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## Opposing Effects of CTLA4 Insufficiency on Regulatory versus Conventional T Cells in Autoimmunity Converge on Effector Memory in Target Tissue

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### Abstract

Quantitative variations in CTLA4 expression, due to genetic polymorphisms, are associated with various human autoimmune conditions, including type 1 diabetes (T1D). Extensive studies have demonstrated that CTLA4 is not only essential for the suppressive role of regulatory T (T<sub>reg</sub>) cells, but also required for intrinsic control of conventional T (T<sub>conv</sub>) cells. We report that a modest insufficiency of CTLA4 in mice, which mimics the effect of some human *CTLA4* genetic polymorphisms, accompanied by a T1D-permissive *MHC* locus, was sufficient to induce juvenile-onset diabetes on an otherwise T1D-resistant genetic background. Reduction in CTLA4 levels had an unanticipated effect in promoting T<sub>reg</sub> cell function both *in vivo* and *in vitro*. It led to an increase in T<sub>reg</sub> memory in both lymphoid and nonlymphoid target tissue. Conversely, modulating CTLA4 by either RNAi or antibody blockade promoted effector memory (T<sub>EM</sub>) formation in the T<sub>conv</sub> compartment. The CD4<sup>+</sup> T<sub>EM</sub> cells, including those within target tissue, produced IL17 or IFN $\gamma$ . Blocking IL7 signaling reduced the Th17 autoimmune compartment, but did not suppress the T1D induced by CTLA4 insufficiency. Enhanced effector memory formation in both T<sub>conv</sub> and T<sub>reg</sub> lineages may underpin the apparently dichotomized impact of CTLA4 insufficiency on autoimmune pathogenesis. Therefore, while the presence of CTLA4 plays a critical role in controlling homeostasis of T cells, its quantitative variation may impose diverse or even opposing effects on distinct lineages of T cells, an optimal sum of which is necessary for preservation of T-cell immunity while suppressing tissue damage.

### Introduction

One of the hallmarks of the adaptive immune response is its ability to generate immunological memory against foreign antigens so as to generate a stronger immune response on secondary encounter. However, when an immune response is generated against

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self-antigens, immunological memory is often thought to contribute to the persistence of the autoimmune response in autoimmune diseases (1). It remains unclear how the different memory T cell subsets contribute to autoimmune damage in the target tissues.

Recent studies have shown that the basic tenets of immunological memory apply to the regulatory T cell ( $T_{reg}$ ) compartment as well. During acute viral infections, it has been shown that  $T_{reg}$  cells go through the classical antigen-specific expansion, contraction and memory maintenance phases (2, 3). On secondary re-challenge, these memory  $T_{reg}$  cells are able to suppress conventional T ( $T_{conv}$ ) cell responses better than naïve  $T_{reg}$  cells, thus helping to prevent excess immunopathology during a recall response. In a model of skin autoimmunity, it has been shown that memory  $T_{reg}$  cells in the tissue confer superior protection against autoimmune attack (4). Thus,  $T_{reg}$  memory in the tissue is emerging as one of the main players in regulation of autoimmune responses where persistent self-antigen expression helps in its maintenance (5).

A complex interplay of genetic factors often influences the onset of autoimmune diseases. In humans, one of the most important genetic contributors to type 1 diabetes (T1D) identified so far has been the HLA haplotype of the individual (6). Most often this genetic risk conferred by the HLA haplotype is influenced by non-HLA genetic factors such as *CTLA4* genetic polymorphisms. CTLA4 is a negative regulator of the immune system (7). *CTLA4* gene polymorphisms have also been implicated in a number of autoimmune disorders (8). Most disease-associated Single Nucleotide Polymorphisms (SNPs) of *CTLA4* have been mapped to the non-coding regions, such as promoter and 3'UTR (Untranslated Region) polymorphisms (9–12). These do not result in an ablation of CTLA4 production but rather result in a modest reduction in levels of functional CTLA4 protein (9–12) or alter the ratios of the various CTLA4 splice variants (13).

CTLA4 is expressed as multiple splice variants (7). Studies by several groups have established the function of each splice variant in various autoimmune settings (13–17). Nevertheless, the exact impact of each *CTLA4* polymorphism on T1D remains a debate. For example, one study showed that un-stimulated CD4 T cells from 14 healthy subjects had ~2–3-fold lower levels of soluble CTLA4, an effect associated with the T1D-risk +6230G alleles (13). However, a later study with 11 non-diabetic subjects including parents of T1D children did not find the linkage of +6230G>A SNP to either soluble CTLA4 or full-length CTLA4 levels if the subjects had the same –318C SNP in the promoter region of the *CTLA4* gene, but the –318C T1D-risk allele was associated with lower levels of both full-length CTLA4 and soluble CTLA4 expression (18). The discrepancy could be due to diverse ethnicity, environmental or other factors. On the other hand, the many studies associating the *CTLA4* locus with T1D have suggested a consensus theme: there is no qualitative change of mature CTLA4 protein; instead it is the modest quantitative reduction of CTLA4 that may pose a genetic risk for T1D. However, the exact impact of such quantitative changes on immune cells during T1D development remains to be characterized, especially in a disease model that reflects the human T1D onset at a juvenile age with a natural immune cell repertoire, besides the standard NOD model that has adulthood-onset diabetes with gender bias.

To model the effect of such a modest reduction in CTLA4 expression on T1D pathogenesis, we used a CTLA4RNAi mouse model (19–21). This model enabled us to study the specific influence of a modest reduction in CTLA4 coupled to a disease-susceptible *MHC* on spontaneous development of T1D, by crossing the CTLA4RNAi transgene onto the B6.H2<sup>g7</sup> background. B6.H2<sup>g7</sup> mice harbor the T1D-susceptible *MHC* loci from the NOD strain but with a genetic background of wild-type C57BL6 mice (22). This new model, with diabetes penetrance at juvenile age, allowed us to examine autoimmune memory T cells in target tissue during onset of T1D at young age in the animal.

In acute infectious disease settings, the CD62L<sup>lo</sup>CD44<sup>hi</sup> population is presumed to represent the effector memory T cell population long after antigen clearance since effector T cells are short-lived. In autoimmune settings, the CD62L<sup>lo</sup>CD44<sup>hi</sup> T-cell population may also include short-lived effector T cells that participate but not necessarily perpetuate autoimmune damage. Thus in the context of self-antigen persistence in autoimmunity, it is necessary to distinguish effector memory T cells from effectors by multi-parametric phenotypic analyses and functional validation. In this study we configured multi-parametric flow cytometry to identify and characterize the effector and memory compartments of the T<sub>conv</sub> and T<sub>reg</sub> cell subsets in the target tissue (the pancreas) and the draining lymph nodes. We also sought to target the autoimmune memory T cell compartment in the new early-onset T1D model by blocking IL7 signaling (23, 24).

## Materials and Methods

### Mice

B6.NOD-(*D17Mit21-D17Mit10*)/LtJ, Foxp3<sup>FIR</sup>, Foxp3<sup>sf</sup>, BDC2.5, CTLA4RNAi knockdown transgenic and PL4 vector control transgenic mice were described previously (19–22, 25–28). CTLA4RNAi and PL4 transgenic lines, originally generated on the NOD genetic background (19), were crossed onto the C57BL/6 (B6) background (20, 21) and then crossed with a congenic line, B6.NOD-(*D17Mit21-D17Mit10*)/LtJ (the Jackson laboratory, Bar Harbor, ME) (22), to generate the CTLA4RNAi transgenic line on the B6 genetic background but carrying a diabetes-susceptible *MHC* locus, H2<sup>g7</sup>. Of note, the CTLA4RNAi transgenic line was established with the third-generation lentiviral vector system. The transgenic integrate contains the lentiviral vector backbone with a self-inactivating LTR but not genes for viral protein products (19). The transgenic line exhibited *MHC*-dependent site-specific immune damage, without signs of type 1 interferon responses or systemic immune activation or systemic inflammation responses (19). We did not find significant differences between the PL4 lentiviral vector control transgenic mice and transgene-negative controls including potential type 1 interferon response, T-cell activation status and histopathology of major organs surveyed in the animals (19). For controls, we used age-matched PL4 transgenic mice or the transgene-negative littermates of the CTLA4RNAi transgenic mice. The former serves better if the GFP marker is needed (for imaging or flow cytometry). The latter serves better for the autoimmune disease development in CTLA4RNAi mice because it controls the environmental factors as well as the effect of microbiota which is primarily derived from birth mothers.

We should emphasize that although the B6.NOD-(*D17Mit21-D17Mit10*)/LtJ congenic line was referred to as “B6.H2<sup>g7</sup>”, this nomenclature is oversimplified. The B6.NOD-(*D17Mit21-D17Mit10*)/LtJ congenic line on the B6 background carries a 19 cM segment of Chromosome 17 extending from *D17Mit21* through *D17Mit10* that includes the major histocompatibility complex, *H2*, of NOD origin. However, that segment may also contain non-*MHC*-related T1D-susceptibility or -resistant loci that are difficult to define because of the strong linkage disequilibrium to the *MHC*-related genes. Of note, the CTLA4RNAi experiments with the animals on the B6.H2<sup>g7</sup> genetic background used transgene-negative littermate controls only. Although it would be ideal to have the PL4 transgenic line on the B6.H2<sup>g7</sup> genetic background as additional controls, we did not generate a new line of PL4/B6.H2<sup>g7</sup> animals due to the costs involved. The transgene-negative littermate controls, as discussed previously, were deemed adequate since the PL4 transgenic line did not promote autoimmune damage to the pancreas in the NOD model (19), in the BDC2.5/NOD model or on the B6 genetic background (see Results below).

BDC2.5/NOD.Foxp3<sup>FIR</sup> mice were generated by crossing BDC2.5/NOD with NOD.Foxp3<sup>FIR</sup> mice (20, 21). The CTLA4RNAi transgenic line carries a lentiviral shRNA transgene targeting a 3'UTR region shared by all splice variants of CTLA4. It reduced CTLA4 expression 2–3 fold in both the T<sub>reg</sub> and T<sub>conv</sub> compartments (19). IL17A knockout B6.IL17<sup>-</sup> mice (29) (the Jackson laboratory) were crossed with CTLA4RNAi/B6 mice to generate CTLA4RNAi/B6.IL17<sup>-</sup> mice. The studies were approved by the Institutional Animal Care and Use Committee at the University of Miami. All animals were maintained in a specific-pathogen-free barrier facility.

### Diabetes monitoring and insulinitis scoring

Monitoring of diabetes incidence by urine and blood glucose measurement and assessment of immune damage in the pancreatic islet by histopathology examination were conducted according to standard procedures (21, 28).

### Liver histology scoring

Inflammatory infiltration was scored based on the extent of infiltration around blood vessels (including the central vein, portal vein and the hepatic artery) and sinusoids. Each blood vessel/sinusoid was scored for inflammatory infiltration around it and the total score was averaged to assign a score to the liver (0, no lymphocytic infiltration; 2, light infiltration; 4, medium infiltration; 6, heavy infiltration).

### Isolation of cells from the pancreas

Mouse pancreata were cut into small pieces (<2mm) and incubated in RPMI media containing 55% fetal bovine serum in a petri dish at 37°C with 5% CO<sub>2</sub> for 3–4hrs, immediately after dissection from the mouse. The mouse was either perfused with PBS or the pancreatic tissue was blotted and washed with PBS, to remove lymphocytes from the blood circulation. After 3–4hrs, the pancreas debris was removed, and the cells in the media were collected from the petri dish, filtered with a 70um cell strainer, and analyzed.

## Flow cytometry

Single cell suspensions of spleens and lymph nodes were prepared for staining. The cells were then blocked using anti-CD16/32 (2.4G2) and normal mouse serum (Jackson ImmunoResearch, West Grove, PA). The cells were then stained for surface markers with antibody conjugates. The following fluorescently labeled antibody conjugates were used: CD4-PECy7, CD8-Brilliant Violet 605, CD44-Brilliant Violet 785, CD127-Biotin (BioLegend, San Diego, CA); CD8-APCeFluor780, CD3-AlexaFluor700, CD44-eFluor450, CD62L-APC, CD62L-APCeFluor780, CD69-PE, Streptavidin PerCp-eFluor710, PD-1-eFluor450 (eBioscience, San Diego, CA); CD4-V500 (BD Biosciences, San Diego, CA); CD4-PE-Texas Red (Invitrogen, San Diego, CA). For intracellular Foxp3 staining, cells were fixed and permeabilized with reagents in the Foxp3 staining kit (eBioscience) and then stained intracellularly with Foxp3-eFluor450 (eBioscience). Cells were then analyzed using a LSRII flow cytometer with FACSDiva software (BD Biosciences).

For intracellular cytokine staining, single cell suspensions of cells were prepared in cRPMI. 4 million cells/ml were re-suspended in stimulation media (cRPMI+ 40nM PDBu + 2uM ionomycin) and incubated at 37°C for 6 hours. Brefeldin A (eBioscience) was added 30–60 minutes after beginning of incubation. The cells were then collected and stained for surface markers. The cells were then fixed with 2% PFA for 30minutes. This was followed by permeabilization using the Perm/Wash buffer (BD Biosciences). For intracellular cytokine staining the following antibodies were used: IFN $\gamma$ -PECy7 (BioLegend, CA), IL17A-eFluor450, IFN $\gamma$ -APC, IL17A-PECy7 (eBioscience).

A gating strategy was developed for analyses of the effector and memory subsets. T<sub>conv</sub> cell compartment was first gated on CD3<sup>+</sup>CD8<sup>-</sup>CD4<sup>+</sup>Foxp3<sup>-</sup> (for CD4<sup>+</sup> T cells) or CD3<sup>+</sup>CD8<sup>+</sup>CD4<sup>-</sup> (for CD8<sup>+</sup> T cells), and then analyzed for central memory T cells (T<sub>CM</sub>) (CD44<sup>hi</sup>CD62L<sup>hi</sup>), effector memory T cells (T<sub>EM</sub>) (CD44<sup>hi</sup>CD62L<sup>lo</sup>CD127<sup>+</sup>CD69<sup>-</sup>), and effector T cells (T<sub>EFF</sub>) (CD44<sup>hi</sup>CD62L<sup>lo</sup>CD127<sup>-</sup>CD69<sup>+</sup>). T<sub>reg</sub> cell compartment was analyzed for T<sub>reg</sub> effector memory cells (T<sub>reg-EM</sub>) (CD3<sup>+</sup>CD8<sup>-</sup>CD4<sup>+</sup>Foxp3<sup>+</sup>CD44<sup>hi</sup>CD62L<sup>lo</sup>CD127<sup>+</sup>CD69<sup>-</sup>) and T<sub>reg</sub> effector cells (T<sub>reg-EFF</sub>) (CD3<sup>+</sup>CD8<sup>-</sup>CD4<sup>+</sup>Foxp3<sup>+</sup>CD44<sup>hi</sup>CD62L<sup>lo</sup>CD127<sup>-</sup>CD69<sup>+</sup>). To analyze intracellular cytokine profiles, cell populations were: first gated on CD3<sup>+</sup>CD8<sup>-</sup>CD4<sup>+</sup> (for CD4<sup>+</sup> T cells) or CD3<sup>+</sup>CD8<sup>+</sup>CD4<sup>-</sup> (for CD8<sup>+</sup> T cells) and then analyzed for T<sub>EM</sub> (CD44<sup>hi</sup>CD127<sup>+</sup>) and T<sub>EFF</sub> (CD44<sup>hi</sup>CD127<sup>-</sup>).

## Cell sorting and adoptive transfer

For *in vivo* T<sub>reg</sub> suppression experiments: donor splenocytes of PL4/B6.Foxp3<sup>FIR</sup> control mice or CTLA4RNAi/B6.Foxp3<sup>FIR</sup> were used to purify Foxp3<sup>FIR+</sup> T<sub>reg</sub> cells using the RFP marker. Naïve T<sub>reg</sub> (CD4<sup>+</sup>CD62L<sup>hi</sup>Foxp3<sup>FIR+</sup>) cells were sorted using a FACS Aria II flow cytometer (BD Biosciences, San Diego, CA). 200,000 sorted T<sub>reg</sub> cells from donor mice were re-suspended in PBS and injected intraperitoneally into 2–3 day old Foxp3-deficient B6.Foxp3<sup>sf</sup> recipients. Donor T<sub>reg</sub> cells were also marked with ubiquitously expressed GFP by the lentiviral transgene. To examine *in vivo* suppression of adoptively transferred T<sub>reg</sub> cells, the T<sub>reg</sub>-reconstituted B6.Foxp3<sup>sf</sup> mice were sacrificed at 2–3 weeks of age and T cell activation was analyzed by flow cytometry.

For adoptive transfer studies of T<sub>EM</sub> and T<sub>EFF</sub> cells of the T<sub>conv</sub> compartment, donor splenocytes from BDC2.5/NOD.Foxp3<sup>FIR</sup> mice were processed and stained as described above. CD4<sup>+</sup> T<sub>EM</sub> or CD4<sup>+</sup> T<sub>EFF</sub> cells were sorted using a FACSAria II flow cytometer (BD Biosciences). 50,000 sorted CD4<sup>+</sup> T<sub>EM</sub> or CD4<sup>+</sup> T<sub>EFF</sub> cells from donor mice were injected intravenously into 3–5 week old NOD.SCID recipients. These mice were then monitored for diabetes and at the end point were analyzed by flow cytometry. For lymphoreplete transfer experiments, 200,000 CD4<sup>+</sup> T<sub>EM</sub> or CD4<sup>+</sup> T<sub>EFF</sub> cells sorted from BDC2.5/NOD.Foxp3<sup>FIR</sup> mice were injected intravenously into adult CD90.1 congenic NOD recipients. These mice were sacrificed 5–6 days after transfer and were analyzed by flow cytometry.

### T<sub>reg</sub> in vitro suppression assay

CD4<sup>+</sup>CD25<sup>+</sup> Regulatory T Cell Isolation Kit (Milteyni Biotec, San Diego, CA) was used to isolate CD4<sup>+</sup> T<sub>reg</sub> cells and T<sub>conv</sub> cells. 100,000 T<sub>conv</sub> cells were stimulated with 100,000 irradiated APCs and 0.5ug/mL purified anti-CD3 (eBioscience, San Diego, CA) for 72 hours in a 96 well round-bottom tissue culture plate. Isolated T<sub>reg</sub> cells were titrated at T<sub>reg</sub>:T<sub>conv</sub> ratios of 1:1, 1:2, 1:4, 1:8 and 1:16. The culture was pulsed with [<sup>3</sup>H] thymidine for the last 16 hours. The amounts of incorporated <sup>3</sup>H were measured by β-counter (1450 LSC and Luminescence counter, PerkinElmer, Boston, MA). Suppression was calculated as the % reduction in CPM compared to the T<sub>conv</sub> proliferation on stimulation with no T<sub>reg</sub> cells added.

### Antibody treatment

Anti-CTLA4 (UC-10) and anti-IL7 receptor α (IL7Rα, CD127) (clone A7R34) (23) antibodies for *in vivo* blocking experiments were purified from hybridoma cell culture. BDC2.5/NOD/Foxp3<sup>FIR</sup> mice were intraperitoneally administered with anti-CTLA4 (UC-10) antibody or Hamster IgG control antibody (Rockland Immunochemicals, Gilbertsville, PA), at a dose of 30ug/g body weight on day 8 and day 11 after birth. The flow cytometry analyses were done at 3 weeks of age. For anti-IL7Rα antibody treatment, CTLA4RNAi/B6.H2<sup>g7</sup> mice were intraperitoneally administered with anti-IL7Rα (A7R34) antibody or Rat IgG1 isotype control antibody (BioXcell, West Lebanon, NH) at a dose of 25ug/g body weight beginning at 3–4 days of age, twice a week for 3 weeks. These mice were then monitored for diabetes occurrence every 2–3 days till diabetes onset, or for 6 weeks. For anti-IFNγ antibody treatment, CTLA4RNAi/B6.H2<sup>g7</sup> mice were intraperitoneally administered with anti-IFNγ (clone XMG1.2) antibody or Rat IgG isotype control antibody (BioXcell) at a dose of 25ug/g body weight beginning at 3–4 days of age, twice a week for 3 weeks. These mice were then monitored for diabetes occurrence every 2–3 days till diabetes onset, or for 6 weeks.

### Statistics

Log-rank (Mantel-Cox) test was used for cumulative diabetes incidence. Student's *t* tests were used for single comparisons (Mean ± SEM). For the cells numbers in the pancreas of anti-CTLA4 treated BDC2.5/NOD mice, Mann Whitney U test was used to test for significance because of the high variability of cell numbers in the tissue of young mice.

$p < 0.05$  was considered statistically significant. \* $p < 0.05$ ; \*\* $p < 0.01$ ; \*\*\* $p < 0.005$ ; ns, not significant.

## Results

### Synergism between a modest reduction of CTLA4 expression and a permissive MHC locus was sufficient for the onset of autoimmune diabetes in mice at juvenile age

To analyze the impact of modest reductions in CTLA4 expression on T1D development in a context of the disease-susceptible *MHC* locus that contains *H2<sup>g7</sup>*, without the influence of other T1D-risk loci, we crossed the CTLA4RNAi/B6 line (20, 21) with a commercially available congenic line, B6.NOD-(*D17Mit21-D17Mit10*) (22), which has the B6 genetic background harboring the *D17Mit21-D17Mit10* gene segment containing the *H2<sup>g7</sup>* *MHC* locus (here to referred to as “B6.H2<sup>g7</sup>”). This combination led to a line referred to as “CTLA4RNAi/B6.H2<sup>g7</sup>”. The CTLA4RNAi transgene causes a ~60% reduction in CTLA4 (19). When it was introduced into the B6.H2<sup>g7</sup> genetic background, it resulted in diabetes onset in animals before reaching adulthood, which reflects human T1D onset at juvenile age. Diabetes onset was observed in 30% of these mice at 3–4 weeks of age. No diabetes was detected in the B6.H2<sup>g7</sup> mice with normal CTLA4 levels (Fig. 1A). No gender bias in the occurrence of T1D was detected in this model (Fig. 1B). Therefore, this model recapitulated the features of juvenile-onset and lack of gender bias (30) in human T1D development with a natural immune cell repertoire. Histological analyses of pancreata from the non-diabetic CTLA4RNAi/B6.H2<sup>g7</sup> mice showed increased islet infiltration in the pancreas (Fig. 1C–D). No lymphoproliferation was observed in CTLA4RNAi/B6.H2<sup>g7</sup> mice, except in the pancreatic lymph nodes (PLN) where a 2–3 fold increase in cellularity was observed (Data not shown).

The induction of T1D in this model depended on the T1D-susceptible *MHC* locus since CTLA4RNAi on the wild type B6 background did not cause diabetes. However, there was increased pancreatic islet destruction in CTLA4RNAi/B6 mice from 10 weeks of age on when compared to wild-type B6 mice (Fig. 1E–F).

### Diabetes incidence was not due to defective T<sub>reg</sub> function; rather, a modest reduction in CTLA4 expression resulted in superior suppression by T<sub>reg</sub> cells

The autoimmune damage to pancreatic islets induced by CTLA4 reduction could be due to defective regulation by T<sub>reg</sub> cells. Previous studies have shown that specific loss of CTLA4 in T<sub>reg</sub> cells leads to massive lymphoproliferative diseases due to their functional impairment (31). To assess if the function of T<sub>reg</sub> cells is compromised by a modest reduction in CTLA4 levels, we performed *in vivo* and *in vitro* T<sub>reg</sub> suppression experiments.

To test the suppressive ability of CTLA4RNAi T<sub>reg</sub> cells *in vivo*, we used a standard model of T<sub>reg</sub> cell reconstitution to neonate *Foxp3*-deficient B6 mice (32). We transferred naïve T<sub>reg</sub> cells from CTLA4RNAi or control mice into the B6.*Foxp3<sup>fl</sup>* line (26) of *Foxp3*-deficient mice. Neonate *Foxp3<sup>fl</sup>* mice were reconstituted with naïve CD4<sup>+</sup>CD62L<sup>+</sup>Foxp3<sup>FIR+</sup> T<sub>reg</sub> cells purified by flow cytometry from CTLA4RNAi or control B6 mice. Contrary to expectations, T<sub>reg</sub> cells from CTLA4RNAi donors suppressed CD4<sup>+</sup>

and CD8<sup>+</sup> T cell activation better than control T<sub>reg</sub> cells (Fig. 2A–B). *Foxp3<sup>3f</sup>* mice have characteristic inflammatory infiltration in the portal areas of the liver (33) which can be rectified by T<sub>reg</sub> cell reconstitution (32). Indeed, fewer infiltrates were observed in the livers of Foxp3-deficient mice reconstituted with CTLA4RNAi T<sub>reg</sub> cells when compared to those reconstituted with control T<sub>reg</sub> cells, which was confirmed by histopathological analyses of these livers (Fig. 2C–D).

To further test the impact of a modest reduction in CTLA4 levels on T<sub>reg</sub> cell function, an *in vitro* suppression assay was performed. A modest insufficiency of CTLA4 increased the suppressive ability of T<sub>reg</sub> cells *in vitro*, with CTLA4RNAi T<sub>reg</sub> cells exhibiting a significant increase in suppressive ability (Fig. 2E). Together these experiments suggest that a reduction in CTLA4 levels may enable T<sub>reg</sub> cells to become better suppressors *in vivo* and *in vitro*.

### Enhanced suppressive ability of T<sub>reg</sub> cells was accompanied by an increased regulatory effector memory phenotype

Superior suppression mediated by T<sub>reg</sub> cells with a reduction in CTLA4 levels could be attributed to the impact of CTLA4 reduction on their differentiation or activation. To explore this possibility, we analyzed the phenotype of the T<sub>reg</sub> populations impacted by CTLA4RNAi in mice on the T1D-susceptible (B6.H2<sup>g7</sup>) or -resistant (B6) backgrounds in the pancreas and the lymph nodes (Fig. 3A–C). Flow cytometry analyses showed that there was an increase in the total T<sub>reg</sub> population in CTLA4RNAi mice on either the B6.H2<sup>g7</sup> or the B6 background (data not shown). These T<sub>reg</sub> cells were also phenotypically more memory-like, with a substantial increase in the total number of effector memory T<sub>reg</sub> (T<sub>reg-EM</sub>) cells in the target tissue (Fig. 3A–C). It has been recently shown that T<sub>reg-EM</sub> cells are able to confer superior protection in the tissue by being able to respond to autoimmune attack faster than effector T<sub>reg</sub> (T<sub>reg-EFF</sub>) cells (4). Thus, the increased number of T<sub>reg-EM</sub> cells in the pancreas of the CTLA4RNAi model would imply superior regulation by the T<sub>reg</sub> cells at the site of ongoing autoimmunity.

A polyclonal T-cell repertoire system such as the CTLA4RNAi/B6.H2<sup>g7</sup> and CTLA4RNAi/B6 models represent the natural T-cell repertoire in humans; however it is often difficult to pinpoint the response of antigen-specific cells. To study the effect of CTLA4RNAi on antigen-specific T<sub>reg</sub> cells in autoimmune damage, we used the BDC2.5/NOD model, a well characterized MHC-class-II restricted TCR transgenic mouse model of T1D where the CD4<sup>+</sup> T cells specifically recognize a natural β-cell auto antigen (34).

Flow cytometry analyses of the pancreas of these mice revealed that a majority of the activated auto antigen-specific T<sub>reg</sub> population was phenotypically effector memory like and the proportion of the T<sub>reg-EM</sub> population in the pancreas was 3-fold higher when compared to the draining lymph nodes (PLN) (Fig. 3D–E). On the other hand, the activated T<sub>reg</sub> cells in the PLN were comprised primarily of T<sub>reg-EFF</sub> cells (Fig. 3D–E). T<sub>reg</sub> cells in the pancreatic infiltrate of BDC2.5/NOD mice have been shown to be primarily responsible for suppressing tissue damage by the infiltrating autoimmune T<sub>conv</sub> cells (28). Therefore, the increased proportion of antigen-specific T<sub>reg-EM</sub> cells in the pancreas of BDC2.5/NOD mice emphasizes the importance of this subset in conferring superior protection at the forefront of



autoimmune damage in the tissue. CTLA4 reduction further increased the antigen-specific  $T_{reg-EM}$  population in the pancreas and pancreatic lymph nodes (Fig. 3F), suggesting enhanced  $T_{reg}$  regulation at the site of ongoing autoimmunity in a setting of reduced CTLA4 expression.

Thus a modest reduction in CTLA4 levels may lead to decreased intrinsic control of  $T_{reg}$  cells, resulting in their increased effector memory-like characteristics that potentiate their increased suppressive ability. This outcome is opposite to what was expected based on the effect of a complete ablation of CTLA4 in  $T_{reg}$  cells (31), suggesting that a modest reduction in CTLA4 levels, as detected in some human patients with an increased susceptibility to T1D, may lead to an effect on  $T_{reg}$  function opposite to that of complete blockade of CTLA4.

### **Predominance of CD4<sup>+</sup> effector memory cells in the $T_{conv}$ compartment in the pancreas was associated with autoimmune diabetes**

Previous studies have shown a complexity of CTLA4 function in regulating the  $T_{conv}$  compartment by both cell-extrinsic and cell-intrinsic mechanisms (35–37). Since the increased susceptibility to T1D by CTLA4RNAi in the B6.H2<sup>g7</sup> background was not due to a defective  $T_{reg}$  compartment, we investigated the effects of CTLA4RNAi on the  $T_{conv}$  compartment.

To study the  $T_{conv}$  cell compartments including  $T_{CM}$ ,  $T_{EM}$  and  $T_{EFF}$  cells, surface markers CD44, CD62L, CD69 and CD127 were used to analyze these subsets in the PLN and pancreas (Fig. 4A). Within the CD8<sup>+</sup> T cell compartment, there was little activation observed in the pancreatic lymph nodes (Fig. 4A). The percentage of CD8<sup>+</sup>  $T_{EM}$  cells in the pancreas was around 10% of the total CD8<sup>+</sup> population (Fig. 4A–B). However, there was no significant difference between CTLA4RNAi and control mice in this population. These two groups had no difference in the percentage of CD8<sup>+</sup>  $T_{EFF}$  (Fig. 4C) or CD8<sup>+</sup>  $T_{CM}$  (Fig. 4D) cells either.

Unlike the CD8 compartment, analyses of the CD4 compartment revealed a substantial increase in the CD4<sup>+</sup>  $T_{EM}$  cells in the pancreas of CTLA4RNAi mice versus controls (Fig. 5A–E). The highest proportion of CD4<sup>+</sup>  $T_{EM}$  cells was found in the pancreas (Fig. 5B, 5E), with a further ~2-fold increase in their proportion in the pancreas of CTLA4RNAi/B6.H2<sup>g7</sup> mice compared to controls (Fig. 5B). This increase in proportion was also reflected as an increase in the total number of CD4<sup>+</sup>  $T_{EM}$  cells in the pancreas of CTLA4RNAi/B6.H2<sup>g7</sup> mice (Fig. 5B). The increase in the autoimmune CD4<sup>+</sup>  $T_{EM}$  population in the pancreas of CTLA4RNAi mice was also accompanied by an increase in the total numbers of CD4<sup>+</sup>  $T_{EFF}$  cells in the target tissue (Fig. 5C). However, compared to the high percentage of the CD4<sup>+</sup>  $T_{EM}$  population (average 30%) in the CD4<sup>+</sup>  $T_{conv}$  compartment in the pancreas, the CD4<sup>+</sup>  $T_{EFF}$  population is only a minor subset (average 2%) in the tissue of CTLA4RNAi/B6.H2<sup>g7</sup> mice. There was no difference observed in the CD4<sup>+</sup>  $T_{CM}$  compartment in the tissue of CTLA4RNAi/B6.H2<sup>g7</sup> mice compared to the controls (Fig. 5D). Similar increases in the CD4<sup>+</sup>  $T_{EM}$  subset were detected in the pancreas of CTLA4RNAi/B6 mice (Fig. 5E).

T<sub>CM</sub> cells are thought to reside in lymph nodes. We analyzed the T<sub>CM</sub> compartment in the PLN, and found that there was an increase in the proportion of CD4<sup>+</sup> T<sub>CM</sub> in the PLN of the CTLA4RNAi mice over controls (Fig. 5D). However, constant persistence of self-antigens may be untoward to the development of T<sub>CM</sub> cells, akin to chronic infection settings (38). Thus it remains unknown whether this population of T cells with the central memory phenotype in the lymph nodes of CTLA4RNAi mice has a pathogenic potential.

Akin to CTLA4, PD-1 is another member of the CD28 family of receptors that has been shown to play an important role in T cell regulation and the dysregulation of which has been implicated in autoimmune diabetes (39–41). We analyzed PD-1 expression on the CD4<sup>+</sup> T<sub>EM</sub> and CD4<sup>+</sup> T<sub>EFF</sub> compartments in B6.H2<sup>g7</sup> mice (Fig. 5F–G). A substantially greater proportion of CD4<sup>+</sup> T<sub>EFF</sub> cells expressed PD-1 when compared to the CD4<sup>+</sup> T<sub>EM</sub> cells (Fig. 5G). This implied that the autoimmune CD4<sup>+</sup> T<sub>EM</sub> compartment could be more resistant than the CD4<sup>+</sup> T<sub>EFF</sub> compartment to exhaustion mediated by the PD-1 pathway. A reduction in CTLA4 levels in B6.H2<sup>g7</sup> mice, however, had no significant impact on PD-1 expression in the CD4<sup>+</sup> T<sub>EM</sub> and CD4<sup>+</sup> T<sub>EFF</sub> subsets (Fig. 5H).

### **CTLA4 reduction promoted auto antigen-specific CD4<sup>+</sup> T<sub>EM</sub> in the T<sub>conv</sub> compartment in target tissue**

To characterize the memory phenotype of auto antigen-specific cells in the T<sub>conv</sub> compartment, we used the BDC2.5/NOD model (34). The known antigen-specificity of the T cells against pancreatic β cells allows us to test the diabetogenic potential of the autoimmune CD4<sup>+</sup> T<sub>EM</sub> and T<sub>EFF</sub> cells. We purified the two subsets from BDC2.5/NOD.Foxp3<sup>FIR</sup> spleens and adoptively transferred them into NOD.SCID mice. Indeed, the T<sub>EM</sub> cells but not the T<sub>EFF</sub> cells, caused diabetes efficiently (Fig. 6A), demonstrating that the CD4<sup>+</sup> T<sub>EM</sub> compartment has a much higher pathogenic potential than the CD4<sup>+</sup> T<sub>EFF</sub> compartment. Flow cytometry analyses revealed a comparable proportion of CD4<sup>+</sup> T cells in the NOD.SCID mice transferred with the CD4<sup>+</sup> T<sub>EM</sub> or CD4<sup>+</sup> T<sub>EFF</sub> cells, in the PLN (Fig. 6B) and other lymphoid organs (not shown), implying that the heightened autoimmune pathogenicity of CD4<sup>+</sup> T<sub>EM</sub> cells over the CD4<sup>+</sup> T<sub>EFF</sub> subset was not due to an advantage of expansion and/or survival of the CD4<sup>+</sup> T<sub>EM</sub> subset over the CD4<sup>+</sup> T<sub>EFF</sub> cells in the lymphopenic environment in NOD.SCID mice. To compare the auto antigen-specific responses of these subsets in a lymphoreplete system, the CD4<sup>+</sup> T<sub>EM</sub> or the CD4<sup>+</sup> T<sub>EFF</sub> subsets were purified from BDC2.5/NOD.Foxp3<sup>FIR</sup> mice and were adoptively transferred into CD90.1 congenic NOD mice. Flow cytometry analyses revealed that an increased number of the transferred CD4<sup>+</sup> T<sub>EM</sub> cells could be detected in the draining lymph nodes of the recipient mice when compared to that in the animals transferred with CD4<sup>+</sup> T<sub>EFF</sub> cells (Supplemental Fig. 1).

To study the effect of reduced levels of CTLA4 on this pathogenic CD4<sup>+</sup> T<sub>EM</sub> compartment, we generated CTLA4RNAi/BDC2.5 mice or PL4/BDC2.5 controls by crossing the CTLA4RNAi/NOD model or the PL4/NOD line with the BDC2.5/NOD line. The 60% reduction in CTLA4 levels resulted in 100% of the mice becoming diabetic by 12–16 weeks of age, whereas no diabetes was detected up to this age in the CTLA4RNAi-transgene-negative BDC2.5 or PL4/BDC2.5 control groups (Fig. 6C). This corresponded with an

average 7-fold increase in the total number of auto antigen-specific CD4<sup>+</sup> T<sub>EM</sub> in the pancreas (Fig. 6D–E), similar to the CTLA4RNAi/B6.H2<sup>g7</sup> (Fig. 5B) and CTLA4RNAi/B6 (Fig. 5E) models. This increase in the CD4<sup>+</sup> T<sub>EM</sub> compartment by CTLA4RNAi was apparently antigen-driven, as it was observed only in the tissue (pancreas) and the draining lymph nodes (PLN) but not in the non-draining inguinal lymph nodes (ILN) (Fig. 6E). It was interesting to note that there was no effect of a reduction in CTLA4 levels on the percentage of auto antigen-specific CD4<sup>+</sup> T<sub>EFF</sub> cells in this model (Fig. 6F). The increased total number of CD4<sup>+</sup> T<sub>EFF</sub> cells in the PLN (Fig. 6F) was due to increased cellularity in the PLN of the CTLA4RNAi model. This data reinforces the idea that the CD4<sup>+</sup> T<sub>EM</sub> rather than the CD4<sup>+</sup> T<sub>EFF</sub> compartment plays a key role in T1D pathogenesis. Furthermore, the effect of CTLA4 modulation on the T<sub>EM</sub> compartment was also evident with anti-CTLA4 antibody blockade (Supplemental Fig. 2).

### **Increased production of IL17 and IFN $\gamma$ by the pathogenic autoimmune CD4<sup>+</sup> T<sub>EM</sub> compartment due to a reduction in CTLA4 levels**

Persistence of antigens in chronic infectious diseases has been shown to result in exhausted T cells that produced reduced levels of cytokines. However, despite persistence of self-antigens in the context of autoimmune diseases, the production of IL17 and IFN $\gamma$  by T cells has been implicated in the pathogenesis of various autoimmune diseases including T1D (42).

To characterize the production of pathogenic cytokines by the autoimmune T<sub>EFF</sub> and T<sub>EM</sub> compartments during T1D development, T<sub>EFF</sub> and T<sub>EM</sub> subsets were analyzed for their cytokine production in the pancreas and PLNs of BDC2.5/NOD mice (Fig. 7A). Analyses using intracellular flow cytometry showed that T<sub>EM</sub> cells were the predominant producers of IL17 in both the PLN and in the pancreas (Fig. 7A–B). On the other hand both the T<sub>EFF</sub> and the T<sub>EM</sub> subsets produced IFN $\gamma$ , with a greater proportion of the PLN T<sub>EM</sub> subset producing IFN $\gamma$  when compared to the PLN T<sub>EFF</sub> subset (Fig. 7B). Clearly, compared to the IFN $\gamma$  and IL17 production in the PLN, the production of these cytokines by the auto antigen-specific CD4<sup>+</sup> T<sub>EM</sub> cells was not impeded in the pancreas despite persistence of self-antigens in the target tissue (Fig. 7A–B).

We further analyzed the impact of CTLA4 modulation on cytokine production by the autoimmune CD4<sup>+</sup> T<sub>EM</sub> and CD4<sup>+</sup> T<sub>EFF</sub> cells in the PLN and pancreas (Fig. 7C–H). Intracellular cytokine staining revealed a 2-fold increase in the total number of IL17-producing CD4<sup>+</sup> T<sub>EM</sub> cells in the pancreas of CTLA4RNAi mice compared to controls (Fig. 7C). CTLA4 reduction also led to a 3-fold increase in the total number of IFN $\gamma$ -producing autoimmune CD4<sup>+</sup> T<sub>EM</sub> cells (Fig. 7E) and a 2-fold increase in the IFN $\gamma$ -producing autoimmune CD4<sup>+</sup> T<sub>EFF</sub> cells in the pancreas (Fig. 7G). The impact of CTLA4RNAi on Th1 and Th17 memory was similar to that of CTLA4 blockade by monoclonal antibody treatments. Anti-CTLA4 treatment in young BDC2.5/NOD mice resulted in an increase in the total number of Th17 T<sub>EM</sub> (Fig. 7D) and Th1 T<sub>EM</sub> (Fig. 7F) cells in the PLN and pancreas.

### Anti-IL7R $\alpha$ treatment reduced Th17 memory in the tissue but without substantial effect on T1D development

On the B6.H2<sup>g7</sup> background, a reduction in CTLA4 levels led to a 3-fold increase in the percentage of IL17-producing CD4<sup>+</sup> cells (Fig. 8A–B) and a 2-fold increase in the percentage of IFN $\gamma$ -producing CD4<sup>+</sup> T cells (Fig. 8C) in the draining lymph nodes (PLN). This amounted to a 7-fold increase in the total numbers of IL17-producing CD4<sup>+</sup> T cells (Fig. 8B) and a 4-fold increase in the total numbers of IFN $\gamma$ -producing CD4<sup>+</sup> T cells (Fig. 8C) in CTLA4RNAi/B6.H2<sup>g7</sup> mice compared to the controls.

Given the prominent role of IL7 in T cell memory development (43, 44), we used monoclonal antibodies against IL7-receptor  $\alpha$  (IL7R $\alpha$ , CD127) to inhibit diabetes development in the juvenile-onset T1D model. We treated CTLA4RNAi/B6.H2<sup>g7</sup> mice with anti-IL7R $\alpha$  antibody for 3 weeks after birth. The treatment efficiently blocked IL7R $\alpha$  (Supplemental Fig. 3). However, there was no significant decrease in diabetes incidence on anti-IL7R $\alpha$  treatment when compared to the isotype control treatment (Fig. 8D). In the anti-IL7R $\alpha$  treated group, 37% of CTLA4RNAi/B6.H2<sup>g7</sup> mice became diabetic at 21–26 days of age which is similar to the 30% diabetes incidence in untreated CTLA4RNAi/B6.H2<sup>g7</sup> mice as shown in Fig. 1A. However, there was a ~3-fold decrease in the proportion of IL17-producing CD4<sup>+</sup> T cells in the pancreas and draining lymph nodes (Fig. 8E–F). This effect was sustained for 5–6 weeks after the last treatment. On the other hand, there was no significant reduction in the proportion of IFN $\gamma$ -producing CD4<sup>+</sup> T cells in the pancreas of anti-IL7R $\alpha$  antibody treated mice (Fig. 8E–G). The reduction in total numbers of IFN $\gamma$ -producing cells in the lymph nodes (Fig. 8G) could be attributed to the overall reduction in total T cell numbers caused by the anti-IL7R $\alpha$  treatment, as has been shown in other studies as well (23, 24). The reduction in the percentage of the Th17 subset but not that of the Th1 subset suggests a different mechanism of action of anti-IL7R $\alpha$  antibody treatment in the juvenile-onset T1D model when compared to adulthood-onset diabetes observed in the standard NOD model (23, 24). Our data also suggests that IL17 may not play a major role in this setting of juvenile-onset diabetes.

To further examine whether IFN $\gamma$  plays a role in autoimmune pathogenicity caused by reduced levels of CTLA4, we used anti-IFN $\gamma$  antibody treatment. IFN $\gamma$  blockade curtailed diabetes development in CTLA4RNAi/B6.H2<sup>g7</sup> mice. The treatment suppressed but did not abrogate insulinitis in the animals (Fig. 9A–B), nor did it decrease the population size of the CD4<sup>+</sup> T<sub>EM</sub> subset (data not shown). We then examined the role of Th17 by using a line of IL17A-deficient mice available on the B6 genetic background. As shown in Fig. 1E–F, CTLA4 reduction caused insulinitis development in B6 mice although diabetes was not observed. Absence of IL17A in CTLA4RNAi/B6.IL17<sup>-</sup> mice did not reduce the pancreatic islet infiltration caused by a reduction in CTLA4 (Fig. 9C–D), nor did it alter the percentage and number of T<sub>EM</sub> cells in the draining lymph nodes (Fig. 9E–F). These results are consistent with the observation that a reduction in the Th17 subset did not lead to a decrease in diabetes development in the CTLA4RNAi/B6.H2<sup>g7</sup> mice treated with IL-7R $\alpha$  blockade (Fig. 8E–F). Overall, our observations with regard to the Th1 versus the Th17 subsets in autoimmune damage of the pancreatic islets caused by CTLA4 reduction are consistent with

the well-recognized pathogenicity of Th1 cells but a debated role of the Th17 subset in autoimmune diabetes (27, 45).

## Discussion

Immunological memory is thought to perpetuate chronic damage in autoimmune diseases. Memory cell formation is influenced by a number of peripheral immune regulatory genes, among which *CTLA4* levels have long been associated with various autoimmune diseases including T1D (8). It has been shown that CTLA4 blockade increased the population of CD8<sup>+</sup> CD44<sup>hi</sup>CD62L<sup>lo</sup> T cells, suggesting a role of CTLA4 in CD8<sup>+</sup> T cell memory in a model of acute infection (46). However, studies in other acute infection models have shown that CTLA4 does not play an important role in memory formation, but rather plays a T<sub>reg</sub>-mediated role in their quality with respect to cytokine production (47). In our study, we analyzed how a modest variation in CTLA4 levels affects subsets of effector and memory T cells in autoimmune diabetes settings. Multiparametric flow cytometry analyses of the autoimmune models clearly identified T<sub>EM</sub> cells from short-lived T<sub>EFF</sub> cells, both of which are present in the CD44<sup>hi</sup>CD62L<sup>lo</sup> pool, with consistent cytokine profiles in *ex vivo* analyses, and pathogenic potency *in vivo* as revealed by transfer of autoimmune diabetes.

The novel CTLA4RNAi/B6.H2<sup>g7</sup> model recapitulates key aspects of human T1D: onset at juvenile age, natural T-cell repertoire and no gender bias. It offered us an opportunity to examine memory and effector T cell subsets in young animals and to study the effect of a reduction in CTLA4 levels in conjunction with a disease-susceptible *MHC*. This system also closely resembled human T1D where some disease-susceptible polymorphisms result in lower levels of CTLA4 expression (9–11) and are associated with T1D risk. We also show that while a disease-susceptible *MHC* is required for progression to frank diabetes onset, a reduction in CTLA4 levels is sufficient to elicit lymphocytic islet infiltration even in a disease-resistant genetic background, as shown in the CTLA4RNAi/B6 model.

In the NOD model, there was an increase of islet-specific glucose-6-phosphatase catalytic subunit related protein (IGRP)-specific CD8<sup>+</sup> T<sub>EM</sub> cells in the peripheral lymphoid tissue (spleen and peripheral lymph nodes) after 10 weeks of age, which correlated with severity of insulinitis in these mice (48). In our CTLA4RNAi/B6.H2<sup>g7</sup> model of juvenile-onset T1D that harbors a natural polyclonal T-cell repertoire as in the NOD model, we did not detect substantial impact of CD8<sup>+</sup> memory T cells on the early onset of autoimmune diabetes. However, we found that the increased presence of CD4<sup>+</sup> T<sub>EM</sub> cells in the pancreatic tissue, the site of ongoing autoimmune destruction, correlates with juvenile-onset disease incidence in CTLA4RNAi/B6.H2<sup>g7</sup> mice. Although there was also an increase in the total number of short-lived CD4<sup>+</sup> T<sub>EFF</sub> cells in the pancreas in this model, the proportion of the CD4<sup>+</sup> T<sub>EFF</sub> compartment (average 2%) was minor compared to the CD4<sup>+</sup> T<sub>EM</sub> subset (average 30%) in the tissue. Additionally, our adoptive transfer studies using an auto antigen-specific BDC2.5/NOD model revealed that the CD4<sup>+</sup> T<sub>EM</sub> subset was likely much more potent in eliciting the autoimmune disease. These autoimmune CD4<sup>+</sup> T<sub>EM</sub> cells were also potent producers of pathogenic cytokines like IFN $\gamma$  and IL17 with the IL17 being produced only within the CD4<sup>+</sup> T<sub>EM</sub> compartment. This is in contrast to an acute infection model where only short lived CD4<sup>+</sup> T<sub>EFF</sub> cells produce IL17 (49) and supports the notion of autoimmune

Th17 memory as has been recently shown (50). Unlike in chronic infections and a model of skin autoimmune disease, where persistence of antigens impairs cytokine production in the target tissue (5, 51), these autoimmune CD4<sup>+</sup> T<sub>EM</sub> cells produced as much IL17 and IFN $\gamma$  in the pancreas as they did in the draining lymph nodes.

Interestingly, a reduction in CTLA4 expression in T<sub>reg</sub> cells promoted their suppressive ability. A previous study showed that complete deficiency of CTLA4 in T<sub>reg</sub> cells impaired their suppressive ability despite increased proliferation and activation of these T<sub>reg</sub> cells (31). This apparent disparity could be explained by sufficient levels of CTLA4 that are available to the T<sub>reg</sub> cells for them to function as suppressors when CTLA4 levels are only reduced and not completely ablated. These CTLA4RNAi T<sub>reg</sub> cells however exhibited increased suppressive ability because of their increased effector memory formation likely due to reduced regulation by CTLA4. Indeed, regulatory memory T cells at the target tissue are thought to play a crucial role in preventing an autoimmune response (52). While some studies have shown that T<sub>reg</sub> cells in T1D patients are functionally impaired (53, 54), others have suggested that these T<sub>reg</sub> cells can still function as potent suppressors (55). Our results suggest that the specific genetic risk factors that predispose some patients to T1D may influence T<sub>reg</sub> cell functional status depending on the quantitative variations in gene expression. Thus in patients with CTLA4 insufficiency, their natural T<sub>reg</sub> cells could have a superior potential to suppress autoimmune responses. Therefore, targeting the patient's own T<sub>reg</sub> expansion may offer greater therapeutic potential. Of note, our results indicate that modest reduction of CTLA4 enhanced not only the formation but also the function of T<sub>reg</sub> memory, suggesting a possible role of CTLA4 in the exhaustion of T<sub>reg</sub> memory, unlike in the CD8<sup>+</sup> T<sub>EFF</sub> counterpart (56). This finding also opens up the possibilities for adoptive T<sub>reg</sub> therapy, where expansion of T<sub>reg</sub> cells *in vitro* could be supplemented by a reduction in CTLA4 brought about by CTLA4RNAi, thus increasing their expansion, suppression and memory potentials in not only autoimmune diseases but also in transplantation settings. These engineered memory T<sub>reg</sub> cells would also offer the prospect of a long-lived compartment that has the potential to protect in the long-term.

Recent studies have shown a predominant effect of cell-extrinsic regulation by CTLA4, in T<sub>reg</sub> cells, on antigen-presenting cells (31). The superior suppressive ability of CTLA4RNAi T<sub>reg</sub> cells, although not necessarily contradicting that concept, suggests the importance of CTLA4 regulation in T<sub>reg</sub> cells, particularly in their differentiation to potent T<sub>reg-EM</sub> cells. In the T<sub>CONV</sub> compartment, the critical role of CD4<sup>+</sup> T<sub>EM</sub> cells in autoimmune diseases suggests an important therapeutic target. Given the function of IL7 in memory cell formation, a major initiative is being undertaken to develop therapeutic interventions by blocking IL7 signaling. The treatment has indeed shown success in the standard NOD model of autoimmune diabetes (23, 24). In an EAE model, blocking IL7 signaling led to reduction in the Th17 population (57). In our CTLA4RNAi model, even though anti-IL7R $\alpha$  treatment inhibited differentiation of the Th17 subset, it did not suppress autoimmune Th1 differentiation, and did not inhibit the juvenile-onset of T1D. A potential role of Th1 effector memory cells appears consistent with a previous study with mouse model of EAE (58). Therefore, it is possible that failure of the anti-IL7R $\alpha$  treatment in curtailing Th1 formation in the young animals may account for the failure of the treatment in suppressing T1D in our model.

Indeed, blocking IFN $\gamma$  with antibody treatment suppressed diabetes development in the CTLA4RNAi/B6.H2<sup>g7</sup> model of juvenile-onset T1D caused by CTLA4 reduction in a natural T-cell repertoire. Of note, a fully humanized monoclonal antibody against IFN $\gamma$  has been under clinical trials ([ClinicalTrials.gov](http://ClinicalTrials.gov)). Therefore it is possible in the relatively near future to learn whether anti-IFN $\gamma$  treatment can suppress juvenile-onset T1D in human beings.

In conclusion, this study of an early-onset model of T1D with a natural T-cell repertoire illustrates the apparently opposing effects of CTLA4 insufficiency, in enhancing protection by T<sub>reg</sub> cells but increasing the pathogenicity of the CD4<sup>+</sup> T<sub>conv</sub> cells. These dichotomized effects converged at the increased effector memory formation in both T<sub>reg</sub> and T<sub>conv</sub> compartments. While suppressing memory formation in the T<sub>conv</sub> compartment may be desirable in the therapeutic development against autoimmune diseases, promoting the formation of memory T<sub>reg</sub> cells, especially T<sub>reg-EM</sub>, could be used to control autoimmune damage. Therefore, although T<sub>reg</sub> cells depend on the presence of CTLA4 for functionality (31), a subtle reduction of CTLA4 levels in T<sub>reg</sub> cells could be engineered to promote T<sub>reg-EM</sub> formation and thus to promote efficacies of T<sub>reg</sub> adoptive cell therapies.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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## Abbreviations used in manuscript

<b>T1D</b>	Type 1 Diabetes
<b>RNAi</b>	RNA interference
<b>RFP</b>	Red Fluorescent Protein
<b>FIR</b>	Foxp3-IRES-RFP
<b>CPM</b>	Counts Per Minute
<b>T<sub>reg</sub></b>	Regulatory T cells
<b>T<sub>conv</sub></b>	Conventional T cells
<b>T<sub>reg-EFF</sub></b>	Regulatory Effector T cells
<b>T<sub>reg-EM</sub></b>	Regulatory Effector Memory T cells
<b>T<sub>EM</sub></b>	Conventional Effector memory T cells

<b>T<sub>EFF</sub></b>	Conventional Effector T cells
<b>T<sub>CM</sub></b>	Conventional Central Memory T cells
<b>PLN</b>	Pancreatic Lymph Node
<b>ILN</b>	Inguinal Lymph Node
<b>UTR</b>	Untranslated Region
<b>SNP</b>	Single Nucleotide Polymorphism
<b>IGRP</b>	Islet specific Glucose-6-phosphatase catalytic subunit Related Protein
<b>EAE</b>	Experimental Autoimmune Encephalomyelitis

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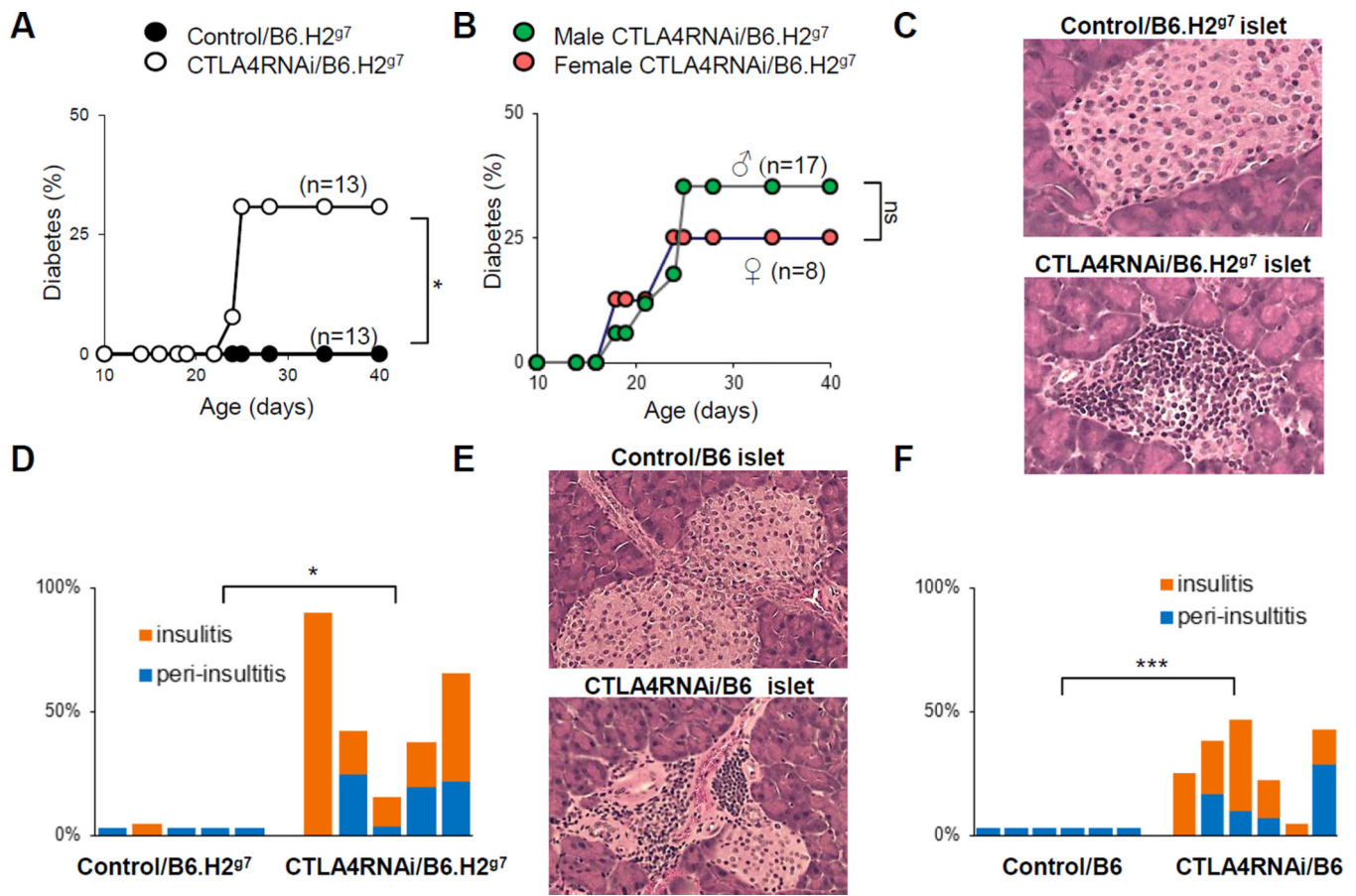
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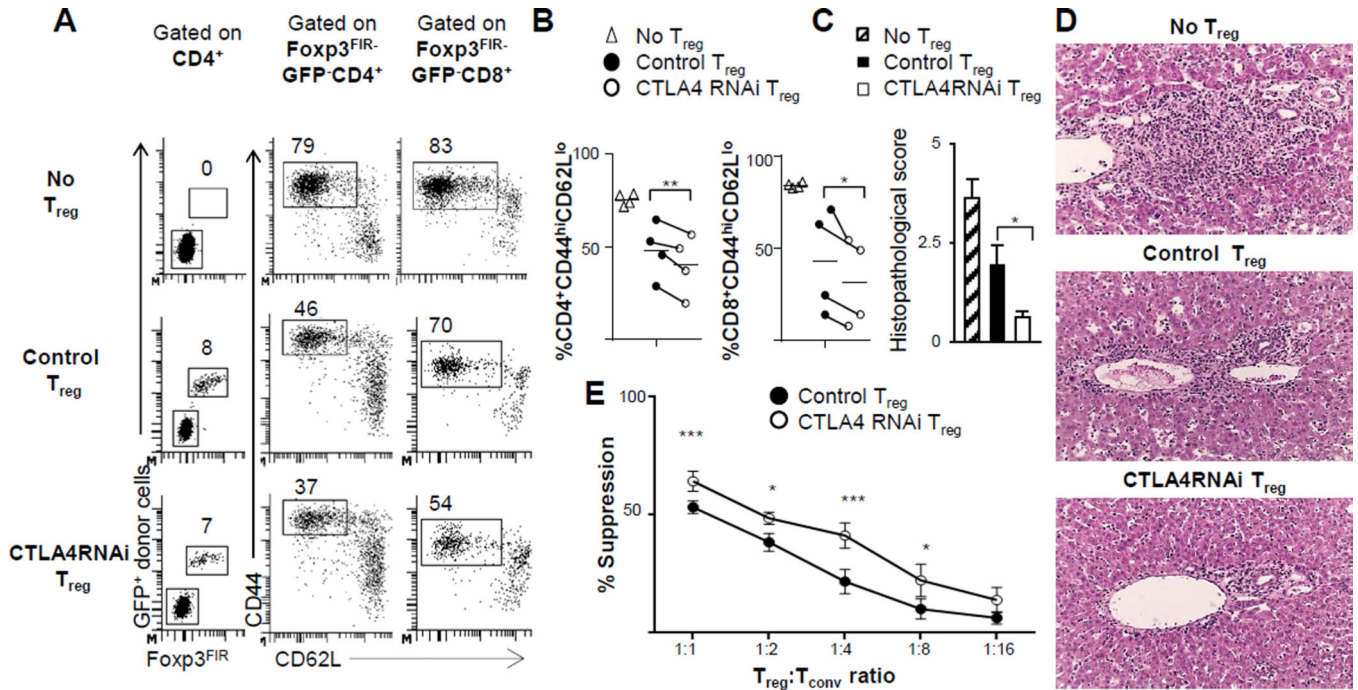
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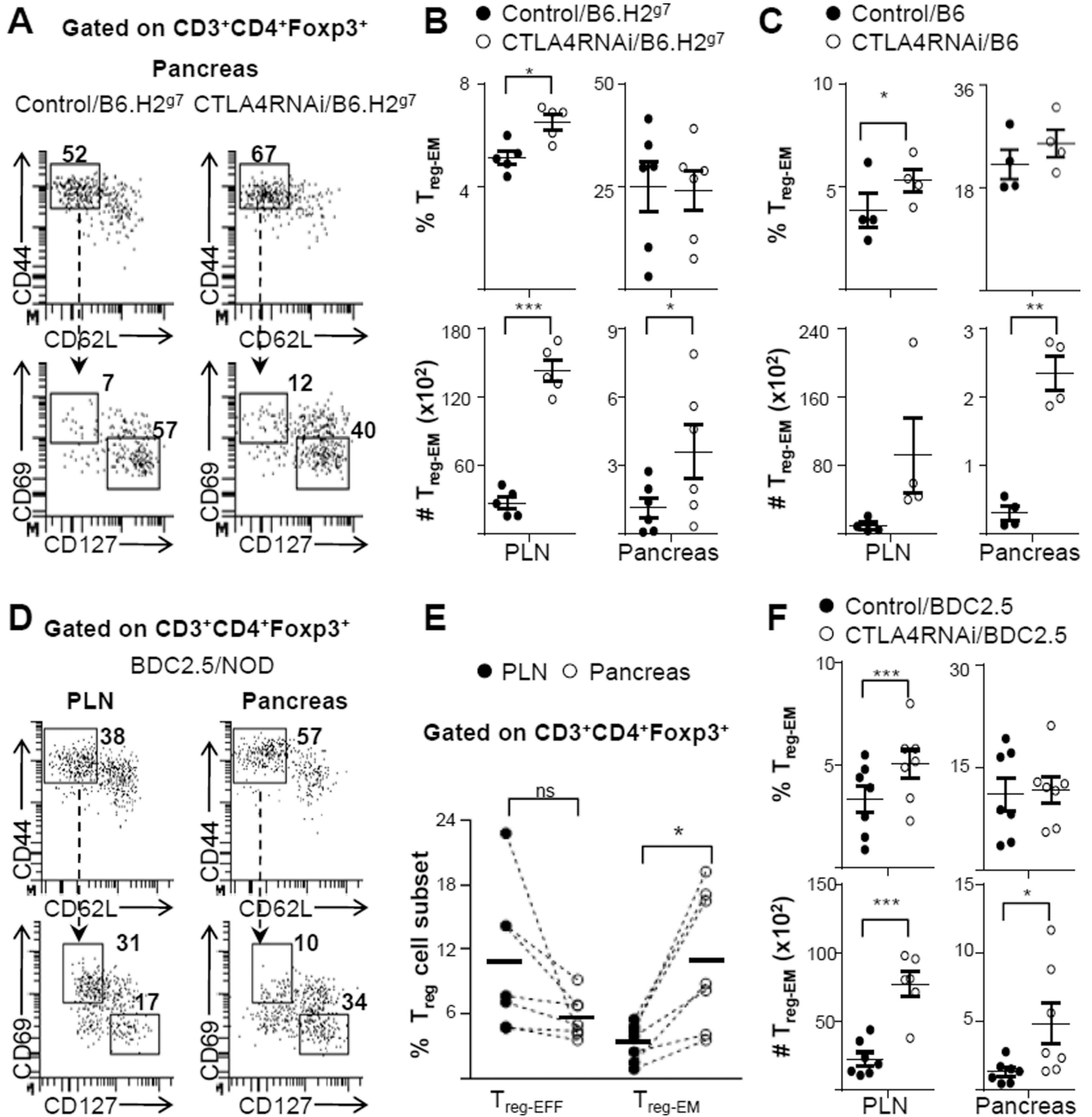


**FIGURE 1. Modest reduction in CTLA4 accompanied by a permissive *MHC* locus was sufficient to induce T1D in mice at juvenile age**

(A) CTLA4RNAi mice on the B6.H2<sup>g7</sup> background and transgene-negative B6.H2<sup>g7</sup> littermate controls were monitored for diabetes for 60 days. (B) Diabetes incidence in juvenile male and female CTLA4RNAi/B6.H2<sup>g7</sup> mice. (C) Representative H&E sections of the pancreas from 19 day old mice (original magnification: x12.5). (D) Summary of islet infiltration in CTLA4RNAi/B6.H2<sup>g7</sup> or transgene-negative B6.H2<sup>g7</sup> littermate controls (n=5 per group). (E) Representative H&E sections of the pancreas from sex-matched 12–13 week old CTLA4RNAi or PL4 vector control mice on the diabetes-resistant B6 background (original magnification: x12.5). (F) Summary of islet infiltration in 10–27 week old CTLA4RNAi/B6 or PL4 vector control mice (age- and sex-matched, n=6 per group). Each bar represents one animal. \*p<0.05; \*\*\*p<0.005; ns, not significant.



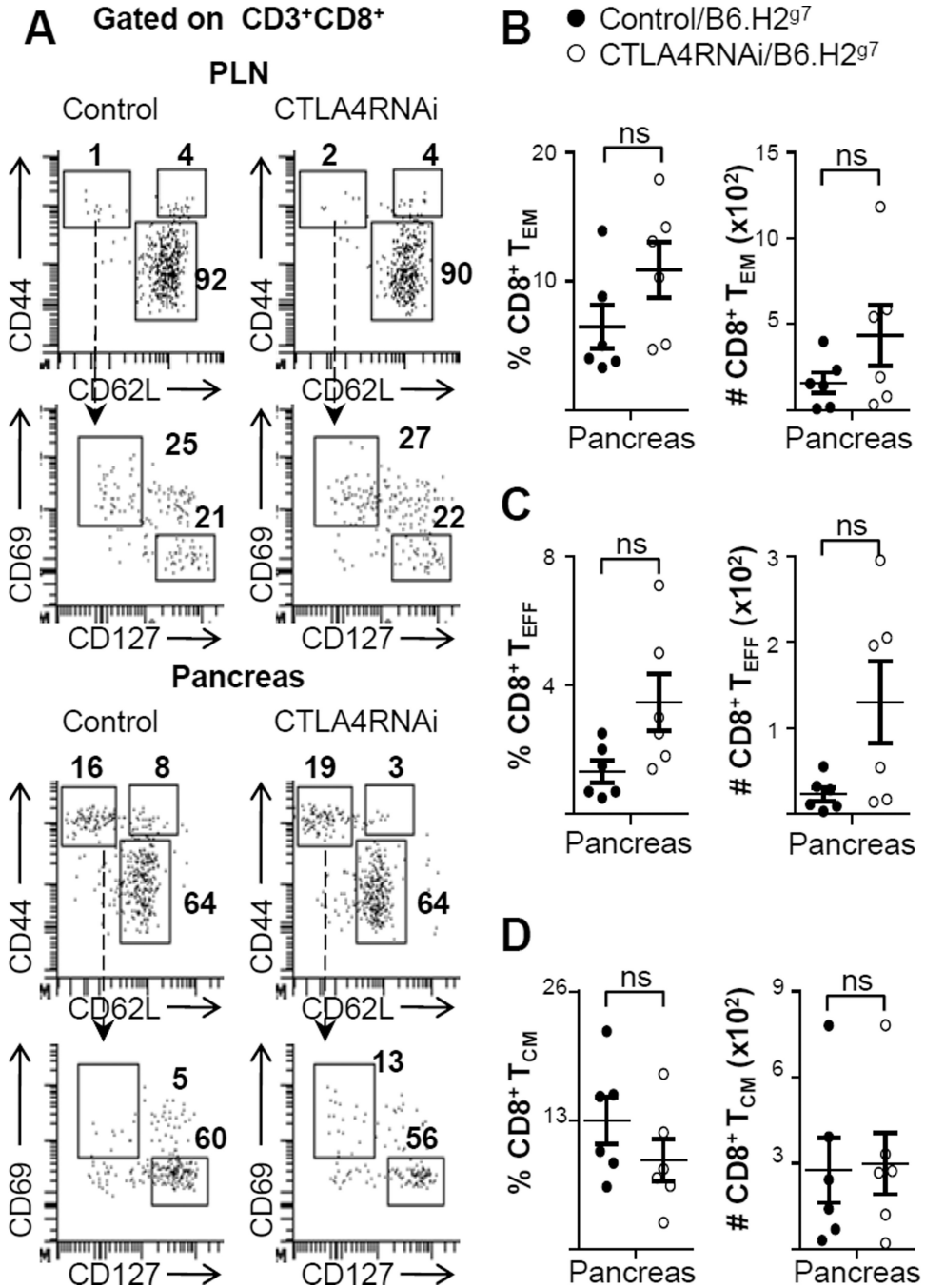
**FIGURE 2. The *in vivo* and *in vitro* suppressive function of  $CD4^+Foxp3^+$   $T_{reg}$  cells was not compromised but rather enhanced by a modest reduction in CTLA4 expression**  
**(A)** Flow cytometry plots of the spleen of B6.*Foxp3<sup>fl</sup>* mice reconstituted with naïve  $T_{reg}$  cells from CTLA4RNAi or PL4 vector control donors. Donor  $T_{reg}$  cells were marked with ubiquitously expressed GFP in the PL4 and CTLA4RNAi transgenic lines (numbers represent percentages of gated  $CD4^+$  and  $CD8^+$  populations). **(B)** *In vivo* suppression of  $CD4^+$  and  $CD8^+$  T-cell activation determined by analyses of the  $CD44^{hi}CD62L^{low}$  subset. Each data-point represents one animal (line indicating average of the group). **(C–D)** Histopathological scores and representative H&E sections of the livers of the B6.*Foxp3<sup>fl</sup>* mice reconstituted with  $T_{reg}$  cells (original magnification: x12.5) assessed for lymphocytic infiltration (n=4 per group from 4 independent experiments; Mean  $\pm$  SEM). **(E)** Summarized results from *in vitro*  $T_{reg}$  suppression assays (n=5 from 3 independent experiments; Mean  $\pm$  SEM). Control  $T_{reg}$  cells were from transgene-negative littermates or age- & sex-matched PL4 vector transgenic mice. \*p<0.05; \*\*p<0.01; \*\*\*p<0.005.



**FIGURE 3. CTLA4 reduction increased effector memory formation of T<sub>reg</sub> cells in the target tissue of mice on diverse genetic backgrounds**

(A) Flow cytometry analyses of the T<sub>reg</sub>-EFF and T<sub>reg</sub>-EM subsets in the pancreas (numbers represent percentages of gated T<sub>reg</sub> populations). (B) Frequencies and total cell numbers of the CD4<sup>+</sup> T<sub>reg</sub>-EM subset with CTLA4RNAi or transgene-negative littermate controls on the B6.H2<sup>g7</sup> background (n=5–6 per group, 4–12 week old; Mean ± SEM). (C) Analyses of mice on the B6 background. Control data represent a pool of transgene-negative littermates or age- & sex-matched PL4 vector transgenic mice (n=4 per group, 9–16 week old; Mean ±

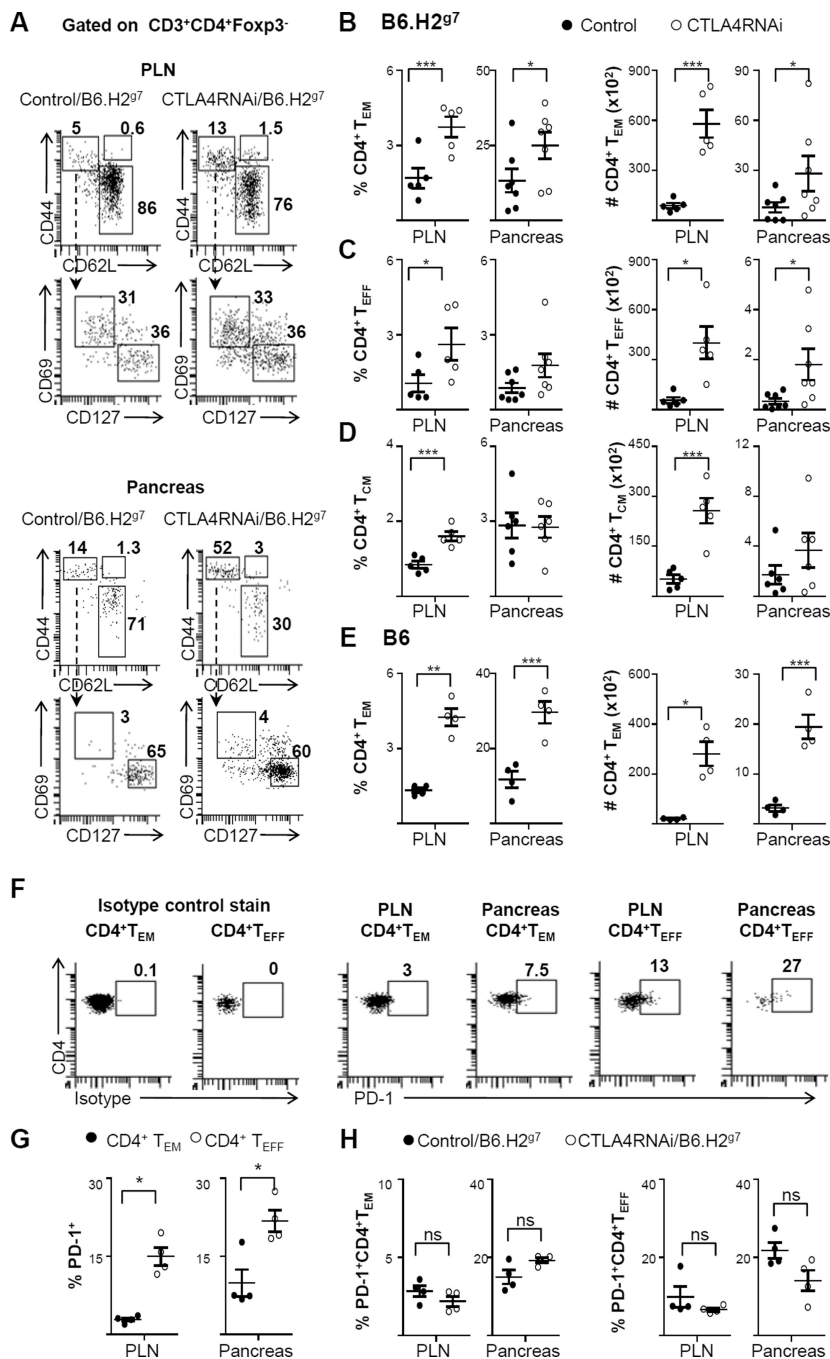
SEM). **(D)** Flow cytometry plots of the PLN and pancreas in BDC2.5/NOD mice showing auto antigen-specific  $T_{reg-EFF}$  and  $T_{reg-EM}$  subsets (numbers represent percentages of gated  $T_{reg}$  populations). **(E)** Comparison of the frequencies of antigen-specific  $CD4^+$   $T_{reg-EM}$  and  $CD4^+$   $T_{reg-EFF}$  subsets in the tissue and the draining lymph nodes of BDC2.5/NOD mice (n=7 per group; line indicating average of the group). **(F)** Frequencies and total cell numbers of the auto antigen-specific  $T_{reg-EM}$  subset impacted by CTLA4 modulation. Control data represent a pool of CTLA4RNAi-transgene-negative littermate BDC2.5 mice or age- & sex-matched PL4/BDC2.5 mice (n=6–7 per group, 7–12 week old; Mean  $\pm$  SEM). Each data-point represents one animal. \*p<0.05; \*\*p<0.01; \*\*\*p<0.005; ns, not significant.



**FIGURE 4. Little impact of a modest reduction of CTLA4 on CD8<sup>+</sup> T cell memory in the target tissue**

(A) Flow cytometry analyses of the naïve, T<sub>CM</sub>, T<sub>EFF</sub> and T<sub>EM</sub> subsets of the conventional CD8<sup>+</sup> T cell compartment in the pancreas and PLN (numbers represent percentages of gated CD8<sup>+</sup> population). (B–D) Frequencies and total cell numbers of CD8<sup>+</sup> T<sub>EM</sub> (B), CD8<sup>+</sup> T<sub>EFF</sub> (C) and CD8<sup>+</sup> T<sub>CM</sub> (D) subsets impacted by CTLA4RNAi on the B6.H2<sup>g7</sup> background. Control mice were transgene-negative littermates (n=6 per group, 4–12 week old). Each data-point represents one animal (Mean ± SEM). ns, not significant.

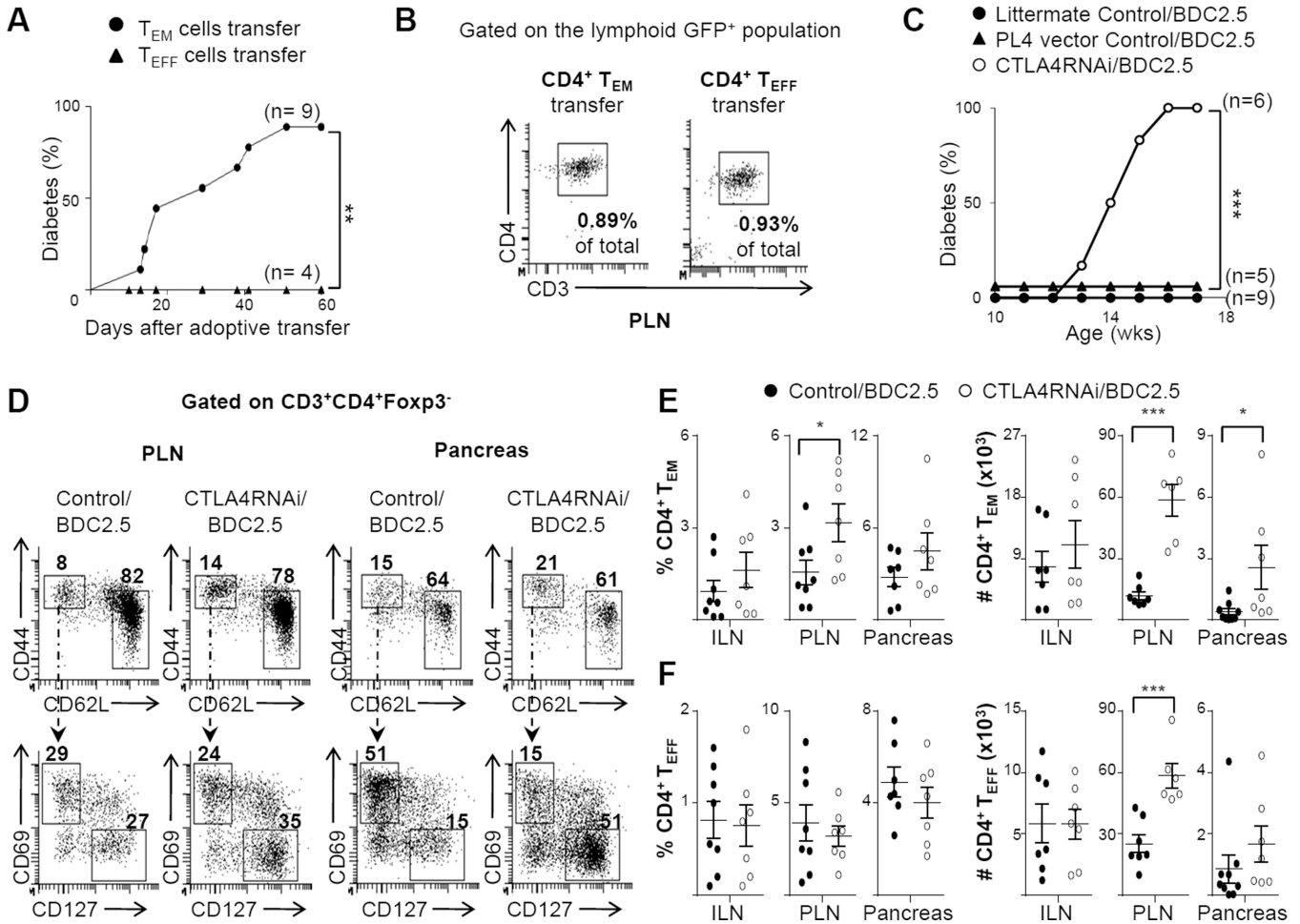




**FIGURE 5. CTLA4 reduction increased CD4<sup>+</sup> effector memory formation in the T<sub>conv</sub> compartment**

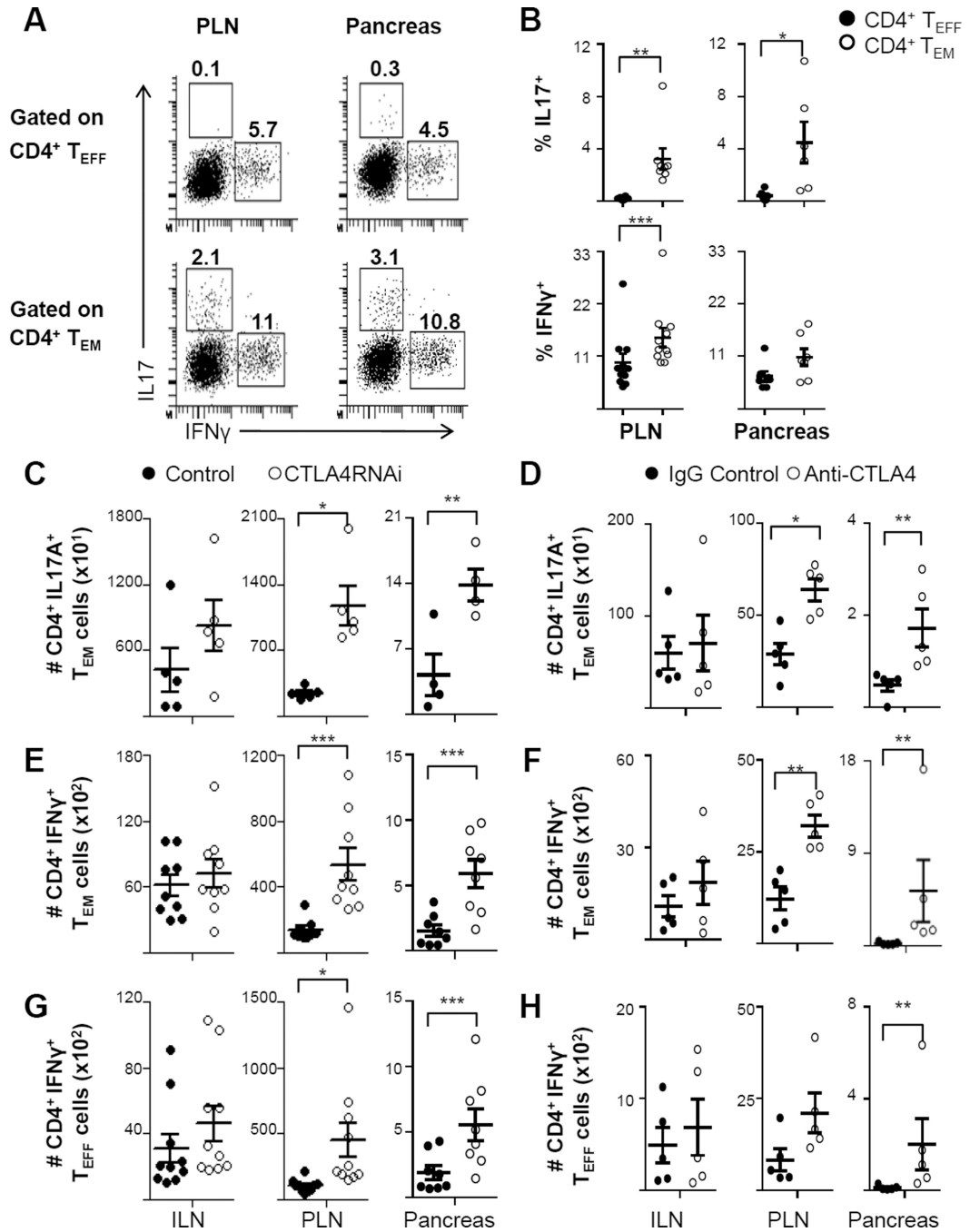
(A) Flow cytometry analyses of the naïve, T<sub>CM</sub>, T<sub>EFF</sub> and T<sub>EM</sub> subsets of the conventional CD4<sup>+</sup> T cell compartment in the PLN and pancreas (numbers represent percentages of gated CD4<sup>+</sup> T<sub>conv</sub> populations). (B–D) Frequencies and total cell numbers of CD4<sup>+</sup> T<sub>EM</sub> (B), CD4<sup>+</sup> T<sub>EFF</sub> (C), CD4<sup>+</sup> T<sub>CM</sub> (D) subsets impacted by CTLA4RNAi on the B6.H2<sup>g7</sup> background. Control mice were transgene-negative littermates (n=5–7 per group, 4–12 week old). (E) Frequencies and total cell numbers of CD4<sup>+</sup> T<sub>EM</sub> cells impacted by CTLA4RNAi

on the B6 background. Control data represent a pool of transgene-negative littermates or age- & sex-matched PL4 vector transgenic mice (n=4 per group, 9–16 week old). **(F)** Flow cytometry analyses of the PD-1 expression by CD4<sup>+</sup> T<sub>EFF</sub> and CD4<sup>+</sup> T<sub>EM</sub> subsets (numbers represent percentages of gated CD4<sup>+</sup> T<sub>conv</sub> population). The first two plots show staining with an isotype control antibody of the anti-PD-1 antibody. **(G)** The frequencies of PD1<sup>+</sup> cells in the CD4<sup>+</sup> T<sub>EM</sub> and CD4<sup>+</sup> T<sub>EFF</sub> subsets in B6.H2<sup>g7</sup> mice. **(H)** Effects of CTLA4 reduction on the frequencies of PD1<sup>+</sup>CD4<sup>+</sup>T<sub>EM</sub> and PD1<sup>+</sup>CD4<sup>+</sup>T<sub>EFF</sub> subsets on the B6.H2<sup>g7</sup> background. Control mice were transgene-negative littermates (n=4 per group, 12–17 week old). Each data-point represents one animal (Mean ± SEM). \*p<0.05; \*\*p<0.01; \*\*\*p<0.005; ns, not significant.



**FIGURE 6. CTLA4 reduction promoted formation of auto antigen-specific CD4<sup>+</sup> effector memory cells but not effectors**

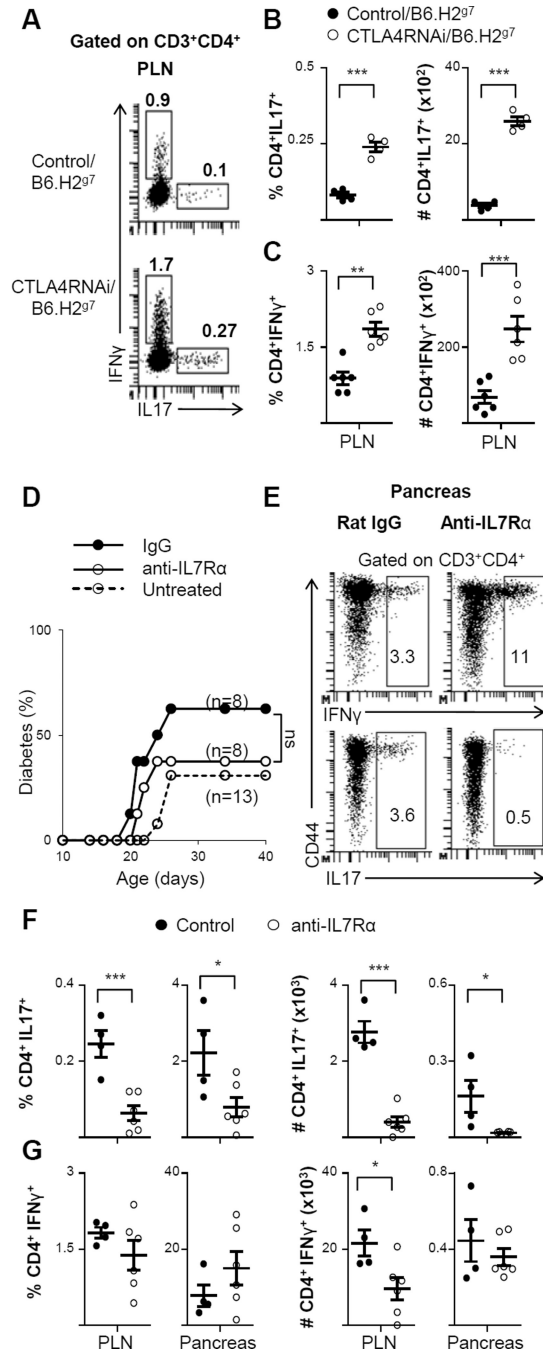
(A) Purified  $\beta$ -cell auto antigen-specific T<sub>EFF</sub> or T<sub>EM</sub> cells from the spleen of the BDC2.5/NOD.Foxp3<sup>FIR</sup> mice carrying the PL4 vector transgene (GFP<sup>+</sup>) were adoptively transferred into NOD.SCID mice. The animals were monitored for diabetes once every 2–3 days, for 60 days. (B) Representative flow cytometry plots gated on the lymphoid GFP<sup>+</sup> population (the percentage numbers in plot represent the percentage of the gated population in the total PLN cell population analyzed by flow cytometry), showing the CD4<sup>+</sup> T<sub>EM</sub> and CD4<sup>+</sup> T<sub>EFF</sub> subsets that were adoptively transferred into NOD.SCID mice. (C) Spontaneous diabetes incidence in BDC2.5/NOD mice with or without CTLA4RNAi, or with the PL4 vector control transgene. (D) Flow cytometry analyses of the naïve, T<sub>EFF</sub> and T<sub>EM</sub> subsets of the conventional CD4<sup>+</sup> T cell compartment in the PLN and pancreas (numbers represent percentages of gated CD4<sup>+</sup> T<sub>CONV</sub> population). (E–F) Frequencies and total cell numbers of auto antigen-specific CD4<sup>+</sup> T<sub>EM</sub> (E) and CD4<sup>+</sup> T<sub>EFF</sub> (F) cells in the ILN, PLN and pancreas. Control data represent a pool of CTLA4RNAi-transgene-negative littermate BDC2.5 mice or age- & sex-matched PL4/BDC2.5 mice (n=7–9 mice per group). Each data-point represents one animal (Mean  $\pm$  SEM). \*p<0.05; \*\*p<0.01; \*\*\*p<0.005.



**FIGURE 7. CTLA4 down regulation increased IL17 and IFN $\gamma$  production by auto antigen-specific CD4<sup>+</sup> T<sub>EM</sub> cells**

(A) Representative intracellular flow cytometry plots of IL17- and IFN $\gamma$ -producing autoimmune CD4<sup>+</sup> T<sub>EM</sub> and CD4<sup>+</sup> T<sub>EFF</sub> subsets in the PLN and pancreas in BDC2.5/NOD mice (numbers represent percentages of gated populations). (B) Frequencies of IL17- and IFN $\gamma$ -producing autoimmune CD4<sup>+</sup> T<sub>EFF</sub> and CD4<sup>+</sup> T<sub>EM</sub> subsets in the PLN and pancreas in BDC2.5/NOD mice (n=6–11 mice per group). (C–H) The effects of CTLA4 modulation by RNAi (C, E and G) and by antibody treatment (D, F and H) on IL17-producing autoimmune

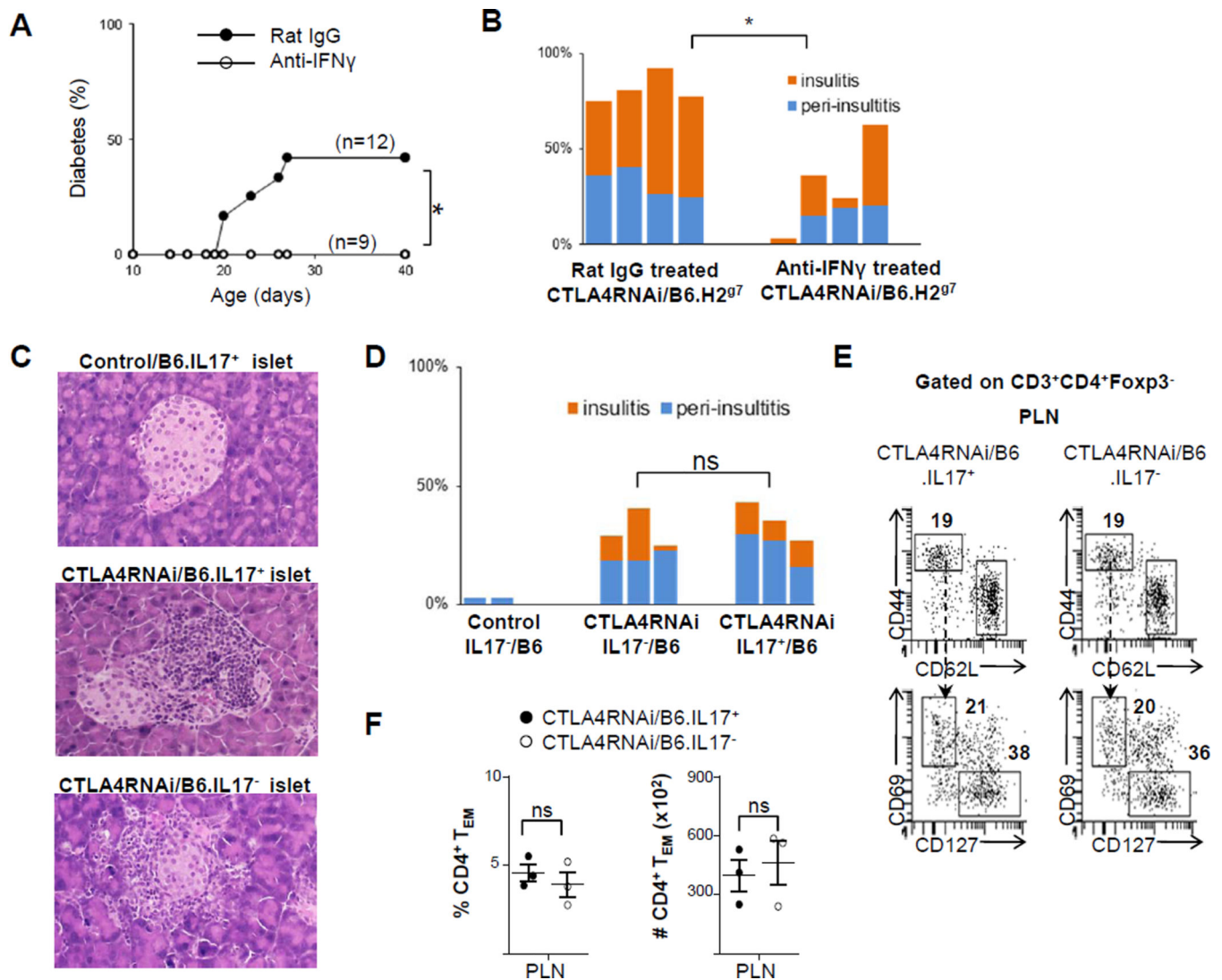
CD4<sup>+</sup> T<sub>EM</sub> cells (**C–D**), IFN $\gamma$ -producing autoimmune CD4<sup>+</sup> T<sub>EM</sub> cells (**E–F**) and IFN $\gamma$ -producing autoimmune CD4<sup>+</sup> T<sub>EFF</sub> cells (**G–H**) in the ILN, PLN and pancreas. Control data represent a pool of CTLA4RNAi-transgene-negative littermate BDC2.5 mice or age- & sex-matched PL4/BDC2.5 mice (n=4–10 mice per group). Each data-point represents one animal (Mean  $\pm$  SEM). \*p<0.05; \*\*p<0.01; \*\*\*p<0.005.



**FIGURE 8. Blocking IL7 signaling with anti-IL7R $\alpha$  antibody treatment suppressed Th17 formation but not diabetes development**

(A) Representative intracellular flow cytometry plots of IFN $\gamma$ - and IL17-producing CD4<sup>+</sup> T cells in the PLN (numbers represent percentages of gated populations). (B–C) Frequencies and total cell numbers of CD4<sup>+</sup>IL17<sup>+</sup> (B) and CD4<sup>+</sup>IFN $\gamma$ <sup>+</sup> (C) subsets impacted by CTLA4RNAi on the B6.H2<sup>g7</sup> background. Control mice were transgene-negative littermates (n=4–6 per group). (D) Littermate CTLA4RNAi/B6.H2<sup>g7</sup> mice were treated with non-specific ratIgG2a control antibody or anti-IL7R $\alpha$  antibody for 3 weeks. Mice were

monitored for diabetes for 40 days. **(E)** Representative intracellular flow cytometry plots of the pancreas showing IL17- and IFN $\gamma$ -production by CD4<sup>+</sup> T cells after anti-IL7R $\alpha$  treatment (numbers represent percentage of gated populations). **(F–G)** Frequencies and total cell numbers of CD4<sup>+</sup>IL17<sup>+</sup> **(F)** and CD4<sup>+</sup>IFN $\gamma$ <sup>+</sup> **(G)** after anti-IL7R $\alpha$  treatment (n=4–6 mice per group). Each data-point represents one animal (Mean  $\pm$  SEM). \*p<0.05; \*\*p<0.01; \*\*\*p<0.005; ns, not significant.



**FIGURE 9. Evidence for IFN $\gamma$  but not IL17 in autoimmune damage to the pancreatic islet caused by CTLA4 down-modulation**

(A) Effects of anti-IFN $\gamma$  antibody treatment on diabetes incidence in juvenile CTLA4RNAi/B6.H2<sup>g7</sup> mice. (B) Summary of islet infiltration in anti-IFN $\gamma$  or control-antibody treated mice (n=4 per group). Each bar represents one animal. (C) Representative H&E stained sections of the pancreas from 6-month-old mice on the B6 genetic background (original magnification: x12.5). (D) Summary of islet infiltration in 6-month-old mice on the B6 genetic background. Control mice were CTLA4RNAi-transgene-negative littermates. (E) Flow cytometry analyses of the T<sub>EFF</sub> and T<sub>EM</sub> subsets of the CD4<sup>+</sup> T<sub>conv</sub> cell compartment in the PLN and pancreas (numbers represent percentages of gated CD4<sup>+</sup> T<sub>conv</sub> population). (F) Frequencies and total cell numbers of CD4<sup>+</sup> T<sub>EM</sub> subset in IL17<sup>+</sup> and IL17<sup>-</sup> CTLA4RNAi/B6 mice (n=3 per group). Each data-point represents one animal (Mean  $\pm$  SEM). \*p<0.05; ns, not significant.