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Bacterial lifestyle shapes the regulation of stringent response activation

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Abstract

Bacteria inhabit enormously diverse niches and have a correspondingly large array of regulatory mechanisms to adapt to often inhospitable and variable environments. The stringent response allows bacteria to quickly reprogram transcription in response to changes in nutrient availability. Although the proteins controlling this response are conserved in almost all bacterial species, recent work has illuminated considerable diversity in the starvation cues and regulatory mechanisms that activate stringent signaling proteins in bacteria from different environments. In this review we describe the signals and genetic circuitries that control the stringent signaling systems of a copiotroph, a bacteriovore, an oligotroph and a mammalian pathogen – Escherichia coli, Myxococcus xanthus, Caulobacter crescentus and *Mycobacterium tuberculosis*, respectively – and discuss how control of the stringent response in these species is adapted to their particular lifestyles.

Keywords

stringent response; niche; ppGpp; RelA; SpoT; stress response

The stringent response mediates bacterial adaptation to environmental stresses

The stringent response (SR) is a broadly conserved bacterial stress response that controls adaptation to nutrient deprivation, and is activated by a number of different starvation and stress signals. The molecular hallmark of this response is synthesis of the small molecules guanosine 5'-diphosphate 3'-diphosphate (ppGpp) and guanosine 5'-triphosphate 3' diphosphate (pppGpp) – together denoted (p)ppGpp - by RSH (Rel/Spo homolog) and SAS (small alarmone synthetase) proteins [1-3]. (p)ppGpp serves as a second messenger signal of the initial starvation or stress cue, and effects large-scale transcriptional change by binding directly to RNA polymerase in Gram-negative species [4, 5] and by altering the ratio of iNTPs in *B. subtilis* and likely other Gram-positive species [6, 7]. In general, (p)ppGpp

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downregulates transcription of genes encoding translational machinery and factors required for growth and division, and upregulates stress response genes [1, 2]. In addition to transcription, (p)ppGpp can also directly affect chromosome replication [8, 9] and alter the activity of certain enzymes that are involved in stress response [10, 11].

The SR was first described in *Escherichia coli*. However, RSH proteins exist in almost all species of bacteria, with the notable exception of some obligate intracellular pathogens and obligate symbionts [12, 13] which inhabit static microenvironments. Studies of SR in species from a range of environmental niches have demonstrated great diversity in the signals and conditions that activate (p)ppGpp synthesis (i.e. upstream signaling). There is also considerable variability in the means by which ppGpp alters cellular physiology in response to environmental change (i.e. downstream signaling), which is addressed in references [1, 2, 14-17].

RSH proteins are the most broadly conserved (p)ppGpp synthetases, and appear to be the primary enzymes responsible for (p)ppGpp accumulation during starvation. These proteins can be regulated on multiple levels: transcriptionally, *e.g.*, see the section below on *Mycobacterium tuberculosis* (Mtb); post-translationally via sensing the levels of available amino acids; and through direct protein–protein interactions, *e.g.* see the section below on *E. coli*. In many species, the cytosolic concentration of (p)ppGpp is additionally controlled by small alarmone synthetase (SAS) proteins, which consist only of a (p)ppGpp synthetase domain, and small alarmone hydrolase (SAH) proteins which contain only a hydrolase domain [12] (Figure 1). While SAH proteins have not been studied in bacteria, SAS proteins have been characterized in Bacillus subtilis, Streptococcus mutans, Enterococcus faecalis and *Vibrio cholerae* [18-21]. The SAS proteins studied in Gram-positive species produce low levels of (p)ppGpp during log phase growth and higher levels during specific stress conditions such as alkaline stress [21] and inhibition of select amino acyl-tRNA synthetases [20]. The *V. cholerae* SAS protein produces (p)ppGpp during carbon and fatty acid starvation but not amino acid starvation [19]. SAS and SAH proteins are likely responsible for modulating (p)ppGpp levels under a variety of stress conditions and, like RSH proteins, are probably regulated transcriptionally [20] and post-translationally.

In this review, we describe the diversity in upstream sensory events and in the genetic circuitries that control (p)ppGpp levels in the cell. We further discuss how the environmental niche occupied by a bacterium shapes the structure and logic of this upstream SR signaling, thus ensuring a starvation response that is tailored to a particular niche. Our review focuses specifically on four environmentally-distinct bacterial species: (i) the enteric commensal, *E. coli*; (ii) the soil-dwelling bacteriovore, *Myxococcus xanthus*; (iii) the freshwater oligotroph, *Caulobacter crescentus*; and (iv) the mammalian pathogen, Mtb.

The copiotroph E. coli

The observation that stable RNA synthesis in *E. coli* is restricted upon amino acid starvation [22] was among the first molecular-level regulatory phenomena described in bacteria. Early genetic analyses [23] identified a specific chromosomal lesion in an *E. coli* mutant strain [24] that was known to accumulate RNA even when starved for amino acids. This mutation was reported to "relax the stringency" of amino acid control on RNA synthesis [23], and

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was later determined to disrupt the *relA* gene, whose product synthesizes (p)ppGpp [25, 26]. Decades of subsequent studies have shown that this regulatory system responds to diverse types of starvation, and functions to modulate DNA replication [8, 27, 28], translation [29], acid stress enzyme activity [11], and remodel the transcription of a large proportion of the genome [30-32].

E. coli encodes two paralogous RSH enzymes, Rel_{EC} and SpOT_{EC} (Figure 1 and Box 1). SpoT both synthesizes and hydrolyzes (p)ppGpp [33, 34]; Rel A_{EC} is only capable of synthesis. Rel A_{EC} associates with the 70S ribosome [35] in nutrient-replete conditions [36]. Upon amino acid starvation, uncharged tRNAs accumulate, enter the ribosomal A site and stall translation. This results in RelA dissociation from the ribosome [36] and initiation of (p)ppGpp production [37]. Thus, RelA_{EC} is sensitive to starvation for any single amino acid. $SpoT_{EC}$ hydrolase activity is repressed when bound to free uncharged tRNAs (i.e. not associated with the ribosome) [38], and through association with the G-protein CgtA [39, 40]. Unlike $RelA_{EC}$, SpoT_{EC} does not synthesize (p)ppGpp in response to starvation for any single amino acid, but in response to shortages of multiple amino acids; the mechanism controlling this response is unknown [41]. Lipid starvation directly activates (p)ppGpp synthesis by $SpoT_{EC}$ [42]. Holo-acyl carrier protein (Acp-4'-phosphopantetheine), which shuttles growing lipid chains during fatty acid biosynthesis, binds to $SpoT_{EC}$ and induces (p)ppGpp synthesis [43]. The $SpoT_{EC}$ activating signal may be the lipid-free form of holo-Acp [43, 44]. SpoT_{EC} also catalyzes (p)ppGpp accumulation in response to phosphate [45] and iron [46] starvation through unknown mechanisms (Figure 1A).

 $ReIA_{EC}$, SpoT_{EC} and other bacterial RSH enzymes contain (p)ppGpp synthetase and hydrolase domains within their N-terminal half. Two conserved domains, known as ACT and TGS, positioned C-terminal to the enzymatic domains, are important for regulation of (p)ppGpp levels in the cell [47, 48] (Figure 1). The TGS domain is required for interaction between holo-Acp and $SpoT_{EC}$ [43]. The ACT domain in RelA $_{EC}$ is required for detection of amino acid starvation via ribosomal protein L11 [48]. Between Rel_{EC} and Sp_{TC} , *E. coli* upregulates production of (p)ppGpp in response to starvation for amino acids, carbon, nitrogen, fatty acids, phosphate and iron [2].

Studies on *E. coli* have determined the signaling inputs, transcriptional and other outputs, and many of the mechanistic details of stringent response activation and regulation. While some results from *E. coli* studies appear to be general, it is increasingly clear that the stringent response systems of many other species have divergent signaling inputs and mechanisms of regulation. It is probably best to consider the stringent response system in *E. coli* as an adaptation to its specific nutritional lifestyle, which may involve abrupt transitions from the mammalian gut to more nutrient-limited aquatic and soil environments [49] (Figure 2A). This system - in which (p)ppGpp accumulates quickly upon starvation for any single nutrient - causes rapid cessation of cell growth, activation of the stress response, and metabolic slowing [30-32]: adjustments for what is likely to be a life-long stay in a nutrientlimited environment [49].

The presence of two RSH genes, which are regulated by different starvation and stress signals, may simply function to expand the repertoire of signals to which this species can

respond. This arrangement of RSH genes is found in most γ- and β-proteobacteria with diverse lifestyles, so it does not seem that having two RSH genes is necessarily an adaptation to the particular copiotrophic lifestyle of *E. coli*. We propose that γ- and βproteobacteria in different niches likely respond to different subsets of starvation signals.

The bacteriovore M. xanthus

M. xanthus is a δ-protobacterium that lives in soil, feeds upon other bacteria and forms multicellular, spore-forming fruiting bodies upon nutrient exhaustion. *M. xanthus* gradually depletes available nutrients locally, rather than being abruptly excreted into a nutrientlimited environment. The RSH protein of M , xanthus (Rel_{MX}), which is predicted to be bifunctional [50] (Figure 1), synthesizes (p)ppGpp upon amino acid [51], glucose and ammonium starvation, and is tetracycline-sensitive and therefore presumed to be ribosomedependent [52]. *relMX* mutants are unable to aggregate into fruiting bodies and to form spores upon nutrient exhaustion when grown in monoculture on simple growth medium [51]. The developmental process in *M. xanthus* involves two intercellular signaling programs that depend upon (p)ppGpp: A-signaling which responds to cell density, and Csignaling which coordinates aggregation later in development [53, 54].

There are two necessary conditions to initiate *M. xanthus* spore development: nutrient limitation and high cell density [55]. Rel_{MX} detects limitation of amino acids, carbon, nitrogen or phosphate [51, 52, 56]. (p)ppGpp activates the *asg* (A-signal generating) genes [51] that control expression or export of extracellular proteases that degrade extracellular proteins to release A-signal: a mixture of amino acids and peptides at concentrations above 10 μM [55, 57] (Figure 2B). At low cell density, A-signal remains below 10 μM, and the genes required for fruiting body development and sporulation are not expressed [55]. Once sufficient (p)ppGpp and A-signal have accumulated, the sporulation developmental program can continue (Figure 2B). However, (p)ppGpp signaling and A-signaling are ultimately in conflict: amino acids that accumulate as A-signal can serve as a nutrient source, which could suppress (p)ppGpp synthesis, halt the development of spores, and restore vegetative growth.

To resolve this signaling conflict, *M. xanthus* encodes a Rel_{MX} signal override system that maintains high (p)ppGpp levels throughout spore development despite the rise in available amino acids during A-signaling. (p)ppGpp synthesis is suppressed by SocE and activated by CsgA in the absence of SocE (Figure 2B). CsgA ensures elevated (p)ppGpp levels throughout development, so that available nutrients are used to complete sporulation and not encourage vegetative growth [58]. *csgA* transcription is activated by (p)ppGpp, forming a positive feedback loop that allows for continued (p)ppGpp synthesis even when nutrient levels temporarily rise [59] (Figure 2B). *socE* transcription is repressed by (p)ppGpp such that SocE levels are low during sporulation, permitting continued (p)ppGpp synthesis [58, 59].

It is not yet clear how SocE and CsgA regulate Rel_{MX} activity. These proteins may bind the Rel_{MX} protein itself and modulate its activity directly. Alternatively, SocE and CsgA may modulate expression of Rel_{MX}. (p)ppGpp levels in *M. xanthus* appear to be sensitive to the concentration of Rel_{MX} : overexpression of Rel_{MX} alone results in increased steady-state

levels of (p)ppGpp [51], and a strain with reduced rel_{MX} transcription has lower levels of (p)ppGpp and corresponding defects in spore development [60].

Studies of the *M. xanthus* SR have revealed a complex override system in which the signals and signaling proteins that control (p)ppGpp synthesis by Rel_{MX} are regulated as a function of the developmental state of the bacterium. In this way, the SR signaling system has been 'wired' to suit the developmentally-complex lifestyle of this spore-forming bacterium. We hope that future work will elucidate the molecular mechanism by which the *M. xanthus* regulatory proteins SocE and CsgA function to modulate SR signaling in this species.

The freshwater oligotoph C. crescentus

C. crescentus is an α-proteobacterium that inhabits oligotrophic (*i.e.*, nutrient-poor) freshwater. This species experiences nearly constant nutrient deprivation, and has a number of adaptations that promote survival in its oligotrophic niche including (i) a membranous stalk and adhesive holdfast, which facilitate attachment to available nutrient sources; (ii) a dimorphic life cycle in which nutrient-seeking and cell growth functions are separated into different cell types; and (iii) a broad array of environmental sensing and regulatory systems. The sensory system that has the most profound effect on gene expression is the SR. We now know that the *C. crescentus* SR system is adapted to oligotrophy in both the signals it detects, and in the way it modulates cell development [28, 61-64].

C. crescentus encodes a single, bifunctional RSH protein [28] which we refer to as Rel_{CC} in this review. Although Rel_{CC} binds the ribosome and its activity is tetracycline-sensitive [61], it does not synthesize (p)ppGpp in response to starvation for any single amino acid or upon deprivation of multiple amino acids [61, 65]. However, (p)ppGpp synthesis by Rel_{CC} is activated upon general carbon or nitrogen starvation. Given that both carbon and nitrogen starvation result in amino acid limitation, and that ribosome poisons interfere with Rel_{CC} activity, it was predicted that amino acid starvation was a necessary, but insufficient signal for SR activation in *C. crescentus*. Analysis of (p)ppGpp accumulation in the presence of tetracycline and in a glucose auxotroph strain determined that full activation of the *C. crescentus* SR requires both amino acid starvation and an additional carbon or nitrogen starvation signal [61]. One activating signal is most likely an uncharged tRNA in the A site of the ribosome, as is the case for RelA_{EC} . The second signal is one of two unknown Rel_{CC} activating signals elicited by either carbon or nitrogen starvation (Figure 2C). Rel $_{\rm CC}$ therefore functions as an AND logic gate that requires two activating signals. This stands in contrast to the stringent response of *E. coli*, which functions as an OR logic gate that can be activated by several single starvation signals.

The dimorphic cell cycle of *C. crescentus* is an adaptation to oligotrophy. This cell cycle program separates nutrient seeking and cell division functions into two distinct cell types. A chemotactic, but non-reproductive swarmer cell transitions irreversibly into an amotile and reproductive stalked cell. The amotile stalked cell then spawns a daughter swarmer cell (Figure 2C). Nutrient limitation biases the *C. crescentus* cell cycle to a longer swarmer cell lifetime [62, 64], which increases the probability of a swarmer cell finding a more optimal environment before differentiating into a reproductive stalked cell. This nutrient-dependent effect on developmental timing is mediated in part by the effect of (p)ppGpp on the

expression and stability of regulatory proteins that control differentiation of the swarmer cell into a stalked cell [28, 62]. The stringent response and development are further integrated at the level of Rel_{CC} activity: swarmer cells accumulate higher levels of (p)ppGpp than stalked cells [62] (Figure 2C). The mechanism controlling this differential sensitivity to starvation is unknown, but it seems likely that bias in the rate of (p)ppGpp accumulation upon starvation is an important determinant of the different responses of the two *C. crescentus* cell types to nutrient limitation.

 Rel_{CC} is capable of integrating information from a range of environmental signals including amino acid and carbon or nitrogen availability, as well as signals informing the developmental state of the cell. The logic of *C. crescentus* SR activation and the differential (p)ppGpp accumulation in swarmer versus stalked cells are likely adaptations to the oligotrophic niche of *C. crescentus*. This species grows and divides in environments that would likely not sustain prolonged growth of copiotrophs such as *E. coli*. AND-type control logic of the *C. crescentus* SR likely ensures that this species can continue slow growth even if one class of nutrient is temporarily limiting.

The mammalian pathogen Mtb

Mtb is a pathogenic actinomycete that causes tuberculosis. This species can remain dormant in granulomatous lesions in healthy lungs for years or decades, only to revive and cause disease in a subset of patients. The extraordinary ability of Mtb to survive for long periods in the oxygen-and nutrient-limited granuloma is facilitated by the SR [66, 67] and possibly also by entry of cells into what is known as a 'persister' state - wherein a subset of cells in a population transition into a phenotypically distinct state characterized by growth stasis and antibiotic tolerance.

The SR in Mtb is controlled by a single, bifunctional RSH enzyme, Rel_{Mth} . Mycobacteria accumulate (p)ppGpp in carbon and total starvation, in the presence of the respiration inhibitor sodium azide [68], and in response to the valine synthetase inhibitor D,L-norvaline [69]. Phosphate starvation [70], hypoxia, and activation of the alternative sigma factor, σ^{E} [71], increase *rel_{Mtb}*transcription, which is a means of upregulating (p)ppGpp synthesis. In addition, polyphosphate – long chains of inorganic orthophosphate – is involved in SR activation in mycobacteria. This stands in constrast to several other species, where polyphosphate levels are regulated downstream of (p)ppGpp [10, 61, 62].

In the related model mycobacterium, *M. smegmatis*, polyphosphate is synthesized by the enzyme polyphosphate kinase (Ppk); *ppk* null strains have reduced survival under starvation and hypoxia [71]. The survival defect of a *ppk* strain is likely determined in part by an indirect effect of Ppk on *relMS* transcription. Specifically, polyphosphate functions as a phosphodonor to the stress-responsive sensor histidine kinase, MprB, which transfers its phosphoryl group to the response regulator, MprA. MprA~P activates transcription of *sigE*, which activates transcription of *relMS* (Fig. 2D) [71]. Thus, *sigE* and *relMS* expression are indirectly responsive to polyphosphate levels, which increase under stress conditions. Genetic disruption of the gene encoding exopolyphosphatase (*ppx*), which catalyzes the breakdown of polyphosphate, results in high levels of polyphosphate and elevated expression of *sigE* and *relMS*; this is correlated with slowed growth and increased tolerance

to the antibiotic isoniazid [72], phenotypes that are hallmarks of persister cells. Thus, there is evidence that polyphosphate is an upstream determinant of mycobacterial persistence phenotypes that functions through Rel.

The transcriptional network that controls *relMS* expression via polyphosphate has positive feedback topology, in which MprA~P activates its own transcription (Figure 2D). This contributes to a bistable distribution in *relMS* expression among *M. smegmatis* cells, in which cells either exhibit high or low expression [73]. Stochasticity in *ppk* expression contributes to the maintenance of two populations of cells: those that express high levels of *relMS* and are thought to be more likely to exhibit a persister cell phenotype, and those with low *rel_{MS}* expression that are likely biased toward growth [73].

Mycobacteria have no flagella, limited motility and are apparently incapable of directed movement up or down nutrient gradients. Instead of spatially sampling their environment via chemotaxis, subpopulations of mycobacteria cells temporally sample their environment by entering a dormant state during stress. This strategy is aided when a population of cells can exist in at least two distinct physiological states. In one subpopulation cells are primed for growth; a second subpopulation exists in a growth-arrested and stress- and antibioticresistant state known as persistance. A complex signaling circuit causing bistable *rel* expression of may link the SR to the control of persister cells within the population, thereby facilitating Mtb adaptation to an inhospitable host niche.

Concluding remarks

While this review primarily focuses on variation in upstream control features of SR signaling between four species, it is important to note that we expect many aspects of the SR are broadly conserved among bacteria. The mechanism by which RelA_{EC} detects amino acid starvation through ribosome stalling is apparently similar in most species with RSH proteins, though the signaling logic may vary, as described for *C. crescentus*. It also seems likely that, for example, holo-Acp will regulate RSH proteins in other bacteria, as lipid starvation is a general activator of (p)ppGpp synthesis in many genera.

Unusual upstream control features of SR activation have been documented in only a few species, most notably the ones described here. However, there is evidence that a number of other bacterial species have SR systems that differ from the archetypal *E. coli* system, both in terms of 'activating' environmental signals and in the regulatory logic that controls the SR. For example, a number of species are reported to be irresponsive to amino acid starvation, including *Rhodobacter sphaeroides, Sinohizobium meliloti,* and*Helicobacter pylori* [74-79]. *R. sphaeroides*, a photosynthetic α-proteobacterium, produces (p)ppGpp upon transition from light to dark [76]. The molecular details of SR regulation in these and other species remain largely undefined. While the genetic components of the SR regulatory system are broadly conserved, it is clear that the ecological niche and lifestyle of a bacterium has a profound influence on not only the regulatory output, but also on what signals and combinations of signals activate the SR.

There are several outstanding questions in the study of signal detection by SR regulatory systems. Perhaps most important is the question of how the enzyme activities of RSH

proteins are regulated at the molecular level. The direct control of $SpoT_{EC}$ by holo-Acp is a nice example of post-translational control of an RSH protein, but the wide range of signals that activate (p)ppGpp synthesis by RSH proteins suggests there are multiple modes of posttranslational regulation. The recently-discovered SAS and SAH proteins will likely prove to be important in modulating (p)ppGpp levels in diverse ways; how the synthetase and hydrolase activities of these proteins are regulated is yet another important question in the field.

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Box 1. A note on nomenclature

To avoid confusion we follow the suggested naming convention of Hauryliuk and colleagues [12] for this review. We use the name Rel followed by a genus and species subscript for the ancestral bifunctional enzymes (i.e. those possessing synthase and hydrolase activities). *E. coli* encodes two paralogous enzymes derived from Rel gene duplication: RelA (synthase activity only) and SpoT (synthase and hydrolase activities). Per convention for species encoding such paralogs [12], we use the names $ReIA_{EC}$ and SpoT_{EC} when discussing the enzymes of *E. coli*.

Figure 1. Domain structure of RSH proteins

All RSH proteins contain – from N to C terminus – (p)ppGpp hydrolase, (p)ppGpp synthetase, TGS (conserved in Threonyl-tRNA synthetases, GTPases and SpoT) and ACT domains (conserved in many proteins involved in small molecule metabolism; the ACT domain usually binds an amino acid or small molecule that allosterically regulates enzyme activity) [80]. The hydrolase domain of RelA_{EC} contains sequence polymorphisms (indicated by vertical black line) that render it enzymatically inactive. We note there are several sites of sequence variation that distinguish RelA_{EC} , SpoT_{EC} and bifunctional Rel proteins besides the active sites of the catalytic domains; these are discussed in reference [12].

Figure 2. Lifestyle and stringent response (SR) signaling in four bacteria

Key events in SR activation signaling are diagrammed on the left; lifestyle transitions that affect SR signaling are diagrammed on the right. Arrowheads indicate positive regulation, perpendicular lines indicate negative regulation. *A)* In *Escherichia coli*, several starvation signals can individually activate the SR via either $ReIA_{EC}$ or $SpoT_{EC}$. $ReIA_{EC}$ is activated at the ribosome when translation is halted due to the entry of an uncharged tRNA in the A site. $SpoT_{EC}$ is activated in lipid starvation through interactions with holo-acyl-carrier protein (Acp) and by several different starvation signals via unknown mechanisms. *E. coli* transitions from the nutrient-rich mammalian colon to nutrient-poor soil or aquatic environments; though it may also experience smaller variations in nutrient availability within these environments. In nutrient-rich conditions, cells are large and contain multiple replication forks, in nutrient-poor conditions cells are smaller and contain either one or zero replication forks. *B) Myxococcus xanthus* encodes a signal override system, involving both positive (CsgA) and negative (SocE) feedback loops, in its SR activation pathway that allows information about cell density and developmental progression to be integrated with information about nutrient availability. In the developmental progression of *M. xanthus*, vegetatively growing cells exhaust nutrients, activate the stringent response and A-signaling; cells then move in waves which coalesce into mounds that develop into mature, sporeforming fruiting bodies. (p)ppGpp levels remain high for the period indicated by the blue

arrow, the green region indicates the time when the signal override is in effect. A-signaling is active during the period indicated by the purple arrow. *C)* The SR of *Caulobacter crescentus* has a higher threshold for activation than many other species, requiring both starvation for amino acids AND additional carbon or ammonium starvation signals. The amino acid starvation signal is transmitted through the ribosome, much like RelA_{EC} . Information about the nutritional and developmental status of the cell are integrated at multiple levels: (p)ppGpp accumulation has a greater inhibitory effect on the swarmer-tostalked transition than on the division of the stalked (purple) cell. In addition the swarmer cell (green) is more sensitive to starvation, producing higher levels of ppGpp than the stalked cell. Heavier lines indicate stronger regulation. *D)* Expression of Rel in mycobacteria is controlled through a complex signaling cascade that depends upon the amount of polyphosphate present in a cell, and results in populations of cells that have bistable expression of Rel. Cells that express high levels of Rel are thought to be biased toward a persister state (red), exhibiting slow growth and greater resistance to antibiotics and other stresses. Host-generated stresses that occur during infection likely fail to kill persister cells, which could then transition into vegetatively growing cells (blue) once stresses are alleviated.