

## Original Article

# $\alpha$ -Naphthoflavone modulates inflammatory response in adipocytes-macrophages interaction through NF $\kappa$ B signaling

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**Abstract:** Objective: Our previous study demonstrated that  $\alpha$ -naphthoflavone ( $\alpha$ -NF) inhibits mouse 3T3-L1 pre-adipocytes differentiation via PPAR $\gamma$ , a key transcription factor in adipogenesis. Due to the critical role of inflammation in adipogenesis, we speculated that the suppression role of  $\alpha$ -NF in adipogenesis might involve in modulation of cytokines secretion raised by adipocyte differentiation cocktail. Therefore, the present study aims to investigate the role of  $\alpha$ -NF in modulating of inflammatory response during adipocytes differentiation and adipocyte-macrophage interaction. Methods: Conditioned medium from different doses of  $\alpha$ -NF treated 10-day differentiated 3T3-L1 adipocytes were collected to culture RAW264.7 macrophages. Conditioned medium from activated macrophages and  $\alpha$ -NF pre-treated macrophage were used to investigate the effects of  $\alpha$ -NF in adipocytes differentiation. Cultured cells and medium were harvested for RT-PCR, Western blot and ELISA. Results:  $\alpha$ -NF dose-dependently decreased TNF- $\alpha$  and IL-6 and increased IL-10 expression induced by IDM (Insulin, dexamethasone, isobutylmethylxanthine) in 3T3-L1 pre-adipocytes. Conditioned medium from  $\alpha$ -NF treated 3T3-L1 differentiated cells inhibited inflammatory response in mouse macrophage cell line RAW264.7 in contrast to IDM control medium. NF $\kappa$ B activation elicited by IDM was suppressed by  $\alpha$ -NF in a dose-response manner. Consequently, decreased TNF- $\alpha$  and increased IL-10 secretion, downstream targets of NF $\kappa$ B signaling pathway, were observed with  $\alpha$ -NF in macrophages. Finally, Conditioned medium from  $\alpha$ -NF pre-treated, LPS-activated macrophages ameliorated the suppression of 3T3-L1 adipogenesis by LPS activated macrophages. Conclusion: Our results suggest that  $\alpha$ -NF regulates inflammation response in both adipocytes and macrophages and adipocyte-macrophage interaction which contributes to pre-adipocyte differentiation.

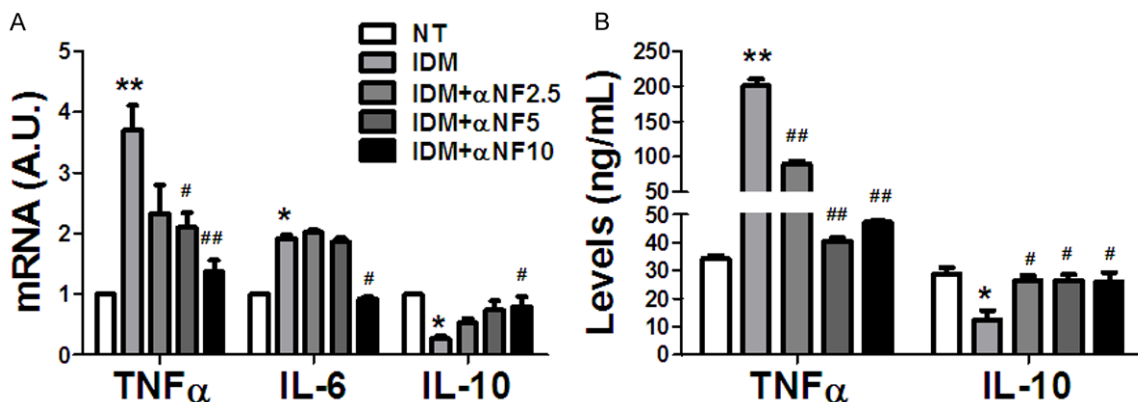
**Keywords:** Adipocyte-macrophage interaction,  $\alpha$ -NF, condition medium, inflammation

## Introduction

Obesity is a state of low-grade chronic inflammation characterized by abnormal cytokine production, increased synthesis of acute phase reactants and activation of pro-inflammatory signaling pathways [1-3]. The imbalance of pro- and anti-inflammatory status has been linked to an increased risk of developing insulin resistance, type 2 diabetes and cardiovascular diseases [4-6]. Moreover, macrophage infiltration is a vital event in the initiation of pathologic obesity and macrophage secreted factors impair human adipogenesis [7]. Available evi-

dence from obese mice and humans revealed that macrophages, adipocytes and pre-adipocytes produce a variety of adipokines and cytokines including TNF- $\alpha$  and IL-6 [8], contribute to the elevation of circulating inflammatory markers in obesity. Local interaction under different conditions [9, 10] suggesting the cross-talk between adipocytes and macrophages is a potential mechanism that aggravates inflammatory changes in obese adipose tissue.

Flavonoids are a large family of plant secondary metabolites that are typical dietary component although they are not considered as nutritive



**Figure 1.** α-NF suppressed pro-inflammatory cytokines, while increased anti-inflammatory cytokines expression during 3T3-L1 adipogenesis. A: The inflammatory cytokines expression after 10 days differentiation in 3T3-L1 cells. B: The concentration of inflammatory cytokines after 10 days differentiation in 3T3-L1 cells cultured medium. \*: Compared with non-treatment (NT) group,  $P < 0.05$ ; \*\*: Compared with NT group,  $P < 0.01$ ; #: Compared with IDM group,  $P < 0.05$ ; ##: Compared with IDM,  $P < 0.01$ .

elements. They have a wide arrange of biological activities including anti-oxidative, anti-inflammatory, and anti-cancer [11-13]. Alpha-naphthoflavone (α-NF) is a synthetic flavonoid and used as an antagonist for the aromatic hydrocarbon receptor (AhR) [14]. Our previous study demonstrated that α-NF inhibit IDM induced 3T3-L1 adipogenesis [15]. Due to the important role of adipocyte-macrophage interaction in pre-adipocyte differentiation and obese development, we hypothesize that the suppression of α-NF on 3T3-L1 differentiation might involve in the modulation of inflammation in adipocyte-macrophage interaction. Therefore, the present study is to investigate the role of α-NF in the inflammatory response during 3T3-L1 adipogenesis, the interaction between adipocytes and macrophages, and the possible underlying mechanism.

## Materials and methods

### Cell culture and preparation of conditioned medium

Mouse 3T3-L1 pre-adipocyte was from the Chinese Academy of Science (Shanghai, China) and Mouse macrophage cell line RAW264.7 was a kind gift from Prof. Ouyang Jingping (Wuhan University). Mature adipocytes were differentiated from 3T3-L1 pre-adipocytes as described in our previous study [15]. Adipocyte-conditioned medium was prepared by differentiating 3T3-L1 cells in 6-well plates for 10 days with different doses of α-NF treatment and con-

trol medium was from IDM differentiated cells alone. Macrophage-conditioned medium was collected from the 24 h LPS activated RAW-264.7 macrophage with or without α-NF pretreatment. Control medium was RPM1-10% FBS kept at 37°C for 24 h in the absence of macrophages. All conditioned media were pooled from at least three individuals and store at -80°C until used.

### Measurement of secreted cytokines by ELISA

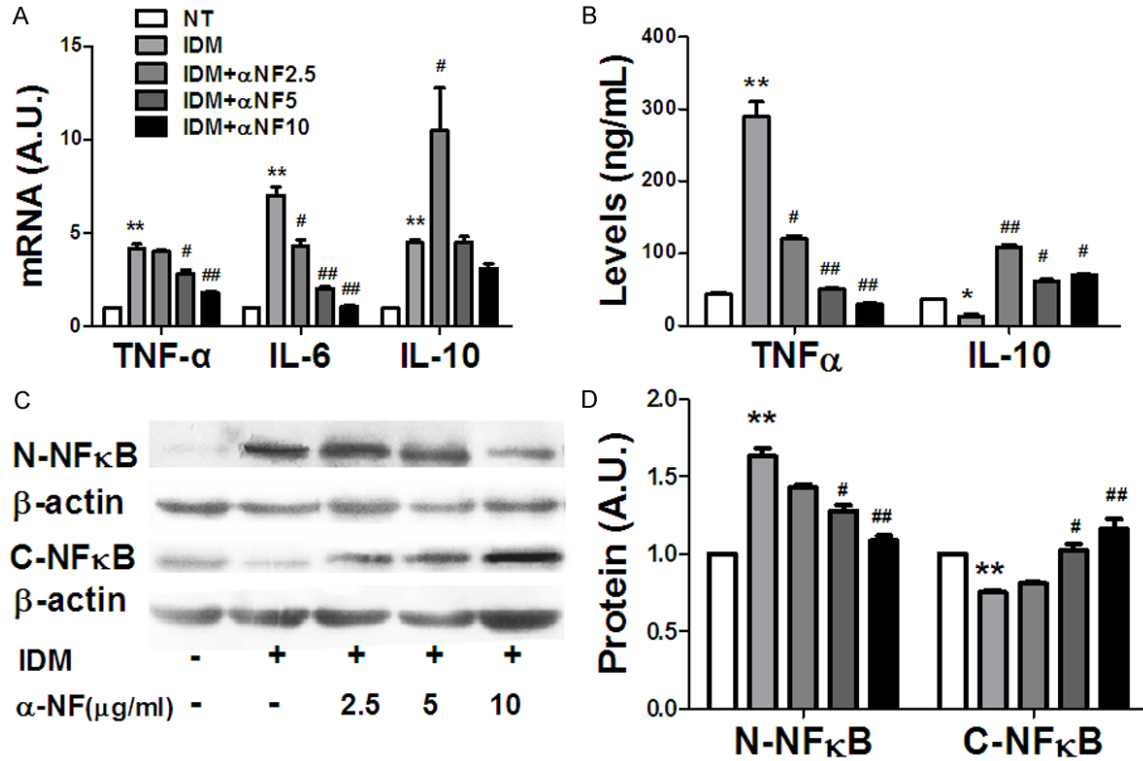
TNF-α, IL-10 levels in cells culture medium were measured with ELISA kits according to the manufacturer's instructions (R&D systems).

### qRT-PCR

Cells harvested in 1 ml of Trizol reagent (Invitrogen), RAN extraction and qRT-PCR were performed as previously described [15]. Generally, 1 μg of total RNA was used for cDNA synthesis and qPCR was performed in 96-well plates with the SYBR Green kit (ABI) in a Step-one Plus real-time PCR detection system. Gene expression was quantified by the comparative cycle threshold method. Details of primer sets are available upon request.

### Western blot

Whole cell lysates were isolated as previously described [15]. A total of 50 μg protein was separated by 12% SDS-PAGE. Western blot was performed using antibody against NFκB (1:2000, CST) and β-actin (1:5000, Sigma).



**Figure 2.** Pro- and Anti-inflammatory cytokines expression in RAW264.7 macrophages when cultured with  $\alpha$ -NF treated adipocytes conditioned medium (aCM). A: The cytokines mRNA expression in RAW264 macrophages. B: The cytokines concentration in RAW264 cultured medium. C, D: The NF- $\kappa$ B activation in RAW264 macrophages. N-NF $\kappa$ B: Nucleus NF $\kappa$ B; C-NF $\kappa$ B: Cytoplasm NF $\kappa$ B. \*: Compared with NT,  $P < 0.05$ ; \*\*: Compared with NT,  $P < 0.01$ ; #: Compared with IDM,  $P < 0.05$ ; ##: Compared with IDM,  $P < 0.01$ .

*Oil red O staining and quantification*

Detail performance and measurement were described elsewhere [15]. The critical points in ORO are: Working solution should be prepared freshly and filtered by a 0.45  $\mu$ m filter; ORO dye outside the cells should be wash out by running water before quantification.

*Statistical analysis*

Data were presented as the mean  $\pm$  SEM and analyzed with one-way ANOVA by PRISM. The post-hoc tests were performed once ANOVA revealed significant. Statistical significance was set at  $P < 0.05$ .

**Results**

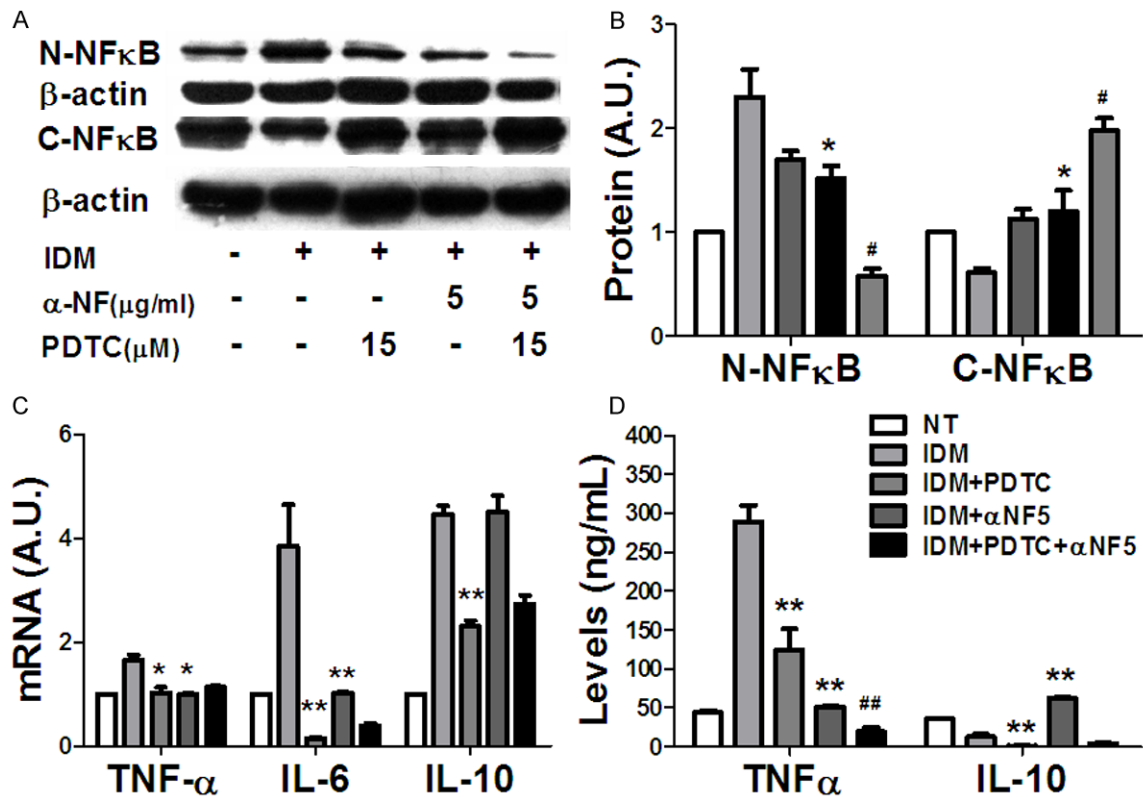
*$\alpha$ -NF inhibits pro-inflammatory cytokines expression in 3T3-L1 cells upon differentiation*

Our previous study showed that  $\alpha$ -NF inhibited adipogenesis in 3T3-L1 pre-adipocytes. Considering the key role that the inflammatory cyto-

kines play in the pre-adipocytes differentiation and obesity related insulin resistance, we measure the effects of  $\alpha$ -NF on the inflammatory cytokines in 3T3-L1 cells during adipogenesis. Our results showed that IDM cocktail significantly increased pro-inflammatory cytokines TNF- $\alpha$  and IL-6, and repressed anti-inflammatory cytokine IL-10 in both mRNA expression and secretion (Figure 1A, 1B). In contrast to IDM cocktail,  $\alpha$ -NF exhibited reverse effects on these cytokines expression and production (Figure 1A, 1B), although it did require higher dose of  $\alpha$ -NF for IL-6 and IL-10 expression to reach the significant level.

*Conditioned medium from  $\alpha$ -NF treated 3T3-L1 differentiated cells suppresses pro-inflammatory cytokines production in RAW264 macrophages*

Adipocytes-macrophages interaction plays a vital role in initiation and progression of obesity and associated chronic diseases.  $\alpha$ -NF suppressed pre-adipocytes differentiation at dose-



**Figure 3.**  $\alpha$ -NF exhibited a synergistic inhibition on NF- $\kappa$ B activation in RAW264 macrophages with PDTC, NF- $\kappa$ B inhibitor. A, B:  $\alpha$ -NF and PDTC synergistically suppressed NF- $\kappa$ B activation. C:  $\alpha$ -NF exerted a synergistic inhibition on IL-6 mRNA expression with PDTC, while did not rescue IL-10 suppression. D:  $\alpha$ -NF had a synergistic suppression on TNF- $\alpha$  production with PDTC, but did not reverse IL-10 secretion. \*: Compared with IDM,  $P < 0.05$ ; #: Compared with IDM + PDTC,  $P < 0.05$ .

dependent manner [15] and it also modulated inflammatory response induced by IDM differentiated cocktail IDM (Figure 1). Therefore, we collected 3T3-L1 adipocytes conditioned medium (aCM) after 10 days differentiated with different dose of  $\alpha$ -NF treatment to culture RAW-264.7 macrophages for 24 hours. We found that aCM up-regulated the pro-inflammatory cytokines expression in macrophage,  $\alpha$ -NF dose-dependently repressed TNF- $\alpha$  and IL-6 expression compared with IDM control (Figure 2A). ELISA revealed the similar impact of  $\alpha$ -NF on TNF- $\alpha$  and IL-10 production in condition medium (Figure 2B).

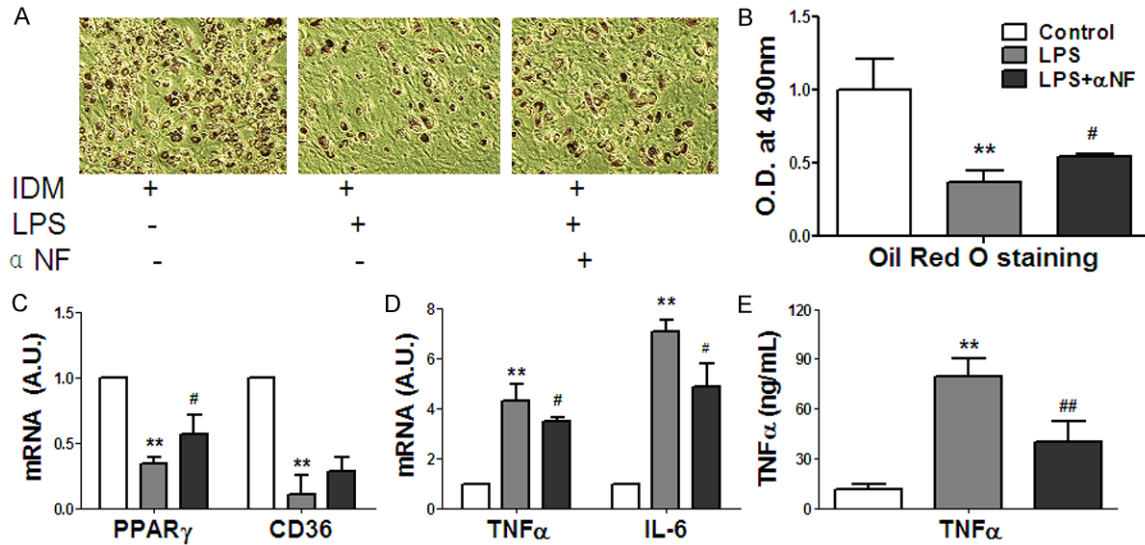
*Conditioned medium from  $\alpha$ -NF treated 3T3-L1 differentiated cells inhibits NF- $\kappa$ B activation in RAW264 macrophages*

TNF- $\alpha$ , IL-6 and IL-10 are downstream targets of NF- $\kappa$ B. The modulating role of  $\alpha$ -NF in TNF- $\alpha$ , IL-6 and IL-10 production prompts us to observe the NF- $\kappa$ B activation. NF- $\kappa$ B is a canonical pro-

inflammatory signaling pathway. Once activated by the extracellular signals, NF- $\kappa$ B rapidly translocates from the cytoplasm to the nucleus and activates target gene expression. We found significantly elevated nucleus NF- $\kappa$ B and concurrently repressed cytoplasm NF- $\kappa$ B expression after IDM hormone cocktail treatment (Figure 2C, 2D).  $\alpha$ -NF suppressed NF- $\kappa$ B activation induced by IDM in dose-dependent manner (Figure 2C, 2D).

To further investigate the role of  $\alpha$ -NF in modulating NF- $\kappa$ B target genes, we used pyrrolidine dithiocarbamate (PDTC), a specific antagonist of NF- $\kappa$ B, to block NF- $\kappa$ B activation. We found that PDTC did suppress IDM induced NF- $\kappa$ B activation and  $\alpha$ -NF exerted a synergistic effect (Figure 3A, 3B). For the downstream target genes expression,  $\alpha$ -NF and PDTC exhibited synergistic suppression on TNF- $\alpha$  production (Figure 3D), but not on its mRNA expression (Figure 3C). Furthermore, PDTC ablated IL-10 secretion elicited by  $\alpha$ -NF (Figure 3D), suggest-

## α-Naphthoflavone modulates adipocyte-macrophage interaction



**Figure 4.** α-NF improved 3T3-L1 pre-adipocytes differentiation suppressed by LPS activated macrophage conditioned medium (mCM). A: Oil Red Staining of 3T3-L1 adipocytes with mCM for 8 days treatment. B: Quantitation of Oil Red O staining; C: Key transcription factor expression in 3T3-L1 pre-adipocyte with mCM for 48 h; D: Pro-inflammatory cytokines expression in activated macrophages RAW264. E: TNF-α production in mCM. \*: Compared with control group (IDM alone),  $P < 0.05$ , \*\*: Compared with control,  $P < 0.01$ ; #: Compared with LPS group,  $P < 0.05$ .

ed a key role of NF-κB in its regulating mechanism.

### *α-NF pre-treated macrophages conditioned medium improves 3T3-L1 cells adipogenesis suppressed by LPS*

To study the effects of α-NF in adipocyte-macrophage interaction on pre-adipocyte differentiation, we collected macrophage conditioned medium (mCM) from LPS activated RAW264 macrophages (100 ng/ml LPS, mCM) and α-NF (5 mg/ml) pre-treated activated macrophages (LPS+ α-NF, amCM) to culture 3T3-L1 cells with IDM for 8 days. Results showed that mCM from LPS activated macrophages significantly inhibited 3T3-L1 cells differentiation induced by IDM, while amCM from α-NF pre-treated activated macrophage partly improved this inhibition (**Figure 4A, 4B**). Real-time RT-PCR revealed that the key transcription factor PPAR $\gamma$  in adipogenesis was suppressed by mCM and partially rescued by α-NF pre-treatment (**Figure 4C**). We further observed that the pro-inflammatory cytokines (TNF-α, IL-10) expressions were up-regulated by LPS but repressed by α-NF pre-treatment in RAW264.7 macrophages (**Figure 4D**). ELISA revealed that α-NF production in macrophage conditioned medium was consistent with mRNA expression (**Figure 4E**).

### Discussion

The present study demonstrated α-NF not only suppresses inflammatory response in 3T3-L1 adipocytes upon differentiation, also dramatically change pro-inflammatory and anti-inflammatory balance in macrophages in the presence of mature adipocytes conditioned medium. Further, α-NF suppresses IDM induced inflammation through deactivating NFκB signaling in macrophages. Meanwhile, α-NF ameliorates the inhibition of adipogenesis by LPS activated macrophage condition medium.

These findings suggest that α-NF can suppress inflammatory response and regulate adipocyte differentiation and inflammation through a mechanism including NFκB. α-NF, as a structural analog of flavone, is an antagonist to the aromatic hydrocarbon receptor (AhR) [16] and a potent antiplatelet flavonoid [17]. α-NF is also reported to induce vasorelaxation in endothelium [14] and attenuate B[a]P-induced migration and invasion of vascular smooth muscle cells [18]. Adipose tissue inflammation has been regarded as an important central event in the initiation and maintenance of obesity via adipogenesis. α-NF suppressed inflammatory response during adipogenesis and also in macrophages which elicited by mature adipocytes



condition medium. In particular,  $\alpha$ -NF decreased pro-inflammatory cytokines TNF- $\alpha$ , IL-10 expressions and increased anti-inflammatory cytokine IL-10 secretion. Pro-inflammatory cytokines, such as TNF- $\alpha$  and IL-6 are major regulators of adipose tissue metabolism. TNF- $\alpha$  can reduce lipid accumulation via inhibition of lipoprotein lipase and stimulation of hormone sensitive lipase. TNF- $\alpha$  also suppresses glucose uptake via GLUT4 and IRS-1. IL-10, as an anti-inflammatory cytokine, is essential for maintaining the integrity and homeostasis of adipose tissue by repressing pro-inflammatory responses and limit unnecessary tissue damage caused by inflammation.

Numerous studies suggest that cross-talk between adipocytes and macrophages promote pro-inflammatory cytokines production [19]. Macrophages in obese individual stimulated by pro-inflammatory cytokines lead to insulin resistance and macrophages block insulin action in adipocytes [20]. Further, macrophages in adipose tissue inhibit human pre-adipocytes differentiation via repression of transcriptional factors involved in adipogenesis [21]. Our finding showed that fully differentiated adipocytes CM stimulated pro-inflammatory responses in macrophage and  $\alpha$ -NF suppressed this response in dose-dependent manner. Notably,  $\alpha$ -NF elevated anti-inflammatory cytokines IL-10 release which repressed by aCM. The effects of  $\alpha$ -NF on inflammatory responses in macrophages were parallel with NF $\kappa$ B deactivation. PDTC, as a selective NF $\kappa$ B inhibitor, abolished  $\alpha$ -NF elicited IL-10 expression and secretion suggesting the important role of NF $\kappa$ B signaling in  $\alpha$ -NF regulation.

TNF- $\alpha$ , mainly secreted by macrophages, is a strong suppressor of adipogenesis [22]. Conditioned medium from activated macrophages stimulated by LPS dramatically inhibited 3T3-L1 cells differentiation with concurrent suppression on PPAR $\gamma$ , in agreement with previous reports. Conditioned medium from macrophages, which pre-treated with  $\alpha$ -NF, not only significantly suppressed TNF- $\alpha$  secretion, also increased PPAR $\gamma$  expression. However, 3T3-L1 differentiation repressed by mCM was only partially restored by  $\alpha$ -NF pre-administration. Macrophages produce a huge variety of biomolecules including cytokines, chemokines and growth factors, it cannot be ruled out that other

macrophage secreted factors may also be induced during the adipocytes-macrophages interaction. Furthermore, extracellular matrix remodeling plays a vital role in adipogenesis [23, 24] and decreased expression of fibronectin is the characteristics of differential initiation in 3T3-L1 pre-adipocytes. Cytokines secreted by activated macrophage might participate in regulating fibronectin expression.

In summary, our findings demonstrated that  $\alpha$ -NF regulates inflammation responses in adipocytes-macrophages interaction which contributes to pre-adipocytes differentiation via NF $\kappa$ B pathway.

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### Disclosure of conflict of interest

None.

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