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Impact of Numerical Variation in *fms*-like Tyrosine Kinase Receptor Internal Tandem Duplications on Clinical Outcome in Normal Karyotype Acute Myelogenous Leukemia

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Abstract

Background—Impact of single versus multiple *fms*-like tyrosine kinase receptor 3 internal tandem duplication (*FLT3*-ITD) mutations on clinical outcomes of patients with acute myelogenous leukemia is not well studied particularly while simultaneously accounting for the quantitative mutation burden.

Methods—We performed a multi-variate analysis for overall (OS), event free (EFS) and remission duration (CRD) including numerical variation (single versus multiple) and quantitative mutant burden of *FLT3*-ITD as variables among other clinically relevant variables.

Results—Our analysis of a cohort of 1043 patients with AML showed that among patients with normal karyotype (NK-AML) and *FLT3*-ITD mutation, overall survival and event-free survival are not affected by the number of *FLT3*-ITD mutations but remission duration (CRD) is significantly longer in patients with multiple *FLT3*-ITD mutations (median CRD 86 weeks vs 34 weeks, $p=.03$).

Conclusion—In time to event analysis of patients with NK-AML and *FLT3*-ITD mutation, number of mutations and mutant burden should be considered among other factors.

Introduction

Multiple reports have confirmed the adverse impact of *fms*-like tyrosine kinase internal tandem duplication (*FLT3*-ITD) mutation on clinical outcomes among patients with acute myelogenous leukemia (AML) and normal karyotype (AML-NK).(1–6) High *FLT3*-ITD

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mutant level is associated with a poor outcome while clinical outcomes in patients with low mutant level may be similar to patients without *FLT3*-ITD mutation.(2;4)

Data on the number (one versus multiple) of *FLT3*-ITD mutants are conflicting. In a retrospective analysis involving 854 patients with AML (mostly 60 years of age or younger) treated in United Kingdom Medical Research Council (MRC) trials, the number of ITD mutations (0 vs. 1 vs. >2) replaced presence or absence of *FLT3*-ITD mutation as the most important independent variable predicting for relapse risk (RR) and disease free survival (DFS) in a multi-variate model, the higher mutant number being associated with worse outcome.(3) The number of ITD mutation was the most important factor after cytogenetic risk group, predicting for event-free survival (EFS) and overall survival (OS). Within the group of AML patients with *FLT3*-ITD mutation, RR was similar among patients with one versus two or more mutations. A later analysis involving a larger cohort of patients from the MRC group showed that quantitative mutation burden is more prognostic than number or size of ITD mutation.(2) Among pediatric patients presence of more than one ITD mutation was not clinically relevant.(7)

Methods

We retrospectively analyzed clinical outcome data on patients with newly diagnosed AML treated at MD Anderson Cancer Center from January 2003 to December 2009. EFS was calculated from the beginning of treatment until an event; defined as relapse, resistance to induction therapy or death. OS was calculated from the time of diagnosis until death. Complete remission duration (CRD) was calculated from CR until relapse or death in CR. Patients were censored at their last follow-up. Categorical and continuous variables were compared by the Fisher's exact test and Wilcoxon test, respectively. Kaplan-Meier product-limit survival probability estimates of OS, EFS and CRD were calculated and log-rank tests were performed to compare the time to events. *FLT3* mutation analysis and quantitation of mutant burden were done from genomic DNA extracted from bone marrow aspirate samples according to published methods.(8;9) Detection of ITD mutation was achieved by fluorescent-based PCR reactions and amplification of the juxta-membrane (JM) domain using fluorescent dye labeled primers that flanks ITD region. PCR product was subjected to fluorescent based capillary electrophoresis using 3100 Genetic Analyzer (Applied Biosystems, Foster City, CA).

The allelic ratios for *FLT3*-ITD was calculated as a ratio of area under an ITD/mutant *FLT3* peak to the area under total (mutant+wild-type) *FLT3*. The ratios were adjusted for the number of blasts in the aspirate as judged by a 500-cell manual differential count performed on the bone marrow aspirate smears to obtain blast normalized *FLT3* mutation burden (*FLT3* normalized).

The Cox proportional hazards regression model was used to evaluate the ability of prognostic variables at presentation including *FLT3*-ITD normalized mutation burden and number of *FLT3*-ITD (multiple vs. single) mutations to predict for OS, EFS, and CR duration.

Results and discussion

Data from 1043 patients with newly diagnosed AML were analyzed. Five hundred thirty patients (51%) had AML-NK and 93 patients (18%) [59 with single ITD mutation and 34 with 2 ITD mutation (21 with 2 ITDs and 13 with 3 ITDs)] had *FLT3*-ITD mutation. Median *FLT3*-ITD normalized value was 0.41 (range, 0.01–1.09) and 0.52 (range, 0.02–2.35) for single and multiple ITD mutations respectively. Patient characteristics with single versus multiple *FLT3*-ITD are summarized in Table 1. Patients with single and multiple (2) ITD mutation were comparable in terms of age, performance status (PS), WBC and platelet counts and bone marrow blast percentage. OS ($p=.59$) (Figure 1A) and EFS ($p=.53$) were similar among patients with single or multiple ITD mutation.

Of the 93 patients with AML and *FLT3*-ITD mutation, 65 (70%) achieved complete remission (CR) or CR with incomplete platelet recovery (CRp), CR rate being 66% in the single ITD group and 76% in multiple ITD group. Sixty-eight (83%) of all patients and 56 (86%) of the patients achieving CR were treated with cytarabine based induction. Time to CR was not different between single ITD and multiple ITD group. CRD was significantly longer in patients with multiple *FLT3*-ITD mutation compared to patients with single *FLT3*-ITD mutation (median 86 weeks vs. 34 weeks, $p=.03$) (Figure 1B). Seven (12%) patients with single *FLT3*-ITD and 2 (6%) patients with multiple *FLT3*-ITD mutations underwent stem cell transplant (SCT) in first remission. For this analysis, they were not censored at time of SCT. On uni- and multivariate analysis that included age, performance status, WBC and platelet counts among other variables, *FLT3*-ITD number (single vs. multiple) and *FLT3* normalized were the only predictors for CRD ($p=.004$ and $.02$ respectively). As high *FLT3*-ITD mutant burden has been previously reported to be predictive of outcome we wanted to rule out the possibility that the patients with multiple ITD could have had a lower mutant burden (thus explaining the longer CRD). Our analysis on the contrary showed that patients with multiple ITD had a higher mutant burden than the ones with single ITD ($p=.02$). While older age and higher WBC counts were the predictors for shorter OS ($p=.008$ and $.006$ respectively), older age was the only predictor for EFS ($p=.04$).

While presence of single versus multiple ITDs does not seem to impact OS and EFS, a biological explanation for longer CRD in patients with multiple *FLT3* ITD in our cohort is unclear. Multiple ITDs can develop if cells carrying *FLT3*-ITD mutation in one allele develop different sized ITD mutation in the wild-type allele. Alternately, different leukemic blast populations may carry different sized ITD mutations. Single cell PCR analysis may help to unravel this. Subclones of AML cells with multiple ITDs have been shown to have different engraftment potential in NOD-SCID mice with some clones engrafting and others failing to engraft and disappearing, suggesting that *FLT3*-ITD mutations can occur at different stages of leukemogenesis and may have differential sensitivity to chemotherapy. (10) Similarly observations of loss of *FLT3* mutation at relapse of AML may indicate presence of some mutations in more mature leukemic cells rather than leukemic “stem” cell. (11) While remission rate is not considered to be influenced by presence of *FLT3*-ITD mutation, the impact of dose intensity on clinical outcomes among patients with *FLT3*-ITD mutation has not been analyzed in large data sets.

Conclusions

Clinical outcome analysis in patients with AML-NK and *FLT3*-ITD mutation needs to take into account mutant allele burden, size and ITD number in addition to the categorical variable of presence and absence of mutation. If all these parameters turn out to be important in analysis of data pooled from large groups, they will need to be incorporated in stratification and randomization of patients in clinical trials involving *FLT3* directed therapy.

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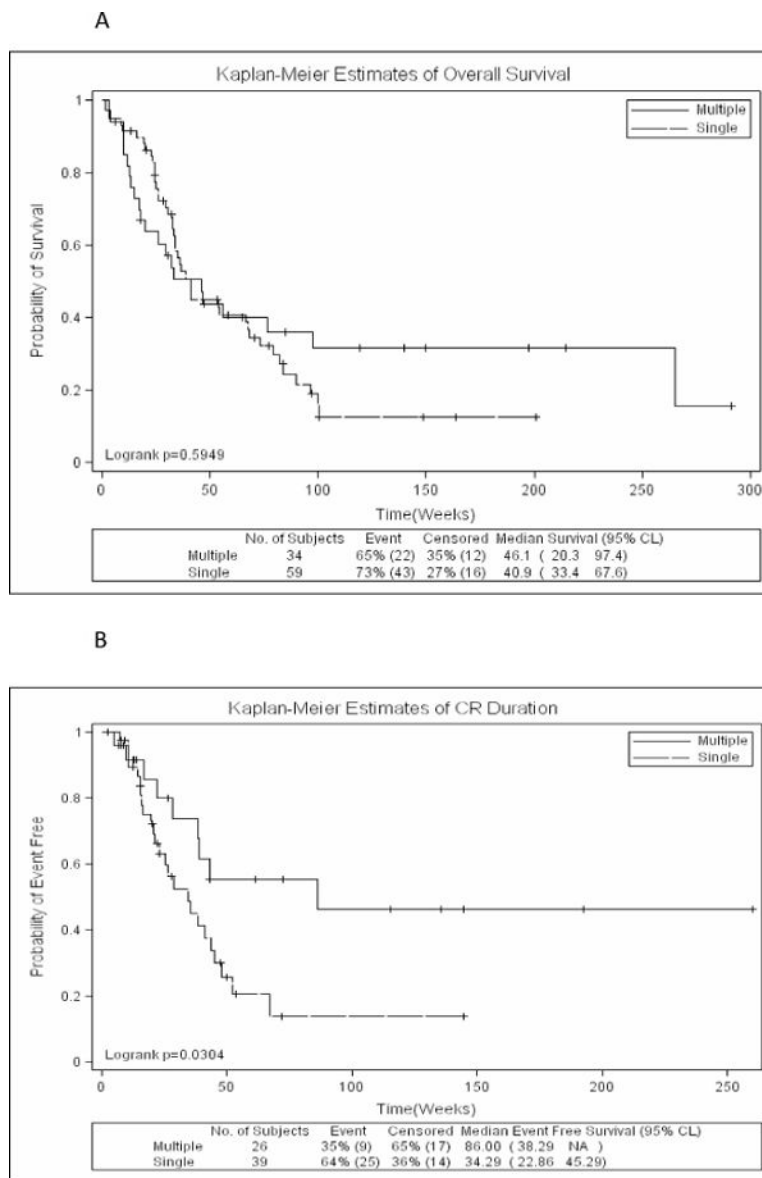


Figure 1.
 A: Kaplan-Meier estimates of overall survival by number of FLT3-ITD mutations
 B: Kaplan-Meier estimates of complete remission duration by number of FLT3-ITD mutations

Table 1

Characteristics of patients with single versus multiple FLT3-ITD

		FLT3+ITD groups		<i>p</i> -value
		Single N=59 (63.44%)	Multiple N=34 (36.52%)	
Age (years)	Median (range)	59 (19, 79)	59 (17, 84)	.4
WBC × 10 ⁹ /L	Median (range)	12.9 (1.4, 166)	17.4 (1, 161.5)	.53
Platelet × 10 ⁹ /L	Median (range)	54 (7, 302)	40 (12, 295)	.36
Bone marrow blast%	Median (range)	72 (8, 95)	60 (10, 96)	.6
Creatinine (mg/dL)	Median (range)	0.9 (0.5, 1.7)	0.9 (0.6, 2)	.6
FLT3-ITD normalized	Median (range)	0.41 (0.01–1.09)	0.52 (0.02–2.35)	.02
Performance status	0	11 (64.7%)	6 (35.3%)	1.0
	1	38 (63.3%)	22 (36.7%)	
	2/3	10 (62.5%)	6 (37.5%)	