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ORIGINAL ARTICLE

# Production of corticotropin-releasing factor and urocortin from human monocyte-derived dendritic cells is stimulated by commensal bacteria in intestine

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# Abstract

**AIM:** To examine whether commensal bacteria are a contributing cause of stress-related mucosal inflammation.

METHODS: Human peripheral blood monocyte-derived

dendritic cells (MoDCs) were stimulated by commensal bacterial strains, including *Escherichia coli*, *Clostridium clostridioforme*, *Bacteroides vulgatus* (*B. vulgatus*), *Fusobacterium varium* (*F. varium*), and *Lactobacillus delbrueckii subsp. bulgaricus*. After incubation, corticotropin-releasing factor (CRF) and urocortin 1 (UCN1) mRNA in the cells was examined by real-time reverse transcription polymerase chain reaction. Supernatants from the cells were tested for CRF and UCN1 using an enzyme-linked immunosorbent assay.

**RESULTS:** Both CRF and UCN1 were significantly augmented by *B. vulgatus* and *F. varium* at both the mRNA and protein levels. In particular, *B. vulgatus* stimulated human MoDCs, resulting in extremely high levels of CRF and UCN1.

**CONCLUSION:** Stimulation of MoDCs by *B. vulgatus* and *F. varium* may be associated with CRF/UCN1-related intestinal disorders, such as irritable bowel syndrome and inflammatory bowel disease.

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Key words: Commensal bacteria; Corticotropin-releasing factor; Dendritic cell; Irritable bowel syndrome; Inflammatory bowel disease; Urocortin

**Core tip:** Corticotropin-releasing factor (CRF) and urocortin 1 (UCN1) play critical roles in many stress-related intestinal disorders, such as irritable bowel syndrome and inflammatory bowel disease. However, little is known about the pathophysiology of these diseases. To examine whether commensal bacteria are a contributing cause of stress-related mucosal inflammation, human peripheral blood monocyte-derived dendritic cells were stimulated by commensal bacterial strains. Both



CRF and UCN1 were significantly augmented by *Bacteroides vulgatus* (*B. vulgatus*) and *Fusobacterium varium* (*F. varium*) at both the mRNA and protein levels. Thus, *B. vulgatus* and *F. varium* may be associated with stress-related intestinal disorders.

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#### INTRODUCTION

Psychological stress affects all people. The individual stress hormone response is mediated by corticotropinreleasing factor (CRF); this factor is produced mainly in the paraventricular nucleus of the hypothalamus system and is highly likely to affect the features of many stressreleased disorders<sup>[1-3]</sup>. Therefore, CRF plays a critical role in stress-released stimulation of the hypothalamicpituitary-adrenal axis through activation of the pituitary CRF1 receptor and, in association with urocortin 1 (UCN1), acts as a neuromodulator to coordinate visceral hypersensitivity<sup>[1,4]</sup>. Both CRF and UCN1 act within the brain stress network to increase anxiety-like behavior, abdominal pain, colon secretions, and muscle motility<sup>[5-/]</sup>. Interestingly, both CRF and UCN1 are also expressed in peripheral tissues and act directly within the colon, where they stimulate secretion and motor activity, leading to the development of watery stools/diarrhea<sup>[5-7]</sup>. These events are more common in patients with irritable bowel syndrome (IBS) or inflammatory bowel disease (IBD)<sup>[5-7]</sup>.

The permeability of the bowel lining can allow the passage of bacteria through the intestine into the bowel wall<sup>[5-7]</sup>. Therefore, patients with intestinal disorders, such as IBS and IBD, experience quantitative changes in the indigenous microbiota<sup>[8,9]</sup>. Moreover, bacterial overgrowth in the small intestine is associated with increased severity of stress-related IBS and IBD symptoms and with increased intestinal gas and immune responses, and antibiotic therapy has been shown to attenuate these symptoms in human patients<sup>[10]</sup>. In animal models, the presence of intestinal flora is also essentially required for the development of colitis because colitis fails to develop under germ-free conditions<sup>[11,12]</sup>.

An increased density of mast cells in the colonic mucosa and intraepithelial lymphocytosis is also observed in IBS patients<sup>[13]</sup>. Accumulating evidence suggests a close association between commensal bacteria and the proximity of immune cells to neural elements in patients with IBS or IBD. Dendritic cells (DCs) are the most potent professional antigen-presenting cells and are usually located at surveillance interfaces of the human body, such as the skin or mucosa. These cells are thought to play an important role in the generation and regulation of immune responses<sup>[14]</sup>. The relationship between hosts and their microbiota is only just beginning to be studied in detail, and given the major role of DCs in bacterialassociated antigen presentation in the gut, it would not be surprising if DC activity was altered in patients with IBS or IBD<sup>[15-17]</sup>. Indeed, DCs are considered to represent the link between allergen uptake and the clinical manifestations of intestinal inflammation<sup>[16]</sup>. However, little is known about the effects of commensal bacteria on human DCs in relation to stress-induced mucosal inflammatory disease. Previously, we reported that certain commensal bacteria, such as Clostridium clostridioforme (C. clostridioforme), Bacteroides vulgatus (B. vulgatus), Escherichia coli (E. coli), and Fusobacterium varium (F. varium), can invade colonic epithelial cells, thereby activating early intracellular signaling systems to trigger host inflammatory reactions<sup>[17]</sup>. Therefore, we assessed the relationship between these bacterial strains and CRF/UCN1 expression at both the mRNA and protein levels in human DCs in this study.

We show that significantly increased levels of CRF and UCN1 are detected at both the mRNA and protein levels in human monocyte-derived DCs (MoDCs) upon stimulation with either *B. vulgatus* or *F. varium*. In particular, *B. vulgatus* stimulated human MoDCs, resulting in extremely high levels of CRF and UCN1 production. Moreover, the stimulation of human MoDCs with these bacterial strains resulted in the up-regulation of the expression of HLA-ABC, HLA-DR, CD80, CD86, and CD83. Understanding how CRF and UCN1 function will help us to find improved ways to treat stress-related intestinal disorders.

### MATERIALS AND METHODS

#### Study subjects

The study protocol was reviewed and approved by the ethics committee of the Jikei Institutional Review Board, Jikei University School of Medicine and by the Clinical Study Committee of Jikei University Kashiwa Hospital [No. 23-278 (6739)]. Peripheral blood mononuclear cells (PBMCs) were obtained from 5 healthy donors, and individual written informed consent was obtained.

#### Generation of human MoDCs

PBMCs were prepared using Ficoll density-gradient centrifugation and incubated in tissue culture flasks at 37 °C for 30 min in AIM V medium (Life Technologies Japan Ltd., Tokyo, Japan) without serum supplementation or antibiotics. After incubation to enable adherence, nonadherent cells were removed, and adherent cells were cultured for 6 d in AIM V medium supplemented with 1000 U/mL recombinant human (rh)GM-CSF (Pe-



proTech, Rocky Hill, NJ, United States) and 500 U/mL rhIL-4 (Diaclone Research, Besancon, France) to generate human MoDCs. On day 6 of culturing, nonadherent and loosely adherent cells were collected and cultured in 100-mm tissue culture dishes (10<sup>6</sup> cells/mL; 10 mL/dish) for 30 min. Nonadherent cells were then removed and further enriched using the repeated adherence method to purify MoDCs<sup>[18]</sup>.

### Preparation of commensal bacteria

We used four commensal bacterial strains, E. coli (JCM1649), C. clostridioforme (JCM1219; Japan Collection of Microorganisms, RIKEN, Wako, Japan), B. vulgatus (JCM5826), and F. varium (ATCC8501; ATCC, Rockville, MD, United States). These strains have been reported to be pathogens for inflammatory intestine disorders<sup>[17,19]</sup>. In addition, a probiotic, Lactobacillus delbrueckii subsp. bulgaricus (L. bulgaricus) (LB-021001; Meiji Dairies), was used as a control. The bacterial strains were harvested from GAM agar plates (Nissui Pharmaceutical Co. Ltd., Tokyo, Japan) that had been cultured at 37 °C for 72 h. Aerobic bacteria (E. coli) were incubated under 5% CO2 in a humidified incubator. Anaerobic bacteria (C. clostridioforme, B. vulgatus, F. varium, and L. bulgaricus) were incubated in an anaerobic chamber (Forma Scientific, Marietta, OH) containing 10% CO2, 10% H2, and 80% N2. After the colonies were collected using a disposable plastic loop, they were suspended at  $1 \times 10^5$  cells/mL in RPMI-1640 medium supplemented with 1000 U/mL rhGM-CSF and 500 U/ mL rhIL-4 in the absence of antibiotics and serum.

#### Stimulation of human MoDCs with commensal bacteria

Purified human MoDCs  $(1.5 \times 10^5/500 \ \mu\text{L})$  from 5 healthy donors were incubated with each commensal bacteria strain (*E. coli, C. clostridioforme, B. vulgatus, F. varium,* or *L. bulgaricus*)  $(1 \times 10^8/500 \ \mu\text{L})$  in 1 mL of RPMI-1640 supplemented with 1000 U/mL rhGM-CSF and 500 U/mL rhIL-4 in the absence of antibiotics and serum in a 24-well plate under 5% CO<sub>2</sub> at 37 °C.

### Phenotype analysis

Cells were incubated with FITC-conjugated monoclonal antibodies (mAbs) against HLA-ABC, HLA-DR, CD80, CD86, CD83, or matched isotype control IgG (BD Pharmingen, San Jose, CA, United States). Purified MoDC populations were gated based on their forward*vs* side-scatter profile and then analyzed for HLA-ABC, HLA-DR, CD80, CD86, and CD83 expression. The mean fluorescence intensity (MFI) of the indicated molecules, which were expressed by MoDCs derived from 5 healthy donors, was analyzed.

# Quantitative reverse transcription polymerase chain reaction (qRT-PCR)

Purified human MoDCs ( $1.5 \times 10^5/500 \ \mu$ L) from healthy donors were incubated with the commensal bacteria (1

 $\times 10^8/500 \ \mu$ L) in RPMI-1640 medium (total volume, 1 mL) without antibiotics or serum for 0.5, 1, 1.5, and 24 h under 5% CO2 at 37 °C. After incubation, the cells were collected, resuspended in 200 µL of Isogen (Nippon Gene Inc., Tokyo, Japan), and frozen at -80 °C. Total RNA was isolated from the stored cells using an RNeasy plus Mini Kit (QIAGEN, Inc., Hilden, Germany) following the manufacturer's instructions. Reverse transcription (RT) was carried out to synthesize first-strand cDNA using a High-Capacity cDNA Reverse Transcription Kit (Applied Biosystems, Foster City, CA) according to the manufacturer's instructions. The resultant cDNA (corresponding to 100 ng of total RNA) was examined using qRT-PCR in an ABI 7300 instrument (Applied Biosystems) with the TaqMan Gene Expression Master Mix (Applied Biosystems). TaqMan primers and non-fluorescent quencher probes complementary to CRF (Assay ID: Hs01921237\_s1), UCN1 (Assay ID: Hs01849155\_s1), and glyceraldehyde 3-phosphate dehydrogenase (GAPDH, Assay ID: Hs99999905\_m1) genes were purchased from Applied Biosystems. GAPDH gene expression was used as an internal reference. CRF or UCN1 gene expression was examined using the comparative CT method. CT values reflect the PCR cycle number at which the amount of amplified target reaches a fixed threshold. The values of CT for the target and reference genes were calculated for each sample.  $\Delta C_T$  is calculated as the difference in C<sub>T</sub> between the target and reference genes.  $\Delta\Delta C_T$  is calculated as the difference between the  $\Delta C_T$  of the sample and the  $\Delta C_T$  of the calibrator (control DC 0 min sample). CRF and UCN1 mRNA expressions normalized to an internal reference and expressed relative to the control sample treated without bacteria are given by  $2^{-\Delta\Delta CT}$ . mRNA expression levels are expressed as the fold-change from human MoDCs without bacterial treatment (0 min). Data represent the means  $\pm$  SD of 3 independent experiments.

#### Enzyme-linked immunosorbent assay

To examine whether human MoDCs produce CRF and UCN1, purified human MoDCs derived from 5 healthy donors  $(1.5 \times 10^5/500 \ \mu\text{L})$  were incubated with each sample of commensal bacteria  $(1 \times 10^8/500 \ \mu\text{L})$  in RPMI-1640 medium with neither antibiotics nor serum for 24 h under 5% CO<sub>2</sub> at 37 °C. Supernatants from these cells were collected and tested for CRF (Phoenix Pharmaceuticals Inc.) using an enzyme-linked immunosorbent assay (ELISA) following the manufacturer's instructions. Data represent the averages of 5 healthy donors from the same sets of experiments. Background cytokine levels in conditioned medium were subtracted from each sample.

#### Statistical analysis

Results are expressed as the mean  $\pm$  SD. One-way analysis of variance was used to determine significance. Differences were considered statistically significant when *P*-values

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Figure 1 Phenotypic characterization of dendritic cells. A: Human monocyte-derived dendritic cells (MoDCs) were analyzed using flow cytometry for expression of the indicated antigens (n = 5). Unfilled histogram profiles indicate the isotype control, and solid histograms indicate the specific antibodies; B: Analysis of the mean fluorescence intensity of the indicated molecules expressed in MoDCs stimulated with commensal bacteria (n = 5). Unstimulated MoDCs were used as a control. The results are expressed as the mean  $\pm$  SD. <sup>a</sup>P < 0.05.

were 0.05 or less.

#### RESULTS

#### Phenotype of human MoDCs

Purified MoDCs derived from 5 healthy donors (mean age:  $41.2 \pm 7.5$  years; 5 males) were analyzed in the same sets of experiments. Human MoDCs exhibited a characteristic phenotype regarding their expressions of HLA-ABC, HLA-DR, and CD86, but low levels of CD80 and CD83 were noted (Figure 1). Moreover, these expression levels were not significantly different from those of healthy donors (Figure 1A, B). Next, to assess the effects of commensal bacteria on human MoDCs, MoDCs were stimulated with commensal bacterial strains for 24 h, after which their phenotypes were analyzed. We selected certain commensal bacterial strains (E. coli, C. clostridioforme, B. vulgatus, and F. varium) that have been reported as pathogens for inflammatory intestinal disorders<sup>[17,19,20]</sup>. The stimulation of MoDCs with each commensal bacterial strain significantly up-regulated the MFI of HLA-ABC, HLA-DR, CD80, CD86, and CD83 compared with unstimulated MoDCs (Figure 1B). In addition, no difference was observed in the MFI between MoDCs stimulated with each of the commensal bacterial strains (Figure 1B).

# Expression of CRF and UCN1 mRNA upon stimulation with commensal bacteria

To assess the effects of commensal bacteria on human MoDCs, we analyzed the CRF and UCN1 mRNA levels in human MoDCs upon stimulation with each bacterial strain. CRF and UCN1 mRNA levels in bacteria alone and in uninfected and L. bulgaricus-infected human MoDCs were used as controls. Significant increases in CRF and UCN1 mRNA levels were observed in human MoDCs after 30 min of B. vulgatus or F. varium stimulation; thereafter, the levels decreased (data not shown). Interestingly, the expression levels of CRF and UCN1 mRNA were significantly higher in B. vulgatus and F. varium than in C. clostridioforme and E. coli (Figure 2A, B). In particular, the co-culture of human MoDCs with B. vulgatus was associated with high expression levels of both CRF and UCN1 mRNA (Figure 2A, B). In addition, CRF and UCN1 mRNA levels in bacteria alone and in uninfected and L. bulgaricus-infected human MoDCs were

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#### Koido S et al. CRF/UCN from human DCs



Figure 2 Detection of corticotropin-releasing factor and urocortin 1 mRNA in dendritic cells stimulated with commensal bacteria. Human monocyte-derived dendritic cells (MoDCs) were stimulated with *Escherichia coli* (*E. coli*), *Clostridium clostridioforme* (*C. clostridioforme*), *Bacteroides vulgatus* (*B. vulgatus*), *Fusobacterium varium* (*F. varium*), and *Lactobacillus delbrueckii subsp. bulgaricus* (*L. bulgaricus*) for 30 min, and A: corticotropin-releasing factor (CRF) and B: urocortin 1 (UCN1) mRNA were analyzed. Human MoDCs were cultured alone for 0 and 30 min and used as controls. CT values reflect the polymerase chain reaction cycle number at which the amount of amplified target reached a fixed threshold. The results are expressed as the mean  $\pm$  SD from 3 repeated experiments. <sup>\*</sup>*P* < 0.05 vs other groups.

not increased until at least 24 h (Figure 2A, B). These results indicate that stimulation of human MoDCs with *B. vulgatus* and *F. varium* is associated with the expression of both CRF and UCN1 mRNA in MoDCs.

# Production of CRF upon stimulation with commensal bacteria

To assess the effects of commensal bacteria on human MoDCs, human MoDCs generated from 5 healthy donors were cultured with each commensal bacterial strain for 24 h. When human MoDCs were stimulated with *B. vulgatus* or *F. varium*, CRF production was significantly increased (Figure 3A, B). However, there was little, if any, production of CRF after stimulation with *E. coli, C. clostridioforme*, or *L. bulgaricus* or after no stimulation in this experimental assay (Figure 3C, D, E, F and G). Interestingly, *B. vulgatus* significantly stimulated human MoDCs, resulting in a much higher production of CRF than in *F. varium* (P < 0.01) (Figure 3H).

# Production of UCN1 upon stimulation with commensal bacteria

Human MoDCs, when stimulated with *B. vulgatus* or *F. varium*, produced high levels of UCN1 (Figure 4A, B). Moreover, UCN1 up-regulation was also detected in *E. coli*-stimulated MoDCs; however, the level of up-regu-

lation was much lower than with *B. vulgatus* or *F. varium* (Figure 4C). In addition, there was little, if any, production of UCN1 after stimulation with *C. clostridioforme* or *L. bulgaricus* or after no stimulation (Figure 4D, E, F, and G). In particular, stimulation of human MoDCs with *B. vulgatus* resulted in a much higher production of UCN1 than stimulation with *F. varium* (P < 0.001) (Figure 4H).

## DISCUSSION

The present study demonstrates for the first time that human MoDCs can produce the CRF and UCN1 proteins upon stimulation with commensal bacteria, such as *B. vulgatus* and *F. varium.* In particular, *B. vulgatus* significantly stimulated human MoDCs, resulting in extremely high production of both CRF and UCN1.

CRF and UCN1 are expressed in the central nervous system and in peripheral tissues and can be released by regional sensory and sympathetic nerves, immune cells, and gut enteroendocrine and enteric cells to act locally in response to stress<sup>[13,19,21-24]</sup>. Thus, CRF and UCN1 play a central role in the pathophysiology of stress-induced intestinal disturbances, such as IBS and IBD<sup>[13,19,21-24]</sup>. Moreover, it has been reported that intestinal microbiota appear to play an important role in IBS and IBD; qualitative and quantitative changes of intestinal microbiota



Figure 3 Production of corticotropin-releasing factor in dendritic cells stimulated with commensal bacteria. Human monocyte-derived DCs (MoDCs) from 5 healthy donors (①, ②, ③, ④, and ⑤) were stimulated with A: *Bacteroides vulgatus* (*B. vulgatus*); B: *Fusobacterium varium* (*F. varium*); C: *Escherichia coli* (*E. coli*); D: *Clostridium clostridioforme* (*C. clostridioforme*); E: *Lactobacillus delbrueckii subsp. bulgaricus* (*L. bulgaricus*) for 24 h, after which the production of corticotropin-releasing factor (CRF) was analyzed. Supernatants from F: human MoDCs alone and G: commensal bacteria alone were used as controls; H: The production of CRF in human MoDCs stimulated with *B. vulgatus* was compared with that in human MoDCs stimulated with *F. varium*. The results are expressed as the mean  $\pm$  SD from 5 healthy donors. <sup>b</sup>*P* < 0.01, MoDCs + *B. vulgatus vs* MoDCs s + *F. varium*.

occur in IBS and IBD subtypes<sup>[17,25]</sup>. The evidence suggests that crosstalk between bacteria and the production of CRF and UCN1 in humans might be involved in the exacerbation of inflammatory conditions by stress, but the mechanism by which this occurs remains unclear at present. DCs are potent APCs that can recognize luminal exogenous antigens, such as common intestinal microbes, and can activate innate and acquired immunity<sup>[14]</sup>.

Therefore, the immunogenicity of bacteria strongly depends on the character of its interaction with DCs. Of note, evidence exists that various subsets of DCs differ in their antigen processing capacities *in vivo*<sup>[26]</sup>. Previously, we have shown that JAWS II mouse cells, a GM-CSF-dependent DC line established from bone marrow cells of a p53-knockout C57BL/6 mouse, produce CRF after stimulation with *B. vulgatus* or *F. varium* at equal Koido S et al. CRF/UCN from human DCs



Figure 4 Production of urocortin 1 in dendritic cells stimulated with commensal bacteria. Human monocyte-derived DCs (MoDCs) from 5 healthy donors (①, (②, ③, ④), and (⑤)) were stimulated with A: *Bacteroides vulgatus* (*B. vulgatus*); B: *Fusobacterium varium* (*F. varium*); C: *Escherichia coli* (*E. coli*); D: *Clostridium clostridioforme* (*C. clostridioforme*); E: *Lactobacillus delbrueckii subsp. bulgaricus* (*L. bulgaricus*) for 24 h, after which the production of urocortin 1 (UCN1) was analyzed. Supernatants from F: human MoDCs alone and G: commensal bacteria alone were used as controls; H: The production of UCN1 in human MoDCs stimulated with *B. vulgatus* was compared with that in human MoDCs stimulated with *F. varium*. The results are expressed as the mean ± SD from 5 healthy donors. <sup>b</sup>*P* < 0.01, MoDCs + *B. vulgatus* vs MoDCs s + *F. varium*.

levels<sup>[27]</sup>. The JAWS II mouse cells contain lysosomal endo- and exo-peptidases, which have been shown to be involved in antigen processing, thus providing a reliable tool for *in vitro* estimation of protein immunogenicity<sup>[28,29]</sup>. Therefore, we speculated that human DCs also react to commensal bacteria, resulting in the production

of CRF and UCN1. However, differences should exist in the capacities for antigen processing between human DCs and bone marrow derived JAWS II from a p53knockout C57BL/6 mouse. As it is difficult to obtain large amounts of DCs from the colonic mucosa in human samples, MoDCs were generated from 5 healthy

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male donors with no previous history of acute bacterial gastroenteritis caused by C. clostridioforme, B. vulgatus, E. coli, or F. varium. Our findings demonstrated that CRF and UCN1 were up-regulated in MoDCs after stimulation with B. vulgatus or F. varium; however, differing from the results from mice, the levels were much higher after stimulation with B. vulgatus than with F. varium. Moreover, low levels of UCN1 production were detected in E. coli-stimulated MoDCs, but this was not observed in a previous mouse study<sup>[27]</sup>. In this study, human MoDCs were generated using rhGM-CSF and rhIL-4, as previously described<sup>[18]</sup>. However, JAWS II was generated with murine GM-CSF alone. The origin and differentiation of DCs may be, at least in part, associated with the extremely high levels of CRF and UCN1 produced upon stimulation with B. vulgatus in human MoDCs. The amount of crosstalk between B. vulgatus and human MoDCs was previously unknown. Using electron microscopy, we detected B. vulgates in the cytoplasm of human MoDCs when co-cultured with B. vulgates (data not shown). Therefore, we speculated that B. vulgates stimulated molecules associated with CRF and UCN1 production. Recently, it was reported that CRF induced the release of proteases and TNF- $\alpha$  via mast cells, all of which are associated with CRF-induced intestinal paracellular permeability; these processes are regulated by the enteric nervous system  $^{[30]}$ . However, the molecular signaling basis and function of CRF and UCN1 production by MoDCs remain unclear. Previously, it has been reported that CRF-producing cells in the central nervous system<sup>[31]</sup> and colon<sup>[32]</sup> of rats are activated by bacterial endotoxins, particularly lipopolysaccharides (LPS). In this experimental setting, CRF production was not detected in E. coli-stimulated MoDCs. The apparent conflict between these results might be associated with the concentration of LPS used in vivo. Moreover, the binding of pathogen-associated molecular patterns to Toll-like receptors may trigger a complex series of events, leading to increased expression of proinflammatory genes in human MoDCs<sup>[33]</sup>; therefore, differences in the activation of such pathways by commensal bacteria may lead to different levels of CRF and UCN1 production.

Interestingly, a significant increase in CRF and UCN1 mRNA levels was observed in human MoDCs after 30 min of B. vulgatus and F. varium stimulation, although the levels decreased after that point. These findings may imply an immunomodulatory role for CRF and UCN1 by peripheral DCs that could be due to autocrine and/or paracrine interactions. Although mental stress is implicated in the development of IBS and IBD<sup>[34]</sup>, peripheral CRF and UCN1 production by certain commensal bacteria, such as B. vulgatus and F. varium, may also be involved in gastrointestinal sensorimotor and immune cell activation within the gut. Moreover, mental stress may be not directly connected to the local release of CRF neuropeptides. Indeed, the activation of peripheral CRF receptor signaling is mostly considered to be caused by inflammatory processes in the gut<sup>[34]</sup>. Colonic permeability was increased after local immune cell activation by CRF and UCN1, resulting in increased antigenic challenge in the gut, which might be associated with intestinal disorders, such as IBS and IBD. Given the clinical significance of these pathways in bacteria-related intestinal disorders, a greater understanding of how these pathways are integrated during health and colonic disorders is needed.

Our results show that the production of CRF and UCN1 in human MoDCs is strongly augmented by commensal bacteria, such as *F. varium* and *B. vulgatus*. Although the biological significance of these observations remains obscure, these common intestinal microbes may be, at least in part, associated with the pathogenesis of disease through the increased production of CRF and/or UCN1. Further studies are needed to investigate how commensal bacteria are involved in CRF/UCN1-related intestinal inflammation triggered by gut-associated DCs.

## COMMENTS

#### Background

Corticotropin-releasing factor (CRF) and urocortin 1 (UCN1) play critical roles in many stress-related intestinal disorders, such as irritable bowel syndrome (IBS) and inflammatory bowel disease (IBD). Moreover, a close association between commensal bacteria and the proximity of human dendritic cells (DCs) to neural elements in patients with IBS or IBD has been reported. However, the pathophysiology of these diseases remains unclear.

#### **Research frontiers**

DCs are thought to play an important role in the generation and regulation of immune responses. The relationship between hosts and their microbiota is only just beginning to be studied in detail, and given the major role of DCs in bacterial-associated antigen presentation in the gut, it would not be surprising if DC activity was altered in patients with IBS or IBD. However, little is known about the effects of commensal bacteria on human DCs in relation to stress-induced mucosal inflammatory disease.

#### Innovations and breakthroughs

Both CRF and UCN1 were significantly augmented by *Bacteroides vulgatus* (*B. vulgatus*) and *Fusobacterium varium* (*F. varium*) at both the mRNA and protein levels. Infection of *B. vulgatus* and *F. varium* may be associated with stress-related intestinal disorders.

#### Applications

To examine whether commensal bacteria are a contributing cause of stressrelated mucosal inflammation, human peripheral blood monocyte-derived dendritic cells (MoDCs) were stimulated by commensal bacterial strains. The authors assessed the relationship between these bacterial strains and CRF/UCN1 expression at both the mRNA and protein levels in human DCs in this study.

#### Terminology

Both CRF and UCN1 are expressed primarily in the paraventricular nucleus of the hypothalamus but are also expressed in peripheral tissues, and they act directly within the colon, where they stimulate secretion and motor activity, leading to the development of watery stools/diarrhea. These events are more common in patients with IBS or IBD.

#### Peer review

The manuscript reports the effect on CRF and UCN1 production by MoDCs following stimulation with four different commensal bacterial strains. Overall, the manuscript is very interesting and well written. The conclusion that both CRF and UCN1 were significantly augmented by *B. vulgatus* and *F. varium* at both the mRNA and protein levels is straightforward. Future studies are needed to investigate whether commensal bacteria are involved in CRF/UCN1-related intestinal inflammation triggered by gut-associated DCs.

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