



Published in final edited form as:

Clin Lab Med. 2014 December ; 34(4): 747–761. doi:10.1016/j.cll.2014.08.006.

The Changing Landscape of the Vaginal Microbiome

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Keywords

Vaginal Microbiome; Pregnancy; Bacterial vaginosis; Preterm birth; Metagenomics; Microbiota

Introduction

The microbiome influences humans in many still underappreciated respects, including but not limited to development and growth, immunity, metabolism and even behavior^{1,2}. Most bacterial communities exist in mutualistic relationships with the healthy human host, and it is clear that our microbiota evolved in concert with our genome, the product of which is a true human-microbial symbiosis. However, it is also clear that microbial dysbiosis can result in disease, and the outgrowth of opportunistic pathogens can threaten the health and life of the human host. Fueled in part by the *Human Microbiome Project* (HMP) of the National Institutes of Health (NIH), and similar efforts by other groups worldwide^{3–5}, large-scale efforts have been made to define the “normal” microbiome of healthy individuals across multiple body sites. Facilitated by the advent of next-generation sequencing, a major success of the first phase of these efforts has been the wealth of data generated, which collectively has revealed the previously poorly recognized complexity and dynamic nature of the human microbiome and its stunning impacts on human health and well-being. To further explore the functional role of the microbiome in human health and disease, the NIH has launched HMP2, now termed the *integrative* HMP or iHMP, a second phase of study that mandates a more in depth ‘multi-omic’ approach to explore host-bacterial interactions and community dynamics in the context of human health and disease.

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The authors have nothing to disclose

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The Vaginal Microbiome Consortium (vmc.vcu.edu) at Virginia Commonwealth University (VCU) has a two-stage project funded by the NIH HMP1 and iHMP programs. The first stage, the Vaginal Human Microbiome Project, is a cross-sectional community based study on over 6,000 visitors to multiple women's clinics in Central Virginia, with the goal of investigating the roles of the vaginal microbiome in women's urogenital health. Vaginal and buccal samples were collected from women volunteers over the age of 18, with the exception of women who were incarcerated, independent of their state of health. Embedded within this study is the collection and analysis of samples from approximately 250 monozygotic and dizygotic twin pairs from VCU's Mid Atlantic Twin Registry⁶. The microbial populations in each sample were defined by high-throughput metagenomic 16S rRNA gene sequencing, whole metagenome shotgun analysis, and by microbiologically culturing, cloning by single colony isolation and sequencing of the genomes of target bacterial species or taxa. In the Multi-Omic Microbiome Study-Pregnancy Initiative, the second stage of this program, samples from over 2,000 pregnant women and their infants are being collected longitudinally at multiple prenatal visits during their pregnancies, at delivery and at early post natal visits. Samples are collected from the vagina, rectum, nares, mouth and skin from each participant over the age of 15 who is not incarcerated and who is not a surrogate.

Samples from these participants are subjected to six 'omics' technologies: *i*) targeted 16S rRNA gene surveys to generate species-level microbiome profiles; *ii*) whole genome sequencing of relevant taxa that we are able to culture and bacteriologically clone; *iii*) whole metagenomic shotgun sequencing (WMGS) to generate 'gene-centric' and 'taxonomy-centric' profiles of the metabolic and pathogenic potential, and to generate genome sequences of abundant taxa that we are unable to cultivate; *iv*) metatranscriptomic analysis to assess expression levels of relevant prokaryotic and host genes; *v*) metabolomic/lipidomic analyses to provide insight into the signaling and regulatory pathways controlling the environment in the vagina; and *vi*) immunoproteomic analyses to measure cytokines and immune factors impacting vaginal function during pregnancy. The objective of the latter study is to elucidate the role(s) of the vaginal microbiome in the etiology or prevention of adverse outcomes of pregnancy, with a specific focus on preterm birth and stillbirth.

The vaginal microbiome

Microbial communities play fundamental roles in promoting homeostasis in the vagina and in preventing colonization of pathogenic bacteria, but the mechanisms by which they exert their influence are not well defined. Historically, studies of vaginal microbiota applied conventional culture-dependent microbiological strategies, which, because most of the microbial species in these environments are intractable to standard cultivation technologies, produce only a partial picture of the overall microbiome. Development of culture-independent approaches based on analysis of 16S rRNA gene sequences, coupled with the establishment of high-throughput so-called 'next-generation' sequencing technology⁷, now permits deep, high-resolution, species-level classification⁸ of vaginally-relevant bacteria and is dramatically broadening our understanding of the vaginal ecosystem and the complex interactions between host and microbial factors within it.

Since their first description in 1892 by Gustav Doderlein, lactobacilli have been considered the dominant inhabitants of vaginal communities and the cornerstone of vaginal health⁹. The prevailing hypothesis holds that vaginal *Lactobacillus* species promote a protective environment in the vagina by lowering the pH through lactic acid production and by competing for nutrients and space. *Lactobacillus* species also produce other metabolites, bacteriocins and hydrogen peroxide (H₂O₂), which may contribute to the inhibition of growth of other microorganisms^{10,11}, and therefore have the potential to actively protect the vaginal ecosystem from adverse microbiota.

Recent studies have produced major advances in our understanding of the composition of vaginal microbial communities. Collectively, this research has revealed the presence of several distinct types of communities that differ in both the composition and relative abundance of species or taxa. The prevalence of these communities varies significantly among different racial and ethnic groups¹²⁻¹⁴. This observation is important because differences in microbial composition may radically influence how vaginal communities respond to infections or other imbalances. Here, we review studies of the vaginal microbiome, including factors that influence its composition and its role in the maintenance of vaginal health.

Healthy *Lactobacillus* dominated vaginal flora

The genus *Lactobacillus* is comprised of over 130 lactic acid producing species that inhabit diverse environments; over 20 of which have been detected in the vagina^{15,16}. Unlike most other body sites, healthy vaginal communities have been considered to be those dominated by only one or two species, the most common of which are *Lactobacillus iners*, *Lactobacillus crispatus*, *Lactobacillus jensenii* and *Lactobacillus gasseri*^{12,17}. Lactobacilli use several mechanisms to inhibit colonization by other bacteria including pathogens. Vaginal epithelial cells produce glycogen, which lactobacilli ferment, producing D- and L-lactic acid¹⁸. Some species produce hydrogen peroxide in vitro; however, recent studies suggest that in the hypoxic conditions that exist in the vagina, concentrations may never achieve levels that are inhibitory to other bacteria¹⁹. In vaginal fluid, bacteria associated with bacterial vaginosis can be suppressed with lactic acid but not hydrogen peroxide^{20,21}. Some species also produce bacteriocins that can directly kill other bacterial species²². *Lactobacilli* also likely outcompete other organisms for nutrients or receptors at the epithelial cell surface²³⁻²⁵. These inhibitory mechanisms differ among *Lactobacillus* species. Comparative genomic analyses of *L. crispatus*, *L. gasseri*, *L. iners* and *L. jensenii* have provided evidence that each *Lactobacillus* species possesses a unique repertoire of protein families and suggest these differences may reflect specific community adaptations^{26,27}. Future studies aimed at characterizing the functional roles of these species-specific protein families and genes may provide important insight into how these common vaginal bacteria impact women's health.

Lactobacilli can also inhibit pathogen colonization by competing for host cell receptors used by urogenital pathogens such as *Gardnerella vaginalis*, *Neisseria gonorrhoeae*, *Candida albicans*, *Staphylococcus aureus*, group B *Streptococcus* species (GBS), *Pseudomonas aeruginosa*, *Streptococcus agalactiae*, *Escherichia coli* and *Prevotella bivia*^{23,28-30}. Thus,

lactobacilli with a higher affinity for host cell receptors can displace adherent *G. vaginalis* and *N. gonorrhoeae*^{25,31}. Furthermore, some lactobacilli are thought to co-aggregate with pathogens; e.g., *G. vaginalis*, *C. albicans* and *E. coli*, thereby inhibiting them from binding to host cells and allowing more effective clearance^{32,33}.

From the host perspective, several factors, including but not limited to the periodic hormonal cycling that promotes release of glycogen into the vaginal environment and the continual sloughing of the epithelial cells to which bacteria are attached, contribute to innate defenses against pathogen colonization. Presumably the collective activities of the host, in concert with inhibitory mechanisms of *Lactobacillus*, contribute to the maintenance of a healthy vaginal ecosystem.

Healthy non-*Lactobacillus* dominated vaginal flora

Although a prevalence of *Lactobacillus* species is the most common signature of a healthy microbiome, a significant proportion of apparently healthy women have vaginal bacterial communities that lack appreciable numbers of *Lactobacillus* species but include a diverse range of facultative or strictly anaerobic bacteria that are typically associated with slightly elevated pH. These microbiota include members of the genera *Atopobium*, *Corynebacterium*, *Anaerococcus*, *Peptoniphilus*, *Prevotella*, *Mobiluncus*, *Gardnerella* and *Sneathia*, bacteria that are usually associated with a dysbiotic or diseased state^{12,14,16,34–36}. Some of these bacteria, such as *Atopobium* can also produce lactic acid³⁷. Thus the question remains whether certain bacterial taxa can play the role as either healthy commensal or pathogen, depending upon other factors.

Factors that influence the microbiome

Many factors influence the stability of the vaginal microbiota. The composition of vaginal communities fluctuate as a function of age, menarche, menses, pregnancy, infections, birth control and sexual behaviors^{17,38–41}. Exposure to spermicides or β -lactam or other antimicrobials can decrease the prevalence of lactobacilli and consequently increase susceptibility to vaginal infections^{42,43}.

Acquisition of the vaginal microbiome occurs shortly after or during birth. *In utero*, the fetus was once thought to exist in a sterile or near-sterile environment, but several culture-independent studies now suggest the placental microbiome harbors low-abundance microbial communities^{44–46}. With a vaginal delivery, the neonate is exposed to a diverse array of microbes, including those encountered during passage through the mother's birth canal. Culture-based studies in humans suggest that neonates acquire their initial microbiota from the vagina and feces of their mothers⁴⁷. Dominguez-Bello *et al.*⁴⁸ used targeted 16S rRNA gene sequencing to show that vaginally delivered infants (n = 4) acquire microbial communities across skin, oral, nasopharyngeal and gut habitats similar to the vaginal microbiota of their mother, most commonly dominated by *Lactobacillus*, *Prevotella*, or *Sneathia* spp., whereas cesarean section delivered infants (n = 6) acquire microbial communities similar to those inhabiting their mother's skin, dominated by *Staphylococcus*, *Corynebacterium* and *Propionibacterium* spp. Other studies have demonstrated that meconium of full term infants harbor bacteria^{49,50}, indicating that gut colonization is seeded

prior to birth. Additional studies have reported that the gastrointestinal tract of vaginally delivered newborns acquire several strains of Bifidobacterium from the intestine of the mother, suggesting that delivery mode and the mother's intestinal microbiota are key factors in establishing the infant's intestinal microbiota during early infancy^{51,52}. It remains unclear how differences in the mode of delivery will impact development of the infant microbiome over time and what, if any, the subsequent effects on health will be.

Changes in the composition of the vaginal flora are driven by the dramatic hormonal shifts that occur throughout a woman's life. During early childhood, the vaginal pH is neutral or only slightly alkaline⁵³⁻⁵⁵. As estrogen levels rise during puberty, increased amounts of glycogen deposited in the vaginal epithelium permits the ascendance and eventual predominance of lactic-acid producing bacteria. As these bacteria ferment glycogen into glucose and eventually lactic acid^{56,57} the resulting lowered pH is thought to establish an inhospitable environment that is critical in preventing the propagation of many bacterial taxa, including many pathogenic or "less healthy" species. Traditionally, the high prevalence of lactic-acid producing bacteria has been considered the hallmark of vaginal health⁹, and, for many women, species of the genus *Lactobacillus* predominate the vaginal microbiome during the reproductive years⁵⁸. As women approach menopause, estrogen levels decrease, glycogen content in the vaginal epithelium diminishes, and, as a result, lactobacilli decrease in prevalence⁵⁹. With fewer lactobacilli present, less lactic acid is produced and the vaginal pH increases. Hormone replacement therapy (HRT) during and after menopause reverses this effect by increasing the glycogen content in the vaginal environment, which in turn has been reported to increase the predominance of *Lactobacillus* and significantly lower vaginal pH compared to postmenopausal women not undergoing HRT⁵⁹⁻⁶¹.

The composition of vaginal bacterial communities differs dramatically among reproductive age women of different ethnic groups¹²⁻¹⁴. Ravel *et al.*¹² analyzed the samples from 396 asymptomatic women and identified 5 community clusters: those predominated by *L. iners*, *L. crispatus*, *L. gasseri*, *L. jensenii* or had low proportions of lactobacilli and high proportions of strictly anaerobic bacteria. They found that 80-90% of the bacterial communities characterized in Asian (n = 97) and white (n = 98) women were dominated by species of *Lactobacillus*. In contrast, only ~60% of Hispanic (n = 97) and African American (n = 104) women had vaginal microbiomes dominated by *Lactobacilli*. This compositional difference was reflected in the higher average pH values (*i.e.*, pH > 4.5) recorded in Hispanic and African American women, which are above the range generally associated with vaginal health. A more extensive study by Fettweis *et al.*¹⁴ of vaginal samples from 1,686 African American women and 482 women of European ancestry showed similar results. However, in the latter study, two additional community clusters dominated by *G. vaginalis* or BVAB1 were observed, and a significant number of the samples, predominantly those from African American women, did not cluster into a common profile (Fig 1). Collectively, these findings reveal that the vaginal microbiome is much more heterogeneous and dynamic than commonly believed.

Although the influence of genetic factors on the vaginal microbiome is generally not well understood, a handful of genetic variants that impact vaginal health have been uncovered. The innate immune response in the female genital tract, which represents a pivotal defense

against invading pathogens, represents one such genetically driven influence. Upon recognition of pathogen-associated molecular patterns (PAMPs) through interaction with toll-like receptors (TLRs), the innate immune response triggers secretion of a wide range of inflammatory mediators, chemokines and cytokines. Single nucleotide polymorphisms (SNPs) that disrupt proteins that mediate normal signaling or immune recognition have been associated with increased susceptibility to vaginal infections^{2,62,63}. Moreover, polymorphisms in TLR4, TNF- α , IL-4 and IL-10 genes have been shown to induce aberrant responses to BV-associated bacteria related to preterm birth^{62,64,65}. Clearly, further investigation into the impact of environmental and genetic influences on the vaginal microbiome have a strong potential to improve diagnostics and contribute to the development of more personalized medicine relevant to urogenital health of women.

The vaginal microbiome and disease

The dynamic equilibrium of the vaginal microbiome can be altered by environmental factors and external interferences (*e.g.*, antibiotics, vaginal hygiene, sexual intercourse, hormone therapy, etc.). These alterations can result in microbial imbalances or dysbiosis in the urogenital tract. As outlined above, the normally commensal bacterial communities present in the vagina can, under certain circumstances, become pathogenic (*e.g.*, *G. vaginalis*, *E. coli* and *C. albicans*) if a shift in the equilibrium favors their competitiveness. Thus, changes in the vaginal microbiome can lead to intervals of increased susceptibility that negatively impact the ability of the community to resist pathogen colonization.

Bacterial Vaginosis

Bacterial vaginosis (BV) is a polymicrobial disorder and the most common vaginal imbalance in reproductive age women worldwide, affecting between 20-25% of the general population and upto 50% of women visiting sexual health clinics^{66,67}. Although normally treatable with antibiotics, recurrence is the norm. Thus, BV represents a very significant public health challenge that predisposes affected women to sexually transmitted infections, pelvic inflammatory disease and numerous adverse pregnancy outcomes such as preterm birth and stillbirth⁶⁸⁻⁷⁰. While it remains uncertain whether BV can be sexually transmitted, studies have shown that BV increases the risk of transmission of HIV and other sexually transmitted diseases^{71,72}. Although BV is not attributable to infection by a single pathogenic organism, multiple factors have been identified, including but not limited to, a new sexual partner, douching, smoking, and unsafe sexual practices that increase a woman's risk for BV. Relapsing BV is a major problem for many women, with recurrence rates greater than 50% within 12 months of treatment⁷³.

Although its etiology is not well understood, and the disorder itself is rather loosely defined, BV is generally considered to be characterized by the disruption of the normal vaginal ecosystem marked by depletion of lactobacilli, and overgrowth of various gram negative and/ or anaerobic bacteria, including *G. vaginalis*, *A. vaginae*, *Megasphaera phylotype 1* species, *Mobiluncus spp.*, *Ureaplasma urealyticum*, *Provetella*, *Peptostreptococcus* and *Mycoplasma hominis*^{74,75}. Although BV is considered a polymicrobial disease, *G. vaginalis* has been promoted as an important contributor in the pathogenesis of BV and is present in

95% of cases⁷⁶. *G. vaginalis* adheres to and establishes a biofilm on the vaginal epithelium and secretes a cytotoxin that has the potential to disrupt and kill epithelial cells⁷⁶. The massive increase of vaginal anaerobes in BV is associated with heightened production of proteolytic enzymes and the subsequent breakdown of vaginal peptides to a variety of amines. In high pH environments the amines become malodorous, contribute to the typical vaginal discharge and trigger the release of pro-inflammatory cytokines such as IL-1 β and IL-8^{77,78}. Women with BV typically complain of vaginal discharge and a fishy malodor. However, a substantial fraction of women with bacterial populations characteristic of BV are asymptomatic and report no clinical complaints.

BV is typically diagnosed based on the presence of three of the following Amsel criteria⁷⁹: *i*) an elevated vaginal pH (> 4.5); *ii*) a thin, homogeneous gray-white discharge; *iii*) a fishy odor upon the addition of 10% potassium hydroxide to vaginal fluid on a glass slide; and *iv*) presence of clue cells (squamous epithelial cells covered with adherent bacteria) on microscopic examination of vaginal fluid. Alternatively, in research and laboratory settings, BV is diagnosed by scoring a Gram-stained vaginal smear using the *Nugent* criteria⁸⁰. The *Nugent* score assumes high numbers of *Lactobacillus* species are indicative of health, and their depletion coupled with increased numbers of small and/or curved Gram-variable rods is indicative of BV.

It is well established that there is a greater incidence of BV among African American women. Fettweis *et al.*¹⁴ compared the microbiome profiles of African American women and women of European ancestry with and without a clinical diagnosis of BV (Fig. 1). Of the healthy subjects, those who did not receive a clinical diagnosis, African American women (n = 728) were more likely to be colonized by strict anaerobes, whereas women of European ancestry were more likely colonized by *L. crispatus*, *L. gasseri* and *L. jensenii*. Furthermore, of the participants with a positive diagnosis for BV, African American women (n = 373) were more likely colonized by *Anaerococcus tetradius*, BVAB1 and BVAB3, *Coriobacteriaceae*, *Sneathia* species, *Parvimonas*, *Dialister*, *Megasphaera*, *Bulleidia*, *Prevotella* species and *A. vaginae*, whereas women of European ancestry were more likely colonized by *M. hominis*, *Dialister micraerophilus* and an undefined *Gemella* species. This study extends previous findings^{16,57} that, even among apparently health women, African American ethnicity is associated with a vaginal microbiome that more closely resembles BV, characterized by an increase in species diversity and decrease in lactobacilli (Fig. 1). As of yet, the basis for this disparity remains unclear. The increased risk of BV among African American women parallels their increased risk for preterm birth, and a cause and effect relationship is sometimes inferred. However, the role of this microbial diversity in adverse outcomes in pregnancy remains unproven, and a better understanding of the factors associated with ethnicity that contribute to the vaginal microbiome has important implications for reproductive health.

Several vaginal species; *e.g.*, *L. iners*, *P. bivia* and *A. vaginae*, have been detected in vaginal samples from healthy women and from women with BV, indicating that these species have evolved mechanisms to persist in vastly differing environments. Among the vaginal lactobacilli *L. iners* is unique in its ability to survive in a BV-like environment. In a recent study, Macklaim *et al.*⁸¹ used RNA-seq strategies to describe the difference in gene

expression profiles of *L. iners* isolated from healthy women and women with BV environments^{81,82}. These studies showed that *L. iners* upregulates expression of a cholesterol-dependent cytolysin (CDC) in a woman with BV. CDCs belong to a family of pore-forming toxins that are common to many pathogenic bacteria, including *G. vaginalis*, but absent in *L. crispatus*, *L. jensenii* or *L. gasseri*. The *L. iners* encoded CDC exhibits 55% amino acid identity to the vaginolysin of *G. vaginalis*, which is thought to induce epithelial cell cytotoxicity^{83,84}. In contrast to the lactic acid-rich environment of the classical healthy vagina, the dominant metabolic byproducts of *L. iners* in the vagina of a woman with BV include succinate and a panel of short-chain fatty acids. Relevant to BV, increased production of succinate supports the growth of anaerobic bacteria. This study⁸¹ demonstrates the ability of *L. iners* to regulate gene expression depending on environmental factors (*i.e.*, bacterial composition, pH) and highlights the need for metatranscriptomic analyses to fully resolve species-specific interactions in the context of the host and community.

While *A. vaginae* has been associated with both healthy, asymptomatic women and women with BV, there has been debate over whether this lactic acid-producing species is a common component of the vaginal microbiota. A recent study using *in vitro* colonization of vaginal epithelial cell monolayers with *L. crispatus*, *L. iners*, *P. bivia* and *A. vaginae* demonstrated that each species triggers a unique innate immune signature². Consistent with the apparently beneficial role of *L. crispatus*, exposure of this bacterium to epithelial cells resulted in low-level immune activation. Alternatively, *A. vaginae* elicited a robust inflammatory response and increased expression of mucin-encoding genes². Furthermore, studies have reported an association between increased levels of *A. vaginae* and *G. vaginalis* with preterm labor⁸⁵.

Pregnancy and Preterm Birth

The vaginal microbiome changes during pregnancy, growing increasingly homogeneous as pregnancy progresses^{86,87}. A recent longitudinal study by Romero *et al.*⁸⁷ analyzed the taxonomic 16S rRNA profiles of vaginal samples from 22 pregnant and 32 non-pregnant women to investigate the temporal dynamics of the vaginal microbiota stability throughout pregnancy. They reported that the microbial communities of non-pregnant women sometimes undergo regular shifts in the representation and abundance of *Lactobacillus* species. In contrast, throughout pregnancy the vaginal microbiota is normally dominated by *Lactobacillus* species.

Preterm birth (PTB), defined as a birth prior to 37 weeks gestation, affects more than 11.5% of births and contributes to more than one third of all infant deaths^{88,89}. Very PTBs (<32 weeks) are commonly the result of infection in the uterine cavity caused by ascension of vaginal bacteria through the cervix⁹⁰. The most prevalent species associated with PTB are *U. urealyticum*, *M. hominis*, *Bacteroides* spp., *G. vaginalis* and *Fusobacterium nucleatum*^{90,91}. Bacteria identified in PTB-associated infections have been detected in umbilical cord blood, amniotic fluid, fetal membranes and placenta⁹⁰. However, infection of the uterine cavity does not always lead to adverse outcome and studies suggest that inflammation plays a more direct role in PTB⁹².

It is well established that diagnosed BV is associated with an increased risk for PTB, but the most prominent risk factor for PTB is a previous PTB⁹³. As outlined above, this observation is also consistent with the fact that BV is a recurrent if not chronic problem for many women. A recent study reported that, among women with a history of PTB, women with high levels of *Sneathia* species, BVAB1 and *Mobiluncus* species early in pregnancy, were significantly more likely to experience a spontaneous PTB⁹⁴. We recently reported that the genome of a *Sneathia amnii* strain from a woman who experienced preterm birth bears various potential pathogenic determinants including cytotoxins and adhesins. We also demonstrated *S. amnii* forms pores in and kills eukaryotic cells in culture³⁶. Continued identification and study of bacteria with strong predictive value holds promise for developing more effective prophylactic and therapeutic approaches to reduce rates of preterm birth.

Concluding Remarks

Although not as diverse as the gut or oral microbiomes, deep sequence analysis of the vaginal microbiome is revealing an unexpected complexity that was not anticipated as recently as several years ago. Studies have revealed that women can be clustered into a finite number of groups based on the profile and complexity of the microbiomes. Some of these groups are diverse and comprised of complex combinations of bacterial taxa. Defying convention, even apparently healthy women often display these complex microbiome profiles. Conversely, many women with BV exhibit homogenous vaginal microbiomes dominated by lactobacilli, underscoring the likely multiple etiologies of the syndrome of BV, and calling for more diagnostic accuracy and resolution. African women have more diverse microbiomes, more BV and more PTB than women of European ancestry. However, the lack of clarity in the definition of a healthy vaginal microbiome, much less an unhealthy vaginal microbiome, underscores the need for more investigation of these phenomena. Some clarity may be gained by the careful analysis of the genomes of the specific bacteria in these women. We know that bacteria with identical 16S rRNA sequences (*e.g.*, the many strains of *E. coli*) have vastly different pathogenic potentials. Thus, it may not be surprising that one healthy woman's vaginal microbiome is dominated by *G. vaginalis* with an identical 16S rRNA signature to that of a *G. vaginalis* strain populating the vagina of a woman with BV or other unhealthy condition. Ongoing studies will clarify this process, and offer relief for women with recurring vaginal maladies and hope for pregnant women to avoid the experience of PTB.

Acknowledgments

We thank members of the Vaginal Microbiome Consortium (vmc.vcu.edu) at VCU for their effort and inspiration in generation of the data and its analysis associated with this publication. This work was supported by National Institutes of Health grants 4UH3AI083263, The Vaginal Microbiome: Disease, Genetics and the Environment, and 8U54HD080784 Multi-omic Analysis of the Vaginal Microbiome During Pregnancy (MOMS-PI). Sequence analysis was performed in the Nucleic Acids Research Facilities at VCU. Bioinformatics analysis was provided by the staff of the Bioinformatics Computational Core Laboratories at VCU.

This work was supported NIH grants 8U54HD080784 and 1UH3AI083263 to G.A.B.

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Key points

- The vaginal microenvironment is a dynamic ecosystem in which the microbiota play a major role in regulating parameters such as pH and in limiting the growth of potentially harmful organisms.
- Alterations in the vaginal microbiota can impact the community's ability to inhibit pathogenesis of disease-causing organisms in the femal urogenital tract.
- Bacterial vaginosis is broadly, but apparently only poorly, defined by the disruption of the normal vaginal ecosystem marked by depletion of lactobacilli and overgrowth of anaerobic bacteria.

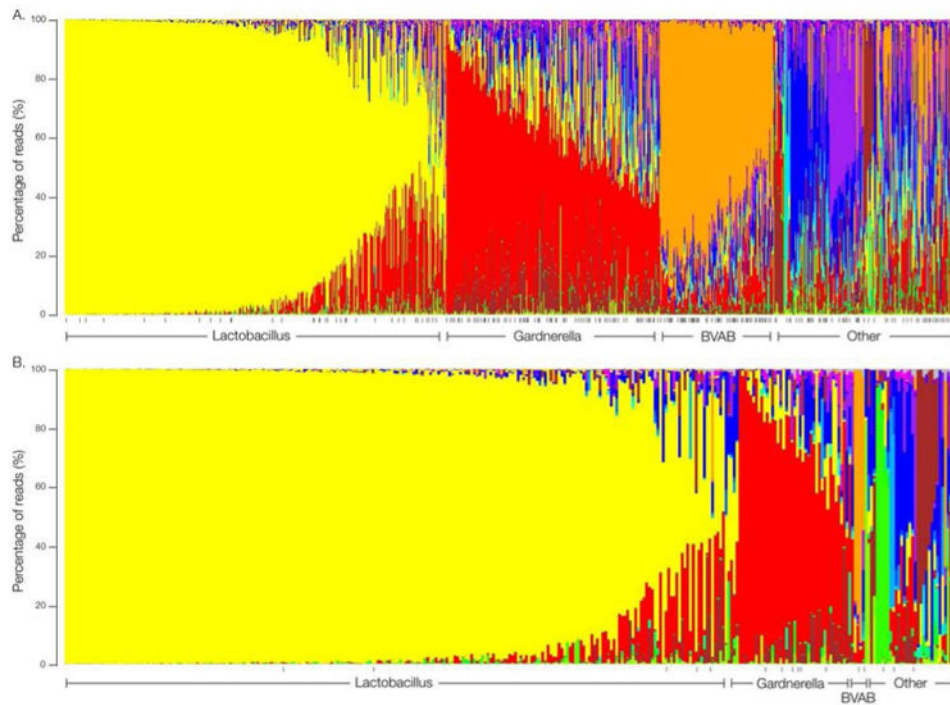


Figure 1.

Microbiome profiles of women of African American or European ancestry.

Mid-vaginal relative abundance profiles using genus-level classification from (A) 960 African American women and (B) 330 women of European ancestry enrolled in the Vaginal Human Microbiome Project at VCU. The profiles are clustered by the dominant genus into different community types. All processed samples were represented by >5,000 reads. See Fettweis et al.¹⁴ for methodology. Black vertical dashes represent women with a clinical BV diagnosis.

Data From: Fettweis JM, Brooks JP, Serrano MG, et al. Differences in vaginal microbiome in African American women versus women of European ancestry. *Microbiology*. 2014 [Epub ahead of print]