

## Totally laparoscopic gastrectomy for gastric cancer: A systematic review and meta-analysis of outcomes compared with open surgery

Ke Chen, Yu Pan, Jia-Qin Cai, Xiao-Wu Xu, Di Wu, Yi-Ping Mou

Ke Chen, Yu Pan, Jia-Qin Cai, Xiao-Wu Xu, Di Wu, Yi-Ping Mou, Department of General Surgery, Sir Run Run Shaw Hospital, School of Medicine, Zhejiang University, Hangzhou 310016, Zhejiang Province, China

Author contributions: Chen K and Pan Y wrote the manuscript; Cai JQ, Xu XW and Wu D collected the literature and conducted the analysis of pooled data; Mou YP proofread and revised the manuscript; all authors approved the version to be published.

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Correspondence to: Yi-Ping Mou, MD, PhD, Professor, Department of General Surgery, Sir Run Run Shaw Hospital, School of Medicine, Zhejiang University, 3 East Qingchun Road, Hangzhou 310016, Zhejiang Province, China. [mouyiping2002@163.com](mailto:mouyiping2002@163.com)

Telephone: +86-571-86006445 Fax: +86-571-86044817

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### Abstract

**AIM:** To systematically review the surgical outcomes of totally laparoscopic gastrectomy (TLG) vs open gastrectomy (OG) for gastric cancer.

**METHODS:** A systematic search of PubMed, Embase, Cochrane Library, and Web of Science was conducted. All original studies comparing TLG with OG were included for critical appraisal. Data synthesis and statistical analysis were carried out using RevMan 5.1 software.

**RESULTS:** One RCT and 13 observational studies involving 1532 patients were included (721 TLG and 811 OG). TLG was associated with longer operation time [weighted mean difference (WMD) = 58.04 min, 95%CI: 37.77-78.32,  $P < 0.001$ ], less blood loss [WMD = -167.57 min, 95%CI: -208.79-(-126.34),  $P < 0.001$ ], shorter hospital stay [WMD = -3.75 d, 95%CI:

-4.88-(-2.63),  $P < 0.001$ ] and fewer postoperative complications (RR = 0.71, 95%CI: 0.58-0.86,  $P < 0.001$ ). The number of harvested lymph nodes, surgical margin, mortality and cancer recurrence rate were similar between the two groups.

**CONCLUSION:** TLG may be a technically safe, feasible and favorable approach in terms of better cosmesis, less blood loss and faster recovery compared with OG.

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**Key words:** Gastric cancer; Gastrectomy; Intracorporeal anastomosis; Laparoscopy; Meta-analysis; Survival

**Core tip:** Laparoscopy-assisted gastrectomy for gastric cancer has rapidly become popular in the past decades due to its minimally invasive advantages over open gastrectomy (OG). However, totally laparoscopic gastrectomy (TLG) remains controversial in terms of safety and technical issues. This study evaluated the safety and efficacy of TLG compared with OG for gastric cancer by performing a systematic review and meta-analysis of the literature. The existing research shows that TLG is safe and feasible, and can achieve similar lymph node dissection effects to those of OG, and is characterized by advantages such as less pain, fewer postoperative complications, and rapid recovery, and is expected to achieve the same effect in oncological treatment as OG.

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## INTRODUCTION

Laparoscopy-assisted gastrectomy (LAG) for gastric cancer was first reported in 1994<sup>[1]</sup>, and has undergone rapid development and gained popularity in the past few decades. Laparoscopic surgery has multiple benefits compared with open gastrectomy (OG) such as minimal invasiveness, the possibility of practical maneuvers based on anatomic understanding through a good visual field and magnification, earlier patient recovery after surgery and better postoperative quality of life<sup>[2-5]</sup>. During LAG, lymph node dissection is performed laparoscopically. However, a mini-laparotomy is performed in the epigastrium, through which the anastomosis is performed under direct vision. Totally laparoscopic gastrectomy (TLG) preserves the integrity of the abdominal wall, which is considered to be incisionless, except for the trocar wounds<sup>[6]</sup>, and is a laparoscopic approach for intracorporeal anastomosis without auxiliary incision and contact with the tumor. TLG represents the evolution of LAG. However, there are some technical difficulties when performing intracorporeal anastomosis, thus LAG is still a common approach in laparoscopic surgery<sup>[7]</sup>. The safety and efficacy of LAG has been demonstrated in large retrospective studies and randomized controlled trials (RCTs)<sup>[2,3,8-11]</sup>. In addition, several meta-analyses and systematic reviews have been published on LAG<sup>[12-15]</sup>. Similar studies have not been conducted to assess the potential benefits and disadvantages of TLG. The aim of this study was to compare TLG with OG with respect to surgical outcomes, morbidity, mortality and functional recovery. Long-term outcomes after TLG and OG in patients with any stage of gastric cancer were also evaluated in a systematic review of the literature and meta-analyses were performed.

## MATERIALS AND METHODS

### Search strategy

Systematic searches of PubMed, Embase, Cochrane Library, and Web of Science were performed to identify articles published up to February 2014 that compared TLG and OG. The search terms “gastric adenocarcinoma”, “gastric cancer”, “laparoscopic”, “laparoscopy”, “gastrectomy”, “completely”, “totally”, “intracorporeal” and “endocorporeal” were utilized. The links of each search result and all references in the original articles identified were reviewed to identify additional literature that was not indexed. Only studies written in English were considered for inclusion.

### Eligibility criteria

Studies meeting the following criteria were included: comparative, peer-reviewed studies of TLG *vs* OG in patients with gastric cancer for which the full text of the article was available. If two studies from the same group were identified, the most recent study or that including

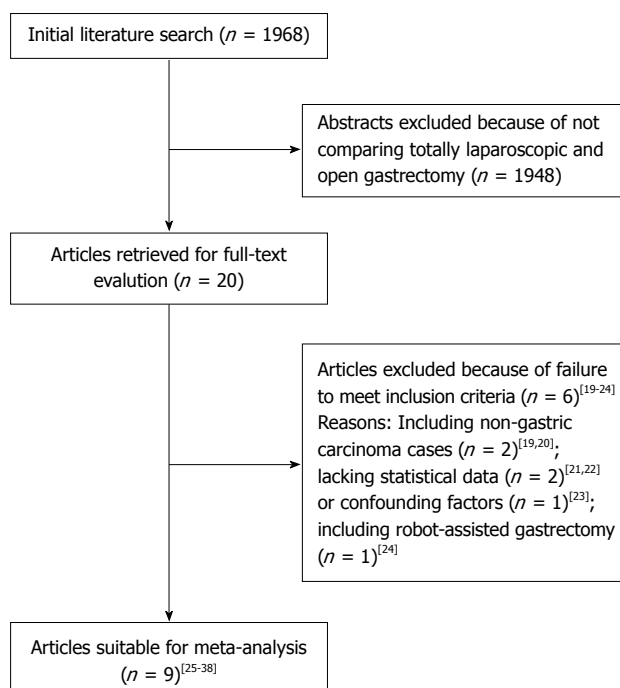
more subjects was selected unless the reports were from different time periods. The papers containing any of the following were excluded: (1) laparoscopic-assisted, hand-assisted, or robot-assisted gastrectomy; (2) non-gastric carcinoma cases; (3) tumors not in the stomach such as the esophagus; and (4) studies in which < 2 of the indices under study were reported, or it was difficult to calculate these from the results.

### Data extraction and quality assessment

Two authors independently extracted the data using a unified datasheet, and controversial issues were decided by discussion. The extracted data included: author, study period, geographical region, number of patients, operation time, blood loss, number of retrieved lymph nodes, proximal and distal margin distance, time to flatus, time to oral intake, length of hospital stay, morbidity, mortality, and long-term outcomes. Postoperative complications were classified as medical (cardiovascular, respiratory, or metabolic events; nonsurgical infections; deep vein thrombosis; and pulmonary embolism) or surgical (any anastomotic leakage or fistula, any complication that required reoperation, intra-abdominal collections, wound complications, bleeding events, pancreatitis, ileus, delayed gastric emptying, and anastomotic stricture). This classification system was based on the Memorial Sloan-Kettering Cancer Center complication reporting system<sup>[16]</sup>. If the study provided medians and ranges instead of mean  $\pm$  SD, we estimated the mean  $\pm$  SD as described by Hoza *et al.*<sup>[17]</sup>. RCTs were evaluated by the Jadad composite scale. High quality trials scored more than 2 out of a maximum possible score of 5. The quality of the non-randomized studies was assessed using the Newcastle-Ottawa Quality Assessment Scale (NOS). This scale varies from zero to 9 stars: studies with a score equal to or higher than 6 were considered methodologically sound.

### Statistical analysis

Continuous variables were assessed using weighted mean difference (WMD), and dichotomous variables were analyzed using the RR. Statistical heterogeneity, which indicated between-study variance, was evaluated according to the Higgins  $I^2$  statistic<sup>[18]</sup>. To account for clinical heterogeneity, which refers to diversity relevant to clinical situations, we used the random-effects model based on DerSimonian and Laird's method. Subgroup analysis of intraoperative outcomes, such as operation time, blood loss, and number of retrieved lymph nodes, was conducted for the number of TLG cases performed (40 cases were used as a cut-point), as the learning curve may have an impact on the operative outcomes. Potential publication bias was determined by conducting an informal visual inspection of funnel plots based on the complications. Data analyses were performed using Review Manager Version 5.1 (RevMan 5.1) software downloaded from the Cochrane Library.  $P < 0.05$  was considered statistically significant.



**Figure 1** Flow chart of literature search strategies. Spelling of search in figure incorrect.

## RESULTS

### Studies selected

The initial search strategy retrieved 1968 publications in English. After the titles and abstracts were reviewed, papers without a comparison of TLG and OG were excluded, which left 20 comparative studies, six<sup>[19-24]</sup> of which did not meet the inclusion criteria and were excluded. This left a total of one RCT and 13 observational studies<sup>[25-38]</sup>, all of which were accessible in full-text format. A flow chart of the search strategies, which includes the reasons for excluding studies, is illustrated in Figure 1.

### Study characteristics and quality

A total of 1532 patients were included in the analysis with 721 undergoing TLG (47.1%) and 811 undergoing OG (52.9%). These patients represented international studies and included data from 9 different countries or regions (5 from Italy, 1 from Belgium, 1 from France, 1 from the United States, 1 from Chile, 2 from South Korea, 1 from Japan, 1 from Taiwan and 1 from Hong Kong). In general, the quality of the included studies was satisfactory. The RCT received a Jadad score of 3. According to the NOS, three of the 13 observational studies received 7 stars, three articles received 8 stars, and the remaining seven received 9 stars. The characteristics and methodological quality assessment scores of the included studies are summarized in Table 1. The outcomes reported by the included studies are shown in Table 2.

### Intraoperative effects

All intraoperative outcomes are summarized in Table 3. Longer duration of operation was observed in the TLG

group compared with the OG group ( $P < 0.001$ ) (Figure 2A). Blood loss during surgery was decreased during the laparoscopic procedure ( $P < 0.001$ ) (Figure 2B). The rate of transfusions was lower for TLG with a marginal difference between the groups ( $P = 0.09$ ). No statistical difference was found between the two groups in terms of the number of harvested lymph nodes ( $P = 0.59$ ) (Figure 2C). We also analyzed the retrieval of lymph nodes between the TLG and OG groups using the modified D<sub>2</sub> lymphadenectomy, and no difference was noted (WMD = -1.33, 95%CI: -3.92-1.26,  $P = 0.31$ ). The length of the proximal resection margin was similar in both groups ( $P = 1.00$ ), as was the length of the distal resection margin ( $P = 0.28$ ).

### Subgroup analysis of the learning curve

The overall effects of operation time, blood loss and retrieved lymph nodes were unchanged in the subgroups, although performing  $> 40$  TLG cases resulted in a moderate reduction in operation time and blood loss. The outcomes of subgroup analyses are summarized in Table 4.

### Postoperative clinical course

All postoperative outcomes are summarized in Table 3. Postoperative pain was evaluated by the number of days of analgesic use. Patients who underwent TLG received fewer analgesics ( $P < 0.001$ ). The outcomes also favored TLG for first flatus day ( $P = 0.001$ ) and first oral intake ( $P < 0.001$ ), which indicated a quicker recovery of bowel function. Moreover, postoperative hospital stay was 3.75 d shorter for TLG patients ( $P < 0.001$ ) (Figure 2D).

Mortality was described in seven studies, and there was no significant difference in postoperative mortality between the groups ( $P = 0.40$ ) (Figure 2E). The rate of overall postoperative complications was lower in the TLG group ( $P < 0.001$ ) (Figure 2F). Visual inspection of the funnel plot revealed symmetry, indicating no serious publication bias (Figure 3). After further analysis, surgical complications were also lower in the TLG group ( $P = 0.03$ ). Wound problems such as infection and dehiscence occurred in 1.7% of TLG patients compared with 6.3% of OG patients ( $P < 0.001$ )<sup>[25,28,30,31,36-38]</sup>. Other surgical complications such as anastomotic leakage, intra-abdominal collections, bleeding, and anastomotic stricture were similar between the two groups ( $P > 0.05$ ). In addition, TLG was associated with a significant reduction in medical complications ( $P = 0.008$ ) with a possible contribution from pulmonary complications (TLG = 2.8%, OG = 4.8%,  $P = 0.003$ )<sup>[25-29,31,33-36,38]</sup>. The specific postoperative complications included in the studies are summarized in Table 5.

### Recurrence and long-term survival rate

Six studies reported cancer recurrence<sup>[25,28,30,31,34,37]</sup>. The recurrence risk in the TLG group was 22.7% (77/339) and was 21.9% (63/288) in the OG group, however, the difference was not significant (RR = 1.00, 95%CI: 0.74-1.34,  $P = 0.98$ ) (Figure 2G). Seven studies reported postoperative survival rate<sup>[25,31-34,36,37]</sup>, all of which did not

Table 1 Summary of studies included in the meta-analysis

Ref.	Region	Study design	Year	Study period	Sample size		Level of lymphad-enechomy	Surgical extension	Reconstruction	Conversion	Mortality		Matched factors <sup>1</sup>	Quality scores
					TLG	OG					TLG	OG		
Huscher <i>et al</i> <sup>[25]</sup>	Italy	RCT	2005	1992-1996	30	29	D1, D2	D	B-II, R-Y	NR	3.3%	6.7%	-	3 <sup>2</sup>
Pugliese <i>et al</i> <sup>[26]</sup>	Italy	OCS (R)	2007	2000-2005	48	99	D2	S, T	R-Y	2.1%	2.1%	3.0%	-	7
Song <i>et al</i> <sup>[27]</sup>	South Korea	OCS (P)	2008	2005-2006	20	20	D1 + $\alpha$ , D2	D	B-I, R-Y	0	0	0	-	8
Lee <i>et al</i> <sup>[28]</sup>	Taiwan	OCS (P)	2008	1998-2005	34	34	D2	S	B-II	2.9%	0	0	1245	9
Topal <i>et al</i> <sup>[29]</sup>	Belgium	OCS (P)	2008	2003-2006	38	22	D2	T	R-Y	NR	2.6%	4.5%	-	8
Strong <i>et al</i> <sup>[30]</sup>	United States	OCS (P)	2009	2005-2008	30	30	D2	S	B-II, R-Y	NR	0	0	1245	9
Wong <i>et al</i> <sup>[31]</sup>	Hong Kong	OCS (R)	2009	2001-2006	18	41	D1 + $\alpha$ / $\beta$ , D2	D	B-II, R-Y	5.0%	0	2.4%	-	7
Chouillard <i>et al</i> <sup>[32]</sup>	France	OCS (P)	2010	2001-2007	51	79	D2	D, T	B-II, R-Y	6.0%	0	2.5%	-	9
Scatizzi <i>et al</i> <sup>[33]</sup>	Italy	OCS (P)	2011	2006-2009	30	30	D2	D	R-Y	6.7%	0	0	12345	9
Moisan <i>et al</i> <sup>[34]</sup>	Chile	OCS (R)	2012	2005-2010	31	31	D1 + $\alpha$ / $\beta$ , D2	S, T	B-II, R-Y	3.2%	0	0	1245	9
Cianchi <i>et al</i> <sup>[35]</sup>	Italy	OCS (P)	2012	2008-2012	41	41	D1 + $\alpha$ / $\beta$ , D2	S, T	B-II, R-Y	0	2.4%	4.9%	1245	8
Siani <i>et al</i> <sup>[36]</sup>	Italy	OCS (R)	2012	2003-2009	25	25	D1 + $\alpha$ / $\beta$ , D2	T	R-Y	0	0	0	145	9
Shinohara <i>et al</i> <sup>[37]</sup>	Japan	OCS (P)	2013	1998-2008	186	123	D2	D, P, T	B-I, R-Y	2.2%	1.1%	0	12345	9
Kim <i>et al</i> <sup>[38]</sup>	South Korea	OCS (P)	2013	2011	139	207	D2	T	R-Y	0	0	0	-	7

<sup>1</sup>Jadad scores; <sup>2</sup>Factors matched between groups: 1: Age; 2: Sex; 3: Body mass index; 4: Stage; 5: Type of gastrectomy. RCT: Randomized controlled trial; OCS: Observational clinical study; P: Prospectively collected data; R: Retrospectively collected data; TLG: Totally laparoscopic gastrectomy; OG: Open gastrectomy; D: Distal gastrectomy; P: Proximal gastrectomy; T: Total gastrectomy; S: Subtotal gastrectomy; B-I: Billroth-I; B-II: Billroth-II; R-Y: Roux-en-Y; NR: Not reported.

Table 2 Outcomes of included studies

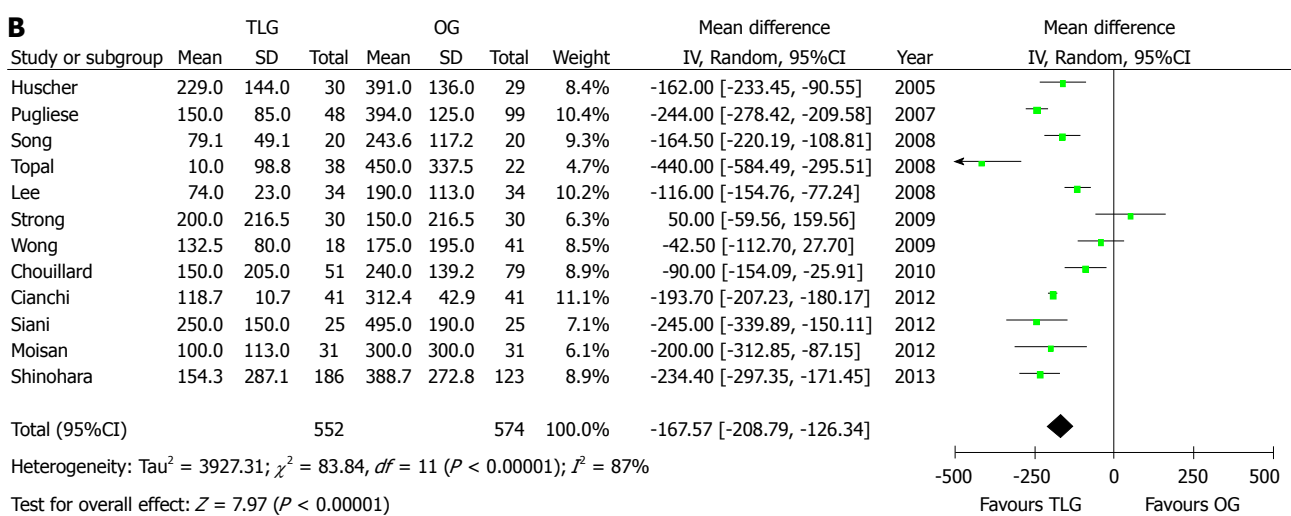
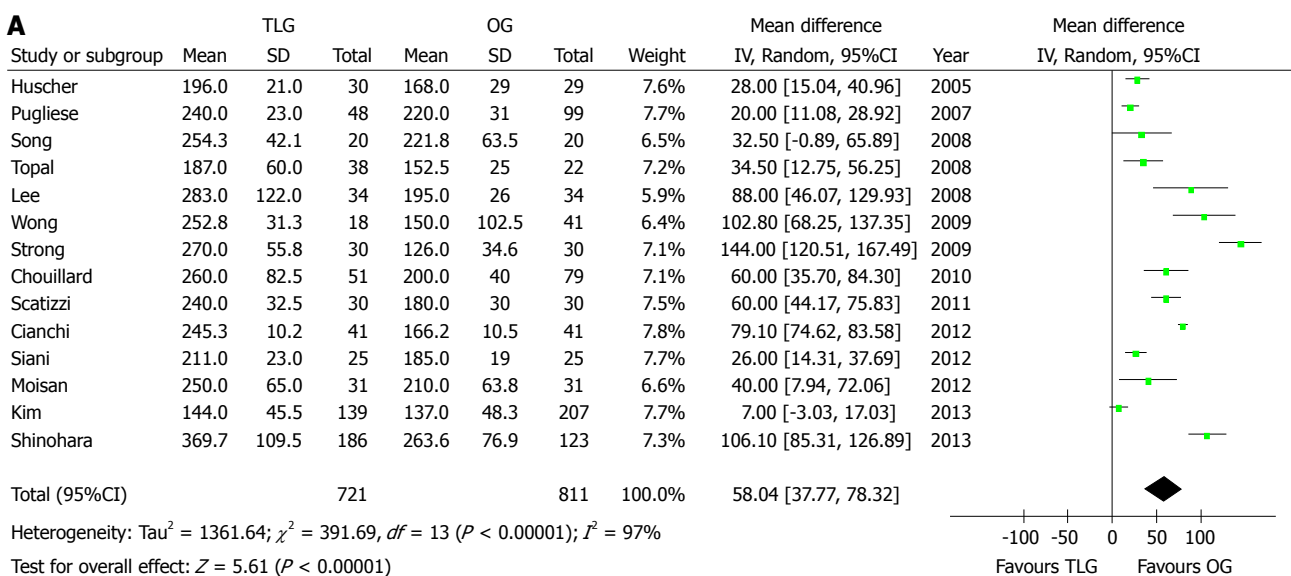
Ref.	Operation time	Blood loss	Transfusion	RLN	Proximal margin	Distal margin	Analgesic use	Ambulation	Flatus	Oral intake	Hospital stay	Morbidity	Mortality	Survival
Huscher <i>et al</i> <sup>[25]</sup>	Y	Y		Y						Y	Y	Y	Y	Y
Pugliese <i>et al</i> <sup>[26]</sup>	Y	Y		Y			Y <sup>1</sup>	Y	Y	Y	Y	Y	Y	Y
Song <i>et al</i> <sup>[27]</sup>	Y	Y		Y	Y	Y	Y <sup>2</sup>		Y	Y	Y	Y	Y	Y
Lee <i>et al</i> <sup>[28]</sup>	Y	Y		Y			Y <sup>2</sup>		Y	Y	Y	Y	Y	Y
Topal <i>et al</i> <sup>[29]</sup>	Y	Y		Y			Y <sup>1</sup>				Y	Y	Y	Y
Strong <i>et al</i> <sup>[30]</sup>	Y	Y		Y							Y	Y	Y	Y
Wong <i>et al</i> <sup>[31]</sup>	Y	Y	Y	Y			Y <sup>1</sup>	Y	Y	Y	Y	Y	Y	Y
Chouillard <i>et al</i> <sup>[32]</sup>	Y	Y		Y			Y <sup>1</sup>	Y	Y	Y	Y	Y	Y	Y
Scatizzi <i>et al</i> <sup>[33]</sup>	Y	Y	Y	Y						Y	Y	Y	Y	Y
Moisan <i>et al</i> <sup>[34]</sup>	Y	Y	Y	Y		Y		Y	Y	Y	Y	Y	Y	Y
Cianchi <i>et al</i> <sup>[35]</sup>	Y	Y		Y				Y	Y	Y	Y	Y	Y	Y
Siani <i>et al</i> <sup>[36]</sup>	Y	Y		Y				Y	Y	Y	Y	Y	Y	Y
Shinohara <i>et al</i> <sup>[37]</sup>	Y	Y	Y	Y	Y	Y	Y <sup>2</sup>	Y	Y	Y	Y	Y	Y	Y
Kim <i>et al</i> <sup>[38]</sup>	Y	Y		Y	Y	Y		Y	Y	Y	Y	Y	Y	Y

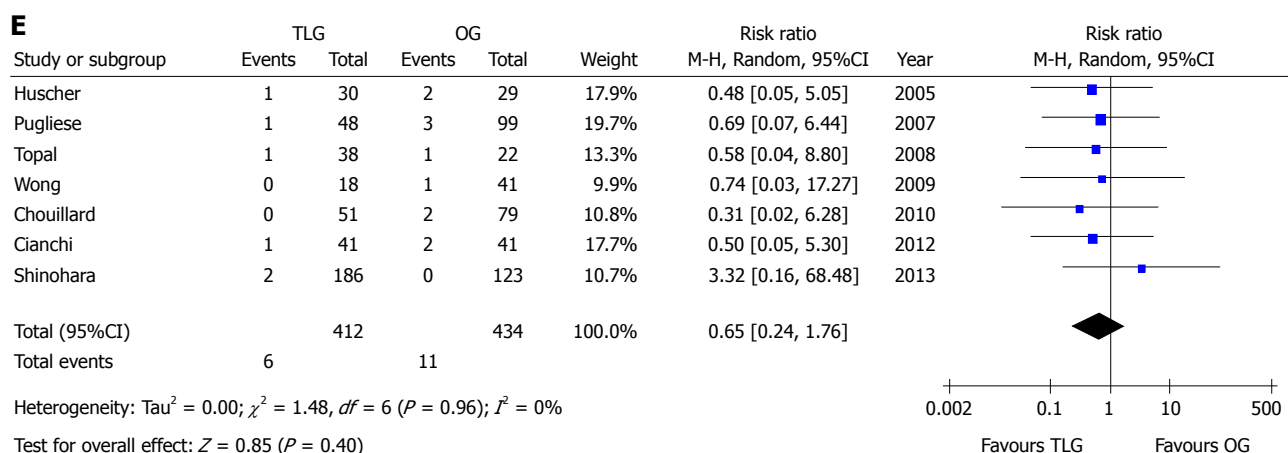
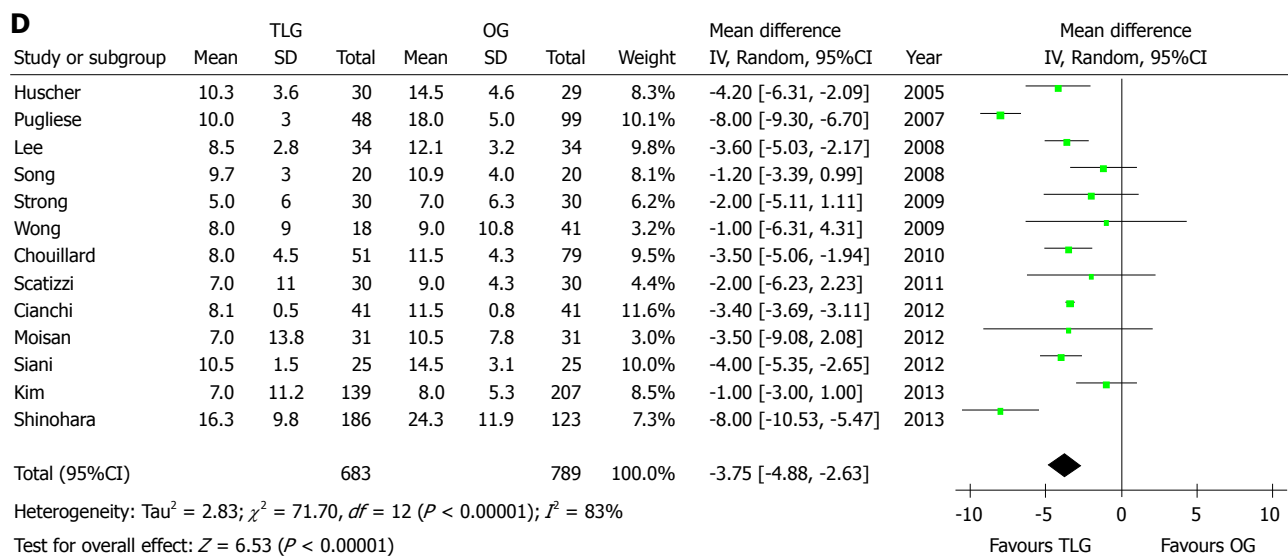
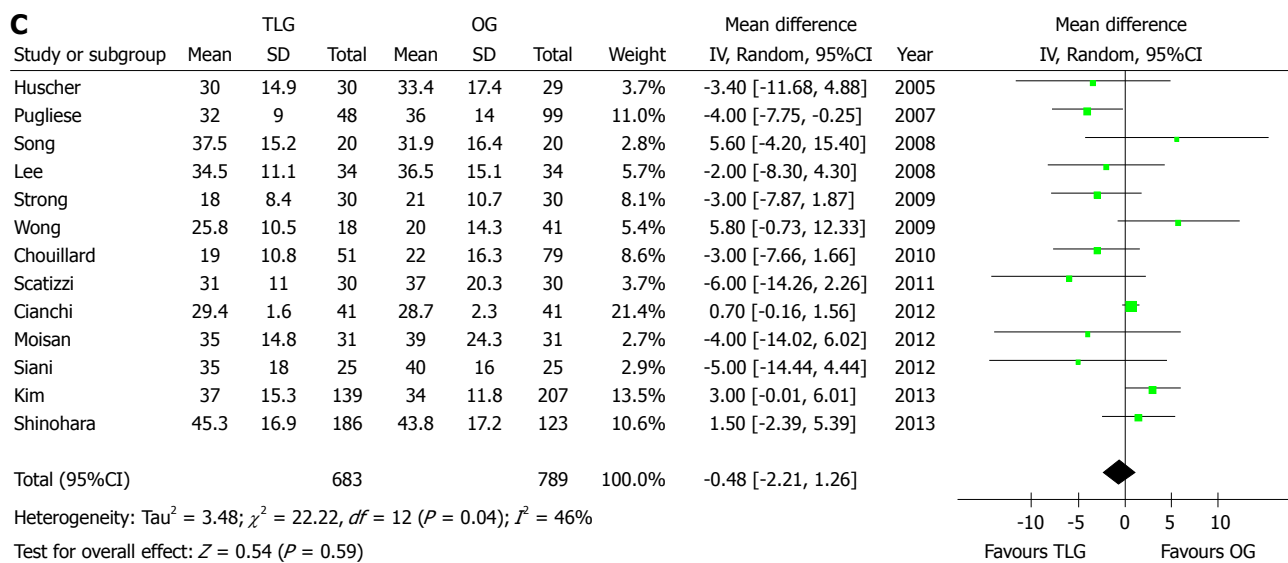
<sup>1</sup>Reported days of analgesic use; <sup>2</sup>Reported days and amount of analgesic use. Y: Yes; RLN: Retrieved lymph nodes.

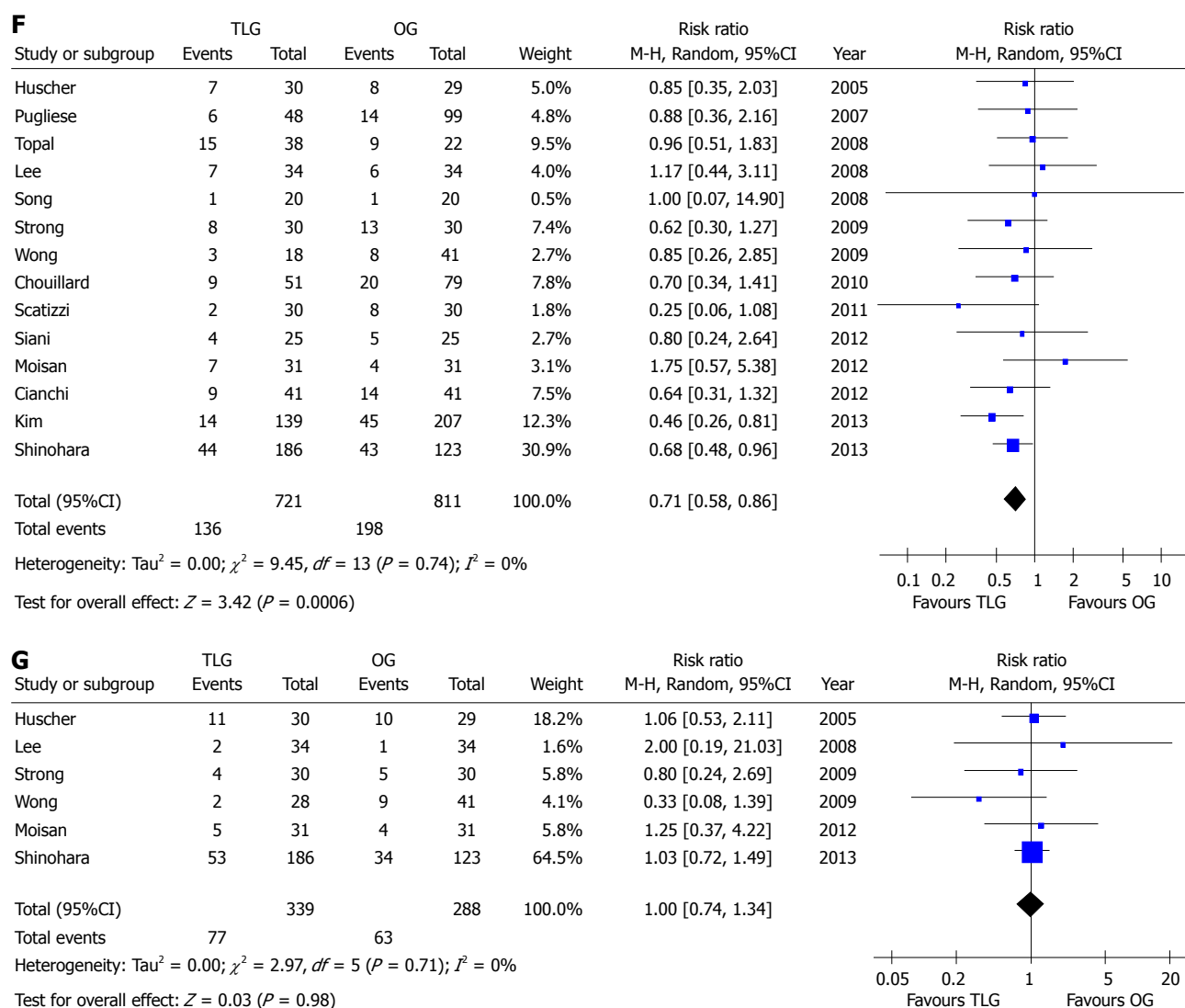
**Table 3 Pooled short-term outcomes**

Outcomes	No. of studies	Sample size		Heterogeneity ( <i>P</i> value, <i>I</i> <sup>2</sup> )	Overall effect size	95%CI of overall effect	<i>P</i> value
		TLG	OG				
Operation time (min)	14	721	811	< 0.001, 97%	WMD = 58.04	37.77-78.32	< 0.001
Blood loss (mL)	12	552	574	< 0.001, 87%	WMD = -167.57	-208.79-(-126.34)	< 0.001
Transfusion	3	268	233	0.11, 54%	RR = 0.49	0.21-1.11	0.09
Retrieved lymph nodes	13	683	789	0.04, 46%	WMD = -0.48	-2.21-1.26	0.59
Proximal margin (cm)	2	159	227	0.03, 80%	WMD = 0.00	-1.47-1.46	1.00
Distal margin (cm)	3	190	258	0.03, 70%	WMD = 0.94	-0.76-(2.64)	0.28
Analgesics given (d)	3	108	159	0.33, 11%	WMD = -1.79	-2.37-(-1.21)	< 0.001
Time to ambulation (d)	3	264	252	< 0.001, 93%	WMD = -0.91	-1.65-(-0.16)	0.02
Time to first flatus (d)	7	337	456	< 0.001, 98%	WMD = -1.97	-3.18-(-0.77)	0.001
Time to oral intake (d)	8	525	580	< 0.001, 96%	WMD = -2.39	-3.34-(-1.45)	< 0.001
Hospital stay (d)	13	683	789	< 0.001, 83%	WMD = -3.75	-4.88-(-2.63)	< 0.001
Overall complications	14	721	811	0.74, 0%	RR = 0.71	0.58-0.86	< 0.001
Surgical complications	12	635	690	0.76, 0%	RR = 0.75	0.57-0.98	0.03
Medical complications	11	615	670	0.97, 5%	RR = 0.57	0.38-0.86	0.008
Mortality	7	412	434	0.96, 0%	RR = 0.65	0.24-1.76	0.40

WMD: Weighted mean difference; RR: Risk ratio; TLG: Totally laparoscopic gastrectomy; OG: Open gastrectomy.







**Figure 2** Meta-analysis of the pooled data. A: Operation time; B: Intraoperative blood loss; C: Retrieved lymph nodes; D: Postoperative hospital stay; E: Mortality; F: Overall complications; G: Recurrence.

**Table 4** Subgroup analysis of learning curve using a cut-point of 40 totally laparoscopic gastrectomy cases

Outcomes	No. of studies	Sample size		Heterogeneity ( <i>P</i> value, <i>I</i> <sup>2</sup> )	Overall effect size	95%CI of overall effect	<i>P</i> value
		TLG	OG				
Operation time (min)							
< 40 TLG cases	9	256	262	< 0.001, 92%	WMD = 60.54	35.64-85.45	< 0.001
> 40 TLG cases	5	465	549	< 0.001, 99%	WMD = 53.91	16.74-91.08	0.004
Blood loss (mL)							
< 40 TLG cases	8	226	232	< 0.001, 84%	WMD = -155.04	-133.22	< 0.001
> 40 TLG cases	4	326	342	< 0.001, 85%	WMD = -194.81	-95.98	< 0.001
Retrieved lymph nodes							
< 40 TLG cases	8	218	240	0.23, 25%	WMD = -1.41	-6.11	0.37
> 40 TLG cases	5	465	549	0.06, 63%	WMD = 0.03	-4.27	0.98

TLG: Totally laparoscopic gastrectomy; OG: Open gastrectomy; WMD: Weighted mean difference.

find a significant difference between the two groups. Although Strong *et al*<sup>[30]</sup> did not report specific survival rate, they also found no significant difference in the survival rate between the two groups after 36 mo of follow-up ( $P > 0.05$ ). The systematic review of long-term survival out-

comes is summarized in Table 6.

## DISCUSSION

The TLG technique was first conceptualized by Goh *et*

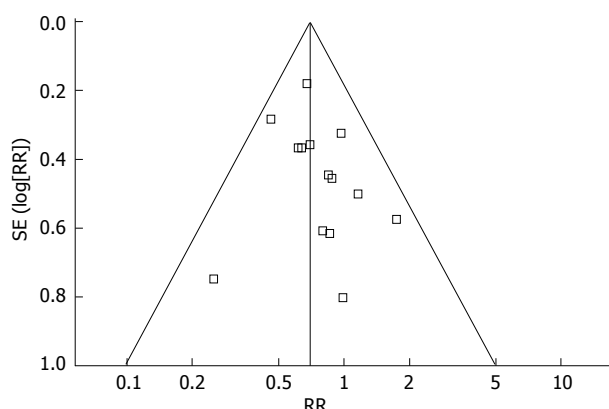


Figure 3 Funnel plots of the overall postoperative complications.

*et al.*<sup>[39]</sup> in 1992, who reported two TLGs for the treatment of peptic ulcers. In 1996, Ballesta-Lopez first used this surgical technique for the treatment of gastric cancer and documented its feasibility and efficacy<sup>[40]</sup>. Although TLG has been in use for over 20 years, its development has been limited as successful reconstruction of the digestive tract has been difficult to achieve laparoscopically. However, continuous improvement and technical advances (in equipment as well as training) have made the application of TLG techniques in oncologic surgery for gastric cancer possible. Although RCTs are ideal for a meta-analysis, it is difficult to conduct a high-quality RCT to evaluate a new surgical intervention due to obstacles such as learning curve effects, ethical and cultural resistance, and urgent or unexpected events during surgery. For these reasons, the inclusion of non-RCTs is an appropriate strategy to extend the source of evidence. Therefore, our meta-analysis included existing observational studies with strict inclusion and exclusion criteria to evaluate the safety and efficacy of TLG.

Postoperative morbidity is usually used to estimate the feasibility and safety of a procedure. Morbidity was significantly lower in the TLG group than in the OG group, regardless of surgical or medical complications. Fewer surgical complications were primarily attributed to reduced wound complications (infections, dehiscence, *etc.*) in the TLG group. The scattered trocar incisions and contractible sample-extracting incision may explain the reduced wound infection seen in the TLG group. However, other surgical complications (such as leakage and intra-abdominal abscess) were not reduced in the TLG group. This is not surprising as the laparoscopic technique, although less invasive, results in the same organ and lymphatic resection as the open procedure. The significantly reduced medical complications could be explained by the reduced invasiveness of the laparoscopic technique and less postoperative pain. Postoperative pain was less serious in the TLG group than in the OG group as seen by the lower dosage or shorter duration of analgesic use. We also found that pulmonary complications occurred less often in the TLG group than in the OG group. One plausible hypothesis might be that the pain

caused by a large incision as well as the use of tension sutures and abdominal bandages after laparotomy can make patients loath to cough, expectorate and perform exercise breathing effectively, thus the patients are prone to complications such as pulmonary infection. Our pooled analysis demonstrated that the postoperative hospital stay was 3.75 d shorter for TLG patients. The reduced use of analgesic drugs, shortened time of abdominal cavity exposure, less bowel manipulation, reduced inflammatory reactions, and earlier postoperative activities are considered to be the main reasons for earlier gastrointestinal recovery from laparoscopic surgery. However, the considerably longer postoperative stay may also have been related to local preferences and different health care systems, and some current series from referral centers report a median stay of more than 14 d after OG, which was considerably longer than that after TLG<sup>[25,26,36,37]</sup>. The current median length of stay at our hospital after TLG is 10 d, which is similar to most of the included studies<sup>[41]</sup>. Theoretically, decreased postoperative complication rates and faster recovery have the potential to allow eligible patients to receive postoperative chemotherapy in a timely manner, and therefore, possibly contribute to an improved oncologic outcome. However, these theoretical advantages are unproven.

Operative blood loss and the need for transfusions were lower in TLG cases shown in the pooled analysis. The reduced length of the incision wound and the application of energy-dividing devices, such as the Harmonic Scalpel and Ligasure, contributed to the reduction in blood loss. Another reason is that laparoscopy allows a magnified view of small vessels, particularly during dissection of the plane between the pancreas envelope and some major vessels such as the left gastric artery, common hepatic artery, coeliac trunk and splenic vessels. The most consistent finding in this meta-analysis was the longer operation time for TLG. The learning curve which is related to the surgeon's experience, familiarity with instruments, and assistant compliance, can influence some of the outcomes studied, such as operation time and lymph node retrieval<sup>[42]</sup>. It has been suggested that experienced laparoscopic surgeons reach a plateau in operation time after about 40 operations<sup>[42,43]</sup>. As most of the studies in the present analysis did not explicitly describe the surgeon's level of proficiency, a subgroup analysis was carried out by selecting studies in which the surgeon had performed more than 40 TLG operations as a surrogate marker of proficiency. This analysis demonstrated a moderate reduction in TLG operation time. Another reason for the prolonged operation time for TLG may be related to the reconstruction step, which is more difficult to complete during laparoscopy. To overcome these potential problems, various modified techniques have been reported. The most representative methods for distal gastrectomy are a delta-shaped anastomosis to perform a Billroth-I gastroduodenostomy and a linear stapler method to perform a side-to-side Billroth II gastrotjejunostomy<sup>[41,44]</sup>. Two other intracorporeal reconstruc-



Table 5 Systematic review of postoperative complications and reoperation *n* (%)

Ref.	Group	<i>n</i>	Total events	Leakage	Stenosis	Pulmonary	Wound	Pancreatitis	Obstruction	Cardiovascular	Bleeding	Abscess	Other	Reoperation
Huscher <i>et al.</i> <sup>[25]</sup>	TLG	30	7			4	2	1						NR
Pugliese <i>et al.</i> <sup>[26]</sup>	OG	29	8	1		5	2							NR
	TLG	48	61	2		3								NR
Song <i>et al.</i> <sup>[27]</sup>	OG	99	141	3										NR
	TLG	20	1								1			0
Lee <i>et al.</i> <sup>[28]</sup>	OG	20	1					1						0
	TLG	34	7	1		1	1		3	1	1	1		2
Topal <i>et al.</i> <sup>[29]</sup>	OG	34	6	2		1	2		1					0
	TLG	38	151	2		1		1	3					6
Strong <i>et al.</i> <sup>[30]</sup>	OG	22	91											0
	TLG	30	8	1			1	1	3	1	1			NR
Wong <i>et al.</i> <sup>[31]</sup>	OG	30	13	1		1	3		4	1		2	1	NR
	TLG	18	3	1			1					1		NR
Chouillard <i>et al.</i> <sup>[32]</sup>	OG	41	8	3					1			1		NR
	TLG	51	91	2		2					1			NR
Scattizzi <i>et al.</i> <sup>[33]</sup>	OG	79	201	4										
	TLG	30	2	2										1
Moisan <i>et al.</i> <sup>[34]</sup>	OG	30	8	1		3				1	1		2	1
	TLG	31	7	4		1					1		1	4
Cianchi <i>et al.</i> <sup>[35]</sup>	OG	31	4	2									2	4
	TLG	41	9	2	1	1		2		1	1		1	3
Siani <i>et al.</i> <sup>[36]</sup>	OG	41	14	4		5			1	2			2	2
	TLG	25	4	1		1								NR
Shinohara <i>et al.</i> <sup>[37]</sup>	OG	25	5			2	2			1				NR
	TLG	186	441	5	4		2	12				9		8
Kim <i>et al.</i> <sup>[38]</sup>	OG	123	431	5	5	10	10	8				9		2
	TLG	139	14	1	2	2	1		3		3		2	5
Total (%)	OG	207	45	1	4	9	12	17 (4.5)	2	2 (1.6)	2	11	4	NR
	TLG	721	136	24 (3.4)	7 (1.9)	13 (2.8)	8 (1.7)	12 (4.0)	8 (2.3)	5 (4.0)	11 (2.7)	6 (2.0)		
<i>P</i> value	OG	811	198	27 (3.4)	9 (2.4)	28 (4.8)	31 (6.3)	9 (3.0)	9 (2.4)	23 (5.3)	4 (0.9)	11 (3.0)	0.42	
				0.99	0.63	0.003	< 0.001	0.32	0.23	0.45	0.11	0.06		

<sup>†</sup>Some complications were not specified. NR: Not reported; TLG: Totally laparoscopic gastrectomy; OG: Open gastrectomy.

tion methods used in total gastrectomy are also representative; one using a transorally inserted anvil (OrVi™; Covidien) to perform an end-to-side esophagojejunostomy<sup>[45]</sup>, the other using linear staplers to perform a side-to-side anastomosis<sup>[46]</sup>. These methods help to simplify the procedure of reconstruction and shorten the operation time.

Oncological outcome is a critical measure of success in laparoscopic surgery for malignant tumors. The number of retrieved lymph nodes and surgical resection margin are the major indicators of oncological surgical quality. The present meta-analysis showed that the number of retrieved lymph nodes with TLG was similar to that for OG, and significantly more than the 15 lymph nodes advocated by the Union for International Cancer Control (UICC). To reduce heterogeneity, a subgroup analysis of the extent of modified D2 lymphadenectomy was performed<sup>[26,28-30,32,33,37,38]</sup>, which confirmed that similar numbers of lymph nodes were harvested. With regard to the length of the resection margin, only a limited number of studies reported on the proximal margin. There were no significant differences between the two groups overall. However, our previous meta-

**Table 6** Systematic review of long-term survival

Ref.	Group	Follow-up (mo)	Recurrence	Survival rate (%)
Huscher <i>et al</i> <sup>[25]</sup>	TLG	60 (2-88)	11	5-yr DFS: 57.3, 5-yr OS: 58.9
	OG	55 (7-90)	10	5-yr DFS: 54.8, 5-yr OS: 55.7
Lee <i>et al</i> <sup>[28]</sup>	TLG	NR <sup>1</sup>	2	NR
	OG	NR <sup>1</sup>	1	NR
Song <i>et al</i> <sup>[27]</sup>	TLG	11	4	NR <sup>2</sup>
	OG	13.8	5	NR <sup>2</sup>
Wong <i>et al</i> <sup>[31]</sup>	TLG	32 (2-79)	2	5-yr OS: 81.0
	OG	27 (1-79)	9	5-yr OS: 67.5
Chouillard <i>et al</i> <sup>[32]</sup>	TLG	29 (12-74)	NR	OS, 1-yr: 88.4, 2-yr: 71.2, 3-y: 43.2
	OG	33 (14-79)	NR	OS, 1-yr: 88.3, 2-yr: 54.8, 3-yr: 38.4
Scatizzi <i>et al</i> <sup>[33]</sup>	TLG	18 (2-37)	NR	42-mo OS: 70.9
	OG	18 (7-42)	NR	42-mo OS: 56.8
Moisan <i>et al</i> <sup>[34]</sup>	TLG	28	5	3-yr DFS: 79.4, 3-yr OS: 82.3
	OG	40	4	3-yr DFS: 83.4, 3-yr OS: 86.9
Siani <i>et al</i> <sup>[36]</sup>	TLG	32.6	NR	5-yr DFS: 54.2, 5-yr OS: 55.7
	OG	31.9	NR	5-yr DFS: 52.1, 5-yr OS: 52.9
Shinohara <i>et al</i> <sup>[37]</sup>	TLG	48.8(25-58.5) <sup>a</sup>	53	5-yr DFS: 65.8 <sup>b</sup> , 5-yr OS: 68.1 <sup>b</sup>
	OG		34	5-yr DFS: 62.0 <sup>b</sup> , 5-yr OS: 63.7 <sup>b</sup>

<sup>1</sup>All patients were followed up for at least 2 years; <sup>2</sup>DFS at 36 mo demonstrated no significant difference between the groups. Follow-up time was shown as median (range); a: Shown as interquartile range; b: Calculated by excluding stage IA and missed follow-up patients. DFS: Disease-free survival; OS: Overall survival; NR: Not reported.

analysis demonstrated a reduced proximal margin in the LAG group compared with the OG group<sup>[4,15]</sup>. We argued that such a result may relate to the nature of LAG, where the specimen is resected and reconstruction is performed through a mini-laparotomy; and it is difficult to pull the proximal stomach using a narrow incision, which may influence the distance of the proximal margin. TLG avoids such difficulties and a longer proximal margin may be expected. The length of the distal resection margin was also similar between the two groups. Both proximal and distal margin lengths demonstrated that TLG is oncologically acceptable for proximal or distal located tumors. Cancer recurrence and long-term survival rate are two visually effective outcomes for evaluating surgical interventions in oncological therapy. The majority of recurrences occur during the first two years after surgery<sup>[47]</sup>, therefore, we used two years as the qualification for NOS to assess the adequate follow-up period of each study. Based on these data, postoperative cancer recurrence and long-term survival rate in the TLG group were similar to those in the OG group. We extracted OS and DFS from data in all available articles. However, we did not analyze this due to the lack of survival data. Therefore, more studies of long-term outcomes are still required to assess the oncological adequacy of TLG.

This analysis has some limitations: (1) most of the studies included were non-randomized and retrospective in nature. Hence, these results are only an estimate of the true benefit of TLG for gastric cancer. We would like to emphasize the importance of RCTs for evaluating the potential short- and long-term benefits of TLG; (2) the laparoscopic cohorts from most, if not all of these institutions, represented initial experiences, and most of the studies had small sample sizes with fewer than 50 TLG procedures, which could have introduced a bias against the outcomes of TLG, because surgical parameters might

be influenced by the surgeon's learning curve; (3) the homogeneity test for the continuous variables showed the existence of significant heterogeneity among the included studies. Therefore, we used a random effects model to evaluate these parameters; and (4) some studies reported that TLG could further reduce trauma compared to LAG, especially in obese patients<sup>[48,49]</sup>. However, none of the included studies evaluated the effectiveness of TLG for very obese patients, which could undermine the strength of the analysis to some extent.

In conclusion, TLG is a safe, feasible approach for patients with gastric cancer. The results of TLG were favorable in terms of better cosmesis, less blood loss and faster recovery. However, more methodologically high-quality comparative studies are required to adequately evaluate the status of TLG.

## COMMENTS

### Background

Since it was first reported in 1994, laparoscopic-assisted gastrectomy (LAG) for gastric cancer has undergone rapid development and gained popularity in the past 20 years. During LAG, lymph node dissection is performed laparoscopically. However, resection of the stomach and anastomosis is performed with a direct view through a mini-laparotomy in the epigastrium. Totally laparoscopic gastrectomy (TLG) is considered to be incisionless, except for the trocar wounds, and is a laparoscopic approach for intracorporeal anastomosis without auxiliary incision. Although several meta-analyses and systematic reviews have been published on LAG, similar studies have not been conducted to assess the potential benefits and disadvantages of TLG.

### Research frontiers

In order to accurately assess the current status of TLG, the authors strictly limited the inclusion criteria by focusing exclusively on TLG and carried out a comprehensive meta-analysis. This will contribute to a more systematic and objective evaluation of the safety of TLG in cancer treatment.

### Innovations and breakthroughs

Based on this meta-analysis, TLG is a safe, feasible approach for patients with gastric cancer. The results of TLG were favorable in terms of better cosmesis,

less blood loss and faster recovery, albeit with a longer operation time.

### Applications

Despite a longer operation time, TLG can be performed safely in experienced surgical centers with a shorter hospital stay and fewer complications than open surgery. However, more methodologically high-quality comparative studies are required to adequately evaluate the status of TLG.

### Peer review

This is a well written paper which will add a great deal to the literature on the subject. In the future, TLG will be rapidly developed in the field of abdominal minimally invasive surgery. Future research should compare LAG and TLG to verify the safety and feasibility of TLG.

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