

Similar healthy osteoclast and osteoblast activity on nanocrystalline hydroxyapatite and nanoparticles of tri-calcium phosphate compared to natural bone

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Abstract: While there have been numerous studies to determine osteoblast (bone forming cell) functions on nanocrystalline compared to micron crystalline ceramics, there have been few studies which have examined osteoclast activity (including tartrate-resistant acid phosphatase, formation of resorption pits, size of resorption pits, and receptor activator of nuclear factor κB [RANK]). This is despite the fact that osteoclasts are an important part of maintaining healthy bone since they resorb bone during the bone remodeling process. Moreover, while it is now well documented that bone formation is enhanced on nanoceramics compared to micron ceramics, some have pondered whether osteoblast functions (such as osteoprotegerin and RANK ligand [RANKL]) are normal (ie, non-diseased) on such materials compared to natural bone. For these reasons, the objective of the present in vitro study was to determine various functions of osteoclasts and osteoblasts on nanocrystalline and micron crystalline hydroxyapatite as well as tri-calcium phosphate materials and compare such results to cortical and cancellous bone. Results showed for the first time similar osteoclast activity (including tartrate-resistant acid phosphatase, formation of resorption pits, size of resorption pits, and RANK) and osteoblast activity (osteoprotegerin and RANKL) on nanocrystalline hydroxyapatite compared to natural bone, whereas osteoclast and osteoblast functions on micron crystalline versions of these ceramics were much different than natural bone. In this manner, this study provides additional evidence that nanocrystalline calcium phosphates can serve as suitable synthetic analogs to natural bone to improve numerous orthopedic applications. It also provides the first data of healthy osteoclast and osteoblast functions on nanocrystalline calcium phosphates compared to natural bone.

Keywords: hydroxyapatite, osteoclasts, tri-calcium phosphate, nanocrystalline, nanophase, orthopedics

Introduction

Nanotechnology has already had a great impact in orthopedics since it provides the ability to better mimic the native nano-environment of natural tissues.^{1,2} Nanomaterials (that is, materials with one fundamental dimension less than 100 nm) can reduce implant infection, inhibit inflammation, and increase bone growth all without using pharmaceutical agents.³ With these great results, nanostructured materials are leading the way for reducing musculoskeletal implant failures and promoting long-term implant success; such data have been no more apparent than for ceramics used in orthopedics.

Since the early 1970s, ceramic components have been used as hip replacements. In these conventional implants, alumina and zirconia (ZrO₂) monoliths have been the

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(TRAP), formation of resorption pits, size of resorption pits, and RANK expression) and osteoblast (OPG and RANKL expression) functions on various types of nanoceramics and compare such responses to micron equivalents and natural bone. In this manuscript, the term “healthy” refers to a normal molecular pathway or functions of cells when compared to bone.

Methods

Materials

The following osteoconductive scaffolds were evaluated in the present study: i) cancellous bone, ii) cortical bone, iii) porous low crystallinity nano-HA (nanOss; RTI Surgical Corporation, Alachua, FL, USA), iv) porous low crystallinity nano- β -TCP (RTI Surgical Corporation), v) porous low crystallinity biphasic nano-TCP/HA (RTI Surgical Corporation), vi) dense sintered nano-HA (RTI Surgical Corporation), vii) porous silica-substituted micron-HA (Actifuse; Baxter Healthcare Corporation, Deerfield IL, USA), viii) porous micron-TCP (Vitoss; Stryker Corporation, Kalamazoo, MI, USA), and ix) porous biphasic micron-TCP/HA (Mastergraft; Medtronic Corporation, Minneapolis, MN, USA). Human cancellous bone obtained from the ilium and cortical bone was obtained by sectioning the tibia (10 mm \times 10 mm \times 2 mm) of cadaveric donors (LifeLink Tissue Bank, Tampa FL, USA). Samples were provided free of all cellular material and lyophilized. All materials tested consisted of only inorganic material and were granular in form (1–4 mm) with the exception of cortical bone and dense sintered nano-HA. Peroxide digestion was used to remove the collagen-based organic phase from the cancellous and cortical bone samples to isolate the mineral phase of the osteoconductive scaffolds. Dense sintered nano-HA was prepared by pressure-assisted sintering of nano-HA to create 10 mm \times 2 mm diameter discs with effectively zero porosity.

Porous silica-substituted micron-HA, porous micron-TCP, and porous, micron-biphasic TCP/HA were each obtained from the above stated commercial suppliers and were provided in a sterile “ready to use” condition. All samples tested contained the calcium phosphate mineral phase only.

Material characterization

Surface area of the materials of interest to the present study was measured by multipoint Brunauer, Emmet, and Teller (BET) (TriStar 3000; Micromeritics, Norcross, GA, USA). Scanning electron microscopy (SEM) (Hitachi S-4800; Hitachi Ltd., Tokyo, Japan) was used to evaluate the grain size of the materials. Images were taken at magnifications ranging

from 7,000 \times to 40,000 \times as required. The crystalline phase of each material was confirmed via X-ray diffraction (Geigerflex model D/Max – IIB, Rigaku Americas, The Woodlands, TX, USA). Materials were analyzed in the supplied condition and after thermal treatment to 1,000°C in air for 60 minutes (min) to distinguish the characteristic peaks of the calcium phosphates. Representative scans were obtained covering the region of the major characteristic peaks (29–38 2θ).

Osteoclast experiments

Rat bone-marrow osteoclast-like cells were obtained using procedures modified from literature reports.²⁰ All animal experiments were approved by the Animal Use and Care Committee at Northeastern University, Boston, MA, USA. Briefly, Wistar rat (2–3 week old) femurs were removed, dissected free of tissue, the ends of the tibiae cut off, and the marrow cavities flushed by slowly injecting 3–5 mL of Dulbecco’s Modified Eagle’s Medium (DMEM) containing 10% fetal bovine serum (FBS) and 1% antibiotic/antimycotic solution at one end of each femur. The isolated marrow tissue was centrifuged (at 21 g at room temperature), resuspended in fresh DMEM (containing 10% FBS, 10^{-8} M 1-, 25-[OH] vitamin D₃ [Calbiotech, Spring Valley, CA, USA] and 1% antibiotic/antimycotic solution) either in the presence or absence of 10^{-8} M calcitonin (Sigma-Aldrich Co., St Louis, MO, USA), and seeded under standard cell culture conditions (that is, under a 37°C, humidified, 5% CO₂/95% air environment) on the substrates mentioned above. Vitamin D₃ was added to induce osteoclast differentiation from the hematopoietic cells of the bone-marrow.²⁰ These cells were previously characterized by their multi-nucleated morphology, positive staining for TRAP, and bone resorptive activity (which was inhibited in the presence of calcitonin).²⁰ In this study, the synthesis of TRAP, bone resorptive activity, and total intracellular protein synthesis was determined as described in the next paragraph.

Primary osteoclast-like cells were used in the experiments and were isolated from the bone-marrow aspirates described above according to standard procedures.²⁰ Cells were seeded (10^6 cells) onto the substrates of interest to the present study and cultured under standard cell culture conditions in DMEM supplemented with 10% FBS, 10^{-8} M 1-, 25-(OH) vitamin D (Calbiotech) and 1% antibiotic/antimycotic solution for 7, 14, and 21 days. At the end of the prescribed time periods, adherent cells were rinsed twice with Ca- and Mg-free phosphate buffered saline, and lysed with distilled water during three freeze thaw cycles. TRAP activity was then measured in each supernatant containing the lysates of cells according to established protocols. Briefly, aliquots from supernatant solutions were incubated with 8 mM p-nitrophenylphosphate

in 0.1 M sodium acetate, 5 mM ascorbic acid, 0.1% Triton X-100 and 10 mM sodium tartrate (pH 5.4) (all chemicals from Sigma-Aldrich Co.) at 37°C for 10 min; the reaction of p-nitrophenol to p-nitrophenolate was stopped by adding 0.05 M NaOH. Light absorbance of these samples was measured on a spectrophotometer (MR600 Spectrophotometric Microplate Reader; Dynatech) at 400 nm.

Resorption pits were determined by seeding osteoclasts obtained from rat bone-marrow cells (10^8) onto the surface of the substrates of interest to the present study and cultured under standard cell culture conditions in DMEM (containing 10% FBS, 10^{-8} M 1 α , 25-[OH] vitamin D and 1% antibiotic/antimycotic solution) either in the absence or presence of 10^{-8} M calcitonin for 7, 10, and 13 days. At the end of each prescribed time period, the samples were rinsed with ammonium hydroxide, sonicated, and stained with crystal violet. Resorption pits on the ceramic and bone surfaces were visualized using reflected light microscopy (Olympus I70; Olympus Corporation, Tokyo, Japan) with image analysis software (Image Pro); the number of resorption pits formed as a result of the osteolytic activity of osteoclast-like cells was counted. Resorption pit density (number of pits/cm) was determined by averaging the number of resorption pits in five random fields (2 mm^2) per substrate. Resorption pits on substrates of interest to the present study were also visualized by SEM (Hitachi S4800; Hitachi Ltd.).

Lastly, total protein content in these cell lysates was determined spectrophotometrically using a commercially available kit (Pierce Chemical Co., Rockford, IL, USA) and by following the manufacturer's instructions. For this purpose, aliquots of each protein-containing, distilled-water supernatant were incubated with a solution of copper sulfate and bicinchoninic acid at 37°C for 30 min. Light absorbance of these samples was measured on an MR600 Spectrophotometric Microplate reader at 570 nm. Protein concentration in each of these samples was determined from standard curves of absorbance versus known concentrations of bovine serum albumin (5 mg/mL; Sigma-Aldrich Co.) run in parallel with the experimental samples. Protein concentration was used to normalize TRAP assay results and for the mRNA analysis as described below.

ELISA and RT-PCR experiments

In this study, to ascertain normal (non-diseased) osteoclast and osteoblast functions, enzyme-linked immunosorbent assays (ELISA) were performed to quantify relative concentrations of RANK/RANKL/OPG using standard procedures.²² Specifically, RANK from osteoclasts was determined while RANKL and OPG from osteoblasts were

determined. Real-time polymerase chain reaction (RT-PCR) was also used to confirm mRNA expression for RANK/RANKL/OPG. For these assays, cells were isolated from bone-marrow aspirates as described in the last paragraph of the previous page and were culturing at 40,000 cells/cm² on the proposed materials for 7, 14, and 21 days in complete medium. To induce osteoblast differentiation from bone-marrow aspirates, 10^{-8} M dexamethasone (Calbiotech) was added to DMEM supplemented with 10% FBS and 1% penicillin/streptomycin (Hyclone, St. Louis, MO, USA). At the end of the prescribed time period, RANK, RANKL, and OPG expression was determined according to standard ELISA or RT-PCR procedures (RayBiotech, Norcross, GA, USA).²² Proteins were normalized using the assay described in this same paragraph and glyceraldehyde 3-phosphate dehydrogenase (GAPDH) was used as the housekeeping gene. Since elevated levels of RANKL have been linked to numerous bone diseases that involve bone loss, one would expect to see lower levels of RANKL on materials which promoted bone health (or levels similar to those on natural healthy bone). However, such RANKL levels will need to be high enough to stimulate some osteoclast activity for the maintenance of healthy bone.

Statistical analysis

All experiments were completed in triplicate with three repeats each. Differences were investigated within groups between time points and across groups at each time point using analysis of variance (ANOVA). Post hoc Tukey's tests were used to evaluate differences between bone, nano, and micron materials.

Results and discussion

Results of the present study confirmed the expected grain size, surface area, and crystallinity of the materials tested. Specifically, grain sizes and surface area results are shown in Table 1 while representative SEM images at 7,000 \times and 40,000 \times are shown in Figures 2 and 3, respectively. X-ray diffraction results are shown in Figures 4 and 5. Results showed that the micron sized materials and sintered nano-HA were predominately crystalline, while nano-TCP, nano-TCP/HA, nano-HA, and human bone mineral were poorly crystalline. Further, human bone mineral, sintered nano-HA, nano-HA, and silica-substituted HA all exhibited an HA crystalline phase with no evidence of other material phases present. Nano-TCP/HA and micron-TCP/HA both exhibited a combination of HA and β -TCP phases. Nano-TCP and micron-TCP exhibited a β -TCP phase with no evidence of other material phases present.

Table 1 The materials of interest to the present study and their grain size and surface area

Material	Grain size range (nm)	Grain size average (nm)	Surface area (m ² /g)
Cancellous bone	25–75	47	123.95
Cortical bone	15–115	52	38.88
Porous nano-HA	25–75	45	61.10
Porous nano-TCP	25–50	32	73.60
Porous biphasic nano-TCP/HA	20–60	38	65.11
Dense sintered nano-HA	25–140	75	0.06
Porous Si-substituted micron-HA	700–2,600	1,335	0.63
Porous micron-TCP	1,250–3,500	2,212	0.35
Porous micron-biphasic TCP/HA	750–4,000	1,365	0.33

Abbreviations: HA, hydroxyapatite; TCP, tri-calcium phosphates.

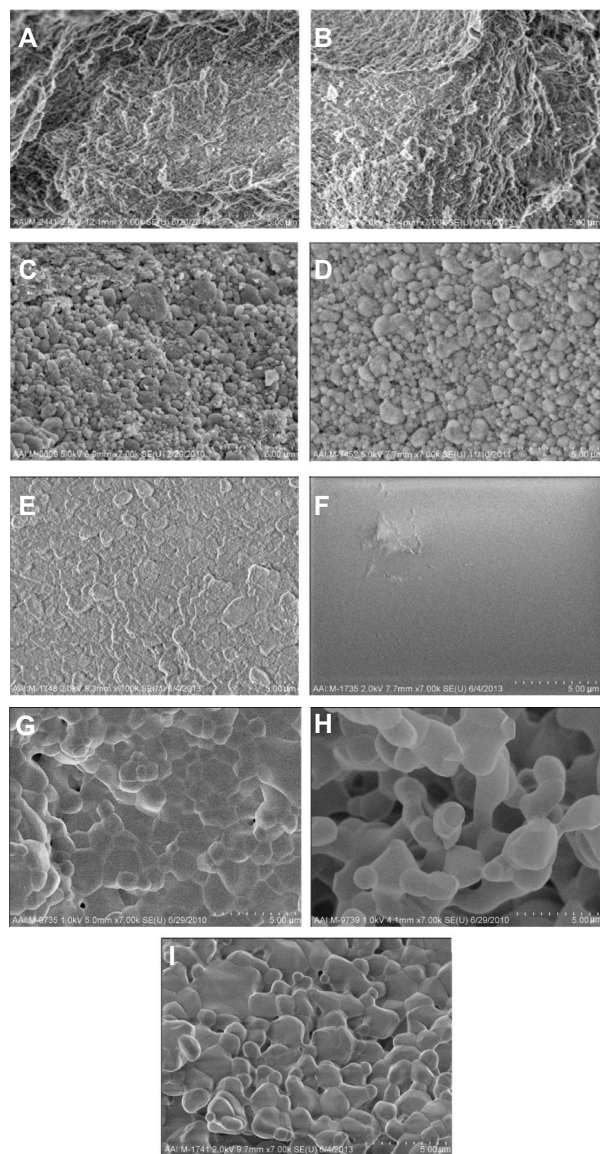


Figure 2 SEM images of all calcium phosphate samples of interest to the present study.

Notes: All images are at a magnification of 7,000 \times (5 μ m scale bar). (A) Cancellous bone, (B) cortical bone, (C) porous nano-HA, (D) porous nano-TCP, (E) porous biphasic nano-TCP/HA, (F) dense sintered nano-HA, (G) porous silica-substituted micron-HA, (H) porous micron-TCP, and (I) porous biphasic micron-TCP/HA. The crystal structure of dense nano-crystalline HA cannot be seen at this low magnification.

Abbreviations: SEM, scanning electron microscopy; HA, hydroxyapatite; TCP, tri-calcium phosphates.

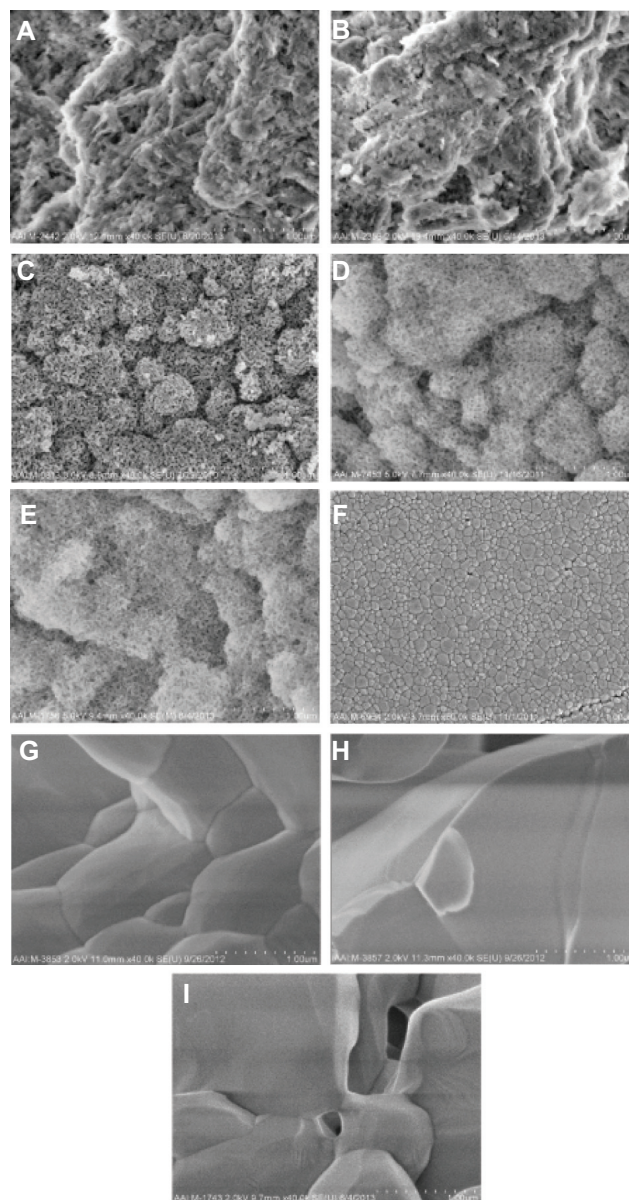


Figure 3 SEM images of all calcium phosphate samples of interest to the present study at higher magnifications.

Notes: All images are at a magnification of 40,000 \times (1 μ m scale bar). (A) Cancellous bone, (B) cortical bone, (C) porous nano-HA, (D) porous nano-TCP, (E) porous biphasic nano-TCP/HA, (F) dense sintered nano-HA, (G) porous silica-substituted micron-HA, (H) porous micron-TCP, and (I) porous biphasic micron-TCP/HA.

Abbreviations: SEM, scanning electron microscopy; HA, hydroxyapatite; TCP, tri-calcium phosphates.

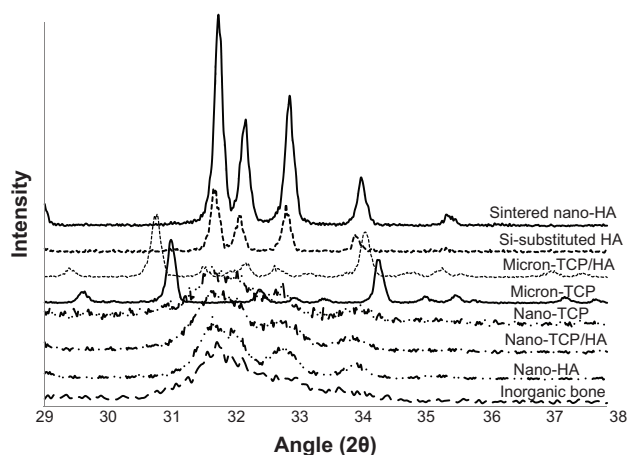


Figure 4 X-ray diffraction patterns of the calcium phosphate materials as tested.
Notes: Diffraction patterns are shown on a common diffraction angle scale. It can be seen that the micron sized materials and sintered nano-HA were predominately crystalline, while nano-TCP, nano-TCP/HA, nano-HA, and human bone mineral were poorly crystalline.
Abbreviations: HA, hydroxyapatite; TCP, tri-calcium phosphates.

More importantly, results of the present *in vitro* study demonstrated for the first time similar TRAP activity (Figure 6) and number of resorption pits (Figure 7) formed by osteoclasts on porous nano-HA, porous nano biphasic TCP/HA, porous nano-TCP compared to cancellous and cortical bone after each time period. In contrast, TRAP activity and number of resorption pits on the micron equivalents were not similar to either cancellous or cortical bone, with the exception of the number of resorption pits on micron-TCP

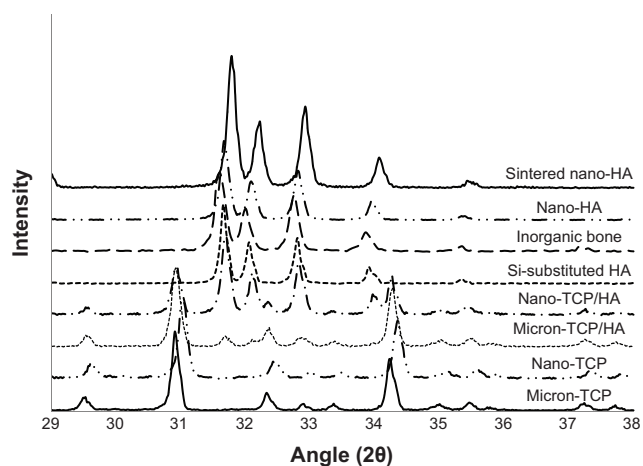


Figure 5 X-ray diffraction patterns of the calcium phosphate materials after thermal treatment at 1,000°C for 60 minutes.
Notes: Diffraction patterns are shown on a common diffraction angle scale depicting the characteristic peaks. Human bone mineral, sintered nano-HA, nano-HA, and silica-substituted HA all exhibited an HA crystalline phase with no evidence of other material phases present. Nano-TCP/HA and micron-TCP/HA both exhibited a combination of HA and β -TCP phases. Nano-TCP and micron-TCP exhibited a β -TCP phase with no evidence of other material phases present.
Abbreviations: HA, hydroxyapatite; TCP, tri-calcium phosphates; β -TCP, β -tri-calcium phosphates.

at 21 days culture. The size of the resorption pits formed by osteoclasts was similar on porous nano-HA compared to cortical bone, and porous nano-TCP, nano biphasic TCP/HA, and sintered nano-HA compared to cancellous bone after each time period (Figures 8 and 9). In contrast, the size of the resorption pits formed by osteoclasts was not similar on all other micron materials compared to bone. Importantly, these results suggest that regardless of surface area (porous versus dense), increased responses of osteoclasts were measured on nanocrystalline compared to micron crystalline calcium phosphate based materials. Moreover, similar results to cellular behavior on bone were obtained regardless of crystalline phase as long as nano compared to micron materials were compared.

Similar results were observed when comparing mRNA expression from cells on the nanomaterials compared to natural bone. Specifically, RANK/RANK/OPG mRNA expression was confirmed using RT-PCR while ELISA showed similar RANKL from osteoblasts for cancellous bone, cortical bone, porous nano-HA and dense nano-HA suggesting a more natural osteoblast to osteoclast communication on such nanomaterials compared to bone (Figure 10). In addition, similar RANK from osteoclasts for cancellous bone, cortical bone, porous nano-HA and dense nano-HA were measured (Figure 11). Lastly, similar OPG from osteoblasts for cancellous bone, cortical bone, porous nano-HA and dense nano-HA was determined (Figure 12). Such results provide additional evidence that the nanomaterials fabricated in this study promote normal osteoclast and osteoblast activity compared to natural bone, whereas, micron equivalents do not.

In this manner, the results from this *in vitro* study provide some of the first (if not the first) valuable information concerning normal healthy cellular processes on nanoscale materials at the molecular level. In particular, to the best of the authors' knowledge, this is the first study to report a comparable normal RANK/RANKL pathway of bone cells cultured on nano-HA to bone. Since the results here demonstrate a similar healthy molecular pathway of bone cells (both osteoblasts and osteoclasts) on nano-HA samples compared to bone, this study provides supportive data for their continued use in medicine. For example, although requiring more experiments, since altered pathways or amounts of RANK/RANKL were not measured on nano-HA compared bone, this study begins to dispel thoughts of altered molecular pathways of bone formation on nanomaterials. Such indications of healthy bone formation and maintenance on nanomaterials demonstrate that indeed the previously observed elevated

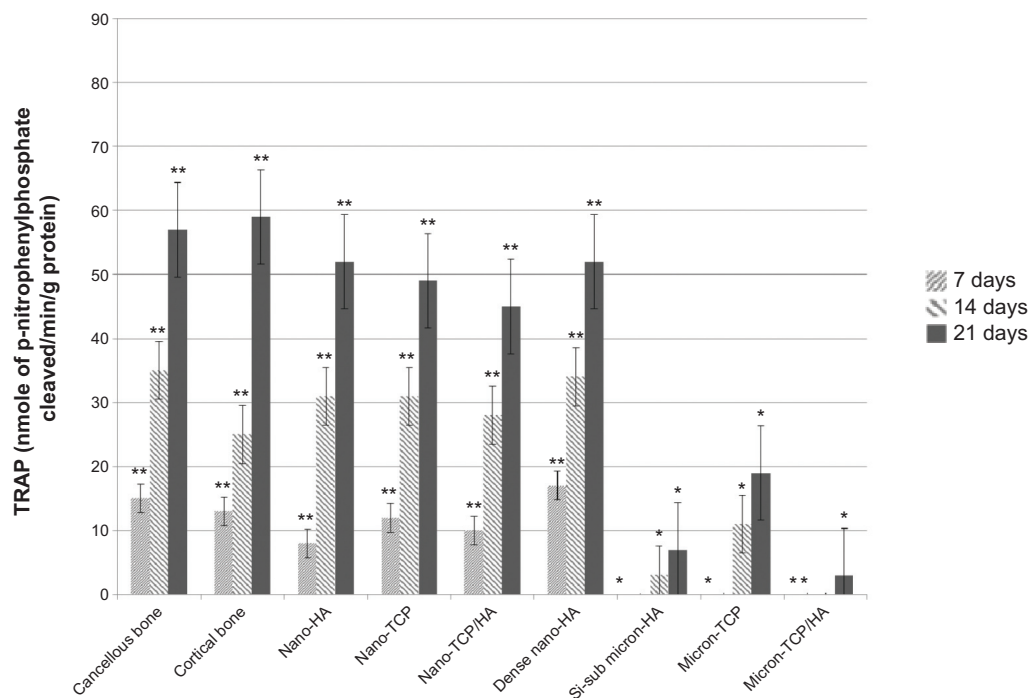


Figure 6 TRAP activity on the selected calcium phosphate materials.

Notes: TRAP activity decreased with increased crystal grain size. Data = mean ± standard error of the mean; N=3; *P<0.01 compared to cancellous or cortical bone at the same time period; **P<0.01 compared to all micron materials (HA, TCP, and TCP/HA) at the same time period. All values are significantly different at subsequent time periods for all nano and bone samples.

Abbreviations: HA, hydroxyapatite; Si-sub, Si-substituted; TCP, tri-calcium phosphates; TRAP, tartrate-resistant acid phosphatase.

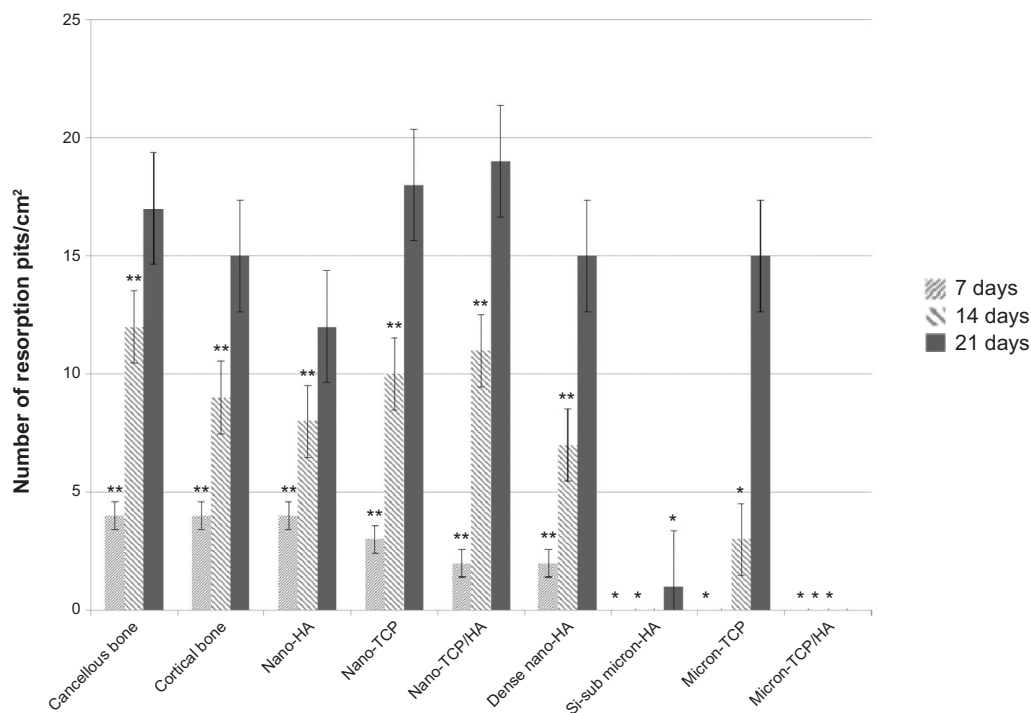


Figure 7 Number of resorption pits on the selected calcium phosphate materials.

Notes: The number of pits per unit area decreased with increased crystal grain size. Data = mean ± standard error of the mean; N=3; *P<0.01 compared to cancellous or cortical bone at the same time period; **P<0.01 compared to all micron materials (HA, TCP, and TCP/HA) at the same time period. All values are significantly different from one time period to the next for the same sample (except Si-substituted micron-HA and micron HA/TCP).

Abbreviations: HA, hydroxyapatite; Si-sub, Si-substituted; TCP, tri-calcium phosphates.

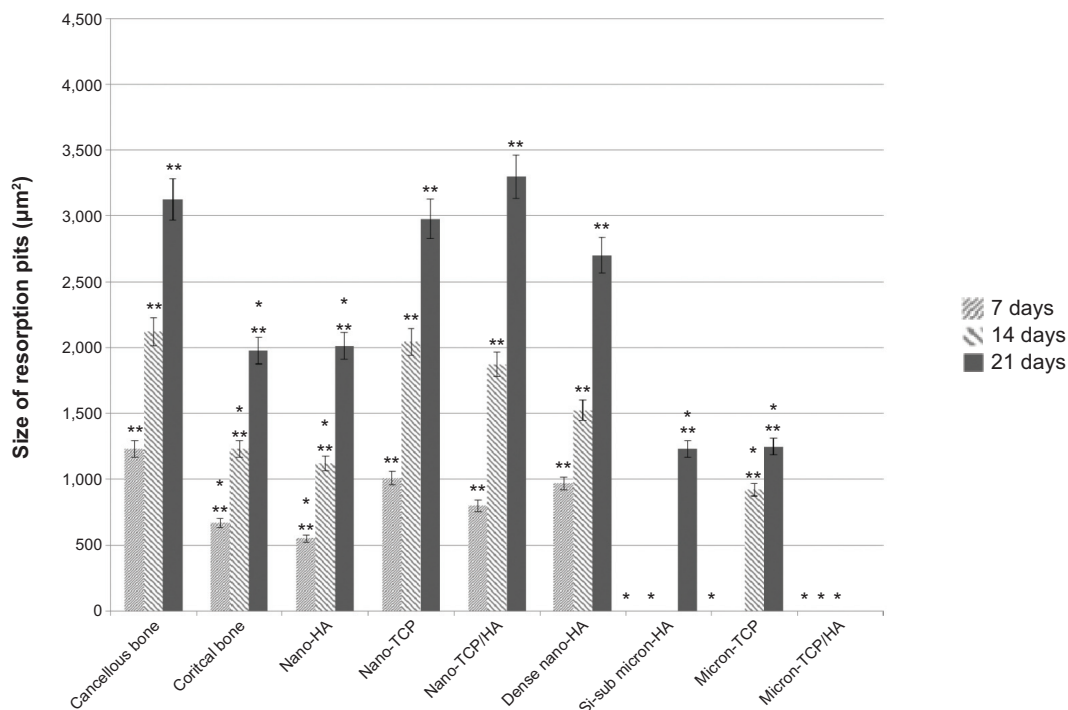


Figure 8 Size of resorption pits on the selected calcium phosphate materials.

Notes: The size of resorption pits decreased with increased crystal grain size. Data = mean ± standard error of the mean; N=3; *P<0.01 compared to cancellous bone at the same time period; **P<0.01 compared to all micron materials (HA, TCP, and TCP/HA) at the same time period. All values are significantly different from one time period to the next for the same sample (except for Si-substituted micron-HA and micro HA/TCP).

Abbreviations: HA, hydroxyapatite; Si-sub, Si-substituted; TCP, tri-calcium phosphates.

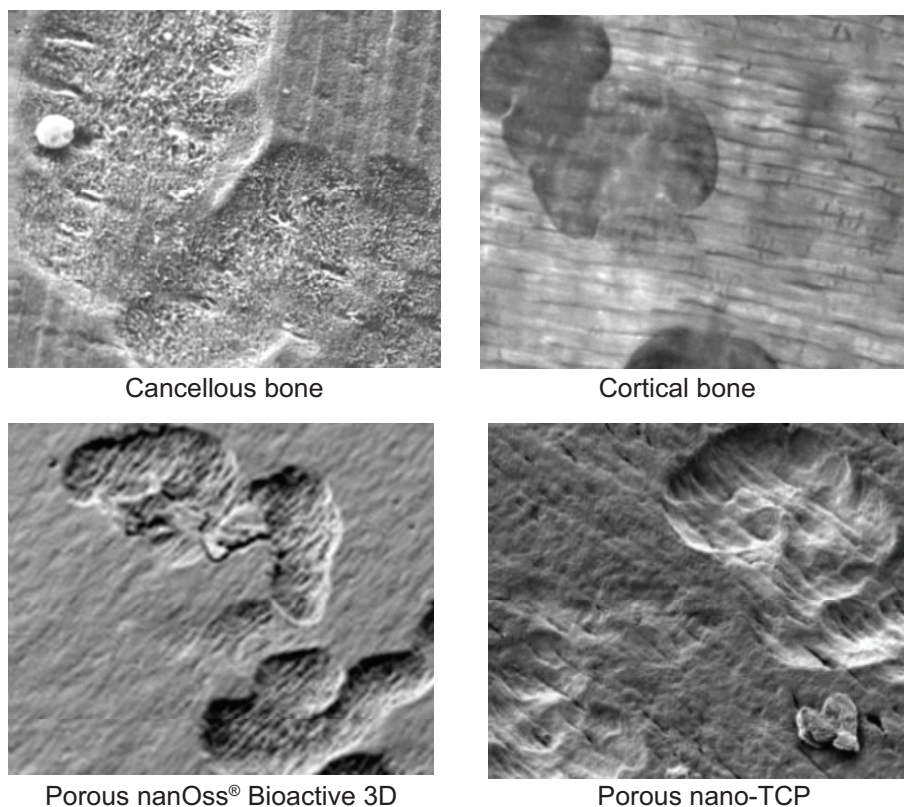


Figure 9 (Continued)

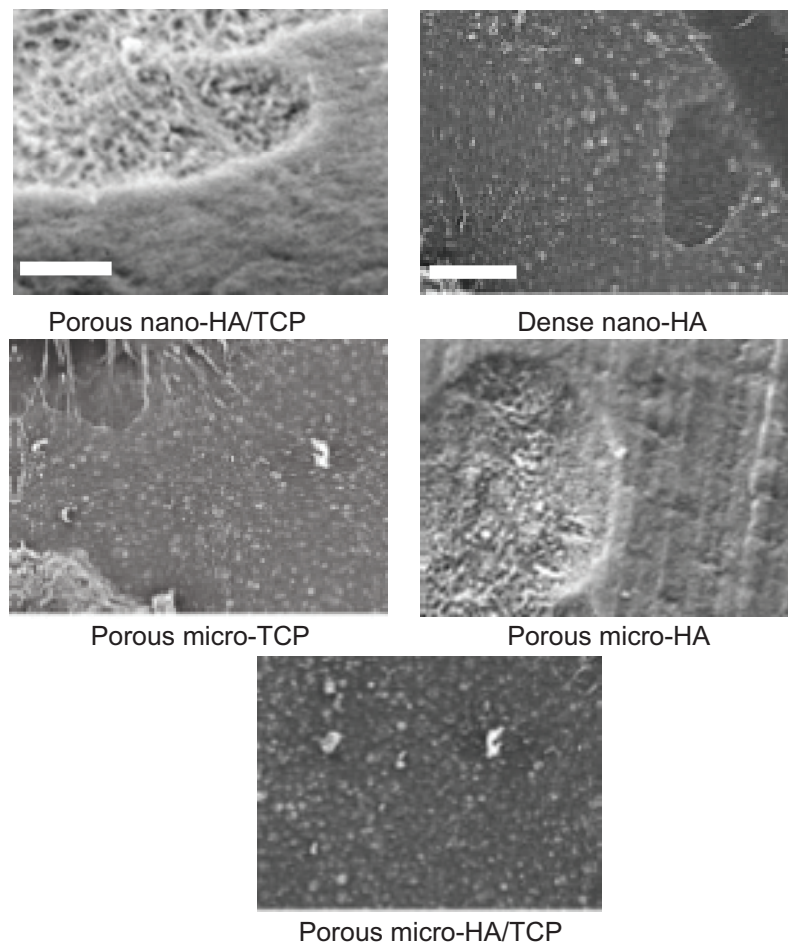


Figure 9 Representative SEM images of osteoclast resorption pits on the various substrates after 21 days of culture.

Note: Magnifications = 10,000 \times .

Abbreviations: SEM, scanning electron microscopy; HA, hydroxyapatite; TCP, tri-calcium phosphates.

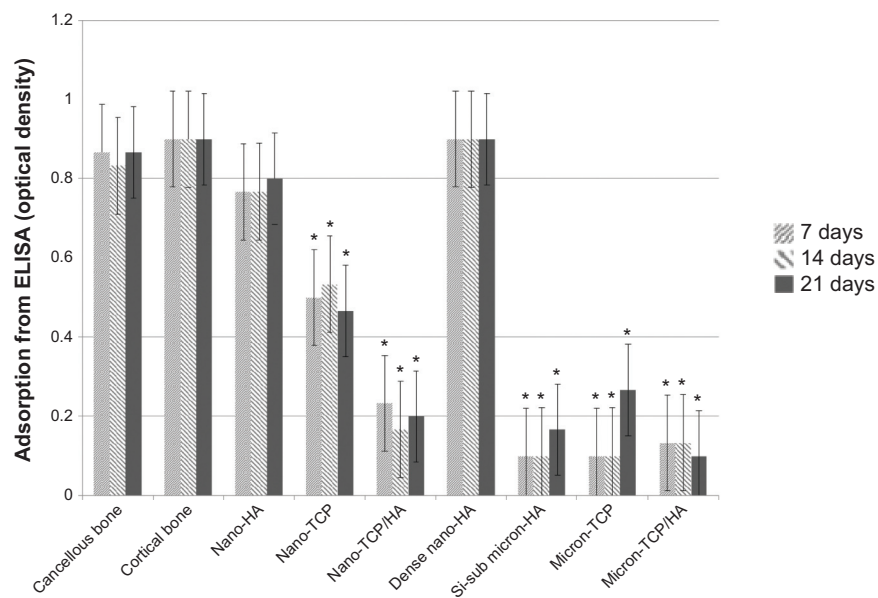


Figure 10 Similar RANKL from osteoblasts for cancellous bone, cortical bone, porous nano-HA and dense nano-HA.

Notes: Data = mean \pm standard error of the mean; N=3; * $P < 0.01$ compared to cancellous bone at the same time period. All values for cancellous bone, cortical bone, porous nano-HA, and dense nano-HA are significantly different than the rest at all respective time periods.

Abbreviations: HA, hydroxyapatite; TCP, tri-calcium phosphates; ELISA, enzyme-linked immunosorbent assays; Si-sub, Si-substituted; RANK, receptor activator of nuclear factor κ B; RANKL, RANK ligand.

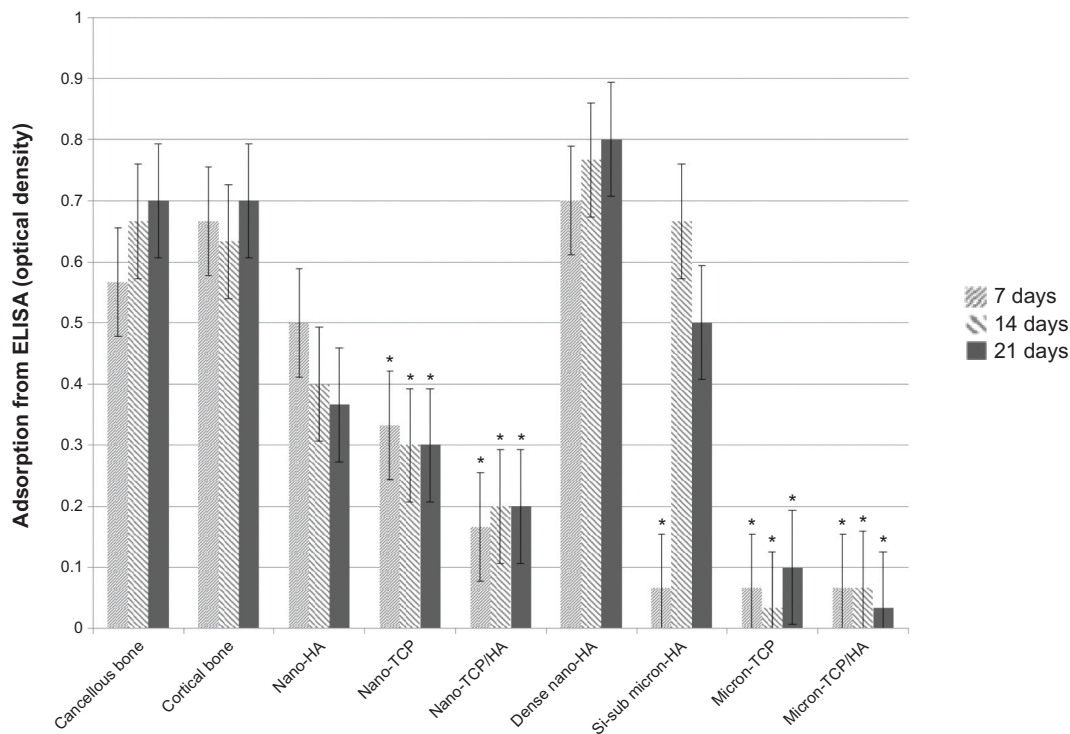


Figure 11 Similar RANK from osteoclasts for cancellous bone, cortical bone, porous nano-HA and dense nano-HA.

Notes: Data = mean ± standard error of the mean; N=3; *P<0.01 compared to cancellous bone at the same time period. All values for cancellous bone, cortical bone, porous nano-HA, and dense nano-HA are significantly different than the rest at all respective time periods.

Abbreviations: HA, hydroxyapatite; TCP, tri-calcium phosphates; ELISA, enzyme-linked immunosorbent assays; Si-sub, Si-substituted; RANK, receptor activator of nuclear factor κB.

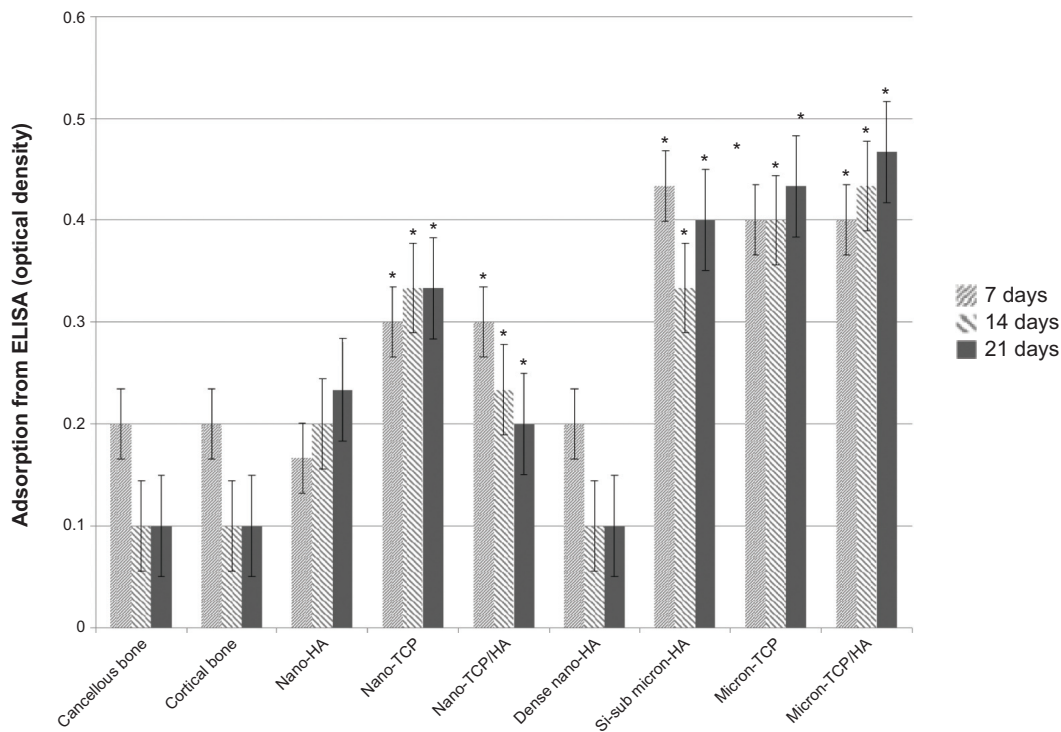


Figure 12 Similar OPG from osteoblasts for cancellous bone, cortical bone, porous nano-HA and dense nano-HA.

Notes: Data = mean ± standard error of the mean; N=3; *P<0.01 compared to cancellous bone at the same time period. All values for cancellous bone, cortical bone, porous nano-HA, and dense nano-HA are significantly different than the rest at all respective time periods.

Abbreviations: HA, hydroxyapatite; TCP, tri-calcium phosphates; ELISA, enzyme-linked immunosorbent assays; OPG, osteoprotegerin; Si-sub, Si-substituted.

healthy cellular processes occurring on nanomaterials are normal, just elevated.^{15,20,21}

Conclusion

Results of the present study showed for the first time similar osteoclast activity (including TRAP, formation of resorption pits, size of resorption pits, and RANK) and osteoblast activity (OPG and RANKL) on nanocrystalline HA compared to human bone mineral, whereas osteoclast and osteoblast functions on micron crystalline versions of these ceramics were much different than natural bone. In this manner, this study provides additional evidence that nanocrystalline HA and nanoparticulate TCP can serve as suitable synthetic analogs to natural bone to improve numerous orthopedic applications. It also provides the first data of healthy osteoclast and osteoblast functions on nanocrystalline calcium phosphates compared to bone and other micron crystalline calcium phosphate materials being used in orthopedics today.

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Disclosure

The authors report no conflicts of interest in this work.

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