



MicroRNA-378 Regulates Adiponectin Expression in Adipose Tissue: A New Plausible Mechanism

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Abstract

Aims: Mechanisms regulating adiponectin expression have not been fully clarified. MicroRNAs (miRNAs), small non-coding RNAs that regulate gene expression, are involved in biological processes, including obesity and insulin resistance. We evaluated whether the miRNA-378 pathway is involved in regulating adiponectin expression.

Methods and Results: First, we determined a putative target site for miRNA-378 in the 3' prime untranslated region (3'UTR) of the adiponectin gene by *in silico* analysis. The levels of adiponectin mRNA and protein were decreased in 3T3-L1 cells overexpressing the mimic of miRNA-378. Luminescence activity in HEK293T cells expressing a renilla-luciferase-adiponectin-3'UTR sequence was inhibited by overexpressing the mimic of miRNA-378, and the decrease was reversed by adding the inhibitor of miRNA-378. Moreover, we confirmed the inhibitory effects of the mimic were cancelled in a deleted mutant of the miR-378 3'-UTR binding site. Addition of tumor necrosis factor- α (TNF α) led a upregulation of miR-378 and downregulation of adiponectin at mRNA and protein levels in 3T3-L1 cells. Level of miR-378 was higher and mRNA level of adiponectin was lower in diabetic ob/ob mice than those of normal C57BL/6 mice and levels of miR378 and adiponectin were negatively well correlated ($r = -0.624$, $p = 0.004$).

Conclusions: We found that levels of miRNA-378 could modulate adiponectin expression via the 3'UTR sequence-binding site. Our findings warrant further investigations into the role of miRNAs in regulating the adiponectin expression.

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Introduction

Adipose tissue secretes adipocytokine/adipokine, which play critical roles in energy and vascular homeostasis [1,2]. Regulation of these adipocytokine/adipokine triggers the development of a pro-inflammatory state, which is considered to form the “common soil” for the pathogenesis of obesity-linked disorders [1,2]. Adiponectin, an anti-inflammatory and insulin-sensitizing molecule, has emerged as a master regulator of inflammation/immunity in various tissues, including adipose tissue, its own assembly site [3,4]. Expression levels of adiponectin are stimulated by insulin-sensitizing thiazolidinediones, indicating that the adiponectin gene is a target of PPAR γ (peroxisome-proliferator activated receptor γ) [5]. Moreover, the expression of the adiponectin gene is known to be regulated positively by C/EBP (CCAAT/enhancer-binding protein) α , SREBP (sterol-regulatory-element-binding protein)-1c, FoxO1 (forkhead box O1) and Sp1

(specificity protein 1), and negatively by pro-inflammatory factors, such as reactive oxygen species (ROS), TNF α (tumor necrosis factor- α) and IL (interleukin)-6 [6]. It is known that adiponectin gene expression in adipose tissues is down-regulated in subjects with obesity and insulin resistance [3,4]; however, the mechanisms of the down-regulation are largely unknown. Since hypoadiponectinemia has links to metabolic and cardiovascular abnormalities associated with obesity and insulin resistance [7,8], exploring the mechanisms regulating adiponectin expression and post-translational modification is crucial for understanding obesity-linked disorders.

MicroRNAs (miRNAs) are short (19–22 nucleotides), evolutionarily conserved, non-coding RNA molecules involved in gene regulatory functions. They operate through a mechanism involving complementary sequence binding to the 3'UTR region of a target mRNA molecule. Formation of a miRNA: mRNA complex

Mouse *Adipoq* 3'-UTR: total 374bp

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3' ggaAGAC-UGAGGUUCAGGUca 5' mmu-miR-378
  |:| :|:| | | | | | |
155:5' uaaUUUGUGUCCUAGUCCAGa 3' Adipoq

mirSVR score: -0.8749
PhastCons score: 0.4209

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Figure 1. Prediction of miRNA-378 targets *in silico*. The miRNA-378 targets were predicted using Targetscan (www.targetscan.org) and PicTar (www.pictar.org). doi:10.1371/journal.pone.0111537.g001

results in either increased degradation of the target mRNA molecule [9], or inhibition of target mRNA translation [10]. miRNA-mediated regulation has also been observed in adipose tissue [11–13]. In subsets of miRNAs that declined, increased, or remained unchanged during conversion, Gerin et al. discovered a highly induced locus within the intron of proliferator-activated receptor γ coactivator 1 β (PGC-1 β) that encodes miRNAs 378 [13]. They subsequently showed that overexpression of miRNA-378 upregulated a set of lipogenic genes, suggesting the involvement of PPAR γ 2 machinery [13].

From the above, we hypothesized that the miRNA pathway could be involved in regulation of adiponectin expression. By searching *in silico*, we found a putative target site for miRNA-378 in the 3 prime untranslated region (3'UTR) of the adiponectin gene (*Adipoq*). To clarify the roles of miRNA-378 in adiponectin gene expression, we evaluated variation in adiponectin, miRNA-378, and its related molecules, PPAR γ 2 [13,14], PGC-1 β [13,15], and estrogen-receptor-related receptor γ (ESRRG) [16] in white adipose tissue; second, we quantitated adiponectin level during adipogenesis in 3T3-L1 cells overexpressing the mimic or inhibitor of miRNA-378; finally, we assessed regulation of adiponectin expression by miRNA-378 in HEK293T cells expressing a luciferase-adiponectin-3'UTR sequence or a mutated construct.

Materials and Methods

In silico prediction of miRNA-378 targets

To predict miRNA-378 targets, we used TargetScan (www.targetscan.org) and PicTar (www.pictar.org).

Cell lines and induction of mature adipocyte

The mouse 3T3-L1 cell line was maintained in DMEM, 10% FBS (Sigma), 1% penicillin/streptomycin (Sigma). The cells were dispensed into 6-well plates before induction of adipose differentiation. Once the cells had grown confluent, they were stimulated with insulin (10 μ g/mL, Sigma), dexamethasone (1 nM, Sigma), and IBMX (500 μ M, Sigma) for 2 days, and medium was changed to complete DMEM every 2 days. Overexpression and knockdown of miRNA-378 were done by transfecting miScript miRNA-378 mimic (pre-mir) and/or inhibitor (anti-sense) (QIAGEN) with RNAiMax transfection reagent (Life Technologies) on day 4 according to the manufacturer's instruction. To explore the function of miR378 on the pathological conditions, we stimulated 3T3-L1 adipocyte with human recombinant TNF α (10 μ g/mL, R&D systems) on day 6 and levels of adiponectin expression were evaluated by quantitative reverse transcription PCR (qRT-PCR) or Western blotting.

Animals

From normal C57BL/6 (σ , n = 10, body weight 30.4 \pm 1.5 g) or diabetic ob/ob mice (σ , n = 10, body weight 47.7 \pm 1.6 g, casual

blood glucose level 178 \pm 30 mg/dL), epididymal adipose tissues were excised and used for gene expression analyses. Animal experiments were approved by the Committee on Animal Research, the University of Tokushima and have been conducted in accordance with international ethical principles and guidelines for experiments on animals.

Gene expression analyses

Total RNAs were purified from mouse adipose tissue samples using RNeasy Lipid Tissue Mini kit (QIAGEN KK, Tokyo), and total RNAs from cultured cells were purified with the Total RNA Purification Kit (Norgen Biotek, Canada). To detect miRNA-378 and U6 RNA polymerase (as an internal control) expression levels, we used the TaqMan MicroRNA Reverse Transcription Kit and TaqMan primer/probe sets for miRNA-378 and U6 (Applied Biosystems), respectively, as per their protocols. Total RNAs were reversed-transcribed using the QuantiTect RT kit (QIAGEN), and then qRT-PCR was done using the Power SYBR Green Kit (Applied Biosystems) with an Mx3000 thermocycler (Stratagene). Specific primers for the genes of interest are shown in **Table S1**. All data were analyzed by the $\Delta\Delta$ Ct method, using β -actin (for genes) or U6 (for miR-378) as internal controls, respectively.

Western blotting

The 3T3-L1 cells were lysed in RIPA buffer (Wako Pure Chemical Industries, Japan) supplemented with protease inhibitor cocktail (Roche) for 30 min on ice and centrifuged at 10⁴ x g for 10 min to obtain cell lysates. The resultant lysate was run on 4–12% Tris-Glycine NuPAGE gels (Life Technologies) and transferred onto PVDF membrane (Bio-Rad). Membranes were blocked with 5% skimmed milk in PBS-T at room temperature for 2 h and incubated with rabbit anti-adiponectin (#2789S, Cell Signaling Technologies) or mouse anti- β -actin monoclonal (Clone AC-15, Sigma) at 4°C overnight. Membranes were washed 3X with PBS-T and incubated with HRP-conjugated anti-rabbit IgG (#7074, Cell Signaling Technologies) or HRP-conjugated anti-mouse IgG (BD Biosciences) in 5% skimmed milk in PBS-T at room temperature for 1hr. After washes 5 X with PBS-T, the bands were visualized by enhanced chemiluminescence (ECL, Perkin-Elmer) and quantified using by a CCD camera system (LAS4000mini, GE Healthcare) with ImageQuant TL software (GE Healthcare).

Cloning of the 3'UTR of mouse *Adipoq*

The mouse adiponectin gene (*Adipoq*) 3'-untranslated region (3'-UTR) (+859–1211; total 352 bp) was amplified from 3T3-L1-derived adipocyte cDNA by PCR using the high fidelity Phusion polymerase (Thermo Fisher Scientific Inc.) and primers ATATCTCGAGCTGCAACTACCCATAGCCCA (forward) and ATATGCGGCCGCGTGAGAAGAGTAATCACTGT (reverse). The PCR product was then cloned between the XhoI and NotI sites downstream of the Renilla luciferase gene in the psiCheck2 vector (Promega), and the resultant construct was confirmed by DNA sequencing.

Renilla-luciferase activity

HEK293T cells were dispensed into 24-well or 96-well plates and co-transfected with psiCheck2 (Promega) carrying the *Adipoq* 3'UTR or Δ miR-378 binding site (BS) (0.5 μ g/well in a 24-well plate or 0.2 μ g/well in a 96-well plate) and mimic or inhibitor of miRNA-378 using RNAiMax (Life Technologies) as per the manufacturer's protocol. After 48 h, cells were lysed in 1 \times Passive Lysis buffer provided with the Dual-Luciferase Reporter Assay

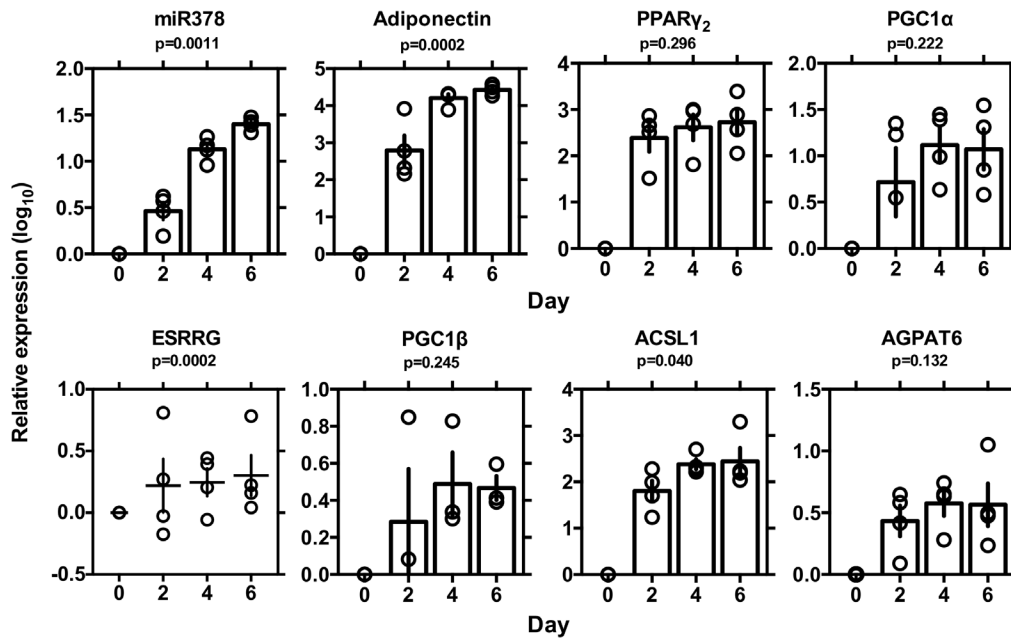


Figure 2. Levels of miRNA-378, adiponectin, PPAR γ_2 , PGC1 α , ESRRG, PGC1 β , ACSL1 and AGPAT6 during differentiation of 3T3-L1 adipocyte cells. The mouse 3T3-L1 cell line was cultured in DMEM/10% FBS and dispensed into 12-well plates (day 2) before induction of adipose differentiation. Once the cells had grown confluent, they were stimulated with insulin (10 μ g/mL) dexamethasone (1 nM), and IBMX (500 μ M) for 2 days (days 0–2), and the medium was changed every 2 days. At days 0, 2, and 6, RNA was extracted and levels of miRNA-378 and mRNAs of adiponectin, ACSL1, GPAT6, PPAR γ_2 , PGC1 α , PGC1 β , and ESRRG were evaluated by qPCR. Expression levels normalized to those of β -actin were log-transformed. Individual values are shown with mean \pm SE (n=4).
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System (Promega, USA). At least 3 independent transfections were done in triplicate, and luciferase activities were measured with a luminometer.

Site-directed mutagenesis

The above vector construct was further mutagenized to introduce point mutations to delete miR-378 binding sites with High Fidelity Phusion polymerase and primers, AAA-TAATTTGTGTTTCCTAgaattcAAAAAAGGCACTCCC (Forward, *EcoRI* site in underlined) and GGGAGTGCCTTTTTTTT-gaattcTAGGAACACAAATTATTT (reverse). The reaction was then digested with 5 units of Dpn I (Thermo Scientific) to eliminate the parental vector at 37°C for 2hr. The Dpn I-treated PCR product was then transformed to DH5 α competent cells (TaKaRa Bio) to obtain the mutagenized clones. The clone obtained was confirmed by DNA sequencing.

Statistical analysis

Values are expressed as mean (SE). Levels of qPCR measurements are expressed as logarithm to the base 10 otherwise indicated. Unpaired *t*-test or one-way ANOVA (for parametric group comparison) and Kruskal-Wallis or Wilcoxon-Mann-Whitney tests (for non-parametric comparison) were employed. Pearson product-moment correlation coefficients (*r*) were determined to measure the strength and direction of the linear relationship between levels of adiponectin, miR378 and other variables. All analyses were performed using Jump version 11.2.0 software (SAS Institute Inc., Cary, NC). Probability was considered significant if $p < 0.05$.

Results

miRNA-378 in 3T3-L1 adipocytes

Searching *in silico*, we found a putative target site for miRNA-378 in the 3'UTR of the adiponectin gene (Figure 1). To investigate the effects of miRNA-378 on the expression levels of adiponectin, we performed *in vitro* experiments, beginning by analyzing the abundance of miRNA-378 and adiponectin-related molecules during preadipocyte differentiation in 3T3-L1 cells, using qRT-PCR (Figure 2). During differentiation, expression of miRNA-378 and adiponectin were increased. mRNA levels for the lipogenic enzymes ACSL1 (acyl-CoA synthetase long-chain family member 1) and AGPAT6 (1-acylglycerol-3-phosphate acyltransferase 6) increased coordinately with those of the transcriptional factor, PPAR γ_2 , and its coactivator, PGC-1 α . Simultaneously, mRNA for PGC-1 β , which contains an RNA hairpin that generates miRNA-378, and that for ESRRG, which is one of the nuclear receptors coactivated by PGC-1 β and is targeted by miRNA-378 at two regions within the 3'UTR, increased during preadipocyte differentiation.

Overexpressing the mimic or inhibitor of miRNA-378

Next, we evaluated the effects of overexpressing mimic or inhibitor of miRNA-378 on the expression of adiponectin, PPAR γ_2 , PGC1 α , ESRRG, PGC1 β , ACSL1, and AGPAT6 (Figure 3). As shown, expression levels of miRNA-378 were effectively decreased by the inhibitor ($p < 0.05$) and increased by the mimic ($p < 0.01$). The expression of adiponectin was not significantly increased by miRNA-378 inhibitor but remarkably

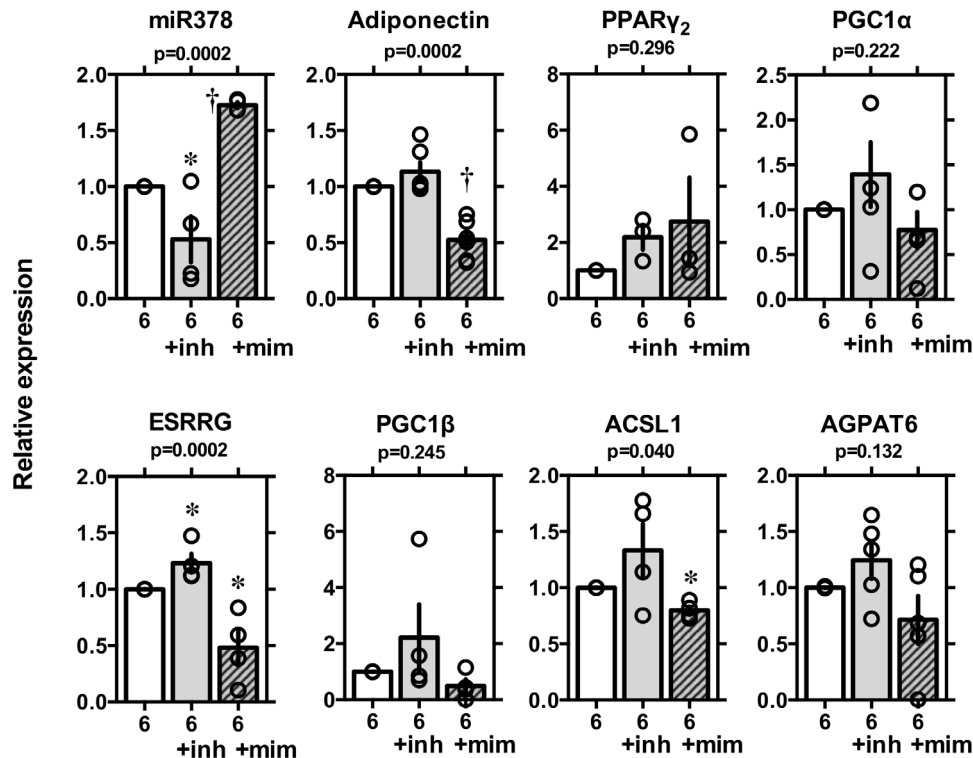


Figure 3. Levels of miRNA-378, adiponectin, PPAR γ_2 , PGC1 α , ESRRG, PGC1 β , ACSL1 and AGPAT6 in 3T3-L1 adipocytes overexpressing the inhibitor (inh) or mimic (mim) of miRNA-378. The mouse 3T3-L1 cell line was cultured in DMEM/10%FBS and dispensed into 12-well plates (day 2) before induction of adipose differentiation. Once the cells had grown confluent, they were stimulated with 1.7 mM insulin (10 μ g/mL), dexamethasone (1 nM), and IBMX (500 μ M) for 2 days (days 0–2) and the medium was changed every 2 days. On day 4, overexpression and knockdown of miRNA-378 were done by transfecting the miRNA-378 mimic and/or inhibitor. On day 6, levels of miRNA-378 and mRNA levels of adiponectin, PPAR γ_2 , PGC1 α , ESRRG, PGC1 β , ACSL1, and AGPAT6 were evaluated by qPCR. Expression levels normalized to those of β -actin were log-transformed. Individual values are shown with mean \pm SE (n=6). p values are shown for multigroup comparison by non-parametric Kruskal-Wallis test. *p<0.05 and †p<0.01 vs. day 6 for unpaired two group comparison by Wilcoxon-Mann-Whitney test. doi:10.1371/journal.pone.0111537.g003

inhibited by mimic (p<0.01). Expression of ESRRG, alternatively targeted by miRNA-378, was also increased by miRNA-378 inhibitor and remarkably inhibited by mimic as previously reported by Eichner et al. [16]. The mimic and inhibitor of miRNA-378 had little or no effect on expression of PPAR γ_2 , PGC1 α , PGC1 β , and AGPAT6, but the mimic decreased ACSL1 (p<0.05) significantly.

Renilla-luciferase activity and site-directed mutagenesis

We transfected the mimic and inhibitor of miR-378 into differentiating 3T3-L1 cells on day 4 and evaluated the levels of adiponectin protein on day 6 (Figure 4A & 4B), indicating that the mimic reduced adiponectin levels almost by half. To assess whether or not the putative miR-378 binding site was effectively utilized to regulate the expression of adiponectin, we transfected a renilla-luciferase-adiponectin-3'UTR sequence to HEK293T cells and further transfected the mimic and inhibitor of miRNA-378 (Figure 4C). Renilla-luciferase activity in HEK293T cells expressing the renilla-luciferase-adiponectin-3'UTR sequence was inhibited by overexpressing mimic of miRNA-378 and the decrease was partially reversed by adding the miRNA-378 inhibitor. Moreover, we confirmed the inhibitory effects of the mimic were cancelled in a deleted mutant of the miR-378 3'-UTR binding site (Figure 4D & 4E).

TNF α and miR378

We analyzed that an inflammatory cytokine, TNF α , which is known as a negative regulator for adiponectin [6], may alter levels of miR-378 expression in 3T3-L1 adipocytes (Figure 5). Addition of TNF α led a significant upregulation of miR-378 (Figure 5A) and downregulation of adiponectin at mRNA and protein levels (Figure 5A & 5B). TNF α also decreased mRNA levels of PPAR γ_2 , PGC1 α and ESRRG (Figure 5A).

miRNA-378 in C57BL/6 and ob/ob mice

Finally, we compared levels of miR-378, adiponectin and related molecules in white adipose tissue from normal C57BL/6 and ob/ob mice (Figure 6–8). Level of miR-378 was higher and level of adiponectin was lower in ob/ob mice than those of C57BL/6. Levels of PPAR γ_2 , PGC1 α , ESRRG, ACSL1 and AGPAT6 were all higher in ob/ob mice (Figure 6). Level of miR378 was negatively correlated with mRNA levels of adiponectin. Level of miR378 was positively correlated with PPAR γ_2 , PGC1 α , ESRRG and TNF α , but not with levels of ACSL1 and AGPAT6 (Figure 7). Level of adiponectin was negatively correlated with mRNA levels of PPAR γ_2 , PGC1 α , ESRRG, AGPAT6 and TNF α but not with levels of ACSL1 (Figure 8).

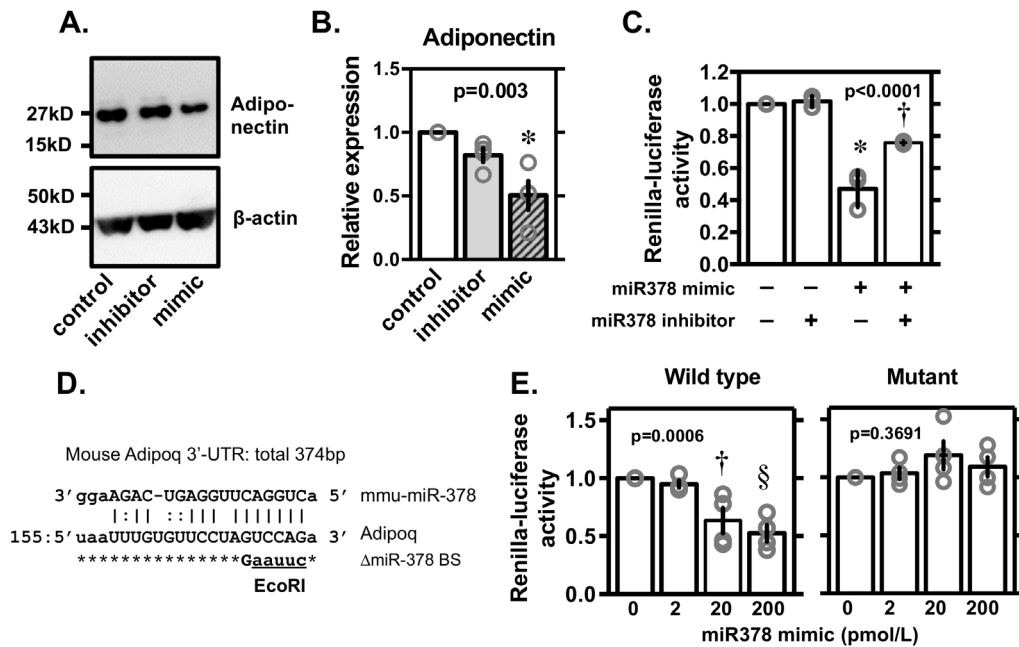


Figure 4. Representative blot (A), average expression levels of adiponectin protein (B) and Renilla-luciferase activity in HEK293T cells overexpressing the inhibitor or the mimic of miRNA-378 (C); Design of Δ miR-378 binding site (BS) (D); Effects of overexpressing the mimic of miRNA-378 on the Renilla-luciferase activity in HEK293T cells with wild type or a deleted mutant of the miR-378 binding on 3'-UTR (E). Expression levels normalized to those of β -actin. Individual values are shown with mean \pm SE (n=4). p values are shown for multigroup comparison by non-parametric Kruskal-Wallis test. *p<0.05, †p<0.01 and §p<0.001 vs. controls or 0 for unpaired two group comparison by Wilcoxon-Mann-Whitney test. doi:10.1371/journal.pone.0111537.g004

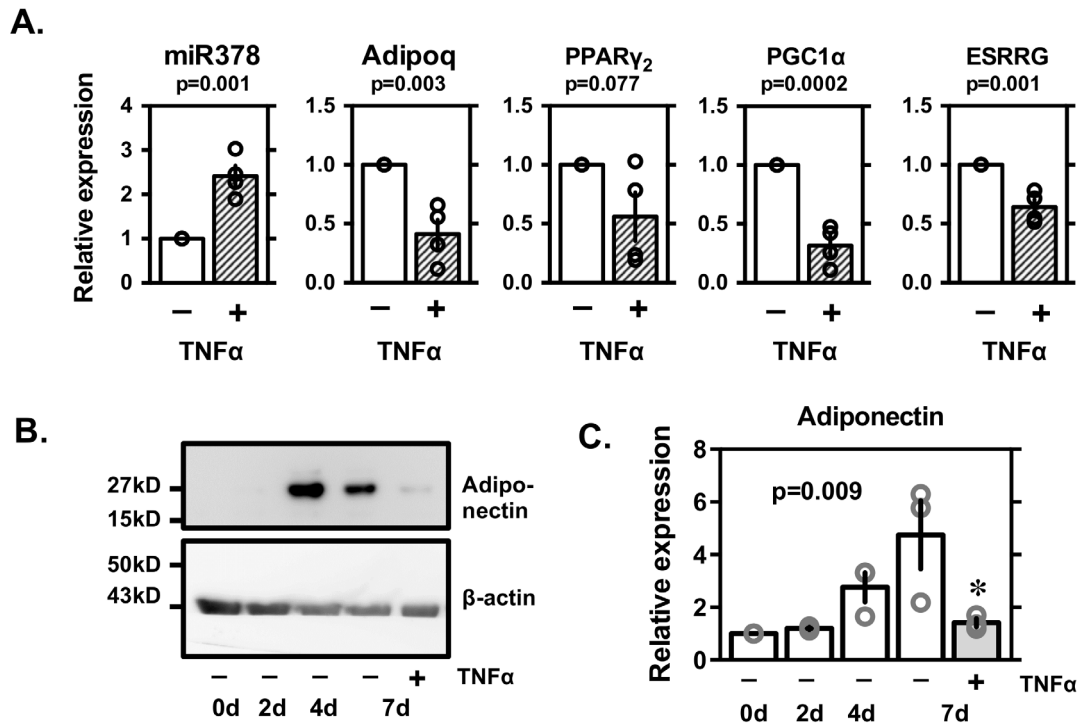


Figure 5. Level of miRNA 378 and mRNA levels of adiponectin, PPAR γ_2 , PGC1 α and ESRRG (A), representative blot (B) and average expression levels of adiponectin protein with or without TNF α in 3T3L1 adipocytes (C). 3T3L1 adipocytes were treated with human recombinant TNF α (10 μ g/mL, R&D systems) on day 6 and miR-378 and mRNA levels were evaluated by qRT-PCR or Western blotting on day 7. Expression levels normalized to those of β -actin. Individual values are shown with mean \pm SE (n=4). p values are shown for intergroup comparison by non-parametric Kruskal-Wallis test. *p<0.05 vs. controls or 0 for unpaired two group comparison by Wilcoxon-Mann-Whitney test. doi:10.1371/journal.pone.0111537.g005

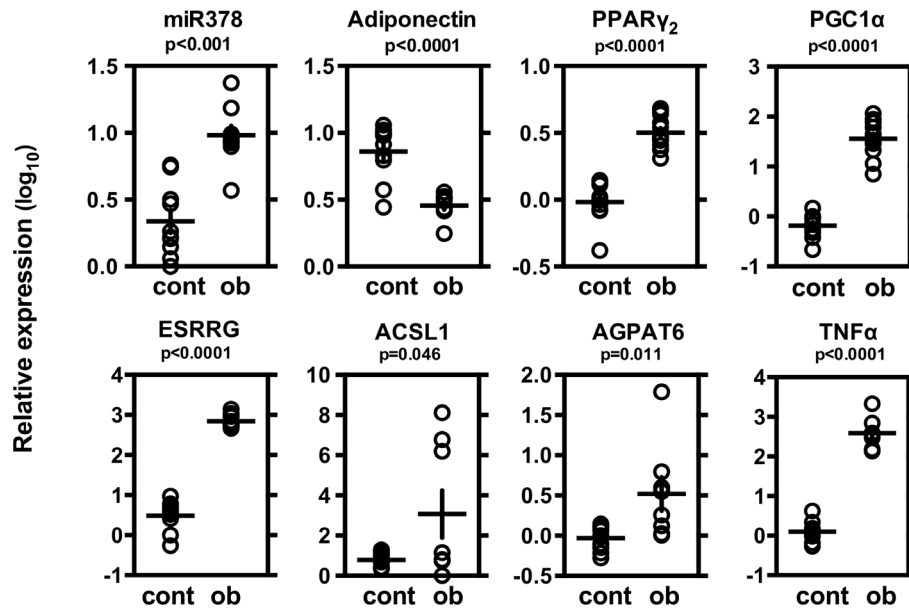


Figure 6. Levels of miRNA-378, adiponectin, PPAR γ 2, PGC1 α , ESRRG, PGC1 β , ACSL1, AGPAT6 and TNF α in the adipose tissue of C57BL/6 and ob/ob mice. From normal C57BL/6 (σ , n = 10) or diabetic ob/ob (σ , n = 10) mice, epididymal adipose tissues were excised and used for gene expression analyses. Expression levels normalized to those of β -actin were log-transformed. Individual values are shown with mean \pm SE. p values were calculated by unpaired t-test.
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Discussion

In this study, we evaluated whether the miRNA-378 pathway is involved in regulation of adiponectin expression. **First**, we sought

putative target sites for miRNAs in the 3'UTR of the adiponectin gene and found that miRNA-378 could target that region. **Second**, we found that intracellular levels of miRNA-378 were crucial in determining adiponectin expression, and that miRNA-

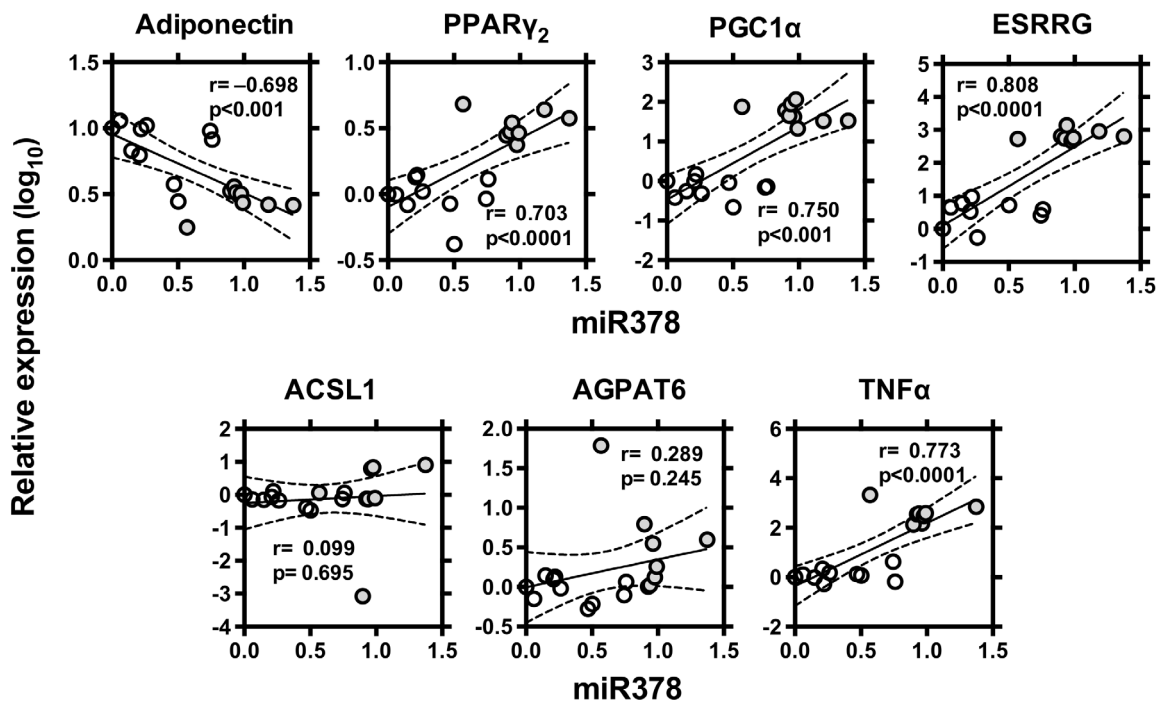


Figure 7. Correlation between level of miRNA-378 vs levels of adiponectin, PPAR γ 2, PGC1 α , ESRRG, PGC1 β , ACSL1, AGPAT6 and TNF α in the adipose tissue of C57BL/6 and ob/ob mice. From normal C57BL/6 (σ , n = 10) or diabetic ob/ob (σ , n = 10) mice, epididymal adipose tissues were excised and used for gene expression analyses. Expression levels normalized to those of β -actin were log-transformed. Linear regression analysis was made on a combined group of C57BL/6 (\circ) and ob/ob (\bullet) mice and, and r and p values are shown.
doi:10.1371/journal.pone.0111537.g007

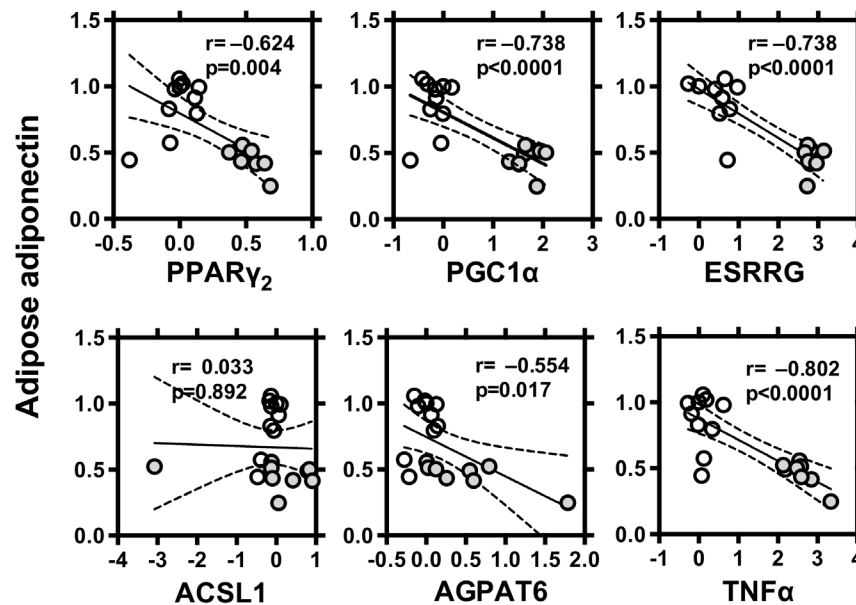


Figure 8. Correlation between level of adiponectin vs levels of PPAR γ_2 , PGC1 α , ESRRG, ACSL1, AGPAT6 and TNF α in the adipose tissue of C57BL/6 and ob/ob mice. From normal C57BL/6 (σ , n = 10) or diabetic ob/ob (σ , n = 10) mice, epididymal adipose tissues were excised and used for gene expression analyses. Expression levels normalized to those of β -actin were log-transformed. Linear regression analysis was made on a combined group of C57BL/6 (\circ) and ob/ob (\bullet) mice and, r and p values are shown. doi:10.1371/journal.pone.0111537.g008

378 could modulate adiponectin levels via the 3'UTR sequence-binding site.

Adiponectin gene (*Adipoq*) is known to be subject to several translational regulations. According to Liu et al., the expression of *Adipoq* is upregulated by multiple transcription factors such as PPAR γ_2 , C/EBP, FoxO1, and SREBP [6]. On the other hand, *Adipoq* expression is downregulated by CREB and NFAT, and, more interestingly, by inflammatory cytokines such as IL-6, IL-18, and TNF α [6]. Recently, it was shown that the functional regulation or secretion of *Adipoq* requires proper polymerization and exocytosis [13,17,18]. Although pivotal transcription factors involved in *Adipoq* expression have been previously identified [6], the mechanisms for *Adipoq* regulation remain obscure. There are reports showing an association between miRNA and adiponectin [19,20], but there are only few reports investigating the possibility that miRNAs could directly regulate *Adipoq* transcription [21]. We sought putative target sites for miRNAs in the 3'UTR of the adiponectin gene using TargetScan and PicTar and found that miRNA-378 could directly target the 3'UTR of adiponectin.

To confirm that miRNA-378 is crucial for the expression of adiponectin, and if so, how it regulates adiponectin expression, we performed the *in vitro* experiments described above. After 3T3-L1 adipocytes were transfected with the miRNA-378 inhibitor/mimic from day 4 through day 6, adiponectin expression was seen to be increased by the inhibitor and repressed by the mimic (Figure 4). Although the repressive influence of miRNA-378 on the adiponectin gene likely contributes to the lowering of adiponectin expression, the combined effects of the miRNA on multiple target genes might be involved [13,15,16,22]. In 3T3-L1 cells, both adiponectin and miR-378 are increased during differentiation into adipocytes, suggesting that miR-378 is not a suppressor of adiponectin mRNA expression during normal differentiation. On the other hand, the expression levels of miR-378 and adiponectin were negatively well correlated in 3T3-L1 adipocytes after treated with TNF α . Such negative correlation was also observed in comparison between adipose tissues among normal

C57BL/6 and diabetic ob/ob mice. It might be suggested that miR-378 regulates adiponectin expression in a pathological condition. From the current study, it is not clear why miR-378 is upregulated by TNF α . It is interesting that upregulation of miR-378 and downregulation of adiponectin by TNF α mimic the phenotype of diabetic ob/on mice [23]. Relevance of miR-378 in the pathogenesis of obesity and diabetes mellitus should be evaluated in the future study. Especially, genetic variation of relevant 3'UTR sequence in human subjects with hyper or hypoadiponectinemia should be explored.

Gerin et al. reported that overexpression of miR-378 leads to increased lipid droplet size, lipogenesis, and expression of PPAR γ_2 and Glut4 [13]. They further described that miR-378 induces transactivation of C/EBP, indicating that miR-378 can act through a mechanism independent of the classical miRNA machinery. Taken above, miR-378 might regulate adiponectin expression through a C/EBP binding site of the adiponectin promoter [13]. Carrer et al. showed that mice genetically lacking miRNA-378 are resistant to obesity induced by a high-fat diet, and exhibit enhanced mitochondrial fatty acid oxidation [15]. miRNA-378-mediated repression of carnitine O-acetyltransferase (CRAT) [15], a mitochondrial enzyme involved in fatty acid oxidation, and MED13, a component of the mediator complex that controls nuclear hormone receptor activity [15], and insulin-like growth factor 1 receptor [22], might at least partly contribute, to the elevated oxidative capacity. Moreover, miRNA-378 has been shown to target mRNAs encoding ESRRG and GA-binding protein- α , which associates with PGC-1 β to control oxidative metabolism [16]. In our C57BL/6 and ob/ob study, level of miR-378 was positively correlated with lipogenic molecules such as PPAR γ_2 , PGC1 α , ESRRG and AGPAT and also with a negative regulator for adiponectin, TNF α . Taken together, miR-378 could play a role in pathophysiological conditions via the regulation of adiponectin expression discussed below.

To determine whether adiponectin expression was directly regulated by miRNA-378, we measured the effects of the inhibitor

or mimic of miRNA-378 on renilla-luciferase activity in HEK293T cells expressing a renilla-luciferase-adiponectin-3'UTR sequence. Renilla-luciferase activity was inhibited by overexpressing the mimic of miRNA-378, and the decrease was partially reversed by adding the miRNA-378 inhibitor. Since the inhibitory effects of the mimic were cancelled in a deleted mutant of the miR-378 3'-UTR binding site (**Figure 4D & 4E**), suggesting that the regulation of adiponectin expression by miR378 can occur via the adiponectin-3'UTR sequence.

Our study has several limitations. First, the suitability of the 3T3-L1 and HEK293T cell lines needs to be taken into account. The 3T3-L1 adipocyte model has limitations compared with freshly prepared adipose tissue cells [23]: (i) generation of 3T3-L1 adipocytes from preadipocytes requires at least 2 weeks; (ii) if 3T3-L1 cells become over-propagated or are passaged extensively, they no longer differentiate robustly into adipocytes; (iii) it is not possible to efficiently detect mRNAs, miRNAs, and proteins expressed from transiently transfected DNA in 3T3-L1; and (iv) because the 3T3-L1 cell line has clone-specific traits, it fails to recapitulate the primary cells. HEK293T cells, used because of the low transfection efficiency of 3T3-L1 adipocytes, differ from adipocytes in transfection activity and gene response. Second, the

results from a model overexpressing a miRNA-378 mimic/inhibitor may not be relevant to natural physiological systems.

In conclusion, expression of adiponectin can be modulated by miR-378 via the 3'UTR miRNA-378 binding site. All these above researches on miR-378 and metabolic events were demonstrated in rodent models so far, in future our findings warrant further investigations into the role of miRNA-378 and other miRNAs possibly affecting the adiponectin expression in human subjects, which is linked to metabolic and cardiovascular abnormalities associated with obesity and insulin resistance.

Supporting Information

Table S1 Primers used for this study.
(DOCX)

Author Contributions

Conceived and designed the experiments: MI M. Shimabukuro M. Sata. Performed the experiments: MI SY SN CK DF TS HM MT. Analyzed the data: MI M. Shimabukuro. Contributed reagents/materials/analysis tools: MI SY DF TS. Wrote the paper: MI M. Shimabukuro.

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