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## Citalopram versus other anti-depressive agents for depression (Review)

Cipriani A, Purgato M, Furukawa TA, Trespidi C, Imperadore G, Signoretti A, Churchill R, Watanabe N, Barbui C

Cipriani A, Purgato M, Furukawa TA, Trespidi C, Imperadore G, Signoretti A, Churchill R, Watanabe N, Barbui C.  
Citalopram versus other anti-depressive agents for depression.

*Cochrane Database of Systematic Reviews* 2012, Issue 7. Art. No.: CD006534.

DOI: [10.1002/14651858.CD006534.pub2](https://doi.org/10.1002/14651858.CD006534.pub2).

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**Citalopram versus other anti-depressive agents for depression (Review)**

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## TABLE OF CONTENTS

ABSTRACT .....	1
PLAIN LANGUAGE SUMMARY .....	2
BACKGROUND .....	3
OBJECTIVES .....	3
METHODS .....	3
RESULTS .....	7
Figure 1. ....	9
Figure 2. ....	10
Figure 3. ....	13
Figure 4. ....	16
Figure 5. ....	18
DISCUSSION .....	20
AUTHORS' CONCLUSIONS .....	21
ACKNOWLEDGEMENTS .....	22
REFERENCES .....	23
CHARACTERISTICS OF STUDIES .....	42
DATA AND ANALYSES .....	105
Analysis 1.1. Comparison 1 Failure to respond at endpoint (6-12 weeks), Outcome 1 Citalopram versus TCAs. ....	106
Analysis 1.2. Comparison 1 Failure to respond at endpoint (6-12 weeks), Outcome 2 Citalopram versus heterocyclics. ....	107
Analysis 1.3. Comparison 1 Failure to respond at endpoint (6-12 weeks), Outcome 3 Citalopram versus other SSRIs. ....	108
Analysis 1.4. Comparison 1 Failure to respond at endpoint (6-12 weeks), Outcome 4 Citalopram versus SNRI. ....	109
Analysis 1.5. Comparison 1 Failure to respond at endpoint (6-12 weeks), Outcome 5 Citalopram versus other conventional ADs. ....	109
Analysis 1.6. Comparison 1 Failure to respond at endpoint (6-12 weeks), Outcome 6 Citalopram versus non-conventional ADs. ....	109
Analysis 2.1. Comparison 2 Failure to respond (1-4 weeks), Outcome 1 Citalopram versus TCAs. ....	110
Analysis 2.2. Comparison 2 Failure to respond (1-4 weeks), Outcome 2 Citalopram versus other SSRIs. ....	111
Analysis 2.3. Comparison 2 Failure to respond (1-4 weeks), Outcome 3 Citalopram versus other conventional antidepressants. ....	111
Analysis 3.1. Comparison 3 Failure to respond (16-24 weeks), Outcome 1 Citalopram versus TCAs. ....	112
Analysis 3.2. Comparison 3 Failure to respond (16-24 weeks), Outcome 2 Citalopram versus other SSRIs. ....	112
Analysis 3.3. Comparison 3 Failure to respond (16-24 weeks), Outcome 3 Citalopram versus SNRIs. ....	113
Analysis 3.4. Comparison 3 Failure to respond (16-24 weeks), Outcome 4 Citalopram versus other conventional antidepressants. ....	113
Analysis 4.1. Comparison 4 Failure to remission (1-4 weeks), Outcome 1 Citalopram versus TCAs. ....	114
Analysis 4.2. Comparison 4 Failure to remission (1-4 weeks), Outcome 2 Citalopram versus other SSRIs. ....	114
Analysis 4.3. Comparison 4 Failure to remission (1-4 weeks), Outcome 3 Citalopram versus other conventional ADs. ....	115
Analysis 5.1. Comparison 5 Failure to remission (6-12 weeks), Outcome 1 Citalopram versus TCAs. ....	116
Analysis 5.2. Comparison 5 Failure to remission (6-12 weeks), Outcome 2 Citalopram versus heterocyclics. ....	116
Analysis 5.3. Comparison 5 Failure to remission (6-12 weeks), Outcome 3 Citalopram versus other SSRIs. ....	117
Analysis 5.4. Comparison 5 Failure to remission (6-12 weeks), Outcome 4 Citalopram versus SNRIs. ....	118
Analysis 5.5. Comparison 5 Failure to remission (6-12 weeks), Outcome 5 Citalopram versus other conventional ADs. ....	118
Analysis 6.1. Comparison 6 Failure to remission (16-24 weeks), Outcome 1 Citalopram versus other SSRIs. ....	119
Analysis 6.2. Comparison 6 Failure to remission (16-24 weeks), Outcome 2 Citalopram versus SNRIs. ....	119
Analysis 6.3. Comparison 6 Failure to remission (16-24 weeks), Outcome 3 Citalopram versus other conventional ADs. ....	119
Analysis 7.1. Comparison 7 Standardised mean difference (1-4 weeks), Outcome 1 Citalopram versus TCAs. ....	121
Analysis 7.2. Comparison 7 Standardised mean difference (1-4 weeks), Outcome 2 Citalopram versus heterocyclics. ....	121
Analysis 7.3. Comparison 7 Standardised mean difference (1-4 weeks), Outcome 3 Citalopram versus other SSRIs. ....	122
Analysis 7.4. Comparison 7 Standardised mean difference (1-4 weeks), Outcome 4 Citalopram versus other conventional ADs. ....	122
Analysis 8.1. Comparison 8 Standardised mean difference at endpoint (6-12 weeks), Outcome 1 Citalopram versus TCAs. ....	124
Analysis 8.2. Comparison 8 Standardised mean difference at endpoint (6-12 weeks), Outcome 2 Citalopram versus heterocyclics. ....	124
Analysis 8.3. Comparison 8 Standardised mean difference at endpoint (6-12 weeks), Outcome 3 Citalopram versus other SSRIs. ....	125
Analysis 8.4. Comparison 8 Standardised mean difference at endpoint (6-12 weeks), Outcome 4 Citalopram versus SNRIs. ....	126

Analysis 8.5. Comparison 8 Standardised mean difference at endpoint (6-12 weeks), Outcome 5 Citalopram versus MAOIs or newer ADs. ....	126
Analysis 8.6. Comparison 8 Standardised mean difference at endpoint (6-12 weeks), Outcome 6 Citalopram versus other conventional ADs. ....	126
Analysis 9.1. Comparison 9 Standardised mean difference (16-24 weeks), Outcome 1 Citalopram versus TCAs. ....	127
Analysis 9.2. Comparison 9 Standardised mean difference (16-24 weeks), Outcome 2 Citalopram versus SSRIs. ....	127
Analysis 9.3. Comparison 9 Standardised mean difference (16-24 weeks), Outcome 3 Citalopram versus other conventional ADs. ....	128
Analysis 10.1. Comparison 10 Failure to complete (any cause), Outcome 1 Citalopram versus TCAs. ....	129
Analysis 10.2. Comparison 10 Failure to complete (any cause), Outcome 2 Citalopram versus heterocyclics. ....	130
Analysis 10.3. Comparison 10 Failure to complete (any cause), Outcome 3 Citalopram versus other SSRIs. ....	130
Analysis 10.4. Comparison 10 Failure to complete (any cause), Outcome 4 Citalopram versus other conventional ADs. ....	131
Analysis 10.5. Comparison 10 Failure to complete (any cause), Outcome 5 Citalopram versus non-conventional ADs. ....	132
Analysis 11.1. Comparison 11 Failure to complete (side effects), Outcome 1 Citalopram versus TCAs. ....	133
Analysis 11.2. Comparison 11 Failure to complete (side effects), Outcome 2 Citalopram versus heterocyclics. ....	134
Analysis 11.3. Comparison 11 Failure to complete (side effects), Outcome 3 Citalopram versus other SSRIs. ....	135
Analysis 11.4. Comparison 11 Failure to complete (side effects), Outcome 4 Citalopram versus SSRIs. ....	136
Analysis 11.5. Comparison 11 Failure to complete (side effects), Outcome 5 Citalopram versus other conventional ADs. ....	136
Analysis 12.1. Comparison 12 Failure to complete (inefficacy), Outcome 1 Citalopram versus TCAs. ....	137
Analysis 12.2. Comparison 12 Failure to complete (inefficacy), Outcome 2 Citalopram versus heterocyclics. ....	138
Analysis 12.3. Comparison 12 Failure to complete (inefficacy), Outcome 3 Citalopram versus other SSRIs. ....	138
Analysis 12.4. Comparison 12 Failure to complete (inefficacy), Outcome 4 Citalopram versus other conventional ADs. ....	139
Analysis 13.1. Comparison 13 SE - Subjects with at least one TEAEs, Outcome 1 Citalopram versus TCAs. ....	141
Analysis 13.2. Comparison 13 SE - Subjects with at least one TEAEs, Outcome 2 Citalopram versus heterocyclics. ....	142
Analysis 13.3. Comparison 13 SE - Subjects with at least one TEAEs, Outcome 3 Citalopram versus other SSRIs. ....	142
Analysis 13.4. Comparison 13 SE - Subjects with at least one TEAEs, Outcome 4 Citalopram versus SSRIs. ....	143
Analysis 13.5. Comparison 13 SE - Subjects with at least one TEAEs, Outcome 5 Citalopram versus MAOIs or newer ADs. ....	143
Analysis 13.6. Comparison 13 SE - Subjects with at least one TEAEs, Outcome 6 Citalopram versus other conventional ADs. ....	143
Analysis 13.7. Comparison 13 SE - Subjects with at least one TEAEs, Outcome 7 Citalopram versus non-conventional ADs. ....	144
Analysis 14.1. Comparison 14 SE - Abdominal pain, Outcome 1 Citalopram versus other SSRIs. ....	144
Analysis 15.1. Comparison 15 SE - Accidental injury, Outcome 1 Citalopram versus other SSRIs. ....	145
Analysis 16.1. Comparison 16 SE - Aggressive behaviour, Outcome 1 Citalopram versus other SSRIs. ....	146
Analysis 17.1. Comparison 17 SE - Anorexia, Outcome 1 Citalopram versus other SSRIs. ....	146
Analysis 18.1. Comparison 18 SE - Anxiety/agitation, Outcome 1 Citalopram versus TCAs. ....	147
Analysis 18.2. Comparison 18 SE - Anxiety/agitation, Outcome 2 Citalopram versus heterocyclics. ....	147
Analysis 18.3. Comparison 18 SE - Anxiety/agitation, Outcome 3 Citalopram versus other SSRIs. ....	148
Analysis 19.1. Comparison 19 SE - Appetite increased, Outcome 1 Citalopram versus heterocyclics. ....	149
Analysis 19.2. Comparison 19 SE - Appetite increased, Outcome 2 Citalopram versus other conventional ADs. ....	149
Analysis 20.1. Comparison 20 SE - Asthenia, Outcome 1 Citalopram versus TCAs. ....	150
Analysis 20.2. Comparison 20 SE - Asthenia, Outcome 2 Citalopram versus other SSRIs. ....	150
Analysis 21.1. Comparison 21 SE - Back pain, Outcome 1 Citalopram versus heterocyclics. ....	151
Analysis 21.2. Comparison 21 SE - Back pain, Outcome 2 Citalopram versus other SSRIs. ....	151
Analysis 22.1. Comparison 22 SE - Breast surgery, Outcome 1 Citalopram versus other SSRIs. ....	152
Analysis 23.1. Comparison 23 SE - Bronchitis, Outcome 1 Citalopram versus other SSRIs. ....	153
Analysis 24.1. Comparison 24 SE - Chest pain, Outcome 1 Citalopram versus other SSRIs. ....	153
Analysis 25.1. Comparison 25 SE - Chicken pox, Outcome 1 Citalopram versus other SSRIs. ....	154
Analysis 26.1. Comparison 26 SE - Common cold, Outcome 1 Citalopram versus SSRIs. ....	154
Analysis 27.1. Comparison 27 SE - Concentration decrease, Outcome 1 Citalopram versus heterocyclics. ....	155
Analysis 27.2. Comparison 27 SE - Concentration decrease, Outcome 2 Citalopram versus other SSRIs. ....	155
Analysis 27.3. Comparison 27 SE - Concentration decrease, Outcome 3 Citalopram versus other conventional ADs. ....	156
Analysis 28.1. Comparison 28 SE - Confusion, Outcome 1 Citalopram versus TCAs. ....	156
Analysis 28.2. Comparison 28 SE - Confusion, Outcome 2 Citalopram versus other conventional ADs. ....	157

Analysis 29.1. Comparison 29 SE - Conjunctivitis, Outcome 1 Citalopram versus TCAs. ....	157
Analysis 30.1. Comparison 30 SE - Constipation, Outcome 1 Citalopram versus TCAs. ....	158
Analysis 30.2. Comparison 30 SE - Constipation, Outcome 2 Citalopram versus heterocyclics. ....	159
Analysis 30.3. Comparison 30 SE - Constipation, Outcome 3 Citalopram versus other SSRIs. ....	159
Analysis 30.4. Comparison 30 SE - Constipation, Outcome 4 Citalopram versus SNRIs. ....	160
Analysis 30.5. Comparison 30 SE - Constipation, Outcome 5 Citalopram versus other conventional ADs. ....	160
Analysis 31.1. Comparison 31 SE - Craving for sweets, Outcome 1 Citalopram versus heterocyclics. ....	161
Analysis 32.1. Comparison 32 SE - Decreased weight, Outcome 1 Citalopram versus other SSRIs. ....	161
Analysis 32.2. Comparison 32 SE - Decreased weight, Outcome 2 Citalopram versus other conventional ADs. ....	162
Analysis 33.1. Comparison 33 SE - Dermatological problems, Outcome 1 Citalopram versus TCAs. ....	163
Analysis 33.2. Comparison 33 SE - Dermatological problems, Outcome 2 Citalopram versus heterocyclics. ....	163
Analysis 33.3. Comparison 33 SE - Dermatological problems, Outcome 3 Citalopram versus other SSRIs. ....	163
Analysis 33.4. Comparison 33 SE - Dermatological problems, Outcome 4 Citalopram versus non-conventional ADs. ....	164
Analysis 34.1. Comparison 34 SE - Diarrhoea, Outcome 1 Citalopram versus TCAs. ....	165
Analysis 34.2. Comparison 34 SE - Diarrhoea, Outcome 2 Citalopram versus heterocyclics. ....	165
Analysis 34.3. Comparison 34 SE - Diarrhoea, Outcome 3 Citalopram versus other SSRIs. ....	165
Analysis 34.4. Comparison 34 SE - Diarrhoea, Outcome 4 Citalopram versus other conventional ADs. ....	166
Analysis 35.1. Comparison 35 SE - Dizziness, Outcome 1 Citalopram versus TCAs. ....	167
Analysis 35.2. Comparison 35 SE - Dizziness, Outcome 2 Citalopram versus heterocyclics. ....	168
Analysis 35.3. Comparison 35 SE - Dizziness, Outcome 3 Citalopram versus other SSRIs. ....	169
Analysis 35.4. Comparison 35 SE - Dizziness, Outcome 4 Citalopram versus SNRIs. ....	169
Analysis 35.5. Comparison 35 SE - Dizziness, Outcome 5 Citalopram versus other conventional ADs. ....	169
Analysis 36.1. Comparison 36 SE - Dry mouth, Outcome 1 Citalopram versus TCAs. ....	171
Analysis 36.2. Comparison 36 SE - Dry mouth, Outcome 2 Citalopram versus heterocyclics. ....	171
Analysis 36.3. Comparison 36 SE - Dry mouth, Outcome 3 Citalopram versus other SSRIs. ....	172
Analysis 36.4. Comparison 36 SE - Dry mouth, Outcome 4 Citalopram versus SNRIs. ....	172
Analysis 36.5. Comparison 36 SE - Dry mouth, Outcome 5 Citalopram versus other conventional ADs. ....	173
Analysis 37.1. Comparison 37 SE - Dyspepsia, Outcome 1 Citalopram versus heterocyclics. ....	173
Analysis 37.2. Comparison 37 SE - Dyspepsia, Outcome 2 Citalopram versus other SSRIs. ....	174
Analysis 38.1. Comparison 38 SE - Dyspnea, Outcome 1 Citalopram versus heterocyclics. ....	174
Analysis 39.1. Comparison 39 SE - Emotional indifference, Outcome 1 Citalopram versus other SSRIs. ....	175
Analysis 39.2. Comparison 39 SE - Emotional indifference, Outcome 2 Citalopram versus other conventional ADs. ....	175
Analysis 40.1. Comparison 40 SE - Enuresis, Outcome 1 Citalopram versus other SSRIs. ....	176
Analysis 41.1. Comparison 41 SE - Exacerbation of depressive disorder, Outcome 1 Citalopram versus other SSRIs. ....	176
Analysis 42.1. Comparison 42 SE - Fatigue, Outcome 1 Citalopram versus TCAs. ....	177
Analysis 42.2. Comparison 42 SE - Fatigue, Outcome 2 Citalopram versus heterocyclics. ....	177
Analysis 42.3. Comparison 42 SE - Fatigue, Outcome 3 Citalopram versus other SSRIs. ....	178
Analysis 42.4. Comparison 42 SE - Fatigue, Outcome 4 Citalopram versus other conventional ADs. ....	178
Analysis 43.1. Comparison 43 SE - Feeling of numbness, Outcome 1 Citalopram versus heterocyclics. ....	178
Analysis 44.1. Comparison 44 SE - Forgetfulness, Outcome 1 Citalopram versus other SSRIs. ....	179
Analysis 45.1. Comparison 45 SE - Gastrointestinal, Outcome 1 Citalopram versus TCAs. ....	180
Analysis 45.2. Comparison 45 SE - Gastrointestinal, Outcome 2 Citalopram versus other SSRIs. ....	180
Analysis 45.3. Comparison 45 SE - Gastrointestinal, Outcome 3 Citalopram versus MAOIs or newer ADs. ....	181
Analysis 45.4. Comparison 45 SE - Gastrointestinal, Outcome 4 Citalopram versus non-conventional ADs. ....	181
Analysis 46.1. Comparison 46 SE - Headache, Outcome 1 Citalopram versus TCAs. ....	182
Analysis 46.2. Comparison 46 SE - Headache, Outcome 2 Citalopram versus heterocyclics. ....	183
Analysis 46.3. Comparison 46 SE - Headache, Outcome 3 Citalopram versus other SSRIs. ....	184
Analysis 46.4. Comparison 46 SE - Headache, Outcome 4 Citalopram versus IMAOs or newer ADs. ....	184
Analysis 46.5. Comparison 46 SE - Headache, Outcome 5 Citalopram versus other conventional ADs. ....	185
Analysis 47.1. Comparison 47 SE - Hot flush, Outcome 1 Citalopram versus other SSRIs. ....	185
Analysis 48.1. Comparison 48 SE - Hypertonia, Outcome 1 Citalopram versus heterocyclics. ....	186
Analysis 49.1. Comparison 49 SE - Hypotension, Outcome 1 Citalopram versus TCAs. ....	186

Analysis 49.2. Comparison 49 SE - Hypotension, Outcome 2 Citalopram versus other SSRIs. ....	187
Analysis 50.1. Comparison 50 SE - Increased dream activity, Outcome 1 Citalopram versus other conventional ADs. ....	187
Analysis 51.1. Comparison 51 SE - Increased salivation, Outcome 1 Citalopram versus older ADs. ....	188
Analysis 51.2. Comparison 51 SE - Increased salivation, Outcome 2 Citalopram versus other SSRIs. ....	188
Analysis 51.3. Comparison 51 SE - Increased salivation, Outcome 3 Citalopram versus newer ADs. ....	189
Analysis 52.1. Comparison 52 SE - Infection, Outcome 1 Citalopram versus non-conventional ADs. ....	189
Analysis 53.1. Comparison 53 SE - Influenza-like symptoms, Outcome 1 Citalopram versus other SSRIs. ....	190
Analysis 53.2. Comparison 53 SE - Influenza-like symptoms, Outcome 2 Citalopram versus other conventional ADs. ....	190
Analysis 54.1. Comparison 54 SE - Insomnia, Outcome 1 Citalopram versus TCAs. ....	191
Analysis 54.2. Comparison 54 SE - Insomnia, Outcome 2 Citalopram versus heterocyclics. ....	192
Analysis 54.3. Comparison 54 SE - Insomnia, Outcome 3 Citalopram versus other SSRIs. ....	192
Analysis 54.4. Comparison 54 SE - Insomnia, Outcome 4 Citalopram versus MAOIs or newer ADs. ....	193
Analysis 54.5. Comparison 54 SE - Insomnia, Outcome 5 Citalopram versus other conventional ADs. ....	193
Analysis 55.1. Comparison 55 SE - Irritability, Outcome 1 Citalopram versus TCAs. ....	194
Analysis 56.1. Comparison 56 SE - Loss of hair, Outcome 1 Citalopram versus TCAs. ....	194
Analysis 57.1. Comparison 57 SE - Memory impairment, Outcome 1 Citalopram versus other SSRIs. ....	195
Analysis 57.2. Comparison 57 SE - Memory impairment, Outcome 2 Citalopram versus other conventional ADs. ....	195
Analysis 58.1. Comparison 58 SE - Meteorism, Outcome 1 Citalopram versus TCAs. ....	196
Analysis 59.1. Comparison 59 SE - Musculoskeletal and connective tissue disorders, Outcome 1 Citalopram versus non-conventional ADs. ....	196
Analysis 60.1. Comparison 60 SE - Nasal congestion, Outcome 1 Citalopram versus heterocyclics. ....	197
Analysis 61.1. Comparison 61 SE - Nausea/vomiting, Outcome 1 Citalopram versus TCAs. ....	198
Analysis 61.2. Comparison 61 SE - Nausea/vomiting, Outcome 2 Citalopram versus heterocyclics. ....	199
Analysis 61.3. Comparison 61 SE - Nausea/vomiting, Outcome 3 Citalopram versus other SSRIs. ....	199
Analysis 61.4. Comparison 61 SE - Nausea/vomiting, Outcome 4 Citalopram versus other conventional ADs. ....	200
Analysis 62.1. Comparison 62 SE - Nervousness, Outcome 1 Citalopram versus other SSRIs. ....	201
Analysis 63.1. Comparison 63 SE - Orthostatic symptoms, Outcome 1 Citalopram versus heterocyclics. ....	201
Analysis 63.2. Comparison 63 SE - Orthostatic symptoms, Outcome 2 Citalopram versus newer ADs. ....	202
Analysis 64.1. Comparison 64 SE - Pain (general), Outcome 1 Citalopram versus heterocyclics. ....	202
Analysis 65.1. Comparison 65 SE - Palpitations, Outcome 1 Citalopram versus TCAs. ....	203
Analysis 65.2. Comparison 65 SE - Palpitations, Outcome 2 Citalopram versus other SSRIs. ....	203
Analysis 66.1. Comparison 66 SE - Panic attack, Outcome 1 Citalopram versus other SSRIs. ....	204
Analysis 67.1. Comparison 67 SE - Paraesthesia, Outcome 1 Citalopram versus other conventional ADs. ....	205
Analysis 68.1. Comparison 68 SE - Pharyngitis, Outcome 1 Citalopram versus other SSRIs. ....	205
Analysis 69.1. Comparison 69 SE - Pruritus, Outcome 1 Citalopram versus TCAs. ....	206
Analysis 69.2. Comparison 69 SE - Pruritus, Outcome 2 Citalopram versus other SSRIs. ....	206
Analysis 70.1. Comparison 70 SE - Rash, Outcome 1 Citalopram versus TCAs. ....	207
Analysis 70.2. Comparison 70 SE - Rash, Outcome 2 Citalopram versus other SSRIs. ....	207
Analysis 70.3. Comparison 70 SE - Rash, Outcome 3 Citalopram versus other conventional ADs. ....	207
Analysis 71.1. Comparison 71 SE - Reduced salivation, Outcome 1 Citalopram versus other conventional ADs. ....	208
Analysis 72.1. Comparison 72 SE - Sedation/drowsiness, Outcome 1 Citalopram versus TCAs. ....	208
Analysis 72.2. Comparison 72 SE - Sedation/drowsiness, Outcome 2 Citalopram versus heterocyclics. ....	209
Analysis 72.3. Comparison 72 SE - Sedation/drowsiness, Outcome 3 Citalopram versus other SSRIs. ....	209
Analysis 72.4. Comparison 72 SE - Sedation/drowsiness, Outcome 4 Citalopram versus other conventional ADs. ....	210
Analysis 73.1. Comparison 73 SE - Rhinitis, Outcome 1 Citalopram versus other SSRIs. ....	210
Analysis 74.1. Comparison 74 SE - Restlessness, Outcome 1 Citalopram versus TCAs. ....	211
Analysis 74.2. Comparison 74 SE - Restlessness, Outcome 2 Citalopram versus heterocyclics. ....	212
Analysis 75.1. Comparison 75 SE - Sexual problems, Outcome 1 Anorgasmia. ....	213
Analysis 75.2. Comparison 75 SE - Sexual problems, Outcome 2 Erectile dysfunction. ....	213
Analysis 75.3. Comparison 75 SE - Sexual problems, Outcome 3 Increased sexual desire. ....	213
Analysis 75.4. Comparison 75 SE - Sexual problems, Outcome 4 Loss of sexual interest. ....	214
Analysis 75.5. Comparison 75 SE - Sexual problems, Outcome 5 Orgastic dysfunction. ....	214

Analysis 75.6. Comparison 75 SE - Sexual problems, Outcome 6 Other sexual problems. ....	215
Analysis 76.1. Comparison 76 SE - Sleepiness/somnolence, Outcome 1 Citalopram versus TCAs. ....	216
Analysis 76.2. Comparison 76 SE - Sleepiness/somnolence, Outcome 2 Citalopram versus heterocyclics. ....	217
Analysis 76.3. Comparison 76 SE - Sleepiness/somnolence, Outcome 3 Citalopram versus other SSRIs. ....	217
Analysis 76.4. Comparison 76 SE - Sleepiness/somnolence, Outcome 4 Citalopram versus MAOIs or newer ADs. ....	218
Analysis 76.5. Comparison 76 SE - Sleepiness/somnolence, Outcome 5 Citalopram versus other conventional ADs. ....	218
Analysis 77.1. Comparison 77 SE - Sweating, Outcome 1 Citalopram versus TCAs. ....	219
Analysis 77.2. Comparison 77 SE - Sweating, Outcome 2 Citalopram versus heterocyclics. ....	220
Analysis 77.3. Comparison 77 SE - Sweating, Outcome 3 Citalopram versus other SSRIs. ....	221
Analysis 77.4. Comparison 77 SE - Sweating, Outcome 4 Citalopram versus other conventional ADs. ....	221
Analysis 78.1. Comparison 78 SE - Syncope, Outcome 1 Citalopram versus TCAs. ....	222
Analysis 78.2. Comparison 78 SE - Syncope, Outcome 2 Citalopram versus other SSRIs. ....	222
Analysis 79.1. Comparison 79 SE - Tachycardia, Outcome 1 Citalopram versus TCAs. ....	223
Analysis 79.2. Comparison 79 SE - Tachycardia, Outcome 2 Citalopram versus heterocyclics. ....	223
Analysis 79.3. Comparison 79 SE - Tachycardia, Outcome 3 Citalopram versus other SSRIs. ....	224
Analysis 79.4. Comparison 79 SE - Tachycardia, Outcome 4 Citalopram versus other conventional ADs. ....	224
Analysis 80.1. Comparison 80 SE - Taste abnormalities, Outcome 1 Citalopram versus TCAs. ....	225
Analysis 80.2. Comparison 80 SE - Taste abnormalities, Outcome 2 Citalopram versus heterocyclics. ....	225
Analysis 81.1. Comparison 81 SE - Tension, Outcome 1 Citalopram versus other SSRIs. ....	226
Analysis 81.2. Comparison 81 SE - Tension, Outcome 2 Citalopram versus other conventional ADs. ....	226
Analysis 82.1. Comparison 82 SE - Tremor, Outcome 1 Citalopram versus TCAs. ....	227
Analysis 82.2. Comparison 82 SE - Tremor, Outcome 2 Citalopram versus heterocyclics. ....	228
Analysis 82.3. Comparison 82 SE - Tremor, Outcome 3 Citalopram versus other SSRIs. ....	228
Analysis 82.4. Comparison 82 SE - Tremor, Outcome 4 Citalopram versus MAOIs or newer ADs. ....	229
Analysis 82.5. Comparison 82 SE - Tremor, Outcome 5 Citalopram versus other conventional ADs. ....	229
Analysis 83.1. Comparison 83 SE - Urination problems, Outcome 1 Citalopram versus TCAs. ....	230
Analysis 83.2. Comparison 83 SE - Urination problems, Outcome 2 Citalopram versus heterocyclics. ....	230
Analysis 83.3. Comparison 83 SE - Urination problems, Outcome 3 Citalopram versus other SSRIs. ....	230
Analysis 83.4. Comparison 83 SE - Urination problems, Outcome 4 Citalopram versus other conventional ADs. ....	231
Analysis 84.1. Comparison 84 SE - Upper respiratory tract infection, Outcome 1 Citalopram versus other SSRIs. ....	231
Analysis 84.2. Comparison 84 SE - Upper respiratory tract infection, Outcome 2 Citalopram versus other conventional ADs. ....	232
Analysis 85.1. Comparison 85 SE - Vertigo, Outcome 1 Citalopram versus other SSRIs. ....	233
Analysis 85.2. Comparison 85 SE - Vertigo, Outcome 2 Citalopram versus other conventional ADs. ....	233
Analysis 85.3. Comparison 85 SE - Vertigo, Outcome 3 Citalopram versus non-conventional ADs. ....	233
Analysis 86.1. Comparison 86 SE - Visual problems (accommodation disorders, blurred vision, detached retina, mydriasis), Outcome 1 Citalopram versus TCAs. ....	234
Analysis 86.2. Comparison 86 SE - Visual problems (accommodation disorders, blurred vision, detached retina, mydriasis), Outcome 2 Citalopram versus heterocyclics. ....	235
Analysis 86.3. Comparison 86 SE - Visual problems (accommodation disorders, blurred vision, detached retina, mydriasis), Outcome 3 Citalopram versus other SSRIs. ....	235
Analysis 86.4. Comparison 86 SE - Visual problems (accommodation disorders, blurred vision, detached retina, mydriasis), Outcome 4 Citalopram versus other conventional ADs. ....	236
Analysis 87.1. Comparison 87 SE - Weight gain, Outcome 1 Citalopram versus other SSRIs. ....	236
Analysis 87.2. Comparison 87 SE - Weight gain, Outcome 2 Citalopram versus other conventional ADs. ....	237
Analysis 88.1. Comparison 88 SE - Yawning, Outcome 1 Citalopram versus heterocyclics. ....	237
Analysis 89.1. Comparison 89 Deaths, suicide and suicidality, Outcome 1 DSH. ....	239
Analysis 89.2. Comparison 89 Deaths, suicide and suicidality, Outcome 2 Suicide - Tendency/Ideation. ....	239
Analysis 89.3. Comparison 89 Deaths, suicide and suicidality, Outcome 3 Suicide - completed. ....	240
Analysis 89.4. Comparison 89 Deaths, suicide and suicidality, Outcome 4 Deaths (any cause). ....	240
ADDITIONAL TABLES .....	241
CONTRIBUTIONS OF AUTHORS .....	248
DECLARATIONS OF INTEREST .....	249
SOURCES OF SUPPORT .....	249

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DIFFERENCES BETWEEN PROTOCOL AND REVIEW .....	249
NOTES .....	249
INDEX TERMS .....	249



[Intervention Review]

# Citalopram versus other anti-depressive agents for depression

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**Editorial group:** Cochrane Common Mental Disorders Group.

**Publication status and date:** New, published in Issue 7, 2012.

**Citation:** Cipriani A, Purgato M, Furukawa TA, Trespidi C, Imperadore G, Signoretti A, Churchill R, Watanabe N, Barbui C. Citalopram versus other anti-depressive agents for depression. *Cochrane Database of Systematic Reviews* 2012, Issue 7. Art. No.: CD006534. DOI: [10.1002/14651858.CD006534.pub2](https://doi.org/10.1002/14651858.CD006534.pub2).

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## ABSTRACT

### Background

Recent US and UK clinical practice guidelines recommend that second-generation antidepressants should be considered amongst the best first-line options when drug therapy is indicated for a depressive episode. Systematic reviews have already highlighted some differences in efficacy between second-generation antidepressants. Citalopram, one of the first selective serotonin reuptake inhibitors (SSRI) introduced in the market, is one of these antidepressant drugs that clinicians use for routine depression care.

### Objectives

To assess the evidence for the efficacy, acceptability and tolerability of citalopram in comparison with tricyclics, heterocyclics, other SSRIs and other conventional and non-conventional antidepressants in the acute-phase treatment of major depression.

### Search methods

We searched The Cochrane Collaboration Depression, Anxiety and Neurosis Controlled Trials Register and the Cochrane Central Register of Controlled Trials up to February 2012. No language restriction was applied. We contacted pharmaceutical companies and experts in this field for supplemental data.

### Selection criteria

Randomised controlled trials allocating patients with major depression to citalopram versus any other antidepressants.

### Data collection and analysis

Two reviewers independently extracted data. Information extracted included study characteristics, participant characteristics, intervention details and outcome measures in terms of efficacy (the number of patients who responded or remitted), patient acceptability (the number of patients who failed to complete the study) and tolerability (side-effects).

### Main results

Thirty-seven trials compared citalopram with other antidepressants (such as tricyclics, heterocyclics, SSRIs and other antidepressants, either conventional ones, such as mirtazapine, venlafaxine and reboxetine, or non-conventional, like *hypericum*). Citalopram was shown to be significantly less effective than escitalopram in achieving acute response (odds ratio (OR) 1.47, 95% confidence interval (CI) 1.08 to 2.02), but more effective than paroxetine (OR 0.65, 95% CI 0.44 to 0.96) and reboxetine (OR 0.63, 95% CI 0.43 to 0.91). Significantly fewer

**Citalopram versus other anti-depressive agents for depression (Review)**

**1**

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patients allocated to citalopram withdrew from trials due to adverse events compared with patients allocated to tricyclics (OR 0.54, 95% CI 0.38 to 0.78) and fewer patients allocated to citalopram reported at least one side effect than reboxetine or venlafaxine (OR 0.64, 95% CI 0.42 to 0.97 and OR 0.46, 95% CI 0.24 to 0.88, respectively).

### Authors' conclusions

Some statistically significant differences between citalopram and other antidepressants for the acute phase treatment of major depression were found in terms of efficacy, tolerability and acceptability. Citalopram was more efficacious than paroxetine and reboxetine and more acceptable than tricyclics, reboxetine and venlafaxine, however, it seemed to be less efficacious than escitalopram. As with most systematic reviews in psychopharmacology, the potential for overestimation of treatment effect due to sponsorship bias and publication bias should be borne in mind when interpreting review findings. Economic analyses were not reported in the included studies, however, cost effectiveness information is needed in the field of antidepressant trials.

## PLAIN LANGUAGE SUMMARY

### Citalopram versus other antidepressants for depression

Major depression is a severe mental illness characterised by a persistent and unreactive low mood and loss of all interest and pleasure, usually accompanied by a range of symptoms including appetite change, sleep disturbance, fatigue, loss of energy, poor concentration, psychomotor symptoms, inappropriate guilt and morbid thoughts of death. Antidepressant drugs remain the mainstay of treatment in moderate-to-severe major depression. During the last 20 years, selective serotonin reuptake inhibitors (SSRIs) have progressively become the most commonly prescribed antidepressants. Citalopram, one of the first SSRIs introduced in the market, is the racemic mixture of S- and R-enantiomer. In the present review we assessed the evidence for the efficacy, acceptability and tolerability of citalopram in comparison with all other antidepressants in the acute-phase treatment of major depression. Thirty-seven randomised controlled trials (more than 6000 participants) were included in the present review. In terms of efficacy, citalopram was more efficacious than other reference compounds like paroxetine or reboxetine, but worse than escitalopram. In terms of side effects, citalopram was more acceptable than older antidepressants, like tricyclics. Based on these findings, we conclude that clinicians should focus on practical or clinically relevant considerations including differences in efficacy and side-effect profiles.

## BACKGROUND

### Description of the condition

Major depression is generally diagnosed when a persistent and unreactive low mood and/or loss of interest and pleasure are accompanied by a range of symptoms including appetite loss, insomnia, fatigue, loss of energy, poor concentration, psychomotor symptoms, inappropriate guilt and morbid thoughts of death (APA 1994). It was the third leading cause of burden among all diseases in the year 2004 and it is expected to be the greatest cause in 2030 (WHO 2006). This condition is associated with marked personal, social and economic morbidity, loss of functioning and productivity, and creates significant demands on service providers in terms of workload (APA 2000; NICE 2010). Although pharmacological and psychological interventions are both effective for major depression, in primary and secondary care settings antidepressant (AD) drugs remain the mainstay of treatment in moderate to severe major depression (APA 2006; NICE 2010). Amongst ADs many different agents are available, including tricyclics (TCAs), monoamine oxidase inhibitors (MAOIs), selective serotonin reuptake inhibitors (SSRIs), serotonin-noradrenaline reuptake inhibitors (SNRIs, such as venlafaxine, duloxetine and milnacipran), and other agents (mirtazapine, reboxetine, bupropion). During the last 20 years, ADs prescription has dramatically risen in western countries, mainly because of the increasing prescription of SSRIs which have progressively become the most commonly prescribed ADs (Ciuna 2004). SSRIs are generally more acceptable than TCAs, and there is evidence of similar efficacy (NICE 2010). However, head-to-head comparisons have provided contrasting findings (Cipriani 2006).

### Description of the intervention

Citalopram hydrobromide is a selective serotonin reuptake inhibitor (SSRI) that has been available as an antidepressant since the 1980s in US and Europe. It is also available in many countries for anxiety disorders, including obsessive-compulsive disorder and social anxiety disorder. Citalopram is a racemic dicyclic phthalane derivative designated ( $\pm$ )-1-(3-dimethylaminopropyl)-1-(4-fluorophenyl)-1,3-dihydroisobenzofuran-5-carbonitrile (www.fda.gov). Citalopram has a chemical structure unrelated to that of other SSRIs or of tricyclic, tetracyclic, or other available antidepressant agents. Therefore, some differential clinical potency may be expected, not only between the drugs classes but also among the SSRIs.

### How the intervention might work

Inhibition of the neuronal transporter for serotonin has long been established as one of the mechanisms of action of numerous antidepressants (Barker 1995). Citalopram is a dicyclic phthalide derivative and its effect is due to a specific inhibition of the reuptake of serotonin in the brain (Stahl 1994). Citalopram is a highly selective and potent SSRI with minimal effects on the neuronal reuptake of norepinephrine (NE) and dopamine (DA). Citalopram has no or very low affinity for a series of receptors including serotonin 5-HT<sub>1A</sub>, 5-HT<sub>2</sub>, dopamine D<sub>1</sub>, and D<sub>2</sub>,  $\alpha$ <sub>1</sub>-,  $\alpha$ <sub>2</sub>-,  $\beta$ -adrenergic, histamine H<sub>1</sub>, muscarinic cholinergic, benzodiazepine, gamma aminobutyric acid (GABA) and opioid receptors (Stahl 1998). Citalopram has a pronounced tissue distribution and its binding to human plasma proteins is about 80%. Maximum concentration in blood is reached after one to six hours and the

steady state concentration in blood is reached after one to two weeks. Protein binding is about 14L/k and the half-life is about 36 hours, (possibly longer for the elderly). The drug is metabolized before it is excreted. Citalopram is metabolized in the liver and the biotransformation of citalopram to its demethyl metabolites depends on both CYP2C19 and CYP3A4, with a small contribution from CYP2D6.

### Why it is important to do this review

To shed light on the field of antidepressant trials and the treatment of major depression, a group of researchers agreed to join forces under the rubric of the Meta-Analyses of New Generation Antidepressants Study Group (MANGA Study Group) to systematically review all available evidence for each specific newer antidepressant. We have up to now completed some individual reviews about fluoxetine (Cipriani 2005a), sertraline (Cipriani 2009b), escitalopram (Cipriani 2009c), milnacipran (Nakagawa 2009), fluvoxamine (Omori 2010), and a number of other reviews are now underway. Thus, the aim of the present review is to assess the evidence for the efficacy and tolerability of citalopram in comparison with TCAs, heterocyclics, MAOIs, SSRIs, SNRIs and other antidepressants in the acute-phase treatment of major depression.

## OBJECTIVES

- (1) To determine the efficacy of citalopram in comparison with other antidepressants in alleviating the acute symptoms of major depressive disorder.
- (2) To review acceptability of treatment with citalopram in comparison with other antidepressants.
- (3) To investigate the adverse effects of citalopram in comparison with other antidepressants.

## METHODS

### Criteria for considering studies for this review

#### Types of studies

We included randomised controlled trials that compared citalopram with all other active antidepressants as monotherapy in the acute phase treatment of depression. Quasi-randomised trials, such as those allocating by using alternate days of the week, were excluded. For trials which have a cross-over design, we only considered results from the first randomisation period.

#### Types of participants

The review included trials of patients 18 years or older, of both sexes, with a primary diagnosis of depression and studies adopting standardised criteria (DSM-III / DSM-III-R, DSM-IV (APA 2000), ICD-10 (WHO 1992), Feighner criteria (Feighner 1972) or Research Diagnostic Criteria (Spitzer 1972) to define patients suffering from unipolar major depression. We excluded studies using ICD-9, as it has only disease names and no diagnostic criteria. We included the following subtypes of depression: chronic, with catatonic features, with melancholic features, with atypical features, with postpartum onset, and with seasonal pattern. We also included studies in which up to 20% of patients presented depressive episodes in bipolar affective disorder. A concurrent secondary diagnosis of another psychiatric disorder was not considered an exclusion criterion. A concurrent primary diagnosis of Axis I or II disorders was an

exclusion criterion. AD trials in depressive patients with a serious concomitant medical illness were excluded.

### Types of interventions

We examined citalopram intervention in comparison with conventional treatment of acute depression. We also examined citalopram intervention in comparison with non-conventional antidepressants (herbal products or other non-conventional antidepressants). We excluded trials in which citalopram was compared with another type of psychopharmacological agent (i.e., anxiolytics, anticonvulsants, antipsychotics or mood-stabilizers). We also excluded trials in which citalopram was used as an augmentation strategy.

#### Eligible intervention:

1. Citalopram: any dose and pattern of administration.

#### Eligible comparators:

2. Conventional antidepressants: any dose and mode or pattern of administration.
  - 2.1 TCAs
  - 2.2 Heterocyclics
  - 2.3 SSRIs
  - 2.4 SNRIs
  - 2.5 MAOIs or newer ADs
  - 2.6 Other conventional psychotropic drugs
3. Non-conventional antidepressants
  - 3.1 Herbal products
  - 3.2 Other non-conventional antidepressants

### Types of outcome measures

#### Primary outcomes

##### 1. Response - acute phase

We examined trials regarding the number of patients (1) who responded to treatment by showing a reduction of at least 50% on the Hamilton Rating Scale for depression (HRSD) ([Hamilton 1960](#)), Montgomery Åsberg Depression Rating Scale (MADRS) ([Montgomery 1979](#)), or any other depression scale, depending on the study authors' definition or (2) who were "much or very much improved" (score 1 or 2) on the CGI-Improvement scale ([Guy 1976](#)) out of the total number of randomised patients. Where both were provided, we preferred the former criteria for judging response. The original authors' definitions of response and remission were not used in this review, to avoid possible outcome reporting bias ([Furukawa 2007](#)).

As studies report response rates at various time points throughout the trial period, we had determined *a priori* to subdivide the treatment indices - since one systematic review suggested that SSRIs begin to have observable beneficial effects in depression during the first week of treatment - as follows ([Taylor 2006](#)):

- (i) Response - early phase: between one and four weeks, with the time point closest to two weeks given preference.
- (ii) Response - acute phase: between six and 12 weeks, with preference given to the time point given in the original study as the study endpoint.
- (iii) Response - follow-up phase: between four and six months, with the time point closest to 24 weeks given preference.

The acute phase treatment response rates were our primary outcome of interest.

#### Secondary outcomes

##### 1. Response - early phase, and follow-up phase

##### 2. Remission - early phase, acute phase, and follow-up phase

We were interested in the number of patients who achieved remission, (1) showing  $\leq 7$  on HRSD-17,  $\leq 8$  on for all the other longer versions of HRSD, and  $\leq 11$  on MADRS or (2) who were "not ill or borderline mentally ill" (score 1 or 2) on the CGI-Severity score out of the total number of randomised patients. Where both were provided, we preferred the former criterion for judging remission.

##### 3. Group mean scores at the end of the trial and change score on depression scale

##### 4. Social adjustment, social functioning, including the Global Assessment of Function (GAF) scores

([Hall 1995](#))

##### 5. Health-related quality of life (QOL)

We limited ourselves to SF-12 ([Ware 1998](#)), SF-36 ([Ware 1992](#)), HoNOS ([Wing 1998](#)) and the WHO 2009-QOL ([WHOQOL Group 1998](#)).

##### 6. Costs to healthcare services

##### 7. Acceptability

###### 7.1 Total dropout

Number of patients who dropped out during the trial as a proportion of the total number of randomised patients.

###### 7.2 Dropout due to inefficacy

Number of patients who dropped out during the trial because the fluvoxamine was ineffective as a proportion of the total number of randomised patients.

###### 7.3 Dropout due to side effects

Number of patients who dropped out during the trial due to side effects, as a proportion of the total number of randomised patients.

###### 7.4 Number of patients experiencing at least one side effect

###### 7.5 Number of patients experiencing the following specific side effects was sought:

- sleepiness/drowsiness
- insomnia
- dry mouth
- constipation
- problems urinating
- hypotension
- agitation/anxiety
- suicide wishes/gestures/attempts
- completed suicide
- vomiting/nausea

- diarrhoea

To avoid missing any relatively rare or unexpected side effects in the data extraction phase, we collected all side effect data reported in the literature and discussed ways to summarize them post hoc. Descriptive data regarding side-effect profiles were extracted from all available studies. Only studies reporting the number of patients experiencing individual side effects were retained. Due to a lack of consistent reporting of side effects, which came primarily from the study authors' descriptions, we combined terms describing similar side effects; for example, we combined "dry mouth", "reduced salivation" and "thirst" into "dry mouth". All side-effect categories were then grouped by organ system, such as neuropsychiatric, gastrointestinal, respiratory, sensory, genitourinary, dermatological and cardiovascular, in accordance with the advice of a previous study (Mottram 2006).

## Search methods for identification of studies

### Electronic searches

We searched The Cochrane Collaboration Depression, Anxiety and Neurosis Controlled Trials Register and the Cochrane Central Register of Controlled Trials (CCDANCTR) up to February 2012, MEDLINE (1966 to 2012), EMBASE (1974 to 2012). We also searched trial databases of the following drug-approving agencies for published, unpublished and ongoing controlled trials: the Food and Drug Administration (FDA) in the USA, the Medicines and Healthcare products Regulatory Agency (MHRA) in the UK, the European Medicines Agency (EMA) in the EU, the Pharmaceuticals and Medical Devices Agency (PMDA) in Japan and the Therapeutic Goods Administration (TGA) in Australia.

In addition, we searched ongoing trial registers such as clinicaltrials.gov in the USA, International Standard Randomised Controlled Trial Number Register (ISRCTN) and the National Research Register in the UK, Nederland's Trial Register in the Netherlands, European Union Drug Regulating Authorities Clinical Trials (EudraCT) in the EU, UMIN-CTR in Japan, the Australian Clinical Trials Registry in Australia and the clinical trial register of Lundbeck and Forest (citalopram manufacturer): <http://www.lundbecktrials.com/> and <http://www.forestclinicaltrials.com/CTR/CTRController/CTRHome>, respectively. These searches were undertaken in November 2010 and replicated in February 2012.

No language restriction was applied.

CCDANCTR-Studies were searched using the following search strategy:

Diagnosis = Depress\* or Dysthymi\* or "Adjustment Disorder\*" or "Mood Disorder\*" or "Affective Disorder" or "Affective Symptoms" and

Intervention = Citalopram

CCDANCTR-References were searched using the following search strategy:

Keyword = Depress\* or Dysthymi\* or "Adjustment Disorder\*" or "Mood Disorder\*" or "Affective Disorder" or "Affective Symptoms" and

Free-Text = Citalopram

## Searching other resources

### 1. Handsearches

Appropriate journals and conference proceedings relating to citalopram treatment for depression have already been handsearched and incorporated into the CCDANCTR databases.

### 2. Personal communication

We asked pharmaceutical companies and experts in this field if they knew of any study that met the inclusion criteria of this review.

### 3. Reference checking

We checked reference lists of the included studies, previous systematic reviews and major textbooks of affective disorder written in English for published reports and citations of unpublished research (Trespidi 2011).

## Data collection and analysis

### Selection of studies

Two review authors independently checked to ensure that studies relating to duloxetine generated by the search strategies of the CCDANCTR-References and the other complementary searches met the rough inclusion criteria, firstly based on the title and abstracts. All of the studies that were rated as possible candidates by either of the two review authors were added to the preliminary list, and their full texts were retrieved. Review authors AC, GI, MP, AS and CT then assessed all of the full text articles in this preliminary list to see if they met the strict inclusion criteria. If the raters disagreed, the final rating was made by consensus with the involvement - if necessary - of another member of the review group (CB, NW or TAF). Considerable care was taken to exclude duplicate publications.

### Data extraction and management

AC, GI, MP, AS and CT extracted data from the included studies. Again, any disagreement was discussed, and decisions were documented. If necessary, we contacted authors of studies for clarification. We extracted the following data:

- participant characteristics (age, sex, depression diagnosis, comorbidity, depression severity, antidepressant treatment history for the index episode, study setting);
- intervention details (intended dosage range, mean daily dosage actually prescribed, co-intervention if any, duloxetine as investigational drug or as comparator drug, sponsorship);
- outcome measures of interest from the included studies.

The results were compared with those in the completed reviews of individual antidepressants in *The Cochrane Library*. If the trial was a three (or more)-armed trial involving a placebo arm, the data were extracted from the placebo arm as well.

### Assessment of risk of bias in included studies

Two review authors independently assessed trial quality in accordance with the *Cochrane Handbook for Systematic Reviews of Interventions* (Higgins 2011). This set of criteria is based on evidence of associations between effect overestimation and a high risk of bias in an article, such as sequence generation, allocation concealment, blinding, incomplete outcome data and selective reporting. The categories are defined as:

- low risk of bias;
- high risk of bias;

- unclear risk of bias.

If the raters disagreed, the final rating was made by consensus with the involvement (if necessary) of another member of the review group. Non-congruence in quality assessment was reported as percentage disagreement. The ratings were also compared with those in the completed reviews of individual antidepressants in *The Cochrane Library*. If there were any discrepancies, these were fed back to the authors of the completed reviews.

### Measures of treatment effect

All comparisons were performed between citalopram and comparator ADs as individual ADs. Citalopram was also compared with TCAs and heterocyclics as a class.

#### 1. Dichotomous data

For dichotomous, or event-like, data, odds ratios (ORs) were calculated with 95% confidence intervals (CIs). For statistically significant results, we calculated the number needed to treat to provide benefit (NNTB) and the number needed to treat to induce harm (NNTH) as the inverse of the risk difference.

#### 2. Continuous data

For continuous data, we calculated mean differences (MD), or standardised mean differences (SMD) where different measurement scales were used, with 95% CIs.

### Unit of analysis issues

#### 1. Cross-over trials

A major concern of cross-over trials is the carry-over effect. It occurs if an effect (e.g., pharmacological, physiological or psychological) of the treatment in the first phase is carried over to the second phase. As a consequence, on entry to the second phase, the participants can differ systematically from their initial state, despite a wash-out phase. For the same reason, cross-over trials are not appropriate if the condition of interest is unstable (Elbourne 2002). As both effects are very likely in major depression, we only used data from the first phase of the cross-over studies.

#### 2. Cluster-randomised trials

No cluster-randomised trials were identified for this version of the review. Should they be identified in a future update, we plan to use the generic inverse variance technique, if such trials have been appropriately analysed taking into account intraclass correlation coefficients to adjust for cluster effects.

#### 3. Multiple intervention groups

Studies that compared more than two intervention groups were included in meta-analysis by combining all relevant experimental intervention groups of the study into a single group, and all relevant control intervention groups into a single control group, as recommended in section 16.5 of the *Cochrane Handbook for Systematic Reviews of Interventions* (Higgins 2011).

### Dealing with missing data

#### 1. Dichotomous data

Responders and remitters to treatment were calculated on the strict intention-to-treat (ITT) basis: dropouts were included in

this analysis. Where participants had been excluded from the trial before the endpoint, we assumed that they experienced a negative outcome by the end of the trial (e.g., failure to respond to treatment). We examined the validity of this decision in sensitivity analyses by applying worst- and best-case scenarios. We applied the loose ITT analyses for continuous variables, whereby all the patients with at least one post-baseline measurement were represented by their last observations carried forward (LOCF), with due consideration of the potential bias and uncertainty introduced.

When dichotomous outcomes were not reported but baseline mean, endpoint mean and the standard deviation (SD) of the HRSD (or other depression scale) were provided, we converted continuous outcome data expressed as mean and SD into the number of responding and remitted patients, according to the validated imputation method (Furukawa 2005). We examined the validity of this imputation in the sensitivity analyses. Where SDs were not reported, authors were asked to supply the data. When only the standard error (SE) or t-statistics or P values were reported, SDs were calculated according to Altman (Altman 1996). In the absence of data from the authors, we substituted SDs by those reported in other studies in the review (Furukawa 2006).

#### 2. Continuous data

When there were missing data and the method of LOCF had been used to do an ITT analysis, then the LOCF data were used. When SDs were missing, we presented data descriptively.

### Assessment of heterogeneity

Skewed data and non-quantitative data were presented descriptively. An outcome whose minimum score is zero could be considered skewed when the mean was smaller than twice the SD. Heterogeneity between studies was investigated by the  $I^2$  statistic (Higgins 2003) (an  $I^2$  equal to or more than 50% was considered indicative of heterogeneity) and by visual inspection of the forest plots. We performed subgroup analyses to investigate heterogeneity (see [Subgroup analysis and investigation of heterogeneity](#)).

### Assessment of reporting biases

Data from included studies were entered into a funnel plot (trial effect against trial variance) to investigate small-study effects (Sterne 2000). We used the tests for funnel plot asymmetry only when there were at least 10 studies included in the meta-analysis, and results were interpreted cautiously, with visual inspection of the funnel plots (Higgins 2011). When evidence of small-study effects was identified, we investigated possible reasons for funnel plot asymmetry, including publication bias.

### Data synthesis

For the primary analysis we used a random-effects model OR, which had the highest generalisability in our empirical examination of summary effect measures for meta-analyses (Furukawa 2002a). The robustness of this summary measure was routinely examined by checking the fixed-effect model OR and the random-effects model risk ratio (RR). Material differences between the models were reported. A P value of less than 0.05 and a 95% CI were considered statistically significant. Fixed-effect analyses were performed routinely for the continuous outcomes as well, to investigate the effect of the choice of method on the estimates. Material differences between the models were reported. Skewed



data and non-quantitative data were presented descriptively. An outcome was considered skewed when the mean was smaller than twice the SD. In terms of change score, data were difficult to depict as skewed or not, as the possibility existed for negative values; therefore, we entered all of the results of this outcome into a meta-analysis.

### Subgroup analysis and investigation of heterogeneity

We performed the following subgroup analyses for the primary outcome where possible, for the following *a priori* reasons. Results were interpreted with caution, since multiple comparisons could lead to false positive conclusions (Oxman 1992).

**1. Citalopram dosing (fixed low dosage, fixed standard dosage, fixed high dosage; flexible low dosage, flexible standard dosage, flexible high dosage)** Existing evidence implies that low dosage antidepressants may be associated with better outcomes - both in terms of efficacy and side effects - than standard or high dosage antidepressants (Bollini 1999; Furukawa 2002b). In addition, a fixed versus flexible dosing schedule may affect estimates of treatment effectiveness (Khan 2003). In the case of citalopram, based on the Defined Daily Dosage (DDD) by WHO (WHO 2009a), low dosage is referred to as < 20, standard dosage to  $\geq 20$  but < 40, and high dosage to  $\geq 40$  mg/day. We categorised studies by intended maximum dosage of citalopram.

**2. Comparator dosing (low dosage, standard dosage, and high dosage)** It is easy to imagine that people taking a comparator drug are less likely to complete a study if they are taking a high dosage of the comparator drug. We categorised studies by the intended maximum dose of the comparator based on the DDD.

**3. Depression severity (severe major depression, moderate/mild major depression)** "Severe major depression" was defined by a threshold baseline severity score for entry of 25 or more for HRSD and 31 or more for MADRS (Dozois 2004; Müller 2003).

**4. Treatment settings (psychiatric in-patients, psychiatric outpatients, primary care)** Because depressive disorder in primary care has a different profile than that of psychiatric in-patients or outpatients (Suh 1997), it is possible that results obtained from either of these settings may not be applicable to the other settings (Depression Guideline Panel 1993).

**5. Elderly patients ( $\geq 65$  years of age), separately from other adult patients** Older people may be more vulnerable to side effects associated with antidepressants and decreased dosage is often recommended for them (Depression Guideline Panel 1993). Because the number of *a priori* planned subgroup analyses now appears excessive in comparison with the identified studies, we will consider reducing the number of subgroup analyses or adjusting the level of significance to account for making multiple comparisons in the next update.

### Sensitivity analysis

The following sensitivity analyses for primary outcome were planned *a priori*. By limiting the included studies to those with higher quality (analyses one to five) or to those free from some "bias" (analyses six to nine), we examined whether the results changed and we intended to check for the robustness of the observed findings.

1. We excluded trials with unclear concealment of random allocation and/or unclear double blinding.
2. We excluded trials with a dropout rate greater than 20%.
3. We performed the worst-case scenario ITT: that all patients in the experimental group experienced the negative outcome and all those in the comparison group experienced the positive outcome.
4. We performed the best-case scenario ITT: that all patients in the experimental group experienced the positive outcome and all those in the comparison group experienced the negative outcome.
5. We excluded trials for which the response rates had to be calculated based on the imputation method (Furukawa 2005) and for which the SD had to be borrowed from other trials (Furukawa 2006).
6. We examined a "wish bias" by comparing the trials where citalopram was used as an investigational drug, the drug that was used as a new compound, to the trials where citalopram was used as a comparator, since some evidence suggests that a new antidepressant might perform worse when used as a comparator than when used as an investigational agent (Barbui 2004).
7. We excluded trials funded by, or with at least one author affiliated with, a pharmaceutical company marketing citalopram. This sensitivity analysis is particularly important in light of the recent repeated findings that funding strongly affects outcomes of research studies (Als-Nielsen 2003; Bhandari 2004; Lexchin 2003; Montgomery 2004; Perlis 2005; Procyshyn 2004) and because industry sponsorship and authorship of clinical trials have increased over the past 20 years (Buchkowsky 2004).
8. We excluded studies that included patients with bipolar depression.
9. We excluded trials that included patients with psychotic features.

Our routine application of random-effects and fixed-effect models, as well as our secondary outcomes of remission rates and continuous severity measures, may be considered additional forms of sensitivity analyses.

If the CIs of ORs in the groups did not overlap, potential sources of heterogeneity were investigated.

## RESULTS

### Description of studies

See: [Characteristics of included studies](#); [Characteristics of excluded studies](#); [Characteristics of studies awaiting classification](#).

### Results of the search

Initially, we identified 303 references. After reading the abstracts, 265 references were considered relevant for our review and retrieved for more detailed evaluation. The search found 37 additional studies written in Chinese. We commissioned a professional translator for the full translation of these papers. The translation process is still ongoing, so in the present review we considered all Chinese studies as awaiting assessment studies (we will include them in the next update of the review, which is expected to be in a two years time). An additional four studies were considered as awaiting assessment because the papers

reported insufficient information to decide about inclusion or exclusion (Ahlfors 1988; Galecki 2004; Moeller 1986; Thomas 2008). We contacted corresponding authors and at the time the review has been submitted we are still waiting for their reply and further information. We identified two ongoing studies. Although the search was thorough, it is still possible that there are still unpublished studies which have not been identified.

### Included studies

A total of 37 studies were included in this systematic review. Of these, four trials were unpublished (29060/785; Lu 10-171, 83-01; Lu 10-171,79-01; SCT-MD-02). Attempts to contact authors for additional information were successful in seven cases (with additional data provided by authors) and unsuccessful in 13.

### Sample Size

The mean sample size per arm was 107 participants (range 17-303). Sixteen studies recruited fewer than 100 participants overall.

### Study design

The great majority of included studies were reported to be double-blind (28 out of 37 RCTs, that is 75.6%).

### Country

The great majority of included studies had been carried out in Europe or in the US (29 out of 37 RCTs, that is 78.4%). Two studies randomised patients in China (Hsu 2011; Ou 2010), three in India (Khanzode 2003; Lalit 2004; Matreja 2007) and one in Russia (Yevtushenko 2007).

### Age

Four studies randomised only elderly patients (Allard 2004; Karlsson 2000; Kyle 1998; Navarro 2001) and 22 studies only patients aged between 18 and 65 years (59.4%). The remaining studies randomised both adult and elderly patients or it was unclear.

### Diagnosis

Only three studies (8.1%) included patients with bipolar disorder (Bougerol 1997a; Hosak 1999; Timmerman 1993). As per protocol, RCTs were included in the present review only if patients with bipolar disorder were less than 20% in each study.

### Setting/participants

Twenty trials enrolled only out-patients, four studies only in-patients (Andersen 1986; de Wilde 1985; Hosak 1999; Lu 10-171,79-01), seven recruited both in- and out-patients (Bougerol 1997a; Gravem 1987; Karlsson 2000; Lu 10-171, 83-01; Navarro 2001; Ou 2010; Shaw 1986), three studies enrolled patients from general practice (Bougerol 1997b; Ekselius 1997; Lewis 2011). In the remaining three studies the setting was unclear. About two thirds of the participants were women. In 31 RCTs patients had a formal diagnosis of major depression (or major depressive disorder) according to DSM-III, DSM-III-R, DSM-IV or ICD-10 criteria. In six studies the diagnosis was based on different standardized research criteria (i.e., Feighner criteria).

### Interventions and comparators

We found RCTs comparing citalopram with TCAs (amitriptyline, imipramine and nortriptyline), tetracycles (mianserin and maprotiline), other SSRIs (escitalopram, fluoxetine, sertraline, fluvoxamine and paroxetine), one SNRI (namely, venlafaxine), one MAOI (moclobemide), other conventional ADs (mirtazapine and reboxetine) and also only one non-conventional ADs (St John's wort, or *hypericum*). *Hypericum*, a member of the *Hypericaceae* family, has been used in folk medicine for a long time for a range of indications including depressive disorders. It is licensed and widely used in Germany for the treatment of depressive, anxiety and sleep disorders and in recent years it has also become increasingly popular in other European and non-European countries (Linde 2008).

Details on the included studies are as follows: nine studies (overall 1277 participants) comparing citalopram with TCAs (four studies versus amitriptyline, two versus imipramine and two studies versus nortriptyline and one study versus clomipramine, respectively); three studies (overall 477 participants) comparing citalopram with tetracyclics (two studies versus mianserin and one study versus maprotiline); 18 studies (overall 4200 participants) comparing citalopram with SSRIs (seven studies versus escitalopram, four studies versus fluoxetine), four studies versus sertraline, one study versus fluvoxamine, one study versus paroxetine and one study versus either escitalopram or sertraline); six studies (overall 1137 participants) comparing citalopram with SNRIs (one study versus each of the following drugs: venlafaxine and mirtazapine), comparing citalopram with MAOI (one study versus moclobemide), comparing citalopram with other conventional psychotropic drugs (two studies versus reboxetine), comparing citalopram with non-conventional antidepressants (one study versus *hypericum*).

There were four three-arm trials: one study comparing citalopram (20 mg/day) with escitalopram 20 mg/day or escitalopram 10 mg/day; one study comparing citalopram (20-60 mg/day) with amitriptyline (150-300 mg/day) or fluoxetine (20-60 mg/day); one study comparing citalopram 10-30 mg/day with citalopram 20-60 mg/day or imipramine (50-150 mg/day); one study compared citalopram (20 mg/day) with escitalopram 10 mg/day or citalopram 10 mg/day. One four-arm trial compared citalopram 20 mg/day with citalopram 40 mg/day or paroxetine controlled-release 12.5 mg/day or paroxetine controlled-release 25 mg/day.

### Outcomes

Of the included 37 studies, one study (Andersen 1986) did not report efficacy data and one study reported split data according to different genotypes (Lewis 2011). We were not able to obtain further data for these trials because we could not contact the authors by any means and therefore, could not obtain extra information from these authors. By contrast, all 37 studies did report tolerability/acceptability data that could be entered into a meta-analysis. The great majority of the identified studies (34 out of 37 RCTs) used the MADRS or HRSD as the rating scale of choice for primary or secondary outcome measures. Among the 35 studies reporting dropouts due to any reason, 31 reported dropouts due to side effects. Twenty-eight studies reported the number of patients experiencing individual side effects.

### Excluded studies

Of the 265 references retrieved for more detailed evaluation, 214 articles did not meet our inclusion criteria and were excluded.



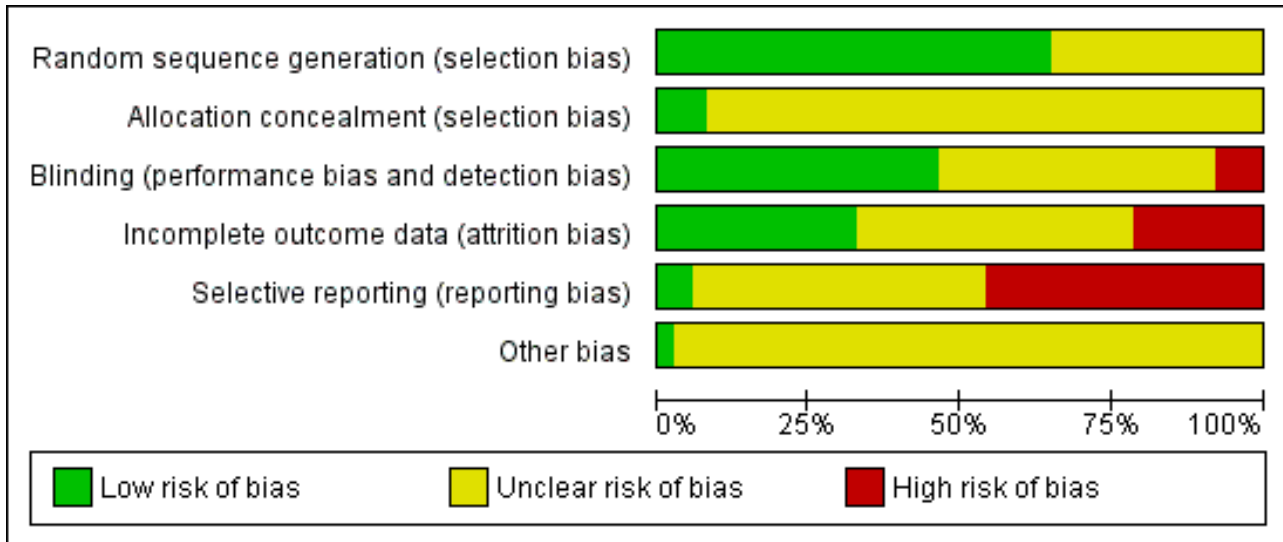
because of one of the following reasons: duplicate publications (eight articles), wrong diagnosis (24 articles), wrong population (51 articles), wrong comparison or intervention (63 articles) and non-randomised or wrong design (68 articles). Fourteen additional

studies were considered as awaiting assessment (overall we found 51 awaiting assessment studies - see above).

**Risk of bias in included studies**

See: [Included studies](#), [Figure 1](#), [Figure 2](#).

**Figure 1. Methodological quality graph: review authors' judgements about each methodological quality item presented as percentages across all included studies.**



**Figure 2. Methodological quality summary: review authors' judgements about each methodological quality item for each included study.**

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding (performance bias and detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
29060/785	+	?	+	?	-	?
Allard 2004	+	?	+	?	-	?
Andersen 1986	+	?	?	?	-	?
Berlanga 2006	+	?	+	-	-	?
Bouchard 1987	+	?	+	?	-	?
Bougerol 1997a	?	?	+	+	-	?
Bougerol 1997b	?	?	?	?	?	?
Burke 2002	+	?	?	+	+	?
Castanedo de Alba 1998	?	?	-	-	?	?
Colonna 2005	+	+	+	+	-	?
de Wilde 1985	+	?	+	-	-	?
Ekselius 1997	+	?	?	?	?	?
Gastpar 2006	+	?	+	-	?	?
Gravem 1987	?	?	+	?	-	?
Hosak 1999	+	?	?	-	?	?
Hsu 2011	+	?	?	?	-	?
Karlsson 2000	?	?	+	?	-	?
Khanzode 2003	?	?	-	?	?	?
Kyle 1998	?	?	?	?	-	?
Lalit 2004	+	?	+	?	-	?
Langworth 2006	?	?	?	-	-	?
Leinonen 1999	+	?	+	+	?	?

**Figure 2. (Continued)**

Leinonen 1999	+	?	+	+	?	?
Lepola 2003	?	?	?	+	-	?
Lewis 2011	+	+	?	-	+	+
Lu 10-171,79-01	?	?	+	?	?	?
Lu 10-171, 83-01	?	?	?	?	?	?
Matreja 2007	+	?	-	+	-	?
Moeller 2003	?	?	?	?	?	?
Moore 2005	+	?	?	+	-	?
Navarro 2001	?	?	?	+	?	?
Ou 2010	+	+	+	+	?	?
Rosenberg 1994	+	?	+	+	?	?
SCT-MD-02	+	?	?	+	?	?
Shaw 1986	+	?	?	?	?	?
Stahl 2000	+	?	?	-	?	?
Timmerman 1993	+	?	+	?	?	?
Yevtushenko 2007	+	?	+	+	?	?

Our judgment about the overall risk of bias in the individual studies is illustrated in [Figure 1](#) and [Figure 2](#). The methodological quality of these included studies was judged as poor, although judging articles from some time ago by today's standard might be problematic ([Begg 1996](#)). Nevertheless, the reporting in these studies overall was not good. This type of reporting has been associated with an overestimate of the estimate of effect ([Schulz 1995](#)) and this should be considered when interpreting the results.

#### Allocation

The majority of studies reported the methods of generating random sequence, in which “a computer originated schedule” was used, however, only three studies reported enough details on allocation concealment ([Colonna 2005](#); [Lewis 2011](#); [Ou 2010](#)). We were not assured that bias was minimised during the allocation procedure in the other studies, yet the great majority of them reported that the participants allocated to each treatment group were “similar”, “the same”, “not significantly different”, “comparable” or “matched”.

#### Blinding

Thirty out of 37 RCTs (81.1%) described their design as “double-blind”; however, no tests were conducted to ensure successful blinding. In the review we have included one “single-blind” trial ([Navarro 2001](#)) which was rated as having a “high risk of bias” because it was unclear whether its outcome assessment was blinded to the medication. Four trials were open trials that did not seek blinding ([Castanedo de Alba 1998](#); [Hosak 1999](#); [Lewis 2011](#);

[Matreja 2007](#)) and in two studies the blinding was unclear ([Moeller 2003](#); [Ou 2010](#)).

#### Incomplete outcome data

Total dropout rate was overall relatively high, ranging from 2% ([Matreja 2007](#)) to 56% ([Stahl 2000](#)). There were 23 studies (62.2%) where the total dropout rates were more than 20%.

#### Selective reporting

The study protocol was not available for almost all studies. Only six studies reported SDs of change scores ([Burke 2002](#); [Langworth 2006](#); [Lepola 2003](#); [Ou 2010](#); [SCT-MD-02](#); [Yevtushenko 2007](#)); 10 studies ([Allard 2004](#); [Bouchard 1987](#); [de Wilde 1985](#); [Bougerol 1997a](#); [Bougerol 1997b](#); [Khanzode 2003](#); [Lu 10-171, 83-01](#); [Lu 10-171,79-01](#); [Shaw 1986](#); [Timmerman 1993](#)) reported SDs of endpoint score of continuous efficacy variables.

#### Other potential sources of bias

Most of the included studies were funded by industry and only one study was clearly not funded by industry sponsor ([Castanedo de Alba 1998](#)). Among the trials comparing citalopram to TCAs or heterocyclics, the great majority (nine out of 11) were sponsored by, or had at least one author affiliated with, the pharmaceutical company marketing citalopram. Most of the studies comparing citalopram with other SSRIs (11 out of 16) were sponsored by the citalopram manufacturer, however, all the studies comparing

citalopram with escitalopram (seven RCTs) were sponsored by their mutual manufacturer and in these studies citalopram was always considered as the reference drug. Among the six studies comparing citalopram with other ADs or non-conventional antidepressant agents, only one was sponsored by the citalopram manufacturer (Berlanga 2006).

## Effects of interventions

The included studies did not report on all the outcomes that were pre-specified in the protocol of this review. Outcomes of clear relevance to patients and clinicians, in particular, patient's and their relatives' attitudes to treatment, their ability to return to work and resume normal social functioning, health-related quality of life measures and costs to healthcare services were not reported in the included studies. Overall, 6147 patients were available for assessing efficacy (3183 participants randomised to citalopram and 3023 to another antidepressant) and 6960 for examining acceptability of treatments (3538 participants allocated to citalopram and 3378 to another antidepressant). Evidence of differences in efficacy, acceptability and tolerability was found and details are listed below. To obtain missing response rates and remission, we used validated imputation methods from continuous outcomes. We imputed SDs for some continuous outcomes of the following studies: Castaneda de Alba 1998; Colonna 2005; Ekselius 1997; Hosak 1999; Leinonen 1999; Moore 2005; Rosenberg 1994; Stahl 2000.

The results of the present systematic review were reported comparison by comparison (grouping them into different drug classes according to review protocol, see Methods section - [Types of interventions](#)) and by outcome (following the review protocol - for details see [Imperadore 2007](#)). The forest plots were organised according to the relevance of outcomes, as reported in the review protocol. For adverse events, all the retrieved information about the adverse events specified in the review protocol were reported (either statistically or non-statistically significant). Remaining adverse events were only reported when statistically significant (non-statistically significant results about adverse events are presented in [Table 1](#)).

## 1. CITALOPRAM versus TCAs

### PRIMARY OUTCOME

#### EFFICACY - Number of patients who responded to treatment (six to 12 weeks)

The analysis found no difference in terms of efficacy between citalopram and TCAs in total (OR 1.10, 95% CI 0.75 to 1.63,  $P = 0.62$ ; 3 trials, 888 participants) nor in head-to-head comparisons ([Analysis 1.1](#)).

### SECONDARY OUTCOMES

#### 1) EFFICACY - Number of patients who responded to treatment

##### a) Early response (one to four weeks)

There was no evidence that citalopram was more effective than TCAs in total in terms of early response (OR 0.95, 95% CI 0.46 to 1.98,  $P = 0.90$ ; 4 trials, 751 participants) ([Analysis 2.1](#)). In head-to-head comparisons citalopram was more efficacious than imipramine (OR

0.45, 95% CI 0.24 to 0.86,  $P = 0.01$ ; one trial, 275 participants; NNTB 4, 95% CI 4 to 25) ([Analysis 2.1](#)).

##### b) Follow-up response (16 to 24 weeks)

There was no evidence that citalopram was more effective than imipramine ([Analysis 3.1](#)).

## 2) EFFICACY - Number of patients who remitted

#### a) Acute phase treatment (six to 12 weeks)

There was no difference between citalopram and TCAs, neither as a group (5 trials, 256 participants) nor as individual drugs in terms of remission ([Analysis 5.1](#)).

#### b) Early remission (one to four weeks)

There was no difference between citalopram and TCAs, neither as a group (3 trials, 225 participants) nor as individual drugs (see [Analysis 4.1](#)).

#### c) Follow-up remission (16 to 24 weeks)

No data available.

## 3) EFFICACY - Mean change from baseline

#### a) Acute phase treatment: between six and 12 weeks

Using rating scale scores, there was no evidence that citalopram was different from TCAs, neither as a group (5 trials, 402 participants) nor as individual drugs (see [Analysis 8.1](#)).

#### b) Early response (one to four weeks)

There was no difference between citalopram and TCAs neither individually nor as a class (see [Analysis 7.1](#)).

#### c) Follow-up response (16 to 24 weeks)

There was no evidence that citalopram was less effective than imipramine ([Analysis 9.1](#)).

#### 4) EFFICACY- Social adjustment, social functioning, health-related quality of life, costs to healthcare services

No data available.

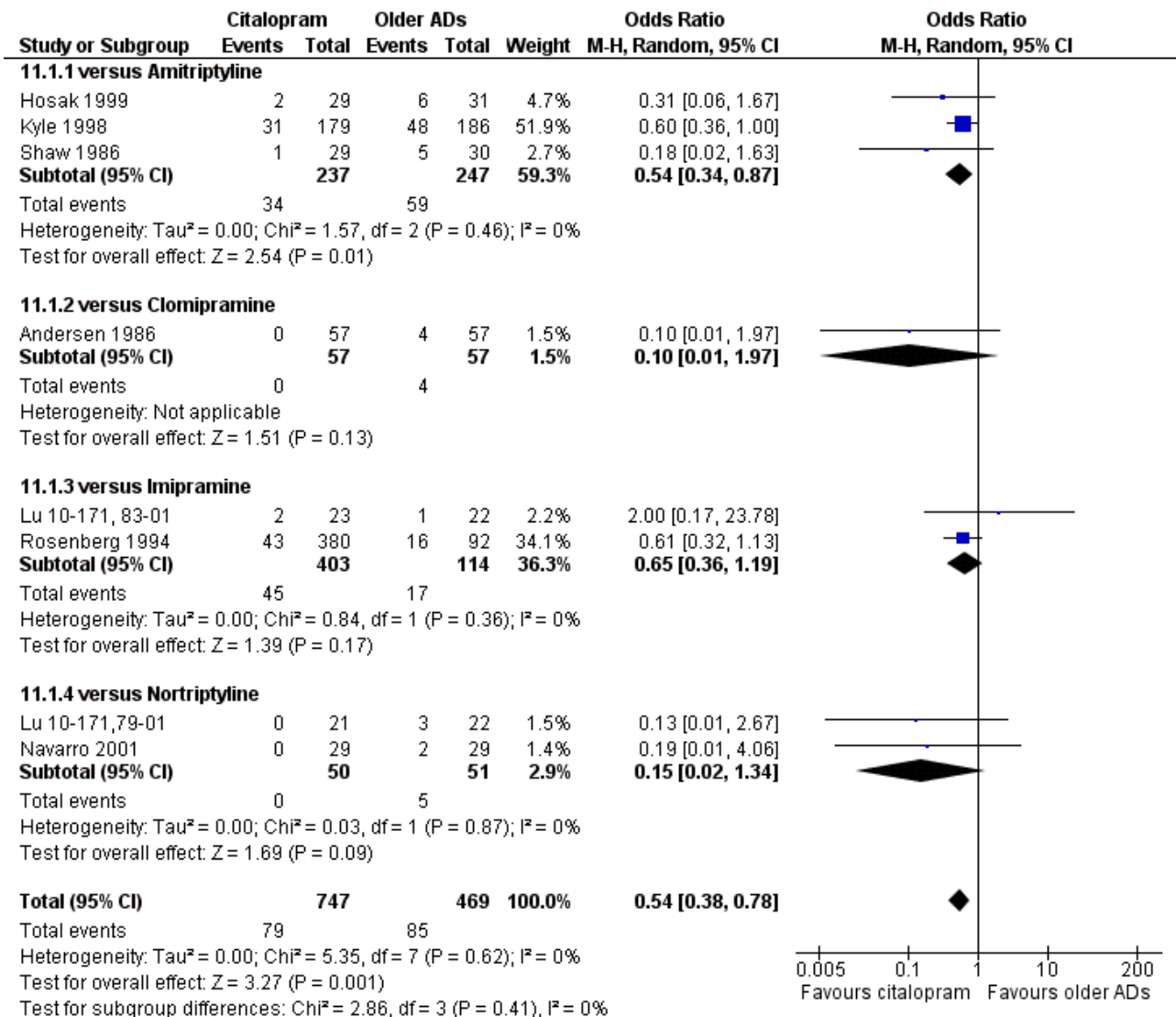
## 5) ACCEPTABILITY - Dropout rate

a) No statistically significant difference was found between citalopram and TCAs in terms of discontinuation due to any cause. However, even though not significant, we observed a trend in favour of citalopram (OR 0.81 95% CI 0.61 to 1.07,  $P = 0.14$ ; 8 studies, 1209 participants) ([Analysis 10.1](#)).

b) No differences were found in terms of discontinuation due to inefficacy ([Analysis 12.1](#)).

c) Differences were found in terms of discontinuation due to side effects: patients allocated to citalopram were less likely to withdraw than patients allocated to amitriptyline (OR 0.54, 95% CI 0.34 to 0.87,  $P = 0.01$ ; 3 studies, 484 participants; NNTB 10, 95% CI 6 to 34) and to TCAs as a group (OR 0.54, 95% CI 0.38 to 0.78,  $P = 0.001$ ; 8 studies, 1216 participants; NNTB 15, 95% CI 9 to 25) ([Analysis 11.1](#); [Figure 3](#))

**Figure 3. Forest plot of comparison: 11 Failure to complete (side effects), outcome: 11.1 Citalopram versus TCAs.**



**6) TOLERABILITY**

Total number of patients experiencing at least some side effects.

There was evidence that citalopram was associated with a lower rate of adverse events than amitriptyline (OR 0.43, 95% CI 0.28 to 0.65, P < 0.0001; 4 studies, 528 participants; NNTH 8, 95% CI 5 to 15 - Analysis 13.1) and with a higher rate of adverse events than imipramine (OR 1.82, 95% CI 1.14 to 2.89, P = 0.01; 2 studies 517 participants - Analysis 13.1). By contrast, there was no evidence that citalopram was associated with a smaller or higher rate of adverse events than nortriptyline (OR 0.94, 95% CI 0.20 to 4.39; 1 study 43 participants - Analysis 13.1).

Number of patients experiencing specific side effects (only figures for statistically significant differences were reported in the text)

**a) Anxiety/agitation**

There was no evidence that citalopram was associated with a lower rate of participants experiencing agitation/anxiety than nortriptyline (Analysis 18.1).

**b) Constipation**

There was evidence that citalopram was associated with a lower rate of participants experiencing constipation than TCAs (OR 0.36, 95% CI 0.24 to 0.55, P < 0.00001; 6 trials, 1018 participants; NNTH 10, 95% CI 6 to 34 - Analysis 30.1). In head-to-head comparison, the difference was statistically significant in favour of citalopram when compared with amitriptyline (OR 0.46, 95% CI 0.23 to 0.90, P = 0.02; 3 studies, 468 participants - Analysis 30.1) and imipramine (OR 0.31, 95% CI 0.18 to 0.53, P < 0.0001; 2 studies, 515 participants; NNTH 7, 95% CI 4 to 15 - Analysis 30.1), respectively.

**c) Diarrhoea**

There was no evidence that citalopram was associated with a different rate of participants experiencing diarrhoea than amitriptyline or imipramine (Analysis 34.1).

**d) Dry mouth**

There was evidence that citalopram was associated with a lower rate of participants experiencing dry mouth than TCAs (OR 0.25, 95% CI 0.18 to 0.35, P < 0.00001; 7 trials, 1078 participants; NNTH

4, 95% CI 3 to 5 - [Analysis 36.1](#)). In head-to-head comparisons, the difference between citalopram and imipramine was statistically significant in favour of citalopram (OR 0.32, 95% CI 0.21 to 0.50,  $P < 0.00001$ ; 2 trials, 515 participants; NNTH 4, 95% CI 3 to 7); furthermore, citalopram was associated with a lower rate of patients experiencing dry mouth than amitriptyline (OR 0.17, 95% CI 0.10 to 0.28,  $P < 0.00001$ ; 4 trials, 528 participants; NNTH 4, 95% CI 3 to 5 - [Analysis 36.1](#)).

#### e) Hypotension

Citalopram was associated with lower rate of patients experiencing hypotension than imipramine (OR 0.38, 95% CI 0.19 to 0.75,  $P = 0.005$ ; 1 trial, 472 participants - [Analysis 49.1](#)).

#### f) Insomnia

There was no evidence that citalopram was associated with a higher rate of participants experiencing insomnia than TCAs ([Analysis 54.1](#)).

#### g) Nausea/vomiting

There was evidence that citalopram was associated with a higher rate of participants experiencing nausea than amitriptyline (OR 2.44, 95% CI 1.27 to 4.66,  $P = 0.007$ ; 3 trials, 477 participants - [Analysis 61.1](#)) and nortriptyline (OR 7.11, 95% CI 1.23 to 40.98; 1 trial, 35 participants - [Analysis 61.1](#)).

#### h) Sedation/drowsiness

In head-to-head comparisons, citalopram was associated with a lower rate of patients experiencing sedation/drowsiness than amitriptyline (OR 0.25, 95% CI 0.09 to 0.70,  $P = 0.009$ ; 2 studies, 112 participants - [Analysis 72.1](#)).

#### i) Sleepiness/somnolence

There was evidence that citalopram was associated with a lower rate of participants experiencing sleepiness/somnolence than TCAs (OR 0.49, 95% CI 0.33 to 0.74,  $P = 0.0006$ ; 5 trials, 966 participants - [Analysis 76.1](#)). In head-to-head comparisons, the difference between citalopram and amitriptyline was statistically significant in favour of citalopram (OR 0.45, 95% CI 0.24 to 0.85,  $P < 0.00001$ ; 2 trials, 416 participants); furthermore, citalopram was associated with a lower rate of patients experiencing sleepiness than imipramine (OR 0.48, 95% CI 0.27 to 0.83,  $P = 0.009$ ; 2 studies, 515 participants - [Analysis 76.1](#)).

#### j) Urination problems

There was no evidence that citalopram was associated with a lower rate of participants experiencing urination problems than TCAs ([Analysis 83.1](#)).

#### k) Suicide wishes/gestures/attempts

There was no difference between citalopram and TCAs, neither as a group nor as individual drugs ([Analysis 89.1](#)).

#### l) Deaths (all cause)/Completed suicide

There was no difference between citalopram and imipramine ([Analysis 89.3](#); [Analysis 89.4](#)).

#### m) Other adverse events

Citalopram was associated with a lower rate of participants experiencing sweating (OR 0.50, 95% CI 0.30 to 0.83,  $P = 0.007$ ;

two studies, 515 participants - [Analysis 77.1](#)), tachycardia (OR 0.36, 95% CI 0.13 to 0.99,  $P = 0.05$ ; 2 trials, 515 participants - [Analysis 79.1](#)), tremor (OR 0.45, 95% CI 0.25 to 0.80,  $P = 0.007$ ; 2 studies, 515 participants - [Analysis 82.1](#)) and visual problems (OR 0.23, 95% CI 0.06 to 0.84,  $P = 0.03$ ; 1 study, 43 participants - [Analysis 86.1](#)) than imipramine. Citalopram was associated with a lower rate of participants experiencing visual problems (OR 0.14, 95% CI 0.02 to 0.82,  $P = 0.03$ ; 2 studies, 103 participants - [Analysis 86.1](#)) than amitriptyline.

## 2. CITALOPRAM versus HETEROCYCLICS

### PRIMARY OUTCOME

#### EFFICACY - Number of patients who responded to treatment (six to 12 weeks)

The analysis found no difference in terms of efficacy between citalopram and heterocyclics in total (OR 1.05, 95% CI 0.56 to 1.96,  $P = 0.88$ ; 2 trials, 432 participants) nor in head-to-head comparisons ([Analysis 1.2](#)).

### SECONDARY OUTCOMES

#### 1) EFFICACY - Number of patients who responded to treatment

##### a) Early response (one to four weeks)

No data available.

##### b) Follow-up response (16 to 24 weeks)

No data available.

#### 2) EFFICACY - Number of patients who remitted

##### a) Acute phase treatment (six to 12 weeks)

There was no difference between citalopram and heterocyclics, neither as a group (5 trials, 256 participants) nor as individual drugs in terms of remission ([Analysis 5.2](#)).

##### b) Early remission (one to four weeks)

No data available.

##### c) Follow-up remission (16 to 24 weeks)

No data available.

#### 3) EFFICACY - Mean change from baseline

##### a) Acute phase treatment: between 6 and 12 weeks

Using rating scale scores, there was no evidence that citalopram was different from heterocyclics, neither as a group (2 trials, 131 participants) nor as individual drugs ([Analysis 8.2](#)).

##### b) Early response (1 to 4 weeks)

There was evidence that citalopram was more effective than mianserin (SMD -0.55, 95% CI -1.07 to -0.02,  $P = 0.04$ , 1 trial, 58 participants) (see [Analysis 7.2](#)). There was no difference between citalopram and heterocyclics as a class.

##### c) Follow-up response (16 to 24 weeks)

No data available.

#### 4) EFFICACY- Social adjustment, social functioning, health-related quality of life, costs to healthcare services

No data available.



### 5) ACCEPTABILITY - Dropout rate

a) No statistically significant difference was found between citalopram and heterocyclics in terms of discontinuation due to any cause ([Analysis 10.2](#)), due to inefficacy ([Analysis 12.2](#)) or due to side effects ([Analysis 11.2](#))

### 6) TOLERABILITY

Total number of patients experiencing at least some side effects.

There was no evidence that citalopram was associated with a smaller or higher rate of adverse events than mianserin (OR 0.84, 95% CI 0.52 to 1.37; 1 study, 336 participants - [Analysis 13.2](#)).

Number of patients experiencing specific side effects (only figures for statistically significant differences were reported in the text)

#### a) Anxiety/agitation

There was no evidence that citalopram was associated with a lower rate of participants experiencing agitation/anxiety than heterocyclics ([Analysis 18.2](#)).

#### b) Constipation

There was no evidence that citalopram was associated with a lower rate of participants experiencing constipation than mianserin ([Analysis 30.2](#))

#### c) Diarrhoea

There was no evidence that citalopram was associated with a lower rate of participants experiencing diarrhoea than maprotiline ([Analysis 34.1](#)).

#### d) Dry mouth

There was no evidence that citalopram was associated with a lower rate of participants experiencing diarrhoea than maprotiline ([Analysis 36.2](#)).

#### e) Hypotension

No data available.

#### f) Insomnia

Citalopram was associated with higher rate of patients experiencing insomnia than mianserin (OR 2.94, 95% CI 1.20 to 7.25; 1 trial, 336 participants - [Analysis 54.2](#)).

#### g) Nausea/vomiting

There was no evidence that citalopram was associated with a higher rate of participants experiencing nausea than heterocyclics ([Analysis 61.2](#)).

#### h) Sedation/drowsiness

There was no evidence that citalopram was associated with a higher rate of participants experiencing nausea than maprotiline ([Analysis 72.2](#)).

#### i) Sleepiness/somnolence

Citalopram was associated with a lower rate of patients experiencing sleepiness than mianserin (OR 0.20, 95% CI 0.04 to 0.94; 1 trial, 336 participants - [Analysis 76.2](#)).

#### j) Urination problems

There was no evidence that citalopram was associated with a higher rate of participants experiencing urination problems than maprotiline ([Analysis 83.2](#)).

#### k) Suicide wishes/gestures/attempts

No data available

#### l) Deaths (all cause)/Completed suicide

There was no difference between citalopram and maprotiline ([Analysis 89.3](#); [Analysis 89.4](#)).

#### m) Other adverse events

Citalopram was associated with a lower rate of participants experiencing fatigue than mianserin (OR 0.21, 95% CI 0.06 to 0.76, P = 0.02; 1 trial, 336 participants - [Analysis 42.2](#)).

## 3. CITALOPRAM versus other SSRIs

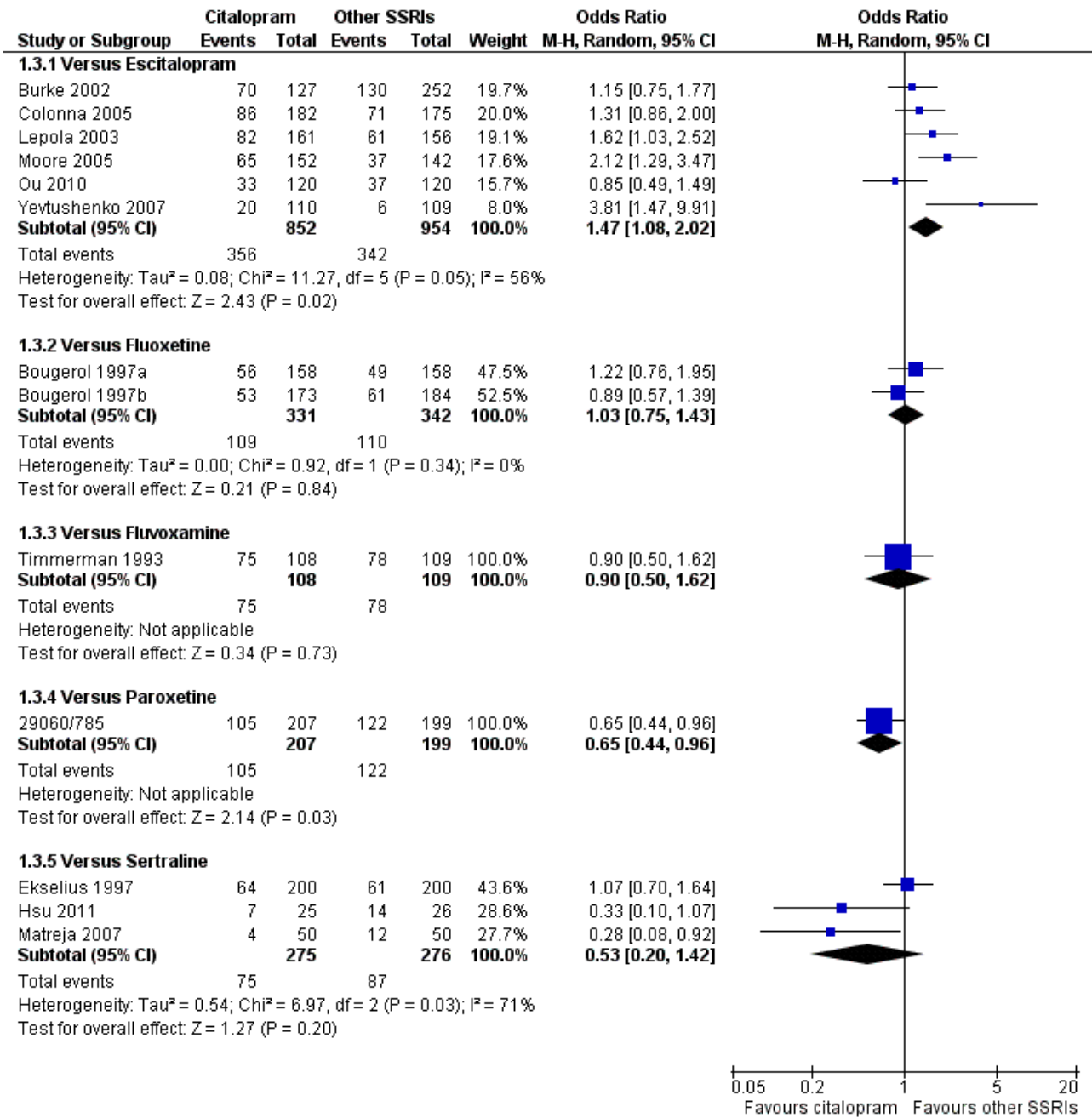
### PRIMARY OUTCOME

#### EFFICACY - Number of patients who responded to treatment (six to 12 weeks)

The analysis found that citalopram was less effective than escitalopram (OR 1.47, 95% CI 1.08 to 2.02, P = 0.02, six trials, 1806 participants; NNTB 13, 95% CI 8 to 34) but more effective than paroxetine (OR 0.65, 95% CI 0.44 to 0.96, P = 0.03, 1 trial, 406 participants; NNTB 9, 95% CI 5 to 100) ([Analysis 1.3](#); [Figure 4](#)).



**Figure 4. Forest plot of comparison: 1 Failure to respond at endpoint (6-12 weeks), outcome: 1.3 Citalopram versus other SSRIs.**



**SECONDARY OUTCOMES**

**1) EFFICACY - Number of patients who responded to treatment**

**a) Early response (one to four weeks)**

There was no evidence that citalopram was more effective than other SSRIs (Analysis 2.2).

**b) Follow-up response (16 to 24 weeks)**

There was no evidence that citalopram was more effective than other SSRIs (Analysis 3.2).

**2) EFFICACY - Number of patients who remitted**

**a) Acute phase treatment (six to 12 weeks)**

There was evidence that citalopram was less effective than escitalopram (OR 1.94, 95% CI 1.16 to 3.26, P = 0.01, 5 trials, 1427 participants) (Analysis 5.3).

**b) Early remission (one to four weeks)**

There was no evidence that citalopram was more effective than other SSRIs (Analysis 4.2).

### c) Follow-up remission (16 to 24 weeks)

There was no evidence that citalopram was more effective than other SSRIs ([Analysis 6.1](#)).

### 3) EFFICACY - Mean change from baseline

#### a) Acute phase treatment: between six and 12 weeks

There was evidence that citalopram was less effective than escitalopram (SMD 0.16, 95% CI 0.05 to 0.27,  $P = 0.006$ , 7 trials, 1874 participants) ([Analysis 8.3](#)).

#### b) Early response (one to four weeks)

There was evidence that citalopram was more effective than fluoxetine (SMD -0.15, 95% CI -0.30 to -0.01,  $P = 0.04$ , 4 trials, 723 participants) ([Analysis 7.3](#)).

#### c) Follow-up response (16 to 24 weeks)

No data available.

### 4) EFFICACY- Social adjustment, social functioning, health-related quality of life, costs to healthcare services

No data available.

### 5) ACCEPTABILITY - Dropout rate

a) There was no difference between patients allocated to citalopram withdrawing from studies than those allocated to other SSRIs for discontinuation due to any cause ([Analysis 10.3](#));

b) No differences were found in terms of discontinuation due to inefficacy ([Analysis 12.3](#)).

c) No differences were found in terms of discontinuation due to side effects ([Analysis 11.3](#)).

### 6) TOLERABILITY

Total number of patients experiencing at least some side effects.

There was no evidence that citalopram was associated with a smaller or higher rate of adverse events than other SSRIs ([Analysis 13.3](#)).

Number of patients experiencing specific side effects is reported below.

#### a) Anxiety/agitation

There was no evidence that citalopram was associated with a lower rate of participants experiencing anxiety/agitation than other SSRIs ([Analysis 18.3](#)).

#### b) Constipation

There was no evidence that citalopram was associated with a lower rate of participants experiencing diarrhoea than other SSRIs ([Analysis 30.3](#)).

#### c) Diarrhoea

There was no evidence that citalopram was associated with a lower rate of participants experiencing diarrhoea than other SSRIs ([Analysis 34.3](#)).

#### d) Dry mouth

There was no evidence that citalopram was associated with a lower rate of participants experiencing dry mouth than other SSRIs ([Analysis 36.3](#)).

#### e) Hypotension

There was no evidence that citalopram was associated with a lower rate of participants experiencing hypotension than escitalopram (OR 0.31, 95% CI 0.01 to 7.65; 1 trial, 294 participants) ([Analysis 49.2](#)).

#### f) Insomnia

There was no evidence that citalopram was associated with a lower rate of participants experiencing insomnia than other SSRIs ([Analysis 54.3](#)).

#### g) Nausea/vomiting

There was no evidence that citalopram was associated with a lower rate of participants experiencing nausea or vomiting than other SSRIs ([Analysis 61.3](#)).

#### h) Sedation/drowsiness

There was no evidence that citalopram was associated with a lower rate of participants experiencing sedation/drowsiness than other SSRIs ([Analysis 72.3](#)).

#### i) Sleepiness/somnolence

There was no evidence that citalopram was associated with a lower rate of participants experiencing somnolence than other SSRIs ([Analysis 76.3](#)).

#### j) Urination problems

There was no evidence that citalopram was associated with a higher rate of participants experiencing hypotension than sertraline (OR 1.52, 95% CI 0.42 to 5.45; 1 trial, 400 participants) ([Analysis 83.3](#)).

#### k) Suicide wishes/gestures/attempts

There was no difference between citalopram and other SSRIs ([Analysis 89.1](#); [Analysis 89.2](#)).

#### l) Deaths (all cause)/Completed suicide

There was no difference in suicide rate between citalopram and other SSRIs (two patients committed suicide and both were in the citalopram group: one in a study that compared citalopram with fluvoxamine ([Timmerman 1993](#)) and one in a study comparing citalopram with escitalopram ([Moore 2005](#)) ([Analysis 89.3](#); [Analysis 89.4](#)).

#### m) Other adverse events

Citalopram was associated with a lower rate of participants experiencing fatigue than escitalopram (OR 0.31, 95% CI 0.12 to 0.84,  $P = 0.02$ ; 2 trials, 467 participants - [Analysis 42.3](#)) and a lower rate of participants experiencing headache than sertraline (OR 0.55, 95% CI 0.33 to 0.91,  $P = 0.02$ ; 3 trials, 587 participants - [Analysis 46.3](#)).

**4. CITALOPRAM versus SNRIs, MOAIs, other conventional ADs and non-conventional ADs**

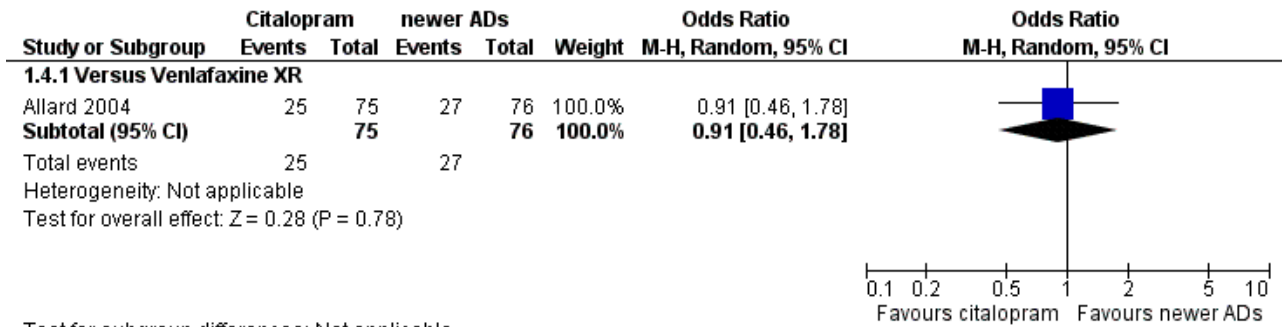
**PRIMARY OUTCOME**

**EFFICACY - Number of patients who responded to treatment (six to 12 weeks)**

The analysis of primary outcome found that citalopram is more effective than reboxetine (OR 0.63, 95% CI 0.43 to 0.91, P = 0.01, 2

trials, 458 participants; NNTB 9, 95% CI 5 to 50) (Analysis 1.5; Figure 5). No differences were found between citalopram and mirtazapine (Analysis 1.5), venlafaxine (Analysis 1.4) or hypericum (Analysis 1.6)

**Figure 5. Forest plot of comparison: 1 Failure to respond at endpoint (6-12 weeks), outcome: 1.4 Citalopram versus SNRI.**



**SECONDARY OUTCOMES**

**1) EFFICACY - Number of patients who responded to treatment**

**a) Early response (one to four weeks)**

There was no evidence that citalopram is more effective than reboxetine (Analysis 2.3).

**b) Follow-up response (16 to 24 weeks)**

Citalopram is more effective than reboxetine (OR 0.46, 95% CI 0.30 to 0.70, P = 0.0003, 1 trial, 357 participants) (Analysis 3.4).

**2) EFFICACY - Number of patients who remitted**

**a) Acute phase treatment (six to 12 weeks)**

Citalopram was more effective than reboxetine (OR 0.59, 95% CI 0.38 to 0.92, P = 0.02, 1 trial, 357 participants; NNTB 9, 95% CI 5 to 50) (Analysis 5.5), but not than venlafaxine (Analysis 5.4).

**b) Early remission (one to four weeks)**

There was no evidence that citalopram was more effective than reboxetine (Analysis 4.3).

**c) Follow-up remission (16 to 24 weeks)**

Citalopram was more effective than reboxetine (OR 0.43, 95% CI 0.28 to 0.65, P < 0.0001, 1 trial, 357 participants) (Analysis 6.3), but not than venlafaxine (Analysis 6.2).

**3) EFFICACY - Mean change from baseline**

**a) Acute phase treatment: between six and 12 weeks**

There was evidence that citalopram was more efficacious than moclobemide (MD -4.60, 95% CI -8.28 to -0.92, P = 0.01, 1 trial, 40 participants) (Analysis 8.5). In term of efficacy, no difference was found between citalopram and venlafaxine (Analysis 8.4), and citalopram and reboxetine or mirtazapine (Analysis 8.6).

**b) Early response (one to four weeks)**

No data available.

**c) Follow-up response (16 to 24 weeks)**

We observed a trend in favour of citalopram compared with reboxetine in term of efficacy, although not statistically significant (MD -1.80, 95% CI -3.62 to 0.02, P < 0.05, 1 trial, 320 participants) (Analysis 9.3).

**4) EFFICACY- Social adjustment, social functioning, health-related quality of life, costs to healthcare services**

No data available.

**5) ACCEPTABILITY - Dropout rate**

a) There was no statistically significant difference between patients allocated to citalopram withdrawing from studies than those allocated to reboxetine or hypericum for discontinuation due to any cause (Analysis 10.4; Analysis 10.5). However, even though not significant, we observed a trend in favour of citalopram compared with mirtazapine (OR 0.42, 95% CI 0.18 to 1.01, P = 0.05; 1 study, 270 participants) (Analysis 10.4).

b) No differences were found in terms of discontinuation due to inefficacy between citalopram and mirtazapine or reboxetine (Analysis 12.4).

c) No differences were found in terms of discontinuation due to side effects between citalopram and venlafaxine (Analysis 11.4), mirtazapine or reboxetine (Analysis 11.5).

**6) TOLERABILITY**

**Total number of patients experiencing at least some side effects.**

We found that citalopram was associated with a lower rate of patients experiencing side effects than reboxetine (OR 0.64, 95% CI 0.42 to 0.97, P < 0.04; 1 trial, 357 participants) (Analysis 13.6)

and than venlafaxine XR (OR 0.46, 95% CI 0.24 to 0.88,  $P < 0.02$ ; 1 trial, 151 participants) (Analysis 13.4). By contrast, we found that citalopram was associated with a higher rate of patients experiencing side effects than *hypericum* (OR 1.69, 95% CI 1.01 to 2.83; 1 trial, 258 participants) (Analysis 13.7). No differences were found between citalopram and moclobemide (Analysis 13.5) or mirtazapine (Analysis 13.6).

Number of patients experiencing specific side effects is reported below.

#### a) Anxiety/agitation

No data available.

#### b) Constipation

There was evidence that citalopram was associated with a lower rate of participants experiencing constipation than reboxetine (OR 0.06, 95% CI 0.00 to 0.90,  $P < 0.04$ ; 2 trials, 458 participants) (Analysis 30.5).

#### c) Diarrhoea

There was no evidence that citalopram was associated with a lower rate of participants experiencing diarrhoea than mirtazapine or reboxetine (Analysis 34.4).

#### d) Dry mouth

There was no evidence that citalopram was associated with a lower rate of participants experiencing dry mouth than venlafaxine (Analysis 36.4) or mirtazapine (Analysis 36.5).

#### e) Hypotension

No data available.

#### f) Insomnia

There was no evidence that citalopram was associated with a lower rate of participants experiencing insomnia than moclobemide (Analysis 54.4) or reboxetine (Analysis 54.5).

#### g) Nausea/vomiting

There was evidence that citalopram was associated with a higher rate of participants experiencing nausea than mirtazapine (OR 2.24, 95% CI 1.12 to 4.49,  $P = 0.02$ ; 1 trial, 270 participants), but not than reboxetine (Analysis 61.4).

#### h) Sedation/drowsiness

There was no evidence that citalopram was associated with a lower rate of participants experiencing somnolence than mirtazapine or reboxetine (Analysis 72.4).

#### i) Sleepiness/somnolence

There was no evidence that citalopram was associated with a lower rate of participants experiencing sedation/drowsiness than moclobemide (Analysis 76.4) or reboxetine (Analysis 76.5).

#### j) Urination problems

There was no evidence that citalopram was associated with a lower rate of subjects experiencing urination problems than reboxetine (Analysis 83.4).

#### k) Suicide wishes/gestures/attempts

No data available.

#### l) Deaths (all cause)/Completed suicide

No data available.

#### l) Other adverse events

In comparison with *hypericum*, citalopram was associated with a higher rate of patients experiencing gastrointestinal problems (OR 2.41, 95% CI 1.12 to 5.18,  $P = 0.02$ ; 1 trial, 258 participants) (Analysis 45.4) and vertigo (OR 6.12, 95% CI 1.33 to 28.17,  $P = 0.02$ ; 1 trial, 258 participants) (Analysis 85.3). Citalopram was associated with a lower rate of participants experiencing appetite increase (OR 0.16, 95% CI 0.03 to 0.72,  $P = 0.02$ ; 1 trial, 270 participants) (Analysis 19.2) and weight gain (OR 0.26, 95% CI 0.10 to 0.67,  $P = 0.005$ ; 1 trial, 270 participants) (Analysis 87.2) than mirtazapine, but it was associated with a higher rate of participants experiencing sweating (OR 7.91, 95% CI 2.29 to 27.29,  $P = 0.001$ ; 1 trial, 270 participants) (Analysis 77.4). Citalopram was associated with a lower rate of participants experiencing reduced salivation (OR 0.31, 95% CI 0.14 to 0.67,  $P = 0.003$ ; 1 trial, 357 participants) (Analysis 71.1) and sweating (OR 0.38, 95% CI 0.16 to 0.90,  $P = 0.03$ ; 1 trial, 357 participants) (Analysis 77.4) than reboxetine, but it was associated with a higher rate of participants with orgasmic dysfunction (OR 3.74, 95% CI 1.56 to 8.95,  $P = 0.003$ ; 1 trial, 357 participants) (Analysis 75.5), and with other sexual problems (OR 8.65, 95% CI 1.86 to 40.22,  $P = 0.006$ ; 1 trial, 101 participants) (Analysis 75.6).

### SUBGROUP ANALYSES

#### 1) Citalopram dosing

All studies used citalopram within the standard therapeutic range (20 to 60 mg/day). Only in one study were investigators allowed to use citalopram up to 80 mg/day, but the mean dose was below 60 mg/day (de Wilde 1985). Therefore, it was not meaningful to carry out this pre-planned subgroup analysis.

#### 2) Comparator dosing

All comparator doses were within the therapeutic range. Due to the small number of trials outside the therapeutic range, it was not considered meaningful to carry out this pre-planned subgroup analysis.

#### 3) Depression severity

The great majority of studies reported a mean baseline score corresponding to moderate to severe major depression. Therefore, it was not meaningful to carry out this pre-planned subgroup analysis.

#### 4) Treatment settings

Only three studies selectively recruited patients in general practice (Bougerol 1997b; Ekselius 1997; Lewis 2011) and only three studies enrolled only in-patients (Andersen 1986; de Wilde 1985; Hosak 1999), therefore, it was not considered meaningful to carry out this pre-planned subgroup analysis.

#### 5) Elderly patients

As only three studies specifically recruited elderly patients (Karlsson 2000; Kyle 1998; Navarro 2001), it was not meaningful to carry out this pre-planned subgroup analysis.

## FUNNEL PLOT ANALYSIS

Where available, the funnel plot analyses did not suggest evidence of publication bias, however, for many comparisons the presence of publication bias was not examined because there were insufficient trials to allow meaningful formal assessment using funnel plots.

## SENSITIVITY ANALYSES

### 1) Excluding trials with unclear concealment of random allocation and/or unclear double blinding

Although technically possible to carry out these sensitivity analyses, they were not performed, because they would not have contributed useful information due to the small number of studies (only two trials) reporting clear details on concealment of random allocation (Colonna 2005; Ou 2010). About 20% of studies were not double-blind (about one fifth), however they compared many different compounds with citalopram, so a sensitivity analysis excluding those studies from the analysis was not meaningful because it would not have been informative.

### 2) Excluding trials whose dropout rate was greater than 20%

Overall, in 16 studies dropout rate was less than 20% in each arm (Bougerol 1997b; de Wilde 1985; Gastpar 2006; Gravem 1987; Hosak 1999; Hsu 2011; Karlsson 2000; Khanzode 2003; Lalit 2004; Leinonen 1999; Lepola 2003; Lewis 2011; Matreja 2007; Moore 2005; Ou 2010; Yevtushenko 2007). However, excluding trials whose dropout rate was greater than 20% from the analysis did not materially change the results.

### 3) Performing the worst- and best-case scenario analysis

Results from these sensitivity analyses did not materially change the main findings (full details available on request from authors).

### 4) Excluding trials for which imputation methods were used

#### a) Imputed response rate

Excluding trials for which the response rate had to be calculated based on the imputation method, results for all comparisons did not materially change.

#### b) Imputed remission rate

We did not impute remission rates.

#### c) Borrowed SDs

Excluding trials for which the SDs had to be borrowed from other trials, results for all comparisons did not materially change.

### 5) Examination of “wish bias” and exclusion of studies funded by the pharmaceutical company marketing citalopram

These pre-planned sensitivity analyses were not carried out because we found only a few studies per comparison.

### 6) Excluding studies that included patients with bipolar depression or psychotic features

After discussion within the review group, we decided not to carry out these two pre-planned subgroup analyses, because only three studies included bipolar patients (Bougerol 1997a; Hosak 1999; Timmerman 1993) and only one study patients with psychotic symptoms (Navarro 2001).

## DISCUSSION

### Summary of main results

This systematic review and meta-analysis included 37 trials that compared citalopram versus other antidepressants in terms of

efficacy and tolerability. The included studies did not report on all the outcomes that were pre-specified in the protocol of this review and only a small number of trials per comparison was found for most ADs (with the exception of escitalopram). The present review showed that citalopram should be considered for treating depression because it was significantly more effective than other ADs (reboxetine and paroxetine) and appeared to be more acceptable than other AD, like tricyclics. The finding that citalopram was less effective than escitalopram should be carefully interpreted considering that all trials included in this comparison were sponsored by the manufacturer of both drugs, and therefore, the possibility of wish bias cannot be ruled out (Barbui 2004). The dataset of the present review collected insufficient randomised evidence to detect a difference in early response to treatment (within four weeks of treatment). Looking at the data reported in the trials included in this systematic review, the question on comparative efficacy of early onset response has yet to be proven and remains a matter of ongoing debate (Gourion 2008).

### Overall completeness and applicability of evidence

It has long been argued that placebo controlled trials are required to adequately demonstrate the efficacy of novel antidepressant drugs (Cipriani 2009a), however, in the present review we focused only on the comparison between citalopram and other active treatments. Retrieved randomised evidence compared citalopram with a selection of possible comparator antidepressants but only a few studies per comparison were found. Although the search was thorough, it is still possible that there are unpublished studies that have not been identified but the small number of trials identified per comparison hinders the detection of any publication bias. Although we did our very best to retrieve as much data as possible, through asking pharmaceutical companies and study authors to supply all available information, we can assume that data from some trials are still lacking, most of which are likely to be studies with negative findings. We are also aware of the possibility that a number of additional randomised controlled trials (RCTs) comparing citalopram with other antidepressant drugs are currently being conducted and will be included in future updates of the review.

### Quality of the evidence

All included studies were RCTs and were very similar in design and conduct. Using high-quality research evidence is relevant to review results and to speed translation of research in a way that really responds to clinically relevant questions. However, the quality of RCTs is not easy to assess and the problem of study quality is relevant for interpreting results and for usefulness of results in practice. Despite the fact that RCTs are the best methodological standards for clinical research, included studies failed to report key methodological issues. For example, the majority of trials still do not report adequate information about methods of randomisation and allocation concealment. The reporting of the outcomes in the included studies was often unclear or incomplete and the figures used for the analyses not immediately understandable. The scant information about randomisation and allocation concealment may be a matter of reporting in the text rather than real defects in study design. However, sometimes there were some discrepancies between published reports and unpublished data available on the websites of the pharmaceutical industries. When dealing with summary statistics, the quality of information is important. Meta-analyses of poor quality studies may be seriously misleading



(Ioannidis 2005), because the bias associated with defects in the conduct of primary studies (randomised trials) can seriously affect overall estimates of intervention. Systematic reviewers (not only within The Cochrane Collaboration) should routinely assess the risk of bias in the results of trials, and should report meta-analyses restricted to trials at low risk of bias (Wood 2008).

### Potential biases in the review process

Some possible limitations of this review should be noted.

- We had to impute the response rate, our primary outcome, for some of the included trials. However, we consider that imputation of response and remission rates by a validated statistical method (Furukawa 2006) in our review should minimize the risk of bias. Nevertheless, we regret that we were unable to do a sensitivity analysis excluding trials with imputed response rates. As we update this review and assemble more trials involving citalopram, we hope to conduct such a sensitivity analysis and be able to examine if our conclusions are robust.
- By making multiple comparisons we might have committed a type 1 error, that is, identifying and reporting a spurious association. As stated in the review protocol, we did not carry out a Bonferroni correction. As many statistical tests have been used in the review, the findings from this review are better thought of as hypothesis forming rather than hypothesis testing and it would be very comforting to see the conclusions replicated in future trials.
- Pharmaceutical industry sponsor. Most of included studies were sponsored by the drug industry, and these have been shown to be more than four times likely to demonstrate positive effects of the sponsors' drug as independent studies (Lexchin 2003). The sponsorship bias may play a role also in the issue related to the comparison between citalopram and escitalopram (Leonard 2010). Citalopram is the racemic mixture of S-citalopram and R-citalopram and escitalopram is the S-enantiomer of the racemate citalopram (Sanchez 2004). As for all other new investigational compounds, the potential for overestimation of treatment effect due to sponsorship bias should be borne in mind, as we found marked heterogeneity for the escitalopram comparisons. So, results reported for comparative efficacy favouring escitalopram have therefore to be viewed with caution because a possible inflation of efficacy in favour of escitalopram cannot be ruled out. We asked Lundbeck to have access to individual patient data and we are still waiting for a reply (last contact via e-mail correspondence: June 2010)
- Economic evaluation. In the present review only one RCT reported economic outcomes (Hosak 1999). The authors concluded that limitation of prescription of SSRIs in Czech Republic by health insurance companies did not appear to lead to cost savings, while it may have led to unnecessary patients' suffering due to adverse events of TCAs. Given that several SSRIs and the great majority of antidepressants are now available as generic formulation (only escitalopram and duloxetine are still on patent), more comprehensive economic estimates of antidepressant treatment effect should be considered to better inform healthcare policy.
- In this review we decided to focus on treatment response because it is one of the main goals for the treatment of major depressive disorder. The term "treatment response" describes a state of improvement in the patient's condition of sufficient quality to result in treating the physician's impression

of at least a moderate degree of global improvement, conventionally defined as a reduction of at least 50% in depressive symptomatology. However, from a clinical point of view, the ultimate goal of the acute treatment phase of major depressive disorder may well be to achieve remission. Full remission from depression correlates with better longer-term functional recovery, lower risk of relapse and higher level of patients satisfaction than partial response (without remission). Thus, one important limitation of the included trials (and consequently of the present review) is that only a few studies reported remission rates, underpowering the analysis and undermining the possibility to find significant differences between comparisons. Moreover, outcomes of clear relevance to patients and clinicians, in particular, patients' and their carers' attitudes to treatment, their ability to return to work and resume normal social functioning, were not reported in the included studies.

- In this review we included only RCTs. As debate in the scientific literature, one of the main limitations of efficacy trials is to include patients far from "real world" (Rothwell 2005). When drafting the systematic review protocol, we did our best to include as much evidence as possible to inform clinical practice, balancing internal with external validity (Cipriani 2009d). This is the reason why we included single-blind or non-blind randomised studies, but on the other hand, decided to exclude patients with medical comorbidity.
- As expected, in this review only a few studies reported data about suicide and deliberate self-harm (Geddes 2004). Deliberate self-harm, particularly suicide, is often thought to be a relatively "hard" outcome in studies of antidepressants, but enormous scope exists for ascertainment bias. Observational evidence offers insights into long-term and real-world outcomes for large groups of people, but it can rarely show a convincing causal relation between two events (Cipriani 2007). Systematic reviews of randomised controlled trials may increase statistical power, but absolute numbers of patients having rare adverse events such as completed or attempted suicide are low. Thus, reporting or not reporting a few cases can completely change the overall outcome (Cipriani 2005b).

### Agreements and disagreements with other studies or reviews

Even though it is matter of ongoing discussion in the scientific literature (Gartlehner 2010; Gartlehner 2011), there is now robust evidence that there are statistically and clinically significant differences among antidepressants (Cipriani 2009a). Results from this review are consistent with this interpretation and might contribute to developing and keeping up to date an evidence-based hierarchy of antidepressants to be used by clinicians (both specialists and general practitioners) (Barbui 2011). Even though citalopram was not among the best treatments in terms of efficacy, it scored well in terms of acceptability and remains an important option for physicians when an AD is to be prescribed for moderate-to-severe major depression.

## AUTHORS' CONCLUSIONS

### Implications for practice

Citalopram appears to be a suitable option to be used for moderate-to-severe acute major depression because it showed to be more

effective than other antidepressants (namely, paroxetine and reboxetine) and it was overall well tolerated.

### Implications for research

Results described in this systematic review come from a set of randomised studies that are in many cases financially supported by pharmaceutical industries. Industry-sponsored trials tend to follow a standard design which involves short-term, double-blind, parallel-group studies of patients with acute episodes or exacerbations of chronic illness. Moreover, it is known that economic support by drug manufacturer can strongly influence progress of research and its results. Consequently, there is a risk that these studies do not provide sufficient and adequate information to clinicians in real-world settings. Studies should be conducted with the intent of provide clinicians with useful practical data regarding the comparative effectiveness of marketed medications, and consider rating scale but also pragmatic outcome measures (for example hospitalisations, return to work, social functioning and so on). Considering the methodological limitation of standard systematic reviews that rely only on evidence from

direct comparisons and given the wide spectrum of available comparisons for the treatment of major depression, the use of the methodology of multiple treatments meta-analysis (MTM) may provide a more informative and clinically useful summary of the results that can be used to guide treatment decisions.

### ACKNOWLEDGEMENTS

The authors would like to thank Julian Higgins and Georgia Salanti for their helpful comments and feedback on the review protocol. We also would like to thank all authors that provided additional data to be used in the present report and especially Drs. Ladislav Hosak, Sidney Kennedy, Sven Langworth, Glyn Lewis, Stephen Stahl and Thomas Werge. We are grateful to the Fondazione Cariverona, who provided a three-year Grant to the WHO Collaborating Centre for Research and Training in Mental Health and Service Organisation at the University of Verona, directed by Professor Michele Tansella. The authors would also like to acknowledge and thank Hugh McGuire for his excellent editorial input on this and other MANGA reviews.



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\* Indicates the major publication for the study

## CHARACTERISTICS OF STUDIES

### Characteristics of included studies [ordered by study ID]

#### 29060/785

Methods	Six-week, double-blind, placebo-controlled, multicentre, parallel group, randomised study.
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#### Citalopram versus other anti-depressive agents for depression (Review)

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**29060/785** (Continued)

Participants	<p>Patients with major depressive disorder (DSM-IV criteria), with a Montgomery and Asberg Depression Rating Scale (MADRS) score of at least 17 (both at the screening and baseline visits).</p> <p>Exclusion criteria: patient who have taken other psychotropic drugs, had a history of schizophrenia or schizoaffective disorder, had current (or within 6 months prior to screening) Axis I anxiety disorder or Axis I affective disorder other than major depressive disorder. Patient who, in the investigator's judgement, posed a current homicidal or suicidal risk. Women who had a positive pregnancy test or who were lactating, women of child-bearing potential who were not practicing a clinically accepted method of contraception. Patient with a serious medical disorder or condition that, in the investigator's opinion, precluded the administration of paroxetine controlled release (CR) or citalopram. Patient undergoing any form of psychotherapy.</p> <p>Age range: 18-65 years.</p>	
Interventions	<p>Citalopram 20 mg/day: 107 participants</p> <p>Citalopram 40 mg/day: 100 participants</p> <p>Paroxetine CR 12.5 mg/day: 96 participants</p> <p>Paroxetine CR 25 mg/day: 103 participants</p> <p>Placebo: 105 participants</p>	
Outcomes	<p>Primary outcome: proportion of MADRS responders at the week 6 (last observation carried forward at endpoint). Response was defined as reduction of 50% or more in the MADRS total score, relative to the baseline total score.</p> <p>Secondary outcomes: mean change from baseline in the MADRS total score; proportion of subjects with a positive response (score of 1 or 2) on the global improvement rating of the Clinical Global Impression (CGI); mean change from baseline in Hamilton Anxiety Rating Scale (HAM-A) total score; mean change from baseline in CGI severity of illness rating; mean change from baseline in Hospital Anxiety and Depression Scale (HAD) total score; mean change from baseline in HAD, Anxiety and Depression sub-scales and mean change from baseline in Sheehan Disability Scale (SDS) total score. Safety was assessed via adverse event monitoring, vital signs, laboratory evaluation, serum pregnancy test, ECGs, physical exam and weight.</p>	
Notes	<p>This study was funded by GSK (paroxetine manufacturer).</p> <p>One death for suicide in the placebo group.</p>	
<b>Risk of bias</b>		
<b>Bias</b>	<b>Authors' judgement</b>	<b>Support for judgement</b>
Random sequence generation (selection bias)	Low risk	Quote: "Subjects were randomized (1:1:1:1) to either paroxetine CR 12.5 mg, paroxetine CR 25 mg, citalopram 20 mg, citalopram 40 mg, or placebo".
Allocation concealment (selection bias)	Unclear risk	No details reported
Blinding (performance bias and detection bias) All outcomes	Low risk	Quote: "paroxetine CR and citalopram were provided as over-encapsulated tablets (...) placebo capsules were identical in appearance to the active study medication capsules".
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Quote: "all subjects who were randomized to double-blind medication and had at least one valid post baseline efficacy assessment comprised the Intention-to-treat (ITT) efficacy population. The Last Observation Carried Forward (LOCF) data at week 6 were the primary dataset of interest".

**29060/785** (Continued)

Selective reporting (reporting bias)	High risk	Remission rate are missing.
Other bias	Unclear risk	Sponsorship bias cannot be ruled out.

**Allard 2004**

Methods	Twenty-two-week, double-blind, randomised, parallel group study.
Participants	Outpatients meeting DSM-IV criteria for major depression, having a minimum score of 20 on Montgomery and Asberg Depression Rating Scale (MADRS) and a $\leq 20\%$ change in MADRS score between pre-study and baseline visits, which were one-week apart.  Age-range: 64-89 years
Interventions	Venlafaxine: 76 participants.  Citalopram: 75 participants  Venlafaxine dose range: 75-150 mg/day  Citalopram dose range: 20-40 mg/day  Zopiclone ( $\leq 7.5$ mg/day) or zolpidem ( $\leq 5$ mg/day) for insomnia and medications for treatment of somatic disorders were allowed.
Outcomes	Primary outcome: change in MADRS score from baseline to week 8.  Secondary outcomes: Clinical Global Impression (CGI), subscale Severity of Illness and Global Improvement.  Geriatric Depression Scale (GDS-20).
Notes	This study was funded by Wyeth (venlafaxine manufacturer).  One death in the citalopram group (unknown cause of death).

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "the study was designed as a randomized". Probably done.
Allocation concealment (selection bias)	Unclear risk	No information provided.
Blinding (performance bias and detection bias) All outcomes	Low risk	Quote: "both venlafaxine and citalopram were administered orally in identically appearing capsules to maintain the double-blind integrity of the study".
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Even though an Intention-to-treat (ITT) approach was used, no reliable information was provided in the paper to check the consistency between methods and results (for instance, see figures in <a href="#">Table 1</a> of the published paper).  Quote: "Analyses of the efficacy variables were performed on an ITT patient population, defined as all randomised patients who had received at least one dose of study medication and with at least one efficacy evaluation while on

**Allard 2004** (Continued)

treatment [...] In case of missing values at 8 or 22 weeks, the last prior on-therapy value was carried forward (LOCF). Analyses of safety were performed on all patients who had received at least one dose of study medication."

Selective reporting (reporting bias)	High risk	No clear data about dropout rate in each group. Quote: "There were 33 withdrawals, nine of which due to adverse events (...). 118 patients completed the 6-month study...".
Other bias	Unclear risk	Sponsorship bias cannot be ruled out.

**Andersen 1986**

Methods	Five-week controlled, double-blind, multicentre study
Participants	In-patients having a total score of $\geq 18$ on the Hamilton Depression Rating Scale (HDRS) or a score of $\geq 9$ on the Hamilton Depression Sub-scale (HDSS).  Exclusion criteria: patients with age below 19 or above 65 years, schizophrenia, paranoid psychoses, oligophrenia, organic brain syndrome, chronic drug or alcohol abuse or serious somatic disease, such as myocardial infarction within the last 6 months, acute glaucoma, severe liver disease, hypertension, endocrine disorder, etc...Patients treated with MAO inhibitors or tricyclic antidepressants within the last 3 weeks were also excluded. Other reasons for exclusion were pregnancy, current depressive episode of more than 12 months duration, and severe retardation or suicidal behaviour (requiring ECT)
Interventions	Citalopram: 57 participants  Clomipramine: 57 participants  Citalopram: 40 mg/day  Clomipramine: 150 mg/day  Additional medication was restricted to oxazepam or nitrazepam as sedative/hypnotic. Other sedatives or neuroleptics were not allowed. Some patients received occasional doses of acetylsalicylic acid.
Outcomes	Primary outcome: change in HDRS and HDSS that is assumed to represent core symptoms in depressed patients.
Notes	Data on rating scale score at baseline are missing.

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "patients meeting the inclusion criteria were stratified according to diagnostic rating (endogenous versus non- endogenous) and department before being randomly allocated in a double blind fashion to treatment with either citalopram or clomipramine for five weeks".
Allocation concealment (selection bias)	Unclear risk	No information provided.
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Information provided is "double blind", without clear description of method.
Incomplete outcome data (attrition bias)	Unclear risk	No information provided.

**Citalopram versus other anti-depressive agents for depression (Review)**

**Andersen 1986** (Continued)

All outcomes

Selective reporting (reporting bias)	High risk	Data on rating scale score at baseline are missing. Information about side-effects are missing.
Other bias	Unclear risk	This study was not sponsored by pharmaceutical industry.

**Berlanga 2006**

Methods	Eight-week double-blind clinical trial.	
Participants	<p>Patients between 18 and 40 years, meeting the DSM-IV criteria for Major Depressive Disorder after two independent clinical interviews, and scoring at least 18 in the 21-item Hamilton Depression Rating Scale (HDRS).</p> <p>Patients were excluded if psychotic symptoms were present or a history of past manic, hypomanic or mixed episodes was confirmed. Also participants with uncontrolled medical illnesses, evidence of drug abuse or severe personality disorders were not included. In the case of women individuals with irregular menstrual cycles, pregnancy, breastfeeding, current hormonal treatments and biological or surgical menopause were also excluded.</p>	
Interventions	<p>Citalopram: 54 participants</p> <p>Reboxetine: 47 participants</p> <p>Citalopram dose range: 20-40 mg/day (mean dose: 25.8 SD 3.7).</p> <p>Reboxetine dose range: 4-8 mg/day (mean dose: 5.8 SD 1.5)</p>	
Outcomes	Change in HDRS scores from baseline to endpoint.	
Notes	This study was funded by Lundbeck (citalopram manufacturer).	

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "subjects were randomly assigned to an 8-week double blind comparative trial with reboxetine or citalopram". Probably done.
Allocation concealment (selection bias)	Unclear risk	No information provided.
Blinding (performance bias and detection bias) All outcomes	Low risk	Quote: "drugs were administered orally at bedtime using identical capsules containing 4 mg of reboxetine or 20 mg of citalopram as starting doses".
Incomplete outcome data (attrition bias) All outcomes	High risk	Quote: "comparison were done only with patients having at least five evaluations (basal and four weeks of treatment). In patients who had a minimum of five evaluations but did not complete the 8-week of follow-up, Last Observation Carried Forward (LOCF) procedure was used.
Selective reporting (reporting bias)	High risk	Continous data about the two groups are missing. The paper reported only data for men or for women.
Other bias	Unclear risk	Sponsorship bias cannot be ruled out.



**Bouchard 1987**

Methods	Six-week multicentre, controlled, double-blind trial.
Participants	<p>Patients who suffered from a depression which required drug treatment and which was of a severity corresponding to a total score of at least 15 on the Montgomery and Asberg Depression Rating Scale (MADRS) after a wash-out period of 3-7 days. The depression was classified as endogenous, doubtfully endogenous or non-endogenous, using the Newcastle rating scale and the DSM-III, as belonging to one of the following groups: major depressive episode with melancholia, major depressive episode without melancholia, atypical depression.</p> <p>Exclusion criteria: pregnancy or absence of use of an effective contraceptive methods, severe somatic disease (particularly severe cardiac, renal or hepatic disease), organic brain syndrome, schizophrenia or paranoid psychosis, epilepsy, abuse of alcohol or narcotics, treatment with MAO-inhibitors within the last 3 weeks preceding entry into the trial, previous unsuccessful treatment with one of the test drugs, patient's refusal to participate in the trial.</p>
Interventions	<p>Citalopram: 48 participants</p> <p>Maprotiline: 48 participants</p> <p>Citalopram dose range: 40-60 mg/day</p> <p>Maprotiline dose range: 75-150 mg/day</p> <p>Among psychotropic drugs, only benzodiazepines were allowed.</p>
Outcomes	Primary outcome: mean score on MADRS or Clinical Global Impression (CGI).
Notes	<p>This study was funded Lundbeck (citalopram manufacturer).</p> <p>One death for suicide in the citalopram group.</p>

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "the patients were allocated at random in blocks of four to double-blind treatment with either citalopram or maprotiline once daily for a period of 6 weeks". Probably done.
Allocation concealment (selection bias)	Unclear risk	No data provided
Blinding (performance bias and detection bias) All outcomes	Low risk	Quote: "Using the double-dummy half patients received active citalopram tablets and placebo maprotiline tablets and the other half was given placebo citalopram tablets and active maprotiline tablets". Probably done.
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	No clear data provided
Selective reporting (reporting bias)	High risk	CGI-S score at baseline are missing. Remission rate are reported only at endpoint (week 1-4 are missing).
Other bias	Unclear risk	Sponsorship bias cannot be ruled out.

**Bougerol 1997a**

Methods	Eight-week double-blind, multicentre study in a psychiatrist setting.
Participants	In- and outpatients fulfilling DSM-III-R criteria for a major depressive disorder or bipolar disorder. The severity of depression should be 25 or more on the Montgomery and Asberg Depression Rating Scale (MADRS). Age range: 18-65 years old. Exclusion criteria: pregnancy, lactation, failure to use a safe and effective contraceptive method, alcohol or drug abuse within the last year, patients with severe somatic, neurologic or psychiatric disease, treatment with MAOI within 2 weeks prior to entry the trial, hypersensitivity to study drugs, suicide risk.
Interventions	Fluoxetine: 158 participants. Citalopram: 158 participants. Fluoxetine dose: 20 mg. Citalopram dose range: 20-40 mg/day. Concomitant psychotropic medication was prohibited, but use of benzodiazepines for insomnia was allowed.
Outcomes	Primary outcome: MADRS. Secondary outcomes: Hamilton Depression Rating Scale (HDRS-17), Clinical Global Impression (CGI).
Notes	Three attempted suicides in citalopram group, and three attempted suicides in fluoxetine group.  This study was funded Lundbeck (citalopram manufacturer).

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	No clear data provided
Allocation concealment (selection bias)	Unclear risk	No data provided
Blinding (performance bias and detection bias) All outcomes	Low risk	Quote: "due to the different appearance of the two drugs the "double-dummy" principle was used to blind the study".
Incomplete outcome data (attrition bias) All outcomes	Low risk	Quote: "patients populations were defined as the Intention-to-treat (ITT) group and the Efficacy (EFF) group. The ITT population comprised all randomized patients. The EFF population consisted of all patients who fulfilled the entry criteria and had completed at least 14 days double-blind treatment. All efficacy analyses were made on the basis of the EFF population".
Selective reporting (reporting bias)	High risk	Some endpoint scores and baseline scores are missing.
Other bias	Unclear risk	Sponsorship bias cannot be ruled out.

**Bougerol 1997b**

Methods	Eight-week, double-blind, multicentre, parallel group study in general practice.
Participants	Outpatients (primary care) fulfilling DSM-III-R criteria for a major depressive disorder. The severity of depression should be 22 or more on the Montgomery and Asberg Depression Rating Scale (MADRS). Age range: 18-70 years.

**Citalopram versus other anti-depressive agents for depression (Review)**

**Bougerol 1997b** (Continued)

Exclusion criteria: pregnancy, lactation, failure to use a safe and effective contraceptive method, alcohol or drug abuse within the last year, patients with severe somatic, neurologic or psychiatric disease, treatment with MAOI within two weeks prior to entry the trial, hypersensitivity to study drugs, suicide risk.

Interventions	Fluoxetine: 184 participants. Citalopram: 173 participants. Fluoxetine dose: 20 mg. Citalopram dose: 20 mg/day. Concomitant psychotropic medication was prohibited, but use of benzodiazepines for insomnia.
Outcomes	Primary outcome: MADRS. Secondary outcomes: Hamilton Rating Scale for Depression (HDRS-17), Clinical Global Impression (CGI).
Notes	This study was funded Lundbeck (citalopram manufacturer).

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "patients were randomized to double blind treatment". Probably done.
Allocation concealment (selection bias)	Unclear risk	No data provided.
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Quote: "due to the different appearance of the two drugs the "double-dummy" principle was used to blind the study".
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Quote: " patients populations were defined as the Intention-to-treat (ITT) group and the Efficacy (EFF) group. The ITT population comprised all randomized patients. The EFF population consisted of all patients who fulfilled the entry criteria and had completed at least 14 days double-blind treatment. All efficacy analyses were made on the basis of the EFF population".
Selective reporting (reporting bias)	Unclear risk	Some endpoint scores and baseline scores are missing.
Other bias	Unclear risk	Sponsorship bias cannot be ruled out.

**Burke 2002**

Methods	Eight-week, double-blind, randomised, parallel group, multicentre study.
Participants	Outpatients meeting DSM-IV criteria for Major Depressive Disorder, having a minimum score of 22 on Montgomery-Asberg Depression Rating Scale (MADRS) and a minimum score of 2 on Item 1 of Hamilton Depression Rating Scale (HDRS). Age range: 18-65 years. Exclusion criteria: any DSM-IV Axis I disorder other than major depression, any personality disorder, a history of substance abuse, a suicide attempt within the past year or evidence of active suicidal ideation (as indicated by a score of at least 5 on item 10 of the MADRS), pregnancy, lactation, women of childbearing potential if they didn't agree to use a medically acceptable method of contraception, concomitant psychotropic medication.
Interventions	Escitalopram: 252 participants. Citalopram: 127 participants.

**Citalopram versus other anti-depressive agents for depression (Review)**

**Burke 2002** (Continued)

Escitalopram dose range: 10-20 mg/day.  
 Citalopram dose: 40 mg/day.  
 Zolpidem for insomnia was allowed (no more than three times per week).

**Outcomes** Primary Outcome: Change from baseline to week 8 in MADRS, HDRS-24, HDRS Depressed Mood Item, Clinical Global Impression-Improvement (CGI-I), Clinical Global Impression-Severity (CGI-S).  
 Secondary Outcomes: change in Hamilton Rating Scale for Anxiety (HAM-A), Center for Epidemiological Studies-Depression Scale (CES-D), Quality of Life Questionnaire (QOL) and a 16-item instrument derived from the QOL enjoyment and satisfaction questionnaire from baseline to endpoint.

**Notes** This study was funded by escitalopram manufacturer.  
 One suicide attempted in escitalopram 20 mg group. One intentional overdose in placebo group. One non-intentional overdose in citalopram 40 mg group.

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "Patients meeting eligibility criteria at a screening visit entered a 1-week, single blind, placebo lead-in period, returning for a baseline visit at the end of the lead-in period. Patients completing the placebo lead-in, who continued to meet all entry criteria, were then randomly assigned to receive 8 weeks of double blind treatment".
Allocation concealment (selection bias)	Unclear risk	No information provided.
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Quote: "in order to maintain the blind, all double blind study medication was administered as one capsule per day, regardless of dose of treatment group. No further adjustment of dosage was permitted".
Incomplete outcome data (attrition bias) All outcomes	Low risk	Quote: "Efficacy was assessed in the Intention-to-treat (ITT) population which included all patients who had received at least 1 dose of double blind study medication and had at least 1 post-baseline MADRS assessment".
Selective reporting (reporting bias)	Low risk	Remission rate are missing.
Other bias	Unclear risk	Sponsorship bias cannot be ruled out.

**Castanedo de Alba 1998**

<b>Methods</b>	Six-week, open-label, controlled study.
<b>Participants</b>	<p>Forty-two patients of both sexes ranging in age from 18 to 65 years were included in this trial if they fulfilled the criteria of major depressive disorder according to the DSM-III-R and had a minimum score of 17 on Hamilton Depression Rating Scale 17 Item (HDRS-17). All patients gave their written informed consent.</p> <p>The exclusion criteria were: patients with severe depression and suicidal tendencies, patients with psychotic symptoms, pregnant women, alcoholic or drug abuse patients, patients with epilepsy, with schizophrenia or other form of psychosis, patients with hepatic and/or renal disease, cardiac patients, patients with acquired immunodeficiency syndrome, with hepatitis or diabetes, patients who are been treated with other antidepressants within two weeks before the study, and patients with known hypersensitivity or resistance to citalopram or moclobemide.</p>

**Castanedo de Alba 1998** (Continued)

Interventions	Citalopram: 22 participants.  Moclobemide: 20 participants.  Citalopram dose range: 20-60 mg/day (mean dose: 28.0 mg)  Moclobemide dose range: 300-600 mg/day (mean dose: 545 mg)
Outcomes	Primary Outcome: Change from baseline to week 6 in HDRS-17.
Notes	This study was not sponsored by pharmaceutical industry.

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "patients were randomly allocated to two groups..."
Allocation concealment (selection bias)	Unclear risk	No information provided.
Blinding (performance bias and detection bias) All outcomes	High risk	Quote: "this was an open label study..."
Incomplete outcome data (attrition bias) All outcomes	High risk	Quote: "data from patients who withdrew from the study were not taken into account for the final analysis and were considered only for the statistical analysis of adverse reactions".
Selective reporting (reporting bias)	Unclear risk	Response rate and remission rate are missing.
Other bias	Unclear risk	This study was not sponsored by pharmaceutical industry.

**Colonna 2005**

Methods	Twenty-four-week, double-blind, randomised, parallel group, multicentre study.
Participants	Outpatients meeting DSM-IV criteria for Major Depressive Disorder, having a total score between 22 and 40 on Montgomery-Asberg Depression Rating Scale (MADRS). Age range: 18-65 years. Exclusion criteria: other serious illnesses on the basis of medical history and the screening results of a physical examination, electrocardiogram (ECG) and clinical laboratory tests, pregnancy, breast-feeding, non adequate contraception at time of screening, mania or any bipolar disorder, schizophrenia or any psychotic disorder, obsessive-compulsive disorder, eating disorders, mental retardation or any pervasive developmental or cognitive disorder, MADRS score $\geq 5$ on item 10, concomitant treatment with antipsychotics, antidepressants, hypnotics, anxiolytics, antiepileptics, barbiturates, chloral hydrate, 5-HT receptor agonists, electroconvulsive treatment, behaviour therapy or psychotherapy, use of any investigational drug within the past 30 days, history of schizophrenia, psychotic disorder or drug abuse, history of severe drug allergy or hypersensitivity (including to citalopram), a lack of response to more than one antidepressant treatment (including citalopram) during the present depressive episode.
Interventions	Escitalopram: 175 participants. Citalopram: 182 participants. Escitalopram dose: 10 mg/day. Citalopram dose: 20 mg/day.

**Citalopram versus other anti-depressive agents for depression (Review)**



**Colonna 2005** (Continued)

Benzodiazepines in low doses for insomnia were allowed.

Outcomes	Primary Outcome: Change from baseline in the mean of the MADRS during the 24 weeks. Secondary Outcomes: MADRS single items, Clinical Global Impression - Improvement (CGI-I), Clinical Global Impression - Severity (CGI-S).
Notes	This study was funded by Lundbeck.  Three suicide attempted in citalopram group; three suicide attempted in escitalopram group.  Remission: a score equal or less than 12 on MADRS.

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "There was an initial 1-week single-blind, placebo period, followed by randomization of patients in a 1:1 ratio to treatment (...). Patients were assigned to escitalopram or citalopram treatment according to a computer-generated randomization list drawn-up by Lundbeck".
Allocation concealment (selection bias)	Low risk	Quote: "The details of the randomization series were unknown to any of the investigators and were contained in a set of sealed opaque envelopes. At each study centre, sequentially enrolled patients were assigned the lowest randomization number available".
Blinding (performance bias and detection bias) All outcomes	Low risk	Quote: "all study personnel and participants were blinded (...), the study products were tablets of identical appearance, taste and smell".
Incomplete outcome data (attrition bias) All outcomes	Low risk	Quote: "Intention-to-treat (ITT) population included all randomised patients who took at least one dose of double-blind study product and who had at least one valid post-baseline MADRS assessment."
Selective reporting (reporting bias)	High risk	Missing standard deviations.
Other bias	Unclear risk	Sponsorship bias cannot be ruled out.

**de Wilde 1985**

Methods	Six-week controlled, double-blind, randomised trial.
Participants	In-patients suffering from endogenous depression or chronic dysthymic disorder (Spitzer's research Diagnostic Criteria), with a total score of at least 25 on the 10-item Comprehensive Psychopathological Rating Scale (CPRS) sub-scale for depression.  Age range: 18-70 years  Exclusion criteria: pregnancy/lactation, serious somatic disease (particularly of the heart, liver or kidneys), organic brain syndrome, need for ECT, abuse of alcohol or drugs, and treatment with MAO inhibitors within the previous 3 weeks.
Interventions	Citalopram: 30 participants  Mianserin: 30 participants  Citalopram dose range: 40-80 mg/die

**Citalopram versus other anti-depressive agents for depression (Review)**

**de Wilde 1985** (Continued)

Mianserin dose range:60-120 mg/die

Additional medication with benzodiazepine as sedatives/hypnotics was permitted.

Outcomes	Primary outcome: mean change at endpoint on the 10-item CPRS sub-scale for depression and on Clinical Global Impression - Severity (CGI-S).
Notes	This study was funded by Lundbeck (citalopram manufacturer).

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: " Patients were randomly allocated". Probably done.
Allocation concealment (selection bias)	Unclear risk	No information provided.
Blinding (performance bias and detection bias) All outcomes	Low risk	Quote: "double blind treatment with either citalopram or mianserin, administered as identically looking capsules".
Incomplete outcome data (attrition bias) All outcomes	High risk	Observed-case (completers) analysis only
Selective reporting (reporting bias)	High risk	No reliable data about response rate.
Other bias	Unclear risk	Sponsorship bias cannot be ruled out.

**Ekselius 1997**

Methods	Twenty four-week, double-blind, randomised multicentre study.
Participants	<p>General Practice patients fulfilling DSM-III-R criteria for major depression with a minimum baseline score of 21 on Montgomery-Asberg Depression Rating Scale (MADRS).</p> <p>Age range: 18-70 years old.</p> <p>Exclusion criteria: pregnancy, lactating, inadequate method of contraception, severe depression of psychotic dimension, history of serious suicide attempt or suicide risk, therapy refractory depression, previous treatment with sertraline or citalopram without significant effect, bipolar disorder, previous or present history of alcohol or drug abuse, history of epilepsy, known intolerance or allergic reactions to SSRIs, therapy with lithium within the preceding month, currently receiving and unable to discontinue any other psychotropic medication, except for a hypnotic for insomnia or a daytime anxiolytic, currently receiving treatment with cimetidine, warfarin or tryptophan, significant hepatic or renal disease, previous participation in the study. Patients who had been receiving antidepressants drugs required to have a washout period of at least 3 weeks.</p>
Interventions	<p>Sertraline: 200 participants.</p> <p>Citalopram: 200 participants.</p> <p>Sertraline dose: 50-150 mg/day.</p> <p>Citalopram dose: 20-60 mg/day.</p> <p>Permitted Nitrazepam 2.5-10 mg/day, flunitrazepam 0.5-2 mg/day and oxazepam 15-25 mg/day.</p>

**Ekselius 1997** (Continued)

Outcomes Primary Outcome: change in MADRS, Clinical Global Impression-Severity (CGI-S) and Clinical Global Impression-Improvement (CGI-I).

Notes This study was funded by Pfizer (sertraline manufacturer).

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "randomized". Probably done, as a similar trial by these investigators included the same phrase and used a proper method of allocation.
Allocation concealment (selection bias)	Unclear risk	Insufficient information.
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Quote: "double-dummy" but we have no other information.
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Missing standard deviations on MADRS data.
Selective reporting (reporting bias)	Unclear risk	The study protocol is not available.
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists.

**Gastpar 2006**

Methods	Six-week, double-blind, multicentre, placebo-controlled, randomised study.
Participants	<p>Outpatients with a moderate depressive episode having depression with a score of 20-24 on the first 17 items of the 21-item Hamilton Depression Rating Scale (HDRS-21) and diagnosis of moderate depression (first manifestation or recurrent depressive disorder) defined by ICD-10 criteria or according to DSM-IV criteria for major depressive episode and recurrent major depression; females taking adequate contraceptive or without child-bearing potential.</p> <p>Exclusion criteria: diagnosis of resistance to depression treatment, known schizophrenia, psychosis or dementia, depressive mood due to a serious general disease, known hypersensitivity to study medication, known photosensitivity, specific psychotherapy during the last two months or treatment with psychoactive drugs (antidepressants, neuroleptic drugs, anxiolytic drugs, etc...) during the last 3 weeks (6 weeks for fluoxetine) prior to study enrolment, and determined suicidal tendency by scores of &gt; 2 in item 3 of HDRS-21 scale or known attempted suicide.</p>
Interventions	<p>Citalopram: 127 participants.</p> <p><i>Hypericum</i> extract STW3-VI: 131 participants.</p> <p>Placebo: 130 participants.</p> <p>Citalopram: 20 mg/day</p> <p><i>Hypericum</i> extract STW3-VI: 900 mg/day</p>
Outcomes	Primary outcome: endpoint total score on HDRS.

**Gastpar 2006** (Continued)

Secondary outcomes: endpoint total score on the Von Zerssen's Adjective Mood Scale (BfS) and Clinical Global Impression (CGI) scale.

Notes This study was funded by STW3-VI manufacturer (EPA EuroPharma).

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "according to a randomization schedule using the randomization program IDV-Rancode 3.6, patients were chronologically randomized by the investigators to treatment groups by assigning them the lowest yet unassigned treatment number available at the trial centre".
Allocation concealment (selection bias)	Unclear risk	No information reported.
Blinding (performance bias and detection bias) All outcomes	Low risk	Quote: "the double-dummy technique was used to guarantee complete blinding for both investigator and patient at any time in the trial".
Incomplete outcome data (attrition bias) All outcomes	High risk	Quote: "the tests for superiority (STW3-VI over placebo) were carried out on the Intention-to-treat (ITT) population, the test for non-inferiority (of STW3-VI to citalopram) on the Per Protocol (PP) population."
Selective reporting (reporting bias)	Unclear risk	No clear data about dropout rate in each group.
Other bias	Unclear risk	Sponsorship bias cannot be ruled out.

**Gravem 1987**

Methods	Six-week, double-blind, multicentre trial
Participants	In- and out-patients who were referred to hospital for a depression requiring drug treatment. The patient's depression was classified as endogenous or non-endogenous by means of the Newcastle Depression Scale I.  Age range: 18-70 years  Exclusion criteria: serious physical disease, pregnancy, previous resistance to therapy with amitriptyline or citalopram in doses considered to be adequate.
Interventions	Citalopram: 27 participants  Amitriptyline: 24 participants  Citalopram dose range: 20-60 mg/day  Amitriptyline dose range: 75-225 mg/day  Additionally treatment was not allowed apart from low doses of diazepam or nitrazepam for severe anxiety or insomnia, if necessary.
Outcomes	Primary outcome: endpoint total score on the 10-item Comprehensive Psychopathological Rating Scale (CPRS) sub-scale for depression.
Notes	This study was funded by Lundbeck (citalopram manufacturer).

**Citalopram versus other anti-depressive agents for depression (Review)**

**Gravem 1987** (Continued)

No signed informed consent was required, neither from the patient nor from his relatives. The clinician informed the patient of the object of the study and that he/she was quite free to participate. At that time there were no ethical committees in Norway to evaluate the design of study (Health Authorities approved the study).

One suicide attempted in citalopram group.

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	No reliable information provided (no data about sequence generation).
Allocation concealment (selection bias)	Unclear risk	No information reported.
Blinding (performance bias and detection bias) All outcomes	Low risk	Quote: "tablets of identical appearance were prepared". Probably done.
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	No information about incomplete data in each group.
Selective reporting (reporting bias)	High risk	No MADRS scores were reported (neither at baseline nor at endpoint). Response rate and remission rate are missing.
Other bias	Unclear risk	Sponsorship bias cannot be ruled out.

**Hosak 1999**

Methods	Four-week, randomised and open study.
Participants	Hospitalised patients. Diagnoses for inclusion (according to the ICD-10 criteria) were: bipolar affective disorder, most recent episode depressed (8 participants); major depressive episode, single (44 participants), major depressive episode, recurrent (38 participants).  Average age: 44.5 years (SD14.3).
Interventions	Citalopram: 29 participants.  Amitriptyline: 31 participants.  Fluoxetine: 30 participants.  Citalopram dose range: 20-60 mg/day  Amitriptyline dose range: 150-300 mg/day  Fluoxetine: 20-60 mg/day
Outcomes	Primary Outcome: mean change on Hamilton Depression Rating Scale 21-item (HDRS-21).
Notes	Study report published only in Czech.

**Risk of bias**



**Hosak 1999** (Continued)

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "the subjects were randomized to the study antidepressant using computer randomization program (Excel) at the beginning of the initial hospitalization at the Dpt. of Psychiatry in Hradec Kralovc."
Allocation concealment (selection bias)	Unclear risk	No information reported.
Blinding (performance bias and detection bias) All outcomes	Unclear risk	No information reported.
Incomplete outcome data (attrition bias) All outcomes	High risk	No information reported.
Selective reporting (reporting bias)	Unclear risk	No information reported.
Other bias	Unclear risk	No information reported.

**Hsu 2011**

Methods	Six-week, randomised, double-blind study.
Participants	<p>Outpatients aged between 20 and 65 years, who met the DSM-IV criteria for MDD, experiencing a drug naive first depressive episode, exhibited a total score on the Montgomery-Asberg Depression Rating Scale (MADRS) (MADRS of &gt; or = 25 at screening, and displayed a &lt; or = 20% decrease in MADRS score between screening and baseline visits).</p> <p>Patients were excluded from the trial if they had a history of severe allergy or major medical illness. Were also excluded patients who displayed acutely suicidal tendencies, or had a history of drug or alcohol dependence or abuse. In addition, patients were excluded if they had previously received treatment of any antidepressant or had taken monoamine oxidase inhibitors. Women who were pregnant, lactating, and women with childbearing potential who were not using a medically acceptable form of contraception were also excluded.</p>
Interventions	<p>Citalopram: 25 participants.</p> <p>Sertraline: 26 participants.</p> <p>Citalopram dose: 20 mg/day.</p> <p>Setraline dose: 50 mg/day.</p>
Outcomes	Primary outcomes: MADRS total score, response and remission rates.
Notes	

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "Patients were randomly assigned". Likely done

**Hsu 2011** (Continued)

Allocation concealment (selection bias)	Unclear risk	No information provided.
Blinding (performance bias and detection bias) All outcomes	Unclear risk	No information provided.
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Quote: "The primary efficacy end points were the mean difference in MADRS total score at baseline and weeks 1, 3, and 6. Other efficacy end points included the percentage of patients with MADRS remission (MADRS total scores $\leq 10$ ) and response (Q50% reduction from randomization in MADRS total score) at treatment week 6. Tolerability was assessed as the percentage of patients who developed specific adverse events during the treatment period."
Selective reporting (reporting bias)	High risk	MADRS scores were reported only in figures.
Other bias	Unclear risk	Sponsorship bias cannot be ruled out.

**Karlsson 2000**

Methods	Twelve-week, randomised, multicentre, double-blind study.
Participants	<p>In- or out-patients being treated in psychiatric hospitals, psychiatric specialist or general practices, or geriatrics units. Patients were to have a diagnosis of major depression (DSM-III-R criteria), a Montgomery and Asberg Rating Scale for Depression (MADRS) total score of <math>\geq 20</math> and a Mini Mental State Examination (MMSE) total score of at least 16. For patients with a MMSE score of 16-24, the DSM-III-R diagnosis forms for dementia were completed.</p> <p>Exclusion criteria: patients having schizophrenia or related psychotic disorder, neurological disease other than vascular or primary degenerative dementia, focal cortical deficit or chronic drug or alcohol abuse. Patients with severe somatic disorders, such as cardiac, renal, hepatic or endocrinological disorders or blood laboratory abnormalities, which, in the opinion of investigator, interfered with participation in the study. Patients were not to have received other antidepressants during previous 4-7 days; irreversible MAO-inhibitors (A or B), lithium or carbamazepine during the previous 2 weeks, or fluoxetine during the previous 5 weeks. Patients were also excluded if they had received electroconvulsive therapy within the previous 8 weeks, oral or parenteral neuroleptics during the previous week, depot neuroleptics during the previous 4 weeks, an investigational drug during the previous 3 months, or were known to be intolerant to or have had a non-response to the study drugs. Patients at risk for suicide in the investigator's opinion and patients treated with oral anticoagulants.</p> <p>Age: 65 years or older.</p>
Interventions	<p>Citalopram: 163 participants.</p> <p>Mianserin: 173 participants.</p> <p>Citalopram dose range: 20-40 mg/day</p> <p>Mianserin dose range: 30-60 mg/day</p>
Outcomes	<p>Primary outcome: mean change at endpoint on MADRS.</p> <p>Secondary outcomes: mean change in Clinical Global Impression-Severity (CGI-S) of Illness and Clinical Global Impression-Improvement (CGI-I) scales, Gottfries-Brane-Steen (GBS) sub-scale 3 ("emotion-</p>

**Karlsson 2000** (Continued)

al functions") and sub-scale 4 ("symptoms common in dementia disorders") and MMSE. In addition, a modified Well-Being Questionnaire was completed at baseline and week 12.

Notes This study was funded by Lundbeck (citalopram manufacturer).

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	No clear information about sequence generation. Quote: "Patients were randomly assigned".
Allocation concealment (selection bias)	Unclear risk	No information about allocation concealment.
Blinding (performance bias and detection bias) All outcomes	Low risk	Quote: "to ensure blinding, the citalopram and mianserin tablets were identical in appearance and were taken once daily, preferably in the evening".
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Quote: "two different populations were analysed: for primary efficacy analysis the efficacy population was chosen. (...) For secondary analysis, the Intention-to-treat (ITT) population was chosen. Primary and secondary efficacy variables were evaluated in both of these populations".
Selective reporting (reporting bias)	High risk	MADRS score and remission rate are missing.
Other bias	Unclear risk	Sponsorship bias cannot be ruled out.

**Khanzode 2003**

Methods	Twelve-week, prospective, open-label, randomised study
Participants	Patients with major depression according to the DSM-IV criteria.  Exclusion criteria: patients having a score less than 14 were excluded from the study, patients with other axis I and axis II diagnoses besides major depression. Medical illnesses including endocrine, metabolic or autoimmune disorders known to affect free radical status
Interventions	Citalopram: 33 participants.  Fluoxetine: 34 participants.  Citalopram dose: 20 mg/day.  Fluoxetine dose: 20 mg/die.
Outcomes	Primary outcome: MDA and SOD concentration levels.  Secondary outcomes: change in Hamilton Depression Rating Scale (HDRS) score from baseline to week 12.
Notes	Indian study.

**Risk of bias**

**Khazode 2003** (Continued)

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "patients who were suitable for drug treatment were allocated randomly".
Allocation concealment (selection bias)	Unclear risk	No information provided.
Blinding (performance bias and detection bias) All outcomes	High risk	Open label study.
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	No information provided.
Selective reporting (reporting bias)	Unclear risk	No information provided.
Other bias	Unclear risk	Sponsorship bias cannot be ruled out.

**Kyle 1998**

Methods	Eight-week, double-blind, parallel group, multicentre study.
Participants	<p>Patients over 65 years of age diagnosed with major depression as defined by DSM-III-R criteria, with a Mini Mental State Examination (MMSE) score <math>\geq 24</math> and a score <math>\geq 22</math> on the Montgomery and Asberg Rating Scale for Depression (MADRS) at both the screening (day 7) and baseline visits (day 0).</p> <p>Exclusion criteria: patients with renal or hepatic disorders, cardiovascular disorders, prostatism or urinary retention, glaucoma, epilepsy, organic mental disease, marked mental retardation, other psychiatric disorders, alcohol or drug dependence, uncontrolled diabetes or other endocrine disease, or uncontrolled hypertension, or if they required treatment with guanethidine or bethanidine. Patients receiving treatment with a psychotropic medication, those considered at suicide risk, with a recent depressive episode lasting less than 2 weeks, those with a known resistance to treatment with an SSRI or TCA, those who had taken MAO inhibitors in the last 2 weeks, and those who had taken fluoxetine in the last 5 weeks.</p> <p>Age range: 65-90 in citalopram group. 65-89 in amitriptyline group.</p>
Interventions	<p>Citalopram: 179 participants.</p> <p>Amitriptyline: 186 participants.</p> <p>Citalopram dose range: 20-40 mg/day</p> <p>Amitriptyline dose range: 50-100 mg/day</p>
Outcomes	Primary outcome: mean change on MADRS score from baseline to endpoint of study.
Notes	<p>This study was funded by Lundbeck (citalopram manufacturer).</p> <p>Information about suicide attempts are not clear. Quote: "suicide attempts were observed exclusively in the amitriptyline group".</p>

**Risk of bias**

**Kyle 1998** (Continued)

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "patients (...) were randomly assigned to receive citalopram or amitriptyline".
Allocation concealment (selection bias)	Unclear risk	No information reported
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Quote: "double-blind, "double-dummy".
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Quote: "all analyses were performed on data from all randomized patients who had at least one post-baseline measurement (ITT population). Patients who remained in therapy for at least 4 weeks with an average compliance of at least 50% constituted the efficacy (EFF) population".
Selective reporting (reporting bias)	High risk	Hamilton Depression Rating Scale (HDRS) and Clinical Global Impression (CGI) scores are missing. MADRS score at baseline is missing.
Other bias	Unclear risk	Sponsorship bias cannot be ruled out.

**Lalit 2004**

Methods	Four-week controlled, randomised, double-blind study.
Participants	<p>Outpatients, 18 to 65 years of age, with ICD-10 diagnosis of Major Depressive Episode and a minimum score of 18 on the Hamilton Rating Scale for Depression.</p> <p>Patients were excluded if they had recent ongoing significant non-psychiatric medical disorder, a history of substance abuse, chronic suicidal ideation and behaviour, participated in any drug trial within 4 weeks, schizoaffective or bipolar disorder, seizure disorder, anorexia nervosa, hepatic and renal system dysfunction, therapy with lithium within the preceding month, treatment with cimetidine, warfarin or MAO inhibitors, hypersensitivity to citalopram, escitalopram and sertraline and non responders to citalopram and sertraline. Women of childbearing age not using contraceptives, pregnant women, lactating mothers, women desiring to have children were also excluded.</p>
Interventions	<p>Citalopram: 74 participants.</p> <p>Escitalopram: 69 participants.</p> <p>Sertraline: 71 participants.</p> <p>Citalopram dose: 20-40 mg/day.</p> <p>Escitalopram dose: 10-20 mg/day.</p> <p>Sertraline dose: 100-150 mg/day.</p>
Outcomes	Primary outcomes: change in Hamilton Rating Scale for Depression, Clinical Global Impression scores, response rate, remission rate.
Notes	This study was sponsored by Torrent pharmaceuticals.

**Risk of bias**

Bias	Authors' judgement	Support for judgement
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**Citalopram versus other anti-depressive agents for depression (Review)**



**Lalit 2004** (Continued)

Random sequence generation (selection bias)	Low risk	Quote: "randomized". Likely done
Allocation concealment (selection bias)	Unclear risk	No information provided.
Blinding (performance bias and detection bias) All outcomes	Low risk	No clear information provided. Probably done Quote: "...double-blind, single dummy, titratable dose, parallel group, multi-centric study". And "...In order to maintain the blind, all double blind study medication was administered in alu - alu (aluminum - aluminum) strips."
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	No information about secondary outcome were reported. Quote: "Primary Efficacy Measures: 1) Change in HAM-D total score (The sum of all 17 items); 2) CGI -S score and CGI -I score; 3) Response rate: HAM-D score decrease by 50% from baseline; 4) Remission rate: HAM-D score below 8.
Selective reporting (reporting bias)	High risk	Primary outcomes data such as HDRS total scores and CGI total scores were reported only in figures.
Other bias	Unclear risk	Sponsorship bias cannot be ruled out.

**Langworth 2006**

Methods	Twenty-four-week, double-blind, parallel group, randomised, multicentre study
Participants	<p>Outpatients or day hospital clinic patients having a total score of 22 or more on the 21-item Hamilton Depression Rating Scale (HDRS-21) at screening and baseline, with major depressive disorder without psychotic features, diagnosed using DSM-IV criteria.</p> <p>Age range: 16-71 years.</p> <p>Exclusion criteria: medical complication or physical finding that could interfere with study activities or drug absorption, distribution, metabolism or excretion, a history of electroconvulsive therapy within the previous 6 months, hypersensitivity or a lack of response to a previous course of reboxetine or citalopram, or a positive serum pregnancy test or breast-feeding.</p>
Interventions	<p>Citalopram: 176 participants.</p> <p>Reboxetine: 181 participants.</p> <p>Citalopram: 20-40 mg/day</p> <p>Reboxetine: 8-10 mg/day</p> <p>Sedatives/hypnotics taken on an as-needed basis for sleep were allowed. Other psychotropic medications were not allowed.</p>
Outcomes	<p>Primary outcome: endpoint score on the HDRS-21.</p> <p>Secondary outcomes: change from baseline in total score on Montgomery-Asberg Depression Rating Scale (MADRS), Clinical Global Impression (CGI), Social Adaptation Self-evaluation Scale (SASS) and Sexual Function Scale (SF), response rate (reduction of at least 50% in HDRS total score from baseline), remission rate (HDRS total score of 10 or less at each post-baseline visit), time to response and time to remission.</p>
Notes	This study was funded by Pfizer (reboxetine manufacturer).

**Langworth 2006** (Continued)

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Insufficient information to assess whether adequate sequence generation was made. Quote "patients were randomized to receive 24 weeks of treatment with reboxetine or citalopram".
Allocation concealment (selection bias)	Unclear risk	No information reported.
Blinding (performance bias and detection bias) All outcomes	Unclear risk	No information provided.
Incomplete outcome data (attrition bias) All outcomes	High risk	Quote: "two types of analyses were performed for the primary variable (HDRS total score), namely Last Observation Carried Forward (LOCF) and Observed Cases (OC). (...) when data were analysing, it was however concluded that the LOCF analysis was less valid because there was a huge amount of missing data. Another reason for nor using the LOCF was that the treatment effect was increasing over time, which would have been ignored in an LOCF analysis. The OC was therefore finally considered as the most valid analysis for the primary efficacy variable".
Selective reporting (reporting bias)	High risk	No clear data about dropout rate in each group.
Other bias	Unclear risk	Sponsorship bias cannot be ruled out.

**Leinonen 1999**

Methods	Eight-week, double-blind, multicentre, randomised study.
Participants	<p>Patients fulfilling the DSM-IV criteria for a major depressive episode according to the DSM-IV check-list with a total score of <math>\geq 22</math> on the Montgomery and Asberg Rating Scale for Depression (MADRS).</p> <p>Exclusion criteria: patients with a history or presence of bipolar disorder, depressive disorder (not otherwise specified), schizophrenia, adjustment disorder, schizotypal or borderline personality disorder, organic mental disorder, anxiety disorders preceding depression, or presence of eating disorders (anorexia or bulimia nervosa), post-partum depression, epilepsy or a history of seizure disorder or treatment with anticonvulsant medication for epilepsy or seizures, alcohol or substance abuse during the last 12 months, with actual risk of committing suicide defined as MADRS score 5 or 6 or assessed by investigators as being at high risk of committing suicide. Patients with a previous history or actual presence of any meaningful renal, hepatic, respiratory, cardiovascular or cerebrovascular disease or other serious, progressive physical disease, or with any clinically meaningful abnormal finding uncovered during the physical examination and/or clinically significant abnormal laboratory results at screen and still present at baseline. Non-responders to antidepressant treatment. Patients participating in any other clinical trials or treated before the start of active treatment with MAO inhibitors (2 weeks), fluoxetine (4 weeks), citalopram (current episode), electroconvulsive therapy (3 months), benzodiazepines (2 weeks), other psychotropic drugs (1 week). Women pregnant or lactating, or women who intended to become pregnant during the course of the study were not eligible for participation.</p>
Interventions	<p>Citalopram: 133 participants.</p> <p>Mirtazapine: 137 participants.</p> <p>Citalopram dose range: 20-60 mg/day (mean: 36,6 sd: 9,7)</p>

**Citalopram versus other anti-depressive agents for depression (Review)**

**Leinonen 1999** (Continued)

Mirtazapine dose range: 15-60 mg/day (mean: 35,0 sd: 6,9)

Outcomes	Outcomes: mean change on MADRS, Hamilton Anxiety Scale (HAM-A), Clinica Global impression (CGI), Leeds Sleep Evaluation Questionnaire (LSEQ) and Quality of Life Enjoyment and Satisfaction Questionnaire (QLESQ) score.
Notes	This study was founded by Mirtazapine manufacturer (Organon).

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "patients were allocated to treatment with either mirtazapine or citalopram, according to the centrally prepared randomization list".
Allocation concealment (selection bias)	Unclear risk	No information provided.
Blinding (performance bias and detection bias) All outcomes	Low risk	Quote: "active medication was prepared as indistinguishable looking tablets and packaging was performed using a double-dummy technique".
Incomplete outcome data (attrition bias) All outcomes	Low risk	Quote: "efficacy analyses were based on Intention-to-treat (ITT) patient sample, thus including all randomized subject who received at least one dose of study medication and had at least one post-baseline efficacy assessment on MADRS, using the Last Observation Carried forward (LOCF) method.
Selective reporting (reporting bias)	Unclear risk	No information reported.
Other bias	Unclear risk	Sponsorship bias cannot be ruled out.

**Lepola 2003**

Methods	Eight-week, double-blind, randomised, multicentre study.
Participants	Outpatients meeting DSM-IV criteria for Major Depressive Disorder and having a total score on Montgomery-Asberg Depression Rating Scale (MADRS) between 22 and 40. Age range: 18-65 years. Exclusion criteria: mania or any bipolar disorder, schizophrenia or any psychotic disorder, obsessive-compulsive disorder, eating disorder, mental retardation, any pervasive developmental disorder or cognitive disorder (according to DSM-IV criteria), MADRS score $\geq 5$ on item 10, treatment with antipsychotics, antidepressants, hypnotics, anxiolytics, barbiturates, chloral hydrate or other 5-hydroxytryptamine receptor agonists, electroconvulsive treatment, treatment with behaviour therapy or psychotherapy.
Interventions	Escitalopram: 156 participants.  Citalopram: 161 participants. Escitalopram dose range: 10-20 mg/day. Citalopram dose range: 20-40 mg/day. Benzodiazepines for insomnia were allowed.
Outcomes	Primary outcome: Change from baseline to week 8 in MADRS. Secondary Outcomes: Clinical Global Impression-Improvement (CGI-I), Clinical Global Impression-Severity (CGI-S), MADRS Individuals Items (apparent sadness, reported sadness, inner tension,

**Lepola 2003** (Continued)

reduced sleep, reduced appetite, concentration difficulties, lassitude, inability to feel, pessimistic thoughts, suicidal thoughts).

Notes

This study was funded by escitalopram manufacturer.

One fetal death in female patient treated with citalopram; one unintended pregnancy in female patient treated with escitalopram.

Remission: a score equal or less than 12 on MADRS.

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "Patients were randomized". Probably done.
Allocation concealment (selection bias)	Unclear risk	No information provided.
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Quote: " there was an initial single blind placebo period, followed by randomization of eligible patients in a 1:1:1 ratio of escitalopram, citalopram and placebo treatment". The following weeks are in double-blind conditions.
Incomplete outcome data (attrition bias) All outcomes	Low risk	Quote: "Intention-to-treat (ITT) population included all randomized patients who took at least one dose of double-blind study product and who had at least one valid post-baseline MADRS assessment."
Selective reporting (reporting bias)	High risk	Many rating scales listed in Methods, but only a few reported.
Other bias	Unclear risk	Sponsorship bias cannot be ruled out.

**Lewis 2011**

Methods	Twelve-week, randomised controlled trial.
Participants	<p>Patients with depression, recruited in primary care, aged 18-74 years who had already agreed with their general practitioner that antidepressant should be prescribed.</p> <p>Patients who had taken antidepressant medication within the 2-weeks prior to the baseline assessment and those who could not complete self-administered scales were excluded. General practitioner also excluded those with medical contraindications, psychosis, bipolar affective disorder, major substance or alcohol misuse and others whose participation was deemed inappropriate.</p>
Interventions	<p>Citalopram: 298 participants.</p> <p>Reboxetine: 303 participants.</p> <p>Citalopram dose: 20 mg/day.</p> <p>Reboxetine dose: 8 mg/day.</p>
Outcomes	<p>Primary outcome: total Beck depression Inventory Score (BDI) at 6-weeks.</p> <p>Secondary outcomes: remission rates (defined as BDI score &lt; 10) at 6-weeks, Short Form Health Survey mental and physical sub-scale scores and Hospital Anxiety and Depression Scale total scores.</p>

**Lewis 2011** (Continued)

Notes

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "Randomization was conducted using a computer-generated code, administered centrally and communicated by telephone and thereby concealed in advance from the researcher. Allocation was stratified by severity of symptoms and by centre, using variable block sized to maximise concealment".
Allocation concealment (selection bias)	Low risk	Quote: "(Randomization was) concealed in advance from the researcher. Allocation was stratified by severity of symptoms and by centre, using variable block sized to maximise concealment".
Blinding (performance bias and detection bias) All outcomes	Unclear risk	No data reported
Incomplete outcome data (attrition bias) All outcomes	High risk	High attrition rate and unbalance between treatment groups (about 20% of lost to follow up in the citalopram group and about 30% in the reboxetine group)
Selective reporting (reporting bias)	Low risk	Primary outcome data were reported.
Other bias	Low risk	Sponsorship bias can be ruled out.

**Lu 10-171, 83-01**

Methods	Six-week, randomised, double-blind study.
Participants	<p>In-and outpatients of either sex, 18-65 years old, who had given their informed consent to participate in the study, and who were suffering from a major depressive episode (DSM-III classification) of a severity corresponding to a total score of at least 18 points on the HDRS-17 items.</p> <p>Exclusion criteria: concurrent somatic disease (particularly severe liver, heart or kidney disease); pregnancy or absence of use of an effective contraceptive method; a history of epilepsy, glaucoma, urinary retention, alcoholism, pyloric stenosis or symptomatic prostatic hypertrophy, marked mental subnormality, need of ECT or administration of ECT during the previous month, treatment with TCA in adequate dosage (100 mg/day of amitriptyline or equivalent) during the last month or with a MAO-I during the last 2 weeks prior to entry into the study.</p>
Interventions	<p>Citalopram: 23 participants.</p> <p>Citalopram dose range: 20-60 mg/day.</p> <p>Imipramine: 22 participants.</p> <p>Imipramine dose range: 50-150 mg/day.</p>
Outcomes	Outcomes: Change from baseline to week 6 in HDRS-17 items, Leeds self rating scale.
Notes	This study was funded by Lundbeck.

**Risk of bias**
**Citalopram versus other anti-depressive agents for depression (Review)**

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**Lu 10-171, 83-01** (Continued)

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "the randomization was made in block of 4 according to a code prepared by the Biostatistical Department of Lundbeck".
Allocation concealment (selection bias)	Unclear risk	No information about allocation concealment.
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Quote: "double blind study".
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	No information reported.
Selective reporting (reporting bias)	Unclear risk	No information reported.
Other bias	Unclear risk	Sponsorship bias cannot be ruled out.

**Lu 10-171,79-01**

Methods	Eight-week, double-blind, randomised study.	
Participants	Hospitalised depressed patients who needed antidepressant medication.  Age range: 18-65 years.  Exclusion criteria: patients with severe somatic disorders (particularly in heart, liver and kidney), pregnant patients and patients who did not wish to participate after having been informed of the trial.	
Interventions	Citalopram: 21 participants.  Citalopram dose range: 40-60 mg/day. Nortriptyline: 22 participants.  Nortriptyline dose range: 50-150 mg/day.	
Outcomes	Outcomes: change in the severity of depression assessed using the HDRS and CGI scores.	
Notes	This study was funded by Lundbeck.	

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "patients fulfilling the inclusion criteria were allocated randomly".
Allocation concealment (selection bias)	Unclear risk	No information about allocation concealment.
Blinding (performance bias and detection bias) All outcomes	Low risk	Quote: "in order to ensure blindness, the nortriptyline tablets were supplemented with placebo tablets up to a total of 4 tablets. The initial dose of nortriptyline was estimated for all patients, and in accordance with the randomization list the drugs were packed by the hospital laboratory in doses box-

**Citalopram versus other anti-depressive agents for depression (Review)**

**Lu 10-171,79-01** (Continued)

		es containing citalopram only or nortriptyline plus any necessary placebo tablets".
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	No information reported.
Selective reporting (reporting bias)	Unclear risk	No information reported.
Other bias	Unclear risk	Sponsorship bias cannot be ruled out.

**Matreja 2007**

Methods	Six-week, open-label, prospective, randomised study.
Participants	Patients suffering from Major Depressive Disorder as per DSM-IV criteria were enrolled in the study, with Hamilton Depression Rating Scale (HDRS) score >18.  Age range: 18-75 years.
Interventions	Citalopram: 50 participants.  Sertraline: 50 participants.  Citalopram dose range: 20-60 mg/day (mean dose: 33 sd: 13).  Sertraline dose range: 50-150 mg/day (mean dose 96 sd: 35).
Outcomes	Outcomes: change in the severity of depression assessed using the HDRS, Montgomery and Asberg Rating Scale for Depression (MADRS) and Amritstar Depressive Inventory (ADI) scores.
Notes	No information provided about study sponsorship.

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "a total of 100 patients were randomized into two groups as per random number table". Probably done.
Allocation concealment (selection bias)	Unclear risk	No information about allocation concealment.
Blinding (performance bias and detection bias) All outcomes	High risk	Open-label study.
Incomplete outcome data (attrition bias) All outcomes	Low risk	Quote: "the primary statistical analysis was Intention-to-treat (ITT) for all safety and efficacy variables with the Last Observation Carried Forward (LOCF) for those patients who had at least 2 weeks data".
Selective reporting (reporting bias)	High risk	Also data about individual side-effects are missing.
Other bias	Unclear risk	Sponsorship bias cannot be ruled out.

### Moeller 2003

Methods	Four-week, prospective, randomised study.
Participants	In-patients fulfilling DSM-IV criteria for unipolar depression.  Exclusion criteria: patients who were not physically healthy, needed further medication, had a history of endocrine disorders, were pregnant or were suffering from alcohol or drug abuse.  Age range: 19-67 in citalopram group; 16-64 in reboxetine group.
Interventions	Citalopram: 19 participants.  Reboxetine: 17 participants.  Citalopram fixed dose: 40 mg/day.  Reboxetine fixed dose: 8 mg/day.  Only diazepam and zaleplon were allowed as additional medications.
Outcomes	Primary outcome: basal prolactin levels from baseline to endpoint.  Secondary outcomes: mean change on Hamilton Depression Rating Scale (HDRS) and Montgomery and Asberg Rating Scale for Depression (MADRS) scores from baseline to endpoint.
Notes	Three days before tests started, patients were treated exclusively with diazepam (for agitation) and zaleplon (for insomnia) in order to wash out previous antidepressant medication.

### Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "Patients were assigned randomly".
Allocation concealment (selection bias)	Unclear risk	No information provided.
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Quote: "patients were not blinded about medication".
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	No information provided
Selective reporting (reporting bias)	Unclear risk	No information provided
Other bias	Unclear risk	Sponsorship bias cannot be ruled out.

### Moore 2005

Methods	Eight-week, double-blind, prospective, multicentre, randomised study.
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**Moore 2005** (Continued)

Participants	<p>Outpatients meeting DSM-IV criteria for Major Depressive Disorder (MDD) and having a Montgomery-Asberg Depression Rating Scale (MADRS) total score at baseline of at least 30.</p> <p>Age range: 18-65 years.</p> <p>Exclusion criteria: patients meeting criteria for primary diagnoses of any axis I disorder other than MDD, or those with a history of mania, bipolar disorder, schizophrenia or other psychotic disorder, obsessive-compulsive disorder, cognitive disorder including mental retardation or personality disorder. Patients who met DSM criteria for substance abuse or dependence within the past 12 months, or who used a depot antipsychotic within 6 months before study inclusion, or any antipsychotic, anxiolytic or anticonvulsant medication within 2 weeks before the first administration of study medication.</p>
Interventions	<p>Escitalopram: 138 participants.</p> <p>Citalopram: 142 participants.</p> <p>Escitalopram fixed dose: 20 mg/day.</p> <p>Citalopram fixed dose: 40 mg/day.</p>
Outcomes	<p>Primary outcome: mean change from baseline to endpoint on the MADRS.</p> <p>Change from baseline to last assessment score in the Clinical Global Impression-Severity Scale (CGI-S).</p>
Notes	<p>This study was funding by H. Lundbeck A/S.</p> <p>One suicide completed in citalopram group after 12 days of treatment.</p>

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "patients meeting eligibility criteria were randomly assigned (...) with equal block randomization at baseline".
Allocation concealment (selection bias)	Unclear risk	Insufficient information.
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Quote: "double-blind" but author not give other information.
Incomplete outcome data (attrition bias) All outcomes	Low risk	Efficacy analysis on Intention-to-treat (ITT) population (all patients who took at least one dose of study medication and who had at least one valid post-baseline MADRS assessment).
Selective reporting (reporting bias)	High risk	Many rating scales listed in Methods, but only a few reported.
Other bias	Unclear risk	Sponsorship bias cannot be ruled out.

**Navarro 2001**

Methods	Twelve-week, randomised, single-blind study.
Participants	In- and out-patients with unipolar major depression fulfilling the DSM-IV criteria for a current major depressive episode, with or without endogenous or psychotic features. Only elderly patients with late-onset depression were included (depression late-onset had to have begun after the age of 50).

**Citalopram versus other anti-depressive agents for depression (Review)**

**Navarro 2001** (Continued)

Age: 60 years or over.

Exclusion criteria: patients with significant abnormal biological findings on electrocardiographic or laboratory examination, those with focal neurological findings or systemic neurological disorder (e.g. seizure disorders, stroke, Parkinson's disease) and those with uncontrolled medical illness at the time of recruitment. Patients with a manic or hypomanic episode, any history of psychosis, current substance dependence and electroconvulsive therapy within 6 months of recruitment.

Interventions	<p>Citalopram: 29 participants.</p> <p>Nortriptyline: 29 participants.</p> <p>Citalopram dose range: 30-40 mg/day (mean dose: 33.45; SD 4.84)</p> <p>Nortriptyline dose range: 50-100 mg/day (mean dose: 61.11; SD 17.45)</p> <p>Lorazepam up to 4 mg/day was allowed for management of anxiety or insomnia.</p>
Outcomes	<p>Primary outcome: mean change in Hamilton Depression Rating Scale (HDRS) score from baseline to endpoint.</p>
Notes	<p>Six patients with psychotic symptoms (two in nortriptyline group and four in citalopram group) received haloperidol up to 4 mg/day during the first 4 weeks.</p> <p>Eligible patients underwent a 2-week washout period. Rapid wash-out responders (HDRS decreased by 25% or more) were excluded from the study.</p> <p>This study was partially supported by a research grant from the Investigacions Biomediques August Pi i Sunyer Institut (IDIBAPS) to Victor Navarro and by FIS grant 99/0171.</p>

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "subjects were randomly divided into two subgroups".
Allocation concealment (selection bias)	Unclear risk	No information provided.
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Quote: "single-blind", but author not give other information.
Incomplete outcome data (attrition bias) All outcomes	Low risk	Quote: "statistical analyses of safety data were conducted on all patients randomized to treatment who took at least one dose of study medication. Efficacy analyses included all modified intent to treat patients: that is all patients randomized to treatment who took their assigned medication for 4 weeks or more".
Selective reporting (reporting bias)	Unclear risk	No reliable data provided.
Other bias	Unclear risk	Sponsorship bias cannot be ruled out.

**Ou 2010**

Methods	Six-week, randomised, parallel group, controlled study.
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**Ou 2010** (Continued)

Participants	<p>In- and out-patients were recruited if they met the following criteria: age 18-65 years, diagnosis of Major depressive Disorder (MDD) as defined as Axis I of the DSM-IV, total score of the Hamilton Depression Rating Scale 17 Item (HDRS-17) <math>\geq 17</math>, in the opinion of the treating psychiatrist, potential benefit from treatment with one or the other study drugs.</p> <p>Exclusion criteria: patients were excluded if they met DSM-IV Axis I criteria for mania or any bipolar disorder, schizophrenia or any psychotic disorder or displayed any psychotic features, obsessive-compulsive disorder, mental retardation or any pervasive developmental disorder, eating disorder (anorexia nervosa or bulimia nervosa), dementia, or alcohol or drug abuse within the previous 12 months. Further exclusion criteria were a history of severe drug allergy or hypersensitivity, other serious illness or sequelae of serious illness, citalopram or escitalopram treatment within 60 days prior to inclusion, and/or inability to comply with the protocol in the investigator's opinion. Patients were also excluded if they seriously tended to suicide. Patients who had joined any other clinical trial or who received oral antipsychotic drugs, monoamine oxidase inhibitors, or electroconvulsive therapy within 4 weeks prior to initiation of the study were also excluded. Women who were pregnant or breast feeding were also excluded.</p>
Interventions	<p>Citalopram: 120 participants.</p> <p>Escitalopram: 120 participants.</p> <p>Citalopram dose range: 20 mg/day.</p> <p>Escitalopram dose range: 10 mg/day.</p>
Outcomes	<p>Primary outcome: change in Hamilton Depression Rating Scale 17 Item (HDRS-17) score from baseline to endpoint.</p> <p>Secondary outcome: patients who responded to treatment, patients who remitted.</p>
Notes	<p>Eligible patients underwent a 1- to 7-day washout period. This study was funded by the National Institutes of Pharmaceutical Research and Development Co., Ltd., and all drugs were provided by the company. The sponsor's only role was in the design and monitoring. The company had no further role in data collection, analysis, and interpretation or writing of this paper, or in the decision to submit the paper for publication.</p>

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "patients were randomized (without restriction or stratification) through a computer-generated table to one of the two treatments in blocks of four to ensure approximately equal numbers in the two treatment groups".
Allocation concealment (selection bias)	Low risk	Quote: "to ensure concealment of the randomization, which was conducted independently of the investigators by a research pharmacist at a separate facility, medication was provided in coded packages".
Blinding (performance bias and detection bias) All outcomes	Low risk	Quote: "medication was provided in coded packages containing the drugs, which were identical in appearance, taste and odor".
Incomplete outcome data (attrition bias) All outcomes	Low risk	Quote: "Efficacy analysis was conducted in the Intention-to-treat population, which included all patients who received at least one dose of medication and had data available from at least one valid post-baseline efficacy assessment".
Selective reporting (reporting bias)	Unclear risk	No reliable data provided.
Other bias	Unclear risk	Sponsorship bias cannot be ruled out.

**Rosenberg 1994**

Methods	Twenty-two-week, multicentre study. The primary treatment period was 6 weeks. However, patients who in the opinion of the investigator would benefit from further treatment could continue treatment under double-blind conditions for a further 16 weeks, i.e. for a total of 22 weeks.
Participants	<p>Depressed patients of either sex, who were assessed as being in need of antidepressant treatment and who had a total score of 14 or more on the Hamilton Depression Rating Scale (HDRS)</p> <p>Age range: 18-65 years.</p> <p>Exclusion criteria: pregnancy, failure to use an acceptable contraceptive method, known alcohol or drug abuse within the past year, psychosis, serious somatic disease, treatment with MAO inhibitors within the last 2 weeks or with other antidepressants within the last week before inclusion and hypersensitivity to test drugs. Patients who required psychiatric in-patient treatment were also excluded.</p>
Interventions	<p>Citalopram 10-30 mg/day: 187 participants.</p> <p>Citalopram 20-60 mg/day: 193 participants.</p> <p>Imipramine 50-150 mg/day: 92 participants.</p> <p>Benzodiazepines or sedatives antihistamines could be prescribed for sleep disturbance, but other psychotropic drugs were not allowed.</p>
Outcomes	<p>Primary outcome: mean change in HDRS score from baseline to endpoint.</p> <p>Secondary outcomes: mean change in Clinical Global Impression (CGI) and Visual Analogue Scale (VAS) score, HDRS factors as depression, sleep disturbances, anxiety/somatization, retardation.</p>
Notes	This study was funded by Lundbeck (citalopram manufacturer).

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "Patients were randomly allocated to one or two dose levels of citalopram or imipramine treatment. In each block of five patients one patient received imipramine and two pairs of patients each received one of the two citalopram dose". Randomization ratio 1:2:2.
Allocation concealment (selection bias)	Unclear risk	No data provided.
Blinding (performance bias and detection bias) All outcomes	Low risk	Quote: "This study was a double blind comparison (...) tablets of identical appearance were used".
Incomplete outcome data (attrition bias) All outcomes	Low risk	Quote: "All patients receiving at least one tablet constituted the Intention-to-treat (ITT) population. Patients who met the inclusion and exclusion criteria, had a compliance of 50% or higher and who completed at least 14 days of treatment constituted the Efficacy Population (EFF).
Selective reporting (reporting bias)	Unclear risk	No clear information reported.
Other bias	Unclear risk	Sponsorship bias cannot be ruled out.

**SCT-MD-02**

Methods	Eight-week, double-blind, randomised, multicentre study.
Participants	Outpatients meeting DSM-IV criteria for Major Depressive Disorder (MDD) and having a minimum score of 22 on Montgomery-Asberg Depression Rating Scale (MADRS) and a minimum score of 2 on Item 1 of Hamilton Depression Rating Scale (HDRS). Age range: 18-80 years.
Interventions	Escitalopram: 129 participants. Citalopram: 128 participants. Escitalopram dose range: 10-20 mg/day. Citalopram dose range: 20-40 mg/day.
Outcomes	Primary Outcome: Change from baseline to week 8 in MADRS. Secondary outcomes: HDRS, HDRS Depressed Mood Item, Clinical Global Impression-Improvement (CGI-I), Clinical Global Impression-Severity (CGI-S).
Notes	This study was funded by escitalopram manufacturer.  Only unpublished data.

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "randomized". Probably done.
Allocation concealment (selection bias)	Unclear risk	No clear information reported.
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Quote: "double-blind".
Incomplete outcome data (attrition bias) All outcomes	Low risk	Quote: Intention-to-treat (ITT) analysis ("all patients with at least one post-baseline assessment of MADRS").
Selective reporting (reporting bias)	Unclear risk	No clear information reported.
Other bias	Unclear risk	No reliable information reported.

**Shaw 1986**

Methods	Six-week, double-blind, randomised study.
Participants	In- and out-patients who met the DSM-III criteria for Major Depressive illness, scored 18 or more on the 17-item Hamilton Depression Rating Scale (HDRS). All participants entered into the trial within 36 hours of admission (48 hours at week end).  Age range: 18-70 years.
Interventions	Citalopram: 29 participants.

**Shaw 1986** (Continued)

Amitriptyline: 30 participants.  
 Citalopram dose range: 30-60 mg/day.  
 Amitriptyline dose range: 112.5-225 mg/day.

Outcomes	Outcomes: mean change on HDRS and Montgomery-Asberg Depression Rating Scale (MADRS), Newcastle Scale, Leeds Self-rating Depression Scale.
Notes	The study was funded by Lundbeck (citalopram manufacturer).

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "the trial was randomized in blocks of four".
Allocation concealment (selection bias)	Unclear risk	No reliable information reported.
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Quote: "double blind".
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	No reliable information reported.
Selective reporting (reporting bias)	Unclear risk	No reliable information reported.
Other bias	Unclear risk	Sponsorship bias cannot be ruled out.

**Stahl 2000**

Methods	Twenty-four-week, eight centres, double-blind randomised trial.
Participants	<p>Patients who satisfied DSM-IV criteria for Major Depressive Disorder (MDD) with a minimum 2 months duration of illness, with a score of at least 22 on the Hamilton Depression Rating Scale (HDRS), a minimum score of 2 on Depressed Mood Item and a minimum score of 8 on Raskin Depression Scale together with a lower score on the Covi Anxiety Scale.</p> <p>Age range: 18-60 years old.</p> <p>Exclusion criteria: pregnancy, inadequate contraception, another DSM-IV Axis I diagnosis, use of other psychotropic medication, increased risk of suicide, treatment resistance, history of sertraline intolerance or SSRI hypersensitivity reactions, history of alcohol or substance abuse.</p>
Interventions	<p>Sertraline: 108 participants.          Citalopram: 107 participants.          Placebo: 108 participants.          Sertraline dose range: 50-150 mg/day.          Citalopram dose range: 20-60 mg/day.          Chloral Hydrate was permitted.</p>

**Stahl 2000** (Continued)

Outcomes	21-HDRS, MADRS, Clinical Global Impression-Severity (CGI-S) and Clinical Global Impression-Improvement (CGI-I), Hamilton Anxiety Scale (HAM-A), Symptom Checklist-56 (SCL-56), Quality of Life Enjoyment and Satisfaction Questionnaire (Q-LES-Q).	
Notes	This study was funded by Lundbeck (citalopram manufacturer).	
<b>Risk of bias</b>		
<b>Bias</b>	<b>Authors' judgement</b>	<b>Support for judgement</b>
Random sequence generation (selection bias)	Low risk	Quote "randomized". Probably done, as a similar trial by these investigators included the same phrase and used a proper method of allocation.
Allocation concealment (selection bias)	Unclear risk	Insufficient information.
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Quote "double-blind" but authors did not give other information.
Incomplete outcome data (attrition bias) All outcomes	High risk	Missing data and standard deviations.
Selective reporting (reporting bias)	Unclear risk	The study protocol is not available.
Other bias	Unclear risk	Sponsorship bias cannot be ruled out.

**Timmerman 1993**

Methods	Six-week, double-blind, randomised, parallel group, multicentre study.
Participants	<p>Cooperative out-patients of either sex with a reasonable knowledge of the Dutch language, who met the DSM-III-R criteria for "Major Depression, single episode", "Major Depression, recurrent", "Bipolar Disorder, depressed", with a score of a least 16 on the 17 items Hamilton Depression Rating Scale (HDRS).</p> <p>Age range: 18-70 years.</p> <p>Exclusion criteria: patients who had been treated with MAO inhibitors or fluoxetine within the last 3 weeks or with other psychotropic drugs within the last week, with the exception of benzodiazepines. Patients with another primary psychiatric diagnosis than the above mentioned, or with a history of epilepsy, alcohol and/or drug abuse, pregnant or lactating women and women with childbearing potential failing to use standard birth control methods as well as patients with renal, hepatic, cardiovascular, neurological or somatic disorders, and/or significant abnormal laboratory findings.</p>
Interventions	<p>Citalopram: 108 participants.</p> <p>Fluvoxamine: 109 participants.</p> <p>Citalopram dose range: 20-40 mg/day</p> <p>Fluvoxamine dose range: 100-200 mg/day</p>
Outcomes	Primary outcome: mean change on HDRS score from baseline to endpoint.

### Timmerman 1993 (Continued)

Secondary outcomes: change in Clinical Global Impression-Severity (CGI-S) score, in the Zung Self-rating Scale for depression score.

#### Notes

The study was funded by Lundbeck (citalopram manufacturer).

One suicide completed in citalopram group, one fatal myocardial infarction in citalopram group, two suicide attempted in fluvoxamine group.

#### Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "patients were randomly assigned".
Allocation concealment (selection bias)	Unclear risk	No reliable information reported.
Blinding (performance bias and detection bias) All outcomes	Low risk	Quote: "patients were randomly assigned to double-blind treatment".
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Quote: "the Intention-to-treat (ITT) population included all patients who had been allocated a randomization number to entry of double-blind treatment".
Selective reporting (reporting bias)	Unclear risk	The study protocol is not available.
Other bias	Unclear risk	Sponsorship bias cannot be ruled out.

### Yevtushenko 2007

#### Methods

Six-week, prospective, randomised, double-blind, active-controlled trial was conducted at eight psychiatric outpatient clinics across the Federation of Russia.

#### Participants

Outpatients, aged 25 (this minimum age limit was a requirement of one of the ethics committees) to 45 years, with a diagnosis of Major Depressive Disorder (MDD), as defined in the DSM-IV criteria and a total score more than or equal to 25 on Montgomery-Asberg Depression Rating Scale (MADRS). Patients were not eligible if they met DSM-IV criteria for mania or any bipolar disorder, schizophrenia, or any psychotic disorder, or displayed any psychotic features, obsessive-compulsive disorder, mental retardation or any pervasive developmental disorder, eating disorder (anorexia nervosa or bulimia nervosa), dementia, or alcohol or drug abuse within the previous 12 months, a history of severe drug allergy or hypersensitivity, other serious illness or sequela of serious illness, citalopram or escitalopram treatment within 60 days prior to inclusion. Patients were also excluded if they had received an oral antipsychotic drug or monoamine oxidase inhibitor within 2 weeks prior to inclusion; a depot antipsychotic preparation within 6 months prior to inclusion; an SSRI (except fluoxetine), a serotonin-noradrenaline reuptake inhibitor, or a TCA within 1 week prior to inclusion; or fluoxetine within 5 weeks before inclusion; an antiparkinsonian compound, barbiturate, chloral hydrate, lithium, anticonvulsant, or hypnotic and anxiolytic (except for benzodiazepines used for insomnia at a stable dose for the previous 6 months or used episodically at a lower recommended dose). Women who were pregnant or breast feeding were also excluded from the study.

#### Interventions

Using equal (~ 110 patients per group) block randomisation, patients were assigned to receive a once-daily fixed dose of escitalopram 10 mg (109 participants), citalopram 10 mg (111 participants), or citalopram 20 mg (110 participants) for 6 weeks.



**Yevtushenko 2007** (Continued)

**Outcomes** The primary efficacy measure was the change in the MADRS total score from baseline to end of study. Secondary efficacy measures were changes from baseline in MADRS total score in a subgroup of severely depressed patients (MADRS total score more than or equal to 35), MADRS core depression subscale score (in the overall population and severely depressed subgroup), Clinical Global Impression-Severity (CGI-S), and Clinical Global Impression-Improvement (CGI-I). In addition, the proportions of patients classified a priori as responders (decrease in MADRS total score by at least 50% of the baseline value) or remitters (primary definition, MADRS total score less than or equal to 12; secondary definition, less than or equal to 10) were analysed.

**Notes** The present study was part of the S-citalopram development program for approval in some European Countries through a bridging procedure using results from studies of the racemate, citalopram. Care and medication were free of charge for the patients enrolled in the trial. This study was specifically designed a priori as a superiority study. The sample size was calculated using Singer's method. The largest between-group difference was estimated at 5 points, with an SD of 12. Given this assumption, and with an alpha level of 5% (2-tailed) and a beta level of 20%, it was calculated that 100 patients per arm would be needed to achieve sufficient power. Assuming a 10% withdrawal rate, 10 additional patients per arm were included in the design to ensure sufficient power, giving 110 patients per arm (330 patients in total). This research was sponsored by OOO ARBACOM (Moscow, Federation of Russia) (it's unclear the relationship with the escitalopram manufacturer).

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "...Eight equal block randomizations were generated, 1 per center." Probably done.
Allocation concealment (selection bias)	Unclear risk	No information provided.
Blinding (performance bias and detection bias) All outcomes	Low risk	Quote: "To maintain blinding, all study medication was provided in capsules (tablets were encapsulated in a lactose powder) that were identical in appearance, taste, and odor. Investigators and patients were blinded to treatment."
Incomplete outcome data (attrition bias) All outcomes	Low risk	Last Observation Carried Forward (LOCF) method of replacing missing values.
Selective reporting (reporting bias)	Unclear risk	The study protocol is not available.
Other bias	Unclear risk	Sponsorship bias cannot be ruled out.

MAO: Monoamine oxidase

MAOIs: Monoamine oxidase inhibitors

MDA: malondialdehyde

SOD: superoxide dismutase

SSRIs: Selective serotonin re-uptake inhibitors

TCA: tricyclic antidepressant

**Characteristics of excluded studies** [ordered by study ID]

Study	Reason for exclusion
Adli 2008	Wrong design (non-randomised).

Study	Reason for exclusion
Altamura 2008	Wrong intervention.
Altamura 2008b	Wrong intervention.
Amiaz 2008	Wrong diagnosis.
Amsterdam 2006	Wrong design (non-randomised).
Amsterdam 2008	Medical/psychiatric comorbidity.
Anderer 2002	Wrong comparison.
Andersen 1993	Post-stroke depression.
Angermann 2007	Depressed heart failure patients.
Anon 1995	Not compared with other antidepressive agents.
Anonymous 2011	Wrong design (not randomised).
Azorin 2004	This study pooled from three different clinical trials.
Baldwin 2006	Duplicate publication.
Barone 2011	Medical/psychiatric comorbidity.
Bauer 2010	Wrong comparison.
Baumann 1998a	Not compared with other antidepressive agents.
Baumann 1998b	Not compared with other antidepressive agents.
Benkelfat 1987	Only two patients randomised to citalopram.
Berney 2008	Not compared with other antidepressive agents.
Bersani 1997	Not compared with other antidepressive agents.
Beving 1985	Non-randomised study.
Bhagwagar 2004	Patients with a previous history of depression.
Bigos 2008	Wrong population.
Bijl 2004	Wrong comparison (Escitalopram for depression).
Bjerkstedt 1985	Not compared with other antidepressive agents.
Blier 2006	Patients randomised to various treatment strategies, including augmentation strategies and psychotherapy (STAR*D study).
Bouchard 1997	Wrong formulation of intervention (e.v.).
Boulenger 2010	Wrong comparison.

Study	Reason for exclusion
<a href="#">Bowden 1998</a>	Wrong diagnosis (bipolar patients were included).
<a href="#">Brown 2004</a>	Not compared with other antidepressive agents.
<a href="#">Bryan 2007</a>	Association of diabetes mellitus with response to depression treatment.
<a href="#">Bun'kova KM</a>	Wrong comparison.
<a href="#">Carman 2002</a>	Patients with major depression or bipolar disorder.
<a href="#">Chakravarti 2002</a>	Wrong design.
<a href="#">Chan 2009</a>	Medical comorbidity.
<a href="#">Chen 2005</a>	Post-stroke depression.
<a href="#">Conte 1997</a>	Not compared with other antidepressive agents.
<a href="#">Cooper-Kazaz 2011</a>	Double publication of <a href="#">Stahl 2000</a> .
<a href="#">Court 2010</a>	Wrong diagnosis.
<a href="#">Culang 2009</a>	Wrong comparison.
<a href="#">Daly 2011</a>	Wrong design (not randomised).
<a href="#">Davis 2006</a>	Patients randomized to various treatment strategies, including augmentation strategies and psychotherapy (STAR*D study).
<a href="#">Davis 2010</a>	Wrong comparison.
<a href="#">Davis 2010b</a>	Wrong design (non-randomised).
<a href="#">Deakin 2002</a>	Not compared with other antidepressive agents.
<a href="#">DeBattista 2011</a>	Wrong comparison.
<a href="#">Dell'Agnello 2001</a>	Medical/psychiatric comorbidity.
<a href="#">Dell'Osso 2008</a>	Wrong comparison.
<a href="#">Deng 2006</a>	Wrong comparison (citalopram combined with quetiapine).
<a href="#">Denko 2007</a>	Patients randomized to various treatment strategies, including augmentation strategies and psychotherapy (STAR*D study).
<a href="#">Devos 2008</a>	Medical/psychiatric comorbidity.
<a href="#">Di Simplicio 2010</a>	Wrong design (non-randomised).
<a href="#">Diniz 2010</a>	Wrong diagnosis.
<a href="#">Doggrell 2006</a>	Wrong diagnosis (resistant depression).
<a href="#">Domelas 2007</a>	Patients with coronary artery disease.

Study	Reason for exclusion
Doree 2007	Quetiapine augmentation for treatment resistant depression.
Dougherty 2009	Wrong diagnosis.
Dozois 2009	Wrong comparison.
Dunbar 2010	Wrong comparison.
Eriksson 1996	Wrong diagnosis.
Eyding 2010	systematic review and meta-analysis (citalopram studies already included in the present review).
Fava 2006	Patients randomised to various treatment strategies, including augmentation strategies and psychotherapy (STAR*D study).
Feighner 1997	Not compared with other antidepressive agents.
Feighner 1997b	Wrong comparison.
Feighner 1999	Not compared with other antidepressive agents.
Fernandez 2005	Double reference.
Fernandez 2009	Medical/psychiatric comorbidity.
Flicker 1998	Patients with or without dementia.
Ford 2010	Wrong comparison.
Fraguas 2009	Medical/psychiatric comorbidity.
Frank 2004	Wrong design.
Garriock 2010	Wrong design (non-randomised).
Gilbert 2008	Wrong design (non-randomised).
Gilmer 2008	Wrong design (non-randomised).
Glod 2004	Patients are adolescents.
Goder 2011	Wrong design (not randomised).
Gommol 2010	Wrong comparison.
Gonsai 2000	Wrong population.
Gorman 2002a	Wrong design.
Gorwood 2007	Escitalopram for preventing relapse.
Guelfi 1998	Not compared with other antidepressive agents.
Hannestad 2011	Wrong comparison.

Study	Reason for exclusion
<a href="#">Harrington 2002</a>	Not compared with other antidepressive agents.
<a href="#">Hegerl 2005</a>	Non randomised design.
<a href="#">Hellerstein 2010</a>	Wrong comparison.
<a href="#">Hemels 2004</a>	Economic evaluation.
<a href="#">Herrera-Guzman 2009</a>	Wrong comparison.
<a href="#">Hflich 2011</a>	Wrong design.
<a href="#">Hindmarch 2000</a>	Discontinuation treatment.
<a href="#">Hochstrasser 2001</a>	Maintenance therapy.
<a href="#">Holtzheimer 2008</a>	Wrong comparison.
<a href="#">Howland 2011</a>	Wrong design.
<a href="#">Huezo-Diaz 2009</a>	Wrong comparison.
<a href="#">Johnson 2002</a>	Wrong design.
<a href="#">Judge 2000</a>	Non randomised design.
<a href="#">Kapitany 1999</a>	Not compared with other antidepressive agents.
<a href="#">Kasckow 2010</a>	Wrong diagnosis.
<a href="#">Kasper 2009</a>	Wrong comparison.
<a href="#">Ketter 2006</a>	Wrong diagnosis.
<a href="#">Khazaie 2006</a>	Not randomised design.
<a href="#">Khazaie 2011</a>	Medical comorbidity.
<a href="#">Kiosses 2010</a>	Wrong intervention.
<a href="#">Klysner 2000</a>	Not compared with other antidepressive agents.
<a href="#">Kornstein 2006</a>	Escitalopram for relapse prevention.
<a href="#">Kovacs 1998</a>	Not compared with other antidepressive agents.
<a href="#">Kraus 2008</a>	Medical/psychiatric comorbidity.
<a href="#">Kroenke 2009</a>	Medical/psychiatric comorbidity.
<a href="#">Kuhn 2003</a>	Medical comorbidity.
<a href="#">Kupfer 2000</a>	Double reference.
<a href="#">Lakey 2008</a>	Non major depression.

Study	Reason for exclusion
Lam 2008	Wrong comparison.
Lavretsky 2010	Wrong comparison.
Leuchter 2009	Wrong comparison.
Li WQ 2006	Vascular depression.
Lindsley 2010	Wrong comparison.
Linnet 1996	Wrong design.
Liu 2006b	Medical/psychiatric comorbidity.
Liu 2006c	Medical/psychiatric comorbidity.
Llacer 2007	Depressed patients with anxiety and insomnia.
Lydiatt 2006	Wrong population.
Maas 2010	Wrong comparison.
Maksinczyk 1997	Bipolar depression.
Malik 2002	Treatment for depression as risk factor for ischemic heart disease.
Mannu 2009	Wrong comparison.
Martinez 2012	Wrong design.
Martini 2007	Not compared with other antidepressive agents.
Martiny 2004	Not compared with other antidepressive agents.
Martire 2008	Wrong population.
McCabe 2010	Wrong population (healthy people).
Mcgrath 2008	Wrong design (non-randomised).
Mendels 1990	Not compared with other antidepressive agents.
Meyer 2001	Not randomised design.
Miao 2004	Post-stroke depression.
Minelli 2010	Wrong comparison.
Miskowiak 2009	Wrong comparison.
Moltzen 2005	Wrong comparison.
Morasco 2010	Medical/psychiatric comorbidity.
Moretti 2002	Depression and Alzheimer's disease.



Study	Reason for exclusion
Muhonen 2008	Medical/psychiatric comorbidity.
NCT00048815	Wrong diagnosis.
Nierenberg 2004	Minor depression.
Nowak 2003	Zinc supplementation on antidepressant therapy.
Nunez 1999	Not compared with other antidepressive agents.
Nurnberg 2008	Wrong comparison.
Nyth 1990	Not compared with other antidepressive agents.
Oberpichler-Schwenk 2000	Wrong design.
Pae 2011	Wrong comparison.
Palmer 2002	Not compared with other antidepressive agents.
Papakostas 2000	Not compared with other antidepressive agents.
Parvin 2011	Wrong intervention.
Perlis 2009	Wrong comparison.
Petersen 1998	Double reference.
Pogosova 2004	Not compared with other antidepressants.
Portella 2010	Wrong comparison.
Prasko 2003	Cognitive behavioural therapy (short or long term) combined with pharmacotherapy.
Quante 2010	Wrong comparison.
Raisi 2007	Combination of citalopram and nortriptyline.
Rampello 2004	Wrong population.
Rampello 2004a	Citalopram alone or in combination with amitriptyline; patients with different diagnosis in comorbidity.
Rampello 2004b	Post-stroke depression.
Rampello 2006	Treatment for panic attack.
Rapaport 2010	Wrong comparison.
Rapaport 2011	Wrong diagnosis.
Rapaport 2010	Wrong comparison.
Raskin 2011	Wrong population.

Study	Reason for exclusion
Rasmussen 1992	Not compared with other antidepressive agents.
Riva 2006	Evaluation of integrated pharmacologic and psychotherapeutic treatment.
Robinson 2008	Post-stroke depression.
Robinson 2009	Wrong population.
Rocca 2005	Non major depression.
Roose 2004	Not compared with other antidepressants.
Rosenthal 2002	Wrong comparison.
Rush 2008	Wrong comparison.
Salloway 2002	Not compared with other antidepressants.
Schaefer 2008	Medical/psychiatric comorbidity.
Schfer 2010	Medical/psychiatric comorbidity.
Schmitt 2006	Escitalopram as continuation treatment of intravenous citalopram.
Segal 2010	Wrong population.
Serfaty 2010	Wrong comparison.
Sharp 2010	Wrong comparison.
Smith 2011	Wrong intervention.
Sneed 2007	Wrong comparison.
Soares 2006	Peri and post menopausal women.
Soares 2010	Wrong comparison.
Souery 2010	Wrong population.
Stein 2001	Wrong diagnosis.
Stein 2005	Psychotherapy plus pharmacotherapy for drug users.
Sun 2004	Refractory depression.
Swartz 2008	Wrong comparison.
Talati 2007	Patients randomised to various treatment strategies, including augmentation strategies and psychotherapy (STAR*D study).
Targacept 2008	Wrong design and wrong intervention.
Thase 2010	Pooled-analysis (citalopram studies already included in the present review)

Study	Reason for exclusion
Thase 2011	Wrong design.
Thorell 1999	Seasonal affective disorder.
Uher 2010	Wrong comparison.
Van Bommel 1993	Not compared with other antidepressants.
Voirol 1999	Wrong design (non-randomised).
Wade 2000	Not compared with other antidepressants.
Wade 2006	Wrong intervention.
Wagner 2002	Patients are children and adolescents.
Wang 2005	Diagnosis is "depression induced by Alzheimer".
Warden 2009	Wrong intervention.
Wermuth 1998	Parkinson's disease; not compared with other antidepressants.
Wise 2011	Wrong population.
Wisniewski 2009	Wrong intervention.
Wu 2008	Wrong design (non-randomised).
Yang 2005	Refractory depression.
Yang 2010	Wrong intervention.
Zhao 2005	Post stroke depression.
Zimbroff 2004	Citalopram for non responders depressive-patients.
Zisook 2007	Patients with schizophrenia.
Zisook 2010	Wrong diagnosis.
Zou 2005	Citalopram combined with psychological morning exercise.

### Characteristics of studies awaiting assessment *[ordered by study ID]*

#### Ahlfors 1988

Methods	Four-week, randomised, double-blind, multicentre study
Participants	Patients with depression, aged from 18 to 70 years and referred to a psychiatric hospital for a depression requiring treatment.
Interventions	Citalopram: 37 participants. Mianserin: 34 participants.

#### Citalopram versus other anti-depressive agents for depression (Review)

**Ahlfors 1988** (Continued)

Citalopram dose-range: 20-60 mg/day.

Mianserin dose-range: 60-90 mg/day.

Outcomes	Change in Montgomery and Asberg Depression Rating Scale (MADRS) from baseline to endpoint.
Notes	Two patients in Mianserin group died (the reason could not be ascribed to the test treatment).

**Akimova 2010**

Methods	Double-blind, randomised, longitudinal PET study using radioligand [ <sup>11</sup> C]DASB
Participants	18 patients
Interventions	10 mg/d escitalopram or 20 mg/d citalopram, i.e. equal doses of the enantiomer S-Citalopram
Outcomes	Serotonin transporter availability in the unmedicated state and SERT occupancy after a single-dose and later after the first 3 weeks of treatment with SSRIs. The Hamilton Depression Rating scale (HAM-D, 17 items) was assessed at the screening visit and before each PET scan.
Notes	Radioligand [ <sup>11</sup> C]DASB is a new, highly selective PET radiotracer that shows a high affinity for serotonin transporter

**Akimova 2011**

Methods	Double-blind, longitudinal study.
Participants	Patients with MDD.
Interventions	Citalopram: 20mg/day. Escitalpram: 10mg/day.
Outcomes	Alterations in different brain regions assessed with PET scans using the radioligand [ <sup>11</sup> C]DASB.
Notes	

**Aydemir 2011**

Methods	In the treatment of major depressive disorder, in addition to the remission of symptoms, improvement in functionality and subjective quality of life of the patients is desirable. In this study, we aimed to evaluate and compare the changes in quality of life measures in citalopram- versus escitalopram-treated major depressive disorder patients, and to compare the scores of the patients who achieved remission at the end of treatment with standard scores of the Turkish population.
Participants	74 outpatients with major depressive disorder
Interventions	Citalopram was started at a dose of 20 mg/day, and escitalopram was started at a dose of 10 mg/day. At the end of the 6th week, the mean dose for the citalopram treated patients was 24.6 mg/day and for the escitalopram treated patients it was 11.8 mg/day.

**Aydemir 2011** *(Continued)*

Outcomes	Treatment response was accepted as a 50% decrease in the index assessment and remission was accepted as HAM-D $\leq$ 7
Notes	

**Du 2004**

Methods	Six-week, (likely) randomised study.
Participants	Patients with depression according to CCM-II criteria.
Interventions	Citalopram: 32 participants. Amitriptyline: 32 participants. Citalopram dose-range: 20-40 mg/day. Amitriptyline dose-range: 75-250 mg/day.
Outcomes	Change in Hamilton Depression rating scale (HDRS) from baseline to endpoint, number of patients who responded to treatment, number of patients who remitted.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

**Fu 2006**

Methods	Six-week, randomised study.
Participants	In- and out-patients with depression according to CCMD-III criteria.
Interventions	Citalopram: 34 participants. Amitriptyline: 34 participants. Citalopram dose-range: 20-60 mg/day (mean dose: 28.82 SD: 10.67). Amitriptyline dose-range: 50-175 mg/day (mean dose: 113.24 SD: 29.02).
Outcomes	Change in Hamilton Depression Rating Scale (HDRS) from baseline to endpoint, number of patients who responded to treatment, number of patients who remitted.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

**Galecki 2004**

Methods	Six- week study.
Participants	89 elderly patients with a serious depressive episode were involved in the study.
Interventions	Citalopram: 44 participants. Venlafaxine: 45 participants.

**Citalopram versus other anti-depressive agents for depression (Review)**

**Galecki 2004** *(Continued)*

Outcomes	The clinical state of patients was assessed by Hamilton Depression rating Scale (HDRS), a geriatric depressive scale (GDS) and a clinical general impression scale (CGI). Cognitive functions were examined by Mini-Mental scale.
Notes	Waiting for translation from Polish to English (only abstract available in English).

**Gao 2005**

Methods	Six-week, (likely) randomised study.
Participants	In and out-patients with depression according to CCMD-III criteria.
Interventions	Citalopram: 30 participants. Amitriptyline: 30 participants. Citalopram dose-range: 20-50 mg/day. Amitriptyline dose-range: 100-200 mg/day.
Outcomes	Change in Hamilton Depression Rating Scale (HDRS) from baseline to endpoint, number of patients who responded to treatment.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

**Gong 2005**

Methods	Eight-week, (likely) randomised study.
Participants	In- and out-patients with depression according to CCMD-III criteria.
Interventions	Citalopram: 49 participants. Mirtazapine: 49 participants. Citalopram dose-range: 20-40 mg/day (mean dose: 29.4 SD: 5.2). Mirtazapine dose-range: 30-45 mg/day (mean dose: 37.2 SD: 5.7).
Outcomes	Change in Hamilton Depression Rating Scale (HDRS) from baseline to endpoint, number of patients who responded to treatment.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

**Huang 2004**

Methods	Six-week, (likely) randomised study.
Participants	In-patients with depression according to CCMD-III criteria.
Interventions	Citalopram: 29 participants. Fluoxetine: 28 participants.

**Citalopram versus other anti-depressive agents for depression (Review)**



**Huang 2004** (Continued)

Citalopram dose-range: 20-40 mg/day.

Fluoxetine dose-range: 20-40 mg/day.

Outcomes	Change in Hamilton Depression Rating Scale 17- Item (HDRS-17) from baseline to endpoint, number of patients who responded to treatment.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

**Huang 2006**

Methods	Six-week, randomised study.
Participants	In and out-patients with depression according to CCMD-III criteria.
Interventions	Citalopram: 30 participants. Fluoxetine: 30 participants. Citalopram dose-range: 10-40 mg/day (mean dose: 34 SD: 6.7). Fluoxetine dose-range: 10-40 mg/day (mean dose: 33 SD: 6.5).
Outcomes	Change in Hamilton Depression Rating Scale 17- Item (HDRS-17) from baseline to endpoint, number of patients who responded to treatment.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

**Huang b 2006**

Methods	Eight-week, (likely) randomised study.
Participants	Out-patients with depression according to CCMD-III criteria.
Interventions	Citalopram: 26 participants. Fluoxetine: 25 participants. Citalopram dose-range: 20-60 mg/day. Fluoxetine dose-range: 20-60 mg/day.
Outcomes	Change in Hamilton Depression Rating Scale (HDRS) from baseline to endpoint, number of patients who responded to treatment.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

**Juckel 2007**

Methods	Randomized prospective study
Participants	35 unmedicated in-patients with a DSM-IV or ICD-10 diagnosis of major depressive disorder

**Juckel 2007** (Continued)

Interventions	Citalopram versus reboxetine (dose range not specified)
Outcomes	Change on Hamilton Rating Scale for Depression
Notes	Waiting for supplemental data about efficacy and tolerability from authors

**Li 2004**

Methods	Six-week, (likely) randomised study.
Participants	In- and out-patients with depression according to CCMD-III criteria.
Interventions	Citalopram: 30 participants. Amitriptyline: 30 participants. Citalopram dose-range: 20-40 mg/day (mean dose: 26 SD: 7.42). Amitriptyline dose-range: 25-150 mg/day (mean dose 116 SD: 24).
Outcomes	Change in Hamilton Depression Rating Scale 21 item (HDRS-21) from baseline to endpoint, number of patients who responded to treatment.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

**Li 2005**

Methods	Six-week, (likely) randomised study.
Participants	Out-patients with depression according to CCMD-III criteria.
Interventions	Citalopram: 25 participants. Venlafaxine: 25 participants. Citalopram dose-range: 20-40 mg/day. Venlafaxine dose-range: 25-250 mg/day.
Outcomes	Change in Hamilton Depression Rating Scale (HDRS) from baseline to endpoint, number of patients who responded to treatment, number of patients who remitted.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

**Li 2006**

Methods	Six-week, (likely) randomised study.
Participants	In-patients with depression according to CCMD-III criteria.
Interventions	Citalopram: 28 participants. Escitalopram: 28 participants.

**Citalopram versus other anti-depressive agents for depression (Review)**

**Li 2006** (Continued)

Citalopram dose-range: 20-40 mg/day.

Escitalopram dose-range: 10-20 mg/day.

Outcomes	Change in Hamilton Depression Rating Scale 17 Item (HDRS-17) from baseline to endpoint, number of patients who responded to treatment.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

**Li DS 2006**

Methods	Six-week, (likely) randomised study.
Participants	Out-patients with depression according to CCMD-III criteria.
Interventions	Citalopram: 41 participants. Paroxetine: 41 participants. Citalopram dose-range: 20-40 mg/day. Paroxetine dose-range: 20-40 mg/day.
Outcomes	Change in Hamilton Depression Rating Scale 17 Item (HDRS-17) from baseline to endpoint, number of patients who responded to treatment, number of patients who remitted.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

**Li X 2005**

Methods	Six-week, (likely) randomised study.
Participants	In- and out-patients with depression according to CCMD-III criteria.
Interventions	Citalopram: 30 participants. Amitriptyline: 30 participants. Citalopram dose-range: 20-40 mg/day. Amitriptyline dose-range: 50-200 mg/day.
Outcomes	Change in Hamilton Depression Rating Scale 24 Item (HDRS-24) from baseline to endpoint, number of patients who responded to treatment.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

**Li Z 2004**

Methods	Six-week, (likely) randomised study.
Participants	In- and out-patients with depression according to CCMD-III criteria.

**Li Z 2004** (Continued)

Interventions	Citalopram: 23 participants. Amitriptyline: 23 participants. Citalopram dose-range: 20-40 mg/day. Amitriptyline dose-range: 150-300 mg/day.
Outcomes	Change in Hamilton Depression Rating Scale (HDRS) from baseline to endpoint.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

**Liang 2005**

Methods	Eight-week, (likely) randomised study.
Participants	In- and out-patients with depression according to CCMD-III criteria.
Interventions	Citalopram: 30 participants. Fluoxetine: 30 participants. Citalopram dose range: 10-60 mg/day. Fluoxetine: dose range: 10-40 mg/day.
Outcomes	Change in Hamilton Depression Rating Scale 24 Item (HDRS-24) from baseline to endpoint, number of patients who responded to treatment.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

**Liang 2006**

Methods	Six-week, (likely) randomised study.
Participants	In- and out-patients with depression according to CCMD-III criteria.
Interventions	Citalopram: 53 participants. Mianserin: 53 participants. Citalopram dose range: 10-40 mg/day (mean dose: 27.5 SD: 10.8). Mianserin: dose range: 15-60 mg/day (mean dose: 40.3 SD: 12.2).
Outcomes	Change in Hamilton Depression Rating Scale 17 Item (HDRS-17) from baseline to endpoint, number of patients who responded to treatment.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

**Lin 2001**

Methods	Six-week, (likely) randomised study.
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**Citalopram versus other anti-depressive agents for depression (Review)**

**Lin 2001** (Continued)

Participants	Out-patients with depression according to CCMD-II-R criteria.
Interventions	Citalopram: 89 participants. Amitriptyline: 89 participants. Citalopram dose-range: 20-40 mg/day (mean dose: 22 SD: 6). Amitriptyline dose-range: 50-150 mg/day (mean dose: 100 SD: 10).
Outcomes	Change in Hamilton Depression Rating Scale 17 Item (HDRS-17) from baseline to endpoint.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

**Liu 2006**

Methods	Eight-week, (likely) randomised study.
Participants	Out-patients with depression according to CCMD-II-R criteria.
Interventions	Citalopram: 50 participants. Amitriptyline: 50 participants. Citalopram dose-range: 20-40 mg/day. Amitriptyline dose-range: 100-200 mg/day.
Outcomes	Change in Hamilton Depression Rating Scale 24 Item (HDRS-24) from baseline to endpoint, number of patients who responded to treatment.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

**Liu 2006d**

Methods	Randomized study (likely)
Participants	Patients with senile depression
Interventions	Citalopram versus unclear comparator
Outcomes	Unclear
Notes	Waiting for abstract and full text to check for eligibility

**Lu 2008**

Methods	Control study.
Participants	Patients with depressive disorder.
Interventions	Citalopram

**Citalopram versus other anti-depressive agents for depression (Review)**

**Lu 2008** (Continued)

Doxepin

Outcomes Unclear (full text to retrieve).

Notes

**Ma 2004**

Methods Six-week, (likely) randomised study.

Participants In- and out-patients with depression according to CCMD- III criteria.

Interventions Citalopram: 30 participants.  
Amitriptyline: 30 participants.  
Citalopram dose-range: 20 mg/day.  
Amitriptyline dose-range: 25-175 mg/day.

Outcomes Change in Hamilton Depression Rating Scale 17 Item (HDRS-17) from baseline to endpoint, number of patients who responded to treatment.

Notes Waiting for translation from Chinese to English (only abstract available in English).

**Moeller 1986**

Methods Four-week, double-blind study.

Participants Female in-patients with a Major Depressive Disorder (MDD) according to the DSM-III criteria, and with a pretreatment score of at least 18 on the Hamilton Depression Rating Scale-17 Item (HDRS-17).

Age range: 18-65 years.

Exclusion criteria: patients who did not give their informed consent, pregnant patients, patients with serious concomitant disease (heart, liver, kidney), patients with an organic cerebral syndrome, schizophrenics or patients with a paranoid psychosis, alcoholics or patients addicted to narcotics, patients with epilepsy, and patients having received MAO-inhibitors within the last 3 weeks.

Interventions Citalopram: 14 participants.  
Maprotiline: 13 participants.  
Citalopram dose range: 40-60 mg/day.  
Maprotiline dose range: 75-150 mg/day.

Outcomes Primary outcome: plasma ratios of tryptophan (Trp) and Tyrosine (Tyr) to other large neutral amino acids.

Notes This study was funded by Lundbeck (citalopram manufacturer).

One patient in maprotiline group committed suicide.



#### NCT00269334

Methods	Randomised, open-label study.
Participants	<p>Self-identified as of Taiwanese ethnic background, and report that both of their parents and all four of their grandparents are members of the same ethnic group;</p> <p>non-responders: have a 21-item HDRS score of &gt; 17; partial responders: have a 21-item HDRS score between 8 and 15; responders: have a 21-item HDRS score of &lt; 7. Only the non-responder group will be included in Study II.</p> <p>male or female, who, if of child-bearing potential, agrees to use effective contraception including the regular use of contraceptive pills, intra-uterine devices or abstinence;</p> <p>age &gt; 18;</p> <p>capable of giving informed consent.</p>
Interventions	<p>Citalopram</p> <p>Paroxetine</p>
Outcomes	<p>Structured Clinical Interview for DSM-IV Disorders (SCID) at week baseline.</p> <p>Hamilton Depression Rating Scale (HDRS) at week 1,2,4,6,8.</p> <p>Beck Depression Inventory (BDI) at week 1,2,4,6,8.</p> <p>Clinical Global Impression Scale (CGI) at week 1,2,4,6,8.</p> <p>Patient's Global Improvement Scale (PGI) at week 1,2,4,6,8.</p> <p>Treatment Emergent Symptoms Scale (TESS) at week 1,2,4,6,8.</p> <p>Arizona Sexual Experience Scale (ASEX) at week 1,2,4,6,8.</p>
Notes	

#### NCT00993876

Methods	Randomised, open-label trial.
Participants	Patients with MDD according to DSM-IV criteria.
Interventions	<p>Citalopram: 20-30 mg/day.</p> <p>Reboxetine: 4-8 mg/day.</p>
Outcomes	Cognitive performance with respect to cognitive flexibility, memory and attention.
Notes	

#### Norra 2011

Methods	Randomised study.
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**Norra 2011** (Continued)

Participants	Unmedicated patients with major depression and a healthy control group.
Interventions	Citalopram Reboxetine
Outcomes	Comparison of Auditory Mismatch negativity (MMN) between unmedicated patients with major depression and a healthy control group, longitudinal examination of the patient group to investigate differential monoaminergic treatment effects of antidepressants on MMN.
Notes	

**Pan 2005**

Methods	Eight-week, (likely) randomised study.
Participants	In-patients with depression according to CCMD- III criteria.
Interventions	Citalopram: 30 participants. Paroxetine: 30 participants. Venlafaxine: 30 participants. Citalopram dose range: 20-60 mg/day. Paroxetine dose range: 20-50 mg/day. Venlafaxine dose range: 75-375 mg/day.
Outcomes	Change in Hamilton Depression Rating Scale (HDRS) from baseline to endpoint, number of patients who responded to treatment.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

**Qiao 2005**

Methods	Six-week, (likely) randomised study.
Participants	In- and out-patients with depression according to CCMD- III criteria.
Interventions	Citalopram: 34 participants. Paroxetine: 34 participants. Citalopram dose-range: 30-60 mg/day. Paroxetine dose-range: 20-60 mg/day.
Outcomes	Change in Hamilton Depression Rating Scale 17 Item (HDRS-17) from baseline to endpoint, number of patients who responded to treatment, number of patients who remitted.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

### Qiu 2005

Methods	Six-week, (likely) randomised study.
Participants	Out-patients with depression according to CCMD- III criteria.
Interventions	Citalopram: 28 participants. Amitriptyline: 28 participants. Citalopram dose-range: 20-40 mg/day. Amitriptyline dose-range: 75-250 mg/day.
Outcomes	Change in Hamilton Depression Rating Scale 17 Item (HDRS-17) from baseline to endpoint, number of patients who responded to treatment.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

### Ren 2006

Methods	Eight-week, (likely) randomised study.
Participants	In-patients with depression according to CCMD-III criteria.
Interventions	Citalopram: 54 participants. Sertraline: 48 participants. Citalopram dose range: 20-60 mg/day. Sertraline dose range: 50-150 mg/day.
Outcomes	Change in Hamilton Depression Rating Scale 24 Item (HDRS-24) score from baseline to endpoint, number of patients who responded to treatment, number of patients who remitted.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

### Rutherford 2010

Methods	Preliminary results will be presented from a clinical trial and integrated functional Magnetic Resonance Imaging (fMRI) study randomising adult outpatients with MDD to 8 weeks of treatment in high vs. low expectancy conditions. Expectancy is measured using items 2 and 4 of the CES, which measure the subject's expected likelihood and magnitude of improvement, respectively. Subjects are treated for 8 weeks with the study medication and are classified as responders (50% decrease from baseline HRSD) or remitters (HRSD < 7).
Participants	Included patients are men and women aged 18 to 65 years with unipolar MDD (DSM-IV) and 24-item HRSD score = 16.
Interventions	Patients are randomised to (1) Placebo-controlled Track (random assignment to escitalopram or placebo), or (2) Comparator Track (random assignment to escitalopram or citalopram) and are informed of their Track assignment but are blinded to their specific treatment assignment.

**Rutherford 2010** *(Continued)*

Outcomes	Well-validated fMRI paradigms are used to investigate the activity of neural circuits underlying subjects' response to emotional stimuli, reward processing, and memory retrieval.
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**Shi 2005**

Methods	Six-week, (likely) randomised study.
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Participants	In-patients with depression according to CCMD-III criteria.
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Interventions	Citalopram: 30 participants. Maprotiline: 30 participants. Citalopram dose range: 20 mg/day. Maprotiline dose range: 100-200 mg/day.
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Outcomes	Change in Hamilton Depression Rating Scale (HDRS) score from baseline to endpoint, number of patients who responded to treatment.
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Notes	Waiting for translation from Chinese to English (only abstract available in English).
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**Song 2004**

Methods	Six-week, (likely) randomised study.
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Participants	In- and out-patients with depression according to CCMD-III criteria.
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Interventions	Citalopram: 43 participants. Fluoxetine: 46 participants. Citalopram dose range: 20 mg/day. Fluoxetine dose range: 20 mg/day.
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Outcomes	Change in Hamilton Depression Rating Scale (HDRS) score from baseline to endpoint, number of patients who responded to treatment.
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Notes	Waiting for translation from Chinese to English (only abstract available in English).
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**Tan 2004**

Methods	Six-week, (likely) randomised study.
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Participants	In-patients with depression according to CCMD-III criteria.
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Interventions	Citalopram: 25 participants. Amitriptyline: 26 participants.
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**Tan 2004** *(Continued)*

Citalopram dose range: 20-40 mg/day.

Amitriptyline dose range: 100-200 mg/day.

Outcomes	Change in Hamilton Depression Rating Scale 17 Item (HDRS-17) score from baseline to endpoint, number of patients who responded to treatment.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

**Tang 2005**

Methods	Eight-week, (likely) randomised study.
Participants	In-patients with depression according to CCMD-III criteria.
Interventions	Citalopram: 40 participants. Amitriptyline: 40 participants. Citalopram dose range: 20-60 mg/day (mean dose: 37.2 SD:17.4). Amitriptyline dose range: 150-250 mg/day (mean dose: 191.3 SD: 37.8).
Outcomes	Change in Hamilton Depression Rating Scale 17 Item (HDRS-17) score from baseline to endpoint, number of patients who responded to treatment.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

**Tao 2005**

Methods	Six-week, (likely) randomised study.
Participants	In-patients with depression according to CCMD-III criteria.
Interventions	Citalopram: 33 participants. Paroxetine: 30 participants. Citalopram dose range: 20-40 mg/day. Paroxetine dose range: 20-40 mg/day.
Outcomes	Change in Hamilton Depression Rating Scale 17 Item (HDRS-17) score from baseline to endpoint, number of patients who responded to treatment.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

**Thomas 2008**

Methods	Twelve-week, multi-centred randomised controlled trial.
Participants	Patients with depression according to ICD-10 criteria, recruited in primary care setting.

**Thomas 2008** (Continued)

Interventions	Citalopram dose range: 20 mg/day. Reboxetine dose range: 8 mg/day.
Outcomes	Change in Beck Depression Inventory (BDI) from baseline to week 6.
Notes	Only study protocol available.

**Wan 2006**

Methods	Six-week, (likely) randomised study.
Participants	In- and out-patients with depression according to CCMD-III criteria.
Interventions	Citalopram: 35 participants. Amitriptyline: 34 participants. Citalopram dose range: 20 mg/day. Amitriptyline dose range: 150mg/day .
Outcomes	Change in Hamilton Depression Rating Scale 17 Item (HDRS-17) score from baseline to endpoint, number of patients who responded to treatment.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

**Wang 2003**

Methods	Six-week, (likely) randomised study.
Participants	Patients with depression according to CCMD-III criteria.
Interventions	Citalopram: 39 participants. Imipramine: 39 participants. Citalopram dose range: 20-40 mg/day. Imipramine dose range: 100-200 mg/day .
Outcomes	Change in Hamilton Depression Rating Scale 17 Item (HDRS-17) score from baseline to endpoint, number of patients who responded to treatment.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

**Wang 2004**

Methods	Eight-week, (likely) randomised study.
Participants	In- and out-patients with depression according to CCMD-III criteria.
Interventions	Citalopram: 42 participants.

**Citalopram versus other anti-depressive agents for depression (Review)**

**Wang 2004** (Continued)

Amitriptyline: 42 participants.

Citalopram dose range: 20-40 mg/day (mean dose: 28.6 SD: 5.2).

Amitriptyline dose range: 100-300 mg/day (mean dose: 220 SD: 48).

Outcomes	Change in Hamilton Depression Rating Scale 17 Item (HDRS-17) score from baseline to endpoint, number of patients who responded to treatment.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

**Wang 2006**

Methods	Eight-week, (likely) randomised study.
Participants	In- and out-patients with depression according to CCMD-III criteria.
Interventions	Citalopram: 25 participants. Mirtazapine: 25 participants. Citalopram dose range: 20-40 mg/day. mirtazapine dose range: 15-30 mg/day.
Outcomes	Change in Hamilton Depression Rating Scale 17 Item (HDRS-17) score from baseline to endpoint, number of patients who responded to treatment.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

**Xu 2005**

Methods	Six-week, (likely) randomised study.
Participants	Out-patients with depression according to CCMD-III criteria.
Interventions	Citalopram: 30 participants. Amitriptyline: 30 participants. Citalopram dose range: 20 - ? mg/day (the upper dose limit is unclear - mean dose: 25.5 SD: 15.5). Amitriptyline dose range: 50 - ? mg/day (the upper dose limit is unclear - mean dose: 117.4 SD: 35.1).
Outcomes	Change in Hamilton Depression Rating Scale 17 Item (HDRS-17) score from baseline to endpoint, number of patients who responded to treatment, number of patients who remitted.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

**Yu 2006**

Methods	Six-week, (likely) randomised study.
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#### Yu 2006 (Continued)

Participants	In- and out-patients with depression according to CCMD-III criteria.
Interventions	Citalopram: 29 participants. Venlafaxine: 29 participants. Citalopram dose range: 10-40 mg/day (mean dose: 15 SD: 7.1). Venlafaxine dose range: 50-200 mg/day (mean dose: 165 SD: 17).
Outcomes	Change in Hamilton Depression Rating Scale 17 Item (HDRS-17) score from baseline to endpoint, number of patients who responded to treatment.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

#### Zhang 2005

Methods	Six-week, (likely) randomised study.
Participants	In- and out-patients with depression according to DSM-IV criteria.
Interventions	Citalopram: 32 participants. Venlafaxine: 34 participants. Citalopram dose range: 10-40 mg/day. Venlafaxine dose range: 50-225 mg/day.
Outcomes	Change in Hamilton Depression Rating Scale 17 Item (HDRS-17) score from baseline to endpoint, number of patients who responded to treatment.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

#### Zhang 2006

Methods	Six-week, (likely) randomised study.
Participants	In- and out-patients with depression according to CCMD-III criteria.
Interventions	Citalopram: 30 participants. Maprotyline: 30 participants. Citalopram dose range: 10-40 mg/day (mean dose: 21.90 SD:6.93). Maprotyline dose range: 25-200 mg/day (mean dose: 141.52 SD: 30.4).
Outcomes	Change in Hamilton Depression Rating Scale 17 Item (HDRS-17) score from baseline to endpoint, number of patients who responded to treatment.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

**Zhao 2006**

Methods	Eight-week, (likely) randomised study.
Participants	In- and out-patients with depression according to CCMD-III criteria.
Interventions	Citalopram: 30 participants. Fluoxetine: 30 participants. Citalopram dose range: 20-60 mg/day. Fluoxetine dose range: 20-60 mg/day.
Outcomes	Change in Hamilton Depression Rating Scale 24 Item (HDRS-24) score from baseline to endpoint, number of patients who responded to treatment.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

**Zhou 2005**

Methods	Seven-week, (likely) randomised study.
Participants	Out-patients with depression according to CCMD-III criteria.
Interventions	Citalopram: 29 participants. Venlafaxine: 28 participants. Citalopram dose range: 20-40 mg/day. Venlafaxine dose range: 50-300 mg/day.
Outcomes	Change in Hamilton Depression Rating Scale (HDRS) score from baseline to endpoint, number of patients who responded to treatment.
Notes	Waiting for translation from Chinese to English (only abstract available in English).

MAOIs: Monoamine oxidase inhibitors

PET: Positron emission tomography

SSRIs: Selective serotonin re-uptake inhibitors

**Characteristics of ongoing studies** [ordered by study ID]

**NCT01407094**

Trial name or title	Establishing Moderators and Biosignatures of Antidepressant Response for Clinical Care for Depression (NCT01407094).
Methods	Randomised, double-blind study.
Participants	Adults, age 18-65. Outpatients with a current diagnosis of nonpsychotic recurrent MDD per the SCID-I. QIDS-SR score of $\geq 14$ at Screening Visit and Randomization (Baseline) Visit. No failed antidepressant trials of adequate dose and duration.

**NCT01407094** (Continued)

	Agrees to, and is eligible for, all biomarkers procedures (EEG/psychological testing, MRI, and blood draws).
Interventions	Citalopram Bupropion XL  Placebo
Outcomes	Primary Outcome Measure: HDRS score.
Starting date	July 2011.
Contact information	David W Morris, Ph.D. 214-648-0162 davidw.morris@utsouthwestern.edu Ben T Kurian, M.D. 214-648-0158 benji.kurian@utsouthwestern.edu
Notes	

**NCT01473381**

Trial name or title	Safety and Efficacy of Vilazodone in Major Depressive Disorder (NCT01473381).
Methods	Randomised, double-blind study.
Participants	Patients aged 18-70 years, with MDD (according to DSM-IV criteria).  The patient's current major depressive episode must be at least 8 weeks and no longer than 12 months in duration.
Interventions	Vilazodone  Citalopram  Placebo
Outcomes	Primary Outcome Measure: MADRS score at 10 Weeks.
Starting date	November 2011.
Contact information	Sandra Beaird, PhD 1-800-678-1605 ext 66297, <a href="mailto:info@forestpharm.com">info@forestpharm.com</a>
Notes	

DSM-IV: Diagnostic and Statistical Manual of Mental Disorders

MADRS: Montgomery and Asberg Depression Rating Scale

MDD: major depressive disorder

MRI: magnetic resonance imaging


QIDS-SR: Quick Inventory of Depressive Symptomatology Self-Report

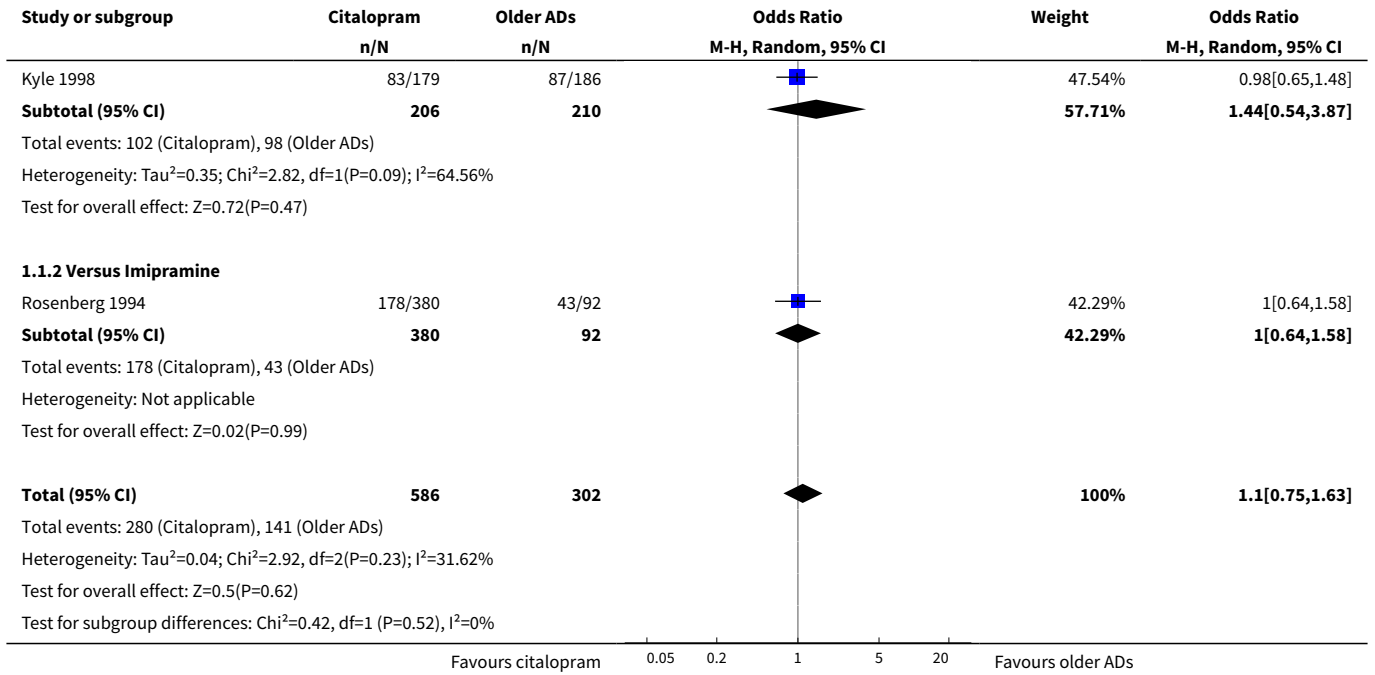
**DATA AND ANALYSES**

**Comparison 1. Failure to respond at endpoint (6-12 weeks)**

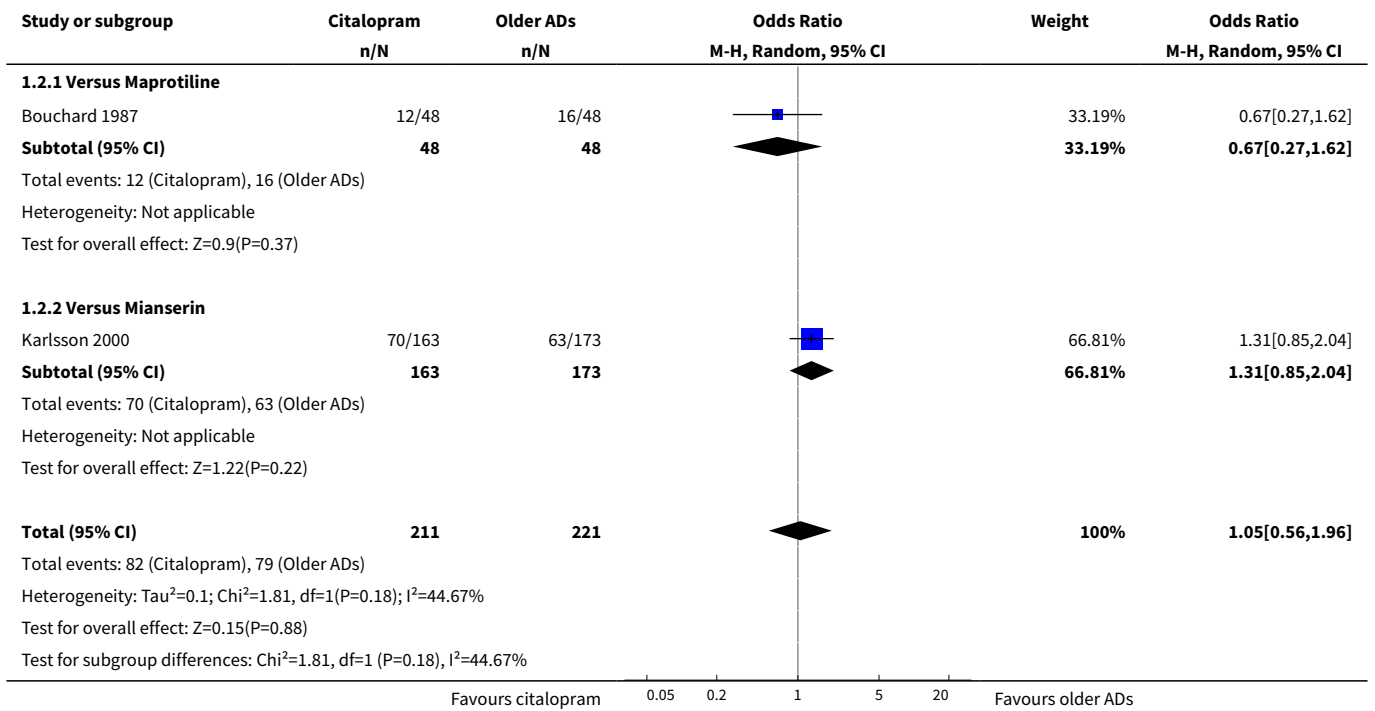
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Citalopram versus TCAs</b>	3	888	Odds Ratio (M-H, Random, 95% CI)	1.10 [0.75, 1.63]
1.1 Versus Amitriptyline	2	416	Odds Ratio (M-H, Random, 95% CI)	1.44 [0.54, 3.87]
1.2 Versus Imipramine	1	472	Odds Ratio (M-H, Random, 95% CI)	1.00 [0.64, 1.58]
<b>2 Citalopram versus heterocyclics</b>	2	432	Odds Ratio (M-H, Random, 95% CI)	1.05 [0.56, 1.96]
2.1 Versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	0.67 [0.27, 1.62]
2.2 Versus Mianserin	1	336	Odds Ratio (M-H, Random, 95% CI)	1.31 [0.85, 2.04]
<b>3 Citalopram versus other SSRIs</b>	13		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 Versus Escitalopram	6	1806	Odds Ratio (M-H, Random, 95% CI)	1.47 [1.08, 2.02]
3.2 Versus Fluoxetine	2	673	Odds Ratio (M-H, Random, 95% CI)	1.03 [0.75, 1.43]
3.3 Versus Fluvoxamine	1	217	Odds Ratio (M-H, Random, 95% CI)	0.90 [0.50, 1.62]
3.4 Versus Paroxetine	1	406	Odds Ratio (M-H, Random, 95% CI)	0.65 [0.44, 0.96]
3.5 Versus Sertraline	3	551	Odds Ratio (M-H, Random, 95% CI)	0.53 [0.20, 1.42]
<b>4 Citalopram versus SNRI</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
4.1 Versus Venlafaxine XR	1	151	Odds Ratio (M-H, Random, 95% CI)	0.91 [0.46, 1.78]
<b>5 Citalopram versus other conventional ADs</b>	3		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
5.1 Versus Mirtazapine	1	270	Odds Ratio (M-H, Random, 95% CI)	0.76 [0.38, 1.52]
5.2 Versus Reboxetine	2	458	Odds Ratio (M-H, Random, 95% CI)	0.63 [0.43, 0.91]
<b>6 Citalopram versus non-conventional ADs</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
6.1 Versus Hypericum (St. John's wort)	1	258	Odds Ratio (M-H, Random, 95% CI)	0.93 [0.57, 1.52]

**Analysis 1.1. Comparison 1 Failure to respond at endpoint (6-12 weeks), Outcome 1 Citalopram versus TCAs.**

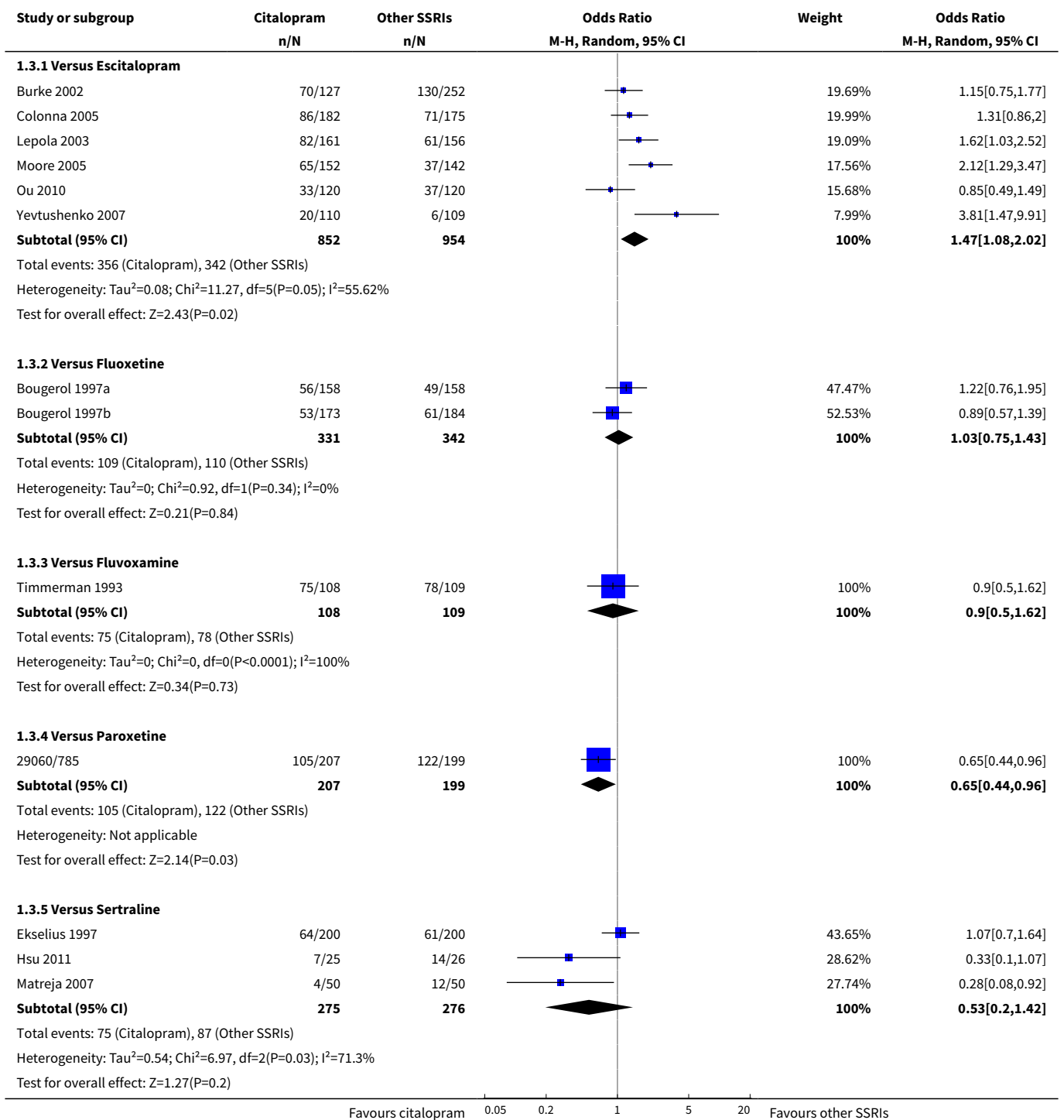
Study or subgroup	Citalopram n/N	Older ADs n/N	Odds Ratio M-H, Random, 95% CI	Weight	Odds Ratio M-H, Random, 95% CI
<b>1.1.1 Versus Amitriptyline</b>					
Gravem 1987	19/27	11/24		10.16%	2.81[0.89,8.88]



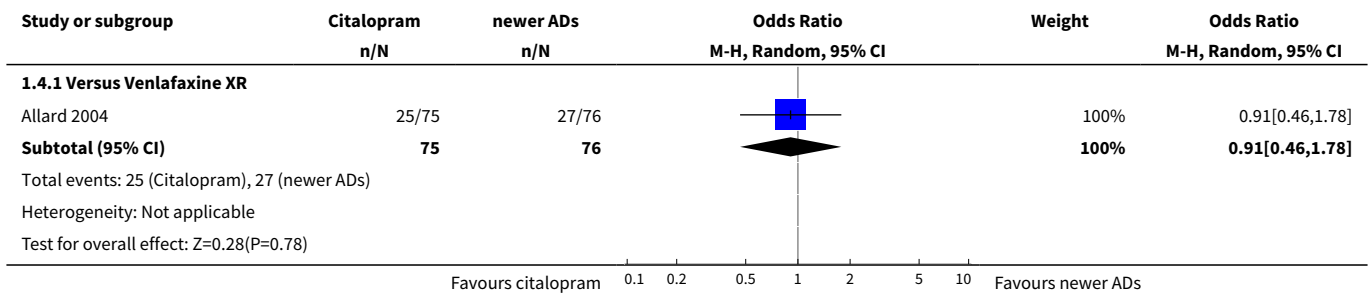
**Analysis 1.2. Comparison 1 Failure to respond at endpoint (6-12 weeks), Outcome 2 Citalopram versus heterocyclics.**



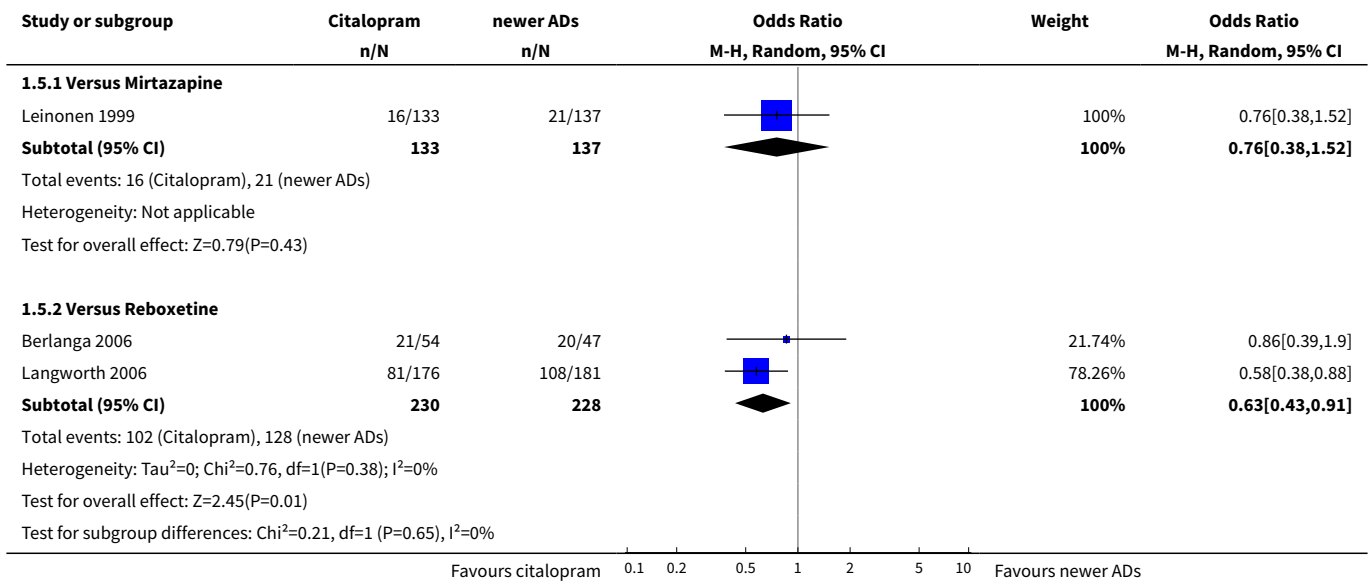
**Analysis 1.3. Comparison 1 Failure to respond at endpoint (6-12 weeks), Outcome 3 Citalopram versus other SSRIs.**



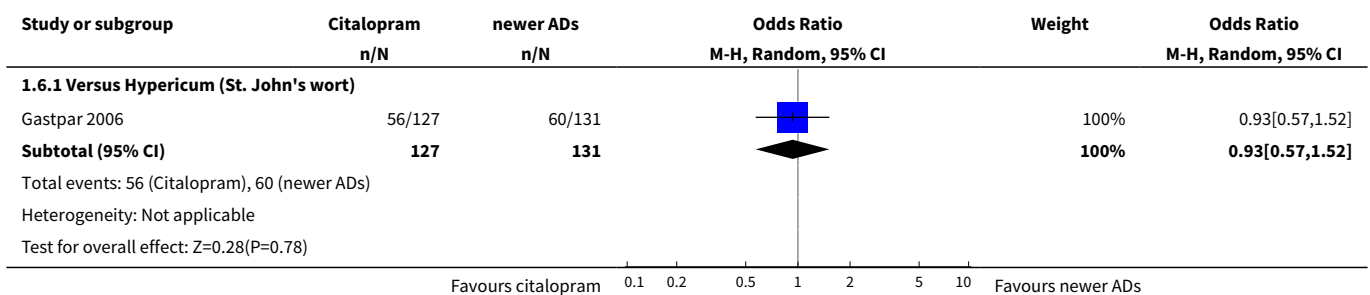
**Analysis 1.4. Comparison 1 Failure to respond at endpoint (6-12 weeks), Outcome 4 Citalopram versus SNRI.**



**Analysis 1.5. Comparison 1 Failure to respond at endpoint (6-12 weeks), Outcome 5 Citalopram versus other conventional ADs.**



**Analysis 1.6. Comparison 1 Failure to respond at endpoint (6-12 weeks), Outcome 6 Citalopram versus non-conventional ADs.**

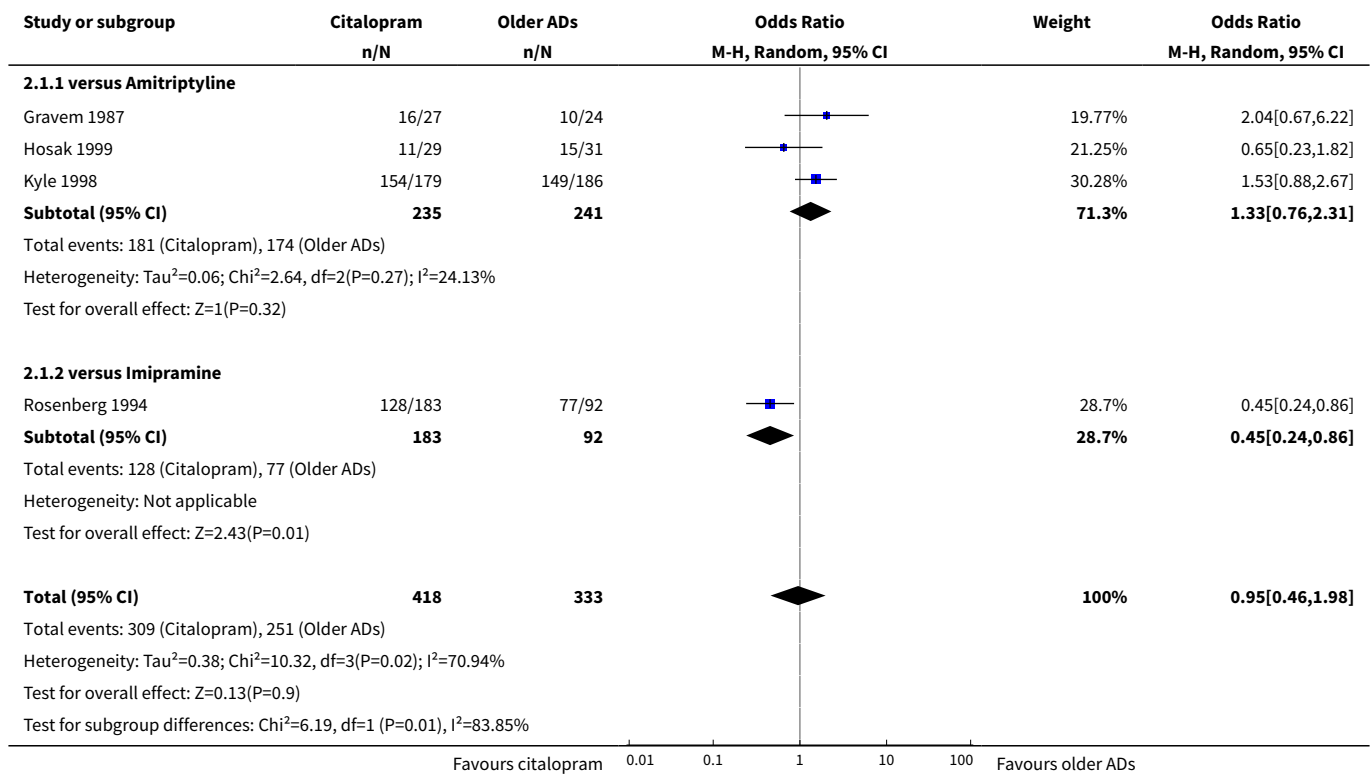




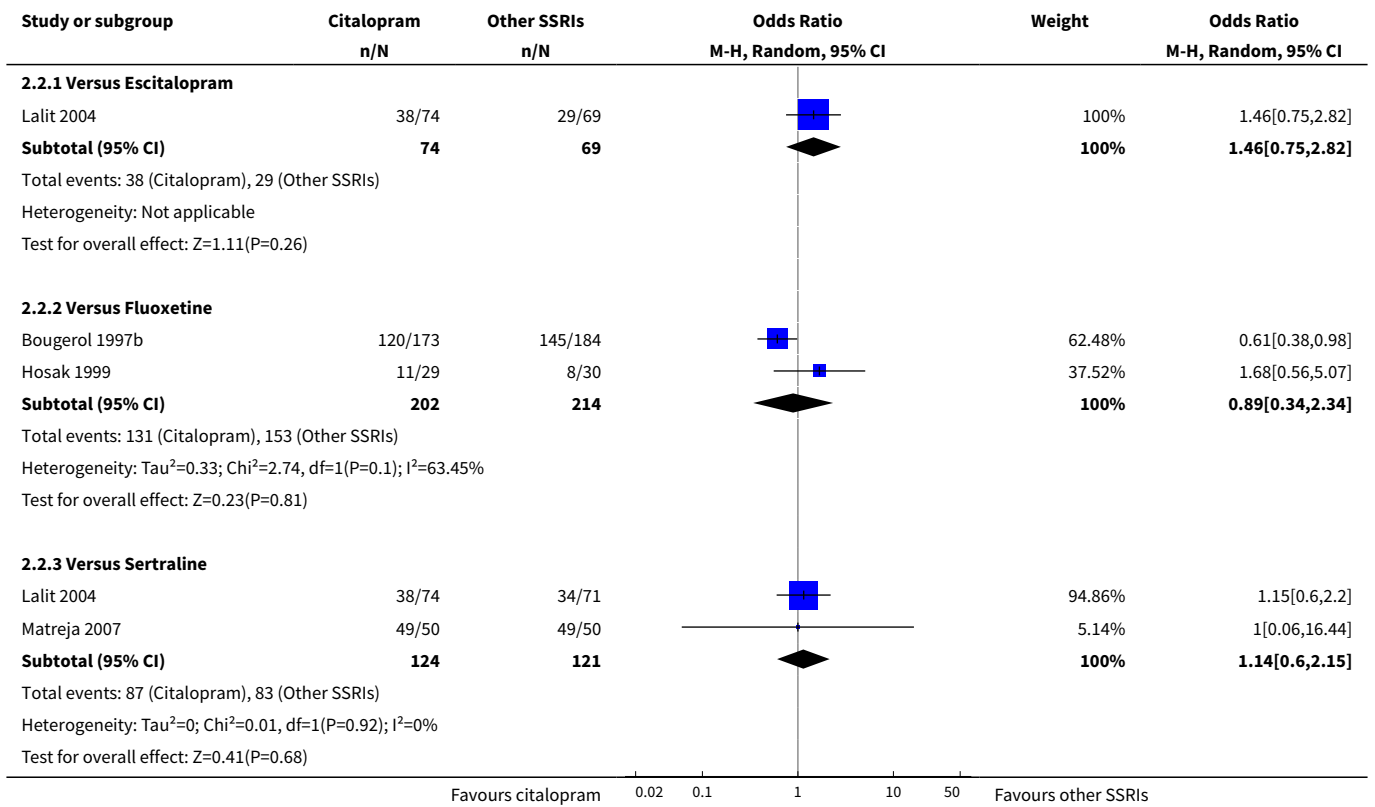
**Comparison 2. Failure to respond (1-4 weeks)**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Citalopram versus TCAs</b>	4	751	Odds Ratio (M-H, Random, 95% CI)	0.95 [0.46, 1.98]
1.1 versus Amitriptyline	3	476	Odds Ratio (M-H, Random, 95% CI)	1.33 [0.76, 2.31]
1.2 versus Imipramine	1	275	Odds Ratio (M-H, Random, 95% CI)	0.45 [0.24, 0.86]
<b>2 Citalopram versus other SSRIs</b>	4		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
2.1 Versus Escitalopram	1	143	Odds Ratio (M-H, Random, 95% CI)	1.46 [0.75, 2.82]
2.2 Versus Fluoxetine	2	416	Odds Ratio (M-H, Random, 95% CI)	0.89 [0.34, 2.34]
2.3 Versus Sertraline	2	245	Odds Ratio (M-H, Random, 95% CI)	1.14 [0.60, 2.15]
<b>3 Citalopram versus other conventional antidepressants</b>	2		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 versus Reboxetine	2	458	Odds Ratio (M-H, Random, 95% CI)	0.87 [0.27, 2.75]

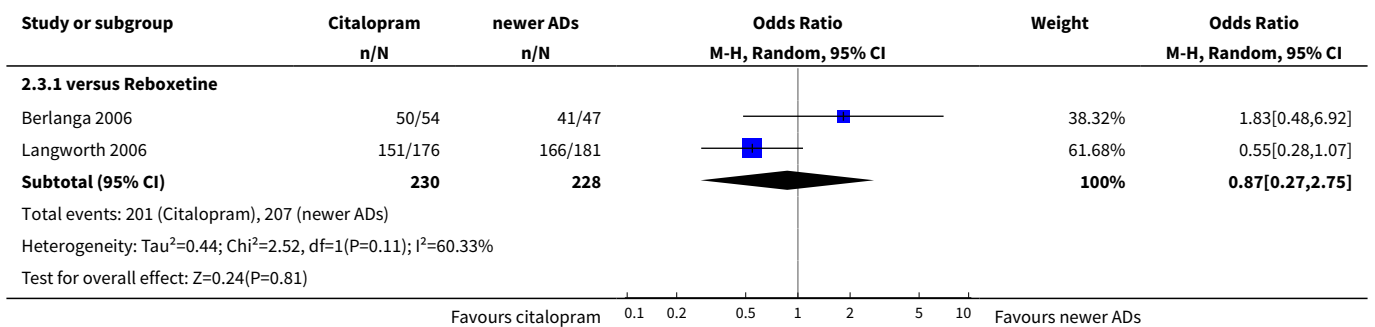
**Analysis 2.1. Comparison 2 Failure to respond (1-4 weeks), Outcome 1 Citalopram versus TCAs.**



**Analysis 2.2. Comparison 2 Failure to respond (1-4 weeks), Outcome 2 Citalopram versus other SSRIs.**



**Analysis 2.3. Comparison 2 Failure to respond (1-4 weeks), Outcome 3 Citalopram versus other conventional antidepressants.**

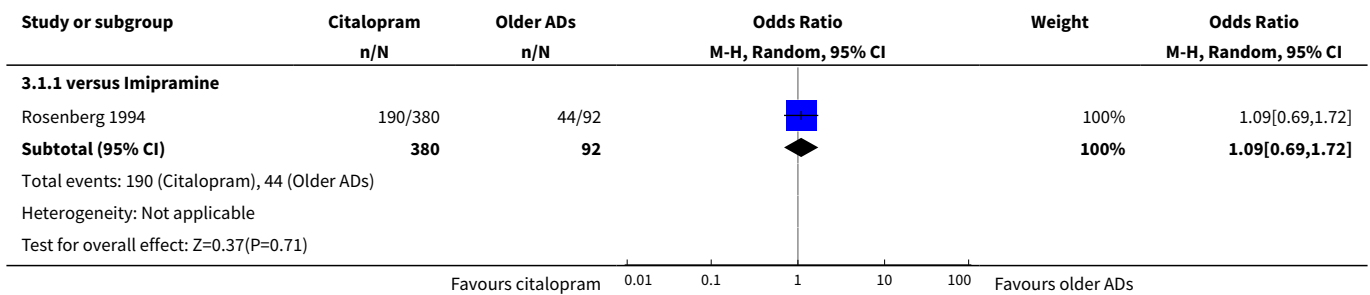


**Comparison 3. Failure to respond (16-24 weeks)**

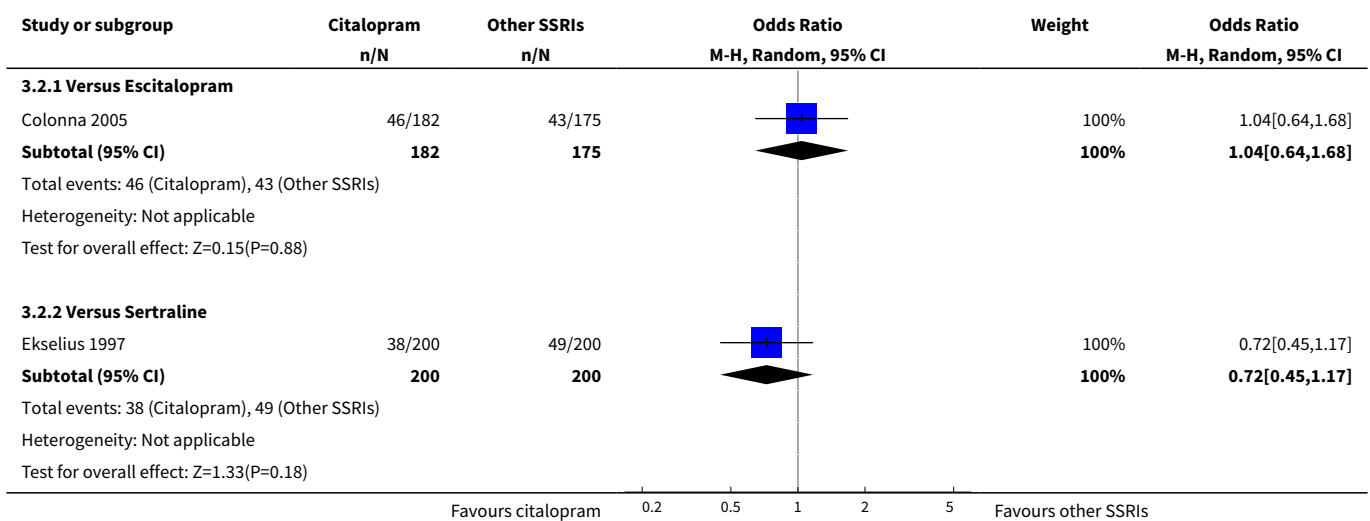
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus TCAs	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 versus Imipramine	1	472	Odds Ratio (M-H, Random, 95% CI)	1.09 [0.69, 1.72]

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>2 Citalopram versus other SSRIs</b>	2		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
2.1 Versus Escitalopram	1	357	Odds Ratio (M-H, Random, 95% CI)	1.04 [0.64, 1.68]
2.2 Versus Sertraline	1	400	Odds Ratio (M-H, Random, 95% CI)	0.72 [0.45, 1.17]
<b>3 Citalopram versus SNRIs</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 Versus Venlafaxine XR	1	151	Odds Ratio (M-H, Random, 95% CI)	0.89 [0.44, 1.82]
<b>4 Citalopram versus other conventional antidepressants</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
4.1 versus Reboxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	0.46 [0.30, 0.70]

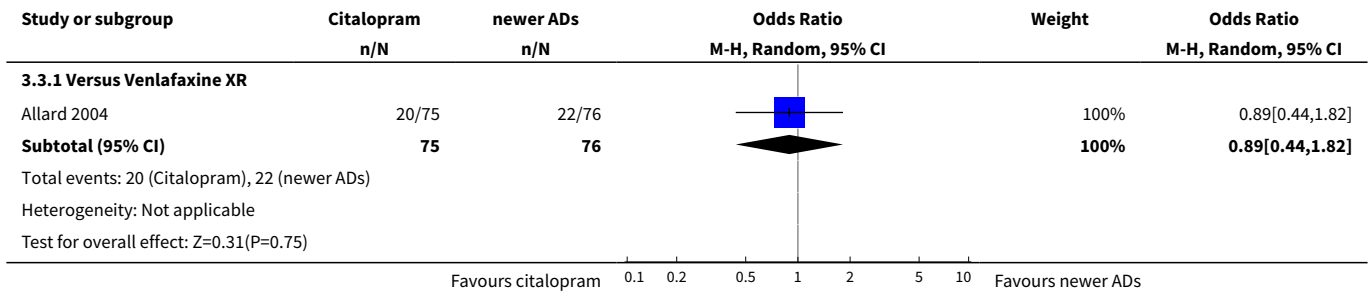
**Analysis 3.1. Comparison 3 Failure to respond (16-24 weeks), Outcome 1 Citalopram versus TCAs.**



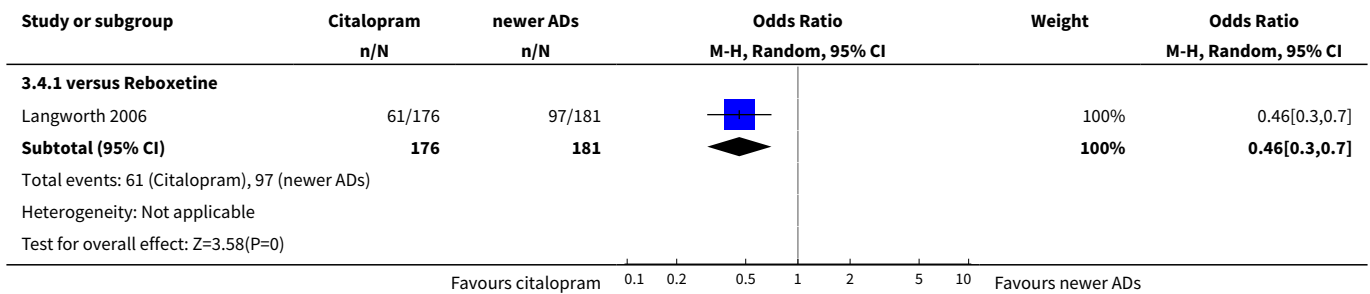
**Analysis 3.2. Comparison 3 Failure to respond (16-24 weeks), Outcome 2 Citalopram versus other SSRIs.**



**Analysis 3.3. Comparison 3 Failure to respond (16-24 weeks), Outcome 3 Citalopram versus SNRIs.**



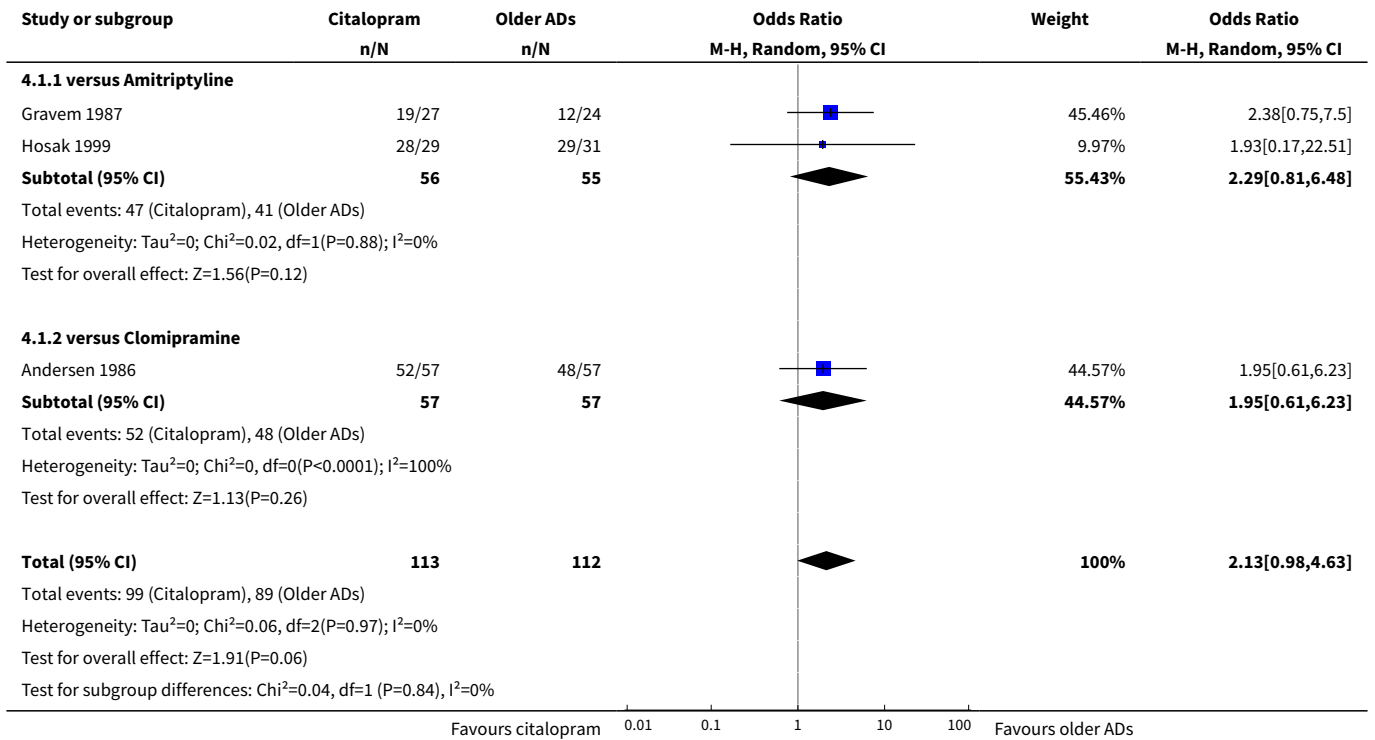
**Analysis 3.4. Comparison 3 Failure to respond (16-24 weeks), Outcome 4 Citalopram versus other conventional antidepressants.**



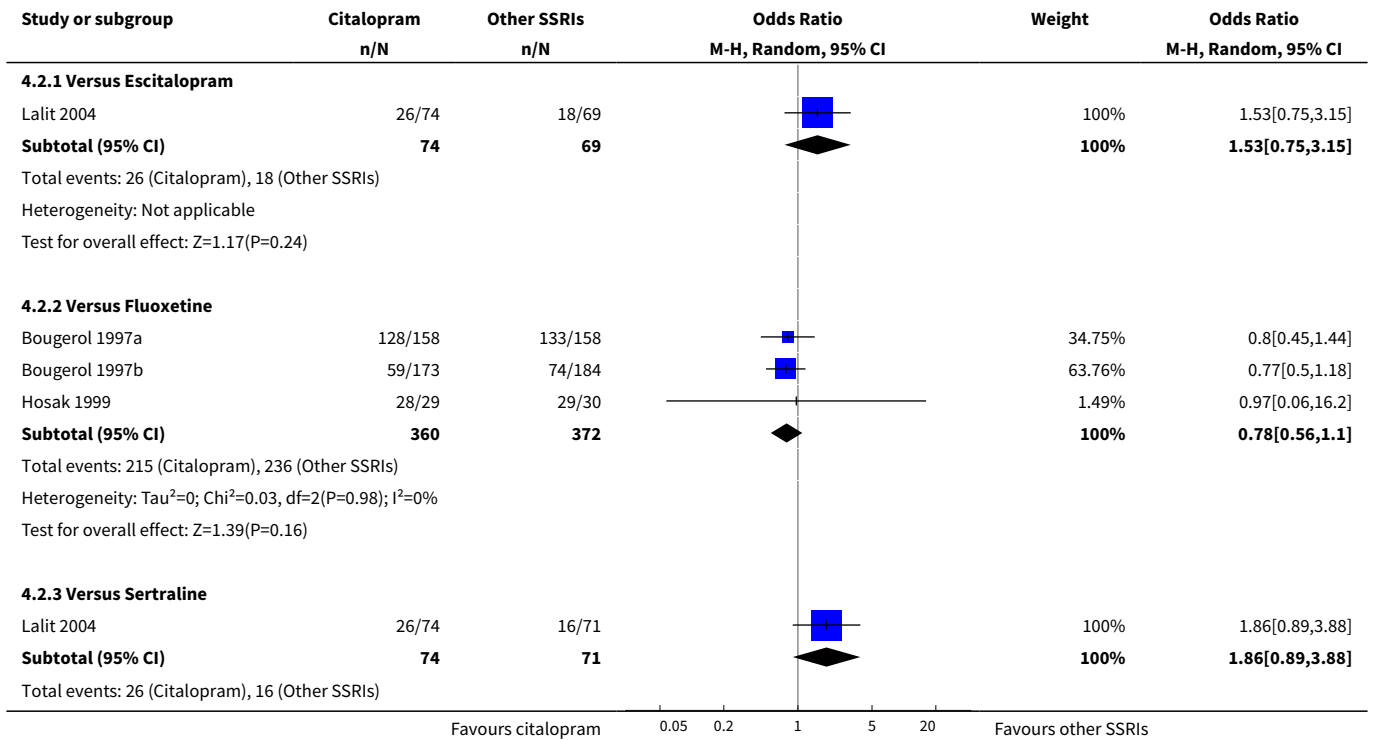
**Comparison 4. Failure to remission (1-4 weeks)**

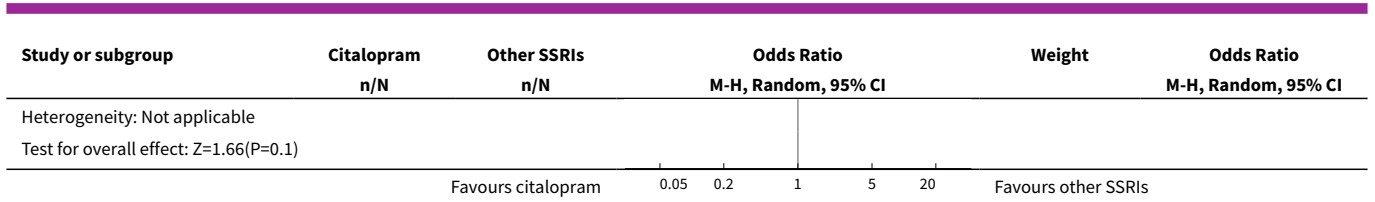
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Citalopram versus TCAs</b>	3	225	Odds Ratio (M-H, Random, 95% CI)	2.13 [0.98, 4.63]
1.1 versus Amitriptyline	2	111	Odds Ratio (M-H, Random, 95% CI)	2.29 [0.81, 6.48]
1.2 versus Clomipramine	1	114	Odds Ratio (M-H, Random, 95% CI)	1.95 [0.61, 6.23]
<b>2 Citalopram versus other SSRIs</b>	4		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
2.1 Versus Escitalopram	1	143	Odds Ratio (M-H, Random, 95% CI)	1.53 [0.75, 3.15]
2.2 Versus Fluoxetine	3	732	Odds Ratio (M-H, Random, 95% CI)	0.78 [0.56, 1.10]
2.3 Versus Sertraline	1	145	Odds Ratio (M-H, Random, 95% CI)	1.86 [0.89, 3.88]
<b>3 Citalopram versus other conventional ADs</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 versus Reboxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	0.75 [0.27, 2.05]

**Analysis 4.1. Comparison 4 Failure to remission (1-4 weeks), Outcome 1 Citalopram versus TCAs.**

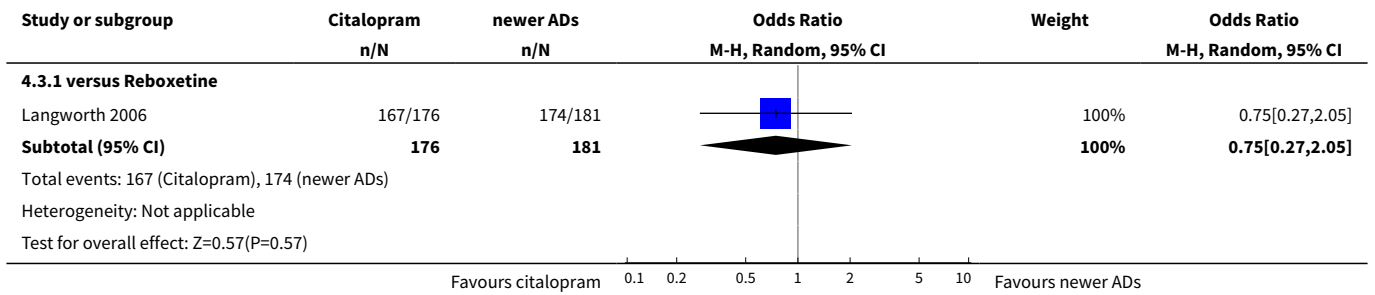


**Analysis 4.2. Comparison 4 Failure to remission (1-4 weeks), Outcome 2 Citalopram versus other SSRIs.**





**Analysis 4.3. Comparison 4 Failure to remission (1-4 weeks), Outcome 3 Citalopram versus other conventional ADs.**

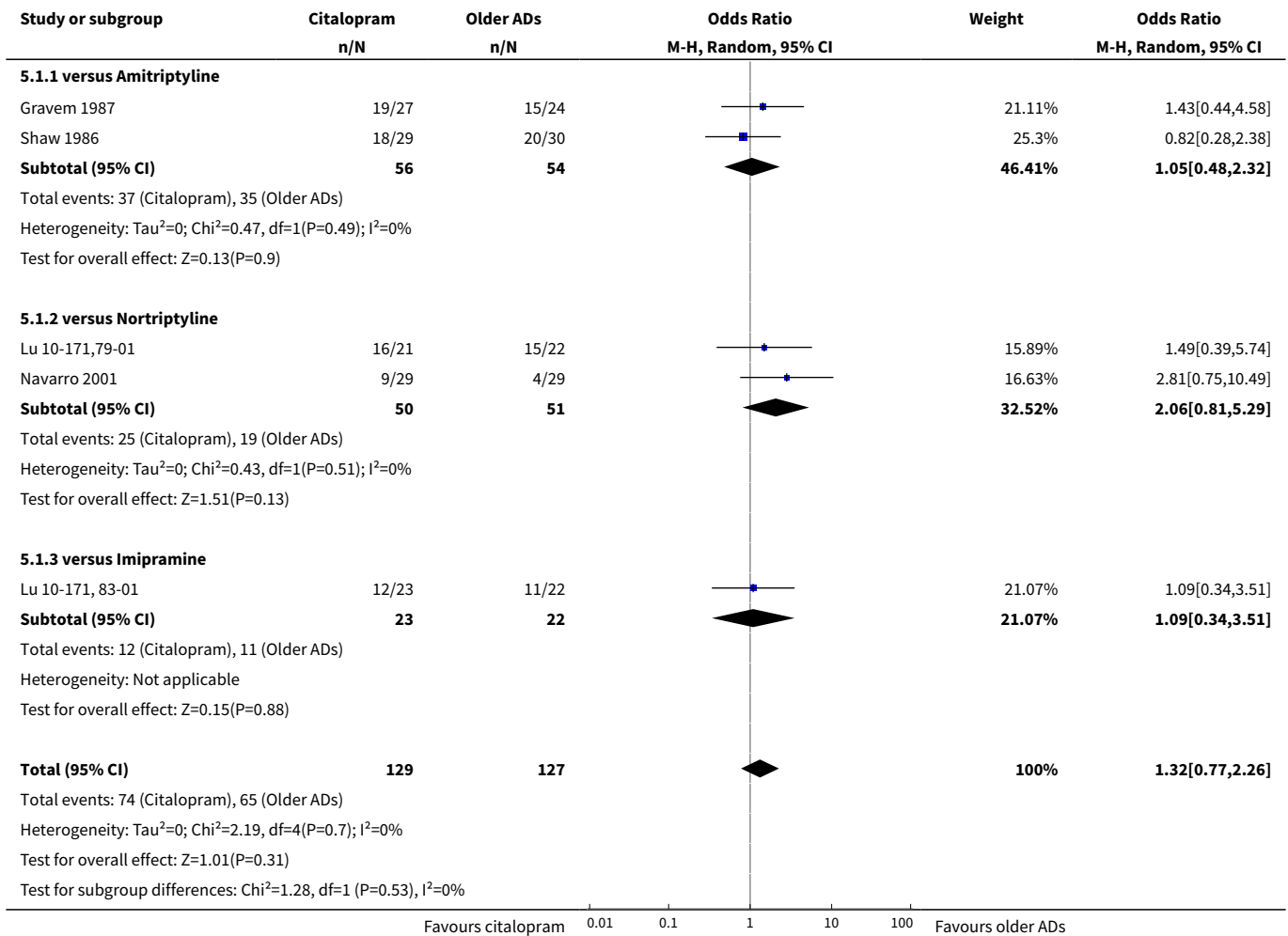


**Comparison 5. Failure to remission (6-12 weeks)**

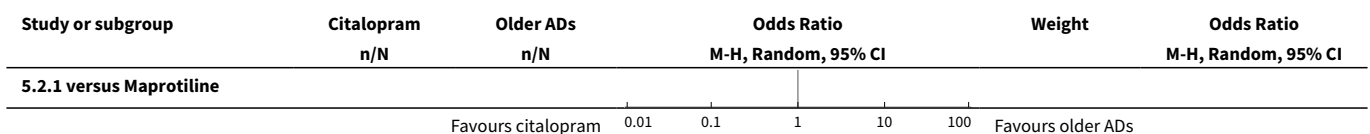
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Citalopram versus TCAs</b>	5	256	Odds Ratio (M-H, Random, 95% CI)	1.32 [0.77, 2.26]
1.1 versus Amitriptyline	2	110	Odds Ratio (M-H, Random, 95% CI)	1.05 [0.48, 2.32]
1.2 versus Nortriptyline	2	101	Odds Ratio (M-H, Random, 95% CI)	2.06 [0.81, 5.29]
1.3 versus Imipramine	1	45	Odds Ratio (M-H, Random, 95% CI)	1.09 [0.34, 3.51]
<b>2 Citalopram versus hetero-cyclics</b>	2	156	Odds Ratio (M-H, Random, 95% CI)	0.66 [0.35, 1.24]
2.1 versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	0.71 [0.31, 1.60]
2.2 versus Mianserin	1	60	Odds Ratio (M-H, Random, 95% CI)	0.58 [0.21, 1.62]
<b>3 Citalopram versus other SSRIs</b>	10		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 Versus Escitalopram	5	1427	Odds Ratio (M-H, Random, 95% CI)	1.94 [1.16, 3.26]
3.2 Versus Fluoxetine	2	673	Odds Ratio (M-H, Random, 95% CI)	0.94 [0.63, 1.42]
3.3 Versus Fluvoxamine	1	217	Odds Ratio (M-H, Random, 95% CI)	0.56 [0.23, 1.34]
3.4 Versus Sertraline	2	151	Odds Ratio (M-H, Random, 95% CI)	0.56 [0.29, 1.08]
<b>4 Citalopram versus SNRIs</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
4.1 Versus Venlafaxine XR	1	151	Odds Ratio (M-H, Random, 95% CI)	0.66 [0.34, 1.26]
5 Citalopram versus other conventional ADs	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
5.1 versus Reboxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	0.59 [0.38, 0.92]

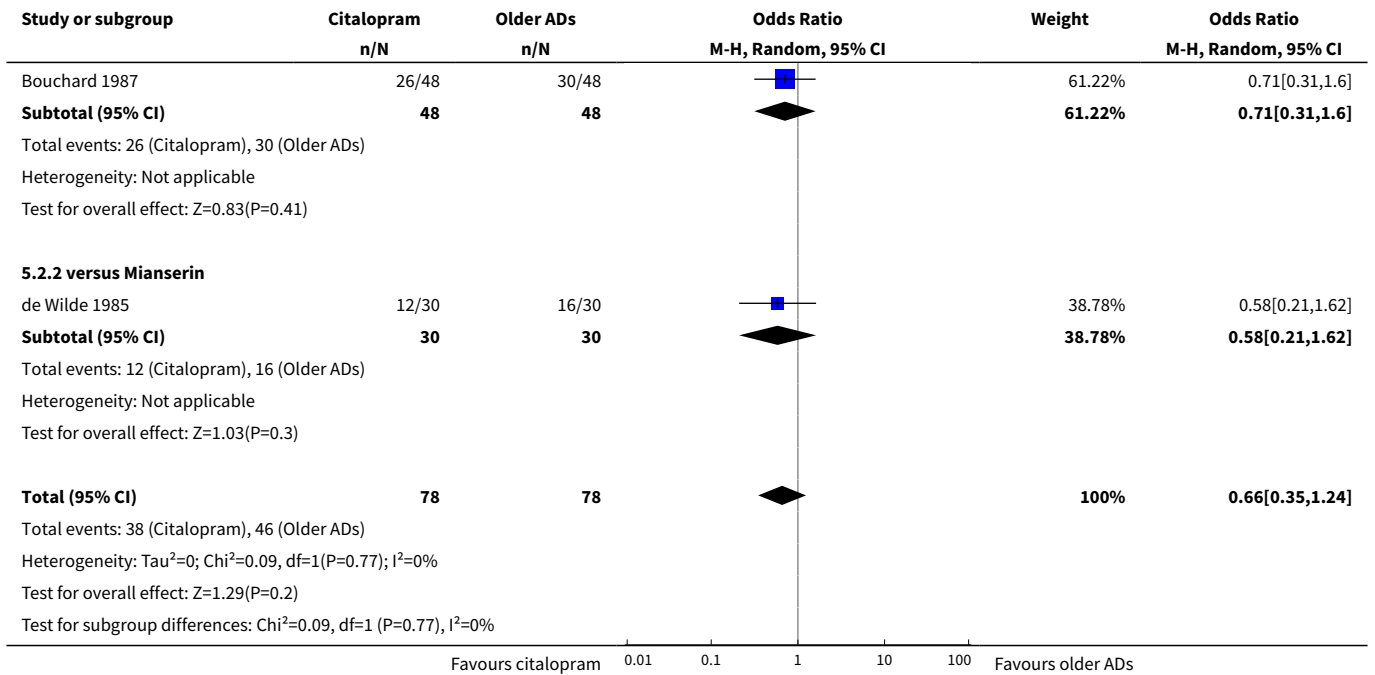
**Analysis 5.1. Comparison 5 Failure to remission (6-12 weeks), Outcome 1 Citalopram versus TCAs.**



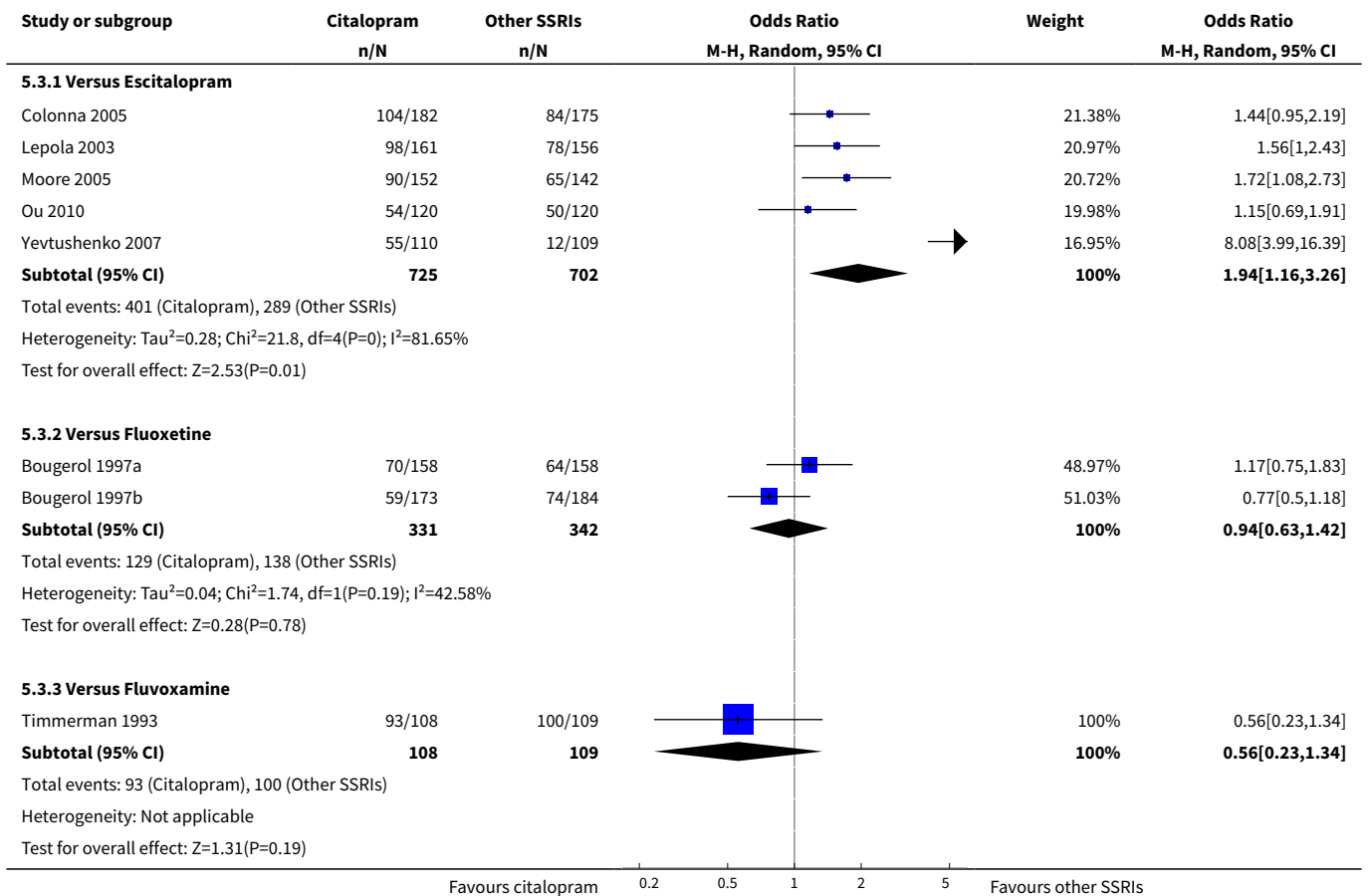
**Analysis 5.2. Comparison 5 Failure to remission (6-12 weeks), Outcome 2 Citalopram versus heterocyclics.**

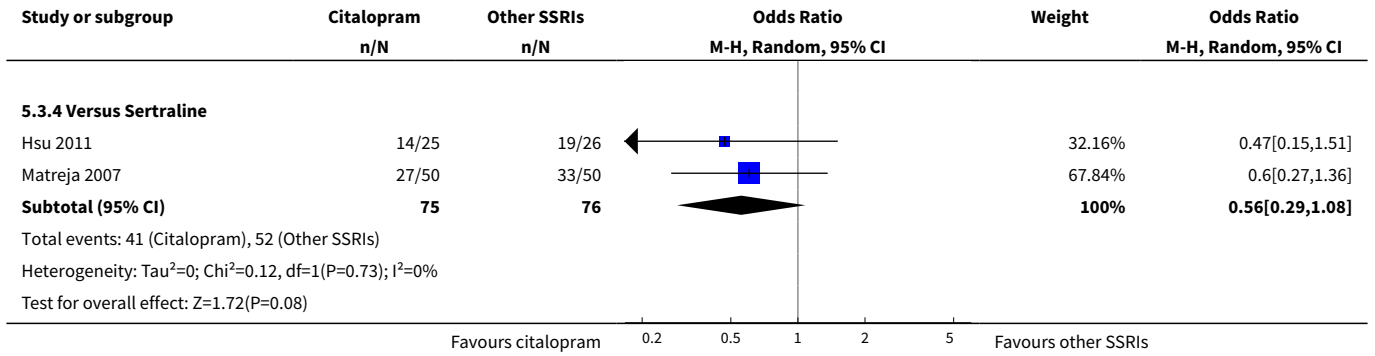




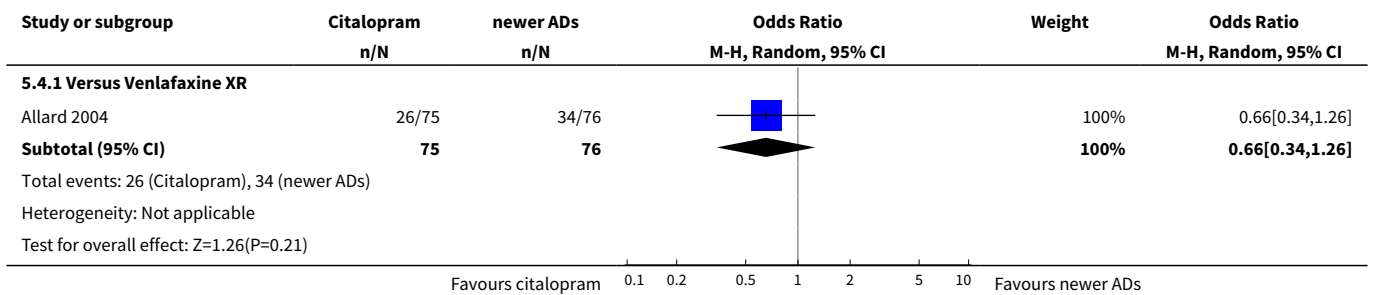


**Analysis 5.3. Comparison 5 Failure to remission (6-12 weeks), Outcome 3 Citalopram versus other SSRIs.**

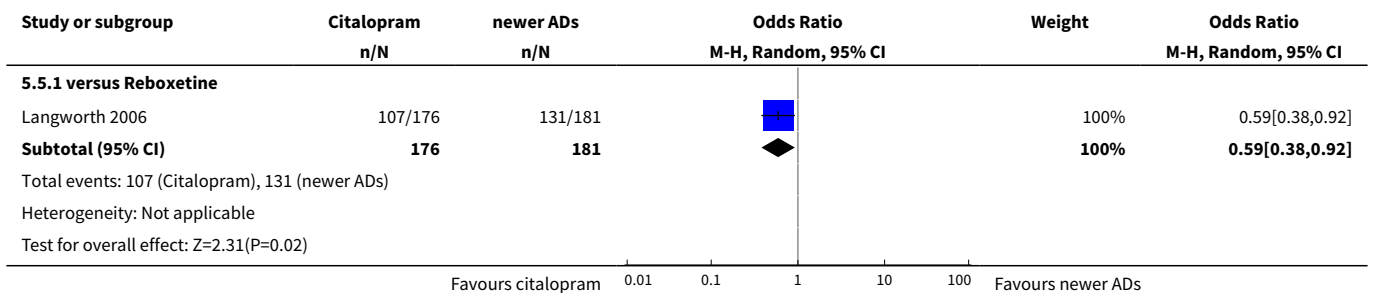




**Analysis 5.4. Comparison 5 Failure to remission (6-12 weeks), Outcome 4 Citalopram versus SNRIs.**



**Analysis 5.5. Comparison 5 Failure to remission (6-12 weeks), Outcome 5 Citalopram versus other conventional ADs.**

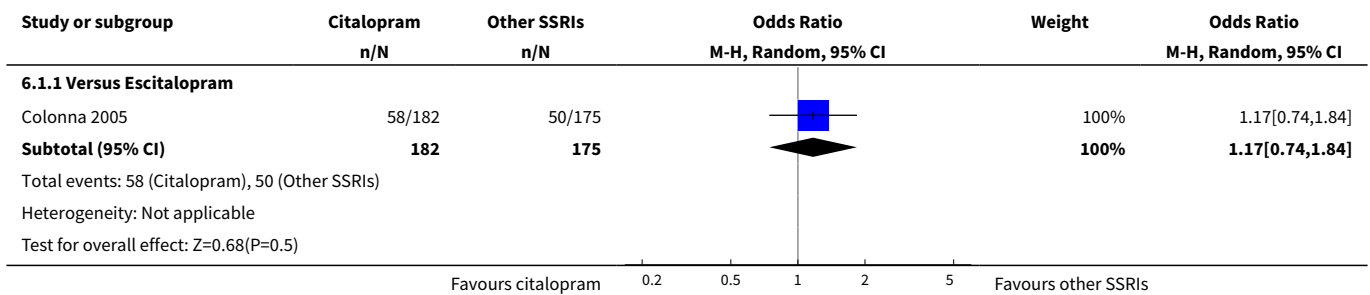


**Comparison 6. Failure to remission (16-24 weeks)**

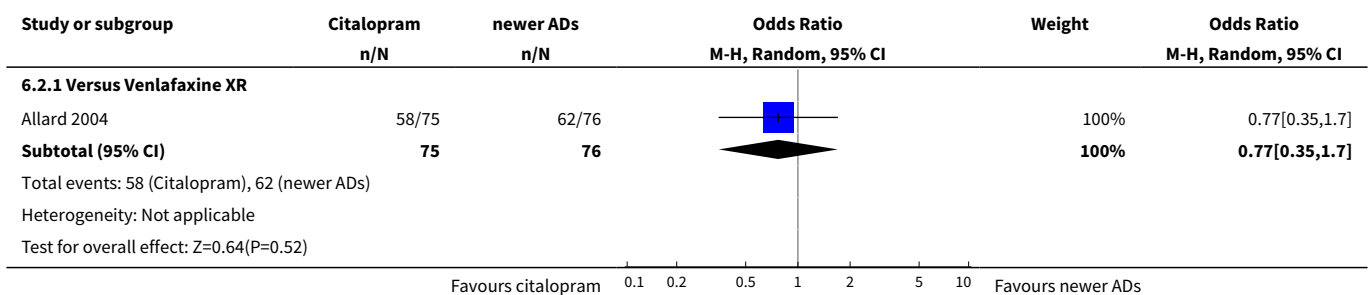
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus other SSRIs	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 Versus Escitalopram	1	357	Odds Ratio (M-H, Random, 95% CI)	1.17 [0.74, 1.84]

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
2 Citalopram versus SNRIs	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
2.1 Versus Venlafaxine XR	1	151	Odds Ratio (M-H, Random, 95% CI)	0.77 [0.35, 1.70]
3 Citalopram versus other conventional ADs	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 versus Reboxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	0.43 [0.28, 0.65]

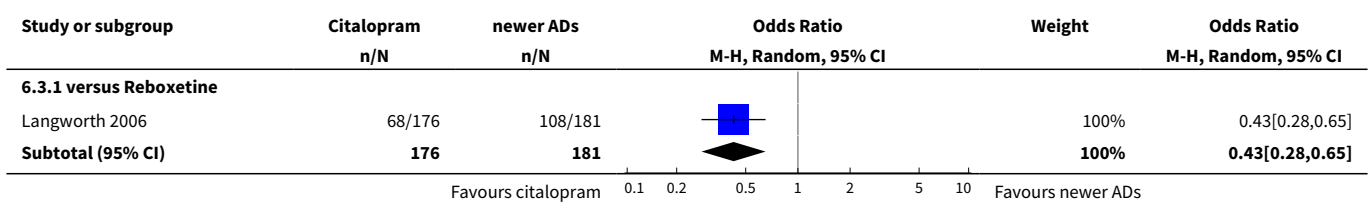
**Analysis 6.1. Comparison 6 Failure to remission (16-24 weeks), Outcome 1 Citalopram versus other SSRIs.**

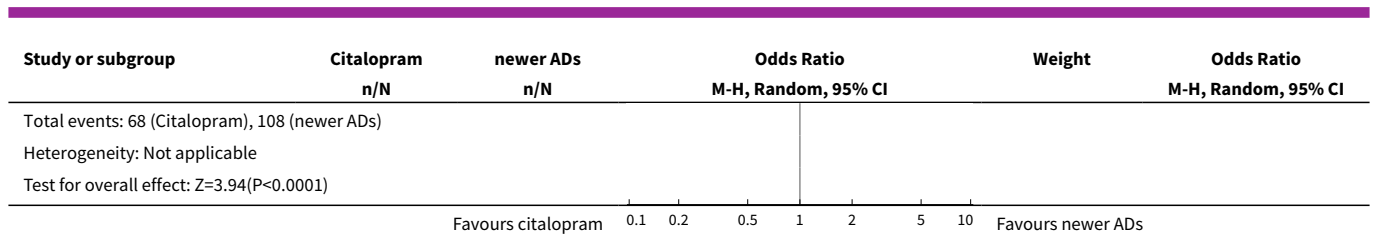


**Analysis 6.2. Comparison 6 Failure to remission (16-24 weeks), Outcome 2 Citalopram versus SNRIs.**



**Analysis 6.3. Comparison 6 Failure to remission (16-24 weeks), Outcome 3 Citalopram versus other conventional ADs.**

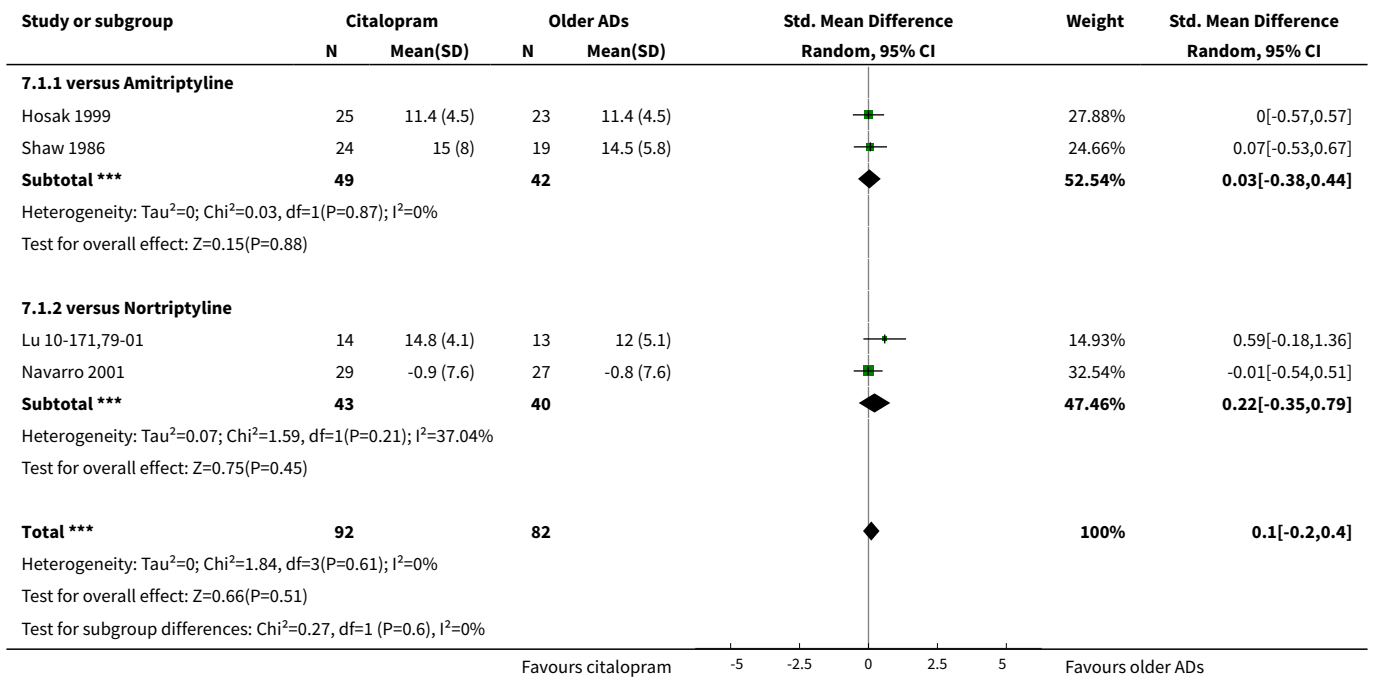




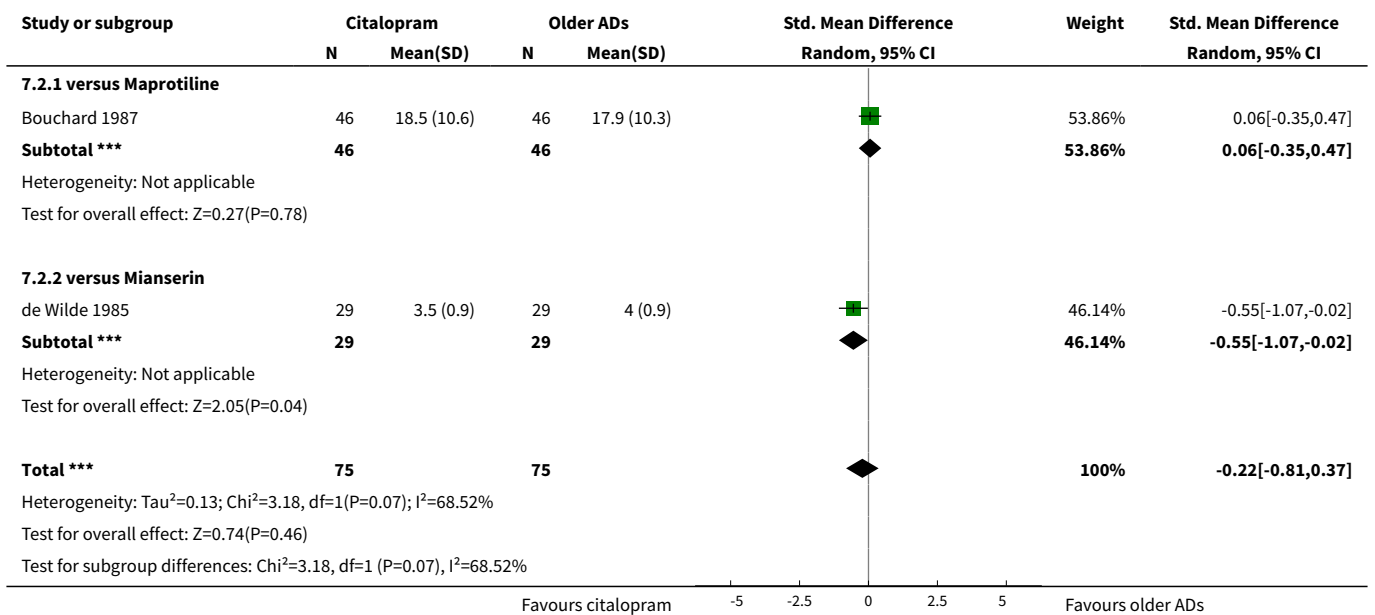
**Comparison 7. Standardised mean difference (1-4 weeks)**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Citalopram versus TCAs</b>	4	174	Std. Mean Difference (IV, Random, 95% CI)	0.10 [-0.20, 0.40]
1.1 versus Amitriptyline	2	91	Std. Mean Difference (IV, Random, 95% CI)	0.03 [-0.38, 0.44]
1.2 versus Nortriptyline	2	83	Std. Mean Difference (IV, Random, 95% CI)	0.22 [-0.35, 0.79]
<b>2 Citalopram versus heterocyclics</b>	2	150	Std. Mean Difference (IV, Random, 95% CI)	-0.22 [-0.81, 0.37]
2.1 versus Maprotiline	1	92	Std. Mean Difference (IV, Random, 95% CI)	0.06 [-0.35, 0.47]
2.2 versus Mianserin	1	58	Std. Mean Difference (IV, Random, 95% CI)	-0.55 [-1.07, -0.02]
<b>3 Citalopram versus other SSRIs</b>	9		Std. Mean Difference (IV, Random, 95% CI)	Subtotals only
3.1 versus Escitalopram	3	657	Std. Mean Difference (IV, Random, 95% CI)	0.09 [-0.07, 0.24]
3.2 versus Fluoxetine	4	723	Std. Mean Difference (IV, Random, 95% CI)	-0.15 [-0.30, -0.01]
3.3 versus Sertraline	3	287	Std. Mean Difference (IV, Random, 95% CI)	-0.25 [-0.76, 0.25]
<b>4 Citalopram versus other conventional ADs</b>	1		Mean Difference (IV, Random, 95% CI)	Subtotals only
4.1 versus Reboxetine	1	317	Mean Difference (IV, Random, 95% CI)	-1.5 [-2.76, -0.24]

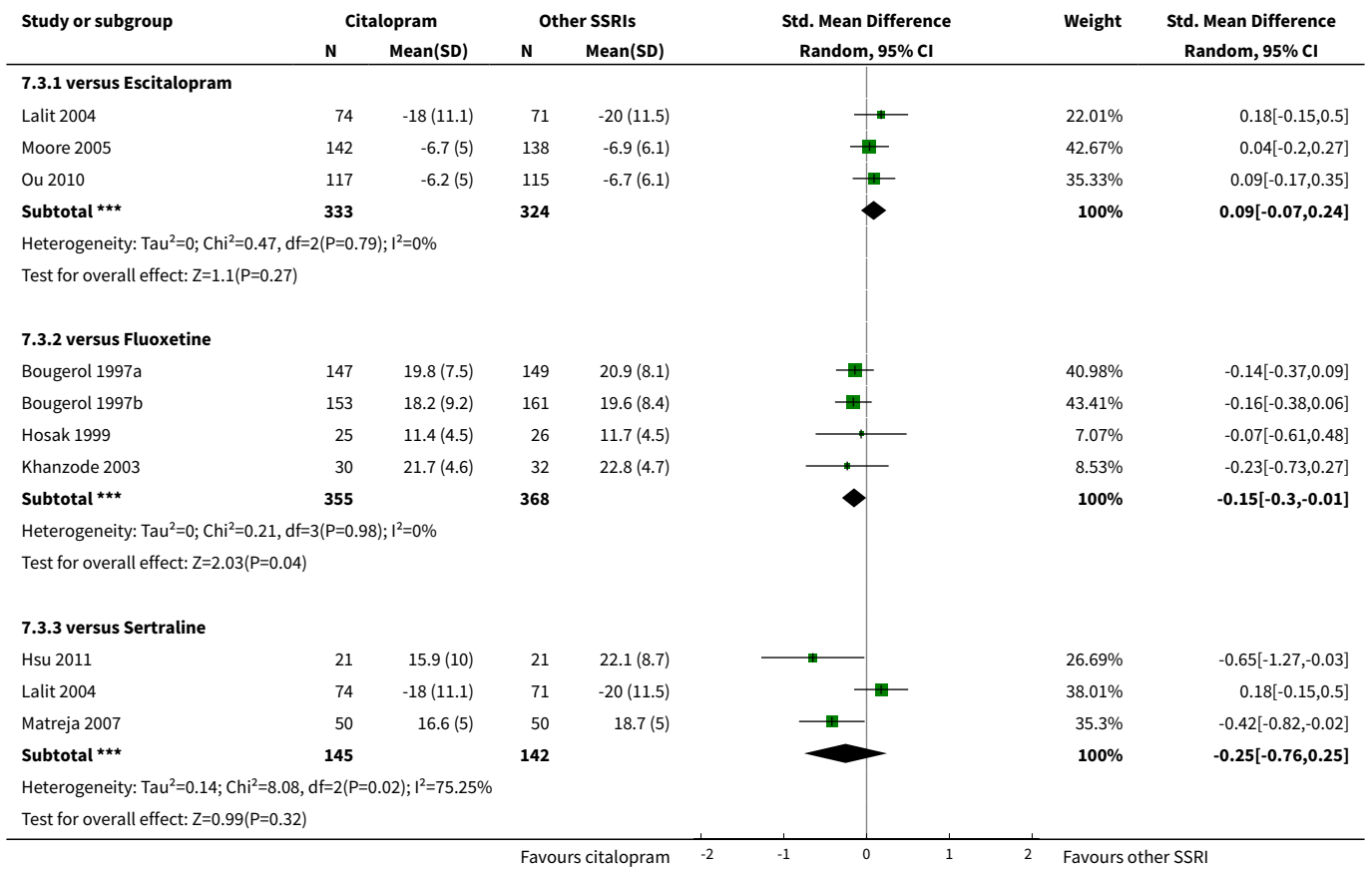
**Analysis 7.1. Comparison 7 Standardised mean difference (1-4 weeks), Outcome 1 Citalopram versus TCAs.**



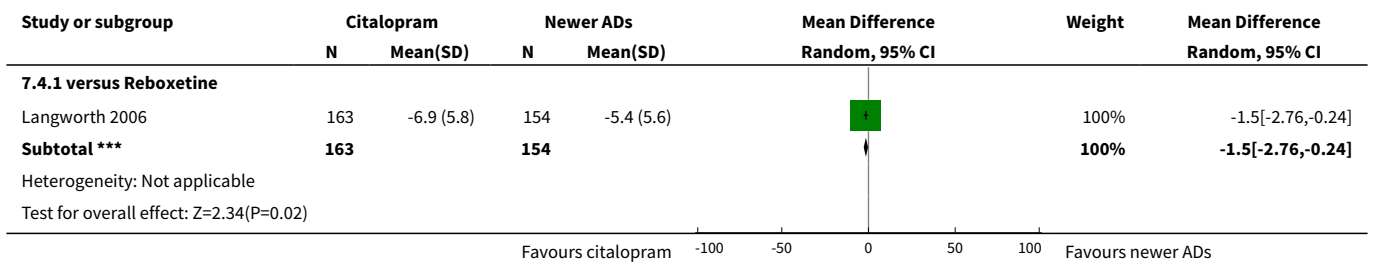
**Analysis 7.2. Comparison 7 Standardised mean difference (1-4 weeks), Outcome 2 Citalopram versus heterocyclics.**



**Analysis 7.3. Comparison 7 Standardised mean difference (1-4 weeks), Outcome 3 Citalopram versus other SSRIs.**



**Analysis 7.4. Comparison 7 Standardised mean difference (1-4 weeks), Outcome 4 Citalopram versus other conventional ADs.**



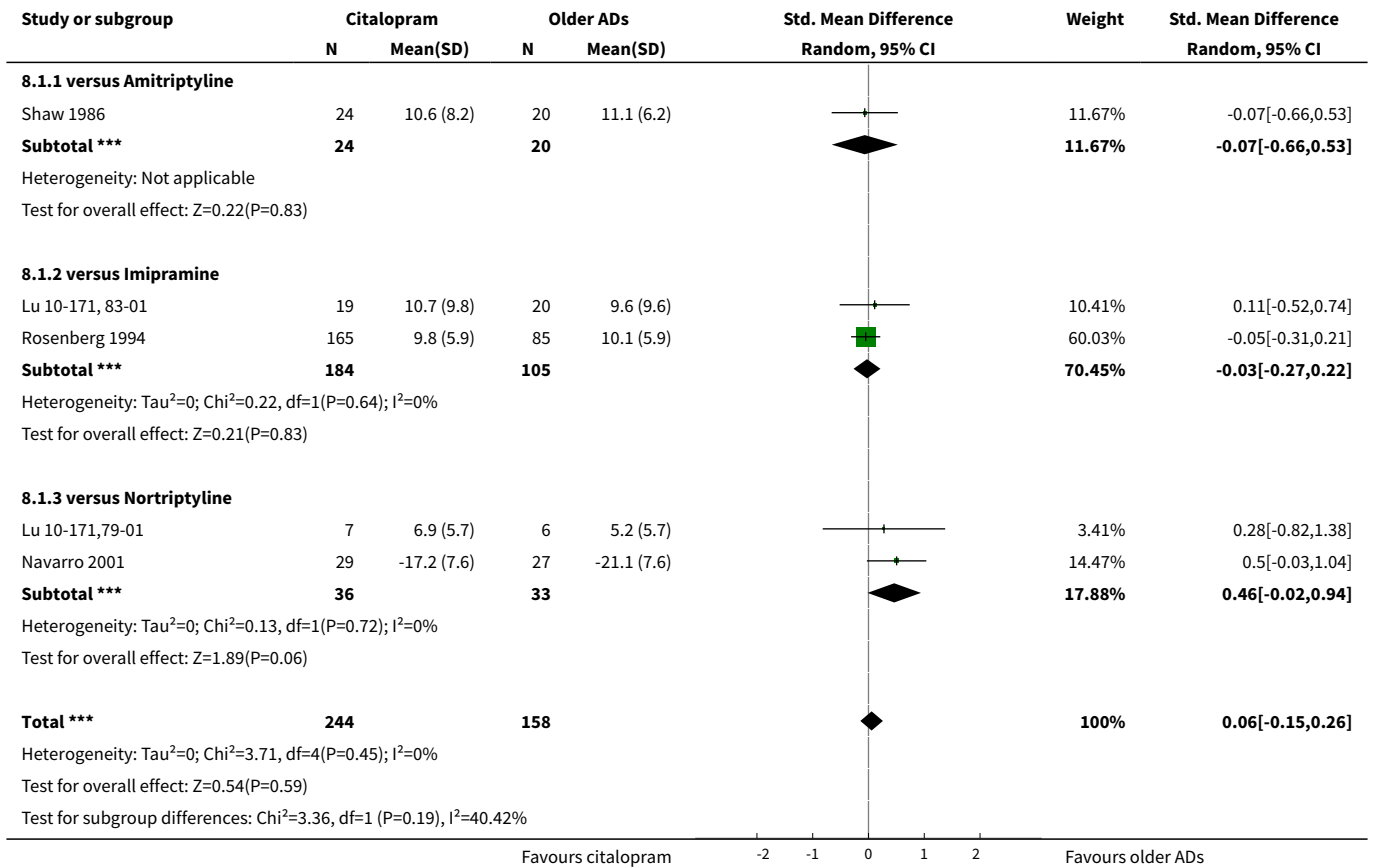
**Comparison 8. Standardised mean difference at endpoint (6-12 weeks)**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus TCAs	5	402	Std. Mean Difference (IV, Random, 95% CI)	0.06 [-0.15, 0.26]

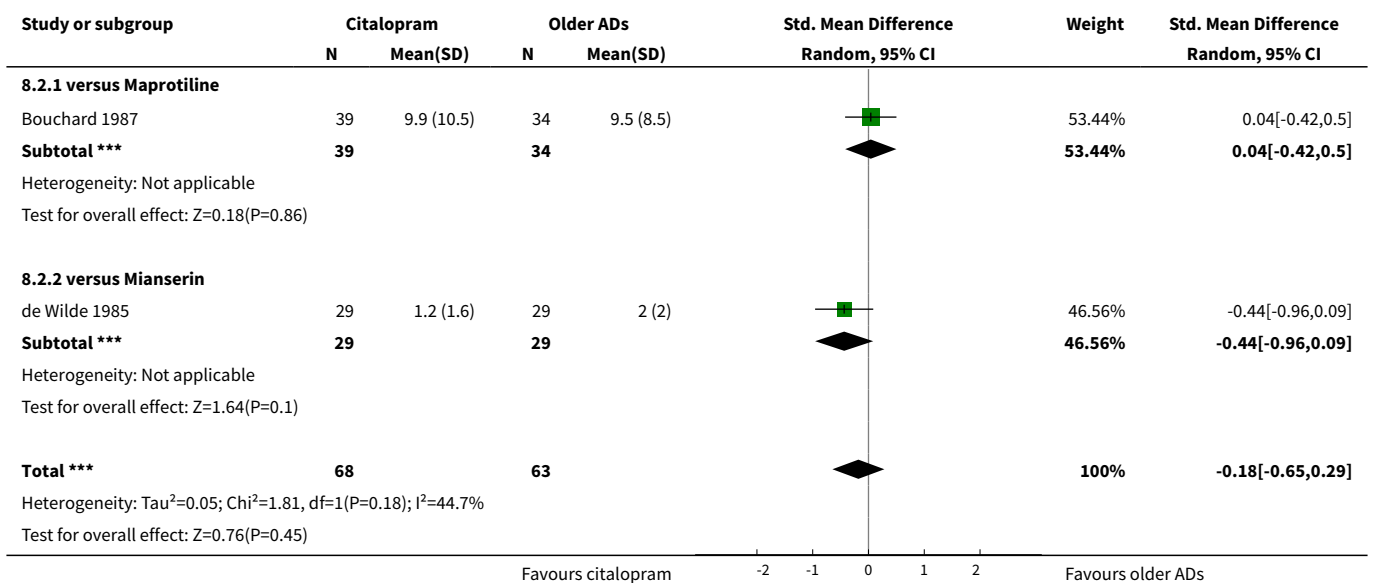
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1.1 versus Amitriptyline	1	44	Std. Mean Difference (IV, Random, 95% CI)	-0.07 [-0.66, 0.53]
1.2 versus Imipramine	2	289	Std. Mean Difference (IV, Random, 95% CI)	-0.03 [-0.27, 0.22]
1.3 versus Nortriptyline	2	69	Std. Mean Difference (IV, Random, 95% CI)	0.46 [-0.02, 0.94]
<b>2 Citalopram versus heterocyclics</b>	2	131	Std. Mean Difference (IV, Random, 95% CI)	-0.18 [-0.65, 0.29]
2.1 versus Maprotiline	1	73	Std. Mean Difference (IV, Random, 95% CI)	0.04 [-0.42, 0.50]
2.2 versus Mianserin	1	58	Std. Mean Difference (IV, Random, 95% CI)	-0.44 [-0.96, 0.09]
<b>3 Citalopram versus other SSRIs</b>	16	3610	Std. Mean Difference (IV, Random, 95% CI)	-0.00 [-0.11, 0.10]
3.1 versus Escitalopram	7	1872	Std. Mean Difference (IV, Random, 95% CI)	0.16 [0.05, 0.27]
3.2 versus Fluoxetine	3	672	Std. Mean Difference (IV, Random, 95% CI)	-0.17 [-0.46, 0.11]
3.3 versus Fluvoxamine	1	162	Std. Mean Difference (IV, Random, 95% CI)	-0.19 [-0.50, 0.12]
3.4 versus Paroxetine	1	201	Std. Mean Difference (IV, Random, 95% CI)	-0.11 [-0.39, 0.16]
3.5 versus Sertraline	4	703	Std. Mean Difference (IV, Random, 95% CI)	-0.13 [-0.31, 0.04]
<b>4 Citalopram versus SNRIs</b>	1		Mean Difference (IV, Random, 95% CI)	Subtotals only
4.1 versus Venlafaxine XR	1	148	Mean Difference (IV, Random, 95% CI)	-0.5 [-2.93, 1.93]
<b>5 Citalopram versus MAOIs or newer ADs</b>	1		Mean Difference (IV, Random, 95% CI)	Subtotals only
5.1 versus Moclobemide	1	40	Mean Difference (IV, Random, 95% CI)	-4.6 [-8.28, -0.92]
<b>6 Citalopram versus other conventional ADs</b>	3		Std. Mean Difference (IV, Random, 95% CI)	Subtotals only
6.1 versus Mirtazapine	1	269	Std. Mean Difference (IV, Random, 95% CI)	-0.02 [-0.26, 0.22]
6.2 versus Reboxetine	2	866	Std. Mean Difference (IV, Random, 95% CI)	-0.15 [-0.33, 0.04]



**Analysis 8.1. Comparison 8 Standardised mean difference at endpoint (6-12 weeks), Outcome 1 Citalopram versus TCAs.**



**Analysis 8.2. Comparison 8 Standardised mean difference at endpoint (6-12 weeks), Outcome 2 Citalopram versus heterocyclics.**



Study or subgroup	Citalopram		Older ADs		Std. Mean Difference Random, 95% CI	Weight	Std. Mean Difference Random, 95% CI
	N	Mean(SD)	N	Mean(SD)			

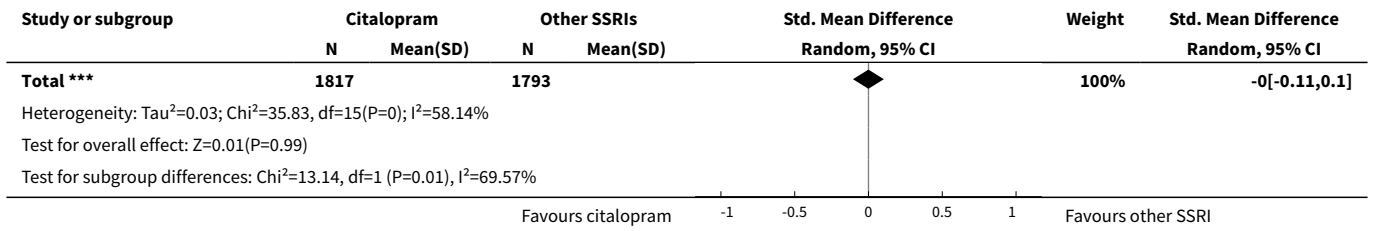
Test for subgroup differences: Chi<sup>2</sup>=1.81, df=1 (P=0.18), I<sup>2</sup>=44.7%

Favours citalopram      -2   -1   0   1   2      Favours older ADs

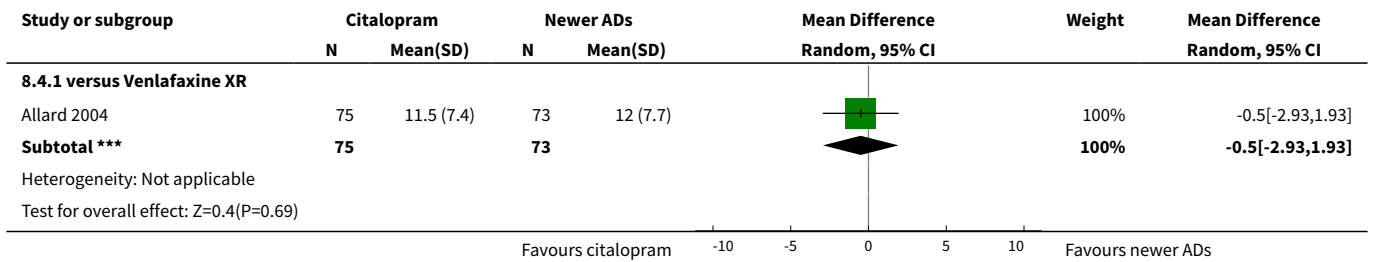
**Analysis 8.3. Comparison 8 Standardised mean difference at endpoint (6-12 weeks), Outcome 3 Citalopram versus other SSRIs.**

Study or subgroup	Citalopram		Other SSRIs		Std. Mean Difference Random, 95% CI	Weight	Std. Mean Difference Random, 95% CI
	N	Mean(SD)	N	Mean(SD)			
<b>8.3.1 versus Escitalopram</b>							
Burke 2002	125	-12 (10.1)	123	-13.9 (8.9)		6.91%	0.2[-0.05,0.45]
Colonna 2005	174	14.2 (8.8)	165	13.2 (8.8)		7.73%	0.11[-0.1,0.33]
Lepola 2003	159	-13.6 (8.8)	155	-15 (8.7)		7.54%	0.16[-0.06,0.38]
Moore 2005	142	-20.3 (9.3)	138	-22.4 (9.3)		7.23%	0.22[-0.01,0.46]
Ou 2010	117	-13.8 (7.5)	115	-14.7 (8.2)		6.74%	0.11[-0.14,0.37]
SCT-MD-02	119	-11.4 (8.7)	124	-10.4 (8.9)		6.86%	-0.11[-0.36,0.14]
Yevtushenko 2007	108	-25.2 (8.1)	108	-28.7 (8.1)		6.48%	0.43[0.16,0.7]
<b>Subtotal ***</b>	<b>944</b>		<b>928</b>			<b>49.48%</b>	<b>0.16[0.05,0.27]</b>
Heterogeneity: Tau <sup>2</sup> =0.01; Chi <sup>2</sup> =9.09, df=6(P=0.17); I <sup>2</sup> =33.96%							
Test for overall effect: Z=2.75(P=0.01)							
<b>8.3.2 versus Fluoxetine</b>							
Bougerol 1997a	147	11.5 (9.7)	149	11.3 (9.6)		7.39%	0.02[-0.21,0.25]
Bougerol 1997b	153	9 (8.7)	161	10.1 (8.8)		7.54%	-0.13[-0.35,0.1]
Khanzode 2003	30	15.8 (3.3)	32	18.7 (5.1)		3.05%	-0.66[-1.17,-0.15]
<b>Subtotal ***</b>	<b>330</b>		<b>342</b>			<b>17.98%</b>	<b>-0.17[-0.46,0.11]</b>
Heterogeneity: Tau <sup>2</sup> =0.04; Chi <sup>2</sup> =5.74, df=2(P=0.06); I <sup>2</sup> =65.17%							
Test for overall effect: Z=1.19(P=0.23)							
<b>8.3.3 versus Fluvoxamine</b>							
Timmerman 1993	85	15.3 (6.8)	77	16.7 (8)		5.71%	-0.19[-0.5,0.12]
<b>Subtotal ***</b>	<b>85</b>		<b>77</b>			<b>5.71%</b>	<b>-0.19[-0.5,0.12]</b>
Heterogeneity: Not applicable							
Test for overall effect: Z=1.2(P=0.23)							
<b>8.3.4 versus Paroxetine</b>							
29060/785	104	-15 (10.2)	97	-13.8 (10.8)		6.33%	-0.11[-0.39,0.16]
<b>Subtotal ***</b>	<b>104</b>		<b>97</b>			<b>6.33%</b>	<b>-0.11[-0.39,0.16]</b>
Heterogeneity: Not applicable							
Test for overall effect: Z=0.81(P=0.42)							
<b>8.3.5 versus Sertraline</b>							
Ekselius 1997	200	10.4 (8.8)	200	11 (8.8)		8.13%	-0.07[-0.26,0.13]
Hsu 2011	21	10.8 (10)	21	16.7 (11.3)		2.3%	-0.54[-1.16,0.07]
Matreja 2007	50	8.4 (3.6)	50	9.7 (4)		4.35%	-0.33[-0.73,0.06]
Stahl 2000	83	-15.3 (7.8)	78	-14.7 (7.8)		5.71%	-0.01[-0.32,0.3]
<b>Subtotal ***</b>	<b>354</b>		<b>349</b>			<b>20.49%</b>	<b>-0.13[-0.31,0.04]</b>
Heterogeneity: Tau <sup>2</sup> =0.01; Chi <sup>2</sup> =3.65, df=3(P=0.3); I <sup>2</sup> =17.86%							
Test for overall effect: Z=1.5(P=0.13)							

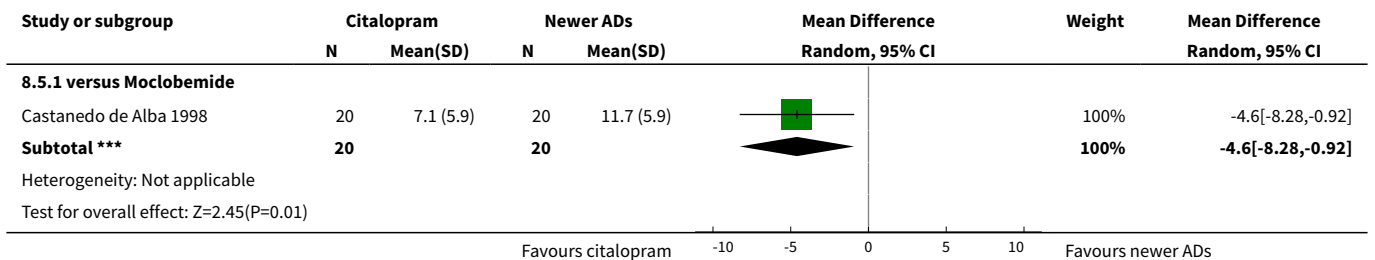
Favours citalopram      -1   -0.5   0   0.5   1      Favours other SSRI



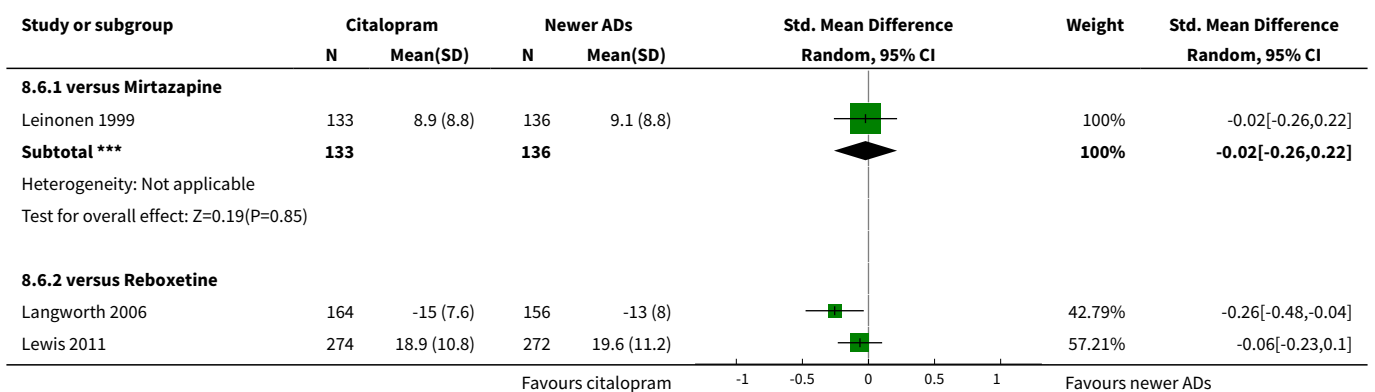
**Analysis 8.4. Comparison 8 Standardised mean difference at endpoint (6-12 weeks), Outcome 4 Citalopram versus SNRIs.**

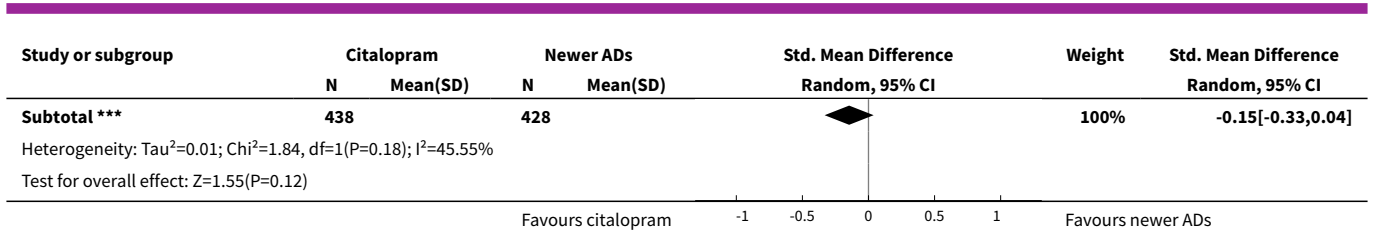


**Analysis 8.5. Comparison 8 Standardised mean difference at endpoint (6-12 weeks), Outcome 5 Citalopram versus MAOIs or newer ADs.**



**Analysis 8.6. Comparison 8 Standardised mean difference at endpoint (6-12 weeks), Outcome 6 Citalopram versus other conventional ADs.**

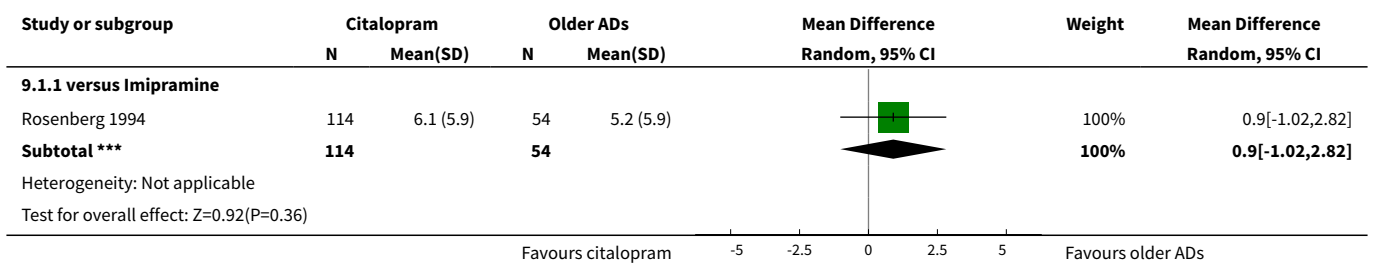




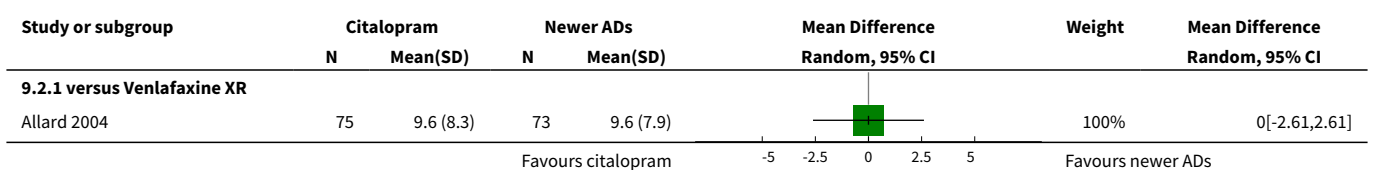
**Comparison 9. Standardised mean difference (16-24 weeks)**

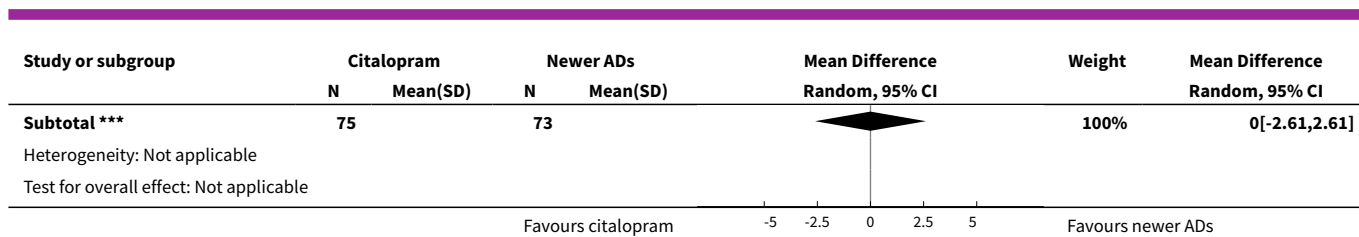
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Citalopram versus TCAs</b>	1		Mean Difference (IV, Random, 95% CI)	Subtotals only
1.1 versus Imipramine	1	168	Mean Difference (IV, Random, 95% CI)	0.90 [-1.02, 2.82]
<b>2 Citalopram versus SNRIs</b>	1		Mean Difference (IV, Random, 95% CI)	Subtotals only
2.1 versus Venlafaxine XR	1	148	Mean Difference (IV, Random, 95% CI)	0.0 [-2.61, 2.61]
<b>3 Citalopram versus other conventional ADs</b>	1		Mean Difference (IV, Random, 95% CI)	Subtotals only
3.1 versus Reboxetine	1	320	Mean Difference (IV, Random, 95% CI)	-1.80 [-3.62, 0.02]

**Analysis 9.1. Comparison 9 Standardised mean difference (16-24 weeks), Outcome 1 Citalopram versus TCAs.**

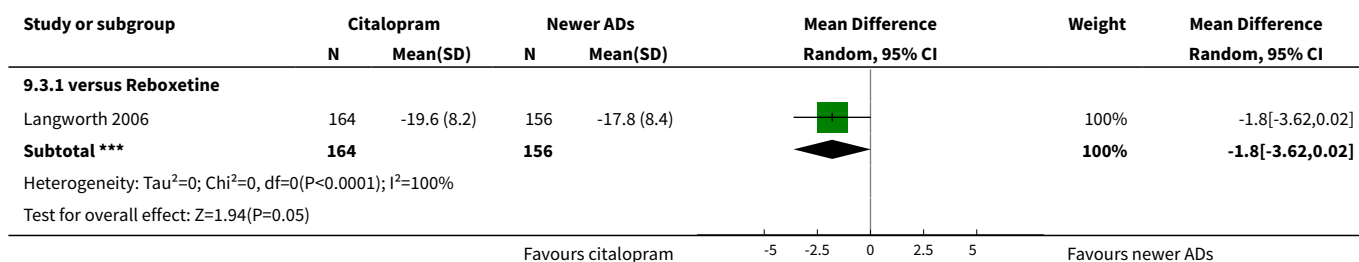


**Analysis 9.2. Comparison 9 Standardised mean difference (16-24 weeks), Outcome 2 Citalopram versus SNRIs.**





**Analysis 9.3. Comparison 9 Standardised mean difference (16-24 weeks), Outcome 3 Citalopram versus other conventional ADs.**

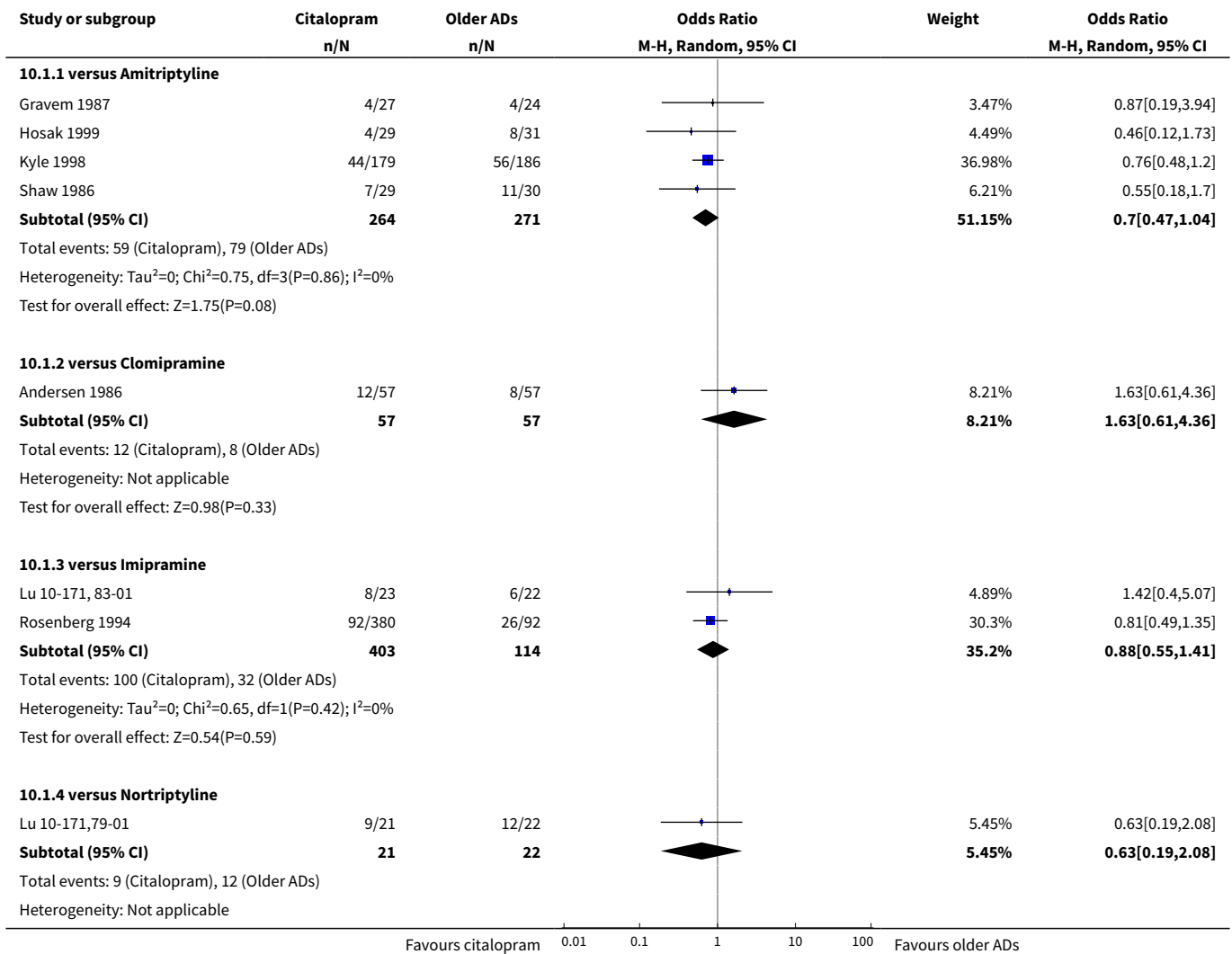


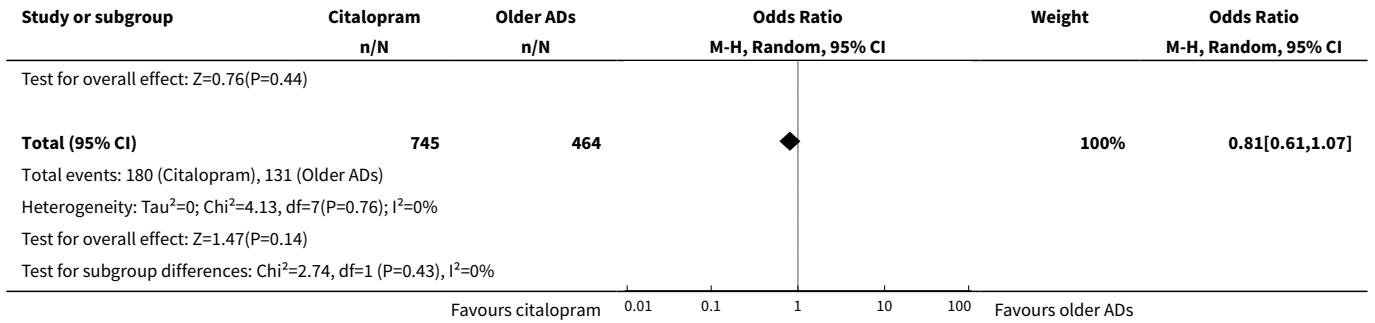
**Comparison 10. Failure to complete (any cause)**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Citalopram versus TCAs</b>	8	1209	Odds Ratio (M-H, Random, 95% CI)	0.81 [0.61, 1.07]
1.1 versus Amitriptyline	4	535	Odds Ratio (M-H, Random, 95% CI)	0.70 [0.47, 1.04]
1.2 versus Clomipramine	1	114	Odds Ratio (M-H, Random, 95% CI)	1.63 [0.61, 4.36]
1.3 versus Imipramine	2	517	Odds Ratio (M-H, Random, 95% CI)	0.88 [0.55, 1.41]
1.4 versus Nortriptyline	1	43	Odds Ratio (M-H, Random, 95% CI)	0.63 [0.19, 2.08]
<b>2 Citalopram versus heterocyclics</b>	3	492	Odds Ratio (M-H, Random, 95% CI)	0.75 [0.46, 1.22]
2.1 versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	0.82 [0.35, 1.96]
2.2 versus Mianserin	2	396	Odds Ratio (M-H, Random, 95% CI)	0.72 [0.40, 1.29]
<b>3 Citalopram versus other SSRIs</b>	18		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 Versus Escitalopram	8	2206	Odds Ratio (M-H, Random, 95% CI)	0.92 [0.64, 1.31]
3.2 Versus Fluoxetine	4	799	Odds Ratio (M-H, Random, 95% CI)	1.16 [0.81, 1.67]
3.3 Versus Fluvoxamine	1	217	Odds Ratio (M-H, Random, 95% CI)	0.71 [0.37, 1.33]
3.4 Versus Paroxetine	1	406	Odds Ratio (M-H, Random, 95% CI)	1.01 [0.62, 1.63]

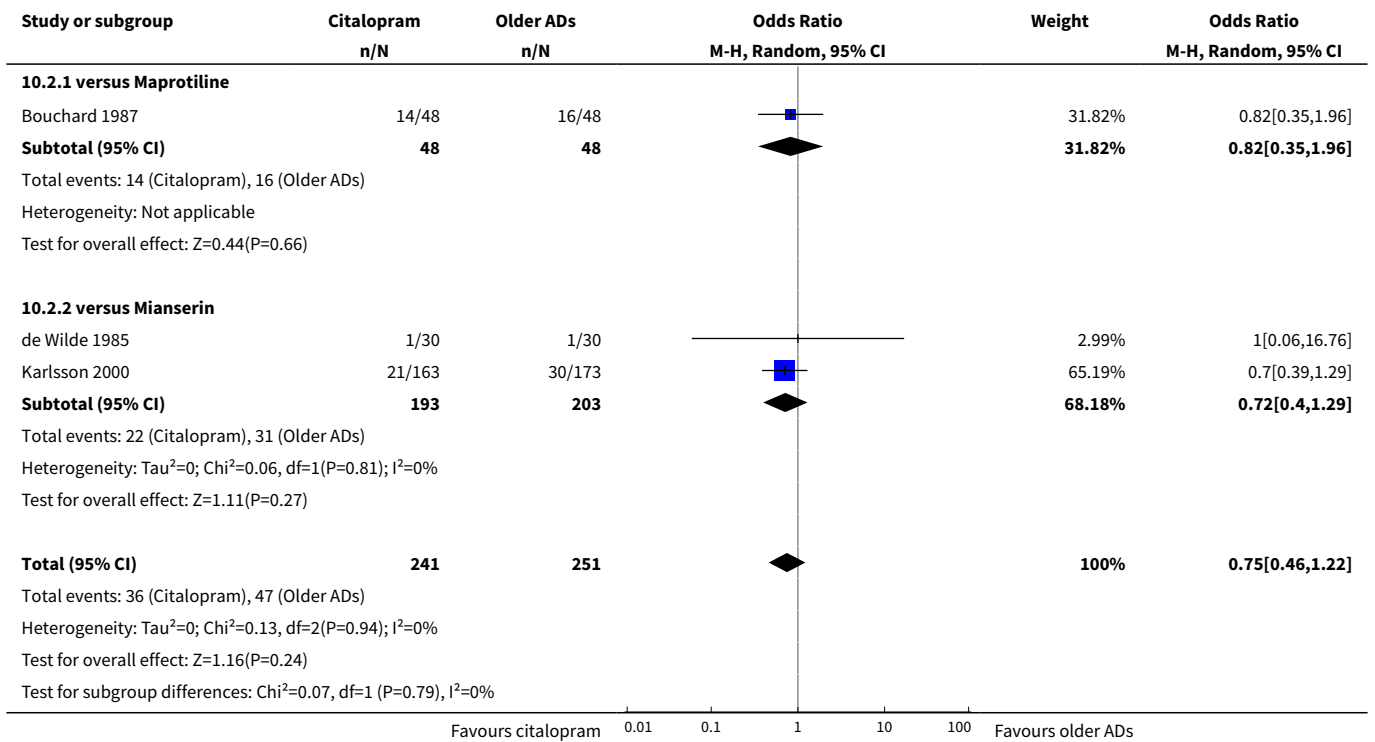
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
3.5 Versus Sertraline	5	911	Odds Ratio (M-H, Random, 95% CI)	0.74 [0.51, 1.08]
4 Citalopram versus other conventional ADs	5		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
4.1 versus Reboxetine	4	1095	Odds Ratio (M-H, Random, 95% CI)	0.71 [0.42, 1.21]
4.2 versus Mirtazapine	1	270	Odds Ratio (M-H, Random, 95% CI)	0.42 [0.18, 1.01]
5 Citalopram versus non-conventional ADs	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
5.1 versus Hypericum (St. John's wort)	1	258	Odds Ratio (M-H, Random, 95% CI)	3.01 [0.93, 9.72]

**Analysis 10.1. Comparison 10 Failure to complete (any cause), Outcome 1 Citalopram versus TCAs.**

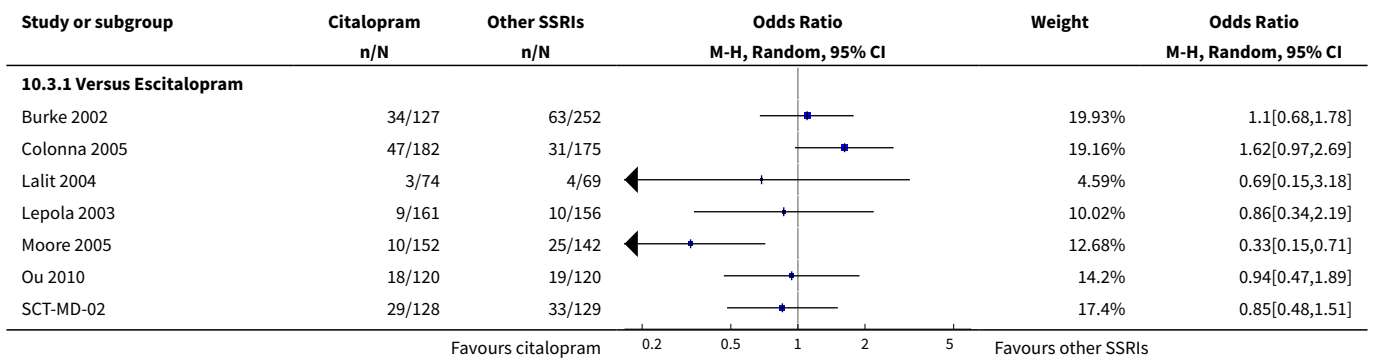




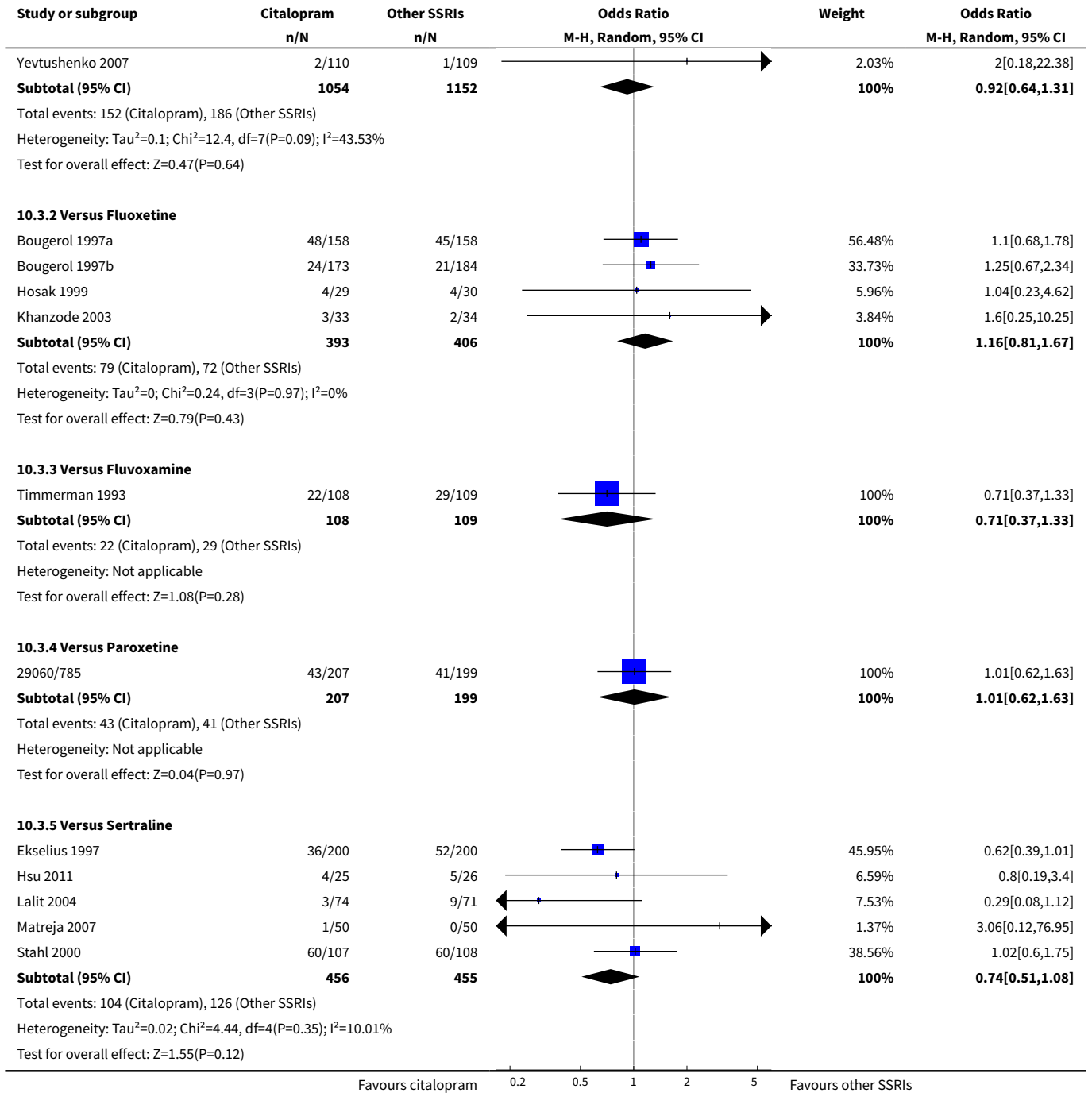
**Analysis 10.2. Comparison 10 Failure to complete (any cause), Outcome 2 Citalopram versus heterocyclics.**



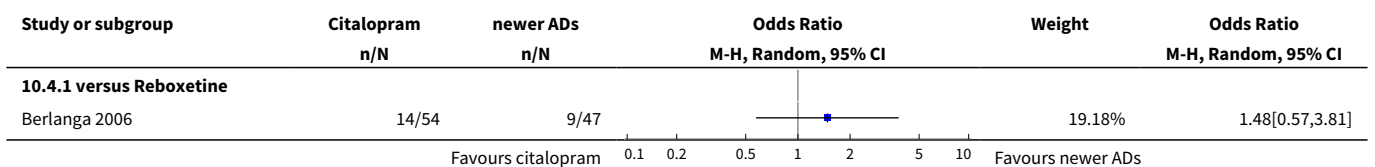
**Analysis 10.3. Comparison 10 Failure to complete (any cause), Outcome 3 Citalopram versus other SSRIs.**

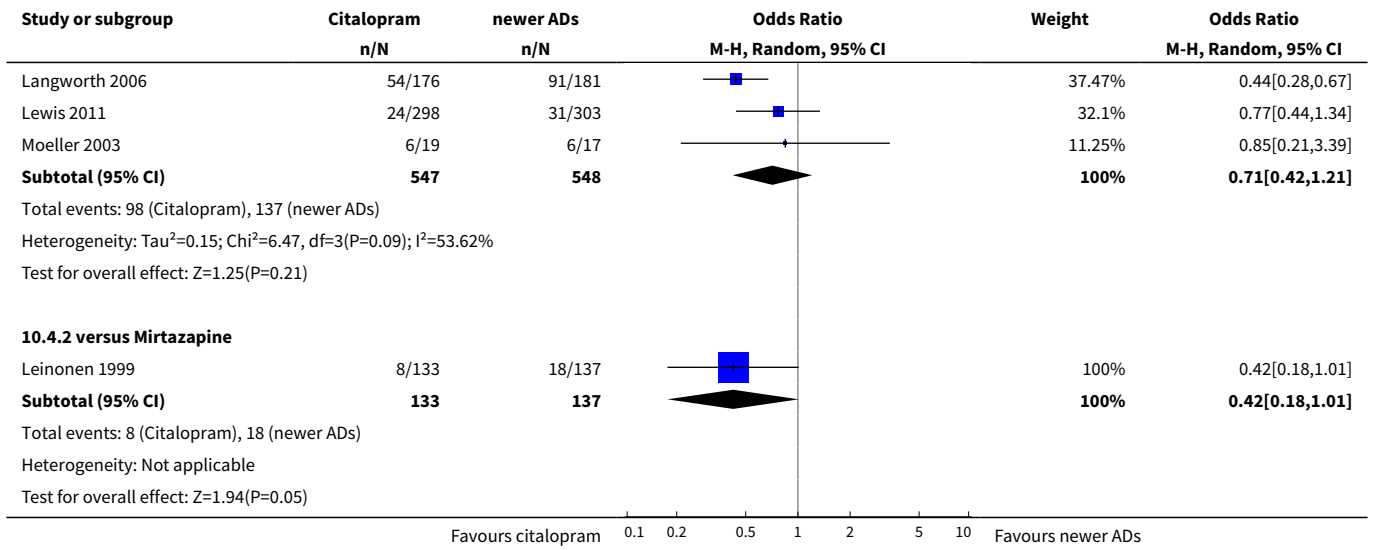




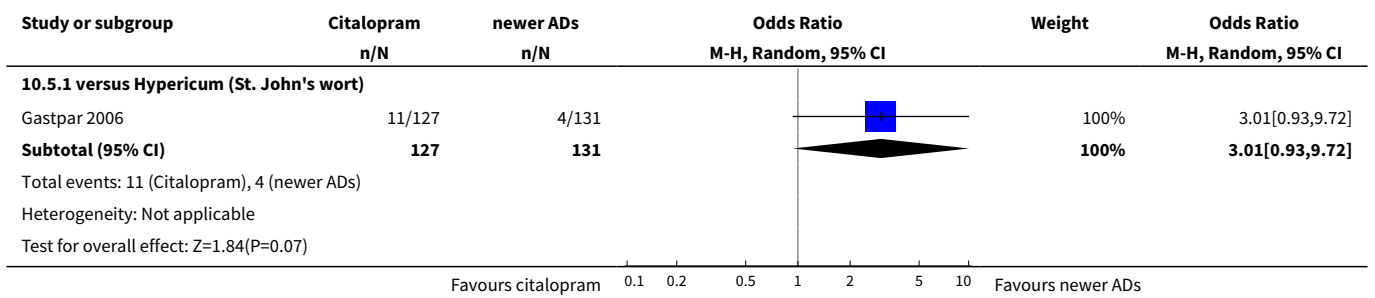


**Analysis 10.4. Comparison 10 Failure to complete (any cause), Outcome 4 Citalopram versus other conventional ADs.**





**Analysis 10.5. Comparison 10 Failure to complete (any cause), Outcome 5 Citalopram versus non-conventional ADs.**

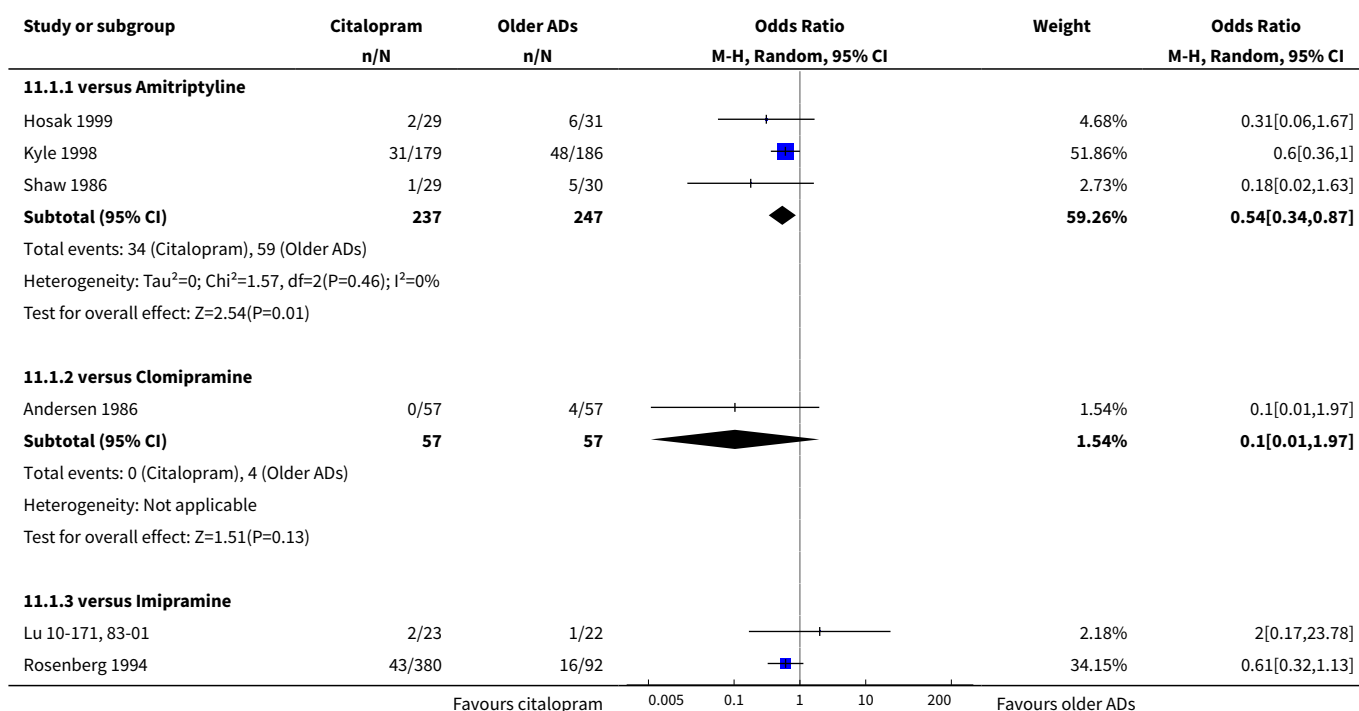


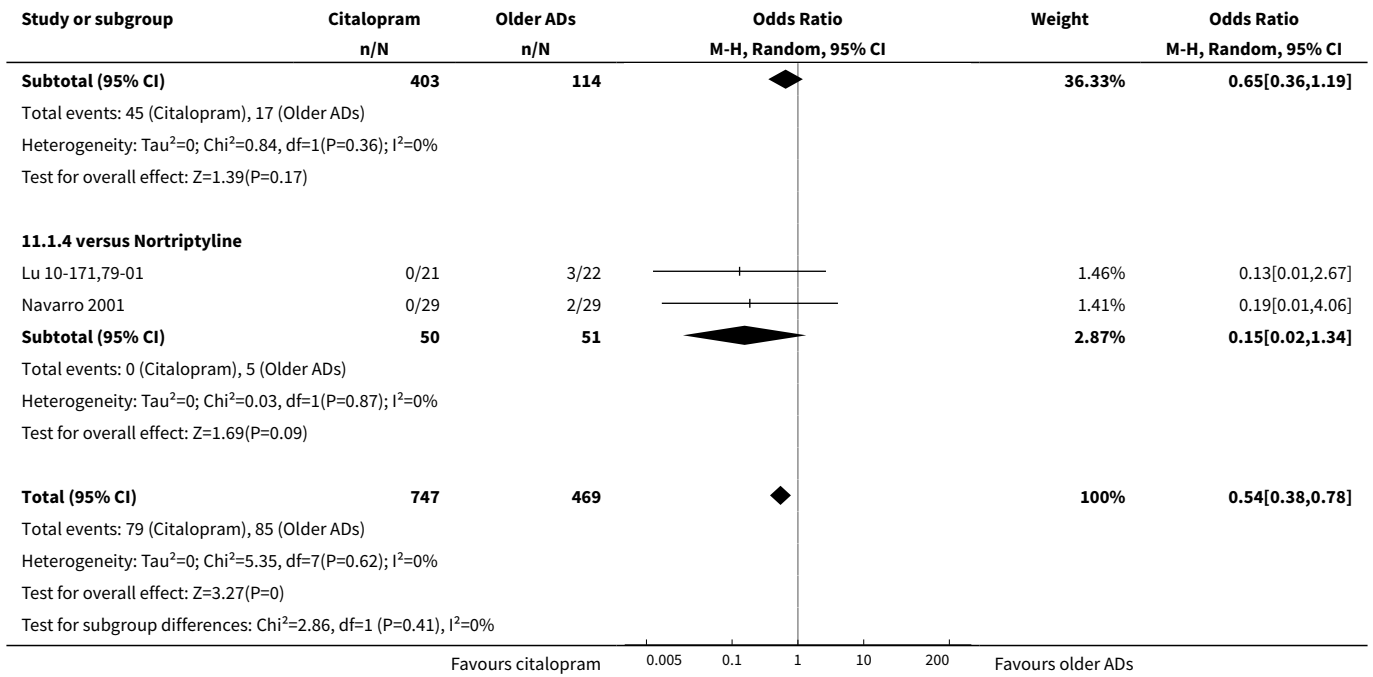
**Comparison 11. Failure to complete (side effects)**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Citalopram versus TCAs</b>	8	1216	Odds Ratio (M-H, Random, 95% CI)	0.54 [0.38, 0.78]
1.1 versus Amitriptyline	3	484	Odds Ratio (M-H, Random, 95% CI)	0.54 [0.34, 0.87]
1.2 versus Clomipramine	1	114	Odds Ratio (M-H, Random, 95% CI)	0.10 [0.01, 1.97]
1.3 versus Imipramine	2	517	Odds Ratio (M-H, Random, 95% CI)	0.65 [0.36, 1.19]
1.4 versus Nortriptyline	2	101	Odds Ratio (M-H, Random, 95% CI)	0.15 [0.02, 1.34]
<b>2 Citalopram versus heterocyclics</b>	2	432	Odds Ratio (M-H, Random, 95% CI)	0.50 [0.21, 1.18]
2.1 versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	0.19 [0.01, 4.10]

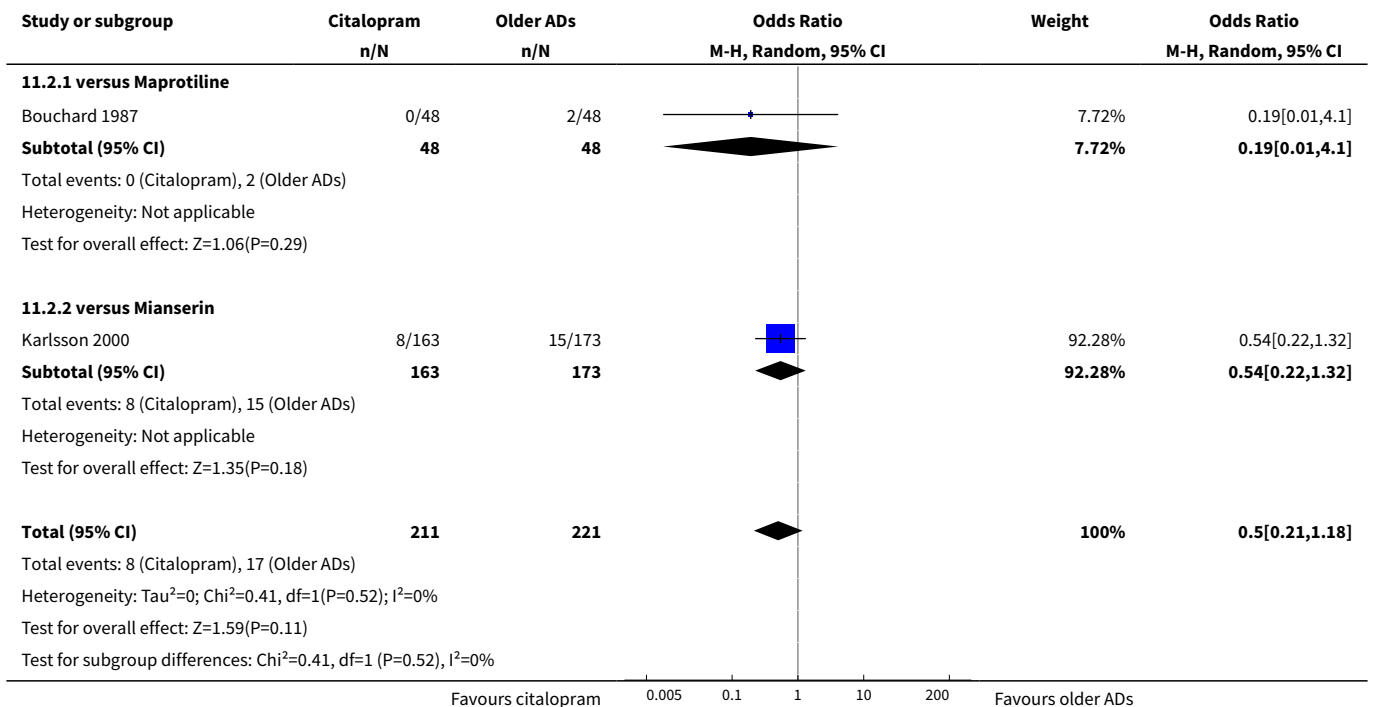
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
2.2 versus Mianserin	1	336	Odds Ratio (M-H, Random, 95% CI)	0.54 [0.22, 1.32]
<b>3 Citalopram versus other SSRIs</b>	15		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 Versus Escitalopram	7	1989	Odds Ratio (M-H, Random, 95% CI)	1.09 [0.65, 1.82]
3.2 Versus Fluoxetine	3	732	Odds Ratio (M-H, Random, 95% CI)	1.46 [0.80, 2.67]
3.3 Versus Fluvoxamine	1	217	Odds Ratio (M-H, Random, 95% CI)	0.56 [0.28, 1.11]
3.4 Versus Paroxetine	1	406	Odds Ratio (M-H, Random, 95% CI)	0.87 [0.36, 2.09]
3.5 Versus Sertraline	4	860	Odds Ratio (M-H, Random, 95% CI)	0.69 [0.43, 1.09]
<b>4 Citalopram versus SNRIs</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
4.1 Versus Venlafaxine XR	1	151	Odds Ratio (M-H, Random, 95% CI)	0.49 [0.12, 2.02]
<b>5 Citalopram versus other conventional ADs</b>	4		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
5.1 versus Mirtazapine	1	270	Odds Ratio (M-H, Random, 95% CI)	0.82 [0.21, 3.12]
5.2 versus Reboxetine	3	494	Odds Ratio (M-H, Random, 95% CI)	0.40 [0.13, 1.27]

**Analysis 11.1. Comparison 11 Failure to complete (side effects), Outcome 1 Citalopram versus TCAs.**

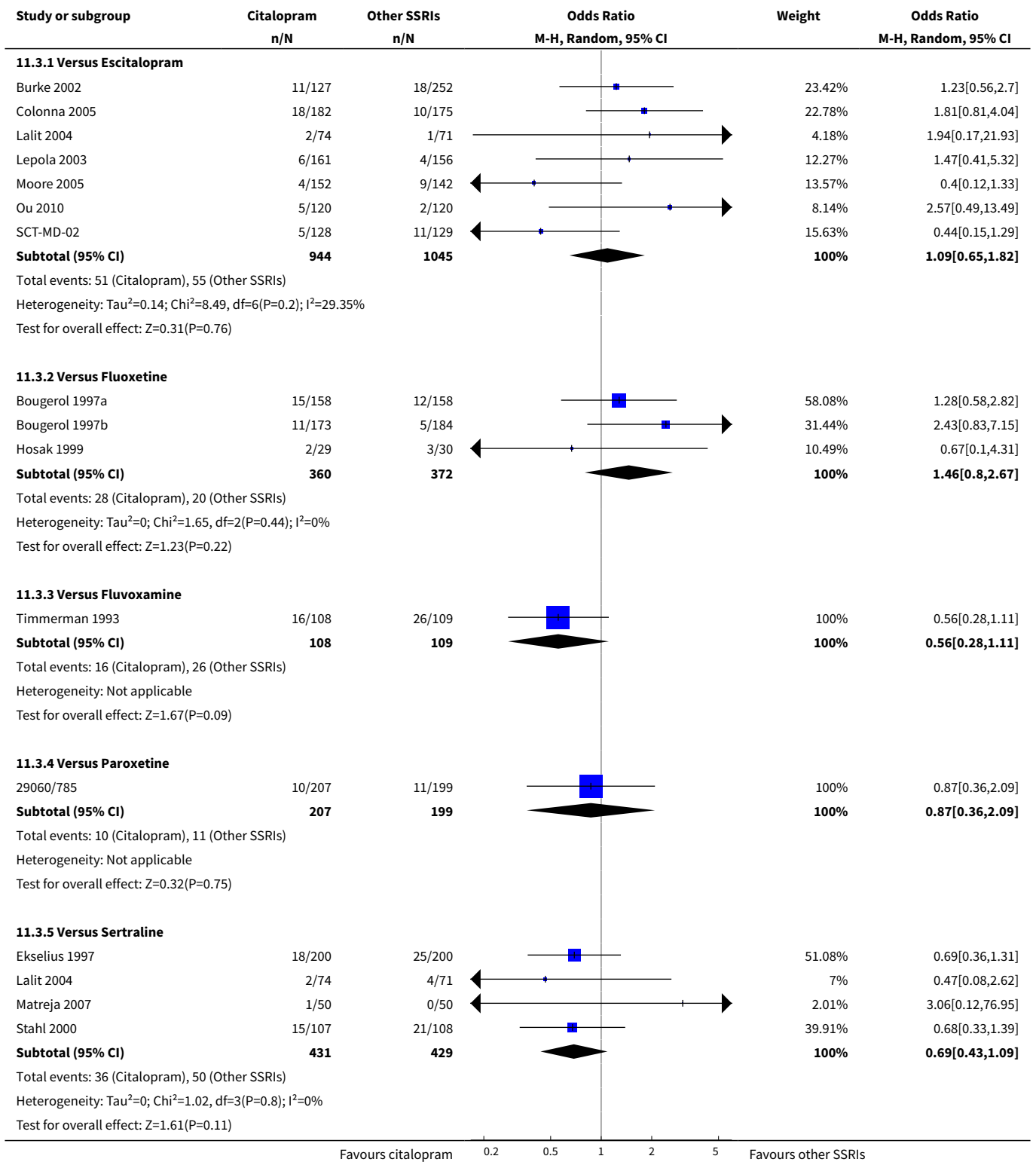




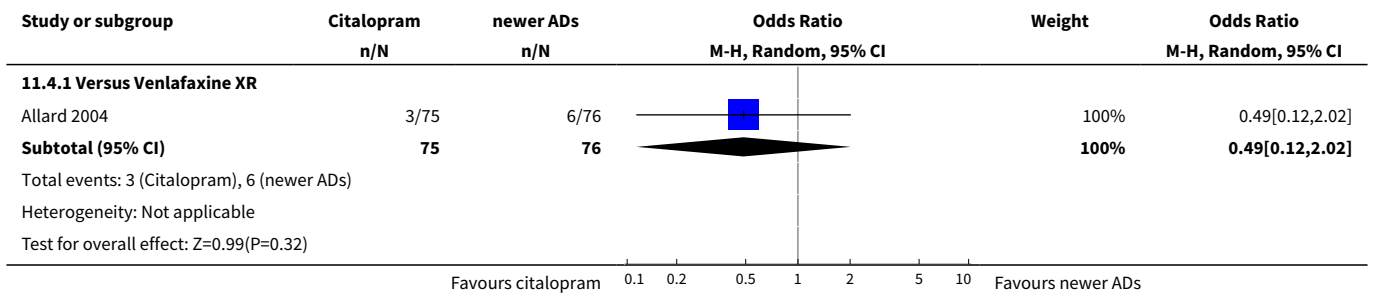
**Analysis 11.2. Comparison 11 Failure to complete (side effects), Outcome 2 Citalopram versus heterocyclics.**



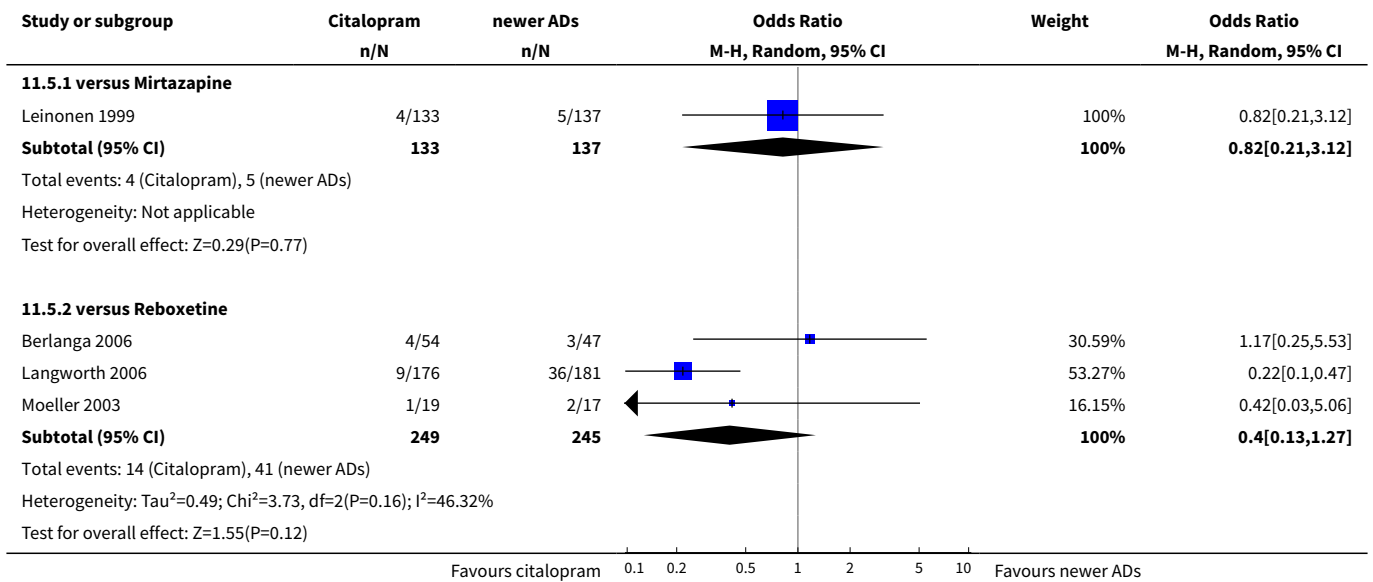
**Analysis 11.3. Comparison 11 Failure to complete (side effects), Outcome 3 Citalopram versus other SSRIs.**



**Analysis 11.4. Comparison 11 Failure to complete (side effects), Outcome 4 Citalopram versus SNRIs.**



**Analysis 11.5. Comparison 11 Failure to complete (side effects), Outcome 5 Citalopram versus other conventional ADs.**

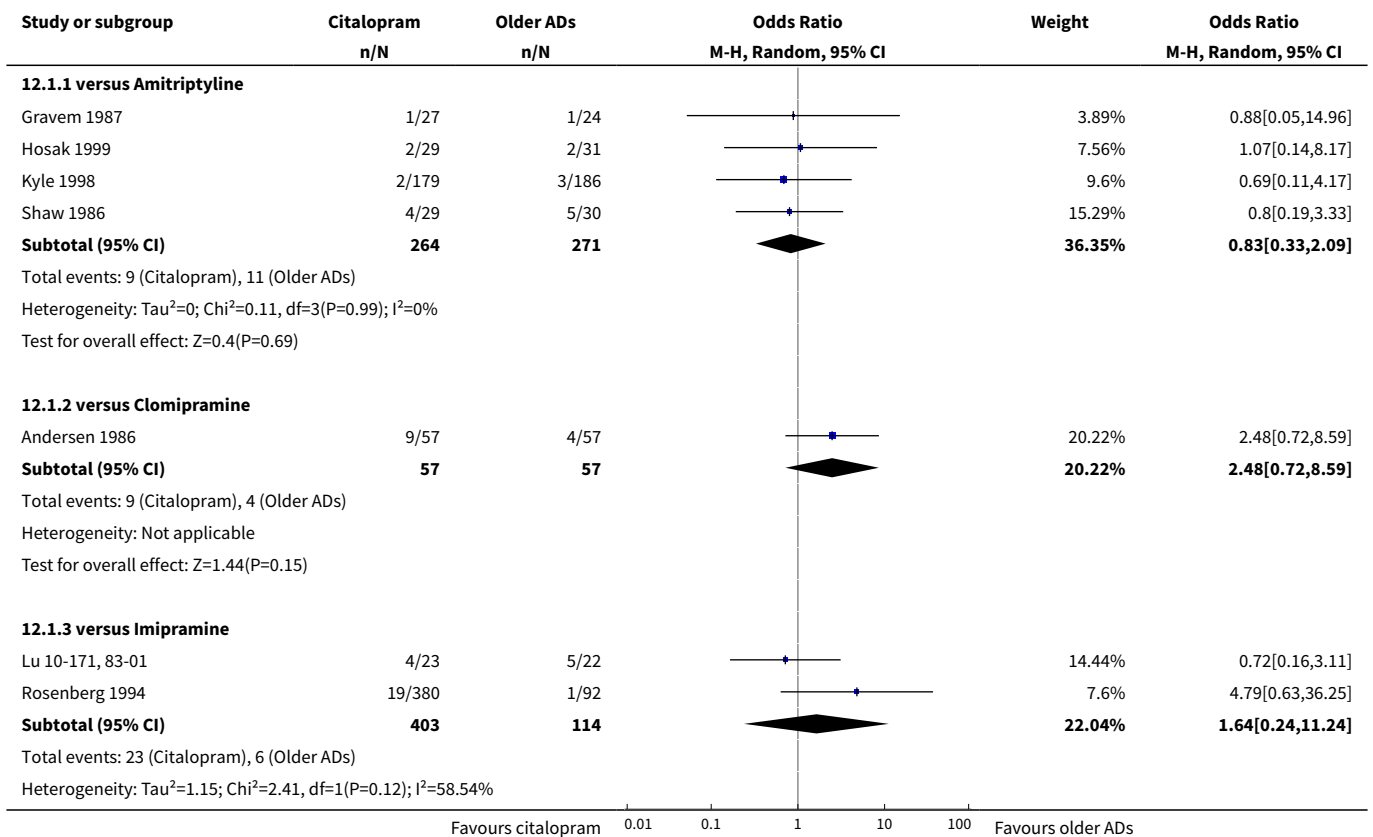


**Comparison 12. Failure to complete (inefficacy)**

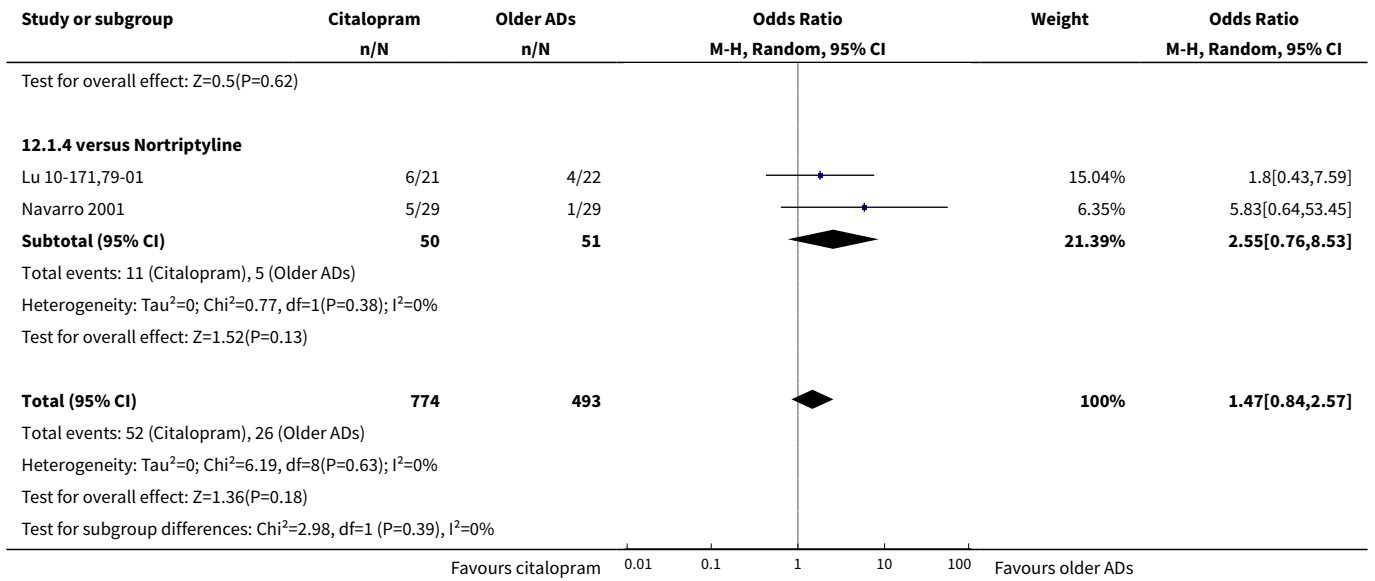
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Citalopram versus TCAs</b>	9	1267	Odds Ratio (M-H, Random, 95% CI)	1.47 [0.84, 2.57]
1.1 versus Amitriptyline	4	535	Odds Ratio (M-H, Random, 95% CI)	0.83 [0.33, 2.09]
1.2 versus Clomipramine	1	114	Odds Ratio (M-H, Random, 95% CI)	2.48 [0.72, 8.59]
1.3 versus Imipramine	2	517	Odds Ratio (M-H, Random, 95% CI)	1.64 [0.24, 11.24]
1.4 versus Nortriptyline	2	101	Odds Ratio (M-H, Random, 95% CI)	2.55 [0.76, 8.53]
<b>2 Citalopram versus hetero-cyclics</b>	2	432	Odds Ratio (M-H, Random, 95% CI)	0.63 [0.24, 1.69]

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
2.1 versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	0.64 [0.17, 2.42]
2.2 versus Mianserin	1	336	Odds Ratio (M-H, Random, 95% CI)	0.63 [0.15, 2.68]
<b>3 Citalopram versus other SSRIs</b>	<b>14</b>		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 Versus Escitalopram	8	2206	Odds Ratio (M-H, Random, 95% CI)	0.80 [0.38, 1.66]
3.2 Versus Fluoxetine	3	732	Odds Ratio (M-H, Random, 95% CI)	1.15 [0.64, 2.08]
3.3 Versus Paroxetine	1	406	Odds Ratio (M-H, Random, 95% CI)	0.57 [0.13, 2.42]
3.4 Versus Sertraline	3	760	Odds Ratio (M-H, Random, 95% CI)	0.73 [0.34, 1.60]
<b>4 Citalopram versus other conventional ADs</b>	<b>3</b>		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
4.1 versus Mirtazapine	1	270	Odds Ratio (M-H, Random, 95% CI)	0.25 [0.03, 2.28]
4.2 versus Reboxetine	2	458	Odds Ratio (M-H, Random, 95% CI)	0.66 [0.17, 2.57]

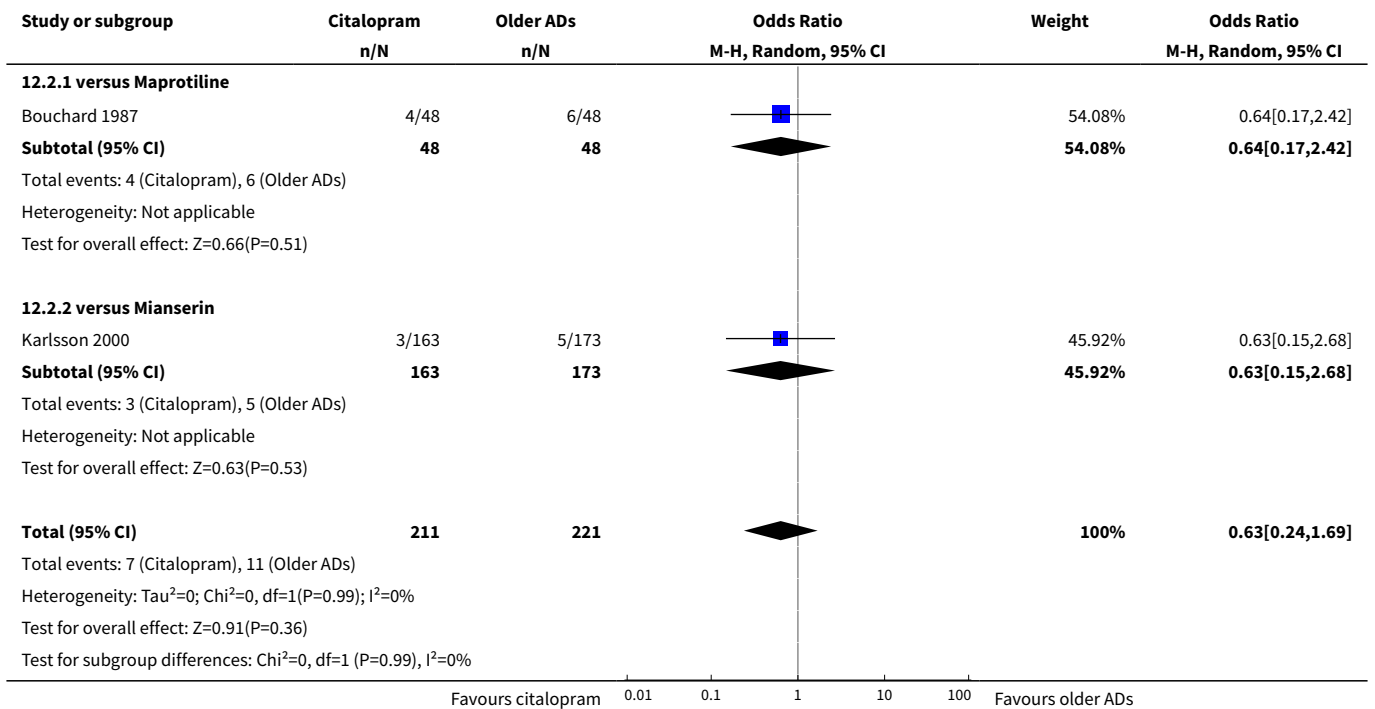
**Analysis 12.1. Comparison 12 Failure to complete (inefficacy), Outcome 1 Citalopram versus TCAs.**



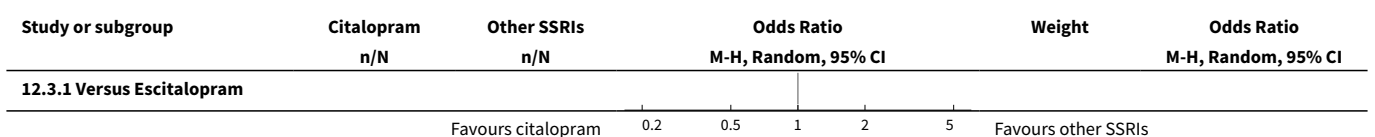


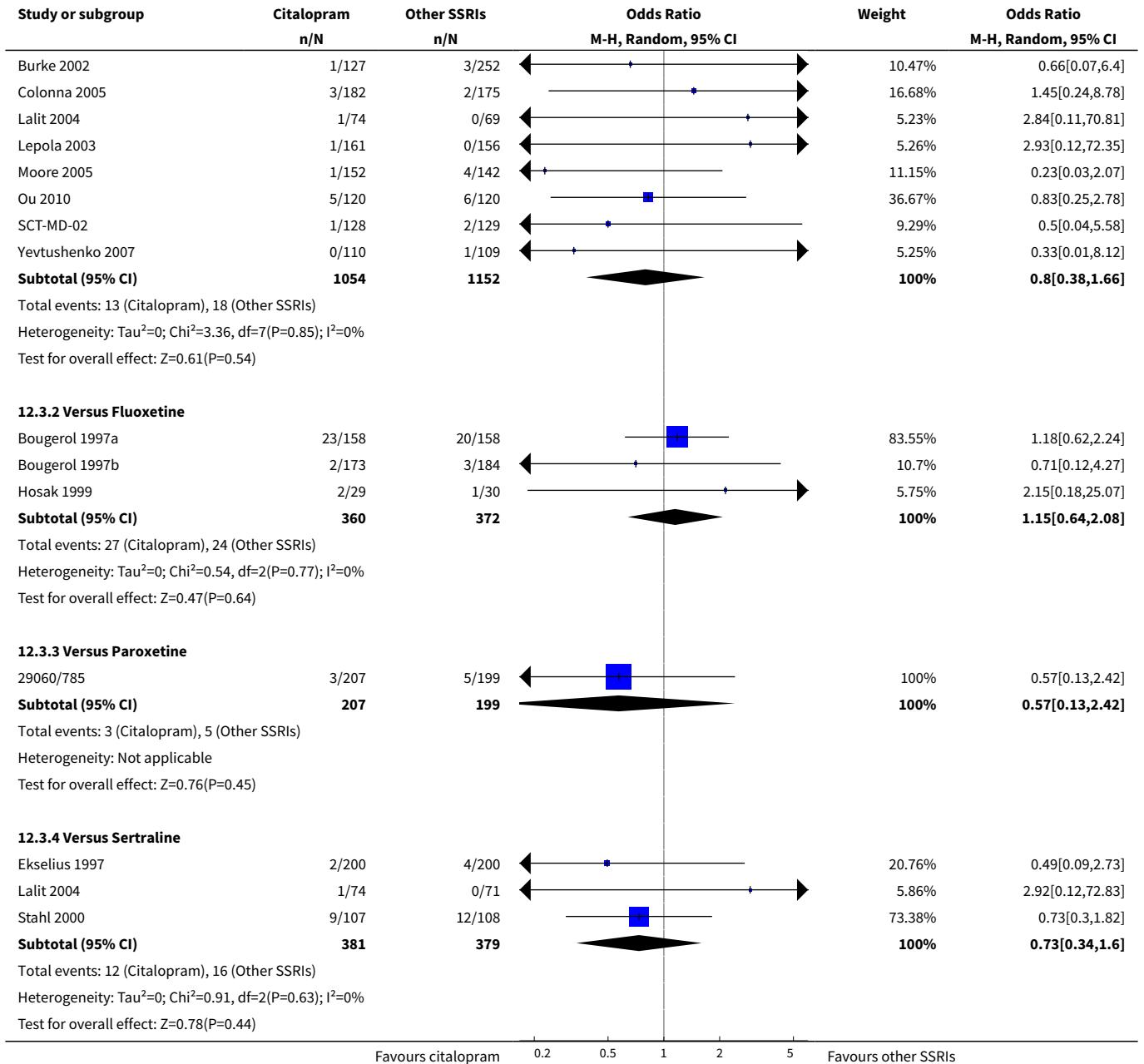


**Analysis 12.2. Comparison 12 Failure to complete (inefficacy), Outcome 2 Citalopram versus heterocyclics.**

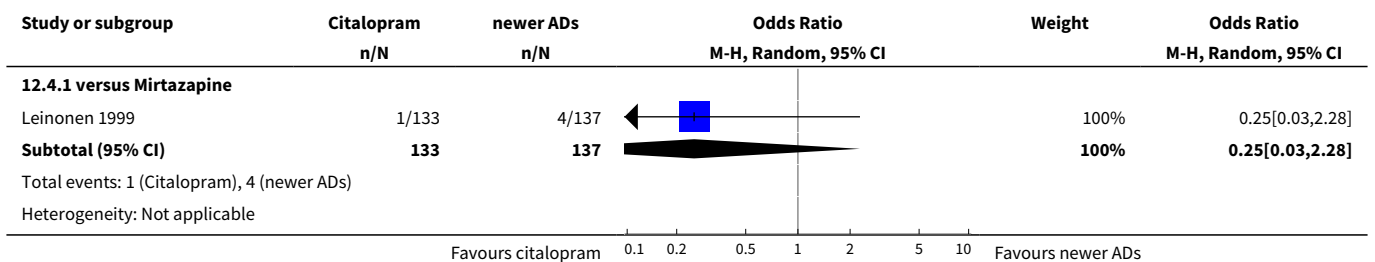


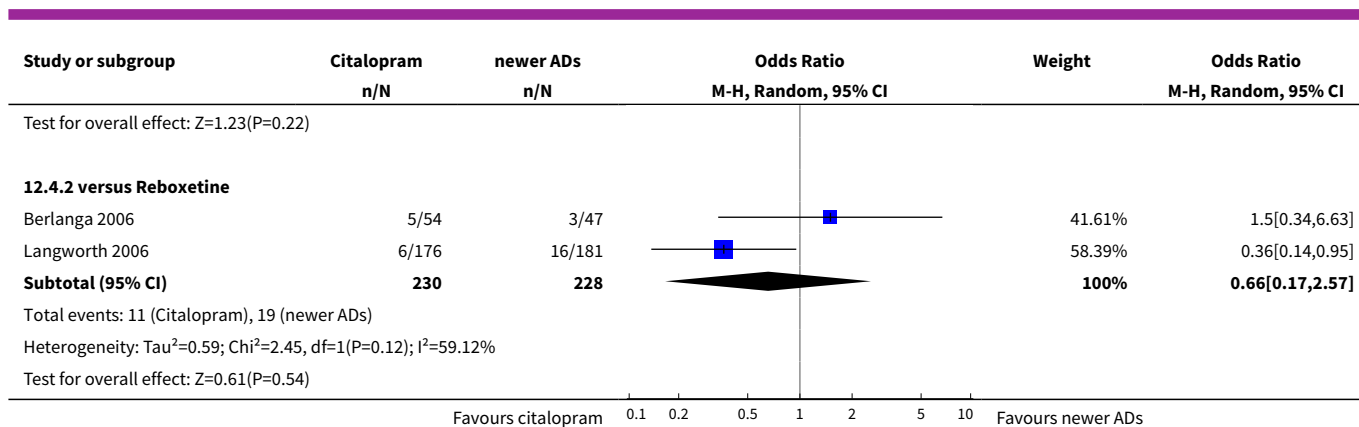
**Analysis 12.3. Comparison 12 Failure to complete (inefficacy), Outcome 3 Citalopram versus other SSRIs.**





**Analysis 12.4. Comparison 12 Failure to complete (inefficacy), Outcome 4 Citalopram versus other conventional ADs.**



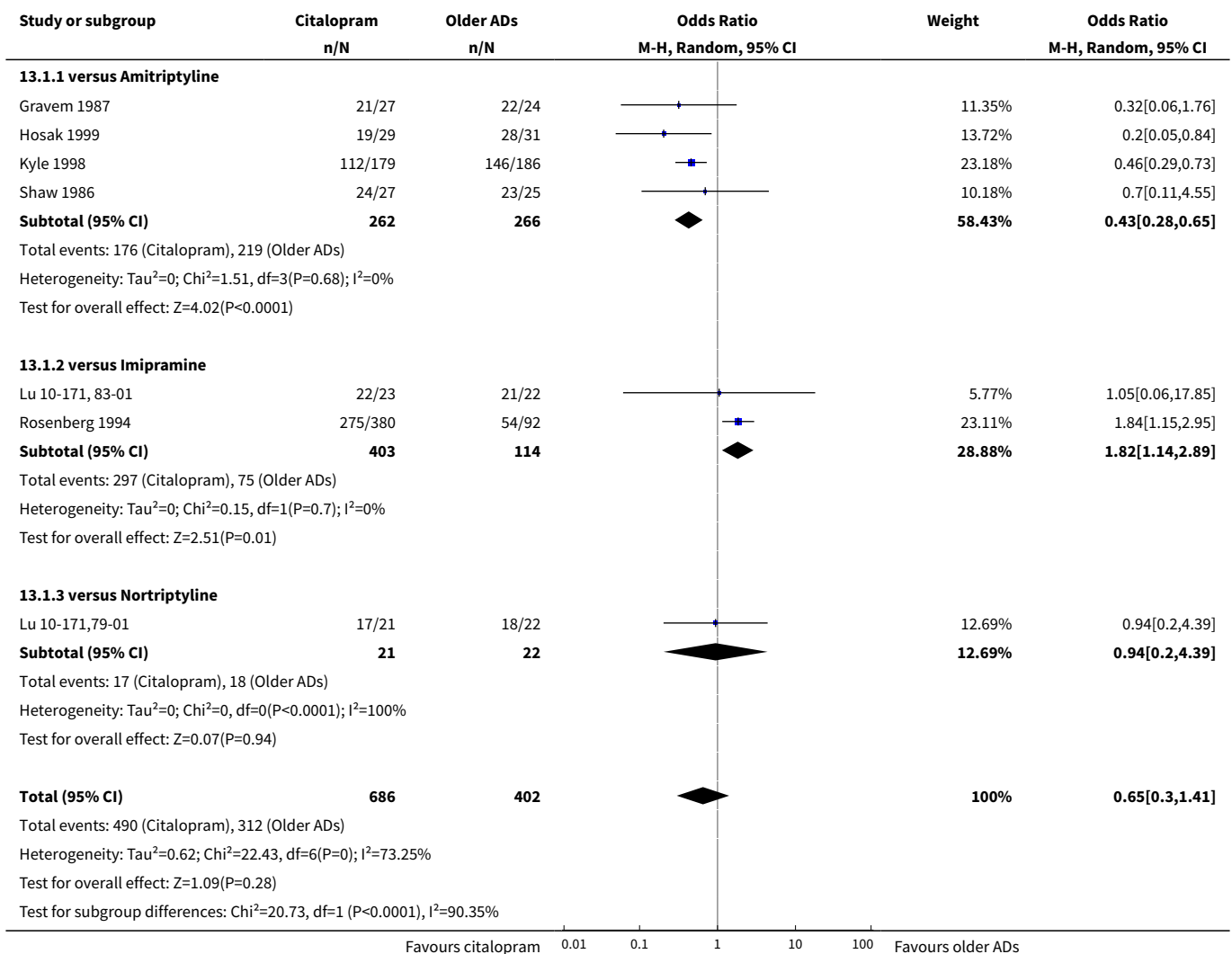


**Comparison 13. SE - Subjects with at least one TEAEs**

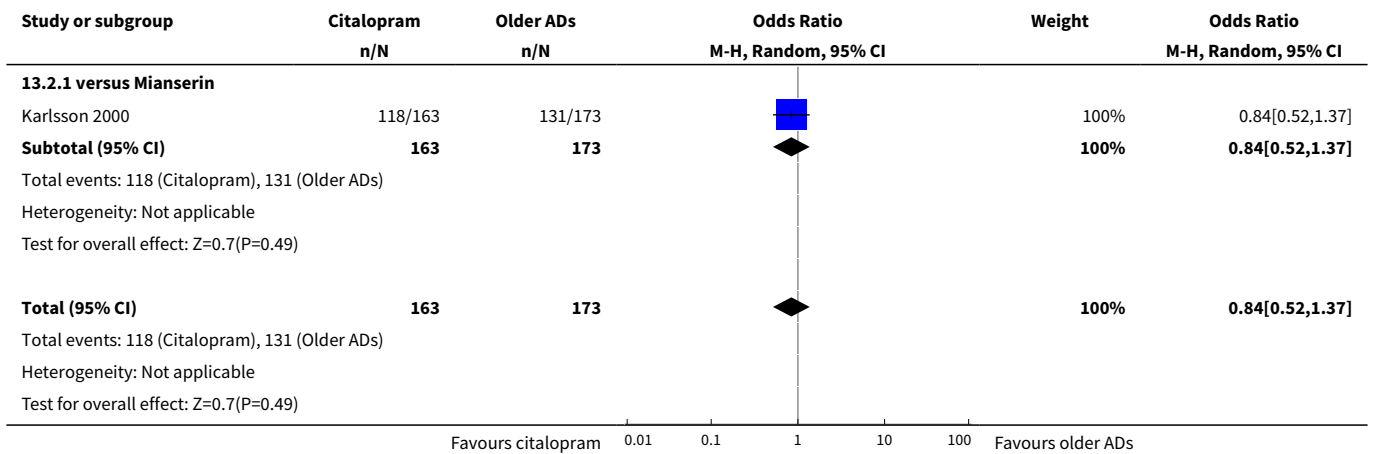
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Citalopram versus TCAs</b>	7	1088	Odds Ratio (M-H, Random, 95% CI)	0.65 [0.30, 1.41]
1.1 versus Amitriptyline	4	528	Odds Ratio (M-H, Random, 95% CI)	0.43 [0.28, 0.65]
1.2 versus Imipramine	2	517	Odds Ratio (M-H, Random, 95% CI)	1.82 [1.14, 2.89]
1.3 versus Nortriptyline	1	43	Odds Ratio (M-H, Random, 95% CI)	0.94 [0.20, 4.39]
<b>2 Citalopram versus hetero-cyclics</b>	1	336	Odds Ratio (M-H, Random, 95% CI)	0.84 [0.52, 1.37]
2.1 versus Mianserin	1	336	Odds Ratio (M-H, Random, 95% CI)	0.84 [0.52, 1.37]
<b>3 Citalopram versus other SSRIs</b>	15		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 Versus Escitalopram	7	1979	Odds Ratio (M-H, Random, 95% CI)	1.20 [0.97, 1.47]
3.2 Versus Fluoxetine	3	732	Odds Ratio (M-H, Random, 95% CI)	1.10 [0.81, 1.47]
3.3 Versus Paroxetine	1	406	Odds Ratio (M-H, Random, 95% CI)	1.34 [0.83, 2.18]
3.4 Versus Sertraline	5	902	Odds Ratio (M-H, Random, 95% CI)	0.67 [0.39, 1.16]
<b>4 Citalopram versus SNRIs</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
4.1 Versus Venlafaxine XR	1	151	Odds Ratio (M-H, Random, 95% CI)	0.46 [0.24, 0.88]
<b>5 Citalopram versus MAOIs or newer ADs</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
5.1 versus Moclobemide	1	42	Odds Ratio (M-H, Random, 95% CI)	0.69 [0.20, 2.35]
<b>6 Citalopram versus other conventional ADs</b>	2		Odds Ratio (M-H, Random, 95% CI)	Subtotals only

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
6.1 versus Mirtazapine	1	270	Odds Ratio (M-H, Random, 95% CI)	1.22 [0.73, 2.04]
6.2 versus Reboxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	0.64 [0.42, 0.97]
<b>7 Citalopram versus non-conventional ADs</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
7.1 versus Hypericum (St. John's wort)	1	258	Odds Ratio (M-H, Random, 95% CI)	1.69 [1.01, 2.83]

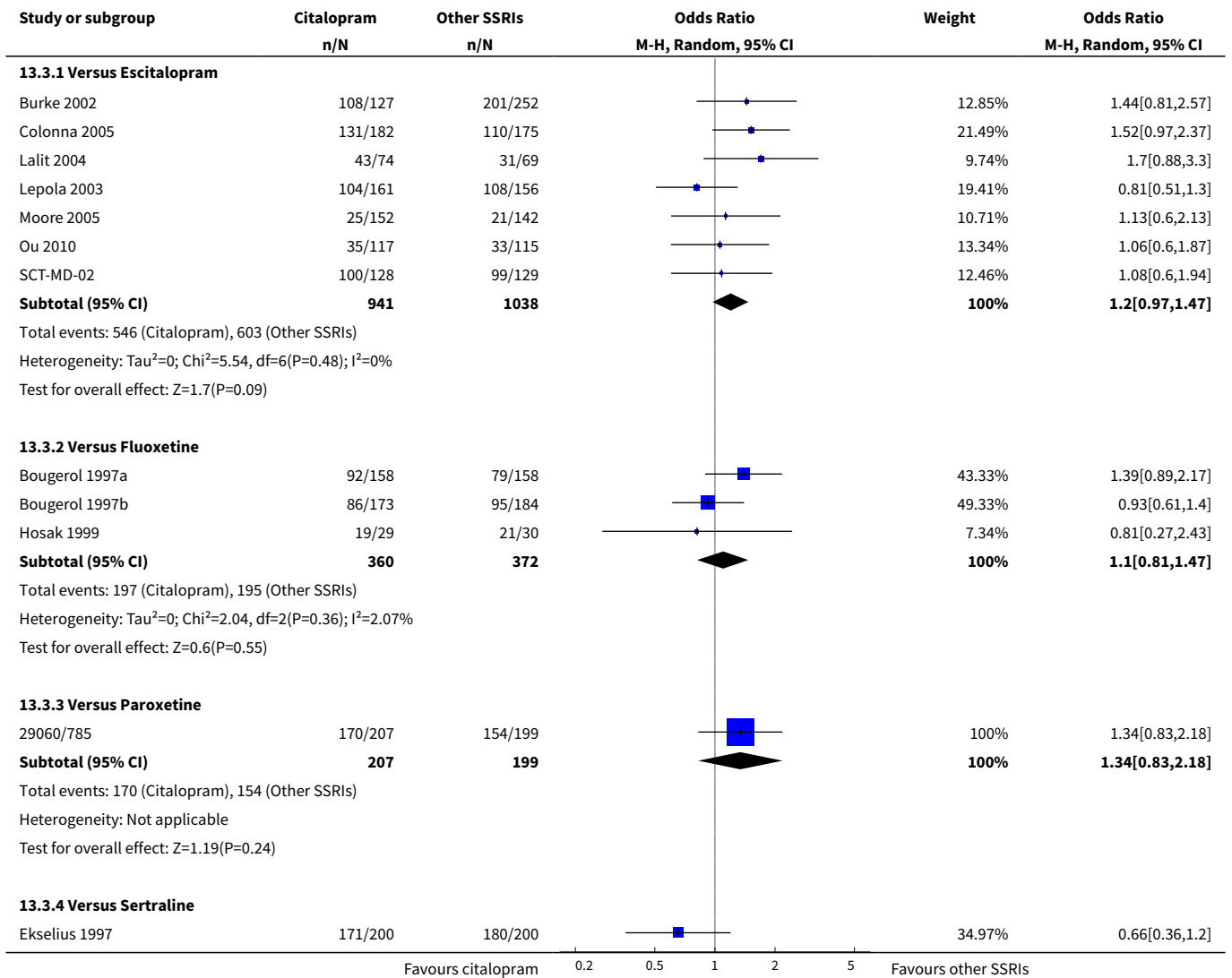
**Analysis 13.1. Comparison 13 SE - Subjects with at least one TEAEs, Outcome 1 Citalopram versus TCAs.**

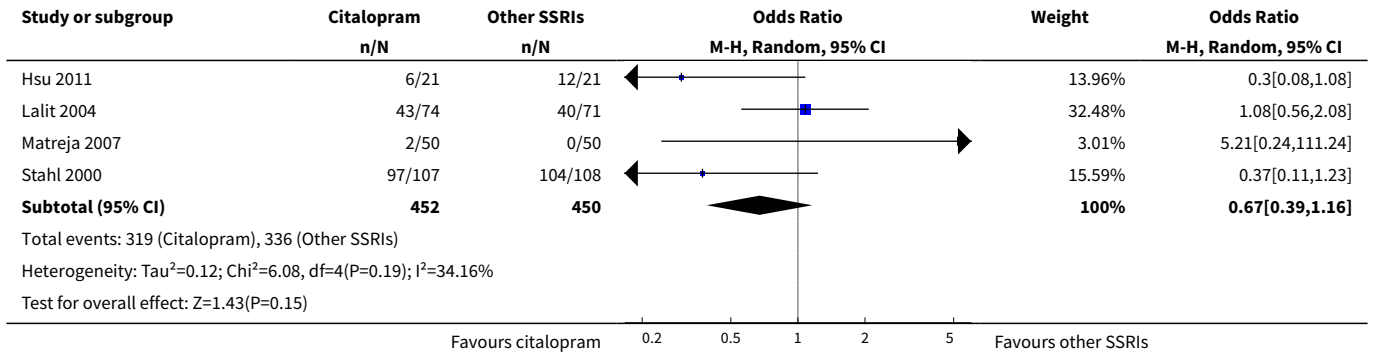


**Analysis 13.2. Comparison 13 SE - Subjects with at least one TEAEs, Outcome 2 Citalopram versus heterocyclics.**

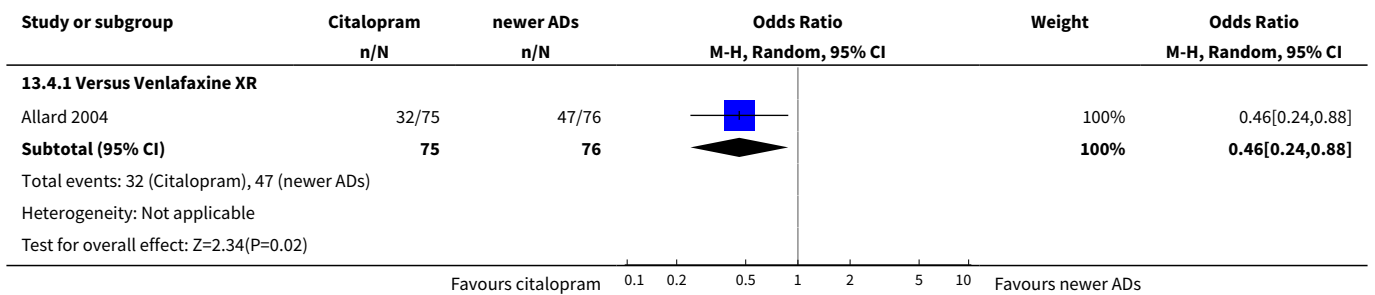


**Analysis 13.3. Comparison 13 SE - Subjects with at least one TEAEs, Outcome 3 Citalopram versus other SSRIs.**

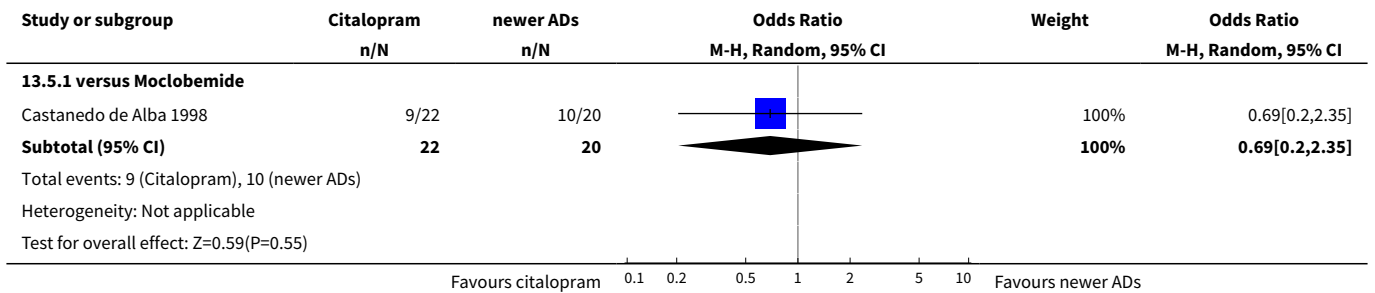




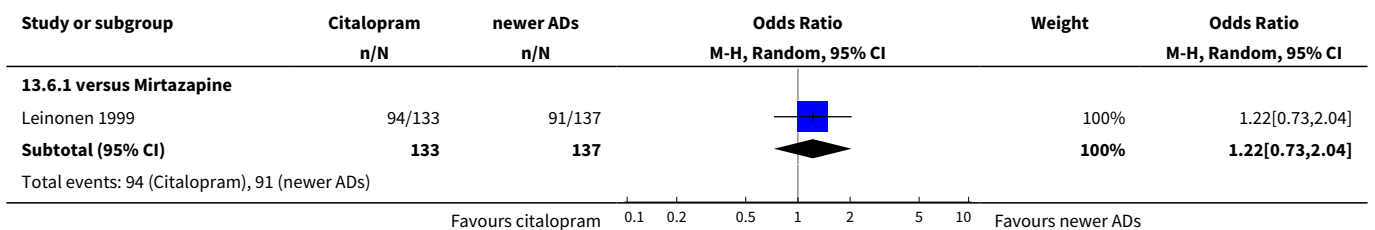
**Analysis 13.4. Comparison 13 SE - Subjects with at least one TEAEs, Outcome 4 Citalopram versus SNRIs.**

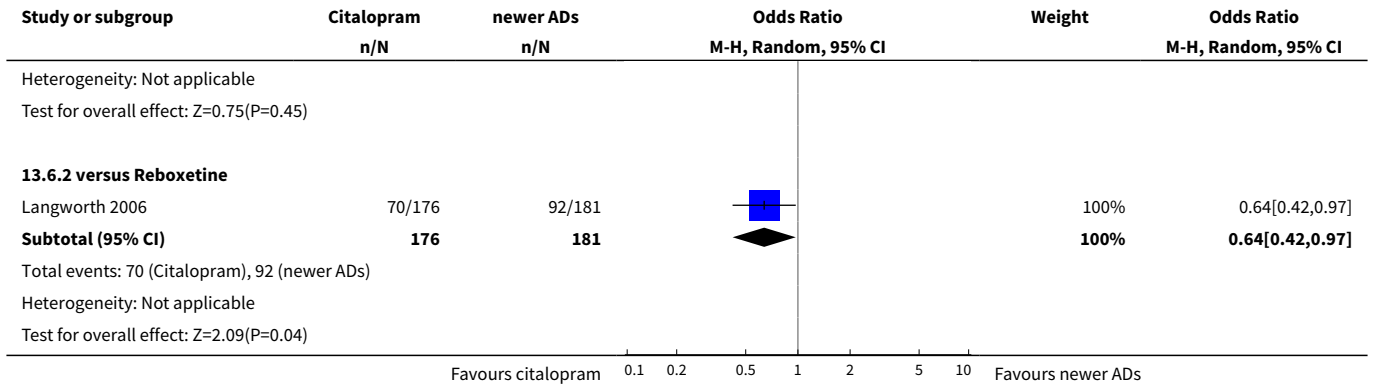


**Analysis 13.5. Comparison 13 SE - Subjects with at least one TEAEs, Outcome 5 Citalopram versus MAOIs or newer ADs.**

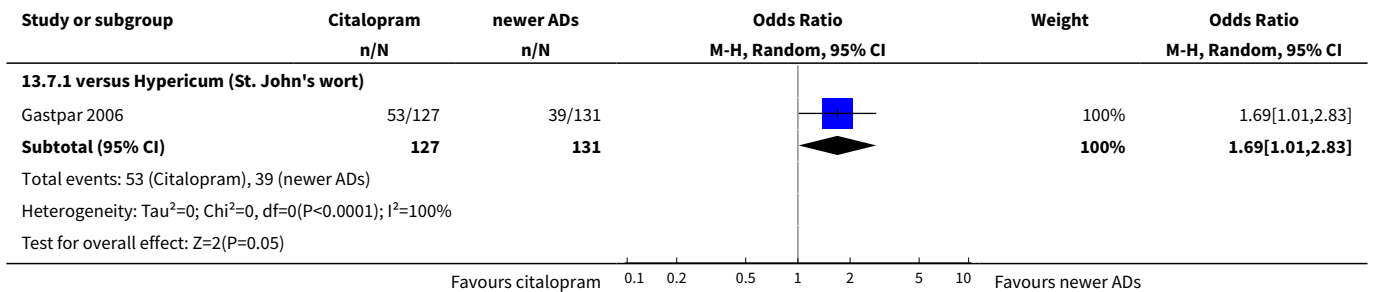


**Analysis 13.6. Comparison 13 SE - Subjects with at least one TEAEs, Outcome 6 Citalopram versus other conventional ADs.**





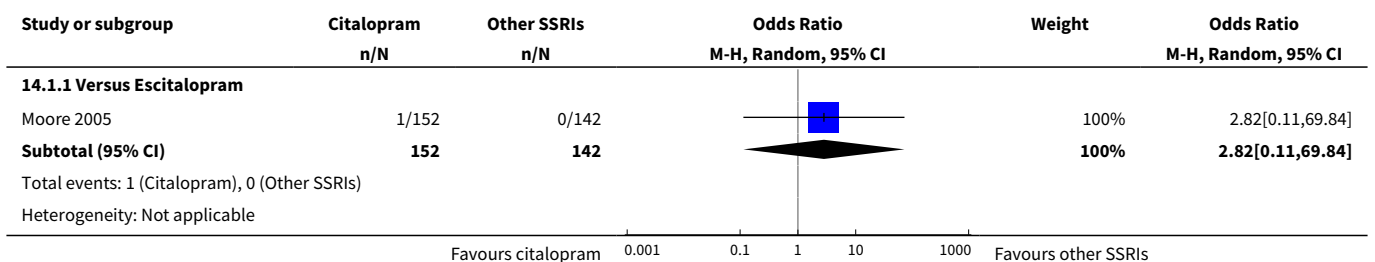
**Analysis 13.7. Comparison 13 SE - Subjects with at least one TEAEs, Outcome 7 Citalopram versus non-conventional ADs.**



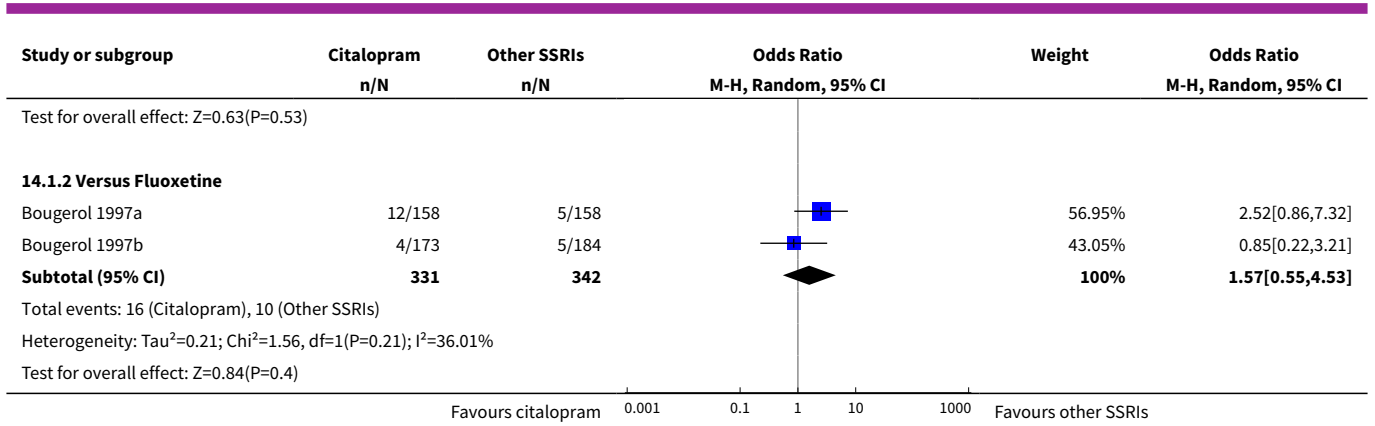
**Comparison 14. SE - Abdominal pain**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Citalopram versus other SSRIs</b>	3		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 Versus Escitalopram	1	294	Odds Ratio (M-H, Random, 95% CI)	2.82 [0.11, 69.84]
1.2 Versus Fluoxetine	2	673	Odds Ratio (M-H, Random, 95% CI)	1.57 [0.55, 4.53]

**Analysis 14.1. Comparison 14 SE - Abdominal pain, Outcome 1 Citalopram versus other SSRIs.**



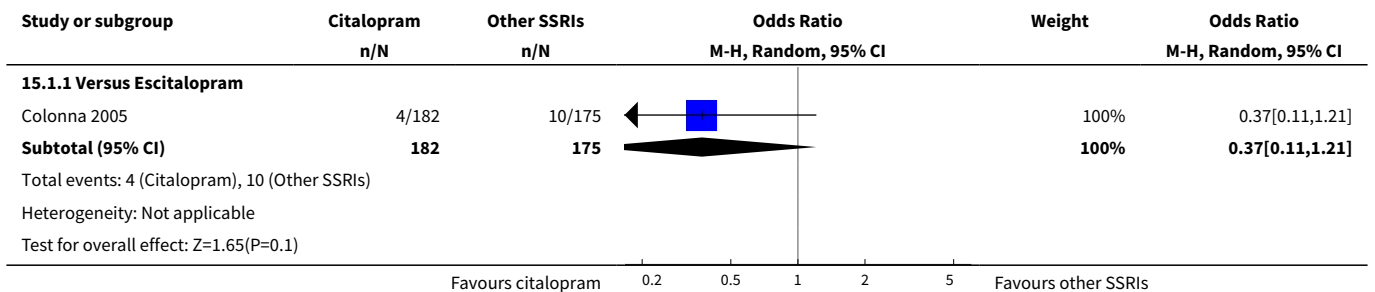




**Comparison 15. SE - Accidental injury**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<a href="#">1 Citalopram versus other SSRIs</a>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 Versus Escitalopram	1	357	Odds Ratio (M-H, Random, 95% CI)	0.37 [0.11, 1.21]

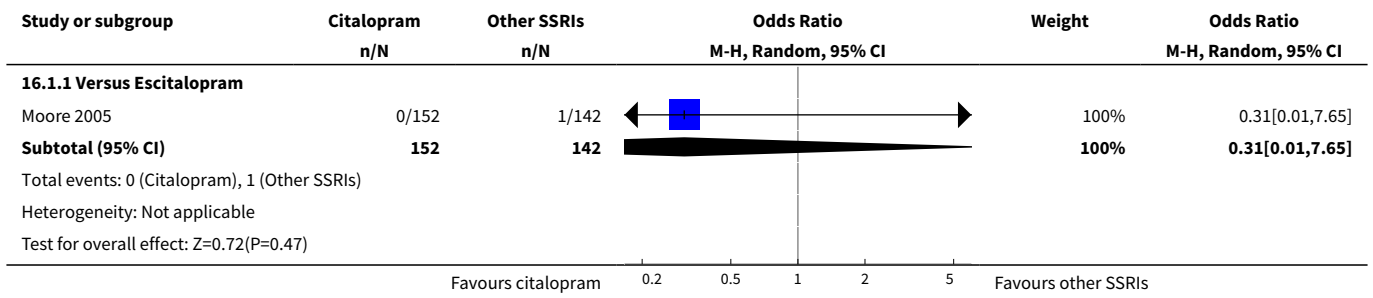
**Analysis 15.1. Comparison 15 SE - Accidental injury, Outcome 1 Citalopram versus other SSRIs.**



**Comparison 16. SE - Aggressive behaviour**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<a href="#">1 Citalopram versus other SSRIs</a>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 Versus Escitalopram	1	294	Odds Ratio (M-H, Random, 95% CI)	0.31 [0.01, 7.65]

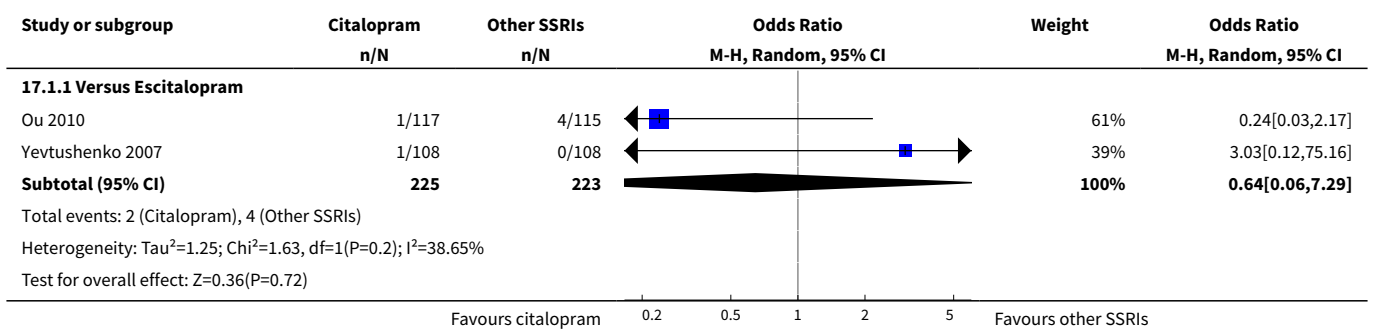
**Analysis 16.1. Comparison 16 SE - Aggressive behaviour, Outcome 1 Citalopram versus other SSRIs.**



**Comparison 17. SE - Anorexia**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus other SSRIs	2		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 Versus Escitalopram	2	448	Odds Ratio (M-H, Random, 95% CI)	0.64 [0.06, 7.29]

**Analysis 17.1. Comparison 17 SE - Anorexia, Outcome 1 Citalopram versus other SSRIs.**

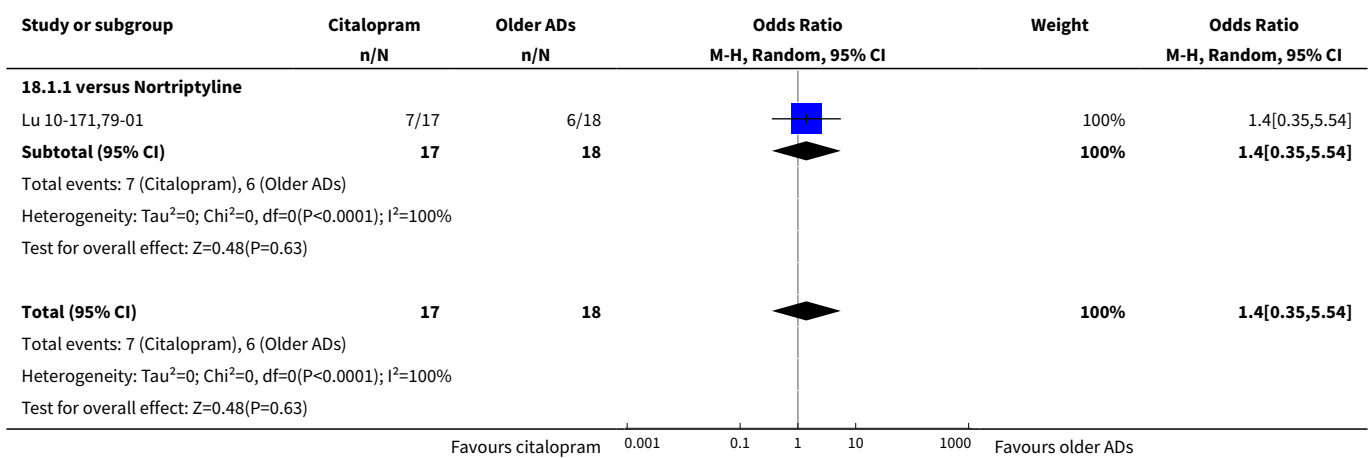


**Comparison 18. SE - Anxiety/agitation**

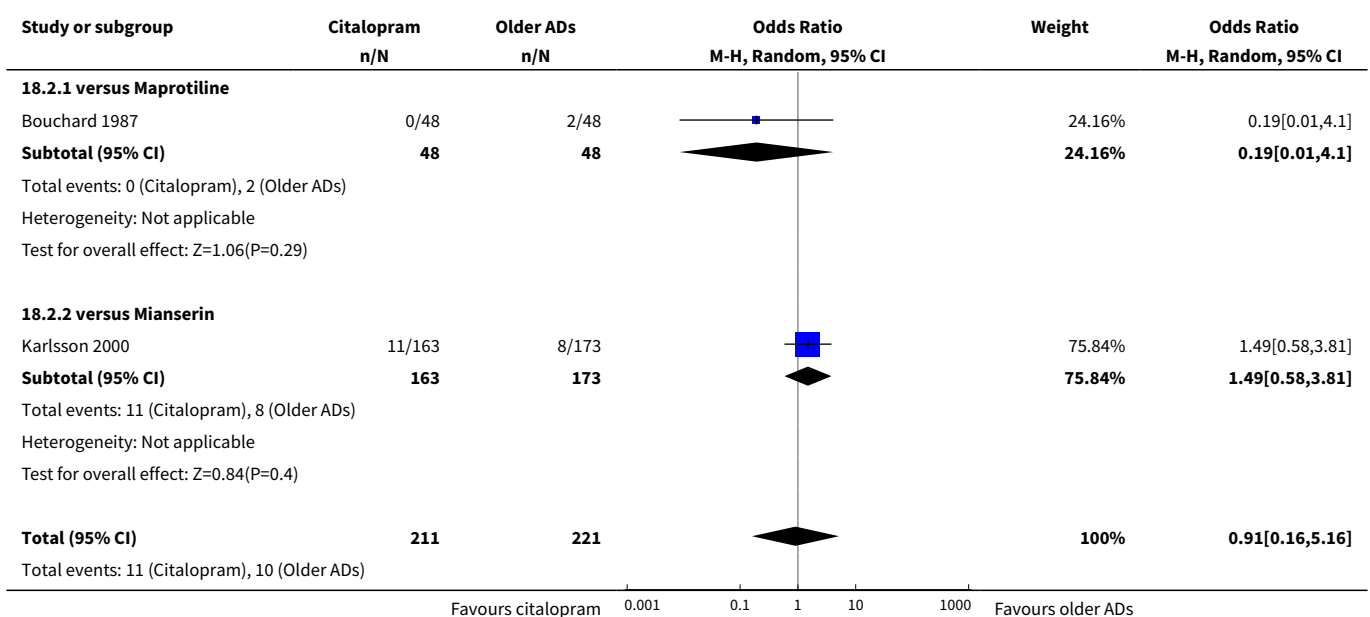
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus TCAs	1	35	Odds Ratio (M-H, Random, 95% CI)	1.4 [0.35, 5.54]
1.1 versus Nortriptyline	1	35	Odds Ratio (M-H, Random, 95% CI)	1.4 [0.35, 5.54]
2 Citalopram versus hetero-cyclics	2	432	Odds Ratio (M-H, Random, 95% CI)	0.91 [0.16, 5.16]
2.1 versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	0.19 [0.01, 4.10]
2.2 versus Mianserin	1	336	Odds Ratio (M-H, Random, 95% CI)	1.49 [0.58, 3.81]

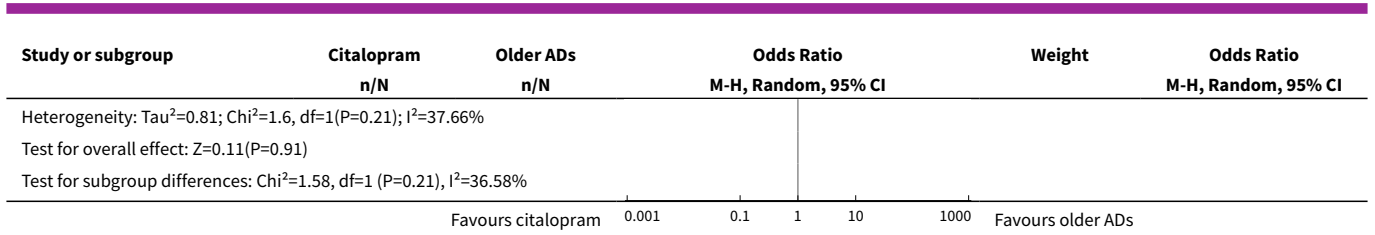
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
3 Citalopram versus other SSRIs	4		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 Versus Escitalopram	2	437	Odds Ratio (M-H, Random, 95% CI)	0.79 [0.07, 9.51]
3.2 Versus Fluoxetine	2	673	Odds Ratio (M-H, Random, 95% CI)	1.04 [0.50, 2.16]
3.3 Versus Sertraline	1	145	Odds Ratio (M-H, Random, 95% CI)	2.96 [0.30, 29.12]

**Analysis 18.1. Comparison 18 SE - Anxiety/agitation, Outcome 1 Citalopram versus TCAs.**

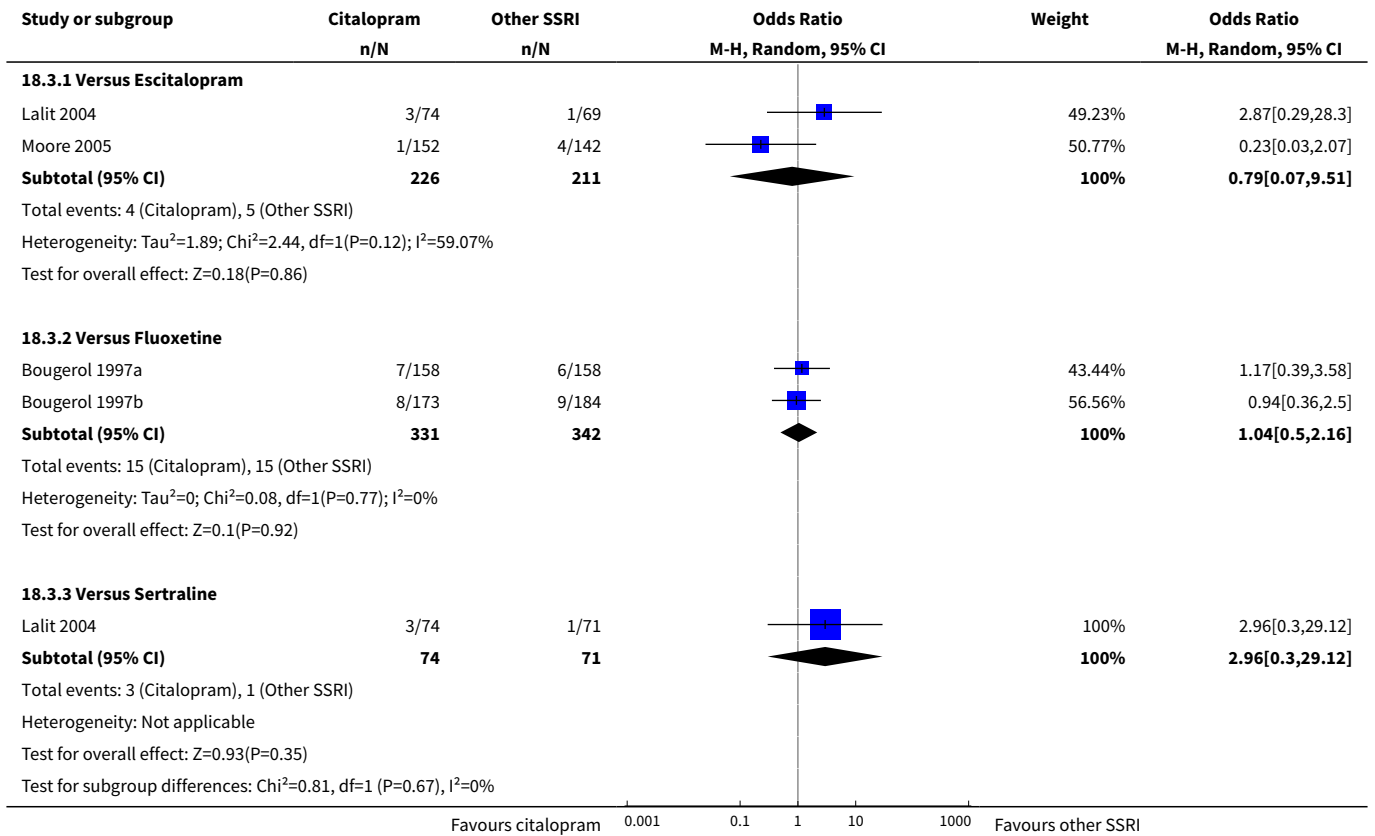


**Analysis 18.2. Comparison 18 SE - Anxiety/agitation, Outcome 2 Citalopram versus heterocyclics.**





**Analysis 18.3. Comparison 18 SE - Anxiety/agitation, Outcome 3 Citalopram versus other SSRIs.**

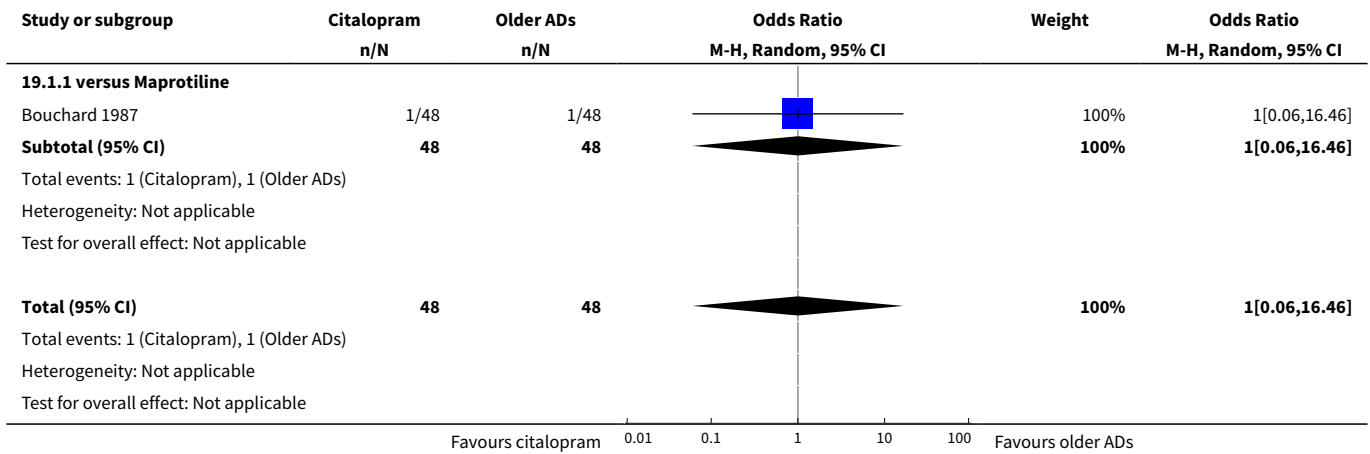


**Comparison 19. SE - Appetite increased**

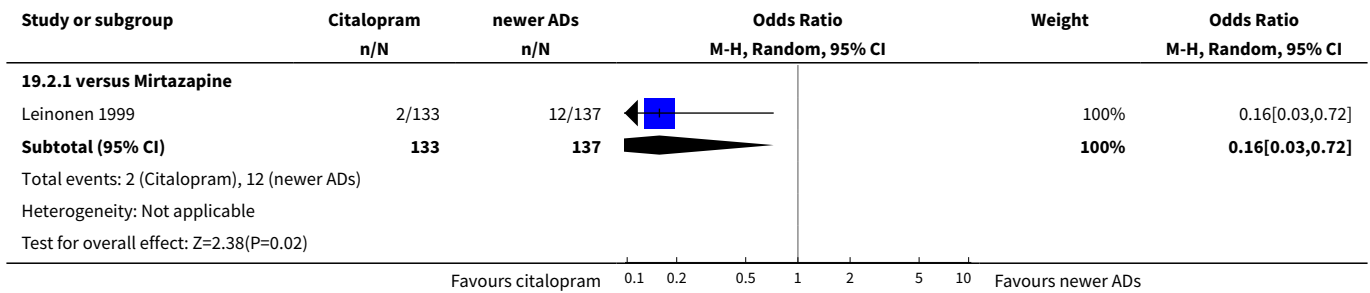
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus heterocyclics	1	96	Odds Ratio (M-H, Random, 95% CI)	1.0 [0.06, 16.46]
1.1 versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	1.0 [0.06, 16.46]
2 Citalopram versus other conventional ADs	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
2.1 versus Mirtazapine	1	270	Odds Ratio (M-H, Random, 95% CI)	0.16 [0.03, 0.72]

**Analysis 19.1. Comparison 19 SE - Appetite increased, Outcome 1 Citalopram versus heterocyclics.**



**Analysis 19.2. Comparison 19 SE - Appetite increased, Outcome 2 Citalopram versus other conventional ADs.**

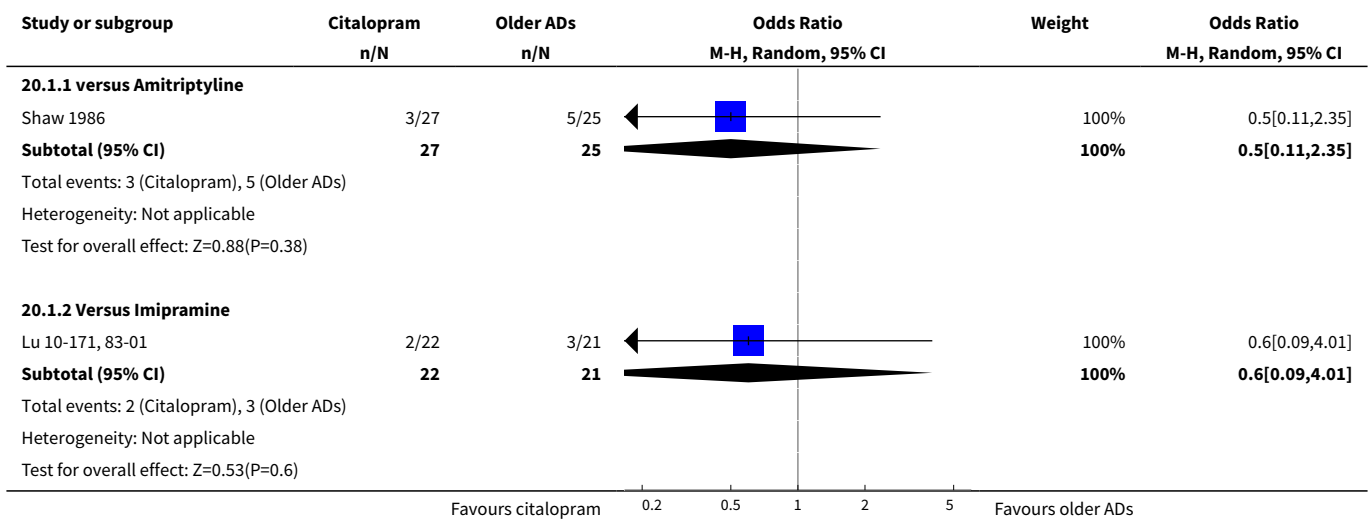


**Comparison 20. SE - Asthenia**

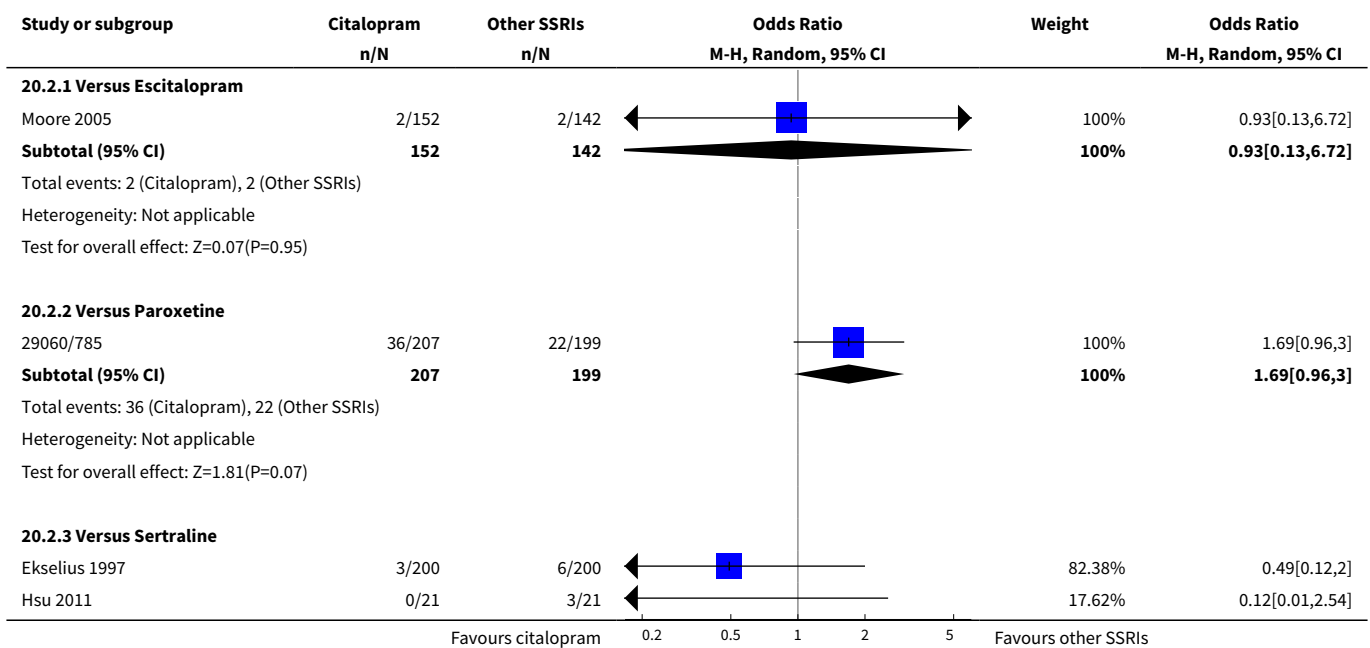
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<a href="#">1 Citalopram versus TCAs</a>	2		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 versus Amitriptyline	1	52	Odds Ratio (M-H, Random, 95% CI)	0.50 [0.11, 2.35]
1.2 Versus Imipramine	1	43	Odds Ratio (M-H, Random, 95% CI)	0.6 [0.09, 4.01]
<a href="#">2 Citalopram versus other SSRIs</a>	4		Odds Ratio (M-H, Random, 95% CI)	Subtotals only

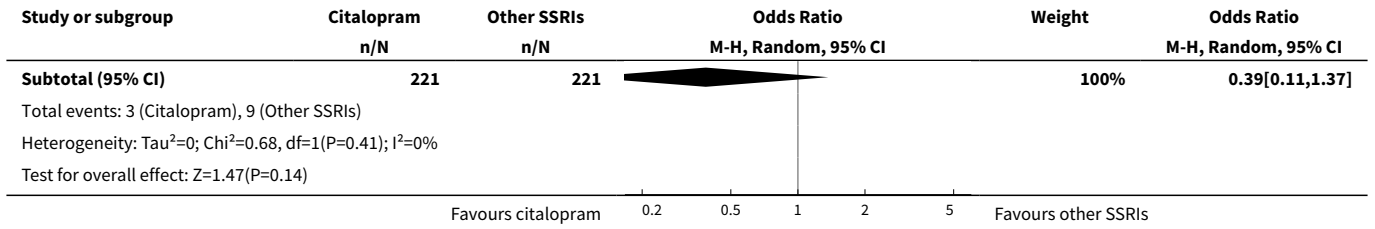
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
2.1 Versus Escitalopram	1	294	Odds Ratio (M-H, Random, 95% CI)	0.93 [0.13, 6.72]
2.2 Versus Paroxetine	1	406	Odds Ratio (M-H, Random, 95% CI)	1.69 [0.96, 3.00]
2.3 Versus Sertraline	2	442	Odds Ratio (M-H, Random, 95% CI)	0.39 [0.11, 1.37]

**Analysis 20.1. Comparison 20 SE - Asthenia, Outcome 1 Citalopram versus TCAs.**



**Analysis 20.2. Comparison 20 SE - Asthenia, Outcome 2 Citalopram versus other SSRIs.**

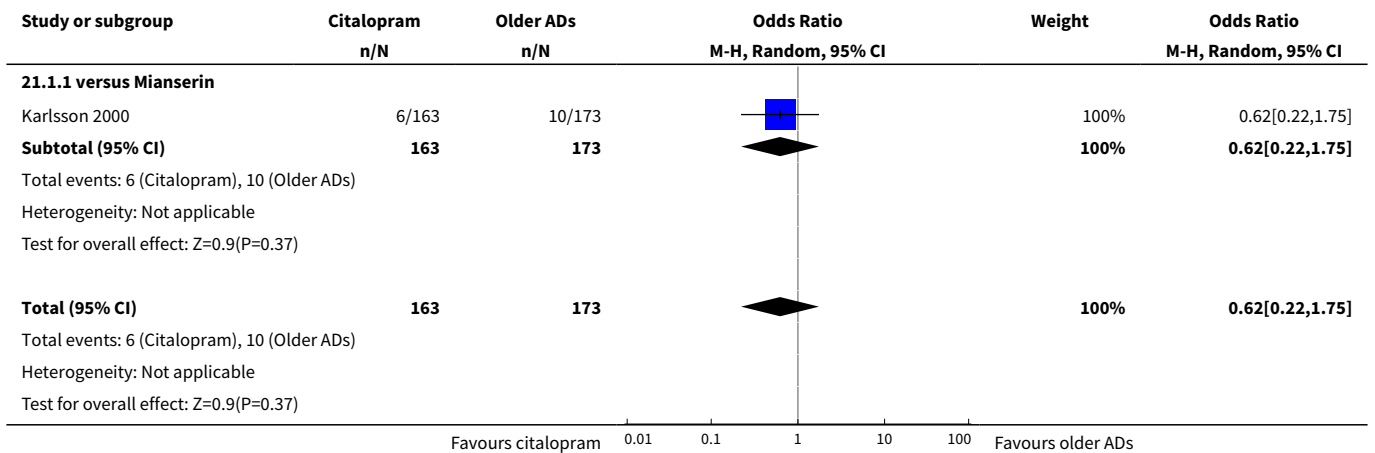




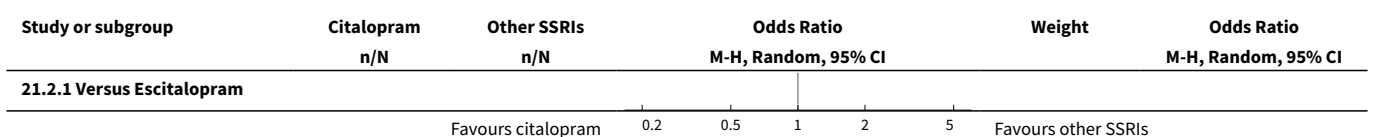
**Comparison 21. SE - Back pain**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Citalopram versus heterocyclics</b>	1	336	Odds Ratio (M-H, Random, 95% CI)	0.62 [0.22, 1.75]
1.1 versus Mianserin	1	336	Odds Ratio (M-H, Random, 95% CI)	0.62 [0.22, 1.75]
<b>2 Citalopram versus other SSRIs</b>	3		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
2.1 Versus Escitalopram	2	605	Odds Ratio (M-H, Random, 95% CI)	1.36 [0.34, 5.51]
2.2 Versus Fluoxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	12.04 [0.66, 219.46]

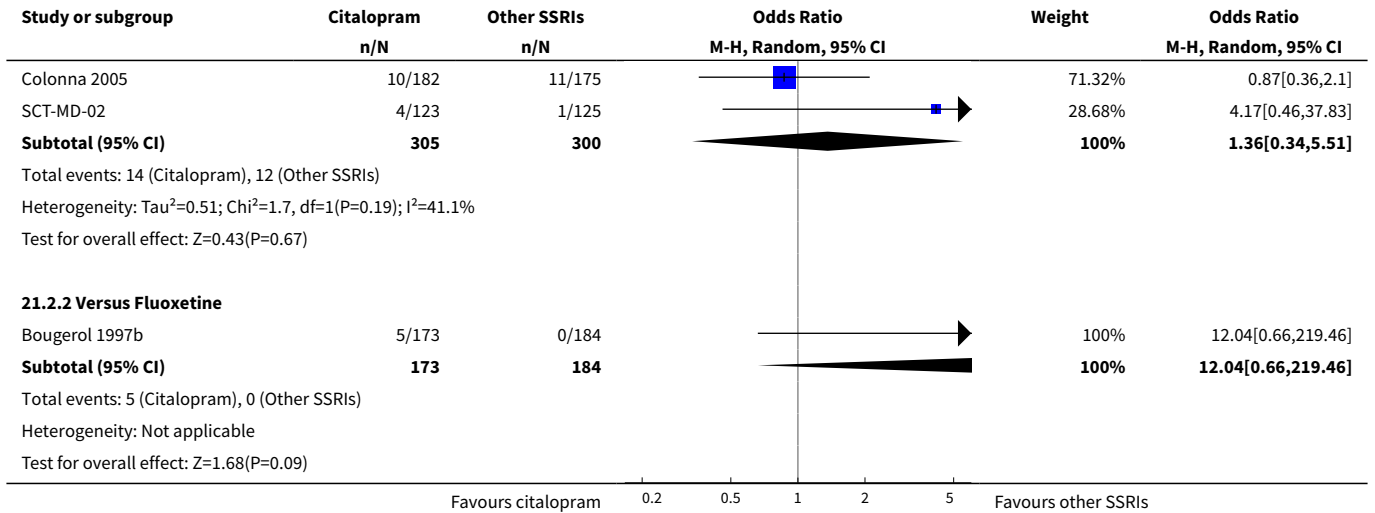
**Analysis 21.1. Comparison 21 SE - Back pain, Outcome 1 Citalopram versus heterocyclics.**



**Analysis 21.2. Comparison 21 SE - Back pain, Outcome 2 Citalopram versus other SSRIs.**



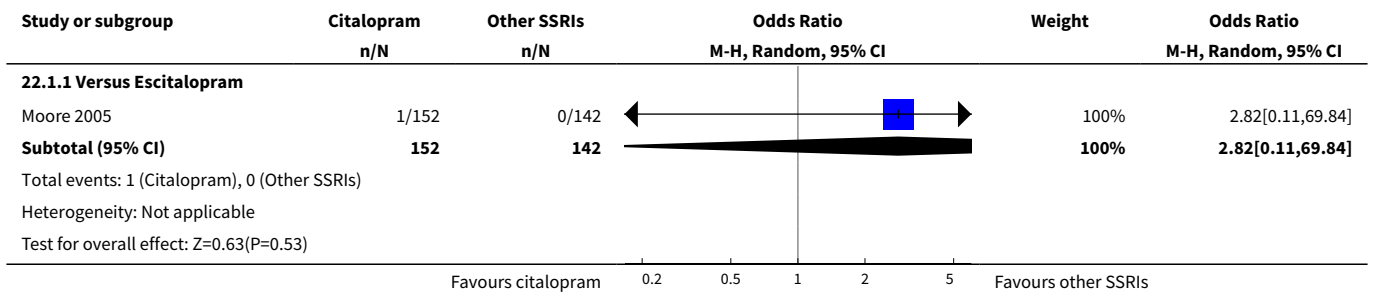




**Comparison 22. SE - Brest surgery**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<a href="#">1 Citalopram versus other SSRIs</a>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 Versus Escitalopram	1	294	Odds Ratio (M-H, Random, 95% CI)	2.82 [0.11, 69.84]

**Analysis 22.1. Comparison 22 SE - Brest surgery, Outcome 1 Citalopram versus other SSRIs.**

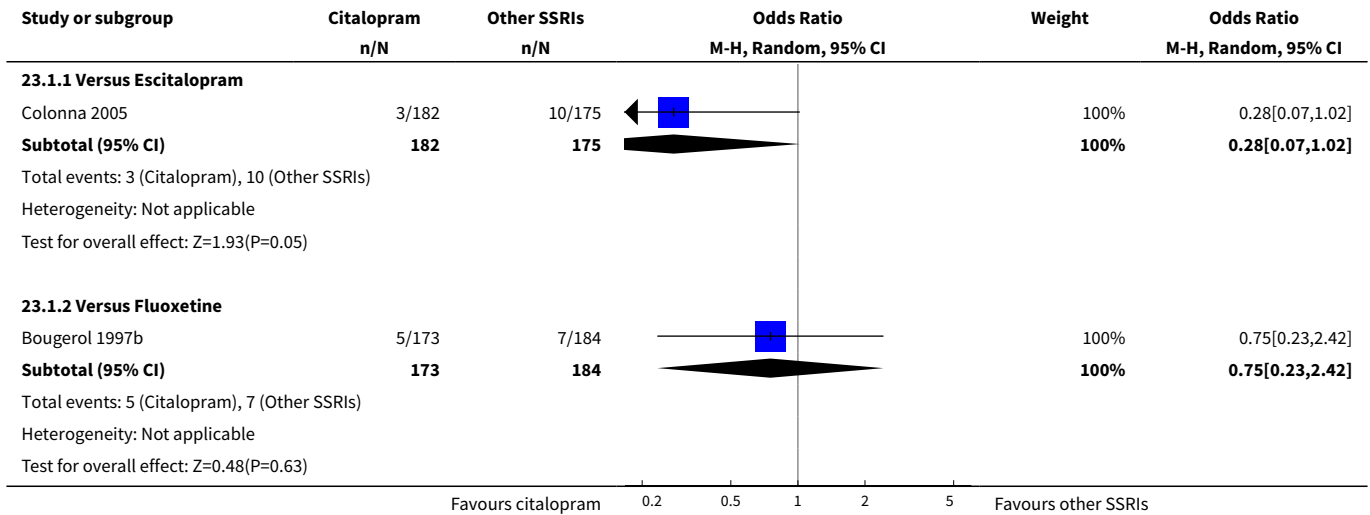


**Comparison 23. SE - Bronchitis**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<a href="#">1 Citalopram versus other SSRIs</a>	2		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 Versus Escitalopram	1	357	Odds Ratio (M-H, Random, 95% CI)	0.28 [0.07, 1.02]

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1.2 Versus Fluoxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	0.75 [0.23, 2.42]

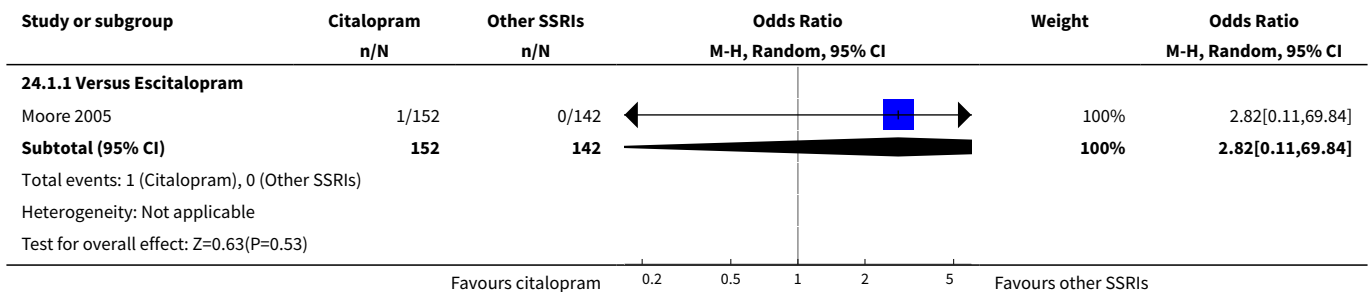
**Analysis 23.1. Comparison 23 SE - Bronchitis, Outcome 1 Citalopram versus other SSRIs.**



**Comparison 24. SE - Chest pain**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus other SSRIs	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 Versus Escitalopram	1	294	Odds Ratio (M-H, Random, 95% CI)	2.82 [0.11, 69.84]

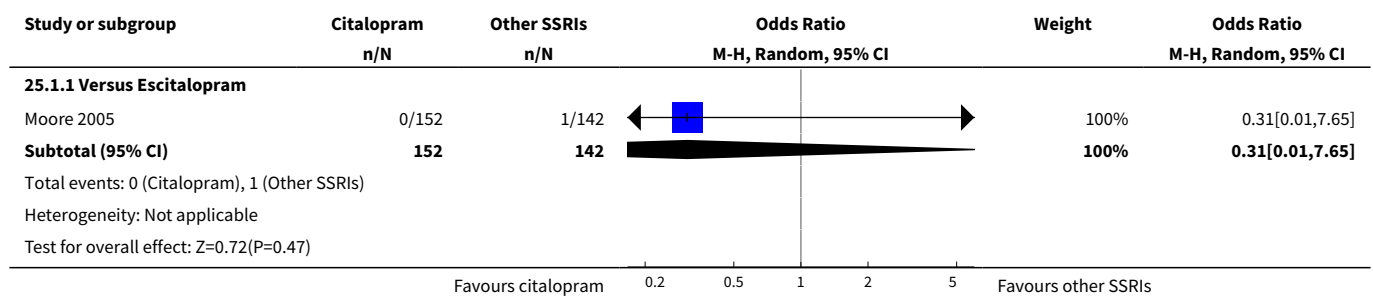
**Analysis 24.1. Comparison 24 SE - Chest pain, Outcome 1 Citalopram versus other SSRIs.**



**Comparison 25. SE - Chicken pox**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus other SSRIs	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 Versus Escitalopram	1	294	Odds Ratio (M-H, Random, 95% CI)	0.31 [0.01, 7.65]

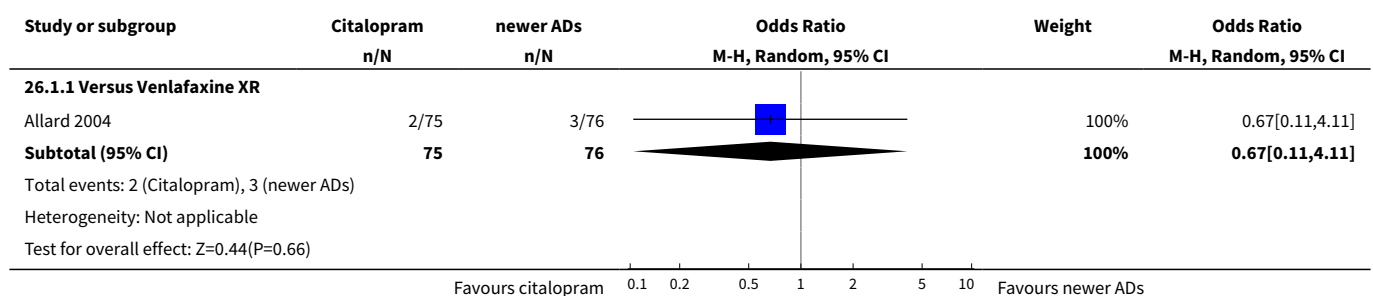
**Analysis 25.1. Comparison 25 SE - Chicken pox, Outcome 1 Citalopram versus other SSRIs.**



**Comparison 26. SE - Common cold**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus SNRIs	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 Versus Venlafaxine XR	1	151	Odds Ratio (M-H, Random, 95% CI)	0.67 [0.11, 4.11]

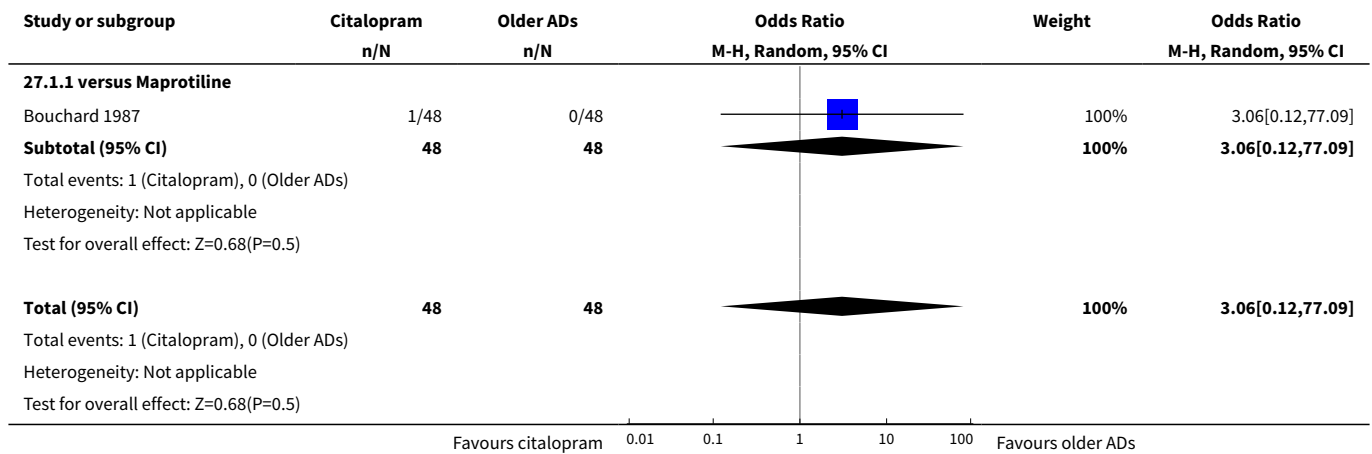
**Analysis 26.1. Comparison 26 SE - Common cold, Outcome 1 Citalopram versus SNRIs.**



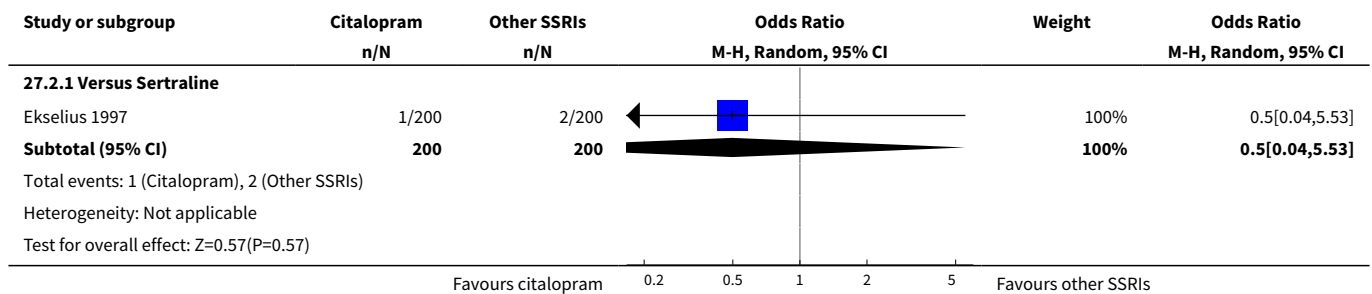
**Comparison 27. SE - Concentration decrease**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus heterocyclics	1	96	Odds Ratio (M-H, Random, 95% CI)	3.06 [0.12, 77.09]
1.1 versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	3.06 [0.12, 77.09]
2 Citalopram versus other SSRIs	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
2.1 Versus Sertraline	1	400	Odds Ratio (M-H, Random, 95% CI)	0.50 [0.04, 5.53]
3 Citalopram versus other conventional ADs	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 versus Reboxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	0.68 [0.11, 4.13]

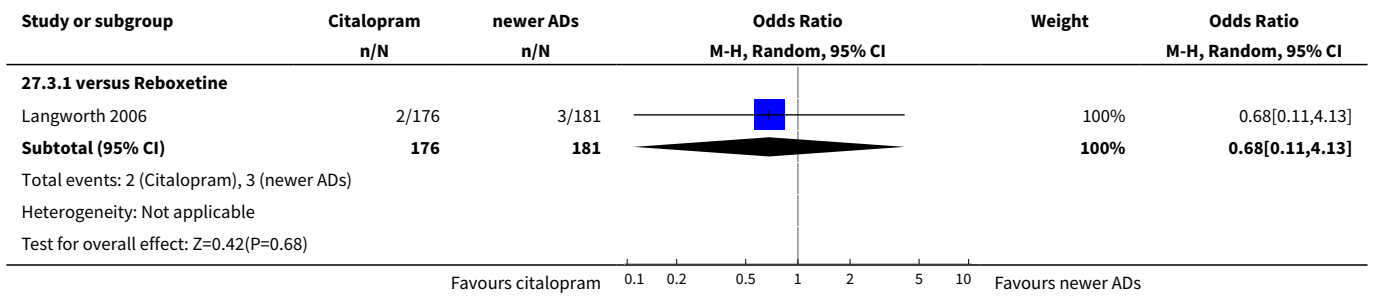
**Analysis 27.1. Comparison 27 SE - Concentration decrease, Outcome 1 Citalopram versus heterocyclics.**



**Analysis 27.2. Comparison 27 SE - Concentration decrease, Outcome 2 Citalopram versus other SSRIs.**



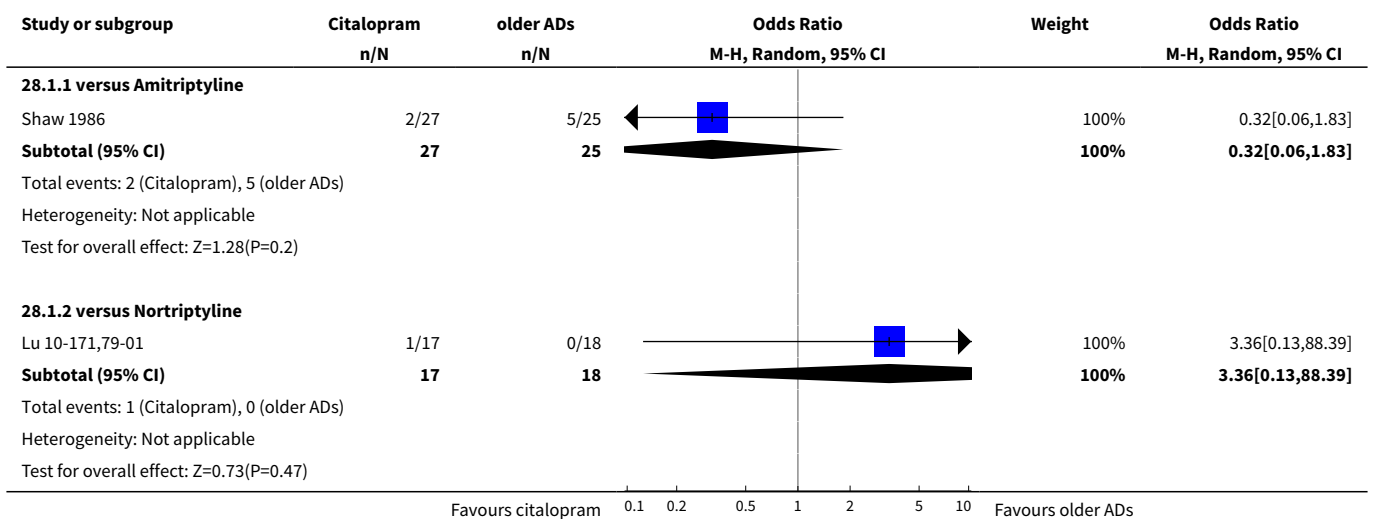
**Analysis 27.3. Comparison 27 SE - Concentration decrease, Outcome 3 Citalopram versus other conventional ADs.**



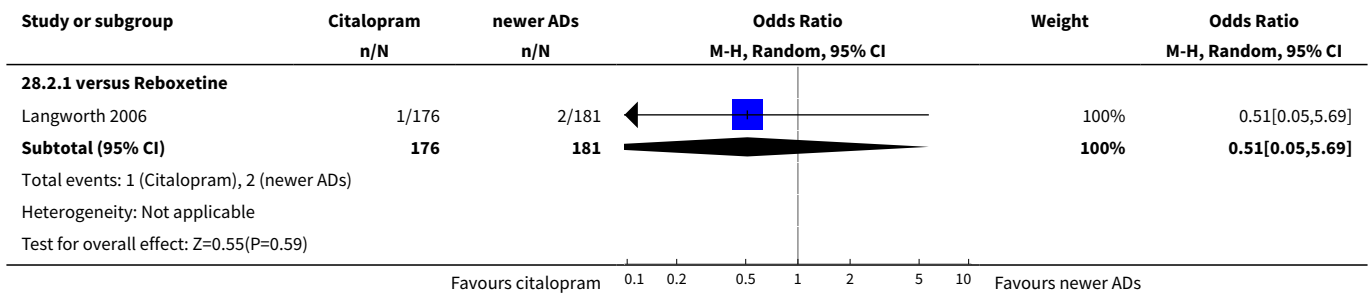
**Comparison 28. SE - Confusion**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Citalopram versus TCAs</b>	2		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 versus Amitriptyline	1	52	Odds Ratio (M-H, Random, 95% CI)	0.32 [0.06, 1.83]
1.2 versus Nortriptyline	1	35	Odds Ratio (M-H, Random, 95% CI)	3.36 [0.13, 88.39]
<b>2 Citalopram versus other conventional ADs</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
2.1 versus Reboxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	0.51 [0.05, 5.69]

**Analysis 28.1. Comparison 28 SE - Confusion, Outcome 1 Citalopram versus TCAs.**



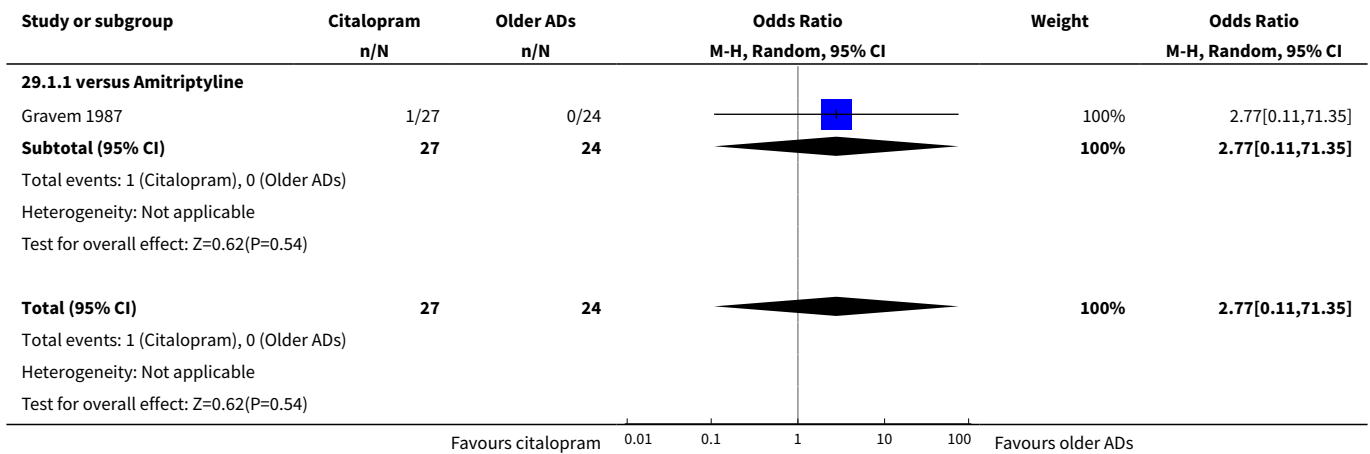
**Analysis 28.2. Comparison 28 SE - Confusion, Outcome 2 Citalopram versus other conventional ADs.**



**Comparison 29. SE - Conjunctivitis**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus TCAs	1	51	Odds Ratio (M-H, Random, 95% CI)	2.77 [0.11, 71.35]
1.1 versus Amitriptyline	1	51	Odds Ratio (M-H, Random, 95% CI)	2.77 [0.11, 71.35]

**Analysis 29.1. Comparison 29 SE - Conjunctivitis, Outcome 1 Citalopram versus TCAs.**

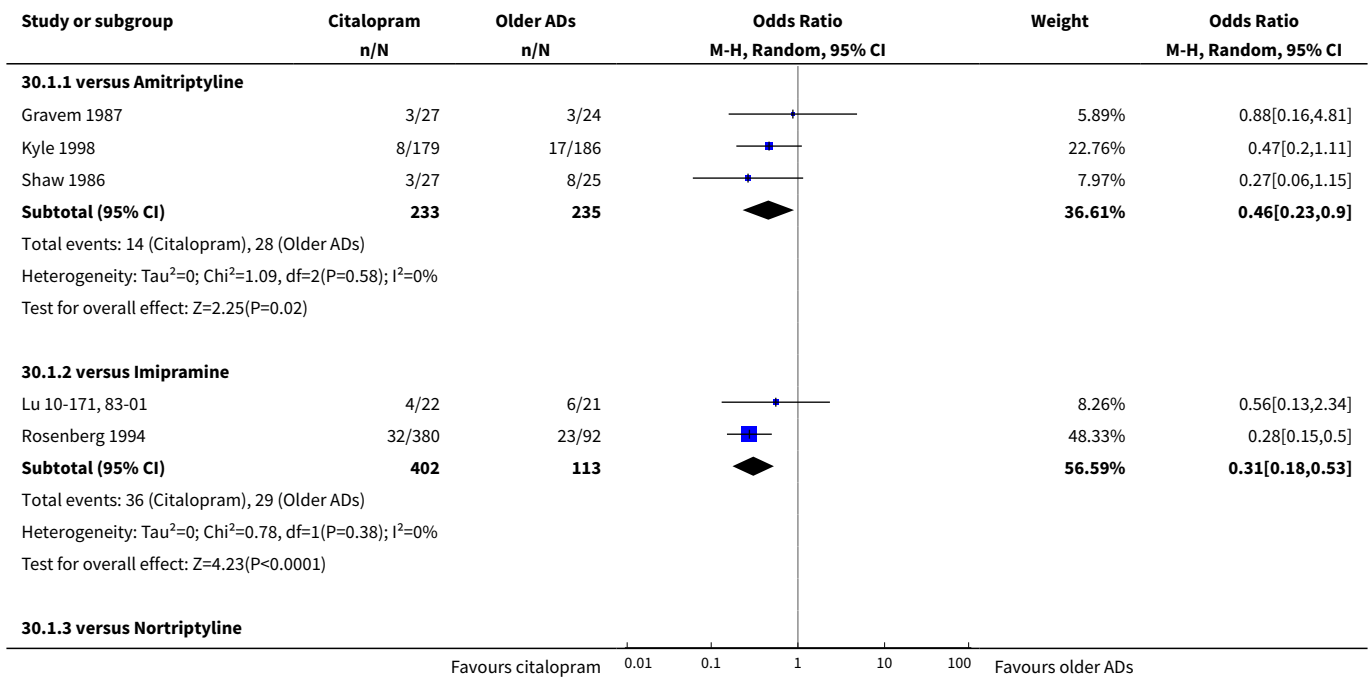


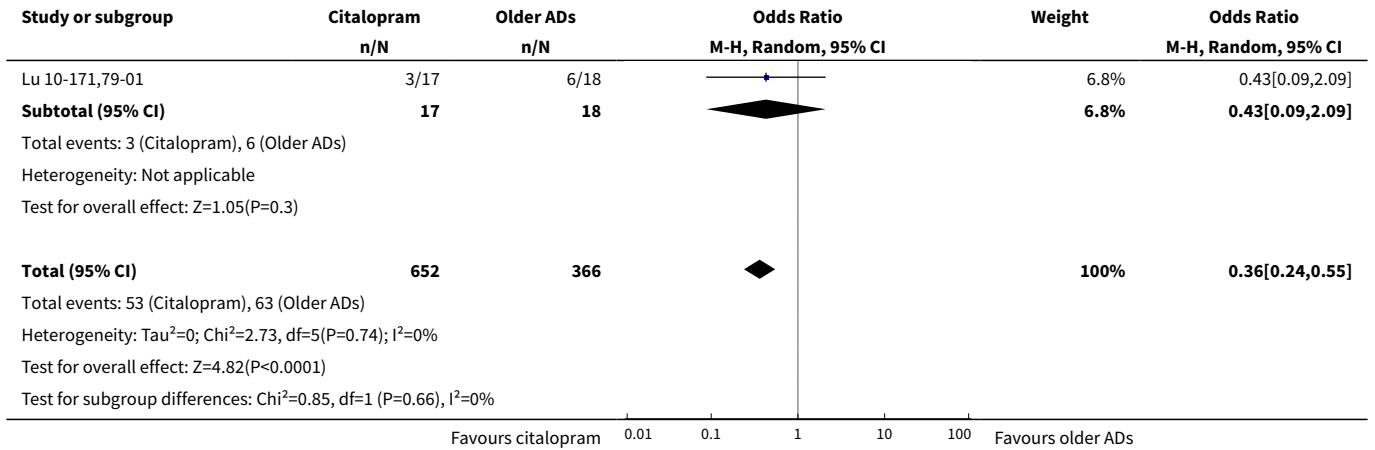
**Comparison 30. SE - Constipation**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus TCAs	6	1018	Odds Ratio (M-H, Random, 95% CI)	0.36 [0.24, 0.55]
1.1 versus Amitriptyline	3	468	Odds Ratio (M-H, Random, 95% CI)	0.46 [0.23, 0.90]

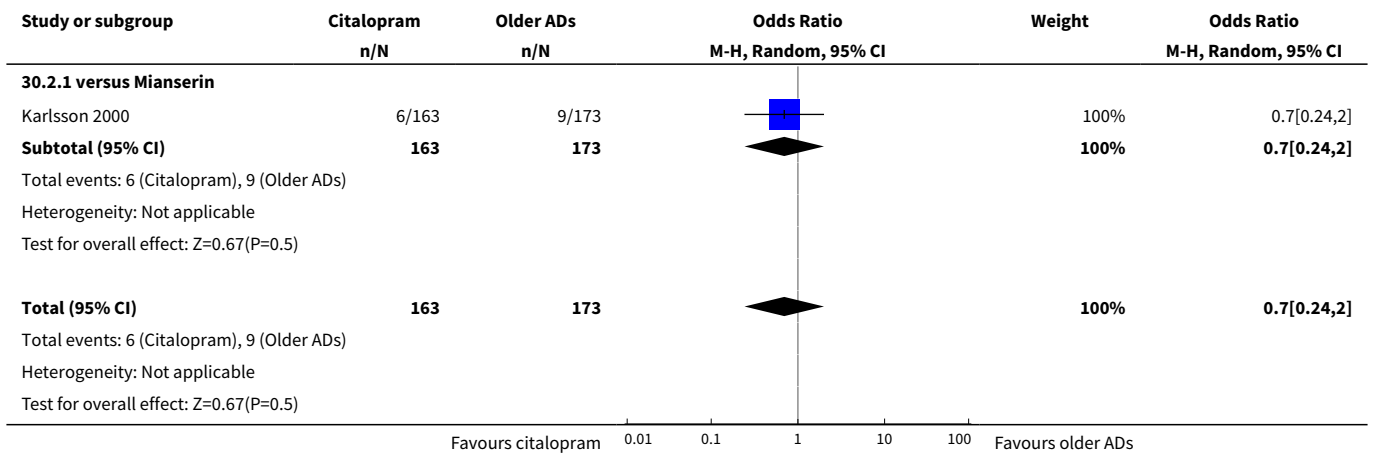
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1.2 versus Imipramine	2	515	Odds Ratio (M-H, Random, 95% CI)	0.31 [0.18, 0.53]
1.3 versus Nortriptyline	1	35	Odds Ratio (M-H, Random, 95% CI)	0.43 [0.09, 2.09]
<b>2 Citalopram versus hetero-cyclics</b>	1	336	Odds Ratio (M-H, Random, 95% CI)	0.70 [0.24, 2.00]
2.1 versus Mianserin	1	336	Odds Ratio (M-H, Random, 95% CI)	0.70 [0.24, 2.00]
<b>3 Citalopram versus other SSRIs</b>	4		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 Versus Escitalopram	1	294	Odds Ratio (M-H, Random, 95% CI)	2.82 [0.11, 69.84]
3.2 Versus Fluoxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	0.35 [0.07, 1.74]
3.3 Versus Sertraline	2	442	Odds Ratio (M-H, Random, 95% CI)	0.65 [0.23, 1.88]
<b>4 Citalopram versus SNRIs</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
4.1 Versus Venlafaxine XR	1	151	Odds Ratio (M-H, Random, 95% CI)	2.64 [0.50, 14.07]
<b>5 Citalopram versus other conventional ADs</b>	2		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
5.1 versus Reboxetine	2	458	Odds Ratio (M-H, Random, 95% CI)	0.06 [0.00, 0.90]

**Analysis 30.1. Comparison 30 SE - Constipation, Outcome 1 Citalopram versus TCAs.**

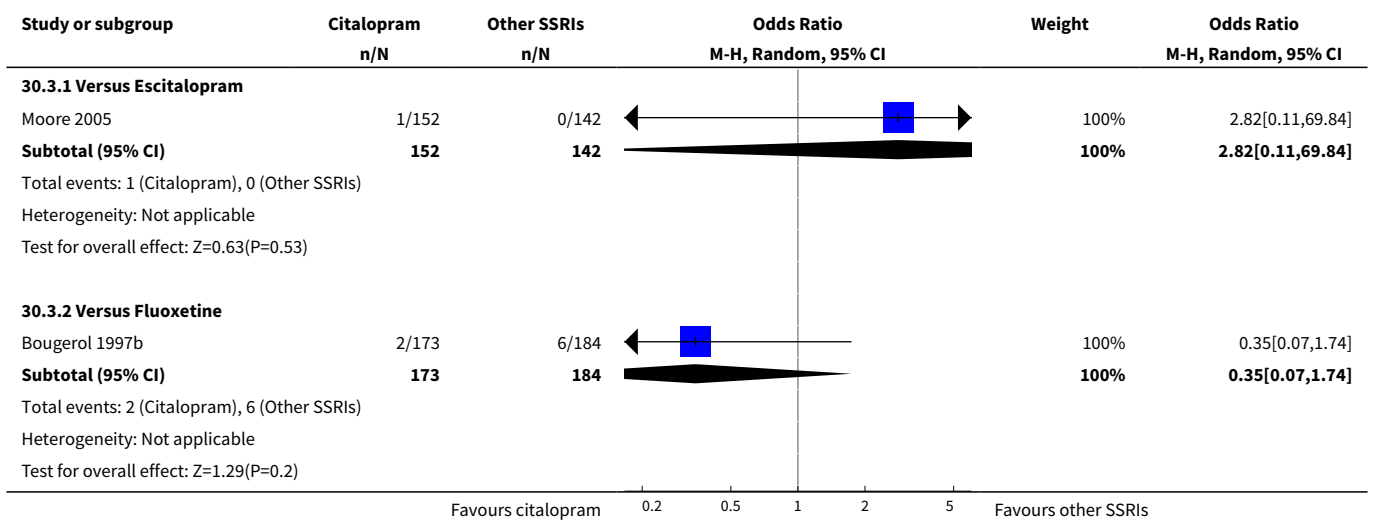




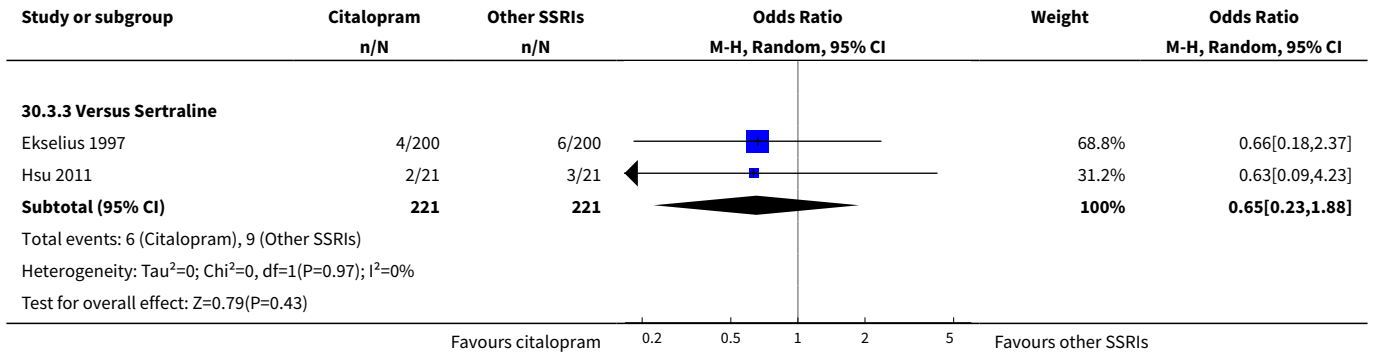
**Analysis 30.2. Comparison 30 SE - Constipation, Outcome 2 Citalopram versus heterocyclics.**



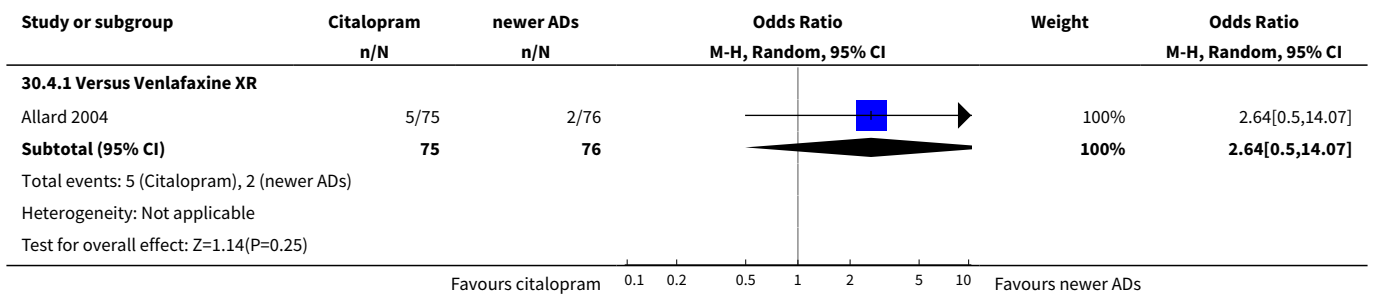
**Analysis 30.3. Comparison 30 SE - Constipation, Outcome 3 Citalopram versus other SSRIs.**



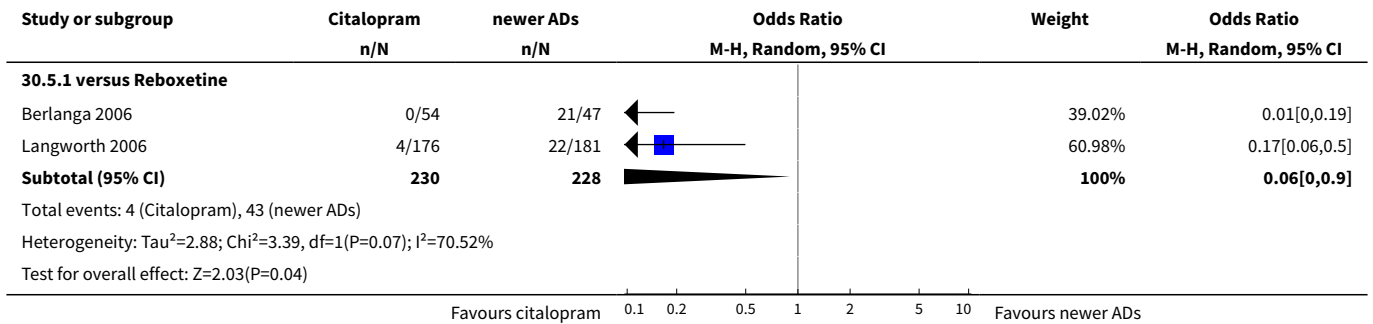




**Analysis 30.4. Comparison 30 SE - Constipation, Outcome 4 Citalopram versus SNRIs.**



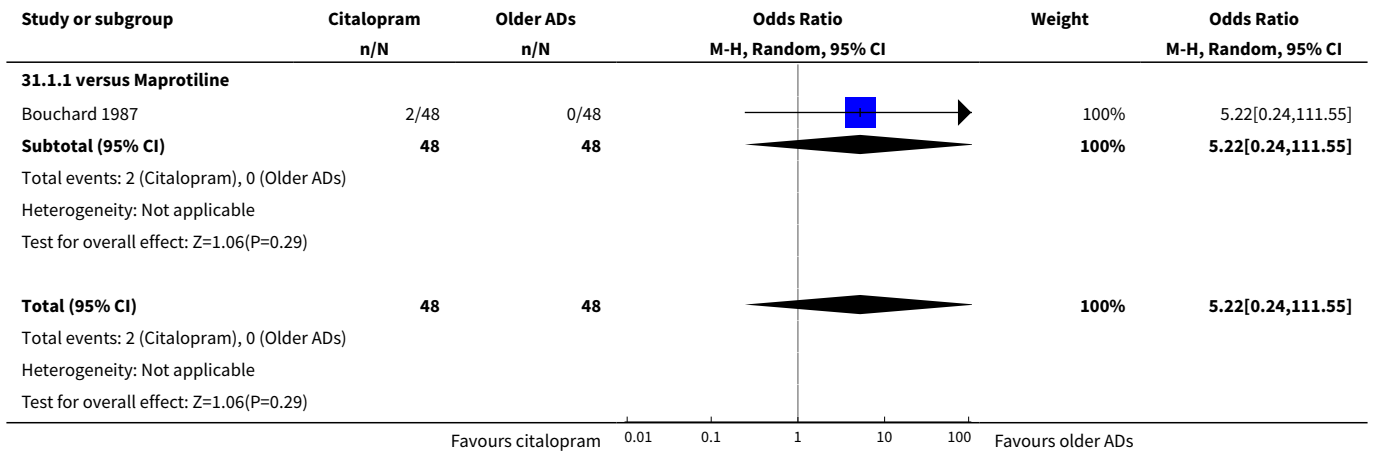
**Analysis 30.5. Comparison 30 SE - Constipation, Outcome 5 Citalopram versus other conventional ADs.**



**Comparison 31. SE - Craving for sweets**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus heterocyclics	1	96	Odds Ratio (M-H, Random, 95% CI)	5.22 [0.24, 111.55]
1.1 versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	5.22 [0.24, 111.55]

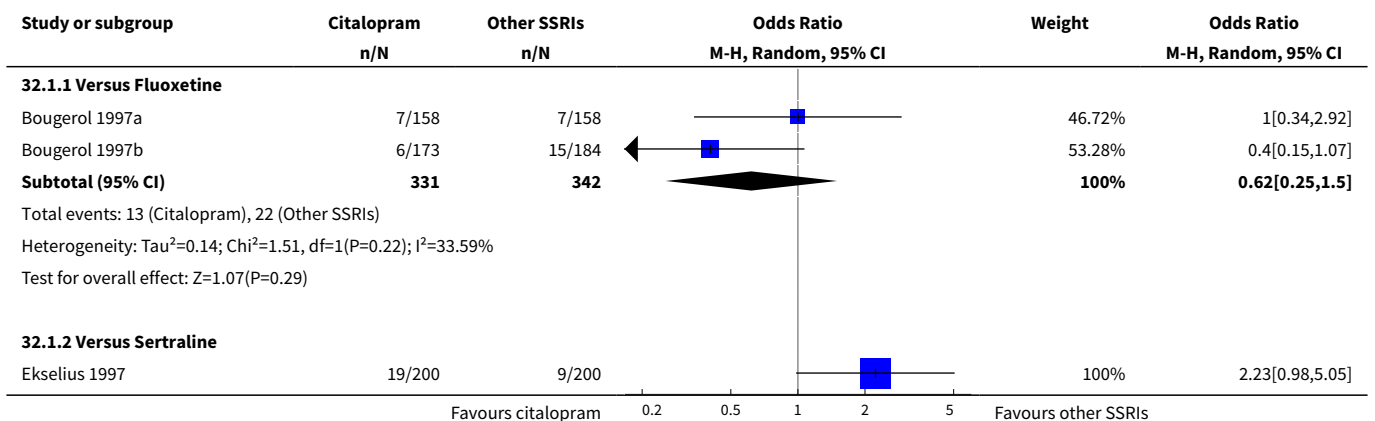
**Analysis 31.1. Comparison 31 SE - Craving for sweets, Outcome 1 Citalopram versus heterocyclics.**

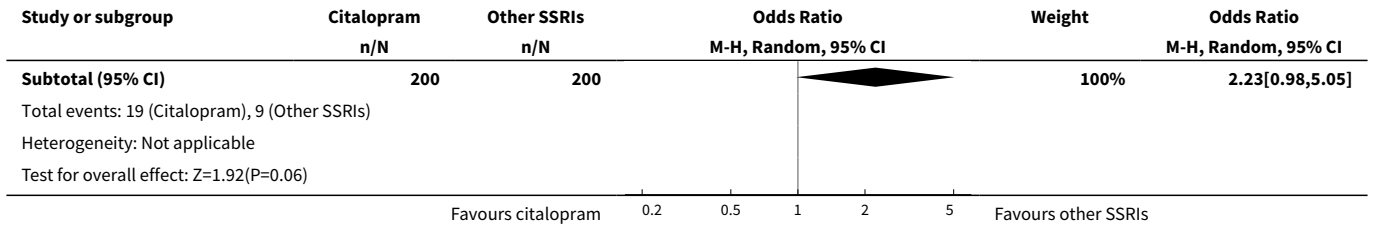


**Comparison 32. SE - Decreased weight**

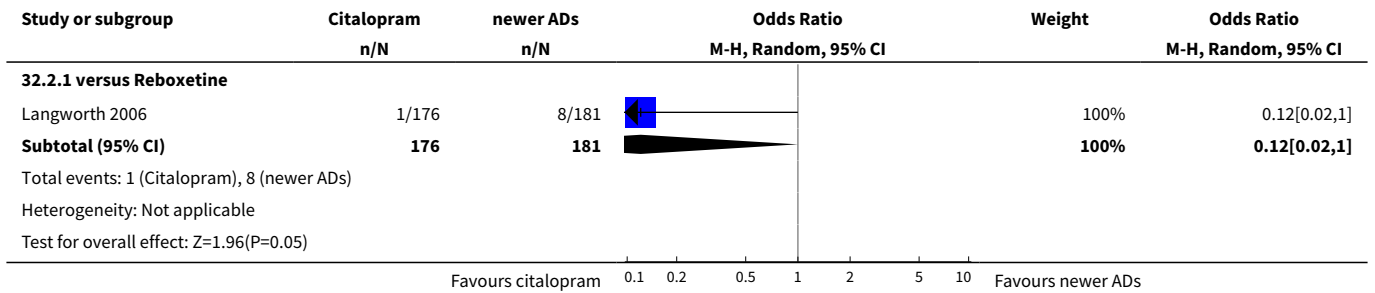
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<a href="#">1 Citalopram versus other SSRIs</a>	3		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 Versus Fluoxetine	2	673	Odds Ratio (M-H, Random, 95% CI)	0.62 [0.25, 1.50]
1.2 Versus Sertraline	1	400	Odds Ratio (M-H, Random, 95% CI)	2.23 [0.98, 5.05]
<a href="#">2 Citalopram versus other conventional ADs</a>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
2.1 versus Reboxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	0.12 [0.02, 1.00]

**Analysis 32.1. Comparison 32 SE - Decreased weight, Outcome 1 Citalopram versus other SSRIs.**





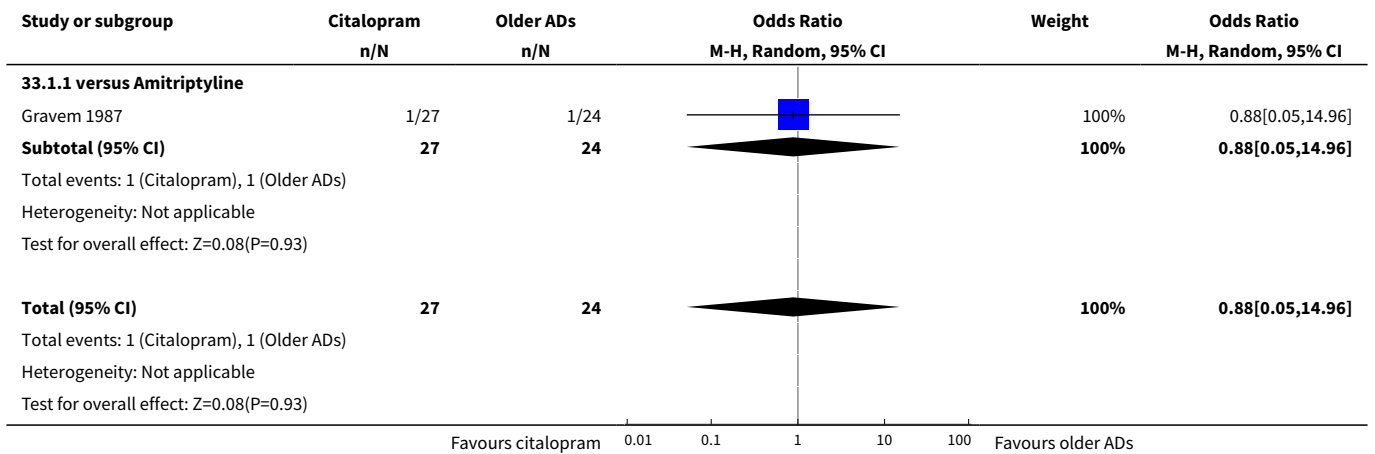
**Analysis 32.2. Comparison 32 SE - Decreased weight, Outcome 2 Citalopram versus other conventional ADs.**



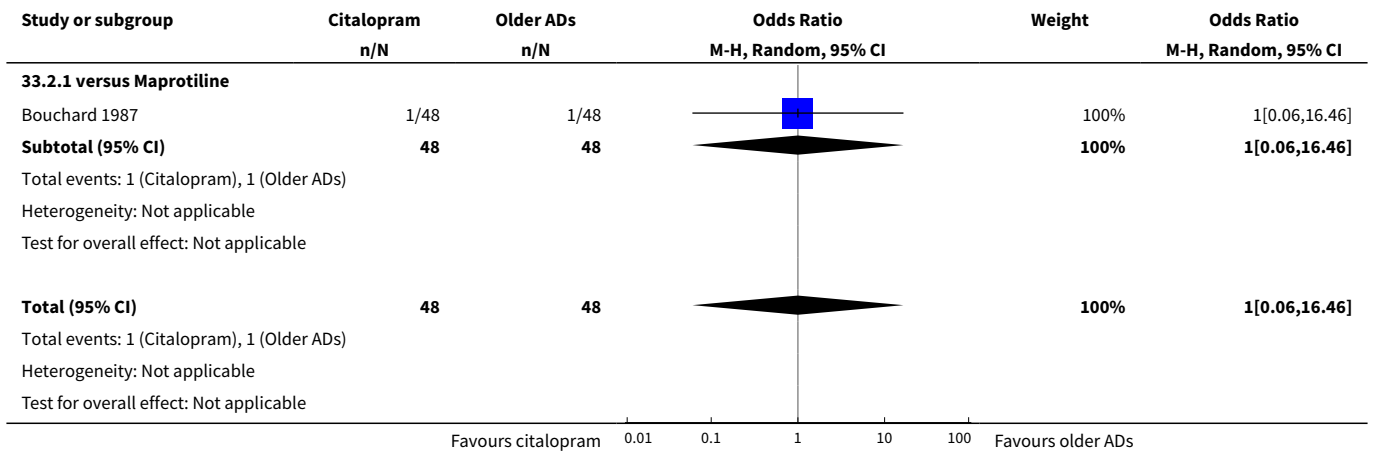
**Comparison 33. SE - Dermatological problems**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<a href="#">1 Citalopram versus TCAs</a>	1	51	Odds Ratio (M-H, Random, 95% CI)	0.88 [0.05, 14.96]
1.1 versus Amitriptyline	1	51	Odds Ratio (M-H, Random, 95% CI)	0.88 [0.05, 14.96]
<a href="#">2 Citalopram versus hetero-cyclics</a>	1	96	Odds Ratio (M-H, Random, 95% CI)	1.0 [0.06, 16.46]
2.1 versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	1.0 [0.06, 16.46]
<a href="#">3 Citalopram versus other SSRIs</a>	2		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 Versus Escitalopram	1	219	Odds Ratio (M-H, Random, 95% CI)	2.0 [0.18, 22.38]
3.2 Versus Sertraline	1	400	Odds Ratio (M-H, Random, 95% CI)	1.21 [0.36, 4.02]
<a href="#">4 Citalopram versus non-conventional ADs</a>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
4.1 versus Hypericum (St. John's wort)	1	258	Odds Ratio (M-H, Random, 95% CI)	1.57 [0.43, 5.72]

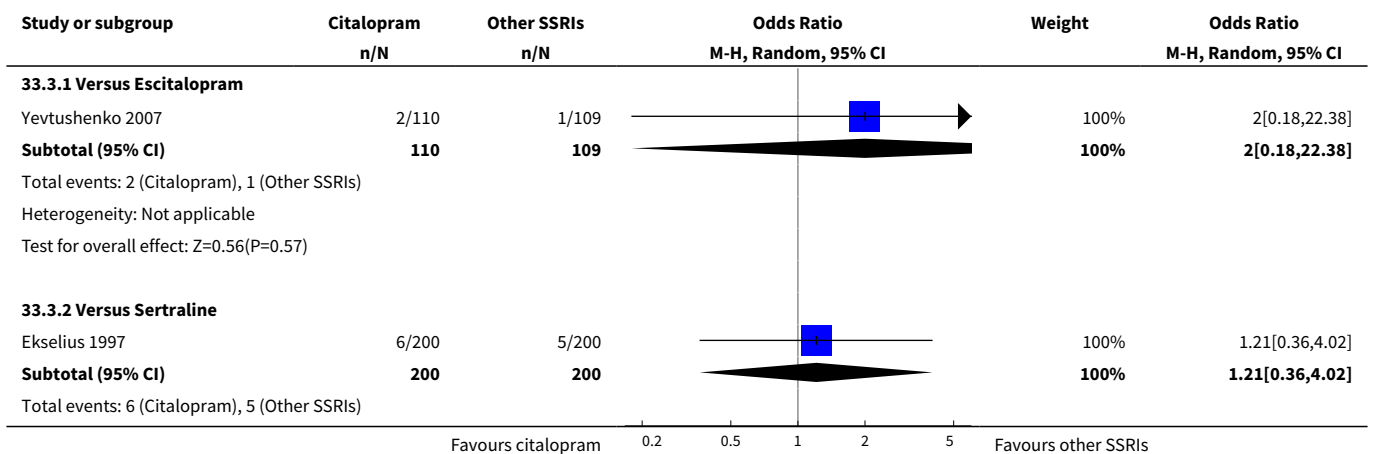
**Analysis 33.1. Comparison 33 SE - Dermatological problems, Outcome 1 Citalopram versus TCAs.**

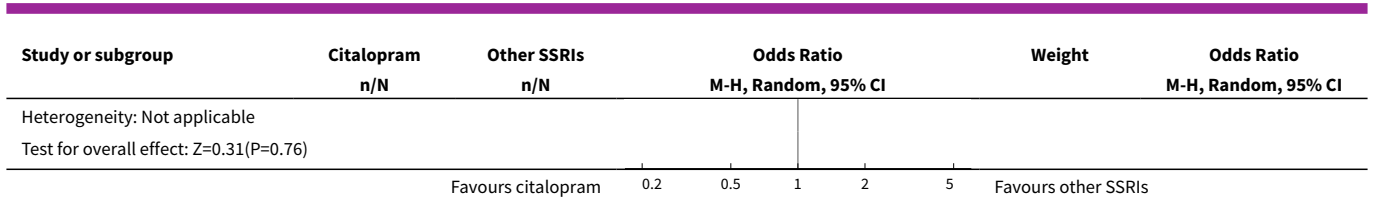


**Analysis 33.2. Comparison 33 SE - Dermatological problems, Outcome 2 Citalopram versus heterocyclics.**

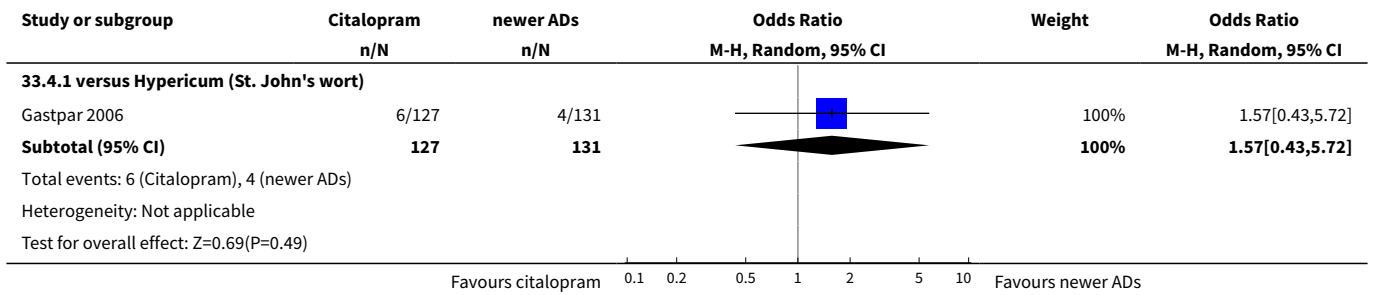


**Analysis 33.3. Comparison 33 SE - Dermatological problems, Outcome 3 Citalopram versus other SSRIs.**





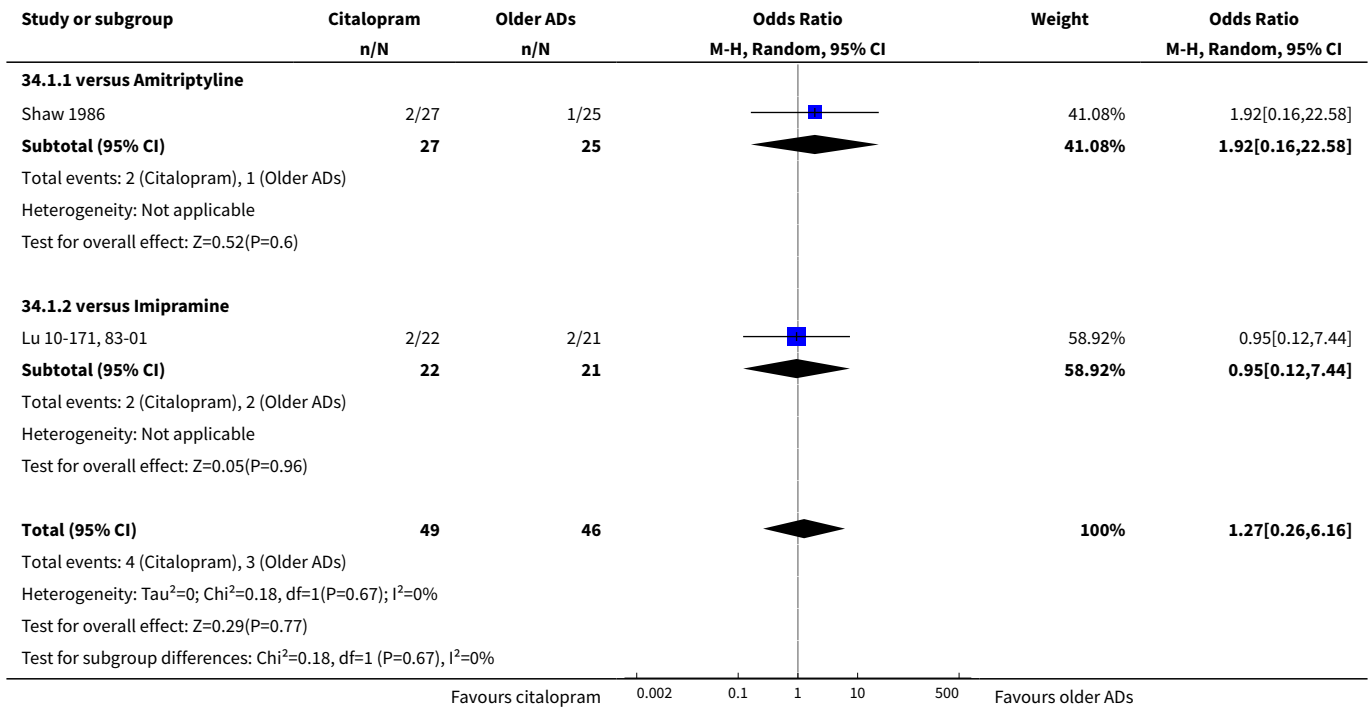
**Analysis 33.4. Comparison 33 SE - Dermatological problems, Outcome 4 Citalopram versus non-conventional ADs.**



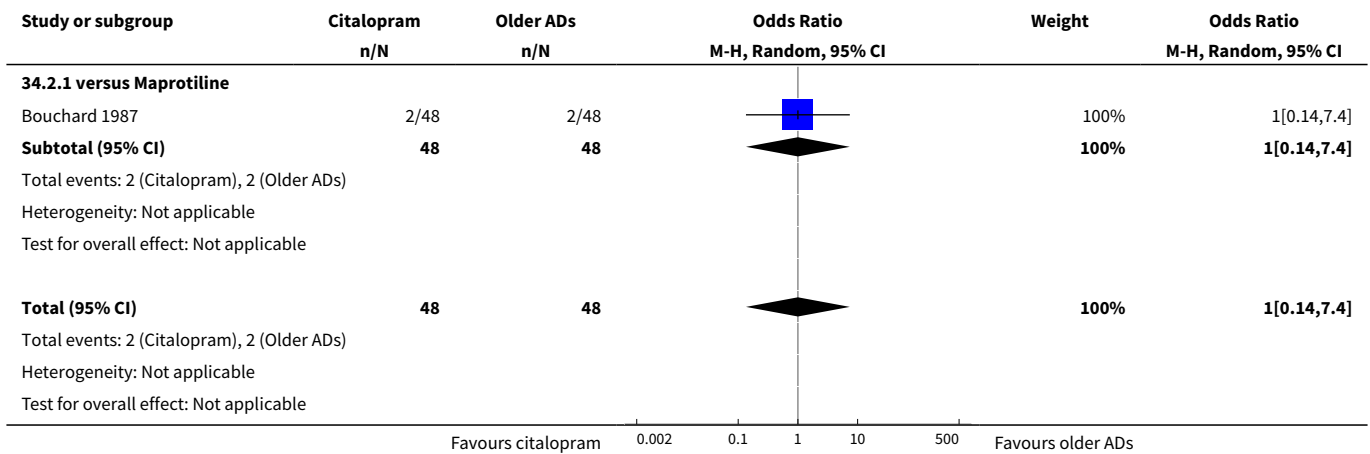
**Comparison 34. SE - Diarrhoea**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Citalopram versus TCAs</b>	2	95	Odds Ratio (M-H, Random, 95% CI)	1.27 [0.26, 6.16]
1.1 versus Amitriptyline	1	52	Odds Ratio (M-H, Random, 95% CI)	1.92 [0.16, 22.58]
1.2 versus Imipramine	1	43	Odds Ratio (M-H, Random, 95% CI)	0.95 [0.12, 7.44]
<b>2 Citalopram versus hetero-cyclics</b>	1	96	Odds Ratio (M-H, Random, 95% CI)	1.0 [0.14, 7.40]
2.1 versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	1.0 [0.14, 7.40]
<b>3 Citalopram versus other SSRIs</b>	8		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 Versus Escitalopram	4	1247	Odds Ratio (M-H, Random, 95% CI)	1.22 [0.78, 1.92]
3.2 Versus Fluoxetine	2	673	Odds Ratio (M-H, Random, 95% CI)	2.11 [0.34, 13.22]
3.3 Versus Paroxetine	1	406	Odds Ratio (M-H, Random, 95% CI)	0.73 [0.41, 1.32]
3.4 Versus Sertraline	1	400	Odds Ratio (M-H, Random, 95% CI)	0.63 [0.29, 1.37]
<b>4 Citalopram versus other conventional ADs</b>	2		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
4.1 versus Mirtazapine	1	270	Odds Ratio (M-H, Random, 95% CI)	2.13 [0.63, 7.24]
4.2 versus Reboxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	1.03 [0.20, 5.17]

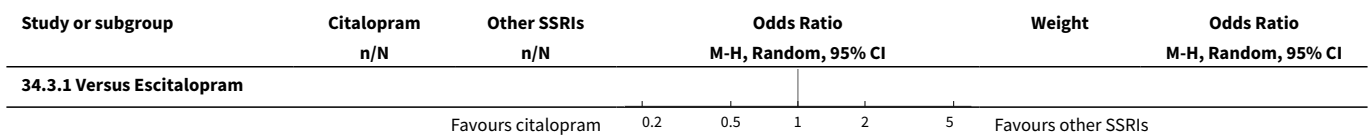
**Analysis 34.1. Comparison 34 SE - Diarrhoea, Outcome 1 Citalopram versus TCAs.**

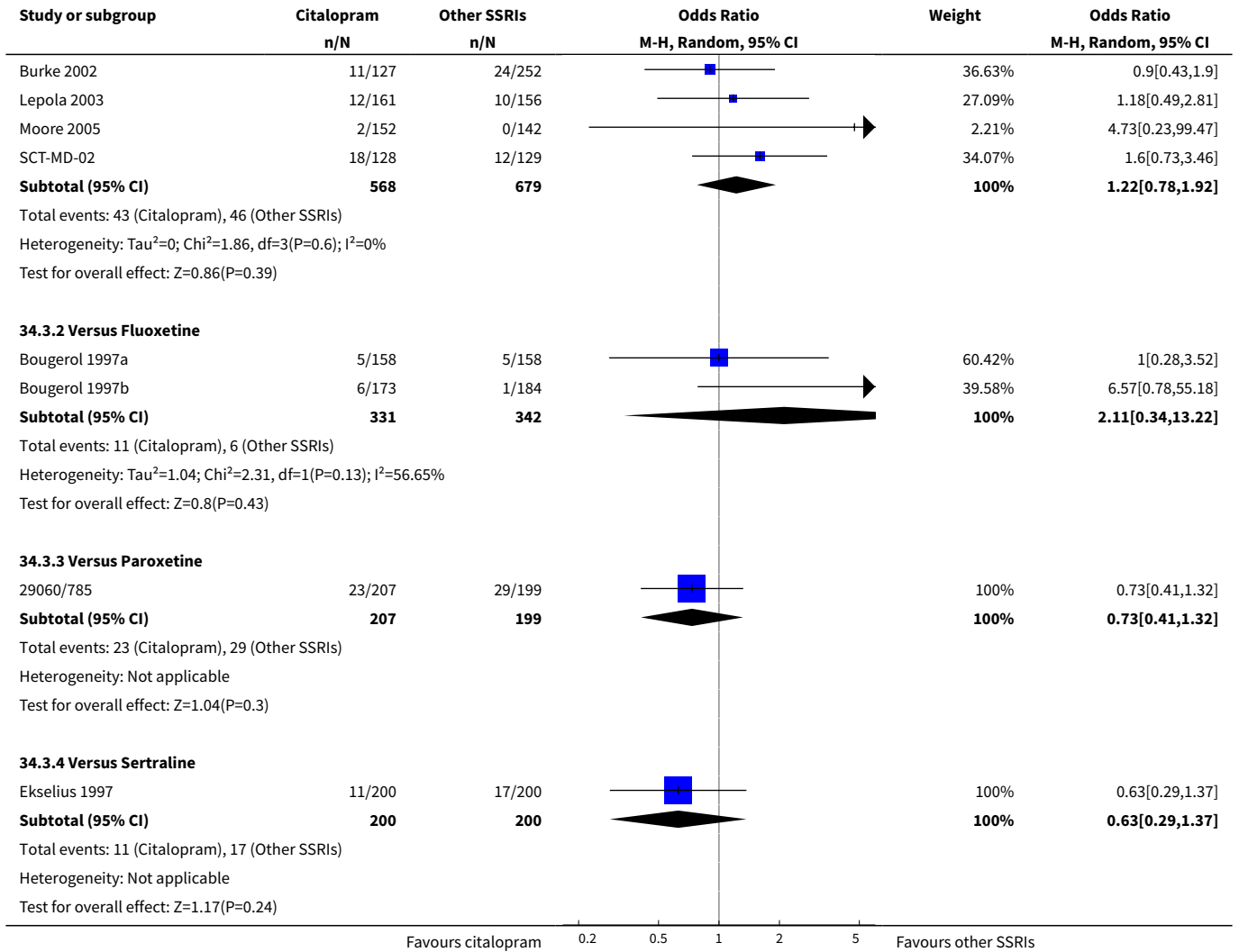


**Analysis 34.2. Comparison 34 SE - Diarrhoea, Outcome 2 Citalopram versus heterocyclics.**

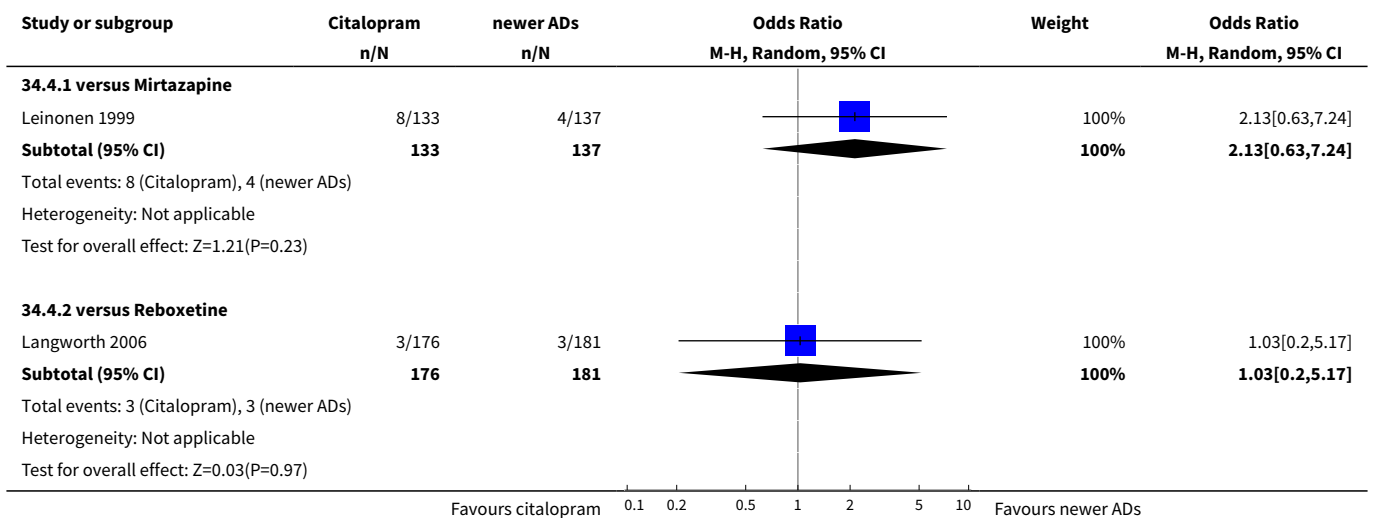


**Analysis 34.3. Comparison 34 SE - Diarrhoea, Outcome 3 Citalopram versus other SSRIs.**





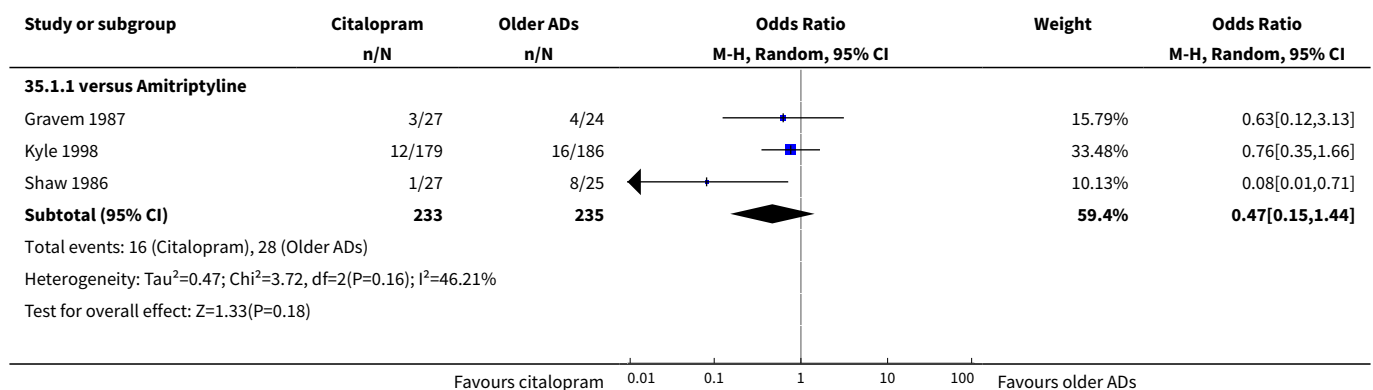
**Analysis 34.4. Comparison 34 SE - Diarrhoea, Outcome 4 Citalopram versus other conventional ADs.**



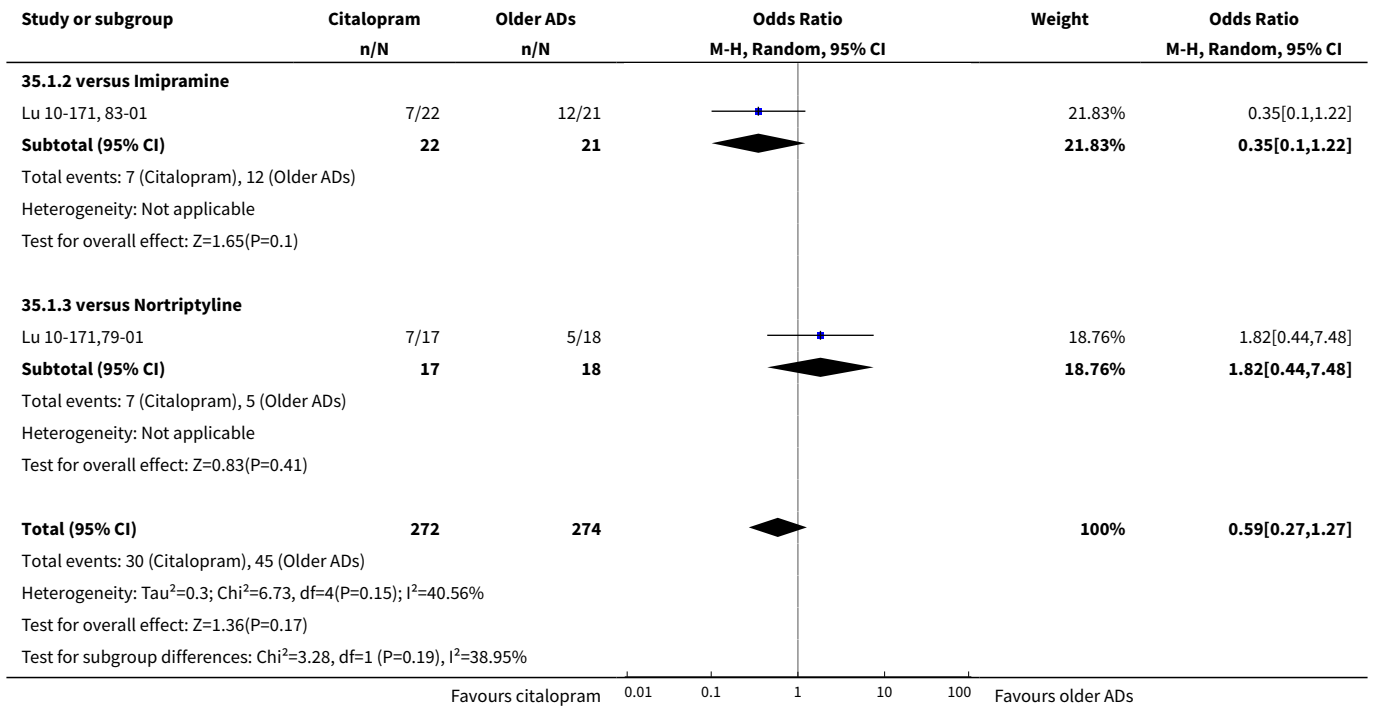
**Comparison 35. SE - Dizziness**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Citalopram versus TCAs</b>	5	546	Odds Ratio (M-H, Random, 95% CI)	0.59 [0.27, 1.27]
1.1 versus Amitriptyline	3	468	Odds Ratio (M-H, Random, 95% CI)	0.47 [0.15, 1.44]
1.2 versus Imipramine	1	43	Odds Ratio (M-H, Random, 95% CI)	0.35 [0.10, 1.22]
1.3 versus Nortriptyline	1	35	Odds Ratio (M-H, Random, 95% CI)	1.82 [0.44, 7.48]
<b>2 Citalopram versus hetero-cyclics</b>	2	432	Odds Ratio (M-H, Random, 95% CI)	0.77 [0.22, 2.68]
2.1 versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	1.47 [0.43, 5.00]
2.2 versus Mianserin	1	336	Odds Ratio (M-H, Random, 95% CI)	0.41 [0.13, 1.33]
<b>3 Citalopram versus other SSRIs</b>	6		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 Versus Escitalopram	5	1136	Odds Ratio (M-H, Random, 95% CI)	0.88 [0.43, 1.81]
3.2 Versus Sertraline	2	545	Odds Ratio (M-H, Random, 95% CI)	0.76 [0.41, 1.39]
<b>4 Citalopram versus SNRIs</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
4.1 Versus Venlafaxine XR	1	151	Odds Ratio (M-H, Random, 95% CI)	0.75 [0.16, 3.47]
<b>5 Citalopram versus other conventional ADs</b>	2		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
5.1 versus Mirtazapine	1	270	Odds Ratio (M-H, Random, 95% CI)	0.49 [0.18, 1.35]
5.2 versus Reboxetine	1	101	Odds Ratio (M-H, Random, 95% CI)	0.75 [0.31, 1.81]

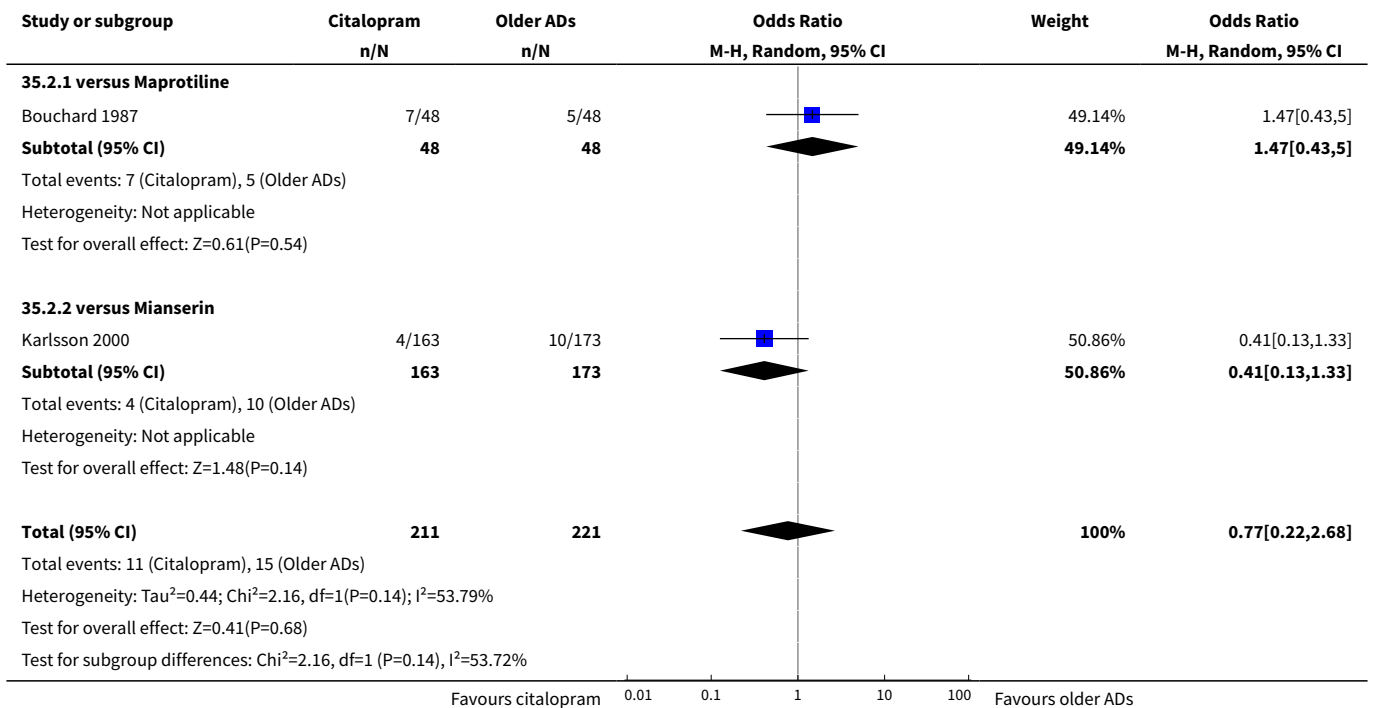
**Analysis 35.1. Comparison 35 SE - Dizziness, Outcome 1 Citalopram versus TCAs.**



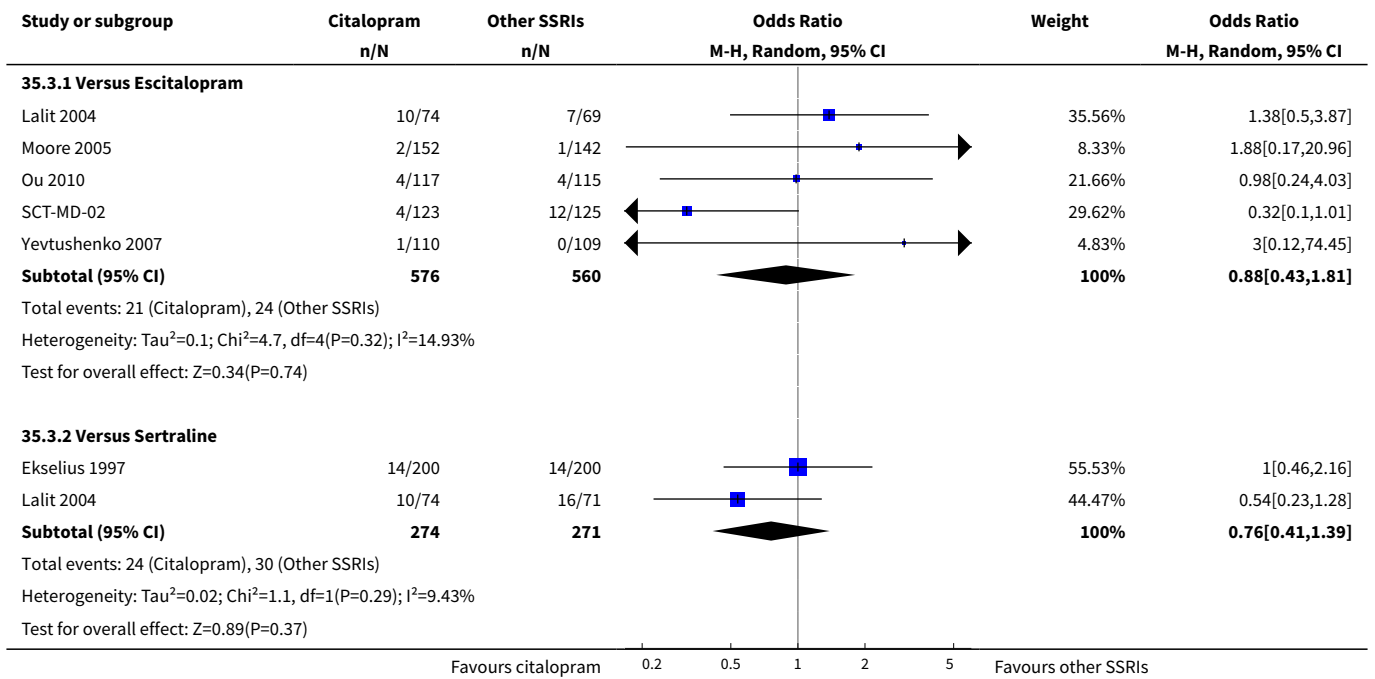




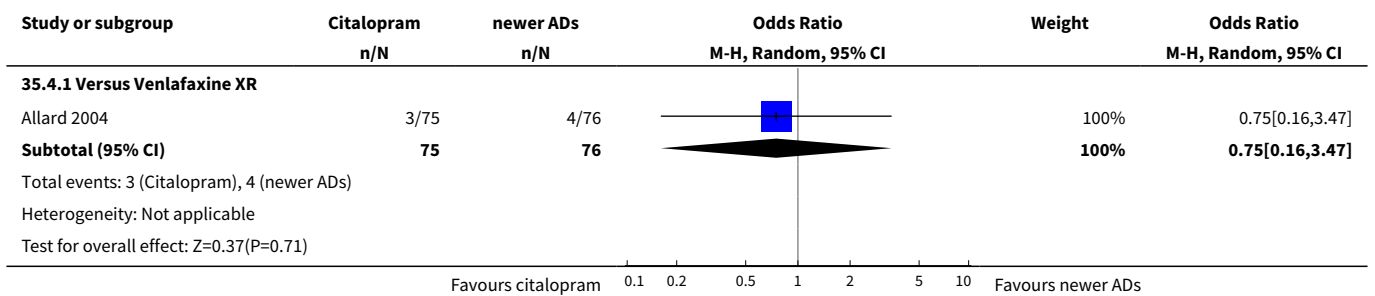
**Analysis 35.2. Comparison 35 SE - Dizziness, Outcome 2 Citalopram versus heterocyclics.**



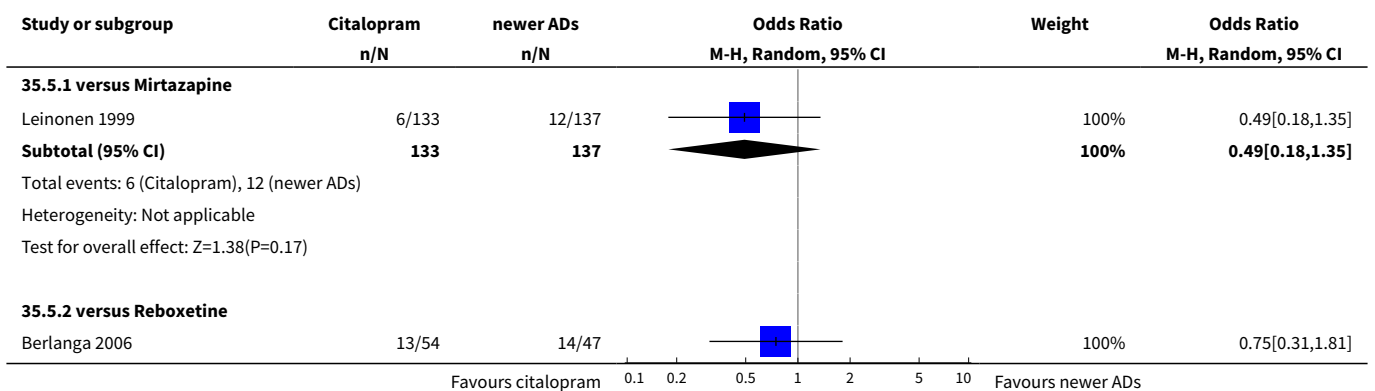
**Analysis 35.3. Comparison 35 SE - Dizziness, Outcome 3 Citalopram versus other SSRIs.**

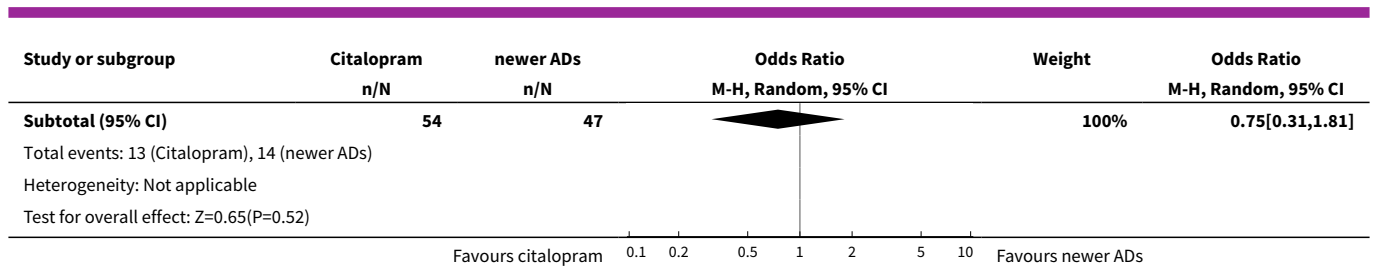


**Analysis 35.4. Comparison 35 SE - Dizziness, Outcome 4 Citalopram versus SNRIs.**



**Analysis 35.5. Comparison 35 SE - Dizziness, Outcome 5 Citalopram versus other conventional ADs.**

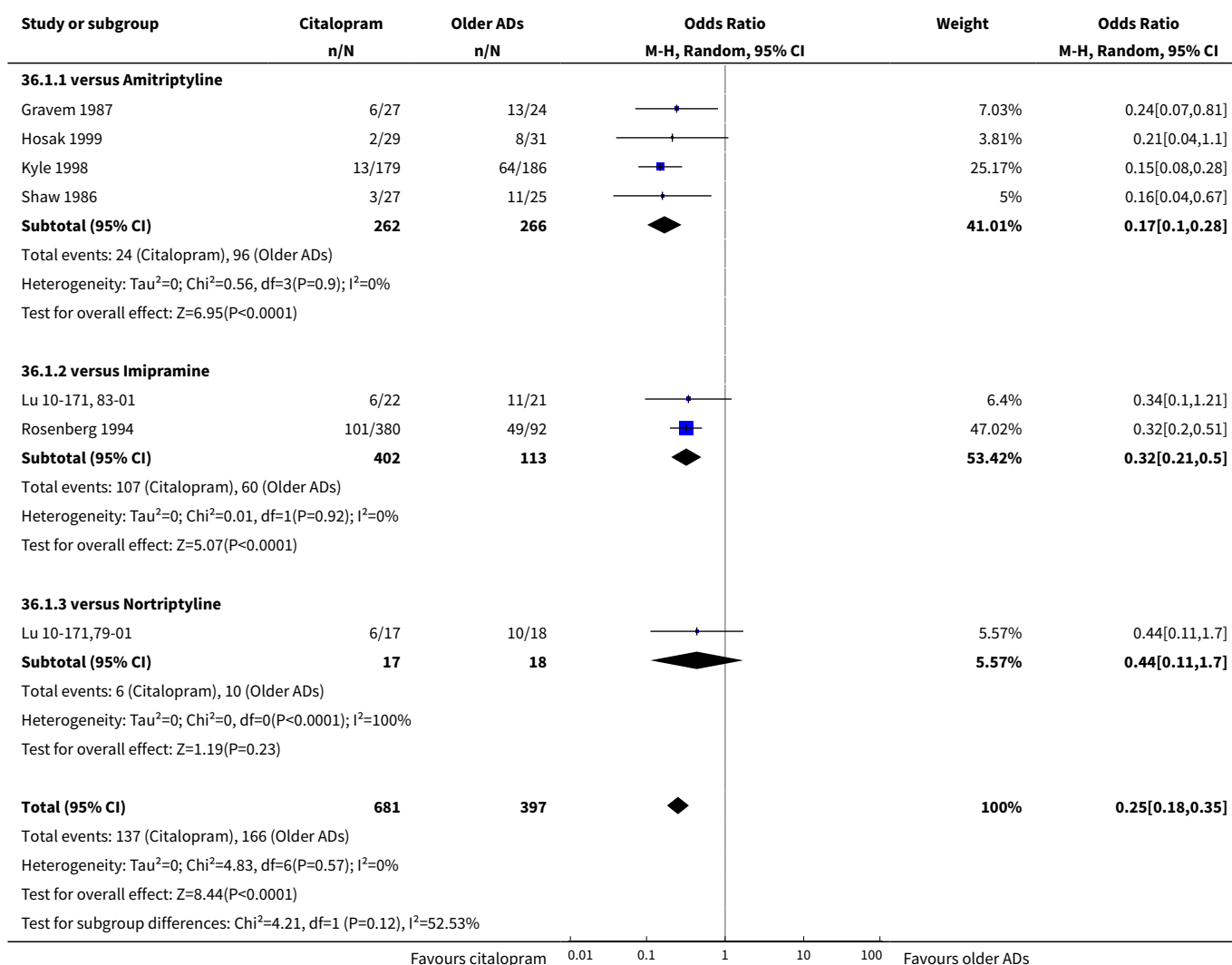




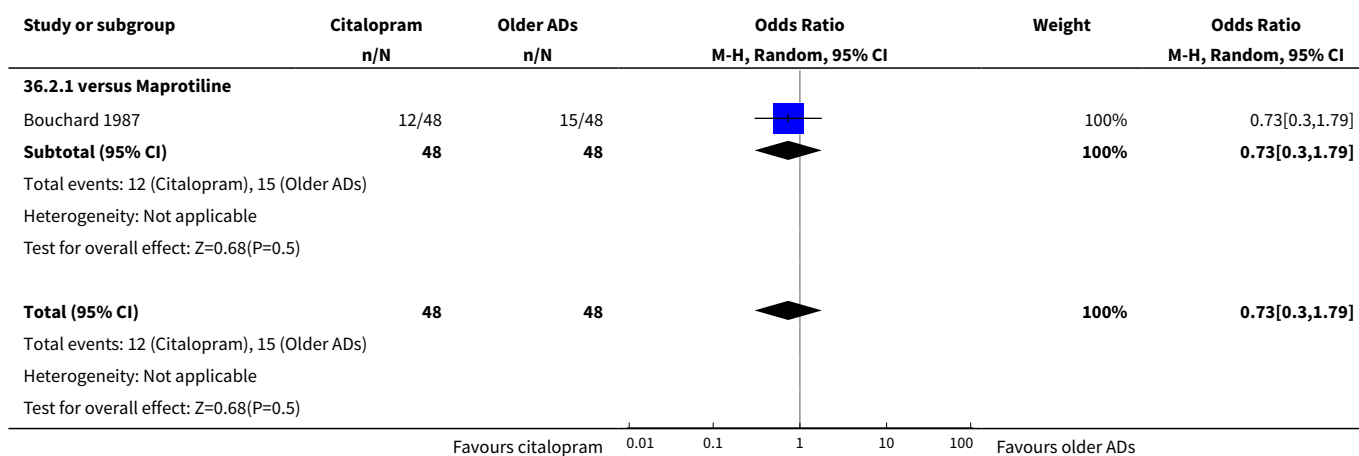
**Comparison 36. SE - Dry mouth**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Citalopram versus TCAs</b>	7	1078	Odds Ratio (M-H, Random, 95% CI)	0.25 [0.18, 0.35]
1.1 versus Amitriptyline	4	528	Odds Ratio (M-H, Random, 95% CI)	0.17 [0.10, 0.28]
1.2 versus Imipramine	2	515	Odds Ratio (M-H, Random, 95% CI)	0.32 [0.21, 0.50]
1.3 versus Nortriptyline	1	35	Odds Ratio (M-H, Random, 95% CI)	0.44 [0.11, 1.70]
<b>2 Citalopram versus heterocyclics</b>	1	96	Odds Ratio (M-H, Random, 95% CI)	0.73 [0.30, 1.79]
2.1 versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	0.73 [0.30, 1.79]
<b>3 Citalopram versus other SSRIs</b>	10		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 Versus Escitalopram	5	1457	Odds Ratio (M-H, Random, 95% CI)	0.98 [0.60, 1.62]
3.2 Versus Fluoxetine	2	416	Odds Ratio (M-H, Random, 95% CI)	0.49 [0.02, 11.57]
3.3 Versus Paroxetine	1	406	Odds Ratio (M-H, Random, 95% CI)	1.03 [0.60, 1.79]
3.4 Versus Sertraline	2	442	Odds Ratio (M-H, Random, 95% CI)	0.65 [0.35, 1.20]
<b>4 Citalopram versus SNRIs</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
4.1 Versus Venlafaxine XR	1	151	Odds Ratio (M-H, Random, 95% CI)	1.16 [0.42, 3.18]
<b>5 Citalopram versus other conventional ADs</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
5.1 versus Mirtazapine	1	270	Odds Ratio (M-H, Random, 95% CI)	0.52 [0.25, 1.10]

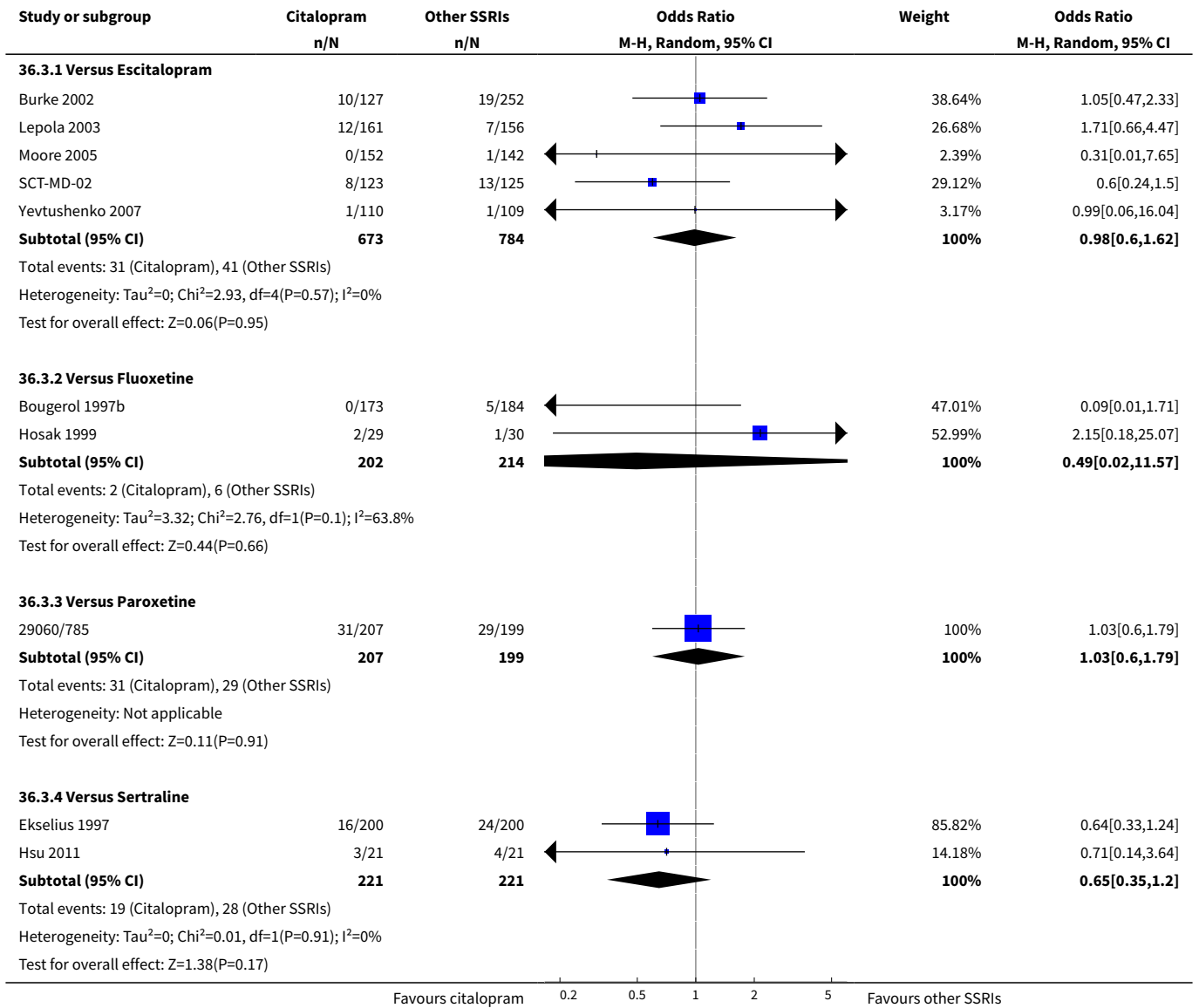
**Analysis 36.1. Comparison 36 SE - Dry mouth, Outcome 1 Citalopram versus TCAs.**



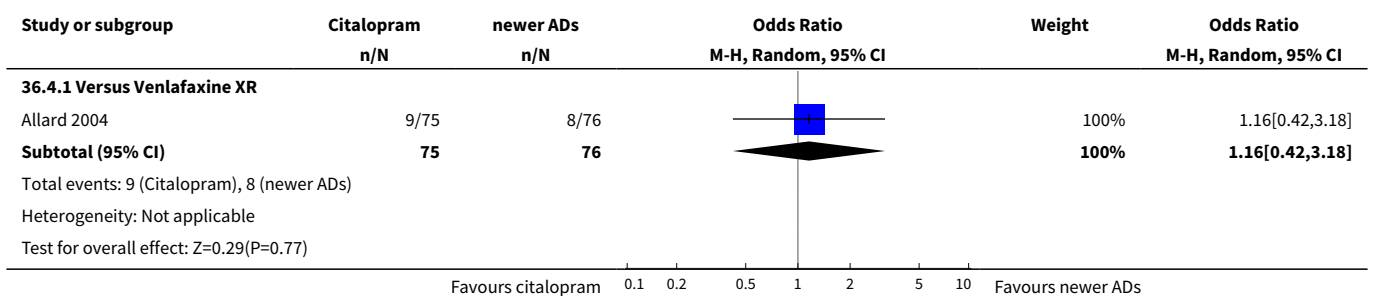
**Analysis 36.2. Comparison 36 SE - Dry mouth, Outcome 2 Citalopram versus heterocyclics.**



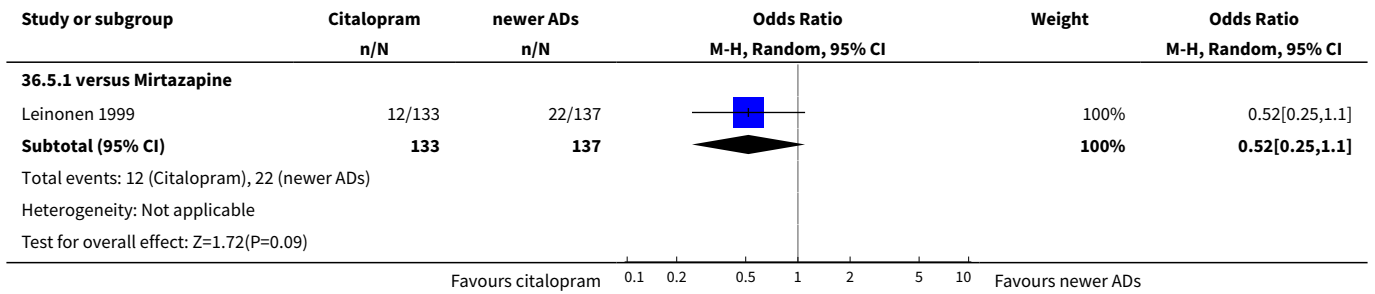
**Analysis 36.3. Comparison 36 SE - Dry mouth, Outcome 3 Citalopram versus other SSRIs.**



**Analysis 36.4. Comparison 36 SE - Dry mouth, Outcome 4 Citalopram versus SNRIs.**



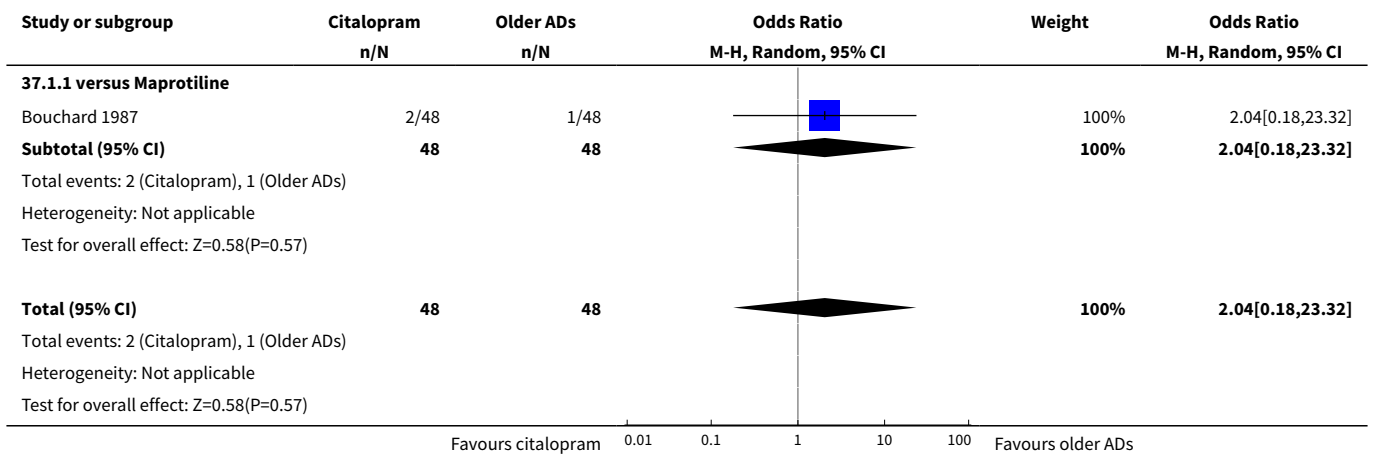
**Analysis 36.5. Comparison 36 SE - Dry mouth, Outcome 5 Citalopram versus other conventional ADs.**



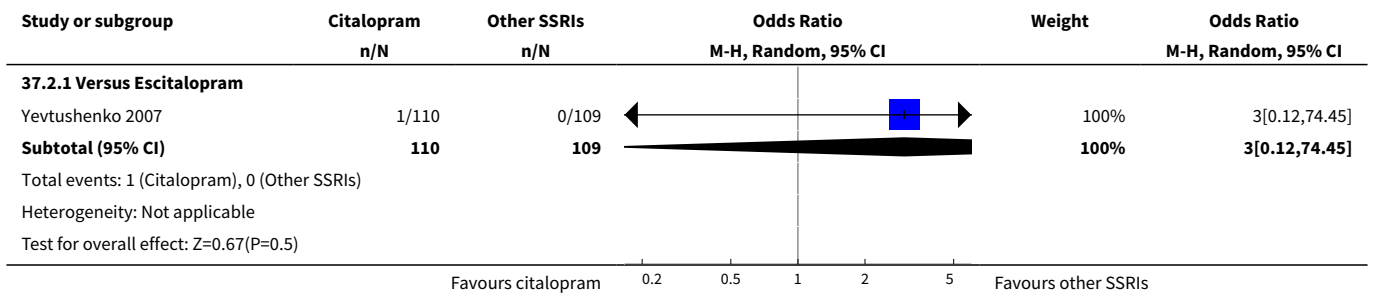
**Comparison 37. SE - Dyspepsia**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<a href="#">1 Citalopram versus heterocyclics</a>	1	96	Odds Ratio (M-H, Random, 95% CI)	2.04 [0.18, 23.32]
1.1 versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	2.04 [0.18, 23.32]
<a href="#">2 Citalopram versus other SSRIs</a>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
2.1 Versus Escitalopram	1	219	Odds Ratio (M-H, Random, 95% CI)	3.0 [0.12, 74.45]

**Analysis 37.1. Comparison 37 SE - Dyspepsia, Outcome 1 Citalopram versus heterocyclics.**



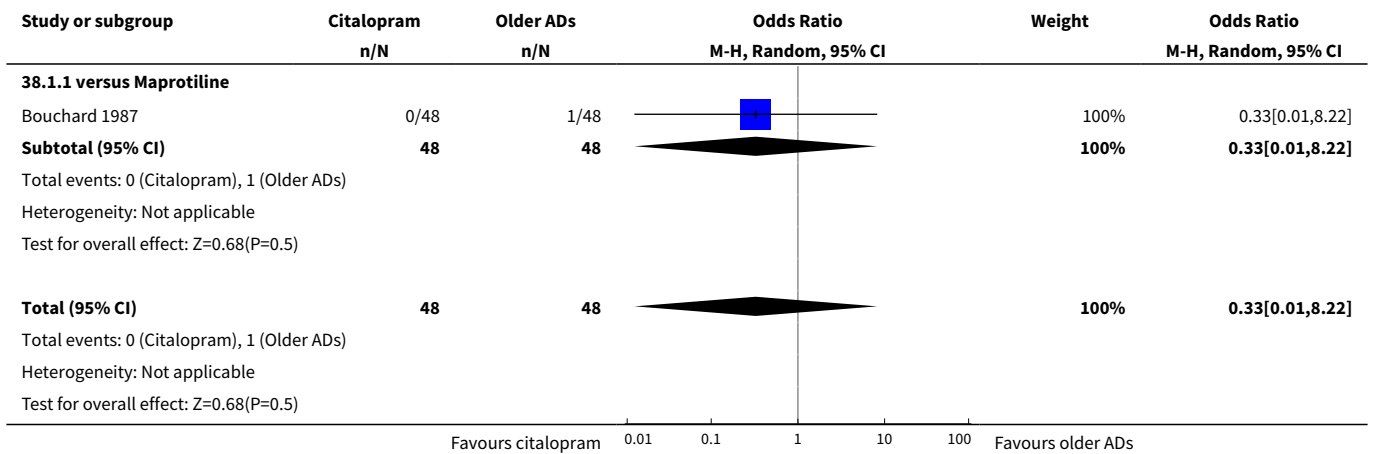
**Analysis 37.2. Comparison 37 SE - Dyspepsia, Outcome 2 Citalopram versus other SSRIs.**



**Comparison 38. SE - Dyspnea**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus heterocyclics	1	96	Odds Ratio (M-H, Random, 95% CI)	0.33 [0.01, 8.22]
1.1 versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	0.33 [0.01, 8.22]

**Analysis 38.1. Comparison 38 SE - Dyspnea, Outcome 1 Citalopram versus heterocyclics.**

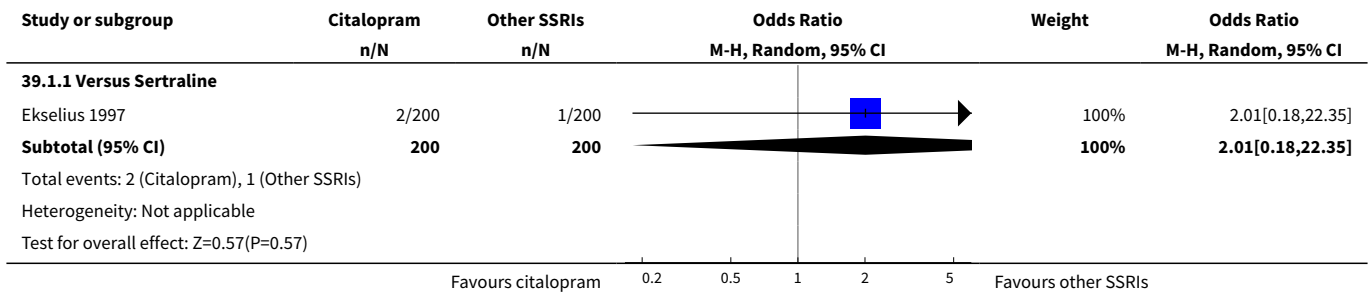


**Comparison 39. SE - Emotional indifference**

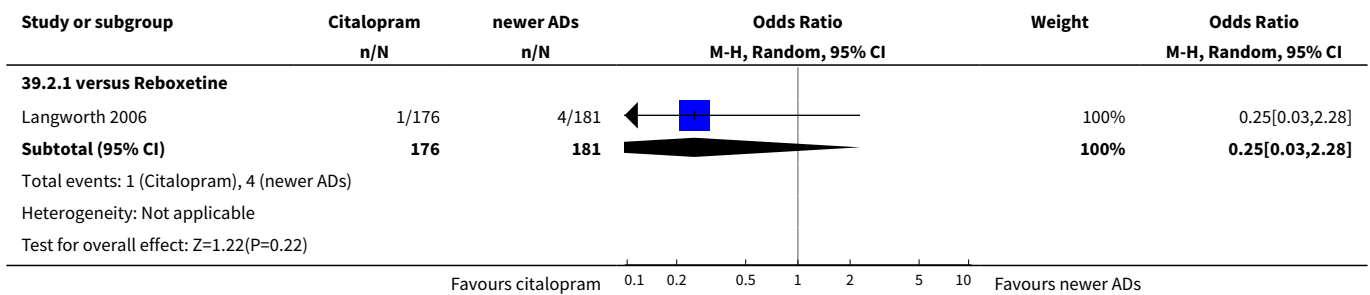
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus other SSRIs	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 Versus Sertraline	1	400	Odds Ratio (M-H, Random, 95% CI)	2.01 [0.18, 22.35]

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
2 Citalopram versus other conventional ADs	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
2.1 versus Reboxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	0.25 [0.03, 2.28]

**Analysis 39.1. Comparison 39 SE - Emotional indifference, Outcome 1 Citalopram versus other SSRIs.**



**Analysis 39.2. Comparison 39 SE - Emotional indifference, Outcome 2 Citalopram versus other conventional ADs.**

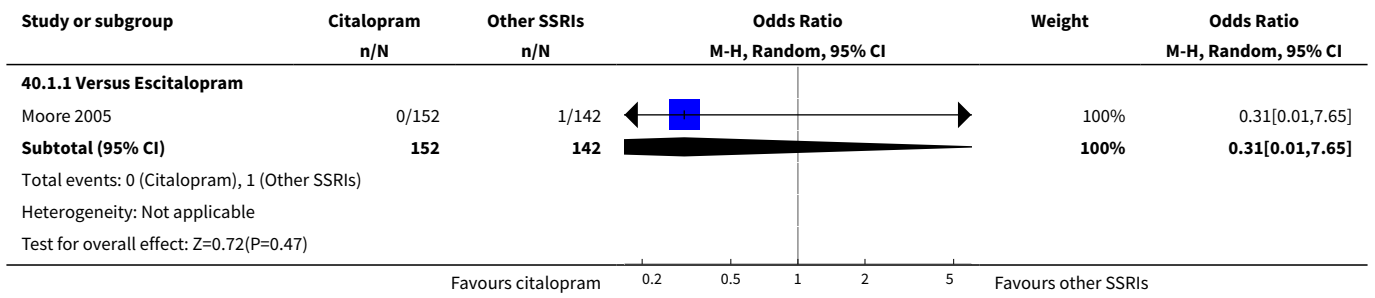


**Comparison 40. SE - Enuresis**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus other SSRIs	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 Versus Escitalopram	1	294	Odds Ratio (M-H, Random, 95% CI)	0.31 [0.01, 7.65]



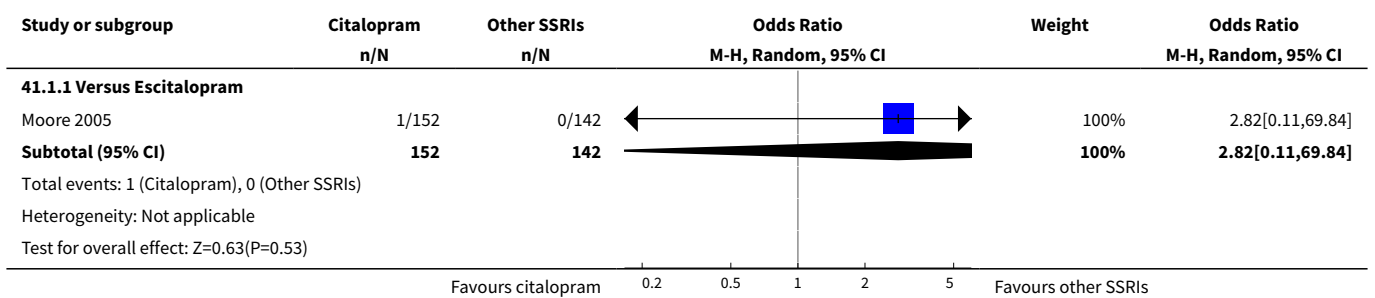
**Analysis 40.1. Comparison 40 SE - Enuresis, Outcome 1 Citalopram versus other SSRIs.**



**Comparison 41. SE - Exacerbation of depressive disorder**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus other SSRIs	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 Versus Escitalopram	1	294	Odds Ratio (M-H, Random, 95% CI)	2.82 [0.11, 69.84]

**Analysis 41.1. Comparison 41 SE - Exacerbation of depressive disorder, Outcome 1 Citalopram versus other SSRIs.**

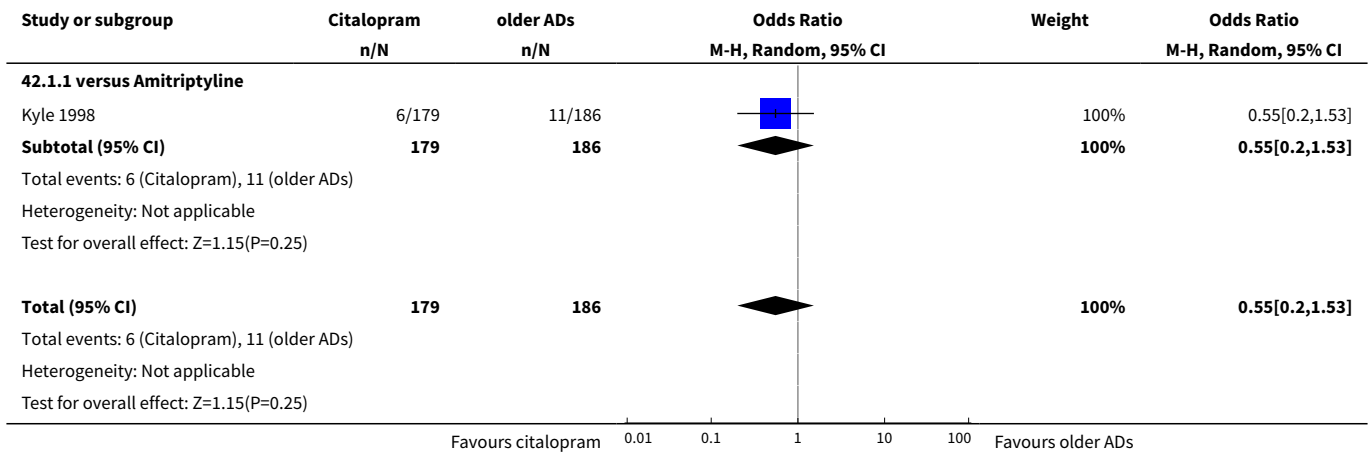


**Comparison 42. SE - Fatigue**

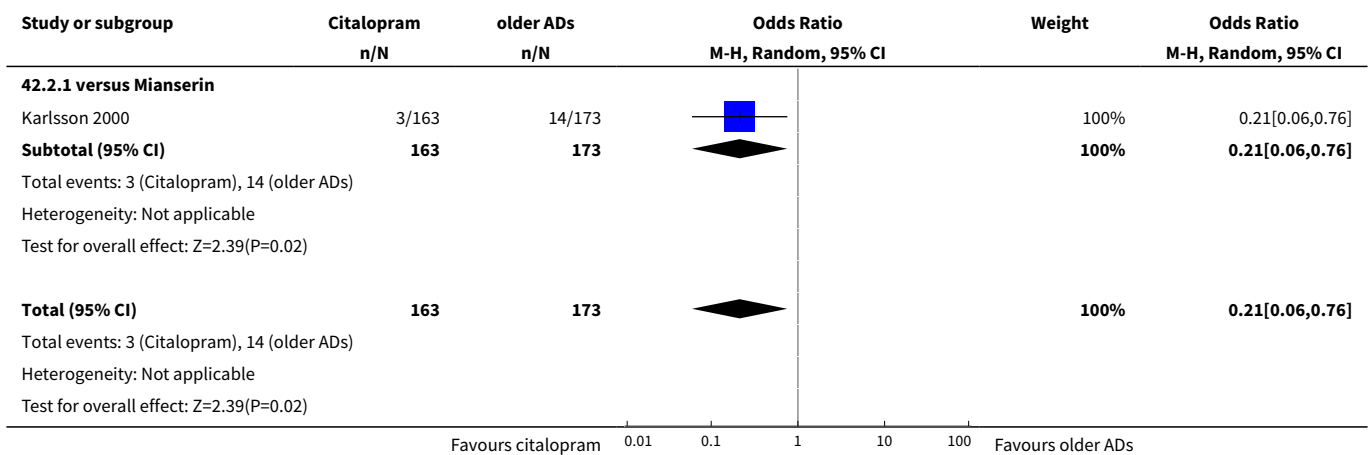
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus TCAs	1	365	Odds Ratio (M-H, Random, 95% CI)	0.55 [0.20, 1.53]
1.1 versus Amitriptyline	1	365	Odds Ratio (M-H, Random, 95% CI)	0.55 [0.20, 1.53]
2 Citalopram versus hetero-cyclics	1	336	Odds Ratio (M-H, Random, 95% CI)	0.21 [0.06, 0.76]
2.1 versus Mianserin	1	336	Odds Ratio (M-H, Random, 95% CI)	0.21 [0.06, 0.76]
3 Citalopram versus other SSRIs	2		Odds Ratio (M-H, Random, 95% CI)	Subtotals only

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
3.1 Versus Escitalopram	2	467	Odds Ratio (M-H, Random, 95% CI)	0.31 [0.12, 0.84]
4 Citalopram versus other conventional ADs	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
4.1 versus Mirtazapine	1	270	Odds Ratio (M-H, Random, 95% CI)	1.10 [0.54, 2.25]

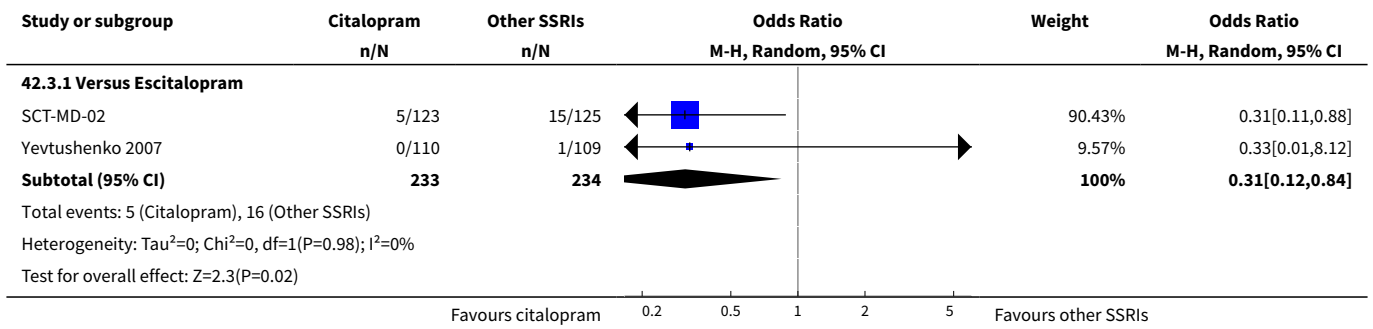
**Analysis 42.1. Comparison 42 SE - Fatigue, Outcome 1 Citalopram versus TCAs.**



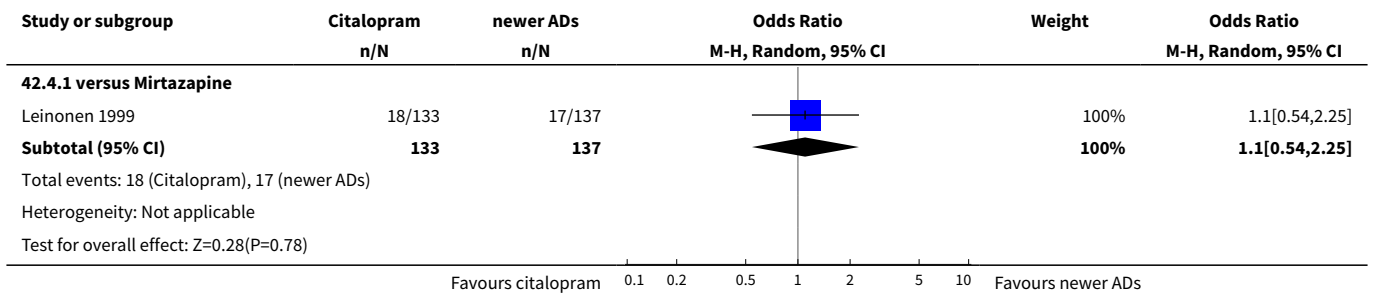
**Analysis 42.2. Comparison 42 SE - Fatigue, Outcome 2 Citalopram versus heterocyclics.**



**Analysis 42.3. Comparison 42 SE - Fatigue, Outcome 3 Citalopram versus other SSRIs.**



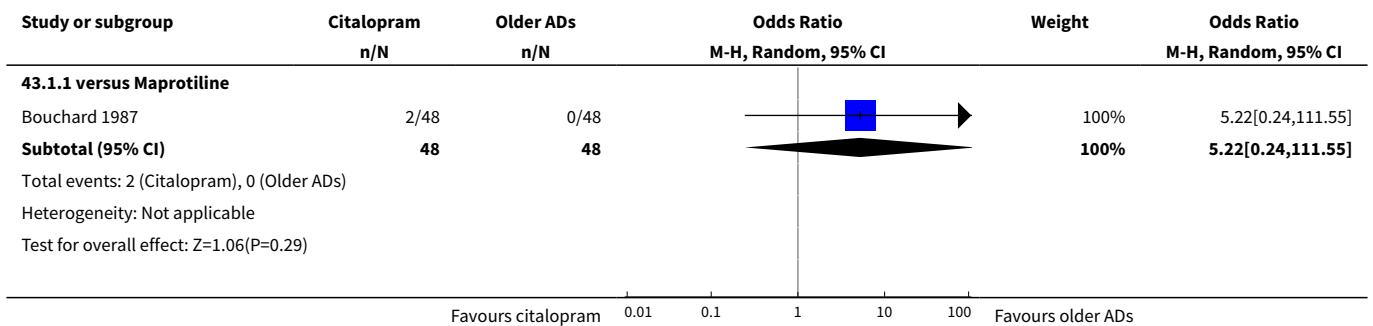
**Analysis 42.4. Comparison 42 SE - Fatigue, Outcome 4 Citalopram versus other conventional ADs.**

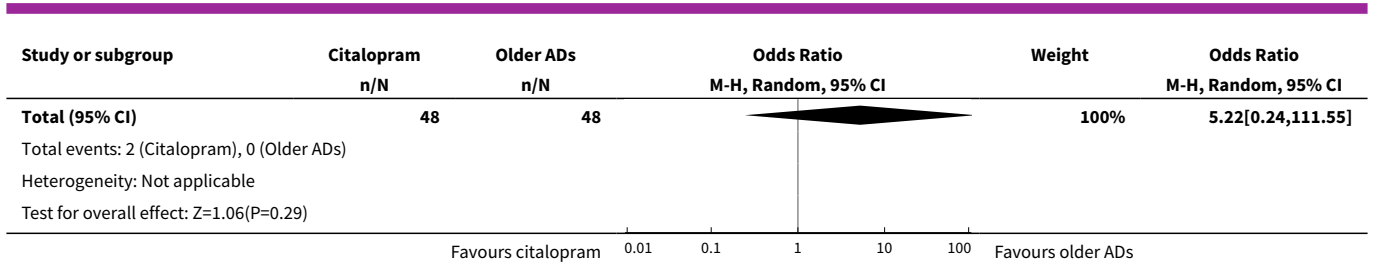


**Comparison 43. SE - Feeling of numbness**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus heterocyclics	1	96	Odds Ratio (M-H, Random, 95% CI)	5.22 [0.24, 111.55]
1.1 versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	5.22 [0.24, 111.55]

**Analysis 43.1. Comparison 43 SE - Feeling of numbness, Outcome 1 Citalopram versus heterocyclics.**

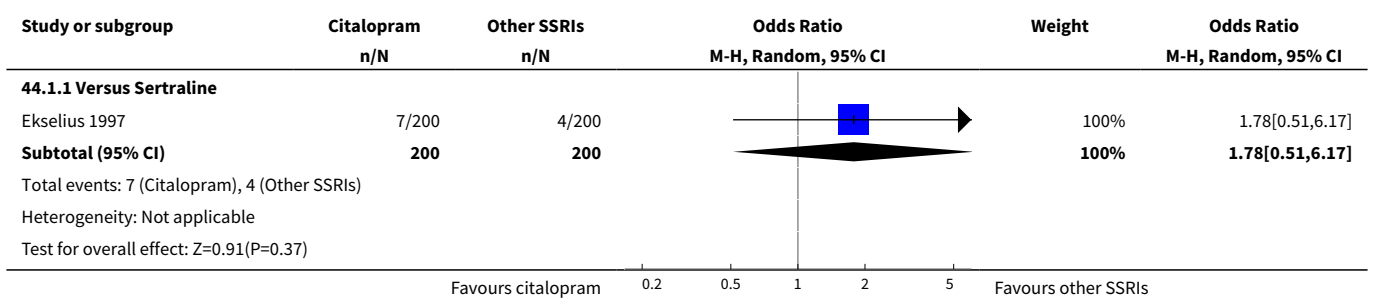




**Comparison 44. SE - Forgetfulness**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Citalopram versus other SSRIs</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 Versus Sertraline	1	400	Odds Ratio (M-H, Random, 95% CI)	1.78 [0.51, 6.17]

**Analysis 44.1. Comparison 44 SE - Forgetfulness, Outcome 1 Citalopram versus other SSRIs.**

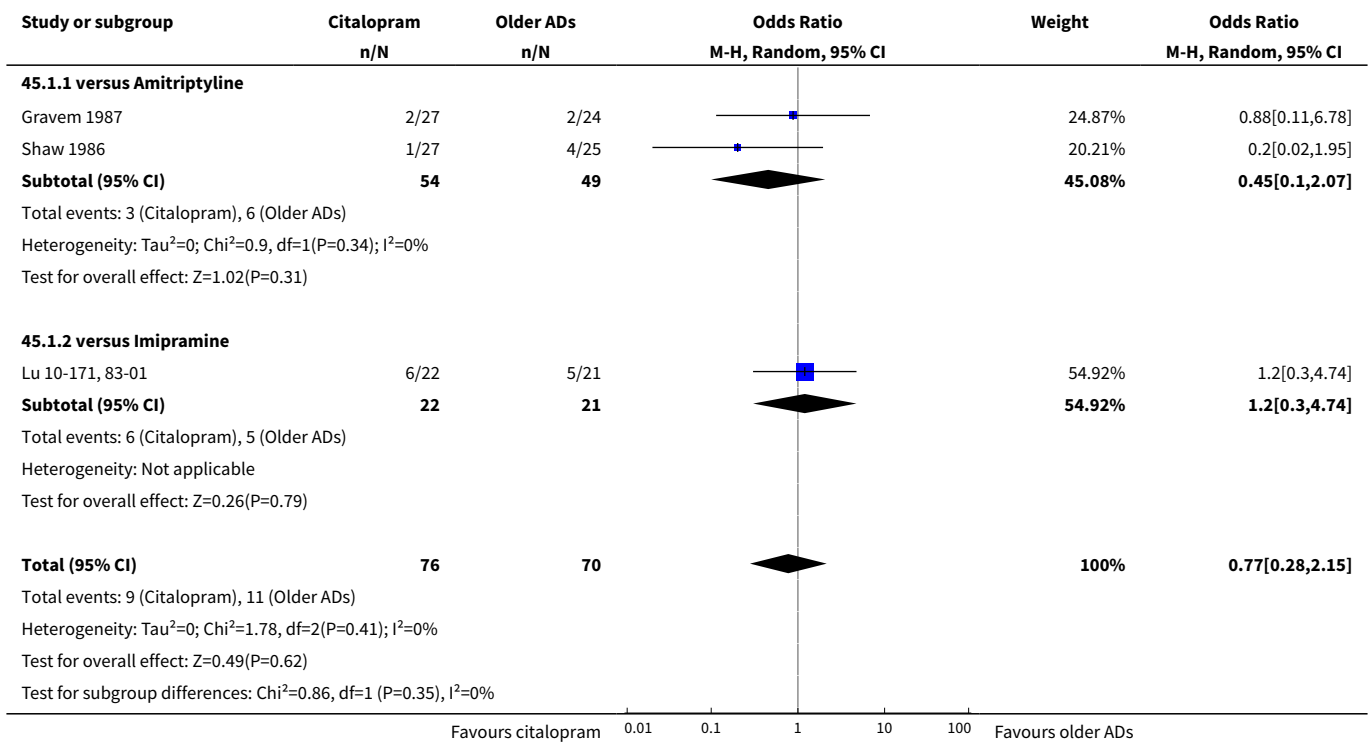


**Comparison 45. SE - Gastrointestinal**

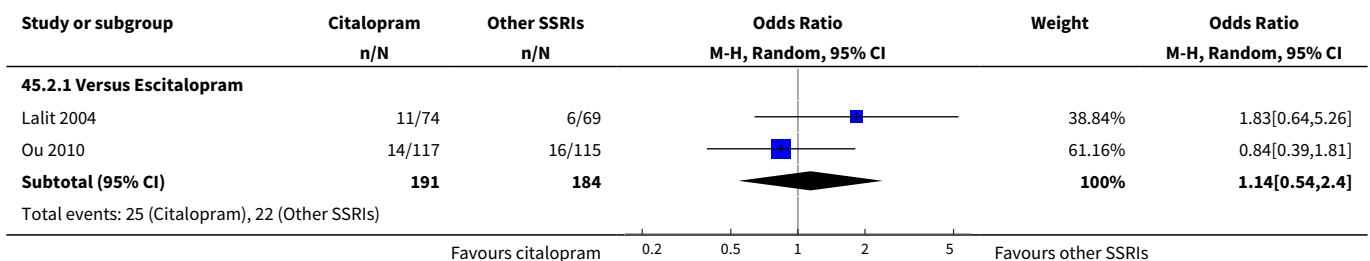
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Citalopram versus TCAs</b>	3	146	Odds Ratio (M-H, Random, 95% CI)	0.77 [0.28, 2.15]
1.1 versus Amitriptyline	2	103	Odds Ratio (M-H, Random, 95% CI)	0.45 [0.10, 2.07]
1.2 versus Imipramine	1	43	Odds Ratio (M-H, Random, 95% CI)	1.2 [0.30, 4.74]
<b>2 Citalopram versus other SSRIs</b>	3		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
2.1 Versus Escitalopram	2	375	Odds Ratio (M-H, Random, 95% CI)	1.14 [0.54, 2.40]
2.2 Versus Sertraline	2	545	Odds Ratio (M-H, Random, 95% CI)	0.62 [0.30, 1.30]

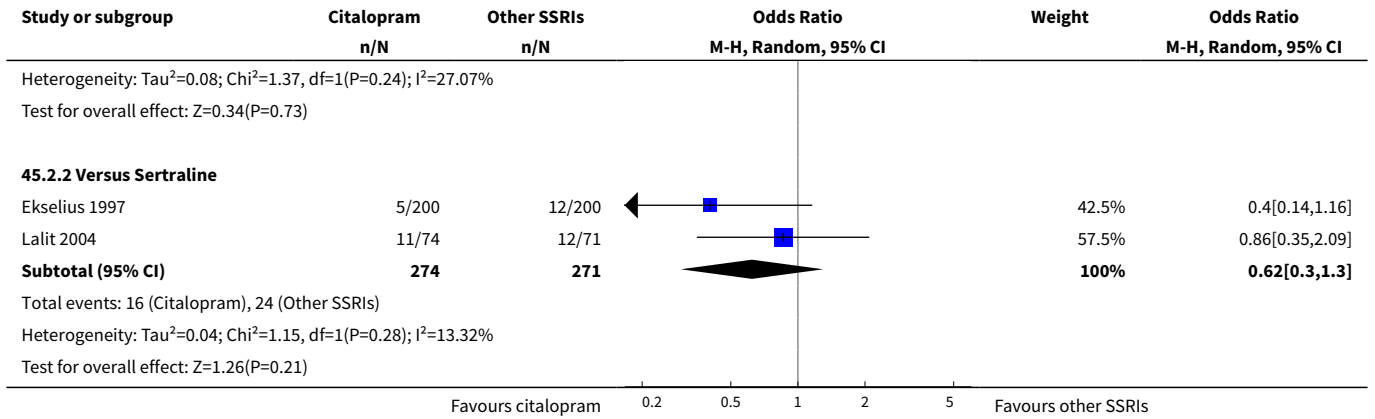
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
3 Citalopram versus MAOIs or newer ADs	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 versus Moclobemide	1	42	Odds Ratio (M-H, Random, 95% CI)	1.13 [0.28, 4.47]
4 Citalopram versus non-conventional ADs	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
4.1 versus Hypericum (St. John's wort)	1	258	Odds Ratio (M-H, Random, 95% CI)	2.41 [1.12, 5.18]

**Analysis 45.1. Comparison 45 SE - Gastrointestinal, Outcome 1 Citalopram versus TCAs.**

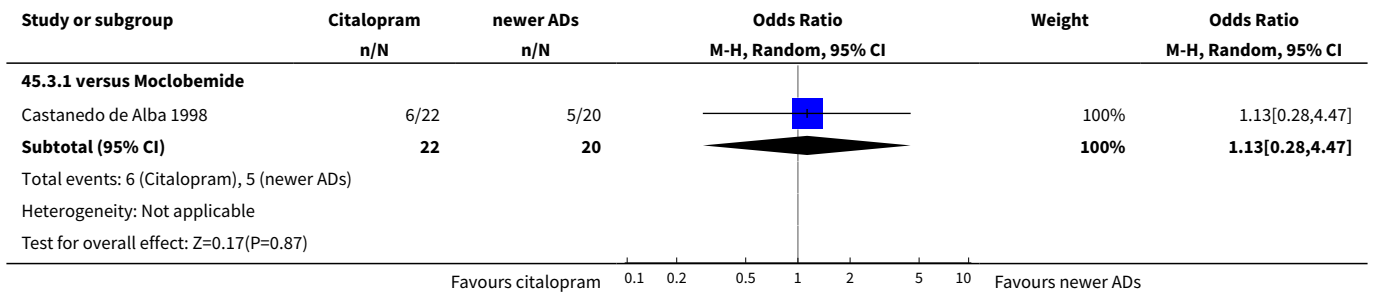


**Analysis 45.2. Comparison 45 SE - Gastrointestinal, Outcome 2 Citalopram versus other SSRIs.**

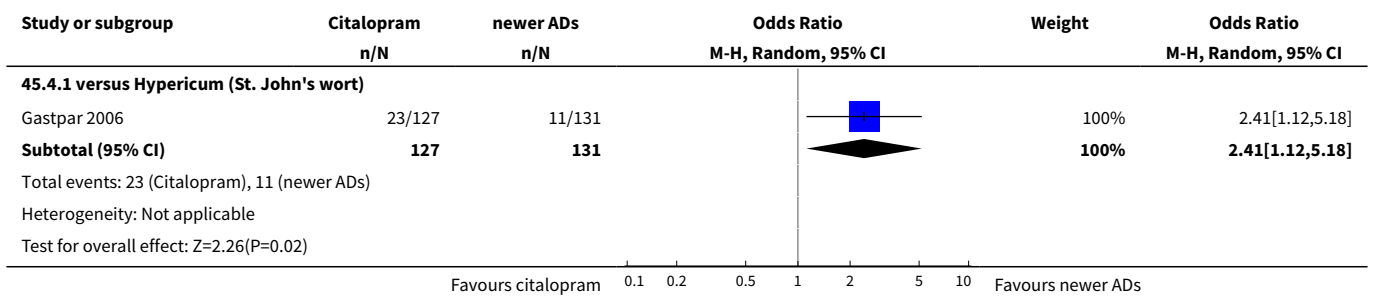




**Analysis 45.3. Comparison 45 SE - Gastrointestinal, Outcome 3 Citalopram versus MAOIs or newer ADs.**



**Analysis 45.4. Comparison 45 SE - Gastrointestinal, Outcome 4 Citalopram versus non-conventional ADs.**

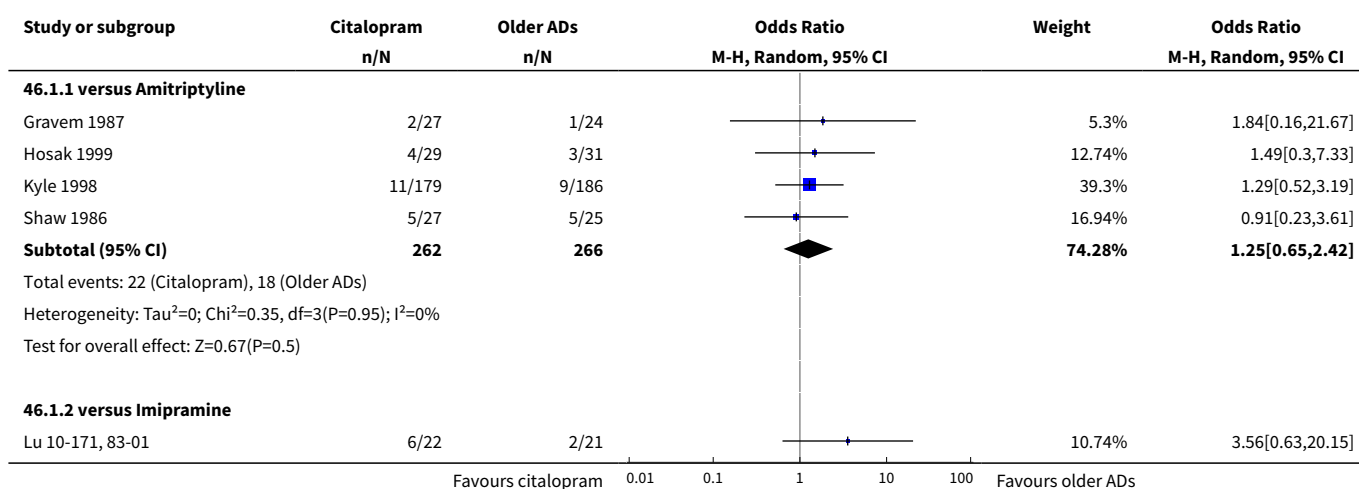


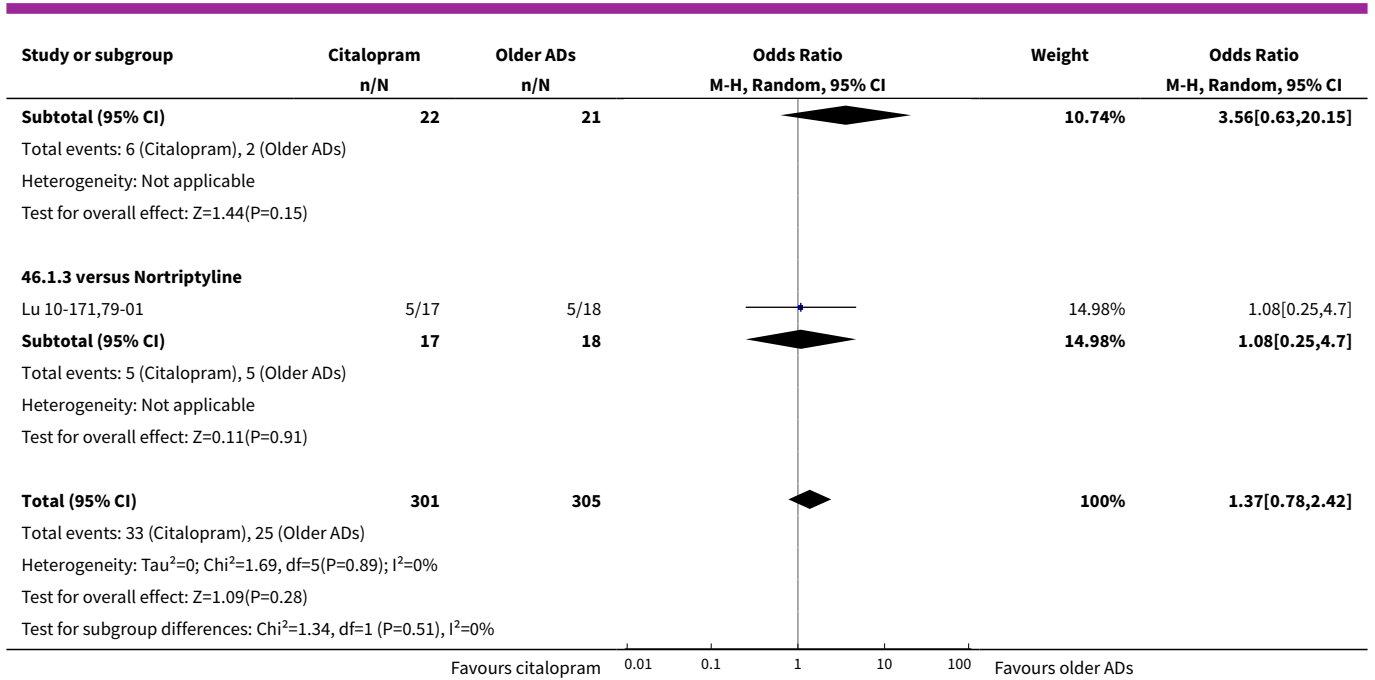
**Comparison 46. SE - Headache**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus TCAs	6	606	Odds Ratio (M-H, Random, 95% CI)	1.37 [0.78, 2.42]
1.1 versus Amitriptyline	4	528	Odds Ratio (M-H, Random, 95% CI)	1.25 [0.65, 2.42]

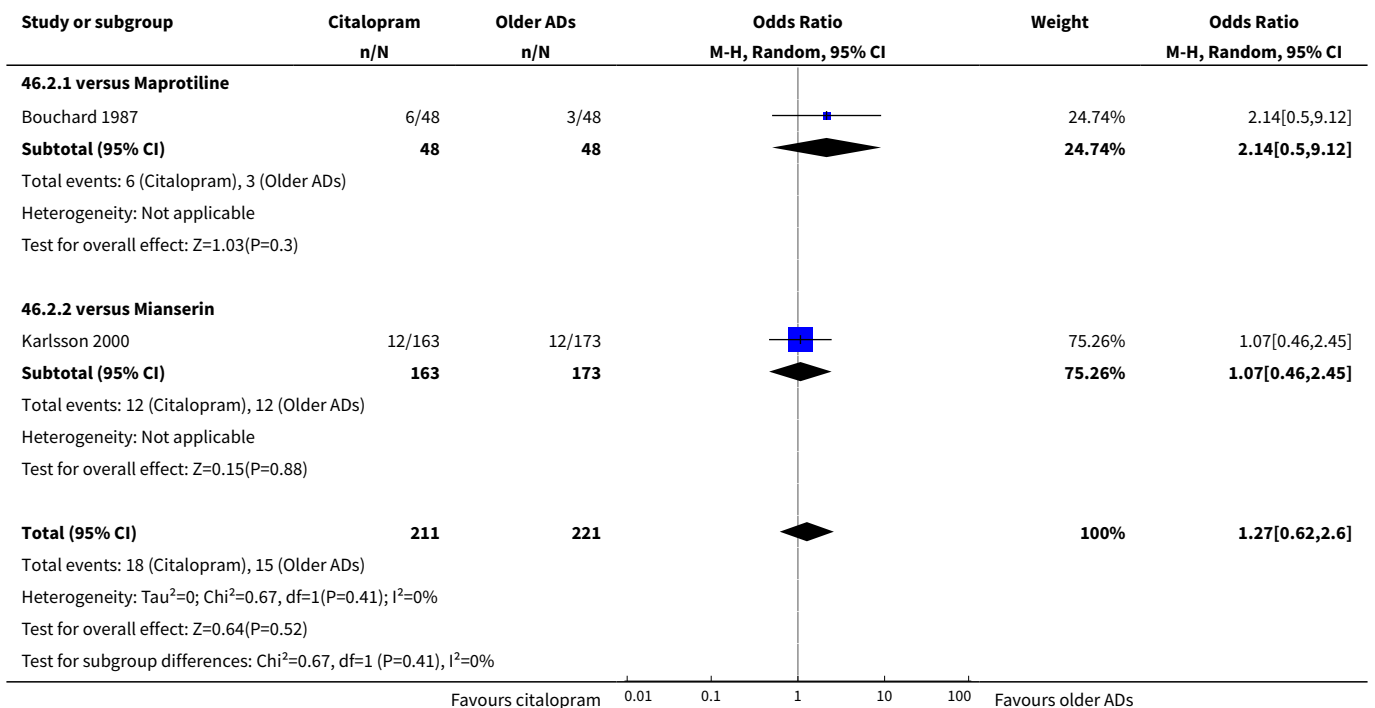
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1.2 versus Imipramine	1	43	Odds Ratio (M-H, Random, 95% CI)	3.56 [0.63, 20.15]
1.3 versus Nortriptyline	1	35	Odds Ratio (M-H, Random, 95% CI)	1.08 [0.25, 4.70]
2 Citalopram versus hetero-cyclics	2	432	Odds Ratio (M-H, Random, 95% CI)	1.27 [0.62, 2.60]
2.1 versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	2.14 [0.50, 9.12]
2.2 versus Mianserin	1	336	Odds Ratio (M-H, Random, 95% CI)	1.07 [0.46, 2.45]
3 Citalopram versus other SSRIs	11		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 Versus Escitalopram	5	1261	Odds Ratio (M-H, Random, 95% CI)	1.08 [0.64, 1.81]
3.2 Versus Fluoxetine	3	732	Odds Ratio (M-H, Random, 95% CI)	0.90 [0.51, 1.60]
3.3 Versus Paroxetine	1	406	Odds Ratio (M-H, Random, 95% CI)	1.24 [0.79, 1.96]
3.4 Versus Sertraline	3	587	Odds Ratio (M-H, Random, 95% CI)	0.55 [0.33, 0.91]
4 Citalopram versus IMAOs or newer ADs	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
4.1 versus Moclobemide	1	42	Odds Ratio (M-H, Random, 95% CI)	0.16 [0.01, 3.64]
5 Citalopram versus other conventional ADs	3		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
5.1 versus Mirtazapine	1	270	Odds Ratio (M-H, Random, 95% CI)	1.59 [0.75, 3.37]
5.2 versus Reboxetine	2	458	Odds Ratio (M-H, Random, 95% CI)	0.50 [0.25, 1.00]

**Analysis 46.1. Comparison 46 SE - Headache, Outcome 1 Citalopram versus TCAs.**



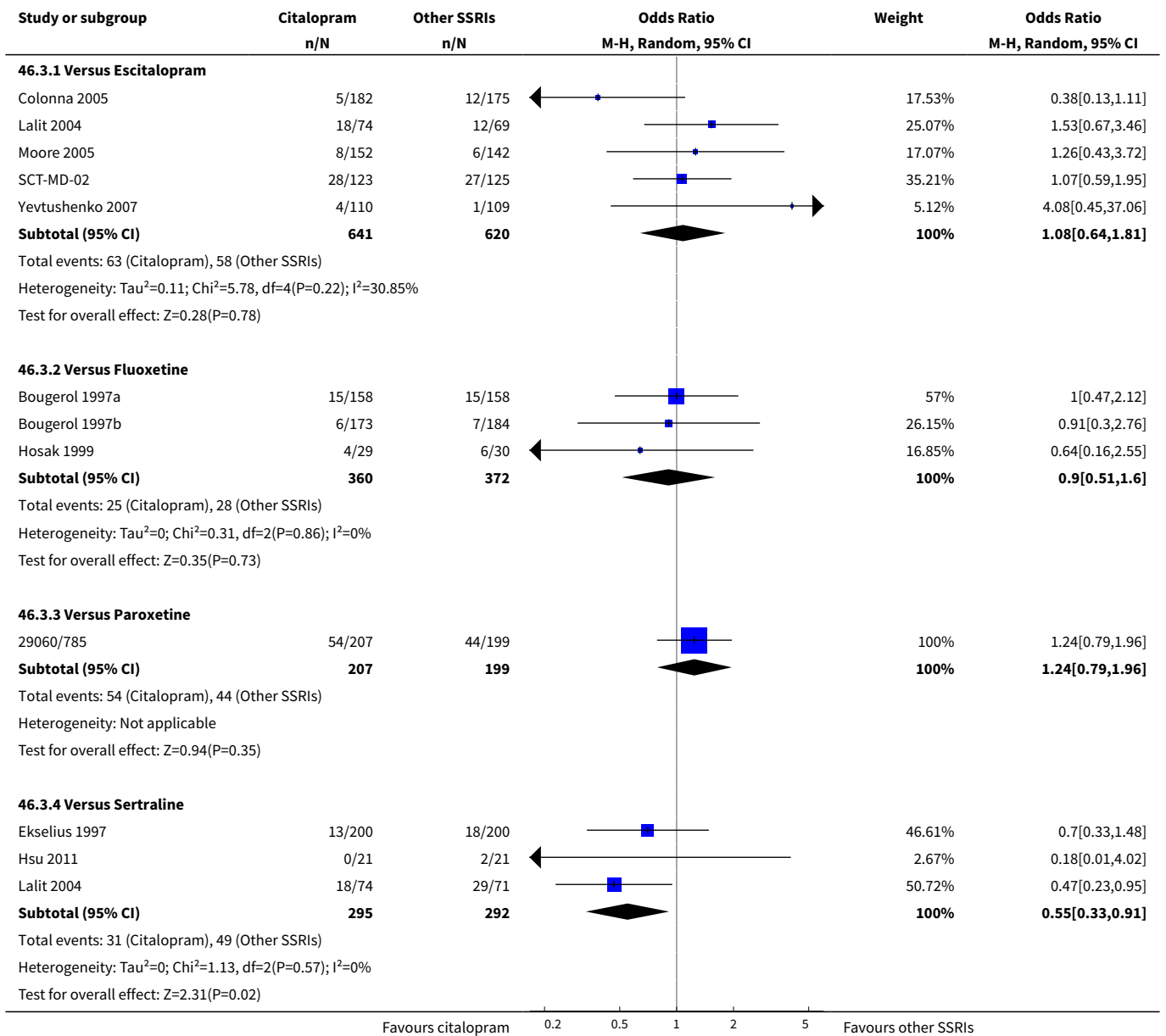


**Analysis 46.2. Comparison 46 SE - Headache, Outcome 2 Citalopram versus heterocyclics.**

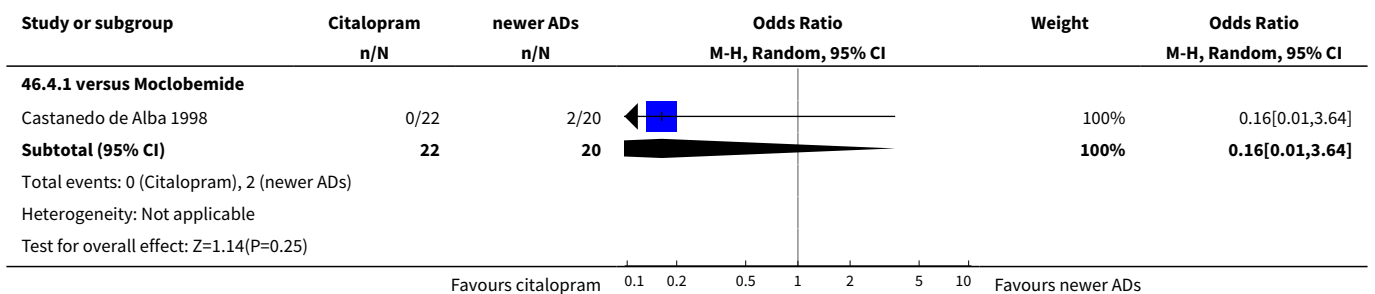




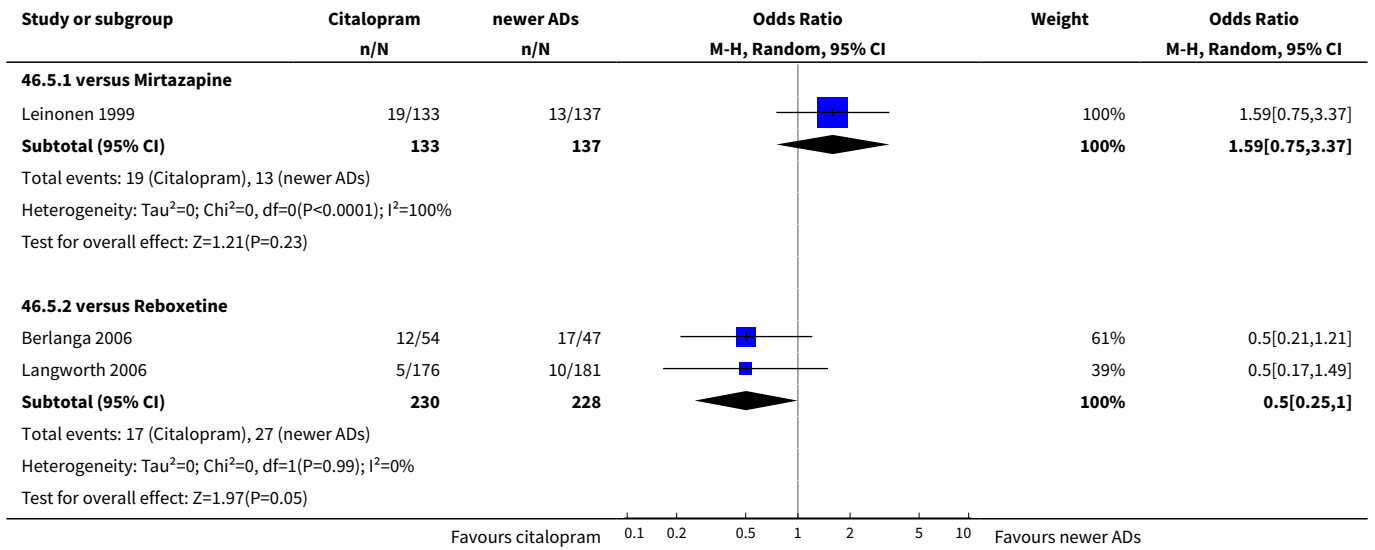
**Analysis 46.3. Comparison 46 SE - Headache, Outcome 3 Citalopram versus other SSRIs.**



**Analysis 46.4. Comparison 46 SE - Headache, Outcome 4 Citalopram versus IMAOs or newer ADs.**



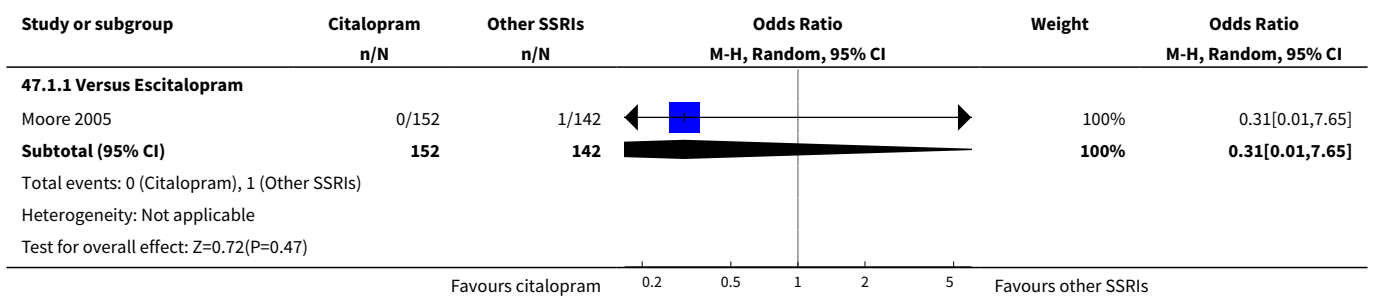
**Analysis 46.5. Comparison 46 SE - Headache, Outcome 5 Citalopram versus other conventional ADs.**



**Comparison 47. SE - Hot flush**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<a href="#">1 Citalopram versus other SSRIs</a>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 Versus Escitalopram	1	294	Odds Ratio (M-H, Random, 95% CI)	0.31 [0.01, 7.65]

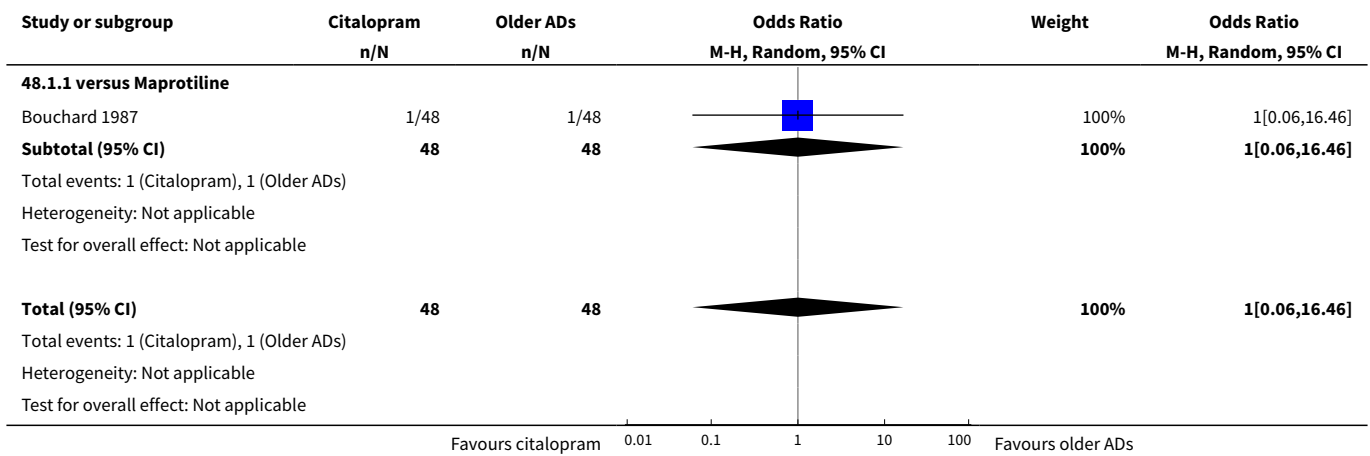
**Analysis 47.1. Comparison 47 SE - Hot flush, Outcome 1 Citalopram versus other SSRIs.**



**Comparison 48. SE - Hypertonia**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus heterocyclics	1	96	Odds Ratio (M-H, Random, 95% CI)	1.0 [0.06, 16.46]
1.1 versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	1.0 [0.06, 16.46]

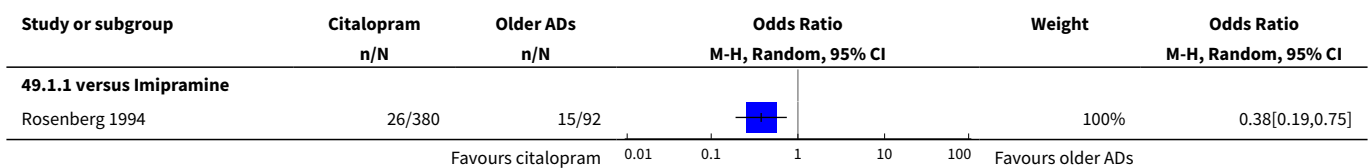
**Analysis 48.1. Comparison 48 SE - Hypertonia, Outcome 1 Citalopram versus heterocyclics.**

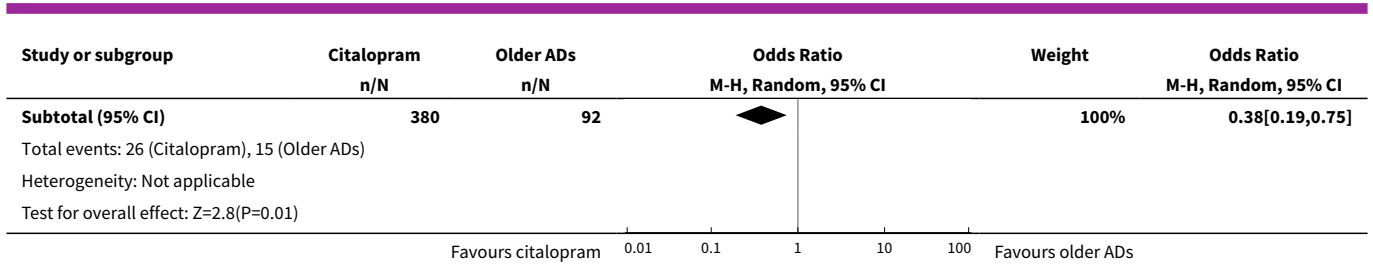


**Comparison 49. SE - Hypotension**

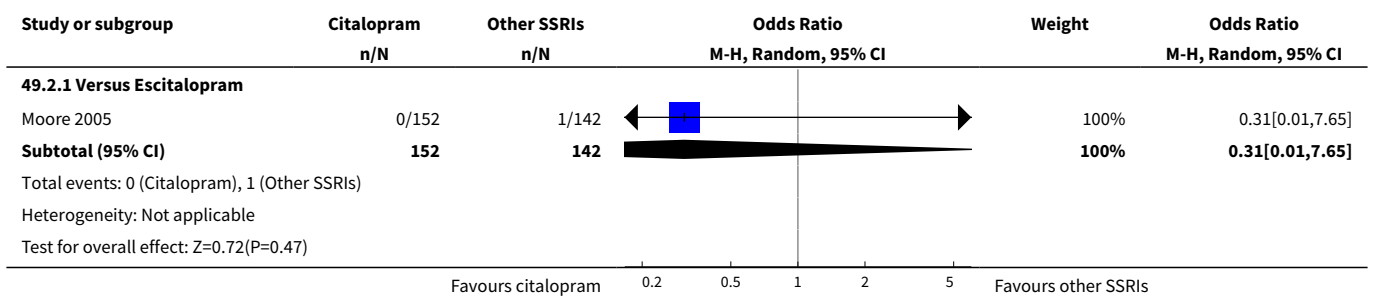
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus TCAs	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 versus Imipramine	1	472	Odds Ratio (M-H, Random, 95% CI)	0.38 [0.19, 0.75]
2 Citalopram versus other SSRIs	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
2.1 Versus Escitalopram	1	294	Odds Ratio (M-H, Random, 95% CI)	0.31 [0.01, 7.65]

**Analysis 49.1. Comparison 49 SE - Hypotension, Outcome 1 Citalopram versus TCAs.**





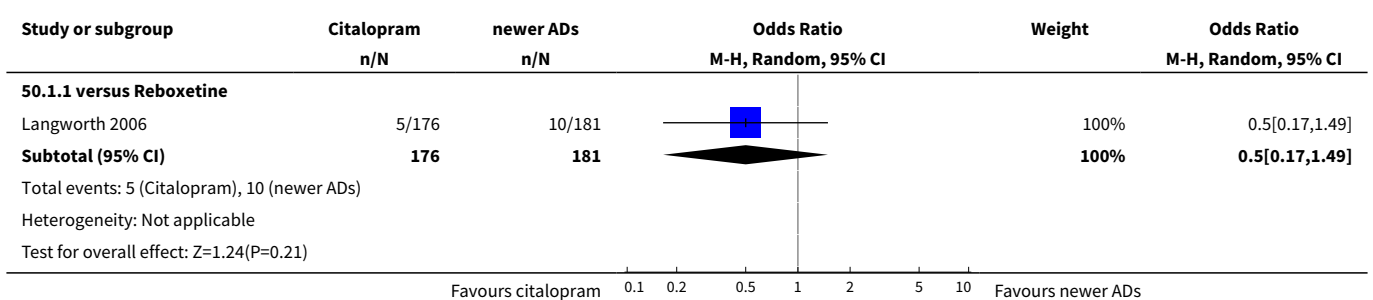
**Analysis 49.2. Comparison 49 SE - Hypotension, Outcome 2 Citalopram versus other SSRIs.**



**Comparison 50. SE - Increased dream activity**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<a href="#">1 Citalopram versus other conventional ADs</a>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 versus Reboxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	0.5 [0.17, 1.49]

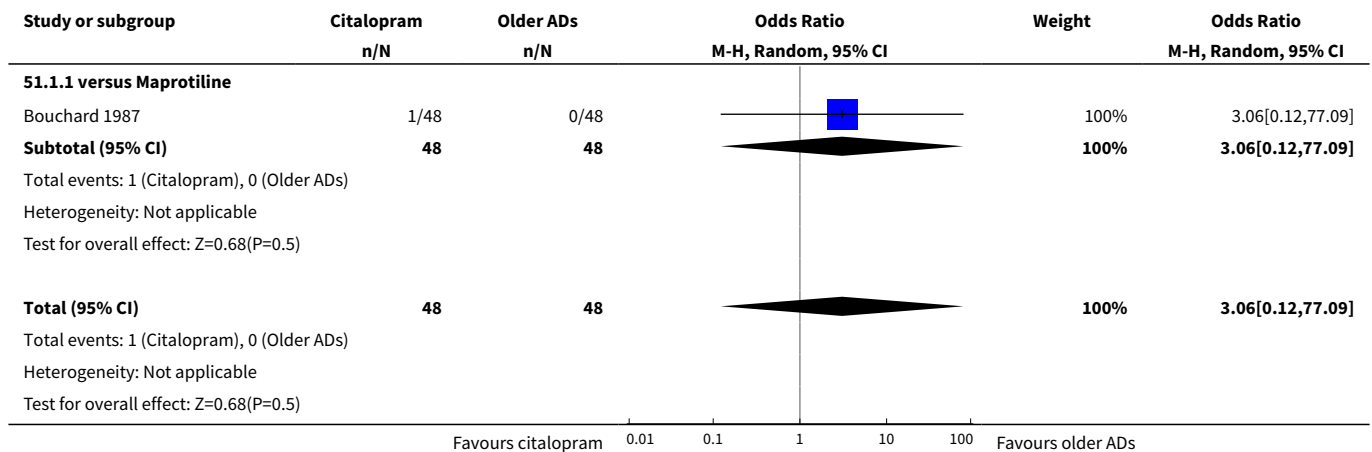
**Analysis 50.1. Comparison 50 SE - Increased dream activity, Outcome 1 Citalopram versus other conventional ADs.**



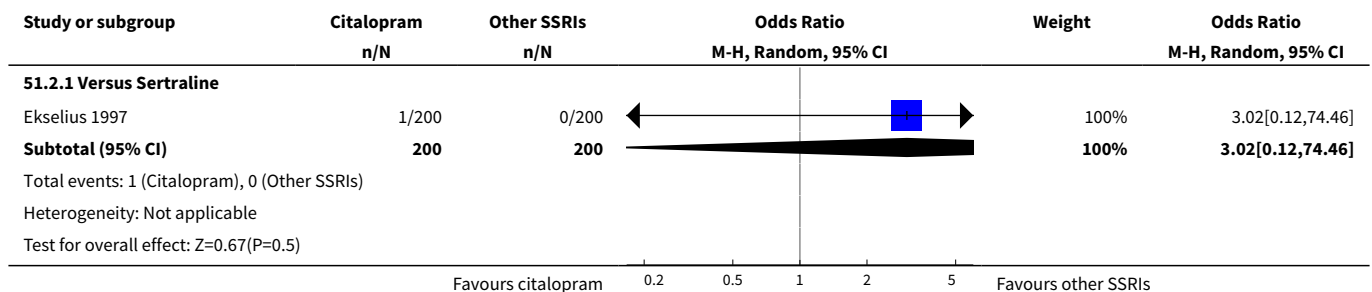
**Comparison 51. SE - Increased salivation**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Citalopram versus older ADs</b>	1	96	Odds Ratio (M-H, Random, 95% CI)	3.06 [0.12, 77.09]
1.1 versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	3.06 [0.12, 77.09]
<b>2 Citalopram versus other SSRIs</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
2.1 Versus Sertraline	1	400	Odds Ratio (M-H, Random, 95% CI)	3.02 [0.12, 74.46]
<b>3 Citalopram versus newer ADs</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 versus Reboxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	0.20 [0.01, 4.27]

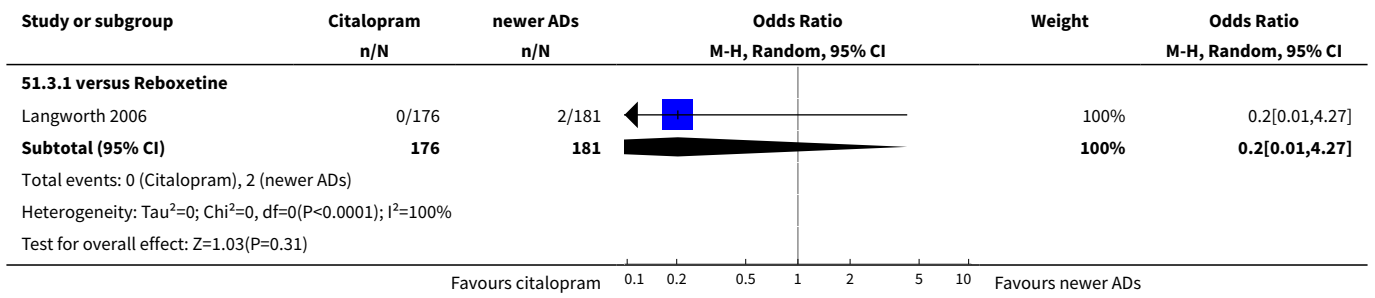
**Analysis 51.1. Comparison 51 SE - Increased salivation, Outcome 1 Citalopram versus older ADs.**



**Analysis 51.2. Comparison 51 SE - Increased salivation, Outcome 2 Citalopram versus other SSRIs.**



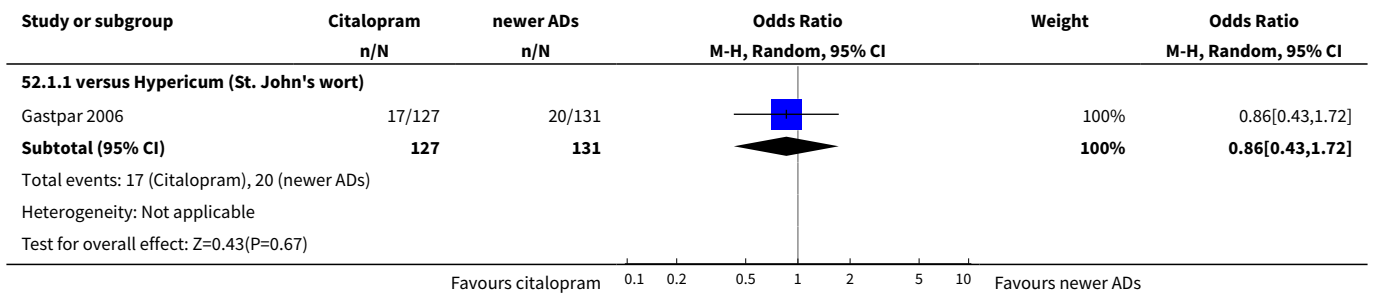
**Analysis 51.3. Comparison 51 SE - Increased salivation, Outcome 3 Citalopram versus newer ADs.**



**Comparison 52. SE - Infection**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Citalopram versus non-conventional ADs</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 versus Hypericum (St. John's wort)	1	258	Odds Ratio (M-H, Random, 95% CI)	0.86 [0.43, 1.72]

**Analysis 52.1. Comparison 52 SE - Infection, Outcome 1 Citalopram versus non-conventional ADs.**

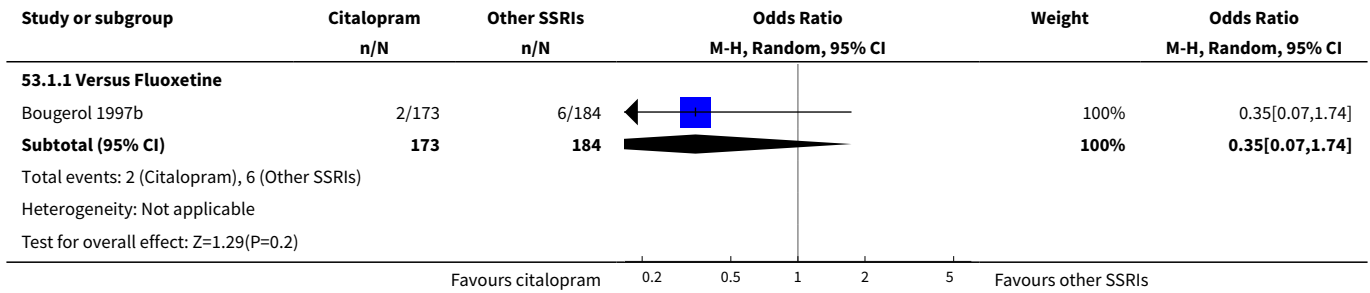


**Comparison 53. SE - Influenza-like symptoms**

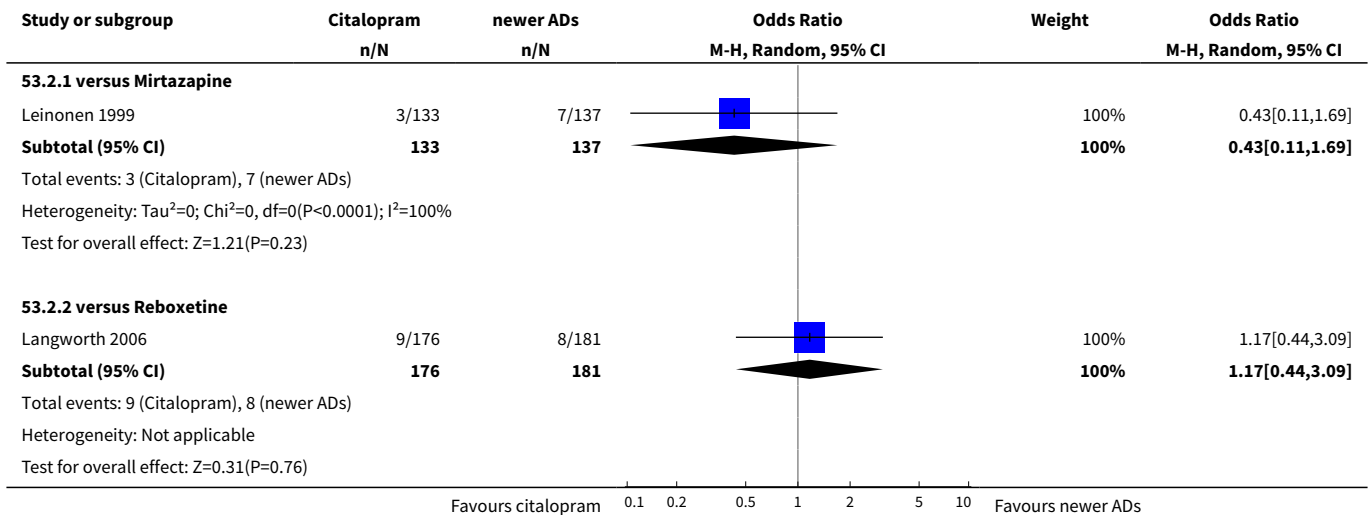
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Citalopram versus other SSRIs</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 Versus Fluoxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	0.35 [0.07, 1.74]
<b>2 Citalopram versus other conventional ADs</b>	2		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
2.1 versus Mirtazapine	1	270	Odds Ratio (M-H, Random, 95% CI)	0.43 [0.11, 1.69]

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
2.2 versus Reboxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	1.17 [0.44, 3.09]

**Analysis 53.1. Comparison 53 SE - Influenza-like symptoms, Outcome 1 Citalopram versus other SSRIs.**



**Analysis 53.2. Comparison 53 SE - Influenza-like symptoms, Outcome 2 Citalopram versus other conventional ADs.**

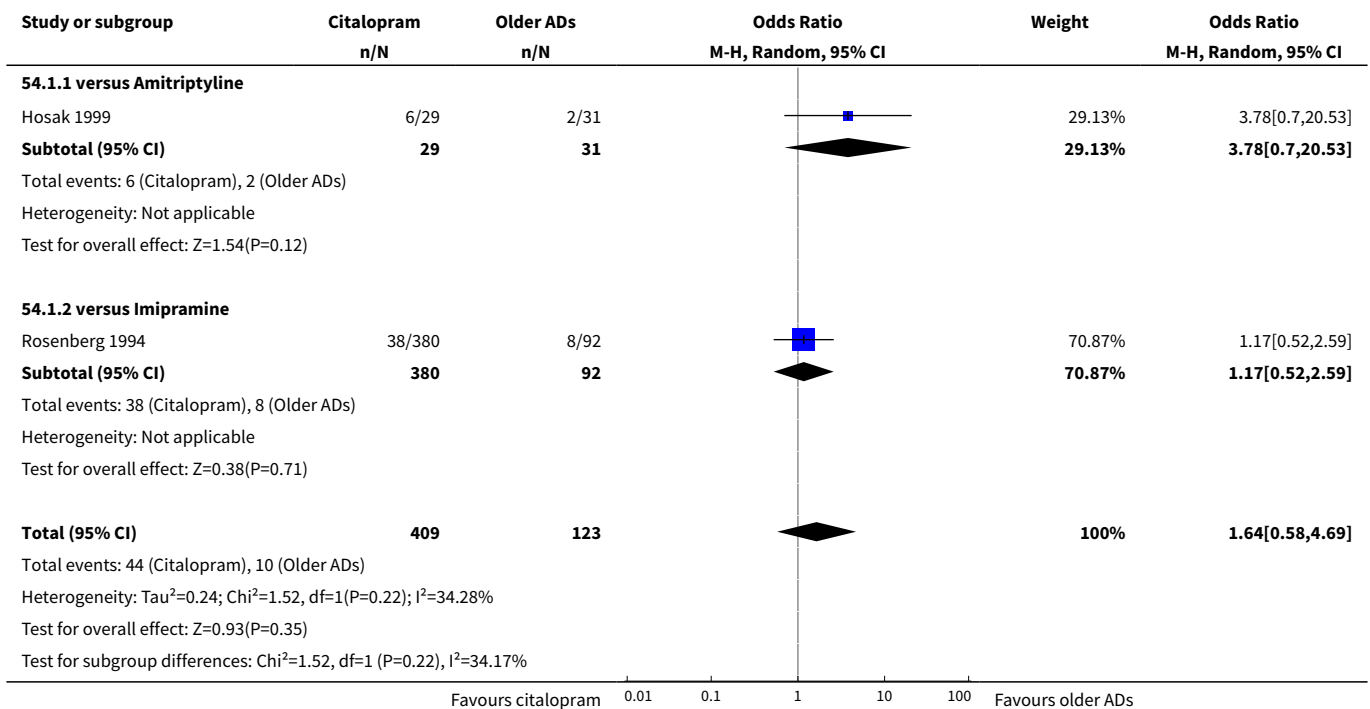


**Comparison 54. SE - Insomnia**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus TCAs	2	532	Odds Ratio (M-H, Random, 95% CI)	1.64 [0.58, 4.69]
1.1 versus Amitriptyline	1	60	Odds Ratio (M-H, Random, 95% CI)	3.78 [0.70, 20.53]
1.2 versus Imipramine	1	472	Odds Ratio (M-H, Random, 95% CI)	1.17 [0.52, 2.59]

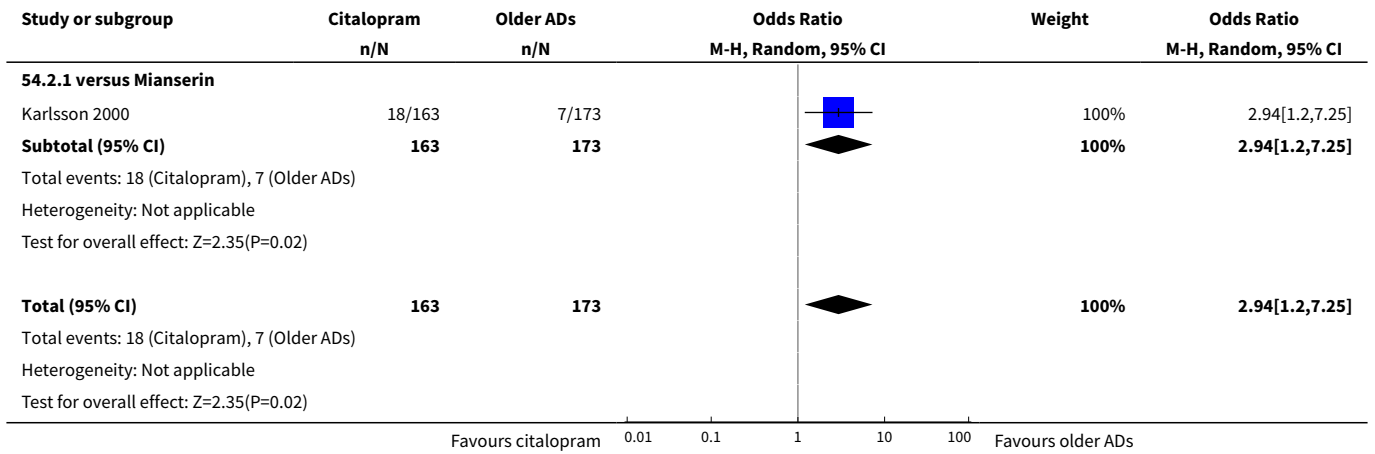
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
2 Citalopram versus heterocyclics	1	336	Odds Ratio (M-H, Random, 95% CI)	2.94 [1.20, 7.25]
2.1 versus Mianserin	1	336	Odds Ratio (M-H, Random, 95% CI)	2.94 [1.20, 7.25]
3 Citalopram versus other SSRIs	12		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 Versus Escitalopram	6	1613	Odds Ratio (M-H, Random, 95% CI)	0.88 [0.60, 1.30]
3.2 Versus Fluoxetine	3	732	Odds Ratio (M-H, Random, 95% CI)	1.16 [0.60, 2.23]
3.3 Versus Paroxetine	1	406	Odds Ratio (M-H, Random, 95% CI)	0.92 [0.53, 1.59]
3.4 Versus Sertraline	3	587	Odds Ratio (M-H, Random, 95% CI)	1.54 [0.82, 2.91]
4 Citalopram versus MAOIs or newer ADs	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
4.1 versus Moclobemide	1	42	Odds Ratio (M-H, Random, 95% CI)	0.29 [0.01, 7.51]
5 Citalopram versus other conventional ADs	2		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
5.1 versus Reboxetine	2	458	Odds Ratio (M-H, Random, 95% CI)	0.31 [0.05, 1.99]

**Analysis 54.1. Comparison 54 SE - Insomnia, Outcome 1 Citalopram versus TCAs.**

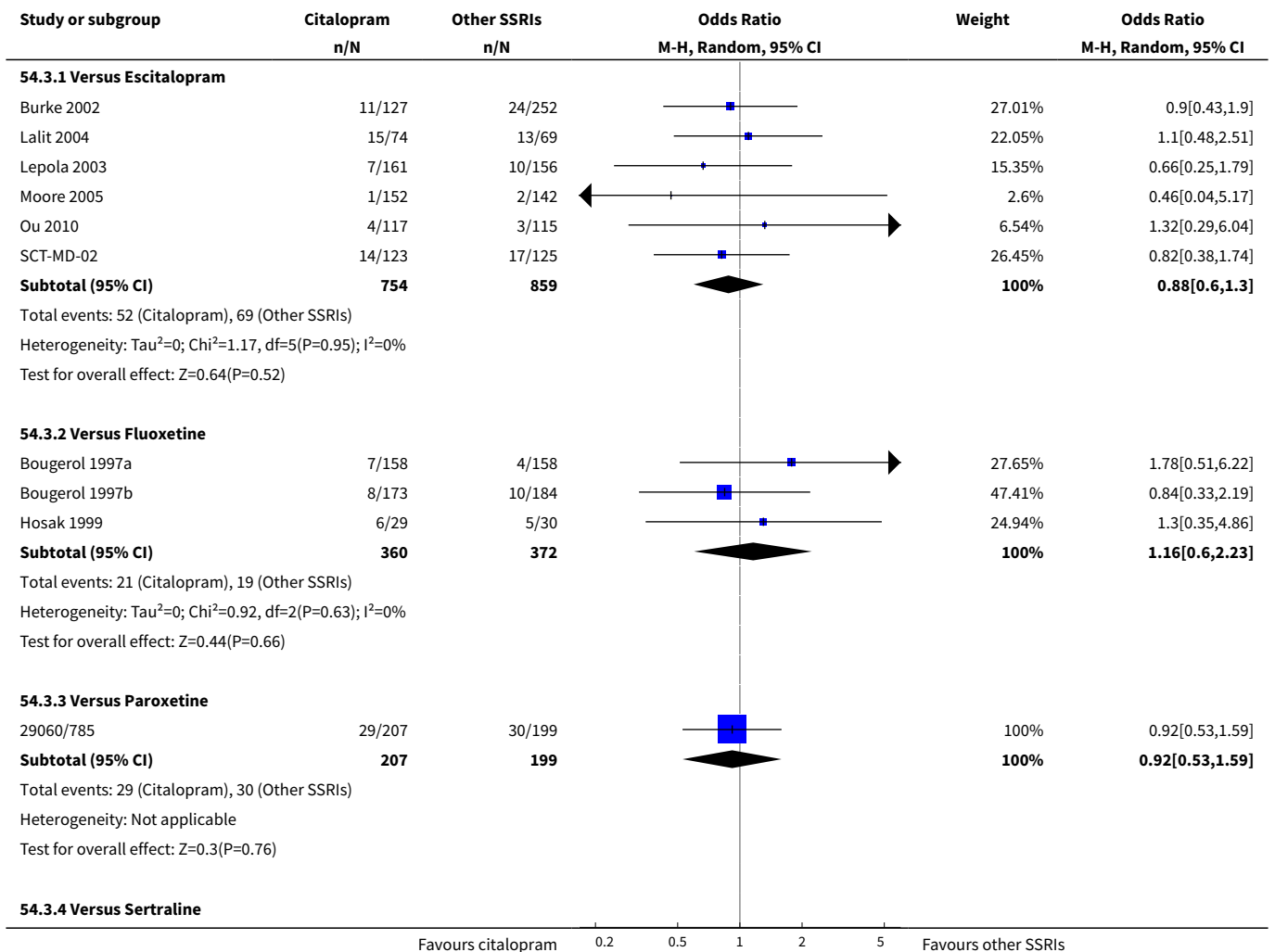


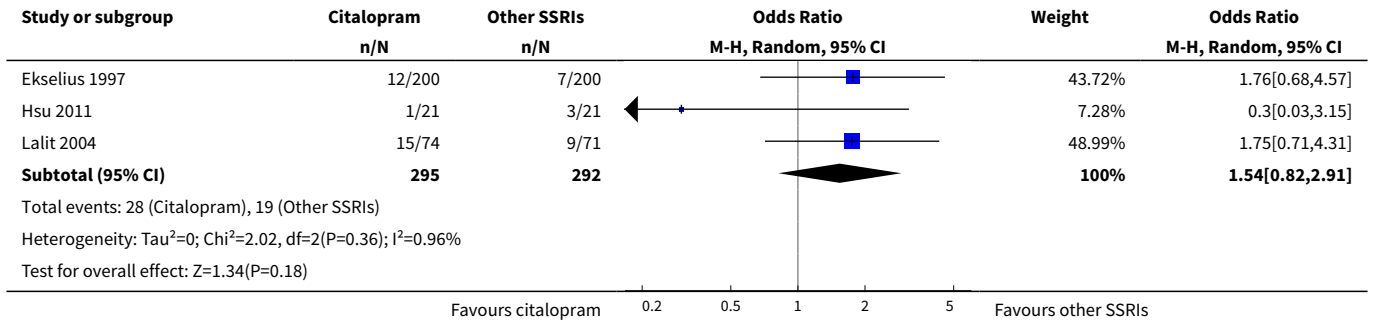


**Analysis 54.2. Comparison 54 SE - Insomnia, Outcome 2 Citalopram versus heterocyclics.**

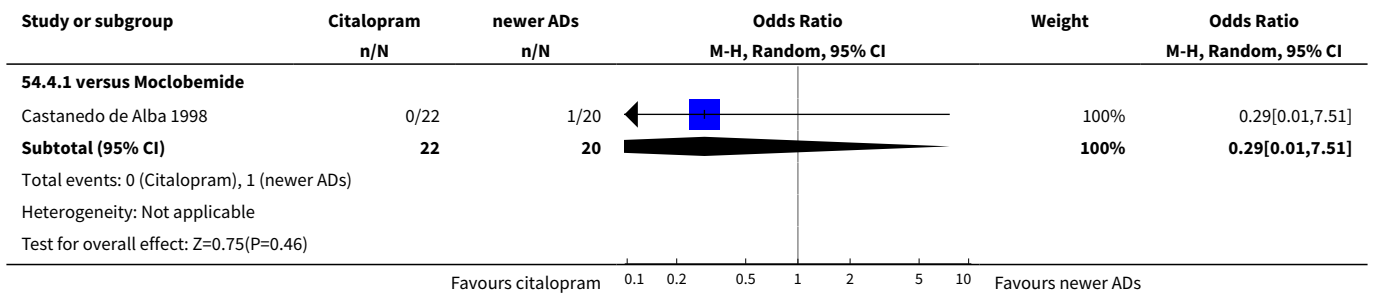


**Analysis 54.3. Comparison 54 SE - Insomnia, Outcome 3 Citalopram versus other SSRIs.**

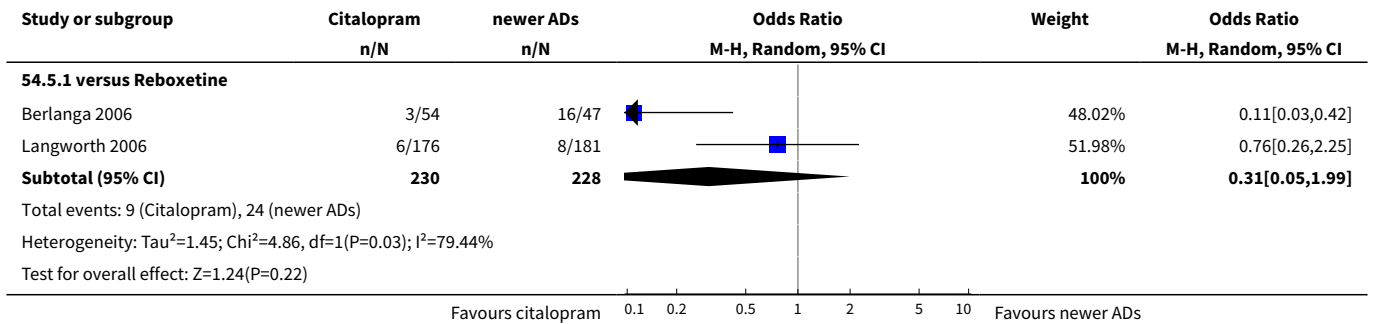




**Analysis 54.4. Comparison 54 SE - Insomnia, Outcome 4 Citalopram versus MAOIs or newer ADs.**



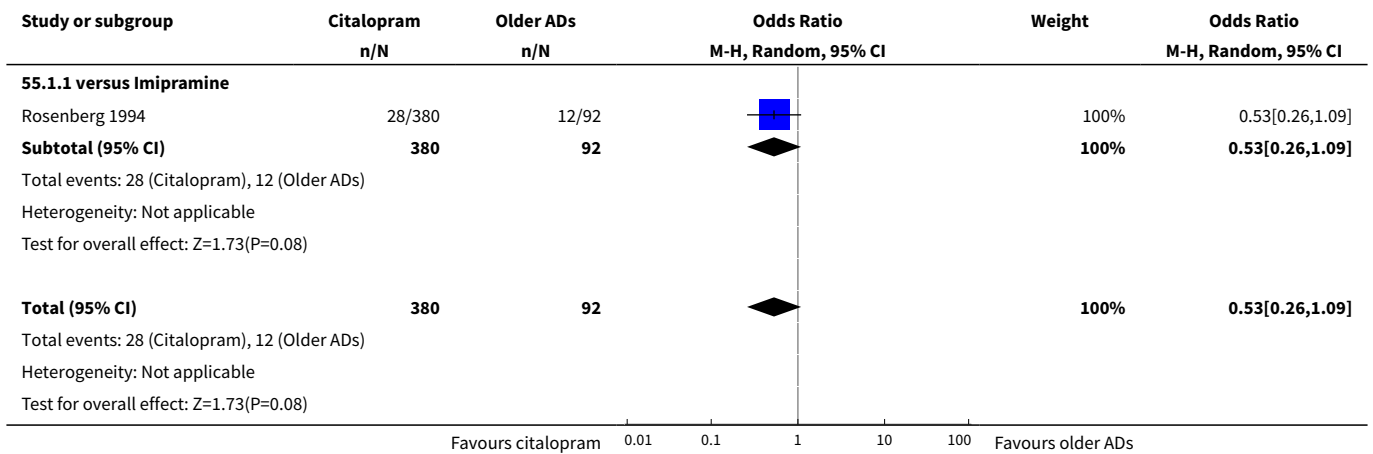
**Analysis 54.5. Comparison 54 SE - Insomnia, Outcome 5 Citalopram versus other conventional ADs.**



**Comparison 55. SE - Irritability**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus TCAs	1	472	Odds Ratio (M-H, Random, 95% CI)	0.53 [0.26, 1.09]
1.1 versus Imipramine	1	472	Odds Ratio (M-H, Random, 95% CI)	0.53 [0.26, 1.09]

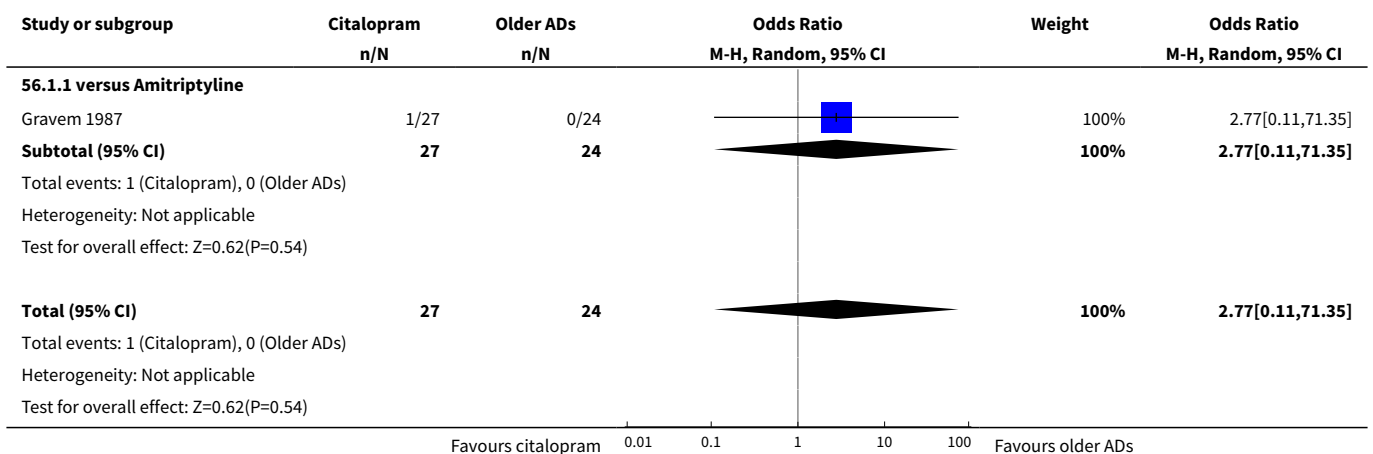
**Analysis 55.1. Comparison 55 SE - Irritability, Outcome 1 Citalopram versus TCAs.**



**Comparison 56. SE - Loss of hair**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus TCAs	1	51	Odds Ratio (M-H, Random, 95% CI)	2.77 [0.11, 71.35]
1.1 versus Amitriptyline	1	51	Odds Ratio (M-H, Random, 95% CI)	2.77 [0.11, 71.35]

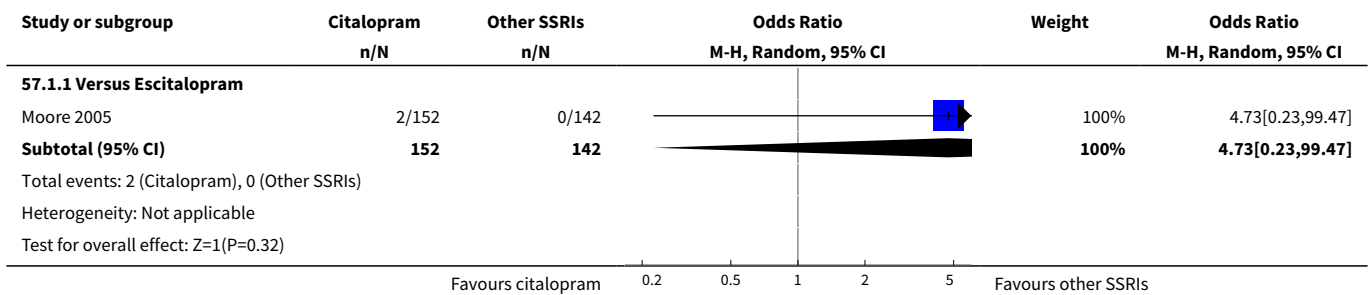
**Analysis 56.1. Comparison 56 SE - Loss of hair, Outcome 1 Citalopram versus TCAs.**



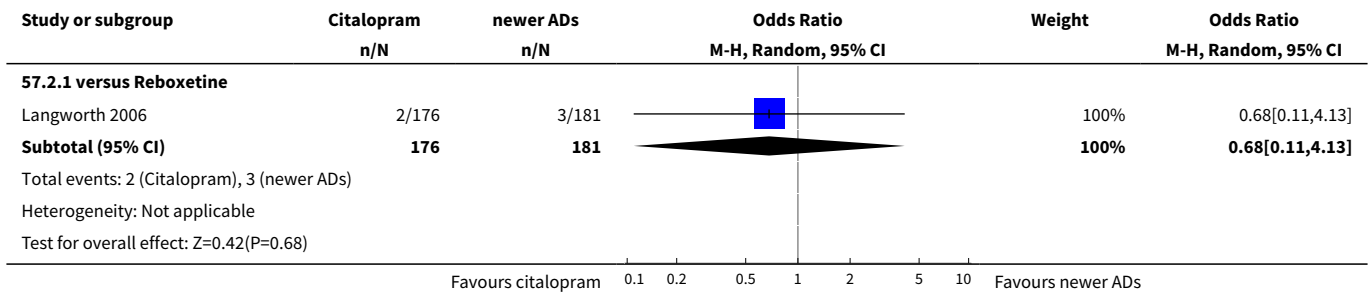
**Comparison 57. SE - Memory impairment**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Citalopram versus other SSRIs</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 Versus Escitalopram	1	294	Odds Ratio (M-H, Random, 95% CI)	4.73 [0.23, 99.47]
<b>2 Citalopram versus other conventional ADs</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
2.1 versus Reboxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	0.68 [0.11, 4.13]

**Analysis 57.1. Comparison 57 SE - Memory impairment, Outcome 1 Citalopram versus other SSRIs.**



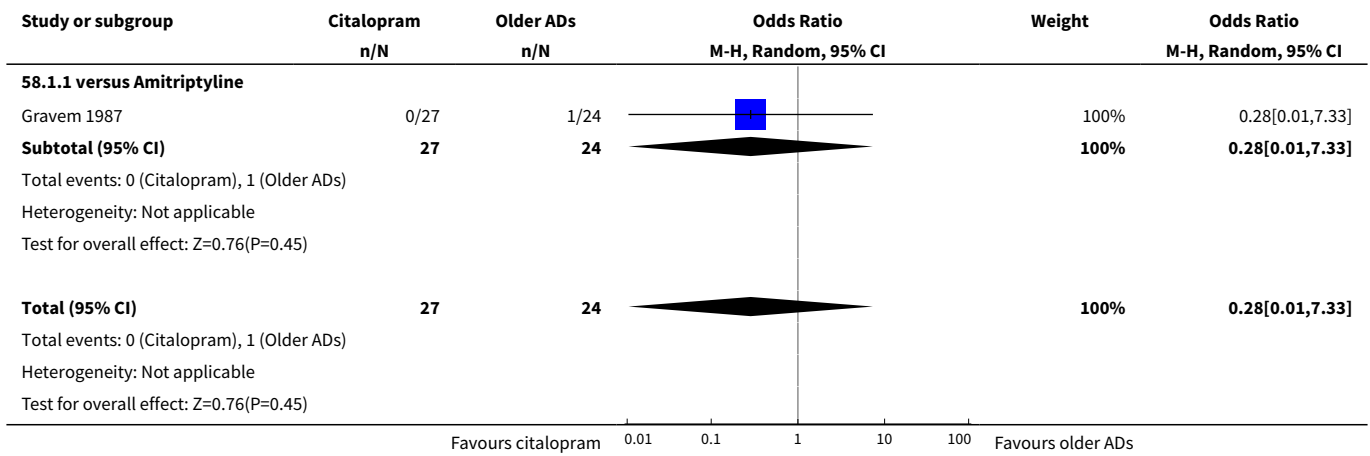
**Analysis 57.2. Comparison 57 SE - Memory impairment, Outcome 2 Citalopram versus other conventional ADs.**



**Comparison 58. SE - Meteorism**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Citalopram versus TCAs</b>	1	51	Odds Ratio (M-H, Random, 95% CI)	0.28 [0.01, 7.33]
1.1 versus Amitriptyline	1	51	Odds Ratio (M-H, Random, 95% CI)	0.28 [0.01, 7.33]

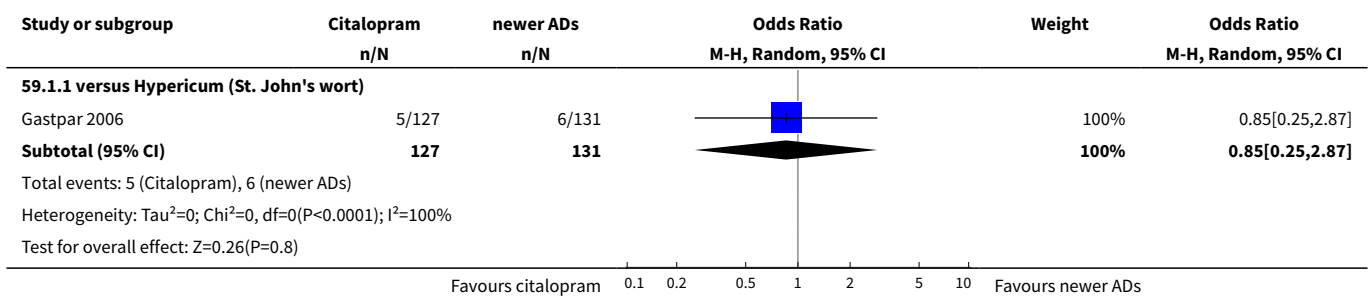
**Analysis 58.1. Comparison 58 SE - Meteorism, Outcome 1 Citalopram versus TCAs.**



**Comparison 59. SE - Musculoskeletal and connective tissue disorders**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<a href="#">1 Citalopram versus non-conventional ADs</a>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 versus Hypericum (St. John's wort)	1	258	Odds Ratio (M-H, Random, 95% CI)	0.85 [0.25, 2.87]

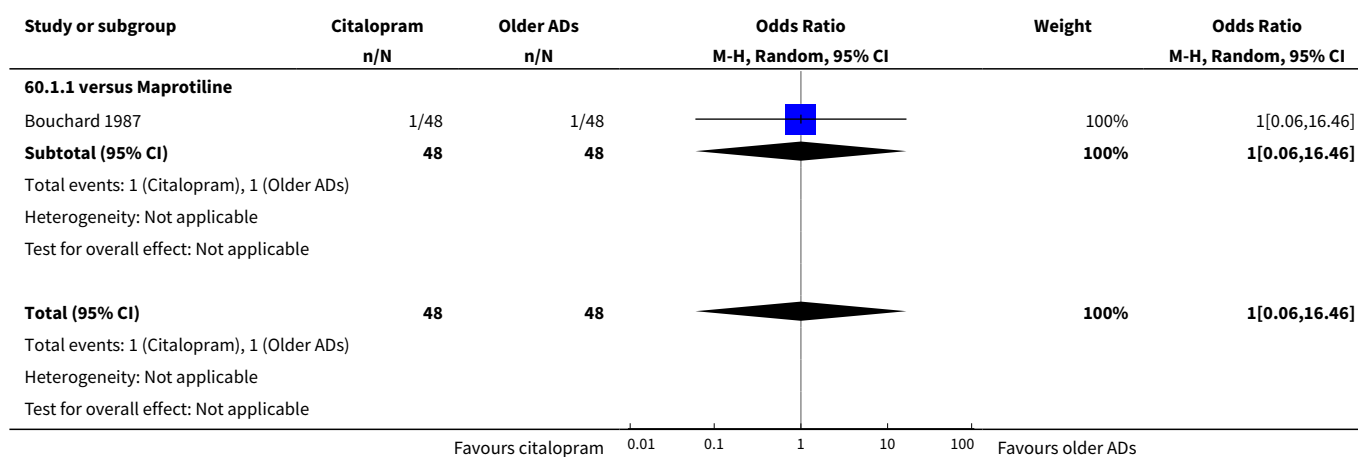
**Analysis 59.1. Comparison 59 SE - Musculoskeletal and connective tissue disorders, Outcome 1 Citalopram versus non-conventional ADs.**



**Comparison 60. SE - Nasal congestion**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus heterocyclics	1	96	Odds Ratio (M-H, Random, 95% CI)	1.0 [0.06, 16.46]
1.1 versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	1.0 [0.06, 16.46]

**Analysis 60.1. Comparison 60 SE - Nasal congestion, Outcome 1 Citalopram versus heterocyclics.**

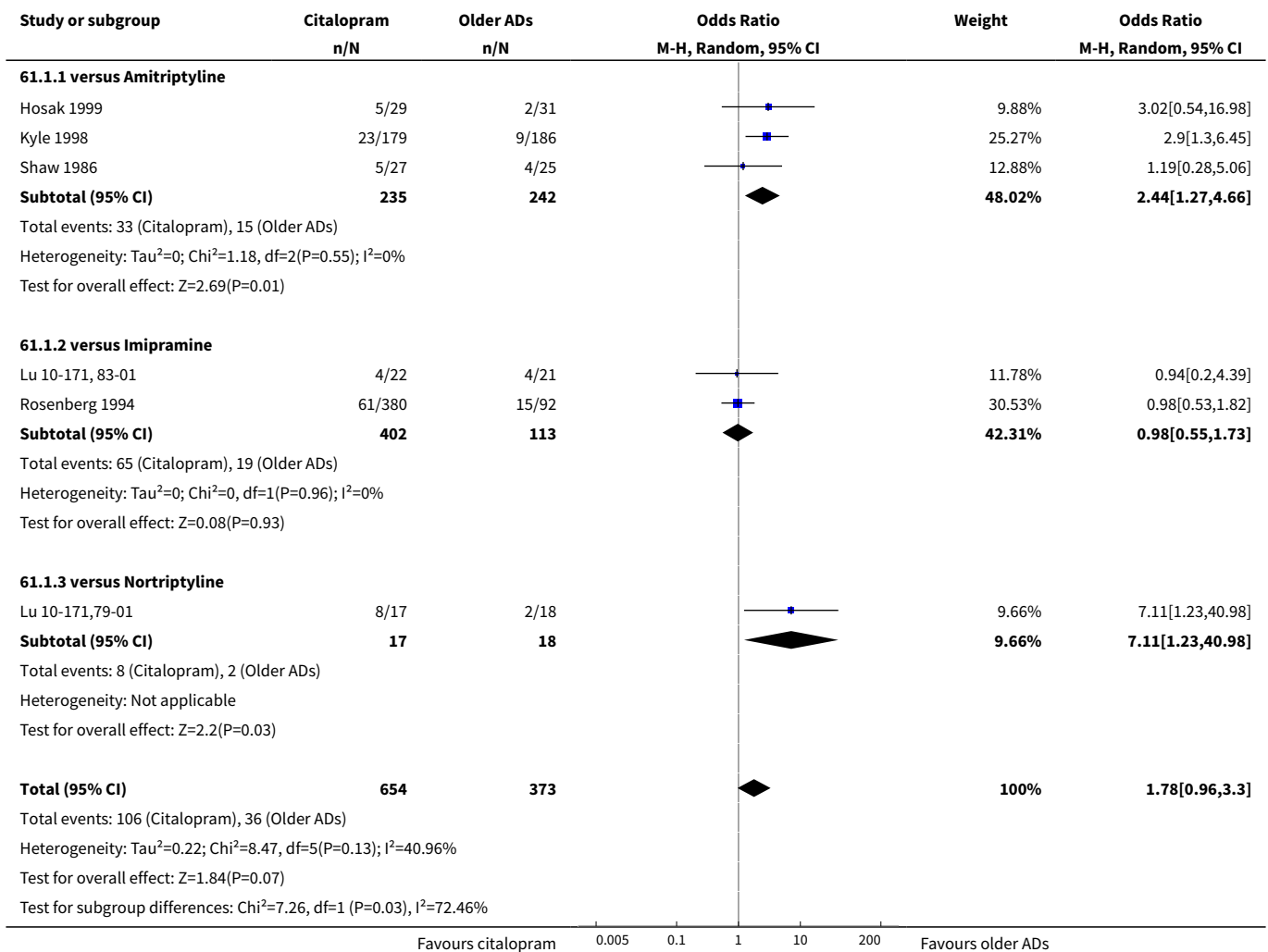


**Comparison 61. SE - Nausea/vomiting**

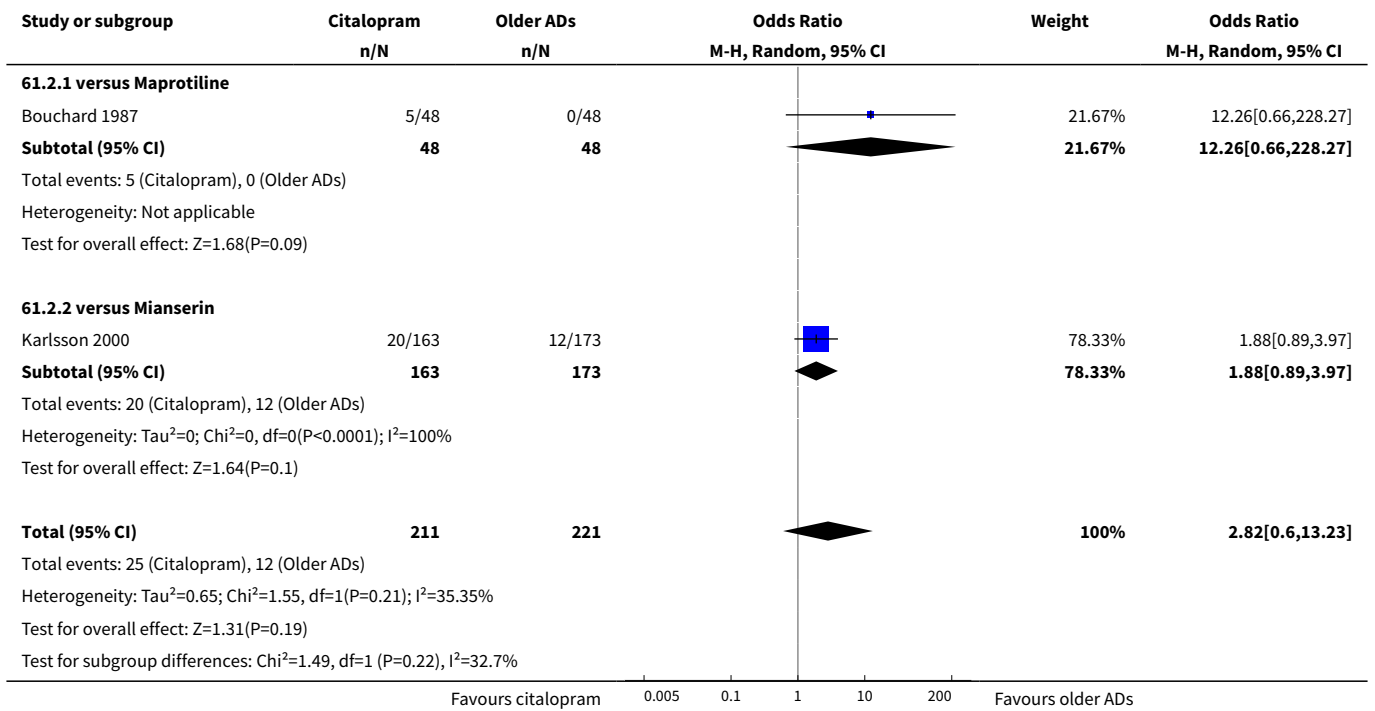
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus TCAs	6	1027	Odds Ratio (M-H, Random, 95% CI)	1.78 [0.96, 3.30]
1.1 versus Amitriptyline	3	477	Odds Ratio (M-H, Random, 95% CI)	2.44 [1.27, 4.66]
1.2 versus Imipramine	2	515	Odds Ratio (M-H, Random, 95% CI)	0.98 [0.55, 1.73]
1.3 versus Nortriptyline	1	35	Odds Ratio (M-H, Random, 95% CI)	7.11 [1.23, 40.98]
2 Citalopram versus heterocyclics	2	432	Odds Ratio (M-H, Random, 95% CI)	2.82 [0.60, 13.23]
2.1 versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	12.26 [0.66, 228.27]
2.2 versus Mianserin	1	336	Odds Ratio (M-H, Random, 95% CI)	1.88 [0.89, 3.97]
3 Citalopram versus other SSRIs	12		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 Versus Escitalopram	7	2055	Odds Ratio (M-H, Random, 95% CI)	0.92 [0.49, 1.74]

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
3.2 Versus Fluoxetine	3	732	Odds Ratio (M-H, Random, 95% CI)	1.46 [0.91, 2.35]
3.3 Versus Paroxetine	1	406	Odds Ratio (M-H, Random, 95% CI)	1.15 [0.67, 1.95]
3.4 Versus Sertraline	1	42	Odds Ratio (M-H, Random, 95% CI)	0.71 [0.14, 3.64]
<b>4 Citalopram versus other conventional ADs</b>	3		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
4.1 versus Mirtazapine	1	270	Odds Ratio (M-H, Random, 95% CI)	2.24 [1.12, 4.49]
4.2 versus Reboxetine	2	458	Odds Ratio (M-H, Random, 95% CI)	3.46 [0.40, 29.92]

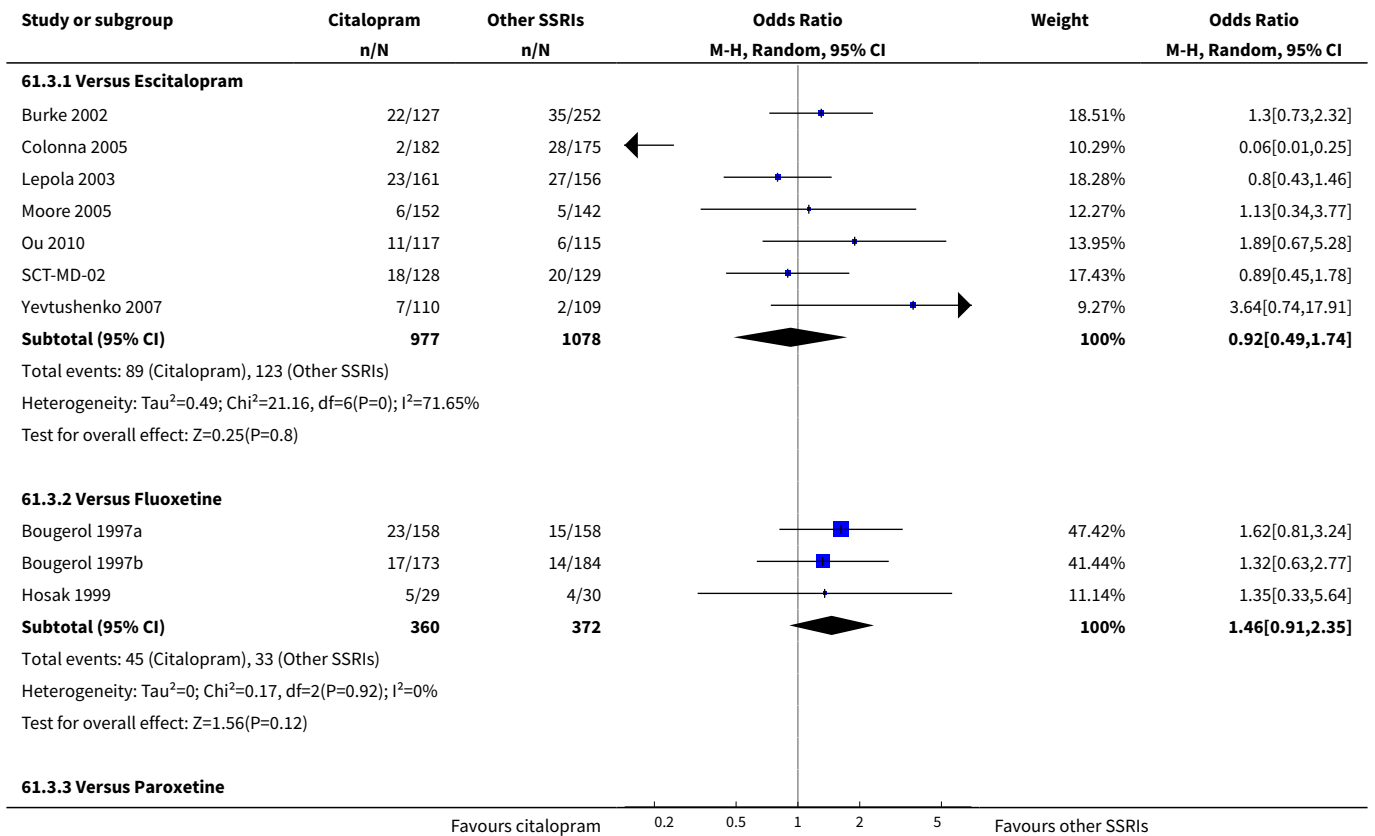
**Analysis 61.1. Comparison 61 SE - Nausea/vomiting, Outcome 1 Citalopram versus TCAs.**



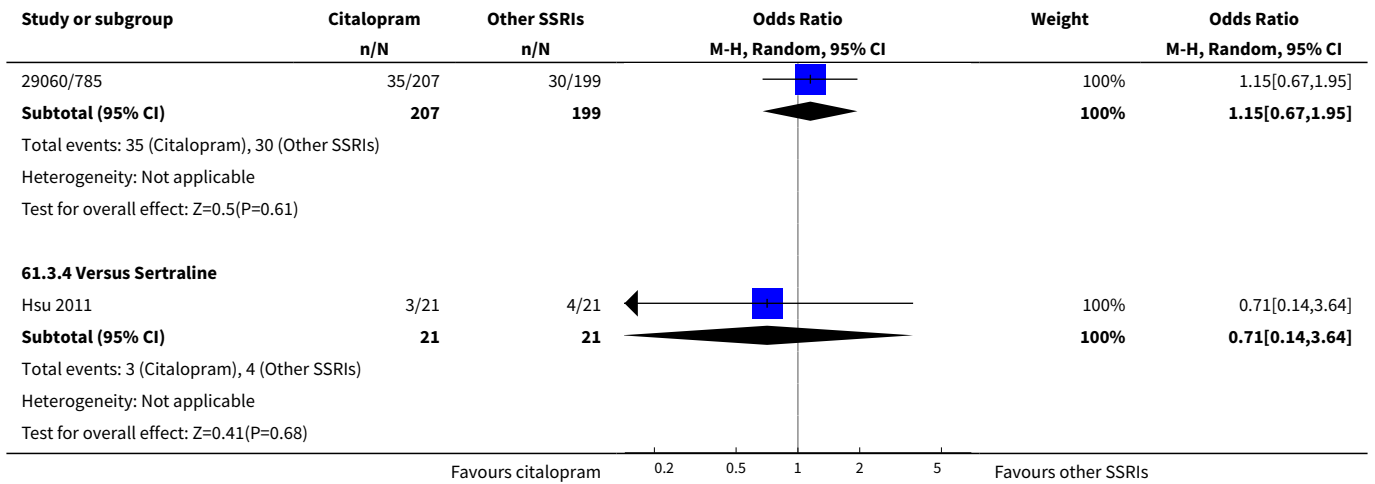
**Analysis 61.2. Comparison 61 SE - Nausea/vomiting, Outcome 2 Citalopram versus heterocyclics.**



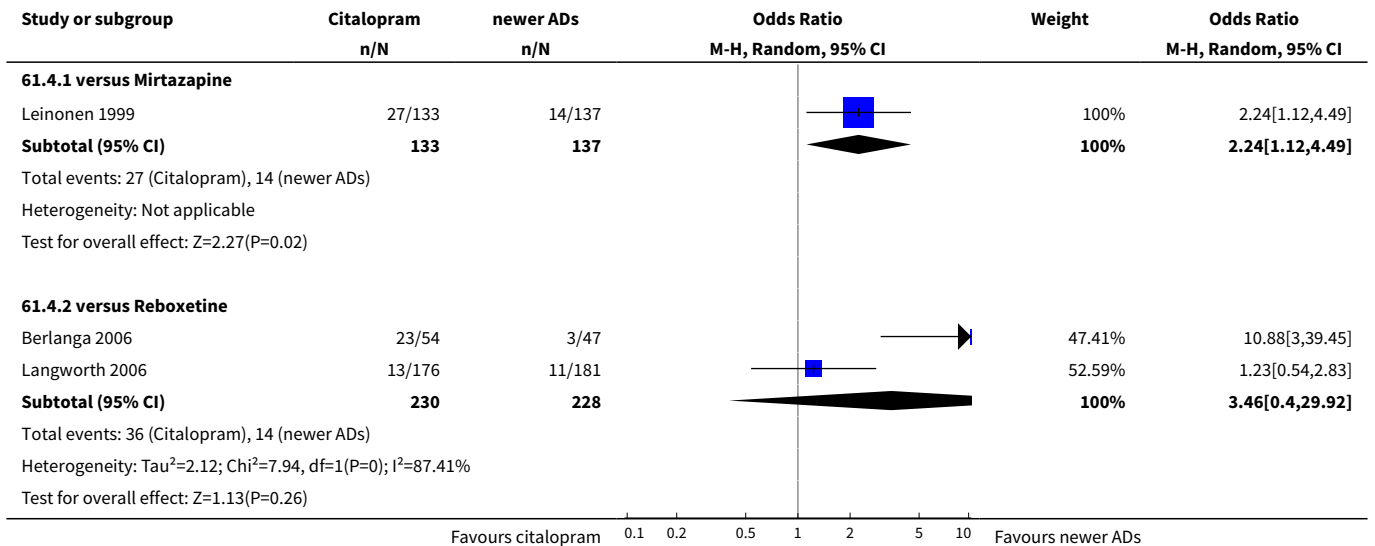
**Analysis 61.3. Comparison 61 SE - Nausea/vomiting, Outcome 3 Citalopram versus other SSRIs.**







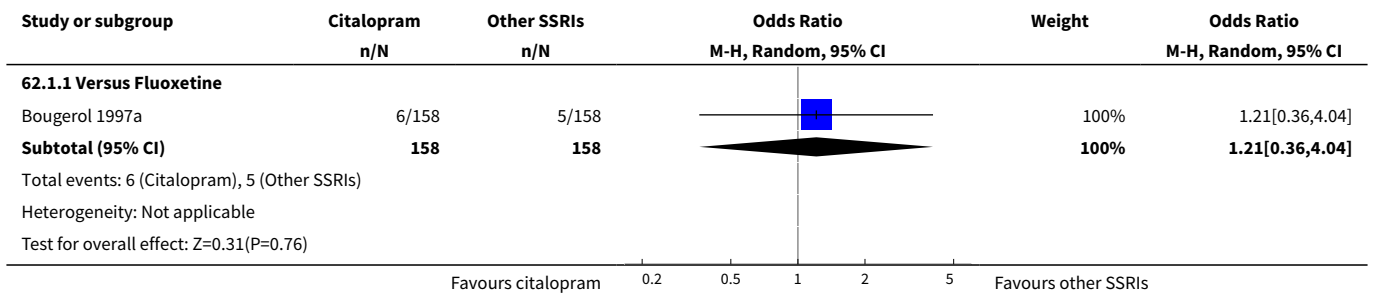
**Analysis 61.4. Comparison 61 SE - Nausea/vomiting, Outcome 4 Citalopram versus other conventional ADs.**



**Comparison 62. SE - Nervousness**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus other SSRIs	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 Versus Fluoxetine	1	316	Odds Ratio (M-H, Random, 95% CI)	1.21 [0.36, 4.04]

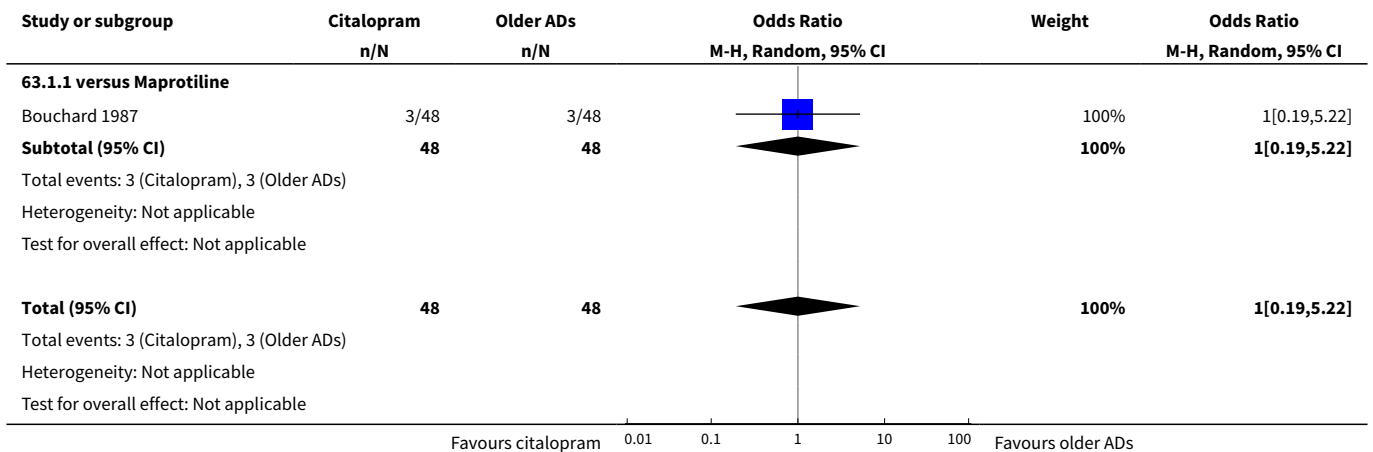
**Analysis 62.1. Comparison 62 SE - Nervousness, Outcome 1 Citalopram versus other SSRIs.**



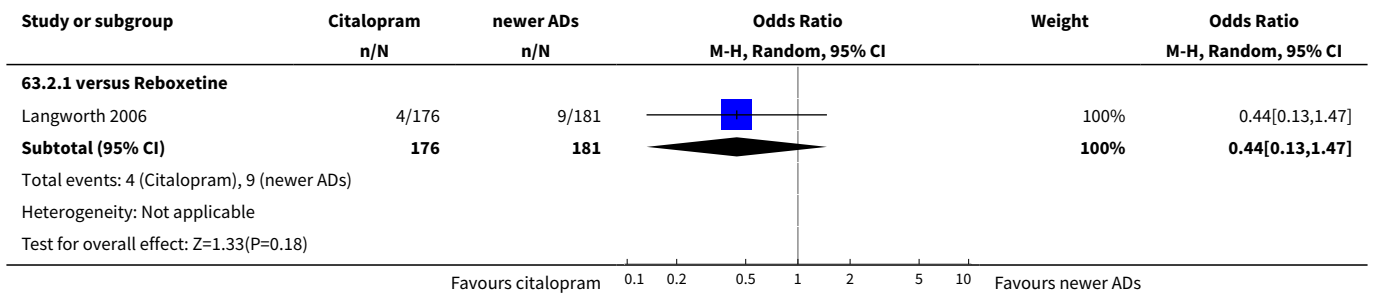
**Comparison 63. SE - Orthostatic symptoms**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Citalopram versus heterocyclics</b>	1	96	Odds Ratio (M-H, Random, 95% CI)	1.0 [0.19, 5.22]
1.1 versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	1.0 [0.19, 5.22]
<b>2 Citalopram versus newer ADs</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
2.1 versus Reboxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	0.44 [0.13, 1.47]

**Analysis 63.1. Comparison 63 SE - Orthostatic symptoms, Outcome 1 Citalopram versus heterocyclics.**



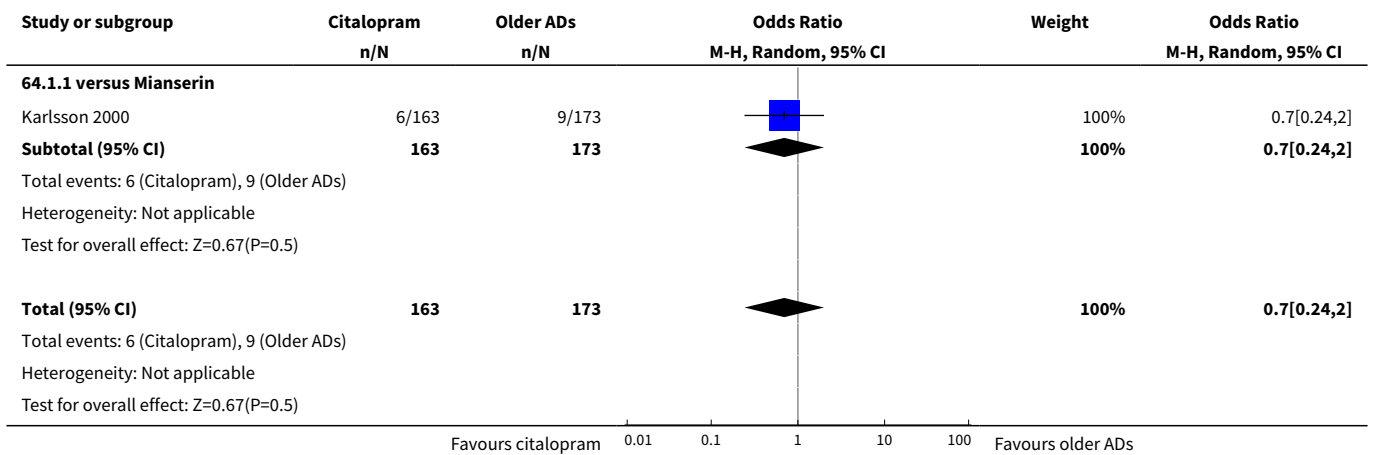
**Analysis 63.2. Comparison 63 SE - Orthostatic symptoms, Outcome 2 Citalopram versus newer ADs.**



**Comparison 64. SE - Pain (general)**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus heterocyclics	1	336	Odds Ratio (M-H, Random, 95% CI)	0.70 [0.24, 2.00]
1.1 versus Mianserin	1	336	Odds Ratio (M-H, Random, 95% CI)	0.70 [0.24, 2.00]

**Analysis 64.1. Comparison 64 SE - Pain (general), Outcome 1 Citalopram versus heterocyclics.**

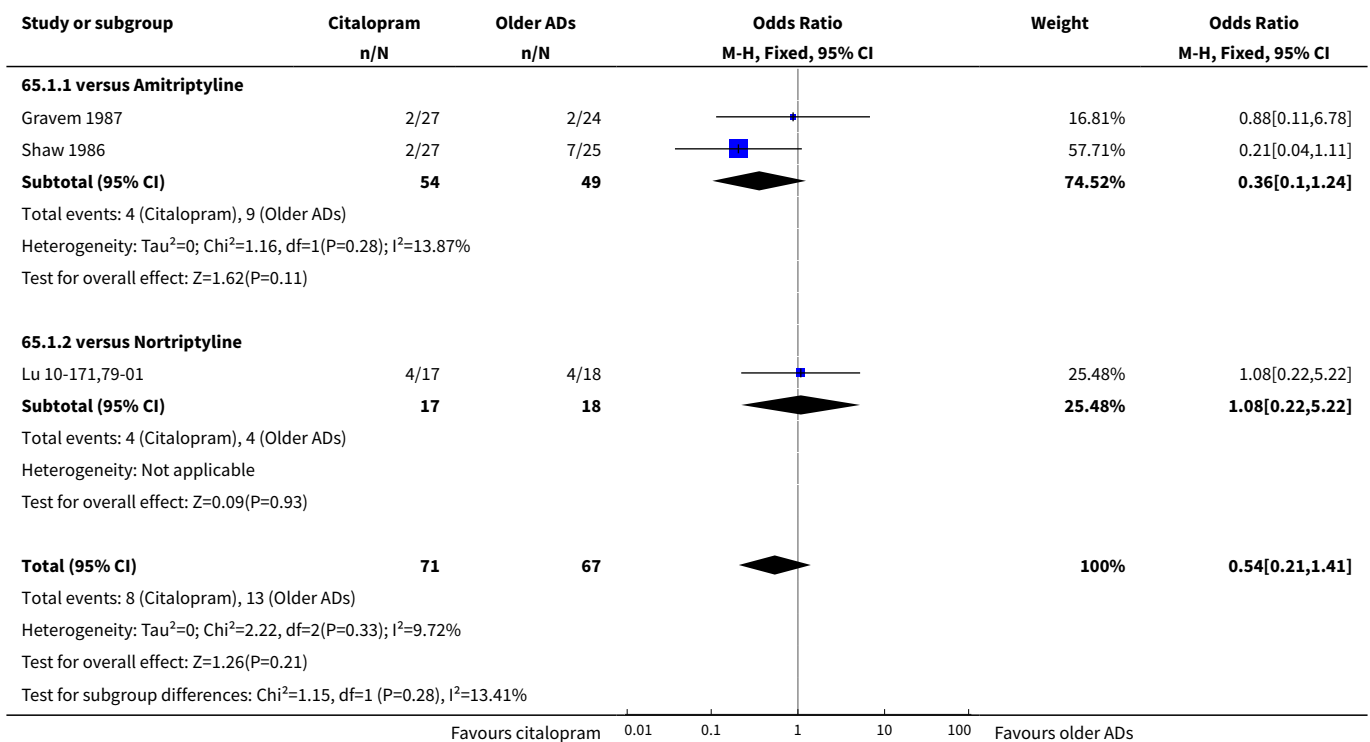


**Comparison 65. SE - Palpitations**

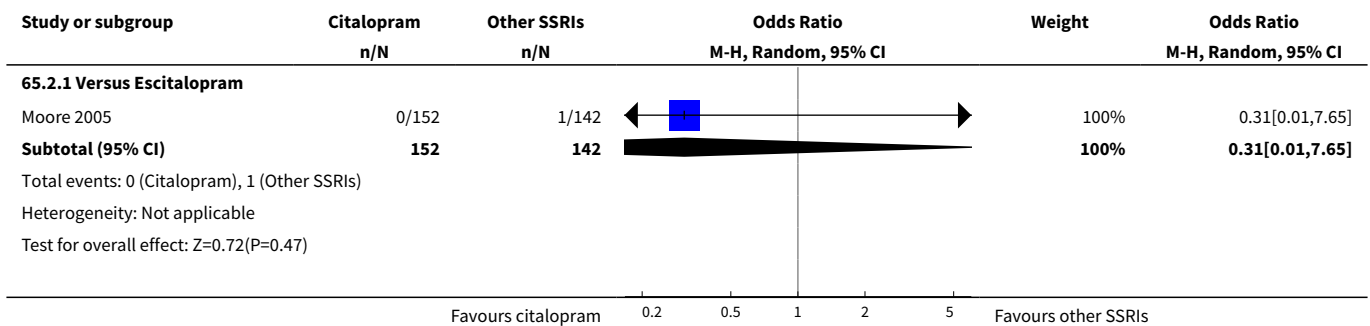
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus TCAs	3	138	Odds Ratio (M-H, Fixed, 95% CI)	0.54 [0.21, 1.41]
1.1 versus Amitriptyline	2	103	Odds Ratio (M-H, Fixed, 95% CI)	0.36 [0.10, 1.24]

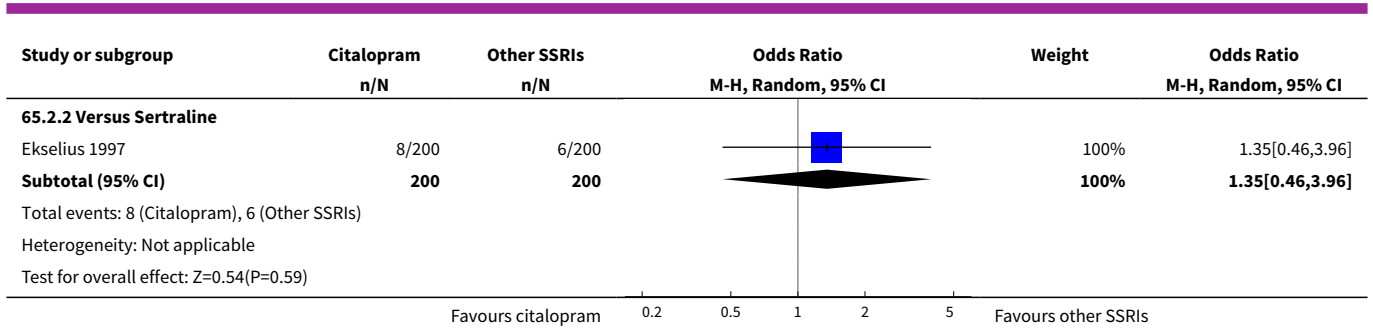
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1.2 versus Nortriptyline	1	35	Odds Ratio (M-H, Fixed, 95% CI)	1.08 [0.22, 5.22]
<b>2 Citalopram versus other SSRIs</b>	<b>2</b>		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
2.1 Versus Escitalopram	1	294	Odds Ratio (M-H, Random, 95% CI)	0.31 [0.01, 7.65]
2.2 Versus Sertraline	1	400	Odds Ratio (M-H, Random, 95% CI)	1.35 [0.46, 3.96]

**Analysis 65.1. Comparison 65 SE - Palpitations, Outcome 1 Citalopram versus TCAs.**



**Analysis 65.2. Comparison 65 SE - Palpitations, Outcome 2 Citalopram versus other SSRIs.**

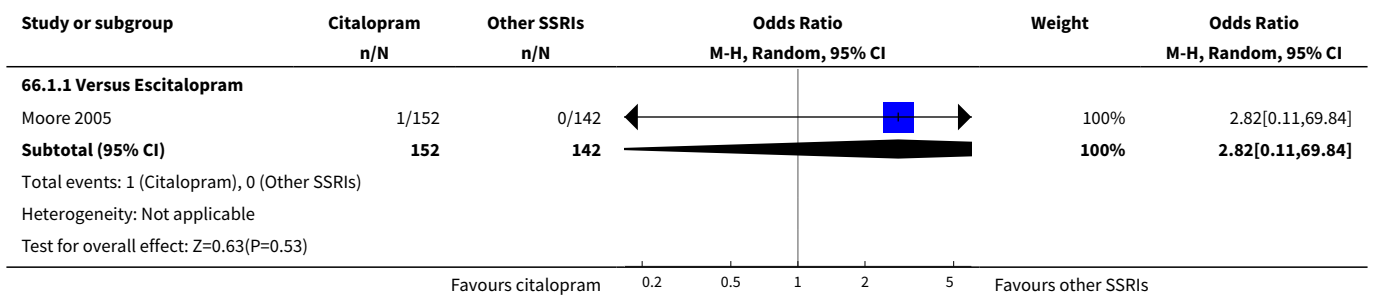




**Comparison 66. SE - Panic attack**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<a href="#">1 Citalopram versus other SSRIs</a>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 Versus Escitalopram	1	294	Odds Ratio (M-H, Random, 95% CI)	2.82 [0.11, 69.84]

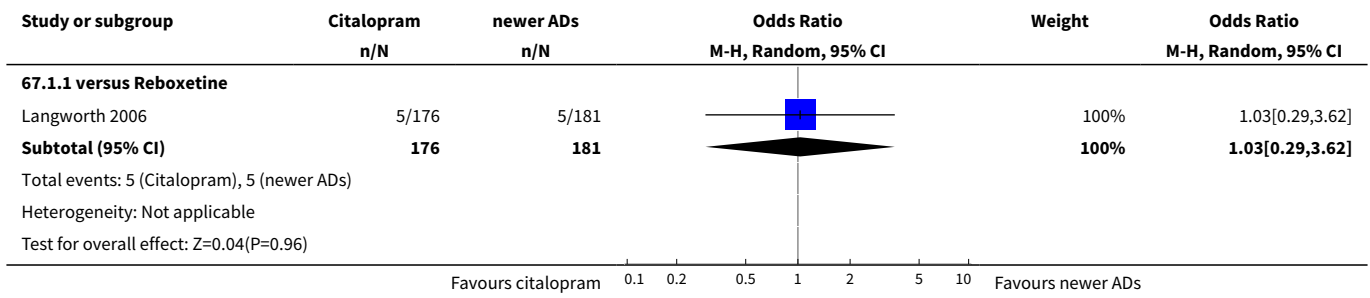
**Analysis 66.1. Comparison 66 SE - Panic attack, Outcome 1 Citalopram versus other SSRIs.**



**Comparison 67. SE - Paraesthesia**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<a href="#">1 Citalopram versus other conventional ADs</a>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 versus Reboxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	1.03 [0.29, 3.62]

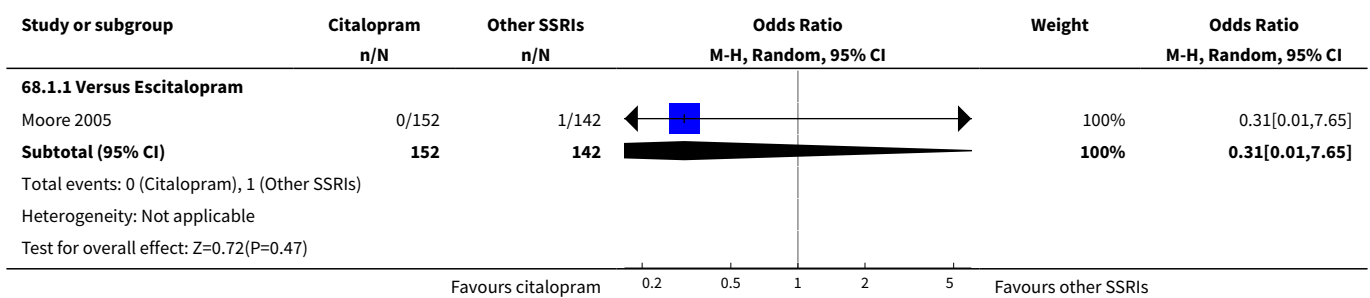
**Analysis 67.1. Comparison 67 SE - Paraesthesia, Outcome 1 Citalopram versus other conventional ADs.**



**Comparison 68. SE - Pharyngitis**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<a href="#">1 Citalopram versus other SSRIs</a>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 Versus Escitalopram	1	294	Odds Ratio (M-H, Random, 95% CI)	0.31 [0.01, 7.65]

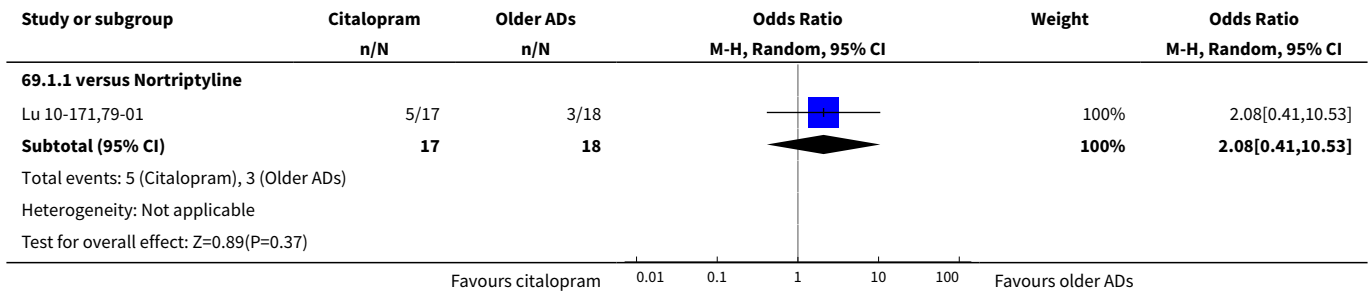
**Analysis 68.1. Comparison 68 SE - Pharyngitis, Outcome 1 Citalopram versus other SSRIs.**



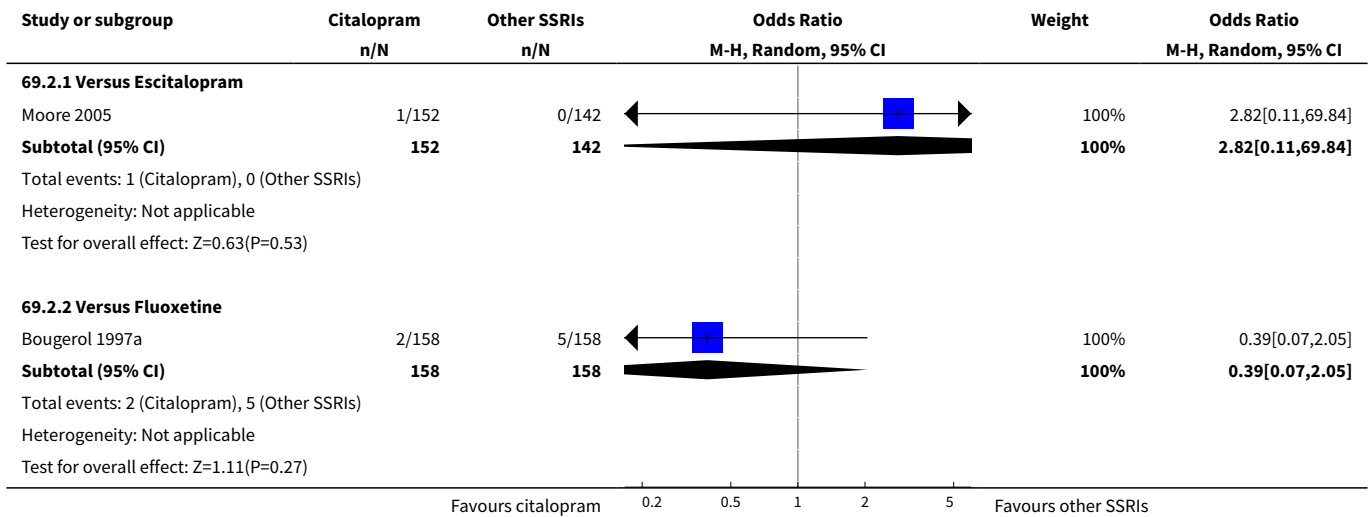
**Comparison 69. SE - Pruritus**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<a href="#">1 Citalopram versus TCAs</a>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 versus Nortriptyline	1	35	Odds Ratio (M-H, Random, 95% CI)	2.08 [0.41, 10.53]
<a href="#">2 Citalopram versus other SSRIs</a>	2		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
2.1 Versus Escitalopram	1	294	Odds Ratio (M-H, Random, 95% CI)	2.82 [0.11, 69.84]
2.2 Versus Fluoxetine	1	316	Odds Ratio (M-H, Random, 95% CI)	0.39 [0.07, 2.05]

**Analysis 69.1. Comparison 69 SE - Pruritus, Outcome 1 Citalopram versus TCAs.**



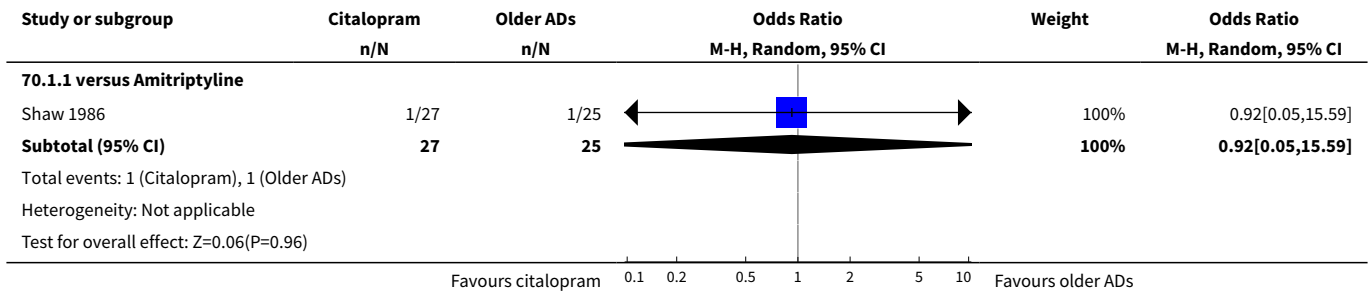
**Analysis 69.2. Comparison 69 SE - Pruritus, Outcome 2 Citalopram versus other SSRIs.**



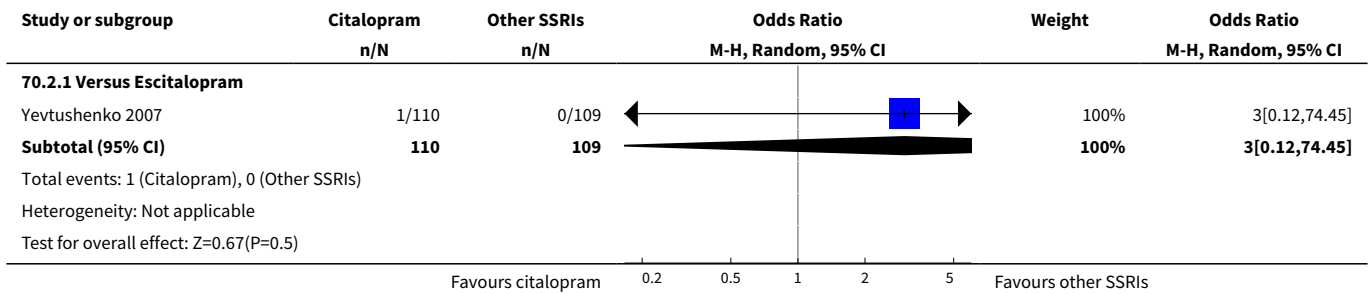
**Comparison 70. SE - Rash**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Citalopram versus TCAs</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 versus Amitriptyline	1	52	Odds Ratio (M-H, Random, 95% CI)	0.92 [0.05, 15.59]
<b>2 Citalopram versus other SSRIs</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
2.1 Versus Escitalopram	1	219	Odds Ratio (M-H, Random, 95% CI)	3.0 [0.12, 74.45]
<b>3 Citalopram versus other conventional ADs</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 versus Reboxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	0.51 [0.09, 2.81]

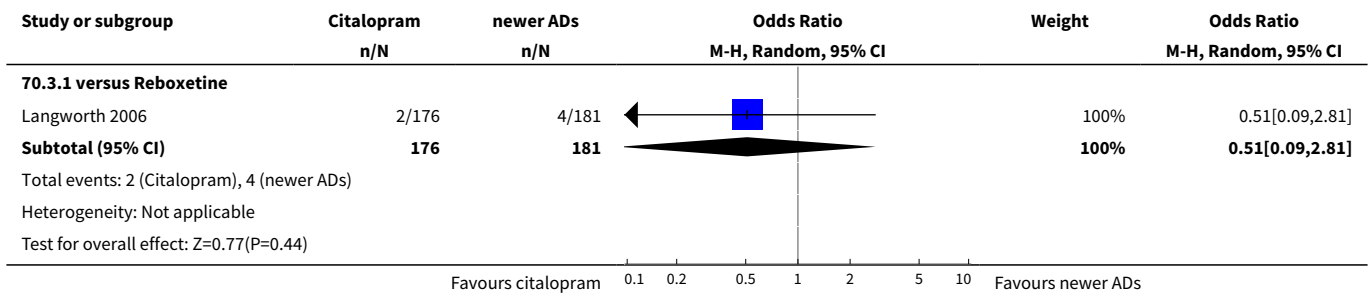
**Analysis 70.1. Comparison 70 SE - Rash, Outcome 1 Citalopram versus TCAs.**



**Analysis 70.2. Comparison 70 SE - Rash, Outcome 2 Citalopram versus other SSRIs.**



**Analysis 70.3. Comparison 70 SE - Rash, Outcome 3 Citalopram versus other conventional ADs.**

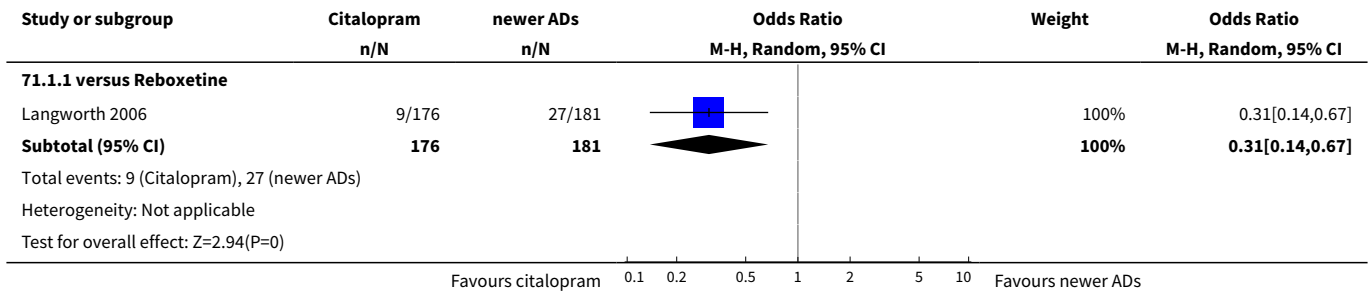


**Comparison 71. SE - Reduced salivation**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<a href="#">1 Citalopram versus other conventional ADs</a>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 versus Reboxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	0.31 [0.14, 0.67]



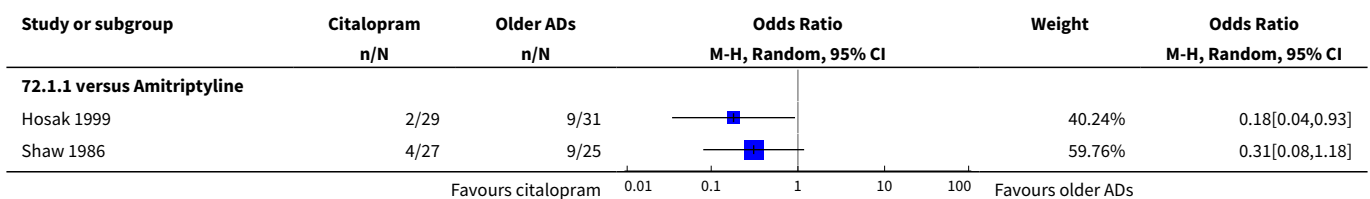
**Analysis 71.1. Comparison 71 SE - Reduced salivation, Outcome 1 Citalopram versus other conventional ADs.**

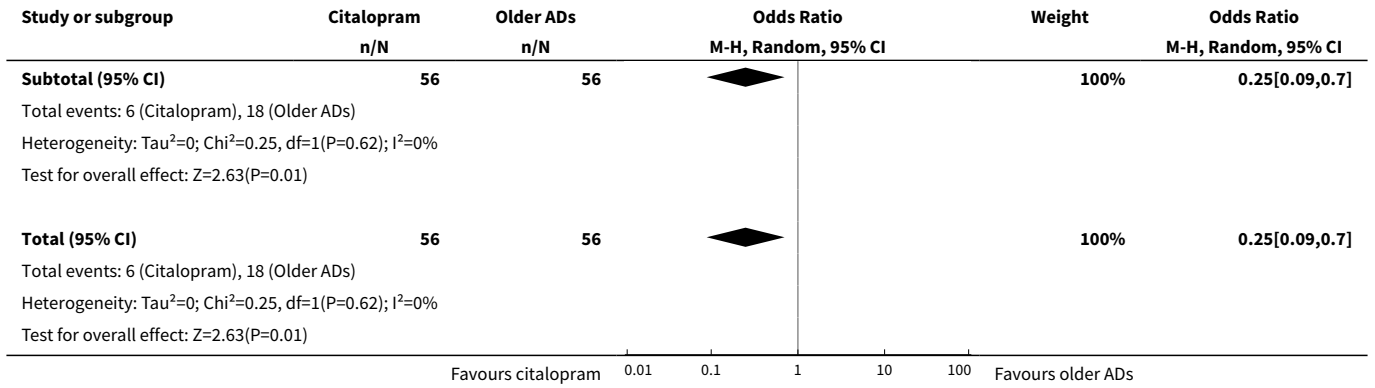


**Comparison 72. SE - Sedation/drowsiness**

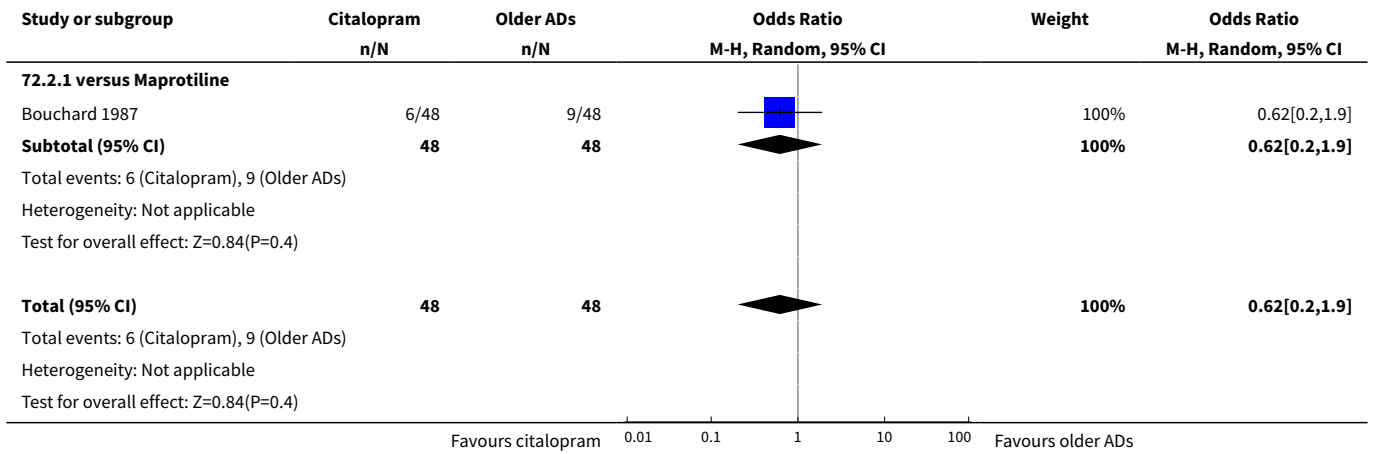
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<a href="#">1 Citalopram versus TCAs</a>	2	112	Odds Ratio (M-H, Random, 95% CI)	0.25 [0.09, 0.70]
1.1 versus Amitriptyline	2	112	Odds Ratio (M-H, Random, 95% CI)	0.25 [0.09, 0.70]
<a href="#">2 Citalopram versus heterocyclics</a>	1	96	Odds Ratio (M-H, Random, 95% CI)	0.62 [0.20, 1.90]
2.1 versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	0.62 [0.20, 1.90]
<a href="#">3 Citalopram versus other SSRIs</a>	3		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 Versus Escitalopram	1	294	Odds Ratio (M-H, Random, 95% CI)	0.31 [0.01, 7.65]
3.2 Versus Fluoxetine	1	59	Odds Ratio (M-H, Random, 95% CI)	1.04 [0.14, 7.90]
3.3 Versus Sertraline	1	400	Odds Ratio (M-H, Random, 95% CI)	0.90 [0.36, 2.25]
<a href="#">4 Citalopram versus other conventional ADs</a>	2		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
4.1 versus Mirtazapine	1	270	Odds Ratio (M-H, Random, 95% CI)	0.73 [0.29, 1.88]
4.2 versus Reboxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	0.91 [0.34, 2.41]

**Analysis 72.1. Comparison 72 SE - Sedation/drowsiness, Outcome 1 Citalopram versus TCAs.**

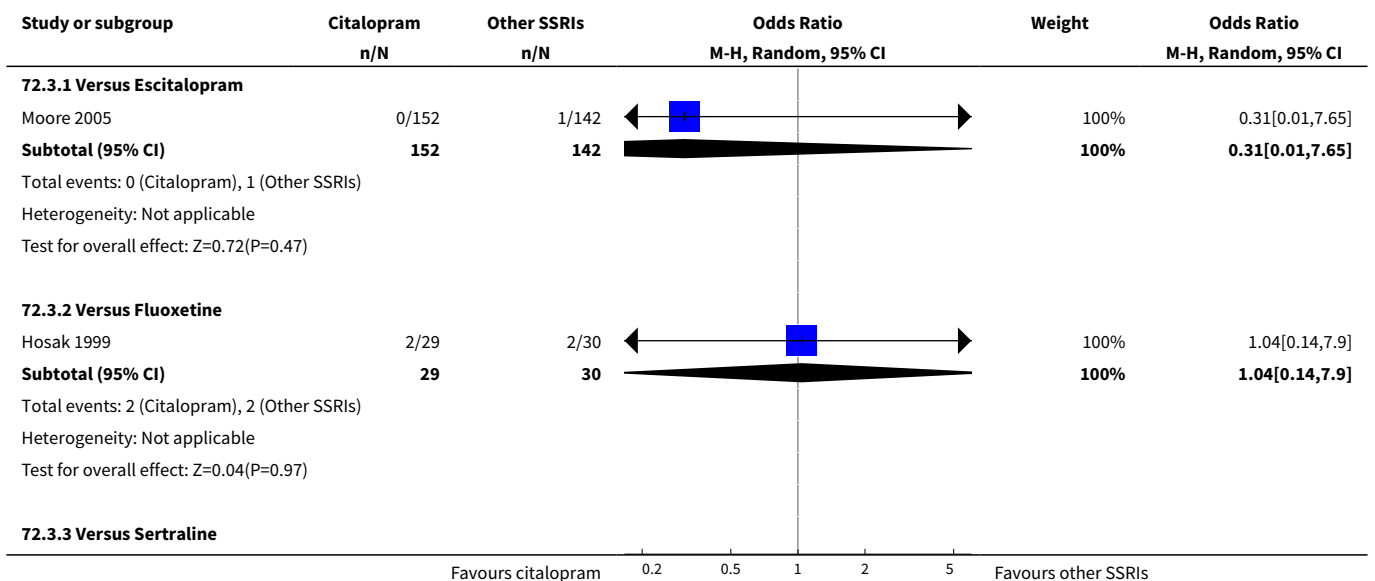


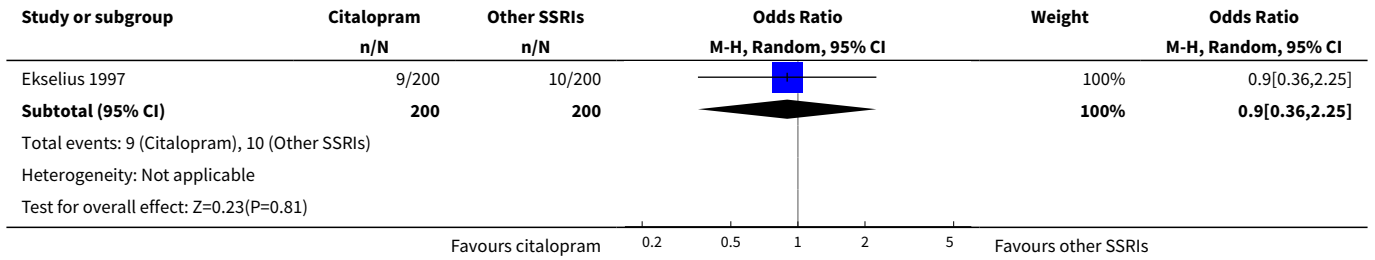


**Analysis 72.2. Comparison 72 SE - Sedation/drowsiness, Outcome 2 Citalopram versus heterocyclics.**

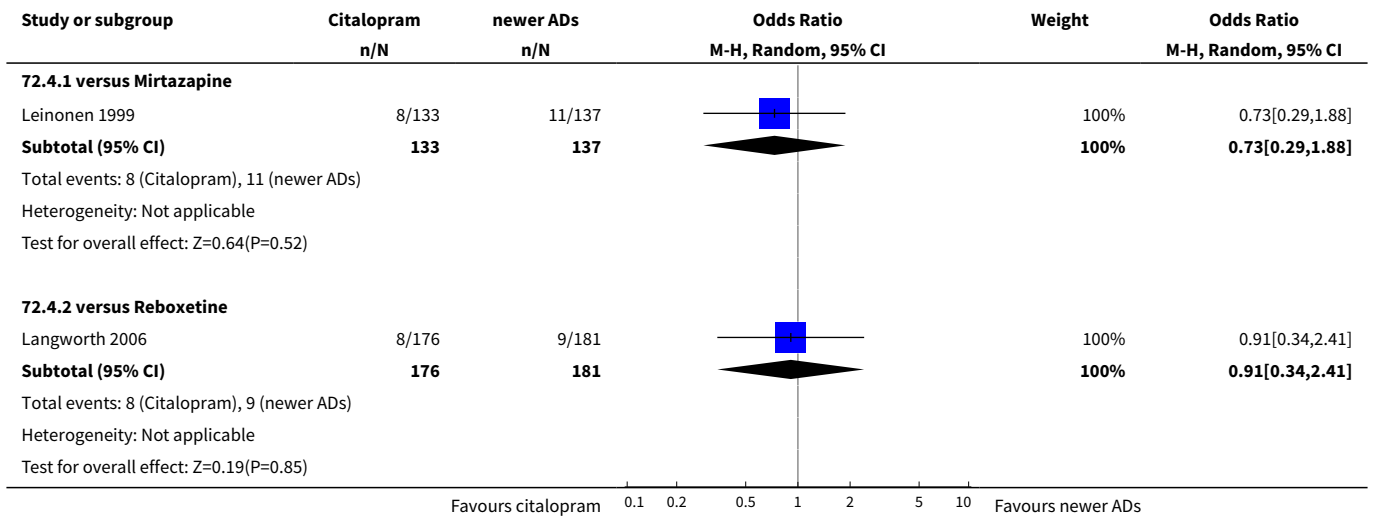


**Analysis 72.3. Comparison 72 SE - Sedation/drowsiness, Outcome 3 Citalopram versus other SSRIs.**





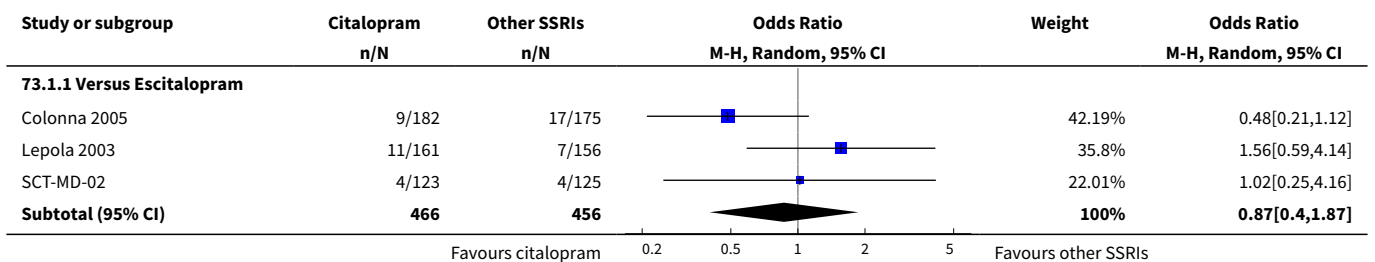
**Analysis 72.4. Comparison 72 SE - Sedation/drowsiness, Outcome 4 Citalopram versus other conventional ADs.**

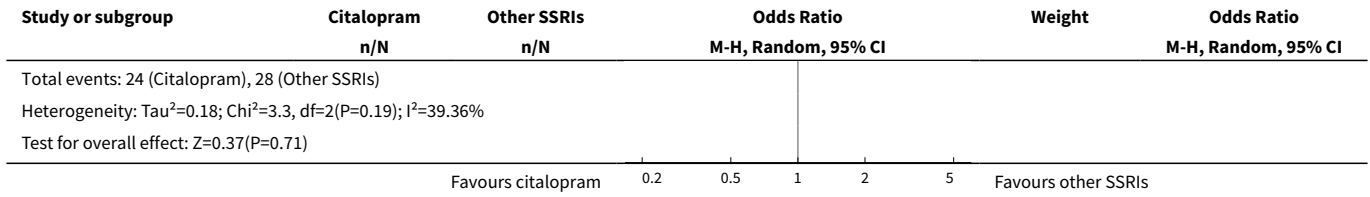


**Comparison 73. SE - Rhinitis**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus other SSRIs	3		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 Versus Escitalopram	3	922	Odds Ratio (M-H, Random, 95% CI)	0.87 [0.40, 1.87]

**Analysis 73.1. Comparison 73 SE - Rhinitis, Outcome 1 Citalopram versus other SSRIs.**

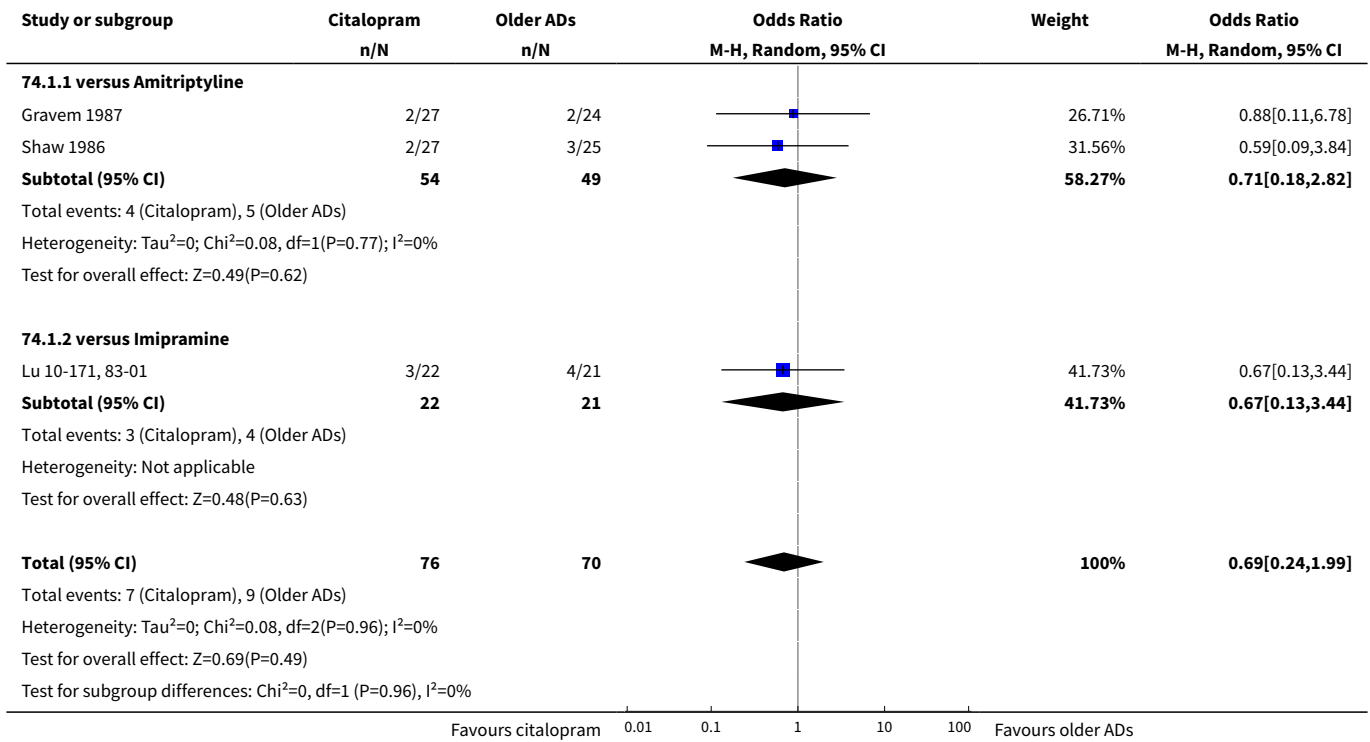




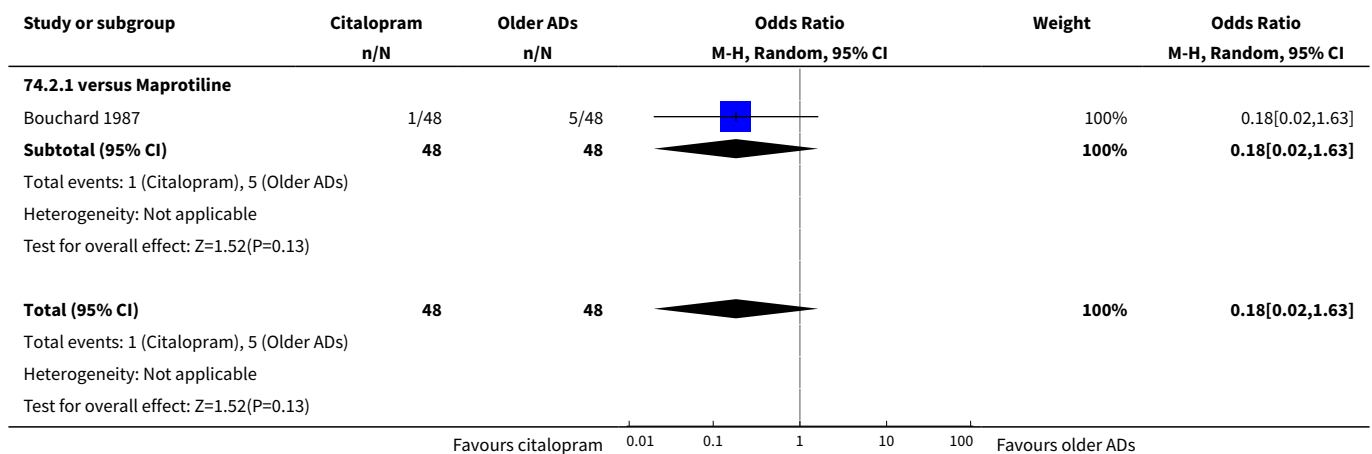
**Comparison 74. SE - Restlessness**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Citalopram versus TCAs</b>	3	146	Odds Ratio (M-H, Random, 95% CI)	0.69 [0.24, 1.99]
1.1 versus Amitriptyline	2	103	Odds Ratio (M-H, Random, 95% CI)	0.71 [0.18, 2.82]
1.2 versus Imipramine	1	43	Odds Ratio (M-H, Random, 95% CI)	0.67 [0.13, 3.44]
<b>2 Citalopram versus hetero-cyclics</b>	1	96	Odds Ratio (M-H, Random, 95% CI)	0.18 [0.02, 1.63]
2.1 versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	0.18 [0.02, 1.63]

**Analysis 74.1. Comparison 74 SE - Restlessness, Outcome 1 Citalopram versus TCAs.**



**Analysis 74.2. Comparison 74 SE - Restlessness, Outcome 2 Citalopram versus heterocyclics.**

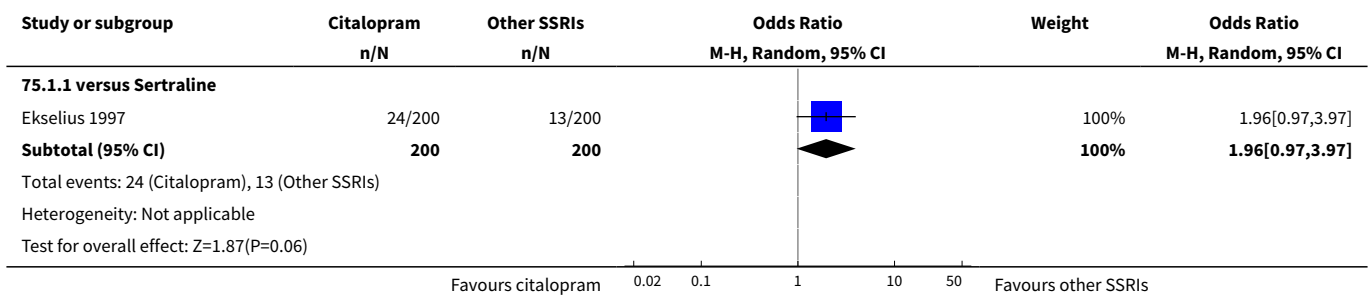


**Comparison 75. SE - Sexual problems**

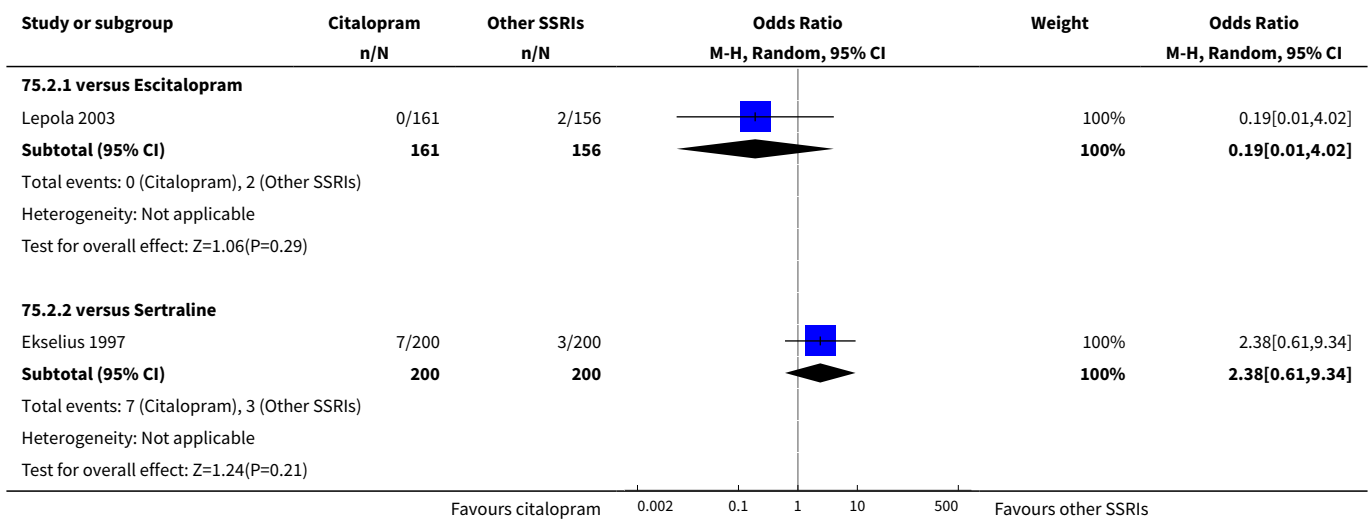
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Anorgasmia</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 versus Sertraline	1	400	Odds Ratio (M-H, Random, 95% CI)	1.96 [0.97, 3.97]
<b>2 Erectile dysfunction</b>	2		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
2.1 versus Escitalopram	1	317	Odds Ratio (M-H, Random, 95% CI)	0.19 [0.01, 4.02]
2.2 versus Sertraline	1	400	Odds Ratio (M-H, Random, 95% CI)	2.38 [0.61, 9.34]
<b>3 Increased sexual desire</b>	2		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 versus Escitalopram	1	248	Odds Ratio (M-H, Random, 95% CI)	1.15 [0.43, 3.10]
3.2 versus Sertraline	1	400	Odds Ratio (M-H, Random, 95% CI)	2.08 [0.82, 5.26]
<b>4 Loss of sexual interest</b>	3		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
4.1 versus Moclobemide	1	42	Odds Ratio (M-H, Random, 95% CI)	0.29 [0.01, 7.51]
4.2 versus Reboxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	1.73 [0.41, 7.37]
4.3 versus Sertraline	1	400	Odds Ratio (M-H, Random, 95% CI)	0.83 [0.41, 1.66]
<b>5 Orgastic dysfunction</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
5.1 versus Reboxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	3.74 [1.56, 8.95]
<b>6 Other sexual problems</b>	7		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
6.1 versus Escitalopram	4	1015	Odds Ratio (M-H, Random, 95% CI)	0.72 [0.36, 1.43]

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
6.2 versus Paroxetine	1	406	Odds Ratio (M-H, Random, 95% CI)	1.15 [0.50, 2.62]
6.3 versus Reboxetine	1	101	Odds Ratio (M-H, Random, 95% CI)	8.65 [1.86, 40.22]
6.4 versus Sertraline	1	400	Odds Ratio (M-H, Random, 95% CI)	1.67 [0.68, 4.12]

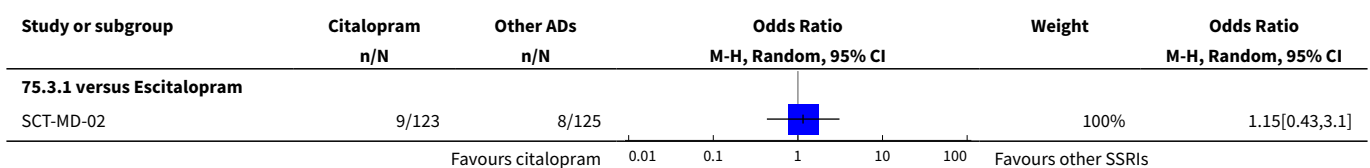
**Analysis 75.1. Comparison 75 SE - Sexual problems, Outcome 1 Anorgasmia.**

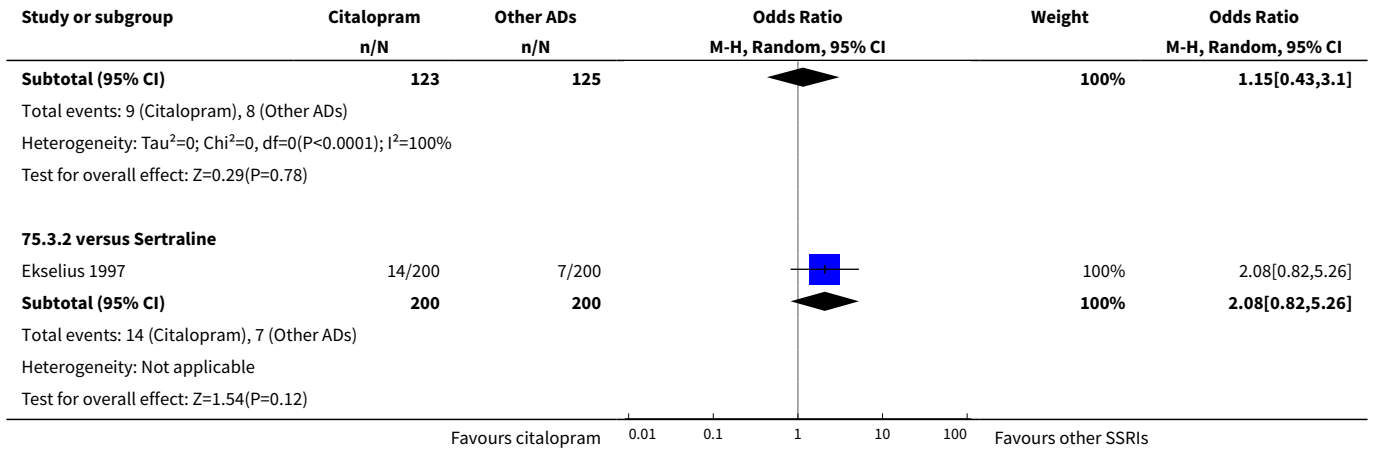


**Analysis 75.2. Comparison 75 SE - Sexual problems, Outcome 2 Erectile dysfunction.**

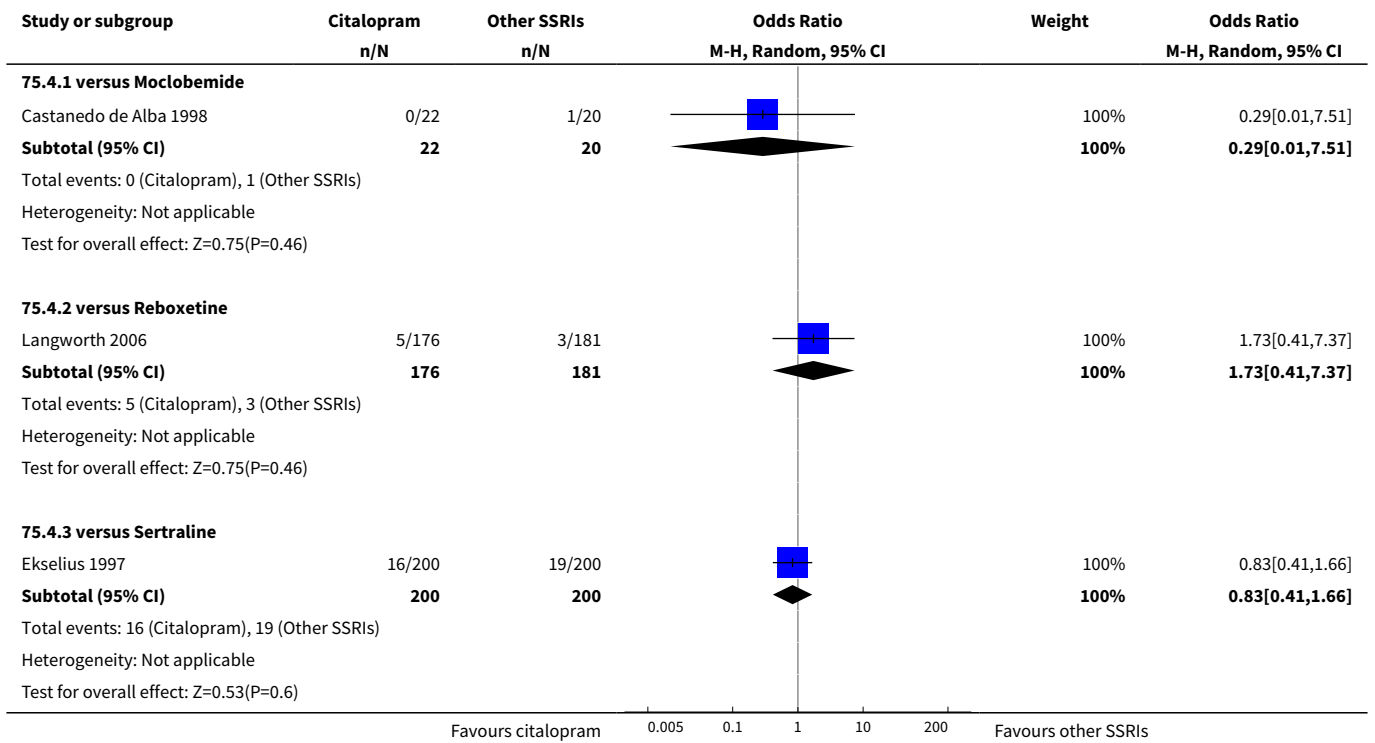


**Analysis 75.3. Comparison 75 SE - Sexual problems, Outcome 3 Increased sexual desire.**

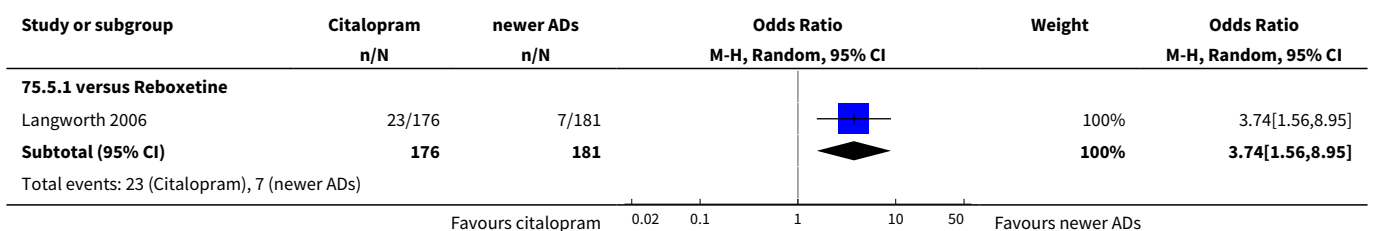


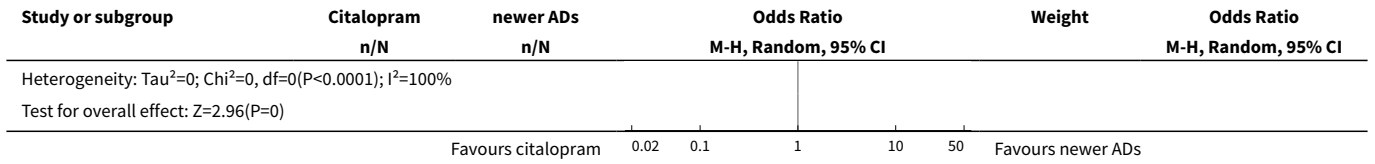


**Analysis 75.4. Comparison 75 SE - Sexual problems, Outcome 4 Loss of sexual interest.**

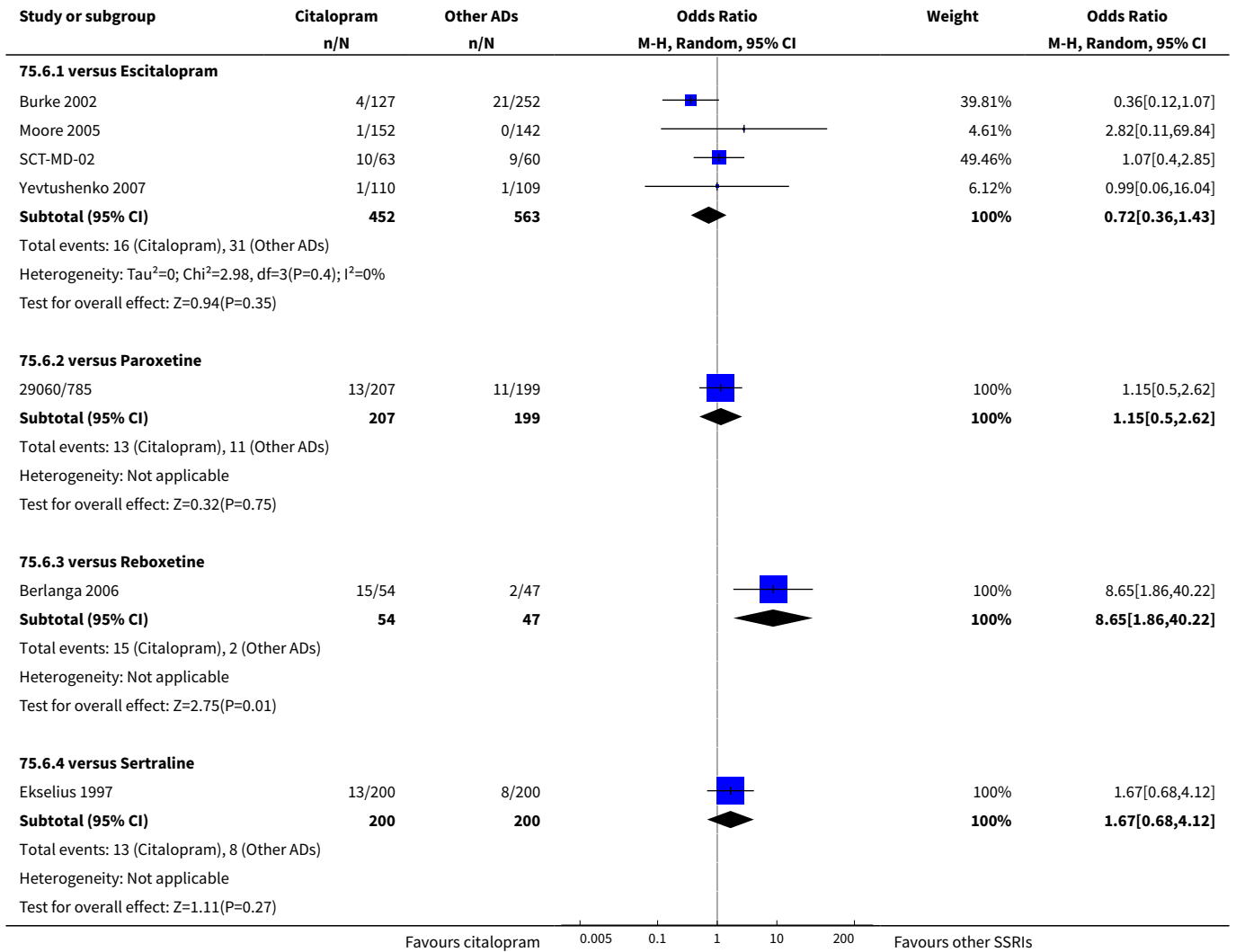


**Analysis 75.5. Comparison 75 SE - Sexual problems, Outcome 5 Orgastic dysfunction.**





**Analysis 75.6. Comparison 75 SE - Sexual problems, Outcome 6 Other sexual problems.**



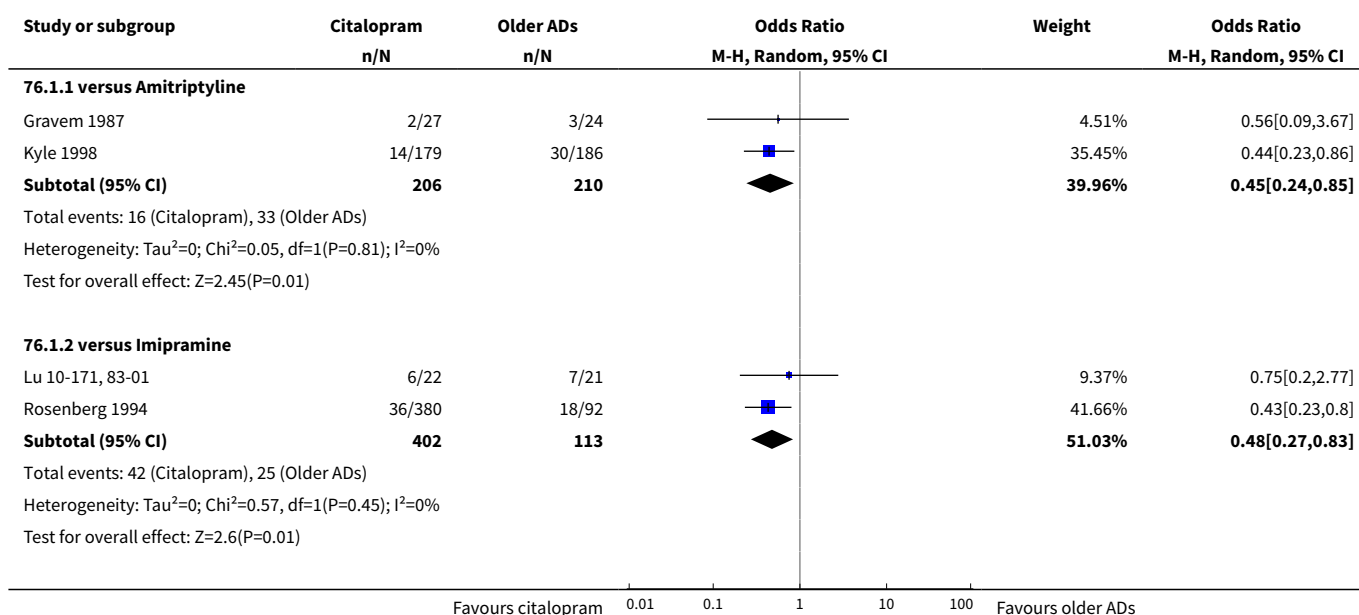
**Comparison 76. SE - Sleepiness/somnolence**

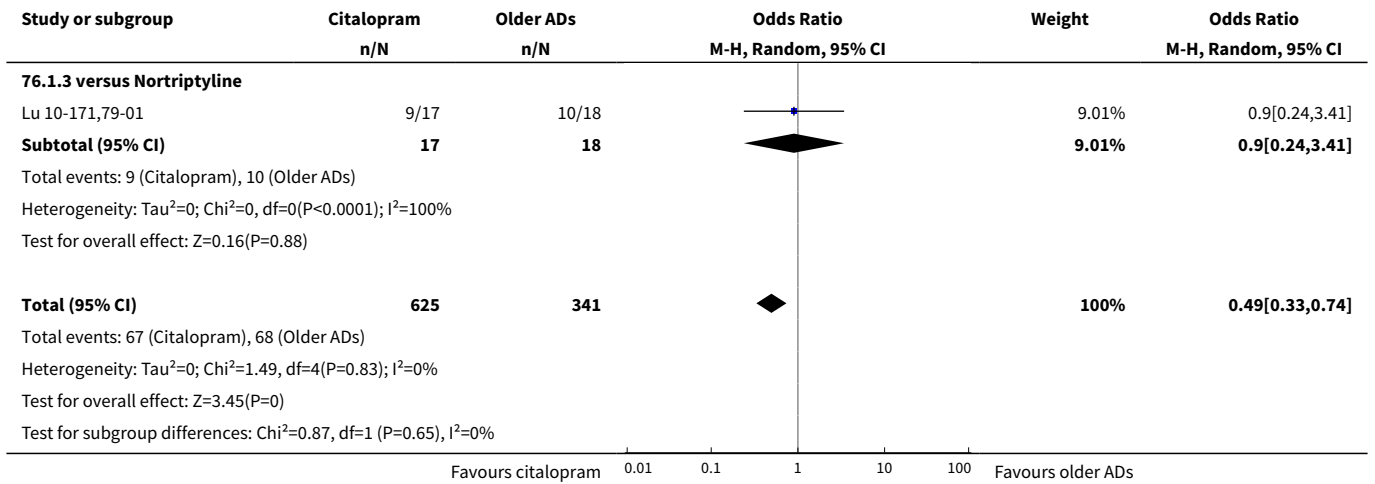
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus TCAs	5	966	Odds Ratio (M-H, Random, 95% CI)	0.49 [0.33, 0.74]
1.1 versus Amitriptyline	2	416	Odds Ratio (M-H, Random, 95% CI)	0.45 [0.24, 0.85]



Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1.2 versus Imipramine	2	515	Odds Ratio (M-H, Random, 95% CI)	0.48 [0.27, 0.83]
1.3 versus Nortriptyline	1	35	Odds Ratio (M-H, Random, 95% CI)	0.9 [0.24, 3.41]
<b>2 Citalopram versus hetero-cyclics</b>	1	336	Odds Ratio (M-H, Random, 95% CI)	0.20 [0.04, 0.94]
2.1 versus Mianserin	1	336	Odds Ratio (M-H, Random, 95% CI)	0.20 [0.04, 0.94]
<b>3 Citalopram versus other SSRIs</b>	7		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 Versus Escitalopram	3	859	Odds Ratio (M-H, Random, 95% CI)	0.75 [0.34, 1.64]
3.2 Versus Fluoxetine	1	316	Odds Ratio (M-H, Random, 95% CI)	1.42 [0.44, 4.57]
3.3 Versus Paroxetine	1	406	Odds Ratio (M-H, Random, 95% CI)	1.64 [0.92, 2.90]
3.4 Versus Sertraline	2	442	Odds Ratio (M-H, Random, 95% CI)	0.68 [0.31, 1.51]
<b>4 Citalopram versus MAOIs or newer ADs</b>	1	42	Odds Ratio (M-H, Random, 95% CI)	2.86 [0.11, 74.31]
4.1 versus Moclobemide	1	42	Odds Ratio (M-H, Random, 95% CI)	2.86 [0.11, 74.31]
<b>5 Citalopram versus other conventional ADs</b>	1	357	Odds Ratio (M-H, Random, 95% CI)	2.46 [0.63, 9.66]
5.1 versus Reboxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	2.46 [0.63, 9.66]

**Analysis 76.1. Comparison 76 SE - Sleepiness/somnolence, Outcome 1 Citalopram versus TCAs.**

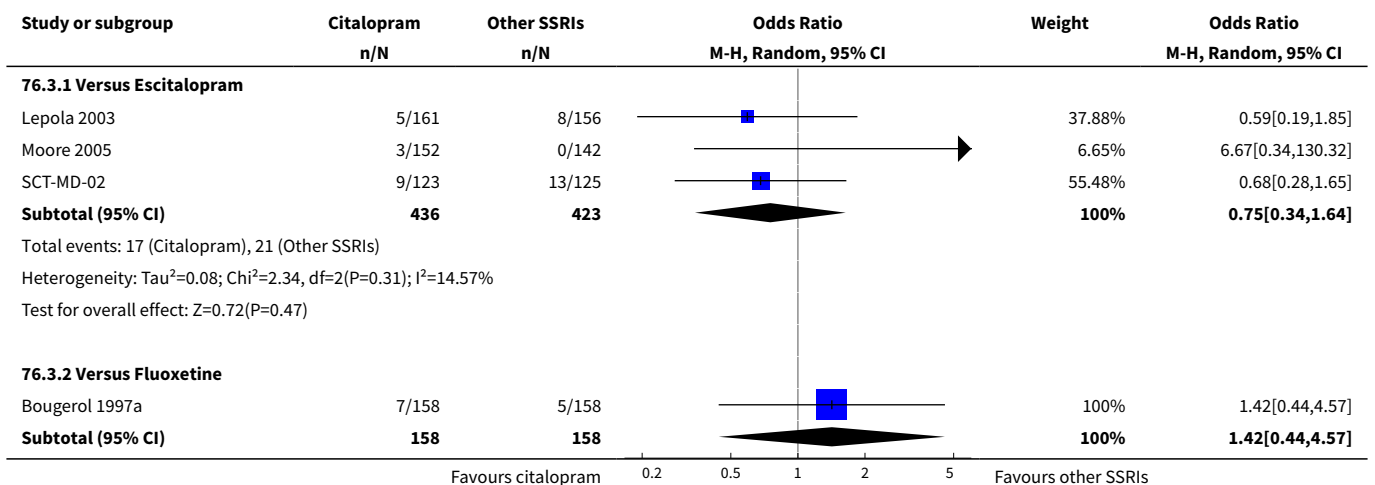


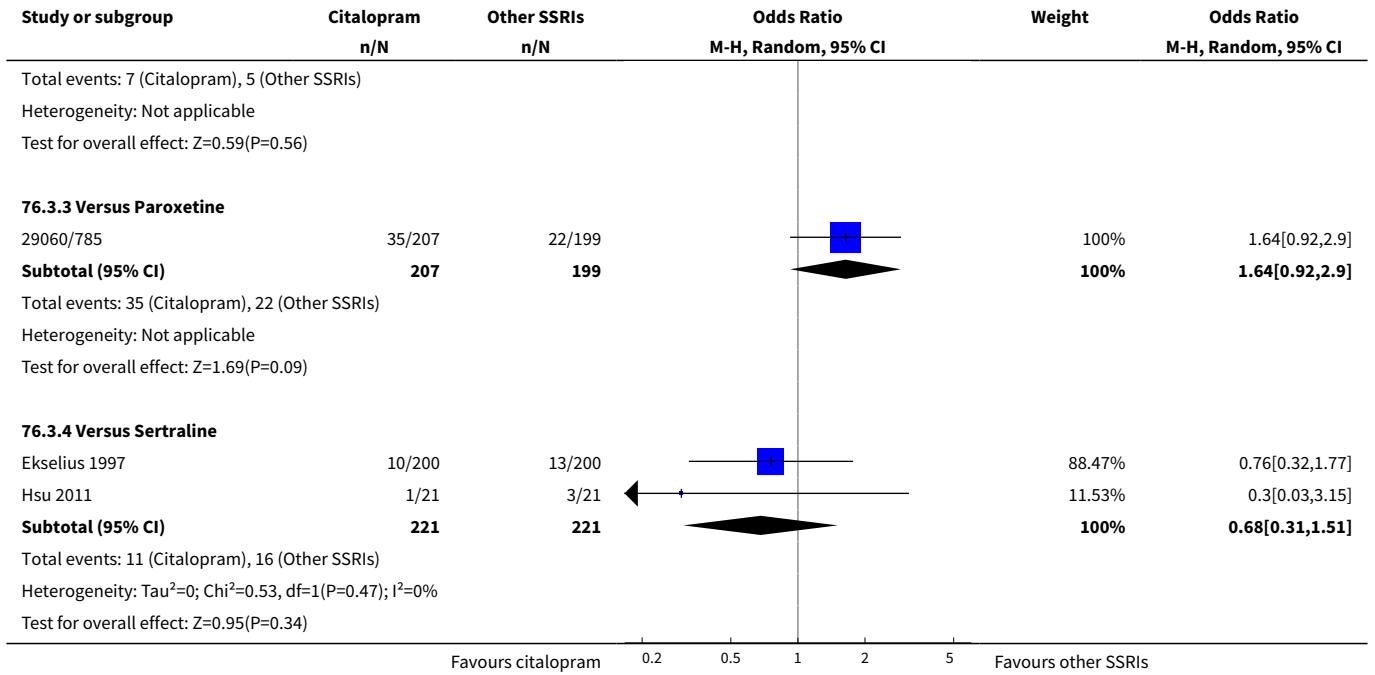


**Analysis 76.2. Comparison 76 SE - Sleepiness/somnolence, Outcome 2 Citalopram versus heterocyclics.**

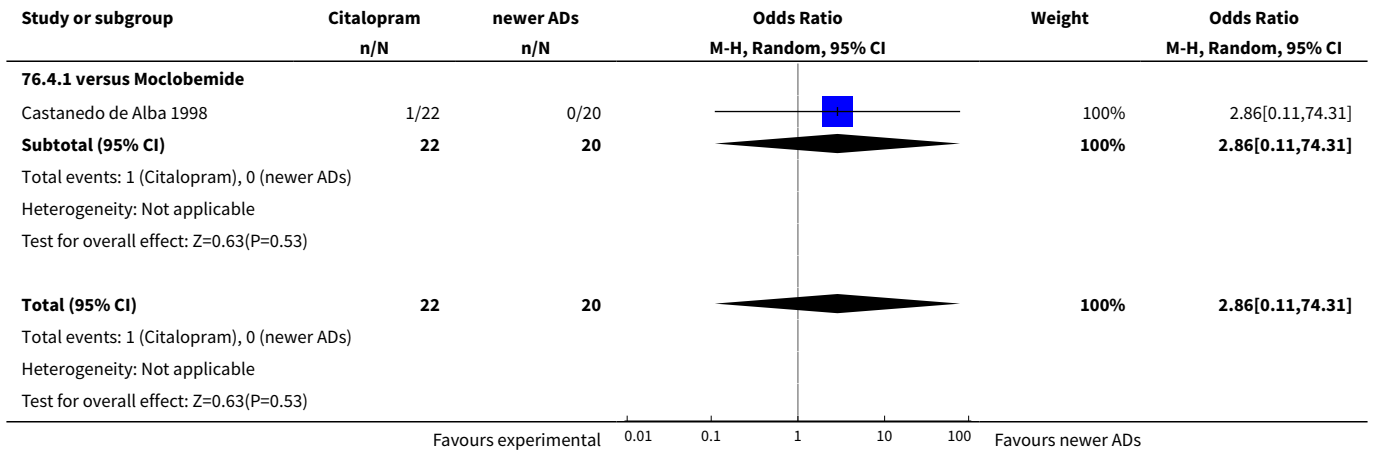


**Analysis 76.3. Comparison 76 SE - Sleepiness/somnolence, Outcome 3 Citalopram versus other SSRIs.**

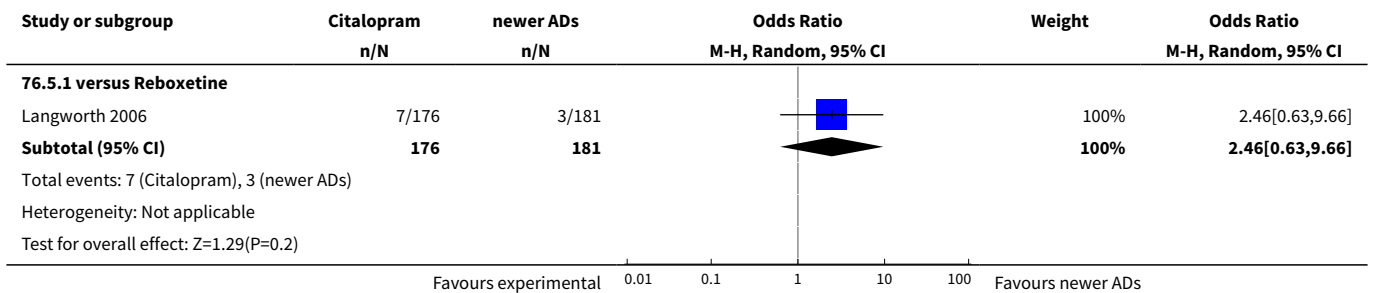


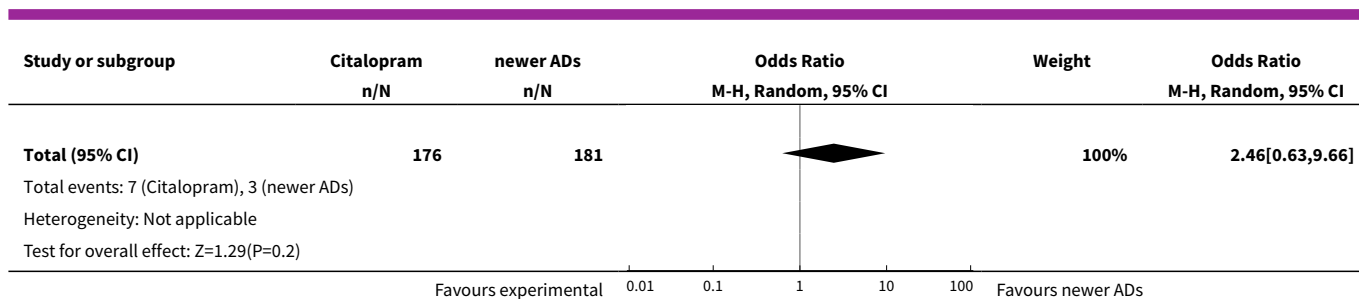


**Analysis 76.4. Comparison 76 SE - Sleepiness/somnolence, Outcome 4 Citalopram versus MAOIs or newer ADs.**



**Analysis 76.5. Comparison 76 SE - Sleepiness/somnolence, Outcome 5 Citalopram versus other conventional ADs.**

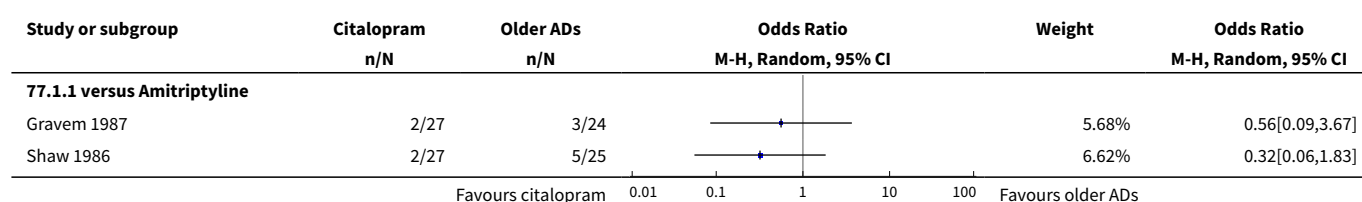


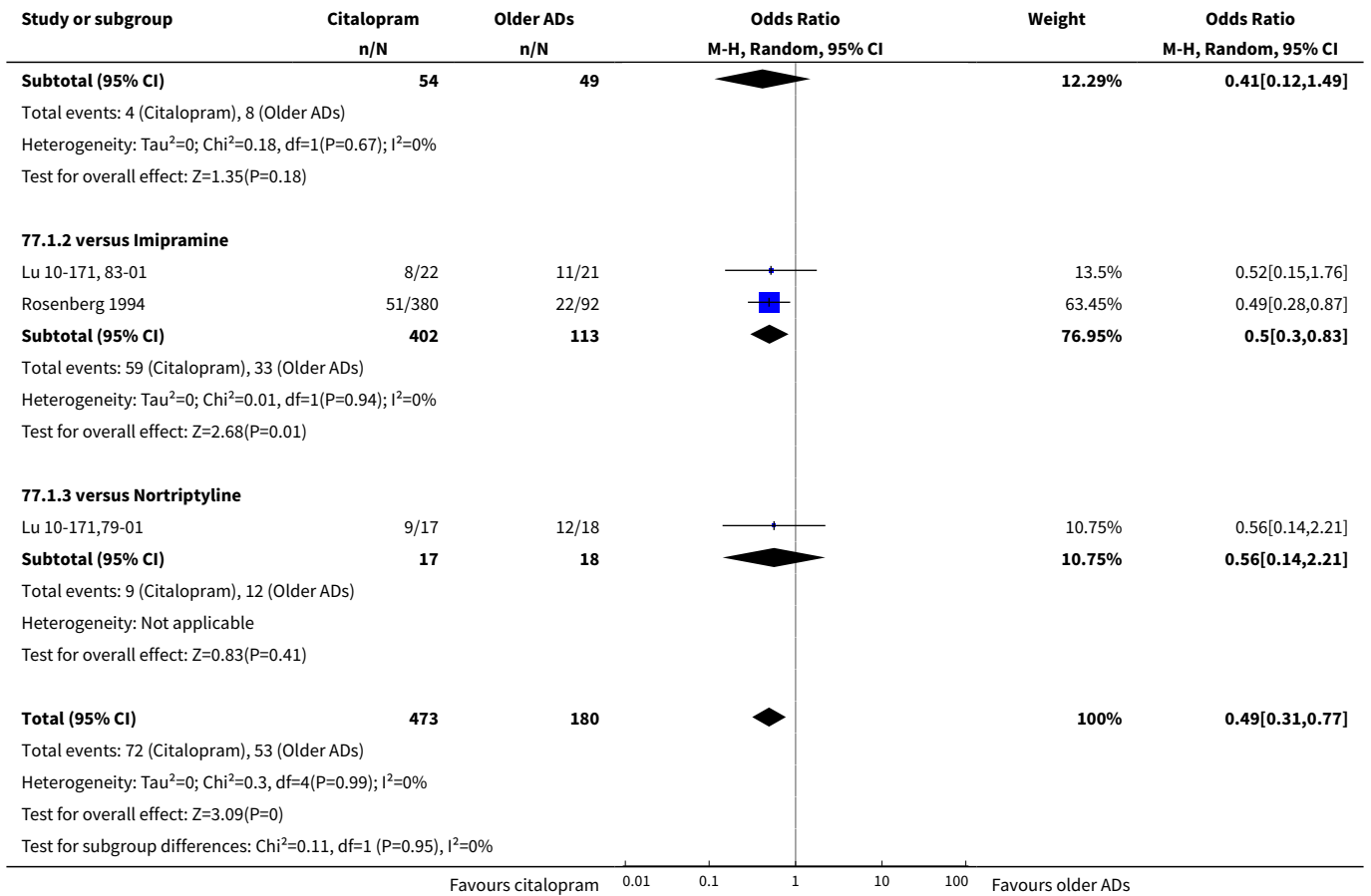


**Comparison 77. SE - Sweating**

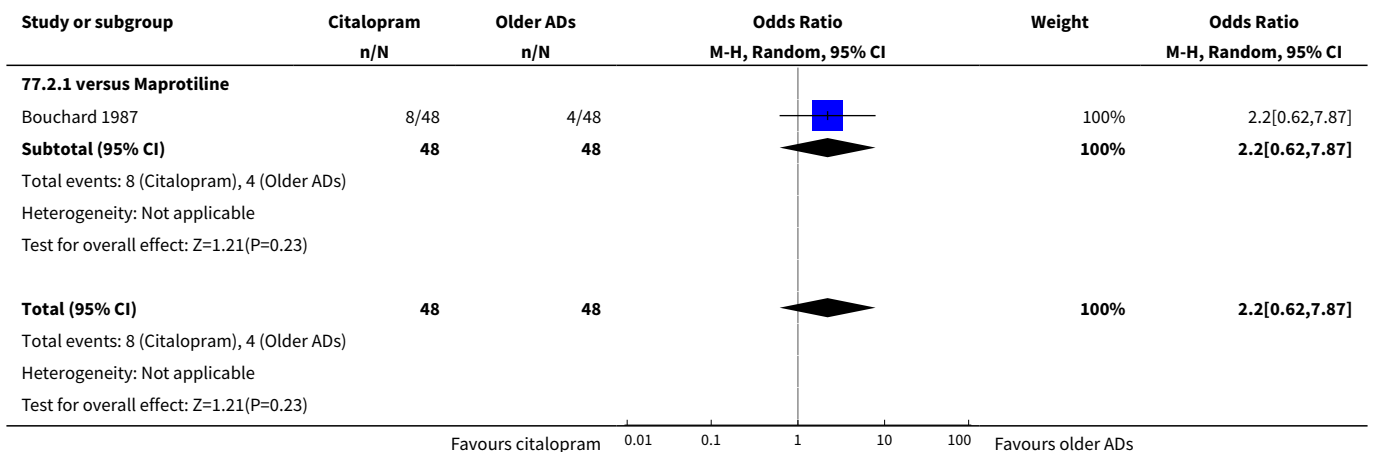
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Citalopram versus TCAs</b>	5	653	Odds Ratio (M-H, Random, 95% CI)	0.49 [0.31, 0.77]
1.1 versus Amitriptyline	2	103	Odds Ratio (M-H, Random, 95% CI)	0.41 [0.12, 1.49]
1.2 versus Imipramine	2	515	Odds Ratio (M-H, Random, 95% CI)	0.50 [0.30, 0.83]
1.3 versus Nortriptyline	1	35	Odds Ratio (M-H, Random, 95% CI)	0.56 [0.14, 2.21]
<b>2 Citalopram versus heterocyclics</b>	1	96	Odds Ratio (M-H, Random, 95% CI)	2.2 [0.62, 7.87]
2.1 versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	2.2 [0.62, 7.87]
<b>3 Citalopram versus other SSRIs</b>	6		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 Versus Escitalopram	3	859	Odds Ratio (M-H, Random, 95% CI)	0.83 [0.39, 1.78]
3.2 Versus Fluoxetine	1	316	Odds Ratio (M-H, Random, 95% CI)	3.08 [0.61, 15.49]
3.3 Versus Sertraline	2	442	Odds Ratio (M-H, Random, 95% CI)	1.32 [0.76, 2.27]
<b>4 Citalopram versus other conventional ADs</b>	2		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
4.1 versus Mirtazapine	1	270	Odds Ratio (M-H, Random, 95% CI)	7.91 [2.29, 27.29]
4.2 versus Reboxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	0.38 [0.16, 0.90]

**Analysis 77.1. Comparison 77 SE - Sweating, Outcome 1 Citalopram versus TCAs.**

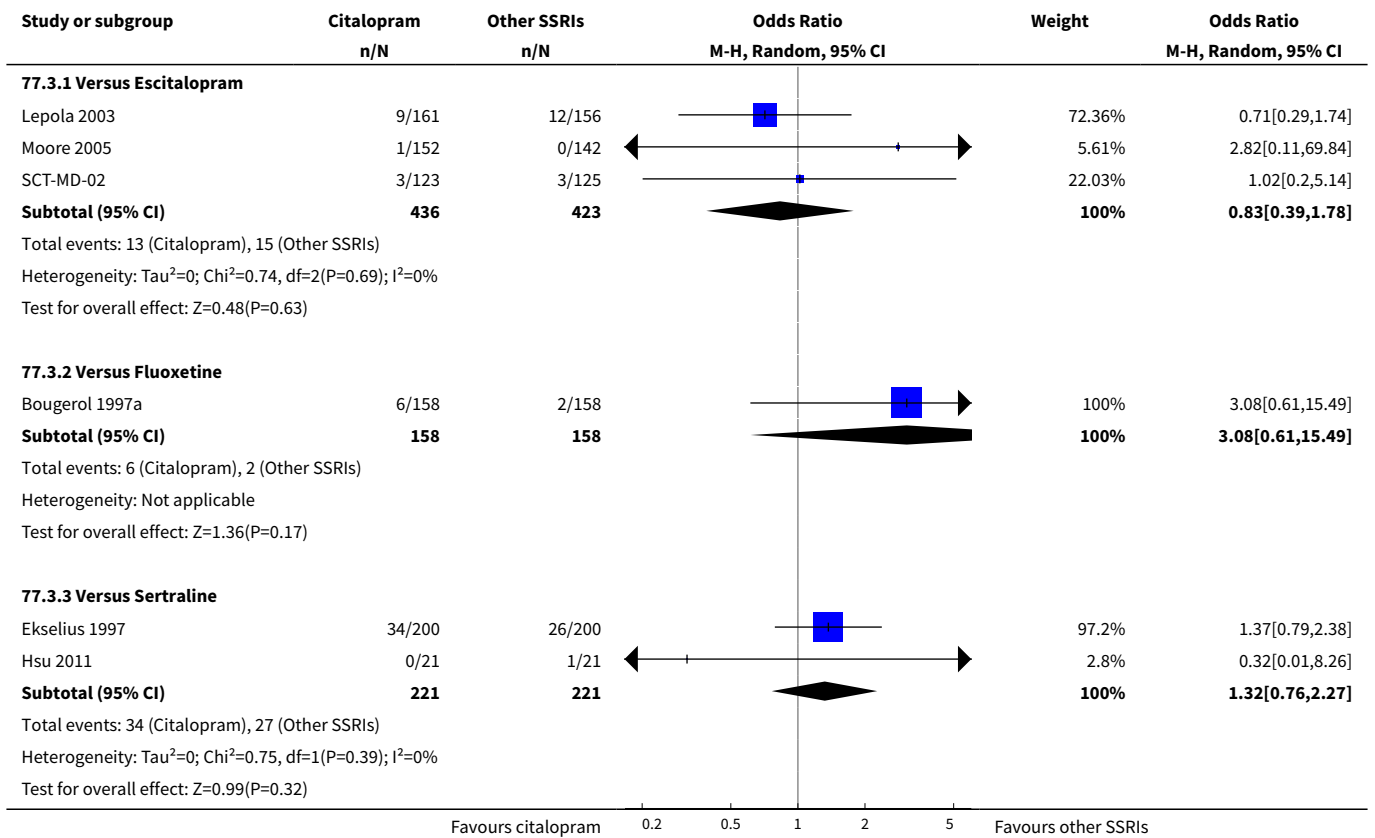




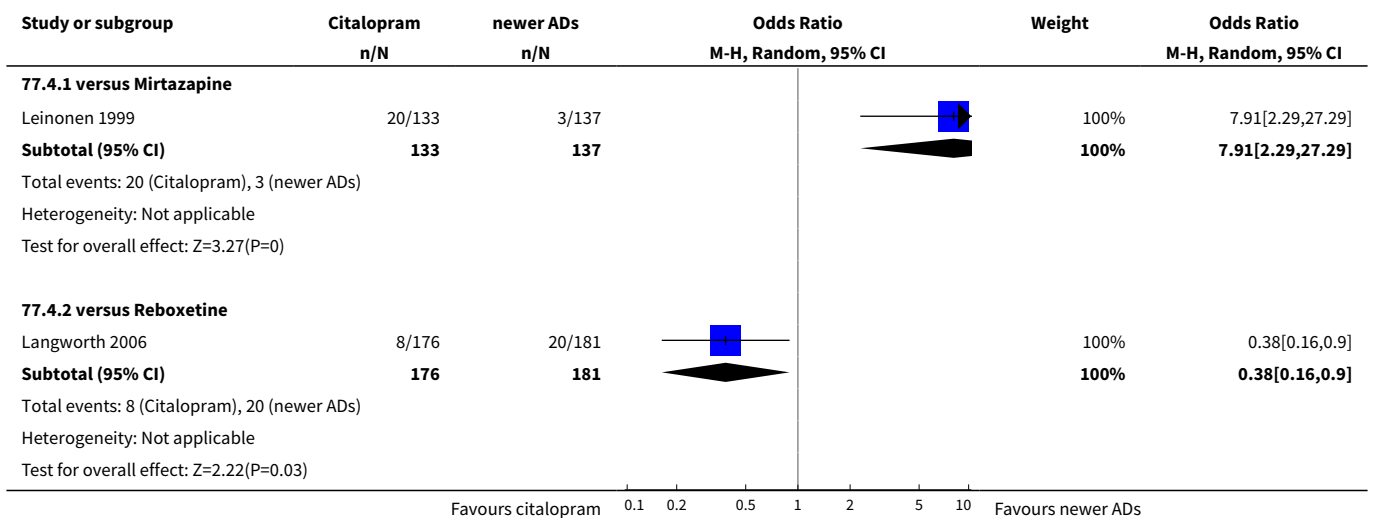
**Analysis 77.2. Comparison 77 SE - Sweating, Outcome 2 Citalopram versus heterocyclics.**



**Analysis 77.3. Comparison 77 SE - Sweating, Outcome 3 Citalopram versus other SSRIs.**



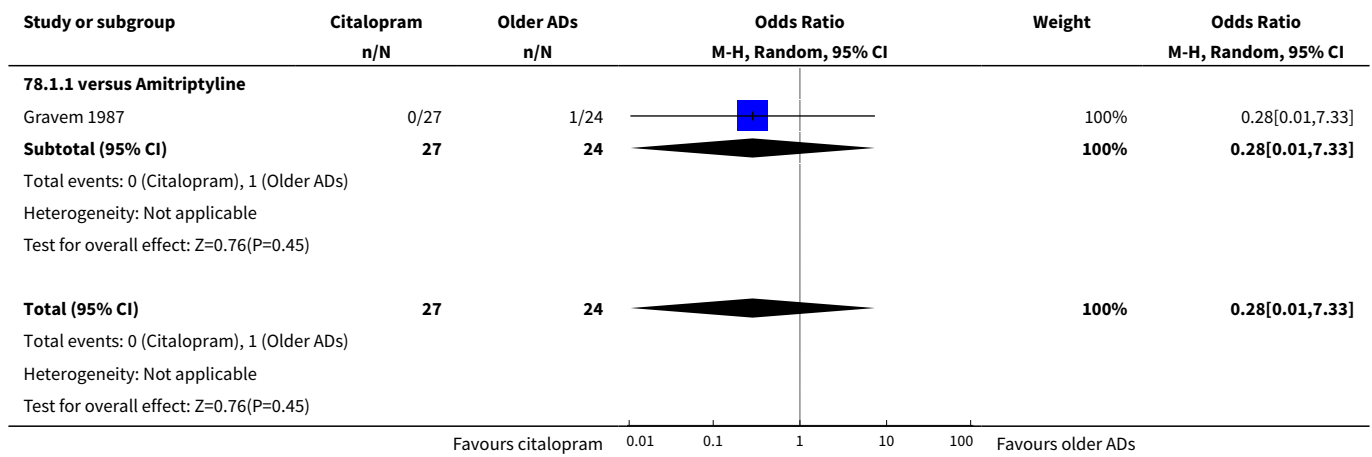
**Analysis 77.4. Comparison 77 SE - Sweating, Outcome 4 Citalopram versus other conventional ADs.**



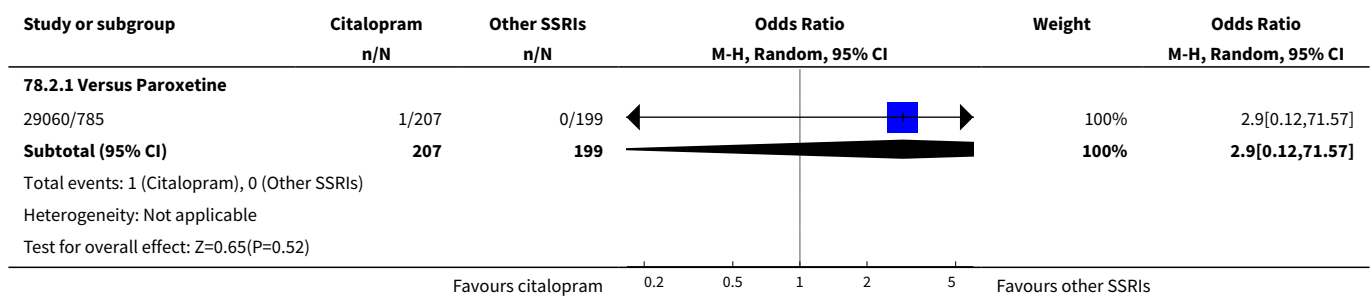
**Comparison 78. SE - Syncope**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus TCAs	1	51	Odds Ratio (M-H, Random, 95% CI)	0.28 [0.01, 7.33]
1.1 versus Amitriptyline	1	51	Odds Ratio (M-H, Random, 95% CI)	0.28 [0.01, 7.33]
2 Citalopram versus other SSRIs	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
2.1 Versus Paroxetine	1	406	Odds Ratio (M-H, Random, 95% CI)	2.90 [0.12, 71.57]

**Analysis 78.1. Comparison 78 SE - Syncope, Outcome 1 Citalopram versus TCAs.**



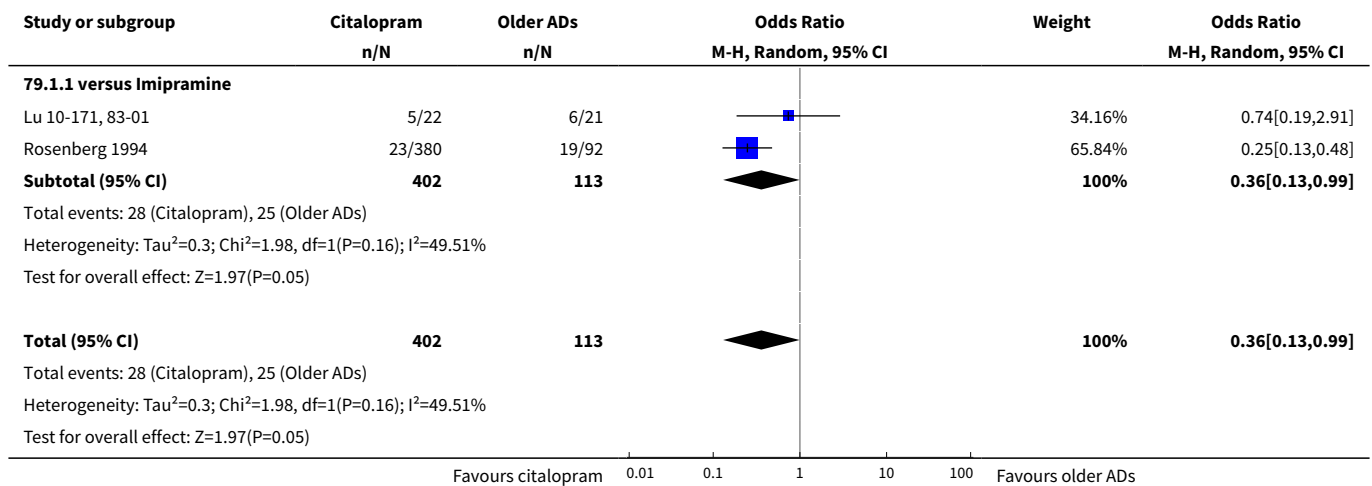
**Analysis 78.2. Comparison 78 SE - Syncope, Outcome 2 Citalopram versus other SSRIs.**



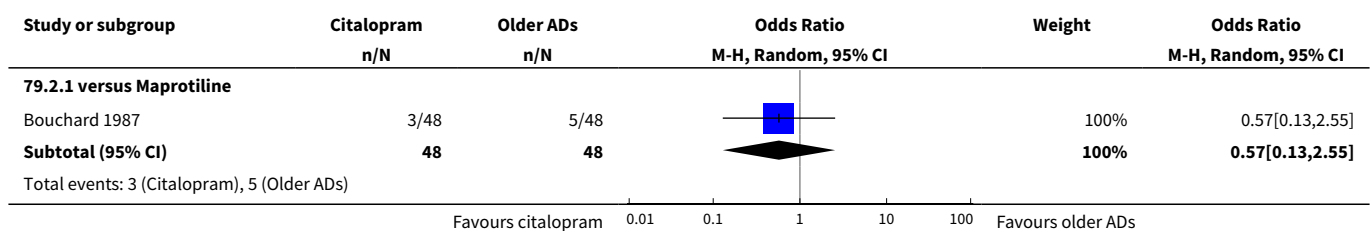
**Comparison 79. SE - Tachycardia**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus TCAs	2	515	Odds Ratio (M-H, Random, 95% CI)	0.36 [0.13, 0.99]
1.1 versus Imipramine	2	515	Odds Ratio (M-H, Random, 95% CI)	0.36 [0.13, 0.99]
2 Citalopram versus heterocyclics	1	96	Odds Ratio (M-H, Random, 95% CI)	0.57 [0.13, 2.55]
2.1 versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	0.57 [0.13, 2.55]
3 Citalopram versus other SSRIs	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 versus Escitalopram	1	248	Odds Ratio (M-H, Random, 95% CI)	0.34 [0.01, 8.33]
4 Citalopram versus other conventional ADs	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
4.1 versus Reboxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	1.03 [0.20, 5.17]

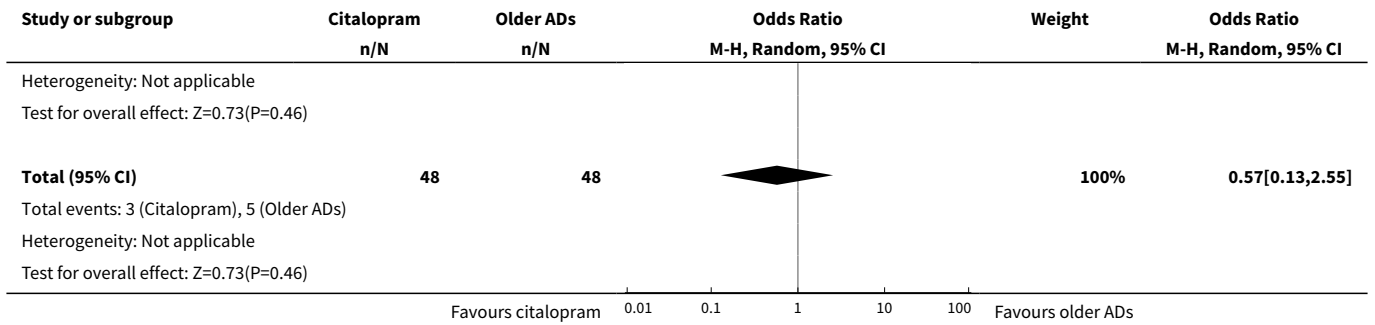
**Analysis 79.1. Comparison 79 SE - Tachycardia, Outcome 1 Citalopram versus TCAs.**



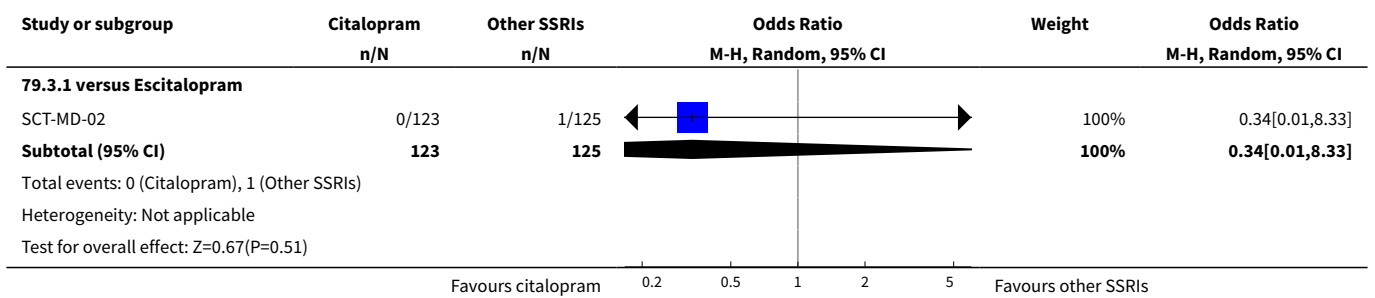
**Analysis 79.2. Comparison 79 SE - Tachycardia, Outcome 2 Citalopram versus heterocyclics.**



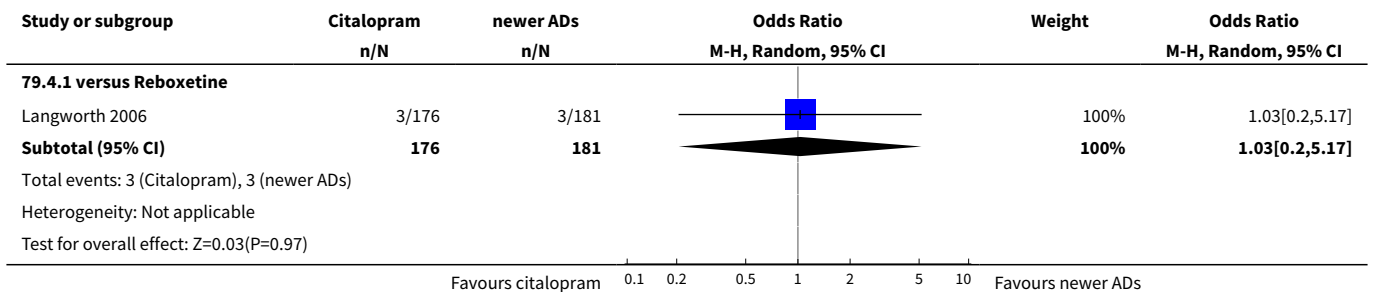




**Analysis 79.3. Comparison 79 SE - Tachycardia, Outcome 3 Citalopram versus other SSRIs.**



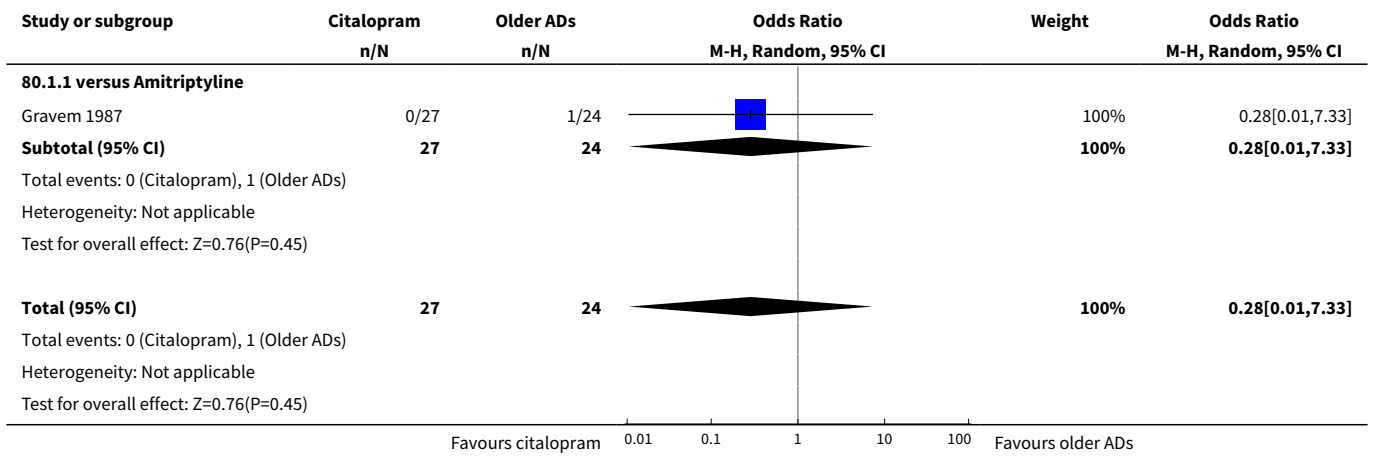
**Analysis 79.4. Comparison 79 SE - Tachycardia, Outcome 4 Citalopram versus other conventional ADs.**



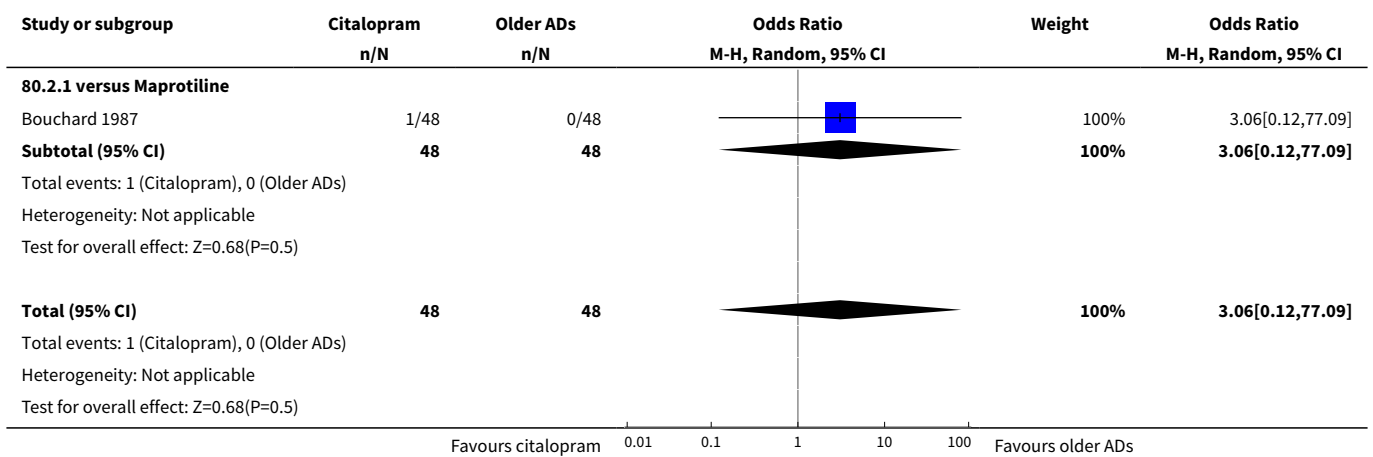
**Comparison 80. SE - Taste abnormalities**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus TCAs	1	51	Odds Ratio (M-H, Random, 95% CI)	0.28 [0.01, 7.33]
1.1 versus Amitriptyline	1	51	Odds Ratio (M-H, Random, 95% CI)	0.28 [0.01, 7.33]
2 Citalopram versus hetero-cyclics	1	96	Odds Ratio (M-H, Random, 95% CI)	3.06 [0.12, 77.09]
2.1 versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	3.06 [0.12, 77.09]

**Analysis 80.1. Comparison 80 SE - Taste abnormalities, Outcome 1 Citalopram versus TCAs.**



**Analysis 80.2. Comparison 80 SE - Taste abnormalities, Outcome 2 Citalopram versus heterocyclics.**

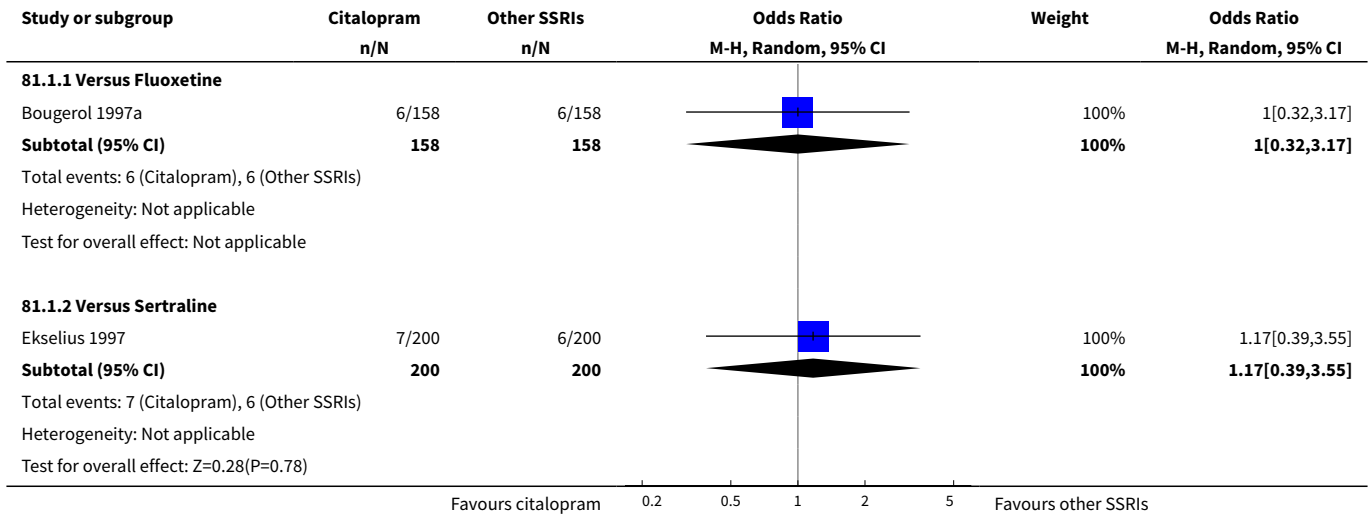


**Comparison 81. SE - Tension**

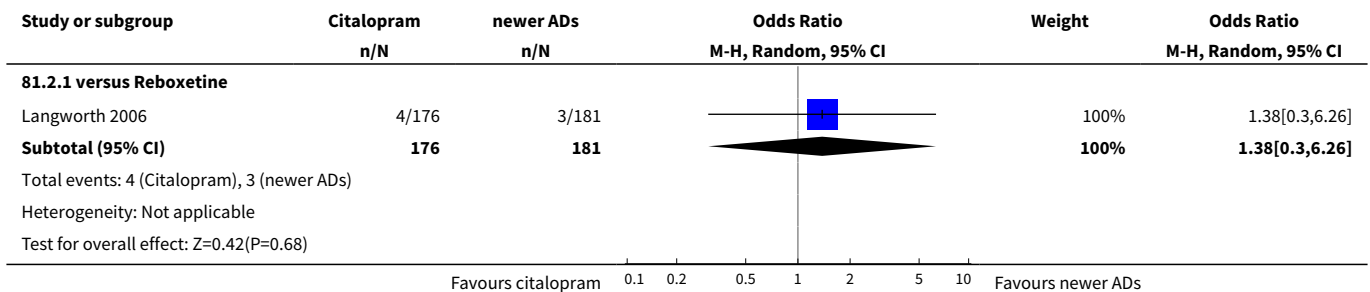
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<a href="#">1 Citalopram versus other SSRIs</a>	2		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 Versus Fluoxetine	1	316	Odds Ratio (M-H, Random, 95% CI)	1.0 [0.32, 3.17]
1.2 Versus Sertraline	1	400	Odds Ratio (M-H, Random, 95% CI)	1.17 [0.39, 3.55]
<a href="#">2 Citalopram versus other conventional ADs</a>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
2.1 versus Reboxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	1.38 [0.30, 6.26]

**Analysis 81.1. Comparison 81 SE - Tension, Outcome 1 Citalopram versus other SSRIs.**



**Analysis 81.2. Comparison 81 SE - Tension, Outcome 2 Citalopram versus other conventional ADs.**

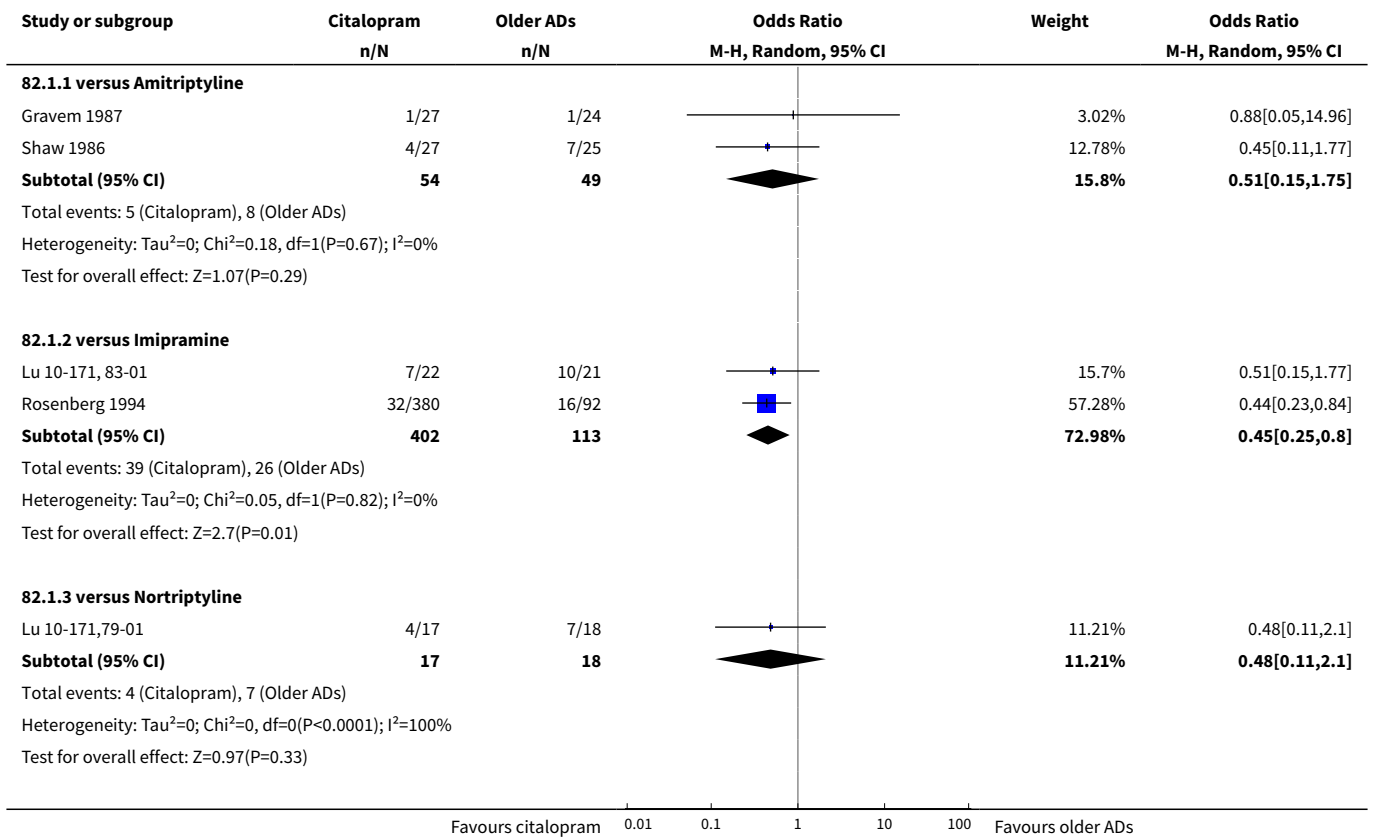


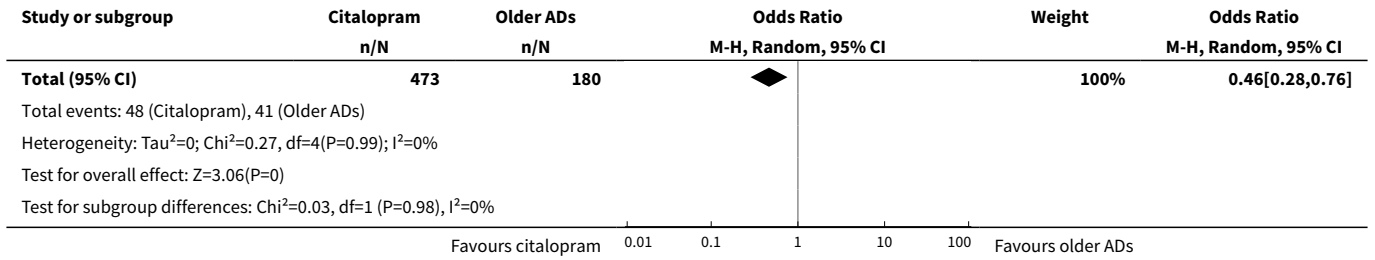
**Comparison 82. SE - Tremor**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Citalopram versus TCAs	5	653	Odds Ratio (M-H, Random, 95% CI)	0.46 [0.28, 0.76]
1.1 versus Amitriptyline	2	103	Odds Ratio (M-H, Random, 95% CI)	0.51 [0.15, 1.75]
1.2 versus Imipramine	2	515	Odds Ratio (M-H, Random, 95% CI)	0.45 [0.25, 0.80]
1.3 versus Nortriptyline	1	35	Odds Ratio (M-H, Random, 95% CI)	0.48 [0.11, 2.10]

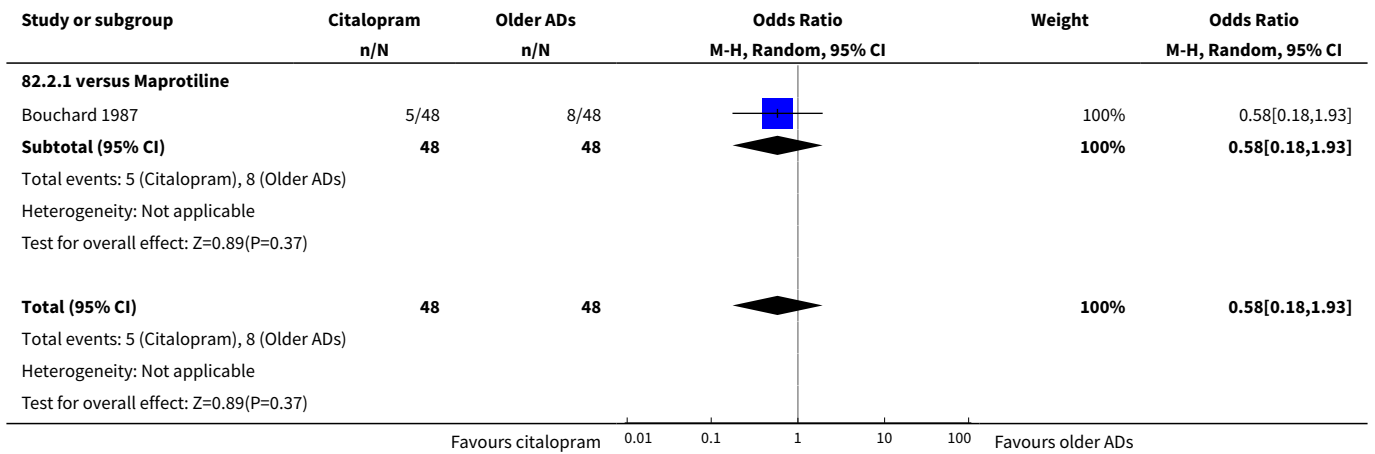
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
2 Citalopram versus heterocyclics	1	96	Odds Ratio (M-H, Random, 95% CI)	0.58 [0.18, 1.93]
2.1 versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	0.58 [0.18, 1.93]
3 Citalopram versus other SSRIs	2		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 Versus Escitalopram	1	294	Odds Ratio (M-H, Random, 95% CI)	0.10 [0.01, 1.89]
3.2 Versus Sertraline	1	42	Odds Ratio (M-H, Random, 95% CI)	0.12 [0.01, 2.54]
4 Citalopram versus MAOIs or newer ADs	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
4.1 versus Moclobemide	1	42	Odds Ratio (M-H, Random, 95% CI)	1.9 [0.16, 22.72]
5 Citalopram versus other conventional ADs	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
5.1 versus Reboxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	0.40 [0.08, 2.11]

**Analysis 82.1. Comparison 82 SE - Tremor, Outcome 1 Citalopram versus TCAs.**

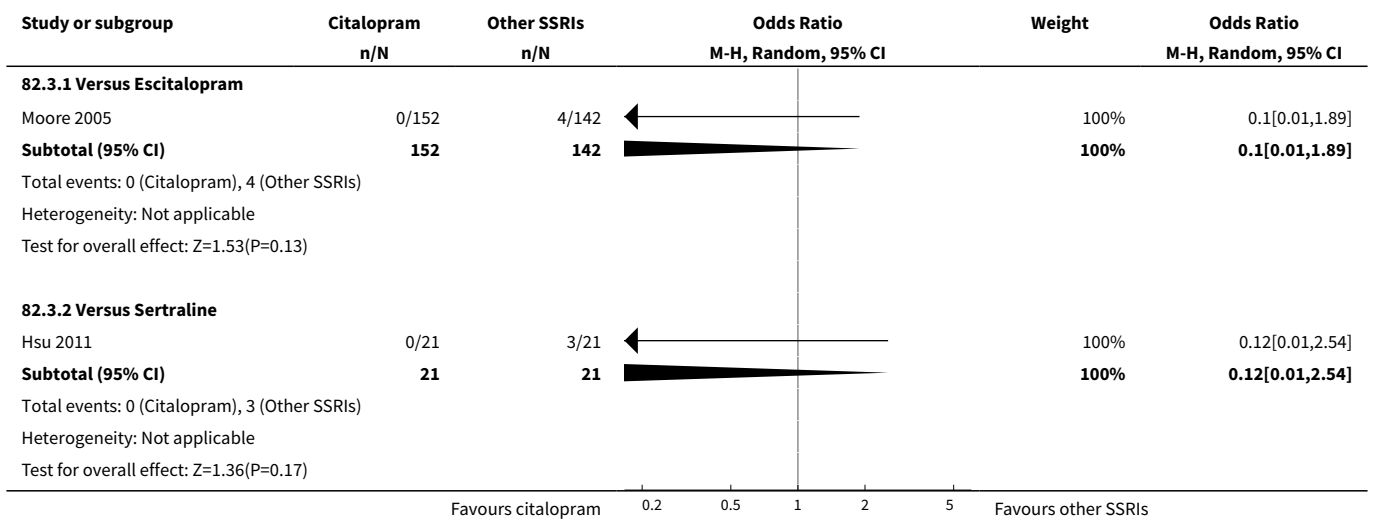




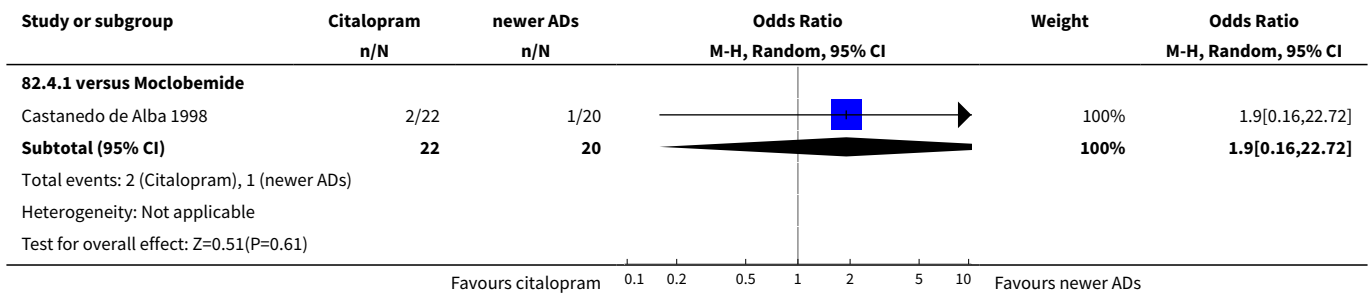
**Analysis 82.2. Comparison 82 SE - Tremor, Outcome 2 Citalopram versus heterocyclics.**



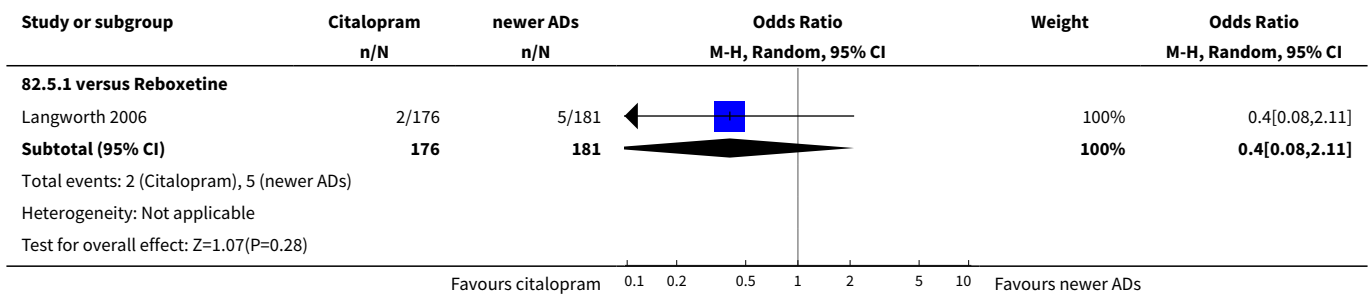
**Analysis 82.3. Comparison 82 SE - Tremor, Outcome 3 Citalopram versus other SSRIs.**



**Analysis 82.4. Comparison 82 SE - Tremor, Outcome 4 Citalopram versus MAOIs or newer ADs.**



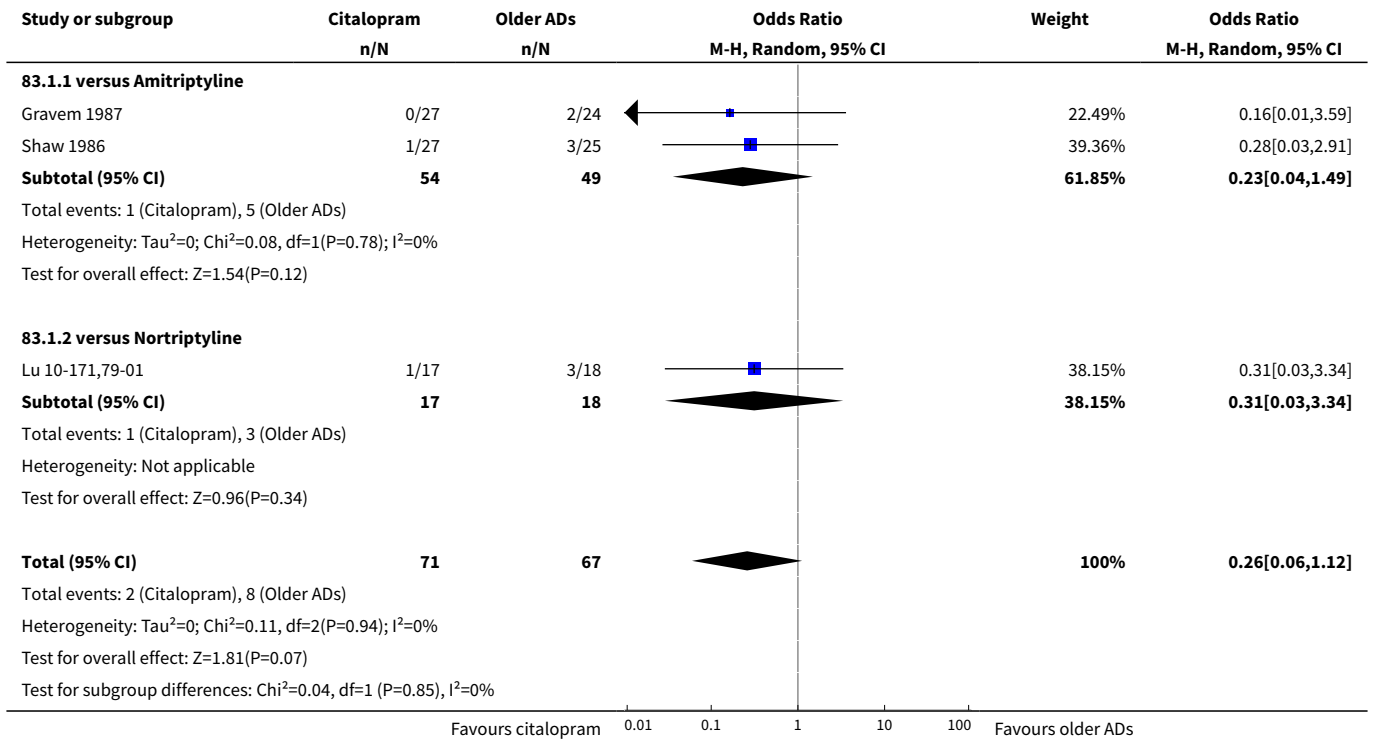
**Analysis 82.5. Comparison 82 SE - Tremor, Outcome 5 Citalopram versus other conventional ADs.**



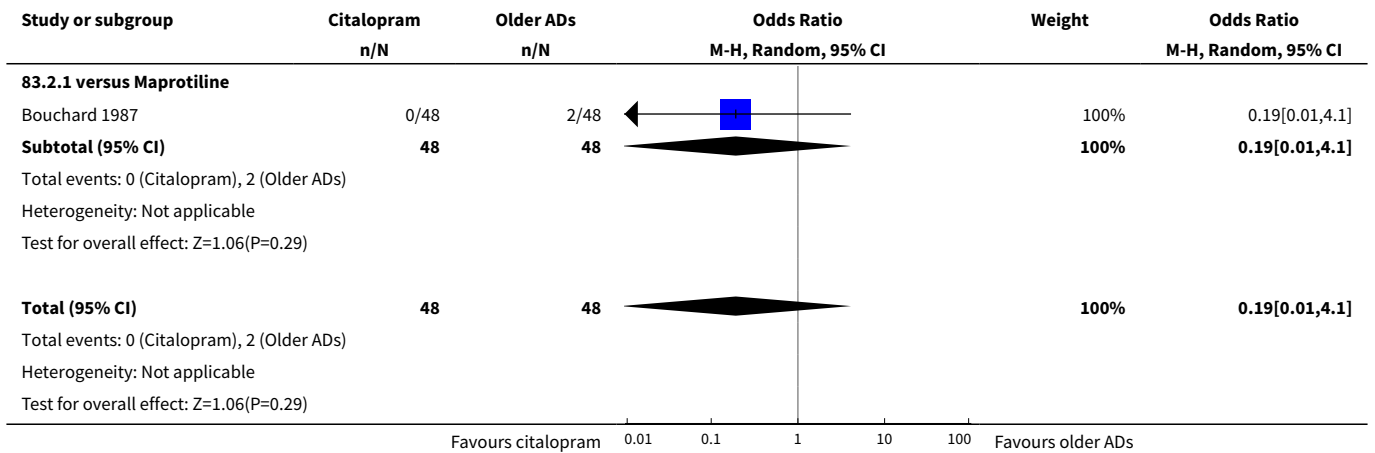
**Comparison 83. SE - Urination problems**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Citalopram versus TCAs</b>	3	138	Odds Ratio (M-H, Random, 95% CI)	0.26 [0.06, 1.12]
1.1 versus Amitriptyline	2	103	Odds Ratio (M-H, Random, 95% CI)	0.23 [0.04, 1.49]
1.2 versus Nortriptyline	1	35	Odds Ratio (M-H, Random, 95% CI)	0.31 [0.03, 3.34]
<b>2 Citalopram versus hetero-cyclics</b>	1	96	Odds Ratio (M-H, Random, 95% CI)	0.19 [0.01, 4.10]
2.1 versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	0.19 [0.01, 4.10]
<b>3 Citalopram versus other SSRIs</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 Versus Sertraline	1	400	Odds Ratio (M-H, Random, 95% CI)	1.52 [0.42, 5.45]
<b>4 Citalopram versus other conventional ADs</b>	2	458	Odds Ratio (M-H, Random, 95% CI)	0.18 [0.01, 5.61]
4.1 versus Reboxetine	2	458	Odds Ratio (M-H, Random, 95% CI)	0.18 [0.01, 5.61]

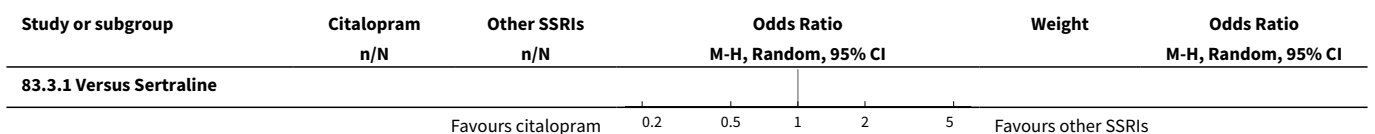
**Analysis 83.1. Comparison 83 SE - Urination problems, Outcome 1 Citalopram versus TCAs.**

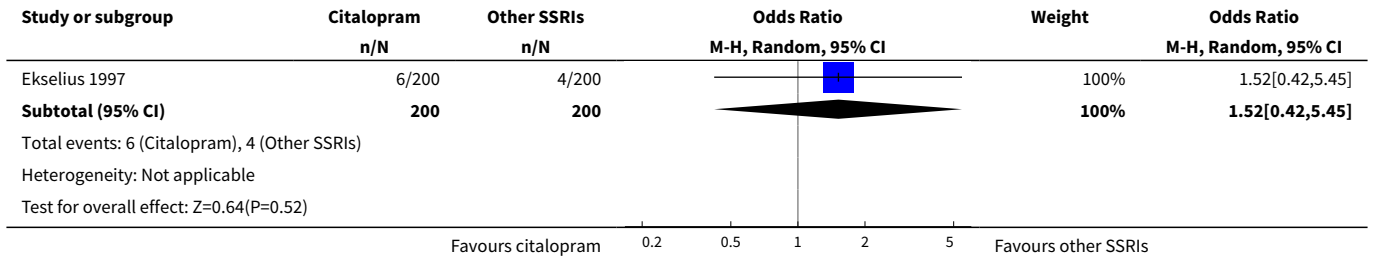


**Analysis 83.2. Comparison 83 SE - Urination problems, Outcome 2 Citalopram versus heterocyclics.**

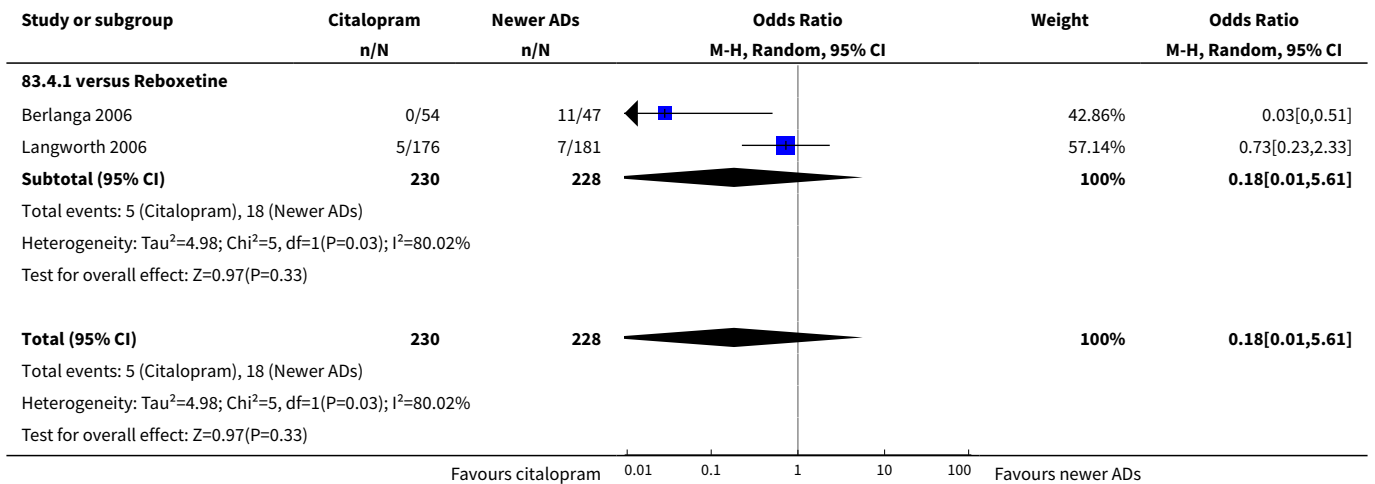


**Analysis 83.3. Comparison 83 SE - Urination problems, Outcome 3 Citalopram versus other SSRIs.**





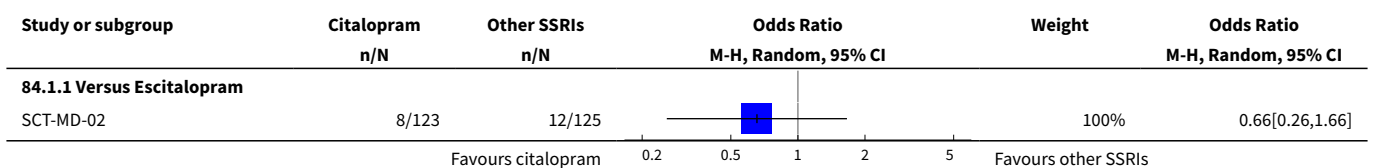
**Analysis 83.4. Comparison 83 SE - Urination problems, Outcome 4 Citalopram versus other conventional ADs.**



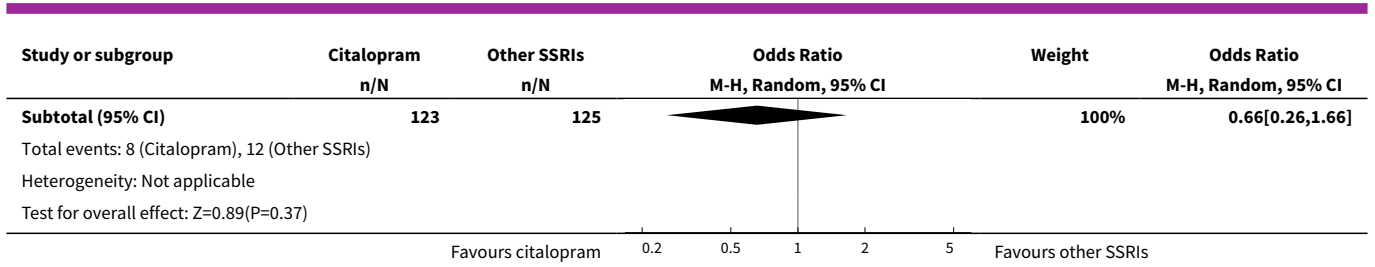
**Comparison 84. SE - Upper respiratory tract infection**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Citalopram versus other SSRIs</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 Versus Escitalopram	1	248	Odds Ratio (M-H, Random, 95% CI)	0.66 [0.26, 1.66]
<b>2 Citalopram versus other conventional ADs</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
2.1 versus Reboxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	1.68 [0.54, 5.23]

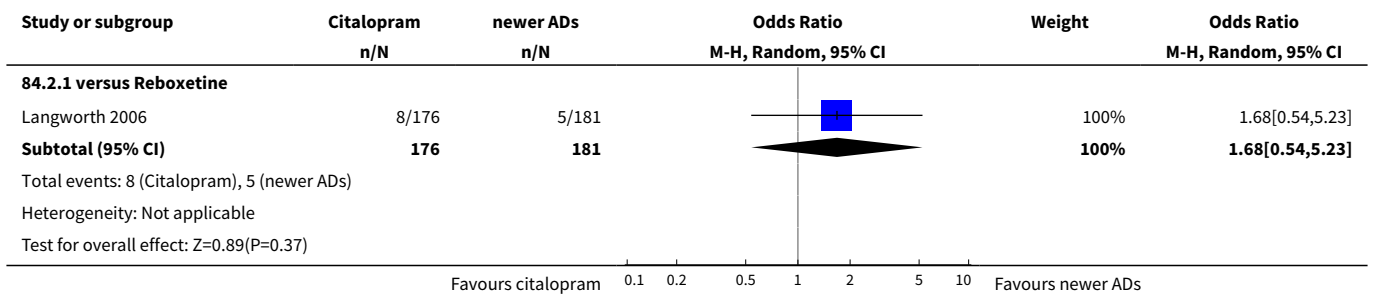
**Analysis 84.1. Comparison 84 SE - Upper respiratory tract infection, Outcome 1 Citalopram versus other SSRIs.**







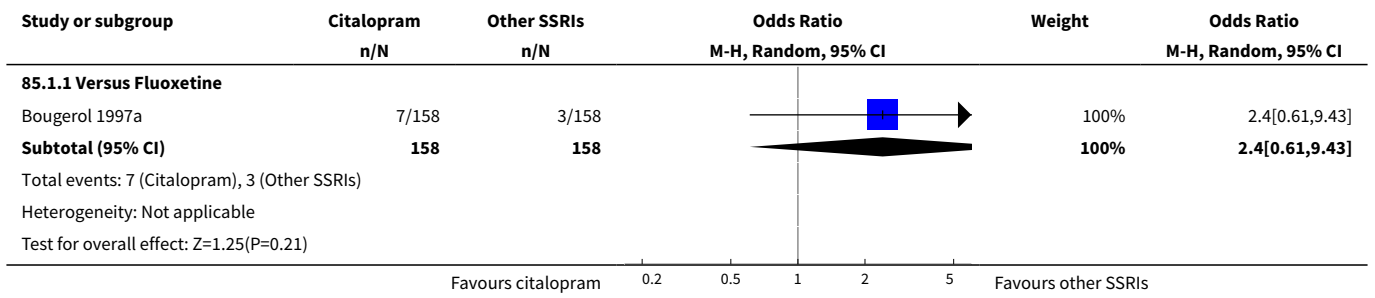
**Analysis 84.2. Comparison 84 SE - Upper respiratory tract infection, Outcome 2 Citalopram versus other conventional ADs.**



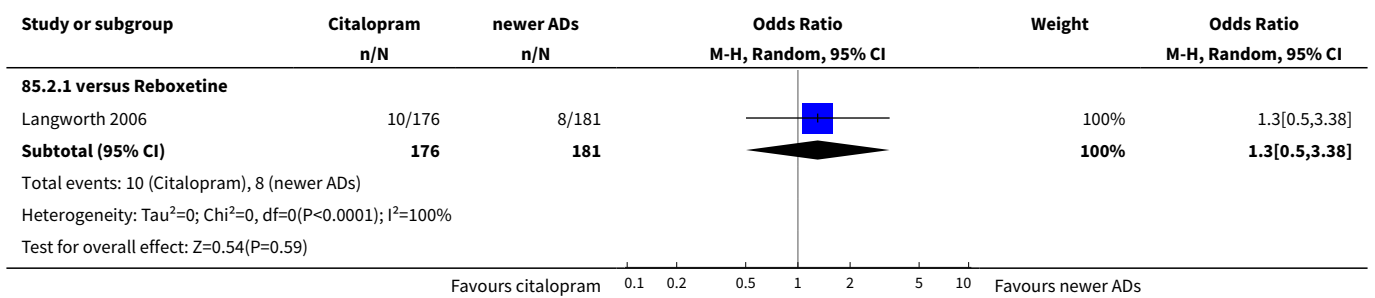
**Comparison 85. SE - Vertigo**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Citalopram versus other SSRIs</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 Versus Fluoxetine	1	316	Odds Ratio (M-H, Random, 95% CI)	2.40 [0.61, 9.43]
<b>2 Citalopram versus other conventional ADs</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
2.1 versus Reboxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	1.30 [0.50, 3.38]
<b>3 Citalopram versus non-conventional ADs</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 versus Hypericum (St. John's wort)	1	258	Odds Ratio (M-H, Random, 95% CI)	6.12 [1.33, 28.17]

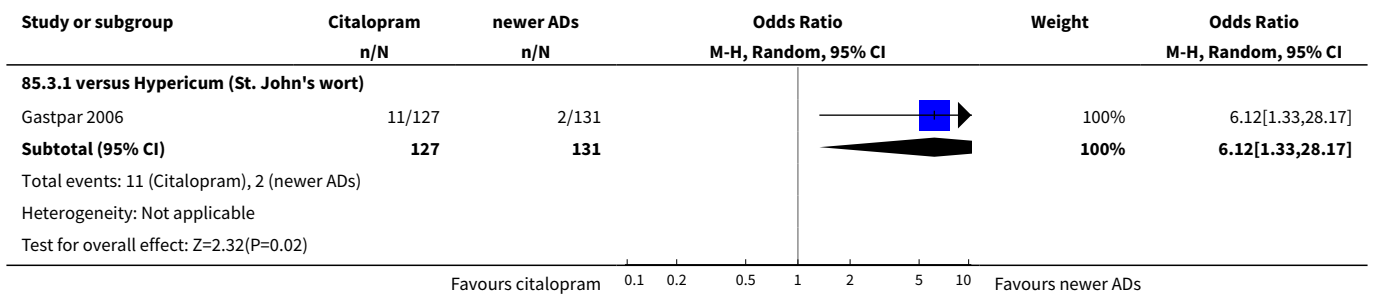
**Analysis 85.1. Comparison 85 SE - Vertigo, Outcome 1 Citalopram versus other SSRIs.**



**Analysis 85.2. Comparison 85 SE - Vertigo, Outcome 2 Citalopram versus other conventional ADs.**



**Analysis 85.3. Comparison 85 SE - Vertigo, Outcome 3 Citalopram versus non-conventional ADs.**

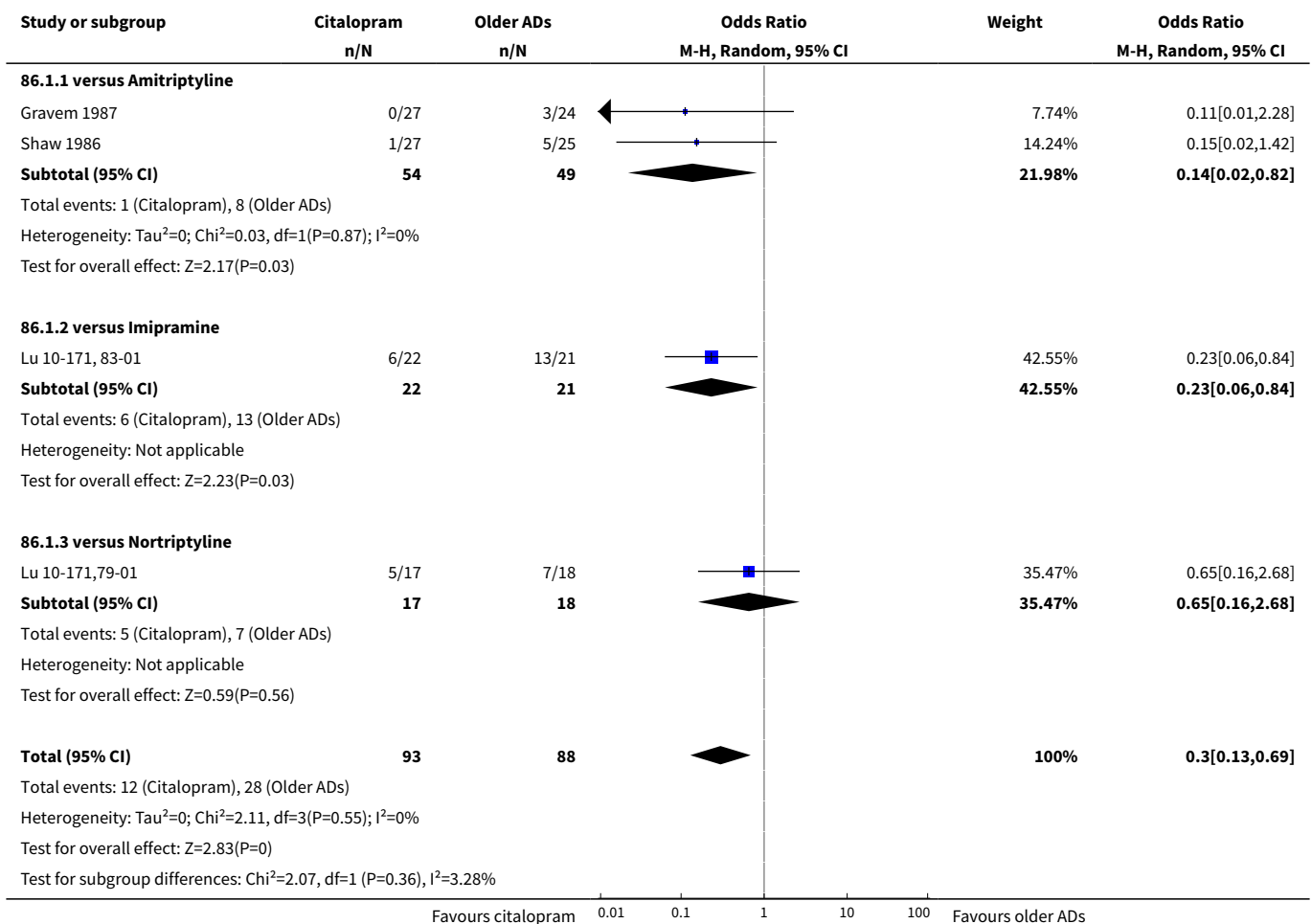


**Comparison 86. SE - Visual problems (accommodation disorders, blurred vision, detached retina, mydriasis)**

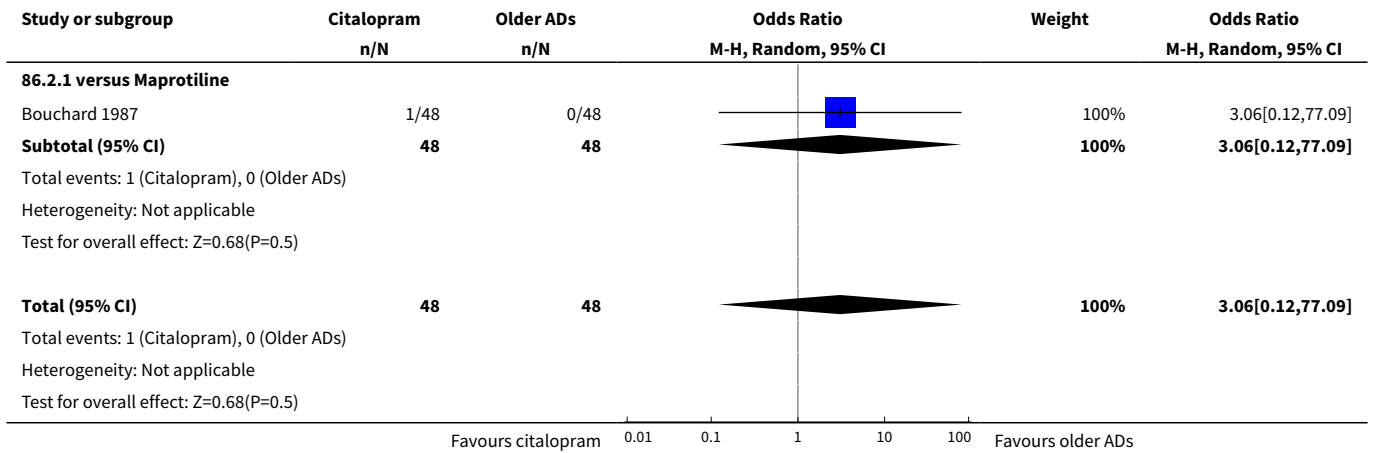
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<a href="#">1 Citalopram versus TCAs</a>	4	181	Odds Ratio (M-H, Random, 95% CI)	0.30 [0.13, 0.69]
1.1 versus Amitriptyline	2	103	Odds Ratio (M-H, Random, 95% CI)	0.14 [0.02, 0.82]
1.2 versus Imipramine	1	43	Odds Ratio (M-H, Random, 95% CI)	0.23 [0.06, 0.84]
1.3 versus Nortriptyline	1	35	Odds Ratio (M-H, Random, 95% CI)	0.65 [0.16, 2.68]

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
2 Citalopram versus heterocyclics	1	96	Odds Ratio (M-H, Random, 95% CI)	3.06 [0.12, 77.09]
2.1 versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	3.06 [0.12, 77.09]
3 Citalopram versus other SSRIs	2	694	Odds Ratio (M-H, Random, 95% CI)	0.62 [0.24, 1.63]
3.1 Versus Escitalopram	1	294	Odds Ratio (M-H, Random, 95% CI)	2.82 [0.11, 69.84]
3.2 Versus Sertraline	1	400	Odds Ratio (M-H, Random, 95% CI)	0.53 [0.19, 1.47]
4 Citalopram versus other conventional ADs	1	357	Odds Ratio (M-H, Random, 95% CI)	0.25 [0.03, 2.28]
4.1 versus Reboxetine	1	357	Odds Ratio (M-H, Random, 95% CI)	0.25 [0.03, 2.28]

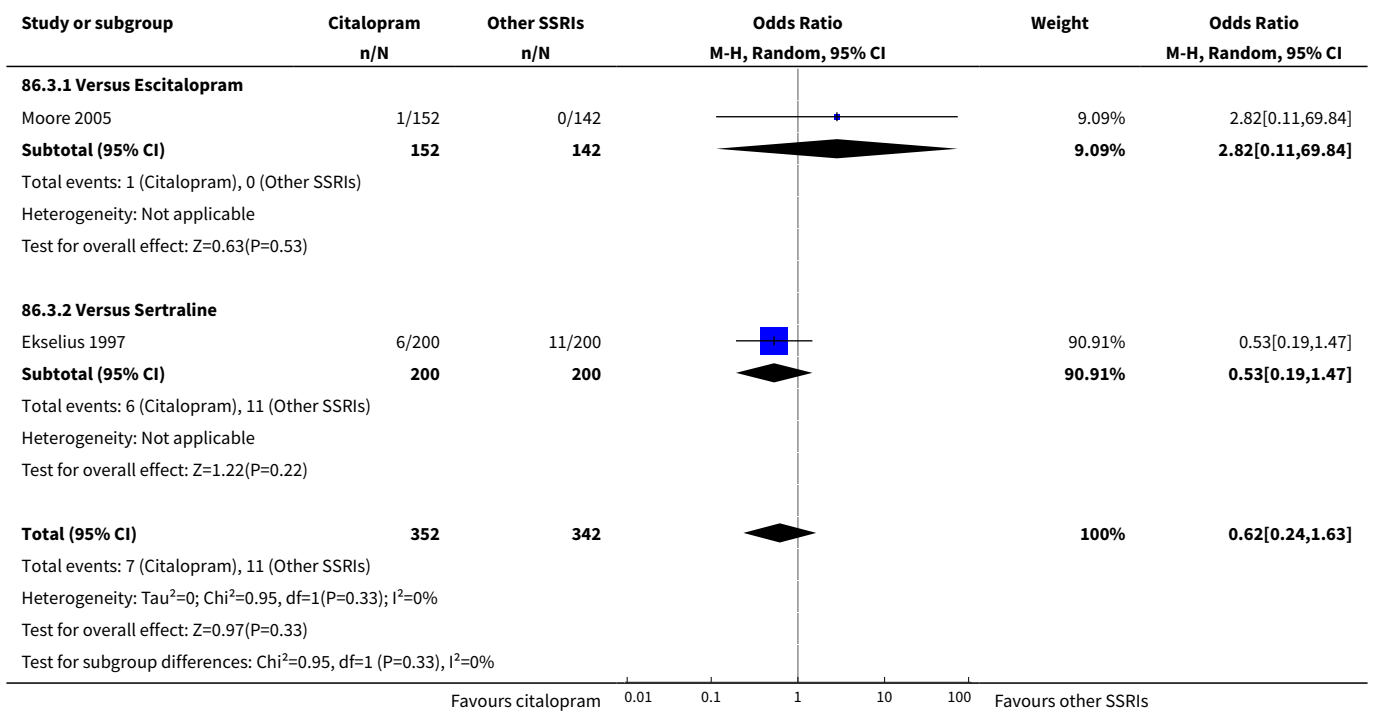
**Analysis 86.1. Comparison 86 SE - Visual problems (accommodation disorders, blurred vision, detached retina, mydriasis), Outcome 1 Citalopram versus TCAs.**



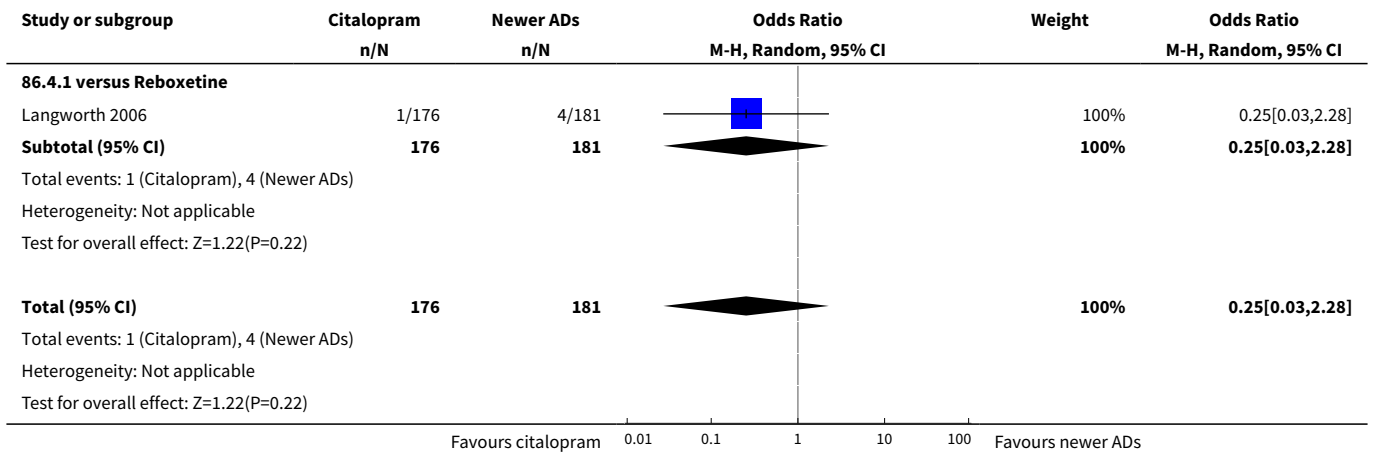
**Analysis 86.2. Comparison 86 SE - Visual problems (accommodation disorders, blurred vision, detached retina, mydriasis), Outcome 2 Citalopram versus heterocyclics.**



**Analysis 86.3. Comparison 86 SE - Visual problems (accommodation disorders, blurred vision, detached retina, mydriasis), Outcome 3 Citalopram versus other SSRIs.**



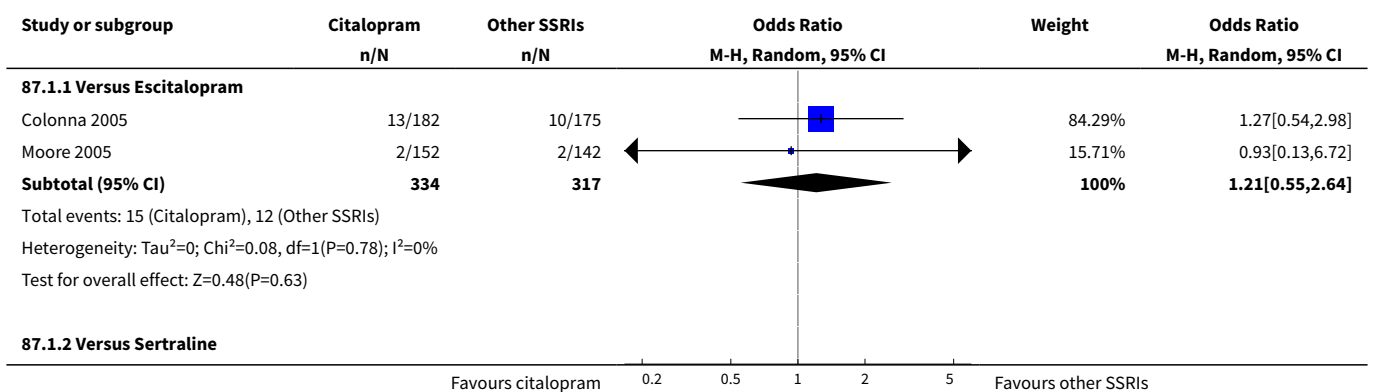
**Analysis 86.4. Comparison 86 SE - Visual problems (accommodation disorders, blurred vision, detached retina, mydriasis), Outcome 4 Citalopram versus other conventional ADs.**

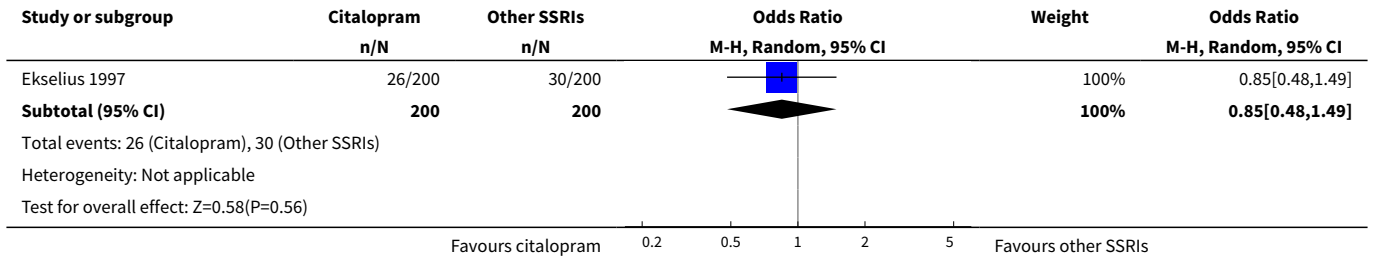


**Comparison 87. SE - Weight gain**

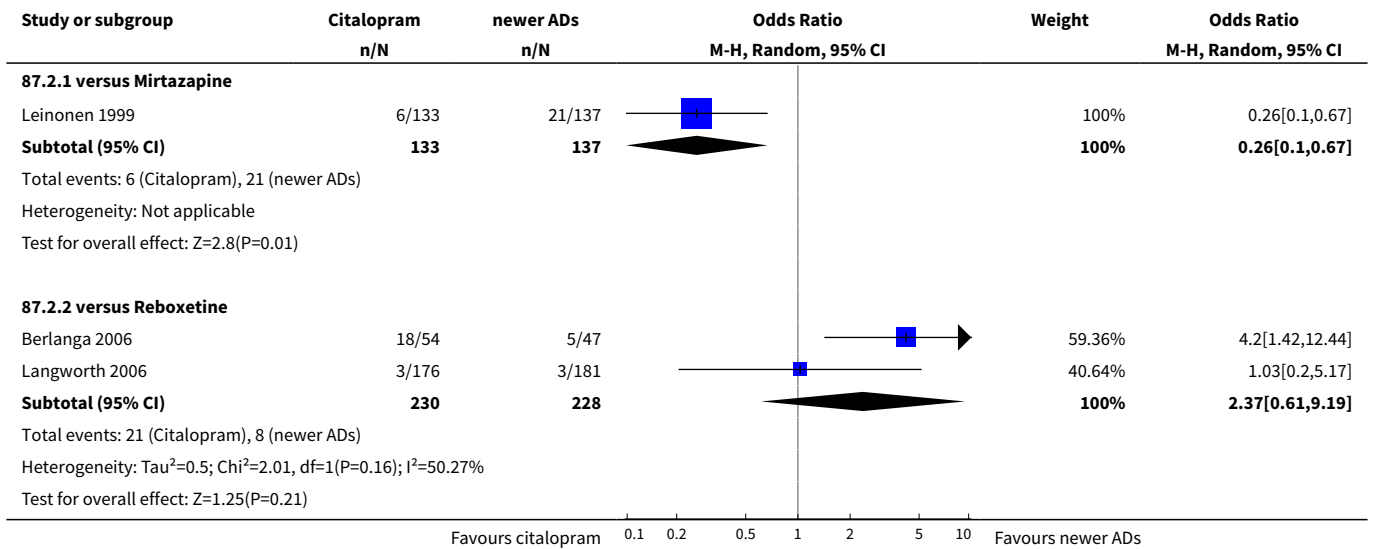
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 Citalopram versus other SSRIs</b>	3		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 Versus Escitalopram	2	651	Odds Ratio (M-H, Random, 95% CI)	1.21 [0.55, 2.64]
1.2 Versus Sertraline	1	400	Odds Ratio (M-H, Random, 95% CI)	0.85 [0.48, 1.49]
<b>2 Citalopram versus other conventional ADs</b>	3		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
2.1 versus Mirtazapine	1	270	Odds Ratio (M-H, Random, 95% CI)	0.26 [0.10, 0.67]
2.2 versus Reboxetine	2	458	Odds Ratio (M-H, Random, 95% CI)	2.37 [0.61, 9.19]

**Analysis 87.1. Comparison 87 SE - Weight gain, Outcome 1 Citalopram versus other SSRIs.**





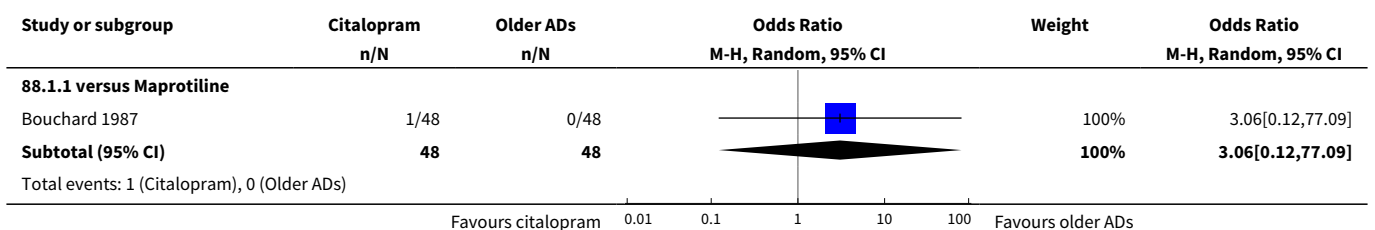
**Analysis 87.2. Comparison 87 SE - Weight gain, Outcome 2 Citalopram versus other conventional ADs.**

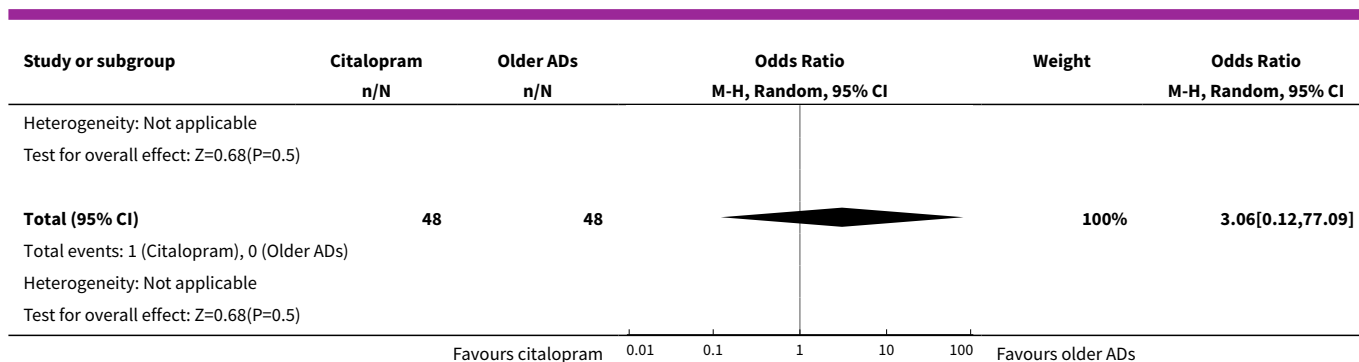


**Comparison 88. SE - Yawning**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<a href="#">1 Citalopram versus heterocyclics</a>	1	96	Odds Ratio (M-H, Random, 95% CI)	3.06 [0.12, 77.09]
1.1 versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	3.06 [0.12, 77.09]

**Analysis 88.1. Comparison 88 SE - Yawning, Outcome 1 Citalopram versus heterocyclics.**

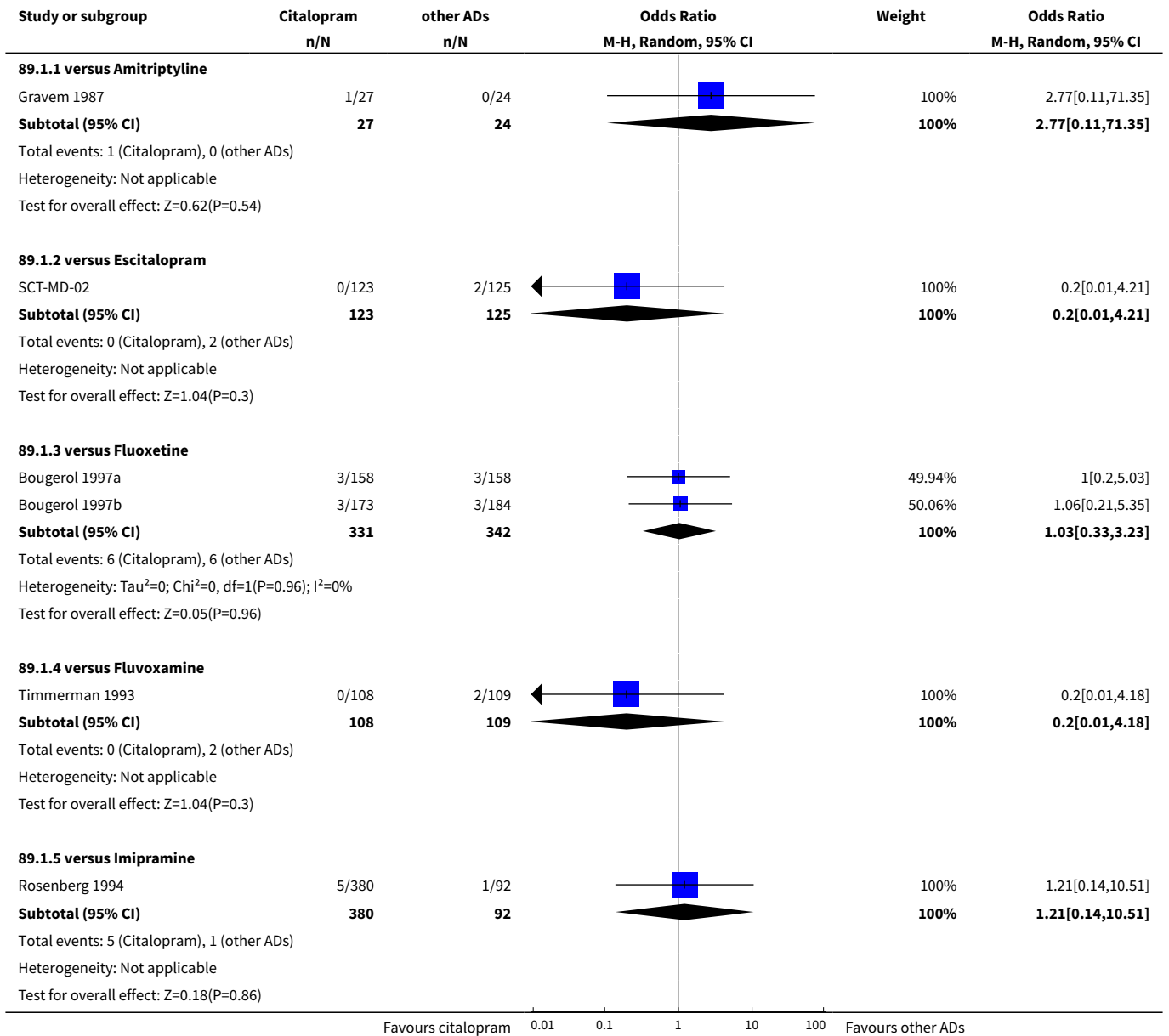




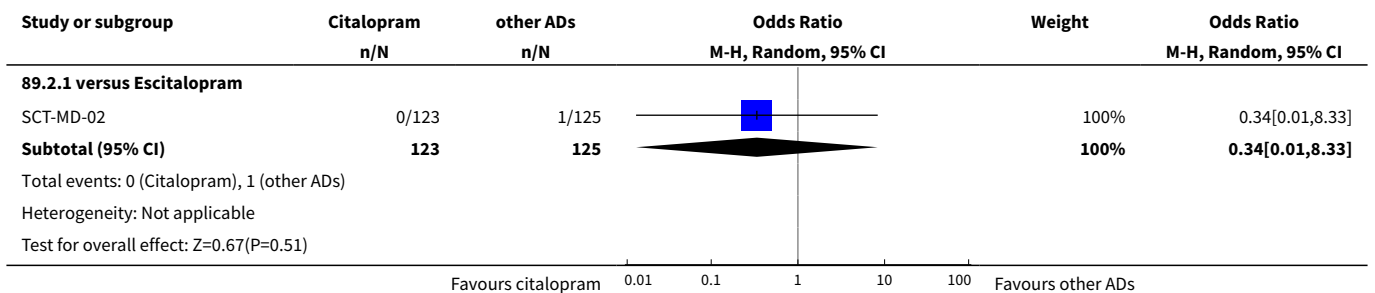
### Comparison 89. Deaths, suicide and suicidality

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<b>1 DSH</b>	6		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 versus Amitriptyline	1	51	Odds Ratio (M-H, Random, 95% CI)	2.77 [0.11, 71.35]
1.2 versus Escitalopram	1	248	Odds Ratio (M-H, Random, 95% CI)	0.2 [0.01, 4.21]
1.3 versus Fluoxetine	2	673	Odds Ratio (M-H, Random, 95% CI)	1.03 [0.33, 3.23]
1.4 versus Fluvoxamine	1	217	Odds Ratio (M-H, Random, 95% CI)	0.20 [0.01, 4.18]
1.5 versus Imipramine	1	472	Odds Ratio (M-H, Random, 95% CI)	1.21 [0.14, 10.51]
<b>2 Suicide - Tendency/Ideation</b>	1		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
2.1 versus Escitalopram	1	248	Odds Ratio (M-H, Random, 95% CI)	0.34 [0.01, 8.33]
<b>3 Suicide - completed</b>	4	1079	Odds Ratio (M-H, Random, 95% CI)	1.37 [0.29, 6.42]
3.1 versus Escitalopram	1	294	Odds Ratio (M-H, Random, 95% CI)	2.82 [0.11, 69.84]
3.2 versus Fluvoxamine	1	217	Odds Ratio (M-H, Random, 95% CI)	3.06 [0.12, 75.85]
3.3 versus Imipramine	1	472	Odds Ratio (M-H, Random, 95% CI)	0.24 [0.01, 3.88]
3.4 versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	3.06 [0.12, 77.09]
<b>4 Deaths (any cause)</b>	4		Odds Ratio (M-H, Random, 95% CI)	Subtotals only
4.1 versus Escitalopram	1	294	Odds Ratio (M-H, Random, 95% CI)	2.82 [0.11, 69.84]
4.2 versus Fluvoxamine	1	217	Odds Ratio (M-H, Random, 95% CI)	3.06 [0.12, 75.85]
4.3 versus Imipramine	1	472	Odds Ratio (M-H, Random, 95% CI)	1.22 [0.06, 25.67]
4.4 versus Maprotiline	1	96	Odds Ratio (M-H, Random, 95% CI)	3.06 [0.12, 77.09]

**Analysis 89.1. Comparison 89 Deaths, suicide and suicidality, Outcome 1 DSH.**

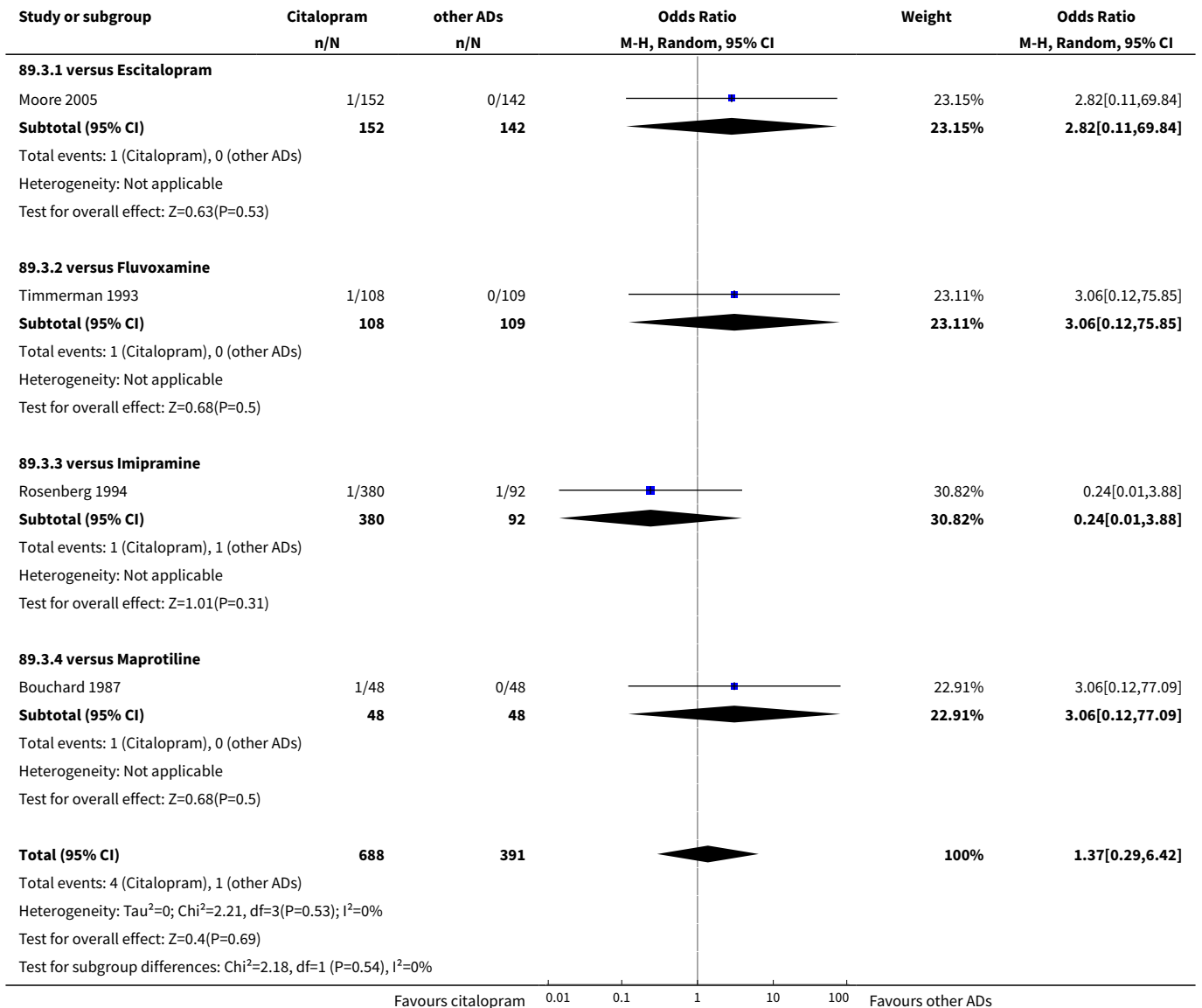


**Analysis 89.2. Comparison 89 Deaths, suicide and suicidality, Outcome 2 Suicide - Tendency/Ideation.**

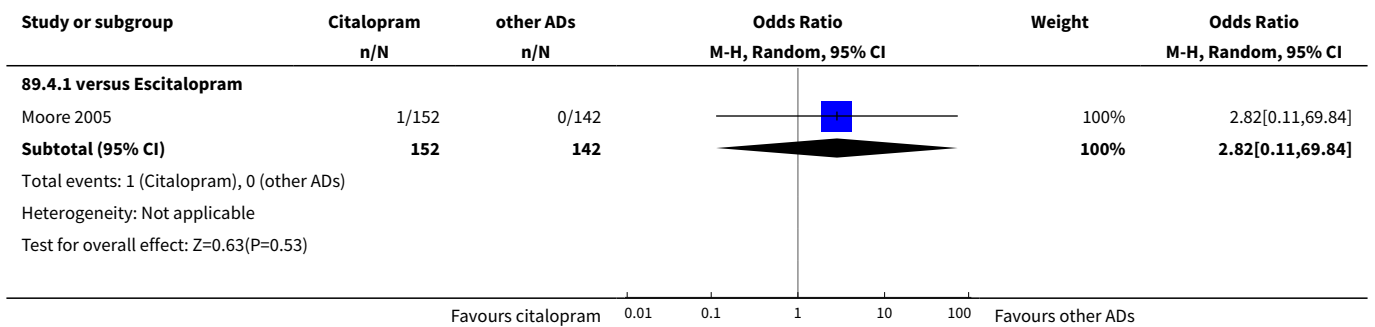


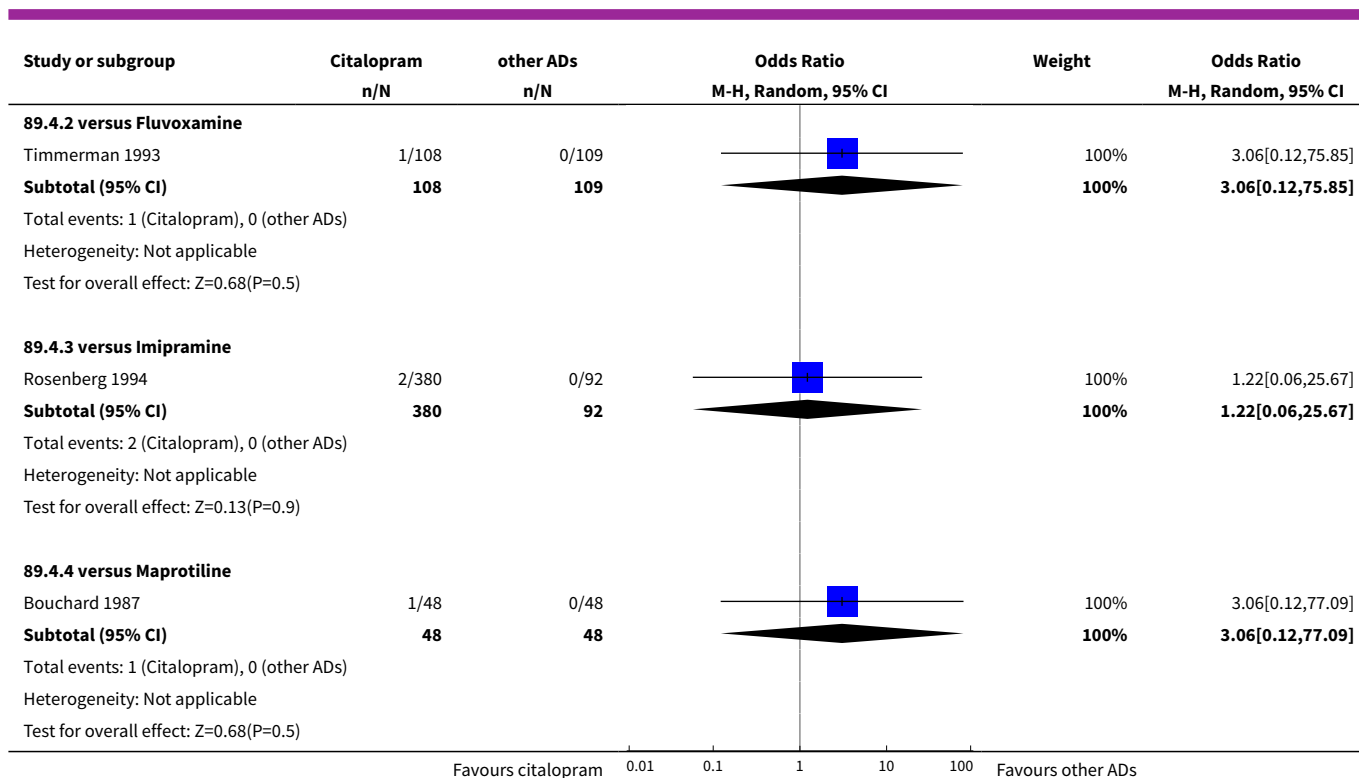


**Analysis 89.3. Comparison 89 Deaths, suicide and suicidality, Outcome 3 Suicide - completed.**



**Analysis 89.4. Comparison 89 Deaths, suicide and suicidality, Outcome 4 Deaths (any cause).**





## ADDITIONAL TABLES

**Table 1. Adverse events**

Adverse event	Study	Citalopram		Comparator		Odds Ratio, Random [95% CI]
		Events	Total	Events	Total	
<b>Citalopram versus TCAs</b>						
<i>Citalopram vs amitriptyline</i>						
Asthenia	Shaw 1986	3	27	5	25	0.50 [0.11, 2.35]
Confusion	Shaw 1986	2	27	5	25	0.32 [0.06, 1.83]
Conjunctivitis	Gravem 1987	1	27	0	24	2.77 [0.11, 71.35]
Dermatological problems	Gravem 1987	1	27	1	24	0.88 [0.05, 14.96]
Dizziness	Gravem 1987; Kyle 1998; Shaw 1986	16	233	28	235	0.47 [0.15, 1.44]
Fatigue	Kyle 1998	6	179	11	186	0.55 [0.20, 1.53]
Gastrointestinal	Gravem 1987; Shaw 1986	3	54	6	49	0.45 [0.10, 2.07]

**Table 1. Adverse events** (Continued)

Headache	Gravem 1987; Hosak 1999; Kyle 1998; Shaw 1986	22	262	18	266	1.25 [0.65, 2.42]
Loss of hair	Gravem 1987	1	27	0	24	2.77 [0.11, 71.35]
Meteorism	Gravem 1987	0	27	1	24	0.28 [0.01, 7.33]
Palpitations	Gravem 1987; Shaw 1986	4	54	9	49	0.36 [0.10, 1.24]
Rash	Shaw 1986	1	27	1	25	0.92 [0.05, 15.59]
Restlessness	Gravem 1987; Shaw 1986	4	54	5	49	0.71 [0.18, 2.82]
Sweating	Gravem 1987	2	27	3	24	0.56 [0.09, 3.67]
Syncope	Gravem 1987	0	27	1	24	0.28 [0.01, 7.33]
Taste abnormalities	Gravem 1987	0	27	1	24	0.28 [0.01, 7.33]
Tremor	Gravem 1987	1	27	1	24	0.88 [0.05, 14.96]
Visual problems	Gravem 1987	0	27	3	24	0.11 [0.01, 2.28]
<i>Citalopram vs imipramine</i>						
Asthenia	Lu 10-171, 83-01	2	22	3	21	0.60 [0.09, 4.01]
Dizziness	Lu 10-171, 83-01	7	22	12	21	0.35 [0.10, 1.22]
Gastrointestinal	Lu 10-171, 83-01	6	22	5	21	1.20 [0.30, 4.74]
Headache	Lu 10-171, 83-01	6	22	2	21	3.56 [0.63, 20.15]
Irritability	Rosenberg 1994	28	380	12	92	0.53 [0.26, 1.09]
Restlessness	Lu 10-171, 83-01	3	22	4	21	0.67 [0.13, 3.44]
<i>Citalopram vs maprotiline</i>						
Appetite increased	Bouchard 1987	1	48	1	48	1.00 [0.06, 16.46]
Concentration decrease	Bouchard 1987	1	48	0	48	3.06 [0.12, 77.09]
Craving for sweets	Bouchard 1987	2	48	0	48	5.22 [0.24, 111.55]
Dermatological problems	Bouchard 1987	1	48	1	48	1.00 [0.06, 16.46]
Dizziness	Bouchard 1987	7	48	5	48	1.47 [0.43, 5.00]
Dyspepsia	Bouchard 1987	2	48	1	48	2.04 [0.18, 23.32]

**Table 1. Adverse events** (Continued)

Dyspnea	<a href="#">Bouchard 1987</a>	0	48	1	48	0.33 [0.01, 8.22]
Feeling of numbness	<a href="#">Bouchard 1987</a>	2	48	0	48	5.22 [0.24, 111.55]
Headache	<a href="#">Bouchard 1987</a>	6	48	3	48	2.14 [0.50, 9.12]
Hypertonia	<a href="#">Bouchard 1987</a>	1	48	1	48	1.00 [0.06, 16.46]
Increased salivation	<a href="#">Bouchard 1987</a>	1	48	0	48	3.06 [0.12, 77.09]
Nasal congestion	<a href="#">Bouchard 1987</a>	1	48	1	48	1.00 [0.06, 16.46]
Orthostatic symptoms	<a href="#">Bouchard 1987</a>	3	48	3	48	1.00 [0.19, 5.22]
Restlessness	<a href="#">Bouchard 1987</a>	1	48	5	48	0.18 [0.02, 1.63]
Sweating	<a href="#">Bouchard 1987</a>	8	48	4	48	2.20 [0.62, 7.87]
Tachycardia	<a href="#">Bouchard 1987</a>	3	48	5	48	0.57 [0.13, 2.55]
Taste abnormalities	<a href="#">Bouchard 1987</a>	1	48	0	48	3.06 [0.12, 77.09]
Tremor	<a href="#">Bouchard 1987</a>	5	48	8	48	0.58 [0.18, 1.93]
Visual problems	<a href="#">Bouchard 1987</a>	1	48	0	48	3.06 [0.12, 77.09]
Yawning	<a href="#">Bouchard 1987</a>	1	48	0	48	3.06 [0.12, 77.09]
<i>Citalopram vs nortriptyline</i>						
Confusion	<a href="#">Lu 10-171,79-01</a>	1	17	0	18	3.36 [0.13, 88.39]
Headache	<a href="#">Lu 10-171,79-01</a>	5	17	5	18	1.08 [0.25, 4.70]
Palpitations	<a href="#">Lu 10-171,79-01</a>	4	17	4	18	1.08 [0.22, 5.22]
Pruritus	<a href="#">Lu 10-171,79-01</a>	5	17	3	18	2.08 [0.41, 10.53]
<b>Citalopram versus heterocyclics</b>						
<i>Citalopram vs mianserin</i>						
Back pain	<a href="#">Karlsson 2000</a>	6	163	10	173	0.62 [0.22, 1.75]
Dizziness	<a href="#">Karlsson 2000</a>	4	163	10	173	0.41 [0.13, 1.33]
Headache	<a href="#">Karlsson 2000</a>	12	163	12	173	1.07 [0.46, 2.45]
Pain (general)	<a href="#">Karlsson 2000</a>	6	163	9	173	0.70 [0.24, 2.00]
<b>Citalopram versus other SSRIs</b>						
<i>Citalopram vs escitalopram</i>						

**Table 1. Adverse events** (Continued)

Abdominal pain	Moore 2005	1	152	0	142	2.82 [0.11, 69.84]
Accidental injury	Colonna 2005	4	182	10	175	0.37 [0.11, 1.21]
Aggressive behaviour	Moore 2005	0	152	1	142	0.31 [0.01, 7.65]
Anorexia	Ou 2010; Yevtushenko 2007	2	225	4	223	0.64 [0.06, 7.29]
Asthenia	Moore 2005	2	152	2	142	0.93 [0.13, 6.72]
Back pain	Colonna 2005; SCT-MD-02	14	305	12	300	1.36 [0.34, 5.51]
Breast surgery	Moore 2005	1	152	0	142	2.82 [0.11, 69.84]
Bronchitis	Colonna 2005	3	182	10	175	0.28 [0.07, 1.02]
Chest pain	Moore 2005	1	152	0	142	2.82 [0.11, 69.84]
Chicken pox	Moore 2005	0	152	1	142	0.31 [0.01, 7.65]
Dermatological problems	Yevtushenko 2007	2	110	1	109	2.00 [0.18, 22.38]
Dizziness	Moore 2005; Ou 2010; SCT-MD-02; Yevtushenko 2007	11	502	17	491	0.69 [0.28, 1.71]
Dyspepsia	Yevtushenko 2007	1	110	0	109	3.00 [0.12, 74.45]
Enuresis	Moore 2005	0	152	1	142	0.31 [0.01, 7.65]
Exacerbation of depression	Moore 2005	1	152	0	142	2.82 [0.11, 69.84]
Gastrointestinal	Ou 2010	14	117	16	115	0.84 [0.39, 1.81]
Headache	Colonna 2005; Moore 2005; SCT-MD-02; Yevtushenko 2007	45	567	46	551	0.96 [0.49, 1.88]
Hot flash	Moore 2005	0	152	1	142	0.31 [0.01, 7.65]
Memory impairment	Moore 2005	2	152	0	142	4.73 [0.23, 99.47]
Palpitations	Moore 2005	0	152	1	142	0.31 [0.01, 7.65]
Panic attack	Moore 2005	1	152	0	142	2.82 [0.11, 69.84]
Pharyngitis	Moore 2005	0	152	1	142	0.31 [0.01, 7.65]
Pruritus	Moore 2005	1	152	0	142	2.82 [0.11, 69.84]
Rash	Yevtushenko 2007	1	110	0	109	3.00 [0.12, 74.45]

**Table 1. Adverse events** (Continued)

Rhinitis	Colonna 2005; Lepola 2003; SCT-MD-02	24	466	28	456	0.87 [0.40, 1.87]
Sexual problems: erectile dysfunction	Lepola 2003	0	161	2	156	0.19 [0.01, 4.02]
Sexual problems: increased sexual desire	SCT-MD-02	9	123	8	125	1.15 [0.43, 3.10]
Sexual problems: other	Burke 2002; Moore 2005; SCT-MD-02; Yevtushenko 2007	16	452	31	563	0.72 [0.36, 1.43]
Sweating	Lepola 2003; Moore 2005; SCT-MD-02	13	436	15	423	0.83 [0.39, 1.78]
Tachycardia	SCT-MD-02	0	123	1	125	0.34 [0.01, 8.33]
Tremor	Moore 2005	0	152	4	142	0.10 [0.01, 1.89]
Upper respiratory tract infection	SCT-MD-02	8	123	12	125	0.66 [0.26, 1.66]
Visual problems	Moore 2005	1	152	0	142	2.82 [0.11, 69.84]
Weight gain	Colonna 2005; Moore 2005	15	334	12	317	1.21 [0.55, 2.64]
<i>Citalopram vs fluoxetine</i>						
Abdominal pain	Bougerol 1997a; Bougerol 1997b	16	331	10	342	1.57 [0.55, 4.53]
Back pain	Bougerol 1997b	5	173	0	184	12.04 [0.66, 219.46]
Bronchitis	Bougerol 1997b	5	173	7	184	0.75 [0.23, 2.42]
Decreased weight	Bougerol 1997a; Bougerol 1997b	13	331	22	342	0.62 [0.25, 1.50]
Headache	Bougerol 1997a; Bougerol 1997b; Hosak 1999	25	360	28	372	0.90 [0.51, 1.60]
Influenza-like symptoms	Bougerol 1997b	2	173	6	184	0.35 [0.07, 1.74]
Nervousness	Bougerol 1997a	6	158	5	158	1.21 [0.36, 4.04]
Pruritus	Bougerol 1997a	2	158	5	158	0.39 [0.07, 2.05]
Sweating	Bougerol 1997a	6	158	2	158	3.08 [0.61, 15.49]
Tension	Bougerol 1997a	6	158	6	158	1.00 [0.32, 3.17]
Vertigo	Bougerol 1997a	7	158	3	158	2.40 [0.61, 9.43]

**Table 1. Adverse events** (Continued)

<i>Citalopram vs paroxetine</i>						
Asthenia	<a href="#">29060/785</a>	36	207	22	199	1.69 [0.96, 3.00]
Headache	<a href="#">29060/785</a>	54	207	44	199	1.24 [0.79, 1.96]
Sexual problems: other	<a href="#">29060/785</a>	13	207	11	199	1.15 [0.50, 2.62]
Syncope	<a href="#">29060/785</a>	1	207	0	199	2.90 [0.12, 71.57]
<i>Citalopram vs sertraline</i>						
Asthenia	<a href="#">Ekselius 1997</a>	3	200	6	200	0.49 [0.12, 2.00]
Concentration de- crease	<a href="#">Ekselius 1997</a>	1	200	2	200	0.50 [0.04, 5.53]
Decreased weight	<a href="#">Ekselius 1997</a>	19	200	9	200	2.23 [0.98, 5.05]
Dermatological problems	<a href="#">Ekselius 1997</a>	6	200	5	200	1.21 [0.36, 4.02]
Dizziness	<a href="#">Ekselius 1997</a>	14	200	14	200	1.00 [0.46, 2.16]
Emotional indiffer- ence	<a href="#">Ekselius 1997</a>	2	200	1	200	2.01 [0.18, 22.35]
Forgetfulness	<a href="#">Ekselius 1997</a>	7	200	4	200	1.78 [0.51, 6.17]
Gastrointestinal	<a href="#">Ekselius 1997</a>	5	200	12	200	0.40 [0.14, 1.16]
Headache	<a href="#">Ekselius 1997</a>	13	200	18	200	0.70 [0.33, 1.48]
Increased salivation	<a href="#">Ekselius 1997</a>	1	200	0	200	3.02 [0.12, 74.46]
Palpitations	<a href="#">Ekselius 1997</a>	8	200	6	200	1.35 [0.46, 3.96]
Sexual problems: anorgasmia	<a href="#">Ekselius 1997</a>	24	200	13	200	1.96 [0.97, 3.97]
Sexual problems: erectile dysfunction	<a href="#">Ekselius 1997</a>	7	200	3	200	2.38 [0.61, 9.34]
Sexual problems: increased sexual desire	<a href="#">Ekselius 1997</a>	14	200	7	200	2.08 [0.82, 5.26]
Sexual problems: loss of sexual inter- est	<a href="#">Ekselius 1997</a>	16	200	19	200	0.83 [0.41, 1.66]
Sexual problems: other	<a href="#">Ekselius 1997</a>	13	200	8	200	1.67 [0.68, 4.12]
Sweating	<a href="#">Ekselius 1997</a>	34	200	26	200	1.37 [0.79, 2.38]

**Table 1. Adverse events** (Continued)

Tension	<a href="#">Ekselius 1997</a>	7	200	6	200	1.17 [0.39, 3.55]
Visual problems	<a href="#">Ekselius 1997</a>	6	200	11	200	0.53 [0.19, 1.47]
Weight gain	<a href="#">Ekselius 1997</a>	26	200	30	200	0.85 [0.48, 1.49]
<b>Citalopram versus other antidepressants</b>						
<i>Citalopram vs mirtazapine</i>						
Dizziness	<a href="#">Leinonen 1999</a>	6	133	12	137	0.49 [0.18, 1.35]
Fatigue	<a href="#">Leinonen 1999</a>	18	133	17	137	1.10 [0.54, 2.25]
Headache	<a href="#">Leinonen 1999</a>	19	133	13	137	1.59 [0.75, 3.37]
Influenza-like symptoms	<a href="#">Leinonen 1999</a>	3	133	7	137	0.43 [0.11, 1.69]
<i>Citalopram vs moclobemide</i>						
Gastrointestinal	<a href="#">Castanedo de Alba 1998</a>	6	22	5	20	1.13 [0.28, 4.47]
Headache	<a href="#">Castanedo de Alba 1998</a>	0	22	2	20	0.16 [0.01, 3.64]
Sexual problems: loss of sexual interest	<a href="#">Castanedo de Alba 1998</a>	0	22	1	20	0.29 [0.01, 7.51]
Tremor	<a href="#">Castanedo de Alba 1998</a>	2	22	1	20	1.90 [0.16, 22.72]
<i>Citalopram vs reboxetine</i>						
Concentration decrease	<a href="#">Langworth 2006</a>	2	176	3	181	0.68 [0.11, 4.13]
Confusion	<a href="#">Langworth 2006</a>	1	176	2	181	0.51 [0.05, 5.69]
Decreased weight	<a href="#">Langworth 2006</a>	1	176	8	181	0.12 [0.02, 1.00]
Dizziness	<a href="#">Berlanga 2006</a>	13	54	14	47	0.75 [0.31, 1.81]
Emotional indifference	<a href="#">Langworth 2006</a>	1	176	4	181	0.25 [0.03, 2.28]
Headache	<a href="#">Berlanga 2006; Langworth 2006</a>	17	230	27	228	0.50 [0.25, 1.00]
Increased dream activity	<a href="#">Langworth 2006</a>	5	176	10	181	0.50 [0.17, 1.49]
Increased salivation	<a href="#">Langworth 2006</a>	0	176	2	181	0.20 [0.01, 4.27]



**Table 1. Adverse events** (Continued)

Influenza-like symptoms	Langworth 2006	9	176	8	181	1.17 [0.44, 3.09]
Memory impairment	Langworth 2006	2	176	3	181	0.68 [0.11, 4.13]
Orthostatic symptoms	Langworth 2006	4	176	9	181	0.44 [0.13, 1.47]
Paraesthesia	Langworth 2006	5	176	5	181	1.03 [0.29, 3.62]
Rash	Langworth 2006	2	176	4	181	0.51 [0.09, 2.81]
Sexual problems: loss of sexual interest	Langworth 2006	5	176	3	181	1.73 [0.41, 7.37]
Tachycardia	Langworth 2006	3	176	3	181	1.03 [0.20, 5.17]
Tension	Langworth 2006	4	176	3	181	1.38 [0.30, 6.26]
Tremor	Langworth 2006	2	176	5	181	0.40 [0.08, 2.11]
Upper respiratory tract infection	Langworth 2006	8	176	5	181	1.68 [0.54, 5.23]
Vertigo	Langworth 2006	10	176	8	181	1.30 [0.50, 3.38]
Visual problems	Langworth 2006	1	176	4	181	0.25 [0.03, 2.28]
Weight gain	Berlanga 2006; Langworth 2006	21	230	8	228	2.37 [0.61, 9.19]
<i>Citalopram vs venlafaxine XR</i>						
Common cold	Allard 2004	2	75	3	76	0.67 [0.11, 4.11]
Dizziness	Allard 2004	3	75	4	76	0.75 [0.16, 3.47]
<i>Citalopram vs hypericum (St. John's wort)</i>						
Dermatological problems	Gastpar 2006	6	127	4	131	1.57 [0.43, 5.72]
Infection	Gastpar 2006	17	127	20	131	0.86 [0.43, 1.72]
Musculoskeletal and connective tissue disorders	Gastpar 2006	5	127	6	131	0.85 [0.25, 2.87]

## CONTRIBUTIONS OF AUTHORS

AC, CB, TAF and RC conceived and designed the meta-analysis. AC, MP, CT, AS, GI and SD identified and acquired reports of trials, and extracted data. AC, MP, CT and AS contacted authors of trials and pharmaceutical industries for additional information. AC, CB and MP analysed and interpreted the data. TAF provided statistical advice and input. RC, NW, CT, AS, GI and SD contributed to the interpretation of the data. AC and MP drafted the

manuscript. CB, MP, CT, AS, GI, TAF, RC and SD critically reviewed the manuscript.

## DECLARATIONS OF INTEREST

AC, MP, CB, CT, AS, RC, SD: none declared

TAF has received research funds and speaking fees from Asahi Kasei, Astellas, Dai-Nippon, Eisai, Eli Lilly, GlaxoSmithKline, Janssen, Kyowa Hakko, Meiji, Organon, Pfizer, Tsumura, Yoshitomi and Zelia. The Japanese Ministry of Education, Science, and Technology and the Japanese Ministry of Health Labor and Welfare have also funded his research.

GI has received speaking fees from Abbott, Angelini, AstraZeneca, Boehringer Ingelheim, Bristol-Myers Squibb, Eli Lilly, GlaxoSmithKline, Janssen, Lundbeck, Pfizer, Wyeth.

NW has received speaking fees from GlaxoSmithKline, but his speech did not deal with pharmacological agents but with methodology of evidence-based medicine.

## SOURCES OF SUPPORT

### Internal sources

- Department of Public Health and Community Medicine, Section of Psychiatry and Clinical Psychology University of Verona, Italy.

### External sources

- No sources of support supplied

## DIFFERENCES BETWEEN PROTOCOL AND REVIEW

In the analyses, the cut-off point for remission was set at 12 or less on the MADRS (instead of 10), because all studies included in the present review used this cut-off point for defining remission.

## NOTES

This review is one of a number of separate reviews examining head-to-head comparisons as part of the multiple Meta-Analyses of New Generation Antidepressants (MANGA) Study. These individual reviews have been then combined in a multiple treatments meta-analysis (Cipriani 2009a).

## INDEX TERMS

### Medical Subject Headings (MeSH)

Antidepressive Agents [\*therapeutic use]; Antidepressive Agents, Second-Generation [therapeutic use]; Citalopram [\*therapeutic use]; Cyclohexanols [therapeutic use]; Depression [\*drug therapy]; Morpholines [therapeutic use]; Paroxetine [therapeutic use]; Reboxetine; Selective Serotonin Reuptake Inhibitors [therapeutic use]; Venlafaxine Hydrochloride

### MeSH check words

Humans