

Gefitinib-Integrated Regimen versus Chemotherapy Alone in Heavily Pretreated Patients with Epidermal Growth Factor Receptor-Mutated Lung Adenocarcinoma: A Case-Control Study^{1,2}

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Abstract

BACKGROUND: The study aimed to compare the tolerability and efficacy of gefitinib combined with chemotherapy agents versus chemotherapy alone for the treatment of epidermal growth factor receptor (EGFR)-mutated lung adenocarcinoma in heavily pretreated patients. **METHODS:** The study was designed as a matched-pair case-control investigation to minimize intergroup heterogeneity. Patients were stratified into gefitinib plus chemotherapy and chemotherapy alone groups with matching for sex, age, ECOG performance status, progress-free survival (PFS) from previous EGFR tyrosine kinase inhibitor treatment, EGFR mutation types, and tumor metastasis status. **RESULTS:** Sixty-six patients were selected from our database using the matched-pair method. The median age was 61 years (95% confidence interval, 57-65 years). During a follow-up period of 14.5 months on average, the overall response rates of the gefitinib-integrated and chemotherapy alone groups were 9.1% and 6.5%, respectively ($P > .05$), whereas the corresponding disease-control rates were 39.4% and 30.3%, respectively ($P > .05$). No statistically significant differences in PFS (median, 4.2 vs 3.3 months; $P = .06$) and overall survival (median, 10.4 vs 7.9 months; $P = .44$) were observed between two groups. The 6-month survival rates of the gefitinib-integrated and chemotherapy alone groups were 21.2% and 12.1%, respectively ($P < .05$). Side effects were mild, and all treatments were well tolerated. **CONCLUSIONS:** Our results indicated that gefitinib-integrated therapy offered a trend to better PFS and an improved 6-month survival rate in heavily pretreated patients with metastatic EGFR-mutated lung adenocarcinoma. All treatments were well tolerated. Future prospective studies are warranted to confirm our findings.

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Introduction

Platinum-based chemotherapy is the standard first-line therapeutic regimen for advanced non-small cell lung cancer (NSCLC) [1–4]. In cases of disease progression, single-agent regimens such as docetaxel or pemetrexed are often provided as second-line chemotherapy [5–7]. Since its development approximately 10 years ago, epidermal growth factor receptor tyrosine kinase inhibitor (EGFR-TKI) treatment has been another milestone in the management of NSCLC. For patients with EGFR-mutated lung adenocarcinoma, EGFR-TKIs, such as gefitinib, erlotinib, and icotinib, have demonstrated promising therapeutic efficacy. These agents have been used as first- or second-line therapy in patients with EGFR-mutated lung adenocar-

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cinoma instead of chemotherapy [8–17]. However, almost all patients with EGFR-mutated advanced lung adenocarcinoma with initial response to chemotherapy or subsequent EGFR-TKI eventually developed disease progression. As the mechanisms of such acquired resistance such as T790M and D761Y mutations are under investigation and remain poorly understood [18], additional treatment options for these patients whose general conditions are adequate remain necessary. Because limited data are available on the issue, such additional treatments are controversial. Although current treatment of TKI-resistant NSCLC is chemotherapy, many novel strategies are under investigation, including the continuation beyond progression of EGFR-TKIs or the usage of a different TKI [19–21]. Chaft et al. [22] reported incidences of disease flare after discontinuation of TKI in patients with EGFR-mutant lung cancer and acquired resistance to erlotinib or gefitinib. The data available strengthen the hypothesis that at least two cell populations co-exist in EGFR-mutated NSCLC: one remains sensitive to TKIs, whereas the other one is resistant to TKIs [23]. Moreover, the 2014 National Comprehensive Cancer Network guidelines suggest the continuation beyond progression of EGFR-TKI combined with chemotherapy. Therefore, treatment options for NSCLC patients who have failed previous chemotherapy and the order of EGFR-TKI treatment remain under discussion. Thus, the present study aimed to compare the clinical outcomes of gefitinib plus chemotherapy and chemotherapy alone in heavily pretreated patients with EGFR-mutated lung adenocarcinoma.

Materials and Methods

Patient Selection

The study was designed as a matched-pair case-control investigation to minimize intergroup heterogeneity. All patients selected from our database had pathologically confirmed lung adenocarcinoma with the following inclusion criteria: 1) EGFR-19/21 activation mutations, 2) previously receiving sequential use of chemotherapy and TKI, TKI between two chemotherapy regimens, or chemotherapy between TKI treatments followed by the reintroduction of TKI in heavily pretreated patients, and 3) disease progression after previous treatment, entered gefitinib-integrated regimen *versus* chemotherapy alone. All patients provided informed consents previously to allow their clinical data for research or publication purposes, which was approved by our Institutional Ethics Committee. Clinical parameters examined at the time of gefitinib-integrated or chemotherapy alone treatments included age, sex, Eastern Cooperative Oncology Group performance status (ECOG PS), EGFR mutation, prior systemic chemotherapy, progression-free survival (PFS) from previous EGFR-TKI treatment, and metastasis status.

Therapeutic Regimens

Patients were stratified into gefitinib plus chemotherapy and chemotherapy alone groups. In the gefitinib-integrated group, oral gefitinib was provided at a daily dose of 250 mg, except in chemotherapy administration days. Treatment was continued until disease progression, development of unacceptable toxicity, or patient's refusal of therapy. Therapeutic regimens for patients in the chemotherapy alone group were decided on the basis of their prior treatments. Pemetrexed at 500 mg/m² was administered every 21 days if patients had previously received docetaxel or paclitaxel. Otherwise, docetaxel at 75 mg/m² was administered every 21 days.

Response Evaluation

Response evaluation was conducted according to the Response Evaluation Criteria in Solid Tumors version 1.0 guidelines [24] using chest computed tomography scans. Because this study was not a clinical trial, the evaluation timeline was not strictly predetermined. Instead, a follow-up was conducted every 6 to 8 weeks on average.

Statistical Analysis

Treatment outcomes were evaluated as response rate, disease-control rate, 6-month survival rate, PFS, and overall survival (OS). PFS was defined as the time from the date of gefitinib-integrated or chemotherapy treatment to that of disease progression or death of any cause. OS was defined as the time from the date of treatment to that of death. The Pearson chi-square test, Fisher exact test, and Kaplan-Meier method were employed in this study [25]. A *P* value of <.05 was considered statistical significant. Stata 10.0 software was used for all analyses.

Results

Baseline Patient Characteristics

A search in our database yielded 115 patients meeting all inclusion criteria. Of these, 70 patients were treated with gefitinib and 45 with gefitinib-integrated chemotherapy between January 2006 and June 2011. The matched-pair case-control method selected 66 patients (33 pairs) for this study. The baseline characteristics of all included patients are shown in Table 1. All variables (age, sex, ECOG PS, PFS from previous EGFR-TKI treatment, EGFR mutation types, and metastatic status) were well matched between the gefitinib-integrated and chemotherapy alone groups with no statistically significant differences observed.

Response and Toxicity

The response rates and observed toxicity are shown in Table 2. The proportion of no disease progression at 6 months was more favorable in the gefitinib-integrated group than in the chemotherapy alone group. As patients had previously received EGFR-TKI, skin rash and

Table 1. Baseline Patient Characteristics

Characteristics	Integrated	Chemotherapy	<i>P</i> Value
Age, years			.72
Median	62.09	61.06	
95% CI	58.24-65.94	56.73-65.39	
Sex			1.00
Male	12	12	
Female	21	21	
ECOG PS			.141
0	20	27	
1	12	5	
2	1	1	
EGFR mutation			.914
Exon 19 deletion	27	26	
Exon 21 replacement	6	7	
Metastasis			
Limited	13	13	
Multiple	20	20	
PFS _{sp} EGFR-TKI (months)			1.00
1-6	2	3	
>6	31	30	
Current chemotherapy			1.00
Docetaxel	26	26	
Pemetrexed	7	7	

PFS_{sp}, progress-free survival from previous TKI treatment.

Table 2. Efficacy and Toxicity in Each Group

Response	Integrated, % (n)	Chemotherapy, % (n)	P Value
Response rate	9.10% (3/33)	6.45% (2/33)	.70
Disease control rate	39.39% (13/33)	30.30% (10/33)	.60
No progression rate at 6 months	21.2% (7/33)	12.1% (4/33)	.04
Toxicity			
Grade 3 myelosuppression	12.1% (4/33)	12.1% (4/33)	1.00
Grade 2 skin rash	9% (3/33)	0	.238
Diarrhea \leq 2	36.4% (10/33)	6.0% (2/33)	.02

diarrhea were expected at the beginning of treatment due to prolonged and chronic EGFR-TKI usage. However, no grade 3 skin rash and diarrhea were recorded. Grade 2 skin reaction and diarrhea might have been underestimated by both patients and physicians as patients might have ignored such common toxicity-related events and only records of mild diarrhea, dry skin, and itches were noted in patients' medical history. We therefore concluded that toxicity was mild, and both treatments were well tolerated.

PFS and OS

The median PFS of the gefitinib-integrated group was 4.15 months [95% confidence interval (CI), 2.89–6.01], whereas that of the chemotherapy alone group was 3.25 months (95% CI, 1.69–4.73; hazard ratio, 0.806; $P = .061$; Figure 1A). The corresponding median

OS of the two groups was 10.36 months (95% CI, 9.15–12.24) and 7.9 months (95% CI, 6.00–11.35), respectively (hazard ratio, 0.872; $P = .44$; Figure 1B). No significant differences in PFS and OS were observed between the two groups.

Discussion

The role of EGFR-TKI when used in combination with chemotherapy for NSCLC patients who are likely to respond to treatment in first- or second-line setting is uncertain. Both gefitinib and erlotinib have been extensively evaluated in phase III trials in combination with standard chemotherapy for previously untreated NSCLC patients who were not selected on the basis of EGFR mutation status [26–28]. EGFR-TKI combined with platinum-based therapy did not offer a clinical benefit in response rate, time to progression, or survival. However, despite no observable increase in survival, it remains possible that clinical benefits in some patients were obscured in a molecularly heterogeneous population. This was suggested by a subset analysis of 274 patients to evaluate the survival impact of mutations in *EGFR* and *k-ras* genes [29,30]. Patients with EGFR-mutated tumors showed a trend toward improved PFS when erlotinib was added to chemotherapy compared to chemotherapy alone. In contrast, those with EGFR wild-type tumors tended to favor chemotherapy alone. Wu et al. [31] reported that intercalated combination of chemotherapy and erlotinib significantly prolonged PFS in patient with advanced NSCLC. In a randomized phase II trial conducted by Cancer and Leukemia Group B (CALGB 30406) [32], 181 patients with advanced lung adenocarcinoma were randomly assigned to receive erlotinib alone or erlotinib plus chemotherapy with carboplatin and paclitaxel. Tissue samples were analyzed for EGFR mutation status in 164 patients (91%). The presence of an EGFR mutation was associated with a statistically significant increase in PFS compared to wild-type EGFR in both arms of the study (16 vs 3 months with erlotinib alone and 17 vs 5 months with erlotinib plus chemotherapy). Similar differences were also observed in the OS (31 vs 18 months for erlotinib alone and 39 vs 14 months for erlotinib plus chemotherapy). The addition of chemotherapy to an EGFR-TKI did not result in an improved survival in patients whose tumors expressed EGFR mutations.

The current treatment for TKI-resistant NSCLC is chemotherapy; however, many patients require further management after chemotherapy, even TKI reintroduction that eventually fails. An incidence of disease flare occurring after EGFR-TKI discontinuation might predict a poor survival [32,33], which suggests that the continuation beyond progression of EGFR-TKIs is a reasonable strategy. In this matched-pair case-control study, the overall response rates in the gefitinib-integrated and chemotherapy alone groups were 9.1% and 6.45%, respectively ($P > .05$). The corresponding disease-control rates were 39.39% and 30.30%, respectively ($P > .05$). Such low response rates might be owing to the acquired resistance to EGFR-TKI and chemotherapy in heavily pretreated patients as they had all received prior EGFR-TKI and one or two lines of chemotherapy. Furthermore, the median OS (10.36 vs 7.9 months) and PFS (4.15 vs 3.25 months) did not significantly differ between the gefitinib-integrated and chemotherapy groups. In our study enrolling metastatic EGFR-mutated lung adenocarcinoma patients who had failed prior EGFR-TKI and platinum-based chemotherapy, no significant survival differences were observed between the gefitinib plus chemotherapy and chemotherapy alone groups either. Although this was a retrospective study rather than a clinical trial, the results

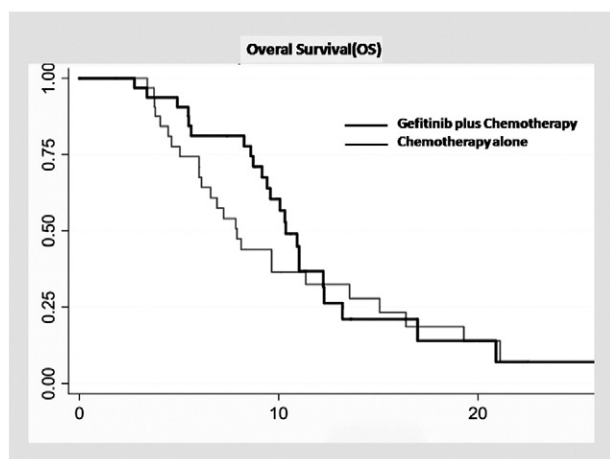
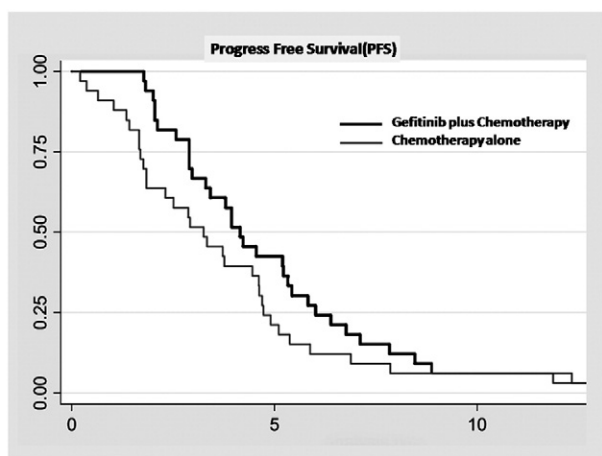


Figure 1. Kaplan-Meier curves for the OS (A) and PFS (B) of patients treated with gefitinib-integrated regimen and chemotherapy alone.

were comparable since the matched-pair case-control design was employed, and selected patients were well matched between the two groups regarding age, sex, ECOG PS, EGFR mutation, PFS from previous EGFR-TKI treatment, and metastasis status. On the basis of those limited data, several clinical trials were designed, including the ongoing phase III randomized multicenter IMPRESS (A Study of IRESSA Treatment Beyond Progression in Addition to Chemotherapy Versus Chemotherapy Alone) trial to assess the safety and efficacy of continuing gefitinib at 250 mg in addition to chemotherapy versus chemotherapy alone in patients with EGFR-mutated NSCLC who have progressed on first-line gefitinib. The results of this study are being expected.

Nevertheless, the present retrospective study cannot replace a randomized clinical trial since selection bias might exist in other unmeasured clinical factors and the evaluation timeline was not strictly predetermined. Furthermore, the study cohort was limited, and other important issues such as dose intensity, toxicity profiles, and treatment compliance were not considered. In conclusion, to the best of our knowledge, this is the first matched-pair case-control study that evaluated and compared the outcomes between gefitinib-integrated regimens and chemotherapy alone in EGFR-mutated lung adenocarcinoma patients who had failed prior EGFR-TKI and chemotherapy treatments. Our analysis demonstrated that heavily pretreated patients tended to achieve improved PFS and OS if treated with chemotherapy plus gefitinib. Future prospective studies are warranted to elucidate any differences in the efficacy, toxicity, dose intensity, and quality of life between gefitinib-integrated treatment and chemotherapy alone.

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