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Stem cell-based therapies for cancer treatment: separating hope from hype

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Abstract

Stem cell-based therapies are emerging as a promising strategy to tackle cancer. Multiple stem cell types have been shown to exhibit inherent tropism towards tumours. Moreover, when engineered to express therapeutic agents, these pathotropic delivery vehicles can effectively target sites of malignancy. This perspective considers the current status of stem cell-based treatments for cancer and provides a rationale for translating the most promising preclinical studies into the clinic.

> The ultimate goal of cancer therapy is to develop antitumour agents that robustly target cancerous cells while sparing normal cells. Currently, the major drawback of using conventional treatments is their lack of selectivity, often resulting in considerable loss of healthy tissue. Many adult stem cells (SCs) show intrinsic tumour-tropic properties, making them attractive candidates for the targeted delivery of anticancer biological agents (TABLE 1). The strategy is twofold: SCs can disseminate solid tumours and migrate towards micrometastatic lesions, enabling site-specific delivery. Furthermore, SCs can be modified to stably express or release various anticancer agents, thereby circumventing the short halflives that many chemotherapeutic agents exhibit.

> Whilst the development of preclinical SC therapies remains voracious, translating the most promising into the clinic necessitates much technical and regulatory traversal. Owing to the regenerative and therapeutic potential that SCs offer medicine, research into them has garnered much interest. However, scientific concerns over the use of SC therapies to treat disease need to be resolved (BOX 1). Clinical application of SCs in the absence of solid

Competing interests statement

The authors declare no competing interests.

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knowledge and expertise can jeopardize progress, as exemplified by the Stamina Foundation, Italy¹. These are clearly exciting and uncertain times for SC research. There is a need to separate the hope from the hype; to distinguish the therapeutic potential that SCs bring to the clinical table from the inflated promises and flimsy claims that pervade the media and scientific literature.

This perspective aims to highlight the most recent advances in SC-based treatments for cancer. It initially focuses on how state of the art technologies have been applied to manipulate and deploy SCs in preclinical studies to target cancerous cells. To conclude, the successes and failures of the most recent clinical trials are discussed, allowing us to address how their outcomes can refine future trials and facilitate the transition from bench to bedside.

Stem cells for therapeutic delivery

To maximize the effectiveness of anticancer agents, it is necessary to circumvent the problems that are associated with them: namely, their often unfavourable pharmacokinetics (short half-life and biotransformation) and difficulty in producing sustained and efficacious concentrations in the vicinity of the tumour. In the case of brain tumours, failure of compounds to cross the blood–brain barrier is an additional confounding factor. The use of SCs as cellular delivery agents has been posed as a novel means to tackle these challenges, permitting a targeted and more prolonged therapeutic response than might otherwise be possible by conventional delivery methods. To maximize the therapeutic impact of SC therapy, SCs should evade the host immune system and home towards malignant foci. Although these are highly desirable characteristics, whether and to what extent these attributes exist are still being established. It is widely accepted that SCs have immunosuppressive properties by virtue of their expression of cytokines and growth factors that can modulate the cellular and innate immune pathways of the host²⁻⁴. However, several *in vivo* studies have found that transplantation of various adult and induced allogeneic donor SCs elicits an immune response, thereby resulting in their rejection^{5–9}. For example, although allogeneic mesenchymal SCs (MSCs) seem to be less immunogenic than allogeneic non-SC donor cells, such as fibroblasts (as determined by their relatively long persistence in immunocompetent hosts⁸), they should not be considered to be immune privileged but rather to have the ability to transiently escape host rejection¹⁰.

The migratory capacity of neural SCs (NSCs) and neural progenitors was initially shown in xenograft mouse models by their ability to home to intracranial brain tumours and nonneural tumours in other regions of the body^{11–13}. Moreover, NSCs not only integrate into the primary tumour bed but also track towards small intracranial microsatellite deposits that typify malignant brain tumours such as glioblastoma¹¹. These tumour-tropic characteristics have been reported in numerous types of human SCs^{14-16} . The cellular and molecular mechanisms that underlie the tumour tropism of SCs are far from being completely understood. Various chemokine–chemokine receptor pairs have been associated with tumour tropism, and perhaps the best studied is stromal cell-derived factor 1 (SDF1; also known as CXCL12) and its receptor CXC-chemokine receptor 4 (CXCR4). To date, the SDF1– CXCR4 signalling axis has been shown to have a major role in the migration of multiple SC

types, including adult SCs^{17-20} , embryonic SCs ($ESCs^{21}$ and induced pluripotent SCs $(iPSCs)²²$. Other influential signalling pathways have been elucidated and include PI3K signalling²³, urokinase-type plasminogen activator (uPA)–uPA receptor (uPAR)^{24,25}, vascular endothelial growth factor receptor 2 (VEGFR2)²⁶ and matrix metalloproteinase 1 (MMP1)–proteinase-activated receptor 1 (PAR1)²⁷. The degree of SC migration towards a tumour *in vivo* is influenced by diverse factors, including the nature of the SC (the heterogeneity of the population, culture conditions and the expression of migratory factors) and the tumour microenvironment (the degree of hypoxia, the extent of vascularization, and inflammation). A better understanding of the factors influencing the migratory potential of SCs will allow a greater ability to tailor SC migration and ultimately increase the therapeutic potential of these SCs.

Creating anticancer stem cells

Unmodified SCs can have intrinsic antitumour effects attributed to factors that are secreted by SCs and physical interactions that are established between the SC and tumour cells^{28–30}. In addition, SCs have been modified in various ways to treat cancer, and some of the most promising are discussed below.

Genetic modification of stem cells to secrete anticancer proteins

SC secretion of therapeutic proteins can be divided into two broad categories depending on whether they act directly on malignant cells or on supporting cells of the tumour, such as blood vessels and stroma (FIG. 1a). SCs are typically modified by viral transduction to express transgenes encoding secretable effector proteins, although non-viral methods have been reported that offer certain advantages, such as lower host immunogenicity $3^{1,32}$. Direct effectors include the pro-apoptotic protein tumour necrosis factor-related apoptosis-inducing ligand (TRAIL) that binds to death receptor 4 (DR4; also known as TRAILR1) and DR5 (also known as TRAILR2) (which are preferentially expressed on cancerous cells) and induces apoptosis^{33,34}. Using proteins that can outcompete or sterically block the binding of endogenous ligands to their cognate receptor is another strategy that results in inhibition of proliferation pathways in the cancer and associated cells. For example, SC-expression of biological agents that bind to epidermal growth factor receptor (EGFR) or its tumourspecific variant EGFRvIII (REFS 35,36), and cytokines such as interferon- β (IFN β)^{37–40} and $IFNa⁴¹$, have all been shown to negatively regulate tumour growth in various preclinical cancer models.

Indirect effectors include agents that inhibit the formation of tumour-associated vasculature, such as anti-angiogenic thrombospondin 1 (TSP1; also known as THBS1)⁴² and PEX (a fragment of MMP2 $)^{43}$, effectively limiting the growth of the tumour mass by creating a hostile, non-permissive microenvironment. Secretion of immunomodulatory molecules such as interleukins (ILs) has also been tested. The rationale is that the immunosuppressive tumour milieu can be shifted into one that directs an immune response against the cancer⁴⁴. Human MSCs have been engineered to secrete IL-12 or IL-18 and have been tested in mice bearing renal cell carcinoma⁴⁵, cervical tumours⁴⁶ and glioblastoma^{47–49}. These studies correlated the sustained presence of SC-delivered ILs with a shift in the immune profile, including increased levels of IFNγ, activation of natural killer cells and recruitment of

tumour-specific T cells, often resulting in protracted survival and thus underscoring the potential of this approach.

Genetic modification of stem cells to induce cancer cell death

SC-mediated suicide gene therapy describes a strategy whereby SCs are engineered to express an enzyme that converts a separately administered non-toxic prodrug into a cytotoxic drug that can efficiently kill surrounding cells by the bystander effect (FIG. 1b). An added benefit of SC-mediated suicide therapy is that the SC is eliminated after its therapeutic effect, thereby abolishing any concern over its long-term fate. Three major suicide gene systems are currently used. Cytosine deaminase (CD) converts 5-fluorocytosine (5-FC) to the toxic antimetabolite 5-fluorouracil. The herpes simplex virus thymidine kinase (HSV-tk) converts ganciclovir (GCV) to GCV-monophosphate, which is further phosphorylated to GCV-triphosphate, which potently blocks DNA synthesis. In addition, carboxylesterase (CE) converts the pro-drug irinotecan to the potent topoisomerase inhibitor SN-38. The CD–5-FC system has been used in modified MSCs and NSCs and applied in mouse models to treat tumours of the brain, such as glioblastoma^{50–53} and medulloblastoma54, often resulting in regression of the tumour mass and prolonged survival. The HSV-tk system, which relies on the formation of gap junctions between the SC and surrounding target cells for an efficient bystander effect, has shown efficacy in several animal models of cancer, including glioblastoma^{55,56}, breast¹⁴ and prostate⁵⁷. Human NSCs harnessing the CE–irinotecan system have proved to be effective in preclinical models of ovarian and lung cancer, as well as medulloblastoma^{58–60}.

Stem cells as nanoparticle carriers

Nanoparticle delivery systems are able to contain high concentrations of often insoluble chemotherapeutic reagents, while protecting them from degradation by the harsh biological environment. Furthermore, the surface of nanoparticles can be modified to alter properties such as stability, solubility and targeting⁶¹. Although this technology offers considerable delivery benefits, using nanoparticles *in vivo* has been challenging owing to their efficient clearance, inefficient dissemination in solid tumours and failure to target micrometastatic lesions⁶¹. One approach to overcome these barriers is to use SCs as nanoparticle delivery agents62. SCs can be loaded with nanoparticles and administered *in vivo*, where they can migrate towards malignancies and deposit the loaded nanoparticles close to the tumour⁶³. Although this 'Trojan horse' principle is conceptually straightforward, its successful implementation requires much technical consideration, including establishing an efficient means to load SCs without affecting their intrinsic properties, and controlling the release of nanoparticles from the SC to ensure sustained and targeted therapy (FIG. 1c). One novel approach is to load the cell membrane of MSCs with porous silica 'nanorattles' containing doxorubicin64. These loaded MSCs were shown to migrate towards and induce apoptosis in intracranial tumours more efficiently than injection of doxorubicin alone⁶⁴. More frequently, strategies rely on the passive and/or calveolin- or clathrin-assisted uptake of nanoparticles into SCs63. Once at the tumour site, nanoparticles are released from the SC, either as a result of membrane rupture caused by cytosolic accumulation, or by facilitating death using an external source such as photoinduction^{65,66} or inducing hyperthermia⁶⁷. Combining

nanoparticle-based therapeutics with SC delivery is a nascent partnership that warrants further investigation for the treatment of cancer.

Stem cells loaded with oncolytic virus

Oncolytic viruses have the ability to selectively replicate in and kill tumour cells while sparing healthy cells⁶⁸. However, their therapeutic efficacy is confounded by clearance of the virus by host defence mechanisms following systemic administration and insufficient viral spread following intratumoural administration. In an effort to improve delivery of oncolytic virus therapeutics and circumvent antiviral immunity, several studies have explored the possibility of using SCs as delivery vehicles^{69–72} (FIG. 1d). Different SC types have been used as host cells for the transportation and local release of intact replicating oncolytic adenoviruses administered systemically or intratumourally into murine models of ovarian cancer⁷⁰, metastatic breast cancer⁷³ and glioblastoma^{74–76}. MSCs have recently been shown to function as effective carriers to deliver attenuated oncolytic measles virus to ovarian tumours⁷⁷ and human hepatocellular carcinoma⁷⁸, which would otherwise be quickly neutralized by pre-existing antiviral antibodies. Many of these studies have shown selective localization of oncolytic virus-loaded SCs to tumour xenografts and subsequent infection of tumour cells, resulting in reduced tumour volumes and a significant increase in the median survival of treated animals^{70,73–78}.

Oncolytic HSV (oHSV) has been modified for tumour-selective replication and is inherently neurotropic, which makes it a promising candidate for brain tumour therapy 68.79 . Although Phase I and Ib clinical trials using oHSV for treating malignant glioblastoma post-tumour resection have shown antitumour activity, clinical response rates have been suboptimal $80-82$. This could be attributed to the secondary bleeding caused by surgical intervention, causing an influx of cerebrospinal fluid into the resection cavity and a 'washing-out' of the oHSV. In a recent study, we loaded human MSCs with oHSV and showed that they effectively produced oHSV progeny, increased antitumour efficacy in a clinically relevant glioblastoma model and prolonged median survival in mice, compared to direct injection of purified oHSV^{83} . SC delivery of oncolytic virus has proved to be effective in several preclinical cancer models, and the challenge is to ensure absolute safety of the viral system to avoid complications in its clinical translation.

Potentiating stem cell efficacy

Various strategies have been applied to SCs to enhance their therapeutic potential (FIG. 2). These approaches have been categorized with respect to whether they augment intrinsic SC properties, function in combination with secreted factors to enhance antitumour efficacy or improve the delivery of SCs.

Enhancing innate stem cell behaviour

To maximize the success of SC-based therapies, it is crucial that they survive *in vivo* until the entire cancer has been eliminated and that they successfully migrate towards malignancies. Much effort is being spent in attempting to enhance these characteristics (FIG. 2a). As discussed earlier, allogeneic SCs are somewhat immune-evasive but are still rejected

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in an immunocompetent recipient, thereby limiting their therapeutic potential¹⁰. Torikai and colleagues⁸⁴ used zinc finger nucleases to genetically edit human leukocyte antigen (HLA) class I in ESCs and demonstrated that these cells could escape lysis from HLA-restricted cytotoxic T lymphocytes. Indeed, the rapidly expanding use of genome editing technologies could be systematically applied to create genetically engineered allogeneic SCs with improved immune-evasive capabilities $85,86$. To prevent immune rejection of ESC-derived allografts, cytotoxic T lymphocyte-associated protein 4 (CTLA4)–immunoglobulin and programmed cell death 1 ligand 1 (PDL1) knock-in human ESCs (hESCs) were created to simultaneously disrupt T cell co-stimulatory pathways and activate T cell inhibitory pathways87. Interestingly, neither modification on its own conferred immune protection to hESC derivatives *in vivo*, and this highlights the necessity of a multifaceted approach to immune evasion.

Complementing the genetic manipulation of SCs is an abundance of non-genetic approaches that rely on the surface binding or intracellular loading of SCs with effector moieties. These are either directly immunosuppressive or modify the behaviour of the SC such that it adopts immunosuppressive qualities. For example, human MSCs can be loaded with microparticles containing chemicals that impart particular cellular characteristics to the targeted cells modifying attributes such as secretion rate, differentiation potential and proliferative properties. Furthermore, surrounding cells can be influenced via a paracrine mechanism, opening up the possibility of driving an entire SC or stromal cell population towards a desired immunosuppressive phenotype^{88,89}. Proteins that are conjugated to cell-penetrating peptides have recently been used to efficiently introduce genes of interest into SCs to manipulate their behaviour, thereby offering an additional tool to the SC-engineering repertoire³².

Enhancing the tumour-tropic potential of SCs has been achieved in various ways, many of which are built on augmenting migratory signalling pathways that already exist in the cell. Overexpressing chemokine receptors in SCs has proved to be successful in increasing chemokine-directed migration towards intracranial gliomas^{20,90,91}. Recently, haematopoietic stem and progenitor cells were primed with cationic peptides to enhance their mobilization and homing, even in the presence of low SDF1 gradients⁹². The use of epigenetic modifiers was shown to promote tumour tropism of MSCs towards cancer cells *in vitro*⁹³. In this study, histone deacetylase (HDAC) inhibitors were applied to MSCs, resulting in the upregulation of uPA expression and enhanced tumour-tropic behaviour⁹³. It will be interesting to see whether these results, and promising *in vitro* experiments in general, can be translated to animal models. If so, the 'priming' of SCs with epigenetic modifiers or other modifying agents to enhance their homing abilities might have substantial clinical potential. Additionally, several groups have shown that SC tropism can be boosted by locally irradiating tumours, directed by inflammation within injured tissues $94,95$. This has clinical implications; as solid tumours in humans are often treated using radiotherapy, the tumourtargeting response of SC therapies following radiotherapy might also be improved as a convenient side-effect.

Enhancing stem cell efficacy using combination therapies: to sensitize or synergize?

Cancers comprise a heterogeneous population of cells that are genetically and epigenetically unstable 96 . In addition, cancerous cells can acquire resistance to chemotherapeutic agents, either intrinsically or during their evolution (acquired resistance), making it unlikely that a monotherapy would eradicate the disease 97 . Using a combination approach can provide a more effective means to treat malignancies (FIG. 2b). One strategy is to create SCs that simultaneously express and secrete different therapeutic agents that target multiple cancer pathways. Although the appropriate selection of tumour-specific targets and subsequent SC manipulation can be technically challenging, there are a growing number of studies using bimodal SCs or SCs that secrete bifunctional molecules. Examples of bimodal SCs include combining HSV-tk therapy with TRAIL in glioblastoma models⁵⁵ and CD with IFN β in glioblastoma³⁷ and breast cancer⁹⁸ models in mice. Bifunctional proteins that are able to target multiple antitumour pathways include a fusion of the pro-apoptotic TRAIL protein to an EGFR-specific nanobody (ENb; a small antibody fragment) to create an immunoconjugate (ENb–TRAIL) that can concurrently inhibit tumour growth and elicit apoptosis35. We have shown that delivery of ENb–TRAIL by NSCs significantly decreased tumour burden and prolonged survival in mouse models of highly malignant glioblastoma³⁵. A similar strategy was used by engineering human umbilical cord MSCs to secrete a CD20 specific single chain Fv antibody fragment fused to TRAIL (scFvCD20–TRAIL)⁹⁹. MSC delivery of scFvCD20–TRAIL was more efficacious than MSC delivery of TRAIL alone in a mouse model of non-Hodgkin's lymphoma because it concomitantly inhibited proliferation and induced apoptosis specifically in cancer cells⁹⁹.

To increase the effectiveness of SCs delivering a single therapy, many studies have combined an additional agent that synergizes with the SC therapy or sensitizes an otherwise resistant population to the locally delivered biological agent. For example, various classes of drug have been shown to synergize with SC-delivered TRAIL to potentiate its p53 independent pro-apoptotic mode of action. These include proteasome inhibitors such as bortezomib, HDAC inhibitors, genotoxic drugs such as cisplatin, the PI3K–mTOR inhibitor PI-103, short hairpin RNA (shRNA) and microRNA inhibitors^{33,100}. Understanding the molecular mechanisms that underlie sensitization to TRAIL is complex and dependent on the exact mode of action of each agent. However, upregulation of death receptors, inhibition of apoptotic inhibitor proteins and activation of p53-dependent apoptosis can all contribute to this combination effect³³. In another study, combining human bone marrow-derived MSCs expressing HSV-tk with valproic acid was shown to enhance the bystander effect by increasing the expression of gap junction proteins connexin 43 (also known as gap junction α1) and connexin 26 (also known as gap junction β2), thereby allowing enhanced cellular transmission of GCV-monophosphate in culture56. This response was translated *in vivo*; mice treated with valproic acid and GCV had significantly longer survival compared with mice treated with GCV alone⁵⁶.

For SC therapies to be translated into the clinic, they must initially be incorporated into the current standard of care. Patients with glioblastoma are often treated by maximal surgical resection followed by ionizing radiation and temozolomide. Kim *et al.*101 demonstrated that MSCs expressing TRAIL were actually more effective at killing malignant glioblastoma in

the presence of temozolomide. In another study, NSCs carrying an oncolytic virus were applied to a glioblastoma model in combination with radiation and temozolomide¹⁰². This combination was shown to prolong the survival of mice bearing patient-derived glioblastoma xenografts. Interestingly, when NSCs were administered prior to (instead of after) radiotherapy and temozolomide treatment, median mouse survival was increased by 30% (REF. 102). This result was attributed to the sensitizing effect of the oncolytic virus on glioblastoma cells towards radiotherapy, and it shows the importance of testing SC therapies within the context of the current standard of care for a given cancer.

Novel deployment of stem cells: encapsulation

The route of delivery can have a profound effect on the survival and antitumour efficacy of therapeutic SCs *in vivo*. For example, intranasal delivery of SCs is emerging as a novel noninvasive means for the treatment of brain tumours^{103,104}. Another innovative strategy is the encapsulation of SCs that are implanted *in vivo* in tumour-bearing mice (FIG. 2c). Biodegradable hydrogels and synthetic extracellular matrix (sECM) materials composed of hyaluronic acid, alginate, agarose and other polymers allow encapsulation of cells within biocompatible and semipermeable scaffolds¹⁰⁵. Owing to their ability to provide effective *in vivo* cell retention and a physiological environment that promotes cell survival and prevents immune responses, biodegradable hydrogels have been used to encapsulate SCs in various rodent cancer models^{106–108}. Reagan *et al.*¹⁰⁹ demonstrated the utility of encapsulating MSCs that were engineered to express TRAIL in porous, biocompatible silk scaffolds. Encapsulated MSCs expressing TRAIL were shown to reduce primary breast tumour growth and were also effective in mouse models of bone, lung and liver metastases¹⁰⁹. Matrigelencapsulated MSCs that were engineered to express modified IL-12 showed significant antitumour effects compared to non-encapsulated MSCs expressing modified IL-12 when they were administered intratumourally in mouse models of melanoma46. As the blood– brain barrier and vascular dysfunction in the tumour microenvironment are major impediments for the efficient delivery of therapeutic molecules to brain tumour cells, SC encapsulation is an important prospect for harnessing on-site delivery of tumour-specific agents. We have investigated a new approach to the treatment of glioblastoma by encapsulating therapeutic SCs in glioblastoma resection xenograft mouse models that recapitulate the clinical scenario of surgical debulking of glioblastoma¹¹⁰. Encapsulation of mouse and human MSCs and NSCs in sECM was shown to increase their retention in the resection cavity and permitted tumour-selective migration from the gel. Furthermore, when sECM-encapsulated SCs expressing pro-apoptotic TRAIL protein, or infected with oHSV– TRAIL, were placed in the glioblastoma tumour resection cavity, significantly increased survival of the mice was observed compared to resected mice implanted with encapsulated non-therapeutic $SCs^{83,110}$. Collectively, these studies show the potential of SC encapsulation in preclinical studies and provide a platform for clinical translation in a broad spectrum of resected cancers.

Imaging stem cell fate and efficacy

To aid the clinical translation of SC-based therapies, it is necessary to determine their survival, fate and therapeutic efficacy once delivered to the patient. Several imaging

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modalities can be used to image SC behaviour *in vivo*. Optical imaging approaches have been used to assess various SC characteristics when implanted within small-animal cancer models. SCs that are engineered to stably co-express fluorescent and bioluminescent reporter constructs can be visualized using dual bioluminescence and intravital fluorescence microscopy^{34,110}. When tumours are additionally labelled, it is possible to longitudinally image the whole process of tumour formation, SC migration and tumour killing. Subsequent histological analysis permits SC localization at a cellular level, making this a powerful approach^{15,34,110}.

When moving to larger animal models or humans, optical imaging techniques are limited by the depth of tissue penetration, necessitating the need to explore other non-invasive imaging modalities. The bulk of these studies are currently being tested in mouse xenograft models. For example, magnetic resonance imaging (MRI) has been used to detect SCs that have been loaded with superparamagnetic particles to determine tumour tropism and therapeutic $impack^{111–114}$. MRI detection of ferumoxytol-labelled human NSCs demonstrated their safety, feasibility and usefulness in mice, and contributed to the US Food and Drug Administration (FDA) allowing the investigation of this method in a first in human Phase I clinical trial ([ClinicalTrials.gov](http://clinicaltrials.gov/) identifier: [NCT01172964\)](http://clinicaltrials.gov/ct2/show/NCT01172964?term=NCT01172964&rank=1) ¹¹⁴. Positron emission tomography (PET) has also been applied to measure SC fate and systemic distribution¹¹⁵. Interestingly, HSV-tk can be used as a marker for PET imaging in combination with various radioactive substrates, and SCs expressing this gene have been non-invasively imaged at high resolution^{55,116}. As new contrast agents are developed and imaging techniques are refined, the ability to record SC behaviour *in vivo* will continue to improve. This should result in a better biological understanding, which is necessary to improve the clinical success of SC-based therapies in the future.

Therapeutic stem cells in clinical trials

Despite the large number and diversity of preclinical studies using engineered SCs as therapeutic agents, their current use in clinical trials is rare. Of the existing trials, the majority involve treatment of recurrent glioblastoma, possibly reflecting the dire prognosis of this disease and the need to test novel approaches. A handful of trials are currently or will shortly be testing MSCs or NSCs that are modified to have active antitumour activity. Genexine, Inc. are sponsoring [NCT02079324](http://clinicaltrials.gov/ct2/show/NCT02079324?term=NCT02079324&rank=1), which intends to establish the safety and efficacy of MSCs expressing IL-12 (GX-051) that are administered intratumourally in patients with advanced head and neck cancer. Garcia-Castro and colleagues⁶⁹ explored the safety and efficacy of infusing several doses of autologous MSCs loaded with oncolytic adenovirus (ICOVIR-5) in four children with metastatic neuroblastoma who were resistant to front-line therapies. A complete clinical response was documented in one case, with the child in remission for three years post-therapy. In another trial, allogeneic immortalized NSCs that are modified to express CD are being tested in recurrent glioblastoma [\(ClinicalTrials.gov](http://ClinicalTrials.gov) identifier: NCT01172964). Following surgical resection of the tumour mass, modified NSCs are injected into the resection margins and patients are treated with the oral prodrug 5-FC. Although this trial is ongoing, two more complementary trials have been approved that combine therapy with NSCs expressing CD with either leucovorin calcium [\(ClinicalTrials.gov](http://ClinicalTrials.gov) identifier: [NCT02015819](http://clinicaltrials.gov/ct2/show/NCT02015819?term=NCT02015819&rank=1)) or irinotecan hydrochloride

[\(ClinicalTrials.gov](http://ClinicalTrials.gov) identifier: [NCT02055196](http://clinicaltrials.gov/ct2/show/NCT02055196?term=NCT02055196&rank=1)) to further sensitize glioblastoma cells. These trials are not yet recruiting patients and are probably awaiting results from the initial trial regarding the safety and efficacy of this approach.

Perspectives

Considering the extensive success of anticancer SCs in preclinical studies, why is there such a paucity of clinical trials using these cells? As witnessed by the protracted integration of other cutting-edge treatments into clinical practice, nascent therapeutic technologies require considerable understanding of fundamental mechanisms before they can be delivered with confidence. Although the ability to phenotypically tailor and image SCs has entered an exciting phase in the laboratory, their clinical translation is lagging. Even reaching a consensus on precisely defining the characteristics of a given type of SC has hindered progress¹¹⁷. As safety is of paramount importance, concerns should be resolved and clinical trials should proceed with due caution TABLE 2).

A greater biological understanding of patient-derived tumours will improve the chances of therapeutic success by yielding new therapeutic targets and enabling mechanism-based SC therapies to be developed in response to a specific cancer profile¹¹⁸. Instead of stratifying patients with respect to a given therapy, the therapeutic SC itself could be engineered for optimal efficacy. The implementation of clinically relevant animal models would aid in the systematic testing and refining of SC-based therapies. Currently, models typically rely on the orthotopic introduction of established human cancer cell lines in an immunocompromised host. This situation poorly reflects the clinical scenario, especially if the therapy has an immunomodulatory component. Although no perfect animal models exist, caveats should be minimized. Using genetically engineered mouse models in which tumours arise *in situ*, or incorporating patient-derived tumours and/or introducing surgical resection into solid tumour studies in mice are approaches that might hold more validity and should be explored.

To conclude, SC-based antitumour therapies offer tremendous promise for the treatment of cancer. Although patients that are refractory to the current standard of care may well benefit from this novel approach, eagerness to rush through clinical trials might jeopardize their health and the integrity of the SC field. Preclinical fervour should be tempered with caution during this precarious phase, and clinical trials should be carefully considered and have rigorous scientific backing.

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Box 1 | The safety of stem cells

Stem cells (SCs) have two important properties: the ability to self-renew and differentiate into specialized cell types and the capacity to home towards sites of pathology and malignant lesions. Although these features are very important from a regenerative standpoint, they present potential safety concerns when introduced into a recipient. Of particular concern is whether SCs promote the growth of certain tumours^{119–121} or indeed form tumours themselves^{122,123}. Non-immortalized adult SCs (such as mesenchymal SCs, neural SCs, haematopoietic SCs and endothelial SCs) provide fewer safety concerns than their immortalized counterparts (such as embryonic SCs and induced pluripotent SCs), especially when they are autologous and delivered into a similar niche from which they were derived. SCs that are engineered to express antitumour agents need rigorous testing to ensure that the SC has not been rendered tumorigenic. The incorporation of suicide genes into therapeutic SCs enables their controlled eradication, thereby providing a safety mechanism to alleviate this concern. Furthermore, many SC based therapies, including oncolytic virus and delivery of nanoparticles, result in the death of the SC upon release of the therapy, thereby effectively abolishing the possibility of any tumour formation or errant differentiation.

The advent of reprogramming technologies — the ability to convert a somatic cell into a pluripotent or multipotent SC — provides additional avenues for creating therapeutic patient-derived cells. Despite their huge potential, these cells tend to form teratomas in mice, which is a considerable clinical hurdle that must be overcome before these cells could be transplanted into patients, and overcoming this challenge is an area of intense research¹²⁴. This has already been achieved in the case of induced neural SCs that were created from human fetal fibroblasts and shown not to aberrantly proliferate when implanted into mice 125 . Clearly, these safety concerns need to be addressed to limit undue harm to the patient and to prevent a situation whereby the therapeutic SC exacerbates cancer progression. Careful selection of the SC type, the purity of the SC population and the effect of any modifications on the function of the SCs should be established in preclinical studies and facilitated by a thorough understanding of SC biology.

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Figure 1. Using stem cells (SCs) to promote tumour cell death

SCs can be modified in various ways to generate antitumour capabilities. **a** | SCs can be engineered to secrete therapeutic proteins that function directly on tumour cells or indirectly on cells of the tumour microenvironment. For example, tumour necrosis factor-related apoptosis-inducing ligand (TRAIL), epidermal growth factor (EGF) agonists or interferons (IFNα or IFNβ) can be secreted to function on death receptor 4 (DR4) and DR5, EGF receptor (EGFR) or IFN receptors (IFNRs), respectively. Alternatively, SCs can secrete stromal, immune or blood vessel effectors. **b** | SCs can be engineered to express a suicide gene encoding an enzyme (such as cytosine deaminase (CD), carboxylesterase (CE) or herpes simplex virus thymidine kinase (HSV-tk)) that converts a prodrug into a cytotoxin. This induces suicide of the SC, and cancer cells are killed by the bystander effect, a phenomenon that describes the movement of cytotoxin from the SC to adjacent cancer cells via a paracrine mechanism or gap junctions. The distant bystander effect describes the recruitment of host immune cells in response to death or inflammatory signals released from dying cells. **c** | SCs can be loaded with nanoparticles containing chemotherapy or imaging agents that are released in the vicinity of the tumour, either passively or in response to external stimuli. **d** | SCs can be infected with oncolytic viruses (OVs). OVs replicate within the SCs, which then rupture and release OV progeny that can infect cancerous cells and amplify infection. aaTSP1, anti-angiogenic thrombospondin 1; IL, interleukin; NK, natural killer; PEX, a fragment of matrix metalloproteinase 2.

Figure 2. Potentiating stem cell (SC) efficacy

Multiple strategies have been used to enhance the therapeutic potential of SCs. **a** | Immunoevasive and migratory properties can be enhanced using genetic and non-genetic approaches. For example, SCs can be genetically modified to decrease the expression of human leukocyte antigen (HLA) class I to reduce antigen presentation to T cell receptors (TCRs), cytotoxic T lymphocyte antigen 4 (CTLA4)–immunoglobulin (Ig) can be secreted to block T cell co-stimulation by CTLA4, and upregulation of programmed cell death 1 ligand 1 (PDL1) can also inhibit T cell stimulation. Non-genetic approaches to deliver immune-cell modifying proteins include conjugation of peptides to a cell-penetrating peptide (CPP) and delivery in microparticles or nanoparticles. Enhancing tumour tropism of SCs can be achieved by overexpressing chemokine receptors, upregulating gene expression using epigenetic modifiers, altering SC characteristics using cationic peptides and irradiating tumours. **b** | The efficacy of SC-delivered therapeutic payloads can be enhanced by engineering bispecific molecules that simultaneously target multiple receptors; for example, epidermal growth factor receptor (EGFR)-specific nanobody (ENb) bound to tumour necrosis factor-related apoptosis-inducing ligand (TRAIL), or a CD20 specific single chain Fv antibody fragment (scFvCD20) bound to TRAIL. Alternatively, bimodal SCs can be created that express a combination of two or more secreted therapeutics, suicide and/or reporter genes. **c** | SCs that secrete therapeutic agents (for example, interleukin 12 (IL 12), TRAIL or oncolytic herpes simplex virus (oHSV)) can be encapsulated in synthetic extracellular matrix (sECM) to increase their therapeutic effectiveness. DR, death receptor.

Table 1

Stem cell sources

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SC, stem cell.

Table 2

Hurdles on the way to the clinic

SC, stem cell.