

# Prognostic phenotypic and genotypic factors associated with photodynamic therapy response in patients with age-related macular degeneration

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**Background:** This study aimed to demonstrate the phenotypic and genotypic factors associated with photodynamic therapy (PDT) for age-related macular degeneration (AMD).

**Methods:** The study included 149 patients with exudative AMD treated by PDT. Eight phenotypic factors and ten genotypic factors for three single nucleotide polymorphisms (SNPs; rs800292, rs1061170, rs1410996) in the complement factor H (*CFH*) gene, rs 11200638-SNP in the high temperature requirement A-1 (*HTRA1*) gene, two SNPs (rs699947, rs2010963) in the vascular endothelial growth factor (*VEGF*) gene, and four SNPs (rs12948385, rs12150053, rs9913583, rs1136287) in the pigment epithelium-derived factor (*PEDF*) gene were evaluated.

**Results:** A significant association with best-corrected visual acuity change was demonstrated in the greatest linear dimension, presence or absence of pigment epithelial detachment, and *HTRA1*-rs11200638 genotype statistically ( $P=3.67\times 10^{-4}$ ,  $1.95\times 10^{-2}$ ,  $1.24\times 10^{-3}$ , respectively). Best-corrected visual acuity in patients with AA genotype of *HTRA1*-rs11200638 significantly decreased compared with that in patients with GG genotype ( $P=1.33\times 10^{-3}$ ). Logistic regression analyses demonstrated *HTRA1*-rs11200638 genotype was most strongly associated with best-corrected visual acuity outcome from baseline at 12 months after photodynamic therapy ( $P=4.60\times 10^{-3}$ ; odds ratio 2.363; 95% confidence interval 1.303–4.285).

**Conclusion:** The *HTRA1*-rs11200638 variant showed the most significant association. Therefore, this variant may be used as a prognostic factor to estimate the PDT response with significant predictive power.

**Keywords:** age-related macular degeneration, photodynamic therapy, phenotypic and genotypic factors, high temperature requirement A-1, greatest linear dimension, pigment epithelial detachment

## Introduction

Age-related macular degeneration (AMD; [ARMD1 MIM603075]) is the leading cause of central vision loss in the elderly and is estimated to affect over 50 million people worldwide.<sup>1</sup> It is a multifactorial disease with several identified genetic and environmental risk factors, including age, smoking, body mass index, hypertension, and others.<sup>2–5</sup> Family-based genome-wide and candidate region linkage studies have successfully identified several major chromosomal regions, including 1q31 and 10q26.<sup>6–11</sup>

Photodynamic therapy (PDT) with verteporfin has been previously shown to be beneficial and safe as one of the standard therapies for subfoveal choroidal neovascularization (CNV).<sup>12–17</sup> It has been reported that the effectiveness of PDT is influenced by various baseline composition factors,<sup>18,19</sup> such as subtypes (typical AMD/polypoidal choroidal vasculopathy [PCV]),<sup>12–14,20–22</sup> CNV type classified using

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fluorescein angiography,<sup>17–19,23,24</sup> the greatest linear dimension (GLD),<sup>17–19,25</sup> the presence or absence of pigment epithelial detachment (PED),<sup>26,27</sup> and best-corrected visual acuity (BCVA).<sup>17,18,24,28</sup> Previous reports revealed that patients with PCV lesions, predominantly classic CNV, lesions with smaller GLD, lesions without PED, and patients with better BCVA showed better outcomes with PDT. Patients with AMD in Northeast Asia have been reported to have PCV lesions more frequently than Caucasian patients;<sup>29–32</sup> PDT provides favorable outcomes in treating patients with PCV.<sup>20–22,33,34</sup> Although anti-vascular endothelial growth factor therapies are currently the first-choice therapies for AMD patients, PDT is still one of the important therapies, especially for PCV patients.

AMD is a complex disease with multiple genetic and environmental factors.<sup>6–11</sup> The complement factor H (*CFH*) gene on chromosome 1q31 has been demonstrated to be the major AMD susceptibility gene.<sup>35–41</sup> Furthermore, genetic variants at another chromosomal locus, 10q26, confer a strong disease risk; these variants include age-related maculopathy susceptibility 2 (*ARMS2*)<sup>42–46</sup> and high-temperature requirement factor A1 (*HTRA1*)<sup>47–49</sup> genes. Several reports have been published about the association between genotype and PDT response in *CFH* variants and *HTRA1* variants in various countries.<sup>50–54</sup> However, the results of these reports differed ethnically, and the scientific significance of the association between the genetic variant and PDT outcomes remains controversial. In Japanese patients, we have reported the potential association between PDT response and *HTRA1*, *CFH*, vascular endothelial growth factor (*VEGF*), and pigment epithelium-derived factor (*PEDF*) variants of AMD patients, as indicated by visual outcome, incidence of CNV recurrence, and postoperative adverse events.<sup>55</sup> Moreover, we have described a significant association between *HTRA1*-rs11200638 and *CFH*-rs1410996 genotype variants and PDT response in AMD patients.

To the best of our knowledge, few reports were available on comparison of both phenotype and genotype with PDT response.<sup>56</sup> Therefore, this raised an extremely important question regarding the significant factors, such as phenotypes, genotypes, and environmental factors influencing the response to PDT. Identifying the strongest influencing factor on PDT response and adequately estimating the prognosis of PDT before therapy may be helpful in determining precise personalized therapy for AMD patients. In this study, we compared the effect of each factor side-by-side with BCVA outcomes at 12 months after PDT.

## Materials and methods

### Study subjects

The present study was designed as a prospective case-control study and included 149 patients with newly-diagnosed exudative AMD who had received unilateral PDT. The participants comprised 112 males and 37 females of mean age 71.1±8.3 (range 50–91) years. Baseline demographics are presented in Table 1. All patients were recruited from outpatients visiting the Department of Ophthalmology, Saitama Medical University Hospital, Saitama Prefecture, Japan. The study was approved by the ethics committee of Saitama Medical University (approved on December 9, 2003; approval number 03–262), and the procedures were conducted in accordance with the principles of the Declaration of Helsinki. A thorough explanation was given to each participant regarding the purpose and procedures involved in the study. Informed written consent was obtained from each patient before treatment.

### Ophthalmic examination, definition, and classification of AMD

All patients were examined using BCVA, fundus photography, fluorescein and indocyanine green angiography, and optical

**Table 1** Baseline characteristics of patients with AMD

Characteristics	Value
Patients (n)	149*
Age, years (mean ± SD)	71.8±8.3
Age distribution, years	
50–59	17 (11.4)*
60–69	43 (28.9)*
70–79	65 (43.6)*
80–89	21 (14.1)*
>90	3 (2.0)
Sex (male/female)	112/37*
Subtypes	
Typical AMD	85 (57.0)*
PCV	64 (43.0)*
Fluorescein angiographic classification	
Predominantly classic CNV	38 (25.5)*
Minimally classic CNV	46 (30.9)*
Occult with no classic CNV	65 (43.6)*
Greatest linear dimension of lesion, μm (mean ± SD)	2,966±1,305
Central retinal thickness, μm (mean ± SD)	495±167
Pigment epithelium detachment (presence/absence)	36/113*
LogMAR vision (mean ± SD)	0.578±0.413
Mean BCVA (approximate Snellen equivalent)	20/80

**Notes:** \*Value represents the number of patients (% of the entire group), except for age, greatest linear dimension of lesion, central retinal thickness, logMAR vision, and mean BCVA.

**Abbreviations:** AMD, age-related macular degeneration; CNV, choroidal neovascularization; BCVA, best-corrected visual acuity; logMAR, logarithm of minimum angular resolution; PCV, polypoidal choroidal vasculopathy; SD, standard deviation.

coherence tomography (Stratus OCT; Carl Zeiss Meditec AG, Jena, Germany). The inclusion criteria were as follows: age  $\geq 50$  years, diagnosis of exudative AMD in one or both eyes, and no association with other retinchoroidal diseases such as angioid streaks, high myopia (greater than six diopters of myopic refractive error), central serous chorioretinopathy, and presumed ocular histoplasmosis. BCVA was measured at initial presentation and 12 months after PDT. For the calculations and comparisons, BCVA measurements were converted to logarithm of minimum angular resolution (logMAR) values.

We selected the eight phenotypes (clinical findings and environmental factors): age, sex, subtypes (typical AMD versus PCV), CNV types (classic CNV versus occult CNV), GLD, pre-PDT BCVA, pre-PDT central retinal thickness measured using spectral OCT Stratus 4 software (Carl Zeiss Meditec AG), and the presence or absence of PED. All cases were divided into two subtypes, ie, typical AMD (85 eyes, 57%) and PCV (64 eyes, 43%). The differential diagnosis of typical AMD or PCV depended on the presence or absence of the polypoidal structure of choroidal vessels and any abnormal vascular networks using indocyanine green angiography. CNV types were subcategorized on the basis of the classification described in the Treatment of Age-Related Macular Degeneration with Photodynamic Therapy (TAP) study.<sup>15</sup> Lesions were classified into classic CNV (84 eyes, 56%; predominantly and minimally classic CNV) and occult CNV (65 eyes, 44%; occult with no classic CNV). Central retinal thickness was measured at the foveola (between the retinal inner surface and retinal pigment epithelium) by OCT at baseline. The presence of PED was determined by the existence of PED larger than two disc areas including the foveal region.

All funduscopy, angiographic, and OCT data were evaluated by three retina specialists (TT, KM, and SY). These examiners did not agree on the status of five patients, so a reviewer (KM) determined the diagnosis, recurrence, and complications. All examiners were masked for the genotyping results when examining the clinical data.

## Therapeutic procedures

The therapy protocol followed that used in the Japanese Age-Related Macular Degeneration Trial (JAT) study,<sup>17</sup> ie, a 10-minute intravenous infusion of verteporfin (6 mg/m<sup>2</sup> body surface area) followed by a 15-minute light exposure after introduction of the infusion. Light exposure was provided with a diode laser beam (639 $\pm$ 3 nm) at 600 mW/cm<sup>2</sup> for 83 seconds to produce 50 J/cm<sup>2</sup>.

## Genotyping and statistical analyses

Genomic DNA was extracted from the peripheral blood of each individual using a DNA extraction and purification kit (Wizard Genomic DNA Purification Kit; Promega, Madison, WI, USA) according to the manufacturer's instructions. The samples were genotyped (TaqMan genotyping assay with the ABI Prism 7000 sequence detection system; Applied Biosystems Inc, Foster City, CA, USA), and the data were analyzed (Allelic Discrimination Program). Two single nucleotide polymorphisms (SNPs, rs 2010963 and rs699947) in the *VEGF* gene, four SNPs (rs12948385, rs12150053, rs9913583, rs1136287) in the *PEDF* gene, three SNPs (rs1061170, rs800292, rs1410996) in the *CFH* gene, and one SNP (rs11200638) in the *HTRA1* gene were assessed.

We analyzed whether the BCVA changes from baseline were associated with phenotypes and genotypes using the unpaired *t*-test (for sex, subtypes, CNV type, and PED) between two groups, one-way analysis of variance, and Bonferroni multiple comparison correction among three groups for all genotypes, and single regression analysis (for age, GLD, pre-PDT BCVA, and pre-PDT central retinal thickness) for quantitative variables. Two methods of analysis were performed to examine the factors influencing change in BCVA. Stepwise multiple regression analysis was performed to evaluate the various factors that might be useful for predicting BCVA change. To identify factors independently associated with BCVA change, five potential risk factors that were significant at  $P < 0.2$  were included in a forward logistic regression model. The associations between the phenotypes/genotypes and outcomes of BCVA were evaluated by logistic regression analysis for estimation of the odds ratio and corresponding 95% confidence interval (0, worsened [ $>0.3$  logMAR BCVA] and 1, maintained [ $\pm 0.3$  logMAR BCVA] or improved [ $>0.3$  logMAR BCVA] change from baseline).  $P < 0.05$  was prospectively considered to be statistically significant. All analyses except those that calculated joint effects were performed using commercially available software (SNPAlyze version 6.0.1; Dynacom, Chiba, Japan; SSRI version 1.20; SSRI, Tokyo, Japan).

## Results

Of 149 patients with AMD, 85 (57%) were diagnosed with typical AMD and 64 (43%) were diagnosed with PCV. Eighty-four patients (56%) had classic CNV and 65 (44%) had occult lesions without classic CNV (Table 1). The number of PDT treatments ranged from one to four (mean 2.1 $\pm$ 0.69) during the 12-month period. Baseline and post-treatment BCVA for all

eyes were assessed in this study for an association with *VEGF*-rs2010963 and -rs699947, *PEDF*-12948385, -12150053, -9913583, and -1136287, *CFH*-rs1061170, -rs1410996, and -rs800292, and *HTRA1*-rs11200638 genotypes. Table 2 reveals the change in BCVA from baseline based on the phenotypes and genotypes tested at 12 months after PDT. BCVA changes with GLD, the presence or absence of PED, and *HTRA1*-rs11200638 showed significant association with BCVA outcome and differences ( $P=3.67\times 10^{-4}$ ,  $1.95\times 10^{-2}$ ,  $1.24\times 10^{-3}$ , respectively). Moreover, the change in BCVA between patients with the risk allele homozygous genotype (AA) and wild-type homozygous genotype (GG) of *HTRA1*-rs11200638 showed significant differences ( $P=1.33\times 10^{-3}$ ; Bonferroni correction).

Stepwise regression analysis revealed that GLD (beta 0.221,  $P=0.012$ ), PED (beta 0.183,  $P=0.039$ ), and *HTRA1*-rs11200638 (beta 0.253,  $P=5.29\times 10^{-3}$ ) were independently associated with BCVA change at 12 months after PDT, which was better in patients with smaller GLD, without PED, or GG type (Table 3). *HTRA1* showed the strongest association with BCVA change. The correlation coefficient ( $R^2$ ) was calculated as 0.235.

Table 4 shows the  $P$ -values and odds ratios that were analyzed by logistic regression for the outcomes of PDT (0, worsened BCVA and 1, maintained or improved BCVA) in five prognostic factors (GLD, PED, *PEDF*-rs12948385, -rs12150053, and *HTRA1*). Among the two tested phenotypes and three tested genotypes, significant associations with BCVA outcomes were demonstrated with GLD and *HTRA1*-rs11200638 genotype ( $P=0.0197$ , odds ratio 1.004, 95% confidence interval 1.001–1.007;  $P=4.60\times 10^{-3}$ , odds ratio 2.363, 95% confidence interval 1.303–4.285, respectively). *HTRA1* showed the greatest association among the five prognostic factors.

## Discussion

In the present study, we identified significant differences according to the presence or absence of PED and *HTRA1*-rs11200638 genotype as well as a significant association between GLD and BCVA change at 12 months (therapeutic response to PDT) in AMD patients. Our data demonstrate that the patients with smaller GLD, without PED, and with GG genotype *HTRA1*-rs11200638 had significantly better

**Table 2** Best-corrected visual acuity changes from baseline at 12 months after photodynamic therapy

Factors	BCVA change	R	P-value
<b>Phenotypes</b>			
Age	NA	0.051	0.530
Sex (male/female)	0.046±0.385/0.047±0.403	–	0.983
Subtypes (typical AMD/PCV)	0.047±0.315/0.045±0.472	–	0.980
CNV type (classic/occult)	0.069±0.354/0.037±0.402	–	0.649
GLD	NA	0.297	$3.67\times 10^{-4†}$
Pre-PDT BCVA	NA	0.071	0.384
Pre-PDT CRT	NA	0.046	0.596
PED (presence/absence)	0.183±0.501/0.008±0.337	–	$1.95\times 10^{-2†}$
<b>Genotypes</b>			
<i>VEGF</i>			
rs2010963	–0.014 (35)/0.036 (80)/0.128 (34)	–	0.308
rs699947	0.071 (82)/–0.018 (60)/–0.007 (7)	–	0.696
<i>PEDF</i>			
rs12948385	0.339 (3)/0.050 (43)/0.037 (103)	–	0.419
rs12150053	0.329 (4)/0.065 (40)/0.034 (105)	–	0.320
rs9913583	0.407 (3)/0.025 (37)/0.044 (109)	–	0.261
rs1136287	0.017 (43)/0.038 (67)/0.080 (39)	–	0.783
<i>CFH</i>			
rs1061170	0.046 (128)/0.036 (21)/NA (0)	–	0.911
rs800292	0.222 (13)/–0.015 (61)/0.066 (75)	–	0.131
rs1410996	0.122 (13)/0.023 (78)/0.058 (58)	–	0.678
<i>HTRA1</i>			
rs11200638	–0.150 (24)/0.014 (79)/0.201 (46)	–	$1.24\times 10^{-3†}$

**Notes:** Data in phenotype columns are expressed as the mean BCVA change from baseline (n) for each phenotype and genotype (non-risk allele homozygous/heterozygous/risk allele homozygous, respectively), correlation coefficient ( $r$ ) and  $P$ -values; †statistically significant.

**Abbreviations:** *CFH*, complement factor H; *HTRA1*, high temperature requirement A-1; NA, not available; *PEDF*, pigment epithelium-derived factor; *VEGF*, vascular endothelial growth factor; PED, pigment epithelium detachment; GLD, greatest linear dimension; PDT, photodynamic therapy; CRT, central retinal thickness; AMD, age-related macular degeneration; PCV, polypoidal choroidal vasculopathy; CNV, choroidal neovascularization; BCVA, best-corrected visual acuity.



**Table 3** Prognostic factors for change in BCVA including phenotypes and genotypes

	CR	Beta	P-value
<b>Phenotypes</b>			
Age	0.002	0.065	0.442
Sex (male/female)	0.014	0.015	0.847
Subtypes (typical AMD/PCV)	-0.011	-0.015	0.875
CNV type (classic/occult)	0.037	0.043	0.631
GLD	$6.62 \times 10^{-5}$	0.221	0.012 <sup>†</sup>
Pre-PDT BCVA	-0.001	-0.029	0.730
Pre-PDT CRT	$9.37 \times 10^{-6}$	0.004	0.959
PED (presence/absence)	0.167	0.183	0.039 <sup>†</sup>
<b>Genotypes</b>			
<i>VEGF</i>			
rs2010963	-0.041	-0.073	0.393
rs699947	-0.018	-0.027	0.753
<i>PEDF</i>			
rs12948385	-0.334	-0.441	0.140
rs12150053	0.380	0.112	0.091
rs9913583	-0.048	-0.062	0.519
rs1136287	-0.003	-0.007	0.941
<i>CFH</i>			
rs1061170	-0.011	-0.010	0.907
rs800292	0.054	0.087	0.457
rs1410996	-0.020	-0.034	0.762
<i>HTRA1</i>			
rs11200638	0.146	0.253	$5.29 \times 10^{-3†}$

**Notes:** Correlation coefficient squared ( $R^2$ ) = 0.235; <sup>†</sup>significant by stepwise multiple regression analyses.

**Abbreviations:** AMD, age-related macular degeneration; CR, coefficient of regression; Beta, standardized partial regression coefficient; PED, pigment epithelium detachment; GLD, greatest linear dimension; PDT, photodynamic therapy; CRT, central retinal thickness; BCVA, best-corrected visual acuity; CNV, choroidal neovascularization; PCV, polypoidal choroidal vasculopathy; *CFH*, complement factor H; *HTRA1*, high temperature requirement A-1; *PEDF*, pigment epithelium-derived factor; *VEGF*, vascular endothelial growth factor.

outcomes after receiving PDT. Using stepwise regression and logistic regression analysis, the *HTRA1*-rs11200638 gene was found to have the strongest significant association with the outcomes of PDT among all tested phenotypic and genotypic factors. However, the subtypes were not associated with the outcomes of PDT for all analyses.

**Table 4** P-values and odds ratios for BCVA outcomes after PDT

Factors	P-value	OR (95% CI)
GLD	0.0197 <sup>†</sup>	1.004 (1.001–1.007)
PED	0.8654	0.925 (0.377–2.267)
<i>PEDF</i>		
rs12948385	0.5573	0.450 (0.031–6.479)
rs12150053	0.4105	2.974 (0.221–39.91)
<i>HTRA1</i>		
rs11200638	$4.60 \times 10^{-3†}$	2.363 (1.303–4.285)

**Notes:** <sup>†</sup>Statistically significant. Data in probabilities and odds ratios are calculated by logistic regression analysis.

**Abbreviations:** PED, pigment epithelium detachment; GLD, greatest linear dimension; PDT, photodynamic therapy; BCVA, best-corrected visual acuity; CI, confidence interval; OR, odds ratio; *HTRA1*, high temperature requirement A-1; *PEDF*, pigment epithelium-derived factor.

Previous studies (TAP and Visudyne in Photodynamic Therapy [VIP]) in larger populations have reported that the effects of PDT with verteporfin for AMD varied according to the baseline lesion composition.<sup>18,19</sup> TAP and the first VIP report showed that lesion size was an important predictor of the magnitude on verteporfin therapeutic benefit in both occult with no classic and minimally classic lesion composition.<sup>19</sup> Furthermore, Arias et al<sup>25</sup> similarly concluded that lesion size at baseline may be a prognostic factor for PDT in patients with subfoveal predominantly classic CNV secondary to AMD. Many patients with larger GLD showed a poor response to PDT irrespective of the classification of CNV type in the aforementioned reports. This poorer response may be due to the occurrence of smaller GLDs at the early stages of disease, and patients who had larger GLDs may have had greater disease activity and progression of CNV. Similarly, our data showed that GLD had a significant association with the outcomes of PDT. Like previous reports, these results suggest that GLD is one of the important factors in predicting the prognosis of PDT in the Japanese population.

In addition, PED demonstrated a significant difference and an association with phenotypes in the present study. AMD patients with PED had significantly worse results than those without PED. The outcomes for patients with PED lesions have been extremely poor, either through their natural history or after receiving laser therapy.<sup>57–59</sup> The appearance of PED as a complication of AMD is an adverse prognostic factor commonly associated with severe visual dysfunction. However, previous important pilot and randomized studies (TAP and VIP studies) have not adequately focused on PED.<sup>16</sup> Several studies have reported that the effects of PDT depend on the presence of PED.<sup>26,27</sup> Axer-Siegel et al<sup>26</sup> reported poor results after PDT for CNV with PED and that eyes with PED occupying more than 50% of the lesion were ineligible for this therapy because of an increased rate of visual and anatomic complications after PDT. Pece et al<sup>27</sup> found that PDT can improve or stabilize visual function in 60% of eyes with vascularized PED and that a CNV at the edge of PED appears to respond more favorably to PDT. However, we cannot completely evaluate whether our data presented an accurate comparison with these previous reports because the definition of PED such as size, height, PED composition, and location (we defined the presence of PED as a lesion with 2 disc area more over in size including fovea) differed among the various studies. However, considering the results of previous reports and those of our study, we estimate that the results of PDT in patients with PED were worse when compared with results in patients without PED,

because the laser light could be absorbed by subretinal fluid under the PED and might not penetrate CNV. The findings of the present study indicate that PDT has questionable benefit in AMD eyes with PED.

In contrast, PDT has been reported to be a good therapeutic modality in patients with PCV.<sup>12–14</sup> However, PDT for PCV often has to be repeated, either because of persistent disease or recurrence. The phenotypic and genotypic characteristics of AMD in the Asian and Japanese populations are different from those of AMD in the Caucasian population.<sup>32</sup>

Regarding phenotype, the incidence of PCV in the Asian population with neovascular AMD has been reported to be higher than that in the Caucasian population.<sup>29,31,32,60–65</sup> Moreover, PDT has been reported to be a good therapeutic modality for PCV, so is important in treating Asian and Caucasian patients with AMD.<sup>12–14</sup> The different response to PDT is more evident when the TAP<sup>15</sup> and VIP<sup>16</sup> reports are compared with the better PDT response reported in the JAT study population.<sup>17</sup> However, a significant association between disease subtype and PDT response was not observed in our study. We assume that other phenotypic factors, such as PED and GLD, might be more statistically influential on PDT outcomes rather than disease subtype. Further studies with increased case numbers will be required to assess this issue by considering the treatment frequency of PDT.

Regarding genotype, various genes have been identified as the major AMD susceptibility gene, and research in the area of genetic associations in AMD has expanded exponentially.<sup>35–49</sup> Therefore, progress in this emerging field has been now acknowledged and significantly increased our understanding of the susceptibility to and pathogenesis of AMD disease.

Other efforts are in progress to identify genetic and/or pharmacological biomarkers that may predict response to therapy, thereby contributing important information to clinical decision-making and in providing appropriate care. Recently, a genetic variant of *CFH Y402H* was reported to be associated with the response to PDT and to anti-VEGF therapy in a Caucasian population that included residents of the UK and USA.<sup>50–52</sup> However, Seitsonen et al<sup>53</sup> reported that *CFH Y402H* polymorphism did not show a significant association with PDT response in Caucasian residents in Finland. Chowers et al<sup>54</sup> found no significant association between PDT response and *ARMS2/HTRA1* polymorphisms in the Arab, Sephardic Jewish, and Ashkenazi Jewish populations of Israel. Moreover, we have reported a significant relationship between *HTRA1* and *CFH* genes and the PDT response in the Japanese population.<sup>55</sup> We have included more patients in the present study than in our previous study, and a stronger

association was similarly observed with the *HTRA1* gene. These results support the hypothesis that known genetic polymorphisms (particularly *HTRA1*-rs11200638) may be utilized as genetic biomarkers to predict PDT responses in Japanese AMD patients. Furthermore, *HTRA1*-rs11200638 was the major influence on outcomes of PDT in the tested genotypes and the clinical phenotypes in current study.

Further steps in this emerging area are to explore additional novel genetic biomarkers that predict the efficacy and safety of PDT and more investigation of the association with anti-VEGF therapy<sup>66–68</sup> in the Asian population afflicted with AMD. If genetic differences between PDT and anti-VEGF therapy are found, we might be able to determine the most appropriate therapy (as personalized medicine) by analyzing the genotypes of such new biomarkers. Further, it remains to be more characterized the functions of known genes associated with AMD to predict precisely the efficacy of PDT and anti-VEGF therapy.<sup>66–68</sup> So far we conclude that *HTRA1* is a more important factor than other phenotypic factors in predicting the response to PDT.

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## Disclosure

The authors report no conflicts of interest in this work.

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