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Estrogen Regulates Energy Metabolic Pathway and Upstream AMPK Kinase and Phosphatase Enzyme Expression in Dorsal Vagal Complex Metabolo-Sensory Neurons during Glucostasis and Hypoglycemia

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Abstract

The ability of estrogen to shield the brain from the bio-energetic insult, hypoglycemia, is unclear. Estradiol prevents hypoglycemic activation of the energy deficit sensor, adenosine 5'monophosphate-activated protein kinase (AMPK), in hindbrain metabolo-sensory A2 noradrenergic neurons. Here, we investigated the hypothesis that estrogen regulates A2 AMPK through control of fuel metabolism and/or upstream protein kinase/phosphatase enzyme expression. A2 cells were harvested by laser-microdissection after insulin (INS) or vehicle (V) injection of estradiol (E)- or oil (O)-implanted ovariectomized female rats. Cell lysates were evaluated by immunoblot for glycolytic, tricarboxylic acid cycle (TCA), respiratory chain, and acetyl CoA-malonyl CoA pathway enzymes. A2 phosphofructokinase (PFKL), isocitrate dehydrogenase, and pyruvate dehydrogenase and ATP synthase subunit profiles were elevated in E/V versus O/V; hypoglycemia augmented PFKL and alpha-ketoglutarate dehydrogenase expression in E only. Hypoglycemia increased A2 Ca++/calmodulin-dependent protein kinasebeta in O, while reducing PP2A in both groups. A2 phosphoAMPK levels were equivalent in O/V versus E/V, but elevated during hypoglycemia in O only. These results implicate estradiol in compensatory up-regulation of substrate catabolism and corresponding maintenance of energy stability of A2 metabolo-sensory neurons during hypoglycemia, outcomes that support the potential viability of molecular substrates for hormone action as targets for therapies alleviating hypoglycemic brain injury.

Keywords

A2 noradrenergic neurons; laser-catapult microdissection; ovariectomy; phospho-AMPK; phosphofructokinase; isocitrate dehydrogenase; calcium/calmodulin kinase; PP2A; acetyl CoA carboxylase; fatty acid synthase

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Introduction

Hypoglycemia poses a significant risk of brain dysfunction as a continuous glucose supply is required to maintain high-energy nerve cell functions. Hindbrain-derived signals on availability of the oxidizable substrate fuel lactate regulate energy homeostasis [Patil and Briski, 2005a; Gujar et al., 2014]. Dorsal vagal complex A2 noradrenergic neurons express hypoglycemia-sensitive molecular biomarkers, including the ultra-sensitive energy sensor, adenosine 5'-monophosphate-activated protein kinase (AMPK) [Koshy Cherian and Briski, 2011; 2012]. These cells are a critical component of the CNS glucoregulatory circuitry as they regulate hypothalamic AMPK and metabolic effector neurotransmitter protein responses to hindbrain substrate fuel deficiency [Gujar et al., 2014].

The ovarian steroid, estradiol, protects the brain from bio-energetic insults due to hypoxia, stroke, and degenerative disease through mechanisms that include energy-producing metabolic pathway stimulation [Nilsen et al., 2004], but the impact of this hormone on nerve cell energy state during hypoglycemia is not known. Our studies show that hypoglycemia increases A2 nerve cell AMPK activity in male and ovariectomized (OVX) female, but not estrogen-replaced OVX rats [Cherian and Briski, 2011; 2012], suggesting that estradiol may prevent energetic destabilization of these cells. The present studies investigated the hypothesis that estrogen governs A2 AMPK activity during acute hypoglycemia, in part, via control of energy metabolism and/or upstream AMPK kinase/phosphatase expression. Western blot and enzyme activity analyses have been used to evaluate estrogenic regulation of glycolytic, tricarboxylic acid (TCA) cycle, and respiratory chain enzyme expression and activity [Kostanyan and Nazaryan, 1992; Nilsen et al., 2007; Chen et al., 2009] and oxidative respiration [Irwin et al., 2008] in whole brain or by brain region, e.g. cerebral cortex, cerebellum, etc. With the emergence of higher-sensitivity immunoblot techniques that permit protein analysis in large pools of CNS neurons have recently emerged (Martinet et al., 2004; Krebs et al., 2006), we developed and characterized a novel combinatory analytical approach, involving *in situ* immunocytochemical labeling, laser-catapult microdissection, and high-sensitivity Western blotting, of requisite sensitivity for quantitative analysis of protein expression in small-size pools of A2 neurons, e.g. 25-50 cells [Koshy Cherian and Briski, 2011; 2012]. This approach was used here in combination with physiological estradiol replacement to OVX rats [Goodman, 1978; Briski et al., 2001] to determine if estradiol regulates rate-limiting metabolic, e.g. glycolytic (phosphofructokinase) and Kreb's citric acid cycle (isocitrate dehydrogenase, alphaketoglutarate dehydrogenase) pathway enzyme and respiratory chain Complex I-V protein expression in A2 cells during eu- and hypoglycemia. We also examined whether estrogen regulates expression of the upstream kinases LKB1 and CaMMKβ and the phosphatase PP2A under these conditions. Single-cell quantitative real-time RT-PCR (scqPCR) and Western blot were used to determine if A2 neurons express estrogen receptor-alpha (ERa) and/or estrogen receptor-beta (ER β) mRNA, and to assess effects of hypoglycemia on gene product expression.

AMPK governs *de novo* hypothalamic fatty acid synthesis by regulation of acetyl CoA carboxylase (ACC) activity [Lam et al., 2005]. Phosphorylation of hypothalamic AMPK inhibits ACC activity, thereby decreasing malonyl-CoA, a critical intermediate that inhibits

fatty acid beta-oxidation and feeding [Gao and Lane, 2003]. Malonyl-CoA levels reflect its rate of synthesis, catalyzed by ACC, relative to fatty acid synthase (FAS)-catalyzed utilization. Reports that the FAS inhibitor, C75, induces transcriptional activation in the DVC supports the possibility that enzymes involved in *de novo* long-chain fatty acid synthesis may be expressed locally [Hu et al., 2003]. The selective estrogen receptor modulator, tamoxifen, reportedly inhibits FAS, but not AMPK or ACC activity in the hypothalamus [Lopez et al., 2006], but the role of estradiol in fatty acid utilization in the

DVC is not known. Here, we investigated the premise that synthesis and/or activation of ACC and FAS proteins in A2 neurons during hypoglycemia is estrogen-dependent.

Methods and Materials

Experimental Design

Adult female Sprague Dawley rats (230–290 *g bw*) were housed under a 14 hr light/10 hr dark lighting cycle, and fed and watered *ad-libitum*. Five days before the study, rats were OVX under ketamine/xylazine anaesthesia (0.1 mL/100 *g bw sc*; 90 mg ketamine:10 mg xylazine/mL; Henry Schein Inc., Melville, NY), and implanted with *sc* silastic capsules (*i.d.* 0.062 in., *o.d.* 0.125 in.; 10 mm/100 *g bw*) containing estradiol benzoate (E; 30 µg/mL safflower oil) or oil alone (O) [Briski et al., 2001] in order to mimic basal physiological estradiol concentrations measured on metestrus in 4-day [Butcher et al., 1974] or on diestrus day-2 in 5-day cycling rats [Goodman, 1978]. After surgery, rats were transferred to individual cages for recovery. On days 1–3, groups of E (n=8) and O (n=8) rats were injected *sc* at 11.00 hr with vehicle (V), then injected on day 4 with neutral protamine Hagedorn insulin (I; 12.5 U/kg/mL *sc*; Henry Schein Inc.; n=4) or V (n=4). On day 4, trunk blood and brain tissue were collected at the glucose nadir, e.g. +2 hr [Paranjape et al., 2005; Nedungadi et al., 2006]. Dissected hindbrains were snap-frozen in liquid nitrogen-cooled isopentane.

Laser-Catapult Microdissection of Tyrosine Hydroxylase (TH)-immunoreactive (-ir) A2 Neurons

Serial 10 µm frozen sections of the caudal DVC (cDVC; -14.36 to -14.86 mm posterior to Bregma) were processed for TH-ir, using mouse monoclonal antibodies (prod. no. 22941, ImmunoStar Inc., Hudson, WI) and Vectastain *Elite* ABC Mouse IgG kit reagents, as described [Briski et al., 2009]. Individual TH-ir neurons exhibiting an intact nucleus and complete cytoplasmic labeling were harvested with a P.A.L.M. UV-A microlaser (Carl Zeiss Microimaging, Inc., Thornwood, NY).

Palkovits Micropunch Dissection of the cDVC

The cDVC was bilaterally removed from serial 200 μ m frozen hindbrain sections, from additional rats (n=4/treatment combination), using calibrated hollow micropunch needles (Stoelting, Inc., Kiel, WI), and pooled for each animal.

Western Blot Analysis of A2 Nerve Cell and cDVC Proteins

For each protein listed in Table 1, n=50 TH-ir neurons per treatment group (12–13 cells/ protein/rat; n=4 rats) were collected in microfuge tubes containing 20 μ L tissue lysis buffer

(2% SDS, 0.05 M DTT, 10% glycerol, 1 mM EDTA, 60 mM Tris-HCl, pH 7.2) for immunoblotting; each protein analysis was performed on triplicate lysate pools. cDVC aliquots were pooled within each treatment group and evaluated in triplicate for pyruvate dehydrogenase [Elrod et al., 2010], succinate dehydrogenase (complex II), and oxidative phosphorylation enzymes [Malmgren et al., 2009]. Cell and tissue samples were separated on 4-12% or 4-20% gradient Tris-glycine gels (Jule Biotechnologies, Milford, CT) and transferred to 0.45 µm PVDF-Plus membranes (Osmonics Inc., Gloucester, MA). Membranes were pretreated with Quentix Western blot signal enhancer (Pierce, Rockford, IL), then blocked with 0.1% Tween-20 (Sigma Aldrich, St. Louis, MO) and 2% bovine serum albumin (MP Biomedicals, Solon, OH) prior to overnight primary antibody incubation. The loading control, α -tubulin, was probed with mouse monoclonal antibodies (CP06;1:2,000; Calbiochem, Gibbstown, NJ). Membranes were incubated with peroxidaseconjugated goat anti-mouse (NEF822001EA; 1:5,000; PerkinElmer, Boston, MA); goat antirabbit (NEF812001EA; 1:5,000; Perkin Elmer); or donkey anti-goat (sc-2020; 1:5,000; Santa Cruz Biotechnology, Santa Cruz, CA) secondary antibodies, then exposed to Supersignal West Femto Maximum Sensitivity substrate (ThermoFisherScientific, Rockford, IL). Chemiluminescent signal was visualized in a Syngene G:box Chemi. Band intensities were quantified with AlphaImager HP V 5.0.1 software (Cell Biosciences; Santa Clara, CA), and protein band optical density (O.D.) was expressed relative to α -tubulin. Protein MW markers were included in each blot.

Analysis of A2 Nerve Cell ERa and ERß mRNA and Protein Expression

Single A2 neurons from V- and I-injected OVX + E rats (n=10-12 per group; 2–3 cells per animal) were analyzed by scqPCR [Briski et al., 2009b]. Single cell RNA was evaluated in a BioRad Experion electrophoresis system and amplified with TargetAmp 2-Round Aminoallyl-aRNA Amplification Kits (Epicentre Biotechnol.). Aminoallyl-aRNA was reverse-transcribed to cDNA with Sensiscript RT Kit reagents (Qiagen, Inc., Valencia, CA). $ER\alpha$ and $ER\beta$ forward and reverse primers were designed using Beacon Designer-5 software (Premier Biosoft Intl., Palo Alto, CA): [ERa (NM_012689): Forward: 5'-AAGCACAAAGCGTAGAG--3'; Reverse: 5'-GGTTCAGCATCCAATAAGG--3'; [ERβ (NM_012754): Forward: 5'-AAAGCCAAGA-GAAACGGTGGGCAT--3'; Reverse: 5'-GCCAATCATGTGCACCAGTTCCT--3'], and obtained from Genemed Synthesis, Inc. (San Francisco, CA). PCR reactions were performed in a BIO-RAD iQ[™]5 iCycler system, as described [Briski et al., 2010]: 1) 3 min initial denaturation at 95° C; 2) 40×1 min cycles (30 sec at 95° C followed by 30 sec at 50°C [ERβ] or 30 sec at 58°C [ERα]). GAPDH was measured for normalization of mRNA expression [Forward: 5'-ACAGCCGCATCTTCTTGTGC-3'; Reverse: 5'-GCCTACCCCATTTGATGTT-3']. Data were normalized by the 2 Ct method. A2 ER α and - β proteins were analyzed by Western blot. Lysates of n=50 TH-ir neurons from V- or I-injected E and O rats (n=12-13/rat) were probed with rabbit polyclonal ER-a (MC-20) (sc-542; 1:5,000; Santa Cruz Biotechnol.) or ER- β (y-19) (sc-6821; 1: 5,000; Santa Cruz Biotechnol.) primary antisera. Each immunoblot analysis was performed on triplicate lysate pools.

Blood analyte measurements

Blood glucose levels were measured with an AccuCheck Advantage glucometer (Roche diagnostics, Indianapolis, IN) [Kale et al., 2006]. Plasma estradiol levels were determined by radioimmunoassy, as described [Briski et al., 2001].

Statistics

Mean blood glucose, mRNA, and protein O.D. measures were evaluated by one-way ANOVA and Student-Newman-Keuls test, with differences of p<0.05 considered significant.

Results

Blood glucose levels in E- and O-implanted OVX rats were significantly reduced by I [E/V: $119 \pm 2.0 \text{ mg/dL}$ versus E/I: 53.5 ± 6.4 mg/dL; p<0.05] [O/V: 127.5 ± 1.5 mg/dL versus O/I: 60.3 ± 4.1 mg/dL; p<0.05]. Glucose values were equivalent in E/V versus O/V and in E/I versus O/I. Circulating E concentrations were 21.6 ± 0.2 and 21.9 ± 0.3 pg/mL in E/V and E/I groups, respectively, but undetectable in O/V and O/I animals. Figure 1.A depicts effects of insulin-induced hypoglycemia (IIH) on expression of the rate-limiting glycolytic enzyme, phosphofructokinase (PFLK), in A2 neurons from E and O rats. As indicated by normalized O.D. values for PFLK (bar graph at top), basal enzyme levels were elevated in the presence of estradiol. IIH augmented PFLK levels relative to baseline in E [E/I versus E/V], but not O. Figure 1.B illustrates effects of estrogen on pyruvate dehydogenase (PDH) complex subunit protein levels in cDVC tissue and A2 neuron samples. Figure 1.B.1 depicts representative immunoblots of PDH-E2 (72 kDa), PDH-E2/E3bp (55 kDa), PDH-E1-alpha (42 kDa), and α -tubulin in cDVC lysates. Normalized O.D. values in Figures 1.B.2, 1.B.3 and 1.B.4 denote up-regulation of these PDH subunits in the cDVC of E/V versus O/V rats. IIH did not alter expression of these subunit proteins in E or O. In contrast to the cDVC, only the 55 kDa PDH-E2/E3bp subunit was detectable in A2 cell pools. Data in Figure 1.C signify that in these cells, baseline levels of this subunit protein were increased in E/V versus O/V, but were unchanged by hypoglycemia in E or O.

Figures 1.D and 1.E illustrate respective effects of estrogen on Krebs cycle enzyme, e.g. isocitrate dehydrogenase (IDH2) and alpha ketoglutarate dehydrogenase (OGDH) responses to hypoglycemia in E and O rats. Basal A2 IDH2 and ODGH protein levels were significantly higher or similar, respectively, in E/V versus O/V. IIH suppressed IDH2, but elevated ODGH protein in E A2 cells, but did not alter either profile in O. Figure 2 depicts effects of hypoglycemia on succinate dehydrogenase (SDH) complex subunit protein expression in the cDVC and A2 neurons. Figure 2.A illustrates immunoblots of C-II-70 (SDHA; 70 kDa), C-V-alpha (F1-alpha; 53 kDa), C-II-30 (SDHB; 30 kDa), and α-tubulin in cDVC tissue lysates. O.D. values in Figures 2.B, 2.C, and 2.D denote elevated basal expression of each SDH protein in E versus O. IIH did not alter expression of these subunit proteins in E or O. Only the C-V-alpha subunit (53 kDa) of the SDH complex was measurable in A2 cell pools. Figure 2.E shows that this subunit protein was present at elevated levels in A2 cells from E versus O rats [E/V versus O/V], and was not modified in response to IIH in either group.

Figure 3 depicts effects of estrogen on respiratory chain complex I–V subunit expression in cDVC tissue and A2 cell samples. The immunoblot at *upper left* (Figure 3.A) shows that Complex V (CV) ATP synthase-subunit alpha (53 kDa), Complex III (CIII) subunit Core 2 (CIII-core 2; 47 kDa), Complex IV (CIV) subunit I (CIV-I; 39 kDa), Complex II (CII) subunit 30 kDa (CII-30; 30 kDa), and Complex I (CI) subunit NDUFB8, CI-20 (20 kDa) were each detected in cDVC tissue from O/V, O/I, E/V, and E/I rats. O.D. values for cDVC ATP synthase-subunit alpha (Figure 3.B), cDVC CIII-core (Figure 3.D), cDVC CIV-I (Figure 3.E), cDVC CII-30 (Figure 3.F), and cDVC CI-20 (Figure 3.G) indicate that all but the latter protein profile are up-regulated by estrogen, and that none was altered by IIH. Only ATP synthase-subunit alpha was measurable in A2 cell samples; data in Figure 3.C show that baseline protein levels were augmented in E/V versus O/V.

Figures 4.A and 4.B illustrate effects of IIH on corresponding AMPK kinase, CaMMKβ, and AMPK phosphatase, PP2A, expression in A2 neurons from E and O rats. Estrogen decreased CaMMKβ and increased PP2A levels in these cells. During hypoglycemia, A2 CaMMKβ protein was elevated in O, but unchanged in E, whereas PP2A levels were diminished in both O and E. Figures 4.C, 4.D, and 4.E depict effects of IIH on A2 AMPK, pAMPK, and Fos expression in E and O rats. IIH had no impact on A2 AMPK protein expression in E or O (Figure 4.C). Basal A2 phosphoAMPK (pAMPK) expression did not differ between O and E animals. IIH elevated pAMPK levels in these cells in O, but not E rats (Figure 4.D). Figure 4.E shows that A2 Fos protein expression is elevated in O/I versus O/V rats, but insensitive to IIH in E.

A2 neurons express the key lipogenic enzymes, acetyl CoA carboxylase (ACC; Figure 5.A) and fatty acid synthase (FAS; Figure 5.B); both of which are down-regulated by estrogen [E/V versus O/V]. The inactive form of ACC, e.g. phosphoACC (pACC), was also expressed at higher levels in the absence of E. Data demonstrate that each protein profile is insensitive to IIH.

Figure 6.A shows that ER α and ER β gene transcripts co-exist in A2 neurons harvested from OVX + E rats, and that both gene profiles were resistant to IIH. A2 nerve cell ER α (Figure 6.B) and ER β (Figure 6.C) protein levels were insensitive to IIH in E- and O-implanted OVX rats.

Discussion

This work establishes the utility of our combinatory laser-microdissection/Western blot approach [Cherian and Briski, 2011; 2012] for quantitative assessment of metabolic pathway, respiratory chain, upstream AMPK kinase/phosphatase, and lipogenic enzyme expression in a pure metabolo-sensory nerve cell population during eu- versus hypoglycemia. Estradiol elevated basal expression of rate-limiting glycolytic (PFKL) and Krebs cycle (IDH2) enzymes and PDH, Complex II, and ATP synthase subunits in DVC A2 neurons. During hypoglycemia, these cells exhibit further augmentation of PFKL and upregulation of a second key TCA enzyme, ODGH, in the presence of estradiol. Estrogendependent resistance of A2 pAMPK profiles to IIH implies hormonal promotion of cellular metabolic stability during this energetic stress. AMPK refractoriness to hypoglycemia,

despite likely increases in energy production and lack of change in upstream kinase expression, may reflect estrogenic stabilization of generated versus expended energy ratio, despite systemic glucose deficit. Alternatively, hypoglycemic up-regulation of A2 pAMPK expression in O rats may indicate, in part, augmented CaMMKβ expression and/or imbalance of energy yield relative to use. Current results also indicate that estradiol may suppress A2 *de novo* fatty acid synthesis during glucostasis, and prevent hypoglycemia-associated reductions in the fatty acid intermediate, malonyl-CoA.

Estradiol increased baseline profiles of key glycolytic and TCA cycle enzymes and PDH (55 kDa), SHD (53 kDa), and ATP synthase protein subunits in A2 neurons, implying that this hormone may stimulate energy production during homeostasis owing to augmented metabolic activity. Our presumption of corresponding augmentation of net ATP yield due to estrogen awaits emergence of analytical methods of requisite sensitivity for reliable ATP quantification in a sample size as small as that used here. It is noted that up-regulated A2 enzyme protein levels is not an automatic indicator of increased enzyme activity; however, prior evidence for correlated increases in metabolic enzyme expression and activity due to estradiol treatment supports the plausibility of that outcome [Irwin et al., 2008]. At present, an analytical means for measurement of relevant enzyme activities in homogenous A2 nerve cell pools is not available. These results agree with findings of estrogen stimulation of whole-brain mitochondrial PDH and ATP-synthase proteins [Nilsen et al., 2007]. We found that A2 neurons express the AMPK kinase CaMMKβ, consistent with reports of neural tissue CaMMK expression [Anderson et al., 1998] and the protein phosphatase PP2A, but the alternative kinase, LKB1, was not detected. While estradiol respectively decreased and increased A2 CaMMK^β and PP2A profiles, pAMPK protein was equivalent in E/V versus O/V. On one hand, net A2 ATP levels during energy homeostasis may be equivalent in O/V versus E/V, despite augmented energy production due to matched increase in energy expenditure. If indeed estradiol stimulates baseline energy yield, it would be informative to learn how that energy is partitioned amongst cell functions, including neurotransmission. Alternatively, estrogenic inhibition of A2 AMPK activity may be offset by its regulation of 1) as-yet-unidentified upstream kinases that promote AMPK activation; 2) efficiency of AMPK as a substrate for kinase/protein phosphatase action; 3) AMPK complex stability; and/or 4) allosteric activation of pAMPK [Viollet et al., 2010]. The obvious need to assess AMPK enzyme activity in A2 neurons from E versus O rats is impeded by insufficient sensitivity of available techniques.

Hypoglycemia amplified A2 PFKL and ODGH protein levels in E but not O, suggesting that compensatory glycolytic and TCA pathway up-regulation may be estrogen-dependent. We previously reported that these cells increase expression of transporters for the oxidizable fuel lactate in E/I rats [Koshy Cherian and Briski, 2012]. Hypoglycemia increased A2 CaMMK β expression in O but not E, while reducing PP2A levels in both groups. As CaMMK-mediated phosphorylation of AMPK is initiated by elevated Ca⁺⁺, not increased AMP [Hurley et al., 2005], estradiol may prevent Ca⁺⁺ - induced CaMMK β up-regulation during hypoglycemia; it remains to be determined if hormone action involves inhibition of Ca⁺⁺ release *per se* or blockade of Ca⁺⁺ stimulation of CaMMK β . Estradiol preserved A2 cell AMPK expression and activation during hypoglycemia. This hormonal stabilization of

sensor activity may involve CaMMKβ inhibition (discussed above), maintenance of net ATP, and/or anti-oxidant effects [Razmara et al., 2007]. Fos, the protein product of the proto-oncogene, *cfos*, is a reliable indicator of increased nerve cell transcriptional activation [Morgan and Curran, 1991]. Parallel augmentation of A2 Fos expression and AMPK activity in O/I rats implies a causal relationship between genomic activation sensor activity state; the identity of genes that exhibit E-dependent transcriptional reactivity to hypoglycemia remain unknown. Ongoing effort by our group seeks to determine if and how estrogen-dependent A2 AMPK refractoriness to hypoglycemia may impact metabolic signaling by these cells, including effects of sensor activation on direction, amplitude, and/or duration of hypoglycemia-associated patterns of A2 noradrenergic signaling. We speculate that estradiol enhancement of energy yield may increase strength and/or interval of adjustments in synaptic firing relative to homeostatic baseline, or alternatively, may inhibit those parameters of this sensory signal as a consequence of positive cellular energetic adaptation to hypoglycemia.

Results show that A2 neurons express the key lipogenic enzymes ACC and FAS in an estrogen-dependent manner, suggesting that estradiol can inhibit A2 *de novo* fatty acid synthesis during eu- and hypoglycemia. Hypothalamic malonyl CoA is prominently involved in neural regulation of energy balance, but the question of whether A2 malonyl CoA fulfills a similar role remains. A2 ACC, FAS, and pACC levels were resistant to hypoglycemia in both E and O, inferring that fatty acid synthesis and correlated malonyl CoA yield may be impervious to this metabolic stress. pAMPK inactivates ACC via phosphorylation [Hardie et al., 1999]. O/I rats showed no change in pACC levels despite elevated A2 pAMPK, suggesting that AMPK control of pACC may be offset by other factors.

The present studies confirm A2 neurons as direct substrates for estradiol action that involves, in part, classical nuclear receptor mechanisms. Earlier *in situ* hybridization studies found that ER α and ER β gene transcripts occur in approximately 59% and 14%, respectively, of caudal DVC TH neurons [Curran-Rauhut and Peterson, 2003]. Here, application of qPCR to individual A2 neurons demonstrates co-expression of these mRNAs, signifying potential estrogenic regulation of A2 cells via dual receptor-mediated mechanisms. Disparities between that work and ours likely reflect differences in quantitative methods for gene expression, including sensitivity threshold relative to mRNA yield. It remains to be determined if nuclear receptors regulate A2 cells via genomic and/or cytoplasmic signaling mechanisms.

The female lifespan includes transition between different reproductive states, e.g. juvenile quiescence, fecundity, and senescence, typified by unique patterns of ovarian estrogen secretion. Current results support our long-term goal to understand how dissimilar physiological patterns of estradiol output, including variations occurring over estrous cycle and pregnancy, may impact the glucoregulatory circuitry, including metabolo-sensory A2 neurons. Estradiol, when stabilized near basal estrous cycle levels, prevents desensitization of this neural network to chronic hypoglycemia that is characteristic of testes-intact male and non-estradiol - treated OVX female rats [Paranjape and Briski, 2005; Nedungadi et al., 2006]. It will be informative to know if concentration-dependent effects of estrogen on A2

energy metabolism and/or AMPK activity contribute to this beneficial outcome. Since estradiol is present in the male rat circulation and is synthesized locally in the brain, dissimilar A2 reactivity to hypoglycemia in male versus estradiol-treated OVX females may reflect, in part, differences in circulating hormone levels, including absence of circadian, ultradian, and stress-mediated fluctuations in the latter, and/or receptor levels and combinations. The hormone replacement strategy used here did not include the second ovarian steroid, progesterone. Since progesterone can module effects of estradiol on other physiological parameters, we cannot discount the possibility that estradiol effects on A2 cells may vary between the model employed here and ovary-intact animals.

As summarized in Figure 7, estrous cycle-like estrogen levels may preserve metabolic balance in DVC metabolo-sensory A2 neurons during hypoglycemia via up-regulation of expression of energy pathway enyzmes and inhibition of upstream AMPK kinase expression, thereby fulfilling a neuroprotective role against this bio-energetic insult. Current results advance the possibility that molecular substrates of estrogen action may be suitable targets for therapeutic alleviation or prevention of dysfunction or injury caused by hypoglycemia-associated nutrient deprivation.

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A2 neurons were harvested from E and O rats 2 hr after sc injection of neutral protamine Hagedorn insulin (I; 12.5 U/kg bw) or vehicle (V). Cells were identified by quick tyrosine hydroxylase-immunolabeling of 10 µm-thick frozen sections of the caudal dorsal vagal complex prior to single-cell micro-dissection. Lysates of n=50 A2 cells/treatment group (n=12–13 neurons/rat) were analyzed by Western blotting for the rate-limiting glycolytic enzyme, PFLK; blots were performed in triplicate. Pyruvate dehydrogenase (PDH)-E2 (72 kDa), PDH-E2/E3bp (55 kDa), and PDH-E1-alpha (42 kDa) subunits were evaluated in both cDVC tissue and A2 cell pools (n=50 neurons; 12–13 cells/rat). The cDVC was bilaterally removed via the Palkovits needle punch method from 200 µm-thick frozen hindbrain sections cut between -14.36 to -14.96 mm relative to bregma; tissue was pooled for each treatment group and triplicate aliquots were analyzed for PDH subunits. Protein band optical densities (O.D.) were quantified with AlphaImager HP V 5.0.1 software and expressed relative to the loading control, a-tubulin. Figure 1.A depicts, below, representative immunoblots of PFLK and a-tubulin, and above, mean normalized A2 cell PFLK O.D. values \pm S.E.M. for O/V (white bar), O/I (striped white bar), E/V (grey bar), and E/I (striped grey bar) treatment groups. In Figure 1.B, the immunoblot (Figure 1.B.1) shows that PDH-E2, PDH-E2/E3bp, and PDH-E1-alpha subunits were detected in cDVC tissue from each treatment group. Bar graphs show mean normalized O.D. values \pm S.E.M. (n=4/group) for cDVC 72 kDa (1.B.2; upper right), 55 kDa (1.B.3; lower left), and 42 kDa (1.B.4; lower right) PDH subunit expression. Figure 1.C illustrates A2 cell PDH-E2/E3pb subunit and atubulin immunoblots (below) and normalized O.D. values for each treatment group (above); 72 and 42 kDa PDH subunit proteins were not detectable in these samples. Figure 1.D and 1.E depict representative Western blots and normalized A2 nerve cell O.D. values \pm S.E.M. for the rate-limiting tricarboxylic acid cycle enzymes IDH2 and OGDH. Data labeled with

dissimilar letters show statistical difference. The results indicate that A2 PFLK expression was increased in E/V versus O/V, and further augmented in E during IIH. Each PDH subunit detectable in cDVC tissue and the 55 kDa protein in A2 cell samples was up-regulated by estrogen, but unaffected by IIH. A2 IDH2, but not OGDH protein expression was up-regulated by estrogen; IIH decreased the former, but elevated the latter protein profile in E, but not O rats.



Figure 2. Effects of IIH on cDVC and A2 Nerve Cell Succinate Dehydrogenase (SDH) Enzyme Complex Protein Subunit Expression in E and O Rats

The immunoblot at *upper left* (Figure 2.A) shows that C-V-alpha (53 kDa), C-II-30 (30 kDa), and C-II-70 (70 kDa) SDH subunits were detected in O/V, O/I, E/V, and E/I rats; blots were performed in triplicate. Bar graphs in Figures 2.B – 2.D depict mean normalized O.D. values \pm S.E.M. (n=4/group) for cDVC 70 kDa, 53 kDa, and 30 kDa subunit proteins. The SDH 53 kDa, but not 70 or 30 kDa, subunit was detectable in A2 cell samples (n=50 A2 cells/treatment group; n=12–13 neurons per rat); Figure 2.E illustrates normalized protein O.D. values \pm S.E.M. and representative 53 kDa subunit and α -tubulin immunoblots. Data labeled with dissimilar letters show statistical difference. The data show that SDH subunits detected in cDVC and A2 cell samples were up-regulated by estrogen; these profiles did not differ between O/V versus O/I or E/V versus E/I groups.



Figure 3. Effects of IIH on cDVC and A2 Nerve Cell Respiratory Chain Complex I–V Protein Subunit Expression in E and O Rats

The immunoblot at *upper left* (Figure 3.A) shows that Complex V (CV) ATP synthasesubunit alpha (53 kDa), Complex III (CIII) subunit Core 2 (CIII-core 2; 47 kDa), Complex IV (CIV) subunit I (CIV-I; 39 kDa), Complex II (CII) subunit 30 kDa (CII-30; 30 kDa), and Complex I (CI) subunit NDUFB8, CI-20 (20 kDa) were each detected in cDVC tissue from O/V, O/I, E/V, and E/I rats. Blots were performed in triplicate. Mean O.D. values \pm S.E.M. for cDVC Complex I–V protein subunit expression in O/V, O/I, E/V, and E/I rats are presented in Figures 3.B (ATP synthase-subunit alpha), 3.D (cDVC CIII-core), 3.E (cDVC CIV-I), 3.F (cDVC CII-30), and 3.G. (cDVC CI-20) (9.G). Only ATP synthase-subunit alpha was measurable in A2 cell samples (n=50 A2 cells/treatment group; n=12–13 neurons per rat); Figure 3.C depicts normalized protein O.D. values \pm S.E.M. and representative immunoblot. Data labeled with dissimilar letters show statistical difference. cDVC and A2

respiratory chain complex subunit profiles were up-regulated by estrogen, but unchanged in response to IIH in E and O rats.



Figure 4. Effects of IIH on A2 Nerve Cell Ca++/calmodulin-dependent protein kinase beta (CaMMKβ), Protein Phosphatase 2 (PP2A), AMPK, PhosphoAMPK (pAMPK), and Fos Expression Expression in E and O Rats

Figures 4.A and 4.B depict effects of I versus V injection on CaMMK β and PP2A enzyme expression, respectively, in A2 neurons from E and O rats. Blots were performed in triplicate. Bar graphs in each figure depict mean normalized CaMMKβ or PP2A O.D. values ± S.E.M. for A2 cell lysates (n=50 A2 cells/treatment group; n=12-13 neurons per rat) from O/V, O/I, E/V, and E/I rats. Below, each figure depicts representative protein and α -tubulin immunoblots. Data labeled with dissimilar letters differ statistically. A2 CaMMKß and PP2A levels were significantly lower or higher in E/V versus O/V, respectively. IIH elevated CaMMK^β expression in O, but not E rats, and inhibited PP2A profiles in both groups. Figures 4.C, 4.D, and 4.E depict mean normalized AMPK, pAMPK, and Fos O.D. values, respectively, for A2 cell lysates (n=50 A2 cells/treatment group; n=12-13 neurons per rat) from the treatment groups described above. Blots were performed in triplicate. Data labeled with dissimilar letters differ statistically. In both E and O rats, A2 AMPK expression was not modified from baseline following I treatment, but was relatively higher in O/I versus E/I. A2 pAMPK expression did not differ between E/V and O/V, but was augmented in O, but not E in response to hypoglycemia. A2 Fos protein levels were elevated in O/I versus O/V, but similar in E/I versus E/V.



Figure 5. Effects of IIH on A2 Nerve Cell Acetyl CoA Carboxylase (ACC), phosphoACC (pACC), and Fatty Acid Synthase (FAS) Protein Expression in E and O Rats

Figures 5.A, 5.B, and 5.C depict effects of I versus V on ACC, pACC, and FAS protein profiles, respectively, in A2 neurons harvested 2 hr after injection of I versus V into E and O rats. Bar graphs in each figure depict mean normalized ACC, pACC, or FAS O.D. values \pm S.E.M. for A2 cell lysates (n=50 A2 cells/treatment group; n=12–13 neurons per rat) from O/V, O/I, E/V, and E/I rats; blots were performed in triplicate. Representative enzyme and α -tubulin protein immunoblots are shown *below* in each figure. Data labeled with dissimilar letters differ statistically. The data show that ACC, pACC, and FAS were expressed at higher levels in A2 cells obtained from O versus E animals, but that these profiles were refractory to IIH in both groups.



Figure 6. Effects of IIH on ERa and ERβ gene and protein expression in A2 neurons

Individual A2 nerve cells were laser-dissected from E-implanted OVX rats 2 hr after I or V injection, and analyzed by scqPCR for ER α and ER β gene transcripts (Figure 6.A); bar graphs depict mean normalized values \pm S.E.M. for 10–12 cells per group. Data show that both mRNAs were expressed in each neuron evaluated, and that mean levels of each transcript were unchanged by IIH. Figures 6.B and 6.C depict effects of IIH on corresponding ER α and ER β protein expression in pooled A2 cell lysates from OVX + E and OVX + O animals. Graphs show mean normalized O.D. values \pm S.E.M. for n=50 cells per treatment group; representative receptor and α -tubulin protein immunoblots are shown *below* in each figure. Blots were performed in triplicate. In both E and O rats, neither receptor protein profile was significantly changed in response to I.



Figure 7. Illustrative summary of E effects on A2 neuron/cDVC tissue energy metabolic pathway enzyme expression during normo- vs. insulin-induced hypoglycemia

Effects of E alone or in combination with IIH are presented in schematic diagrams of glycolytic (7.A), Krebs cycle (7.B), oxidative phosphorylation (7.C), and malonyl Co-A (7.D) pathways, where rate-limiting pathway enzymes investigated are depicted in dark grey boxes. E stimulates (+) PFKL and PDH expression in A2 neurons, and moreover, allows further increase (++) of the former profile during IIH (Fig. 7.A); similarly, whole cDVC tissue exhibited up-regulated PDH subunit proteins in OVX+E, with or without IIH. These results support the notion that E may promote provision of glycolysis-derived acetyl Co-A for mitochondrial oxidation. As shown in Panel 7.B, Krebs cycle rate-limiting enzymes IDH2 and ODGH were enhanced in A2 neurons by E alone or E + IIH, respectively, while Complex II protein was stimulated under both conditions; collectively, these data imply estrogenic stimulation of cycle products. These findings are corroborated by evidence for Complex II subunit profile up-regulation in cDVC tissue. The respiratory chain (Fig. 7.C) utilizes electrons shuttled from the Krebs cycle by NADH and FADH2 to generate ATP. Our results show that A2 (ATP synthase subunit) and cDVC tissue (complexes II – IV) proteins were stimulated by E alone or in combination with IIH. The malonyl CoA pathway (Fig. 7.D) functions in fatty acid synthesis. E inhibits (-) FAS and ACC enzyme profiles and inhibits or stimulates upstream kinase (CaMMK β) and phosphatase proteins, respectively, that increase or decrease activity of the energy sensor AMPK, implying estrogen inhibition of fatty acid production and stabilization of cell energy balance under normo- and hypoglycemic conditions. Abbreviations: PFKL, phosphofrucktokinase; PDH, pyruvate dehydrogenase; IDH2, isocitrate dehydrogenase; ODGH, alpha-ketoglutarate dehydrogenase; Complex II, succinate dehydrogenase; pAMPK, phosphorylated adenosine

monophosphate protein kinase; PP2A, protein phosphatase; CaMMK β , Ca2+/calmodulindependent protein kinase; ACC, acetyl CoA carboxylase; FAS, fatty acid synthase.

Table 1

Primary Antisera Used in A2 Neuron/Caudal Dorsal Vagal Complex (cDVC) Protein Western Blotting

Antigen (Abbreviation)	Antibody Cat. No./Lot No.; Manufacturer	Primary/Secondary Dilution	MW Subunit(s) Detected in A2 cells (cDVC)	Species
Phosphofructokinase (PFKL)	30-17/12108-1101; ProSci	1:800/1:5000	64 kDa	Rabbit polyclonal
Pyruvate dehydrogenase (PDH) complex	MSP02/D0959 (ab110416); MitoSciences	1:500/1:5000	55 kDa (72, 55, and 42 kDa ¹)	Mouse monclonal
Isocitrate dehydrogenase (IDH2)	26-297/12108-1101; ProSci	1:500/1:5000	47 kDa	Rabbit polyclonal
Alpha ketoglutarate dehydrogenase (OGDH)	MS753/D0657; MitoSciences	1:4000/1:5000	49 kDa	Mouse monoclonal
Succinate dehydrogenase complex	MS202/HCESHC (ab110410); MitoSciences	1:500/1:5000	53 kDa (70, 53, and 30 kDa ²)	Mouse monoclonal
Oxidative phosphorylation (OXPHOSO complexes I–V)	MS604/D1848 (ab110413); MitoSciences	1:500/1:5000	53 kDa (47, 39, 30, 20, and 53 kDa ³)	Mouse monoclonal
Ca++/calmodulin-dependent protein kinase beta (CaMMKβ L-19)	sc-9629/H0411; Santa Cruz Biotechnol.	1:500/1:5000	66 kDa	Goat polyclonal
Protein phosphatase 2 (PP2A-C α/β L-19)	sc-81601/J1410; Santa Cruz Biotechnol.	1:500/1:5000	36 kDa	Mouse monoclonal
Phosphorylated AMP activated protein kinase (pAMPK)	sc- 33524-R/E0207; Santa Cruz Biotechnol.	1:1000/1:5000	63 kDa	Rabbit polyclonal
Acetyl CoA carboxylase (ACC)	3662S/4; Cell Signaling	1:500/1:5000	280 kDa	Rabbit polyclonal
Phosphorylated acetyl CoA carboxylase (S79) (pACC)	3661S/8; Cell Signaling	1:500/1:5000	280 kDa	Rabbit polyclonal
Fatty acid synthase (C2065) (FAS)	3180S/2; Cell Signalling	1:1000/1:5000	273 kDa	Rabbit polyclonal
AMPKa1/2	sc-25792; Santa Cruz Biotechnol.	1:1000; 1:5000	63 kDa	Rabbit polyclonal
PhosphoAMPKa1/2	sc-33524; Santa Cruz Biotechnol.	1:1000/1:5000	60 kDa	Rabbit polyclonal
Fos	sc-8047; Santa Cruz Biotechnol.	1:1000; 1:5000	62 kDa	Mouse polyclonal

¹PDH-E2 (72 kDa); PDH-E2/E3bp (55 kDa); PDH-E1-alpha (42 kDa).

 $^2 \mathrm{C}\text{-V}\text{-alpha}$ (F1-alpha; 53 kDa); C-II-30 (SDHB; 30 kDa); C-II-70 (SDHA; 70 kDa).

³ ATP synthase (Complex V) subunit alpha (CV-alpha; 53 kDa); Q-cytochrome c oxidoreductase (Complex III) subunit Core 2 (CIII-core 2; 47 kDa); Cytochrome c oxidase (Complex IV) subunit I (CIV-I; 39 kDa); Succinate Dehydrogenase (Complex II) subunit 30 kDa (CII-30; 30 kDa); NADH-coenzyme Q oxidoreductase (Complex I) subunit NDUFB8 (CI-20; 20 kDa).