |
| Subtotal (95% CI)                        | 354                          |                                | 363     |             | •                  | 31.7 % | 0.08 [ -0.06, 0.23 ]  |
| Heterogeneity: Tau <sup>2</sup> = 0.0; ( | hi <sup>2</sup> = 9.55, df = | = 11 (P = 0.57); I             | 2 =0.0% |             |                    |        |                       |
| Test for overall effect: $Z = 1$         | IO (P = 0.27)                |                                |         |             |                    |        |                       |
| 2 Fluoxetine vs Clomipramir              |                              |                                |         |             |                    |        |                       |
| Ginestet 1989                            | 28                           | 10.4 (7.2)                     | 26      | 10.5 (12)   | †                  | 2.8 %  | -0.01 [ -0.54, 0.52   |
| Noguera 1991                             | 47                           | 6.21 (4.57)                    | 44      | 6.66 (4.93) | †                  | 3.4 %  | -0.09 [ -0.51, 0.32   |
| Ropert 1989                              | 55                           | 8.2 (4.5)                      | 48      | 9.6 (5.3)   | +                  | 3.5 %  | -0.28 [ -0.67, 0.10   |
| Subtotal (95% CI)                        | 130                          |                                | 118     |             | †                  | 9.7 %  | -0.15 [ -0.40, 0.10 ] |
| Heterogeneity: $Tau^2 = 0.0$ ; (         |                              | = 2 (P = 0.67); I <sup>2</sup> | =0.0%   |             |                    |        |                       |
| Test for overall effect: Z = 1.          |                              |                                |         |             |                    |        |                       |
| 3 Fluoxetine vs Desipramine              |                              | 12 (12)                        | 20      | 12 (15)     |                    | 20.00  | 005 053 053           |
| Bowden 1993                              | 28                           | 13 (1.3)                       | 30      | 13 (1.5)    | T                  | 2.9 %  | 0.0 [ -0.52, 0.52     |
| Levkovitz 2002                           | 8                            | 9.7 (1.3)                      | 9       | 10.4 (1.5)  | +                  | 1.5 %  | -0.47 [ -1.44, 0.50   |
| Remick 1993                              | 26                           | 13 (1.3)                       | 20      | 6.9 (1.5)   | -                  | 1.2 %  | 4.31 [ 3.22, 5.40     |
|  |                              |                                |         |             | <del></del>        |        |                       |

|   |                     |                    | TO.                 |              | Std.<br>Mean                   |        | Std<br>Mear                   |
|---|---------------------|--------------------|---------------------|--------------|--------------------------------|--------|-------------------------------|
| Study or subgroup   | Fluoxetine          | Mean(SD)           | TCAs<br>N           | Mean(SD)     | Difference<br>IV.Random.95% CI | Weight | Difference<br>IV.Random.95% C |
| Subtotal (95% CI)   | 62                  | r lear(SD)         | 59                  | r leali(3D)  | TV,TAIRGOT(27378 CI            | 5.6 %  | 1.25 [ -1.28, 3.78            |
| leterogeneity: Tau <sup>2</sup> = 4.79; (                           |                     | ff = 2 (P<0,0000)  |                     | 6            |                                | 3.0 70 | 1.25 [ -1.26, 5.76            |
| est for overall effect: Z = 0.9                                     |                     |                    |                     |              |                                |        |                               |
| Fluoxetine vs Dothiepine  |                     |                    |                     |              |                                |        |                               |
| Come 1989   | 34                  | 11.7 (6.9)         | 44                  | 9.7 (5.8)    | -                              | 3.2 %  | 0.31 [ -0.14, 0.76            |
| Dowling 1990  | 30                  | 13.5 (7.26)        | 30                  | 8.9 (5.7)    | +                              | 2.9 %  | 0.70 [ 0.17, 1.22             |
| SouthWalesGroup 1988  | 27                  | 9.7 (7.8)          | 25                  | 10 (5)       | +                              | 2.8 %  | -0.04 [ -0.59, 0.50           |
| Stephenson 2000   | 37                  | 9.2 (7.1)          | 39                  | 11.3 (6.3)   | +                              | 3.2 %  | -0.31 [ -0.76, 0.14           |
| Subtotal (95% CI)   | 128                 |                    | 138                 |              | •                              | 12.0 % | 0.16 [ -0.27, 0.59            |
| Heterogeneity: Tau <sup>2</sup> = 0.13; (                           | $2hi^2 = 9.17$ , df | = 3 (P = 0.03); F  | =67%                |              |                                |        |                               |
| Test for overall effect: $Z = 0.7$                                  | 2 (P = 0.47)        |                    |                     |              |                                |        |                               |
| Fluoxetine vs Imipramine  | 22                  | 105 (741)          | 22                  | 105.0070     |                                | 2.6 %  | 001 010 010                   |
| Beasley 1993a   |                     | 10.5 (7.61)        |                     | 10.5 (8.7)   |                                |        | 0.0 [ -0.59, 0.59             |
| Byerley 1988  | 20                  | 12.8 (7.7)         | 24                  | 13.7 (8.5)   | T                              | 2.6 %  | -0.11 [ -0.70, 0.49           |
| Cohn 1985   | 54                  | 11.49 (7.61)       | 54                  | 17.1 (8.7)   | *                              | 3.5 %  | -0.68 [ -1.07, -0.29          |
| Cohn 1989   | 30                  | 13.8 (7.61)        | 30                  | 16.3 (8.7)   | 1                              | 2.9 %  | -0.30 [ -0.81, 0.21           |
| Feighner 1989   | 52                  | 17.69 (9.91)       | 45                  | 16.04 (9.21) | +                              | 3.4 %  | 0.17 [ -0.23, 0.57            |
| Levine 1989   | 22                  | 9.8 (7.61)         | 28                  | 6.4 (8.7)    | +                              | 2.7 %  | 0.41 [ -0.16, 0.97            |
| McGrath 2000  | 49                  | 7.7 (5.6)          | 53                  | 5.8 (4.8)    | -                              | 3.5 %  | 0.36 [ -0.03, 0.75            |
| Nielsen 1993  | 21                  | 7.2 (7.61)         | 22                  | 8.2 (8.7)    | +                              | 2.6 %  | -0.12 [ -0.72, 0.48           |
| Stark 1985  | 185                 | 16.5 (10.1)        | 185                 | 16.2 (10.1)  |                                | 4.3 %  | 0.03 [ -0.17, 0.23            |
| Tollefson 1994  | 62                  | 11.6 (7.6)         | 60                  | 12.2 (7.9)   | +                              | 3.6 %  | -0.08 [ -0.43, 0.28           |
| Subtotal (95% CI)   | 517                 |                    | 523                 |              |                                | 31.6 % | -0.03 [ -0.23, 0.16           |
| Heterogeneity: Tau <sup>2</sup> = 0.05; (                           | $Chi^2 = 19.57$ , o | ff = 9 (P = 0.02); | l <sup>2</sup> =54% |              |                                |        |                               |
| Test for overall effect; $Z = 0.3$                                  | 3 (P = 0.74)        |                    |                     |              |                                |        |                               |
| 5 Fluoxetine vs Lofepramine   |                     |                    |                     |              |                                |        |                               |
| Robertson 1994  | 90                  | 14.1 (7.2)         | 93                  | 13.2 (6.8)   |                                | 3.9 %  | 0.13 [ -0.16, 0.42            |
| Subtotal (95% CI)   | 90                  |                    | 93                  |              | İ                              | 3.9 %  | 0.13 [ -0.16, 0.42            |
| Heterogeneity: not applicable<br>lest for overall effect: $Z = 0.6$ | (7 (D = 0.30)       |                    |                     |              |                                |        |                               |
| Est for overall effect: Z. – 0.6 Fluoxetine vs Nomifensine          | i/ (P = 0.39)       |                    |                     |              |                                |        |                               |
| Subtotal (95% CI)   | 0                   |                    | 0                   |              |                                |        | Not estimable                 |
| leterogeneity; not applicable                                       |                     |                    |                     |              |                                |        |                               |
| est for overall effect; not app                                     | licable             |                    |                     |              |                                |        |                               |
| Fluoxetine vs Nortriptyline   |                     |                    |                     |              |                                |        |                               |
| Joyce 2002  | 86                  | 12.1 (10.3)        | 68                  | 13.4 (11.3)  | 1                              | 3.8 %  | -0.12 [ -0.44, 0.20           |
| Subtotal (95% CI)   | 86                  |                    | 68                  |              | 1                              | 3.8 %  | -0.12 [ -0.44, 0.20           |



## Analysis 5.3. Comparison 5 Sensitivity analysis - Fluoxetine vs TCAs, Outcome 3 Failure to complete - Total

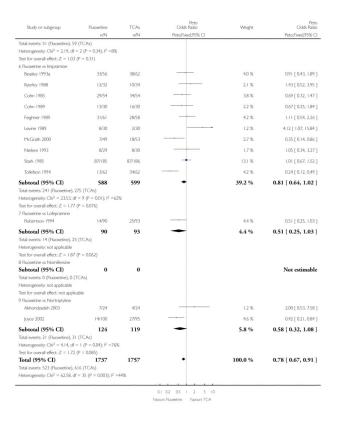
Review: Fluoxetine versus other types of pharmacotherapy for depression

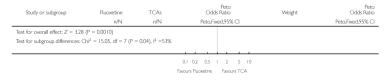
Comparison: 5 Sensitivity analysis - Fluoxetine vs TCAs

Outcome: 3 Failure to complete - Total

| Pet<br>Odds Rati<br>Peto,Fixed,95% ( | Weight | Peto<br>Odds Ratio<br>Peto,Fixed,95% CI | TCAs<br>n/N | Fluoxetine<br>n/N | Study or subgroup           |
|--------------------------------------|--------|---|-------------|-------------------|-----------------------------|
|                                      |        |   |             |                   | Fluoxetine vs Amitriptyline |
| 0.79 [ 0.28, 2.24                    | 2.0 %  |   | 11/33       | 9/32              | De Ronchi 1998              |
| 0.27 [ 0.10, 0.77                    | 2.0 %  |   | 14/31       | 6/35              | Demyttenaere 1998           |
| 0.56 [ 0.16, 1.89                    | 1.4 %  |   | 11/20       | 8/20              | Fawcett 1989                |
| 2.38 [ 0.62, 9.21                    | 1.2 %  | -                                       | 3/28        | 7/30              | Judd 1993                   |
| 0.71 [ 0.11, 4.52                    | 0.6 %  |   | 3/22        | 2/20              | Keegan 1991                 |
| 0.76 [ 0.28, 2.09                    | 2.1 %  |   | 10/75       | 7/67              | Marchesi 1998               |
| 0.23 [ 0.04, 1.27                    | 0.7 %  | •                                       | 5/21        | 1/20              | Masco 1985                  |

| Per<br>Odds Rat    | Weight | Peto<br>Odds Ratio | TCAs  | Fluoxetine                         | Study or subgroup                             |
|--------------------|--------|--------------------|-------|------------------------------------|---|
| Peto,Fixed,95%     | 180    | Peto,Fixed,95% CI  | n/N   | n/N                                |   |
| 0.56 [ 0.17, 1.89  | 1.5 %  |                    | 10/21 | 7/21                               | OntiverosSanchez1998                          |
| 0.36 [ 0.13, 0.99  | 2.1 %  |                    | 16/31 | 8/30                               | Preskom 1991                                  |
| 0.80 [ 0.35, 1.83  | 3.2 %  |                    | 15/80 | 12/77                              | Versiani 1999                                 |
| 1.00 [ 0.29, 3.39  | 1.5 %  |                    | 7/25  | 7/25                               | Young 1987                                    |
| 0.63 [ 0.45, 0.89  | 18.4 % | •                  | 387   | 377                                | Subtotal (95% CI)                             |
|                    |        |                    |       | (TCAs)                             | Total events: 74 (Fluoxetine), 105            |
|                    |        |                    | 96    | 10 (P = 0.44); I <sup>2</sup> =0   | Heterogeneity: Chi <sup>2</sup> = 10.03, df = |
|                    |        |                    |       | = 0.0084)                          | Test for overall effect: Z = 2.64 (P          |
|                    |        |                    |       |                                    | 2 Fluoxetine vs Clomipramine                  |
| 0.76 [ 0.33, 1.75  | 3.1 %  |                    | 16/60 | 13/60                              | Noguera 1991                                  |
| 0.59 [ 0.28, 1.22  | 4.1 %  | 1                  | 24/72 | 16/71                              | Ropert 1989                                   |
| 0.66 [ 0.38, 1.14  | 7.3 %  | -                  | 132   | 131                                | Subtotal (95% CI)                             |
|                    |        |                    |       | TCAs)                              | Total events: 29 (Fluoxetine), 40 (1          |
|                    |        |                    | 6     | $I (P = 0.64); I^2 = 0.09$         | Heterogeneity: $Chi^2 = 0.22$ , $df = 1$      |
|                    |        |                    |       | = 0.13)                            | Test for overall effect: $Z = 1.50$ (P        |
|                    |        |                    |       |                                    | 3 Fluoxetine vs Desipramine                   |
| 0.61 [ 0.18, 2.07  | 1.5 %  |                    | 8/30  | 5/28                               | Bowden 1993                                   |
| 0.27 [ 0.05, 1.34  | 0.8 %  | •                  | 5/20  | 2/26                               | Remick 1993                                   |
| 0.45 [ 0.17, 1.19  | 2.3 %  | -                  | 50    | 54                                 | Subtotal (95% CI)                             |
|                    |        |                    |       | CAs)                               | Total events: 7 (Fluoxetine), 13 (To          |
|                    |        |                    | 6     | I (P = 0.43); I <sup>2</sup> =0.09 | Heterogeneity: $Chi^2 = 0.63$ , $df = 1$      |
|                    |        |                    |       | 9 = 0.11)                          | Test for overall effect: $Z = 1.61$ (P        |
|                    |        |                    |       |                                    | 4 Fluoxetine vs Dothiepine                    |
| 2.43 [ 0.93, 6.32  | 2.4 %  |                    | 7/51  | 14/49                              | Come 1989                                     |
| 2.64 [ 0.94, 7.41  | 2.0 %  |                    | 8/30  | 15/30                              | Dowling 1990                                  |
| 2.67 [ 0.94, 7.62  | 2.0 %  | -                  | 7/28  | 15/31                              | SouthWalesGroup 1988                          |
| 0.95 [ 0.41, 2.19  | 3.1 %  |                    | 16/56 | 14/51                              | Stephenson 2000                               |
| 0.90 [ 0.47, 1.72  | 5.1 %  | -                  | 30/76 | 28/76                              | Thompson 2000                                 |
| 1.44 [ 0.98, 2.12  | 14.6 % | •                  | 241   | 237                                | Subtotal (95% CI)                             |
|                    |        |                    |       | TCAs)                              | Total events: 86 (Fluoxetine), 68 (1          |
|                    |        |                    | 6     | 4 (P = 0.15); I <sup>2</sup> =41%  | Heterogeneity: $Chi^2 = 6.80$ , $df = 4$      |
|                    |        |                    |       | = 0.065)                           | Test for overall effect: Z = 1.84 (P          |
|                    |        |                    |       |                                    | 5 Fluoxetine vs Doxepine                      |
| 0.59 [ 0.31, 1.10  | 5.6 %  | -                  | 48/79 | 37/78                              | Feighner 1985a                                |
| 1.40 [ 0.53, 3.70  | 2.3 %  |                    | 10/37 | 13/38                              | Remick 1989                                   |
| 1.00 [ 0.06, 16.58 | 0.3 %  | •                  | 1/20  | 1/20                               | Sandor 1998                                   |
|                    |        |                    |       | 136                                | Subtotal (95% CI)                             |





## Analysis 5.4. Comparison 5 Sensitivity analysis - Fluoxetine vs TCAs, Outcome 4 Failure to complete -Inefficacy

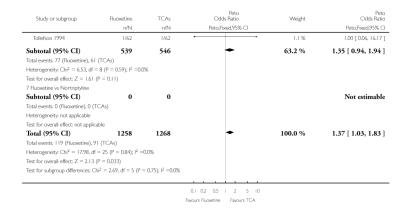
Review: Fluoxetine versus other types of pharmacotherapy for depression

Comparison: 5 Sensitivity analysis - Fluoxetine vs TCAs

Outcome: 4 Failure to complete - Inefficacy

| r subgroup  | Fluoxetine<br>n/N | TCAs<br>n/N | Peto<br>Odds Ratio<br>Peto,Fixed,95% CI | Weight | Per<br>Odds Rat<br>Peto,Fixed,95% ( |
|---|-------------------|-------------|---|--------|-------------------------------------|
| vs Amitriptyline  |                   |             |   |        |                                     |
| hi 1998   | 1/32              | 2/33        | •                                       | 1.6 %  | 0.52 [ 0.05, 5.17                   |
| naere 1998  | 4/35              | 3/31        |   | 3.5 %  | 1.20 [ 0.25, 5.70                   |
| 989   | 2/20              | 0/20        |   | 1.1 %  | 7.79 [ 0.47, 129.11                 |
| 3   | 1/30              | 1/28        | •                                       | 1.1 %  | 0.93 [ 0.06, 15.30                  |
| 991   | 1/20              | 0/22        |   | 0.5 %  | 8.17 [ 0.16, 413.39                 |
| 1998  | 1/67              | 2/75        | •                                       | 1.6 %  | 0.57 [ 0.06, 5.58                   |
| 185   | 0/20              | 0/21        |   |        | Not estimab                         |
| sSanchez 1998   | 1/21              | 1/21        | •                                       | 1.1 %  | 1.00 [ 0.06, 16.55                  |
| 1991  | 3/30              | 1/31        |   | 2.1 %  | 2.97 [ 0.40, 22.17                  |
| 999   | 1/77              | 3/80        | •                                       | 2.1 %  | 0.37 [ 0.05, 2.71                   |
| (95% CI)<br>15 (Fluoxetine), 13 (TC<br>ity: Chi <sup>2</sup> = 5.68, df = 8 i | ,                 | <b>362</b>  | +                                       | 14.6 % | 1.15 [ 0.54, 2.46                   |

| Study or subgroup   | Fluoxetine                         | TCAs   | Peto<br>Odds Ratio | Weight | Peto<br>Odds Ratio   |
|---|------------------------------------|--------|--------------------|--------|----------------------|
|   | n/N                                | n/N    | Peto,Fixed,95% CI  |        | Peto,Fixed,95% CI    |
| Test for overall effect: Z = 0.37                                   | (P = 0.71)                         |        |                    |        |                      |
| 2 Fluoxetine vs Clomipramine  |                                    |        | 1                  |        |                      |
| Noguera 1991  | 3/60                               | 0/60   |                    | 1.6 %  | 7.65 [ 0.78, 74.93 ] |
| Subtotal (95% CI)   | 60                                 | 60     |                    | 1.6 %  | 7.65 [ 0.78, 74.93 ] |
| Total events: 3 (Fluoxetine), 0 (T<br>Heterogeneity: not applicable | CAs)                               |        |                    |        |                      |
| Test for overall effect: Z = 1.75                                   | (P = 0.081)                        |        |                    |        |                      |
| 3 Fluoxetine vs Desipramine   | (1 - 0.001)                        |        |                    |        |                      |
| Bowden 1993   | 3/28                               | 2/30   |                    | 2.5 %  | 1.66 [ 0.27, 10.22 ] |
| Remick 1993   | 0/26                               | 1/20   |                    | 0.5 %  | 0.10 [ 0.00, 5.23 ]  |
| Subtotal (95% CI)   | 54                                 | 50     |                    | 3.1 %  | 1.02 [ 0.19, 5.30 ]  |
| Total events: 3 (Fluoxetine), 3 (T                                  | CAs)                               | -      |                    |        | ,                    |
| Heterogeneity: Chi <sup>2</sup> = 1.60, df =                        | = I (P = 0.21); I <sup>2</sup> =37 | %      |                    |        |                      |
| Test for overall effect: $Z = 0.02$                                 | (P = 0.99)                         |        |                    |        |                      |
| 4 Fluoxetine vs Dothiepine  |                                    |        |                    |        |                      |
| Dowling 1990  | 5/30                               | 2/30   |                    | 3.4 %  | 2.60 [ 0.54, 12.40 ] |
| SouthWalesGroup 1988  | 5/31                               | 4/28   |                    | 4.2 %  | 1.15 [ 0.28, 4.71 ]  |
| Thompson 2000   | 1/76                               | 2/76   | •                  | 1.6 %  | 0.51 [ 0.05, 4.97 ]  |
| Subtotal (95% CI)   | 137                                | 134    | -                  | 9.3 %  | 1.35 [ 0.52, 3.49 ]  |
| Total events: 11 (Fluoxetine), 8 (                                  |                                    |        |                    |        |                      |
| Heterogeneity: Chi <sup>2</sup> = 1.43, df =                        |                                    | 96     |                    |        |                      |
| Test for overall effect: Z = 0.62<br>5 Fluoxetine vs Doxepine       | (P = 0.54)                         |        |                    |        |                      |
| Feighner 1985a  | 6/78                               | 4/79   |                    | 5.1 %  | 1.55 [ 0.43, 5.56 ]  |
| Remick 1989   | 4/38                               | 2/37   |                    | 3.1 %  | 1.99 [ 0.38, 10.42 ] |
|   |                                    | 116    |                    |        |                      |
| Subtotal (95% CI) Total events: 10 (Fluoxetine), 6 (                | 116                                | 116    |                    | 8.2 %  | 1.70 [ 0.62, 4.67 ]  |
| Heterogeneity: Chi <sup>2</sup> = 0.05, df =                        |                                    | N/L    |                    |        |                      |
| Test for overall effect: Z = 1.03                                   |                                    |        |                    |        |                      |
| 6 Fluoxetine vs Imipramine  |                                    |        |                    |        |                      |
| Beasley 1993a   | 15/56                              | 10/62  | -                  | 10.8 % | 1.88 [ 0.78, 4.54 ]  |
| Byerley 1988  | 7/32                               | 6/34   |                    | 5.8 %  | 1.30 [ 0.39, 4.34 ]  |
| Cohn 1985   | 0/54                               | 4/54   | **                 | 2.1 %  | 0.13 [ 0.02, 0.93 ]  |
| Cohn 1989   | 2/30                               | 2/30   | -                  | 2.1 %  | 1.00 [ 0.13, 7.48 ]  |
| Feighner 1989   | 13/61                              | 8/58   |                    | 9.5 %  | 1.67 [ 0.65, 4.27 ]  |
| Levine 1989   | 2/30                               | 1/30   | -                  | 1.6 %  | 1.99 [ 0.20, 19.94 ] |
| Nielsen 1993  | 2/29                               | 1/30   |                    | 1.6 %  | 2.07 [ 0.21, 20.68 ] |
| Stark 1985  | 35/185                             | 28/186 |                    | 28.6 % | 1.31 [ 0.77, 2.26 ]  |

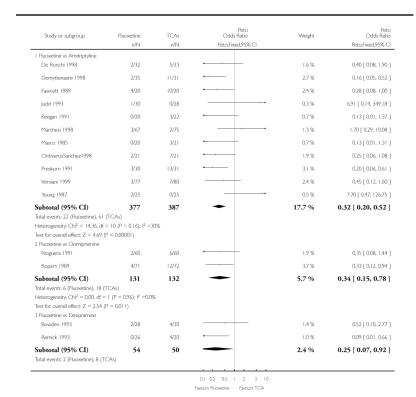


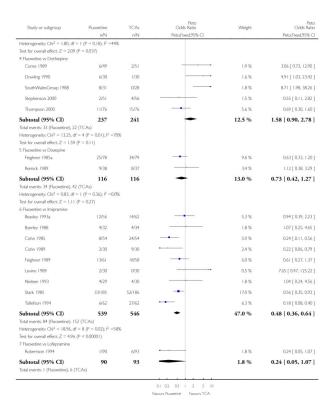
## Analysis 5.5. Comparison 5 Sensitivity analysis - Fluoxetine vs TCAs, Outcome 5 Failure to complete - Side Effects

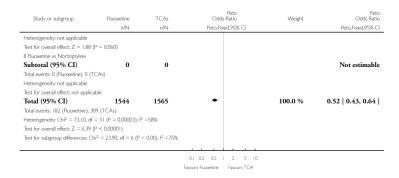
Review: Fluoxetine versus other types of pharmacotherapy for depression

Comparison: 5 Sensitivity analysis - Fluoxetine vs TCAs

Outcome: 5 Failure to complete - Side Effects





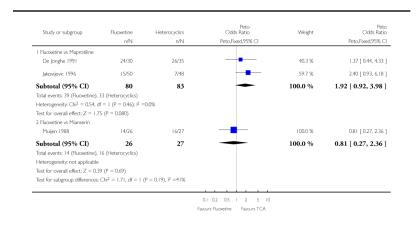


### Analysis 6.1. Comparison 6 Sensitivity analysis - Fluoxetine vs Heterocyclics, Outcome 1 Failure to respond - HDRS (-50%)

Review: Fluoxetine versus other types of pharmacotherapy for depression

Comparison: 6 Sensitivity analysis - Fluoxetine vs Heterocyclics

Outcome: 1 Failure to respond - HDRS (-50%)



### Analysis 6.2. Comparison 6 Sensitivity analysis - Fluoxetine vs Heterocyclics, Outcome 2 End-point score on HDRS

Review: Fluoxetine versus other types of pharmacotherapy for depression

Comparison: 6 Sensitivity analysis - Fluoxetine vs Heterocyclics

Outcome: 2 End-point score on HDRS

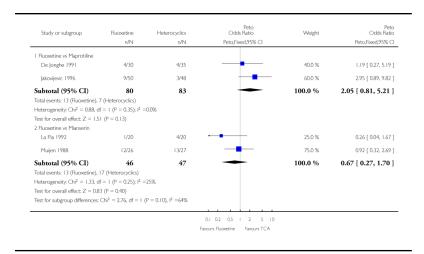
| Study or subgroup                     | Fluoxetine                  |                   | Heterocyclics |             | Std.<br>Mean<br>Difference | Weight  | Std.<br>Mean<br>Difference |
|---------------------------------------|-----------------------------|-------------------|---------------|-------------|----------------------------|---------|----------------------------|
|                                       | N                           | Mean(SD)          | Ν             | Mean(SD)    | IV,Random,95% CI           |         | IV,Random,95% CI           |
| 6 Fluoxetine vs Maprotiline           | e                           |                   |               |             |                            |         |                            |
| De Jonghe 1991                        | 28                          | 19 (8.34)         | 34            | 16.38 (7.6) | •                          | 30.5 %  | 0.33 [ -0.18, 0.83 ]       |
| Jakovijevic 1996                      | 40                          | 6.5 (4.77)        | 45            | 6.49 (4.98) | •                          | 33.9 %  | 0.00 [ -0.42, 0.43 ]       |
| Martenyi 200 I                        | 59                          | 9.2 (6.7)         | 46            | 9.6 (5.5)   | •                          | 35.6 %  | -0.06 [ -0.45, 0.32 ]      |
| Subtotal (95% CI)                     | 127                         |                   | 125           |             | •                          | 100.0 % | 0.05 [ -0.20, 0.30 ]       |
| Heterogeneity: Tau <sup>2</sup> = 0.0 | $Chi^2 = 1.54$ , o          | f = 2 (P = 0.46); | 2 =0.0%       |             |                            |         |                            |
| Test for overall effect: Z =          | 0.42 (P = 0.67              | )                 |               |             |                            |         |                            |
| 7 Fluoxetine vs Mianserin             |                             |                   |               |             |                            |         |                            |
| Besancon 1993                         | 33                          | 13 (5)            | 32            | 10.5 (4.5)  | •                          | 41.5 %  | 0.52 [ 0.02, 1.01 ]        |
| La Pia 1992                           | 19                          | 14.5 (6.25)       | 16            | 6.4 (7.35)  | •                          | 29.8 %  | 1.17 [ 0.44, 1.89 ]        |
| Muijen 1988                           | 14                          | 10.5 (7.5)        | 14            | 14.5 (10.2) | -                          | 28.7 %  | -0.43 [ -1.18, 0.32 ]      |
| Subtotal (95% CI)                     | 66                          |                   | 62            |             | •                          | 100.0 % | 0.43 [ -0.38, 1.23 ]       |
| Heterogeneity: Tau <sup>2</sup> = 0.3 | 9; Chi <sup>2</sup> = 9.16, | df = 2 (P = 0.01) | $I^2 = 78\%$  |             |                            |         |                            |
| Test for overall effect: Z =          | 1.04 (P = 0.30              | )                 |               |             |                            |         |                            |
|                                       |                             |                   |               |             |                            |         |                            |
|                                       |                             |                   |               | -10         | -5 0 5                     | 0       |                            |
|                                       |                             |                   |               |             | fluoxetine Favours TC      |         |                            |

#### Analysis 6.3. Comparison 6 Sensitivity analysis - Fluoxetine vs Heterocyclics, Outcome 3 Failure to complete - Total

Review: Fluoxetine versus other types of pharmacotherapy for depression

Comparison: 6 Sensitivity analysis - Fluoxetine vs Heterocyclics

#### Outcome: 3 Failure to complete - Total

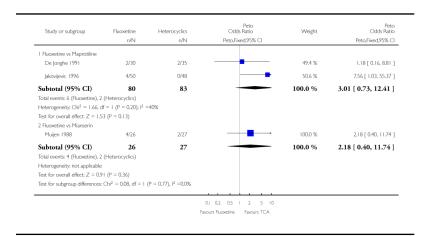


#### Analysis 6.4. Comparison 6 Sensitivity analysis - Fluoxetine vs Heterocyclics, Outcome 4 Failure to complete - Inefficacy

Review: Fluoxetine versus other types of pharmacotherapy for depression

Comparison: 6 Sensitivity analysis - Fluoxetine vs Heterocyclics

Outcome: 4 Failure to complete - Inefficacy

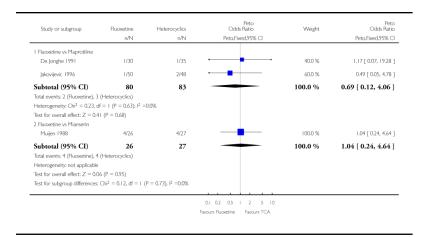


#### Analysis 6.5. Comparison 6 Sensitivity analysis - Fluoxetine vs Heterocyclics, Outcome 5 Failure to complete - Side Effects

Review: Fluoxetine versus other types of pharmacotherapy for depression

Comparison: 6 Sensitivity analysis - Fluoxetine vs Heterocyclics

Outcome: 5 Failure to complete - Side Effects

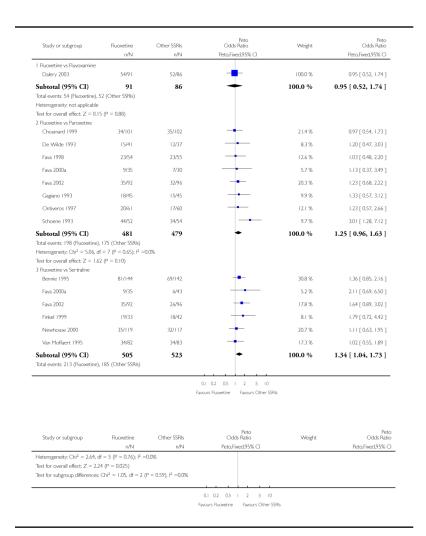


# Analysis 7.1. Comparison 7 Sensitivity analysis - Fluoxetine vs other SSRIs, Outcome 1 Failure to respond -HDRS (-50%)

Review: Fluoxetine versus other types of pharmacotherapy for depression

Comparison: 7 Sensitivity analysis - Fluoxetine vs other SSRIs

Outcome: 1 Failure to respond - HDRS (-50%)



# Analysis 7.2. Comparison 7 Sensitivity analysis - Fluoxetine vs other SSRIs, Outcome 2 End-point score on HDRS

Review: Fluoxetine versus other types of pharmacotherapy for depression

Comparison: 7 Sensitivity analysis - Fluoxetine vs other SSRIs

Outcome: 2 End-point score on HDRS

| Study or subgroup                     | Fluoxetine        | (                       | Other SSRIs |             | Std.<br>Mean<br>Difference | Weight  | Std<br>Mear<br>Difference |
|---------------------------------------|-------------------|-------------------------|-------------|-------------|----------------------------|---------|---------------------------|
|                                       | N                 | Mean(SD)                | N           | Mean(SD)    | IV,Random,95% CI           |         | IV,Random,95% C           |
| I Fluoxetine vs Citalopran            | n                 |                         |             |             |                            |         |                           |
| Bougerol 1997a                        | 161               | 10.1 (8.75)             | 153         | 9 (8.65)    | •                          | 50.2 %  | 0.13 [ -0.10, 0.35        |
| Bougerol 1997b                        | 149               | 11.3 (9.64)             | 147         | 11.5 (9.69) | •                          | 49.8 %  | -0.02 [ -0.25, 0.21       |
| Subtotal (95% CI)                     | 310               |                         | 300         |             | •                          | 100.0 % | 0.05 [ -0.10, 0.21        |
| Heterogeneity: Tau <sup>2</sup> = 0.0 | $Chi^2 = 0.82, c$ | $f = I \ (P = 0.37); F$ | =0.0%       |             |                            |         |                           |
| Test for overall effect: Z =          | 0.68 (P = 0.50    | )                       |             |             |                            |         |                           |
| 2 Fluoxetine vs Paroxetine            | :                 |                         |             |             |                            |         |                           |
| Chouinard 1999                        | 98                | 10.67 (1.1)             | 100         | 11.99 (1.1) | •                          | 14.1 %  | -1.20 [ -1.50, -0.89      |
| De Wilde 1993                         | 41                | 13.2 (10.3)             | 37          | 9.7 (9.5)   | •                          | 11.5 %  | 0.35 [ -0.10, 0.80        |
| Fava 1998                             | 54                | 13.1 (10.3)             | 55          | 12.1 (10)   | •                          | 12.8 %  | 0.10 [ -0.28, 0.47        |
| Fava 2000a                            | 35                | 9 (7.2)                 | 30          | 9.5 (6.85)  | +                          | 10.8 %  | -0.07 [ -0.56, 0.42       |
| Fava 2002                             | 88                | 8.73 (7.1)              | 93          | 8.3 (6.8)   | •                          | 14.3 %  | 0.06 [ -0.23, 0.35        |
| Gagiano 1993                          | 35                | 8.8 (7.2)               | 38          | 9.3 (6.85)  | +                          | 11.3 %  | -0.07 [ -0.53, 0.39       |
| Ontiveros 1997                        | 52                | 10.7 (7.2)              | 58          | 9.8 (6.85)  | +                          | 12.8 %  | 0.13 [ -0.25, 0.50        |
|                                       |                   |                         |             | -10         | -5 0 5 1                   | 0       |                           |

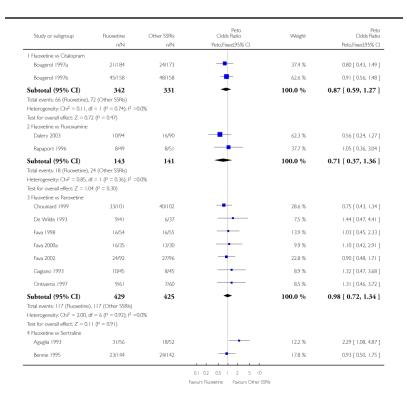
| Study or subgroup                     | Fluoxetine                  |                    | Other SSRIs              |             | Std.<br>Mean<br>Difference | Weight   | Std<br>Mear<br>Difference |
|---------------------------------------|-----------------------------|--------------------|--------------------------|-------------|----------------------------|----------|---------------------------|
| otday of saugroup                     | N                           | Mean(SD)           | N                        | Mean(SD)    | IV,Random,95% CI           | 110911   | IV,Random,95% C           |
| Schoene 1993                          | 52                          | 23 (7.2)           | 54                       | 20 (6.85)   | •                          | 12.6 %   | 0.42 [ 0.04, 0.81 ]       |
| Subtotal (95% CI)                     | 455                         |                    | 465                      |             | +                          | 100.0 %  | -0.04 [ -0.45, 0.37 ]     |
| Heterogeneity: Tau <sup>2</sup> = 0.3 | 0; Chi <sup>2</sup> = 64.83 | 8, df = 7 (P<0.000 | 01); I <sup>2</sup> =89% |             |                            |          |                           |
| Test for overall effect: Z =          | 0.20 (P = 0.84              | )                  |                          |             |                            |          |                           |
| 3 Fluoxetine vs Sertraline            |                             |                    |                          |             |                            |          |                           |
| Aguglia 1993                          | 40                          | 10.6 (5.4)         | 48                       | 9.2 (5.5)   | •                          | 12.9 %   | 0.25 [ -0.17, 0.68        |
| Bennie 1995                           | 124                         | 12.6 (6.25)        | 124                      | 11.93 (6.3) | •                          | 16.2 %   | 0.11 [ -0.14, 0.36        |
| Fava 2000a                            | 35                          | 9 (6.25)           | 43                       | 7 (6.3)     | •                          | 12.3 %   | 0.32 [ -0.13, 0.76        |
| Fava 2002                             | 88                          | 8.73 (7.1)         | 96                       | 8.11 (7.1)  | •                          | 15.4 %   | 0.09 [ -0.20, 0.38        |
| Finkel 1999                           | 33                          | 11 (6.25)          | 41                       | 9 (6.3)     | •                          | 12.1 %   | 0.32 [ -0.15, 0.78        |
| Newhouse 2000                         | 118                         | 13.7 (6.25)        | 116                      | 13.8 (6.3)  | •                          | 16.0 %   | -0.02 [ -0.27, 0.24       |
| Van Moffaert 1995                     | 82                          | 12.9 (6.25)        | 82                       | 13.7 (6.3)  | •                          | 15.1 %   | -0.13 [ -0.43, 0.18       |
| Subtotal (95% CI)                     | 520                         |                    | 550                      |             | }                          | 100.0 %  | 0.08 [ -0.04, 0.20 ]      |
| Heterogeneity: Tau <sup>2</sup> = 0.0 | $t$ ; $Chi^2 = 5.05$ , $c$  | ff = 6 (P = 0.54); | 2 =0.0%                  |             |                            |          |                           |
| Test for overall effect: Z =          | 1.33 (P = 0.18              | )                  |                          |             |                            |          |                           |
|                                       |                             |                    |                          |             |                            |          |                           |
|                                       |                             |                    |                          | -10         | -5 0 5                     | 10       |                           |
|                                       |                             |                    |                          | Favour      | s fluoxetine Favours oth   | er SSRIs |                           |

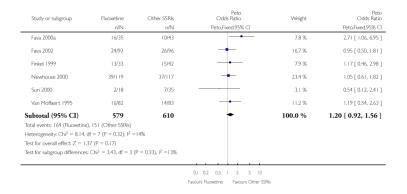
# Analysis 7.3. Comparison 7 Sensitivity analysis - Fluoxetine vs other SSRIs, Outcome 3 Failure to complete - Total

Review: Fluoxetine versus other types of pharmacotherapy for depression

Comparison: 7 Sensitivity analysis - Fluoxetine vs other SSRIs

Outcome: 3 Failure to complete - Total



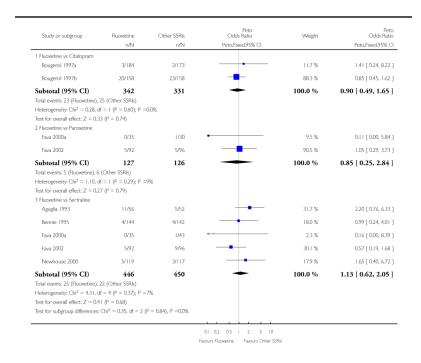


# Analysis 7.4. Comparison 7 Sensitivity analysis - Fluoxetine vs other SSRIs, Outcome 4 Failure to complete - Inefficacy

Review: Fluoxetine versus other types of pharmacotherapy for depression

Comparison: 7 Sensitivity analysis - Fluoxetine vs other SSRIs

Outcome: 4 Failure to complete - Inefficacy

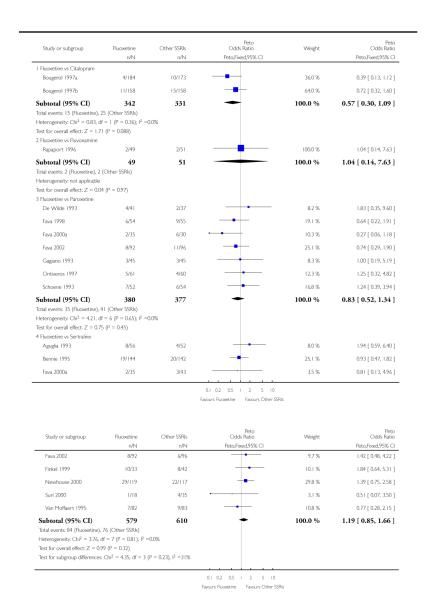


#### Analysis 7.5. Comparison 7 Sensitivity analysis - Fluoxetine vs other SSRIs, Outcome 5 Failure to complete - Side Effects

Review: Fluoxetine versus other types of pharmacotherapy for depression

Comparison: 7 Sensitivity analysis - Fluoxetine vs other SSRIs

Outcome: 5 Failure to complete - Side Effects

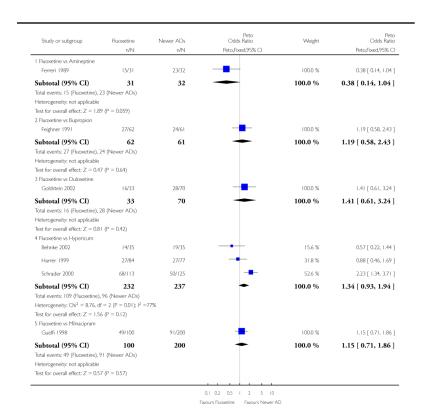


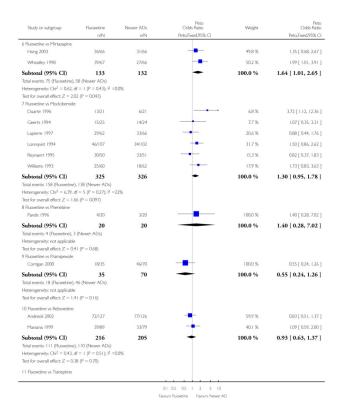
# Analysis 8.1. Comparison 8 Sensitivity analysis - Fluoxetine vs newer ADs, Outcome 1 Failure to respond -HDRS (-50%)

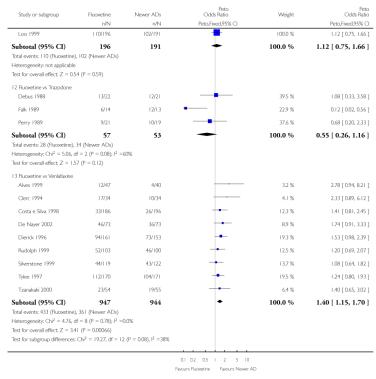
Review: Fluoxetine versus other types of pharmacotherapy for depression

Comparison: 8 Sensitivity analysis - Fluoxetine vs newer ADs

Outcome: 1 Failure to respond - HDRS (-50%)







# Analysis 8.2. Comparison 8 Sensitivity analysis - Fluoxetine vs newer ADs, Outcome 2 End-point score on HDRS

Review: Fluoxetine versus other types of pharmacotherapy for depression

Comparison: 8 Sensitivity analysis - Fluoxetine vs newer ADs

Outcome: 2 End-point score on HDRS

|   | Mean<br>Difference     | Weight  | Mean<br>Difference |             | Newer AD               |                   | Fluoxetine       | Study or subgroup              |
|---|------------------------|---------|--------------------|-------------|------------------------|-------------------|------------------|--------------------------------|
|   | IV,Random,95% C        |         | IV,Random,95% CI   | Mean(SD)    | N                      | Mean(SD)          | Ν                |                                |
|   |                        |         |                    |             |                        |                   |                  | I Fluoxetine vs ABT-200        |
|   | -1.85 [ -2.25, -1.45   | 100.0 % | •                  | 22.7 (5.6)  | 69                     | 11.6 (6.3)        | 72               | Sramek 1995                    |
| ] | -1.85 [ -2.25, -1.45 ] | 100.0 % | •                  |             | 69                     |                   | 72               | Subtotal (95% CI)              |
|   |                        |         |                    |             |                        |                   | ble              | Heterogeneity: not applica     |
|   |                        |         |                    |             |                        | 0001)             | 9.15 (P < 0.0    | Test for overall effect: $Z =$ |
|   |                        |         | <u>L</u>           |             |                        |                   |                  | 2 Fluoxetine vs Amisulprio     |
|   | 0.17 [ -0.07, 0.41     | 100.0 % | •                  | 8.1 (7.1)   | 139                    | 9.5 (9.1)         | 129              | Smeraldi 1998                  |
| ] | 0.17 [ -0.07, 0.41 ]   | 100.0 % | •                  |             | 139                    |                   | 129              | Subtotal (95% CI)              |
|   |                        |         |                    |             |                        |                   | ble              | Heterogeneity: not applica     |
|   |                        |         |                    |             |                        | 5)                | 1.40 (P = 0.1    | Test for overall effect: $Z =$ |
|   |                        |         | L                  |             |                        |                   |                  | 3 Fluoxetine vs Hypericum      |
|   | 0.31 [ -0.19, 0.82     | 26.4 %  | Ī                  | 10 (5.8)    | 29                     | 12 (6.8)          | 32               | Behnke 2002                    |
|   | 0.03 [ -0.29, 0.35 ]   | 35.2 %  | •                  | 7.91 (5.8)  | 70                     | 8.11 (6.8)        | 79               | Harrer 1999                    |
|   | 0.10 [ -0.15, 0.36 ]   | 38.4 %  | •                  | 11.54 (5.8) | 125                    | 12.2 (6.8)        | 113              | Schrader 2000                  |
| ] | 0.11 [ -0.08, 0.29 ]   | 100.0 % | •                  |             | 224                    |                   | 224              | Subtotal (95% CI)              |
|   |                        |         |                    |             | ; I <sup>2</sup> =0.0% | df = 2 (P = 0.66) | $Chi^2 = 0.84$ , | Heterogeneity: $Tau^2 = 0.0$   |
|   |                        |         |                    |             |                        | 5)                | 1.14 (P = 0.2    | Test for overall effect: $Z =$ |
|   |                        |         |                    |             |                        |                   |                  | 4 Fluoxetine vs Milnacipra     |
|   | -0.38 [ -0.71, -0.06   | 100.0 % | •                  | 2.61 (1.47) | 74                     | 2 (1.68)          | 75               | Ansseau 1994                   |
| J | -0.38 [ -0.71, -0.06 ] | 100.0 % | •                  |             | 74                     |                   | 75               | Subtotal (95% CI)              |
|   |                        |         |                    |             |                        |                   | ble              | Heterogeneity: not applica     |
|   |                        |         |                    |             |                        | 20)               | ,                | Test for overall effect: $Z =$ |
|   |                        |         |                    |             |                        |                   |                  | 5 Fluoxetine vs Mocloberr      |
|   | 0.50 [ -0.12, 1.12 ]   | 15.6 %  | Ī                  | 9.84 (7.28) | 21                     | 13.44 (6.84)      | 21               | Duarte 1996                    |
|   | 0.10 [ -0.64, 0.84     | 12.6 %  | †                  | 9.1 (7.3)   | 15                     | 9.8 (6.2)         | 13               | Geerts 1994                    |
|   | 0.08 [ -0.27, 0.42 ]   | 24.1 %  | †                  | 10.5 (7)    | 66                     | 11 (6)            | 62               | Lapierre 1997                  |
|   | 0.17 [ -0.10, 0.44 ]   | 26.8 %  | <u>+</u>           | 9.6 (5.5)   | 102                    | 10.6 (6)          | 107              | Lonnqvist 1994                 |
|   | 0.08 [ -0.36, 0.52 ]   | 20.9 %  | <del>†</del>       | 12.2 (7.6)  | 38                     | 12.9 (9)          | 42               | Reynaert 1995                  |
| ] | 0.16 [ -0.02, 0.33 ]   | 100.0 % | }                  |             | 242                    |                   | 245              | Subtotal (95% CI)              |

| Std.<br>Mean<br>Difference | Weight                                  | Std.<br>Mean<br>Difference |               | Newer AD            | ,                    | Fluoxetine               | Study or subgroup                      |
|----------------------------|---|----------------------------|---------------|---------------------|----------------------|--------------------------|--|
| IV.Random,95% CI           | **cgn                                   | IV,Random,95% CI           | Mean(SD)      | N                   | Mean(SD)             | N                        | Statey or subgroup                     |
|                            | *************************************** |                            |               | 2 =0.0%             | df = 4 (P = 0.82); I | Chi <sup>2</sup> = 1.55, | Heterogeneity: Tau <sup>2</sup> = 0.0; |
|                            |   |                            |               |                     | 87)                  | 1.71 (P = 0.08           | Test for overall effect: Z =           |
|                            |   |                            |               |                     |                      | 2                        | 6 Fluoxetine vs Nefazodon              |
| -0.23 [ -0.69, 0.23 ]      | 33.7 %                                  | •                          | 12.8 (6.7)    | 36                  | 11.3 (6.06)          | 37                       | Berlanga 1997                          |
| 0.23 [ -0.38, 0.83 ]       | 26.6 %                                  | •                          | 11.4 (6.9)    | 23                  | 12.9 (6.03)          | 20                       | Gillin 1997                            |
| -0.06 [ -0.42, 0.29 ]      | 39.7 %                                  | •                          | 11.5 (6.5)    | 62                  | 11.1 (6.1)           | 60                       | Rush 1998                              |
| -0.06 [ -0.32, 0.19 ]      | 100.0 %                                 | +                          |               | 121                 |                      | 117                      | Subtotal (95% CI)                      |
|                            |   |                            |               | $^{2} = 0.0\%$      | df = 2 (P = 0.49); I | $Chi^2 = 1.41,$          | Heterogeneity: Tau <sup>2</sup> = 0.0; |
|                            |   |                            |               |                     | 3)                   | 0.48 (P = 0.6)           | Test for overall effect: $Z =$         |
|                            |   |                            |               |                     |                      |                          | 7 Fluoxetine vs Pheneltine             |
| -0.05 [ -0.67, 0.57 ]      | 100.0 %                                 |                            | 3.9 (3.21)    | 20                  | 3.7 (4.18)           | 20                       | Pande 1996                             |
| -0.05 [ -0.67, 0.57 ]      | 100.0 %                                 | +                          |               | 20                  |                      | 20                       | Subtotal (95% CI)                      |
|                            |   |                            |               |                     |                      | le                       | Heterogeneity: not applical            |
|                            |   |                            |               |                     | 7)                   | 0.17 (P = 0.87           | lest for overall effect: Z =           |
|                            |   |                            |               |                     |                      |                          | B Fluoxetine vs Reboxetine             |
| 0.15 [ -0.16, 0.45 ]       | 100.0 %                                 |                            | 9.4 (7.3)     | 79                  | 10.6 (8.7)           | 89                       | Massana 1999                           |
| 0.15 [ -0.16, 0.45 ]       | 100.0 %                                 | •                          |               | 79                  |                      | 89                       | Subtotal (95% CI)                      |
|                            |   |                            |               |                     |                      | le                       | leterogeneity: not applical            |
|                            |   |                            |               |                     | 4)                   | 0.96 (P = 0.34           | Test for overall effect: $Z =$         |
|                            |   |                            |               |                     |                      |                          | 9 Fluoxetine vs Tianeptine             |
| -0.09 [ -0.45, 0.27 ]      | 29.7 %                                  | •                          | 9.5 (6.8)     | 58                  | 8.9 (7)              | 61                       | Alby 1993                              |
| -0.38 [ -0.64, -0.12 ]     | 34.0 %                                  | •                          | 15.2 (8.8)    | 112                 | 12.1 (7.5)           | 118                      | Guelfi 1999                            |
| 0.01 [ -0.19, 0.21 ]       | 36.4 %                                  |                            | 15.69 (10.85) | 187                 | 15.77 (11.19)        | 194                      | Loo 1999                               |
| -0.15 [ -0.40, 0.10 ]      | 100.0 %                                 | +                          |               | 357                 |                      | 373                      | Subtotal (95% CI)                      |
| -0.13 [ -0.40, 0.10        |   |                            |               | F =63%              | df = 2 (P = 0.07);   | $Chi^2 = 5.34$           | Heterogeneity: Tau <sup>2</sup> = 0.03 |
|                            |   |                            |               |                     | 5)                   | 1.16 (P = 0.25           | Test for overall effect; $Z =$         |
|                            |   |                            |               |                     |                      |                          | 10 Fluoxetine vs Trazodone             |
| 0.19 [ -0.60, 0.98 ]       | 30.4 %                                  | *                          | 10 (6.81)     | 11                  | 11.5 (8.28)          | 14                       | Debus 1988                             |
| -0.72 [ -1.54, 0.09 ]      | 29.3 %                                  | •                          | 16.08 (8.53)  | 12                  | 10.08 (7.57)         | 13                       | Falk 1989                              |
| 0.25 [ -0.37, 0.87 ]       | 40.2 %                                  | •                          | 6.5 (5.1)     | 19                  | 8.4 (9)              | 21                       | Perry 1989                             |
| -0.06 [ -0.65, 0.53 ]      | 100.0 %                                 | •                          |               | 42                  |                      | 48                       | Subtotal (95% CI)                      |
|                            |   |                            |               | l <sup>2</sup> =48% | . df = 2 (P = 0.15); | $Chi^2 = 3.84$           | Heterogeneity: Tau <sup>2</sup> = 0.13 |
|                            |   |                            |               |                     | 4)                   | 0.20 (P = 0.84           | Test for overall effect; Z =           |
|                            |   |                            |               |                     |                      | e                        | I Fluoxetine vs Venlafaxin             |
| 0.21 [ -0.27, 0.69 ]       | 8.0 %                                   | +                          | 8.5 (9.26)    | 30                  | 10.5 (9.7)           | 38                       | Alves 1999                             |
| 0.58 [ 0.09, 1.07 ]        | 7.8 %                                   | -                          | 11 (10.3)     | 33                  | 17.4 (11.6)          | 34                       | Clerc 1994                             |
| 0.04 [ -0.16, 0.24 ]       | 11,8 %                                  |                            | 9.8 (9.26)    | 196                 | 10.2 (9.7)           | 186                      | Costa e Silva 1998                     |

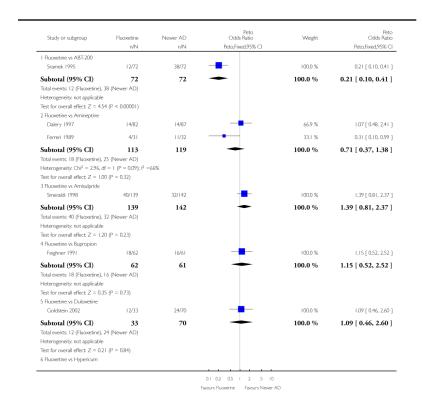
| De Nayer 2002 44 12.7 (8.6) 49 8.6 (7.6) 89 % 0.50 (10.9)  Diaz Martinez 1998 55 8.2 (9.7) 55 8.7 (9.26) 9.4 % -0.05 (-0.43)  Dierick 1996 161 12.4 (8.9) 153 10.79 (9.9) 11.6 % 0.17 (-0.05)  Rudolph 1999 103 14.2 (9.7) 95 12.5 (9.26) 10.8 % 0.18 (-0.10)  Silverstone 1999 119 12 (9.7) 122 11.3 (9.26) 11.1 % 0.07 (-0.18)  Tylee 1997 124 7.77 (9.7) 125 8.99 (9.26) 11.2 % -0.13 (-0.38)  | Study or subgroup                     | Fluoxetine      | 1          | Newer AD |             | Std.<br>Mean<br>Difference | Weight  | Sto<br>Mear<br>Difference |
|---|---------------------------------------|-----------------|------------|----------|-------------|----------------------------|---------|---------------------------|
| Diaz Martinez 1998       55       8.2 (9.7)       55       8.7 (9.26)       9.4 %       -0.05 [-0.43, 0.05]         Dierick 1996       161       12.4 (8.9)       153       10.79 (9.9)       11.6 %       0.17 [-0.05, 0.05]         Rudolph 1999       103       14.2 (9.7)       95       12.5 (9.26)       10.8 %       0.18 [-0.10, 0.07]         Silverstone 1999       119       12 (9.7)       122       11.3 (9.26)       11.1 %       0.07 [-0.18, 0.07]         Tylee 1997       124       7.77 (9.7)       125       8.99 (9.26)       11.2 %       -0.13 [-0.38, 0.07] |                                       | N               | Mean(SD)   | Ν        | Mean(SD)    | IV,Random,95% CI           |         | IV,Random,95% C           |
| Dierick 1996         161         124 (89)         153         10.79 (9.9)         11.6%         0.17 [-0.05, Rudolph 1999           Rudolph 1999         103         14.2 (9.7)         95         12.5 (9.26)         10.8%         0.18 [-0.10, Silverstone 1999           Silverstone 1999         119         12 (9.7)         122         11.3 (9.26)         11.1 %         0.07 [-0.18, Silverstone 1999           Tylee 1997         124         7.77 (9.7)         125         8.99 (9.26)         11.2 %         -0.13 [-0.38, Silverstone 1999                           | De Nayer 2002                         | 44              | 12.7 (8.6) | 49       | 8.6 (7.6)   | •                          | 8.9 %   | 0.50 [ 0.09, 0.92         |
| Rudolph 1999         103         14.2 (9.7)         95         12.5 (9.26)         10.8 %         0.18 [-0.10, 0.18]           Silverstone 1999         119         12 (9.7)         122         11.3 (9.26)         11.1 %         0.07 [-0.18, 0.18]           Tylee 1997         124         7.77 (9.7)         125         8.99 (9.26)         11.2 %         -0.13 [-0.38, 0.18]   | Diaz Martinez 1998                    | 55              | 8.2 (9.7)  | 55       | 8.7 (9.26)  | +                          | 9.4 %   | -0.05 [ -0.43, 0.32       |
| Silverstone 1999 119 12 (9.7) 122 11.3 (9.26) 11.1 % 0.07 [-0.18, Tylee 1997 124 7.77 (9.7) 125 8.99 (9.26) 11.2 % -0.13 [-0.38,  | Dierick 1996                          | 161             | 12.4 (8.9) | 153      | 10.79 (9.9) | +                          | 11.6 %  | 0.17 [ -0.05, 0.39        |
| Tylee 1997 124 7.77 (9.7) 125 8.99 (9.26) • 11.2 % -0.13 [-0.38,  | Rudolph 1999                          | 103             | 14.2 (9.7) | 95       | 12.5 (9.26) | +                          | 10.8 %  | 0.18 [ -0.10, 0.46        |
|   | Silverstone 1999                      | 119             | 12 (9.7)   | 122      | 11.3 (9.26) | +                          | 11.1 %  | 0.07 [ -0.18, 0.33        |
| Tzanakaki 2000 54 13 (9.7) 55 12.5 (9.26) 9.4 % 0.05 [ -0.32,   | Tylee 1997                            | 124             | 7.77 (9.7) | 125      | 8.99 (9.26) | +                          | 11.2 %  | -0.13 [ -0.38, 0.12       |
|   | Tzanakaki 2000                        | 54              | 13 (9.7)   | 55       | 12.5 (9.26) | +                          | 9.4 %   | 0.05 [ -0.32, 0.43        |
| ubtotal (95% CI)         918         913         100.0 %         0.11 [ 0.00, 0]           eterogeneity: Tau² = 0.01; Ch² = 12.46, df = 9 (P = 0.19); l² = 28%         est for overall effect: Z = 1.98 (P = 0.048)   | eterogeneity: Tau <sup>2</sup> = 0.01 | $Chi^2 = 12.46$ |            |          |             |                            | 100.0 % | 0.11 [ 0.00, 0.23         |

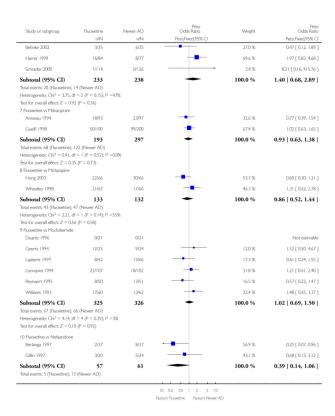
# Analysis 8.3. Comparison 8 Sensitivity analysis - Fluoxetine vs newer ADs, Outcome 3 Failure to complete -Total

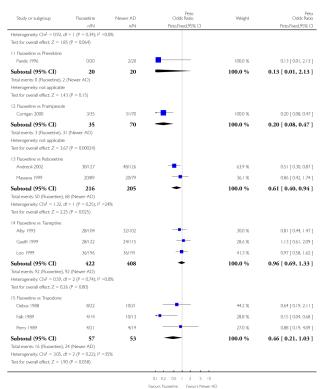
Review: Fluoxetine versus other types of pharmacotherapy for depression

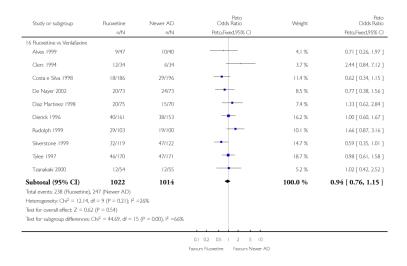
Comparison: 8 Sensitivity analysis - Fluoxetine vs newer ADs

Outcome: 3 Failure to complete - Total







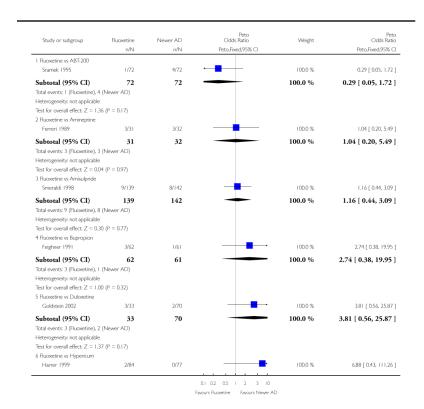


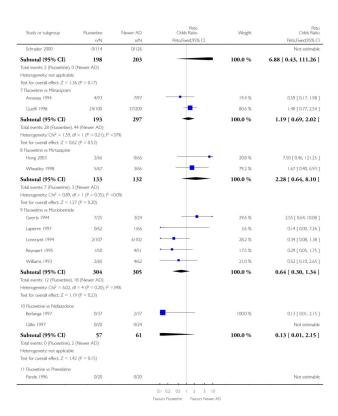
# Analysis 8.4. Comparison 8 Sensitivity analysis - Fluoxetine vs newer ADs, Outcome 4 Failure to complete -Inefficacy

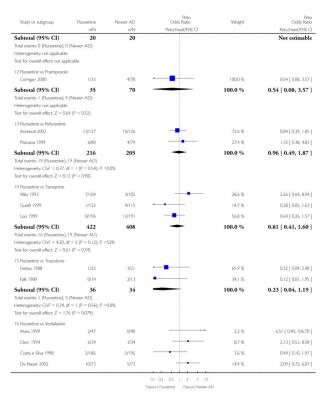
Review: Fluoxetine versus other types of pharmacotherapy for depression

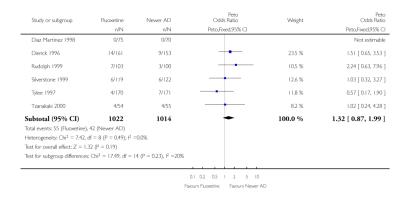
Comparison: 8 Sensitivity analysis - Fluoxetine vs newer ADs

Outcome: 4 Failure to complete - Inefficacy







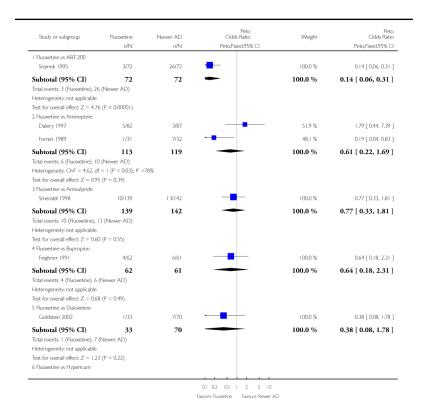


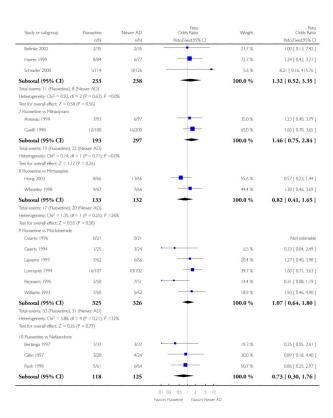
## Analysis 8.5. Comparison 8 Sensitivity analysis - Fluoxetine vs newer ADs, Outcome 5 Failure to complete -Side Effects

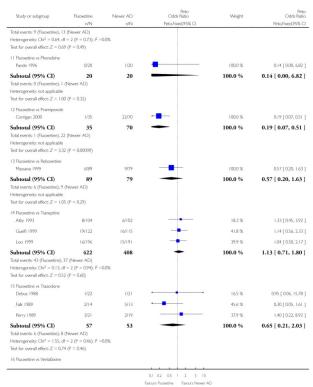
Review: Fluoxetine versus other types of pharmacotherapy for depression

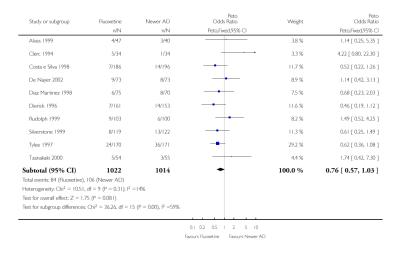
Comparison: 8 Sensitivity analysis - Fluoxetine vs newer ADs

Outcome: 5 Failure to complete - Side Effects









#### **HISTORY**

Protocol first published: Issue 2, 2003

Review first published: Issue 4, 2005

| Date           | Event  | Description           |
|----------------|--|-----------------------|
| 23 August 2005 | New citation required and conclusions have changed | Substantive amendment |

#### WHAT'S NEW

Last assessed as up-to-date: 22 August 2005.

| Date            | Event   | Description                     |
|-----------------|---------|---------------------------------|
| 1 November 2008 | Amended | Converted to new review format. |

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\* Indicates the major publication for the study

#### **PLAIN LANGUAGE SUMMARY**

## Fluoxetine compared with other antidepressants for depression

The efficacy and tolerability of fluoxetine was compared to other antidepressants (tricyclics, heterocyclics and newer antidepressants) for the acute treatment of depressive illness. One hundred thirty-two randomised controlled trials were identified. Pooling the results from the trials, statistically significant differences in efficacy and in tolerability were found between fluoxetine and some antidepressants. However, it is difficult to draw clear clinically meaningful conclusions and more reliable data about antidepressants' safety profile are needed. Without more robust evidence, the researchers suggest that treatment decisions are to be based on considerations of drug toxicity, patient acceptability, and cost.