Suppression of Oxidative Stress and 5-Lipoxygenase Activation by Edaravone Improves Depressive-Like Behavior after Concussion

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Abstract

Brain concussions are a serious public concern and are associated with neuropsychiatric disorders, such as depression. Patients with concussion who suffer from depression often experience distress. Nevertheless, few pre-clinical studies have examined concussion-induced depression, and there is little information regarding its pharmacological management. Edaravone, a free radical scavenger, can exert neuroprotective effects in several animal models of neurological disorders. However, the effectiveness of edaravone in animal models of concussion-induced depression remains unclear. In this study, we examined whether edaravone could prevent concussion-induced depression. Mice were subjected to a weightdrop injury and intravenously administered edaravone (3.0 mg/kg) or vehicle immediately after impact. Serial magnetic resonance imaging showed no abnormalities of the cerebrum on diffusion T1- and T2-weighted images. We found that edaravone suppressed concussion-induced depressive-like behavior in the forced swim test, which was accompanied by inhibition of increased hippocampal and cortical oxidative stress (OS) and suppression of 5-lipoxygenase (5-LOX) translocation to the nuclear envelope in hippocampal astrocytes. Hippocampal OS in concussed mice was also prevented by the nicotinamide adenine dinucleotide phosphate oxidase inhibitor, apocynin, and administration of BWB70C, a 5-LOX inhibitor, immediately and 24 h after injury prevented depressive-like behaviors in concussed mice. Further, antidepressant effects of edaravone were observed in mice receiving 1.0 or 3.0 mg/kg of edaravone immediately after impact, but not at a lower dose of 0.1 mg/kg. This antidepressant effect persisted up to 1 h after impact, whereas eduravone treatment at 3 h after impact had no effect on concussion-induced depressive-like behavior. These results suggest that edaravone protects against concussion-induced depression, and this protection is mediated by suppression of OS and 5-LOX translocation.

Key words: concussion; depression; edaravone; 5-lipoxygenase

Introduction

TRAUMATIC BRAIN INJURY (TBI) is a widespread public health concern. Individuals with TBI suffer from a broad range of short- and long-term disabilities that are attributed to physiological and neuropsychiatric impairments¹ that include depression, anxiety, and cognitive dysfunction. Among these conditions, depression is the most common and distressing condition occurring after TBI because it adversely affects rehabilitation efforts and decreases the individual's quality of life.^{1,2} Although depression most often occurs in the first year after TBI, individuals with TBI remain at risk for developing depression for decades following their injury.³ This is a particular problem with concussive brain injuries

(CBIs) in which patients have no clinically apparent neurological brain lesions. These patients are often not able to get adequate treatment and care and may suffer from long-lasting TBI-associated conditions.⁴

Free radicals, such as superoxide and nitric oxide (NO), are produced within minutes of brain injury.⁵ Normally, superoxide is scavenged by superoxide dismutase (SOD) however, when NO levels increase, the reaction between NO and superoxide forms peroxynitrite.^{6,7} In fact, nitric oxide synthase (NOS) activity increases at the lesion site in rats subjected to fluid percussion-induced TBI.⁸ Moreover, NO increases significantly in rats after controlled cortical impact⁹ or parasagittal cortical fluid percussion-induced TBI.¹⁰ Peroxynitrite is a powerful oxidant that can form

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nitrate phenolic moieties, including tyrosine residues, in protein.⁴ Therefore, nitrotyrosine formation is considered a biomarker of peroxynitrite production. Several studies have demonstrated increased peroxynitrite-mediated tyrosine nitration after TBL.^{11–13} Interestingly, the hippocampus is most susceptible to oxidative stress (OS)-induced damage,¹⁴ and hippocampal changes have been implicated in patients suffering from depression.¹⁵ In a mouse model of depression, chronic mild stress could induce nitrotyrosine formation in the hippocampus, whereas NOS inhibitor prevented depressive-like behavior.¹⁶ Nevertheless, there is no direct evidence that post-concussive free radical production contributes to depression.

Edaravone is a scavenger that interacts biochemically with many free radicals¹⁷ and attenuates ischemic brain injury in both humans and animal models.¹⁸ Recent studies have explored whether edaravone shows neuroprotective effects in other neurological disorders, such as epilepsy.¹⁹ Previously, we demonstrated that edaravone suppresses axonal injury and OS in traumatized mouse brains and protects mice from TBI-induced memory deficits.²⁰ In patients with TBI, 5-lipoxygenase (5-LOX) immunoreactivity increased in glial fibrillary acidic protein (GFAP)-positive glial cells.²¹ Moreover, pharmacological inhibition or genetic disruption of 5-LOX has antidepressant-like effects in mice.²² Li and colleagues also demonstrated that edaravone inhibits 5-LOX activation mediated by OS occurring with oxygen-glucose deprivation-induced ischemic-like injury.²³ We hypothesized that edaravone could prevent concussioninduced depression by suppressing OS and, subsequently, 5-LOX activation.

In this study, we developed an animal model of concussion to induce depressive-like behavior in the absence of remarkable histopathological brain injury. A secondary aim of this study was to investigate whether edaravone could protect mice from concussion-induced depressive behavior. Further, we examined whether the antidepressant-like effects of edaravone could prevent oxidative damage and 5-LOX activation.

Methods

Animals

Male C57BL/6N mice (12–16 weeks old; CLEA Japan, Tokyo, Japan) were housed and allowed to habituate for more than 1 week before the start of experimentation. Food and water were available *ad libitum* throughout the experiments. Animals were maintained in a temperature- $(23 \pm 1^{\circ}C)$ and humidity-controlled room $(55 \pm 2\%)$ on a 12-h light-dark cycle. All experimental protocols conformed to the guidelines of the National Institutes of Health *Guide for the Care and Use of Laboratory Animals* (1996) and were approved by the committee for care and use of laboratory animals at Kochi University (Kochi, Japan).

Experimental concussion and drug treatment

Experimental concussion was induced using the concussive head trauma device. Detailed descriptions of this device can be found in previously published articles.^{24,25} Briefly, the device consisted of a vertical metal guide tube (diameter, 15 mm; length, 90 cm) through which a metal weight (40 g) was dropped from the full length of the tube. The right temporal region of the mouse's head, between the corner of the eye and the ear, was positioned under the tube while the head was manually supported and immobilized by a sponge. Sham control animals were anesthetized, but did not undergo concussion.

Mice were divided randomly into four groups for each treatment: 1) concussion plus vehicle-treated group; 2) concussion plus edaravone, selective 5-LOX inhibitor (BWB70C), or nicotinamide adenine dinucleotide phosphate (NADPH) oxidase inhibitor (apocynin)treated group; 3) sham plus vehicle-treated group; and 4) sham plus edaravone, BWB70C, or apocynin-treated group.

Edaravone, which was donated by Mitsubishi Tanabe Pharm (Osaka, Japan), was dissolved in 1 M of NaOH and titrated with 1 M of HCl to a pH of 7.4. This solution was then diluted with saline to an edaravone concentration of 0.3 mg/mL. Immediately after the concussive brain injury, mice received a single 3.0-mg/kg intravenous (i.v.) injection of either edaravone or vehicle.

BWB70C (Sigma-Aldrich, Louis, MO) was dissolved in dimethyl sulfoxide (DMSO). Immediately and 24 h after concussive brain injury, mice received 2 consecutive i.v. injections of either BWB70C (0.1 and 3 mg/kg) or vehicle. Mice received a single intraperitoneal (i.p.) injection of apocynin (50 mg/kg; Sigma-Aldrich) dissolved in DMSO or vehicle 30 min before concussion.

For the dose-response study, mice were divided randomly into five groups and were subjected to concussion following the procedures described earlier. Mice were then administered edaravone at 0.1, 1.0, or 3.0 mg/kg. For the therapeutic time-window study, mice were divided randomly into six groups, subjected to concussion, underwent the same procedure of concussion as described, and administered edaravone at 1, 3, or 6 h after concussion.

Neurological assessment

The neurological status of each mouse was assessed with an extensive set of tests 1 and 24 h after the concussive brain injury.²⁴ The tests evaluated the hind-leg flexion reflex (when raised by the tail), righting reflex (ability to fall on all four legs after a short drop), secreting signs (around the mouth and eye), balance beam task, beam walking coordination task, and exploration and locomotor activity tests previously described by Royle and colleagues and Shapira and colleagues.^{26,27} Importantly, none of the injured mice showed any abnormalities in these neurological tests. Mice were allowed to recover from the concussion procedure for 2 days before performing the forced swim test (FST) to avoid influence of neurological assessment.

Magnetic resonance imaging

Animals were examined with a 9.4-T scanner (Varian NMR Systems 400WB; Agilent Technologies, Santa Clara, CA) with an actively shielded gradient coil (ID=25 cm). A custom-built birdcage resonator (ID = 55 mm) was used as a radiofrequency coil. Magnetic resonance imaging (MRI; diffusion-weighted imaging [DWI], T1, and T2) was conducted during the 4 h after the CBI and was repeated at 24 and 72 h. A DWI was acquired for each animal using a spin echo/echo planar imaging sequence with the following parameters: field of view (FOV) = 2×2 cm; matrix = 128×128 ; slice thickness (THK) = 1 mm; number of slices (NS) = 9; repetition time (TR) = 2500 ms; echo time (TE) = 38 ms; number of averages (NA) = 1; b-values = 1.94, 64.38, 251.71, 563.92, and 1001.01 s/mm²; $\Delta = 5$ ms; and $\Delta = 25$ ms. T1-weighted images were acquired using a multiple spin echo sequence (FOV = 2×2 cm; matrix = 128×128 ; THK=1 mm; NS=9; NA=1; TR=290 ms; and TE=14 ms); T2weighted MRIs were acquired using a multiple spin echo sequence $(FOV = 2 \times 2 \text{ cm}; \text{ matrix} = 128 \times 128; \text{ THK} = 1 \text{ mm}; \text{ NS} = 9; \text{ NA} = 1;$ TR = 3000 ms; and TE = 60 ms).

Forced swim test

Using previously described procedures, we conducted the FST 3 days after the CBI to assess depressive-like behavior.^{23,25} Briefly, each mouse was placed in a glass cylinder (height, 24 cm; diameter, 13 cm) containing 14 cm of water maintained at 22–23°C. The mouse remained in the cylinder for 6 min, and the duration of immobility was recorded during the last 4 min of the 6-min testing period. A mouse was considered immobile when it stopped swimming and floated in the water motionless, except for movements

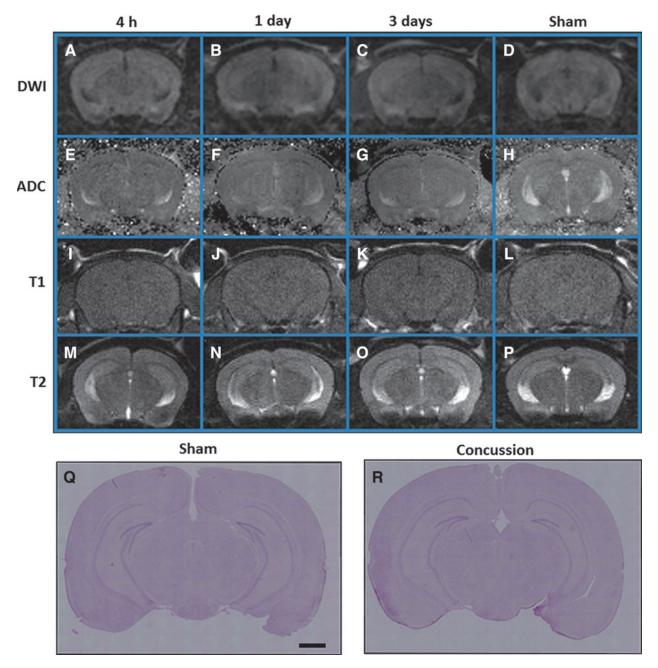


FIG. 1. Assessment of brain damage in mice after traumatic brain injury. (A–P) Representative magnetic resonance images (DWI [A–D], ADC [E–H], T1 [I–L], and T2 [M and N] scan) were taken 4 h, 1 day, and 3 days after injury. The images do not indicate any gross pathology in brain tissue of mice subjected to concussion (A–C, E–G, I–K, and M–O) or sham operation (D, H, L, and P) at any time point. Control images obtained 1 day after sham operation. (**Q** and **R**) Hematoxylin and eosin staining performed on brains of mice subjected to concussion (R) and sham-operated mice (Q) did not show significant histopathological changes 1 day after concussion. Scale bar = 1 mm. DWI, diffusion-weighted imaging; ADC, apparent diffusion coefficient. Color image is available online at www.liebertpub.com/neu

necessary to keep its head above water. Two observers blinded to the treatment condition scored the immobility times. The observers' scores agreed in over 94% of the behavioral tests.

Tissue preparation and immunohistochemistry

Mice were killed 24 h postconcussion or 3 h after the last BWB70C injection. Brains were removed after transcardial perfusion (TCP) with 0.9% saline and 4% paraformaldehyde (PFA). Brains were postfixed overnight in 4% PFA and then cryoprotected by immersion in 20% sucrose for 24 h. Coronal sections were cut with a 30- μ m thickness for hematoxylin and eosin (H&E) staining and immunohistochemistry (IHC).

IHC was performed on corresponding serial sections. In brief, sections were blocked for 30 min in 3% bovine serum albumin and 0.1% Triton X-100 in 10 mM of phosphate-buffered saline. For single labeling of 5-LOX, sections were incubated with goat anti-5-LOX antibody (Ab; dilution, 1:200; Santa Cruz Biotechnology, Dallas, TX) overnight at 4°C followed by the addition of Alexa Fluor 594–conjugated donkey anti-goat immunoglobulin G (IgG; dilution, 1:500; Invitrogen, Carlsbad, CA) at room temperature for 2h. For 5-LOX/CD11b or 5-LOX/GFAP double-labeling immunofluorescence (IF), sections were incubated with goat anti-5-LOX Ab and rat anti-CD11b Ab (1:100; Bio-Rad Laboratories, Hercules, CA), or rabbit anti-GFAP Ab (1:500; Santa Cruz Biotechnology) overnight at 4°C, which was followed by the addition of Alexa Fluor 594-conjugated donkey anti-goat IgG (dilution, 1:500; Invitrogen) and Alexa Fluor 488-conjugated donkey anti-rat IgG, or Alexa Fluor 488-conjugated donkey anti-rabbit IgG (dilution, 1:500; Invitrogen) at room temperature for 2 h. Nuclei were stained by 4',6-diamidino-2-phenylindole (DAPI; Life Technologies, Carlsbad, CA), and fluorescent signals from double-labeled sections were analyzed using a confocal microscope (FV-100D; Olympus, Tokyo, Japan) at 400× magnification. Nuclei double labeled with DAPI and 5-LOX were counted in representative micrographs of each hippocampal region to quantify the fluorescent signal.

Western blotting

Western blotting was used to detect nitrotyrosine or 4hydroxynonenal (4-HNE) levels in mouse brains subjected to either concussion or sham operation. Briefly, the cortex and hippocampus were rapidly dissected on an ice-chilled stage 1 day postconcussion and were then lysed using M-PER mammalian protein extraction reagent (Thermo Fisher Scientific, Waltham, MA), supplemented with protease inhibitor cocktail (Thermo Fisher Scientific). Samples were centrifuged for 10 min (15,000 rpm at 4°C), and the supernatants were collected. Protein concentrations were determined with a bicinchoninic acid assay (Thermo Fisher Scientific).²⁹ An aliquot from each protein sample was separated on a sodium dodecyl sulfate polyacrylamide gel electrophoresis precast gel and then transferred onto nitrocellulose membranes. Membranes were incubated with primary anti-nitrotyrosine Ab (1:2000; Millipore, Billerica, MA), anti-4-HNE Ab (1:5000; R&D Systems, Minneapolis, MN), or anti- β -actin Ab (1:1000; Santa Cruz Biotechnology) at 4°C overnight. The following day, membranes were incubated with horseradish-peroxidase-linked anti-mouse IgG (1:10,000; GE Healthcare, Little Chalfont, UK) for 1 h at room temperature and developed by enhanced chemiluminescence (GE Healthcare). Quantitation was performed with a densitometric analysis using ImageJ software (National Institutes of Health, Bethesda, MD).

Statistical analysis

Data are expressed as the mean \pm standard error of the mean, and the statistical analyses were performed using Statview (SAS Institute Inc., Cary, NC). Quantification of IHC and depressive-like behaviors were analyzed with a one- or two-way analysis of variance (ANOVA), followed by a post-hoc Fischer's protected least significant difference multiple comparison test.

Results

Model of concussive traumatic brain injury

The MRI images obtained 4 h, 1 day, and 3 days after concussion appeared normal. No significant high-signal lesions indicative of cytotoxic or brain edema were evident on DWI or T1- and T2weighted images, respectively (Fig. 1A–P). In both vehicle-treated concussed and sham-operated mice, no remarkable tissue damage was observed in the cortex and hippocampus with H&E staining 3 days after concussion (Fig. 1Q,R). These results indicate that the hippocampus and cortex did not suffer sufficient injury using the current concussion paradigm.

Depressive-like behavior prevented by treatment with edaravone after concussion

We conducted the FST 3 days after concussion to determine whether concussion increased the immobility time of concussed mice (Fig. 2). When compared to controls, the injured mice showed a significant increase in immobility time (p < 0.01), indicating that depressive-like behavior was present after concussion. Importantly, the current concussion paradigm did not produce any observable motor deficits (see Methods).

We then examined whether edaravone could prevent depressivelike behavior by i.v. injecting mice with a single 3.0-mg/kg dose of edaravone immediately after concussion. The FST was then performed 3 days after concussion. As shown in Figure 2, the immobility time of concussed mice that received edaravone was significantly less than that for concussed mice that were vehicle treated (p < 0.01). Further, the immobility time of edaravonetreated concussed mice was comparable to those of sham-operated mice treated with or without edaravone. These findings suggest that edaravone treatment prevented the concussion-induced depressivelike behavior. Two-way ANOVA revealed a main effect of concussion (F(1, 15)=4.922; p < 0.05) and concussion×treatment with edaravone (F(1, 15)=10.683; p < 0.01), but not with edaravone treatment alone (F(1, 15=0.849; p=0.371).

Effects of edaravone treatment on concussion-induced nitrotyrosine and 4-hydroxynonenal formation

As shown in Figure 3A–D, we observed an increase in hippocampal and cortical levels of nitrotyrosine-modified protein bands between 75 and 100 kDa 1 day after concussion. These increased nitrotyrosine levels were significantly higher than those of shamoperated mice. Moreover, the ratio of the integrated optical density of nitrotyrosine to that of β -actin showed that nitrotyrosine levels were 1.56- and 2.44-fold higher in the hippocampus and cortex of concussed mice than those of sham-operated mice treated with

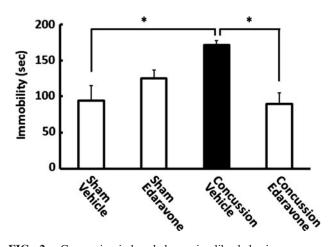


FIG. 2. Concussion-induced depressive-like behavior was prevented by edaravone treatment. Mice were injected with edaravone (3.0 mg/kg) or vehicle immediately after concussion. The forced swim test was performed 3 days postconcussion, and edaravone treatment prevented higher immobility time in vehicle-treated concussed mice. Data are expressed as the mean \pm standard error of the mean (sham operation plus vehicle-treated group, n=4; sham operation plus edaravone, n=4; concussion plus vehicle-treated group, n=6). *p<0.01, compared to the saline-treated concussed mice group (black bar).

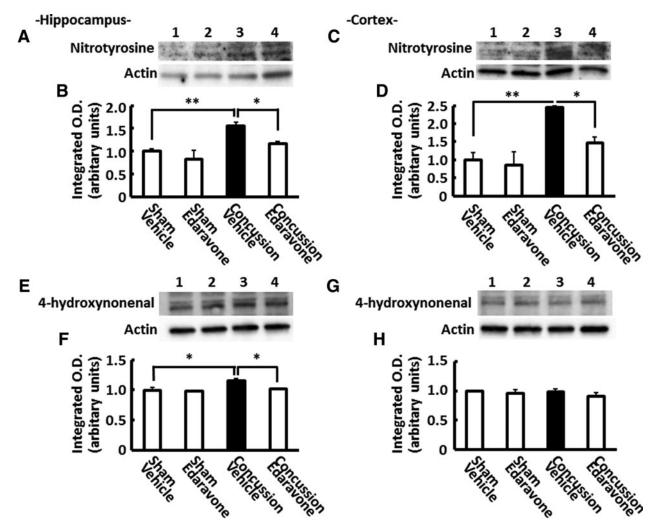


FIG. 3. Nitrotyrosine and 4-hydroxynonenal (4-HNE) production in concussed mouse brains. Representative western blottings of hippocampal (**A** and **B**; **E** and **F**) and cortical (**C** and **D**; **G** and **H**) extracts with anti-nitrotyrosine antibody (A–D) and anti-4-HNE antibody (E–H). Lane 1: sham plus vehicle-treated group; lane 2: sham plus edaravone-treated group; lane 3: concussion plus vehicle-treated group; lane 4: concussion plus edaravone-treated group. Quantification of nitrotyrosine staining in the hippocampus (B and F) and cortex (D and H). Data are expressed as the mean±standard error of the mean (sham plus vehicle-treated group, n=4; sham plus edaravone-treated group, n=4; concussion plus vehicle-treated group, n=4; concussion plus edaravone-treated group, n=4). *p<0.05; **p<0.01, compared to the vehicle-treated concussed mice group (black bar).

vehicle, respectively (p < 0.01; Fig. 3A–D). Considering that the radical scavenger, edaravone, suppressed peroxynitrite-induced oxidative neurotoxicity,³⁰ we investigated whether edaravone affected the concussion-induced increases of nitrotyrosine in the hippocampus and cortex. As expected, edaravone significantly suppressed the increased nitrotyrosine levels (p < 0.05; Fig. 3).

The peroxynitrite-derived free radicals can initiate lipid peroxidation (LPO). Therefore, we also evaluated 4-HNE, a marker for LPO, in the hippocampus and cortex 1 day after impact. As is indicated in Figure 3E–H, 1 day after concussion, we observed a significant increase only in hippocampal levels of 4-HNE-modified protein bands between 50 and 100 kDa. The increased 4-HNE levels were small, but were significantly higher in concussed mice than sham-operated mice. The ratio of the integrated optical density of 4-HNE to that of β -actin showed that 4-HNE levels in the hippocampus were 1.15-fold higher in concussed mice than shamoperated mice treated with vehicle (p < 0.05). These increased 4-HNE levels were significantly suppressed when mice received edaravone i.v. immediately after concussion (Fig. 3E–F).

Nicotinamide adenine dinucleotide phosphate oxidase participates in concussion-induced 4-hydroxynonenal formation

Next, we examined whether NADPH oxidase, which can produce superoxide, mediates peroxynitrite generation after concussion. Mice received a single 50-mg/kg i.p. injection of apocynin, an NADPH oxidase inhibitor, 30 min before concussion. A western blotting analysis with anti-4-HNE Ab showed that 4-HNE levels increased significantly in the hippocampus 3 h after concussions, which were almost completely suppressed by apocynin (p < 0.05; Fig. 4).

Edaravone prevented concussion-induced hippocampal 5-lipoxygenase translocation

OS induces 5-LOX translocation from the cytosol to the nuclear envelope, where it interacts with cofactors and becomes enzymatically active.²³ In the current study, we determined whether our TBI mouse model exhibited 5-LOX translocation to the nuclear envelope. One day postinjury, 5-LOX protein expression, as

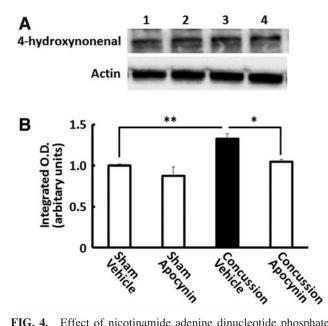


FIG. 4. Effect of nicotinamide adenine dinucleotide phosphate oxidase inhibitor on concussion-induced 4-hydroxynonenal (4-HNE) formation in the hippocampus. Representative Western blottings of hippocampal (**A**) extracts prepared from mice 3 h after concussion, with anti-4-HNE antibody. Lane 1: sham plus vehicle-treated group; lane 2: sham plus apocynin-treated group; lane 3: concussion plus vehicle-treated group; lane 4: concussion plus apocynin-treated group. Quantification of 4-HNE staining in the hippocampus (**B**). Data are expressed as the mean \pm standard error of the mean (sham plus vehicle-treated group, n=3; sham plus apocynin, n=3; concussion plus vehicle-treated group, n=3; concussion plus apocynin-treated group, n=3). *p < 0.05; **p < 0.01, compared to the vehicle-treated concussed mice group (black bar).

detected by immunostaining with anti-5-LOX Ab, was observed only in the hippocampus (Fig. 5), but not the cortex (data not shown), of mice subjected to either concussion or sham operation. In addition, concussion caused 5-LOX translocation from the cytosol to the nuclear envelope of hippocampal cells 1 day postconcussion, whereas 5-LOX localization remained predominantly in the cytosol of sham-operated mice (p < 0.01; Fig. 5A–G). Because 5-LOX inhibition can have antidepressive effects in rodent models,^{22,31} we evaluated whether edaravone affected concussioninduced 5-LOX translocation to the nuclear envelope. As shown in Figure 5A-G, 5-LOX translocation was significantly suppressed in mice that received a single 3.0-mg/kg i.v. injection of edaravone immediately after concussion (p < 0.01). To further determine the cellular localization of 5-LOX protein, we performed double-IF staining to detect the colocalization of 5-LOX with the astrocytic marker, GFAP, or the microglial marker, CD11b. In the hippocampus of concussed mice, we found that 5-LOX was localized in GFAP-positive astrocytes, but not CD11b-positive microglia (Fig. 5H-M). Thus, these results suggest that hippocampal astrocytes are the primary cells responsible for 5-LOX activation after concussion.

5-lipoxygenase inhibition prevented concussion-induced depressive-like behavior

We evaluated whether 5-LOX activation in the hippocampal astrocytes of concussed mice contributed to the appearance of concussion-induced depressive-like behavior. Mice were i.v. injected with 1.0 and 3.0 mg/kg of BWB70C, a specific 5-LOX inhibitor, immediately and 24 h after concussion, and then performed the FST 3 days postconcussion. As shown in Figure 6A, concussed mice treated with BWB70C showed a dose-dependent reduction in immobility time, when compared to vehicle-treated concussed mice (p < 0.01). Two-way ANOVA revealed a main effect of treatment with BWB70C (F(1, 18) = 4.873; p < 0.05), but not concussion \times BWB70C treatment (*F*(1, 18)=3.734; *p*=0.069). Because BWB70C treatment showed protective effects against concussion-induced depressive-like behavior, we performed additional experiments to examine whether BWB70C interfered with 5-LOX translocation in hippocampal astrocytes of concussed mouse brains. Concussion-induced translocation of 5-LOX, however, was not affected in mice treated with 3.0 mg/kg of BWB70C immediately and 24 h after concussion (p = 0.06; Fig. 6B). 5-LOX consists of a C-terminal catalytic domain that contains iron,³² and an N-terminal C-like β -barrel domain with regulatory functions that binds two Ca²⁺ ions,³³ and targets 5-LOX to the nuclear membrane.³⁴ BWB70C is an iron-chelating redox-type inhibitor of 5-LOX.³⁵ It was recently reported that zileuton, another 5-LOX inhibitor with the same mechanism of action as BWB70C, does not suppress 5-LOX translocation to the nuclear envelope after oxygenglucose deprivation.^{23,36} This is considered to provide reasonable explanation on the reason why BWB70C could not inhibit the 5-LOX translocation in our experiments. Therefore, these results suggest that concussion-induced 5-LOX activation in hippocampal astrocytes is associated with the appearance of depressive-like behavior.

Dose response and therapeutic window for edaravone administration

To determine whether edaravone showed a dose-response relationship, we i.v. administered edaravone immediately after concussion at doses ranging from 0.1 to 3.0 mg/kg. As shown in Figure 7A, increased immobility durations in the FST were inversely related to the edaravone dose and was suppressed significantly in mice that received higher doses (1.0 or 3.0 mg/kg; F(5, 16) = 9.11; p < 0.001). However, there were no significant differences in the immobility duration in the FST between vehicle-treated concussed mice and 0.1-mg/kg edaravone-treated concussed mice.

We next examined whether there was a therapeutic window at which edaravone could attenuate concussion-induced depressivelike behavior. Briefly, mice were treated with edaravone (3.0 mg/ kg) either immediately or 1, 3, or 6 h postconcussion, and their immobility in the FST were measured 3 days after impact. Figure 7B indicates that mice treated with edaravone immediately or 1 h after concussion showed significant reductions in their immobility times, when compared to vehicle-treated concussed mice (*F*(5, 18)=12.082; *p*<0.001). There was no significant difference in the immobility duration between concussed mice treated with vehicle or edaravone at 3 or 6 h after concussion.

Discussion

Depression is a significant consequence of TBI; however, few pre-clinical studies have investigated the pharmacological management of TBI-induced depression.² The present study demonstrated the following: 1) Concussion induced by a weight drop resulted in depressive-like behavior in mice without histopathological brain alterations; 2) edaravone protected mice from concussion-induced depressive-like behavior; 3) edaravone suppressed OS by NADPH oxidase and 5-LOX translocation in the hippocampal

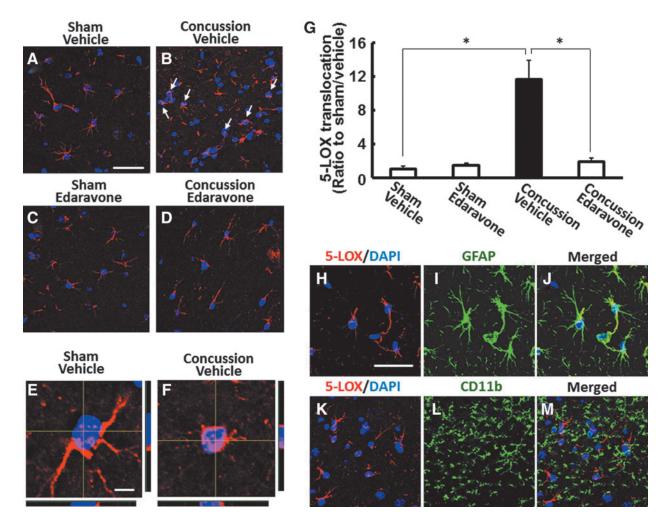


FIG. 5. Concussion-induced 5-lipoxygenase (5-LOX) translocation in hippocampal astrocytes was prevented by edaravone. Representative images demonstrating immunoreactivity for 5-LOX (red) and DAPI nuclear staining (blue) in the hippocampus of mice 24 h after sham operation (**A** and **C**) or concussion (**B** and **D**). The location of 5-LOX can be visualized in the cytosol in sham-operated mice treated with vehicle (A) or edaravone (C). Mice treated with vehicle immediately after concussion showed an increase in hippocampal 5-LOX translocation to the nuclear envelope (B, arrow), which was suppressed by edaravone treatment (D). Scale bar=25 μ m. Z-stack confocal laser scanning micrographs of 5-LOX (red)-positive cells in the hippocampus of mice subjected to sham operation (**E**) or concussion (**F**). Nuclei were stained with DAPI (blue). Scale bar=5 μ m. (**G**) Quantification of 5-LOX translocation to the nuclear envelope. Data are expressed as mean±standard error of the mean (sham injury plus vehicle-treated group, n=4; sham injury plus edaravone-treated group, n=4). *p < 0.01, compared to the vehicle-treated group, n=5; concussive traumatic brain injury plus edaravone-treated group, n=4). *p < 0.01, compared to the vehicle-treated concussed mice group (black bar). Colocalization of 5-LOX (red) with GFAP (green) or CD11b (green) in mice 24 h postinjury (**H**–**M**). Immunoreactivity of 5-LOX translocated to the nuclear (blue) envelope was detected in GFAP-positive astrocytes (H–J), but not in CD11b-positive microglia (K–M). Scale bar=25 μ m. DAPI, 4',6-diamidino-2-pheny-lindole; GFAP, glial fibrillary acidic protein. Color image is available online at www.liebertpub.com/neu

astrocytes of concussed mice; and 4) pharmacological inhibition of 5-LOX prevented depressive-like behavior in mice subjected to concussion. These findings suggest that edaravone has neuroprotective effects against depressive-like behavior after concussion.

An excess of free radical production resulting from TBI can cause oxidation and nitration of cellular components, including proteins and DNA, which play a role in the pathogenesis of post-traumatic secondary injury, such as neuronal death and axonal injury.^{19,20} Free radicals recently have been recognized to a play role in depression pathogenesis in patients with major depression and animal models of depression.³⁷ However, little is known about the contributions of OS to postconcussive depression. In this study, we observed depressive-like behavior and oxidative damage in the hippocampus of concussed mice that could be suppressed by ad-

ministering edaravone immediately after concussion. Some antidepressants can induce hippocampal neuronal plasticity.³⁸ Further, it has been demonstrated that stress and a glucocorticoid-induced reactive oxygen species (ROS) burst can cause structural changes in the limbic system.¹⁴ Thus, we suggest the protective effect of edaravone against concussion-induced depression might be attributed to a free radical scavenger.

The brain can produce ROS through several sources, including NADPH oxidase, xanthine oxidase, and P450 enzymes, all of which contribute to physiological and pathological functions.³⁹ In the case of TBI, mitochondria are considered the major source of ROS production,⁴⁰ but NADPH oxidase is also likely to play the role.⁴¹ In this study, we observed that NADPH oxidase was a source of ROS production in response to the concussion. NADPH oxidase

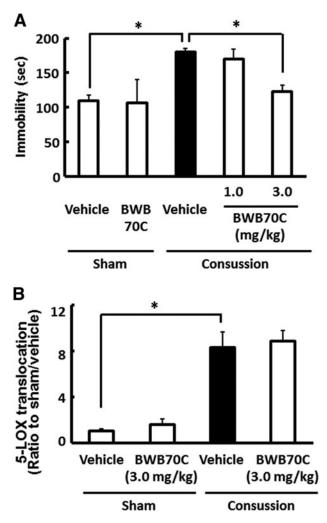
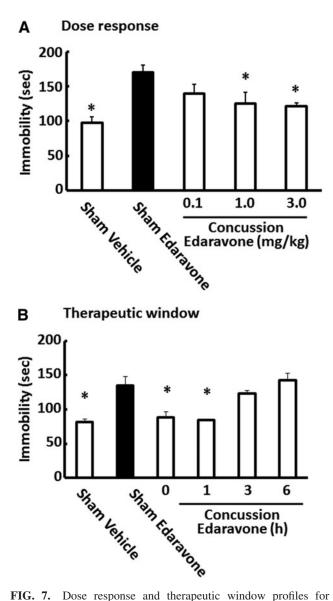


FIG. 6. Effect of 5-lipoxygenase (5-LOX) inhibitor on depressive-like behavior and 5-LOX translocation after concussion. Mice were injected with either the 5-LOX inhibitor, BWB70C (1.0 or 3.0 mg/kg), or vehicle immediately and 1 day after concussion. (A) The forced swim test was performed 3 days postconcussion, and treatment with BWB70C prevented the higher immobility time in vehicle-treated concussed mice. Data are expressed as the mean ± standard error of the mean (SEM; sham plus vehicle-treated group, n=4; sham plus BWB70C, n=3; concussion plus vehicle-treated group, n=6; concussion plus BWB70Ctreated group, n=5). *p < 0.01, compared to the vehicle-treated concussed mice group (black bar). (B) Quantification of 5-LOX translocation to the nuclear envelope 3 h after the last injection of BWB70C (3.0 mg/kg) or vehicle. Mice treated with BWB70C and vehicle showed no significant difference in the increased 5-LOX translocation in the hippocampal astrocytes 24 h after concussion. Data are expressed as the mean \pm SEM (sham plus vehicle-treated group, n=4; sham plus BWB70C group, n=5; concussion plus vehicle-treated group, n=5; concussion plus BWB70C-treated group, n = 5). *p < 0.01, compared to the vehicle-treated concussed mice group (black bar).

activity can peak early at 1 h after TBI, followed by a secondary peak that appears between 24 and 96 h postinjury.⁴² Additionally, Seo and colleagues reported that hippocampal NADPH oxidase mediated depressive-like behavior in mice through chronic stress.⁴⁴ Thus, hippocampal ROS production through NADPH oxidase might be the first step toward concussion-induced depression.



edaravone administration in depressive-like behavior after concussion. Dose-response examination showing the ability of immediate edaravone administration to suppress depressive-like behavior in mice 3 days after concussion (A). Data are expressed as the mean ± standard error of the mean (SEM; sham plus vehicle-treated group, n=3; sham plus edaravone, n=4; concussion plus vehicle-treated group, n=4; concussion plus edaravonetreated group, n=4). *p < 0.01, compared to the vehicle-treated concussed mice group (black bar). High dose of edaravone (1.0 and 3.0 mg/kg), but not saline or low dose of edaravone (0.1 mg/ kg), suppressed the increased durations of immobility in the forced swim test. Therapeutic window profiles for administration and suppression of depressive-like behavior in mice 3 days after concussion (B). We found that immediate or 1-h postconcussion edaravone administration, but not vehicle or later edaravone administration (3 or 6h), suppressed the increased immobility duration in the forced swim test. Data are expressed as the mean \pm SEM (sham plus vehicle-treated group, n=4; sham plus edaravone, n=4; concussion plus vehicle-treated group, n=4; concussion plus edaravone-treated group, n=4). *p<0.01, compared to the vehicle-treated concussed mice group (black bar).

EDARAVONE AND POSTCONCUSSIVE DEPRESSION

To date, we and other laboratories have evaluated the effects of edaravone on TBI-induced damage, including axonal injury²⁰ and neuronal death;¹⁷ however, there are no reports that demonstrate edaravone prevents depression after TBI. Hippocampal 5-LOX is considered to play an important role in various pathophysiological processes in the central nervous system (CNS).^{45,46} Interestingly, pharmacological inhibition or genetic disruption of 5-LOX pro-duces antidepressant-like effects in mice.^{22,31} On the other hand, OS can induce 5-LOX activation.²³ As indirect evidence, OS can increase production of 5-oxo-6,8,11,14-eicosatetraenoic acid, which is synthesized from the 5-LOX product, 5-hydroxyeicosatetraenoic acid, in inflammatory⁴⁷ and endothelial cells.⁴⁸ Further, Li and colleagues reported that, in oxygen-glucose deprivation/recoveryinduced ischemic-like injury, 5-LOX activation is mediated by OS through the p38 mitogen-activated protein kinase pathway in PC12 cells.²³ In this study, astrocytic 5-LOX translocation to the nuclear envelope was found in the hippocampus 1 day postconcussion and was significantly suppressed by edaravone. This suggests that inhibiting 5-LOX translocation with a scavenging ROS during the early phases of concussion might help to prevent concussion-induced depression. This idea is supported by the present findings in that treatment with the 5-LOX inhibitor, BWB70C, suppressed concussion-induced depressive-like behavior. In the CNS, 5-LOX is expressed in various regions, but most prominently in the hippocampus and cerebellum.⁴⁹ Further, 5-LOX expression levels can be lower in the younger (2 months), rather than older, rat brain (24 months).⁵⁰ In this study, 5-LOX immunoreactivity was detected in the hippocampus, but not the cortex, regardless of concussion. This might be owing to the fact that expression levels of 5-LOX in the cortex were extremely low and we could not detect it. However, because clinical and experimental evidence suggests the the cortex is pathophysiologically related to depression,⁵¹ we could not rule out the possibility that 5-LOX expressed in the cortex contributes to concussion-induced depressive-like behavior. Further, it will be necessary, in future studies, to clarify the mechanism through which astrocytic 5-LOX translocation mediates induction of depressive-like behaviors in more detail.

TBI is associated with an increased risk of developing neuropsychiatric disorders⁵² and produces conditions or symptoms including depression, anxiety, and personality changes.⁵³ Clinical pictures often reveal a strong interplay among symptoms,⁵⁴ which complicates investigation of the pathophysiology and treatment of post-TBI depression. In this study, we used a minimal TBI method established by Zohar and collegues²⁴ that was modified to produce a mouse model of CBI. Zohar and colleagues reported that a minimal TBI in mice resulted in an early emergence of depressivelike behaviors.⁵⁵ Consistent with that report, we also found that mice subjected to concussion exhibited depressive-like behavior 3 days postconcussion, without evidence of anxiety (data not shown) or morphological brain damage. However, it is possible that concussion-induced OS causes neuronal cell death. To examine this possibility, we assessed cell death using Fluoro-Jade B (FJB) staining; however, we could not detect FJB-positive cells 24 h after concussion (data not shown). It was implicated that concussion-induced depressive-like behavior was not mediated by acute neuronal cell death during the period when concussion caused OS. Thus, we consider that the established concussed mouse model is an adequate tool to explore novel therapeutic approaches to post-TBI injury. On the other hand, edaravone can be neuroprotective in animal models of cerebral ischemia and is currently used in Japan to treat patients with stroke.56 Moreover, edaravone has no known serious side effects.^{57,58} Common clinical experience suggests

that individuals with TBI may be more susceptible to the side effects of many psychiatric medications.⁵² Additionally, the majority of patients with post-traumatic depression do not respond to typical antidepressants.⁵⁹ In this study, edaravone protected mice from depressive-like behavior after concussion with a therapeutic window, indicating that edaravone may be a promising treatment in the case of concussion with depression.

In summary, administration of edaravone immediately after concussion suppressed OS and 5-LOX translocation to the nuclear envelope, and these mechanisms prevented mice from developing concussion-induced depressive-like behavior. Further, these findings suggest that edaravone treatment may be effective in preventing depression after concussion.

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Author Disclosure Statement

No competing financial interests exist.

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