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### **EFFECTS OF CORNEAL CROSSLINKING ON OCULAR RESPONSE ANALYZER WAVEFORM-DERIVED VARIABLES IN KERATOCONUS AND POST-REFRACTIVE SURGERY ECTASIA**

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#### **Abstract**

**Purpose—**To assess changes in Ocular Response Analyzer (ORA) waveforms after UVA/ riboflavin corneal collagen crosslinking (CXL) using investigator-derived and manufacturersupplied morphometric variables in keratoconus (KC) and post-refractive surgery ectasia patients.

**Design—**Prospective, randomized trial of a standard, epithelium-off CXL protocol

**Participants—**Patients with progressive KC (24 eyes of 21 patients) or post-refractive surgery ectasia (27 eyes of 23 patients) were enrolled.

**Methods—**Replicate ORA measurements were obtained prior to and 3 months after CXL. Pretreatment and post-treatment waveform variables were analyzed for differences by paired student's t-tests using measurements with the highest waveform scores.

**Main Outcome Measures—**Corneal Hysteresis, Corneal Resistance Factor, 37 secondgeneration manufacturer-supplied ORA variables, 15 investigator-derived ORA variables

**Results—**No variables were significantly different 3 months after CXL in the KC group, and no manufacturer–supplied variables changed significantly in the post-refractive surgery ectasia group. Four custom variables (ApplanationOnsetTime, P1P2avg, Impulse, and Pmax) increased by small but statistically significant margins after CXL in the post-refractive surgery ectasia group.

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Conflict of Interest: WJD is listed as an inventor on intellectual property held by Cleveland Clinic Innovations related to corneal biomechanical measurement. WJD and ASR have conducted sponsored research related to collagen crosslinking for Avedro and Topcon. RDS was the medical monitor for the FDA trial (Clinical trial.gov identifier NCT00567671).

**Conclusions—**Changes in a small subset of investigator-derived variables suggested an increase in corneal bending resistance after CXL. However, the magnitudes of these changes were low and not commensurate with the degree of clinical improvement or prior computational estimates of corneal stiffening in the same cohort over the same period. Available air-puff derived measures of the corneal deformation response underestimate the biomechanical changes produced by CXL.

#### **Introduction**

Keratoconus (KC) and post-refractive surgery ectasia are characterized by progressive corneal distortion and vision loss related to a decrease in corneal biomechanical integrity. Corneal collagen crosslinking (CXL) has been introduced as a treatment that specifically targets this biomechanical weakness<sup>1–3</sup> and confers a stiffening effect through incompletely understood mechanisms that include formation of covalent bonds within and between collagen chains.<sup>3</sup> Clinically, CXL has been shown to be effective in stabilizing ectatic disease<sup>2,4</sup> and in many patients, reducing corneal topographic steepness<sup>2,5,6</sup> and improving visual acuity.5,6

The Ocular Response Analyzer (ORA, Reichert Ophthalmic Instruments, Buffalo, NY) is a modified non-contact pneuomotonometer that measures aspects of the corneal biomechanical response during an air puff perturbation. Corneal Hysteresis (CH) and Corneal Resistance Factor (CRF) are two standard ORA variables that reflect the viscoelastic damping capabilities and elastic resistance of the cornea, $7$  and both have been shown to be significantly lower in eyes with ectatic disease.<sup>8–10</sup> CXL has been associated with an increase in corneal elastic modulus in ex vivo studies<sup>1,2,11–14</sup> and in an inverse computational modeling study that derived stiffening effect from clinical CXL results.<sup>15</sup> While several reports have demonstrated the lack of significant changes in CH and CRF after CXL $^{16-20}$ , Spoerl et al reported an increase in the second-generation ORA variable p2area—the area under the second of the two infrared signal applanation curves—after  $CXL.18$ 

Our group has described a set of custom ORA variables that characterize the temporal, applanation signal intensity, and pressure features of the corneal deformation response produced by the  $ORA<sup>21</sup>$  A subset of these investigator-derived variables was more sensitive and specific than CH and CRF for discriminating eyes with KC from normal eyes and described dynamic features of the deformation response that are consistent with a biomechanically compromised cornea.<sup>21</sup> This study aims to investigate biomechanical changes after standard CXL with riboflavin/ultraviolet-A (UVA) in KC and post-refractive surgery ectasia patients using standard and second-generation manufacturer-supplied ORA variables and our panel of custom variables.

#### **Subjects and Methods**

#### **Patient selection**

Patients with progressive KC or post-refractive corneal ectasia were enrolled in a prospective, randomized, single-site clinical trial to determine the safety and efficacy of the UV-X system (IROC, Zurich, Switzerland) for performing CXL. The study was a physician-

sponsored Investigational New Drug performed under the guidelines of the Food and Drug Administration and approved by the Emory investigational review board [\(Clinical Trials.gov](http://ClinicalTrials.gov) identifier: NCT00567671). All participants signed a written informed consent for research.

Candidates underwent a complete history and ophthalmologic examination. Criteria for inclusion were 1) age 14 years or older; 2) diagnosis of corneal ectasia after corneal refractive surgery including LASIK, PRK or epi-LASIK; 3) evidence of progressive KC defined as an increase of  $1.00 D$  in the steepest keratometry value (simK), an increase of 1.00 D in regular astigmatism evaluated by subjective manifest refraction, a myopic shift (decrease in the spherical equivalent) of  $\ 0.50$  D on subjective manifest refraction, and/or a decrease ≥ 0.1 mm in the BOZR (Back Optical Zone Radius) in rigid contact lens wearers where other information is not available; 4) axial topography or Pentacam consistent with KC or corneal ectasia; 5) presence of one or more of the following slit lamp findings: Fleischer ring, Vogt striae, corneal thinning and or corneal scarring; 6) maximum keratometric curvature value (Kmax)  $\,$  47.00 D; 7) I-S ratio  $> 1.5$  on the Pentacam map or Orbscan map; 8) BSCVA worse than 20/20 (<55 letters on ETDRS chart); 9) willingness to comply with schedule for follow-up visits. Patients were excluded for 1) presence of normal topographic maps or classification as keratoconus suspect, 2) history of previous corneal surgery or the insertion of intrastromal ring segments, 3) corneal pachymetry 400 microns at the thinnest point measured by Pentacam in the eye to be treated when isotonic riboflavin solution was to be used or  $\frac{300 \text{ microns}}{200 \text{ microns}}$  when hypotonic riboflavin was to be used, provided that the corneal thickness after treatment with the riboflavin solution is > 400 microns, 4) history of corneal disease (e.g., herpes simplex, herpes zoster keratitis, recurrent erosion syndrome, corneal melt, or corneal dystrophy, etc.), scar or chemical injury, 5) nystagmus, 6) active pregnancy, plan to become pregnant, or lactation during the course of the study, or 7) known allergy to study medications.

After initial evaluation, eyes that met the criteria were randomized to either the treatment or control group. Only eyes in the treatment group were evaluated in this study. A total of 24 eyes of 21 KC patients and 27 of 23 post-refractive surgery ectasia patients qualified for analysis.

#### **Surgical Procedure**

The surgical procedures were performed by two surgeons (JBR and RDS). After instillation of topical proparacaine 0.5% (Alcaine, Alcon, Fort Worth, TX, USA), the central 9 mm of the corneal epithelium was removed using a blunt knife to facilitate riboflavin diffusion into the cornea. Corneal thickness measurements were obtained with ultrasound pachymetry (DGH 550 Pachette 2, DGH Technology Inc, Exton, PA, USA) before and after the epithelium removal to assure a residual corneal thickness of at least 350 microns. After epithelial debridement was performed, one drop of riboflavin 0.1% ophthalmic solution was instilled topically every two minutes for 30 minutes. At the end of the 30 minute riboflavin pre-treatment period, the eye was examined with blue light for the presence of a yellow flare in the anterior chamber as an indicator of adequate riboflavin saturation of the corneal tissue. If the corneal thickness was < 400 microns, two drops of hypotonic riboflavin 0.1% were instilled every ten to 15 seconds until the corneal thickness increased to at least 400 microns.

A lid speculum was placed between the lids of the eye to be treated and the eye was aligned under the UV-X system. The UVA irradiation was applied at a 50 mm working distance for 30 minutes using a 3 mW/cm2 irradiance. The correct aperture setting was selected according to the size of the eye (7.5, 9.5, or 11 mm), and the eyes were irradiated for 30 minutes during which instillation of riboflavin continued at one drop every two minutes.

A bandage contact lens was placed immediately after the treatment and removed four to seven days later. Postoperative medications consisted of moxifloxacin 0.5% (Vigamox, Alcon, Fort Worth, TX, USA) four times a day for one week, prednisolone 1% ophthalmic suspension (PredForte, Allergan, Irvine, CA, USA) one drop four times a day for two weeks, and ketorolac tromethamine 0.4% (Acular LS, Allergan, Irvine, CA, USA) one drop four times a day for up to four days as needed for pain.

#### **Examination and Measurements**

Pentacam (Oculus Inc, Lynnwood, WA, USA), Orbscan corneal topography (Bausch & Lomb, Rochester, NY, USA), OPDScan (Nidek Inc, Fremont, CA, USA), and ORA measurements (Reichert Inc, Depew, NY, USA) were performed at the screening visit and three months after the crosslinking treatment.

The ORA method of operation has been previously described in detail.<sup>7</sup> Briefly, an air jet generates a force directed at the central cornea that causes deformation of the cornea into a slight concavity followed by a return to its pre-perturbation convex shape. During the cycle, applied pressure and the intensity of an infrared signal that reflects upon the cornea are measured. The measurements with highest waveform scores, an indicator of measurement quality, were used for analysis.

#### **Manufacturer-provided ORA variables**

The ORA software provides 37 second-generation variables in addition to the standard CH and CRF values (Table 1).20 CH is calculated as the difference between the pressure values at the ingoing and outgoing corneal applanation events. CRF is a linear combination of these values, P1 -  $(k * P2)$ , where k is an empirically derived constant with a value of 0.7 designed to maximize the dependence of CRF on central corneal thickness. This formulation also biases CRF towards the pressure associated with the ingoing applanation event and thus the initial elastic resistance of the cornea to an air puff.

#### **Custom ORA variables**

Fifteen custom variables were derived from aspects of the ORA signal and have been previously described in detail.<sup>21</sup> Briefly, variables are classified based on their relationship to the ORA applanation signal intensity, applied pressure, temporal aspects of the infrared signal, or a combination of these features (Table 2). Custom code was developed to compute variable values using exported time-resolved infrared signal and pressure data from the Ocular Response Analyzer.

#### **Statistical analysis**

Paired, two-tailed Student t tests were performed to compare ORA variables before and 3 months after CXL. A correction of the significance criterion was performed according to the Bonferroni method. For a total of 54 comparisons of ORA variables, an adjusted P value of  $0.05/54 = 0.0009$  was considered significant. Demographic variables between groups were compared with non-paired t tests with a signficance criterion of  $p<0.05$ , and clinical disease severity measures before and after CXL were compared using paired t tests ( $p<0.05$ ).

#### **Results**

Subject demographics are described in Table 3. Age was not different between groups. Preprocedural and post-procedural clinical features are described in Table 4. Three months post-CXL, both KC and post-refractive surgery ectasia patients demonstrated increased visual acuity and decreases in the tomographic thickness measured at the cornea's thinnest point.

Cornea-compensated intraocular pressure (IOPcc) significantly increased in KC (pre-CXL 13.7±2.7 mmHg; post-CXL 14.7±2.5 mmHg,  $p = 0.03$  and post-refractive surgery ectasia eyes (pre-CXL 13.6 $\pm$ 2.7 mmHg; post-CXL 15.0 $\pm$ 3.2 mmHg,  $p = 0.005$ ). IOP-Goldmann (IOPg) as measured by the ORA did not change after CXL at three months in the KC group (pre-CXL 9.8 $\pm$  3.2 mmHg; post-CXL 10.6 $\pm$  3.1 mmHg,  $p = 0.07$ ). In post-refractive surgery ectasia eyes, IOPg significantly increased (pre-CXL  $9.4\pm3.1$  mmHg; post-CXL  $10.9\pm3.2$ mmHg,  $p=0.0003$ ).

A summary of all variable measures before and after CXL in the KC and post-refractive surgery ectasia groups is provided in Table 5. Mean CH and CRF were not statistically different in either group (Table 5). No variables were statistically different at 3 months after crosslinking in KC patients. No manufacturer-supplied variables were statistically different in the post-refractive ectasia group. However, 4 of the 15 investigator-derived variables (ApplanationOnsetTime, P1P2avg, Impulse, Pmax) did demonstrate a significant increase after CXL (Table 6).

#### **Discussion**

Corneal crosslinking is the only treatment for ectatic disease that directly targets alteration of intrinsic biomechanical properties. It has been shown to improve vision,<sup>5</sup> halt topographic progression, and in many patients, effect a degree of topographic regression of disease<sup>4,2,19</sup>. However, measurements such as visual acuity, topography, and tomography are secondary measures of the intended effect of CXL. Direct clinical assessment of CXL-induced changes in corneal biomechanical properties has been more challenging.

The ORA is a commercially available device that allows for in vivo characterization of the corneal deformation response to an air-puff stressor. In this study, we investigated the changes that CXL confers upon the dynamic behavior of KC and post-refractive ectasia corneas through the analysis of novel waveform-derived ORA variables related to pressure, applanation signal intensity, or stress response time.

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Previous studies have not found significant changes in CH and CRF in response to CXL beyond one month from the procedure. Vinciguerra et al found that CH and CRF significantly increased intraoperatively and through the post-procedural one month point; but, similarly to our study, these standard variables were not significantly different at the three month mark or beyond.20 Likewise, no change was found six months post-CXL in a study of 56 KC eyes<sup>19</sup>, and Spoerl et al also found no significant change in CH or CRF one year after CXL.18 These and other published results suggest that CH and CRF may not be sensitive enough measures of biomechanical stiffening after CXL.

In our analysis, no variables related to the applanation signal intensity, which relies on specular reflection from the precorneal tear film, were significantly different after CXL in either therapeutic group. This may be related to measurement variabily related to early epithelial remodeling or intrinsic inter-individual variability in the epithelial remodeling process that also could reduce statistical power to detect a difference. Vinciguerra et al similarly showed no significant difference in the peak 1 and 2 amplitudes in the immediate post-operative period. However, by month 6 and 12 after crosslinking, the peaks had significantly increased.<sup>20</sup> Similarly, p2area had significantly increased by 35% one year after CXL in an investigation of 50 KC eyes.18 The current clinical study design did not include acquisition of ORA measurements beyond 3 months, so comparison to 1 year results should be done with caution.

The current study does, for the first time, demonstrate statistically signficant increases in certain pressure-related variables and a single temporal response variable after CXL in the post-refractive surgery ectasia group. P1P2avg—the average value of the pressures at the first and second applanation points—increased by 7%. Impulse—the area under the pressure curve—increased by 4%, and the applied pressure peak (Pmax) increased by 5%. ApplanationOnsetTime, or the time it takes to achieve the first applanation event, increased by 3%. The directionality of these changes is consistent with increased bending resistance and shows that at 3 months post-CXL, these variables have greater sensitivity than other ORA variables for detecting evidence of a stiffening effect conferred by CXL in postrefractive surgery ectasia eyes. However, the magnitudes of these changes were not commensurate with the degree of clinical improvement seen over the same follow-up period. The degree of change in these ORA variables was also less than the post-CXL changes observed in ex vivo studies. After standard CXL in porcine eyes, Young's modulus has been found to increase by 100%<sup>22</sup> and by a factor of 1.8<sup>2</sup> when tested with a biomaterial load frame. One study examining rabbit eyes showed a 101.45% increase in Young's modulus after standard  $\text{C} \text{XL}^{13}$  and another showed an increase of 79.3% immediately after the procedure, 78.4% at 3 months, and 87.4% at 8 months.23 With an optical coherence elastography technique, human donor corneas had a 33% mean increase in relative lateral stiffness after CXL.<sup>24</sup> Via inflational experiments, the theoretical computations of Young's modulus increased by  $1.58 \times 24$  hours after CXL in porcine corneas.<sup>12</sup> Of particular relevance to the current results, prior computational estimates from this research group used inverse finite element modeling to deduce a mean stiffening of 1.8× in 16 KC and post refractive surgery ectasia eyes from the same study cohort presented here.15 These estimates were obtained over the same followup period, and indicate a high level of effective corneal

stiffening in KC eyes despite the absence of any significant changes in ORA-derived variables the same group.

Interestingly, ORA variables were not significantly different in the KC group. The pathophysiological differences in post-refractive surgery ectasia and KC could be a contributing factor, but low measurement sensitivity and high interindividual variability could be important factors. At least one contributing factor to the development of postrefractive ectasia is a low residual bed thickness.<sup>25–27</sup> Compared to the focal areas of weakness in KC, the biomechanically affected are in post refractive surgery ectasia may represent a larger geometric area; since the ORA samples a 3mm region of the cornea and captures bulk biomechanical properties, it may be more apt to detect CXL changes in the post-refractive ectasia group compared to the KC group.

IOP has been shown to influence the cornea's biomechanical response, with higher IOP correlating with stiffer behavior.<sup>28</sup> While we did not stratify groups by pre-CXL IOP in this study, we have previously shown that IOP has a small influence on our custom ORA variables.21 Furthermore, normalization of a custom variable by IOPcc in that study led to no change in the performance of the variable as a predictor of disease.<sup>21</sup> Thus, differences in IOP did not seem to significantly confound the discriminative value of these custom ORA variables. Data on IOP changes after CXL, as measured by the ORA, have varied from study to study. Vinciguerra et al found that neither IOPcc nor IOPg changed after  $\text{CXL}^{20}$ , whereas both had increased in the one month post-procedural period in a separate evaluation before returning to baseline at six months.16 Contrarily, Sedaghat et al found IOPcc to decrease at six months, though the absolute change was less than one mmHg.<sup>19</sup> Our study found that IOPg did not change after CXL in KC but increased in the post-refractive ectasia group. Measurements of IOPcc increased in both groups, and the maximum change for any patient was 1.5 mmHg. The variability in IOPcc trends following CXL may be attributable to the limited range under which IOPcc is accurate. The ORA's corneal-compensated IOP was designed to be less sensitive to reductions in corneal properties based on empirical data (Luce DA. IOVS 2006; 47:ARVO E-Abstract 2266) comparing pre- and post-LASIK eyes, where true IOP was assumed to not change. IOPcc was not derived from measurements in pathologic corneas or in post-CXL corneas with increased corneal stiffness where the conditions of the original calibration are not fully met. Consequently, using IOPcc as a normalizing "true IOP" value has not been validated in the setting of CXL, and the assumption is made that true IOP in these patients has not changed significantly 3 months after CXL.

In summary, this study demonstrated changes in novel custom ORA variables after CXL that are consistent with an increase in bending resistance 3 months after CXL in postrefractive ectasia corneas but not KC. The low sensitivity of these air-puff derived response variables illustrates the importance of more sensitive measures of conreal biomechanical change for assessing the material effects of collagen stiffening treatments.

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#### Manufacturer-supplied ORA variables



#### CH, CRF, and custom ORA variable descriptions



Adapted from Hallahan et al, Ophthalmol 2014.

Demographics and pre-operative intraocular pressure



Preoperative clinical features and cross-linking outcomes at 3 months of patients with keratoconus and postoperative corneal ectasia (mean ± sd) Preoperative clinical features and cross-linking outcomes at 3 months of patients with keratoconus and postoperative corneal ectasia (mean ± sd)



CXL - Corneal collagen cross-linking CXL – Corneal collagen cross-linking

SD - Standard deviation SD – Standard deviation

D – Diopters

SE - spherical equivalent manifest refraction  $µm$  –  $mic$  cometers µm – micrometers

CDVA - Total number of letters seen with best spectacle correction and distance target CDVA – Total number of letters seen with best spectacle correction and distance target SE – spherical equivalent manifest refraction

Sim-K - Mean Sim-Ks measured by Scheimpflug tomography Sim-K – Mean Sim-Ks measured by Scheimpflug tomography

K Max - Steepest comeal curvature measured by Scheimpflug tomography K Max – Steepest corneal curvature measured by Scheimpflug tomography

Thinnest CT - Corneal thinnest point measured by Scheimpflug tomography Thinnest CT – Corneal thinnest point measured by Scheimpflug tomography

Corneal Hysteresis (CH) and Corneal Resistance Factor (CRF) before and after crosslinking (CXL) Corneal Hysteresis (CH) and Corneal Resistance Factor (CRF) before and after crosslinking (CXL)



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denotes significant P value < $0.05$ denotes significant P value <0.05  $\underset{\text{denotes}}{\ast\ast}$  significant P value <<br>0.0009 for variables after Bonferonni correction denotes significant P value <0.0009 for variables after Bonferonni correction

Variables that changed significantly after CXL in post-refractive surgery ectasia.

