

Enterococcus faecalis **Infection Activates Phosphatidylinositol 3-Kinase Signaling To Block Apoptotic Cell Death in Macrophages**

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Apoptosis is an intrinsic immune defense mechanism in the host response to microbial infection. Not surprisingly, many pathogens have evolved various strategies to manipulate this important pathway to benefit their own survival and dissemination in the host during infection. To our knowledge, no attempts have been made to explore the host cell survival signals modulated by the bacterium *Enterococcus faecalis***. Here, we show for the first time that during early stages of infection, internalized enterococci can prevent host cell (RAW264.7 cells, primary macrophages, and mouse embryonic fibroblasts [MEFs]) apoptosis induced by a wide spectrum of proapoptotic stimuli. Activation of caspase 3 and cleavage of the caspase 3 substrate poly(ADP-ribose) polymerase were inhibited in** *E. faecalis***-infected cells, indicating that** *E. faecalis* **protects macrophages from apoptosis by inhibiting caspase 3 activation. This antiapoptotic activity in** *E. faecalis***-infected cells was dependent on the activation of the phosphatidylinositol 3-kinase (PI3K)/Akt signaling pathway, which resulted in the increased expression of the antiapoptotic factor Bcl-2 and decreased expression of the proapoptotic factor Bax. Further analysis revealed that active** *E. faecalis* **physiology was important for inhibition of host cell apoptosis, and this feature seemed to be a strain-independent trait among** *E. faecalis* **isolates. Employing a mouse peritonitis model, we also determined that cells collected from the peritoneal lavage fluid of** *E. faecalis***-infected mice showed reduced levels of apoptosis compared to cells from uninfected mice. These results show early modulation of apoptosis during infection and have important implications for enterococcal pathogenesis.**

Enterococci are ubiquitous in the gastrointestinal tracts of most complex metazoans, where they occur as part of the commensal flora at approximately 10^4 to 10^7 organisms per gram of feces. Despite being a commensal, *Enterococcus faecalis* is endowed with traits that make it an opportunistic pathogen, especially in immunocompromised hosts [\(1,](#page-9-0) [2\)](#page-9-1). Enterococci have emerged as a leading cause of antibiotic-resistant infections and now rank among the most common nosocomial pathogens infecting the bloodstream, surgical sites, and urinary tract $(3, 4)$ $(3, 4)$ $(3, 4)$. While substantial progress has been made in recent years in understanding the genetic makeup of these organisms, much remains to be learned regarding how they interact with host cells during enterococcal infection.

It has been previously reported that *E. faecalis* can translocate through the intact epithelial cell monolayer *in vitro* [\(5\)](#page-9-4) and disseminate from the intestinal lumen into the bloodstream, liver, and spleen in an antibiotic-treated murine model of superinfection [\(6\)](#page-9-5). Enterococci that gain access to the sterile abdominal cavity, either from the endogenous flora or as a result of surgical intervention, encounter tissue and peritoneal macrophages involved in the first line of host defense. For these commensals to cause systemic infection, they must, at least in part, escape the bactericidal activity of macrophages to enter draining lymph nodes or the bloodstream. Certain strains of *E. faecalis* are known to survive within macrophages for extended periods [\(7](#page-9-6)[–](#page-9-7)[9\)](#page-9-8). The resulting failure of macrophages to kill intracellular *E. faecalis* likely promotes the systemic spread of infection [\(6\)](#page-9-5). Therefore, elucidation of *E. faecalis* survival mechanisms in macrophages, and the effect on host signaling pathways, may provide new ways to prevent enterococcal infection.

Apoptosis is a highly conserved pathway designed to maintain tissue homeostasis by elimination of aged and damaged cells and also serves as an important defense mechanism to control bacteria, viruses, and parasites during infection [\(10,](#page-9-9) [11\)](#page-9-10). There are two

means by which apoptosis is triggered: the extrinsic and intrinsic pathways. Stimulation of the transmembrane death receptors with their cognate ligands can activate the extrinsic pathway [\(12,](#page-9-11) [13\)](#page-9-12). Upon stimulation, these receptors transmit external apoptotic signals and result in the activation of caspase 3 within the cell. In contrast, the intrinsic pathway is initiated by signaling factors released from the mitochondria [\(14\)](#page-9-13). Various intrinsic stimuli activate Bcl-2 homology 3 (BH3)-only proteins, which overcome the inhibitory effects of antiapoptotic Bcl-2 proteins [\(15,](#page-9-14) [16\)](#page-9-15). The activated BH3-only proteins promote the oligomerization of proapoptotic proteins, such as Bax and Bak, in the mitochondrial outer membrane, which results in the release of cytochrome *c* into the cytoplasm. Cytochrome *c* induces the formation of the apoptosome, a multimeric protein complex that serves as a scaffold for caspase activation and proteolytically activates procaspase 9. The activated caspase 9 then cleaves and activates other caspases to induce apoptosis [\(17\)](#page-9-16).

Numerous studies have shown that many pathogens can block or delay host cell death to promote their intracellular survival [\(18,](#page-9-17) [19\)](#page-9-18). *Chlamydia* infection activates phosphatidylinositol 3-kinase (PI3K), which leads to Akt activation and subsequent phosphorylation of the proapoptotic protein Bad [\(20\)](#page-9-19). *Helicobacter pylori*

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inhibits gut epithelial cell apoptosis to dampen its self-renewal and to enhance gastric colonization [\(21\)](#page-9-20). Cells infected by *Toxoplasma gondii* show reduced activation of apoptotic cascades, and this effect is mainly dependent on the transcription factor NF--B, which regulates the host prosurvival machinery [\(22\)](#page-9-21). The precise molecular mechanisms of apoptosis inhibition vary depending on the infectious agent (11) .

In this study, we investigated the interaction of enterococci with macrophages and found that *E. faecalis*-infected host cells were profoundly resistant to apoptosis induced by either exogenous or intrinsic apoptotic stimuli. The antiapoptotic activity correlated with the *Enterococcus*-induced blockade of caspase 3 activation. The molecular mechanism for *E. faecalis*-infected cells inhibiting apoptosis*in vitro* was PI3K-dependent activation of the antiapoptotic factor Akt. Activation of Akt resulted in increased expression of the antiapoptotic factor Bcl-2 and decreased expression of the proapoptotic factor Bax. In agreement with these data, results from a mouse peritonitis model confirmed that peritoneal cells from *E. faecalis*-infected mice had reduced apoptosis scores compared to those from uninfected mice. To our knowledge, this is the first report of *E. faecalis* modulating apoptosis in infected macrophages.

MATERIALS AND METHODS

Bacterial strains and growth conditions. The *E. faecalis* strains used in this study included E99, a clinical isolate from a urinary tract infection (UTI), multilocus sequence type 4 (MLST4) [\(23\)](#page-9-22); OG1RF, a clinical oral isolate free of any plasmids and a strain used commonly in the laboratory [\(24\)](#page-9-23); MMH594, a clinical isolate that caused multiple infections in a hospital ward outbreak and the prototype for the pathogenicity island [\(1\)](#page-9-0); and V583, the first clinical isolate with vancomycin resistance identified in the United States [\(25\)](#page-9-24). All the *E. faecalis* strains were grown for 16 h in Todd-Hewitt broth (THB) containing 1% glucose supplemented with the appropriate antibiotics (kanamycin $[25 \mu g/ml]$ for E99, gentamicin $[500$ μ g/ml] for MMH594 and V583, and rifampin [25 μ g/ml] and fusidic acid [10 µg/ml] for OG1RF), and bacteria were counted by serial dilution and plating. Before use, the bacteria were pelleted by centrifugation and washed with phosphate-buffered saline (PBS).

Cell culture and infection. RAW264.7 macrophages and mouse embryonic fibroblasts (MEFs) were cultivated initially in Dulbecco's modified Eagle medium (DMEM) plus 10% fetal bovine serum (FBS) to confluence in T-25 flasks. Bone marrow-derived macrophages (BMDMs) were isolated according to the method of a previous study [\(26\)](#page-9-25). The cells were seeded in 6-well culture dishes and then infected with *E. faecalis* for 1 h. For longer periods of incubation, the cells were washed thrice with PBS to remove unbound bacteria and further incubated with medium containing vancomycin (16 μ g/ml) and gentamicin (150 μ g/ml) to kill all extracellular bacteria. For some experiments, host cells were infected with *E. faecalis* for various periods and then treated with apoptosis inducers in medium containing gentamicin and vancomycin. To inhibit bacterial internalization by RAW264.7 cells, the cells were pretreated with cytochala- $\sin D$ (2.5 μ g/ml) for 1 h and then infected with E99 at a multiplicity of infection (MOI) of 10 for 1 h, followed by removal of cytochalasin D and extracellular bacteria. The uninfected cells were treated in a manner identical to the experimental groups in all respects.

E. faecalis **cell-free culture supernatants.** *E. faecalis* E99 was inoculated into DMEM plus 10% fetal bovine serum in 6-well plates without RAW264.7 cells at the same inoculum used for infection experiments. After 1 h, the supernatants were collected by centrifugation at 6,000 \times g for 10 min and filtered twice using 0.22 - μ m syringe filters before being used to replace the culture media of 6-well dishes that had confluent RAW264.7 cells. After 12 h, the cells were stimulated with 1 μ M staurosporine (STS) for 5 h to induce apoptosis.

Western blotting. Following infection with *E. faecalis* strains as described above, the cells were washed with cold PBS and placed on ice. The cells in each well were harvested by scraping into lysis buffer consisting of 50 mM Tris (pH 7.4), 1.0% NP-40, 150 mM sodium chloride, 1 mM EDTA, 1 mM sodium fluoride, 1 mM sodium orthovanadate, and 1 mM phenylmethylsulfonyl fluoride (PMSF) for 15 min. The lysate was centrifuged at 14,000 \times g for 10 min, and the protein concentration of the supernatant was determined using the Bio-Rad protein assay. Total protein (25 µg) was subjected to polyacrylamide gel electrophoresis on either 10 or 12% gels by using a Bio-Rad Mini Protean II apparatus and transferred electrophoretically onto a polyvinylidene difluoride (PVDF) membrane, which was then blocked with 5% skim milk. The PVDF membrane was incubated for 1 h with primary antibodies (dilution, 1:1,000) in 3% skim milk. The blots were further incubated with appropriate secondary antibodies conjugated to horseradish peroxidase (dilution, 1:3,000). Following three washes with Tris-buffered saline containing 0.1% Tween 20 (TBST), the substrate was detected using a chemiluminescence detection kit (Thermo Scientific, Rockford, IL). Densitometric calculations were conducted on the images of blots with Image J software.

Bacterial viability within RAW264.7 cells. Survival of *E. faecalis* within macrophages was assessed as described previously [\(27\)](#page-9-26). Briefly, RAW264.7 macrophages were seeded onto six-well plates at approximately 10⁶ cells/well and incubated at 37 \degree C under 5% CO₂ for 24 h prior to infection. Triplicate wells of RAW264.7 cells were infected with E99 at an MOI of 10 for 1 h at 37°C under 5% CO_2 . The cells were then washed thrice with PBS and further incubated with DMEM plus 10% FBS containing vancomycin (16 μ g/ml) and gentamicin (150 μ g/ml) to kill all extracellular bacteria. At 3, 6, 12, 24, 48, and 72 h, the macrophages were washed twice with PBS and harvested in 1 ml of PBS. The viability and cell count were assessed by trypan blue staining using a TC10 Automated Cell Counter (Bio-Rad, Hercules, CA). The macrophages were then lysed by adding 1/10 volume of a saponin cell lysis solution (saponin [40 mg/ml], polypropylene glycol [P-2000; 8 ml/liter], and sodium polyanetholsulfonate [9.6 mg/ml]) to release intracellular bacteria. The bacteria were quantified by serial dilution and plating. The number of viable bacteria at each time point was expressed as CFU per $10⁵$ macrophages. Experiments were performed in triplicate three independent times, and the means and standard errors were determined for each time point.

Apoptosis assays. For analysis of apoptosis, RAW264.7 cells seeded on glass coverslips in 24-well plates 24 h prior to infection were infected with E99 at an MOI of 10 for 1 h at 37°C under 5% $CO₂$. Subsequently the monolayers were washed three times with PBS and then incubated in fresh culture medium containing 10% FBS, vancomycin (16 μ g/ml), and gentamicin (150 μ g/ml) for 12 h to kill all extracellular bacteria. The cells were then stimulated with 0.5 mg/ml actinomycin D for 8 h, cycloheximide (CHX) (10 μ g/ml) plus tumor necrosis factor alpha (TNF- α) (25 ng/ml) for 5 h, or 1 μ M staurosporine for 3 h. Levels of apoptosis in infected RAW264.7 cells were measured by the terminal deoxynucleotidyltransferase-mediated dUTP-biotin nick end labeling (TUNEL) assay with the DeadEnd Fluorometric TUNEL System (Promega, Madison, WI) according to the manufacturer's instructions. Cells from five random fields for each sample were counted using a $40\times$ objective lens. The percentage of apoptotic cells was calculated as follows: number of apoptotic cells/number of total cells counted \times 100.

Mouse peritonitis model. *In vivo* studies were conducted under an animal protocol approved by the University of Oklahoma Health Sciences Center Institutional Animal Care and Use Committee and adapted from previous reports [\(27,](#page-9-26) [28\)](#page-9-27). Bacteria were cultivated overnight at 37°C in THB containing 1% glucose supplemented with appropriate antibiotics. The bacteria were collected by centrifugation at $6,000 \times g$ for 10 min, washed twice in PBS (pH 7.4), and resuspended in 5% hog gastric mucin (pH 7.0; Pfaltz and Bauer, Waterbury, CT) at a concentration of 1.0×10^9 CFU/ml. Six- to 8-week-old female C57BL/6 mice (Harlan, Indianapolis, IN) were administered 200 μ l of the suspension (2.0 \times 10⁸ CFU) via intraperitoneal injection. Control mice were injected with 200 μ l of 5%

FIG 1 Intracellular survival of *E. faecalis* strain E99 and effect on caspase 3 processing. (A) RAW264.7 cells were infected as described in Materials and Methods, and the number of viable *E. faecalis* bacteria at each time point is expressed as CFU per 10⁵ macrophages. Experiments were performed three times, and the means and standard errors are reported for each time point. (B) Western blot of lysates at different time points from uninfected RAW264.7 cells (control) or infected with *E. faecalis* E99, processed using antibody against cleaved caspase 3.

hog gastric mucin without bacteria. The control animals were treated in a manner identical to the experimental groups in all respects. Groups of 3 mice were euthanized 6 h or 12 h postinfection by isoflurane overdose, followed by cervical dislocation. Three milliliters of PBS was injected into the peritoneal cavity of each mouse, and the peritoneal lavage fluid was collected from each group and mixed together. The cells in the lavage fluid were subjected to Western blot analysis by using anti-cleaved caspase 3 antibody according to the method described above.

Statistical analyses. The statistical significance of results was determined by using Student's *t* test. Differences between experimental groups were considered significant when P values were ≤ 0.05 .

RESULTS

Resistance to killing is accompanied by antiapoptotic signals in host macrophages early during *E. faecalis* **infection.** To characterize the survival of *E. faecalis*in macrophages*in vitro*, we infected RAW264.7 cells with *E. faecalis* strain E99 at an MOI of 10. Examination of the number of viable intracellular bacteria during 72 h postinfection revealed that the number remained constant until about 12 h postinfection, followed by a significant decrease by 24 h, and declined gradually thereafter [\(Fig. 1A\)](#page-2-0). Viable *E. faecalis* bacteria were recovered up to 72 h postinfection, in contrast to $Escherichia coli DH5_{\alpha}$ (control), which could be eliminated from macrophages to undetectable levels by 24 h (data not shown). Taken together with our previous results [\(27\)](#page-9-26) and those of others [\(7\)](#page-9-6), which showed that infected macrophages essentially remain intact at least until 24 h after infection, these observations suggested that intracellular *E. faecalis* may be able to modulate host cell signaling and apoptosis early during infection to promote survival.

To examine host cell apoptosis during *E. faecalis* infection, we studied two major hallmarks of apoptosis, namely, DNA fragmentation and caspase 3 cleavage in infected cells [\(29\)](#page-9-28). TUNEL staining revealed DNA fragmentation in the nuclei, and based on this staining pattern, we quantitated the apoptotic cells in culture, with or without *E. faecalis* infection, at defined time points. At 6 and 12 h postinfection, a level of \leq 1% apoptotic cells was detected in either the infected or uninfected cell populations from most culture samples, with fewer apoptotic cells in infected samples than in the uninfected cell population, and the difference between the two groups was not statistically significant $(P > 0.05)$. By 24 h, there were increased apoptotic events in infected cultures compared with uninfected cultures (data not shown). Immunoblotting with an anti-cleaved caspase 3 antibody showed RAW264.7 cells infected with E99 to have lower levels of cleaved caspase 3 at 6 or 12

h postinfection, and the activation of caspase 3 was detected at 24 h, which is consistent with the TUNEL-staining assay [\(Fig. 1B\)](#page-2-0). In contrast, RAW264.7 cells infected with *E. coli* DH5 α showed an increase in cleaved caspase 3 at 6 or 12 h postinfection (see Fig. S1A in the supplemental material). These results showed that enterococcus-infected RAW264.7 macrophages are not apoptotic at the early stage of infection and implied that a survival signal might be triggered during the early stage of *E. faecalis* infection.

*E. faecalis***-infected cells are resistant to stimulus-induced apoptosis.** To evaluate how *E. faecalis*-infected cells respond to apoptosis inducers, RAW264.7 cells with or without bacterial infection were treated with the kinase inhibitor STS, a potent apoptosis inducer. We found that STS could efficiently induce uninfected RAW264.7 cells to become apoptotic, as revealed by TUNEL staining $(\sim 30\%)$. However, RAW264.7 cells infected with *E. faecalis* significantly resisted STS-induced apoptosis \sim 5%) [\(Fig. 2A](#page-3-0) and [B\)](#page-3-0). We also found similar antiapoptotic activity in RAW264.7 cells infected with *E. faecalis* strains V583 and OR1GF (data not shown), suggesting that antiapoptotic activity may be a strain-independent trait in *E. faecalis*. Besides analysis of apoptosis induced by STS, we also evaluated the effect of *E. faecalis* infection on apoptosis initiated by TNF- α and actinomycin D. Enterococcus infection also significantly inhibited host cell apoptosis induced by these two stimuli, although the induction potencies of the different agents varied [\(Fig. 2A](#page-3-0) and [B\)](#page-3-0). Because the reagents use different pathways to induce apoptosis, these observations suggested that *E. faecalis* infection may regulate a common step or block multiple steps leading to host cell apoptosis.

Activation of caspase 3 is inhibited by intracellular *E. faecalis***.** Since caspase 3 is a critical executioner of apoptosis and cleavage of caspase 3 often happens in the late stages of cellular apoptosis, we hypothesized that *E. faecalis* might inhibit host cell apoptosis through inhibition of caspase 3 activation. As shown in [Fig. 3A,](#page-4-0) when antibody to cleaved caspase 3 was used to detect endogenous levels of activated caspase 3, the results revealed that the processing of caspase 3 induced by STS or TNF- α in *E. faecalis*infected RAW264.7 cells was significantly inhibited. In contrast, *E. coli*-infected RAW264.7 cells did not significantly inhibit STS-induced caspase 3 activation (see Fig. S1B in the supplemental material). We next evaluated the caspase enzymatic activity by measuring the cleavage of the caspase 3 substrate poly(ADP-ribose) polymerase (PARP). PARP p112 was reduced to the fragment p86 in RAW264.7 cells treated with STS or TNF- α , and this was

FIG 2 Effects of *E. faecalis* infection on host cell apoptosis induced by proapoptotic stimuli. RAW264.7 cells, alone or infected with *E. faecalis* E99 for 1 h, were treated with 0.5 mg/ml actinomycin D for 8 h, with 10 μg/ml CHX and 25 ng/ml TNF-α for 5 h, or with 1 μM STS for 3 h. (A) Representative fluorescence microscope images of TUNEL staining. (B) Average percentages of TUNEL-positive stained cells. Cells from five random fields were counted under a 40× objective lens, and the percentage of apoptotic cells was calculated. The graph shows the results of three independent experiments and standard deviations (SD). $*, P < 0.05.$

blocked in *E. faecalis*-infected cells. These observations suggested that antiapoptotic factors of *E. faecalis* may function by preventing the activation of caspase 3. To test whether these observed effects were cell line dependent, we evaluated the effects of *E. faecalis* infection on apoptosis progression in BMDMs and MEFs, again by measuring cleavage of caspase 3. Similar to RAW264.7 cells, inhibition of caspase 3 cleavage was noted during *E. faecalis* infection of BMDMs and MEFs [\(Fig. 3B](#page-4-0) and [C\)](#page-4-0). Finally, a murine peritonitis model was used to evaluate the status of caspase 3 during enterococcal infection. In the peritoneal cells of E99-infected mice, a lower level of cleaved caspase 3 was observed than in mice infected with vehicle alone [\(Fig. 3D\)](#page-4-0).

*E. faecalis***-induced antiapoptotic activity is dose and time dependent.** To understand the mechanism of *E. faecalis*-induced antiapoptotic activity, we evaluated the kinetic relationship between the infectious dose and antiapoptotic activity. As shown in

[Fig. 4A,](#page-4-1) *E. faecalis*-induced antiapoptotic activity correlated with an increasing bacterial MOI in a dose-dependent manner. The inhibition of apoptosis, as a function of time, appeared as early as 2 h after infection and persisted for \sim 24 h [\(Fig. 4B\)](#page-4-1), when apoptotic activity became evident. Since *E. faecalis* survival patterns in RAW264.7 cells showed that virtually all bacteria remained viable at least up to 12 h postinfection, these observations suggested that active intracellular resistance to killing is required for antiapoptotic activity in RAW264.7 cells.

Inhibition of host cell apoptosis is strain independent but requires active *E. faecalis* **physiology.** To investigate whether inhibition of apoptosis by *E. faecalis* E99 was unique to this particular *E. faecalis* isolate, we evaluated strains V583, MMH594, and OG1RF, with differing phenotypic characteristics [\(24\)](#page-9-23). Our results showed that there were no significant differences among the strains [\(Fig. 5A](#page-5-0) and [B\)](#page-5-0), indicating that the antiapoptotic activity

FIG 3 Inhibition of caspase 3 activity in *E. faecalis*-infected cells. (A to C) RAW264.7 cells (A), BMDMs (B), and MEFs (C) were infected as described in Materials and Methods. After treatment or not with apoptotic stimuli, the samples were lysed for Western blot analysis using antibodies against cleaved caspase 3 or PARP. (D) C57BL/6 mice were injected intraperitoneally (i.p.) with 2.0 \times 10⁸ CFU of *E. faecalis* E99 suspended in 5% hog gastric mucin or with 5% hog gastric mucin alone, and the peritoneal lavage fluid was collected at 6 or 12 h postinfection. After centrifugation, the pelleted cells were lysed and subjected to Western blot analysis.

induced by *E. faecalis* is strain independent. To further investigate whether intact bacterial physiology was critical for the ability to inhibit host cell apoptosis, we exposed RAW264.7 cells to either live bacteria or bacteria that were killed by 4% paraformaldehyde. *E. faecalis*-induced antiapoptotic activity was significantly reduced for the killed bacteria, but not completely abolished [\(Fig.](#page-5-0) [5C\)](#page-5-0). We tested the importance of bacterial internalization for inhibition of host cell apoptosis using cytochalasin D and found a significant reduction in antiapoptotic activity when bacterial uptake was prevented. Furthermore, supernatants from bacterial conditioned medium failed to inhibit host cell apoptosis, suggesting that no soluble factor secreted by *E. faecalis*was responsible for inhibiting host cell apoptosis [\(Fig. 5D\)](#page-5-0).

E. faecalis **inhibits apoptosis via the PI3K/Akt pathway.** Several studies suggest that the PI3K/Akt signaling pathway is important for host cell survival and protects apoptotic cell death induced by various stresses [\(19\)](#page-9-18). Hence, we evaluated the effect of *E. faecalis* infection on the PI3K/Akt signaling pathway in RAW264.7 cells

FIG 4 Effects of dose and duration of infection on host cell antiapoptotic activity. (A) RAW264.7 cells were infected as described in Materials and Methods with E. faecalis E99 at an MOI of 0.5, 1, 10, or 20. Apoptosis was induced at 12 h postinfection with 1 μ M staurosporine for 5 h. (B) RAW264.7 cells were infected with E99 at an MOI of 10, and apoptosis was induced at 2, 12, and 24 h postinfection with 1 μ M staurosporine for 5 h. Western blots of cell lysates at the indicated time points were processed for detection of cleaved caspase 3 levels. Cleaved caspase 3 levels were normalized by actin densitometry, and fold activations relative to untreated samples were determined. The graphs show the relative ratios of cleaved caspase 3, which are averages of three independent experiments and SD.

FIG 5 Multiple *E. faecalis* strains can induce host cell antiapoptotic response. (A and B) RAW264.7 cells were infected with *E. faecalis* strains OG1RF, V583, MMH594, and E99 as described in Materials and Methods before treatment (Treat) with staurosporine (A) or TNF- α (B) and analysis of cleaved caspase 3 by Western blotting. (C) The levels of cleaved caspase 3 in RAW264.7 cells were detected after different treatments, i.e., conditioned medium from E99 (Medium), killed E99 (KE99), and cytochalasin D plus E99 (CytD&E99), and compared to cells treated with live E99 (E99) used as a control. The images are representative of three independent experiments. (D) Cleaved caspase 3 levels were normalized by actin densitometry, and fold activations relative to untreated samples were determined. Each data point in the graph represents the mean and SD of three independent experiments. *, $P < 0.05$; **, $P < 0.01$.

by using antibody specific to phosphorylated Akt (phospho-Akt) (Ser473). As shown in [Fig. 6A,](#page-5-1) phosphorylated Akt was significantly elevated in *E. faecalis*-infected cells at 6 and 12 h postinfection. We further determined that the activation of Akt was dependent on PI3K activity, since the PI3K inhibitor LY294002 blocked *E. faecalis*-induced Akt phosphorylation (data not shown).

We next investigated whether the upregulation of Akt phosphorylation during *E. faecalis* infection was associated with inhi-

FIG 6 Blockade of PI3K activation reverses *E. faecalis*-induced antiapoptotic activity. (A) RAW264.7 cells were infected with *E. faecalis* E99 as described in Materials and Methods and analyzed for pAkt levels at 6, 12, and 24 h by Western blotting. (B) RAW264.7 cells were pretreated with LY294002 (20 µM) for 30 min and then infected with enterococcus ($MOI = 10$). After 1 h of incubation, the cells were washed and replenished with fresh medium containing vancomycin plus gentamicin and LY294002 (20 M) for 12 h and then treated with STS to induce apoptosis. TUNEL staining was used to measure cell apoptosis. (C) Cell lysates after different treatments were harvested forWestern blotting. Cleaved caspase 3 levels were normalized by actin densitometry, and fold activations relative to untreated samples were determined. Each data point in the graph represents the mean and SD of three independent experiments. *, $P < 0.05$; ns, not significant.

FIG 7 Internalized live *E. faecalis* bacteria can activate the PI3K/Akt pathway and inhibit apoptosis induced by STS. RAW264.7 cells were pretreated with LY294002 (20 μ M) for 30 min and then infected with live or killed E99 (KE99) at an MOI of 10. After 1 h of incubation, the cells were washed and replenished with fresh medium containing vancomycin and gentamicin without LY294002. (A) The macrophages were further incubated for 6, 12, and 24 h and then processed for Western blotting. (B and C) The macrophages were further incubated for 12 h, and then STS was used to induce host cell apoptosis, which was measured by Western blotting with anti-cleaved caspase 3 antibody (B) and TUNEL staining (C). (D) The supernatants from live-E99-infected (+) or uninfected () RAW264.7 cells treated as for panel A for 12 h were collected and, after centrifugation, separately added to freshly prepared RAW264.7 cells for 12 h before induction of apoptosis by STS. $*$, $P < 0.05$; ns, not significant. The error bars indicate SD.

bition of host cell apoptosis. As shown in [Fig. 6B,](#page-5-1) treatment of RAW264.7 cells with the PI3K-specific inhibitor LY294002 significantly reversed *E. faecalis*-induced apoptosis inhibition as measured by TUNEL assays. When cleavage of caspase 3 was used as a marker to monitor host cell apoptosis, the inhibition of apoptosis induced by STS was reversed in the presence of the PI3K inhibitor LY294002 in *E. faecalis*-infected RAW264.7 cells [\(Fig. 6C\)](#page-5-1). LY294002 had no effect on macrophage phagocytosis of *E. faecalis* and did not directly affect bacterial growth or viability in culture medium (data not shown). Therefore, these results indicate that infection with *E. faecalis* activates the PI3K/Akt pathway to delay apoptosis caused by the pathogen. These observations were not limited to the RAW264.7 cells, since LY294002 similarly reversed *E. faecalis*-induced antiapoptotic activity in MEFs (data not shown).

Since the contact of bacteria with cells before internalization may induce the PI3K/Akt pathway, we investigated whether enterococci could activate PI3K/Akt signaling after internalization. When the cells were coincubated with the PI3K inhibitor for 1 h during infection, the inhibitor completely inhibited Akt phosphorylation during internalization of *E. faecalis* by RAW264.7 cells (data not shown). After bacterial internalization and removal of the inhibitor, PI3K/Akt activation was evident at \sim 12 h postinfection and subsided by 24 h [\(Fig. 7A\)](#page-6-0). These results show that internalized *E. faecalis* induces Akt phosphorylation in RAW264.7 cells. To further confirm the correlation between antiapoptotic activity and PI3K/Akt activation induced by internalized *E. faecalis*, we employed TUNEL staining and cleavage of caspase 3 to quantify apoptosis. As shown in [Fig. 7B](#page-6-0) and [C,](#page-6-0) inhibition of PI3K

activation during bacterium-cell contact still led to apoptosis inhibition in RAW264.7 cells containing internalized *E. faecalis*. This inhibition, however, was lost when killed *E. faecalis* was used. It has been previously shown that cytokines secreted during infection can delay host cell apoptosis in an autocrine fashion [\(30\)](#page-9-29). To address this issue, RAW264.7 cells were cultured in supernatants collected from *E. faecalis*-infected and uninfected macrophages in culture. No difference in RAW264.7 cell apoptosis was observed between the two groups [\(Fig. 7D\)](#page-6-0), implying that the cytokines induced by *E. faecalis* are not likely involved in the antiapoptotic activity seen in these assays.

E. faecalis **infection regulates the abundance of Bax and Bcl-2, which are dependent on the PI3K-Akt pathway.** Since Akt directly affects the apoptotic machinery by regulating the expression of the proapoptotic protein Bax and the antiapoptotic protein Bcl-2 [\(31\)](#page-9-30), we wished to examine the expression of these factors in RAW264.7 cells during *E. faecalis* infection. The level of Bax decreased following infection, while Bcl-2 increased prior to 24 h postinfection [\(Fig. 8A,](#page-7-0) [B,](#page-7-0) and [C\)](#page-7-0). Blocking PI3K activity using LY294002 increased Bax and decreased Bcl-2 in RAW264.7 cells containing internalized *E. faecalis* [\(Fig. 8D,](#page-7-0) [E,](#page-7-0) and [F\)](#page-7-0). Thus, these results suggest that Bax and Bcl-2 are downstream targets of the PI3K/Akt pathway and that they may promote antiapoptotic responses in macrophages following phagocytosis of viable *E. faecalis*.

DISCUSSION

In this study, we demonstrate for the first time, that phagocytosis of *E. faecalis* by macrophages induces a dose- and time-dependent

FIG 8 Role of PI3K in regulating antiapoptotic and proapoptotic proteins in *E. faecalis*-infected cells. (A, B, and C) Lysates from infected RAW264.7 cells were prepared for Western blot analysis to detect the relative levels of Bax and Bcl-2 proteins using anti-Bax and anti-Bcl-2 antibodies, respectively. (D, E, and F) Untreated RAW264.7 cells or cells pretreated for 30 min with the PI3K inhibitor LY294002 (20 μ M) were infected with *E. faecalis* for 1 h, and then the cells were washed and replenished with fresh medium containing vancomycin plus gentamicin and LY294002 (20 μ M) for 12 h. The cells were harvested for Western blot analysis using Bax- and Bcl-2-specific antibodies. The relative densities of Bax and Bcl-2 protein bands on Western blots were compared to that of actin in each group, and fold activations relative to untreated samples were determined. Each data point in the graph represents the mean and SD of three independent experiments. $*, P < 0.05$ compared with control; ns, not significant compared with control.

antiapoptotic response characterized by reduced DNA fragmentation and caspase 3 activation. Enterococci are able to survive for prolonged periods in cultured macrophages, unlike other Grampositive cocci, such as *Lactococcus lactis*, but the exact mechanism by which this occurs remains unclear. Previous data from our laboratory (27) and that of others (7) have shown that most strains of *E. faecalis* are rapidly phagocytized by macrophages and appear within phagolysosomes within the first 24 h postinfection. Subsequently, based on electron microscopic examination of infected cells at later time points, intracellular enterococci are found in the cytoplasm at 24 to 48 h and eventually lead to lysis and fragmentation of host macrophages by 48 to 72 h postinfection. Consistent with these previous observations, our data presented here further show that during early infection of macrophages by *E. faecalis*, the bacteria effectively resist killing, as their numbers remain constant for at least up to 12 h, and during this time, the viable intracellular *E. faecalis* bacteria can interfere with host cell apoptotic signaling pathways. These results also imply that at the early stage of infection, *E. faecalis* has characteristics similar to those of some intracellular bacteria that can communicate with host cells to benefit bacterial survival and dissemination.

Apoptosis is a highly regulated host process and a prominent feature of macrophage biology in the context of infectious disease and inflammation. Different pathogens potentially use various mechanisms to induce or inhibit apoptosis in macrophages and thereby influence the disease pathology [\(32\)](#page-9-31). For instance, macrophage death caused by *Shigella* and *Salmonella* is linked to release of proinflammatory cytokines, and the ensuing inflammation leads to the spread of bacteria within host tissues [\(33\)](#page-9-32). Likewise, Yersinia spp. induce apoptosis by suppressing NF-KB activation and TNF- α synthesis, which are essential to pathogen clearance [\(34\)](#page-9-33). Highly adapted intracellular bacterial pathogens,

such as *Mycobacterium tuberculosis*, *Legionella pneumophila*, and *Brucella* spp., use differing mechanisms to block apoptosis in order to use the host cell as a vehicle for *in vivo* dissemination [\(18\)](#page-9-17).

Gram-positive pathogens known to modulate apoptosis in host cells include *Streptococcus*, *Staphylococcus*, *Bacillus*, *Listeria*, and *Clostridia* species, although there appears to be limited con-servation of the mechanisms involved [\(35\)](#page-10-0). Among those more closely related to *Enterococcus*, group A streptococcus (GAS) induces rapid, dose-dependent apoptosis in primary and cultured macrophages and neutrophils, and it has been shown that the pore-forming cytolysin streptolysin O is necessary and sufficient for the apoptosis-inducing phenotype [\(36\)](#page-10-1). Induction of host cell death by group B streptococcus (GBS) includes apoptotic mechanisms in several cell types, including macrophages, and was initially attributed to β -hemolysin production, leading to caspasedependent apoptosis [\(37,](#page-10-2) [38\)](#page-10-3). Similarly, dual mechanisms are observed during apoptosis of *Streptococcus pneumoniae*-infected cell types mediated by the pore-forming exotoxin pneumolysin. In tissue macrophages and respiratory epithelial cells, pneumolysin contributes to a caspase-dependent pathway of apoptosis [\(39,](#page-10-4) [40\)](#page-10-5). Interestingly, in macrophages, *Staphylococcus aureus* induces strong caspase 3 activation concomitant with activation of the antiapoptotic machinery [\(41\)](#page-10-6). The ability of *S. aureus* to persist within host macrophages before escaping the intracellular niche has been proposed as a mechanism for systemic dissemination, similar to the case for *Listeria monocytogenes* [\(42,](#page-10-7) [43\)](#page-10-8). In contrast to the conversion to small-colony variants (SCVs), which allows survival for months or years (44) , the limited survival within macrophages is considered a short-term solution.

Enterococci are occupants of the gastrointestinal tract as part of the commensal flora, and it is conceivable that they may use macrophages as vehicles for systemic dissemination. While our

observations here show that *E. faecalis* resists apoptosis of macrophages early during infection, we [\(27\)](#page-9-26) and others [\(7\)](#page-9-6) have shown in previous studies that viable *E. faecalis* bacteria can be recovered at significantly later time points, beyond when apoptosis is evident (24 h). Electron micrographs of *E. faecalis*-infected macrophages further suggested that some bacteria at these later time points appear capable of cytoplasmic existence and continued survival, eventually leading to macrophage disintegration and lysis [\(7\)](#page-9-6). Thus, it appears that *E. faecalis* may employ two distinct strategies during macrophage infection, similar to those described for *S. aureus* [\(41\)](#page-10-6). One is to delay cell death during early infection to allow intracellular adaptation and dissemination, while the other is to induce later cell death to promote bacterial egress from infected macrophages. While the molecular mechanisms involved in these plausible scenarios require further investigation, a question raised by the viable intracellular *E. faecalis* bacteria regards their genetic makeup. Do these bacteria coordinate the expression of genes specifically required for intracellular survival, likely genes that are on the *E. faecalis* core genome, or do they represent genetic variants of the parent strain that are better adapted to survive inside the host cell? Although the transcriptional changes occurring in the *E. faecalis* genome in response to the intramacrophage environment has not been reported, SCVs of *E. faecalis* isolated from clinical specimens have been described [\(45\)](#page-10-10). The SCV phenotype has been characterized as cells of different sizes with aberrant shapes forming smaller colonies than the clonally related normal strain on culture media, growing with an extended lag phase with delayed entry into stationary phase, failing to grow on simple media without the addition of blood, and showing changes in metabolic pathways. Along these lines, internalization of *Salmonella enterica* serovar Typhimurium by macrophages has been reported to induce the formation of nonreplicating persisters [\(46\)](#page-10-11). Multiple toxin-antitoxin (TA) modules contributed to the formation of intracellular persisters, and the macrophage environment was found to induce phenotypic heterogeneity, leading to either bacterial replication or the formation of nonreplicating persisters that could provide a reservoir for relapsing infection. The exact nature of *E. faecalis* isolates that survive the antimicrobial activities of macrophages remains to be investigated.

It is also important to consider apoptosis in the context of nonphagocytic cells, such as epithelial cells, because our studies show that enterococcus infection can induce antiapoptotic activity in both professional phagocytes and nonphagocytic cells. Apoptosis is a normal occurrence for epithelial cells in order to maintain a critical balance of cells in the crypt and villus during self-renewal of the intestinal lining, but it may also function as a mechanism to eliminate infected cells so as to prevent pathogen proliferation and access to deeper tissues [\(47,](#page-10-12) [48\)](#page-10-13). The same strategy is evident in superficial epithelial cells lining the urinary bladder. Uropathogens, such as *Proteus mirabilis* and certain strains of *E. coli*, effectively invade the urothelium, form intracellular reservoirs that evade antibiotics and the immune response, and allow recurring infections [\(49\)](#page-10-14). The host response to such infections is sloughing of cells into the urine [\(50\)](#page-10-15). *E. faecalis* accounts for a significant proportion of chronic bladder infections worldwide and is also a leading cause of catheter-associated UTIs [\(51\)](#page-10-16). Recent studies have shown that *E. faecalis* bacteria are harbored within urothelial cells shed from the bladders of patients with chronic UTIs [\(52\)](#page-10-17). The ability to persist in epithelial cells lining the intestine or the bladder and to resist apoptosis and shedding of these

cells may provide time for *E. faecalis* to adapt to the intracellular environment before emerging from this niche to disseminate and cause systemic infection [\(48\)](#page-10-13). Experiments to determine whether *E. faecalis*-infected epithelial cells respond to proapoptotic stimuli in the same manner as macrophages are under way in our laboratory.

An important finding of this study is that *E. faecalis* in RAW264.7 cells activates the PI3K/Akt pathway, although the mechanism by which this occurs is not fully understood. As shown by previous studies, cytokines induced during infection can stimulate PI3K/Akt activation [\(30\)](#page-9-29). Enterococcal infection can induce the robust production of proinflammatory cytokines and chemokines from macrophages [\(9,](#page-9-8) [53\)](#page-10-18). However, culture medium from *E. faecalis*-infected macrophages did not inhibit host cell apoptosis induced by proapoptotic stimuli. While we cannot completely rule out a role for cytokines in *E. faecalis*-induced antiapoptotic activity, it does not appear to be a significant mechanism for our observations. A more plausible explanation could be that *E. faecalis* produces one or more novel antiapoptotic factors in the host cell to manipulate the PI3K/Akt pathway directly. This strategy is widely used by many intracellular pathogens to manipulate host cell kinase signaling, and a number of viral and bacterial antiapoptotic factors have been identified [\(54,](#page-10-19) [55\)](#page-10-20). Interestingly, a novel mode of modulation of apoptosis and release of intracellular bacteria from infected epithelial cells has recently been described for *S. aureus*, which is primarily an extracellular pathogen [\(56\)](#page-10-21). This strategy involves the ESAT-6-like secretion system (Ess), which is similar to the Esx-1 secretion system described for *M. tuberculosis* and is apparently conserved in the genomes of many Gram-positive bacteria, including *Bacillus subtilis*, *Bacillus anthracis*, and *L. monocytogenes*[\(57,](#page-10-22) [58\)](#page-10-23). The proteins EsxA and EsxB, substrates of the *S. aureus* Ess, belong to the WXG100 motif superfamily [\(58\)](#page-10-23) and were shown to be important during intracellular *S. aureus* infection [\(56\)](#page-10-21). EsxA interfered with *S. aureus*-induced apoptosis in human epithelial cells *in vitro* and required unimpeded secretion of the protein. Overexpression of EsxA in transfected cells increased protection from apoptotic cell death. Further, it was shown that EsxA acted in concert with EsxB to mediate release of *S. aureus* from host cells. While orthologous Esx proteins in *M. tuberculosis* have been implicated in several aspects of pathogenesis, including apoptosis and host cell lysis [\(59\)](#page-10-24), the functions of other orthologs, such as those in *L. monocytogenes*, remain unclear [\(60\)](#page-10-25). Enterococcal genomes also appear to encode EsxA-like proteins, but their contribution to enterococcal physiology and pathogenesis remains to be studied [\(61,](#page-10-26) [62\)](#page-10-27). Although their precise role(s) during infection remains to be determined, the studies described above raise the prospect that the Esx proteins in Grampositive bacteria may represent conserved factors that control host cell apoptosis and cell lysis. In any case, the results obtained with the Esx proteins of *S. aureus* demonstrate that bacterial proteins are active in host cells and can regulate apoptosis in infected cells. Consistent with this notion, we found that nonviable *E. faecalis* bacteria after internalization could not protect cells from apoptosis, suggesting that a newly synthesized enterococcal factor(s) might be responsible for the inhibition of apoptosis. While our data show that the activation of the PI3K/Akt pathway modulates expression of the key apoptosis effectors Bax and Bcl-2, the fact that enterococcal infection inhibited apoptosis induced by a wide range of stimuli makes it likely that other apoptosis effectors are affected, as well.

In conclusion, we have shown that *E. faecalis* can effectively manipulate host cell signaling in infected macrophages to delay apoptosis. In this regard, this commensal organism appears to mimic classic intracellular pathogens that hijack cell death pathways to promote survival in the intracellular niche. Enterococcal antiapoptotic activity may have evolved to suppress the host apoptotic response to initial intracellular invasion as a means to modulate the host immune response and may be regarded as a "gainin-time strategy" for adaptation of the bacterium to its new environment. Understandably, this strategy has important consequences for enterococcal pathogenesis, and a better understanding of the factors and mechanisms involved may provide new avenues to prevent and treat enterococcal infections.

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