Sorghum [Sorghum bicolor (L.) Moench] Leaf Sheath Dye Protects Against Cisplatin-Induced Hepatotoxicity and Oxidative Stress in Rats

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ABSTRACT This study sought to determine the protective effect of dietary inclusion of sorghum leaf sheath dye on cisplatin-induced hepatotoxicity and oxidative stress in rats. Adult male rats were randomly divided into four groups with six animals in each group. Groups I and II were fed a basal diet, while groups III and IV were fed diets containing 0.5% and 1% sorghum leaf sheath dye, respectively, for 20 days before cisplatin administration. Hepatotoxicity was induced by a single dose of cisplatin (7 mg/kg body weight, i.p.), and the experiment was terminated at 3 days after cisplatin injection. The liver and plasma were studied for hepatotoxicity and antioxidant capacity. Cisplatin caused a significant $(P < .05)$ alteration in plasma and liver enzymatic (catalase, glutathione-S-transferase [GST], and superoxide dismutase [SOD]) and nonenzymatic (glutathione [GSH] and vitamin C) antioxidant indices with a concomitant increase in the malondialdehyde (MDA) content; however, there was a significant ($P < .05$) restoration of the antioxidant status coupled with a significant ($P < .05$) decrease in the tissue MDA content, after consumption of diets containing sorghum leaf sheath dye. Furthermore, dietary inclusion of sorghum leaf sheath dye caused a marked reduction in the activities of alanine aminotransferase and aspartate aminotransferase after cisplatin administration. However, the ability of the dye to prevent significant cisplatin-induced alteration of both plasma and liver antioxidant indices suggests an antioxidant mechanism of action. Hence, this protective effect of Sorghum bicolor leaf sheath dye against cisplatin-induced hepatotoxicity in rats reflects its potential and beneficial role in the prevention of liver damage associated with cisplatin administration.

KEY WORDS: • anthocyanin • antioxidants • cis-dichlorodiammineplatinum (II) (CDDP) • liver damage • oxidative stress • red dye • Sorghum bicolor (L.) Moench

INTRODUCTION

Cisplatin [cis-dichlorodiammineplatinum (II), CDDP] is a platinum-based synthetic antineoplatic drug extensively used for the treatment of a variety of solid tumors.^{1,2} Although one of the mostly used antineoplatic drugs, cisplatin has a number of dose-dependent toxicities such as nephrotoxicity and hepatotoxicity that interfere with its therapeutic efficacy.³ Nephrotoxicity of cisplatin has been recognized as the most important dose-limiting factor in its treatment of some solid tumors, with findings also suggesting the occurrence of hepatotoxicity at higher doses.⁴ The precise mechanisms of cisplatin hepatotoxicity have not been categorically stated or fully elucidated, but suggestions have been made that cisplatin hepatotoxicity could be a result of the liver metabolizing cisplatin to more toxicity adducts/metabolites;⁵ this results in reduced liver function in cancer patients as indicated by elevated levels of liver enzymes such as aspartate aminotransferase (AST), alanine aminotransferase (ALT), and alkaline phosphatase (ALP).⁶

The side effects caused by the administration of cisplatin in cancer patients needs to be holistically reduced due to a number of reasons. First, cisplatin causes oxidative stress via the depletion of endogenous antioxidants.6,7 The platinum (a transition metal) in cisplatin complexes with reduced glutathione (GSH) by binding to the thiol group of the protein⁸ results in the depletion of GSH stores, which is responsible for ameliorating the effects of free radicals entering into the system.⁹ The depletion of the GSH stores could result in decreased bioavailability of vitamin C and antioxidant enzymes such as glutathione-S-transferase (GST) and glutathione peroxidase (GPx), because GSH is

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necessary for the recycling of vitamin C and the antioxidant enzymes in $vivo^{2,10}$ Second, cisplatin causes oxidative stress via increased generation of reactive oxygen species, such as superoxide anion and hydroxyl radical, 11 and also causes lipid peroxidation and DNA damage.10,12,13 It has been established that lipid peroxidation might also participate in hepatotoxicity found in cisplatin-treated animals despite the activation of antioxidant enzymes.¹⁴

The use of some synthetic drugs has been developed as one of the strategies proposed for the prevention/management of cisplatin-induced hepatotoxicity; however, these drugs have their own associated risks and side effects.¹⁵ Hence, there is a need to explore natural alternatives (plant and food materials) with little or no side effect. The use of plants with color or dye for the prevention and management of diseases has been employed in folklore since time immemorial. Sorghum [Sorghum bicolor (L.) Moench] is one of the numerous species of sorghum grasses raised mainly for grain, and many are also cultivated as fodder plants for pasture. The plant is native to tropical and subtropical regions,16 and it is one of the major grain crops cultivated for human food in Africa and other tropical regions of the world. The people of south-west Nigeria usually ferment the grains into gruels, which serve as weaning food for babies. Furthermore, sorghum leaf sheath (dried leafs and stems) and extracts have been employed as infusion, colorant, or dye in therapy for the management of anemia and sickle cell disease and they have also found use as an antimalarial, anthelminthic, and insecticide. $17,18$ The therapeutic roles of sorghum and its extracts have been linked to its phytoconstituents, such as anthocyanin.¹⁹ Anthocyanins have been reported to possess vasoprotective and anti-inflammatory properties,20 inhibit lipid peroxidation, and scavenge free radicals.21 Furthermore, the anti-cancer and chemoprotective,²² as well as anti-neoplastic properties²³ of anthocyannins have been reported.

Although less toxic platinum compounds have been developed, cisplatin remains the drug of choice in platinumbased therapy regimens, and one of the most commonly used chemotherapeutic drugs.²⁴ Thus, prevention/management of the side effects of cisplatin is one of the major issues in treating cancer patients.¹³ Therefore, this study sought to assess the antioxidant and hepatoprotective potentials of red dye extract from sorghum leaf sheath on cisplatin-induced hepatotoxicity in rats.

MATERIALS AND METHODS

Materials

Sorghum (SRN 4841) leaf sheath (dried leafs and stems) was purchased at Oja Oba market in Akure metropolis, Nigeria. The sample was authenticated at the Department of Plant Science, Ekiti State University (Ado-Ekiti, Nigeria), where a voucher specimen (UHAE 2013/23) was deposited at the herbarium. The sample was oven dried and pulverized, and later stored in an air-tight container before dye/ pigment extraction. Cisplatin was sourced from Korea United Pharm., Inc. (Sejong, Korea). All the kits used for the bioassay were sourced from RANDOX Laboratories Ltd., Crumlin, Co. (Antrim, United Kingdom). All chemicals were of analytical grade. Diet ingredients were purchased from VITAL Feeds, Jos, Nigeria Ltd (Jos, Nigeria). Highperformance liquid chromatography (HPLC) with a Shimadzu Prominence Auto Sampler (SIL-20A) HPLC system (Shimadzu, Kyoto, Japan), equipped with Shimadzu LC-20AT reciprocating pumps, was connected to a DGU 20A5 degasser with a CBM 20A integrator, SPD-M20A diode array detector (DAD), and LC solution 1.22 SP1 software.

Animals

The handling and use of the animals were in accordance with NIH Guide for the care and use of laboratory animals. Male albino rats weighing about 165 ± 10 g used for this experiment were purchased from a private animal colony within Akure metropolis. The rats were maintained at 25° C on a 12 h light/dark cycle with free access to food and water. They were acclimatized under these conditions for 2 weeks before the commencement of the experiments. The experimental study was approved by the Institutional Ethics Committee.

Extraction of sorghum leaf sheath dye

The extraction of the red dye from the sorghum leaf sheath was carried out using a slightly modified method of Adetuyi et al^{25} Briefly, the dye was extracted by soaking 100 g of pulverized sample in 1.8 L of distilled water and kept overnight (12 h). Thereafter, the mixture was filtered and the filtrate was collected before the residue was rinsed with another 200 mL of distilled water. This again was filtered, and the filtrate was collected and added to the previous one. The filtrate was later lyophilized and kept in an air-tight container before analysis. This was designated as the dye used for this study.

Determination of total anthocyanin content

The total anthocyanin content of the sorghum sheath dye was determined according to the pH differential method reported by Fuleki and Francis.²⁶ Briefly, 0.2 mL aliquots of the dye solution were diluted with 2.8 mL of buffer, pH 1.0 (consisting of 125 mL of 0.2 N KCl, and 385 mL of 0.2 N HCl) and another 0.2 mL of the dye solution was diluted with 2.8 mL of buffer, pH 4.5 (consisting of 400 mL of 1 N sodium acetate, 240 mL of 1 N HCl, and 360 mL distilled water) solution. Thereafter, the absorbance readings at 510 nm for the two solutions were taken. Total anthocyanin content was calculated using the value obtained from the difference between absorbance in pH 1.0 and 4.5 buffers. This was subsequently expressed as milligram cyanidin-3 glucoside equivalent/100 g of dye (cyanidin-3-glucoside, $\varepsilon = 26,900 \,\mathrm{M}^{-1} \,\mathrm{cm}^{-1}$).

Experimental design and induction of hepatotoxicity

The animals were randomly divided into four groups of six animals each. Groups I and II were fed a basal diet (50% skimmed milk, 36% corn starch, 10% groundnut oil, and 4% mineral and vitamin premix), while groups III and IV were

fed a basal diet supplemented with 0.5% and 1% sorghum leaf sheath dye, respectively, for 20 days before the administration of cisplatin. The diets fed to the rats were prepared according to the modified method of Oboh et $al.^{27}$ and were kept in airtight containers, which were stored at 4°C until needed for use. On day 20, group I receive sterile water (1 mL/kg, i.p.), while hepatotoxicity was induced in groups II, III, and IV by intraperitoneal administration of a single dose of cisplatin $(7 \text{ mg/kg}$ body weight),²⁸ and the experiment was terminated at 3 days after cisplatin administration. The animals were decapitated after an overnight fast by cervical dislocation, the blood was rapidly collected by direct heart puncture into an ethylenediaminetetraacetic acid (EDTA) bottle, and the liver was rapidly isolated, weighed, and kept on ice.

Analytical procedures

Plasma AST, ALT, albumin, triglyceride, total cholesterol, low-density lipoprotein (LDL)-cholesterol, and high-density lipoprotein (HDL)-cholesterol were determined using commercially available kits (Randox Laboratories, Northern Ireland, United Kingdom). Lipid peroxidation was determined by thiobarbituric acid (TBA) reaction²⁹ and quantified as malondialdehyde (MDA) content. Furthermore, assays to determine the plasma activities of superoxide dismutase (SOD) ,³⁰ catalase,³¹ and GST³² were carried out. However, reduced glutathione, vitamin C, and total protein contents were determined according to Ellman,³³ Benderitter et al.³⁴ and Lowry et al.,³⁵ respectively.

Quantification of compounds by RP-HPLC-DAD

Reverse-phase (RP) chromatographic analyses were carried out under gradient conditions using C_{18} column $(4.6 \times 150 \text{ mm})$ packed with 5 μ m-diameter particles; the mobile phase was water containing 2% acetic acid (A) and methanol (B), and the composition gradient was 5% of B until 2 min and was changed to obtain 25%, 40%, 50%, 60%, 70%, and 100% B at 10, 20, 30, 40, 50, and 80 min, respectively, following the method described by Laghari et al.³⁶ with slight modifications. The red dye extract was analyzed at a concentration of 5 mg/mL. The flow rate was 0.6 mL/min, injection volume was $40 \mu L$, and the wavelength ranged from 254 to 365 nm. The samples and mobile phase were filtered through a $0.45 \mu m$ membrane filter (Millipore, Darmstadt, Germany) and then degassed by an ultrasonic bath before use. Stock solutions of standard compounds were prepared in the HPLC mobile phase at a concentration range of 0.030–0.350 mg/mL for rutin and kaempferol; and 0.050–0.250 mg/mL for ferulic, caffeic, and gallic acids. The chromatography peaks were confirmed by comparing their retention time with those of reference standards and by DAD spectra (200–500 nm). All chromatography operations were carried out at ambient temperature and in triplicate. The limit of detection (LOD) and limit of quantification (LOQ) were calculated based on the standard deviation of the responses and the slope using three independent analytical curves, as defined by ICH.³⁷ LOD and LOQ were calculated as 3.3 and 10 σ /S, respectively, where σ is the standard deviation of the response and S is the slope of the calibration curve.

Data analysis

The results of replicate readings were pooled and expressed as mean \pm standard deviation. One-way analysis of variance was used to analyze the results, and Duncan multiple test was used for the post hoc.³⁸ Statistical package for Social Science (SPSS, Chicago, IL, USA) 16.0 for Windows was used for the analysis. The significance level was taken at $P < .05$.

RESULTS

The study revealed that the dye has 1.12 mg cyanidin-3 glucoside equivalent/100 g, total anthocyanin content. Furthermore, there was no significant $(P > .05)$ difference in the average feed intake of animals in group I (normal rats fed basal diet), group II (control rats administered cisplatin and fed basal diet), and groups III and IV (cisplatin-administered rats fed diet supplemented with 0.5% and 1% of the red dye, respectively) (Table 1). However, there was a significant $(P < .05)$ weight loss in the cisplatin-treated groups as compared with the normal rats. Nevertheless, diets containing either 0.5% or 1% of the dye were able to ameliorate the observed weight loss in cisplatin-treated groups (Table 1).

As observed also in Table 1, group II animals experienced a significant $(P < .05)$ elevation in their plasma levels of liver damage marker enzymes such as AST and ALT compared with group I. However, consumption of sorghum leaf sheath dye fortified diets before cisplatin administration (groups III and IV) resulted in maintenance of the plasma levels of these marker enzymes at levels close to normal rats. Furthermore, consumption of the dye before cisplatin injection protected against alteration in plasma albumin levels.

Table 1 also revealed that cisplatin administration led to the reduction in the activities of plasma antioxidant enzymes (catalase, GST, and SOD), and dietary treatment with sorghum leaf sheath dye (groups III and IV) protected against this alteration (except GST activity) in a dose-dependent pattern. Likewise, cisplatin treatment caused a marked decrease in plasma vitamin C content with a concomitant increase in the MDA content of the treated rats. Furthermore, this trend was maintained at near normal in the rats fed diets containing either 0.5% or 1% of the red dye (Table 1). As shown in Table 1, administration of cisplatin caused a significant $(P < .05)$ reduction in the activities of some liver antioxidant enzymes such as catalase, GST, and SOD; while the trend was maintained at near normal levels in either 0.5% or 1% red dye supplemented diet (groups III and IV). Furthermore, cisplatin administration also caused a marked reduction in both liver vitamin C and GSH contents, which was accompanied by an increase in the liver MDA content while these liver antioxidant indices were maintained at near normal levels in 0.5% or 1% red dye supplemented diet groups (Table 1).

In addition, the observed increase in the plasma atherogenic lipids (triglycerides and total cholesterol) and LDLcholesterol, with a concomitant decrease in the plasma

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Table 1. Effect of Diets Supplemented with Sorghum Leaf Sheath Red Dye on Some Biochemical Indices in Cisplatin (7mg/kg i.p.) Administered Rats

Values represent mean \pm standard deviation ($n = 6$).

Values not sharing the same superscript letter on the same row are significantly $(P < .05)$ different.

Adult male rats were divided into four groups of six animals each. Groups I (normal rats fed basal diet), group II (control rats administered cisplatin and fed basal diet), group III (cisplatin administered rats fed diet supplemented with 0.5% sorghum leaf sheath red dye), and group IV (cisplatin-administered rats fed diet supplemented with 1% sorghum leaf sheath red dye). The rats were maintained on these diets for 20 days before cisplatin administration. A single dose of cisplatin (7 mg/kg body weight, i.p.) was administered to the rats on the 20th day, and the experiment was terminated 3 days later. Plasma and liver biochemical indices were examined as evidence of cisplatin toxicity.

ALT, alanine aminotransferase; AST, aspartate aminotransferase; GSH, glutathione; GST, glutathione-S-transferase; HDL, high-density lipoprotein; LDL, lowdensity lipoprotein; MDA, malondialdehyde; SOD, superoxide dismutase.

HDL-cholesterol in the cisplatin administered rats, was mitigated against in rats treated with diets containing 0.5% or 1% red dye supplementation with the effect most prominent in group IV animals (Table 1).

HPLC fingerprinting of the sorghum sheath red dye revealed the presence of the gallic acid (peak 1), caffeic acid $(tR = 24.97 \text{ min}; \text{ peak } 2)$, ferulic acid $(tR = 29.73 \text{ min}; \text{ peak } 2)$ 3), rutin ($tR = 39.12$ min; peak 4), and kaempferol ($tR =$ 56.98 min; peak 5) (Fig. 1 and Table 2).

DISCUSSION

Cisplatin is an anti-neoplastic drug with known cytotoxicity at high-dose treatment, with hepatotoxicity being one of them.³⁹ This study revealed that a single intraperitoneal administration of cisplatin (7 mg/kg body weight) to rats resulted in deterioration of hepatic function as indicated by elevated AST and ALT activities, and a concomitant reduction in the plasma albumin level. This finding is consistent with the study of Mansour et $al.$ ⁴⁰ where administration of cisplatin induced a significant increase in serum ALT and AST and a significant decrease in albumin and calcium levels. The ability of cisplatin to alter the activities of these enzymes may be a secondary event arising from cisplatin-induced liver damage and leakage of these enzymes from the hepatocytes into blood circulation.⁴⁰

Liver is known to bio-accumulate significant amounts of cisplatin, after the kidney⁴¹; thus, hepatotoxicity may be associated with cisplatin treatment.⁴² Clinical evidence of cisplatin-induced hepatotoxicity is demonstrated by elevated activities of serum enzymes and bilirubin levels, and the development of jaundice. 43 However, this study revealed that consumption of diet containing sorghum dye inclusion protected against the alteration in the plasma AST, ALT, and albumin levels, and maintained them close to normal

FIG. 1. Reverse phase–high performance liquid chromatography finger printing of the constituent phenolic compounds in the sorghum leaf sheath red dye. Gallic acid (peak 1), caffeic acid (peak 2), ferulic acid ($peak 3$), rutin ($peak 4$), and kaempferol ($peak 5$). Chromatographic conditions are described in the Materials and Methods section.

values. This agreed with previous studies where various plant extracts and compounds protected the liver against cisplatin-induced hepatotoxicity.3,40 This hepatoprotective effect of the sorghum leaf sheath dye could be attributed to its constituent phytochemicals such as anthocyanins and other phenolic compounds (Table 2). Sorghum is a rich source of various phytochemicals such as anthocyanins, tannins, phenolic acids, phytosterols, and policosanols, which are known to significantly impact human health.¹⁹

Cisplatin administration also resulted in a significant alteration in the plasma and liver antioxidant enzymes (catalase, SOD, and GST) activity and nonenzymatic antioxidant indices (GSH, vitamin C, and MDA) with a significant reduction in the activities of these enzymes, GSH, and vitamin C contents. This is coupled to a significant increase in the plasma and liver MDA (a marker of lipid peroxidation) content. This finding is consistent with earlier studies that reported cisplatin-induced alteration in endogenous antioxidant status in rats.40,44 Oxidative stress has been implicated

Table 2. High-Performance Liquid Chromatography Fingerprinting of the Sorghum Leaf Sheath Red Dye Polyphenol Contents

Polyphenol compounds	Composition mg/g	$LOD \mu g/mL$	LOQ μ g/mL
Gallic acid	5.83 ± 0.01	0.04	0.12
Caffeic acid	70.95 ± 0.01	0.01	0.04
Ferulic acid	61.39 ± 0.02	0.02	0.08
Rutin	21.06 ± 0.01	0.02	0.06
Kaempferol	24.52 ± 0.03	0.01	0.05

Results are expressed as mean \pm SD of three determinations. Chromatographic conditions are as described in the Materials and Methods section.

LOD, limit of detection; LOQ, limit of quantification; SD, standard deviations.

as one of the possible mechanisms of cisplatin-induced nephrotoxicity.45,46 Findings have shown that cisplatin could induce tissue lipid peroxidation in both in vivo and in vitro studies. It alters tissue thiol status with concomitant alterations in the activities of antioxidant enzymes.40 This might be due to increased free radical generation induced by cisplatin administration. 47 These free radicals can inactivate antioxidant enzymes,48 and alter membrane lipids, leading to tissue injury or cell death.

Depletion in the tissue GSH content could affect the functional abilities of some glutathione-dependent antioxidant enzymes, thus rendering the tissue susceptible to oxidative stress. Furthermore, the increased liver MDA content (a biomarker of lipid peroxidation) could be associated with the elevation in the plasma AST and ALT activities, resulting from damaged hepatocytes. However, the protective effect rendered by previous consumption of diets fortified with the dye, as evidenced by the maintenance of the *in vivo* antioxidant indices (antioxidants and nonantioxidants) near normal values, suggests an antioxidant effect; and it could be attributed to the anthocyanin and phenolic constituents (Table 2). Phenolics are potent antioxidants that could help augment in vivo antioxidant status, by rendering a sparing effect to the GSH or directly scavenging the free radicals produced by cisplatin administration. Nevertheless, the observed ameliorative effect of the diets containing the sorghum dye gives credence to the fact that oxidative stress might be responsible for the cisplatin-induced liver damage.49,50 Oxidative stress is a pathogenic mechanism implicated in the initiation and progression of hepatic damage in a variety of liver diseases.

The observed increase in the plasma atherogenic lipids (triglycerides and total cholesterol) and LDL-cholesterol, coupled with a concomitant decrease in the plasma HDLcholesterol in cisplatin administered rats, could be attributed to impaired hepatic function. The liver is responsible for lipid homeostasis, most especially, cholesterol metabolism.⁵¹ However, maintenance of the balance in lipid homeostasis that accompanied previous feeding with diets containing either 0.5% or 1% sorghum leaf sheath dye might be due to the protective/healing effect of its constituent phenolic compounds. Polyphenols are potent antioxidants and have been reported to be involved in the healing process of tissue injury mediated by oxidative stress.⁵² The presence of these bioactive polyphenolic compounds in significant amounts in the sorghum leaf sheath red dye highlights the promising and potential use of the dye (as natural food colourants) in the therapy and management of hepatotoxicity.

AUTHOR DISCLOSURE STATEMENT

No competing financial interests exist.

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