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## Techniques and assays for the study of angiogenesis<sup>a</sup>

Michael W. Irvin<sup>1</sup>, Andries Zijlstra<sup>2,3</sup>, John P. Wikswø<sup>1,2,4,5</sup>, and Ambra Pozzi<sup>2,4,6,7</sup>

<sup>1</sup>Department of Biomedical Engineering, Vanderbilt University, Nashville, TN 37235

<sup>2</sup>Vanderbilt Institute for Integrative Biosystems Research and Education, Nashville, TN 37235

<sup>3</sup>Department of Pathology, Microbiology and Immunology, Vanderbilt University Medical Center, Nashville, TN 37232

<sup>4</sup>Department of Molecular Physiology and Biophysics, Vanderbilt University Medical Center, Nashville, TN 37232

<sup>5</sup>Department of Physics and Astronomy, Vanderbilt University, Nashville, TN 37235

<sup>6</sup>Department of Medicine, Division of Nephrology and Hypertension, Vanderbilt University Medical Center, Nashville, TN 37232

<sup>7</sup>Department of Medicine, Veterans Affairs Hospitals, Nashville, TN, 37232

### Abstract

The importance of studying angiogenesis, the formation of new blood vessels from pre-existing vessels, is underscored by its involvement in both normal physiology, such as embryonic growth and wound healing, and pathologies, such as diabetes and cancer. Treatments targeting the molecular drive of angiogenesis have been developed, but many of the molecular mechanisms that mediate vascularization, as well as how these mechanisms can be targeted in therapy, remain poorly understood. The limited capacity to quantify angiogenesis properly curtails our molecular understanding and development of new drugs and therapies. Although there are a number of assays for angiogenesis, many of them strip away its important components and/or limit control of the variables that direct this highly cooperative and complex process. Here we review assays commonly used in endothelial cell biology and describe the progress toward development of a physiologically realistic platform that will enable a better understanding of the molecular and physical mechanisms that govern angiogenesis.

### Keywords

endothelial cells; tubulogenesis; sprouting; growth factors; vessels; disease

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Correspondence should be addressed to: Ambra Pozzi or John P. Wikswø, Vanderbilt Institute for Integrative Biosystems Research and Education, 6301 Stevenson Center, Nashville, TN 37235-1807, ambra.pozzi@vanderbilt.edu, john.wikswø@vanderbilt.edu.

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## Introduction

Angiogenesis is a complex and highly regulated process that plays a role in both physiological and pathological conditions. During angiogenesis, vascular sprouts from a preexisting blood supply subsequently mature into stable vasculature that supplies local oxygen and nutrient demands. In the course of angiogenesis, endothelial cells need to escape quiescence, proliferate, migrate, and undergo tubulogenesis in order to form functional vessels. While all of the molecular events of angiogenesis have not been conclusively defined, angiogenic sprouting, vessel formation, adaptation to tissue needs, and stabilization can be considered its four major sequential events. Non-endothelial cells that participate in angiogenesis include fibroblasts, pericytes, and smooth muscle cells that, together with vascular endothelial cells, respond to a concert of growth factors, cytokines, extracellular matrix components, matrix receptors, and lipids orchestrated in response to a local need for increased blood supply (1). The environment that supports angiogenesis varies throughout the body and life of the organism. As a result, angiogenic response and the mechanisms that drive it may vary spatially and temporally, displaying distinct characteristics at different sites along the vascular tree and within different organs, at different ages, and in different physiological/pathological states. Aberrant functions of just a few of the cellular and non-cellular components that control angiogenesis can compromise the entire process, contributing to several diseases, including cancer, ischemia, hypertension, and inflammatory disorders (2–5). Consequently, understanding the cellular, biochemical, molecular, and mechanical mechanisms that control angiogenesis is crucial to devise better tools to support physiological angiogenesis and prevent or treat pathological angiogenesis.

Great strides have been made in elucidating the details of angiogenesis, and both *in vitro* and *in vivo* assays have been developed to explain individual factors that control this complex process. Despite these developments (6–8), however, there is no “gold standard” assay, and therefore angiogenesis studies rely heavily on the appropriate selection of multiple assays. In determining how well suited any single assay is for a particular study, factors such as the nature of the scientific question and the molecular mechanism under investigation, and the ultimate goal (clinical or scientific) will need to be carefully evaluated. Investigations of the molecular mechanisms of angiogenesis require assays that resolve individual aspects of the angiogenic process with precision, accuracy, and reproducibility. *In vitro* angiogenesis assays (i.e., tubulogenesis, proliferation) only recapitulate a few steps of the angiogenic process and, though very reproducible, are not necessarily an accurate reflection of blood vessel formation. In contrast, *in vivo* models (i.e., sponge assays, chorioallantoic membrane assays, cornea angiogenesis assays) evaluate an entire process that is biologically accurate, but they possess little access to and limited control of individual aspects, thereby reducing their reproducibility. Investigating the action of a particular pro- or anti-angiogenic factor requires an assay whose overall angiogenic behavior best mimics the angiogenic steps as observed under physiological and/or pathological conditions. In general, *in vitro* assays offer superior precision and control of components of the angiogenic process because they are isolated from confounding variables resident in the whole organism. In contrast, the comprehensive nature of *in vivo* assays provides biological and clinical relevance that enable translation of molecular understanding to real-life implementation. Most successful

angiogenesis studies pair *in vitro* and *in vivo* assays to harness the power and overcome the limitations of both. In addition, *ex vivo* assays (i.e., vascular explants) that combine qualities of *in vitro* and *in vivo* assays have been developed to provide precise control over a biological system that recapitulates almost all of the mechanisms and steps of physiological angiogenesis. In this review we will describe the major steps involved in angiogenesis and the strengths and limitations of the currently available *in vitro*, *in vivo*, and *ex vivo* assays to study the angiogenic process.

## The steps of angiogenesis

An angiogenic stimulus will cause regions of the vasculature endothelium to undergo four remodeling “steps”: 1) vascular sprouting, 2) tubule morphogenesis, 3) adaptation to tissue needs, and 4) vessel stabilization. These four major steps elicit the involvement of diverse cell types, extracellular matrix components, growth factors, and cytokines (9–14). The signals that drive angiogenesis vary temporally. In fact, several inhibitors of the early steps of vessel sprouting promote later steps of vessel maturation (15). This poses interesting challenges and opportunities to researchers who investigate ways to interrupt disease processes by targeting angiogenesis. Figure 1 describes the major events implicated in angiogenesis.

### Sprouting

Angiogenesis in adults begins with endothelial cell proliferation. In the absence of pro-angiogenic stimuli, endothelial cells will exist for years in a quiescent (i.e., non-proliferating) state. Sprouting initiates when endothelial cells receive pro-angiogenic paracrine signals released by their microenvironment in response to an increasing demand within the tissue for oxygen and nutrients or to pro-angiogenic stimuli released by cells involved in an injury or pathology such as cancer. Potent initiators of sprouting include vascular endothelial growth factor, fibroblast growth factors, angiopoietins, and hypoxia inducible factors (16). The bud of the sprouting vessels consists of two different cell types: the tip cells, which have migratory ability, and the stalk cells that contribute to the elongation of the sprouting by proliferating (17). Upon angiogenic activation of a vessel, pericytes (the cells surrounding endothelial cells) detach, proliferate, and migrate into the interstitium. Pericytes burrow through the basement membranes on which endothelial cells rest by expressing matrix metalloproteases. Fibroblasts also migrate outward, laying a provisional extracellular matrix (composed of collagen, fibronectin, and heparan sulfate proteoglycans) for the growing angiogenic sprout. Various *in vitro* co-culturing and vascular explant assays have provided insights about involvement of pericytes and fibroblasts in angiogenic sprouting. Endothelial proliferation and migration occur in the presence of orchestrated and spatially regulated pro-angiogenic cues so that endothelial cells do not migrate *en masse* toward the angiogenic stimuli (9;18–20). Molecules responsible for initiating angiogenic sprouting include VEGF-A, VEGF receptors 2 and 3, and the Notch signaling receptors (21–24). Several of the existing angiogenesis assays described in detail below incorporate a means for investigating the mechanisms of endothelial cell proliferation and migration.

## Tubule morphogenesis

Endothelial cells acquire a lumen once they have migrated outward from their parent vessel. In this process, endothelial cells and stalk cells form vacuoles via pinocytosis. These vacuoles coalesce into larger, contiguous lumens, which eventually span the multiple endothelial cells. Fibroblasts induce tube formation in the angiogenic sprout by secreting tubulogenesis-stimulating molecules and by depositing extracellular matrix molecules that signal to stalk cells (25;26).

## Adaptation to tissue needs

Once angiogenesis has produced a network of endothelial tubes, the angiogenic outgrowth undertakes vascular regression (which prunes parts of the angiogenic outgrowth) and vessel stabilization/maturation (which equips the nascent vessels to function long-term). Nascent angiogenic sprouts must decide whether to regress or stabilize. An abrupt loss of pro-angiogenic factors coupled with a lack of blood flow prompts endothelial tubes to regress and undergo apoptosis (27). Signals that prompt vessel stabilization include angiogenic signaling molecules, VEGF, PDGF, Ang-1, Ang-2 and blood flow. The effect of certain factors to control vessel stability depends on the overall composition of growth factors in the surrounding milieu. In this context, when present at the same time, VEGF and Ang-2 promote vessel formation, but in the presence of Ang-2 only, vessel regression occurs (28). Vessel regression can be studied *in vivo* and in angiogenesis assays that generate endothelial tubes/vascular sprouts *in vitro* (see below for details).

## Stabilization/maturation

At this stage in angiogenesis are several processes that are the opposite of those that carry out the early steps. During vessel stabilization, the endothelium abandons its proliferative and invasive phenotype in order to revert to a non-proliferative state. Anastomoses between the vascular sprouts establish blood flow between juxtaposed capillaries. Tight junctions between adjacent cells are re-established, along with firm adhesion to the underlying extracellular matrix – a characteristic of quiescent vasculature. Pericytes and other mural cells are recruited to the vessel, matrix degradation is inhibited, and new matrix materials are deposited to generate a basement membrane for the vessel. Attached pericytes and extracellular matrix proteins inhibit further endothelial migration and proliferation, and provide pro-survival signals to the endothelial cells. Hemodynamic forces engendered in blood flow are thought to further stabilize the capillaries. Four signaling molecules, PDGF, shingosine 1, Ang-1, and TGF- $\beta$ , have been identified as playing a significant role in vessel stability (9;29–31). The extracellular matrix also plays a dynamic role in stabilizing a vascular sprout by harboring angiogenic signaling molecules that become liberated as regions of the extracellular matrix get degraded by proteases.

Another factor that contributes to vessel stabilization is blood flow. Shear stress, for example, is mechanically transduced into activation of intracellular pathways that mimic signaling by VEGF and Ang-1. Hemodynamic forces engendered in blood flow (shear stress, pressurization, and vessel wall tension) have an impact on angiogenesis. In this context, increased shear stress induced by administration of adrenoreceptor agonists results in high capillary content and increased VEGF (32;33). High and low shear stress conditions

also generate capillaries with differing morphologies (34). Hemodynamic signals in angiogenesis have attracted research interest, and it is suspected that mechanotransduction of blood flow-generated forces plays a more prominent role in physiological angiogenesis, while chemotransduction directs more of the pathological than the physiological angiogenic processes (35).

## Angiogenesis assays

### *In vitro* assays

*In vitro* assays of angiogenesis typically study the behavior of endothelial cells within a controlled environment. Fundamentally, these *in vitro* studies are based on purified endothelial cell cultures or carefully controlled co-culture with another cell type (i.e., fibroblasts, immune cells, pericytes, tumor cells). These assays allow researchers to study particular mechanisms or drug intervention in defined elements of angiogenesis while controlling nearly all other influencing variables. Such studies have been helpful in the identification of selective target molecules and/or key pathways controlling endothelial cell functions. *In vitro* endothelial cell assays typically assess proliferation, migration, and tube formation (6–8). The quantitative capacity of these *in vitro* studies is particularly important, as it provides a confidence that is not readily acquired with more complicated *in vivo* experiments. These experiments include (but are not limited to) proliferation, survival, differentiation/morphogenesis, and migration (6–8). Table 1 summarizes the major and commonly used *in vitro* angiogenesis assays.

**Proliferation**—Assays that monitor endothelial cell proliferation in culture have the benefit of being rapid, reproducible, precise, and quantifiable. These assays can be used to analyze and compare the basal growth of endothelial cells isolated from a variety of sources, including primary human cell cultures (from aorta, dermal vasculature, or adipose tissue), cells obtained from syngeneic or transgenic mice, such as the immortomice (36), and established cell cultures (37). The rate of growth determines the ability of endothelial cells to respond to external stimuli (i.e., matrices, forces, growth factors). Measures of endothelial cell proliferation include traditional proliferation assays that can be achieved with manual count or automated cell counters, MTT assays that measure metabolic reduction in cells of MTT [3-(4,5-Dimethylthiazol-2-yl)-2,5-Diphenyltetrazolium Bromide] from a yellow tetrazole to a purple formazan, and tritiated-thymidine or BrdU (Bromo-deoxyuridine) incorporation into duplicating DNA. In addition to cell proliferation, cell cycle progression is often used as a measure of endothelial cell growth. A combination of BrdU and propidium iodide can be used for this assay based on the assumption that endothelial cells in G1 phase incorporate propidium iodide only, while cells that have progressed through the S phase incorporate both propidium iodide and BrdU.

**Migration**—Migration assays are commonly used to determine the ability of an intrinsic molecular mechanism or an externally provided regulator, including pro- and/or anti-angiogenic factors, matrices (natural or bioengineered materials), and/or cell types (i.e., fibroblasts and/or immune cells) to promote or diminish endothelial cell migration. Boyden chambers position endothelial cells on one side of a filter (with pores of different-sized cut-

offs) and facilitate migration of the cells toward a chemoattractant on the other side of the filter, or toward an extracellular matrix coated on the other side of the filter. Quantitation of endothelial cell migration is accomplished by analyzing the number of cells that completely traverse the filter in a finite time. The possibility to “create” chemotactic gradients provides the advantage of allowing detailed mechanistic analyses of endothelial cell migration. Although frequently used, drawbacks of the Boyden chamber migration assays include the difficult and time-consuming nature of quantitation, loss of the chemotactic gradient over time, and the inability to incorporate mechanical stimuli.

In addition to the Boyden chamber, the “scratch assay” can be used as a two-dimensional model of endothelial cell migration. In a scratch assay, an area of an endothelial cell monolayer is denuded via scratching or other means, and the ability of endothelial cells to migrate into the denudation is measured over time. These scratch assays have the advantages of being fast and allowing continuous monitoring of angiogenesis. However, the extent of confluence and scratch size vary, and quantification methods are arbitrary and prone to bias errors. Use of stencils overcomes variations in scratch size; e.g., magnetically attachable stencils, or MATs, create a smooth, controlled denudation area (38). Stencils also permit application of an underlying gradient of surface-bound ligands, as they could advance protein printing techniques (39).

**Tubulogenesis**—Tube formation assays are conducted by placing endothelial cells on or within an extracellular matrix (fibrin, collagen, or Matrigel) and monitoring tube formation over time. Quantitation is accomplished by counting the lengths and/or number of the formed tubes and/or the number of branch points. Tube formation assays can be two-dimensional (plating on top of a thin layer of extracellular matrix) or three-dimensional (placing cells within an extracellular matrix). These assays are rapid, reliable, and sensitive to composition and mechanical properties of the extracellular matrix (8;40). In addition, the matrices can be layered alone and/or in combination with pro- and anti-angiogenic factors, thus allowing one to analyze how matrix and soluble factors control tubulogenesis. However, the tubes that form are quite homogeneous in length and thus not entirely representative of *in vivo* angiogenesis. Quantitation of tube formation assays also requires technical skill, and three-dimensional assays have the additional technical challenges of processing confocal images.

There is an increasing interest in utilizing microfabrication and/or microfluidics to study the process of tubulation, with the goal of achieving patent microvessels that can be perfused. A first step toward this was to demonstrate that tubulogenesis observed in a Transwell tri-culture environment (41) could be guided with structural patterning of the matrix (42). More recently, co-culture microfluidic devices have been developed that support the self-organization of perfusable capillary networks (43–46). The most important observation of these studies was that the endothelial cells forming the tubules would adhere to the surface of the microfluidic channel in the immediate vicinity of the three-dimensional culture region, suggesting that this approach provides an *in vitro* connection between a macroscopic perfusion system and both ends of a self-assembled, perfused capillary network. Initially, a controlled balance of interstitial flow and diffusion through a hydrogel matrix containing fibroblasts and microvascular endothelial cells guides the formation of patent and durable

microvascular networks, which can then support the transport of oxygen, nutrients, and waste to the surrounding tissue (44;46). One advantage of microfluidic devices is that they can provide controlled, spatiotemporal gradient in fluid pressures, cell types, chemokines, oxygen, and other molecular species and enable the observation of how these gradients affect the resulting sprouting and other physiological responses (44–47). The direction of sprouting can also be affected by extracellular matrix fiber orientation (48), so that contact guidance by aligned fibrin might be used to affect network architecture.

### ***In vivo* assays**

*In vivo* angiogenesis assays (i.e., experiments utilizing an intact organism to model angiogenic behavior) present a complete and fully functional angiogenic process that acts alongside an entire set of the processes that maintain the state of the organism. *In vivo* models of angiogenesis carry out all the steps of angiogenesis and vessel maturation to produce fully functional vascular networks or vessels characteristic of certain disease states. *In vivo* assays typically investigate drug effects on angiogenesis and validate observations about the molecular mechanisms of angiogenesis from *in vitro* studies. As a result, these assays have proven indispensable to the understanding of angiogenesis and the development of angiogenic therapies. Table 2 summarizes the most commonly used *in vivo* angiogenesis assays.

**Chick chorioallantoic membrane (CAM) assay**—The CAM assay provides the full complement of biological components comprising a complex tissue, including surface epithelium enclosing a stromal compartment that contains fibroblasts, intact vasculature, and inflammatory cell types. Nevertheless, this extraordinarily thin membrane is relatively simple in architecture and a readily overseen experimental model. Like immunodeficient mice, avian embryos lack immune response to exogenous cells and tissues, therefore allowing engraftment of exogenous materials.

The CAM assay has become the most utilized *in vivo* angiogenesis assay (8;49). In the chick embryo, a change in vascular density in and around a test site on the CAM results from the topical or intravenous addition of test substances to the CAM. This change in vascularization implies an effect on angiogenesis. Test substances include soluble angiogenic growth factors, angiogenic inhibitors, tumor cells, and tissues. Encapsulation or immobilization of the test substance in polymer pellets, gelatin sponges, and air-dried filters accomplishes slowed or controlled release of the test substance. The chick CAM assay can be conducted *in ovo*, with the test substance added to the CAM through a small hole cut into the shell of the chick's egg, or *ex ovo*, where the entire embryo and CAM are cultured outside of the shell (6;8;50–52). *In ovo* experiments require less maintenance, and angiogenesis can be tracked through the later stages of embryo development. *Ex ovo* models improve access to the CAM and permit repeated administration of the test substances and repeated time-course imaging, as well as multiple test sites per embryo. Angiogenesis is measured visually by counting vessels, or semi-quantitatively by scoring vascular density. Dyes and fluorescent micro- and nanoparticles injected into the vasculature better resolve the sprouts and identify patent vessels. The chick CAM is simple, scalable, and allows repeated/time-course imaging (53–57).

**Zebrafish model of angiogenesis**—The zebrafish model provides a powerful and inexpensive *in vivo* screening of angiogenesis stimulators and inhibitors. Zebrafish angiogenesis assays are conducted by injecting a biomolecular test substance into the yolk sac of a zebrafish embryo. Conveniently, lipophilic test substances added to the water can freely diffuse into the embryos. Utilization of mutagens and antisense morpholinos facilitates genetic engineering of the zebrafish model for investigating the molecular mechanism of angiogenesis. The facts that zebrafish embryos develop outside the mother and are transparent allow researchers to measure angiogenesis by visual inspection. Patent vasculature is visualized via injection of fluorescent dye, quantum dots, or microspheres, followed by confocal microscopy and image reconstruction (58). Transgenic zebrafish with GFP-labeled endothelial markers (Fli-GFP, mTie2-GFP, and Flk-GFP) grow fluorescent vasculature, which eases visualization (59).

The zebrafish angiogenesis assay is inexpensive, scalable, rapid, and quantifiable via imaging, but there are some drawbacks. The relevance of angiogenesis in the zebrafish embryo as a model of angiogenesis in human adults has been questioned. In this context, in the zebrafish assay neovascularization results from both vasculogenesis and angiogenesis, and distinguishing between the two is quite difficult. In addition, regions that participate only in angiogenesis are debated, although angiogenesis is accepted to occur in the subintestinal vein.

**Cornea angiogenesis assay**—Once considered the “gold standard” assay of angiogenesis, the cornea assay features angiogenesis from mammalian vasculature, which better represents angiogenesis in humans (6;8). The assay is conducted by cutting a pocket into the corneal stroma of a mouse, rat, or rabbit and implanting into it a test substance (e.g., tumor (or other) tissue or cells, conditioned media, growth factors, etc.). To overcome the difficulty of controllably delivering the test substance to the corneal pocket, various slow-release polymer pellets have been employed (6;8). Angiogenesis can also occur in response to injury to the cornea, delivered via chemical cauterization or mechanical scraping. Quantification or analysis of the angiogenic response is accomplished visually, by explanting the cornea and counting the number of vessels and measuring the length, caliber, or density of the new vessels. The corneal angiogenesis assay is reliable and quantifiable, and genetic engineering in mice allows it to be used to investigate the molecular mechanisms of angiogenesis. The initially avascular cornea permits a low background measurement of angiogenesis; however, the relevance of ectopic angiogenesis into the normally avascular cornea has been questioned (8). The cornea is a two-dimensional environment for angiogenesis, while human angiogenesis typically occurs in three dimensions. Other limitations of the assay include that it is time-consuming, expensive, and technically demanding to run (more so in smaller mammals). Angiogenesis in this assay is not amenable to repeated or time-course imaging. There also exist ethical qualms regarding the invasive use of a major sensory organ.

***In vivo* matrix invasion assays**—These assays facilitate mammalian angiogenesis in a natural extracellular matrix biomaterial (e.g., Matrigel) (60). Such assays are performed by injecting Matrigel (which gels into a plug upon injection) or implanting a polymer scaffold



subcutaneously in the mouse, rat, or rabbit, then monitoring for angiogenic ingrowth. Synthetic sponge matrices, composed of polyvinyl acid, polyethylene, or polyurethane, have been utilized in the matrix invasion assays as a scaffold. The Matrigel plug or scaffold material typically contains a test substance (e.g., growth factor, cells, tumor, and tissue explant) that should recruit and/or repel host-derived endothelial cells. Measurements of angiogenesis occur at the end of the assay (typically 7–10 days post implantation), when the matrix material plug or scaffold material is explanted, sectioned, and stained for endothelial cell markers. In certain cases, the hemoglobin content in the matrix material or scaffold can be measured, thus providing an indirect measure of angiogenesis, but it may become inflated by deposition of hemoglobin due to hemorrhaging or leaky vessels. Nevertheless, this assay is commonly used to analyze the ability of a scaffold and/or given molecule to promote and/or inhibit physiological host-mediated angiogenic responses.

**Dorsal air sac model of angiogenesis**—This method is constructed by lifting the dorsal skin on a mouse, injecting air, and implanting a chamber through a transverse section cut on the back (61). The chamber is loaded with a test substance, such as tumor tissue or cells or angiogenic cytokines. The angiogenesis response is assessed upon explantation of the chamber by counting the newly formed vessels. To facilitate the visualization of angiogenesis, injection of dye or  $^{51}\text{Cr}$ -labeled erythrocytes followed by the measurement of the volume of dye or  $^{51}\text{Cr}$  that accumulates in the chamber is often utilized. This assay is simple, amenable to genetic engineering, and permits facile administration of the test substance. However, the dorsal air sac assay is difficult to quantitate and does not permit repeated or time-course measurement of angiogenesis.

Efforts to overcome these limitations resulted in the use of chamber assays, which are prepared by assembling a chamber around a region of thin tissue (e.g., rabbit or mouse ear, and dorsal skinfold). The chamber is typically loaded with a test substance (e.g., tumor or other tissue or cells, growth factors, cytokines, and angiogenic inhibitors). The thinness of the tissue inside the chamber allows repeated/time-course measurements of angiogenesis to be performed visually via transillumination. Vessel density and diameter are measures of angiogenesis utilized in the chamber assay. Injection of fluorescent dyes allows non-functional and patent vasculature to be distinguished and can be used to measure vascular permeability. A significant advantage of the chamber assay is that it allows repeated measurements on a mammalian model of angiogenesis. Windows implanted into the cranial bone or across the mouse femur window allow visualization of angiogenesis in organotypic sites (the brain and femur). The chamber assay and dorsal air sac assays are reliable and amenable to genetic engineering; however, they are prone to irritation from the surgery and implant. As a result, angiogenesis is subject to influences (noise) from cytokines released by inflammatory and wound healing responses. The assay is also expensive, difficult, and invasive.

**Tumor-associated angiogenesis**—*In vivo* models of pathological angiogenesis include tumor-associated angiogenesis. In this assay, mice are injected with tumor cells (i.e., subcutaneous, intra-cardiac, orthotopic, intra-bone, intra-spleen injection) and then left untreated or treated with a drug of interest. After a given time that varies depending on the

tumor type and site of injection, the mice are sacrificed, tumors are retrieved, and the amount of tumor-associated angiogenesis analyzed by traditional immunohistochemical assays. If the tumors are subcutaneously implanted, *in vivo* imaging on anesthetized mice can be performed in order to analyze in real time the amount of blood flow within tumors, the amount of capillary network, the amount of oxygen consumption, and the metabolic profile of the tumor. *In vivo* imaging, although quite expensive, allows multiple analysis of the same mouse and easy quantification of the potential pro- and/or anti-angiogenic action of the drug(s) tested.

### **Ex vivo assays**

As an intermediate method between more physiologically relevant *in vivo* angiogenesis assays and more precise *in vitro* angiogenesis assays, the organ explant angiogenesis assay has gained wide use. Organ explant assays initiate angiogenic sprouting, outward growth, and (to an extent) stabilization of new blood vessels from explanted segments of vasculature, bone, or embryonic tissue. Often termed an “*ex vivo*” model, organ explant assays are considered the most complete *in vitro* model of *in vivo* angiogenesis. The “*ex vivo*” vascular explant assays synergistically combine qualities of *in vitro* and *in vivo* angiogenesis assays to provide precise control over a biological system that recapitulates almost all of the mechanisms and steps of physiological angiogenesis. In addition, these assays recapitulate the spatial organization of heterogeneous cell types and extracellular matrices, the multitude of paracrine and juxtacrine signaling events, and the endogenously generated spatial-temporal gradients of pro- and/or anti-angiogenic active biomolecules. Therefore, researchers utilize organ explant assays to reliably investigate angiogenic mechanisms (including vessel stabilization and regression steps not accessed in the other angiogenesis assays) and the test substances that influence angiogenesis (62;63). Table 3 lists the types of organs that are utilized as a platform for studying *ex vivo* angiogenesis.

**Aortic ring assays**—After the first observation that spontaneous angiogenic outgrowth occurs from aortas cultured *in vitro* (64), the aortic ring assay and other organ explant assays arose and have since developed into the most complete *in vitro* mimic of *in vivo* angiogenesis (6–8). In a vascular explant assay, the explanted vessel is cleaned of surrounding fibro/adipose tissue, cut into 1 mm slices, and imbedded in collagen, fibrin, or Matrigel (65;66), and spontaneous outgrowth is followed over time (65). This assay provides a convenient, cost-effective, reliable way to investigate the mechanisms of angiogenesis and the effects of test substances (e.g., potential therapeutic agents) on angiogenesis (6–8). Qualities that define this assay as *in vitro* mimics of *in vivo* angiogenesis include the near-physiological spatial organization of endothelial cells, paracrine and juxtacrine signals, and endogenous matrix materials (6–8;65). Vascular sprouts originating from an organ explant contain lumen, supporting pericytes, and basement membrane. Considered essentially the same as capillary sprouts arising from angiogenesis *in vivo*, these vessels feature nearly all the functional similarities of those *in vivo* except vascular maturation brought on by blood flow (65). Vascular sprouts can be counted manually or using image processing software. The count includes vessels appearing at different depths in the sample via focusing (65). The number of branch points in the outgrowth also provides a useful measure of the extent of angiogenesis (8). A more rapid

quantitation of the extent of angiogenesis comes from measuring, via image processing software, the area covered by the angiogenic outgrowth (8). Vessel maturity is assessed by the number of pericytes lining the vessel and by the vessel caliber (8;65). Finally, whole mount immunostaining of the angiogenic sprouts is possible in vascular explants cultured in a thick layer of collagen (67).

### Why do we need more than one assay to study angiogenesis?

As angiogenesis is a complex event that requires interactions among different cell types, cells and growth factors, and cells and matrix components, a single “gold standard” assay that recapitulates all these events is currently not available. At present the *in vitro*, *in vivo*, and *ex vivo* assays described above represent the best available tools to analyze endothelial cell functions outside an organism. Despite being useful, angiogenesis assays come with some pitfalls and shortcomings that need to be taken into account.

If on one hand *in vitro* angiogenesis assays offer high precision and control of components of the angiogenic process isolated from confounding variables resident in the whole organism, on the other they only recapitulate a few steps of the angiogenic process. In addition, *in vitro* assays generally create a synthetic environment that bears little similarity to the physiological environment being investigated. Angiogenesis *in vitro* does not always represent the *in vivo* situation (i.e., in several *in vitro* angiogenesis assays vascular maturation steps do not occur). In addition, it is conceivable that promising observations *in vitro* might not be recapitulated *in vivo*, and vice versa, thus making it difficult to determine the physiological and/or pathological relevance to the *in vitro* findings. Moreover, *in vitro* assays are usually performed with one cell type, namely endothelial cells, and they do not take into account the contribution of variables such as mural cells, extracellular matrix components, flow (shear stress, pressure, and tension), and the immune response.

A potential advantage offered by the recently developed microfluidic angiogenesis assays (43–46;46) is that they allow separate control of interstitial and vascular flow in a three-dimensional, co-culture environment well suited for high-resolution microscopy. The extent to which this new approach addresses the above-mentioned limitations has yet to be fully explored. The use of perfused hollow fibers with endothelial cells on the inside of the lumen and astrocytes on the outside (68–70) has demonstrated how the interactions between abluminal cells, luminal endothelial cells, and shear stresses can affect the realism with which the blood-brain barrier can be recreated *in vitro*. This work would suggest that similar effects will occur in microfluidic angiogenesis assays as their sophistication increases and more interacting cell types such as pericytes can be incorporated (71).

Ultimately, angiogenesis may prove to be critical in the development of organs on a chip, in which microfluidic bioreactors are used to culture heterogeneous human cell populations to create three-dimensional tissue constructs that present the functions of intact organs, albeit at much lower volumes and cost and greater reliability and human relevance than two-dimensional cell cultures or studies on animals or humans (72–76).

While not specifically an angiogenesis assay, preformed microfluidic channels can support functional microvascular tubes (77), and serve as surrogates for microvasculature assays that

allow the observation, for example, of locations in endothelial bifurcations that exhibit preferential adhesion of leukocytes (78–81). There remain challenges in the fabrication of complex, three-dimensional microfluidic networks whose dimensions span the appropriate spatial scales (82).

As non-endothelial cell types play an indispensable role in angiogenesis, results of angiogenesis studies that lack non-endothelial cell types are less likely to translate to *in vivo* studies. Generally, *in vitro* assays are highly dependent on the endothelial cell source (6–8), which has been shown to vary greatly with respect to position along the vascular tree, organ, gender, and age of the donor. Angiogenesis models should utilize endothelial cells that best resemble the context being studied. However, the technical difficulty of isolating endothelial cells from some tissues limits the selection of available endothelial cells for *in vitro* study (8). Isolation disrupts the quiescent state of endothelial cells and induces proliferation (6–8). In addition, isolated endothelial cells become rapidly senescent, limiting their use (8). These problems have an impact on the characterization of endothelial cell functions, such as proliferation and migration, as well as on the analysis of pro- and anti-angiogenic compounds and pathways (6;7).

As mentioned above, *in vivo* assays present a complete angiogenic process capable of producing functional vasculature. However, they suffer from limitations of real-time imaging and difficulty in measuring angiogenic factors. Measurement of angiogenesis in internal tissues and/or organs often requires *post hoc* explanting, sectioning, and staining the organ of interest, thus making repeated/time-course imaging impossible. Moreover, the *in vivo* angiogenic response to an experimental condition or test substance is subject to influences (noise) from other processes also functioning to maintain the state of the organism. Finally, *in vivo* assays pose a challenge to controlling factors that drive angiogenesis (e.g., maintenance of gradients of growth factors). The limitations of *in vivo* assays are also exacerbated in assays that seek to control or study mechanical forces in angiogenesis. Measurement and actuation of mechanical influences on angiogenesis are generally restricted to single cells and two-dimensional cell monolayers, which lack several pertinent features of *in vivo* angiogenesis.

Vascular explants are considered the best *in vitro* mimic of angiogenesis *in vivo*. Still, they suffer limitations common to *in vitro* angiogenesis models. Mechanical stimuli, local blood flow, and mechanical properties of the surrounding tissues are largely absent from the organ explant assays. Another limitation is that the vascular organ explant often generates tubules not engaged in active vascularization and lack the functional hemodynamic flow of *in vivo* microvasculature that actively participates in angiogenesis. In addition, the *ex vivo* assays are quite difficult to quantify and reproduce. Variability in angiogenesis in organ explant cultures arises from variability in the matrix and serum utilized in the assay and the difference between animals utilized in the study. In mice, for example, age and genetic background strongly influence the results of the organ explant assay (83). Given the variations in endothelial phenotype along the vascular tree, discrepancies in the results between studies may arise from differences in the vessel type utilized (84). Finally, as human vessels are difficult to acquire, organ explant assays cannot fully represent angiogenesis *in vivo* as observed in humans.

In conclusion, interest in angiogenesis is growing as researchers realize its impact on several diseases. The picture of angiogenesis is incomplete, however, and although angiogenesis studies have produced useful insights for understanding and treating disease, they suffer from limitations in the current armamentarium of assays. In general, *in vitro* angiogenesis assays permit detailed study of a biological process that poorly represents physiological angiogenesis, while *in vivo* assays limit access to the variables that influence angiogenesis. Thus, in setting angiogenesis assays, it is important to consider the relevance of the model organism, the tissue type, the test site, the matrix material, and the cell type in order to closely resemble the physiological or pathological setting being investigated. We anticipate that microfluidically perfused three-dimensional bioreactors may be the next great step in angiogenesis assays.

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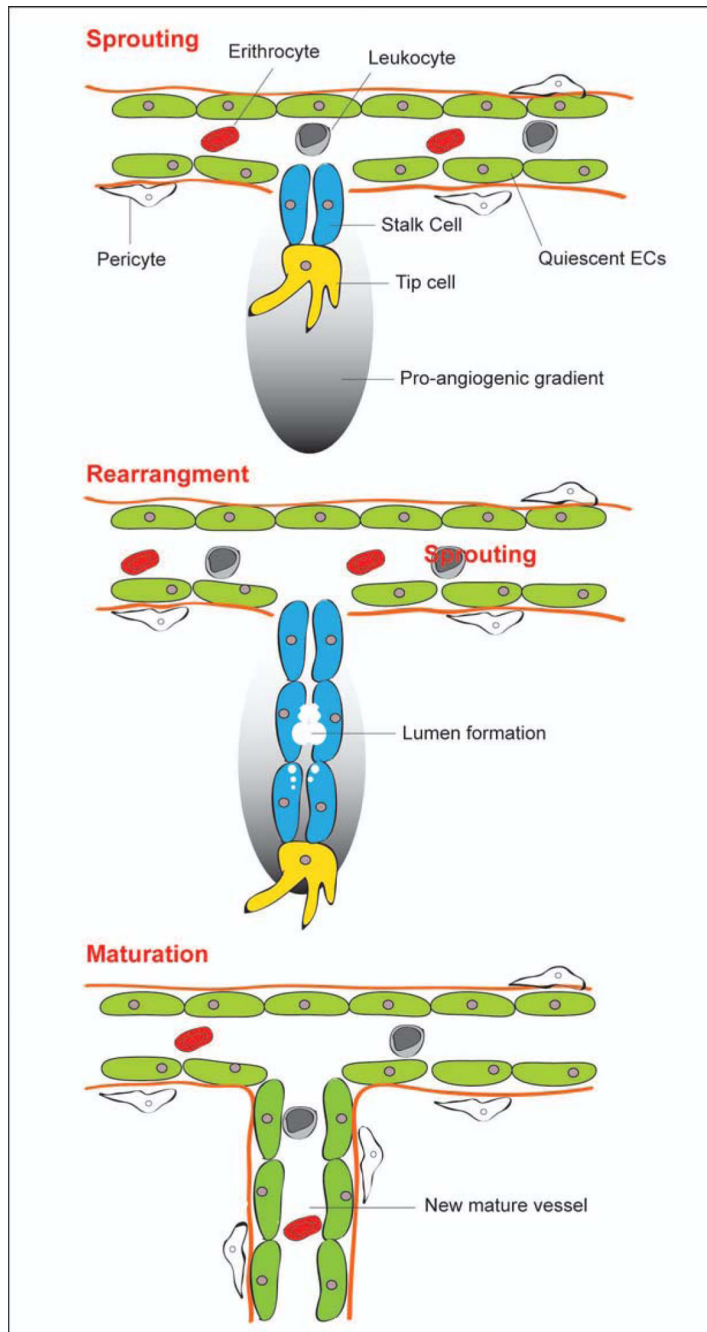
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**Figure 1.**  
Schematic representation of the major steps involved in angiogenesis.

**Table 1***In vitro* angiogenesis assays

Assay	Description	Uses	Cited
Cell Proliferation	Measure proliferation at baseline or in the presence of angiogenic factors.	Effect of test substance(s) on endothelial cell proliferation.  Baseline growth of endothelial cells isolated from different organs and/or transgenic animals.  Molecular mechanisms of endothelial cell proliferation.	Staton et al. (8)
Migration Assay	Scratch assay: endothelial cells migrate onto a denuded area.  Boyden chamber assay: endothelial cells migrate across a filter/matrix within a gradient of angiogenic factor.  Stencil assay: patterned endothelial cells migrate across a protein-coated substrate.	Effect of test substance(s) on endothelial cell migration.  Baseline migration of endothelial cells isolated from different organs and/or transgenic animals.  Molecular mechanisms of endothelial cell migration.	Staton et al. (8), Ashby et al. (38), Liang et al. (85)
Tube Formation Assay	Endothelial cells plated on 2D or in 3D matrices and quantification of a representative measure of tubule formation.	Effect of test substance(s) on endothelial cell tubulogenesis.  Baseline tubulogenic activity of endothelial cells isolated from different organs and/or transgenic animals.  Molecular mechanisms of endothelial cell tubulogenesis.	Arnaoutova and Kleinman (86)

Table 2

*In vivo* angiogenesis assays

Assay	Description	Uses	Cited
Chorioallantoic Membrane Assay (CAM)	Test substances (e.g., xenograft material, cell, or tissue) are applied on or within the CAM, in order to continuously monitor local angiogenesis.	Effect of test substances on angiogenesis. Interaction between CAM vasculature and the test substance.	Auerbach et al. (6), Staton et al. (7), Staton et al. (8), Ribatti et al. (49)
<i>In vivo</i> Matrix Invasion Assay	Test substances (e.g., xenograft material, tissue, cell, cytokine, or small molecule) are loaded into Matrigel or matrix containing polymer scaffold. The Matrigel or polymer scaffold is loaded subcutaneously. Explanted Matrigel plugs or polymer scaffolds are evaluated for invasion of angiogenic sprouts <i>post hoc</i> .	Effect of test substances on angiogenesis. Molecular mechanisms of angiogenic sprouting, vessel formation, regression, and stabilization.	Auerbach et al. (6), Staton et al. (7), Staton et al. (8), Akhtar et al. (60)
Retinopathy of Prematurity Model	Retinopathy is induced in neonatal mammals by exposure to hyperoxia followed by normoxia. Explanted retinas are evaluated for angiogenesis <i>post hoc</i> .	Effect of test substances on angiogenesis in retinopathy. Molecular mechanisms of angiogenic sprouting, vessel formation, regression, and stabilization in retinopathy.	Yanni and Penn (87)
Fluorescent Zebrafish Assay	Live transgenic fluorescent embryo is exposed to small molecule angiogenic inhibitors and extent of angiogenesis is measured via fluorescence confocal imaging.	Effect of test substances on angiogenesis. Molecular mechanisms of angiogenic sprouting, vessel formation, regression, and stabilization.	Weinstein et al. (58), Serbedzija et al. (88)
Dorsal Air Sac Model and Chamber Assay	A chamber is implanted across dorsal skin of the mouse, or (in some chamber assays) across thin layers of tissue (e.g., the ear or mouse femur). Test substances are introduced in the chamber. Local angiogenesis is measured <i>post hoc</i> (dorsal air sac model) and throughout the experiment (chamber assay).	Effect of test substances on angiogenesis. Molecular mechanisms of angiogenic sprouting, vessel formation, regression, and stabilization.	Staton et al. (8), Yonezawa et al. (61)
Tumor Mouse Model	Fluorescent tumor cells are implanted subcutaneously in nude mice. Other test substances are administered as well.  Vascularization and growth of the tumor are monitored throughout the experiment, as well as occurrence of metastases.	Molecular mechanisms of tumor angiogenic sprouting, vessel formation, regression, and stabilization.  Tumor-host interaction.	Staton et al. (8), Yang et al. (89), Amoh et al. (90)

**Table 3**

## Organs used in the vascular explant assay

<b>Vessel Type</b>	<b>Species</b>
Aorta	Rat, Mouse, Chick, Rabbit, Cow, Dog, Human
Carotid Artery	Rat, Pig, Cow
Saphenous Vein	Human
Vena Cava	Rat
Thoracic Duct	Rat, Mouse
Fetal Metatarsals	Mouse
Placental Vein	Rat, Mouse