

Establishment of rat model of silicotuberculosis and its pathological characteristic

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Objective: To establish different stages of silicosis rat model complicated with tuberculosis infection, and compare the pathological characteristics and analyze the impact of silicosis on tuberculosis infection.

Methods: SD rats were subjected to intratracheal administration of silica with non-exposure method at the 1st, 30th, or 60th day. At the 50th day, the rats were injected with the suspension of H37Rv (a virulent standard strain of *Mycobacterium tuberculosis*) via tail-vein. After 40 days post-infection, rats were sacrificed, the lung tissues were isolated, and paraffin was embedded and sectioned. The sections were treated using HE staining for structure observation, acid fast stain of Ziehl–Neelsen for bacterial detection, and Warthin–Starry silver staining for displaying the distribution of dust particles. The bacterial load was quantified by colony counting.

Results: Primary to tertiary silicosis could be discovered at the 30th, 60th, and 90th day of post-infection. The rats could be infected by injection of *M. tuberculosis* via tail vein, with tuberculosis load and the degree of lung tissue lesions positively correlated with silicosis.

Conclusion: The rat model of silicotuberculosis was established successfully, which facilitated understanding the ‘cross-talk’ of silicosis and tuberculosis during the process they drive each other.

Keywords: Silicotuberculosis, Models, Pulmonary fibrosis, Pathology, tuberculosis

Introduction

Patients with silicosis are at increased risk of being infected with *Mycobacterium tuberculosis* (MTB), with the infection rate of about 20% in patients of primary silicosis, 30% in that of secondary silicosis, and up to 70% in patients of tertiary silicosis. China had 14 495 new cases of silicosis in 2009, among them 748 died. The rate of complication with tuberculosis, silicotuberculosis, is up to 9.7%. So, silicotuberculosis remains a serious disease in China. Compared with single TB infection, silicotuberculosis develops faster and the lesions are more extensive. Moreover, being difficult to diagnosis, with low curative effect and poor prognosis in clinical treatment, silicotuberculosis has received considerable attention.^{1,2} However, the pathogenesis of the disease still remains unclear,

and there is no specific treatment. It is of significance to establish animal models for pathogenesis research and drug screening.³ In the present study, rat model of silicotuberculosis was established by intratracheal administration of silica and injection of H37Rv via tail-vein⁴ and the pathological characteristic of MTB and silicosis at different stages was analyzed.

Materials and Methods

Materials

The standard virulent strain of *M. tuberculosis* H37Rv was a gift from the 8th People’s Hospital of Guangzhou City.^{5,6} Female SD mice aged 8–10 weeks, weighed 200–250 g were purchased from the Experimental Animal Center of Anhui Medical University. Silica dust was offered by the National Institute of Occupational Health and Poison Control, Chinese Center for Disease Control and Prevention, 98% of them are less than 5 µm in diameter. Cycloheximide, ampicillin, and OADC broth were purchased from Invitrogen Company (USA). Middlebrook 7H11 agar was purchased from Difco company (USA).

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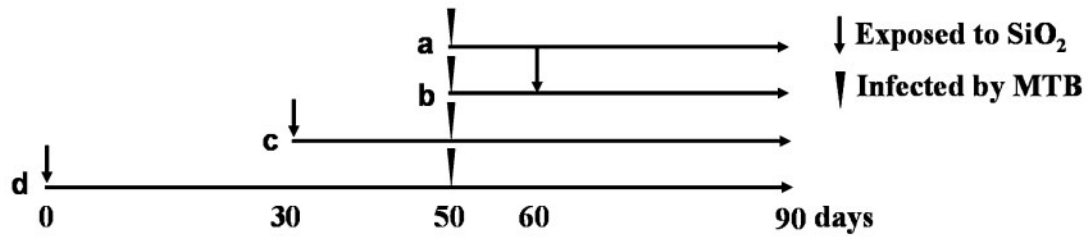
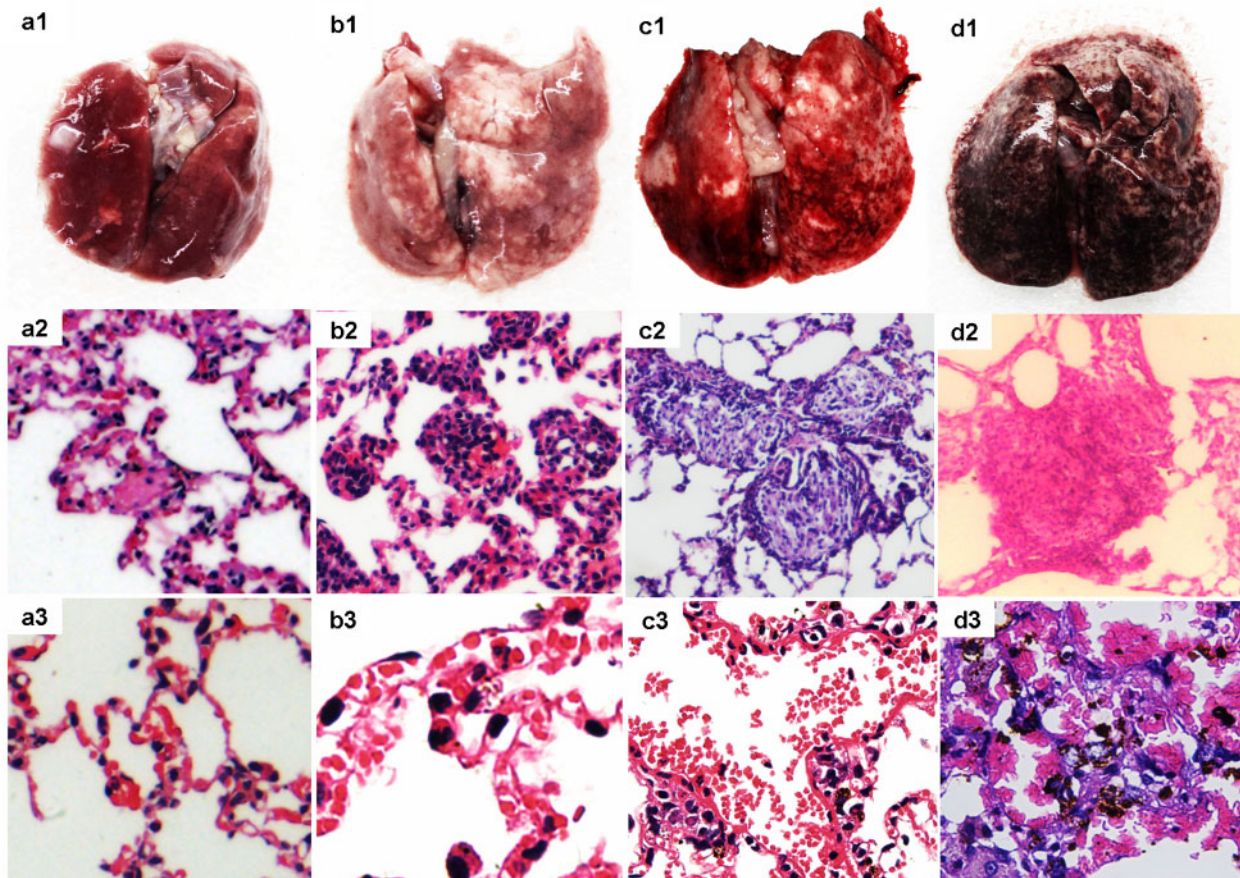
A**B**

Figure 1 (A) The protocol of rats subjected to intratracheal administration of silica and injection of H37Rv. (B) Pathological analysis of the lungs by HE staining. a1, b1, c1, and d1 are the morphology of lungs of groups a, b, c, and d, respectively; a2, the Langerhans' cell scattered in the tissue of group a, without no silicotic lesions ($\times 400$); b2, primary cellular silicotic nodule of group b ($\times 400$); c2, secondary silicotic nodule of group c ($\times 400$); d2, tertiary silicotic nodule of group d ($\times 100$); a3, pulmonary interstitial tissue of group a ($\times 400$); b3, the expanded pulmonary capillary of group b ($\times 800$); c3, the congested pulmonary capillary ($\times 400$); d3, red blood cells deposited in the alveolar cavities and hemosiderin ($\times 400$).

Methods

Injection of silica and MTB

A total of 48 female BALB/c mice were randomly divided into a–d groups randomly. The rats were subjected to injection of H37Rv suspension alone or in combination with intratracheal administration of silica according to the protocol shown in Fig. 1A. The details of injection of silica are as follows. Fresh SiO₂ dust grounded for 2 hours was diluted with normal saline into a concentration of 40 mg/ml. After high pressure sterilization, penicillin was added at a final concentration of 8000 U/ml. The syringe needle

was replaced by a gavage needle after the suspension was extracted. Rats were anesthetized with ether and the glottis was exposed by pressing the root of the tongue with an otoscope. The gavage needle was placed outside the glottis and inserted in as soon as the glottis opened. The gavage was withdrawn to ensure that it was in the main bronchus. One milliliter of silica suspension was given and the chest was rubbed gently to make it well-distributed.⁷ After being inoculated in Lownstein-Jensen (L–J) medium for 3 weeks, MTB standard strain H37Rv was collected and homogenized in PBS containing

0.05% Tween 80 to get a final concentration of 20 mg/ml. The bacteria were cultured and the CFU was counted. Each rat was injected 10^7 CFU of MTB.

Pathological analysis of the lungs and determination of the MTB load

The rats were sacrificed and a small piece of lung tissue was fixed in 10% neutral formalin. After dehydrated and embedded in paraffin, the histological sections were prepared. Then they were stained with Mayer's hematoxylin and eosin for tissue examination and with Ziehl-Neelsen method for detection of distribution of MTB. Some lung tissue was homogenized and equal volume of 4% sulfuric acid was added. After standing for 15 minutes, the supernatant was diluted at the ratio of 1:10, 1:100, and 1:1000. Then they were inoculated in Middlebrook 7H11 agar medium (Difco), consisting of 10% OADC broth, 10 mg/ml ampicillin, and 50 mg/ml cycloheximide. The plates were incubated at 37°C for 17 days and then the CFU were counted.⁸

Warthin-Starry silver staining of the silica

The histological sections were stained with 1% silver nitrate in a 43°C water bath for 30 minutes. After washing, the enzyme reaction was developed with color liquid, consisted of 1.5 ml of 2% silver nitrate, 2 ml of 0.15% hydroquinone, and 3.75 ml of 5% gelatin solution (1% citric acid solution, pH 4). When the sections showed brown yellow they were terminated by 54°C of preheated water. Finally, they were dehydrated and mounted as usually.⁹

Statistical analysis

Data were presented as mean \pm standard error (SEM). They were analyzed using Statistical Package for Social Sciences software (SPSS Inc., Chicago, IL, USA). The heterogeneity of variance was analyzed using one-way analysis of variance (ANOVA). Values of $p < 0.05$ were considered significant.

Results

Macroscopic observation of the lungs

Pale yellow firm lesions with variable size and a little bit swelling were visible in the lungs of each group. In groups c and d, the lungs congested, swelled, and enlarged slightly. They appeared bright red or dark red, with tip and miliary grayish white spots scattered on the surface. The touch was hard and there was a gravel sense when cut. Gray white nodules or nodular fusion could be observed in the section and those near the hilum were more obvious. Besides, there were tough and meticulous cords and patchy changes in those of group d (Fig. 1B a1–d1). Two rats in group d were dead at 72nd and 80th day. The lung tissue of them inflated with high tension and the alveolar expanded and could not recover.

Microscopic observation of the lungs

In the lung tissue of group a, tubercle epithelioid cells and macrophage accumulated and formed tubercle with leukocyte infiltration around. Caseous necrosis was observed occasionally and Langerhans' cell scattered in the tissue. All these pathological changes characterized a classical crystalline silica-induced lung injury.¹⁰ And in those of group b, tubercle and caseous necrosis increased and cell nodules were formed by macrophages, in which the collagen fibers proliferated. This was the so-called primary silicotic nodule. Pulmonary interstitial edema and capillary expansion was also observed. While in group c, there was a lot of serous exudation besides tubercle and caseous necrosis. The silicon nodules were mainly fibrous nodule and began to coalesce (secondary silicon nodules). Pulmonary septal rupture could be observed sometimes and capillary and arteriolar congestion was serious. In those of group d, exudations were characterized as the main pathological changes. The small vascular wall in the middle of the huge fibrous nodule (tertiary silicon nodules) thickened and the proliferated endothelial cells were arranged in concentric circle-like conformation. A large number of red blood cells deposited in the alveolar cavities were destroyed and hemosiderin formed (Fig. 1B a2–d3).¹¹ The pulmonary tissue of the two dead rats was sparse, with pulmonary septa narrowed and broken widely. Pulmonary bulla was formed by the fusion of the emphysema cavity, which could be deduced as suffering from serious obstructive emphysema.

Observation of acid fast staining MTB and colony counting

Mycobacterium tuberculosis in the pulmonary tissue sections could be observed at high magnification after acid fast staining and hematoxylin staining. In group a, red slender bacilli were mainly distributed in Langerhans' cells and tubercles, and appeared to be dissociative. In groups b and c, the number of bacteria increased and the parallel or cross pattern TB appeared in exudation of tuberculous lesion. And in group d, a large number of TB distributed outside the cells and even clustered (Fig. 2A). Compared with group a, the pulmonary tuberculosis load in groups b–d increased significantly by colony counting, which was positive correlated with silicosis progression (Fig. 2B).

Observation of silica dust in the pulmonary tissue

Variable numbers of black silver staining granules, described as silica dust, were observed in pulmonary interstitial macrophages of different groups (Fig. 2C). Silicon nodules and tubercle, formed by fibrosis surrounding quantity of silver particles or no silver

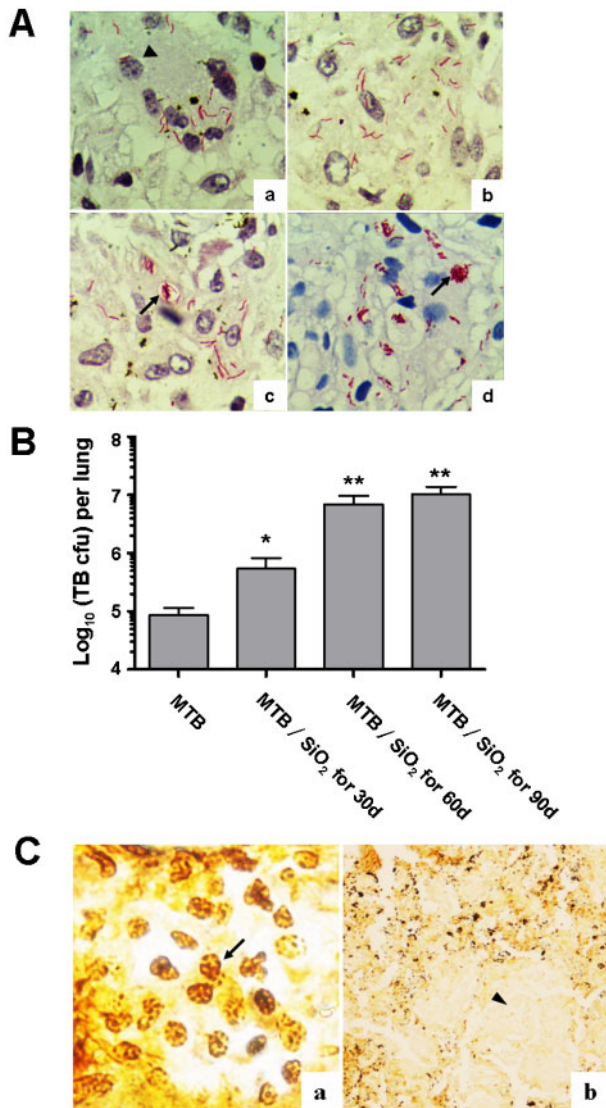


Figure 2 Distribution of *Mycobacterium tuberculosis* (MTB) and silica dust in pulmonary tissue. (A) The distribution of MTB in pulmonary tissue of rats of groups a–d (acid fast staining, $\times 1000$); black arrow head represents Langerhans' cells. The arrows show TB distributed outside of the cells. (B) Statistical analysis of pulmonary tuberculosis load in each group by colony counting, which increased significantly in groups c and d ($*p < 0.05$, $**p < 0.01$). (C) Silica dust in the pulmonary tissue by Warthin–Starry silver staining. (a) The distribution of silica dust in pulmonary interstitial macrophages, the arrow refers to black silver staining granules ($\times 1000$); (b) silicon nodules and tubercle are distinguished by silver staining. Arrow head shows the tubercle without silver particles ($\times 100$).

particles, were either alone or intermixed occasionally (Fig. 2C).

Discussion

It is an effective method for modeling silicosis by intratracheal administration of silica with the non-exposure method. Primary, secondary, and tertiary silicon nodules could be observed in the organization of rats at the 30th, 60th, and 90th day post-infection, respectively, which was consistent with previous studies.⁴ In addition, many different

pathological changes were observed due to silicosis rats infected with TB simultaneously.

The invasion of silica dust to pulmonary macrophage impaired the immune system and resulted in the increase of the susceptibility to pathogens. In our studies, the defense against MTB was getting poor with the development of the silicosis progress. By HE staining and acid fast staining, our results showed that only hyperplastic lesions appeared in lung tissue of the rats infected with TB alone, with MTB surrounded by Langerhans' cell and tuberculous nodules showing the protective immune response and the strong anti-tuberculosis immunity suggested by the immune reactivity and delayed hypersensitivity.¹² While in silicosis rats, not only proliferation but also exudation was observed, which was more severe in tertiary silicosis rats infected with MTB simultaneously. The tuberculous lesions also increased and plenty of MTB appeared in the alveolar, indicating that the immunity of anti-tuberculosis decreased. The tuberculosis loading in rats was consistent with the progress of silicosis. Interestingly, an *in vitro* study by Shkurupy *et al.*^{13,14} demonstrated that preliminary loading of macrophages with silicium dioxide reduced their antibacterial activity, implying that the cytotoxicity of silica dust to macrophage was the main reason for the damage to the anti-tuberculosis function. However, little was known about the detail injury mechanism and immune regulation.

Because the early stage silicon nodule consisted of macrophages with silicium dioxide was much similar with early stage tubercle nodule, Warthin–Starry silver staining was used to make a distinction between them. Our study demonstrated that silicon existed in the lungs' macrophages of all groups of rats subjected to silica dust. Nevertheless, the amount of silicon deposition was nearly equal. It is generally believed that silicate formed by silica hydrated could act on the lysosomal membrane and result in rupture of lysosome and disintegration of macrophage. And the silica released in turn damages macrophages repeatedly.¹ Consistent with previous studies, our study indicated that silicon could not be cleared out and continued to exist in the macrophages. We also observed that the silicon nodules and tubercle could exist independently or merged into larger nodules, which implied that these two kinds of pathogenic factors could promote mutually and then aggravate disease progression, including speeding up the development of emphysema and pulmonary bullae.

In our experiment, different stages of silicosis rats complicated with tuberculosis showed different degrees of pulmonary congestion. There was only mild telangiectasia in primary silicosis rats. While in secondary silicosis rats, small blood vessels of lung tissue expanded, muscularized, and proliferated

significantly and bright red plaque was observed in general pathology. And in tertiary silicosis rats, not only dark red and obvious increased lung tissue, with foamy red bloody fluid in the cut, but also erythrocyte sedimentation in the alveolar and wide deposits of hemosiderin were observed. These changes may be related with the enhancement of fibrosis, leading to the reduction of pulmonary capillary bed, pulmonary artery obliterans, and hypoxia, which resulted in pulmonary arteriolar spasm. As a result, increased resistance of pulmonary circulation, enlarged the right ventricle, obstructed body circulation, and left heart failure happened, which caused pulmonary venous reflux obstacle and pulmonary vascular blood sedimentation.

In conclusion, we successfully established different stages of a silicosis rat model complicated with tuberculosis infection and analyzed the pathological characteristics. Our studies revealed that both pathological characteristic and bacteriological indexes in different stages of silicosis rats with tuberculosis were similar to that of corresponding clinical patients,¹⁵ which confirmed the reasonableness of it for study. In the future, such a model will be used to explore the specific pathogenesis of silicosis tuberculosis and provide more theoretical support for the treatment.

Disclaimer Statements

Contributors HD WJ ZR CZ conceived and designed the experiments. HD WJ YY YX WW XY performed the experiments. HD WJ MM ZR analyzed the data. CZ XY contributed reagents/materials/analysis tools. HD WJ ZR CZ wrote the paper.

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for publication elsewhere, in whole or in part. All the authors listed have approved the manuscript.

Ethics approval This study was prospectively performed and approved by the Institutional Ethics Committees of Anhui University of Science and Technology and conducted in accordance with the ethical guidelines of the Declaration of Helsinki.

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