

Published in final edited form as:

*Neurobiol Aging*. 2015 January ; 36(1): 12–19. doi:10.1016/j.neurobiolaging.2014.06.021.

## Cortical pyroglutamate amyloid- $\beta$ levels and cognitive decline in Alzheimer's disease

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### Abstract

Posterior cingulate cortex (PCC) accumulates amyloid- $\beta$  (A $\beta$ ) early in Alzheimer's disease (AD). The relative concentrations of full-length A $\beta$  and truncated, pyroglutamate-modified A $\beta$  (NpE3) forms, and their correlations to cognitive dysfunction in AD, are unknown. We quantified A $\beta$ NpE3-42, A $\beta$ NpE3-40, A $\beta$ 1–42, and A $\beta$ 1-40 concentrations in soluble (nonfibrillar) and insoluble (fibrillar) pools in PCC from subjects with an antemortem clinical diagnosis of no cognitive impairment, mild cognitive impairment, or mild-moderate AD. In clinical AD, increased PCC concentrations of A $\beta$  were observed for all A $\beta$  forms in the insoluble pool but only for A $\beta$ 1-42 in the soluble pool. Lower Mini-Mental State Exam and episodic memory scores correlated most strongly with higher concentrations of soluble and insoluble A $\beta$ 1-42. Greater neuropathology severity by Consortium to Establish a Registry for Alzheimer's Disease and National Institute on Aging-Reagan pathologic criteria was associated with higher concentrations of all measured A $\beta$  forms, except soluble A $\beta$ NpE3-40. Low concentrations of soluble pyroglutamate A $\beta$  across clinical groups likely reflect its rapid sequestration into plaques, thus, the conversion to fibrillar A $\beta$  may be a therapeutic target.

### Keywords

Pyroglutamate-modified A $\beta$ ; Amyloid- $\beta$ ; Alzheimer's disease; Posterior cingulate cortex; MCI; Episodic memory

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### Disclosure statement

Violetta Pivtoraiko, Eric Abrahamson, Sue Leurgans, and Elliott Mufson have no conflicts of interest to disclose. Steven DeKosky discloses consultant fees at Merck, Lilly, Janssen, Helicon Therapeutics, Genzyme, and AstraZeneca, involvement in experimental therapeutic trials at Pfizer, Elan Corporation and/or Wyeth, Novartis, Janssen, Baxter Pharmaceuticals, and editorial of Dementia section in "Up To Date." Milos Ikonomic discloses consultant fees at GE Healthcare.

## 1. Introduction

The posterior cingulate cortex (PCC) is a component of the default mode network associated with episodic memory retrieval (Sestieri et al., 2011; Wagner et al., 2005). Functional imaging studies report hypometabolism and fibrillar amyloid- $\beta$  ( $A\beta$ ) accumulation in the PCC in mild cognitive impairment (MCI) and early clinical stages of Alzheimer's disease (AD) (Aizenstein et al., 2008; Klunk et al., 2004; Minoshima et al., 1997) suggesting that dysfunction of this brain region contributes to early cognitive impairment and parallels the development of  $A\beta$  plaques. The considerable overlap of  $A\beta$  deposition with metabolic impairment and functional disconnection in the default mode network, including the PCC (Sperling et al., 2009), supports the hypothesis that  $A\beta$  accumulation in cortical association areas is a source, or a putative marker, of functional impairment in AD. The main goal of the present study was to determine the concentrations of  $A\beta$  peptides in the PCC before and in early clinical AD.

Full-length  $A\beta$  peptides ending at amino acid residues 42 or 40 ( $A\beta_{1-42}$  and  $A\beta_{1-40}$ , respectively) are the predominant  $A\beta$  species in brain and concentrations of both insoluble (fibrillar,  $\beta$ -pleated sheet conformed aggregates) and soluble (nonfibrillar, diffusible in physiological solution)  $A\beta$  pools increase in AD (McLean et al., 1999; Naslund et al., 2000; Wang et al., 1999). Posttranslational modifications also result in N-terminus truncated forms of  $A\beta$  reaching 60% of total  $A\beta$  load in AD and aged Down syndrome brains (Masters et al., 1985).  $A\beta$  truncated at the third or 11th glutamate residue can be modified by glutaminyl cyclase into pyroglutamate forms NpE3 and NpE11, respectively (Cynis et al., 2008). Compared with unmodified  $A\beta$ ,  $A\beta$ NpE is more resistant to peptidase cleavage, which may impede clearance resulting in its accumulation in brain (Jawhar et al., 2011), where it might contribute to seeding of amyloid plaques (He and Barrow, 1999; Jawhar et al., 2011; Schilling et al., 2006; Sullivan et al., 2011). However, the relative abundances of  $A\beta$ NpE and unmodified full-length  $A\beta$  forms during the earliest clinical stages of AD remain controversial. Several reports indicate that  $A\beta$ NpE3-x is more abundant than  $A\beta_{1-x}$  in AD and DS (Frost, 2013; Iwatsubo et al., 1996; Saïdo et al., 1995). Others reported that  $A\beta$ NpE3-42 and  $A\beta_{1-42}$  species were comparable in aggregation propensity, toxicity, and abundance (Moore et al., 2012; Portelius et al., 2010; Tekirian et al., 1999; Youssef et al., 2008). Higher levels of both pyroglutamate and unmodified  $A\beta$  were reported in advanced-stage AD relative to non-AD controls (Wu et al., 2013). By contrast, pyroglutamate  $A\beta$  levels during the early stages of cognitive impairment and AD dementia in clinically and pathologically well-characterized cases remain to be evaluated. In this study, we quantified concentrations of soluble and insoluble  $A\beta$ NpE3 and full-length unmodified  $A\beta$  using enzyme-linked immunosorbant assay (ELISA) in PCC gray matter from subjects with an antemortem clinical diagnosis of no cognitive impairment (NCI), MCI, and AD. This study tested the hypothesis that compared with full-length  $A\beta$  forms, PCC concentrations of  $A\beta$ NpE3-42 and  $A\beta$ NpE3-40 correlate more strongly with cognitive impairment and neuropathology measures during the progression of AD.

## 2. Methods

### 2.1. Subjects

This study included 58 cases from the Rush Religious Orders Study (RROS), a longitudinal clinicopathologic study of aging and AD (Bennett et al., 2002; Mufson et al., 1997). Details of clinical evaluation in the RROS cohort were published previously (Wilson et al., 2002). Based on clinical history review, cases examined were classified with NCI (n = 19), MCI (n = 21), and AD (n = 18). AD cases were mild-moderate (mAD) based on Mini-Mental State Examination (MMSE) (Folstein et al., 1975) scores (see Table 1). Final clinical diagnosis was made using previously reported clinical criteria (DeKosky et al., 2002; Ikonovic et al., 2011; Mufson et al., 1999). Global cognitive score (GCS) and episodic memory tests have been described previously (Wilson et al., 2002). Briefly, GCS is a composite z-score based on 19 cognitive tests;  $GCS > 0$  indicates that, compared with all PROS recruits at baseline, the subject's cognitive function is above average, whereas  $GCS < 0$  indicates a score below average. Neuropathological diagnosis was based on the recommendations of the Consortium to Establish a Registry for Alzheimer's Disease (CERAD), Braak neurofibrillary tangle staging, and the National Institute on Aging-Reagan Institute criteria (Braak and Braak, 1991; Mirra et al., 1991; NIA-Reagan Working Group, 1997). Application of the new National Institute on Aging-Alzheimer's Association guidelines (Hyman et al., 2012; Montine et al., 2012) to the RROS cohort is currently ongoing. Cases with non-AD pathologies (e.g., stroke or Parkinson's disease) were excluded from the study. All cases were de-identified and investigators were blinded to demographics and diagnosis. Rush University Institutional Review Board and the University of Pittsburgh's Committee for Oversight of Research and Clinical Training Involving Decedents approved the study.

### 2.2. Tissue samples

Frozen PCC (Brodmann area 23) graymatter harvested at autopsy was homogenized on ice in phosphate-buffered saline (pH 7.4; 300 mg/mL) supplemented with protease inhibitors (Sigma 8340 protease inhibitor cocktail; 10  $\mu$ L/mL buffer) to final concentration of 150 mg/mL; samples were then centrifuged at 100,000 $\times$  g for 1 hour at 4 °C. Supernatant was collected as the soluble (nonfibrillar) fraction and divided into aliquots; the pellet was re-homogenized by sonication in 70% formic acid, and centrifuged at 113,000 $\times$  g for 1 hour at 4 °C. Supernatant was collected as the insoluble (fibrillar) fraction, neutralized to pH 7.4, aliquoted, and frozen at -80°C until assay. There were no differences in tissue sample storage time among clinical groups and ELISAs were run in parallel for each group.

### 2.3. Quantification of A $\beta$ NpE3-40, A $\beta$ NpE3-42 and A $\beta$ 1-40, A $\beta$ 1-42 concentrations

A $\beta$ NpE3-40 and A $\beta$ NpE3-42 concentrations were assayed in triplicates using a chemiluminescence-based ELISA (IBL, Japan) with a capture antibody specific for the neopeptide at carboxy terminal amino acids 40 or 42 of human A $\beta$  and detection antibodies specific for A $\beta$ NpE3. Values were determined from standard curves using synthetic human A $\beta$ NpE3-40 or A $\beta$ NpE3-42 peptides (IBL) and were expressed as picomoles per gram tissue wet weight. A $\beta$ 1-40 and A $\beta$ 1-42 concentrations were analyzed in triplicates, using chemiluminescent-based ELISA (Invitrogen, Camarillo, CA, USA) (Ikonovic et al., 2008). ELISA assays were tested for cross-reactivity to A $\beta$  species detection by assaying

known concentrations of synthetic A $\beta$ NpE3-40 and A $\beta$ NpE3-42 peptides on the A $\beta$ 1-40 and A $\beta$ 1-42-specific ELISAs, and the converse; in all cases, no signal was detected (data not shown).

## 2.4. Statistical analyses

Primary outcome measures were concentrations of A $\beta$ 1-40, A $\beta$ 1-42, A $\beta$ NpE3-40, and A $\beta$ pE3-42 in the PCC. Demographic, clinical, and neuropathologic measures were predictor variables. Clinical groups were compared on demographic characteristics, neuropathology scores, and biochemical measures using analysis of variance, Kruskal-Wallis tests (Wilcoxon post hoc tests) or Fisher exact tests, as appropriate. Associations among variables were assessed by Spearman rank correlations. Nonparametric methods were preferred for the primary outcomes because of outliers and non-normality. Results were confirmed using analysis of variance of the transformed data (e.g., using square-root). Overall, the level of statistical significance was set at 0.05 (2-sided). A Bonferroni-corrected significance threshold of 0.0167 (= 0.05/3) was used to account for the possible comparisons between the 3 clinical groups.

## 3. Results

### 3.1. Subject demographics, clinical, and neuropathology characteristics

NCI, MCI, and mAD groups did not differ in years of education, sex, postmortem interval, brain tissue pH, or Braak score (Tables 1 and 2). The clinical diagnostic groups differed in MMSE scores and age; mAD subjects were more impaired than NCI and MCI subjects and older than NCI subjects. The groups differed by CERAD and NIA-Reagan neuropathology criteria, with mAD group having a greater pathology burden than the NCI but not the MCI group.

### 3.2. PCC pyroglutamate-modified and full-length A $\beta$ concentrations

PCC concentrations of all A $\beta$  forms were higher in the insoluble compared with the soluble A $\beta$  pool. Insoluble A $\beta$ NpE3-42 and A $\beta$ 1-42 exhibited the highest concentrations (median values: 227.6 and 317.4 pmol/g, respectively; Fig. 1B and D, Table 3). Insoluble A $\beta$ NpE3-40 and A $\beta$ 1-40 were in the lower picomolar range (median values: 2.2 and 6.8 pmol/g, respectively; Fig. 1F and H, Table 3). In the soluble A $\beta$  pool, A $\beta$ 1-42 was also the most abundant A $\beta$  form, followed by A $\beta$ 1-40; both in low picomolar range. Concentrations of soluble A $\beta$ NpE3-42 and A $\beta$ NpE3-40 were the lowest of all measured A $\beta$  forms, consistently below 0.3 pmol/g (Fig. 1).

In the insoluble pool of A $\beta$  in the PCC, there were strong associations among the measured A $\beta$  forms (correlations ranged from  $r_s = 0.54$  [for A $\beta$ NpE3-40 vs. A $\beta$ 1-40] to  $r_s = 0.89$  [for A $\beta$ NpE3-42 vs. A $\beta$ 1-42], all  $p < 0.0001$ ). In the soluble pool of A $\beta$  in the PCC, significant associations were between A $\beta$ 1-42 and A $\beta$ 1-40 ( $r_s = 0.65$ ,  $p < 0.00001$ ) and A $\beta$ NpE3-40 and A $\beta$ 1-40 ( $r_s = 0.4$ ,  $p = 0.003$ ). There were significant correlations between insoluble and soluble A $\beta$  forms except between insoluble A $\beta$ 1-42 and soluble A $\beta$ NpE3-40.

### 3.3. PCC pyroglutamate-modified and full-length A $\beta$ concentrations by clinical diagnosis

The three clinical diagnostic groups differed significantly in PCC concentrations of insoluble A $\beta$ 1-42 ( $p = 0.0009$ ) and A $\beta$ NpE3-42 ( $p = 0.005$ ), with higher levels in mAD compared with both NCI and MCI groups. NCI, MCI, and mAD cases also differed in insoluble A $\beta$ NpE3-40 ( $p = 0.03$ ) with mAD higher than the NCI group. Difference in insoluble A $\beta$ 1-40 among the clinical groups was not significant ( $p = 0.08$ ). Of all measured A $\beta$  forms in the soluble pool only A $\beta$ 1-42 concentration differed significantly among the clinical groups ( $p = 0.0003$ ) with the mAD group higher than both NCI and MCI groups (Fig. 1). An exploratory analysis of a small group of severe AD cases from the same cohort ( $n = 6$ ; mean age:  $93.62 \pm 4.14$ , range: 88.18–98.69 years; mean MMSE:  $5.67 \pm 3.67$ , range: 2–10) demonstrated that none of the A $\beta$  measures differed statistically when comparing these severe AD with moderate AD (MMSE range 11–20) and mild AD (MMSE range 21–28) cases.

When the ratios of insoluble to soluble A $\beta$  concentrations were compared across the clinical groups, only pyroglutamate A $\beta$  forms displayed significant differences (insoluble to soluble A $\beta$ NpE3-42:  $p = 0.008$ , mAD > NCI, MCI; insoluble to soluble A $\beta$ NpE3-40:  $p = 0.006$ , mAD > NCI) (Fig. 2), due entirely to increases in insoluble pyroglutamate A $\beta$ .

### 3.4. Associations between PCC A $\beta$ concentrations and demographics

Across all cases, changes in A $\beta$  species were not associated with sex or postmortem interval (Table 4). Greater concentrations of insoluble and soluble full-length A $\beta$ , but not pyroglutamate A $\beta$ , were weakly associated with a greater age at death (Table 4). Higher soluble A $\beta$ NpE3-42 was associated with more years of education, and higher soluble and insoluble A $\beta$ 1-40 was weakly associated with lower brain pH levels (Table 4). Greater concentration of insoluble A $\beta$ NpE3-40 was associated with the presence of APOE4 ( $p = 0.018$ ).

### 3.5. Associations of PCC A $\beta$ concentrations with clinical and neuropathological data

A $\beta$ 1-42 concentrations were the strongest correlates of impaired performance on neuropsychological tests; higher concentrations of both insoluble and soluble A $\beta$ 1-42 were associated with greater impairments on GCS ( $r_s = -0.46$  and  $r_s = -0.48$ , respectively;  $p < 0.001$ ) and episodic memory ( $r_s = -0.52$  and  $r_s = -0.47$ , respectively;  $p < 0.001$ ) (Fig. 3, Table 4). Insoluble and soluble A $\beta$ 1-40 concentrations correlated less strongly with cognitive measures (Table 4). Increased concentrations of insoluble, but not soluble, A $\beta$ NpE3-42 and A $\beta$ NpE3-40 correlated with worse episodic memory score (Fig. 3) and GCS (Table 4). With the exception of soluble A $\beta$ NpE3-40, increased concentrations of all A $\beta$  forms in both pools correlated significantly with neuropathology by CERAD and NIA-Reagan criteria (Table 4), across the entire study cohort. Most of the NCI and MCI cases had neuropathological diagnosis of possible or probable AD by CERAD criteria and exhibited a wide range of A $\beta$  concentrations (Fig. 1, Table 2). NCI and MCI cases classified as “Not AD” by CERAD criteria had very low A $\beta$  concentrations in both insoluble and soluble pools (Fig. 1, open symbols). Elevations in all measured A $\beta$  species, except the two soluble pyroglutamate forms, correlated with more advanced Braak stages (Table 4).

## 4. Discussion

The present study found that pyroglutamate and full-length A $\beta$ 42 dominated the insoluble A $\beta$  pool in the PCC across clinical groups, which is consistent with the hypothesis that C-terminal amino acid residue 42 (alanine) in A $\beta$  plays a major role in amyloid plaque formation (Iwatsubo et al., 1994,1995). In the PCC soluble A $\beta$  pool (diffusible A $\beta$  oligomers and monomers), concentrations of A $\beta$ 1-42 and A $\beta$ 1-40 were substantially higher than concentrations of A $\beta$ NpE3-42 and A $\beta$ NpE3-40. Concentrations of insoluble A $\beta$ 1-42 and A $\beta$ NpE3-42, and only A $\beta$ 1-42 in the soluble pool, were elevated in mAD compared with NCI and MCI and were the strongest correlates of cognitive impairment. Therefore, altered A $\beta$  metabolism in AD involves changes in both modified and unmodified A $\beta$ 42 forms in the insoluble pool, but only in the unmodified A $\beta$ 1-42 in the soluble pool in PCC.

The current findings support observations that most of the A $\beta$  found in the AD brain is in the insoluble and/or fibrillar pool (Naslund et al., 2000; Wang et al., 1999), with over 90% of A $\beta$  consisting of longer, A $\beta$ 42 (43) including N-terminus truncated and/or modified forms (Gravina et al., 1995). Similar to our results, prior studies using ELISA technique found that A $\beta$ NpE3-42 (43) comprised a substantial portion of total A $\beta$ 42 (43) in AD temporal cortex (Harigaya et al., 2000) and the concentration of cortical A $\beta$ 1-42 (43) was approximately 10-fold higher than A $\beta$ 1-40 (Harigaya et al., 2000). On the other hand, A $\beta$ NpE3-42 (43) or A $\beta$ NpE3-40 concentrations were higher than A $\beta$ 1-42 (43) or A $\beta$ NpE3-40 concentrations in AD frontal cortex (Harigaya et al., 2000; Hosoda et al., 1998). This contrasts our findings of lower A $\beta$ NpE3-42 or A $\beta$ NpE3-40 compared with A $\beta$ 1-42 or A $\beta$ 1-40 concentrations in the insoluble A $\beta$  pool in the PCC, independent of clinical diagnosis. Another ELISA analysis, using the same pyroglutamate antibody (A $\beta$ NpE3, IBL) but a different pan-A $\beta$  (clone 4G8) capture antibody (Wu et al., 2013), examined unspecified brain region (s) and reported that both unmodified and pyroglutamate forms of soluble A $\beta$  are higher in advanced-stage AD than in non-AD controls (Wu et al., 2013). This contrasts with our results that soluble pyroglutamate A $\beta$ 42 and A $\beta$ 40 are stable in AD PCC. These discrepancies could be because of different subject cohorts, disease severity, brain regions examined, or other methodological differences.

In line with the current observations, mass spectrometry revealed that A $\beta$ 1-42 was a major form found in brain, however, A $\beta$ NpE3-42 and other pyroglutamate forms were reported in the insoluble (Moore et al., 2012; Portelius et al., 2010) but not in the soluble A $\beta$  pools (Moore et al., 2012). Here, concentrations of soluble A $\beta$ NpE3-42 and A $\beta$ NpE3-40 were detectable but consistently low in the PCC across clinical groups, suggesting that pyroglutamate A $\beta$  forms are more prone to oligomerization and fibrillization (Harigaya et al., 2000; Pike et al., 1995; Schilling et al., 2006). Supporting this concept, immunohistochemical studies identified pyroglutamate A $\beta$  as a major component of amyloid plaques, with either comparable or greater levels of A $\beta$ NpE3-x compared with A $\beta$ 1-x (Frost., 2013; Saido et al., 1995), suggesting that pyroglutamate A $\beta$  is an early form in AD plaque genesis. We found that both A $\beta$ NpE3-42 and A $\beta$ 1-42 are major components of the insoluble A $\beta$  pool, with A $\beta$ 1-42 concentrations clearly dominating the spectrum of A $\beta$  peptides assayed. In the soluble A $\beta$  fraction, A $\beta$ NpE3-42 and A $\beta$ NpE3-40 levels were low, and A $\beta$ 1-42 was the dominant form, correlating best with cognitive impairment. These data

support the hypothesis that A $\beta$ 42 oligomers are detrimental to memory function and perhaps are an important therapeutic target and/or biomarker (Klein, 2013; Selkoe, 2008). We found that the ratios of insoluble to soluble A $\beta$ NpE3-42 and A $\beta$ NpE3-40, but not A $\beta$ 1-42 and A $\beta$ 1-40 were greatest in the PCC in mAD because of increases in insoluble and stability of soluble A $\beta$ NpE3-42 and A $\beta$ NpE3-40, possibly reflecting higher hydrophobicity and aggregation kinetics of pyroglutamate-modified A $\beta$  compared with their full-length unmodified equivalents (He and Barrow, 1999; Sullivan et al., 2011). Our detection of soluble pyroglutamate-modified forms, albeit in low concentrations, indicates that at least some A $\beta$  may undergo N-terminus modifications before fibril formation and deposition into amyloid plaques. Although it is likely that most of the soluble A $\beta$  pool in the brain consists of diffusible oligomers, our ELISA assay could not distinguish between monomers and oligomers of A $\beta$ .

#### **4.1. Clinical correlates of pyroglutamate-modified and unmodified A $\beta$ during AD progression**

Oligomeric A $\beta$  is linked to impaired memory in AD (Klyubin et al., 2012), but it remains unclear if modified A $\beta$  is similarly detrimental to cognitive function. Pyroglutamate A $\beta$  affects memory function in transgenic AD mice (Wittnam et al., 2012), and greater plasma levels of autoantibodies against pyroglutamate A $\beta$  correlate with AD cognitive decline (Marcello et al., 2011). However, we observed that PCC soluble A $\beta$ NpE3-42 and A $\beta$ NpE3-40 concentrations were in the low picomolar concentration range and were stable across clinical diagnostic groups, although soluble A $\beta$ 1-42 increased significantly and correlated with changes in global cognitive performance and, even more strongly, with episodic memory impairment (Table 4). This suggests that soluble pyroglutamate A $\beta$  forms are less informative regarding clinical AD progression than soluble A $\beta$ 1-42. This observation, together with the reported inability to detect pyroglutamate A $\beta$  in cerebrospinal fluid or plasma (Wu et al., 2013), compared with A $\beta$ 1-42 (Fagan et al., 2006), argues against pyroglutamate A $\beta$  as a potential AD biomarker.

#### **4.2. Neuropathological correlates of pyroglutamate-modified and full-length A $\beta$ during AD progression**

Several reports suggest that pyroglutamate A $\beta$  contributes to A $\beta$  plaque formation (Gunn et al., 2010; He and Barrow, 1999; Jawhar et al., 2011; Schilling et al., 2006; Wirths et al., 2010; Wittnam et al., 2012). However, studies in transgenic AD mice suggest that pyroglutamate A $\beta$  deposition is preceded by “general” A $\beta$  deposition (Frost et al., 2013) and that plaques are composed primarily of A $\beta$ 1-42 (Guntert et al., 2006; Iwatsubo et al., 1996). Our data suggest that both pyroglutamate and full-length A $\beta$  contribute to plaque genesis, based on correlations with disease stage by both CERAD criteria and NIA-Reagan diagnosis (Table 4). Interestingly, greater concentrations of A $\beta$  forms (except soluble pyroglutamate A $\beta$ 40 and A $\beta$ 42) were also associated with advanced Braak pathology stage (Table 4).

#### **4.3. Study considerations**

Based on CERAD criteria and Braak staging some of our NCI and MCI cases had AD pathology, consistent with previous reports in the RROS cohort where higher level of education may reduce the effect of neuropathology on the odds of developing AD dementia

(Bennett et al., 2003). Pathology-burdened NCI cases might be preclinical AD or “pathological aging” (Dickson et al., 1992) consistent with observations of amyloid pathology in approximately 30% of NCI and approximately 70% MCI postmortem and in positron emission tomography imaging studies (Aizenstein et al., 2008; Crystal et al., 1988; Dickson et al., 1992; Mufson et al., 1999; Rowe et al., 2010; Schneider et al., 2009). Regardless of their pathology burden, some NCI subjects may never develop AD, whereas pathology-free MCI may have other causes of cognitive impairment (e.g., vascular disease, depression), which were not present in our cases. We observed that pathology-free cases had low levels of insoluble and soluble pyroglutamate and unmodified A $\beta$  (Fig. 1). In contrast, pathology-burdened cases across clinical groups displayed unmodified A $\beta$  concentrations many-fold higher in the insoluble than in the soluble pools as reported in advanced AD (Wang et al., 1999). Future investigations will examine other cortical areas and other forms of pyroglutamate (e.g., A $\beta$ NpE11-x) (Vassar et al., 1999) to determine regional and peptide specific changes in clinical diagnostic groups. The unique fibril promoting nature of pyroglutamate A $\beta$  might be important for sequestering neurotoxic oligomeric A $\beta$  into relatively inert plaque deposits. Therefore, reducing or preventing brain pyroglutamate A $\beta$  modification as a potential therapeutic strategy in patients with prodromal or early AD (Frost et al., 2012; Morawski et al., 2014) should be regarded with caution.

## Acknowledgements

This study was supported by grants PO1AG014449, PO1AG025204, RO1AG043375 and P30AG10161 from the National Institute on Aging, National Institutes of Health. The authors are indebted to the Catholic nuns, priests, and lay brothers who participated in the Rush Religious Orders Study. They are grateful to Dr Ana W. Capuano (Rush University Medical Center) for assistance with statistical analyses and to Mr. William Paljug for expert technical assistance.

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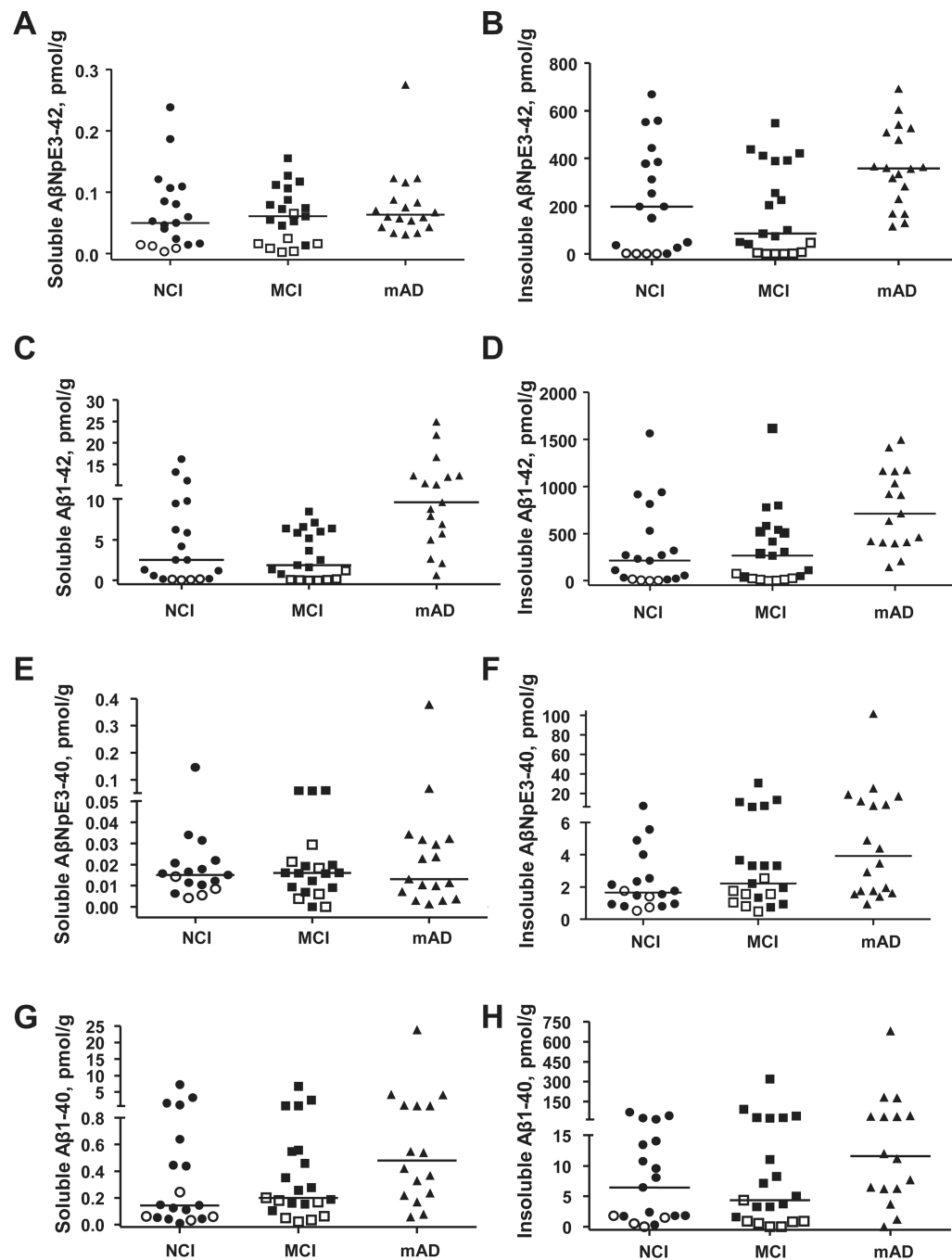
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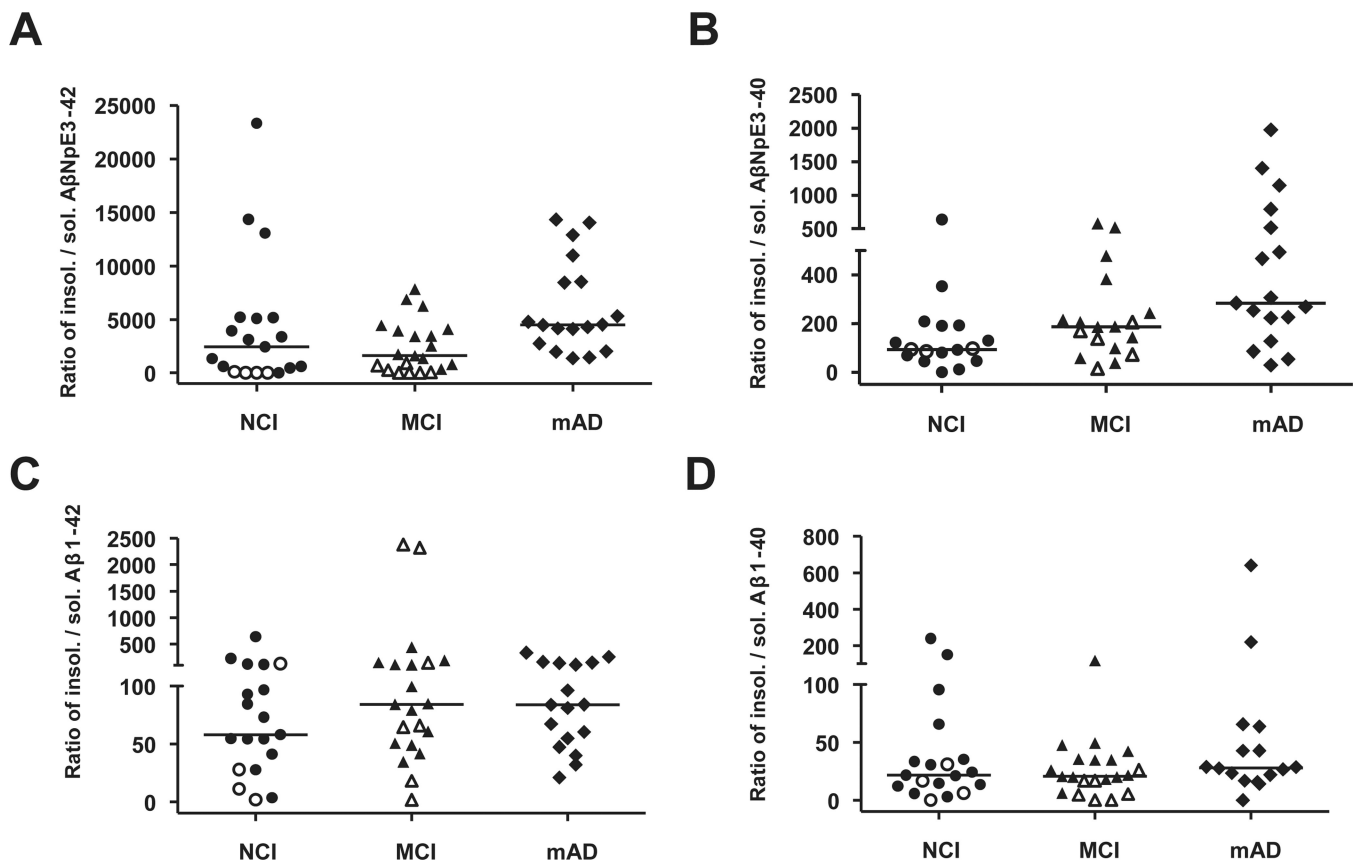
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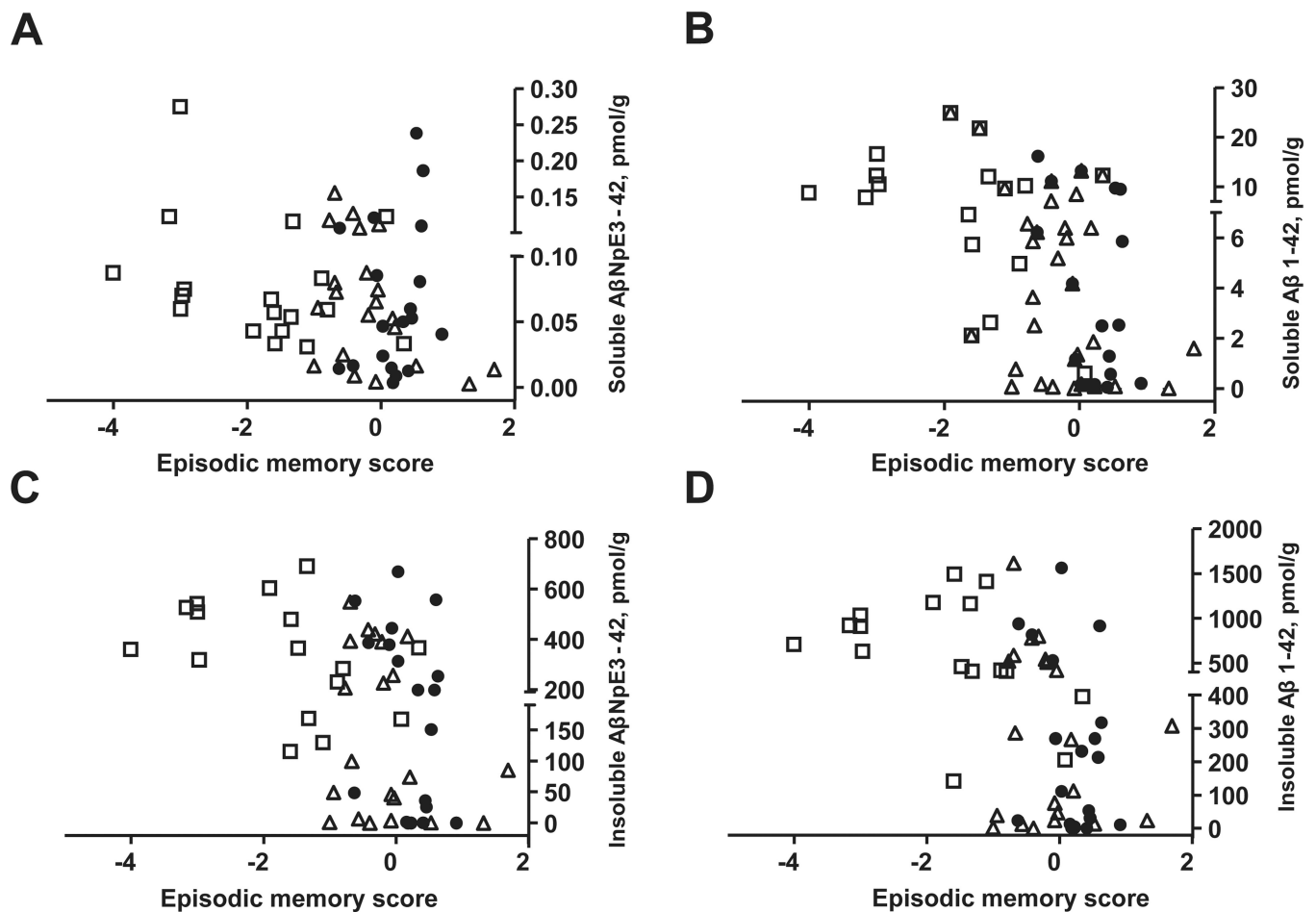
**Fig. 1.**

Concentrations of soluble (A, C, E, and G) and insoluble (B, D, F, and H) forms of AβNpE3-42 (A, B), Aβ1-42 (C, D), AβNpE3-40 (E, F), and Aβ1-40 (G, H) in the PCC across the RROS clinical groups. In the pool of soluble Aβ, only Aβ1-42 concentrations are significantly different in mAD compared with the NCI and MCI ( $p < 0.001$ ) (C), although the three clinical groups do not differ by AβNpE3-12, Aβ1-40, or AβNpE3-10 concentrations ( $p = 0.17, 0.66,$  and  $0.39,$  respectively). Insoluble AβNpE3-42, Aβ1-42, and AβNpE3-40 concentrations are significantly higher in mAD compared with NCI and MCI ( $p < 0.05$ ),

whereas concentrations of insoluble A $\beta$ 1-40 are not different among the clinical groups ( $p = 0.08$ ). Open symbols represent pathology free cases (not AD by CERAD criteria). Horizontal bars depict median concentration. Abbreviations: A $\beta$ , amyloid- $\beta$ ; AD, Alzheimer's disease; CERAD, Consortium to Establish a Registry for Alzheimer's Disease; mAD, mild-moderate Alzheimer's disease; MCI, mild cognitive impairment; NCI, no cognitive impairment; PCC, posterior cingulate cortex; RROS, Rush Religious Orders Study.



**Fig. 2.** Ratios of insoluble to soluble forms of pyroglutamate and full-length Aβ across RROS clinical groups. Ratios of insoluble to soluble Aβ are significantly increased in mAD for AβNpE3-42 (mAD > NCI, MCI;  $p = 0.008$ ; A) and AβNpE3-40 (mAD > NCI;  $p = 0.006$ ; B), but not for Aβ1-42 ( $p = 0.47$ ; C) and Aβ1-40 ( $p = 0.35$ ; D). Open symbols represent pathology-free cases (not AD by CERAD criteria). Horizontal bars depict median concentration. Abbreviations: Aβ, amyloid-β; CERAD, Consortium to Establish a Registry for Alzheimer's Disease; mAD, mild-moderate Alzheimer's disease; MCI, mild cognitive impairment; NCI, no cognitive impairment; RROS, Rush Religious Orders Study.



**Fig. 3.**

Correlations of insoluble and soluble A $\beta$ NpE3-42 and A $\beta$ 1-42 forms with episodic memory scores. Soluble A $\beta$ NpE3-42 concentrations do not correlate with episodic memory scores (A;  $r_s = -0.24$ ,  $p = 0.07$ ). Higher concentrations of soluble A $\beta$ 1-42 (B), insoluble A $\beta$ NpE3-42 (C), and insoluble A $\beta$ 1-42 (D) significantly correlate with worse episodic memory scores ( $r_s = -0.47$ ,  $-0.44$ ,  $-0.52$ , respectively;  $p < 0.001$ ). Solid circles, open triangles, and open squares represent NCI, MCI, and mAD cases, respectively.

Abbreviations: mAD, mild-moderate Alzheimer's disease; MCI, mild cognitive impairment; NCI, no cognitive impairment.



Table 1

Demographic and clinical characteristics by clinical diagnosis category

	Clinical diagnosis				Total (N = 58)	p-value	Pairwise comparison
	NCI (n = 19)	MCI (n = 21)	AD (n = 18)				
Age (y) at death: mean ± SD (range)	85.6 ± 3.9 (78.1–92.8)	86.3 ± 5.1 (75.4–94)	90.1 ± 5.4 (76.4–100.9)	88.1 ± 6.0 (73–100.9)	0.01	NCI < AD	
Number (%) of males	5 (26.3)	8 (38.1)	5 (27.8)	18 (31.0)	0.8 <sup>a</sup>	d	
Years of education: mean ± SD (range)	17.3 ± 3.6 (10–25)	18 ± 3.5 (10–25)	90.1 ± 5.4 (14–26)	15.9 ± 3.0 (10–26)	0.7 <sup>b</sup>	d	
Number (%) with <i>ApoE</i> ε4 allele	1 (5.3)	8 (38.1)	5 (29.4)	14 (24.6)	0.04 <sup>a</sup>	d	
MMSE mean ± SD (range)	28.1 ± 1.6 (26–30)	27 ± 2.7 (22–30)	19.5 ± 5.3 (11–28)	24.2 ± 6.4 (11–30)	<0.0001 <sup>b</sup>	(NCI, MCI) > AD	

p-value from ANOVA, if not specified otherwise.

Pairwise comparisons reported are considered statistically significant after Bonferroni adjustment (0.05/3 = 0.016).

Key: AD, Alzheimer's disease; ANOVA, analysis of variance; MCI, mild cognitive impairment; MMSE, Mini-Mental State Examination; NCI, no cognitive impairment; SD, standard deviation.

<sup>a</sup> Fisher exact test.

<sup>b</sup> Kruskal-Wallis test.

Table 2

Neuropathological characteristics by clinical diagnosis category

	Clinical diagnosis			Total (N = 58)	p-value	Pairwise comparison
	NCI (n = 19)	MCI (n = 21)	AD (n = 18)			
Postmortem interval, h mean $\pm$ SD (range)	5.2 $\pm$ 2.1 (1–9.1)	5.8 $\pm$ 2.4 (2–11.5)	4.9 $\pm$ 2 (1.5–8.7)	4.2 $\pm$ 2.0 (1–9.1)	0.7 <sup>a</sup>	—
Tissue pH mean $\pm$ SD (range)	6.5 $\pm$ 0.1 (6.3–6.7)	6.5 $\pm$ 0.1 (6.2–6.6)	6.5 $\pm$ 0.1 (6.2–6.8)	6.5 $\pm$ 0.1 (6.2–6.8)	0.6 <sup>a</sup>	—
Distribution of Braak scores						
0	0	0	0	0	0.1 <sup>a</sup>	—
I/II	4	5	1	10		
III/IV	14	12	12	38		
V/VI	1	4	5	10		
CERAD diagnosis						
No AD	4	7	0	11	0.02 <sup>a</sup>	AD > NCI
Possible	5	2	2	9		
Probable	9	8	10	27		
Definite	1	4	6	11		
NIA-Reagan diagnosis (likelihood of AD)						
No AD	0	0	0	0	0.02 <sup>a</sup>	AD > NCI
Low	11	10	3	24		
Intermediate	8	8	12	28		
High	0	3	3	6		

Pairwise comparisons reported are considered statistically significant after Bonferroni adjustment (0.05/3 = 0.016).

Key: AD, Alzheimer's disease; ANOVA, analysis of variance; MCI, mild cognitive impairment; NCI, no cognitive impairment; SD, standard deviation.

<sup>a</sup> Kruskal-Wallis test.

Table 3

Summary of soluble and insoluble pyroglutamate-modified and full length A $\beta$  concentrations by clinical diagnosis category

A $\beta$ species, pmol/g	Clinical diagnosis, median (range)				Total (N = 58)	p-value <sup>d</sup>	Pairwise comparison
	NCI (n = 19)	MCI (n = 21)	AD (n = 18)				
Insoluble A $\beta$ NpE3-42	197.9 (0.01–669.0)	84.8 (0.01–548.3)	358.5 (115.1–692.1)	227.6 (0.01–692.1)	0.005	NCI, MCI < AD	
Insoluble A $\beta$ 1-42	212.8 (0.01–1564.1)	266.0 (0.01–1615.3)	710.7 (141.9–1495.1)	317.4 (0.01–1615.3)	0.0009	NCI, MCI < AD	
Insoluble A $\beta$ NpE3-40	1.7 (0.5–7.1)	2.2 (0.5–30.6)	3.9 (0.9–101.7)	2.2 (0.5–101.7)	0.03	NCI < AD	
Insoluble A $\beta$ 1-40	6.5 (0.01–69.5)	4.4 (0.01–319.3)	11.6 (0.01–681.2)	6.8 (0.01–681.2)	0.08	—	
Soluble A $\beta$ NpE3-42	0.05 (0.004–0.2)	0.06 (0.003–0.2)	0.06 (0.03–0.3)	0.06 (0.003–0.3)	0.4	—	
Soluble A $\beta$ 1-42	2.5 (0.06–16.2)	1.9 (0.01–8.5)	9.6 (0.6–24.9)	5 (0.01–24.9)	0.0003	NCI, MCI < AD	
Soluble A $\beta$ NpE3-40	0.02 (0.004–0.1)	0.02 (0.0001–0.06)	0.01 (0.001–0.4)	0.02 (0.0001–0.4)	0.7	—	
Soluble A $\beta$ 1-40	0.1 (0.009–7.3)	0.2 (0.02–6.7)	0.5 (0.06–23.9)	0.2 (0.009–23.9)	0.2	—	

Pairwise comparisons reported are considered statistically significant after Bonferroni adjustment (0.05/3 = 0.016). Key: A $\beta$ , amyloid- $\beta$ ; AD, Alzheimer's disease; MCI, mild cognitive impairment; NCI, no cognitive impairment.

<sup>d</sup> Kruskal-Wallis test.

Table 4

Associations of the pyroglutamate-modified and full-length A $\beta$  species with demographic, clinical, and postmortem diagnosis data

	A $\beta$ species, Spearman correlations (p)							
	Insoluble Pyro42	Soluble Pyro42	Insoluble Pyro40	Soluble Pyro40	Insoluble A $\beta$ 1-42	Soluble A $\beta$ 1-42	Insoluble A $\beta$ 1-40	Soluble A $\beta$ 1-40
Age at death, y	0.3 (0.05)	-0.02 (0.9)	0.2 (0.1)	0.1 (0.3)	0.3 (0.03)	0.3 (0.01)	0.3 (0.02)	0.3 (0.02)
Education, y	0.2 (0.2)	0.3 (0.01)	0.2 (0.08)	0.04 (0.8)	0.2 (0.2)	0.1 (0.4)	0.2 (0.07)	0.2 (0.09)
Postmortem interval, h	-0.06 (0.7)	-0.1 (0.4)	-0.1 (0.3)	0.2 (0.3)	-0.1 (0.3)	-0.1 (0.4)	-0.1 (0.4)	-0.2 (0.07)
Brain tissue pH	0.03 (0.8)	-0.05 (0.7)	-0.15 (0.2)	-0.24 (0.06)	0.03 (0.8)	0.03 (0.8)	-0.26 (0.04)	-0.27 (0.03)
Braak stage	0.5 (<0.001)	0.3 (0.05)	0.4 (0.005)	0.09 (0.5)	0.4 (<0.001)	0.4 (0.001)	0.4 (0.002)	0.4 (0.006)
CERAD diagnosis	-0.6 (<0.001)	-0.5 (<0.001)	-0.5 (0.0003)	-0.1 (0.4)	-0.6 (<0.001)	-0.5 (<0.001)	-0.5 (<0.001)	-0.4 (0.003)
NIA-Reagan diagnosis	-0.6 (<0.001)	-0.4 (0.001)	-0.5 (<0.001)	-0.2 (0.3)	-0.6 (<0.001)	-0.5 (<0.001)	-0.5 (<0.001)	-0.3 (0.01)
MMSE score	-0.3 (0.04)	-0.08 (0.6)	-0.2 (0.1)	0.1 (0.3)	-0.3 (0.02)	-0.4 (0.006)	-0.1 (0.4)	-0.1 (0.3)
Global cognition score	-0.4 (0.002)	-0.1 (0.4)	-0.3 (0.04)	0.04 (0.8)	-0.5 (<0.001)	-0.5 (<0.001)	-0.2 (0.1)	-0.3 (0.03)
Episodic memory score	-0.5 (<0.001)	-0.2 (0.07)	-0.4 (0.003)	-0.03 (0.9)	-0.5 (<0.001)	-0.5 (<0.001)	-0.3 (0.02)	-0.4 (0.006)

Key: A $\beta$ , amyloid- $\beta$ ; CERAD, Consortium to Establish a Registry for Alzheimer's Disease; MMSE, Mini-Mental State Examination.