

Pseudomyxoma Peritonei Metastatic to the Bone: Case Report and Review of Systemic Management

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CASE REPORT

A 53-year-old woman presented in 2010 with increasing abdominal girth and bloating. Computed tomography (CT) showed a multiloculated cystic mass in the right adnexa, as well as peritoneal carcinomatosis, omental cake, and ascites (Figure 1). Carcinoembryonic antigen (CEA) and carbohydrate antigen 19-9 (CA19-9) were elevated at 58 ng/mL and 148 U/mL, respectively. The patient underwent total abdominal hysterectomy, bilateral salpingo-oophorectomy, omentectomy, appendectomy, and nonoptimal debulking. There was gelatinous material in all four quadrants, with implants throughout the abdomen. Histologic examination showed low-grade mucinous adenocarcinoma of the appendix with associated pseudomyxoma peritonei (PMP; Figure 2). The patient subsequently underwent complete cytoreductive surgery including peritoneal stripping and intraperitoneal hyperthermic chemotherapy. Adjuvant chemotherapy with 5-fluorouracil and oxaliplatin was begun but

had to be abandoned after 3 cycles because of poor tolerance. Approximately 18 months after surgery, the patient presented with increasing back pain associated with elevated alkaline phosphatase, CEA, and CA19-9. A bone scan (Figure 3) showed diffuse axial bone metastasis, and a biopsy confirmed the diagnosis of metastatic carcinoma, in keeping with the known appendiceal low-grade mucinous adenocarcinoma (Figure 2). Palliative chemotherapy with oral capecitabine 1000 mg/m², twice daily for 14 days every 21 days, was initiated, with clinical and biochemical response followed by progression after 9 months of therapy.



Figure 1. CT scan at presentation showing diffuse intra-abdominal fluid and extensive omental cake.

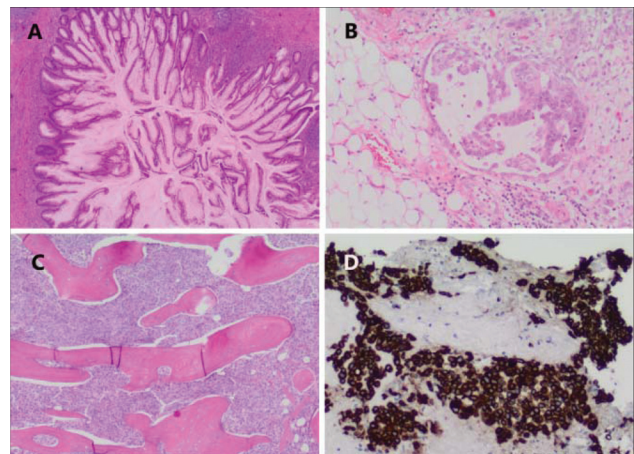


Figure 2. Histology. Sections of the appendix (A) show prominent neoplastic epithelium with focal infiltration of the appendiceal wall. Cellular mucin deposits (B) are present within the omentum, in keeping with PMP. The core needle biopsy of the ileum (C) shows trabecular bone diffusely infiltrated by metastatic carcinoma with immunoreactivity for cytokeratin 20 (D), supporting metastatic appendiceal carcinoma.

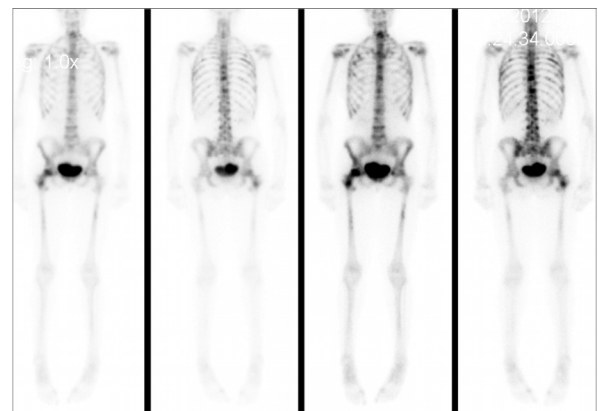


Figure 3. Whole-body bone scan showing widespread, diffuse, metastatic bone disease.

DISCUSSION

Pseudomyxoma peritonei (PMP) is a rare, slowly progressing neoplasm characterized by extensive mucus accumulation within the abdomen and pelvis and is associated with biologically heterogeneous behavior. Diffuse peritoneal spread occurs in most patients, but distant metastases are infrequent. To the best of our knowledge, this is the first ever reported case of appendiceal PMP metastatic to the bones.

It has been proposed that the term PMP syndrome be applied only to a homogeneous group of histologically benign peritoneal tumors associated with appendiceal mucinous adenomas, a condition currently termed disseminated peritoneal adenomucinosis (DPAM).¹ However, others also use the term PMP to describe the peritoneal dissemination of mucus-producing adenocarcinomas of the appendix, large and small bowel, and other sites.^{1,2} The inconsistent definition of PMP and differing prognoses between histologic subgroups make a comparison of PMP studies problematic.^{3,4} It is well known that disseminated mucin-producing adenocarcinomas of the appendix (also called peritoneal mucinous carcinomatosis or PMCA) represent a more aggressive subtype of peritoneal mucinous tumors when compared with the more indolent DPAM.^{3,4}

A large, retrospective, multi-institutional review in collaboration with the Peritoneal Surface Oncology Group International reported the results of 2298 patients who underwent cytoreductive surgery (CRS) followed by intraperitoneal (IP) chemotherapy. Multivariate analysis identified PMCA subtype as an independent predictor of poor overall survival ($P < .001$). The 5-year overall survival rate for patients with DPAM was 81%, compared to only 59% for those with peritoneal PMCA and 78% for those with intermediate features.⁴

Another series of 109 patients with PMP demonstrated a statistically significant difference in survival among cases classified as DPAM, PMCA with intermediate or discordant features, or PMCA ($P < .0001$). The age-adjusted 5-year survival rates were 84, 37.6, and 6.7%, respectively.⁵

Furthermore, among appendiceal adenocarcinomas, histologic subtype appears to be a prognostic indicator. In a retrospective review of 94 patients with appendiceal adenocarcinoma, those with mucinous type (55%) had had a better 5-year survival when compared with those with colonic type (71% vs. 41%; $P < .01$). Intra-abdominal recurrence was also frequent, and only 27 patients remained disease free by the end of the follow-up. Of note, no patients with mucinous appendiceal adenocarcinoma developed extra-abdominal metastases, and PMCA seemed to have patterns of recurrence similar to those of DPAM.⁶

Since distant metastasis and visceral involvement are very rare, death is mostly due to loss of intestinal function and obstruction by peritoneal implants. Even in patients with long-term survival, intra-abdominal recurrence is common. In a retrospective review of 97 patients with PMP treated at Memorial Sloan-Kettering Cancer Center, 90% of the 10-year survivors required multiple operations for recurrence, and 77% had evidence of disease either at death or at the completion of follow-up.⁷

Extra-abdominal metastasis of PMP is a rare event, with lung and pleural disease accounting for most cases.⁸ Pleural metastases are thought to be an extension of abdominal disease caused by diaphragmatic injury at the time of cytoreductive surgery, direct

invasion through the diaphragm, or congenital pleuroperitoneal communication.^{9–11} PMP spread was once considered unlikely to occur by lymphatic or hematogenous dissemination. However, recent reports of lung metastasis have challenged this assumption. There are at least 11 reported cases of PMP (described as DPAM) metastatic to the lungs.^{8,12–18} Splenic metastases have also been reported, but, despite resembling metastatic disease, splenic lesions are likely to represent entrapment of mucinous tumor within the splenic surface trabeculae, which extend into the splenic parenchyma.¹⁹

A recent retrospective study of 626 cases of appendiceal adenocarcinoma²⁰ included 42 cases of intrathoracic metastases, involving pleura ($n = 10$), lung ($n = 22$), or both ($n = 10$). The authors inferred that lung metastasis from appendiceal adenocarcinoma may be higher than expected. To date, no other case of PMP metastatic to the bones has been described in the literature. We surmise that the bone lesions arose via hematogenous spread.

Standard treatment for PMP consists of repeated surgical debulking for symptomatic intra-abdominal disease. Unfortunately, due to the rarity of PMP, the utility of systemic chemotherapy for unresectable disease remains unknown, and there is no clear evidence supporting the superiority of any particular chemotherapy regimen. In a recent retrospective study from M. D. Anderson describing the use of systemic chemotherapy in 54 patients with PMP, the most commonly prescribed agents were capecitabine and 5-fluorouracil (84%), with or without a platinum drug. Two cases with complete response, 11 with partial response, and 17 with prolonged stable disease were reported, providing a clinical benefit rate of 55%.²¹ The only published small phase II trial on advanced unresectable PMP suggests activity for capecitabine combined with mitomycin C.²² In this study 15 (38%) of 39 patients with assessable disease appeared to benefit from treatment. Despite the paucity of data on efficacy, medical oncologists typically use combinations of agents similar to those used in the treatment of metastatic colorectal cancer.

In conclusion, the presented case reinforces the potential for metastatic spread of PMP. Because of the lack of knowledge regarding systemic therapies for PMP, studies testing colorectal cancer regimens for use in appendiceal adenocarcinoma and PMP are urgently needed.

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Disclosures of Potential Conflicts of Interest

The authors indicated no potential conflicts of interest.

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