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An Embedded 4-Channel Receive-Only RF Coil Array for fMRI Experiments of the Somatosensory Pathway in Conscious Awake Marmosets at 7T

Daniel Papoti, **Cecil Chern-Chyi Yen**, **Julie B. Mackel**, **Hellmut Merkle**, and **Afonso C. Silva**^{*} Cerebral Microcirculation Unit, Laboratory of Functional and Molecular Imaging, National Institute of Neurological Disorders and Stroke, National Institutes of Health, Bethesda, MD, USA

Abstract

Functional Magnetic Resonance Imaging (fMRI) has established itself as the main research tool in neuroscience and brain cognitive research. The common marmoset (*Callithrix jacchus*) is a non-human primate model of increasing interest in biomedical research. However, commercial MRI coils for marmosets are not generally available. The present work describes the design and construction of a 4-channel receive-only surface RF coil array with excellent signal-to-noise ratio (SNR) specifically optimized for fMRI experiments in awake marmosets in response to somatosensory stimulation. The array was designed as part of a helmet-based head restraint system used to prevent motion during the scans. High SNR was obtained by building the coil array using a thin and flexible substrate glued to the inner surface of the restraint helmet, so as to minimize the distance between the array elements and the somatosensory cortex. Decoupling between coil elements was achieved by partial geometrical overlapping and by connecting them to home-built low input impedance preamplifiers. In vivo images show excellent coverage of the brain cortical surface with high sensitivity near the somatosensory cortex. Embedding the coil elements within the restraint helmet allowed fMRI data in response to somatosensory stimulation to be collected with high sensitivity and reproducibility in conscious, awake marmosets.

Keywords

animal models; marmosets; magnetic resonance imaging; phased arrays; receive-only RF coils

Introduction

Functional Magnetic Resonance Imaging (fMRI) has become an essential and powerful tool in neuroscience and brain cognitive research, both in translational and clinical studies (1,2). The use of animal models plays a fundamental role in basic science research. Due to their close similarity with humans, nonhuman primate (NHP) species constitute excellent models to study the causes and potential treatments for many human disorders (3). Among the NHP species used in neuroscience research, the common marmoset (*Callithrix jacchus*) has

^{*}Address for correspondence: Afonso C. Silva, Ph.D., Chief, Cerebral Microcirculation Unit, Laboratory of Functional and Molecular Imaging, National Institute of neurological Disorders and Stroke, National Institutes of Health, 10 Center Drive MSC 1065, Building 10, Room B1D106, Bethesda, MD, 20892-1065, USA, Phone: +1-301-402-9703, Fax: +1-301-480-2558, SilvaA@ninds.nih.gov.

distinct advantages when compared to Old World primates (4), such as prolific reproduction in captivity, early sexual maturity reached by 18 months of age and enhanced biosafety. One challenge of using marmosets for MRI and fMRI experiments is that, at this time, there are no RF coils commercially available which satisfy the anatomical constraints imposed by these animals. Currently, the most common commercially available RF coils manufactured for animal models are offered for rodents (rats and mice), or for rhesus monkeys. However, the development of specific RF coil designs for marmosets is not widely available.

As any animal model, marmosets are naturally non-compliant subjects in the MRI scanner. While the use of anesthesia is a safe and effective way to ensure compliance, minimize movements and alleviate stress during experiments, anesthesia brings in the disadvantages of interfering with both neural activity and neurovascular coupling, thus compromising the interpretability of results (5-7). In addition, anesthesia prevents study of the conscious brain, hindering a number of applications of fMRI to study behavioral and cognitive processes. A frequently employed solution to avoid the physiological drawbacks of anesthesia is to physically restrain the animals by specially designed chairs, and to immobilize their heads by surgically implanted head posts (8-17). These posts are very effective in providing maximum motion restraint, but have a few disadvantages. First, they are invasive and thus detract from the main advantage of MRI as a non-invasive technique. Second, they require constant aseptic cleaning to prevent infections. Third, the use of implant materials restrict free placement of RF coils on the surface of the head. In addition, because implant materials are typically lossy, they deteriorate the Q factor of the coils and may introduce susceptibility artifacts at high field strengths. Nevertheless, minimization of the distance between the coil and the monkey's brain is crucial to maximize the signal-to-noise ratio (SNR) of the MR images. For example, an SNR gain in excess of 5 fold was achieved by implanting an 8channel receive-only coil array on the skull of rhesus macaques when compared to coils placed externally around the animal's head (18).

To overcome the above-mentioned problems of using implanted head posts as head restraints, a completely non-invasive individualized helmet system was devised to allow comfortable restraint of awake marmosets in the MRI scanner (19,20). When combined with acclimatization procedures to condition the animals to tolerate physical restraint and exposure to MRI sounds, these restraining helmets have proven to be an effective method to accomplish fMRI experiments with conscious, awake marmosets. The purpose of the present work was to develop a 4-channel receive-only array embedded in the restraining helmets to maximize the SNR for fMRI experiments of the marmoset's somatosensory cortex at 7 T. Each element of the array was made using a flexible substrate with single sided copper and was embedded in the inner surface of the helmets, minimizing the distance between the array and the cortical brain surface while still providing comfort to the animal. Decoupling between coil elements was achieved by partial geometrical overlap of the nearest neighbors and by connecting each element to home-built low input impedance preamplifiers (21,22).

Theory

Geometrical Considerations

Like humans, each marmoset has a different skull size and shape, requiring the development of individual custom-built non-invasive restraint helmets during MRI/fMRI experiments (19). In order to take full advantage of these individualized helmets to maximize the SNR in the region of interest, the head size and shape, and the location of the marmoset primary (S1) and secondary somatosensory cortex (S2) (23), as depicted in Figure 1, were used as geometrical constraints for the design of a 4-element phased array coil (24,25). In the marmoset, S1 spans about 5 mm in the rostrocaudal direction, and about 8 mm in the mediolateral direction (23). S2 sits immediately lateral to S1 in the inner bank of the lateral sulcus, and spans about 4 mm both in the rostrocaudal as well as in the mediolateral direction (23) (Figure 1). Therefore, we determined that the array would need to have high sensitivity to a depth of about 15 mm below the skull, and each element was chosen as a loop with 15 mm inner diameter. To maximize the sensitivity without compromising the animal's comfort, flat, flexible and thin conductors were used instead of round wires and laid out on the inner surface of the helmets.

Signal-to-Noise Considerations

Next, the sources of loss to be minimized during coil development were determined. For the majority of applications involving small animal models, resistive losses introduced by the sample, the coil's discrete elements and the transmission line have to be taken into account (26,27). Doty et al. defined small animal coils as mid-range coils, where the product of the frequency *f* and the coil diameter *d* are within the range 2 - 30 MHz·m (26,28). For these coils, assuming that all resistive losses are at the same temperature T_n , Equation [1] can be used to estimate the SNR following a single 90° pulse:

$$SNR \propto \frac{B_1 V_s}{\sqrt{P_T T_n}}$$
 [1]

where V_S is the sample volume, P_T is the total transmitter power required to generate B_I , when applied at the coil port with the preamp disconnected. While the above expression has been derived for transmitter coils, it can also be used for receive-only coils and coil arrays via the principle of reciprocity (29-31). Optimization of mid-range coils consists of maximizing the coil efficiency by enlarging B_I via placement of the coil conductors as close as possible to the sample, and by minimizing P_T with the use of low-loss components, such as capacitors, inductors, diodes, etc. However, for typical RF coil dimensions commonly used in small animal applications, there is a compromise between maximizing the efficiency of the array elements and simultaneously achieving good preamp decoupling by attaching them to low input impedance preamplifiers.

Due to space limitations in coils designed for small animal applications and in order to avoid image artifacts caused by the proximity of the preamplifiers, it is common to insert a length of RF cable in between the coil and the low input impedance preamplifiers, as illustrated by the electric scheme shown in Figure 2 (24,32-35). To make use of the low input impedance of the preamplifiers to minimize the effects of inductive coupling between array elements it

$$Z_{block} = \frac{X_{L_D}^2}{R_p} \quad [2]$$

where R_p is the input impedance of the preamplifier considering the additional $\lambda/2$ RF cable. Equation [2] shows that the effectiveness of the preamplifier decoupling is proportional to the inductance L_D and inversely proportional to the preamplifier input impedance. So, if on the one hand C_M and L_D should satisfy the 50 Ω matching condition (24,32), on the other hand it is necessary to keep L_D high enough to provide a good isolation through preamp decoupling. For coils with very small dimensions that have small values for the loaded coil resistance, the value of the inductor L_D may be too low and thus difficult to realize in practice. A good rule of thumb is to find values for C_M and L_D that provide a return loss of typically 20 dB. At the same time, it is recommended to achieve at least 15 dB of isolation due to preamp decoupling (33-35).

Materials and Methods

Helmet manufacturing process

The manufacturing procedure of the individualized helmets started with the acquisition of a 3D gradient echo image of the anesthetized marmoset's head and torso (Figure 3a) using the transmit body coil in transceiver mode. An actively detunable 16-rung linear birdcage coil with inner diameter of 108mm was used as the transmit coil. The 3D images were acquired with FOV=7.68 \times 7.68 \times 7.68 cm³, matrix size=160 \times 160 \times 160, TE=1.7 ms, TR=15 ms, 4 averages, resulting in a total acquisition time of 25.6 min. The next step was to do a semiautomatic segmentation process using the software ITK-SNAP (University of Pennsylvania, Philadelphia, PA) to obtain a 3D head mesh profile. The mesh was then imported into a 3D modeling program, Rhinoceros 3d (McNeel North America, Seattle, WA) to obtain the 3D contour surface of the head (Figure 3b). A matching 3D surface was created and enlarged by 2 mm in all directions to create space for the compressible foam that lines up the inner surface of the helmet to provide a comfortable restraint of the head. This 3D surface was then used to create a solid helmet and separated into top (head) and bottom (chin) pieces, to which lateral bars were added for support. The pieces were printed in a 3D printer (1200es Series 3D Printer, Stratasys, Inc., Eden Prairie, MN), out of ABS plastic material, as depicted in Figure 3c. Finally, the array elements were fixed to the inner surface of the top (head) piece, as shown in Figure 3d and detailed in the following paragraphs.

4-channel coil array construction

In order to attach the array elements on the inner surface of the helmets without compromising comfort to the animals, each element of the array was made using CuFlon (Polyflon Inc., Norwalk, CT, USA) with 2 oz/ft² of copper deposited in a 0.25 mm thick PTFE dielectric. This flexible and thin material allowed the coils to be glued tight onto the inner surface of the helmet and to adopt its 3D contour, as shown in Figure 4a. The inner diameter of each 1.5 mm wide circular loop was 15 mm, and the connection between the coil elements and the matching networks, placed on the outer surface of the headpiece, were made by soldering copper wire 0.025" diameter (AWG 22) with length of approximately 3-4 mm through the helmet's plastic wall. This separation from the array elements to the matching network board was verified to be sufficient to avoid any interference effects between the board and the coil elements. The layout of all four matching networks was milled in the same FR4 substrate (Figure 4b) using a 2-D milling machine (Modela MDX-20, Roland DGA Corp., Irvine, CA). Decoupling between coil elements was minimized by partial overlapping of each pair of nearest neighbor coils by direct S21 measurements that were carried out with the other two coils not under test detuned. These measurements had to be performed with the coils unloaded due to the need to position the elements on the inner surface of the restraint helmet. After the optimal position for each element was found, the coils were glued in place and the inner surface of the helmet was covered by polyurethane foam (3 mm thickness) to provide additional comfort to the animals during the MRI and fMRI experiments. Additionally, all four elements were connected to homebuilt low input impedance preamplifiers through a π -network phase shifter combined with 22 cm of RF cables (RG 316/U-12, Huber+Suhner AG, Herisau, Switzerland). The electrical length of the RF cable + phase shifter was adjusted to provide an equivalent $\lambda/2$ cable at the input of the preamplifier as shown in the electric scheme of Figure 2. The components used for the tuning/matching network consist of non-magnetic chip capacitors (A series, American Technical Ceramics, Huntington Station, NY), air core inductors for the detuning and phase shifter (micro spring air core inductors, Coilcraft Inc., Cary, IL) and PIN diodes (Temex Ceramics, Pessac, France) for the active detuning. To simulate the equivalent loading conditions of the marmoset head on the array, a spherical phantom of 35 mm in diameter was filled with a solution of 9 g/L sodium chloride, and each array element was tuned and matched using this phantom. To detune the coil during the transmit period, a blocking circuit consisting of C_M and L_D is activated by providing DC current to the PIN diode via a bias T located before the low input impedance preamplifiers. To avoid cross-talking interactions between the RF coaxial cables, cable traps tuned to 300.4 MHz were inserted after the matching network and before the input of the preamplifiers. The homebuilt preamplifiers (21,22) were designed typically with input impedance of 1.5 Ω , gain of 33 dB, output impedance of 50 Ω and noise figure of 0.8 dB. All coaxial cables attached to the coils were connected to the input impedance preamplifiers using hook up connectors (types FMX012S128, FCT GmbH, Munich, Germany), as shown in Figure 4c.

Characterization on the bench and SNR maps

Each channel was characterized on the workbench by evaluating the isolation due to preamp decoupling and active detuning when compared to the power-matching situation. The

transmission coefficient S₂₁ was measured using a pair of decoupled pick up loops and comparing the S₂₁ response in the network analyzer when the coil was power matched, noise matched and actively detuned by the PIN diodes. The unloaded/loaded quality factor ratio Q_U/Q_L and the frequency shift caused by loading the coil with the spherical phantom were measured for each channel of the array, with the other coil elements not under test actively detuned by the PIN diodes. To evaluate the performance of the active detuning circuit, the transmit B_I^+ field map was measured experimentally using the Double Angle Method (36) comparing two different situations: placing the spherical phantom without (a) or with (b) the actively detuned receive array in the volume transmit RF coil. SNR maps (37) were acquired using the spherical phantom and compared to those obtained from two different coil setups previously employed for fMRI experiments in awake marmosets in our lab. The first setup consisted of two 17 mm single loop surface coils externally placed on the top part of the helmets, as shown in Figure 4d. The second setup consisted of a single elliptical surface coil with 48 mm major axis and 38 mm minor axes covering the whole marmoset brain, and also placed outside the helmet, as shown in Figure 4e. A noise correlation matrix was also measured for the 4-channel array using the spherical phantom.

Phantom images were acquired using a Rapid Acquisition with Relaxation Enhancement (RARE) sequence with 8 echoes set for the following parameters: TR=1000 ms, TE_{eff}=56 ms, FOV=5.12 × 5.12 cm², slice thickness = 2 mm, matrix = 256 × 256 and 1 average. In vivo SNR maps were acquired from a conscious awake marmoset using a FLASH sequence with TR=100 ms, TE=7 ms, FOV=3.84 × 3.84 cm², slice thickness = 2 mm, matrix =256 × 256 and 8 averages, resulting in total scan time of 25 min 36 s. All imaging experiments were performed in a 7T/30 cm USR magnet (Bruker-Biospin, Inc. Ettingen, Germany) connected to an AVIII console running ParaVision 5.1.

Conscious awake MRI/fMRI experiments

FMRI experiments were performed in an adult male marmoset acclimated to the restraint helmet and MRI sounds (19). During the experiments, the animal was continuously monitored by an MR-compatible camera (model 12M, MRC Systems GmbH, Heidelberg, Germany). Blood oxygenation level dependent (BOLD) fMRI was obtained using a 2D gradient-recalled echo planar imaging (EPI) sequence from 8 coronal slices with TR=1000 ms, TE=25 ms, thickness=1 mm, FOV= 3.2×2 cm², matrix 128×80 and zero-filled to 256 \times 160. Bilateral electrical stimulation of the forearm nerves was delivered by pairs of electrode pads placed across each wrist. An off-on-off block design paradigm was applied to the animal with the following stimulus parameters: current intensity 2 mA, pulse duration 0.4 ms, stimulation frequency 50 Hz. Each epoch consisted of a stimulus period of 20 s interleaved between pre- and post-stimulus resting periods of 20 s each. Eight epochs were run for a total fMRI experiment duration of 8 min. Coplanar anatomical T₂-weighted images were obtained using a RARE sequence with TR=6000 ms, TEeff=72 ms, matrix = 256×160 and 12 averages. Imaging processing and statistical analysis was performed using the software for analysis of functional neuroimages AFNI (38). Slice timing and the rigid-body movement were corrected in the first stage of the process. Epochs with maximum displacement larger than half of the pixel were excluded from averaging. Activation maps were generated by least squares estimation of the linear regression coefficients with a

gamma variant hemodynamic response function. Finally, the map was overlaid on the anatomical T2 images after affine transformation.

Results

Characterization on the bench

S21 measurements of the decoupling between nearest neighbors performed on the bench resulted in typical values of ~ 17 dB. The isolation due to preamplifier decoupling was measured to be 18 dB on average. For active detuning measurements performed, the isolation obtained from the S₂₁ response was > 38 dB for all channels. Figure 5 shows the transmit B_1^+ field map normalized by the field at the center of the coil obtained from a spherical phantom without the coil array in the transmit field (Figure 5a) and with the coil array present but actively detuned (Figure 5b. The B_1^+ field deviated less than 5% at the border of the phantom when the coil array is present, confirming the effectiveness of the active detuning circuit. The average of the Q_U/Q_L ratios measured, considering the 3 mm foam between the coil and the phantom, was 120/103 = 1.17. The average frequency shift due to loading effects was -0.25 MHz.

SNR maps and Noise correlation matrix

Figure 6 shows phantom SNR maps calculated from sum-of-squares images obtained using the 4-channel embedded array (Figure 6a), the two single loop surface coils placed externally to helmet (Figure 6b) and the single elliptical surface coil (Figure 6c). The SNR profiles comparing the coil performance along the center axis are shown in Figure 6d. At the surface of the phantom, the SNR from the embedded array is 2.1 times higher than that from the two external surface coils and 2.7 times higher than the SNR from the large elliptical surface coil. At 4 mm depth, the two single loop surface coils and the large elliptical surface have similar SNR, while the embedded array is still 1.8 times superior in SNR. After 12 mm the single elliptical surface coil shows higher SNR than the embedded array and the two surface coils.

Coupling between all channels was evaluated by acquiring the noise correlation matrix shown in Figure 7. The highest off-diagonal correlation coefficient, which occurred between channel 3 and channel 4, was 0.27, suggesting a small residual coupling between these two channels.

In vivo SNR maps obtained from conscious awake marmosets using the 4-channel embedded array are displayed in Figure 8. The individual element images (Figure 8a-d) show high sensitivity of each coil element to the corresponding portion of the parietal cortex right below. The sum-of-squares resulting image (Figure 8e) shows high sensitivity covering the entire primary somatosensory cortex.

FMRI experiments

High-resolution BOLD fMRI activation maps obtained from conscious awake marmosets in response to somatosensory stimulation are displayed in Figure 9a, showing robust, bilateral BOLD activation in primary (S1) and secondary (S2) somatosensory cortices. Note that

robust activation is detected in S2, which is located further from the reach of the coil array than S1. Figure 9b shows the corresponding BOLD fMRI time courses averaged across the several runs.

Discussion

We have demonstrated here the development of a 4-channel receive-only RF coil array for fMRI experiments of the somatosensory pathway in conscious, awake marmosets. The array was embedded in individualized movement-restraining helmets, that were previously shown to provide an effective and non-invasive way to restrain head motion during the MRI scans (19). The main advantage of the present design is the placement of the coil elements on the inner surface of the helmets, which increases the sensitivity of detection over the parietal cortex by up to 2.1 times when compared to surface coils placed externally over the helmet.

A major point of difficulty in building the 4-channel array is to achieve satisfactory coil-tocoil isolation across the different channels. The small geometry of each coil loop and their layout in the somewhat irregular inner surface of individualized helmets make it difficult to obtain perfect isolation across the different channels. The additional constraint imposed by the fact that the elements are embedded in the helmet and the matching network are located externally make the initial placement of the elements critical, as once they are glued to the helmet they can no longer be relocated to further improve the isolation. The good coil-tocoil isolation obtained here was due to the combination of partial overlapping of neighboring elements and preamplifier decoupling. Because the coils are laid on a somewhat irregular curved surface, it is difficult to achieve sufficient coil-to-coil isolation based solely on their geometrical arrangement. Due to the low availability of commercial low input preamplifiers, as well as to the tight space in the bore of small animal MRI machines, we have developed our own low-noise, low input-impedance preamp for operation at 7 T and 11.7 T (21,22) with very competitive specifications. The use of low input impedance preamplifiers significantly improved the isolation achieved by geometrical decoupling (33). Measurements of the noise correlation matrix obtained using a loaded phantom confirmed that the coil-to-coil isolation was satisfactory across all four elements of the array.

A main motivation for the present work was the development of dedicated receive-only RF coil arrays for marmosets. To the best of our knowledge, there are currently no commercially available receive RF coil arrays for marmosets. Previous MRI and fMRI studies in marmosets have been conducted using generic RF coils (14,39-42). The use of a design built specifically to take into account the unique shape and size of individual subjects optimizes the sensitivity of the array and provides maximum comfort to the animals. As mentioned above, the main advantage of the embedded array design is placement of the coil elements on the inner surface of the helmets, as close as possible to the cortical area of interest in the brain. The close proximity of the coil elements to the brain boosted the SNR in the parietal cortex by a factor of two. However, the presence of coil wires so close to the surface of the brain can cause susceptibility artifacts and their tight arrangement can reduce the coil-to-coil isolation. We were able to mitigate susceptibility artifacts with the use of a flat and flexible Teflon-based substrate, which prevented us from having to carve grooves on the inner surface of the helmet to accommodate regular wires. The use of a flat substrate

provided more comfort to the animals, as it did not change the conforming inner surface of the helmets. However, the use of individualized helmets requires building individualized arrays. We consider this additional workload to be a minor disadvantage compared to the huge payoff obtained from acquiring fMRI data from conscious, awake animals with improved comfort and effective motion restraint.

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Glossary

ABS	Acrylonitrile butadiene styrene
AFNI	analysis of functional neuroimages
BOLD	blood oxygenation level-dependent
fMRI	functional magnetic resonance imaging
FOV	field-of-view
NHP	non-human primate
RARE	Rapid Acquisition with Relaxation Enhancement
RF	radio frequency
S1	primary somatosensory cortex
S2	secondary somatosensory cortex
SNR	signal-to-noise ratio

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Figure 1.

(a) Illustration of a marmoset in the sphinx position restrained by the custom-fit helmet (left). (b) Volumetric rendering of the brain surface of a marmoset obtained from a 3D T₁-weighted image (43). Regions of high myelination appear bright in the image. Arrows indicate the locations of primary (S1) and secondary (S2) somatosensory cortex. R = rostral; C = caudal; D = dorsal; V = ventral.



Figure 2.

Circuit diagram of one coil element used in the 4-channel embedded array. The electrical length of the RF cable + phase shifter was adjusted to provide 180° phase at the input of the preamplifier. The detuning circuit consisting of C_M and L_D is activated by providing DC current to the PIN diode via a bias T located before the low input impedance preamplifier.



Figure 3.

Schematics of the manufacturing process of the movement restraint helmets. (a) 3D gradient echo images from head and torso are acquired with the body coil in transceiver mode. (b) Surface rendered model obtained from the gradient echo images. (c) From the surface rendered model, the helmets are designed using Rhinoceros 3d and printed in ABS plastic by a 3D printer. (d) 4 overlapped array elements are attached to the inner surface of the helmets, with the matching networks placed on the external side.



Figure 4.

(a) Inner surface of helmet showing each element of the embedded 4-channel array. (b)External part of the coil containing the printed circuit board with the matching networks. (c)4-channel embedded array connected to the low input impedance preamplifiers. Forperformance evaluation, the embedded 4-channel array was compared to two circularsurface coils externally positioned in circular grooves at the helmet top (d), and to a singleelliptical surface coil covering the whole marmoset head (e).



Figure 5.

Normalized transmit B_I^+ field maps obtained from a spherical phantom using the linearly driven volume birdcage coil in transceiver mode under two different conditions: (a) In absence of the 4-channel coil array. (b) With the coil array present but with all receive elements actively detuned. The two maps differ from each other by no more than 5%.



Figure 6.

Phantom SNR maps calculated from the sum-of-squares images obtained with: (a) the 4channel embedded array; (b) two single loops externally placed in the helmets; and (c) Elliptical surface coil. (d) Plot of the SNR profiles along the central axis comparing the coils performance.

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Figure 7.

Noise correlation matrix acquired with the 4-element coil array. The highest off-diagonal correlation coefficient is 0.27, which indicates a small residual coupling between channel 3 and channel 4.



Figure 8.

(a-d) In vivo SNR maps obtained for each individual coil element from an awake marmoset.(e) Sum-of-squares image reconstruction showing excellent coil sensitivity in the cortex.



Figure 9.

(a) BOLD activation maps obtained from a conscious awake marmoset in response to somatosensory stimulation using the embedded 4-channel array coil. The arrows show the two main regions of activation in the somatosensory cortex, S1 and S2. (b) Normalized averaged time courses showing BOLD signal changes in S1 and S2 (blue and red, respectively). Duration of the stimulation period is indicated by the black bar.