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REVIEW

# Protein kinases are potential targets to treat inflammatory bowel disease

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### Abstract

Protein kinases play a crucial role in the pathogenesis of inflammatory bowel disease (IBD), the two main forms of which are ulcerative colitis and Crohn's disease. In this article, we will review the mechanisms of involvement of protein kinases in the pathogenesis of and intervention against IBD, in terms of their effects on genetics, microbiota, mucous layer and tight junction, and the potential of protein kinases as therapeutic targets against IBD.

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**Key words:** Inflammatory bowel disease; Protein kinase; Barrier function; Microbiota; Genetics

**Core tip:** The roles of protein kinases in the pathogenesis and intervention of inflammatory bowel diseases (IBD) are emerging. In this article, we will review the specific roles of different protein kinases in the pathogenesis of IBD, classify these protein kinases into different categories based on their fundamental functions in IBD, and describe substantial new mechanistic insights into the pathogenesis of IBD, highlighting protein kinases as potential intervention targets against IBD.

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#### INTRODUCTION

Ulcerative colitis (UC) and Crohn's disease (CD), two main forms of inflammatory bowel disease (IBD), are relapsing, idiopathic intestinal inflammatory conditions, caused by inappropriate and continuing immunologic responses to aberrant intestinal microorganisms in genetically susceptible individuals under certain environmental conditions<sup>[1]</sup>.

UC and CD differ<sup>[2]</sup> with each other dramatically in different respects. UC is confined to the superficial area of the intestinal wall, whereas CD is transmurally distributed throughout the entire digestive tract but in a discontinuous way. The lesion is patchy with "lead pipe sign" in UC, but many polyps with "string sign" are often observed in CD. UC displays a Th2-like immune response, while CD shows a Th1 dominant response. Antineutrophil cytoplasmic antibodies were found in 65% of UC cases and 5%-10% of CD cases, and antibodies to yeast S. cerevisiae were found in 60%-70% of CD cases and 10%-15% of UC cases<sup>[3]</sup>. Meanwhile, UC and CD share many similarities, such as neutrophil infiltration and epithelial barrier dysfunction. Despite the fact that there is no cure for IBD thus far, enormous progress about the pathogenic mechanisms of this inflammatory disorder has been around the corner in different aspects, such as genetics, regulatory immunology and microbiome.

The signaling pathways mediated by protein kinases have drawn much attention for connecting external stimuli including hostile environmental stresses with internal biological responses, such as intestinal inflammation. Protein kinases can be defined as enzymes which add phosphate



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Table 1 Protein kinases related to inflammatory bowel disease genetics		
Kinase	IBD	Ref.
ERK1	CD	[8]
p38	CD and UC	[9]
TYK2	CD and UC	[10]
JAK2	CD and UC	[11]
GCKR	CD	[12]
CDKAL1	CD	[13]
LRRK2	CD	[15]

ERK1: Extracellar signal-regulated Kinase; TYK2: Tyrosine kinase 2; JAK2: Janus kinase 2; GCKR: Glucokinase regulator; CDKAL1: Cyclin-dependent kinase 5 regulatory subunit-associated protein 1-like; LRRK2: Leucine-rich repeat kinase 2; IBD: Inflammatory bowel diseases; UC: Ulcerative colitis; CD: Crohn's disease.

(called phosphorylation) to the side chain of serine, threonine or tyrosine of substrate molecules. This modification alters the biological function of the substrate, such as changing enzyme activity, cellular distribution, and even causing diseases<sup>[4,5]</sup>. In this review, we will shed light on the roles of protein kinases in the pathogenesis of intestinal inflammation and describe some new mechanistic insights into the intervention of IBD, which targets at protein kinases.

## PROTEIN KINASES AND GENETIC FACTORS

Genome-wide association studies demonstrated that genetic factors are very crucial in the individual susceptibility to IBD, for example, relatives of UC patients including twins display almost ten times greater risk of UC than non-relatives<sup>[6,7]</sup>. As shown in Table 1, major IBD susceptibility regions on chromosomes 16 and 6 contain some genes encoding protein kinases like extracellular signals-regulated kinase 1 (ERK1)<sup>[8]</sup> and p38<sup>[9]</sup>. Several single-nucleotide polymorphisms in tyrosine kinase  $2^{[10]}$ and Janus kinase 2<sup>[11]</sup> were identified in IBD patients. Glucokinase regulator has also been associated with the risk of CD<sup>[12]</sup>. The cyclin-dependent kinase 5 regulatory subunit-associated protein 1-like plays an important role in susceptibility to CD, psoriasis and type II diabetes<sup>[13,14]</sup>; leucine-rich repeat kinase 2 is identified to be related to the pathogenesis of CD<sup>[15]</sup>.

#### PROTEIN KINASES AND MICROBIOTA

Up to 10<sup>14</sup> individual bacteria in the human gastrointestinal (GI) tract<sup>[16]</sup>, together with the mucous layer where the microbiome lives in, constitute the first line of defense in host against hostile external environment, modulating GI tract development, maintaining immune homeostasis, and regulating host metabolism rate. The bacterial abnormality plays a dominant role in the onset and development of IBD.

Commensal bacteria and host innate immune system



Figure 1 Intestinal epithelial cells use a variety of different molecules including protein kinases to monitor the presence of microbial pathogens, commensal bacteria, or host-generated products. Pathogen-recognition receptors, including TLRs, NOD2, and NLRs, are located on and within the cell where they recognize different threats. Recognition results in NF-KB activation, leading to the production of cytoprotective factors when stimulated by commensal bacteria and proinflammatory products when stimulated by potential pathogens, or blocks the activity of NEMO. Some other undefined factors can stimulate protein kinases such as PI3K or MAPK2K to regulate the process of intestinal inflammation. TLR: Toll like receptor; IRAK: Interleukin 1 receptor associated kinase; IxB: Inhibitor kappa B; NF-xB: Nuclear factor kappa B; SPAK: Ste20 like proline/alanine rich kinase; NEMO: NF-kappa-B essential modulator; MLCK: Myosin light chain kinase; CREB: cAMP response element binding protein; STAT: Signal transducer and activator of transcription; NOD2: Nucleotidebinding oligomerization domain-containing protein 2; NLRs: NOD-like receptors; RIP2: Receptor-interacting protein kinase 2; PI3K: Phosphoinositide 3 kinase; MAPK2K: Mitogen-activated protein kinases 2 kinase; AP-1: Activator protein 1.

evolve together and thus maintain mucosal immune homeostasis by balancing inflammatory responses and regulating a variety of bacteria-triggering signal transduction pathways<sup>[17]</sup>, such as uncoupling nuclear factor (NF)-KB or mitogen activated protein kinase (MAPK) dependent target genes in a negative feedback manner<sup>[18,19]</sup>. The host's innate immune system is poised to be triggered by signs of bacterial challenge, specially, some pathogenassociated molecules such as flagellin, peptidoglycan, lipoteichoic acid, or lipopolysaccharide, together called pathogen-associated molecular patterns which can wake up the host innate immune system<sup>[20,21]</sup> and be further sensed by pattern recognition receptors (PRRs), such as Toll-like receptors (TLRs) or the nucleotide-binding oligomerization domain containing protein (NOD)-like receptors<sup>[22]</sup> (Figure 1). These PRRs would then induce the activation of signaling cascades, mostly MAPK and NF-KB pathways. In terms of MAPK pathways, it follows MAP4K-MAP3K-MAP2K-MAPK pattern, and then, the activated MAPK undergoes translocation to the nucleus to activate molecules required for gene transcription, including inflammatory molecules<sup>[23,24]</sup>. For example, anthrax toxin can induce macrophage death by inhibiting the p38 signaling pathway<sup>[25,26]</sup>, and MAPK-activated protein kinase 2 plays an important role in the pathogenesis of *Clostridium difficile*-associated intestinal inflammation<sup>[27]</sup>. For the NF- $\kappa$ B pathway, after being activated by I $\kappa$ B kinase kinase complex, it phosphorylates  $\alpha$  subunit of IkB, the inhibitor of NF- $\kappa$ B. Phosphorylation of I $\kappa$ B, accompanied by its ubiquitination and proteolytic degrada-



Figure 2 Intestinal Goblet cells employ different mechanisms including protein kinase related pathways to modulate the secretion of mucus, such as pathways related to tyrosine kinase, protein kinase C delta, myristoylated alanine-rich C-kinase substrate or receptors with tyrosine kinase activity such as epidermal growth factor receptor. MARCKS: Myristoylated alanine-rich C-kinase substrate; EGFR: Epidermal growth factor receptor; TK: tyrosine kinase; RELM-beta: Resistin-like molecule beta; PKCδ: Protein kinase C delta; MAPK: Mitogen activated protein kinase.

tion, results in exposure of the nuclear localization signal (NLS) on the now unbound NF- $\kappa B^{[28]}$ , which will further facilitate nuclear translocation of NF-KB and be followed by transcriptional activation of many genes. In addition, even being regarded as an molecule which can promote inflammatory responses, an anti-inflammatory effect of NF-KB was noticed; absence of NF-KB essential modulator kinase causes spontaneous severe colitis, but commensal bacteria can stimulate the NF-kB pathway to protect the host from exacerbating consequence<sup>[29]</sup>. Blockage of epithelial NF- $\kappa$ B pathway will deteriorate this colitis by increasing the translocation of bacterial to the mucosa<sup>[30]</sup>. Besides the MAPK and NF- $\kappa$ B pathways, some other signaling pathways are also very important, for example, after recognition of Salmonella enterica serovar Typhimurium curli fibrils in the gut, the TLR2-phosphatidylinositol 3 (PI3)-kinase pathway will be stimulated to tight the epithelial barrier<sup>[31]</sup>. However, PI3 kinase signaling promotes Campylobacter jejunum-induced colitis through neutrophil recruitment in mice<sup>[32]</sup>. RIP2 tyrosine kinase activity is required for NOD2-dependent autophagy process, but plays a dual role in this process. RIP2 sends a positive autophagy signal through activation of p38 MAPK and further relieves repression of autophagy mediated by the phosphatase PP2A<sup>[33]</sup>. Not like NOD2 whose signaling induces cryptdins, MyD88-mediated TLR signaling induces RegIIIg and  $\alpha$ -defensions, and more importantly, regulates bacterial infection-related mucosal immunity<sup>[34-36]</sup>. In parallel, protein kinase C (PKC) can mediate the function of MyD88 adaptor-like (Mal) molecule in the maintenance of epithelial barrier integrity<sup>[37]</sup>.

## PROTEIN KINASES AND BARRIER DYSFUNCTION

Basically, IBD is characterized by passive leaky diarrhea

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and compromised intestinal barrier function. Except for the fact that commensal bacteria function as primary line of defense, protein kinases are also important in regulating the intestinal barrier function.

#### Mucus layer

The luminal side of the intestine is covered by a mucus layer which provides protection to the mucosa from mechanical damage and invasion of pathogens, and, together with commensal bacteria, constitutes a physical barrier between the epithelium and luminal contents including pathogenic bacteria, viruses, and parasites<sup>[38,39]</sup>. This gellike mucus laver can be divided by two distinguished layers-the outer and inner layers. The vast majority of intestinal bacteria, viruses and even parasites live in the flowing outer mucus layer; the inner layer is, however, an unstirred and relatively sterile layer adjacent to epithelial surface. The sterility of the inner layer accredits to the preservation of huge amounts of defensins, cathelicidins, and cryptidens with important function of anti-intestinal pathogens. Mucin coding gene muc2-/- mice demonstrated spontaneous colitis because of increased transepithelial permeability<sup>[40]</sup>, in which bacteria can stick to the surface of the intestinal mucosa, which facilitates the translocation of bacteria into lower crypts and epithelial cells, thus triggering an inflammatory response<sup>[39,41]</sup>. Protein kinases are involved in the integrity and maintenance of these mucus layers (Figure 2). Epidermal growth factor receptor (EGFR), harboring tyrosine kinase (TK) activity, has critical functions in development, growth, differentiation, proliferation and repair of epithelial cells<sup>[42,43]</sup>. After stimulation by EGFR ligands such as transforming growth factor-alpha and epidermal growth factor, epithelial cells can develop into a mucous phenotype<sup>[44,45]</sup>. However, inhibition of EGFR tyrosine kinase activity can abolish the effects of EGFR ligands on mucus production both in vivo and in vitro. PKCS stimulates the secretion of mucin in the epithelium via regulation of myristoylated alanine-rich protein kinase C substrate pathway<sup>[46]</sup>. Treatment of epithelial cells with PD98059 (MEK inhibitor) can inhibit MAPK activity and block the expression of terminal differentiation markers, such as sucrase-isomaltase, ITF, and MUC2, thereby interfering with the production of mucin<sup>[47]</sup>. Some kinases like ERKs, TK, and PKC<sup>[48]</sup> can regulate the production of mucin by mediating the activity of resistin and resistinlike molecule-beta; cathelicidin up-regulates MUC1 and MUC2 expression through MAPK pathway to modulate mucus synthesis<sup>[49]</sup>.

#### Protein kinase and epithelial junctions

The intestinal monolayer is characterized by polarization of apical and basolateral sides. The apical membrane is generally impermeable to hydrophilic solutes and contributes predominantly to mucosal barrier<sup>[41]</sup>. Among the most important structures to determine paracellular permeability of the intestinal barrier are the epithelial tight junctions (TJs), which are made up of multiple proteins such as occludin and claudins<sup>[50]</sup>. Occludin as the first



identified TJ<sup>[51]</sup>, plays an important role in epithelial/endothelial barrier integrity, and disruption of occludin regulation is an important aspect of a number of diseases<sup>[52-54]</sup>. The claudins, as a group of TJ proteins with approximately 24 members, interact with numbers of other cell structures and affects junctional function<sup>[55-58]</sup>. Claudins are expressed in a tissue-specific manner and may show distinct functions, for example, in the colon are expressed the claudins-1, 2, 3, 4, 5, 7, and 8; the claudin-2 is a pore-forming TJ protein, but claudins-1 and 4 are barrier tightening proteins<sup>[59-63]</sup>. 12-O-tetradecanoylophorbol-13-acetate can increase transepithelial electrical resistance by activating different isoforms of PKC and enhancing the expression of TJ proteins ZO-1, 2, occludin and claudin-1<sup>[64,65]</sup>. Ca<sup>2+</sup>/calmodulin-dependent protein kinase II can compromise endothelial barrier function<sup>[66]</sup>. Rastransfected epithelial cells demonstrated compromised barrier function; however, inhibition of the MAPK signaling pathway can restore the morphology of epithelial cells and the TJ assembly. Further, the phosphorylation of tyrosine residues in occludin and ZO-1 may be crucial for the formation of TI<sup>[67]</sup>. cAMP-dependent protein kinases regulate epithelial barrier function by phosphorylation of claudin-3<sup>[68,69]</sup>.

Generally, at least two relatively independently routes known thus far are responsible for communication between host and external environment through paracellular pathway, both of which can be regulated by protein kinases<sup>[70-72]</sup>. The size-selectivity related paracellular pathway is one of the two routes, which facilitates transepithelial passage of different size of molecules, such as lipopolysaccharides<sup>[71,72]</sup>, and can be regulated by protein kinases, such as MAPKs, Ste20 like proline/alanine rich kinase (SPAK)<sup>[73]</sup>, PKC<sup>[64,65]</sup> and myosin light chain kinase (MLCK)<sup>[74]</sup>. Another route, also called charge-selectivity route, is composed of pore-forming proteins claudins<sup>[75-77]</sup>. Dysfunction of these two routes, either sizedependent or charge-dependent pathway, may result in the abnormality of overall epithelial TJ, which provides an even more leaky gut. This situation will facilitate the contact of intestinal microorganisms including bacteria, viruses and parasites with the host's immune system, resulting in altered production of inflammatory mediators that contribute to the compromised barrier function.

Mucosal permeability is influenced by many different factors in there distinct ways. Except the mucus layer, microbiota and epithelial cells themselves mentioned above, genetic factors play crucial roles in the regulation of intestinal barrier function<sup>[6]</sup>; innate and adaptive immune systems can interfere with epithelial permeability in a dramatic manner<sup>[78]</sup>; autonomic nerves, like enteric glial nerve ablation, can perish epithelial permeability to develop fulminant jejunoileitis<sup>[79]</sup>. However, barrier dysfunction itself, like in MLCK<sup>[74]</sup> and SPAK<sup>[73]</sup> gene modified mice, does not necessarily mean that the mice are destined to develop intestinal inflammation, implying formidable compensation in host.

## PROTEIN KINASES AND PATHOGENESIS OF IBD

#### MAPKs

Notably, protein kinases play very crucial roles in many aspects of pathogenesis of IBD, highlighting their emerging roles as potential therapeutic targets against IBD. Besides the NF- $\kappa$ B pathway, the MAPK signaling pathway is another highlighted pathway involved in many different diseases including IBD<sup>[80]</sup>. The activation of MAPK-ERK1/2 phosphorylates the downstream proinflammatory proteins such as cytosolic phospholipase A2 and some transcription factors such as activated proteins, Ets-1, Elk and c-myc. Interestingly, ERK1/2, by a study using an ERK1/2 inhibitor, was found to play an important role in the function of immune cells and other cell types during IBD, by regulating some pro-inflammatory mediators [such as interleukin-1 (IL-1)] related signaling transduction<sup>[81,82]</sup>, evidenced by their enhanced expression and phosphorylation status during IBD<sup>[83,84]</sup>. Furthermore, the "tightening" junction protein claudin-4, which plays an important role in epithelial barrier function, is regulated by protein kinase ERK<sup>[85]</sup>. By inducing Akt but blocking p38 signaling, Lactobacillus GG prevents cytokine-induced apoptosis of intestinal epithelial cells, indicating p38 and Akt as key mediators of epithelial barrier function<sup>[86,87]</sup>. p38 activity is increased significantly in tissues from IBD patients and in mouse models of colitis<sup>[83,84,88]</sup>, in which inhibition of p38 lowers KC (IL-8) and IL-6 production. A similar result was reported that heatkilled Lactobacillus brevis phosphorylates p38 kinase to regulate the expression of proinflammatory cytokines such as TNF- $\alpha$ , and to improve intestinal integrity<sup>[89]</sup>. JNK1/2 kinase activity was enhanced in IBD inflamed tissue and blockage of JNK1/2 in experimental colitis reduced the production of proinflammatory cytokines<sup>[84,90,91]</sup>.

#### Serine and threonine kinases

SPAK: SPAK is a serine/threonine kinase containing an N-terminal series of proline and alanine repeats (PAPA box) followed by a kinase domain, an NLS, a consensus caspase cleavage motif, and a C-terminal regulatory region<sup>[92]</sup>. Colonic SPAK presents as a unique isoform that lacks the PAPA box and F-helix loop in the N-terminus<sup>[93]</sup>. The diversity of domains in SPAK might be associated with a variety of biological roles. For example, SPAK was reported to play roles in cell differentiation, transformation and proliferation, and regulation of chloride transport<sup>[94,95]</sup>. More importantly, a linkage has been established between SPAK and inflammation. SPAK as an upstream kinase to Na<sup>+</sup>-K<sup>+</sup>-2Cl-co-transporter 1 (NKCC1), can phosphorylate NKCC1 and play an important role in inflammation<sup>[96]</sup>. Further, we have demonstrated that SPAK can activate the p38 pathway<sup>[93]</sup>. Decreased expression of SPAK contributes to enhanced intestinal barrier, and thus SPAK knockout mice were more tolerant to experimental colitis induced by dextran sodium sulphate (DSS) with

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decreased intestinal microorganism translocation into the mucosa and inhibition of the production of inflammatory mediators<sup>[97]</sup>.

**MLCK:** MLCK is named after its phosphorylation of MLC to induce contraction of the perijunctional actomyosin ring, and it is indispensable for tumor necrosis factor (TNF) related barrier dysfunction. In turn, TNF can induce the phosphorylation and transcription of MLCK<sup>[98,99]</sup>. Constitutive MLCK activation in the intestinal epithelium increases intestinal paracellular permeability and aggravates the severity of colitis in mouse models. However, blockage of MLCK activation can increase significantly the intestinal barrier function and ameliorate DSS-induced colitis<sup>[100]</sup>.

**PKC:** PKC has a variety of isoforms that are involved in the pathogenesis of IBD by their effect on the mucus layer<sup>[101]</sup>, microbiota<sup>[34-37]</sup>, cell junction<sup>[64,65]</sup> and immune system. Specially, PKCθ plays an important role in T cell receptor activation and signaling<sup>[102]</sup>, and PKCδ is crucial for B cell tolerance<sup>[103,104]</sup>. PKCη can control CTLA-4mediated regulatory T cell (Treg) function<sup>[105]</sup>; however, PKC-θ inhibits Treg function, implying its blocking of Treg-mediated suppression. Inhibition of PKC-θ stimulates Treg, resumes compromised Treg function in rheumatoid arthritis patients, and enhances protection against experimental colitis in mice. As a result, PKC-θ mediates negative feedback on Treg cell function<sup>[106]</sup>.

#### CONCLUSION

Protein kinases and the related signaling transduction pathways are involved in many physiological and pathological processes such as development, inflammation (for example, intestinal inflammation) and tumorigenesis. In this review, we shed some light on the roles of protein kinases in terms of their effect on IBD-related genetic factors, microbiota, mucus layer, epithelial cell and the tight junction. Further studies are needed to explore the feasibility and application of these signaling pathways in the control of IBD.

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